



County of Sacramento
Behavioral Health Services
CULTURAL COMPETENCE PLAN UPDATE
FISCAL YEAR 2023/2024

COVER SHEET

**An original, three copies, and a compact disc
of this report (saved in PDF [preferred]
or Microsoft Word 1997-2003 format)
due March 15, 2011, to:**

Department of Mental Health
Office of Multicultural Services
1600 9th Street, Room 153
Sacramento, California 95814

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CHECKLIST OF THE CULTURAL COMPETENCE PLAN REQUIREMENTS MODIFICATION (2010) CRITERIA

- CRITERION 1: COMMITMENT TO CULTURAL COMPETENCE**
- CRITERION 2: UPDATED ASSESSMENT OF SERVICE NEEDS**
- CRITERION 3: STRATEGIES AND EFFORTS FOR REDUCING RACIAL, ETHNIC, CULTURAL, AND LINGUISTIC MENTAL HEALTH DISPARITIES**
- CRITERION 4: CLIENT/FAMILY MEMBER/COMMUNITY COMMITTEE: INTEGRATION OF THE COMMITTEE WITHIN THE COUNTY MENTAL HEALTH SYSTEM**
- CRITERION 5: CULTURALLY COMPETENT TRAINING ACTIVITIES**
- CRITERION 6: COUNTY'S COMMITMENT TO GROWING A MULTICULTURAL WORKFORCE: HIRING AND RETAINING CULTURALLY AND LINGUISTICALLY COMPETENT STAFF**
- CRITERION 7: LANGUAGE CAPACITY**
- CRITERION 8: ADAPTATION OF SERVICES**

CRITERION 1

COUNTY MENTAL HEALTH SYSTEM

COMMITMENT TO CULTURAL COMPETENCE

Rationale: An organizational and service provider assessment is necessary to determine the readiness of the service delivery system to meet the cultural and linguistic needs of the target population. Individuals from racial, ethnic, cultural, and linguistically diverse backgrounds frequently require different and individual Mental Health Service System responses.

I. County Mental Health System commitment to cultural competence

The county shall have the following available on site during the compliance review:

- A. Copies of the following documents to ensure the commitment to cultural and linguistic competence services are reflected throughout the entire system:
 - 1. Mission Statement;
 - 2. Statements of Philosophy;
 - 3. Strategic Plans;
 - 4. Policy and Procedure Manuals;
 - 5. Other Key Documents (Counties may choose to include additional documents to show system-wide commitment to cultural and linguistic competence).

II. County recognition, value, and inclusion of racial, ethnic, cultural, and linguistic diversity within the system

The CCPR Modification (2010) shall be completed by the County Mental Health Department. The county will hold contractors accountable for reporting the information to be inserted into the CCPR. **Note:** The DMH recognizes some very small counties do not have contracts.

The county shall include the following in the CCPR Modification (2010):

- A. Provide a copy of the county's CSS plan that describes practices and activities that demonstrate community outreach, engagement, and involvement efforts with identified racial, ethnic, cultural, linguistic, and other relevant small county cultural communities with mental health disparities.

- B. A one-page description addressing the county's current involvement efforts and level of inclusion with the above identified underserved communities on the advisory committee.
- C. Share lessons learned on efforts made on the items A and B above and any identified county technical assistance needs. Information on the county's current MHSA Annual Plan may be included to respond to this requirement.

III. Each county has a designated Cultural Competence/Ethnic Services Manager (CC/ESM) person responsible for cultural competence

The CC/ESM will report to, and/or have direct access to, the Mental Health Director regarding issues impacting mental health issues related to the racial, ethnic, cultural, and linguistic populations within the county.

The county shall include the following in the CCPR Modification (2010):

- A. Detail who is designated the county's CC/ESM responsible for cultural competence and who promotes the development of appropriate mental health services that will meet the diverse needs of the county's racial, ethnic, cultural, and linguistic populations.

IV. Identify budget resources targeted for culturally competent activities The county shall include the following in the CCPR Modification (2010):

- A. Evidence of a budget dedicated to cultural competence activities which may include, but not be limited to the following:
 - 1. Budget amount spend on Interpreter and translation services;
 - 2. Reduction of racial, ethnic, cultural, and linguistic mental health disparities;
 - 3. Budget amount allocated towards outreach to racial and ethnic county-identified target populations;
 - 4. Special budget for culturally appropriate mental health services; and
 - 5. If applicable, financial incentives for culturally and linguistically competent providers, non-traditional providers, and/or natural healers.

CRITERION 1

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

COMMITMENT TO CULTURAL COMPETENCE

I. County Mental Health System commitment to cultural competence

The county shall have the following available on site during the compliance review:

- A. Copies of the following documents to ensure the commitment to cultural and linguistic competence services are reflected throughout the entire system:
1. Mission Statement;
 2. Statements of Philosophy;
 3. Strategic Plans;
 4. Policy and Procedure Manuals;
 5. Other Key Documents (Counties may choose to include additional documents to show system-wide commitment to cultural and linguistic competence).

Items I.A.1-4. Will be available on site during the compliance review.

Other key documents (Item I.A.5) include our service system continuums of care. Please see appendix for:

- MHP Adult Continuum (Appendix 1)
- MHP Child and Family Continuum (Appendix 2)
- Substance Use Prevention and Treatment (SUPT) Continuum (Appendix 3)

Please note that each continuum includes culture-specific programs. Ongoing planning and evaluation efforts continue to be consistent with our Assurance of Cultural Competence Compliance and Advancement of Health Equity. (Appendix 4).

In FY 2023-24, BHS introduced the completion of the Self-Assessment for Modification of Anti-Racism Tool (SMART) as one of the incentives for eighteen of the MHP providers. The incentive was included in the contracts of eighteen of the MHP providers. BHS will work in collaboration with the California Institute for Behavioral Health Solutions (CIBHS) to offer training and technical assistance on completion of the SMART as well as the development of policies

and procedures to guide racial equity improvements based on the assessment results. Earning the incentive payment requires completing the SMART, as well as designing Racial Equity Improvement Plan policies, procedures, and projects to promote change, advance equity, and counter structural racism.

BHS works to continuously improve our systems to be more culturally responsive. Each competitive procurement process, whether a Request for Application (RFA) or Request for Proposal (RFP) includes Cultural Competence Requirements as well as the inclusion of cultural brokers in planning and evaluating services. For example, in the BHS Forensic Unit two RFA's were requested for Transformative, Healing, Renewing, Inclusive, Voice, Empowerment (THRIVE) Programs; one for a Full-Service Partnership (FSP) and one for two outpatient programs with a focus on serving individuals with Justice Involvement. The THRIVE Programs are designed to expand capacity for individuals 18 years and older who have a serious mental health condition with moderate to severe functional impairment and who are justice involved. Justice involved is defined as individuals who have contact or interaction with courts, including collaborative courts, jails or prisons, probation, and/or parole, and who meet medical necessity for specialty mental health services.

Substance Use Prevention & Treatment (SUPT) and Children's Mental Health, as well as the Cultural Competence Unit, are in the process of completing similar procurement processes to ensure cultural responsiveness. For example, the Cultural Competence Unit recently completed two processes to contract with a community-based organization to provide a Supporting Community Connections (SCC) program to serve the Farsi-speaking community and another for the Afghan Community. Community members reflective of the respective communities were represented on the evaluation committee to recommend an awardee.

II. County recognition, value, and inclusion of racial, ethnic, cultural, and linguistic diversity within the system

The CCPR Modification (2010) shall be completed by the County Mental Health Department. The county will hold contractors accountable for reporting the information to be inserted into the CCPR. **Note:** The DMH recognizes some very small counties do not have contracts.

Every BHS contract continues to have a reference to Cultural Competency in the Sacramento County Department of Health

Services (DHS) Agreement and in Exhibit D of the contract. Instructions for reporting with templates are sent to contractors and contract monitors follow up to ensure that reports are submitted.

There is general boilerplate language in all BHS contracts for reporting as required:

CONTRACTOR shall upon reasonable request and, without additional compensation, therefore, make further fiscal, statistical, program evaluation, and progress reports as required by DIRECTOR or by the CA DHCS concerning contractor's activities as they affect the contract duties and purposes herein. COUNTY shall explain procedures for reporting the required information.

In FY 2023/24, BHS incorporated a performance-based incentive program to all contracted Drug Medi-Cal (DMC) and Mental Health (MH) Medi-Cal treatment service provider contracts. This Pay for Performance model tied additional reimbursement to metric-driven outcomes and best practices. Out of the list of the available incentives included in MH and DMC contracts, one was focused on advancing equity. In FY 2023/24, the equity incentive for MH Medi-Cal treatment service provider contracts entailed completing an organizational racial equity assessment (Self-Assessment for Modification of Anti-Racism Tool, or SMART) and developing organizational policies designed to promote organizational change, advance equity, and counter structural racism. For more details about this incentive, please refer to Criterion 6, 1C. In FY 2024/25, this equity incentive will be incorporated into the DMC treatment service providers' contracts.

The county shall include the following in the CCPR Modification (2010):

- A. Provide a copy of the county's CSS plan that describes practices and activities that demonstrate community outreach, engagement, and involvement efforts with identified racial, ethnic, cultural, linguistic, and other relevant small county cultural communities with mental health disparities.

Sacramento County continues to be known for its multicultural diversity. Penetration rates, however, indicate disparities in access for cultural, racial, and ethnic communities throughout Sacramento County. Due to the degree of marginalization and distrust of government institutions experienced by many of these communities, BHS has continued to pursue intentional partnerships

with the diverse communities in Sacramento County and thereby improve the wellness of community members. In keeping with the community development strategy of engaging individual and community resources, BHS staff have continued to cultivate and expand meaningful relationships with key community leaders and cultural brokers from racial, cultural, ethnic, LGBTQ, faith-based, and emerging refugee communities. We seek input for specific interventions, strategies for outreach, and service delivery approaches that work for their communities. The Sacramento County Mental Health Services Act (MHSA) community planning processes have built upon these relationships and provided additional opportunities to ensure that viewpoints of individuals from cultural, racial, ethnic, and LGBTQ groups were incorporated. Starting with the MHSA Community Services and Supports (CSS) component, BHS staff reached out and contacted key community leaders from racial, cultural and ethnic populations to enlist assistance and support in informing members of their community about the community planning process and to facilitate their meaningful participation in the process. Flyers were translated into multiple languages and distributed widely, including self-help centers, cultural and ethnic-specific programs, refugee resettlement programs, and other natural settings in the community. Interpreters in all Sacramento County threshold languages in addition to American Sign Language are provided to ensure active participation of all attendees at all community-planning meetings. Captioning in real time has been added to many of our virtual community meetings when requested. Culturally, racially, ethnically, and linguistically diverse staff conduct county-wide outreach to the community and utilize multiple media outlets used by diverse populations.

The executive summary of the MHSA Three Year Program and Expenditure Plans and MHSA Annual Updates are posted online in English and in the threshold languages. The public hearing announcements for the MHSA Three Year Plans and Annual Updates are translated into the threshold languages and distributed via diverse ethnic media outlets to ensure that the community is aware of opportunities to provide comments on the information contained in the MHSA Three Year Plans and Annual Updates:

<https://dhs.saccounty.gov/BHS/Pages/GI-BHS-Reports.aspx>

A description of the practices and activities demonstrating outreach, engagement and involvement with diverse communities with mental health disparities is included in the MHSA FY 2024-25 & 2025-26

Two-Year Plan:

<https://dhs.saccounty.gov/BHS/Pages/MHSA/Plans-and-Updates/GI-MHSA-FY2024-25-and-2025-26-Two-Year-Plan.aspx>

- B. A one-page description addressing the county's current involvement efforts and level of inclusion with the above identified underserved communities on the advisory committee.

Representation of Sacramento underserved communities is included in the Cultural Competence Committee. Please refer to Criterion 4 for a complete description of participant representation.

BHS is committed to seeking Alcohol and Drug Advisory Board, Mental Health Board and committee members who are reflective of the cultural, racial, ethnic, and LGBTQ diversity in Sacramento County since these bodies are responsible for representing the clients residing in this county and making recommendations to the Board of Supervisors and BHS leadership.

The Sacramento County Mental Health Board (MHB) conducted intentional outreach to diverse communities to diversify representation on the board. For example, a Crisis Wellness Response Team Advisory Committee was empaneled, composed of MHB members and community members with diverse community, ethnic, and linguistic representation, as outlined the MHB Bylaws. In addition, the MHB voted to amend its Bylaws to grant voting rights to Youth members.

When making recommendations to Behavioral Health Services or the Board of Supervisors, the MHB purposely includes diversity considerations. For example, Full-Service Partnership Employment Services recommendations include specific outreach to non-English speaking, Transition Age Youth, and Older Adults. Similarly, the School-Based Mental Health recommendations promote outreach to Black Indigenous People of Color (BIPOC), LGBTQ+, and linguistically diverse populations, and require implicit bias training for teachers and other school personnel.

The Sacramento County Alcohol and Drug Advisory Board continues to conduct widespread intentional outreach efforts to increase diversity of its members. As a result, Members representing the AA/B/AD, Latinx, and LGBTQ+ populations have been appointed to this advisory board.

At the Sacramento County Alcohol and Drug Advisory Board Retreat on February 14, 2024, committee members developed specific goals that included equity and inclusion components (SMARTIE Goals). Each goal addresses systemic injustice, inequity, or oppression, and intends to bring traditionally marginalized people—particularly those most impacted—into the process, activities, and decision/policy making.

- See Criterion 4 A and B for examples of additional community engagement.

BHS has actively enlisted assistance from local community organizations serving cultural, racial and ethnic communities in recruiting clients, family members or community members who may be interested in serving on the Mental Health Board, the Alcohol and Drug Advisory Board or the MHSA Steering Committee. Over half of the members of the MHSA Steering Committee are clients or family members, including one of the current Co-Chairs of the MHSA Steering Committee and most of the members of the MHSA Steering Committee Executive Team. Another member of the Executive Team is also a member of the Cultural Competence Committee (CCC).

The Sacramento County MHSA Steering Committee (SC) is the core recommending body for MHSA funded programs and activities in Sacramento County and serves as the hub of the MHSA Community Program Planning Process (CPPP). The Committee is a thirty (30) member body comprised of one primary member seat and one alternate from the following groups: Sacramento County Mental Health Board; Sacramento County Behavioral Health Services (BHS) Director; three (3) Service Providers (Children, Adults, and Older Adults); Law Enforcement; Senior and Adult Services; Education; Department of Human Assistance; Substance Use Prevention and Treatment; Cultural Competence; Child Welfare; Primary Health; Public Health, Juvenile Court; Probation; Veterans; two (2) Client - Transition Age Youth (TAY); two (2) Client - Adult; two (2) Client - Older Adult; two (2) Family Member/Caregiver of Child age 0 – 17; two (2) Family Member/Caregiver of Adult age 18 – 59; two (2) Family Member/Caregiver of Older Adults age 60+; and one (1) Client/Family Member At-Large. Some members of the committee have volunteered to represent multiple community partner interests, including Faith-based/Spirituality.

The MHSA SC role is to: (1) Effectively and respectfully engage clients, family members, and other community partners through a

broad participation process, including the creation of workgroups that include community input and recommendation development, to develop Sacramento County's MHSA Plans and Annual Updates; (2) Review and approve program proposals developed with community partner and community input; and, (3) Make specific program recommendations to BHS consistent with MHSA goals, guidelines, and requirements.

MHSA SC members and BHS actively recruit clients/peers, and family members/caregivers with lived mental health experience for committee membership. The member application is posted on the BHS MHSA webpage:

<https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Services-Act-Committee/BC-MHSA-Steering-Committee.aspx>

In FY 2023-24, the SC formed a Selection Subcommittee comprised of SC members who review completed applications for the applicants' lived experience, diversity, and advocacy experience associated with behavioral health services. Applicants are notified about their application status 30 days post review.

MHSA SC meetings are held the third Thursday of each month and are open to the public, with time allotted for Public Comment at each meeting. To encourage meeting attendance from diverse community members and community partners, BHS offers interpreter, captioning, and ASL services to SC members and members of the public. SC members representing clients and family member community partners are provided with stipends for each meeting they attend.

Sacramento County's Division of Behavioral Health Services values the input and involvement of clients (youth and adults) and family members in developing, managing, implementing, and providing mental health services. This value is in alignment with the Mental Health Services Act (MHSA) General Standards. In promoting the value of involving clients and family members, the Division supports the practice of compensating clients and family members for their participation. Through the Divisions' Advocate Leadership Stipend program, Family and Youth Advocates are compensated for MHSA related activities such as outreach, membership on MHSA Steering Committee, workgroups, service as a panel member for Request for Application evaluation process, and advisory and planning committees.

- C. Share lessons learned on efforts made on the items A and B above and any identified county technical assistance needs. Information on the county's current MHSA Annual Plan may be included to respond to this requirement.

We continue to build upon what we have learned with each community planning process to ensure subsequent processes include diverse client, family member and community partner input. We have also learned to build in sufficient time to engage, educate and inform the community at the beginning of community planning processes.

Please refer to the MHSA FY 2024-25 & 2025-26 Two-Year Plan:

<https://dhs.saccounty.gov/BHS/Pages/MHSA/Plans-and-Updates/GI-MHSA-FY2024-25-and-2025-26-Two-Year-Plan.aspx>

III. Each county has a designated Cultural Competence/Ethnic Services Manager (CC/ESM) person responsible for cultural competence

The CC/ESM will report to, and/or have direct access to, the Behavioral Health Director regarding issues impacting mental health issues related to the racial, ethnic, cultural, and linguistic populations within the county.

The CC/ESM HPM reports to the Behavioral Health Deputy Director and sits on the Management Team/MHP Quality Policy Council as well as the Behavioral Health Services Executive Team.

The county shall include the following in the CCPR Modification (2010):

- A. Detail who is designated the county's CC/ESM responsible for cultural competence and who promotes the development of appropriate mental health services that will meet the diverse needs of the county's racial, ethnic, cultural, and linguistic populations.

The CC/ESM HPM continues to be responsible for ensuring that cultural competence is integral to all functions of the Behavioral Health System and is the lead system-wide on issues that affect racial, ethnic, cultural and linguistic populations, including the elimination of disparities in behavioral health care in Sacramento County. The CC/ESM HPM is responsible for the development and implementation of the annual Sacramento County Cultural

Competence Plan (CCP) update to ensure that county behavioral health services comply with current federal and state statutes, and regulations. Furthermore, the CC/ESM HPM ensures that MH services comply with the DHCS policy letters related to the planning and delivery of specialty mental health services for a highly diverse cultural, ethnic and linguistic community. The CC/ESM HPM also works with SUPT administration to ensure that SUPT provision complies with DHCS policy letters and federal regulations. The CC/ESM HPM is the chair of the Sacramento County Behavioral Health Services Cultural Competence Committee and reports to the Quality Improvement Committee.

The CC/ESM HPM reports to the Behavioral Health Deputy Director and sits on the Management Team/MHP Quality Policy Council as well as the Behavioral Health Services Executive Team. In addition to the creation of a full time CC/ESM HPM position, Sacramento County continues to fund a Cultural Competence unit headed by the CC/ESM HPM that provides supervision to the following staff: 2.0 Full Time Equivalent (FTE) Mental Health Program Coordinators, 2.0 FTE Human Service Program Planners, 1.0 FTE Senior Office Assistant, and 1.0 FTE Administrative Services Officer 1 position.

The CC/ESM HPM, with support from the BHS Director and Deputy Director, continues to work with a facilitation/planning team from California Institute for Behavioral Health Solutions (CIBHS) to implement a Behavioral Health Racial Equity Collaborative (BHREC) to advance behavioral health equity. The BHREC pilot utilized a targeted universalism approach that initially focused on the African American/Black/African Descent (AA/B/AD) Community. Following the sunset of the BHREC pilot in December 2022, BHS continued the intentional work with the AA/B/AD Community. The BHREC Steering Committee became an Ad Hoc Committee of the BHS Cultural Competence Committee and will continue to focus on uplifting the behavioral health needs of AA/B/AD community members. Additionally, BHS has continued to work on the Racial Equity Action Plans that BHS developed during the BHREC pilot.

BHREC's initial focus on the AA/B/AD was based on the long-standing behavioral health inequities among this community; lack of trust necessary for authentic relationships that support the implementation of behavioral health equity; and the growing awareness of the unique experiences of racism experienced by this community. In FY 2023-24, BHS announced the focus on the Latino/Latinx/Latine/Hispanic (L/LX/LE/H) community. This is based on the low utilization of specialty mental health or substance use

prevention and treatment services despite the percentage (24%, US Census. 2021: ACS 5-Year Estimates Data) of Hispanic or Latinos residing in Sacramento County; the need for bilingual BHS providers and staff to serve this community; as well as the need to tailor engagement strategies and services to a community that is expansively ethnically and demographically diverse.

Part of the BHREC process to eliminate racial inequities in behavioral health includes documenting the voices of various community groups through community forums, focus groups, as well as capturing the voices of interested key community members through key informant interviews. Insights gained from the forums, focus groups, and key informant interviews will be used to develop themes, strategic directions, and recommended goals for the L/LX/LE/H BHREC.

BHREC will include BHS leadership, BHS provider organizations, interested L/LX/LE/H community representatives, and community organizations led by and for L/LX/LE/H people. BHREC activities and outcome reports have been added to this page:

<https://dhs.saccounty.gov/BHS/Pages/BHREC.aspx>

IV. Identify budget resources targeted for culturally competent activities The county shall include the following in the CCPR Modification (2010):

- A. Evidence of a budget dedicated to cultural competence activities which may include, but not be limited to the following:
 - 1. Budget amount spend on Interpreter and translation services;
 - 2. Reduction of racial, ethnic, cultural, and linguistic mental health disparities;
 - 3. Budget amount allocated towards outreach to racial and ethnic county-identified target populations;
 - 4. Special budget for culturally appropriate mental health services;
 - 5. If applicable, financial incentives for culturally and linguistically competent providers, non-traditional providers, and/or natural healers.

The chart on the following page depicts the cultural competence activity expenditures for BHS's county operated and county contracted MH and SUPT providers. The amount for each provider's cultural competence activity expenditures includes: the annual

costs of interpreters and/or translation services; annual staffing costs of all bilingual/bicultural staff employed; the costs for providing or assisting clients to access natural healers or traditional healing practices; and the costs of all cultural competence training registration fees paid for staff or other expenses related to advancing equity not already listed. The chart only reflects programs that are operational. There are a number of programs that have been approved and are in the implementation phase and are therefore not included in the chart. The programs in the chart do not reflect a true picture of the extent of expenditures for cultural competence, including interpreters, as many program budgets include these items in other categories. Some contracts are 100% dedicated to serving a particular ethnic or cultural group so their entire contract amount is reflected.

Budget Dedicated to Cultural Competence Activities Expenditures			
FY 2023-2024			
Program/Description	Amount	Translation / Interpretation	Bilingual / Bicultural Staff
A Church For Us, dba A Church For All - Supporting Community Connections - African American Community	\$164,427	\$-	\$-
Allocation for BHS staff receiving a bilingual differential	\$170,841	\$-	\$-
Asian Pacific Community Counseling	\$1,646,913	\$46,413	\$1,600,000
Asian Pacific Community Counseling - Supporting Community Connections - Hmong, Vietnamese, Cantonese	\$203,268	\$-	\$-
BAART Programs	\$179,109	\$-	\$179,109
Bay Area Community Services	\$943,063	\$8,020	\$933,343
Behavioral Health Racial Equity Collaborative, Behavioral Health Interpreter Training and additional CC Trainings	\$430,000	\$-	\$-
BHS Cultural Competence Unit Staff – 7 FTE	\$1,160,109	\$-	\$-
Bridges Professional Treatment Services	\$317,262	\$317,262	\$-
C.O.R.E. Medical Clinic, Inc.	\$594,331	\$-	\$594,331
Cal Voices - Supporting Community Connections - Client Operated Warmline	\$164,427	\$-	\$-
Capital Star Behavioral Health	\$969,494	\$3,206	\$966,288
Center for Collaborative Planning	\$1,282	\$1,282	\$-
Children's Receiving Home of Sacramento – Supporting Community Connections - Youth/TAY	\$167,720	\$-	\$-
Dignity Health Medical Foundation Child Fit	\$820,000	\$20,000	\$800,000
El Hogar Community Services, Inc.	\$504,682	\$9,353	\$463,216
Gateway Residential Programs	\$635	\$635	\$-
God's Love Outreach Ministries	\$307,477	\$1,000	\$294,497
Heartland Child & Family Services	\$1,803,604	\$42,789	\$1,760,815

Budget Dedicated to Cultural Competence Activities Expenditures			
FY 2023-2024			
Program/Description	Amount	Translation / Interpretation	Bilingual / Bicultural Staff
Interpreter/Translation Services – Countywide Vendors	\$228,950	\$-	\$-
Iu-Mien Community Services - Supporting Community Connections - Iu Mien Community	\$156,012	\$-	\$-
La Familia Counseling Center, Inc.- Supporting Community Connections - Latinx/Spanish Speaking Community	\$247,288	\$-	\$-
La Familia Counseling Center, Inc.- Supporting Community Connections - Older Adults	\$190,839	\$-	\$-
MedMark Treatment Centers	\$55,016	\$-	\$55,016
Mental Illness: It's not always what you think" Project	\$1,000,000	\$-	\$-
Omni Youth Programs	\$96,400	\$3,400	\$93,000
Progress House, Inc.	\$106,187	\$106,187	\$-
Psynergy Program Inc.	\$494,560	\$-	\$492,584
Recover Medical Group P.C.	\$290,975	\$-	\$290,000
River Oak Center For Children	\$2,111,158	\$73,504	\$2,037,654
Sacramento Cultural & Linguistic Center - Assisted Access Program	\$1,098,857	\$-	\$-
Sacramento LGBT Community Center	\$83,711	\$-	\$82,586
Sacramento Native American Health Center - Supporting Community Connections - Native American Community	\$164,427	\$-	\$-
Sierra Health Foundation: Community Responsive Wellness Program for the Black Communities of Sacramento	\$2,187,110	\$-	\$-
SJUSD - White House Counseling Center	\$333,751	\$-	\$333,751
Slavic Assistance Center - Supporting Community Connections - Russian-speaking/Slavic Community	\$164,427	\$-	\$-
Stanford Youth Solutions	\$2,044,216	\$30,798	\$2,011,919
Telecare Arise	\$86,979	\$187	\$86,792

Budget Dedicated to Cultural Competence Activities Expenditures			
FY 2023-2024			
Program/Description	Amount	Translation / Interpretation	Bilingual / Bicultural Staff
Telecare Oasis	\$136,265	\$574	\$135,691
The Regents Of The University Of California	\$599,093	\$1,800	\$597,293
TLCS, Inc dba Hope Cooperative	\$832,166	\$30,703	\$692,175
Towns Health Services	\$74,776	\$74,776	\$-
Treatment Associates	\$103,417	\$-	\$103,417
Turning Point Community Programs	\$1,147,515	\$9,049	\$1,025,250
UC Davis SacEDAPT	\$539,849	\$1,369	\$538,479
Total all programs	\$25,122,588	\$782,306	\$16,167,206

As indicated on the table above, during FY 2023/2024 BHS county-operated and contracted service providers spent **\$25,122,588** on cultural competence related activities. From that figure, the total costs spent in FY 2023-24 for interpreting/translations were **\$782,306** and the hiring of bilingual/bicultural staff was **\$16,167,206**. Additionally, two providers, Turning Point Community Programs and Bay Area Community Services (BACS) collectively spent \$970 providing or assisting clients to access natural healers or traditional healing practices as part of the BHS services provided.

This table includes the total budget of the Assisted Access Program, operated by Sacramento Cultural & Linguistic Center (SCLC), that provides interpretation services system-wide. The Assisted Access Program also provides cultural brokerage for clinicians, helping them to be more culturally responsive to the people they serve. At the time of the 2010 CCP, two programs, the Transcultural Wellness Center (TWC), a Full-Service Partnership program, serving API communities, and the Assisted Access Program providing interpreters, were specifically designed to reduce racial, ethnic, cultural and linguistic behavioral health disparities. Since that time, additional MHS Prevention and Early Intervention (PEI) component activities such as the Respite and the Supporting Community Connections (SCC) programs included in the table above have been implemented. They are specifically designed to reduce LGBTQ+, racial, ethnic, cultural, and linguistic behavioral health disparities. Full-Service Partnership program budgets included allocations for

providing or assisting clients in accessing traditional healing providers.

SCC programs are focused on the following racial, cultural, ethnic, sexual and gender diverse communities: youth/transition age youth (TAY) (focusing on LGBTQ+, current or former foster youth and homeless youth); American Indian/Alaska Native/Indigenous; African Americans; Latinx; Cantonese, Vietnamese, Hmong, Iu Mien; Arabic-speaking; Farsi-speaking and Afghan Community as well as Russian-speaking/Slavic. The other SCC programs include the Consumer operated Warmline and Older Adult Programs. These ethnic/cultural specific programs are part of the Suicide Prevention effort and have strong outreach components. The Respite Programs listed in the chart also have strong outreach components to diverse LGBTQ communities. These programs are included in this section because their program budgets are clearly dedicated to activities and services that reduce disparities in diverse communities. All BHS programs, however, are expected to work towards reduction of disparities through CCP 2010 goals. Bilingual county staff who pass a test are paid a differential for their language skills. Contractors are encouraged to provide appropriate compensation for their bilingual staff.

In addition to the aforementioned TWC, the Peer Partner Program continues to offer culturally appropriate peer services and peer staff are included as members of a multi-disciplinary team that provide behavioral health services through county-operated programs. These bilingual/bicultural staff provide cultural and language specific services to a diverse group that includes but is not limited to Latinx, Hmong, Vietnamese, Cambodian and African Americans. La Familia Counseling Center has bilingual/bicultural staff who provide children's outpatient behavioral health services to many Latinx, as well as Black/African American and Hmong children and youth.

Behavioral Health Information Notice No.: 20-070, informed all Medi-Cal Managed Care Health Plans (MCP) of the updated dataset for threshold languages and identified the threshold languages for each MCP. An additional threshold language, Farsi, was added for Sacramento County according to the dataset from December 2020. Therefore, the threshold languages for Sacramento County now include Arabic, Cantonese, Hmong, Russian, Spanish, Vietnamese, and Farsi. We have translated materials available in all our current threshold languages, including Farsi. All translated versions of the Handbook are complete, community-reviewed, and posted.

Given the changes in power and leadership in Afghanistan that occurred throughout the summer of 2021, numerous Afghan evacuees have been fleeing the country and Sacramento County has welcomed many Afghan refugees. BHS continues to support outreach and engagement efforts as well as compiling and sharing resources. This coordination ensures that the services that will be provided to the Afghan arrivals are culturally responsive and linguistically appropriate. BHS has continued to collaborate with several local agencies that provide culturally and linguistically appropriate services to Afghan community members to discuss the best way to serve not only the new arrivals, but also Afghans who have already settled in Sacramento over the past few years, and who are trying to help their family members and friends who are still in Afghanistan. These agencies include Refugees Enrichment and Development Association (REDA) and Muslim American Society – Social Services Foundation (MAS-SSF), and other community-based organizations that serve Afghan community members.

The newly expanded Afghan community is indicative of the continually emerging needs of Sacramento County. The MHSA Steering Committee supported the creation of two additional Supporting Community Connections programs to serve the Afghan Community and the Farsi speaking Community. The war in Ukraine also resulted in many refugees from Ukraine resettling in Sacramento County. In May of 2022, BHS contracted with a local agency to operate a Ukrainian Phone Support Line to provide culturally and linguistically appropriate support to Ukrainian community members in Sacramento who were concerned for their family and friends still in the Ukraine. This contract was renewed for FY 2023/24. The number of languages and the number of people speaking languages other than English continues to increase. Efforts to recruit, train and retain bilingual/bicultural staff and to increase capacity for interpreting are needed.

Sacramento County has a 30+ year history of welcoming refugees to the community. Behavioral Health has developed a number of programs that include a focus on the needs of refugees. Sacramento County has ranked in the top three counties in California for newly arriving refugees for several years. Recently, Sacramento County has resettled more refugees and Special Immigrant Visa holders combined than any other county in California.

CRITERION 2

COUNTY MENTAL HEALTH SYSTEM

UPDATED ASSESSMENT OF SERVICE NEEDS

Rationale: A population assessment is necessary to identify the cultural and linguistic needs of the target population and is critical in designing, and planning for, the provision of appropriate and effective mental health services.

Note: All counties may access 2007 200% of poverty data at the DMH website on the following page:

http://www.dmh.ca.gov/News/Reports_and_Data/default.asp within the link titled "Severe Mental Illness (SMI) Prevalence Rates". Counties shall utilize the most current data offered by DMH.

Only small counties, as defined by California Code of Regulations 3200.260, may request Medi-Cal utilization data from DMH by submitting the appropriate form to DMH, no later than five calendar months before plan submissions are due. To complete the Data Request Form, counties must contact the Office of Multicultural Services at 916- 651-9524 to have a DMH staff person assist in the completion of the proper form.

Eligible counties may be provided data within thirty calendar days from the data request deadline; however, all requests are first-come first-serve and provided according to DMH staff availability and resources.

I. General Population

The county shall include the following in the CCPR Modification (2010):

A. Provide a description of the county's general population by race, ethnicity, age, gender, and other relevant small county cultural populations. The summary may be a narrative or as a display of data (other social/cultural groups may be addressed as data is available and collected locally). If appropriate, the county may use MHSA Annual Update Plan data here to respond to this requirement.

II. Medi-Cal population service needs (Use current CAEQRO data if available.) The county shall include the following in the CCPR Modification (2010):

A. Summarize the following two categories by race, ethnicity, language, age, gender, and other relevant small county cultural populations:

1. The county's Medi-Cal population (County may utilize data provided by DMH. See the Note at the beginning of Criterion 2

regarding data requests.)

2. The county's client utilization data
- B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.

III. 200% of Poverty (minus Medi-Cal) population and service needs.
(Please note that this information is posted at the DMH website at http://www.dmh.ca.gov/News/Reports_and_Data/default.asp).

The county shall include the following in the CCPR Modification (2010):

- A. Summarize the 200% of poverty (minus Medi-Cal population) and client utilization data by race, ethnicity, language, age, gender, and other relevant small county cultural populations.
- B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.

IV. MHSA Community Services and Supports (CSS) population assessment and service needs

The county shall include the following in the CCPR Modification (2010):

- A. From the county's approved CSS plan, extract a copy of the population assessment and summarize population and client utilization data by race, ethnicity, language, age, gender and other relevant small county cultural populations.
- B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.

V. Prevention and Early Intervention (PEI) Plan: The process used to identify the PEI priority populations

The county shall include the following in the CCPR Modification (2010):

- A. Describe which PEI priority population(s) the county identified in their PEI plan and describe the process and rationale used by the county in selecting them. PEI Plan sections should be used to respond to priority populations identified by the county.

CRITERION 2
SACRAMENTO COUNTY MENTAL HEALTH SYSTEM
UPDATED ASSESSMENT OF SERVICE NEEDS

I. General Population

The county shall include the following in the CCPR Modification (2010):

- A. Provide a description of the county’s general population by race, ethnicity, age, gender, and other relevant small county cultural populations. The summary may be a narrative or as a display of data (other social/cultural groups may be addressed as data is available and collected locally). If appropriate, the county may use MHSA Annual Update Plan data here to respond to this requirement.

Note: With the exception of Languages spoken at home, Census 2020 data was utilized for the County population analysis. ACS 2023 was utilized for languages spoken at home as the Census 2020 did not contain all of the languages broken down.

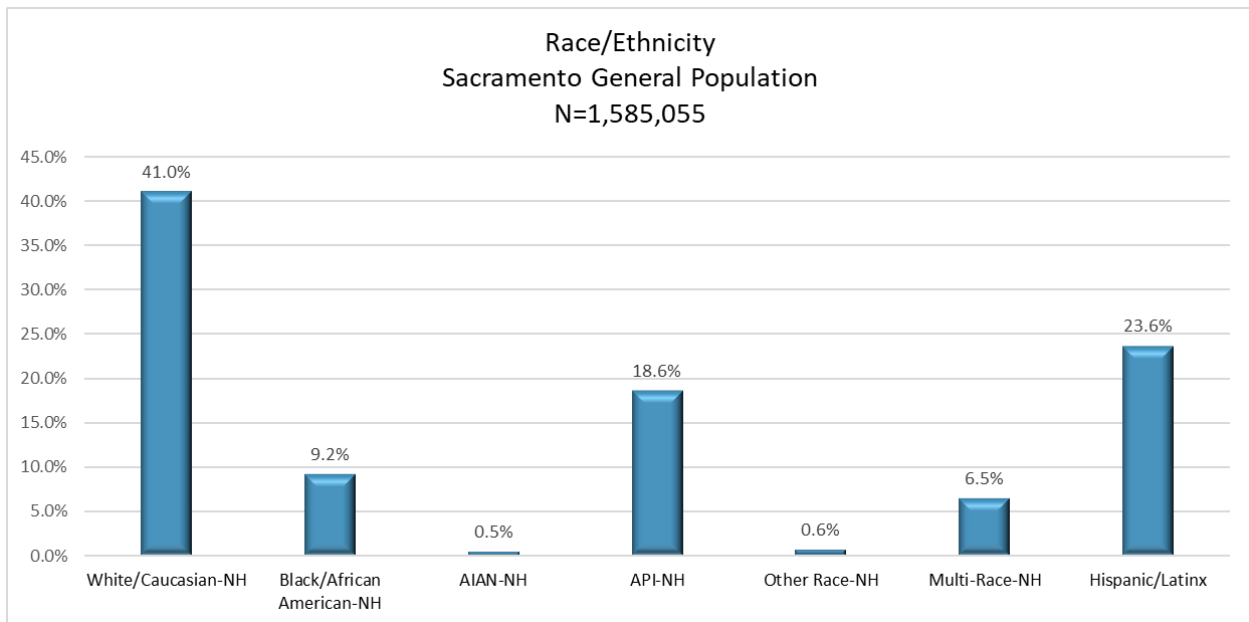
Race/Ethnicity - The Census Bureau, American Communities Survey (ACS) collects Hispanic/Latinx origin separately from race, as does Sacramento County. Additionally, the Census Bureau reports on seven racial categories: White, Black/African American, American Indian/Alaskan Native (AIAN), Asian, Native Hawaiian/Other Pacific Islander, some other race, Two or more races. Data comparison using race and ethnicity is often challenging due to the difference in data collection across data sources. For example, data sources, such as the California Department of Social Services, Medi-Cal Statistics Division and the California External Quality Review Organization (CAEQRO), do not report race and Hispanic/Latinx origin separately.

In order to allow for comparisons across data sources, it was necessary to combine racial categories and include Hispanic/Latinx origin by race. When Hispanic origin is reported by race, all other race categories are reported as Non-Hispanic (NH). For example, “Caucasian-NH” refers to individuals who report as Caucasian only, Non-Hispanic. When race categories are reported as Non-Hispanic, numbers in these race categories may be underrepresented. For example, if a person reports that they are of Hispanic origin and

report a race, their response is reported as Hispanic, and the race is not captured. The chart below illustrates Sacramento County's general population broken down by racial categories and Hispanic/Latinx origin by race that can be compared across data sources.

Please note the "API" category includes all Asian/Pacific Islander races and ethnicities (Asian Indian, Chinese, Filipino, Japanese, Korean, Vietnamese, Cambodian, Hmong, Laotian, Thai, Other Asian, Native Hawaiian, Guamanian, Samoan, and Other Pacific Islander) and the "Other" category represents all other races not included in the listed categories.

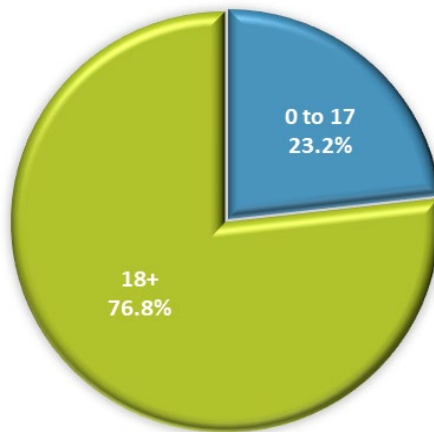
As the chart below indicates, just over 40% (41.1%) of the general population is White-NH. This illustrates the diversity in the general population of Sacramento County.



Source: 2020 U.S. Census

Age - As with race/ethnicity, age is reported differently across data sources. For most data sources, we have to limit ourselves to 2 age categories, 0 to 17 and 18+. In the ACS estimates, less than 24% of the Sacramento County general population is between the ages of 0 and 17 years and just over 76% are 18 years and older.

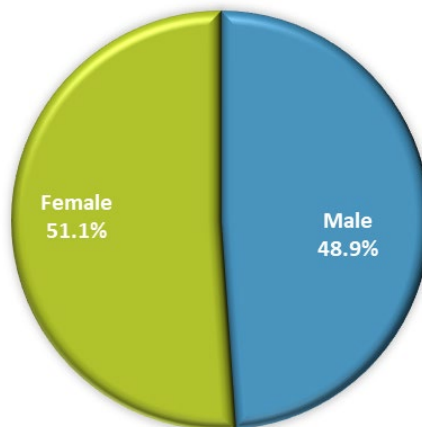
AGE
SACRAMENTO COUNTY GENERAL POPULATION
N=1,585,055



Source: 2020 U.S. Census

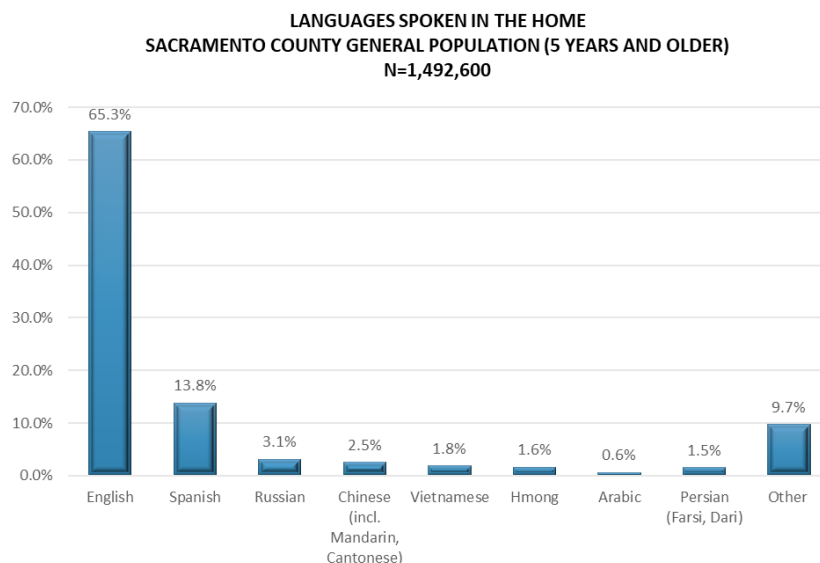
Gender - The gender breakdown of the general population in Sacramento County is almost equally distributed with slightly more females (51.1%) than males (48.9%).

GENDER
SACRAMENTO COUNTY GENERAL POPULATION
N=1,585,055



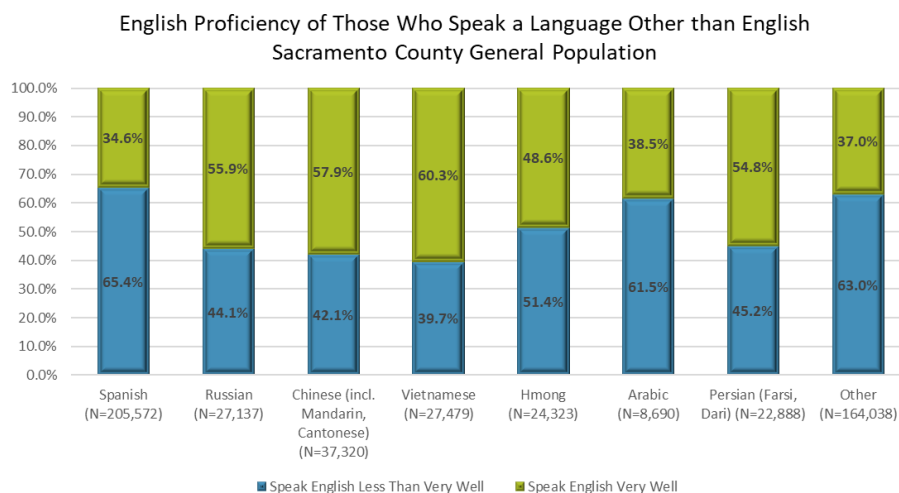
Source: 2020 U.S. Census

Language Spoken - The language categories depicted in the charts that follow represent Sacramento County’s threshold languages, English, and all other languages. The data speak to the language that is spoken in the home for individuals over the age of five. Most of the general population over the age of five speaks English (67.9%). The ACS does not currently have data specific to Farsi, so we were not able to include this language in the charts related to language spoken.



Source: 2023 U.S. Census, American Communities Survey (ACS)

The English proficiency of those who speak a language other than English in the general population is shown in the following chart for each of Sacramento County’s threshold languages and then all other non-English languages spoken. There are differences among English proficiency among the different languages. With the exception of Vietnamese and Cantonese, the majority of threshold languages indicated speak English “very well”.



Source: 2023 U.S. Census, American Communities Survey (ACS)

II. Medi-Cal population service needs (Use current CAEQRO data if available). The county shall include the following in the CCPR Modification (2010)

Please note that Medi-Cal population, unless specifically mentioning Substance Use Prevention and Treatment (SUPT) Services, refers to MH data only.

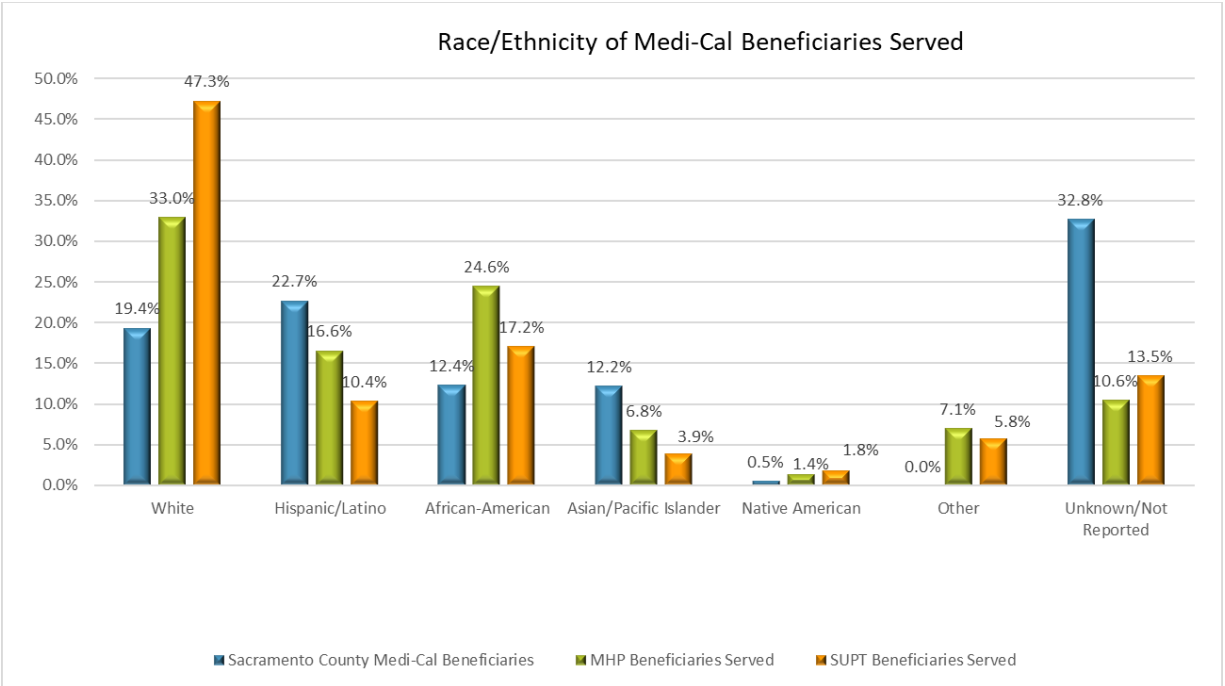
- A. Summarize the following two categories by race, ethnicity, language, age, gender, and other relevant small county cultural populations:
 - 1. The county's Medi-Cal population (County may utilize data provided by DMH. See the Note at the beginning of Criterion 2 regarding data requests.)
 - 2. The county's client utilization data

Medi-Cal beneficiary data was obtained through the State of California Open Data Portal. The dataset is produced by DHCS on a monthly basis that shows the total number of Medi-Cal beneficiaries by County by age, sex, race/ethnicity and primary language. The graphs provided include all Sacramento County Medi-Cal eligible beneficiaries and Medi-Cal beneficiaries served in the MHP and SUPT for FY 2022-23. A total of 26,854 unduplicated beneficiaries received services in the MHP and 5,792 beneficiaries in SUPT.

Medi-Cal Eligible Population and Medi-Cal Beneficiaries Receiving Specialty Mental Health Services and Substance Use Prevention and Treatment Services

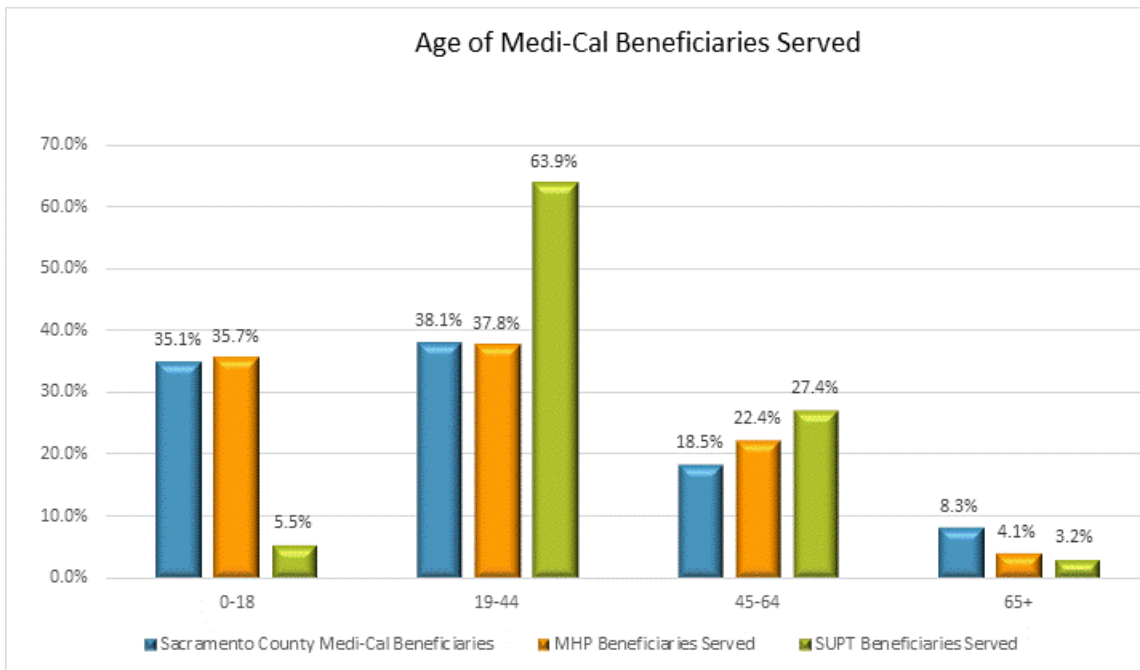
Race/Ethnicity –

This section provides percentages of the Medi-Cal eligible clients receiving mental health specialty services (MHP clients) and SUPT services showed significant differences in some categories. Caucasians served in SUPT was significantly higher than in the MHP and the overall Medi-Cal population (47.3% vs. 33.0% vs. 19.4%), while all other races were higher in the MHP. Hispanics are under-represented in both the MHP and SUPT compared to the overall Medi-Cal population (22.7% vs 16.6% and 10.4%), while African Americans were served at a higher rate (12.4% vs. 24.6% and 17.2%). Asian/Pacific Islanders are highly under-represented in the MHP and SUPT compared to the overall Medi-Cal population (12.2% vs. 6.8% and 3.9%)



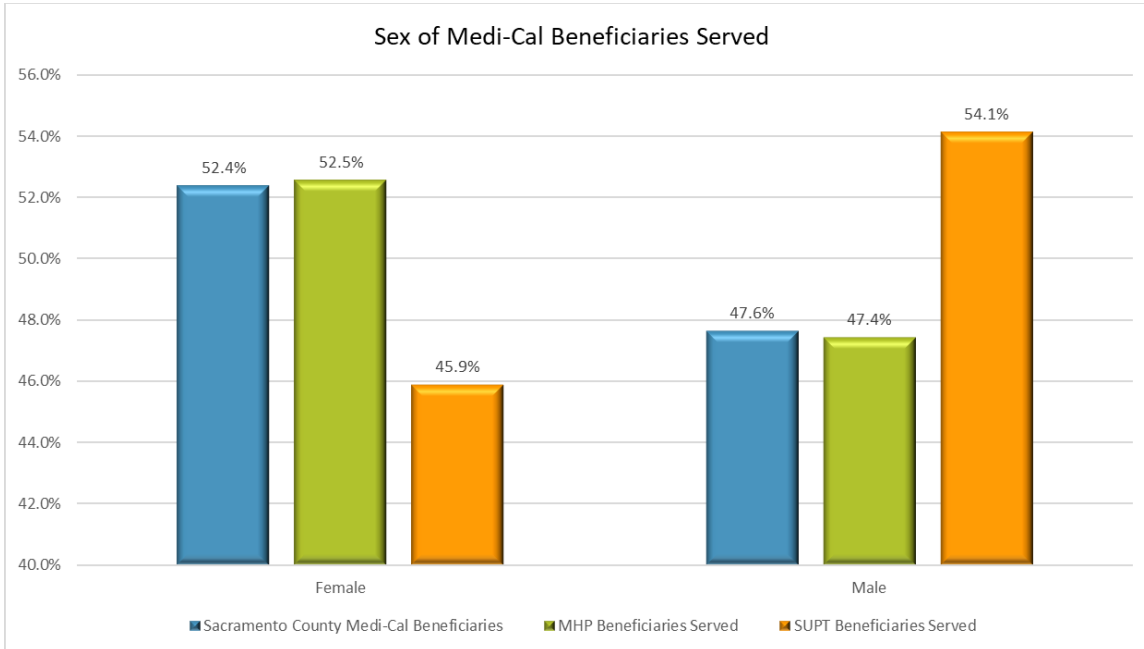
Source: DHCS Medi-Cal Certified Eligibles by Month with Demographics and Sacramento County Electronic Health Record (SmartCare)

Age – The MHP mirrors the overall Medi-Cal population for clients 0-18 (35.1% vs 35.7%) and ages 19-44 (38.1% vs 37.8%). The majority of the SUPT clients are adults, between the ages of 19-44 (63.9%). Both the MHP and SUPT serve significantly less older adults than the overall Medi-Cal population.



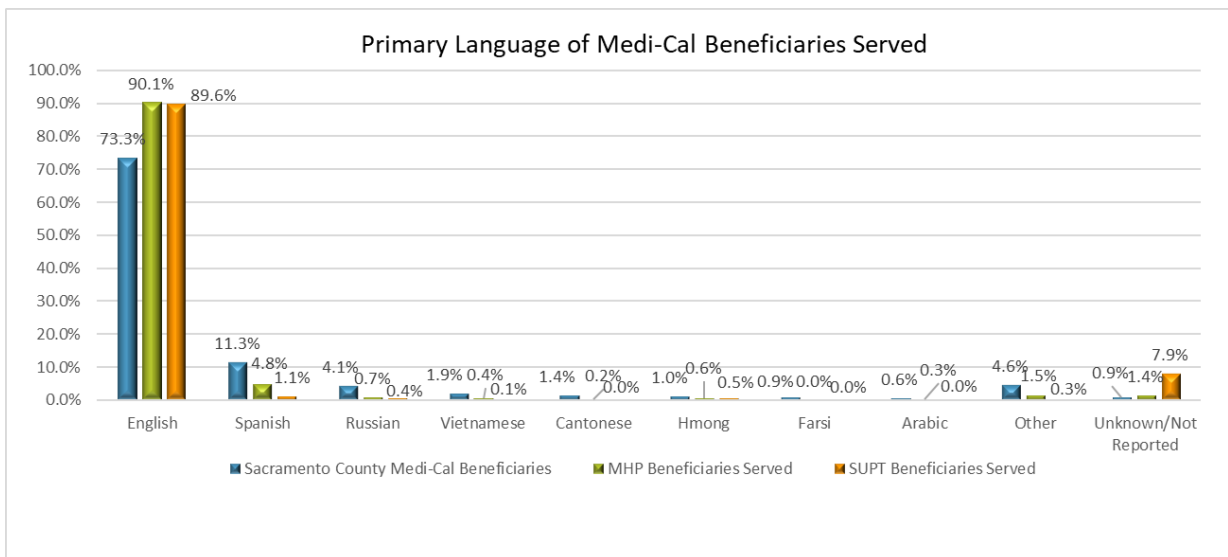
Source: DHCS Medi-Cal Certified Eligibles by Month with Demographics and Sacramento County Electronic Health Record (SmartCare)

Sex – The MHP mirrors the overall Medi-Cal population for both females (52.4% vs 52.5%) and males (47.6% vs 47.4%) SUPT serves a significantly greater number of males compared to the overall Medi-Cal population and the MHP.



Source: DHCS Medi-Cal Certified Eligibles by Month with Demographics and Sacramento County Electronic Health Record (SmartCare)

Language Spoken – English is the predominant language for all populations, although the MHP and SUPT have a higher percentage of English speaker than the overall Medi-Cal population (73.3% vs. 90.1% and 89.6%). The overall Medi-Cal population has a higher rate of Spanish speakers compared to both the MHP and SUPT (11.3% vs. 4.8% and 1.1%)



Source: DHCS Medi-Cal Certified Eligibles by Month with Demographics and Sacramento County Electronic Health Record (SmartCare)

Penetration Rates – MHP and SUPT

Penetration Rates by Demographics - FY 2022-2023									
Demographics		A		B		B/A	C		C/A
		Medi-Cal Eligible Beneficiaries		MHP Medi-Cal Beneficiaries			SUPT Medi-Cal Beneficiaries		
						Penetration Rate			Penetration Rate
Age Group	0-18	229,620	35.1%	9,599	35.7%	4.2%	320	5.5%	0.1%
	19-44	249,613	38.1%	10,143	37.8%	4.1%	3,703	63.9%	1.6%
	45-64	121,021	18.5%	6,008	22.4%	5.0%	1,586	27.4%	0.7%
	65+	54,185	8.3%	1,104	4.1%	2.0%	183	3.2%	0.1%
	Total	654,439	100.0%	26,854	100.0%	4.1%	5,792	100.0%	2.5%
Gender	Female	342,733	52.4%	14,111	52.5%	4.1%	2,657	45.9%	1.2%
	Male	311,706	47.6%	12,735	47.4%	4.1%	3,134	54.1%	1.4%
	Unknown	0	0.0%	8	0.0%	N/A	1	0.0%	0.0%
	Total	654,439	100.0%	26,854	100.0%	4.1%	5,792	100.0%	2.5%
Race	White	126,896	19.4%	8,867	33.0%	7.0%	2,739	47.3%	1.2%
	Hispanic	148,779	22.7%	4,457	16.6%	3.0%	602	10.4%	0.3%
	African American	80,874	12.4%	6,598	24.6%	8.2%	994	17.2%	0.4%
	Asian/Pacific Islander	80,019	12.2%	1,817	6.8%	2.3%	228	3.9%	0.1%
	American Indian/Alaskan Native	3,392	0.5%	385	1.4%	11.4%	107	1.8%	0.0%
	Other	0	0.0%	1,894	7.1%	N/A	338	5.8%	0.1%
	Unknown/Not Reported	214,479	32.8%	2,836	10.6%	1.3%	784	13.5%	0.3%
	Total	654,439	100.0%	26,854	100.0%	4.1%	5,792	100.0%	2.5%
Primary Language	English	479,815	73.3%	24,186	90.1%	5.0%	5,191	89.6%	2.3%
	Spanish	74,213	11.3%	1,291	4.8%	1.7%	66	1.1%	0.0%
	Russian	26,892	4.1%	200	0.7%	0.7%	25	0.4%	0.0%
	Vietnamese	12,141	1.9%	102	0.4%	0.8%	3	0.1%	0.0%
	Cantonese	9,410	1.4%	59	0.2%	0.6%	1	0.0%	0.0%
	Hmong	6,550	1.0%	170	0.6%	2.6%	30	0.5%	0.0%
	Farsi	5,674	0.9%	0	0.0%	0.0%	0	0.0%	0.0%
	Arabic	3,807	0.6%	85	0.3%	2.2%	1	0.0%	0.0%
	Other	29,905	4.6%	393	1.5%	1.3%	20	0.3%	0.0%
	Unknown/Not Reported	6,032	0.9%	368	1.4%	6.1%	455	7.9%	0.2%
	Total	654,439	100.0%	26,854	100.0%	4.1%	5,792	100.0%	2.5%

III. **200% of Poverty (minus Medi-Cal) population and service needs.**

The county shall include the following in the CCPR Modification (2010):

- A. Summarize the 200% of poverty (minus Medi-Cal population) and client utilization data by race, ethnicity, language, age, gender, and other relevant small county cultural populations.
- B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.

A comparison cannot be done because the number of Medi-Cal beneficiaries is larger than the number of individuals who are at 200% of poverty.

Sacramento County Retention Rates (MHP Only) – Fiscal Year 22/23

Retention rates are calculated annually as a part of Sacramento County’s Annual Workplan. The table below depicts the retention rates for beneficiaries receiving outpatient Medi-Cal billable services in the MHP, utilizing the EQRO methodology. The data was extracted from Smart Care and represents all mental health services rendered, not approved claims.

For the purposes of this document, retention rate is defined as:

*Retention of individuals in the system of care, as evidenced by the number of specialty mental health services, unduplicated by service date, a beneficiary receives in the year. A beneficiary is considered retained if they receive four or more services in the year. Note: the number is lower than the overall MHP utilization mentioned above because retention is based on those receiving Medi-Cal claimable services, whereas overall utilization may include other non-billable services. Percentages are based on 4 or more services. **This includes the total unduplicated counts from the 5-14 services plus the 15 or more services.***

Race/Ethnicity - As demonstrated below, Sacramento County’s retention rates for children (0-17) of any race/ethnicity are relatively high for the total system (range, 63.1%-83.7%). With the exception of unknown/not reported, adults are retained at a high level across race/ethnicity, ranging from 70.1 for the Hispanic to 77.2% for Asian/Pacific Islanders (API), and Native American 73.0%

Gender –Females are retained at a slightly higher rate than males (71.3% vs 69.4%).

Age –Children 0-17 are retained in the system at a higher rate than adults. Children’s retention rate for the total system is almost 76.2%, whereas the adult rate is just over 67.1%.

Language –With the exception of unknown/not reported, the retention rates for all languages are high, ranging from 70.1% (English) to 87.3% (Hmong).

Sacramento County Mental Health Plan														
Retention - FY 22/23														
Characteristics		Total Served	1 Service		2 Services		3 Services		4 Services		5 to 15 Services		>15 Services	
		N	N	%	N	%	N	%	N	%	N	%	N	%
Race/Ethnicity (0-17)	Asian/Pacific Islander	366	45	12.3%	26	7.1%	18	4.9%	15	4.1%	88	24.0%	174	47.5%
	Black/African American	1,896	234	12.3%	122	6.4%	81	4.3%	52	2.7%	498	26.3%	909	47.9%
	Latino/Hispanic	2,059	166	8.1%	94	4.6%	78	3.8%	75	3.6%	516	25.1%	1,130	54.9%
	American Indian/Alaskan Native	74	9	12.2%	2	2.7%	5	6.8%	2	2.7%	18	24.3%	38	51.4%
	White/Caucasian	2,224	219	9.8%	123	5.5%	95	4.3%	59	2.7%	496	22.3%	1,232	55.4%
	Other Race	720	69	9.6%	31	4.3%	19	2.6%	26	3.6%	184	25.6%	391	54.3%
	Unknown/Not Reported	1,285	324	25.2%	195	15.2%	89	6.9%	56	4.4%	290	22.6%	331	25.8%
Race/Ethnicity (18+)	Asian/Pacific Islander	1,413	270	19.1%	138	9.8%	77	5.4%	71	5.0%	384	27.2%	473	33.5%
	Black/African American	3,993	864	21.6%	378	9.5%	282	7.1%	197	4.9%	1,044	26.1%	1,228	30.8%
	Latino/Hispanic	2,057	489	23.8%	196	9.5%	127	6.2%	106	5.2%	559	27.2%	580	28.2%
	American Indian/Alaskan Native	257	63	24.5%	29	11.3%	19	7.4%	7	2.7%	61	23.7%	78	30.4%
	White/Caucasian	6,101	1,405	23.0%	606	9.9%	390	6.4%	314	5.1%	1,547	25.4%	1,839	30.1%
	Other Race	1,014	228	22.5%	101	10.0%	72	7.1%	54	5.3%	280	27.6%	279	27.5%
	Unknown/Not Reported	1,899	858	45.2%	310	16.3%	150	7.9%	110	5.8%	306	16.1%	165	8.7%
Age	0-17	8,624	1,066	12.4%	593	6.9%	385	4.5%	285	3.3%	2,090	24.2%	4,205	48.8%
	18+	16,734	4,177	25.0%	1,758	10.5%	1,117	6.7%	859	5.1%	4,181	25.0%	4,642	27.7%
Sex	Male	12,165	2,638	21.7%	1,139	9.4%	711	5.8%	542	4.5%	2,891	23.8%	4,244	34.9%
	Female	13,157	2,588	19.7%	1,198	9.1%	791	6.0%	599	4.6%	3,379	25.7%	4,602	35.0%
	Unknown	36	17	47.2%	14	38.9%	0	0.0%	3	8.3%	1	2.8%	1	2.8%
Primary Language	English	22,335	4,527	20.3%	1,987	8.9%	1,311	5.9%	992	4.4%	5,536	24.8%	7,982	35.7%
	Spanish	1,185	166	14.0%	77	6.5%	64	5.4%	47	4.0%	330	27.8%	501	42.3%
	Russian	200	24	12.0%	13	6.5%	11	5.5%	20	10.0%	61	30.5%	71	35.5%
	Hmong	167	13	7.8%	8	4.8%	4	2.4%	9	5.4%	64	38.3%	69	41.3%
	Vietnamese	99	12	12.1%	10	10.1%	3	3.0%	7	7.1%	31	31.3%	36	36.4%
	Cantonese	55	6	10.9%	6	10.9%	3	5.5%	0	0.0%	8	14.5%	32	58.2%
	Arabic	79	10	12.7%	7	8.9%	7	8.9%	3	3.8%	28	35.4%	24	30.4%
	Farsi	64	15	23.4%	6	9.4%	4	6.3%	3	4.7%	23	35.9%	13	20.3%
	Other Non-English	318	52	16.4%	33	10.4%	23	7.2%	12	3.8%	102	32.1%	96	30.2%
	Unknown/Not Reported	856	418	48.8%	204	23.8%	72	8.4%	51	6.0%	88	10.3%	23	2.7%

IV. MHSA Community Services and Supports (CSS) population assessment and service needs

The county shall include the following in the CCPR Modification (2010):

- A. From the county's approved CSS plan, extract a copy of the population assessment and summarize population and client utilization data by race, ethnicity, language, age, gender and other relevant small county cultural populations.
- B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.

The following is a response to questions A and B.

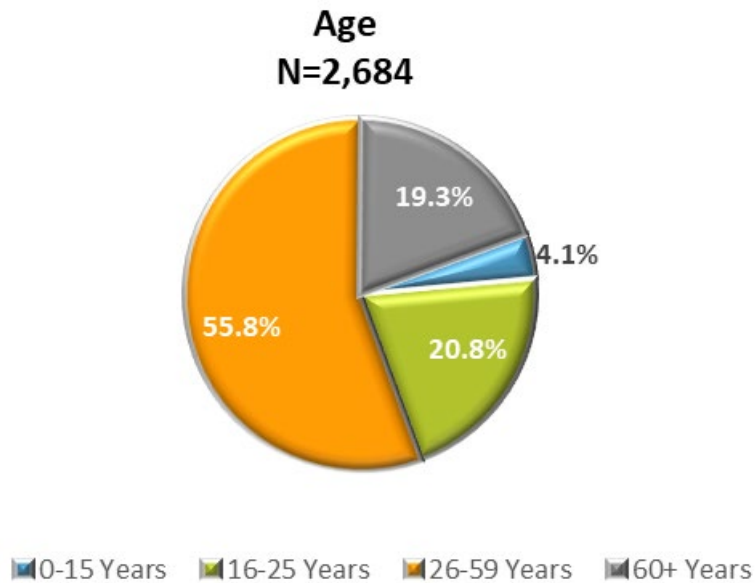
MHSA Demographics – Clients Served

Due to the fact that the data from the approved CSS plan is outdated, we are providing data on the participants served rather than the population assessment. The data provided below is based on data reported in the most recent MHSA Annual Update, which includes all clients served in an MHSA funded programs for FY 2022-23.

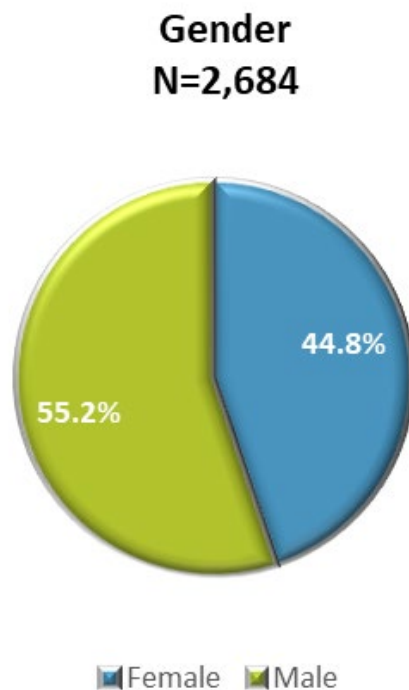
Community Services and Supports (CSS) – Full-Service Partnerships (FSP)

The FSPs served a total of 2,684 partners in FY 2022-23. The charts below examine demographics of the partners served.

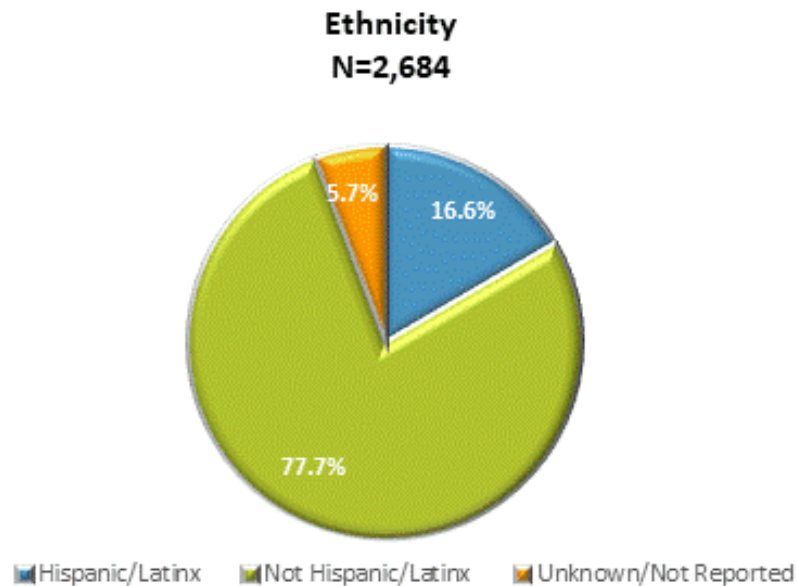
Age – The FSPs served an array of age groups, but over half (55.8%) were adults ages 26 to 59. Transition Age Youth (TAY) were the next highest age group served at 20.8%. Clients ages 0 to 15 represented the lowest percentage of the population served (4.1%) since many of our FSP partners focus on the adult and TAY populations.



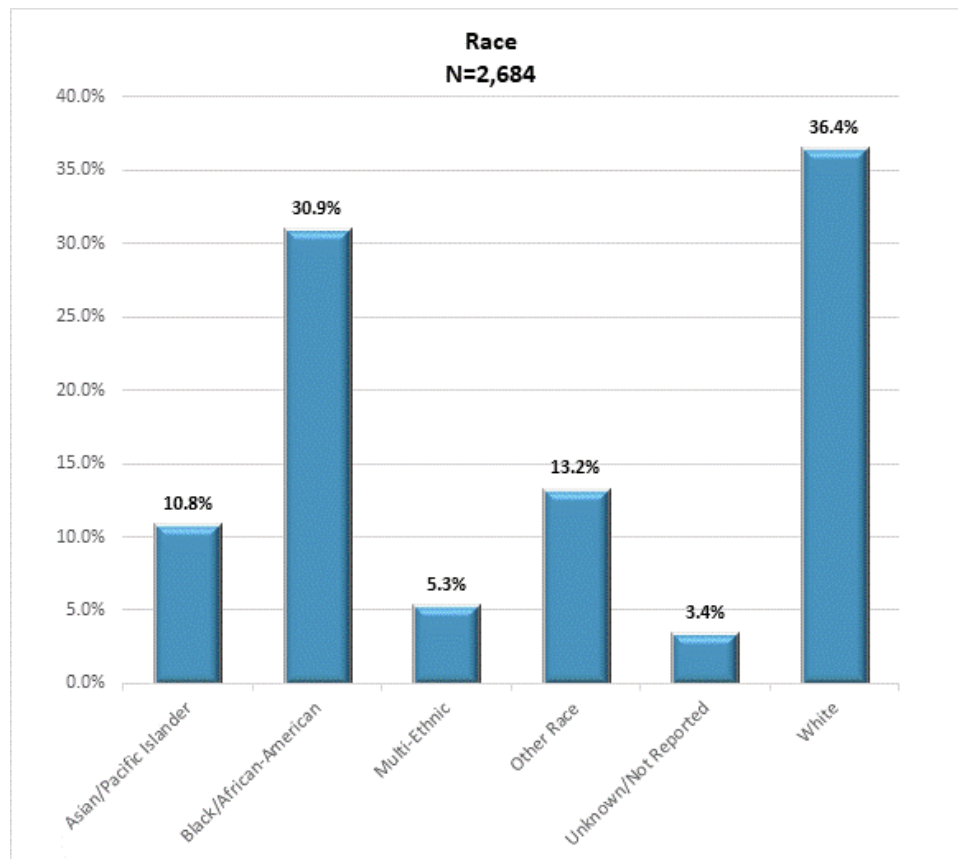
Gender – The FSPs served a slightly higher percentage of males than females (55.2% vs 44.8%). This differs from the overall MHP where more females are served than males



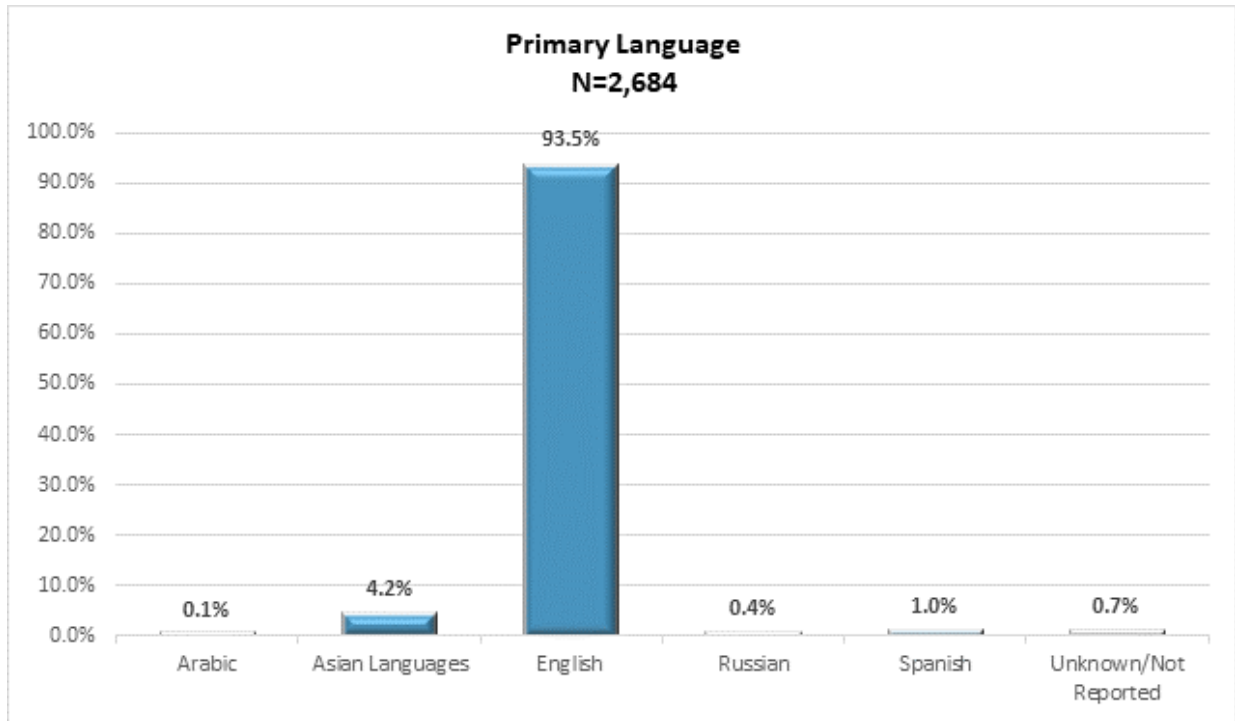
Ethnicity – Just over 16% (16.6%) of partners served in the FSPs identified as Hispanic/Latinx.



Race –36.4% of the partners served in the FSPs were Caucasian, followed by African American at 30.9%. African Americans and Asian/Pacific Islanders are served at a higher rate than the overall MHP.



Primary Language – The majority (95.5%) of partners identified English as their primary language. Although many of our clients are English speakers, interpreters are still offered for clients who speak languages other than English to ensure equity in providing mental health services. The low number of partners identifying a language other than English as their primary language could also suggest that further outreach efforts are needed to reach underserved community members.



Community Services and Supports – General System Development (GSD)

There was a total of 27,226 clients served in GSD programs (25,304 in treatment programs and 1,922 in respite programs) in FY 2022-23. This represents a 26.6% increase in clients served from the previous year.

Data in the charts on the following pages reflect that for many of the programs, “unknown/not reported” continues to be entered in the electronic health record for “race”, “ethnicity”, “sexual orientation” and “gender identity.” This suggests that further training may be needed to equip staff with the skills and knowledge to be able to elicit this information from the client. BHS focused on providing cultural humility training and training focused on Sexual Orientation, Gender Identity and Expression (SOGIE) affirming behavioral health care in FY 2022-23 as part of the annual cultural competence training requirement. BHS included a training entitled, “Cultural Humility: Communities identifying as Transgender and Gender Diverse” in the annual required cultural humility series for FY 2023-24. We will continue to monitor the reporting of SOGIE data since both of the trainings have concluded.

GENERAL SYSTEM DEVELOPMENT - FY 2022-2023																														
Characteristic	APSS		TCORE		Regional Support Teams/CORE		Guest House		Wellness and Recovery Center		Peer Partners		Consumer and Family Voice - SAFE		Crisis Residential Program-Adults (M St.)		Crisis Residential Program-Adults (Henrietta Dr.)		Crisis Residential Program-Adults (Viking Dr.)		Crisis Residential Program-TAY (CRP 4)		Flexible Integrated Treatment (FIT)		Consultation, Support and Engagement Teams (CSET)		Mental Health Urgent Care Clinic (MHUCC)		Total	
	N=499	%	N=714	%	N=10,250	%	N=208	%	N=876	%	N=272	%	N=120	%	N=159	%	N=160	%	N=186	%	N=118	%	N=8,043	%	N=89	%	N=3,610	%	N=25,304	%
Age																														
0 to 15	0	0.0%	0	0.0%	2	0.0%	0	0.0%	0	0.0%	0	0.0%	81	67.5%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	4,845	60.2%	21	23.6%	335	9.3%	5,284	20.9%
16 to 25	35	7.0%	22	3.1%	1124	11.0%	4	1.9%	18	2.1%	29	10.7%	37	30.8%	6	3.8%	11	6.9%	8	4.3%	88	74.6%	3,198	39.8%	68	76.4%	803	22.2%	5,451	21.5%
26 to 59	332	66.5%	583	81.7%	7596	74.1%	176	84.6%	630	71.9%	212	77.9%	2	1.7%	149	93.7%	145	90.6%	166	89.2%	30	25.4%	0	0.0%	0	0.0%	2245	62.2%	12,266	48.5%
60 and Over	132	26.5%	109	15.3%	1528	14.9%	28	13.5%	228	26.0%	31	11.4%	0	0.0%	4	2.5%	4	2.5%	12	6.5%	0	0.0%	0	0.0%	0	0.0%	227	6.3%	2,303	9.1%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Gender																														
Female	313	62.7%	311	43.6%	5571	54.4%	92	44.2%	526	60.0%	146	53.7%	56	46.7%	48	30.2%	66	41.3%	87	46.8%	50	42.4%	4,400	54.7%	84	94.4%	1901	52.7%	13,651	53.9%
Male	186	37.3%	403	56.4%	4677	45.6%	116	55.8%	350	40.0%	126	46.3%	64	53.3%	111	69.8%	94	58.8%	99	53.2%	68	57.6%	3,640	45.3%	5	5.6%	1707	47.3%	11,646	46.0%
Other	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	0	0.0%	0	0.0%	2	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	3	0.0%	0	0.0%	2	0.1%	7	0.0%
Ethnicity																														
Non-Hispanic	348	69.7%	544	76.2%	6,817	66.5%	154	74.0%	632	72.1%	190	69.9%	68	56.7%	116	73.0%	116	72.5%	126	67.7%	78	66.1%	3,629	45.1%	52	58.4%	2180	60.4%	15,050	59.5%
Hispanic	74	14.8%	127	17.8%	1,768	17.2%	39	18.8%	144	16.4%	47	17.3%	51	42.5%	30	18.9%	34	21.3%	38	20.4%	27	22.9%	2,820	35.1%	17	19.1%	862	23.9%	6,078	24.0%
Unknown/Not Reported	77	15.4%	43	6.0%	1,665	16.2%	15	7.2%	100	11.4%	35	12.9%	1	0.8%	13	8.2%	10	6.3%	22	11.8%	13	11.0%	1,594	19.8%	20	22.5%	568	15.7%	4,176	16.5%
Race																														
White	166	33.3%	313	43.8%	3,739	36.5%	92	44.2%	354	40.4%	111	40.8%	33	27.5%	71	44.7%	64	40.0%	83	44.6%	31	26.3%	2,103	26.1%	19	21.3%	1,294	35.8%	8,473	33.5%
Black	74	14.8%	184	25.8%	2,532	24.7%	83	39.9%	224	25.6%	55	20.2%	31	25.8%	40	25.2%	45	28.1%	39	21.0%	43	36.4%	1,681	20.9%	37	41.6%	686	19.0%	5,754	22.7%
Asian/Pacific Islander	107	21.4%	52	7.3%	820	8.0%	6	2.9%	64	7.3%	17	6.3%	4	3.3%	7	4.4%	10	6.3%	6	3.2%	5	4.2%	350	4.4%	5	5.6%	301	8.3%	1,754	6.9%
Am Indian/Alask. Native	5	1.0%	9	1.3%	155	1.5%	2	1.0%	21	2.4%	6	2.2%	4	3.3%	1	0.6%	2	1.3%	5	2.7%	3	2.5%	68	0.8%	3	3.4%	48	1.3%	332	1.3%
Multi-Race	16	3.2%	36	5.0%	536	5.2%	6	2.9%	33	3.8%	17	6.3%	13	10.8%	8	5.0%	17	10.6%	23	12.4%	8	6.8%	797	9.9%	8	9.0%	268	7.4%	1,786	7.1%
Other	69	13.8%	79	11.1%	1,139	11.1%	9	4.3%	108	12.3%	38	14.0%	35	29.2%	18	11.3%	16	10.0%	14	7.5%	17	14.4%	1,832	22.8%	6	6.7%	308	8.5%	3,688	14.6%
Unknown/Not Reported	62	12.4%	41	5.7%	1,329	13.0%	10	4.8%	72	8.2%	28	10.3%	0	0.0%	14	8.8%	6	3.8%	16	8.6%	11	9.3%	1,212	15.1%	11	12.4%	705	19.5%	3,517	13.9%
Primary Language																														
English	355	71.1%	662	92.7%	9,288	90.6%	206	99.0%	815	93.0%	0	0.0%	0	0.0%	157	98.7%	156	97.5%	184	98.9%	116	98.3%	7,019	87.3%	83	93.3%	3352	92.9%	22,393	88.5%
Spanish	17	3.4%	13	1.8%	235	2.3%	1	0.5%	15	1.7%	0	0.0%	0	0.0%	0	0.0%	1	0.6%	1	0.5%	0	0.0%	857	10.7%	0	0.0%	92	2.5%	1,232	4.9%
Other	122	24.4%	33	4.6%	531	5.2%	1	0.5%	34	3.9%	0	0.0%	0	0.0%	1	0.6%	1	0.6%	2	1.7%	2	1.7%	107	1.3%	0	0.0%	113	3.1%	945	3.7%
Unknown/Not Reported	5	1.0%	6	0.8%	196	1.9%	0	0.0%	12	1.4%	272	100.0%	120	100.0%	2	1.3%	2	1.3%	0	0.0%	0	0.0%	60	0.7%	6	6.7%	53	1.5%	734	2.9%

GENERAL SYSTEM DEVELOPMENT - RESPITE PROGRAMS - FY 22/23								
Characteristic	Mental Health Respite Program for Women & Children		Mental Health Crisis Respite Center		Abiding Hope Respite House		Total	
	N=41	%	N=1,796	%	N=85	%	N=1,922	%
Age Group								
Children/Youth (0-15)	0	0.0%	1	0.1%	0	0.0%	1	0.1%
TAY (16-25)	3	7.3%	155	8.6%	3	3.5%	161	8.4%
Adults (26-59)	34	82.9%	1442	80.3%	80	94.1%	1,556	81.0%
Older Adults (60+)	0	0.0%	161	9.0%	2	2.4%	163	8.5%
Unknown/Not Reported	4	9.8%	37	2.1%	0	0.0%	41	2.1%
Ethnicity								
Hispanic or Latino	11	26.8%	306	17.0%	29	34.1%	346	18.0%
Non-Hispanic/Non-Latino	18	43.9%	748	41.6%	51	60.0%	817	42.5%
Unknown/Not Reported	12	29.3%	742	41.3%	5	5.9%	759	39.5%
Race								
American Indian or Alaska Native	2	4.9%	43	2.4%	1	1.2%	46	2.4%
Asian	2	4.9%	46	2.6%	1	1.2%	49	2.5%
Black or African American	13	31.7%	431	24.0%	12	14.1%	456	23.7%
Multi-Racial	5	12.2%	235	13.1%	2	2.4%	242	12.6%
Native Hawaiian/Pacific Islander	0	0.0%	15	0.8%	0	0.0%	15	0.8%
Other	3	7.3%	124	6.9%	20	23.5%	147	7.6%
Unknown/Not Reported	4	9.8%	271	15.1%	6	7.1%	281	14.6%
White	12	29.3%	631	35.1%	43	50.6%	686	35.7%
Primary Language								
Arabic	0	0.0%	4	0.2%	0	0.0%	4	0.2%
Cantonese	0	0.0%	4	0.2%	0	0.0%	4	0.2%
English	39	95.1%	1531	85.2%	79	92.9%	1,649	85.8%
Farsi	0	0.0%	3	0.2%	0	0.0%	3	0.2%
Hmong	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Other	0	0.0%	27	1.5%	0	0.0%	27	1.4%
Russian	1	2.4%	1	0.1%	0	0.0%	2	0.1%
Spanish	0	0.0%	17	0.9%	1	1.2%	18	0.9%
Vietnamese	0	0.0%	2	0.1%	0	0.0%	2	0.1%
Unknown/Not Reported	1	2.4%	207	11.5%	5	5.9%	213	11.1%

GENERAL SYSTEM DEVELOPMENT - RESPITE PROGRAMS - FY 22/23 (Cont'd)								
Characteristic	Mental Health Respite Program for Women & Children		Mental Health Crisis Respite Center		Abiding Hope Respite House		Total	
	N=41	%	N=1,796	%	N=85	%	N=1,922	%
Sexual Orientation*								
Gay or Lesbian	1	2.4%	102	5.7%	4	4.7%	107	5.6%
Heterosexual or Straight	27	65.9%	1021	56.8%	74	87.1%	1,122	58.4%
Bisexual	3	7.3%	129	7.2%	4	4.7%	136	7.1%
Questioning or unsure	0	0.0%	13	0.7%	0	0.0%	13	0.7%
Queer	1	2.4%	13	0.7%	1	1.2%	15	0.8%
Another sexual orientation	1	2.4%	178	9.9%	0	0.0%	179	9.3%
Unknown/Not Reported	8	19.5%	371	20.7%	2	2.4%	381	19.8%
Current Gender Identity*								
Male	0	0.0%	898	50.0%	44	51.8%	942	49.0%
Female	38	92.7%	651	36.2%	37	43.5%	726	37.8%
Transgender	2	4.9%	27	1.5%	2	2.4%	31	1.6%
Genderqueer	0	0.0%	18	1.0%	1	1.2%	19	1.0%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Another gender identity	0	0.0%	56	3.1%	0	0.0%	56	2.9%
Unknown/Not Reported	1	2.4%	190	10.6%	1	1.2%	192	10.0%
Veteran Status								
Yes	0	0.0%	65	3.6%	0	0.0%	65	3.4%
No	41	100.0%	1731	96.4%	85	100.0%	1,857	96.6%
Decline to answer	0	0.0%	0	0.0%	0	0.0%	0	0.0%

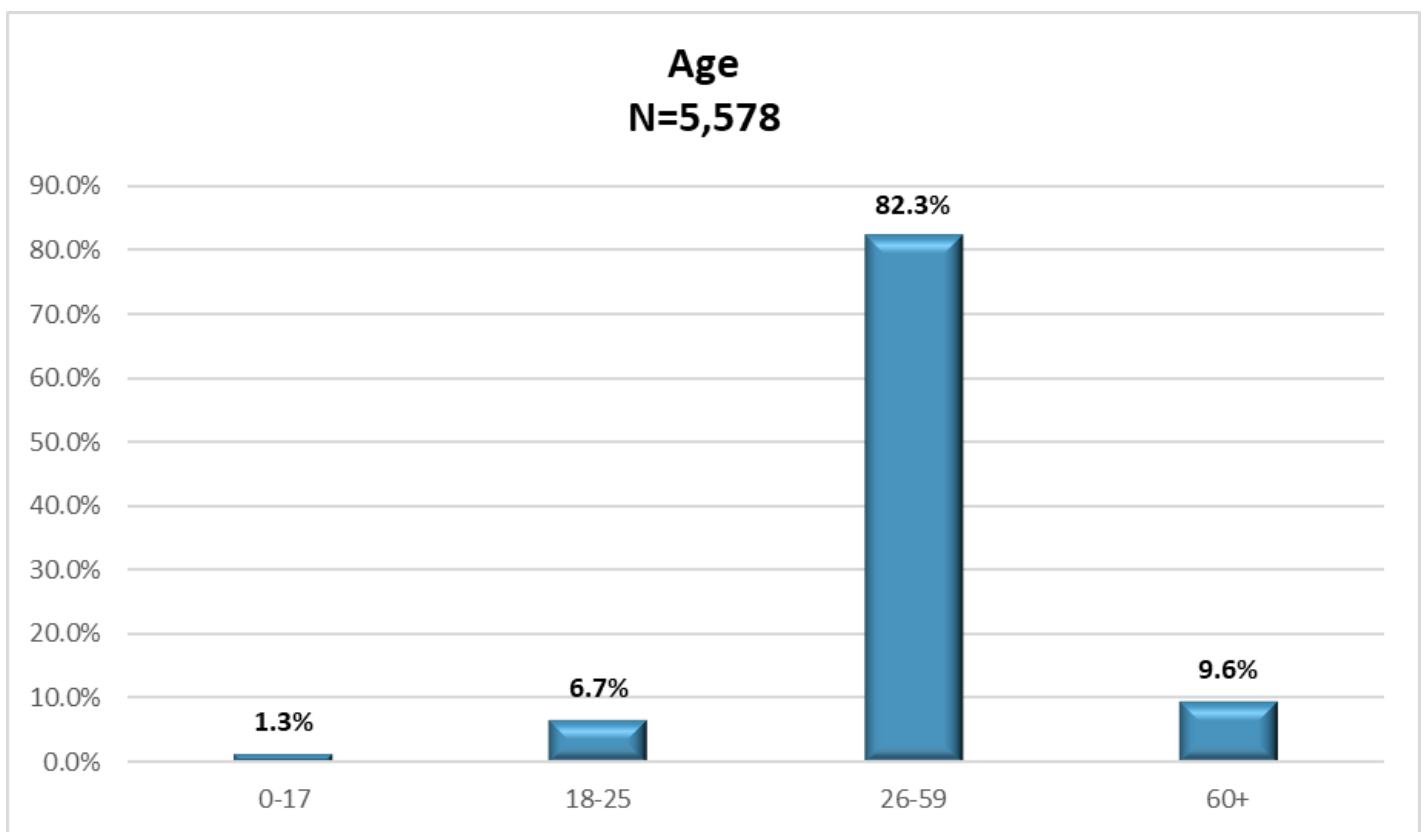
*Totals are higher than other categories as clients select multiple categories

Substance Use Prevention and Treatment (SUPT)

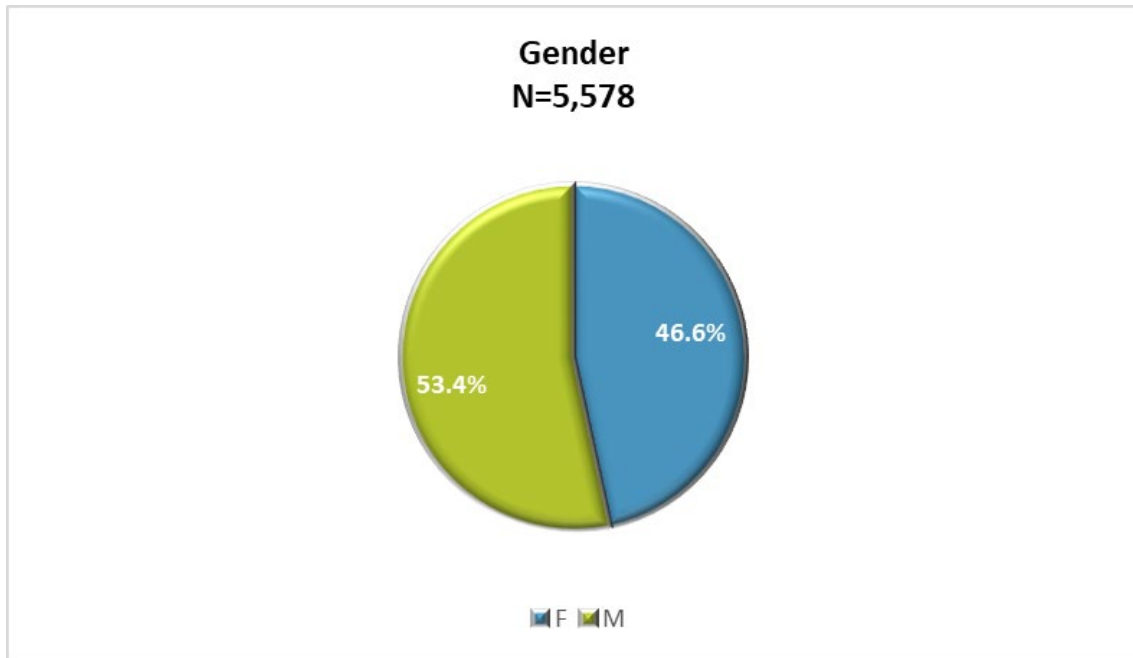
The SUPT system of BHS serves Drug Medi-Cal clients in a variety of settings, including residential, withdrawal management, medication assisted treatment (MAT), outpatient and intensive outpatient.

There was a total of 5,578 unduplicated Medi-Cal beneficiaries served in SUPT programs in FY 22/23

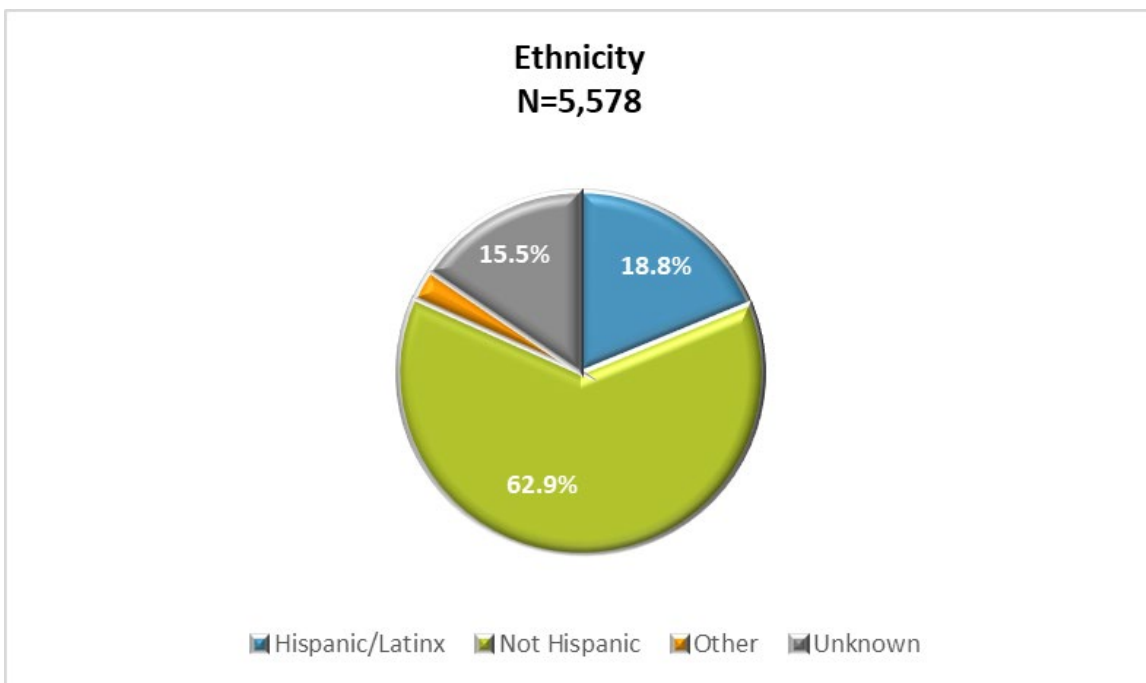
Age – The majority of beneficiaries served in SUPT are between the ages of 26 and 59, representing over 82% of the population served. Clients ages 0 to 25 represent only 8% of clients served, which could indicate that a greater effort is needed to reach out to younger age groups about available SUPT services in the county.



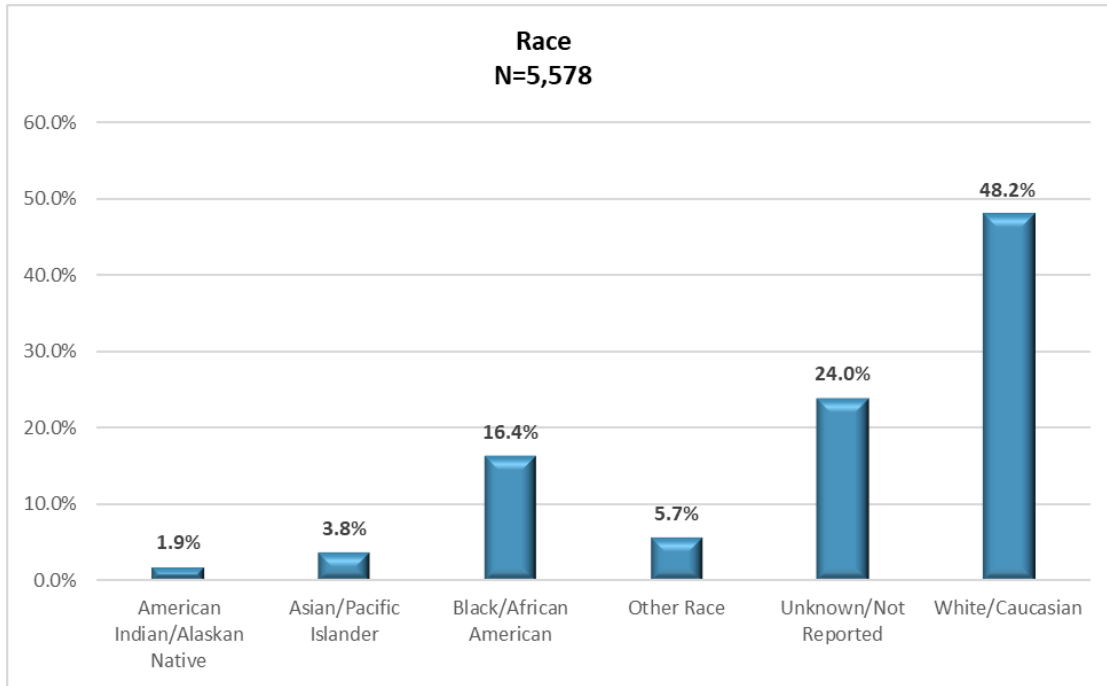
Gender – A slightly higher percentage of males are served than females, at 53.4%.



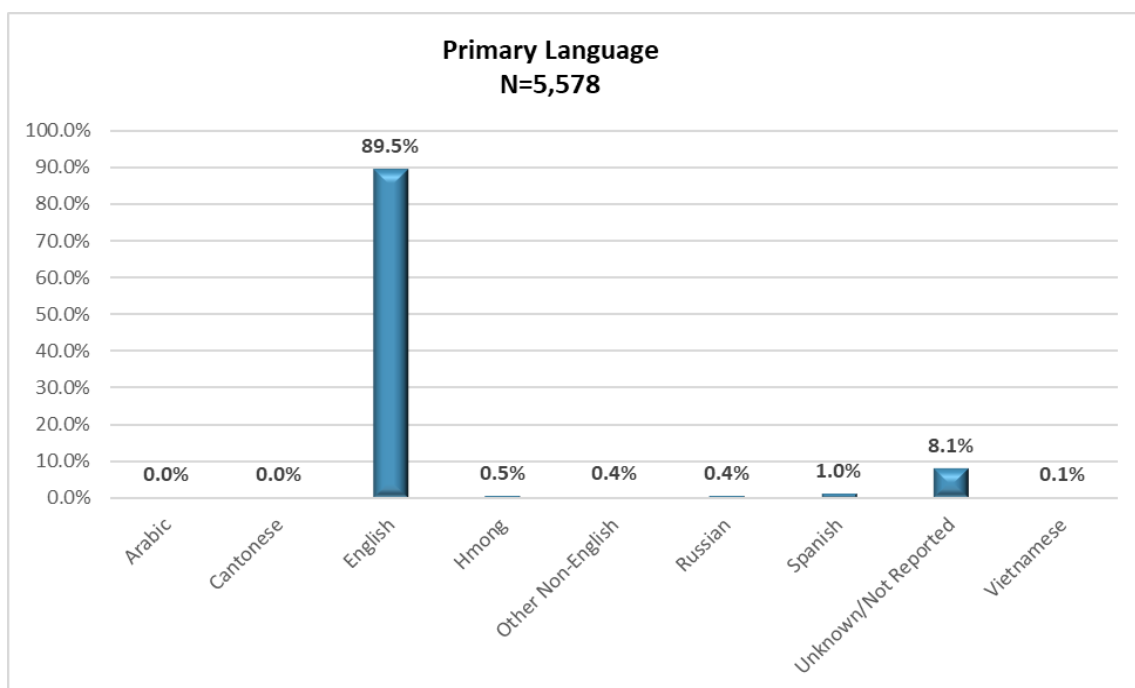
Ethnicity – Just under 19% (18.8%) of SUPT clients identified as Hispanic/Latinx.



Race – Of the beneficiaries reported, just over 48% reported Caucasian, followed by Black/African American at 16.4% and Other Race at just over 5.7%. Unknown/not reported accounted for 24% served. This could indicate that further outreach efforts are needed to reach other underserved groups and advance behavioral health equity for all community members.



Primary Language – The majority (89.5%) of beneficiaries served in SUPT reported English as their primary language. Although many of our clients are English speakers, interpreters are still offered for clients who speak languages other than English to ensure equity in providing SUPT services. The low number of clients identifying a language other than English as their primary language could also suggest that further outreach efforts are needed to reach underserved community members.



V. **Prevention and Early Intervention (PEI) Plan: The process used to identify the PEI priority populations**

The county shall include the following in the CCPR Modification (2010):

- A. Describe which PEI priority population(s) the county identified in their PEI plan and describe the process and rationale used by the county in selecting them. PEI Plan sections should be used to respond to priority populations identified by the county.

Prevention and Early Intervention (PEI)

In FY 2022-2023, PEI Suicide Prevention and Education programs served over 73,000 and outreached to over 284,000 individuals by providing individual outreach and participating in 887 community events as well as 768 groups. Suicide prevention providers also disseminated information and provided referrals to over 10,000 individuals. The Strengthening Families program served 4,328 individuals and offered prevention trainings and information to over 17,000 students, parents/caregivers, education staff, and other community members. The Integrated Health and Wellness program served 807 and outreached and distributed information to 505 individuals. The Mental Health Promotion program "Mental Illness: It's not always what you think" project utilizes television, radio, social media and print material to advertise across the Sacramento area. In FY 2022-23, there were 8,559,300 impressions from the radio, 439 TV ads, 25 print ads, 54,050,509 impressions from outdoor ads and 21,445,330 impressions from online and mobile ads. The Project's Stop Stigma Sacramento Speakers Bureau speakers shared their personal stories 180 times, at 56 events, with a total audience attendance of 3,060 individuals. The Mental Health Matters television viewership was over 25,000 views and YouTube channel had over 1,000. The time limited PEI programs outreached to over 25,000 individuals and engaged just over 2,000 individuals.

There are four (5) PEI programs each comprised of several activities. The PEI programs include: Integrated Health and Wellness, Strengthening Families, Suicide Prevention, and Mental Health Promotion and Time Limited Grants. The activities in each program serve different communities or age ranges; therefore, demographics vary greatly depending on the activity. For example, within the Integrated Health and Wellness Program, the Senior Link activity serves older adults, while eVIBE serves school age children and their families. Supporting Community Connections serves many different underserved populations, including Arabic speaking, Asian/Pacific Islander, Iu Mien, African American, Latino/Spanish-Speaking, American Indian/Alaska Native/ Indigenous, Russian/Ukrainian, Afghan Community, Farsi-Speaking as well as transition-age youth, older adults, and clients. Because of the uniqueness of the programs and activities, comparisons cannot be made in relation to the overall MHP.

Prevention and Early Intervention – Integrated Health and Wellness

The Integrated Health and Wellness Program consists of three components collectively aimed at addressing and promoting recovering and positive outcomes for a mental illness early in its emergence, reducing risk factors for developing a potentially serious mental illness and to build protective factors, outreaching to increase recognition of early signs of mental illness, and improving timely access to services for underserved populations.

In FY 2022-23, Integrated Health and Wellness programs served 807 individuals in the community.

Prevention and Early intervention – Strengthening Families

The Strengthening Families Program consists of several components collectively aimed at reducing risk factors for developing a potentially serious mental illness and to build protective factors, outreaching to increase recognition of early signs of mental illness, and improving timely access to services for underserved populations.

In FY 2022-23 the Strengthening Families served 3,590 children and families in the community.

PREVENTION AND EARLY INTERVENTION - INTEGRATED HEALTH AND WELLNESS - FY 22/23								
Characteristic	SacEDAPT		Senior Link		Community Responsive Wellness Program (CRWP)		Total	
	N=130	%	N=154	%	N=523	%	N=807	%
Age Group								
Children/Youth (0-15)	31	23.8%	0	0.0%	102	19.5%	133	16.5%
TAY (16-25)	88	67.7%	0	0.0%	121	23.1%	209	25.9%
Adults (26-59)	11	8.5%	10	6.5%	241	46.1%	262	32.5%
Older Adults (60+)	0	0.0%	114	74.0%	59	11.3%	173	21.4%
Unknown/Not Reported	0	0.0%	30	19.5%	0	0.0%	30	3.7%
Ethnicity								
Hispanic or Latino	36	27.7%	14	9.1%	19	3.6%	69	8.6%
Non-Hispanic/Non-Latino	80	61.5%	99	64.3%	487	93.1%	666	82.5%
Other	3	2.3%	3	1.9%	0	0.0%	6	0.7%
More than one ethnicity	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	11	8.5%	38	24.7%	17	3.3%	66	8.2%
Race								
White	34	26.2%	60	39.0%	7	1.3%	101	12.5%
Black or African American	34	26.2%	33	21.4%	491	93.9%	558	69.1%
Asian	9	6.9%	4	2.6%	3	0.6%	16	2.0%
American Indian or Alaska Native	3	2.3%	4	2.6%	3	0.6%	10	1.2%
Native Hawaiian or other Pacific Islander	0	0.0%	4	2.6%	5	1.0%	9	1.1%
More than one race	18	13.8%	4	2.6%	0	0.0%	22	2.7%
Other	25	19.2%	10	6.5%	19	3.6%	54	6.7%
Unknown/Not Reported	7	5.4%	35	22.7%	2	0.4%	44	5.5%
Primary Language								
English	119	91.5%	120	77.9%	521	99.6%	760	94.2%
Spanish	5	3.8%	1	0.6%	1	0.2%	7	0.9%
Vietnamese	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Cantonese	1	0.8%	1	0.6%	0	0.0%	2	0.2%
Russian	1	0.8%	0	0.0%	0	0.0%	1	0.1%
Hmong	0	0.0%	2	1.3%	0	0.0%	2	0.2%
Arabic	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Farsi	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Other	4	3.1%	0	0.0%	1	0.2%	5	0.6%
Unknown/Not Reported	0	0.0%	30	19.5%	0	0.0%	30	3.7%
Sexual Orientation								
Heterosexual or Straight	30	23.1%	120	77.9%	440	84.1%	590	73.1%
Gay or Lesbian	0	0.0%	1	0.6%	1	0.2%	2	0.2%
Bisexual	9	6.9%	1	0.6%	5	1.0%	15	1.9%
Questioning or unsure	2	1.5%	2	1.3%	0	0.0%	4	0.5%
Queer	1	0.8%	0	0.0%	0	0.0%	1	0.1%
Another sexual orientation	10	7.7%	0	0.0%	36	6.9%	46	5.7%
Unknown/Not Reported	85	65.4%	30	19.5%	41	7.8%	156	19.3%
Current Gender Identity								
Female	16	12.3%	95	61.7%	277	53.0%	388	48.1%
Male	30	23.1%	28	18.2%	238	45.5%	296	36.7%
Transgender	3	2.3%	1	0.6%	0	0.0%	4	0.5%
Genderqueer	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Another gender identity	8	6.2%	0	0.0%	1	0.2%	9	1.1%
Unknown/Not Reported	77	59.2%	30	19.5%	7	1.3%	114	14.1%
Veteran Status								
Yes	0	0.0%	1	0.6%	3	0.6%	4	0.5%
No	0	0.0%	0	0.0%	520	99.4%	520	64.4%
Unknown/Not Reported	130	100.0%	153	99.4%	0	0.0%	283	35.1%
*Some totals are higher than other categories as clients select multiple categories								

Prevention and Early intervention – Strengthening Families

The Strengthening Families Program consists of several components collectively aimed at reducing risk factors for developing a potentially serious mental illness and to build protective factors, outreaching to increase recognition of early signs of mental illness, and improving timely access to services for underserved populations.

PREVENTION AND EARLY INTERVENTION - STRENGTHENING FAMILIES - FY 22/23																
Characteristic	QCCC		CPS Mental Health Teams		eVIBE		Adoptive Families Respite		The Source		Safe Zone Squad		Youth Help Network		Total	
	N=371	%	N=785	%	N=1,410	%	N= 469	%	N=8	%	N=20	%	N=527	%	N=3,590	%
Age Group																
Children/Youth (0-15)	27	7.3%	612	78.0%	1,327	94.1%	214	45.6%	6	75.0%	20	100.0%	0	0.0%	2,206	61.4%
TAY (16-25)	5	1.3%	72	9.2%	15	1.1%	25	5.3%	2	25.0%	0	0.0%	527	100.0%	646	18.0%
Adults (26-59)	30	8.1%	101	12.9%	29	2.1%	216	46.1%	0	0.0%	0	0.0%	0	0.0%	376	10.5%
Older Adults (60+)	1	0.3%	0	0.0%	1	0.1%	13	2.8%	0	0.0%	0	0.0%	0	0.0%	15	0.4%
Unknown/Not Reported	308	83.0%	0	0.0%	38	2.7%	1	0.2%	0	0.0%	0	0.0%	0	0.0%	347	9.7%
Ethnicity																
Hispanic or Latino	7	1.9%	84	10.7%	572	40.6%	106	22.6%	6	75.0%	7	35.0%	130	24.7%	912	25.4%
Non-Hispanic/Non-Latino	31	8.4%	156	19.9%	570	40.4%	362	77.2%	2	25.0%	12	60.0%	336	63.8%	1,469	40.9%
Other	1	0.3%	18	2.3%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	21	4.0%	40	1.1%
More than one ethnicity	6	1.6%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	6	0.2%
Unknown/Not Reported	326	87.9%	527	67.1%	268	19.0%	1	0.2%	0	0.0%	1	5.0%	40	7.6%	1,163	32.4%
Race																
White	38	10.2%	158	20.1%	195	13.8%	275	58.6%	5	62.5%	2	10.0%	146	27.7%	819	22.8%
Black or African American	8	2.2%	132	16.8%	115	8.2%	67	14.3%	2	25.0%	7	35.0%	224	42.5%	555	15.5%
Asian	3	0.8%	12	1.5%	253	17.9%	0	0.0%	0	0.0%	1	5.0%	11	2.1%	280	7.8%
American Indian or Alaska Native	1	0.3%	6	0.8%	6	0.4%	21	4.5%	0	0.0%	0	0.0%	12	2.3%	46	1.3%
Native Hawaiian or other Pacific Islander	0	0.0%	8	1.0%	20	1.4%	1	0.2%	0	0.0%	1	5.0%	7	1.3%	37	1.0%
More than one race	4	1.1%	20	2.5%	283	20.1%	63	13.4%	1	12.5%	2	10.0%	40	7.6%	413	11.5%
Other	2	0.5%	31	3.9%	397	28.2%	43	9.2%	0	0.0%	7	35.0%	63	12.0%	543	15.1%
Unknown/Not Reported	315	84.9%	418	53.2%	141	10.0%	20	4.3%	0	0.0%	0	0.0%	24	4.6%	918	25.6%
Primary Language																
English	53	14.3%	417	53.1%	1032	73.2%	463	98.7%	8	100.0%	20	100.0%	501	95.1%	2,494	69.5%
Spanish	4	1.1%	11	1.4%	96	6.8%	5	1.1%	0	0.0%	0	0.0%	4	0.8%	120	3.3%
Vietnamese	0	0.0%	0	0.0%	8	0.6%	0	0.0%	0	0.0%	0	0.0%	1	0.2%	9	0.3%
Cantonese	0	0.0%	0	0.0%	19	1.3%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	19	0.5%
Russian	0	0.0%	1	0.1%	8	0.6%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	9	0.3%
Hmong	0	0.0%	0	0.0%	10	0.7%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	10	0.3%
Arabic	2	0.5%	0	0.0%	2	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	4	0.1%
Farsi	1	0.3%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.0%
Other	3	0.8%	3	0.4%	34	2.4%	0	0.0%	0	0.0%	0	0.0%	2	0.4%	42	1.2%
Unknown/Not Reported	308	83.0%	353	45.0%	201	14.3%	1	0.2%	0	0.0%	0	0.0%	19	3.6%	882	24.6%
Sexual Orientation																
Heterosexual or Straight	24	6.5%	75	9.6%	19	1.3%	331	70.6%	1	12.5%	0	0.0%	348	66.0%	798	22.2%
Gay or Lesbian	1	0.3%	2	0.3%	1	0.1%	35	7.5%	0	0.0%	0	0.0%	26	4.9%	65	1.8%
Bisexual	0	0.0%	9	1.1%	2	0.1%	15	3.2%	1	12.5%	0	0.0%	58	11.0%	85	2.4%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	28	6.0%	0	0.0%	0	0.0%	8	1.5%	36	1.0%
Queer	0	0.0%	0	0.0%	0	0.0%	4	0.9%	0	0.0%	0	0.0%	17	3.2%	21	0.6%
Another sexual orientation	0	0.0%	0	0.0%	0	0.0%	22	4.7%	0	0.0%	0	0.0%	42	8.0%	64	1.8%
Unknown/Not Reported	346	93.3%	699	89.0%	1388	98.4%	34	7.2%	6	75.0%	20	100.0%	28	5.3%	2,521	70.2%
Current Gender Identity																
Female	41	11.1%	387	49.3%	694	49.2%	254	54.2%	3	37.5%	12	60.0%	285	54.1%	1,676	46.7%
Male	19	5.1%	286	36.4%	714	50.6%	203	43.3%	5	62.5%	8	40.0%	184	34.9%	1,419	39.5%
Transgender	0	0.0%	0	0.0%	0	0.0%	3	0.6%	0	0.0%	0	0.0%	11	2.1%	14	0.4%
Genderqueer	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Another gender identity	0	0.0%	0	0.0%	0	0.0%	7	1.5%	0	0.0%	0	0.0%	28	5.3%	35	1.0%
Unknown/Not Reported	311	83.8%	112	14.3%	2	0.1%	2	0.4%	0	0.0%	0	0.0%	19	3.6%	446	12.4%
Veteran Status																
Yes	0	0.0%	0	0.0%	0	0.0%	5	1.1%	0	0.0%	0	0.0%	0	0.0%	5	0.1%
No	63	17.0%	0	0.0%	0	0.0%	464	98.9%	0	0.0%	0	0.0%	0	0.0%	527	14.7%
Unknown/Not Reported	308	83.0%	785	100.0%	0	0.0%	0	0.0%	8	100.0%	20	100.0%	527	100.0%	1,648	45.9%

Prevention and Early Intervention – Suicide Prevention

The Suicide Prevention and Education Program consists of several components collectively aimed at recognizing and reducing suicide risk, improving timely access to services for underserved populations, and assisting individuals in accessing and linking to treatment programs. In FY 2022-23 Suicide Prevention programs served 71,349 individuals in the community.

PREVENTION AND EARLY INTERVENTION - SUICIDE PREVENTION - FY 22/23														
Characteristic	Suicide Crisis Line		Emergency Department Follow-Up Services		Suicide Bereavement Support Groups & Grief Services		Community Support Team		Crisis Navigation Program		Mobile Crisis Support Team		Total	
	N=64,816	%	N=69	%	N=15	%	N=1223	%	N=1674	%	N=1471	%	N=69,268	%
Age Group														
Children/Youth (0-15)	2,186	3.4%	18	26.1%	0	0.0%	87	7.1%	43	2.6%	142	9.7%	2,476	3.6%
TAY (16-25)	7,028	10.8%	21	30.4%	0	0.0%	177	14.5%	216	12.9%	229	15.6%	7,671	11.1%
Adults (26-59)	11,287	17.4%	23	33.3%	7	46.7%	671	54.9%	1,172	70.0%	867	58.9%	14,027	20.3%
Older Adults (60+)	3,031	4.7%	6	8.7%	6	40.0%	288	23.5%	240	14.3%	232	15.8%	3,803	5.5%
Unknown/Not Reported	41,284	63.7%	1	1.4%	2	13.3%	0	0.0%	3	0.2%	1	0.1%	41,291	59.6%
Ethnicity														
Hispanic or Latino	2,736	4.2%	10	14.5%	0	0.0%	140	11.4%	273	16.3%	208	14.1%	3,367	4.9%
Non-Hispanic/Non-Latino	0	0.0%	0	0.0%	13	86.7%	531	43.4%	847	50.6%	879	59.8%	2,270	3.3%
Other	153	0.2%	0	0.0%	0	0.0%	32	2.6%	68	4.1%	37	2.5%	290	0.4%
More than one ethnicity	0	0.0%	1	1.4%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.0%
Unknown/Not Reported	61,927	95.5%	58	84.1%	2	13.3%	520	42.5%	486	29.0%	347	23.6%	63,340	91.4%
Race														
White	6,477	10.0%	22	31.9%	10	66.7%	352	28.8%	521	31.1%	621	42.2%	8,003	11.6%
Black or African American	1,356	2.1%	6	8.7%	0	0.0%	202	16.5%	361	21.6%	300	20.4%	2,225	3.2%
Asian	1,658	2.6%	7	10.1%	0	0.0%	52	4.3%	55	3.3%	73	5.0%	1,845	2.7%
American Indian or Alaska Native	112	0.2%	0	0.0%	0	0.0%	9	0.7%	30	1.8%	88	6.0%	239	0.3%
Native Hawaiian or other Pacific Islander	34	0.1%	0	0.0%	0	0.0%	22	1.8%	14	0.8%	0	0.0%	70	0.1%
More than one race	779	1.2%	1	1.4%	0	0.0%	47	3.8%	92	5.5%	75	5.1%	994	1.4%
Other	136	0.2%	1	1.4%	2	13.3%	78	6.4%	148	8.8%	141	9.6%	506	0.7%
Unknown/Not Reported	54,264	83.7%	32	46.4%	3	20.0%	461	37.7%	453	27.1%	224	15.2%	55,437	80.0%
Primary Language														
English	59,043	91.1%	69	100.0%	13	86.7%	978	80.0%	1,466	87.6%	1,349	91.7%	62,918	90.8%
Spanish	151	0.2%	0	0.0%	0	0.0%	16	1.3%	32	1.9%	18	1.2%	217	0.3%
Vietnamese	7	0.0%	0	0.0%	0	0.0%	7	0.6%	1	0.1%	3	0.2%	18	0.0%
Cantonese	14	0.0%	0	0.0%	0	0.0%	4	0.3%	2	0.1%	0	0.0%	20	0.0%
Russian	4	0.0%	0	0.0%	0	0.0%	3	0.2%	3	0.2%	11	0.7%	21	0.0%
Hmong	3	0.0%	0	0.0%	0	0.0%	0	0.0%	3	0.2%	1	0.1%	7	0.0%
Arabic	10	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	10	0.0%
Farsi	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.1%	3	0.2%	5	0.0%
Other	16	0.0%	0	0.0%	0	0.0%	16	1.3%	7	0.4%	12	0.8%	51	0.1%
Unknown/Not Reported	5,568	8.6%	0	0.0%	2	13.3%	199	16.3%	158	9.4%	74	5.0%	6,001	8.7%
Sexual Orientation*														
Heterosexual or Straight	1,429	2.2%	0	0.0%	13	86.7%	252	20.6%	502	30.0%	29	2.0%	2,225	3.2%
Gay or Lesbian	204	0.3%	0	0.0%	0	0.0%	13	1.1%	24	1.4%	0	0.0%	241	0.3%
Bisexual	73	0.1%	0	0.0%	0	0.0%	20	1.6%	57	3.4%	0	0.0%	150	0.2%
Questioning or unsure	33	0.1%	0	0.0%	0	0.0%	23	1.9%	12	0.7%	1	0.1%	69	0.1%
Queer	47	0.1%	0	0.0%	0	0.0%	0	0.0%	3	0.2%	1	0.1%	51	0.1%
Another sexual orientation	44	0.1%	0	0.0%	0	0.0%	7	0.6%	13	0.8%	10	0.7%	74	0.1%
Unknown/Not Reported	62,986	97.2%	69	100.0%	2	13.3%	908	74.2%	1,110	66.3%	1,431	97.3%	66,506	96.0%
Current Gender Identity*														
Female	26,489	40.9%	45	65.2%	11	73.3%	161	13.2%	225	13.4%	21	1.4%	26,952	38.9%
Male	24,125	37.2%	23	33.3%	2	13.3%	128	10.5%	316	18.9%	10	0.7%	24,604	35.5%
Transgender	246	0.4%	1	1.4%	0	0.0%	2	0.2%	32	1.9%	2	0.1%	283	0.4%
Genderqueer	23	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.1%	0	0.0%	25	0.0%
Questioning or unsure	24	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	24	0.0%
Another gender identity	45	0.1%	0	0.0%	0	0.0%	1	0.1%	17	1.0%	2	0.1%	65	0.1%
Unknown/Not Reported	13,864	21.4%	1	1.4%	2	13.3%	931	76.1%	1,127	67.3%	1,436	97.6%	17,361	25.1%
Veteran Status														
Yes	670	1.0%	0	0.0%	0	0.0%	18	1.5%	0	0.0%	0	0.0%	688	1.0%
No	17,080	26.4%	69	100.0%	13	86.7%	516	42.2%	0	0.0%	0	0.0%	17,678	25.5%
Unknown/Not Reported	47,066	72.6%	0	0.0%	2	13.3%	689	56.3%	1,674	100.0%	1,471	100.0%	50,902	73.5%

*Some totals are higher than other categories as clients select multiple categories

PREVENTION AND EARLY INTERVENTION - SUPPORTING COMMUNITY CONNECTIONS - FY 22/23																						
	African American Community (N=123)		Arabic Speaking Community (N=292)		Hmong, Cantonese, Vietnamese Speaking Communities (N=247)		Consumer Operated Warmline (N=242)		Latino/Spanish Speaking Community (N=374)		lu-Mein (N=296)		Native American/Alaskan Native Communities (N=22)		Older Adults (N=78)		Slavic/Russian Communities (N=220)		Youth/Transition Age Youth (N=187)		Total (N=2,081)	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Age Group																						
Children/Youth (0-15)	12	9.8%	4	1.4%	3	1.2%	0	0.0%	0	0.0%	23	7.8%	1	4.5%	0	0.0%	0	0.0%	18	9.6%	61	2.9%
TAY (16-25)	18	14.6%	11	3.8%	9	3.6%	5	2.1%	19	5.1%	9	3.0%	0	0.0%	0	0.0%	10	4.5%	149	79.7%	230	11.1%
Adults (26-59)	51	41.5%	45	15.4%	118	47.8%	35	14.5%	248	66.3%	19	6.4%	5	22.7%	12	15.4%	89	40.5%	3	1.6%	625	30.0%
Older Adults (60+)	17	13.8%	29	9.9%	63	25.5%	168	69.4%	44	11.8%	80	27.0%	3	13.6%	57	73.1%	70	31.8%	8	4.3%	539	25.9%
Unknown/Not Reported	25	20.3%	203	69.5%	54	21.9%	34	14.0%	63	16.8%	165	55.7%	13	59.1%	9	11.5%	51	23.2%	9	4.8%	626	30.1%
Ethnicity																						
Hispanic or Latino	2	1.6%	0	0.0%	0	0.0%	20	8.3%	317	84.8%	3	1.0%	3	13.6%	11	14.1%	0	0.0%	53	28.3%	409	19.7%
Non-Hispanic/Non-Latino	96	78.0%	89	30.5%	192	77.7%	188	77.7%	2	0.5%	128	43.2%	6	27.3%	58	74.4%	169	76.8%	125	66.8%	1,053	50.6%
Other	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
More than one ethnicity	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	25	20.3%	203	69.5%	55	22.3%	34	14.0%	55	14.7%	165	55.7%	13	59.1%	9	11.5%	51	23.2%	9	4.8%	619	29.7%
Race																						
White	1	0.8%	7	2.4%	0	0.0%	34	14.0%	0	0.0%	5	1.7%	1	4.5%	49	62.8%	247	112.3%	71	38.0%	415	19.9%
Black or African American	90	73.2%	0	0.0%	0	0.0%	17	7.0%	1	0.3%	4	1.4%	1	4.5%	8	10.3%	0	0.0%	90	48.1%	211	10.1%
Asian	0	0.0%	0	0.0%	194	78.5%	3	1.2%	0	0.0%	130	43.9%	1	4.5%	0	0.0%	0	0.0%	8	4.3%	336	16.1%
American Indian or Alaska Native	0	0.0%	0	0.0%	0	0.0%	1	0.4%	0	0.0%	0	0.0%	8	36.4%	2	2.6%	0	0.0%	1	0.5%	12	0.6%
Native Hawaiian or other Pacific Islander	2	1.6%	0	0.0%	0	0.0%	5	2.1%	0	0.0%	0	0.0%	0	0.0%	1	1.3%	0	0.0%	7	3.7%	15	0.7%
More than one race	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Other	2	1.6%	88	30.1%	0	0.0%	13	5.4%	314	84.0%	2	0.7%	0	0.0%	15	19.2%	0	0.0%	63	33.7%	497	23.9%
Unknown/Not Reported	30	24.4%	203	69.5%	54	21.9%	173	71.5%	60	16.0%	166	56.1%	13	59.1%	9	11.5%	5	2.3%	10	5.3%	723	34.7%
Primary Language																						
English	96	78.0%	0	0.0%	0	0.0%	160	66.1%	2	0.5%	42	14.2%	9	40.9%	69	88.5%	0	0.0%	178	95.2%	556	26.7%
Spanish	0	0.0%	0	0.0%	0	0.0%	1	0.4%	317	84.8%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	318	15.3%
Vietnamese	0	0.0%	0	0.0%	52	21.1%	0	0.0%	0	0.0%	1	0.3%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	53	2.5%
Cantonese	0	0.0%	0	0.0%	42	17.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	42	2.0%
Russian	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	169	76.8%	0	0.0%	169	8.1%
Hmong	0	0.0%	0	0.0%	98	39.7%	0	0.0%	0	0.0%	1	0.3%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	99	4.8%
Arabic	0	0.0%	88	30.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	88	4.2%
Other	0	0.0%	0	0.0%	1	0.4%	0	0.0%	0	0.0%	87	29.4%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	88	4.2%
Unknown/Not Reported	27	22.0%	204	69.9%	54	21.9%	81	33.5%	55	14.7%	165	55.7%	13	59.1%	9	11.5%	51	23.2%	9	4.8%	668	32.1%
Sexual Orientation																						
Heterosexual or Straight	60	48.8%	66	22.6%	192	77.7%	37	15.3%	317	144.1%	111	29.7%	7	2.4%	59	268.2%	169	216.7%	70	37.4%	1,088	52.3%
Gay or Lesbian	5	4.1%	0	0.0%	0	0.0%	2	0.8%	1	0.5%	0	0.0%	0	0.0%	2	9.1%	0	0.0%	16	8.6%	26	1.2%
Bisexual	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	4.5%	0	0.0%	6	3.2%	7	0.3%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	4	2.1%	4	0.2%
Queer	1	0.8%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	70	37.4%	71	3.4%
Another sexual orientation	0	0.0%	7	2.4%	1	0.4%	30	12.4%	0	0.0%	1	0.3%	1	0.3%	1	4.5%	0	0.0%	6	3.2%	47	2.3%
Unknown/Not Reported	57	46.3%	219	75.0%	54	21.9%	173	71.5%	56	25.5%	184	49.2%	14	4.7%	15	68.2%	51	65.4%	15	8.0%	838	40.3%
Current Gender Identity																						
Female	56	45.5%	54	18.5%	92	24.6%	105	43.4%	221	100.5%	92	24.6%	7	9.0%	51	231.8%	79	101.3%	70	37.4%	827	39.7%
Male	29	23.6%	35	12.0%	101	27.0%	54	22.3%	98	44.5%	37	9.9%	1	1.3%	17	77.3%	90	115.4%	76	40.6%	538	25.9%
Transgender	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	11	5.9%	11	0.5%
Genderqueer	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Another gender identity	0	0.0%	0	0.0%	0	0.0%	1	0.4%	0	0.0%	0	0.0%	0	0.0%	1	4.5%	0	0.0%	19	10.2%	21	1.0%
Unknown/Not Reported	38	30.9%	203	69.5%	54	14.4%	82	33.9%	55	25.0%	167	44.7%	14	17.9%	9	40.9%	51	65.4%	11	5.9%	684	32.9%
Veteran Status																						
Yes	0	0.0%	0	0.0%	0	0.0%	1	0.4%	0	0.0%	0	0.0%	0	0.0%	6	27.3%	0	0.0%	0	0.0%	7	0.3%
No	98	79.7%	89	30.5%	193	51.6%	207	85.5%	319	145.0%	131	35.0%	9	3.0%	63	286.4%	169	216.7%	178	95.2%	1,456	70.0%
Unknown/Not Reported	25	20.3%	203	69.5%	54	14.4%	34	14.0%	55	25.0%	165	44.1%	13	4.4%	9	40.9%	51	65.4%	9	4.8%	618	29.7%

Prevention and Early Intervention (PEI) – Suicide Prevention Respite Programs

PEI Suicide Prevention - Respite activities were added in FY 2015-16. The goal of the respite programs is to provide a safe environment for participants to increase their knowledge of available supports and how to access them, improve well-being, reduce stress, increase connectedness, reduce feelings of isolation and decrease risk of harm.

There was a total of 1,911 individuals served in PEI Suicide Prevention Respite programs in FY 2022-23. Respite activities demographics also vary greatly, as some activities serve specific groups. Example, Caregiver Crisis Respite serves caregivers, while the Sacramento LGBT Community Center's Lambda Lounge serves adults in the LBGTQ community. Because of the uniqueness of these activities, comparisons cannot be made in relation to the overall MHP.

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PREVENTION AND EARLY INTERVENTION - RESPITE PROGRAMS - FY22/23

Characteristic	Caregiver Crisis Intervention Respite		Rejuvenation Haven		A Church for All		Lambda Lounge		Q-Spot		Total	
	N= 72	%	N=925	%	N=284	%	N=399	%	N=231	%	N=1,911	%
Age Group												
Children/Youth (0-15)	0	0.0%	7	0.0%	6	2.1%	13	3.3%	6	2.6%	32	1.7%
TAY (16-25)	1	1.4%	79	8.5%	16	5.6%	29	7.3%	37	16.0%	162	8.5%
Adults (26-59)	21	29.2%	1	0.1%	161	56.7%	103	25.8%	0	0.0%	286	15.0%
Older Adults (60+)	50	69.4%	0	0.0%	35	12.3%	164	41.1%	0	0.0%	249	13.0%
Unknown/Not Reported	0	0.0%	838	90.6%	66	23.2%	90	22.6%	188	81.4%	1,182	61.9%
Ethnicity												
Hispanic or Latino	8	11.1%	10	1.1%	27	9.5%	43	10.8%	11	4.8%	99	5.2%
Non-Hispanic/Non-Latino	63	87.5%	70	7.6%	190	66.9%	265	66.4%	32	13.9%	620	32.4%
Unknown/Not Reported	1	1.4%	845	91.4%	67	23.6%	91	22.8%	188	81.4%	1,192	62.4%
Race*												
American Indian or Alaska Native	1	1.4%	2	0.2%	13	4.6%	1	0.3%	3	1.3%	20	1.0%
Asian	1	1.4%	0	0.0%	2	0.7%	6	1.5%	0	0.0%	9	0.5%
Asian Indian	0	0.0%	0	0.0%	0	0.0%	8	2.0%	0	0.0%	8	0.4%
Black or African American	9	12.5%	36	3.9%	64	22.5%	18	4.5%	4	1.7%	131	6.9%
Mexican	0	0.0%	3	0.3%	11	3.9%	3	0.8%	0	0.0%	17	0.9%
Native Hawaiian/Pacific Islander	5	6.9%	1	0.1%	5	1.8%	5	1.3%	2	0.9%	18	0.9%
White	53	73.6%	25	2.7%	133	46.8%	139	34.8%	30	13.0%	380	19.9%
Other	3	4.2%	21	2.3%	5	1.8%	8	2.0%	4	1.7%	41	2.1%
Unknown/Not Reported	0	0.0%	844	91.2%	69	24.3%	215	53.9%	193	83.5%	1,321	69.1%
Primary Language												
English	72	100.0%	87	9.4%	217	76.4%	292	73.2%	40	17.3%	708	37.0%
Non-English	0	0.0%	0	0.0%	1	0.4%	10	2.5%	2	0.9%	13	0.7%
Unknown/Not Reported	0	0.0%	838	90.6%	66	23.2%	97	24.3%	189	81.8%	1,190	62.3%
Sexual Orientation*												
Gay or Lesbian	4	5.6%	5	0.5%	1	0.4%	91	22.8%	9	3.9%	110	5.8%
Heterosexual or Straight	68	94.4%	53	5.7%	204	71.8%	35	8.8%	3	1.3%	363	19.0%
Bisexual	0	0.0%	14	1.5%	3	1.1%	7	1.8%	14	6.1%	38	2.0%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	8	2.0%	3	1.3%	11	0.6%
Queer	0	0.0%	1	0.1%	0	0.0%	70	17.5%	1	0.4%	72	3.8%
Another sexual orientation	0	0.0%	9	1.0%	3	1.1%	102	25.6%	20	8.7%	134	7.0%
Unknown/Not Reported	0	0.0%	843	91.1%	74	26.1%	177	44.4%	190	82.3%	1,284	67.2%
Current Gender Identity												
Male	15	20.8%	43	4.6%	115	40.5%	84	21.1%	19	8.2%	276	14.4%
Female	56	77.8%	34	3.7%	98	34.5%	83	20.8%	7	3.0%	278	14.5%
Transgender	0	0.0%	2	0.2%	0	0.0%	49	12.3%	9	3.9%	60	3.1%
Genderqueer	0	0.0%	5	0.5%	0	0	26	6.5%	5	2.2%	36	1.9%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Another gender identity	0	0.0%	0	0.0%	0	0	2	0.5%	1	0.4%	3	0.2%
Unknown/Not Reported	1	1.4%	841	90.9%	71	25.0%	155	38.8%	190	82.3%	1,258	65.8%
Veteran Status												
Yes	7	9.7%	0	0.0%	9	3.2%	4	1.0%	0	0.0%	20	1.0%
No	65	90.3%	87	9.4%	209	73.6%	305	76.4%	43	18.6%	709	37.1%
Decline to answer	0	0.0%	838	90.6%	66	23.2%	90	22.6%	188	81.4%	1,182	61.9%

*Some totals are higher than other categories as clients select multiple categories

Prevention and Early Intervention – Mental Health Promotion

Mental Health Promotion Program: “Mental Illness: It’s not always what you think” project and speakers bureau has a large reach and targets messaging to multiple diverse communities in the Sacramento Region. Please see samples of messaging below. For a complete selection of diverse messaging, click on the following link:

<https://www.stopstigasacramento.org/about/collateral/>

Messaging is conducted across multiple mediums and advertising placements, including TV, radio, online, and outdoor. For more examples, please see the [MHSA FY 2022-23 Annual Update](#).



In addition to printed messaging, MHSA has funded a number of diverse public service announcements that are in-language and are specific to each of the project's communities of focus.

The Project's YouTube channel contains several Public Service Announcements and other videos available for viewing:

<https://www.youtube.com/@StopStigmaSacramento/videos>

Prevention and Early Intervention- Time Limited Community Driven Grants

Every Time-Limited Community Driven PEI Grant program and activity is *in alignment with the following PEI priorities: childhood trauma prevention and early intervention to deal with the early origins of mental health needs; youth outreach and engagement strategies that target secondary school and transition age youth, with a priority on partnership with college mental health programs; culturally competent and linguistically appropriate prevention and intervention; and strategies targeting the mental health needs of older adults (WIC § 5840.7).*

The Time-Limited Community Driven PEI Grant program is administered by California Mental Health Services Authority (CalMHSA), a Joint Powers of Authority, on behalf of Sacramento County. Mid FY 22/23, CalMHSA released a second round PEI Grant program application Process. Twenty-seven (27) community-based agencies' applications were awarded. In FY 23/24 those twenty-seven programs served 24,165 participants in the community.

PREVENTION AND EARLY INTERVENTION - TIME LIMITED GRANTS - FY 22/23																		
Characteristic	Agile Group		East Bay Asian Youth Center		International Rescue Committee, Inc.		La Familia Counseling Center, Inc.		Lao Family Community Development		Muslim American Society – Social Services Foundation		NAMI Sacramento		Sacramento Covered		Total	
	N=5	%	N=48	%	N=34	%	N=847	%	N=106	%	N=354	%	N=363	%	N=336	%	N=2,093	%
Age Group																		
Children/Youth (0-15)	0	0.0%	31	64.6%	0	0.0%	0	0.0%	39	36.8%	24	6.8%	0	0.0%	0	0.0%	94	4.5%
TAY (16-25)	0	0.0%	17	35.4%	0	0.0%	34	4.0%	28	26.4%	50	14.1%	1	0.3%	16	4.8%	146	7.0%
Adults (26-59)	4	80.0%	0	0.0%	34	100.0%	575	67.9%	38	35.8%	223	63.0%	21	5.8%	197	58.6%	1,092	52.2%
Older Adults (60+)	1	20.0%	0	0.0%	0	0.0%	235	27.7%	1	0.9%	19	5.4%	9	2.5%	123	36.6%	388	18.5%
Unknown/Not Reported	0	0.0%	0	0.0%	0	0.0%	3	0.4%	0	0.0%	38	10.7%	332	91.5%	0	0.0%	373	17.8%
Ethnicity																		
Hispanic or Latino	2	40.0%	0	0.0%	1	2.9%	834	98.5%	2	1.9%	3	0.8%	3	0.8%	18	5.4%	863	41.2%
Non-Hispanic/Non-Latino	3	60.0%	0	0.0%	0	0.0%	5	0.6%	0	0.0%	184	52.0%	22	6.1%	263	78.3%	477	22.8%
Other	0	0.0%	0	0.0%	0	0.0%	2	0.2%	102	96.2%	0	0.0%	0	0.0%	13	3.9%	117	5.6%
More than one ethnicity	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	5	1.4%	28	8.3%	33	1.6%
Unknown/Not Reported	0	0.0%	48	100.0%	33	97.1%	6	0.7%	2	1.9%	167	47.2%	333	91.7%	14	4.2%	603	28.8%
Race																		
White	3	60.0%	0	0.0%	0	0.0%	1	0.1%	0	0.0%	50	14.1%	120	33.1%	257	76.5%	431	20.6%
Black or African American	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	7	2.0%	108	29.8%	5	1.5%	120	5.7%
Asian	0	0.0%	48	100.0%	0	0.0%	3	0.4%	0	0.0%	42	11.9%	17	4.7%	9	2.7%	119	5.7%
American Indian or Alaska Native	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	6	1.7%	6	1.7%	1	0.3%	13	0.6%
Native Hawaiian or other Pacific Islander	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.6%	0	0.0%	6	1.8%	8	0.4%
More than one race	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.6%	4	1.1%	30	8.9%	36	1.7%
Other	2	40.0%	0	0.0%	0	0.0%	678	80.0%	104	98.1%	150	42.4%	37	10.2%	15	4.5%	986	47.1%
Unknown/Not Reported	0	0.0%	0	0.0%	34	100.0%	165	19.5%	2	1.9%	95	26.8%	71	19.6%	13	3.9%	380	18.2%
Primary Language																		
English	4	80.0%	0	0.0%	0	0.0%	6	0.7%	0	0.0%	60	16.9%	28	7.7%	335	99.7%	433	20.7%
Spanish	1	20.0%	0	0.0%	1	2.9%	831	98.1%	2	1.9%	1	0.3%	2	0.6%	0	0.0%	838	40.0%
Vietnamese	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Cantonese	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.3%	0	0.0%	0	0.0%	1	0.0%
Russian	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	5	1.4%	0	0.0%	0	0.0%	5	0.2%
Hmong	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Arabic	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	16	4.5%	0	0.0%	0	0.0%	16	0.8%
Other	0	0.0%	0	0.0%	33	97.1%	6	0.7%	103	97.2%	237	66.9%	0	0.0%	1	0.3%	380	18.2%
Unknown/Not Reported	0	0.0%	48	100.0%	0	0.0%	4	0.5%	1	0.9%	34	9.6%	333	91.7%	0	0.0%	420	20.1%
Sexual Orientation																		
Heterosexual or Straight	2	40.0%	0	0.0%	34	100.0%	788	93.0%	104	98.1%	69	19.5%	125	34.4%	259	77.1%	1,381	66.0%
Gay or Lesbian	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	0.6%	11	3.3%	13	0.6%
Bisexual	0	0.0%	0	0.0%	0	0.0%	2	0.2%	0	0.0%	1	0.3%	3	0.8%	15	4.5%	21	1.0%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.3%	0	0.0%	1	0.3%	2	0.1%
Queer	1	20.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	7	2.1%	8	0.4%
Another sexual orientation	1	20.0%	0	0.0%	0	0.0%	1	0.1%	1	0.9%	22	6.2%	3	0.8%	35	10.4%	63	3.0%
Unknown/Not Reported	0	0.0%	48	100.0%	0	0.0%	56	6.6%	1	0.9%	261	73.7%	230	63.4%	8	2.4%	604	28.9%
Current Gender Identity																		
Female	3	60.0%	31	64.6%	31	91.2%	586	69.2%	60	56.6%	190	53.7%	87	24.0%	244	72.6%	1,232	58.9%
Male	0	0.0%	17	35.4%	3	8.8%	255	30.1%	46	43.4%	132	37.3%	256	70.5%	90	26.8%	799	38.2%
Transgender	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Genderqueer	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Questioning or unsure	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Another gender identity	1	20.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.3%	1	0.3%	1	0.3%	4	0.2%
Unknown/Not Reported	1	20.0%	0	0.0%	0	0.0%	6	0.7%	0	0.0%	31	8.8%	19	5.2%	1	0.3%	58	2.8%
Veteran Status																		
Yes	0	0.0%	0	0.0%	0	0.0%	9	1.1%	0	0.0%	4	1.1%	1	0.3%	9	2.7%	23	1.1%
No	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Unknown/Not Reported	5	100.0%	48	100.0%	34	100.0%	838	98.9%	106	100.0%	350	98.9%	362	99.7%	327	97.3%	2,070	98.9%

CRITERION 3

COUNTY MENTAL HEALTH SYSTEM

STRATEGIES AND EFFORTS FOR REDUCING RACIAL, ETHNIC, CULTURAL, AND LINGUISTIC MENTAL HEALTH DISPARITIES

Rationale: “Striking disparities in mental health care are found for racial and ethnic populations. Racial and ethnic populations have less access to and availability of mental health services, these communities are less likely to receive needed mental health services, and when they get treatment they often receive poorer quality of mental health care. Although they have similar mental health needs as other populations, they continue to experience significant disparities, if these disparities go unchecked they will continue to grow and their needs continue to be unmet...” (U.S. Department of Health and Human Services, Surgeon General Report, 2001).

Note: The purpose of this section is to use this CCPR Modification (2010) as a logic model by continuing the analyses from Criterion 2 and to correlate the county’s defined disparities with targeted activities to address them.

The county shall include the following in the CCPR Modification (2010):

- I. List the target populations with disparities your county identified in Medi-Cal and all MHSA components (CSS, WET, and PEI)**
 - A. Briefly describe the process and rationale the county used to identify and target the population(s) (with disparities) in its PEI population.
- II. Then list disparities in each of the populations (Medi-Cal, CSS, WET, and PEI).**
- III. Then list strategies for the Medi-Cal population as well as those strategies identified in the MHSA plans (CSS, WET, and PEI) for reducing those disparities described above.**
- IV. Then discuss how the county measures and monitors activities/strategies for reducing disparities.**
- V. Share what has been working well and lessons learned through the process of the county’s development and implementation of strategies that work to reduce disparities (within Medi-Cal, CSS, WET, and PEI).**

CRITERION 3

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

STRATEGIES AND EFFORTS FOR REDUCING RACIAL, ETHNIC, CULTURAL, AND LINGUISTIC MENTAL HEALTH DISPARITIES

The following section answers both I. and II. as underserved are part of our target population:

- I. **List the target populations with disparities your county identified in Medi-Cal and all MHA components (CSS, WET, and PEI)**
 - A. Briefly describe the process and rationale the county used to identify and target the population(s) (with disparities) in its PEI population.
- II. **Then list disparities in each of the populations (Medi-Cal, CSS, WET, and PEI).**

Medi-Cal

Race/Ethnicity - The overall Medi-cal population has a significantly higher percentage of Hispanic/Latino beneficiaries compared to both the MHP and SUPT (22.7% vs 16.6% and 10.4%), whereas the MHP serves a significantly higher percentage of African Americans (24.6% MHP vs 12.4% M/C). Disparities are also apparent in the percent of Asian/Pacific Islanders served. The overall Medi-Cal population has a much higher number of Asian/Pacific Islanders compared to both the MHP and SUPT (12.2% vs 6.8% and 3.9%).

Community Services and Supports (CSS) – Full-Service Partnerships (FSP)

Race – Caucasians and African Americans are over-represented in FSP programs compared to the MHP population (Caucasian – 36.4% in FSP programs vs 33.0% in the MHP population and African American - 30.9% in FSP programs vs 24.6% in the MHP population). With that said, the majority (63.6%) of races served in FSPs are of a race other than Caucasian.

Age - Older adults are highly over-represented compared to the overall Medi-Cal beneficiaries in the MHP (19.3% vs. 9.1%). With older adults' higher level of needs, it makes sense that they are served in FSPs, especially in our older adult-specific program. The FSPs serve an array of age groups, but over half served (55.8%) in FY 2022-23 were adults ages 26 to 59. Transition Age Youth (TAY) were the next highest age group, served at 20.8%. Clients ages 0 to 15 represented the lowest percentage of the population served (4.1%), as many of our FSP partners focus on the adult and TAY populations.

Gender – There are fewer females served in FSPs compared to the MHP (44.8% vs 52.5% for MHP) whereas those receiving SUPT services are majority male (55.2%). The FSPs served a slightly higher percentage of males than females (55.2% vs 44.8%).

CSS – General System Development (GSD)

Gender – The majority of clients served in both the GSD programs and overall MHP are female, although slightly higher in the overall GSD (53.9% vs 52.5%).

Age –Adults ages 26 to 59 represent the highest percentage (48.5%) of those served in the GSD programs.

Race –The percentage of Caucasians served in GSD programs mirrors the overall MHP (33.5% vs 33.0%). The percentage of African Americans were lower in GSD programs compared to the overall MHP (22.7% vs 24.6%). Asian/Pacific Islander (6.9% vs 6.8%) served in GSD programs is virtually the same in the overall MHP.

Ethnicity – The percentage of those identifying as Hispanic served by GSD programs is higher than the overall MHP (24.0% vs 16.6%).

Primary Language - The majority (88.5%) of clients in the GSD programs identified their primary language as English. Primary language penetration rates were unable to be calculated due to the lack of available Medi-Cal data. However, we feel the inclusion of language data is important and will continue to explore ways to include language data in future plans.

Prevention and Early Intervention (PEI)

Demographics vary greatly, as each PEI program activity serves a defined group or age range. Example, Senior Link serves older adults, while eVIBE serves school age children. Supporting Community Connections (SCC) serves many different unserved and underserved populations, including Asian/Pacific Islander; Iu Mien; African American; Latino/Spanish-Speaking; American Indian/Alaska Native/Indigenous American; Russian/Ukrainian; Arabic speaking; Farsi speaking; and Afghan Community as well as Transition-Age Youth (TAY); older adults; and clients. Because of the uniqueness of each PEI program, comparisons cannot be made in relation to the overall MHP or overall Medi-Cal population.

III. Then list strategies for the Medi-Cal population as well as those strategies identified in the MHPA plans (CSS, WET, and PEI) for reducing those disparities described above.

Our MHPA plans are integrated into our overall mental health system. MHPA funds are used to leverage other funding where feasible. The following table displays all relevant programs along with their implementation status, and demonstrates Sacramento County efforts to reach the unserved, underserved, and inappropriately served populations in the county.

Program Type	Program Name	Implementation Status
CSS – Full-Service Partnerships	Pathways	Fully Implemented
	Sierra Elder Wellness Program	Fully Implemented
	Transcultural Wellness Center	Fully Implemented
	Sacramento Outreach Adult Recovery (SOAR)	Fully Implemented
	Integrated Services Agency	Fully Implemented
	New Directions	Fully Implemented
	Juvenile Justice Diversion and Treatment Program	Fully Implemented
	Transition Age Youth	Fully Implemented
	Sacramento Adults Recovering in a Strength-based Environment (ARISE)	Fully Implemented
	Family FSP	Fully Implemented
	Outpatient Assisted Services and Integration Support (OASIS)	Fully Implemented
Non-CSS funded FSP	Transformative, Healing, Renewing, Inclusive, Voice, Empowerment (THRIVE) FSP	In development
CSS - General System Development	Adult Residential Treatment	Fully Implemented
	Augmented Board and Care	Fully Implemented
	Adult Psychiatric Support Services	Fully Implemented
	Peer Partners	Fully Implemented
	Client and Family Voice including SAFE Program	Fully Implemented
	Community Outreach Recovery Empowerment (CORE)	Fully Implemented
	Mental Health Urgent Care	Fully Implemented
CSS - General System Development	Mental Health Crisis Respite	Fully Implemented

Program Type	Program Name	Implementation Status
	Center	
	Abiding Hope Respite House	Fully Implemented
	Crisis Residential Programs	4 Fully Implemented
	Consultation Support and Engagement Teams	Fully Implemented
	Flexible Integrated Treatment	Fully Implemented
Non-CSS funded	Transformative, Healing, Renewing, Inclusive, Voice, Empowerment (THRIVE)Adult Outpatient	In development
Suicide Prevention	Suicide Crisis Line	Fully Implemented
	ED Follow-up Postvention Services	Fully Implemented
	Suicide Bereavement Support Groups and Grief Services	Fully Implemented
	Client Operated Warmline	Fully Implemented
	Community/System Partner Training	Implemented and completed
	Community Support Team	Fully Implemented
	Mobile Crisis Support Team	Fully Implemented
	Crisis Navigation Program	Fully Implemented
	Caregiver Crisis Intervention Respite Program	Fully Implemented
	Rejuvenation Haven	Fully Implemented
	The Ripple Effect Respite Program	Fully Implemented
	Q-Spot Youth/Transition Age Youth Respite Program	Fully Implemented
	Danelle's Place	Fully Implemented
	Lambda Lounge Adult Mental Health Respite Program	Fully Implemented
Timely Access	Supporting Community Connections	12 Fully Implemented
Strengthening Families	Quality Child Care Collaborative	Fully Implemented
	CPS/MH Team	Fully Implemented
	Bullying Prevention Education and Training Program	Fully Implemented
	Early Violence Begins with Education (eVIBE)	Fully Implemented
	Adoptive Families Respite Program	Fully Implemented
	Independent Living Skills for Teens and TAY	Implemented and completed
	Safe Zone Squad	Fully Implemented

Program Type	Program Name	Implementation Status
	The Source	Fully Implemented
	Student Mental Health and Wellness Collaborative	Fully Implemented
Integrated Health and Wellness	SeniorLink	Fully Implemented
	Sacramento Early Diagnosis and Preventative Treatment	Fully Implemented
	Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis	In Development
	Screening, Assessment, Brief Treatment	Implemented and completed
	Peer Support and Treatment	Implemented and completed
	Community Responsive Wellness Program for the Black Communities of Sacramento	Fully Implemented
Mental Health Promotion Campaign	Multi-Media Campaign	Fully Implemented
	Speakers Bureau	Fully Implemented
	Community Education	Fully Implemented
	Outreach and Engagement	Fully Implemented
	Mental Health Matters	Fully Implemented
Training	System Training Continuum	Fully Implemented
	Client and Family Member Employment and Stipends for Individuals, Especially Clients and Family Members, for Education Programs to Enter the Mental Health Field	Implemented
	High School Training	Fully Implemented
	Psychiatric Residents and Fellowships	Fully Implemented
	Multidiscipline Workforce Recruitment and Retention	Implemented
	Client Leadership Stipends	Implemented
	Strengths Model Care Management	Fully Implemented
	ProACT	Fully Implemented
	Enhanced Illness Management and Recovery	In Development
	Dialectical Behavioral Therapy	In Development
Motivational Interviewing	Activities Partially Implemented	

Program Type	Program Name	Implementation Status
	Individual Placement and Support	To Be Implemented in Fall 2024
	ASIST	In Development
	Stipends for Client Leadership	Fully Implemented
	Stipends for Individuals, Especially Clients and Family Members, for Education to Enter the Mental Health Field	Fully Implemented
SUPT: Treatment Services	Residential Services for Youth	Planning: Goal December 2024
SUPT: Opioid Remediation Activities	Omni Youth Programs (Omni) will conduct opioid remediation activities for Afghanistan/Middle East, Asian/Pacific Island, Hispanic, Hmong, Native American, Russian, Ukraine, hearing impaired, transitional-age youth/college students, and faith communities.	To Be Implemented FY 2024-25
SUPT: Opioid Remediation Activities	Voices of the Youth, Inc., will expand their Project IMPACT program to educate Black/African American youth ages 12 - 24 years and their families in the highest need communities of Sacramento County about the dangers of opioid addiction, ways to encourage alternatives, and healthy coping strategies.	To Be Implemented FY 2024-25
SUPT: Opioid Remediation Activities	Public Health Institute (PHI) will enhance and expand the See Her Bloom: Elevating Opioid Treatment Options for Black Women social media campaign. The goal is to increase awareness, trust, and linkage to treatment services, especially medication-assisted treatment to mitigate harm from opioid use and misuse among Black women.	To Be Implemented FY 2024-25
Children's MH	Therapeutic Behavioral Services Wraparound	All Implemented

Program Type	Program Name	Implementation Status
	Psychological Testing Therapeutic Foster Care Short Term Residential Therapeutic Program	
Early Intervention	Grace-Giving Resources and Care	Implemented
Outreach & Engagement	Youth Help Network Youth Drop In Center Family Respite Center	Implemented In Development In Development
Innovation – Project 5 Forensic	Community Justice Support Program	Fully Implemented
Innovation - Project 6	allcove™ Sacramento	In Development
Innovation - Project 7	Community-Defined Mental Wellness Practices for the African American/Black/African Descent Unhoused	In Development

Please see Appendices 1-3 for the BHS Child and Family Mental Health and Adult Mental Health Service Continuums and SUPT Continuum. These include all programs and services, regardless of funding source.

For a description of each MHSA-funded program, please refer to the [MHSA FY 2024-25 & 2025-26 Two-Year Plan](#).

We strive to have culturally sensitive and responsive programming throughout our system. Below are examples of BHS community engagement strategies to achieve culturally responsive and sensitive programming.

“Mental Illness: It’s not always what you think” project:

Mental Health Promotion Program: “Mental Illness: It’s not always what you think” project and Speakers Bureau has a large reach and targets messaging to multiple diverse communities in the Sacramento region. For a complete selection of diverse messaging, click on the following link:

<https://www.stopstigmasacramento.org/about/collateral/>

Messaging is conducted across multiple mediums and advertising placements, including TV, radio, online, and outdoor. For more examples, please see the MHSA FY 2024-25 & 2025-26 Two-Year Plan:

<https://dhs.saccounty.gov/BHS/Pages/MHSA/Plans-and-Updates/GI-MHSA-FY2024-25-and-2025-26-Two-Year-Plan.aspx>

In addition to printed messaging, MHSA funds several diverse public service announcements which can be found on the Stop Stigma Sacramento web page:

<https://www.stopstigmasacramento.org>

MHSA Engagement:

Through Sacramento County's MHSA Community Program Planning Processes, we have engaged community members, specifically our diverse cultural communities, in providing input and feedback relating to incorporating effective community defined practices into MHSA-funded programming and projects. Additionally, our Mental Health Plan (MHP) programs track cultural responsiveness and now our Substance Use Prevention and Treatment (SUPT) programs are prioritizing cultural responsiveness. Examples of specific strategies focused on specific cultural communities are outlined below.

African American Outreach Strategy Includes:

In July 2023, BHS hosted a Focus Group to hear from the African American/Black/African Descent (AA/B/AD) community to inform the writing of the MHSA Innovation (INN) Component Project 7 Plan: Community-Defined Mental Wellness Practices for the AA/B/AD Unhoused. Through this proposed project, BHS will partner with trusted community sites to learn from the AA/B/AD community the strategies, methods and practices that will help expand access to and engagement/retention in mental health services for community members who are unhoused or at risk of becoming unhoused. The proposed project services will also include co-locating peer specialists at trusted community-based sites that have not historically provided mental health services to expand access to and engagement in behavioral health services for the focus population.

In addition, BHS leadership has been reaching out to churches and community-based organizations that focus on supporting the African American community. Their collective input is brought to BHS to inform our conversations and programming.

The MHSA Steering Committee supported this proposed plan and were highly supportive of reaching out to the AA/B/AD community for further input and feedback. Focus Group participants were asked if they would support the proposed plan. Participants were cautiously excited to learn that the County wanted to involve the community early in the development and design of project services meant to serve their demographic. Many individuals remarked that the County has been talking about involving the community more and that this was the first time they have seen steps taken for true involvement in the development of an array of mental health services. The community also offered invaluable advice, such as ensuring that spiritual leaders are involved in efforts to reduce stigma, as well as acknowledgement of generational racial trauma in services to get to core issues. They encouraged BHS to reach out to individuals who are currently homeless to ensure that their voices are heard. This proposed INN Plan was approved by the Sacramento County Board of Supervisors and the Mental Health Services Oversight and Accountability Commission in January 2024.

Substance Use Prevention and Treatment Engagement

Substance Use Prevention and Treatment (SUPT) has continued to improve outreach to cultural communities to increase access to services.

Targeted AA/B/AD outreach and education events include the following:

- The African American Healing Network monthly meetings
- Allcove Youth Program Event
- Stephan Clark Fentanyl Awareness Event
- Youth Advocacy Showcase
- AAC Black History Month Luncheon Event
- Impact Sacramento Event
- Broadway International Festival
- Neighborhood Wellness Foundation (NWF) outreach
- Kwanzaa Celebration Event
- Liberty Towers Narcan Training
- NTTAC Event-One Community in Blackness
- New Home Church Event
- Mission Baptist Church Event
- Black History Month Event
- Juneteenth Event
- Roberts Family Development Center (RFDC) Parenting Night
- MLK Event
- Pride

Additional outreach and education events include the following:

- La Familia Career Fair
- National Night Out in Oak Park Community
- Fall Night Market
- International Day Against Abuse and Illicit Trafficking
- Operation Elf
- CPS LGBTQ+ Wellness Foundation
- Oak Park Faith Community Meeting

SUPT is currently working with the CA Opioid Overdose Prevention Network on an intentional plan to meet the needs of the AA/B/AD communities in Sacramento County in reference to overdoses. We are in the process of gathering leaders in the community from such organizations as the Urban League, NADCP, AAHN, Black Chamber of Commerce, Faith Communities, Brother Be Well, Impact Sac, Voice of Youth, and Neighborhood Wellness Foundation. We are planning a "supper and discussion" evening with these leaders to hear how we can better reach their respective communities.

SUPT has added "REACHING DIVERSE COMMUNITIES" as a standing agenda item for

the Sacramento County Opioid Coalition and Sacramento County Methamphetamine Coalition meetings. SUPT has expanded the Gone Too Soon project to be very intentional in adding individuals from diverse backgrounds.

SUPT has launched a new Safer Sacramento initiative (www.safersacramento.com). Safer Sacramento provides educational multimedia resources to guide individuals to make healthy choices and to avoid or reduce the potential harm from the use or misuse of alcohol, tobacco, marijuana, and other substances. Added to the website are videos from our AA/B/AD community discussing their perspective on barriers to addressing substance use, historical bias and reduced quality of care, the role of healing circles in creating pathways to healing and achievements, intergenerational trauma and poverty, addressing the whole person care, lack of overall diversity in general healthcare, fentanyl awareness, addressing stigma, and sharing the power of recovery stories.

Additionally, the SacCounty Health Beginnings website (www.sachealthybeginnings.com) has been designed to include images of diverse populations, aimed at promoting a healthy and safe environment for Sacramento County's families and children through outreach and education for professionals and community members, addressing perinatal substance use prevention and intervention.

At the August 2023 Fentanyl Awareness Summit, a panel on Reaching Diverse Communities, with a focus on the AA/B/AD community, discussed their perspective regarding fentanyl.

SUPT continues to collaborate with CPS on the Embracing Equality for Early Intervention Family Treatment Court (EIFTC) Families; this is a grant-funded program to add Cultural Brokers to the EIFTC program to provide culturally specific support to the AA/B/AD families involved in EIFTC.

In August 2023, Omni Youth Programs, kicked off their second multi-part Cultural Orientation Series, Working Effectively with Diverse Cultures: One Size Does Not Fit All.

Part 2: Afghanistan Immigrants and Refugees

The panelists for the training included the following:

- Elevate Youth Leadership Council IRC and Syeda Hamdani, Senior Youth Advocacy Specialist: Afghan youth aged 14-24, shared how they learned to navigate their new lives in the U.S. Through their involvement in the YLC they share drug prevention education in the community, helping to fill the gap due to lack of support for refugee youth. Their leadership now helps support and inspire other Afghan youth.
- Malalai Safi, Senior Community Wellness Specialist, International Rescue Committee

(IRC): Malalai was born in Afghanistan and came to the U.S. as a Special Immigrant (SIV) holder in 2018. She experienced the stress & difficulties of immigration, culture shock, adjustment and integration into a new society and country. The result was a passion to provide direct services for Refugees and Immigrants at IRC.

- Yassaman Vedad (Yasi), Community Wellness Specialist, International Rescue Committee: Yassaman was born in Tehran, Iran, and came to the U.S. as a refugee in 2015 and is a U.S citizen. Her desire is to work together in any environment with respect and support for one another.

Topics included:

- Experiences of Afghan refugees and immigrants during initial years in the U.S., including youth perspective.
- Afghan culture at a glance.
- Family dynamics and communication.
- Afghan refugee and immigrants' substance use and mental health in their home country.
- Youth and adults exposure to drugs in U.S and risk of addiction.
- Use of drugs to cope with PTSD and immigration difficulties.
- Afghan refugees and immigrants 'hunted' by drug dealers to buy and sell drugs.
- Effective ways to engage and provide services to Afghans that foster acceptance of drug prevention and mental health services when needed.
- Results from 'Sacramento Afghan Community Survey' assessing views and understanding of drug and alcohol use.

In November 2023, Omni Youth Programs, kicked off their third multi-part Cultural Orientation Series, Working Effectively with Diverse Cultures: One Size Does Not Fit All.

Part 3: Hispanic Cultures



Presenters for the training included the following:

- Michelle Garibay, Family Support Navigator, Sacramento Children's Home: Michelle

is a Mexican American who has served Sacramento families from diverse Hispanic and non-Hispanic cultures for over 20 years. She facilitates youth activities, and workshops for families of school-aged youth, and provides parents with resources and additional skills. Prior, she was a Home Visitor Parent Educator for 14 years, Parenting Curriculum Facilitator, and Public Health Educator. She has served numerous individuals from Colombia, El Salvador, Guatemala, Honduras, Puerto Rico, as well as B/AA, Hmong and Caucasians clients.

- Angelica Franco, Crisis Intervention Specialist, Sacramento Children’s Home: Angelica is a Mexican American born in S. California. Raised in a Spanish speaking household, she didn’t learn English until attending public school. Angelica particularly understands the difficulties Hispanic immigrants and refugees face when leaving their homeland, dangers of the journey, and arriving, often without family support or language skills. She now lives in N. California leading Hispanic Women-to-Women groups. In addition, she ensures her clients of all cultures, ages and backgrounds are connected successfully to local services such as housing, counseling and parenting. She has worked closely with families from Dominican Republic, El Salvador, Guatemala, Mexico and Puerto Rico.

Topics included:

- Diversity among Hispanic cultures.
- Experiences and difficulties of immigrants and refugees during initial years in U.S.
- Communication and family dynamics within Hispanic cultures.
- The influence of Hispanic culture on views towards drugs among immigrants and refugees.
- Effective ways to build trust, safety, and receptivity to drug prevention.
- Understanding and addressing the needs of youth and adults experiencing trauma and crisis.
- Using interpreters and translated materials sensitively with immigrants and refugees seeking resources and services.

In February 2024, Omni Youth Programs, kicked off their fourth multi-part Cultural Orientation Series, Working Effectively with Diverse Cultures: One Size Does Not Fit All. Please see post survey results in the Appendix for this event (Appendix 5)

Part 4: Hmong Culture

The panelists for the training included the following:

- Cyan Vang is enrolled in the CSUS Graduate Educational Leadership in Higher Education Program. She earned her BA in Business Administration with an Internal Business concentration in N.C. Member of the Hmong University Student Associate (HUSA) Club at CSUS, elected Co-Chair of HUSA Culture Show Committee and full-time Outreach Coordinator at Hmong Youth and Parents United.
- Lang Fang is the Director of HALO (Health and Life Org.) Enhanced Care Management Department of Health and Life -Sacramento. Prior she was a Mental Health Clinician for monolingual Hmong clients, Program Manager, and telehealth Clinical Supervisor. She is committed to advancing the effectiveness of healthcare services and mental health access.
- Kelley Lee is a Hmong American Woman and first generation. She graduated CSU, Chico State with double majors in Psychology and Multi-Cultural Gender Studies and minor in Asian Studies. Her interests are the Hmong diaspora, identity development, belonging, mental health and wellness. She is LEAD Team Program Coordinator at Pro youth and Families proving youth skills in leadership, advocacy and substance prevention.
- Lindsey Lor is a 17-year-old senior at Rio Linda High School. She is an Outreach intern at the Hmong Youth and Parents United promoting culturally appropriate peer-to-peer engagement.
- Ser Chengleng is a student at John F. Kennedy High School. He is an Outreach Intern at Hmong Youth and Parents United promoting culturally appropriate peer-to-peer engagement.



Topics included:

- Navigating dual identities.
- Gender roles.
- Family dynamics and communication.
- Cultural views on substance use, mental health and medical services.
- History of drugs cultivated for income in homeland and impact.
- Risk factors impacting substance use and mental health.
- Non-western medicine and cultural healing methods.

- How to engage and adapt services to increase receptivity, trust and provide culturally relevant and sensitive services.

At the Sacramento County Prevention Summit on March 14th, 2024, the following workshop sessions provided critical and current information on culturally relevant topics on best approaches to address trending and existing alcohol, tobacco, and other drug issues.



- **What Does the Church Say? Engaging Churches Serving the Black Community to Prevent Underage Marijuana Use:** This program promotes and advocates for community environments for Sacramento County’s Black youth that build resilience, promote safety and protect against substance misuse, expressly tapping the historical and cultural role of churches as a system for healing and renewal.
- **One Size Doesn’t Fit All: Working Effectively with Diverse Cultures Panel:** This panel is for agencies and individuals seeking to build meaningful relationships with diverse cultures in order to provide youth drug prevention, behavioral, mental health, and educational services. In this panel, individuals learned about the cultures of Native Americans, Vietnamese, Deaf & Hard of Hearing, and faith-based communities serving all cultures. The panelists are experienced in bridging the gap between agencies and cultural-specific groups to provide culturally sensitive services.

At the 2024 Future Forward Youth Summit on June 14, 2024, diverse middle-school and high school students gathered for a day of team building, skill development, and activities designed to build strong leaderships who abstain from alcohol and other drug use.

Summit Video Highlights: <https://www.youtube.com/watch?v=IFfJfp6aOXI>





In collaboration with Arrive Alive, SUPT has conducted assemblies at schools throughout the County to educate diverse youth about the dangers of Fentanyl use as well as other substances.

The Sacramento County Coalition for Youth (SCCY), a group of caring community members working together to make Sacramento a safe place for young people to grow up, free from the influences of substances that are addictive and harmful, developed two Public Service Announcements. The Public Service Announcements include diverse individuals.

Public Service Announcements

The two Public Services Announcements listed below are posted on the SCCY YouTube channel. *PSA 1-Parents*

https://www.youtube.com/watch?v=2C3989_fdWk



PSA 2- Youth

https://www.youtube.com/watch?v=J3H_i5N5fdw

To continue targeted medication assisted treatment (MAT) services outreach efforts to tribal communities, SUPT staff and some of the contracted MAT providers participate in the monthly Tribal ECHO MAT clinical training program to learn and improve the delivery of culturally responsive, evidenced-based treatment for opioid and stimulant use disorder.

SUPT staff attended the June 17, 2024, Reimaging Community Engagement event. The Equity and Wellness Institute and Sacramento County Public Health (SCPH) hosted a community convening to share and celebrate the SCPH Health and Racial Equity Action Plan (HREAP). The purpose of the HREAP is to serve as the equity strategy and implementation plan to further advance health and racial equity within SCPH.

SUPT staff attended the August 2023, UCSF Health Equity Symposium to continue to learn how to tackle systemic barriers, empower patients, and create safer and broader access to care. Some of the session topics discussions combating inequities and misunderstanding for improved care, black maternal health and listening to black women on how to deliver better care now that prioritize marginalized communities.

Sacramento County Let's Talk Meth Website

<https://letstalkmeth.org/resources/support-groups/>

Sacramento County's Let's Talk Meth website has been redesigned to include pictures of diverse populations. This website includes drug education, resources, and support for individuals struggling with methamphetamine addiction. This webpage includes support group resources such as:

- LifeRing Secular Recovery California Meetings
- Celebrate Recovery® Christ-Centered 12-Step Groups
- Refuge Recovery
- Sacramento Native American Health Center Recovery Services

SUPT Services – “Cultural and Language Needs” Webpage

<https://dhs.saccounty.gov/BHS/Pages/SUPT/Cultural-and-Language-Needs.aspx>

This webpage explains that SUPT embraces the cultural and linguistic diversity in our community and understands the importance of providing services that meet the cultural and language needs of our clients. It also explains that interpreters for a wide range of languages, including American Sign Language, are available and services that meet clients' cultural and language needs will be provided free of charge and will be included as part of clients' treatment plan.

Additionally, the webpage includes verbiage in 16 different languages that explains that free language assistance services are available and provides the contact phone number.

For individuals who are hard of hearing, California Relay Service information is provided. Service documents in alternate formats are offered at no charge to beneficiaries upon request.

SUPT Services – Member Handbook

The Drug Medi-Cal Organized Delivery System (DMC-ODS) Beneficiary Handbook was revised in accordance with new CalAIM standards and is available in Sacramento County’s seven threshold languages: Arabic, Chinese, Farsi, Hmong, Spanish, Russian, and Vietnamese. This handbook is to help members understand what services are available, how to access services, and other pertinent information. The handbook, in all seven languages, is available at all provider locations and available on the Sacramento County website:

<https://dhs.saccounty.gov/BHS/Pages/SUPT/DMC-ODS/DMC-ODS-Member-Handbook.aspx>

SUPT Services – Provider Directory

The DMC-ODS Provider Directory now includes translations in Sacramento County’s seven threshold languages: Arabic, Chinese, Farsi, Hmong, Spanish, Russian, and Vietnamese. This directory includes provider location, contact information, service modalities, practitioner information, etc. The directory is updated each month.

<https://dhs.saccounty.gov/BHS/Documents/SUPT/LI-BHS-SUPT-DMC-ODS-Provider-Directory.pdf>

SUPT Services: Service Brochure

Our SUPT service brochure is now available in Sacramento County’s seven threshold languages: Arabic, Chinese, Farsi, Hmong, Spanish, Russian, and Vietnamese. This brochure explains services provided, target population served, and how to access services. [Forms & Documents](#)

Other outreach flyers are now available in the following languages:

- Narcan flyers - Chinese, Hmong, Vietnamese, Dari, Farsi, Russian, and Spanish.
- Safer Sacramento Program outreach flyers - Chinese, Hmong, Vietnamese, Arabic, Farsi, Russian, and Spanish.

Homeless Outreach Program: Point in Time

Our Homeless Outreach Program has continued to improve outreach to diverse cultural communities to increase access to services:

The most recent Sacramento County Point in Time (PIT) homeless count in 2024 indicated Black and American Indian individuals are disproportionately represented in the population experiencing homelessness. Blacks/African Americans are disproportionately represented in the county’s homeless population (33% vs 9% of Sacramento County) and American Indian/Alaska Native individuals are also

overrepresented in Sacramento County (1.9% vs. 0.3% of Sacramento County). This mirrors national trends. BHS is working to address these disparities as referenced in an earlier section discussing MHSA Innovation (INN) Component Project 7 Plan: Community-Defined Mental Wellness Practices for the AA/B/AD Unhoused. <https://sacramentostepsforward.org/continuum-of-care-point-in-time-pit-count/2024-point-in-time-count/>

MHP Community Outreach Recovery Empowerment (CORE), formerly the Adult Outpatient Services Transformation, includes multiple strategies to reach underserved populations.

For example, Recovery Oriented Leadership (ROL), a best practice approach to increase hope, commitment, and action across the system of care, guides the Adult Outpatient Services Transformation. This practice involves the following four principles:

- Hope: Having a vision that is worth working towards and believing that things can improve.
- Healing: Acknowledgement that people need healing, compassion and encouragement as they work towards finding wholeness and health.
- Community Engagement: People are encouraged to be a part of the community, and their contributions are promoted, while they are accepted for who they are.
- Authority: People with psychiatric disabilities have the power to decide their future and take meaningful action based on their beliefs and desires.

The CORE Program combines previous community member-supported MHSA CSS component programs such as Wellness & Recovery Program, Transitional Community Opportunities for Recovery (TCORE) Program, Guest House, and the Regional Support Teams. By combining these programs, BHS focuses on increasing access and equitable distribution of Adult Outpatient Mental Health services and creates flexibility within the program to adjust intensity of services. This allows clients to maintain the intensity of services that are clinically indicated without transferring to a different provider, preserving client relationships with their service provider as their needs fluctuate or change. The CORE Program supports flexibility in its service delivery, ease of access, and emphasizes a client-centered, recovery focused, outcome-driven, system of care. CORE Program services are continuously informed and improved by ongoing site-based feedback sessions from clients, community members, and community members. For more information about CORE, please see the website at <https://dhs.saccounty.gov/BHS/Pages/Adult-Outpatient-Services-Transformation.aspx>

Through the transformation and expansion of policies through CalAIM, walk-in access will increase from three sites to eleven (11) sites expected to be in operation by November 2023. To ensure ease of access and equitable distribution of outpatient services, BHS completed a geographic analysis of adults served throughout Sacramento County. From this analysis, geographic boundaries were identified and mapped along with the population density of adults served.

Specific regions were identified to assure the eleven (11) CORE sites are sited in the areas of greatest need, have shortened distance parameters to services, and balance the geographic distribution of outpatient mental health services throughout Sacramento County. Two specific zip codes, 95828 and 95842, were identified by the County Behavioral Health Racial Equity Collaborative team as home to a high percentage of African American/Black/African decent residents with an absence of behavioral health programs. While unable to directly site within the two zip code borders, two CORE Provider sites are located just over a mile outside the targeted zip codes. Providers sited near targeted zip codes continue to work to build relationships with key community members to meet the needs of those communities and provide community-based services allowing additional ease of access. Providers are also exploring co-location of services within trusted community settings to engage community members residing within those specific zip codes.

For the purpose of providing culturally and linguistically responsive care, community defined practices, and cultural brokerage services through the CORE Program, CORE Providers have the opportunity to subcontract with grassroots and community-based organizations with knowledge, expertise and familiarity in working with the cultural, racial, ethnic, linguistic, sexual, and gender diversity of Sacramento County neighborhoods and communities. One (1) of the four (4) Providers awarded are specifically subcontracting with a Peer led organization for their CORE peer-run community wellness center program component for enrolled participants. To ensure underserved communities have access and education about on-going mental health supports, CORE Community Wellness Centers have expanded to include Community Wellness Outreach Teams that go out into the community and encampments to support our unhoused community members by offering connection to CORE Community Wellness Centers, engagement with ongoing mental health services and linkage to Medi-Cal benefits. CORE Providers continue to shape the community wellness centers to be reflective of the communities they are sited in and solicit ongoing feedback to be responsive to needs that are identified.

Many of Sacramento County BHS' MHSA CSS FSP programs utilize an integrated supported housing and team-based treatment approach to do "whatever it takes" to improve housing stability and mental health outcomes for individuals living with a serious mental illness, at risk of or experiencing homelessness. These FSPs provide intensive, coordinated support, and mental health services to clients residing in Sacramento County's MHSA Program units.

Adding the new Family FSP will allow more capacity and a full array of FSP services to support intensive services for families, caregivers and youth with complex family dynamics who need frequent contact and support to maintain their lives safely in the community. If needed, The Family FSP will allow for children and their caregivers to receive behavioral health services concurrently. The adults (parents, caregivers) and youth, who may also be at risk of involuntary psychiatric hospitalization or institutionalization, will receive support from the Family FSP. The Family FSP will also employ MHSA Steering Committee's recommendation for FSP program elements:

1. Easy access to services, such as sustained engagement of clients in the field, reaching out to clients as they are discharging or being released from other services or systems, and offering services outside standard business hours.
2. Mental health treatment includes providing services in the community, coordination of care with system partners, skills building, benefits acquisition, and transportation.
3. Develop and maintain collaborations and partnerships with housing partners to better serve children under 21 years of age and their families that are at risk of or experiencing homelessness.

The new FSP will:

1. Outreach to families and successfully engage them in services.
2. Provide recovery-oriented, trauma and culturally informed specialty mental health services and peer support services.
3. Provide full spectrum of community services and supports that includes a full array of mental health and non-mental health services and supports.
4. Provide housing supports/assistance.

FSPs use the “whatever it takes” philosophy to service delivery which means finding the methods and means to engage the client and family, determine their need for recovery and create collaborative services and supports to meet those needs. These services may be provided by a team 24 hours per day/7 days per week, as needed.

FSP tenets emphasize that the MHSA General Standards are integrated into the FSP model. These tenets include: client and family-driven FSP services within the context of a partnership between the client and provider; accessible, individualized services and supports tailored to a client’s readiness for change that leverage community partnerships; and delivery of culturally and linguistically responsive services with a focus for wellness, outcomes and accountability.

Youth at clinical high risk for psychosis (CHR-P) are under-recognized in community mental health (CMH) settings, and identified youth do not have adequate access to evidence-based care. The UC Davis CHR-P Project closes this critical gap for CHR-P youth (Ages 12-25) in Sacramento County through: 1) large-scale electronic screening to identify youth experiencing CHR-P symptoms followed by expert assessment to clarify CHR-P status and 2) linkage to stepped-care intervention to prevent or mitigate negative outcomes supported by expert training and supervision. Project goals are to: 1) Increase capacity of Sacramento County CMH services to identify and link youth experiencing CHR-P symptoms by implementing a universal screening and referral protocol; 2) Increase capacity of Sacramento County CMH services to provide evidence-based care for CHR-P youth via stepped-care of evidence-based assessment and treatment services. Key measurable objectives include: implement universal screening for CHR-P in CMH; implement comprehensive

assessment and linkage to stepped-care services for youth who screen positive for CHR-P; train CMH partners in evidence-based practices (EBPs) for CHR-P; and support ongoing training needs via bi-monthly consultation calls. As most CHR-P youth will either see remission of risk-symptoms in the first 12 months, stepped care approaches place initial assessment and treatment in the community while reserving specialized services, like coordinated specialty care - the evidence-based practice for psychosis symptoms that is provided by the UC Davis EDAPT clinic - for youth who do not improve with typical community care.

Previous screening research indicates that roughly 30% of those seeking care in similar health systems meet psychosis risk screening criteria and UCD has successfully supported implementation of CHR-P screening in multiple Sacramento sites during a prior NIMH study. As estimates suggest prevalence rates of CHR-P as high as 4-8% (van Os, Linscott et al. 2009), at least 30,000 individuals in Sacramento County may show signs of psychosis-risk that warrant assessment and possibly monitoring or intervention. Currently, UC Davis EDAPT is the only specialty mental health clinic focused on identifying and treating early psychosis, including CHR-P and threshold psychosis within 2 years of onset. Current staffing supports a capacity to treat roughly 80 Medicaid eligible clients/families and 100 private insurance clients/families at any time, meaning the vast majority of those at-risk for psychosis are not currently being identified or receiving specialized services. This new grant program will leverage UCD's prior experience using electronic psychosis screening to increase identification of CHR-P in the Sacramento community (Niendam, Loewy et al. 2018) and successful implementation of a CHR-P stepped care protocol (Hartmann, Nelson et al., Nelson, Amminger et al. 2018) in the EDAPT clinic (Shapiro, Grattan et al).

In preparation to increase CHR-P services in CMH settings UCD is uniquely positioned to carry out this work: UC Davis is nationally recognized as leaders in the development and implementation of EBPs for youth with psychosis in diverse settings. Over the 4-year project, UCD anticipates screening a total of 2700 individuals in CMH, conducting 716 comprehensive assessments with youth who screen positive for psychosis, and an estimated 198 youth will receive CHR-P services over the course of the project. By the end of the project, UCD will have increased CHR-P service capacity from 22 to 66 individuals annually, tripling Sacramento County capacity to provide evidence-based care to youth with CHR-P. This project will also build the necessary screening, assessment, and training infrastructure to support ongoing expansion of CHR-P services in Sacramento County and across the US.

BHS has multiple County-operated programs that provide mental health services to adults, children and youth, at home, in the community, in the office, in jails, or at the Youth Detention Facility. BHS developed an Evidence Based Practice (EBP) training program for direct service providers and administrative staff to raise the level of awareness and competency for direct service providers who directly interact with beneficiaries. The EBP training program includes the following:

Enhanced Illness Management and Recovery (E-IMR): is an evidenced-based practice designed to provide mental health clients with knowledge and skills necessary to cope with aspects of their mental illness while maintaining and achieving goals in their recovery. IMR is a curriculum in which a trained mental health practitioner or trained peer specialist uses psychoeducation, behavioral tailoring, relapse prevention training, and coping skills training to assist in symptom management and goal formulation. E-IMR can be delivered either in individual or group formats. This modality is appropriate for clients aged 18 and up. Designed for a wide variety of mental health populations, E-IMR is appropriate for use with individuals who are experiencing severe mental illness, psychosis, and substance abuse.

Strengths Model Care Management: is an evidence-based practice which helps people build or rebuild lives that by their own definition have meaning, purpose, and valued identity. The Strengths Model is both a philosophy of practice and a set of tools and methods designed to help people (1) identify and achieve meaningful and important life goals; and (2) increase the person's ability to exercise power related to both how they view themselves and how they interact with their environment.

ASIST: [Applied Suicide Intervention Skills Training \(ASIST\) | Suicide Prevention Resource Center \(sprc.org\)](https://www.sprc.org) is an evidence-based practice which teaches clinicians specific interventions to prevent suicide by recognizing signs, providing a skilled intervention, and developing a safety plan to keep someone alive. ASIST can also provide professional development to formal supports to ensure that they are prepared to provide suicide first aid help as part of the care they provide. The emphasis is on teaching suicide first-aid to help a person at risk stay safe and seek further help as needed. Participants learn to use a suicide intervention model to identify persons with thoughts of suicide, seek a shared understanding of reasons for dying and living, develop a safety plan based upon a review of risk, be prepared to do follow-up, and become involved in suicide-safer community networks.

ProACT: is an evidence- based practice which aims to improve safety and enhance treatment outcomes. The primary purpose of PRO-ACT is to teach clinicians and healthcare professionals the ability to safely de-escalate clients, therefore removing or reducing the need for physical or chemical restraints. Based on principles drawn from evidence-based practices and tested in a wide variety of healthcare, behavioral health, residential, and educational settings, Pro-ACT is a training program for organizations and agencies seeking to reduce or eliminate the use of restraint. With an emphasis on critical thinking and continued assessment, Pro-ACT looks beyond the topography of behavior to identify and address client needs. It's this distinctive problem-solving approach for creating safety that Pro-ACT users find valuable and effective.

Dialectic Behavioral Therapy (DBT): is a cognitive behavioral treatment that was originally developed to treat chronically suicidal individuals diagnosed with borderline personality disorder (BPD) and it is now recognized as the gold standard psychological treatment for this population. DBT can also be used to treat the following mental health disorders: suicidality, self-harm, individuals with substance use disorders, eating

disorders, Post Traumatic Stress Disorder symptoms, suicidal adolescents; individuals with comorbid HIV and substance use disorders; developmentally delayed individuals; older adults with depression and one or more personality disorders; individuals with schizophrenia; families of patients; women experiencing domestic violence; violent intimate partners; individuals who stalk; inpatient and partial hospitalization settings for adolescents and adults; forensic settings for juveniles and adults. DBT has been implemented across a multitude of settings: inpatient, outpatient, standalone programs and as a modality within other programs, and in many countries.

Motivational Interviewing (MI): is a client-centered, goal-oriented method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. It is creating a safe and non-judgmental space where an individual feels they can explore change. MI was initially developed to be used with adults and research indicates it can be used with younger individuals. Additionally, MI is used globally. Also, MI emphasizes working within clients' values and is therefore conducive to understanding cultural differences. MI is being used, or can be used, in any situation where there is ambivalence to any type of change in regard to a behavior or way of thinking. MI can also be used to address clients experiencing the following conditions: substance abuse and connectivity, suicidality and self-harm, personality traits impairing functioning (trauma reactive), homelessness or housing issues related to mental health challenges.

Individual Placement and Support (IPS) is a model of supported employment for people with serious mental illness (e.g., schizophrenia spectrum disorder, bipolar, depression). IPS supported employment helps people living with behavioral health conditions work at regular jobs of their choosing. Although variations of supported employment exist, IPS refers to the evidence-based practice of supported employment. IPS is based on the 8 principles consisting of: competitive employment, systematic job development, rapid job search, integrated services, benefits planning, zero exclusion time-unlimited supports, and worker preferences. The number of studies showing IPS effectiveness continues to grow. To date, 28 randomized controlled trials of IPS (See Recommended Readings below) have shown a significant advantage for IPS. Across the 28 studies, IPS showed an average competitive employment rate of 55% compared to 25% of individuals part of the control group. A meta-analysis of 17 randomized controlled trials found that people receiving IPS services were 2.4 times more likely to be employed than individuals in the control group (Modini, 2016).

BHS has implemented a new grant program to support a collaboration between the County and all local school districts to increase access to mental health services, support student mental health and wellness and improve social emotional learning. This new program will leverage an existing wellness app called Grace-Giving Resources and Care. Grace was developed by Sacramento City Unified School District (SCUSD) for their over 40,000 students. This program will allow the developer to add more youth friendly features and expand access and customization for any participating Sacramento County school districts and the County Office of Education serving

approximately 213,015 school age students per year. The purpose of this program will be to improve social emotional wellness to prevent and reduce suicide attempts.

IV. Then discuss how the county measures and monitors activities/strategies for reducing disparities.

The County tracks demographics and penetration rates by language, culture, age and gender that informs planning strategies. As part of the work of the BHREC, the County BHREC team identified the following goal in our BHS Racial Equity Action Plan:

Build trust with the community through equitable resource distribution across different areas of Sacramento County. It was discovered that there are two zip codes in Sacramento County (95828 and 95842) that are home to a high percentage of the county's African American/Black/African Descent residents, and that do not have any behavioral health outpatient service providers sited in those zip codes. The proposed improvement is to site behavioral health programs in the two identified zip codes, equitably fund these new and existing agencies that serve the AA/Black/AD community and serve at program capacity. Please see the narrative in Criterion 3, Section III for the discussion of the CORE Program, formerly the Adult Transformation, and the efforts made in this goal. While sites were not able to be located in those two zip codes for the CORE Programs, BHS continues to explore opportunities for siting new programs within these zip codes. BHS continues to be mindful of these zip codes as we expand programming. Additionally, BHS initiated a Latino/Latinx/Latine/Hispanic (L/LX/LE/H) Behavioral Health Racial Equity Collaborative (BHREC) in FY 2023/24 in partnership with the community to develop a better understanding of barriers that may be preventing community members from accessing BHS services and strategies for mitigating these barriers. For additional efforts relating to BHREC, reference Criterion 6, Section D.

V. Share what has been working well and lessons learned through the process of the county's development and implementation of strategies that work to reduce disparities (within Medi-Cal, CSS, WET, and PEI).

The work to reduce disparities is ongoing. BHS tracks demographics and penetration rates and consults with advocates and peer mentors to develop community informed solutions. PEI Supporting Community Connections (SCC) programs have developed relationships with cultural brokers in underserved communities. SCC Programs include cultural and linguistic expertise in:

- Arabic, Cantonese, Spanish, Hmong, Mien, Vietnamese, Russian, Ukrainian, Farsi, Dari, and Pashto.
- Cultural Communities also include Transition Age Youth (TAY) especially LGBTQ+ and current or former foster youth, Older Adults, and Clients.
- Their outreach and referrals are being tracked to determine if that is improving our penetration rates in underserved communities.

An example of what is working well is our outreach to the community through both word-of-mouth outreach conducted by trusted cultural brokers and community members and the dissemination of flyers for our community input events that have been translated into our threshold languages. BHS offered real time captioning for virtual events to accommodate hard of hearing individuals who may not have specifically requested this during their registration. BHS also provided interpreters for the languages requested by registrants, which included American Sign Language. Examples of the community input flyers include but are not limited to: [Community Wellness Response Team – formerly known as Alternatives to 911 for Mental Health Calls](#), and [Assisted Outpatient Treatment \(AOT\)](#):

Given the low penetration rates within our BHS specialty mental health and SUPT services for the API and Hispanic/Latinx communities, BHS is continuing to work in partnership with cultural brokers and community members in order to improve access for community members. BHS continues the robust work in partnership with the community to design culturally and linguistically appropriate messages that promote hope and wellness and decrease stigma around mental illness for the diverse communities within our county that also experience lower penetration rates. For FY 2023-24, BHS initiated a Latino/Latinx/Latine/Hispanic (L/LX/LE/H) Behavioral Health Racial Equity Collaborative (BHREC). The framework emphasizes community engagement and co-design with community members and community leaders to reduce and ultimately eliminate behavioral health inequities. The L/LX/LE/H BHREC initiatives started in July 2023 and will extend to June 2025. Activities completed thus far include:

- Hosted 2 Virtual Community Forums (July 2023)
 - L/LX/H BHREC has had two virtual community forums (40 people in attendance) events discussing the goals and engaging with Community members to better understand challenges.
- Hosted (2) In-Person Community Forums called Tarde Social
 - 11.3.23 at Robertson Community Center, 40+ in attendance
 - 11.4.23 at Galt Community Center, 20+ in attendance
- Distributed a Latino Community Readiness Model Survey. There was a total of 69 respondents (39 in English and 30 in Spanish). A report outlining the findings has been drafted and is pending approval of the Latino BHREC Steering Committee.
- Conducted 8 Several Focus Groups
- Conducted 15 Key Informant Interviews with Community Members representing different behavioral health systems of care (i.e. Primary Care, Schools, Faith-Based, Client Advocates, Leaders).

CRITERION 4

COUNTY MENTAL HEALTH SYSTEM

CLIENT/FAMILY MEMBER/COMMUNITY COMMITTEE: INTEGRATION OF THE COMMITTEE WITHIN THE COUNTY MENTAL HEALTH SYSTEM

Rationale: A culturally competent organization views responsive service delivery to a community as a collaborative process that is informed and influenced by community interests, expertise, and needs. Services that are designed and improved with attention to community needs and desires are more likely to be used by patients/consumers, thus leading to more acceptable, responsive, efficient, and effective care (CLAS, Final Report).

- I. The county has a Cultural Competence Committee, or similar group that addresses cultural issues, has participation from cultural groups, that is reflective of the community, and integrates its responsibilities into the mental health system.**

The county shall include the following in the CCPR Modification (2010):

- A. If so, briefly describe the committee or other similar group (organizational structure, frequency of meetings, functions, and role). If the committee or similar group is integrated with another body (such as a Quality Improvement Committee), The so inclusive committee shall demonstrate how cultural competence issues are included in committee work.**
- B. If so, briefly describe how the committee integrates with the county mental health system by participating in and reviewing MHSA planning process.**

CRITERION 4

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

CLIENT/FAMILY MEMBER/COMMUNITY COMMITTEE: INTEGRATION OF THE COMMITTEE WITHIN THE COUNTY MENTAL HEALTH SYSTEM

- I. **The county has a Cultural Competence Committee, or similar group that addresses cultural issues, has participation from cultural groups, that is reflective of the community, and integrates its responsibilities into the mental health system.**

The county shall include the following in the CCPR Modification (2010):

- A. **If so, briefly describe the committee or other similar group (organizational structure, frequency of meetings, functions, and role). If the committee or similar group is integrated with another body (such as a Quality Improvement Committee), The so inclusive committee shall demonstrate how cultural competence issues are included in committee work.**
- B. **If so, briefly describe how the committee integrates with the county mental health system by participating in and reviewing MHSA planning process.**

The following is a response to questions A and B.

The Cultural Competence Committee (CCC) is included in the Sacramento County Phase II Consolidation of Medi-Cal Specialty Mental Health Services Plan and is described as a sub-committee of the Quality Improvement Committee. From the beginning, membership was an open process in which a balance was maintained of clients and family members, community members, community-based organizations (CBOs), and county and contract provider line staff and management, all of whom were reflective of the diverse LGBTQ, cultural, linguistic, racial, and ethnic communities of Sacramento County. Meetings are open to everyone. Agenda design allows for inclusion of off agenda items. Periodically, membership is assessed for changing demographics and/or gaps and new membership is solicited. This process was formalized in 2010 when the CCC membership, along with the

Mental Health Board and the MHS Steering Committee were disaggregated to assess diversity in the annual Human Resource Survey.

Maintaining its advisory/oversight role, in 2000 the CCC sanctioned an ad hoc committee devoted to planning for the first Latino Behavioral Health Week during the third week of September of that year. The success of that planning effort led to the establishment of the System-wide (System-wide Committee) Community Outreach and Engagement Committee in 2002. This committee functions as a working committee to plan and execute tailored outreach activities based on data highlighting disparities in cultural, racial, and ethnic communities. This includes penetration rates reviewed by the CCC. Members of the committee generally represented individuals who have skill and interest in developing and staffing outreach activities and have ties in the community. In January of 2024, we have re-started the System-wide Community Outreach and Engagement Committee (SWCOEC), after taking a break during and after COVID-19 pandemic.

After analyzing penetration rates for Behavioral Health Services in Sacramento County, the committee has decided to focus on outreach efforts to Asian Pacific Islander community, as data shows the lowest penetration rates in that community when it comes to mental health and substance use, prevention and treatment services. CCC meets monthly and SWCOEC meets every other month, with some members serving on both committees Please see CCC Roster (Appendix 06). BHS has continued to integrate the work of the System-wide Committee within the work of the CCC. . The CCC takes seriously its charge to ensure that the mental health system follows a systemic, systematic, and strategic approach to eliminating disparities for cultural, racial, and ethnic communities in a system that practices and promotes a stance of cultural humility and is culturally and linguistically competent at all levels. The CCC believes that the system should be sensitive and responsive to diversity and cultural issues throughout the system at the policy, administrative/executive, and service level and is committed in its role to advise on issues that support these beliefs.

The CCC is a task-oriented committee that assists and advises the behavioral health system to implement culturally and linguistically competent practices and services through oversight of the CCP. The following domains outline the charge of the committee and set the parameters for goals and objectives:

- Governance and organizational infrastructure (CCP plan development, policy development and review of accountability structures)
- Impacting service and supports
- Meaningful involvement in planning activities and continuous quality improvement
- Community collaboration
- Communication
- Workforce development

To support the efforts of the CC Committee and convey the goals, objectives, and new initiatives of the Committee to the Substance Use Prevention and Treatment (SUPT) service system, a Program Planner continues to serve as the liaison between the SUPT service system and the CC Committee. The Program Planner serves on the CC Committee and participates in the monthly meetings. The SUPT Program Planner provides cultural competence updates at the weekly SUPT Administration Meeting, which includes the Division Manager, Program Manager, other Program Planners, Program Coordinators, and administrative/clerical staff. Additionally, “Cultural Competence Update” is a standing agenda item for the monthly SUPT Executive Director Meeting, which includes all contracted prevention and treatment providers and County SUPT staff.

The CCC, chaired by the Cultural Competence and Ethnic Services Manager, assists BHS with ensuring sustained community member involvement from diverse cultural, racial, and ethnic community members during the various community planning processes. CCC members often encourage diverse community members to participate in BHS-sponsored community planning processes. BHS presents the draft MHSAs Three Year Plan and subsequent draft MHSAs Annual Updates to the CCC to receive their collective comment and input prior to finalization, Board of Supervisors approval, and submission to DHCS and MHSOAC. All MHSAs Three Year Plans and Annual Updates contain information about all Sacramento County MHSAs component work plans, programs, and activities. When MHSAs funded programs and activities are procured (i.e., Request for Applications or Proposals [RFA/RFP]), BHS always includes at least one cultural competence representative on all competitive bid evaluation processes to support culturally and linguistically responsive service design and delivery. Finally, one voting member seat on the MHSAs Steering Committee is occupied

by a cultural competence subject matter expert recommended by the Cultural Competence Committee. The charge of the MHSA Steering Committee is to make MHSA funded program recommendations to BHS.

These are some examples of CCC accomplishments this year:

- CCC members have been providing feedback, suggestions, and other contributions to the 2024 Cultural Competence Plan.
- CCC members provided feedback to MHSA regarding Innovation 6 (alcove Sacramento) and 7 (Community-Defined Mental Wellness Practices for the African American/Black/African Descent Unhoused) plans. CCC was in support of moving forward with innovation project plans.
- CCC continues to provide feedback to the “Mental Illness: It’s not always what you think” project regarding outreach to faith communities, schools and business organizations, especially as it relates to diverse communities in Sacramento County. The project asked CCC to provide them with contacts with trusted leaders and influencers in the community so that they can expand their outreach efforts, with the goal of reducing stigma and discrimination related to mental illness.
- In September 2021, BHS incorporated the CCC data collection recommendations into our Avatar electronic health record and this data collection continues with the Smart Care electronic health record; moving forward, gender and sexually diverse communities will be more accurately reflected in the data reporting throughout the BHS system in future reports.

Representatives from the Gender Health Center, LGBT Center and county staff from the LGBT community worked together to provide a SOGIE glossary for terms which are especially helpful to translators where there are not corresponding terms for gender expression or sexual orientation.

- The CCC continues to open our meetings with Land and Labor Acknowledgements. The CCC provided collective comment for consideration (see attachment Appendix 07)

regarding the Draft Mental Health Services Act (MHSA) Fiscal Year 2024/25 and 2025/26, Two Year Program and Expenditure Plan. A member volunteered to present the collective comment about the Draft MHSA Fiscal Year 2024/25 and 2025/26, Two Year Program and Expenditure Plan on behalf of the CCC at the public hearing on April 2, 2024.

- Behavioral Health Racial Equity Collaborative (BHREC) representatives for African American/Black/of African Descent Ad-Hoc Committee and Latino/ Latinx/ Latine/ Hispanic BHREC regularly report to the CCC and gather feedback from the committee.
- Sacramento County Chief Diversity, Equity and Inclusion (DEI) Officer presented to CCC about County wide DEI initiatives, and CCC members offered their feedback regarding these efforts.
- Several CCC members are Steering Committee members; and two CCC members have served on the MHSA Steering Committee Executive Committee.
[MHSA Steering Committee Meetings - 2024 \(saccounty.gov\)](#)
- CCC also gave the following feedback regarding the BHS Human Resource Survey Report:
 - Increase outreach to schools and colleges to increase workforce reflecting the communities we serv
 - Include Farsi in Threshold Language list.
 - Include Hispanic / Latino as a beneficiary category for SUPT and Mental Health.
 - Add English Only category as an option in order to improve clarity of data.

Include penetration rate data in the report to show that more staff representing the communities served is needed.

CRITERION 5

COUNTY MENTAL HEALTH SYSTEM

CULTURALLY COMPETENT TRAINING ACTIVITIES

Rationale: Staff education and training are crucial to ensuring culturally and linguistically appropriate services. All staff will interact with clients representing different countries or origins, acculturation levels, and social and economic standing. Staff refers not only to personnel employed by the organization but also its subcontracted and affiliated personnel (CLAS), Final Report).

I. The county system shall require all staff and shall invite stakeholders to receive annual cultural competence training.

The county shall include the following in the Modification (2010):

A. The county shall develop a three-year training plan for required cultural competence training that includes the following: (The county may submit information from the county's WET plan provisions for training. The county shall describe how training efforts are integrated and can reasonably be expected to create and maintain a culturally competent workforce).

1. Steps the county will take to provide required cultural competence training to 100% of their staff over a three-year period.
2. How cultural competence has been embedded into all trainings.
3. A report list of annual training for staff, documented stakeholder invitation. Attendance by function to include: Administration/Management; Direct Services, Counties; Direct Services, Contractors, Support Services; Community Members/General Public; Community Event; Interpreters; Mental Health Board and Commissions; and Community-based Organizations/Agency Board of Director, and if available, include if they are clients and/or family members.

B. Annual cultural competence trainings topics shall include, but not be limited to the following:

1. Cultural Formulation;
2. Multicultural Knowledge;
3. Cultural Sensitivity;
4. Cultural Awareness; and
5. Social/Cultural Diversity (Diverse groups, LGBTQ, SES, Elderly, Disabilities, etc.).
6. Interpreter Training in Mental Health Settings
7. Training Staff in the Use of Mental Health Interpreters

Use the following format to report the previous requirement:

Training Event	Description of Training	How long and often	Attendance by Function	No. of Attendees and Total	Date of Training	Name of Presenter
<i>Example Cultural Competence Introduction</i>	<i>Overview of cultural competence issues in mental health treatment settings.</i>	<i>Four hours annually</i>	<ul style="list-style-type: none"> <i>* Direct Services</i> <i>* Direct Services Contractors</i> <i>* Administration</i> <i>* Interpreters</i> 	15 20 4 2 Total: 41	<i>1/24/10</i>	

II. Counties must have a process for the incorporation of Client Culture Training throughout the mental health system.

- A. **The county shall include the following in the CCPR** Evidence of an annual training on Client Culture that includes a client’s personal experience inclusive of racial, ethnic, cultural, linguistic, and relevant small county cultural communities. Topics for Client Culture training are detailed on page 18 of the CCPR (2010) from DMH Information Notice 10-02.
- B. The training plan must also include, for children, adolescents, and transition age youth, the parent’s and/or caretaker’s, personal experiences with the following:
1. Family focused treatment.
 2. Navigating multiple agency services; and
 3. Resiliency.

Use the following format to report the previous requirement:

Training Event	Description of Trainings	How long and often	Attendance by Function	No. of Attendees and Total	Date of Training	Name of Presenter
<i>Example Cultural Competence Introduction *see Appendix 8 for complete list of training</i>	<i>Overview of cultural competence issues in behavioral health treatment settings.</i>	<i>Four hours annually</i>	<ul style="list-style-type: none"> <i>• Direct Services</i> <i>• Direct Services Contractors</i> <i>• Administration</i> <i>• Interpreters</i> 	15 20 4 2 Total: 41	<i>1/24/10</i>	

CRITERION 5

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

CULTURALLY COMPETENT TRAINING ACTIVITIES

I. The county system shall require all staff and shall invite stakeholders to receive annual cultural competence training.

A. The county shall develop a three-year training plan for required cultural competence training that includes the following:

1. Steps the county will take to provide required cultural competence training to 100% of their staff over a three-year period.

Sacramento County Behavioral Health Services worked with California Institute for Behavioral Health Solutions (CIBHS) to develop a training tracking system for our county. Utilizing a new Learning Management System (LMS), BHS supervisors and BHS contract providers submit the names and contact information for the staff involved with providing direct services, their supervisors, and administrative/leadership; these individuals are required to take the annual cultural competence training. The required staff and contractors each have profiles in the LMS and are assigned the required trainings, which can be monitored and tracked for completion. The LMS includes a mechanism to identify which staff members have not yet taken the training prompting CIBHS to send a reminder notice to the individual(s).

Sacramento County is offering a new training series in FY 2023-24 and FY 2024-25 focusing on cultural humility. Over the next two years, Sacramento County will provide five live (virtual) trainings, each two hours in length. Below is the current breakdown of attendance for the FY 2023-24:

Role ^[1]	Attended
Administration/Management	650
Direct Services: County Staff	643
Direct Services: Contractors	818
Support Services	781
Interpreters	0
Community-Based Organizations/Agency Board of Directors (client)	55
Community-Based Organizations/Agency Board of Directors (family member)	2
Another Role ^[3]	12
Role Not Listed	381
TOTAL	3,334

Total attendance at each training was calculated based on the number of evaluations completed for that training. Attendees could choose to attend each training live via Zoom or watch the recording afterwards in the LMS.

2. How cultural competence has been embedded into all trainings.

We continue to embed cultural competence in all training. The Cultural Competence Unit reviews the WET component embedded in the [MHSA FY 2023-24 MHSA Annual Update https://dhs.saccounty.gov/BHS/Documents/Reports--Workplans/MHSA-Reports-and-Workplans/RT-2023-24-MHSA-Annual-Update--Sacramento-County.pdf](https://dhs.saccounty.gov/BHS/Documents/Reports--Workplans/MHSA-Reports-and-Workplans/RT-2023-24-MHSA-Annual-Update--Sacramento-County.pdf) ensuring cultural competence is referenced in all training plans.

3. A report list of annual training for staff, documented community member invitation.

We compile the list of cultural competence training from all the providers which contains information broken out by attendance and by function for each training – please reference the 2023/24 CC Training Log (Appendix 08). All of the cultural competence trainings, including the Cultural Humility series and the Behavioral Health Interpreter Trainings are included in

^[1] The numbers in this table are calculated based on the unduplicated list of invited attendees provided by Sacramento County BHS.

^[3] Other roles include: Community Event, Community Members/Public

the Cultural Competence Training log using the format provided in the CCPR. In addition, please see linked copies of the Cultural Competence and Behavioral Health Interpreter [training flyers/announcements](#) and [invitation](#).

- B. Annual cultural competence trainings topics include:
1. Cultural Formulation;
 2. Multicultural Knowledge;
 3. Cultural Sensitivity;
 4. Cultural Awareness; and
 5. Social/Cultural Diversity (Diverse groups, LGBTQ, SES, Elderly, Disabilities, etc.).
 6. Interpreter Training in Mental Health Settings
 7. Training Staff in the Use of Mental Health Interpreters

Between April 2024 and September 2024, Sacramento County Behavioral Health Services with the California Institute for Behavioral Health Solutions (CIBHS) hosted five cultural humility training courses. The courses fulfill the County's annual training requirements under the Cultural Competence Plan for Fiscal Year 2022-23. Participants could attend the courses live via Zoom at the time they were held, or they could watch a recording afterward.

Participants were required to attend or watch the recordings for each of the following sessions:

FY 2023-24 and FY 2024-25 Training Series Training

Training	Description	Hrs. of Training
Training 1.	Cultural Humility as a Framework in Advancing Justice, Equity, Diversity, and Inclusion	(2 Hours)
Training 2.	Equity and Inclusion for People with Disabilities in Behavioral Health Services: Part 1 – Applying the Americans with Disabilities Act (ADA)	(2 Hours)
Training 3.	Practicing Cultural Formulation *Required only for Clinical Teams	(2 Hours)
Training 4.	Cultural Humility: Communities identifying as Transgender and Gender Diverse	(2 Hours)
Training 5.	Equity and Inclusion for People with Disabilities in Behavioral Health Services: Part 2 - Cultural and Systemic Barriers and the Lived Experience	(2 Hours)

Behavioral Health Interpreter Training for Interpreters was offered in person this fiscal year. This intensive training is intended for bilingual staff who are fluent in English and at least one other language and who use their linguistic skills to provide interpreting services. This training is required for direct service staff, clinicians, administrative support staff, bilingual community members, contractors, clients, case management staff and others who are currently serving as language interpreters in either mental health and/or substance use prevention and treatment programs or who want to become interpreters. In addition to Behavioral Health Interpreter Training for Interpreters, one session of Behavioral Health Interpreter training for Monolingual Providers was provided virtually (via Zoom) as well. This workshop offers practitioners an opportunity to increase cross cultural communication in clinical interactions. Communicating with clients through language interpreters in clinical settings is discussed in this training. Strategies to improve communication and service delivery when working with a language interpreter are outlined and practiced. This training creates a structure for participants to understand the complex roles of the behavioral health interpreter.

Twenty participants attended Behavioral Health Interpreter

Training for Interpreters (in-person), and twenty-five participants attended Behavioral Health Interpreter Training for Monolingual Providers (virtual) during FY 2023/24.

II. Counties must have a process for the incorporation of Client Culture Training throughout the mental health system.

- A. Evidence of an annual training on Client Culture that includes a client's personal experience inclusive of racial, ethnic, cultural, linguistic, and relevant small county cultural communities. Topics for Client Culture training are detailed on page 18 of the CCPR (2010) from DMH Information Notice 10-02.

See Peer Empowerment Conference Summary Report and Program (Appendix 09 & Appendix 10, respectively)

We continue to partner with Cal Voices to provide client culture training throughout the system. An excellent example is the Annual Peer Empowerment Conference. The Peer Empowerment Conference took place at Sacramento State University on June 21, 2024. There were 154 unique participants. This was the 28th annual conference. There were a variety of presenters and panelists which were well received and welcomed by attendees.

This year's theme was: Advancing the Peer Workforce in Sacramento County. The 2024 Conference featured three engaging speaker presentations:

- Juan Vélez Court: Juan is a Mental Health and Peer Recovery Consultant for the Mental Health and Anti Addiction Services Administration of Puerto Rico, and also provides consulting for the National Empowerment Center. Among other roles, he works as a liaison to bridge the gap between peer and clinical services, facilitating and coordinating trainings, workshops and strategic opportunities to integrate people with lived experience in the workplace and maintain the integrity of the role of peer services.
- Morgan Pelot: Morgan worked as the Research Program Manager at Live & Learn, where she managed the Certified Peer Specialist Career Outcomes Study along with other grant funded projects. She has published 8 peer-reviewed articles on entrepreneurship, peer support and medication management, and conducted quantitative and qualitative analysis for various consulting projects, including the biennial Peer Respite Essential

Features Survey. She will discuss findings from the Certified Peer Specialist Career Outcomes Study, share lessons learned from other states' certification and employment of peer specialists, and provide suggestions for how to implement and support the growing peer workforce.

- 1 Degree of Separation: "1 Degree of Separation, a Funny look at Depression and Suicide" is a suicide prevention training program that has been presented at over 100 events in 11 states. They use comedy and laughter to address a serious subject, and the result is life changing. 1 Degree has become a legitimate suicide prevention training tool all across the country. They recently signed a two-year contract with the California Prison Industry Authority and provide suicide prevention training for all new employees statewide.

Attendees also engaged with two panel presentations:

Peer panelists:

Name	Title	Program
BJ Sloan	Peer Family Advocate	Hope Cooperative
Jean Philson	Family Partner I	Stanford Sierra Youth & Families
Kieyre Arnold	Youth Advocate	River Oak Center for Children
Patrick Walsh	Peer Support Specialist	Cal Voices

Peer Employer Panelists:

Name	Title	Program
Tiffany Carter	Executive Director	Clients Self-Help Centers
Theresa Hodges	Program Director	Turning Point Community Programs
Trina Hatler	Program Director	Hope Cooperative
Xiomara Seide	Youth Advocate & Family Partner Supervisor	Pacific Clinics

- B. The training plan must also include, for children, adolescents, and transition age youth, the parent's and/or caretaker's, personal experiences with the following:
1. Family focused treatment;
 2. Navigating multiple agency services; and
 3. Resiliency.

Use the following format to report the previous requirement:

Training Event	Description of Trainings	How long and often	Attendance by Function	No. of Attendees and Total	Date of Training	Name of Presenter
<i>Example</i> <i>Cultural Competence Introduction</i> <i>*see Appendix 08 for complete list of training</i>	<i>Overview of cultural competence issues in behavioral health treatment settings.</i>	<i>Four hours annually</i>	<i>* Direct Services * Direct Services Contractors * Administration * Interpreters</i>	15 20 4 2 Total: 41	1/24/10	

All the training described above are included in the annual training log. The training log contains information about training with an emphasis on Family focused treatment; Navigating multiple agency services; and Resiliency. Training is intended to improve cultural responsiveness throughout the system. In FY 23/24, the number of people who received training are included in the following table:

Training Types	Total # of Trainings	Total # of Attendees
MH - Cultural Competence	179	6586
MH - Family Focused - Youth	42	405
MH - Navigating Systems - Youth	29	373
MH - Recovery - Adult	96	2236
MH - Resiliency - Youth	89	1260
SUPT - Cultural Competence	27	523
SUPT - Family Focused - Youth	7	69
SUPT - Navigating Systems - Youth	10	26
SUPT - Recovery - Adult	19	422
SUPT - Resiliency - Youth	3	9
Total	501	11909

11,909 people received one or more cultural competence trainings inclusive of the categories listed above. The complete training log is listed in the Appendix. (Appendix 08).

CRITERION 6

COUNTY MENTAL HEALTH SYSTEM

COUNTY'S COMMITMENT TO GROWING A MULTICULTURAL WORKFORCE: HIRING AND RETAINING CULTURALLY AND LINGUISTICALLY COMPETENT STAFF

Rationale: The diversity of an organization's staff is necessary, but not a sufficient condition for providing culturally and linguistically appropriate health care services. Although hiring bilingual individuals from different cultures does not in itself ensure that the staff is culturally competent and sensitive, this practice is a critical component to the delivery of relevant and effective services for all clients. Staff diversity at all levels of an organization can play an important role in considering the needs of clients from various cultural and linguistic backgrounds in the decisions and structures of the organization. (CLAS, Final Report).

i. Recruitment, hiring, and retention of a multicultural workforce from, or experienced with, the identified unserved and underserved populations

The county shall include the following in the CCPR Modification (2010):

- A. Extract and attach a copy of the Mental Health Services Act (MHSA) workforce assessment submitted to DMH for the Workforce Education and Training (WET) component. Rationale: Will ensure continuity across the County Mental Health System.
- B. Compare the WET Plan assessment data with the general population, Medi-Cal population, and 200% of poverty data. Rationale: Will give ability to improve penetration rates and eliminate disparities.
- C. Provide a summary of targets reached to grow a multicultural workforce in rolling out county WET planning and implementation efforts.
- D. Share lessons learned on efforts in rolling out county WET implementation efforts.
- E. Identify county technical assistance needs.

CRITERION 6

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

COUNTY'S COMMITMENT TO GROWING A MULTICULTURAL WORKFORCE: HIRING AND RETAINING CULTURALLY AND LINGUISTICALLY COMPETENT STAFF

Rationale: The diversity of an organization's staff is necessary, but not a sufficient condition for providing culturally and linguistically appropriate health care services. Although hiring bilingual individuals from different cultures does not in itself ensure that the staff is culturally competent and sensitive, this practice is a critical component to the delivery of relevant and effective services for all clients. Staff diversity at all levels of an organization can play an important role in considering the needs of clients from various cultural and linguistic backgrounds in the decisions and structures of the organization. (CLAS, Final Report).

I. Recruitment, hiring, and retention of a multicultural workforce from, or experienced with, the identified unserved and underserved populations

- A. Extract and attach a copy of the Mental Health Services Act (MHSA) workforce assessment submitted to DMH for the Workforce Education and Training (WET) component. Rationale: Will ensure continuity across the County Mental Health System.

[The FY 2023-24 MHSA Annual Update](#) includes our progress on our WET Plan activities. Future planned activities in [2024-25 and 2025-26 MHSA Two-Year Plan](#)

- B. Compare the WET Plan assessment data with the general population, Medi-Cal population, and 200% of poverty data. Rationale: Will give ability to improve penetration rates and eliminate disparities.
- C. Provide a summary of targets reached to grow a multicultural workforce in rolling out county WET planning and implementation efforts.

The following includes responses from B – C:

Due to the very diverse population of Sacramento County, the MHP strives to retain a diverse workforce. In order to assess the diversity of the workforce, staff rosters are collected on a quarterly basis. The rosters collect current staff, position, as well as language capabilities of staff. Staff-specific language capability information is submitted to the state through the county's response to the Network Adequacy Certification Tool.

Beyond the staff rosters utilized for ongoing monitoring, the County surveys BHS staff, BHS committee/steering members, and contracted providers (direct, indirect, administrative, management and volunteers) on an annual basis to analyze staff composition as compared to the community we serve. The purpose of the surveys is to assess demographic and linguistic information for those who provide services in our county to determine whether it is reflective of the diversity of the community. The information collected focuses on staff ethnicity, language proficiency, client/family member status, gender, sexual orientation, lived experience, disability, and veteran status. In July of 2024, BHS disseminated the Human Resources (HR) and Linguistic surveys. The Human Resources (HR) Survey (Appendix 11) is intended to comply with the CLAS standard 3: Recruit, promote, and support a culturally and linguistically diverse governance, leadership, and workforce that are responsive to the population in the service area.

The HR Survey collects information regarding individuals who work and/or provide support (directly or indirectly) to Medi-Cal beneficiaries in the Sacramento County Behavioral Health System. The data is then utilized to compare the workforce to the population served.

In addition to the HR Survey, the Language Proficiency Survey collects information regarding the linguistic proficiency of individuals involved in the provision of behavioral health services. The information collected from both surveys focuses on staff ethnicity, language proficiency, gender, sexual orientation, client/family member status, disability, and veteran status. The Sacramento County BHS 2024 Human Resource Survey findings are summarized in a report found in Appendix 11. Please see full report for comprehensive data. Following are sample tables taken from the Survey:

STAFF DEMOGRAPHICS

Gender Identity

Most staff members self-identified as Female (68.6%). About 17.6% identified as Male and 11.0% declined to state their gender. The remaining 2.9% of staff members reported nine different gender identities that fall into the "Other" category, which includes Agender (0.2%), Gender Fluid (0.2%), Genderqueer (0.1%),

Intersex (0.1%), Non-Binary (1.5%), Other (0.4%), Questioning/Unsure (0.2%), Transgender (0.1%), and Two Spirit (0.1%).

Figure 2 shows the staff members' gender identities in the context of staff categories, and Table 2 offers a detailed breakdown of each gender identity.

Figure 1. Gender Identity by Staff Category (N=1227)

Table 1. Gender Identity (N=1227)

GENDER IDENTITY	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		DECLINED		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
Female	496	40.4%	190	15.5%	104	8.5%	52	4.2%	0	0.0%	842	68.6%
Male	128	10.4%	32	2.6%	47	3.8%	9	0.7%	0	0.0%	216	17.6%
Unknown/Declined	48	3.9%	24	2.0%	12	1.0%	4	0.3%	47	3.8%	135	11.0%
Other												
Agender	1	0.1%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	2	0.2%
Gender Fluid	1	0.1%	1	0.1%	1	0.1%	0	0.0%	0	0.0%	3	0.2%
Genderqueer	0	0.0%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Intersex	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Non-Binary	14	1.1%	3	0.2%	1	0.1%	0	0.0%	0	0.0%	18	1.5%
Other	4	0.3%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	5	0.4%
Questioning/Unsure	1	0.1%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	2	0.2%
Transgender	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Two Spirit	0	0.0%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
TOTAL	695	56.6%	252	20.5%	168	13.7%	65	5.3%	47	3.8%	1227	100.0%

Table 2. Race (N=1227)

RACE	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		UNKNOWN		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
American Indian	3	0.2%	2	0.2%	3	0.2%	1	0.1%	0	0.0%	9	0.7%
Asian/Pacific Islander	89	7.3%	40	3.3%	14	1.1%	3	0.2%	0	0.0%	146	11.9%
Black/African American	111	9.0%	19	1.5%	9	0.7%	7	0.6%	0	0.0%	146	11.9%
Declined/Unknown	31	2.5%	11	0.9%	5	0.4%	3	0.2%	47	3.8%	97	7.9%
Hispanic/Latino	134	10.9%	36	2.9%	16	1.3%	10	0.8%	0	0.0%	196	16.0%
More than one	95	7.7%	39	3.2%	33	2.7%	11	0.9%	0	0.0%	178	14.5%
Other	19	1.5%	2	0.2%	3	0.2%	1	0.1%	0	0.0%	25	2.0%
White/Caucasian	213	17.4%	103	8.4%	85	6.9%	29	2.4%	0	0.0%	430	35.0%
TOTAL	695	56.6%	252	20.5%	168	13.7%	65	5.3%	47	3.8%	1227	100.0%

Table 3. Sexual Orientation (N=1227)

SEXUAL ORIENTATION	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		DECLINED		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
Heterosexual/Straight	478	39.0 %	171	13.9 %	122	9.9%	46	3.7%	0	0.0%	817	66.6 %
Declined/Unknown	93	7.6%	42	3.4%	19	1.5%	11	0.9%	47	3.8%	212	17.3 %
Asexual	15	1.2%	5	0.4%	2	0.2%	3	0.2%	0	0.0%	25	2.0%
Bisexual	48	3.9%	5	0.4%	7	0.6%	2	0.2%	0	0.0%	62	5.1%
Gay	9	0.7%	7	0.6%	5	0.4%	0	0.0%	0	0.0%	21	1.7%
Lesbian	12	1.0%	7	0.6%	4	0.3%	3	0.2%	0	0.0%	26	2.1%
Queer	15	1.2%	6	0.5%	2	0.2%	0	0.0%	0	0.0%	23	1.9%
Other												
Demisexual	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Fluid	7	0.6%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	8	0.7%
Graysexual	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Other	3	0.2%	0	0.0%	2	0.2%	0	0.0%	0	0.0%	5	0.4%
Pansexual	10	0.8%	7	0.6%	4	0.3%	0	0.0%	0	0.0%	21	1.7%
Questioning	2	0.2%	1	0.1%	1	0.1%	0	0.0%	0	0.0%	4	0.3%
Unsure	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
TOTAL	695	56.6 %	252	20.5 %	168	13.7 %	65	5.3%	47	3.8%	1227	100.0 %

Outreach and Recruitment

BHS continues to grow in outreach and recruiting initiatives to increase diversity among our staff to match the Sacramento County demographics of clients we serve. In FY 2023-24, four staff members within SUPT were promoted who identify as Asian Pacific Islander, Black/African American, and Latinx. Additionally, SUPT recruited and hired 10 new staff members who identify as Asian Pacific Islander, Black/African American, Egyptian-Middle Eastern, Latinx, and LGBTQ.

BHS teams have engaged in numerous job fairs with the WET Planner to promote career opportunities in BHS. A detailed list is outlined in section D. Additionally, BHS teams are sharing BHS employment opportunity flyers when supporting community outreach events. For example, advertising employment opportunities at the Sacramento Steps Forward, Sacramento Pride, and Behavioral Health Racial Equity Collaborative.

In FY 2023-24 BHS implemented equity internal meetings for staff to have a safe space to discuss Diversity, Equity and Inclusion (DEI) initiatives, concerns, and provide insight into employee experiences. Also, BHS established a new Racial Equity Advocates (REA) committee focusing on discuss strengthening DEI in BHS workforce. Conversations focus on the inclusion of lived experience as education, increasing outreach/access to job openings, application process, career pathways, and retention and leadership development of AA/B/AD staff.

BHS conducted a BHS Hiring Fair on June 28, 2024, along with a targeted advertising campaign to reach diverse candidates for the classifications with the most vacancies. The advertising and social media campaign generated interest in the event and increased the number of applicants. Number of registrations and attendees for the event included:

BHS Hiring Event Numbers	
Eventbrite Preregistration	322
Eventbrite sign in	109
Walk in/sign in	92
Total attendees	201

Sixty-three volunteers participated in planning and/or assisted with the event. Volunteers included supporting the Career Fair Table, IT, application assistance, conducting interviews, welcome table, runners to escort candidates to screening interviews and hospitality staff.

In preparation for the event, there were 5 Meet & Greet sessions conducted over Zoom that were open to the public and did not require registration. Participants had the opportunity to learn about open positions and the programs they serve as well as to talk with hiring managers about completing applications and preparing for interviews. American Sign Language was available for all sessions.

Screening Interviews:	
Mental Health Counselor	28
Senior Mental Health Counselor	8
Mental Health Worker	13
Mental Health Worker-licensed	28
Total Interviews Conducted at Event	77

Numbers of candidates for all four eligible lists increased significantly and a diverse range of candidates attended the hiring event and had the opportunity to visit Career Fair Tables representing each of the BHS programs that were hiring. This gave each candidate the opportunity to learn about the programs and meet current employees. In addition, there were computer stations and Department of Personnel Services staff to assist candidates with completing applications. In the month following the hiring event 24 candidates accepted offers of employment. Please see the BHS Hiring Event Report (Appendix 12) for details.

Self-Assessment for Modification of Anti-Racism Tool (SMART)

In the past, BHS implemented an Agency Self-Assessment on Cultural Competence. Moving forward, BHS is implementing another type of agency self-assessment to advance equity called Self-Assessment for Modification of Anti-Racism Tool (SMART).

In FY 2023-24, all Sacramento BHS Short Doyle Providers were eligible to receive an incentive bonus equal to 1% of their annual contract if they are able to complete the SMART organizational assessment tool. The American Association for Community Psychiatry (AACCP) created SMART specifically for community behavioral health care organizations. Staff organizational teams are made up of individuals from diverse cultural backgrounds, and at different levels across the organization to assess the extent to which organizational domains specific to behavioral health are impacted by structural racism. These domains are:

- Community Engagement/Co-Production.
- Workplace Culture.
- Hiring, Recruitment, Retention, and Promotion.
- Community Advocacy.
- Population Health Outcomes.
- Clinical Care.

Sacramento County BHS worked in collaboration with the California Institute for Behavioral Health Solutions to offer training and technical assistance on completion of the SMART to not only Short Doyle providers but also Short Term Residential Therapeutic Program (STRTP) providers. Earning the 1% incentive payment requires not only completing the SMART, but also designing Racial Equity Improvement Plans and creating policies and procedures to_

promote organizational change, advance equity, and counter structural racism. Over a dozen providers participated and submitted policies and procedures by the end of the fiscal year.

In FY 2023-24, all Substance Use Prevention and Treatment Services contracted treatment providers were eligible to receive an incentive bonus equal to 1% of their annual contract if they are able to identify demographics of clients in service and develop and implement hiring retention policies and procedures designed to attract and retain staff that are representative of the demographics.

D. Share lessons learned on efforts in rolling out county WET implementation efforts.

The County of Sacramento Behavioral Health Services (BHS) has had very few issues with the implementation of WET Component Actions. However, there have been some challenges that we have learned from, including the need to advance our diversity recruitment efforts and developing strategic plans around measuring long-term outcomes data to determine if our efforts are effective in accomplishing our diversity recruitment goals.

Countywide Efforts

The County of Sacramento is an equal opportunity employer, and, in the past, BHS has relied heavily on the Department of Personnel Service (DPS) to perform recruitment and hiring efforts. DPS and BHS continue to partner extensively to increase the pool of culturally and linguistically diverse candidates, which are needed to effectively work with the diverse populations we serve in our various systems of care. This includes the Hiring Fair referenced in Section C.

BHS and DPS worked collaboratively to develop two recruitment brochures for clinician positions. These brochures are extensive and include a listing of the County operated programs who hire the classification; following are links to those brochures:

- Senior Mental Health Counselor - <https://personnel.saccounty.net/Documents/SeniorMentalHealthCounselorBrochure.pdf>
- Mental Health Counselor - <https://personnel.saccounty.net/Documents/MentalHealthCounselorBrochure.pdf>

With the assistance of the Public Information Officer (PIO), two

recruitment videos were developed to recruit nursing and behavioral health professions. Both videos emphasized career paths and work-life-balance and can be found at the following links:

- Nursing Team - <https://www.youtube.com/watch?v=rExG1BsBLCQ>
- Behavioral Health Career Ladders - <https://www.youtube.com/watch?v=GFHD0Wn8AK8>

WET Planner Efforts

For FY 2023-24 WET Program Planner supported on numerous community job fairs or presented at targeted recruitment events. This included community events, workforce pipeline professionals, colleges and universities, job fairs, and individual job seeker support. Please see the list and description below of our recruitment outreach efforts in FY 2023-24:

- Community Events: WET Planner and BHS Outreach Coordinator attended many community events sharing job opportunities, at Health Fairs, Multicultural events, Children's Fairs, School Resource Fairs, etc.
- Workforce Professionals: WET Planner has presented to various Sacramento career developers and recruiters about job opportunities and internships. This also includes attending partnership meetings addressing workforce development and recruitment.
- Colleges and Universities: WET Planner has presented to numerous classrooms, sharing BHS Hiring Event flyers with staff from local colleges and talked about careers in behavioral health with students. WET Planner also streamlined a five-year MOU for the Department of Health Services for CSU Sacramento Social Work, Nursing, Counseling, Allied Health students and University of Pacific Social Work, Nursing and Physician Assistant students.
- Job Seeker/Internship Support: WET Planner has provided over a dozen one-on-one consultations with job seekers or students seeking internships in public behavioral health. This included directing job seekers to the newly developed BHS Employment webpage, sharing resources, vacant positions, application steps or referring students to contracted providers who have clinical internship programs. WET Planner surveyed county operated and contract providers to develop a chart that shows which agencies/programs accept which types of student internships and frequently shares with internship seekers.

- Job Fairs: WET planner, Outreach Coordinator, and other BHS staff have participated in a job fair hosted by the Sacramento LGBT Community Center, Greater Sacramento Urban League, Refugee and Immigrant Job Fairs, and numerous Job Fairs sponsored by elected officials.

Additionally, the WET Planner worked with local universities to host webinars regarding applying to 1) California State University, Sacramento Social Work Program (BSW and MSW) 2) California State University, Sacramento Master's in Counseling Program and 3) University of Pacific Social Work Program (MSW). These webinars were shared with BHS staff and contracted providers seeking to advance careers in public behavioral health. The WET Planner developed a new robust BHS employment webpage on the BHS website. The website includes an updated list of vacant positions, application resources, list of benefits, overall application steps, and recordings of various helpful webinars, including careers in behavioral health and the university webinars mentioned above. The link to the webpage can be found here:

<https://dhs.saccounty.gov/BHS/Pages/Employment/Jobs-in-Behavioral-Health.aspx>

In FY 2022-23, BHS approved FY 2021/2022 Sacramento County Mental Health Loan Repayment Program (LRP) Round 1 awards for 125 individuals who work in either a Sacramento County Behavioral Health County-operated mental health setting or in a contracted, community-based mental health agency. Individual awards ranged from \$25,000, \$12,500, and \$10,000 to approved applicants, totaling \$1,485,000 in funds. Awardees were notified by California Mental Health Services Authority (CalMHSA) of the amount and terms. Awardees received 100% of the award amount at the beginning of the contract and in return, LRP awardees are required to work 24 months (two years) in a hard-to-fill or hard-to-retain position in Sacramento County's Public Mental Health System to be eligible for program participation. In FY 2023-24, BHS WET provided an equity award to awardees, increasing award amounts by an additional \$10,000 or \$12,500, with no additional service commitment. In 2024, BHS opened another round of WET LRP and received over 200 applicants. BHS is in the final stages of awarding awards, projecting to award around another 40-45 more individuals.

Behavioral Health Racial Equity Collaborative (BHREC)

Throughout the BHREC pilot, BHS worked intentionally with

community partners to increase outreach to diverse communities, including the African American/Black/African Descent (AA/B/AD) community, regarding job openings. BHS and the County Department of Personnel Services (DPS) partnered with the Sacramento LGBT Community Center to hold a Facebook Live event with the focus being on employment opportunities within BHS. BHS also shared employment flyers at community events that focused on diverse communities such as Pride and Juneteenth and Minority Mental Health Awareness Month. Insights gained from the forums, focus groups, and key informant interviews have been used to develop themes, strategic directions, and recommended goals for both AA/B/AD and L/LX/H BHREC.

On June 2, 2023, BHS hosted two seniors from Howard University, a Historically Black University, via a virtual externship. The virtual externship provided an overview of services and careers in the Behavioral Health field, as well as how to obtain employment in Sacramento County.

BHREC's initial focus on the AA/B/AD was based on the long-standing behavioral health inequities among this community, lack of trust necessary for authentic relationships that support the implementation of behavioral health equity, and the growing awareness of the unique experiences of racism experienced by this community. In FY 2023-24, BHS announced the focus on the Latino/Latinx/Latine/Hispanic (L/LX/LE/H) community. This is based on the low utilization of specialty mental health or substance use prevention and treatment services despite the percentage (24%, US Census. 2021: ACS 5-Year Estimates Data) of Hispanic or Latinos residing in Sacramento County, the need for bilingual BHS providers and staff to serve this community, as well as the need to tailor engagement strategies and services to a community that is expansively ethnically and demographically diverse.

Latino/Latinx/Latine/Hispanic (L/LX/LE/H) BHREC initiatives started in July 2023 and will extend to June 2025. Activities completed thus far include:

- A. Hosted 2 Virtual Community Forums (July 2023)
 - 1. L/LX/H BHREC has had two virtual community forums (40 people in attendance) events discussing the goals and engaging with Community members to better understand challenges.

- B. Hosted (2) In-Person Community Forums called Tarde Social
 - 1. 11.3.23 at Robertson Community Center, 40+ in attendance
 - 2. 11.4.23 at Galt Community Center, 20+ in attendance
- C. Distributed a Latino Community Readiness Model Survey. There was a total of 69 respondents (39 in English and 30 in Spanish). A report outlining the findings has been drafted and is pending approval of the Latino BHREC Steering Committee.
- D. Conduct(ed) 10 Focus Groups:
- E. Conducted 11 Key Informant Interviews with Community Members representing different behavioral health systems of care (i.e. Primary Care, Schools, Faith-Based, Client Advocates, Leaders).

Currently, L/LX/LE/H BHREC has been conducting monthly steering committee meetings that include BHS leadership and community members representing many sectors and subgroups. Insights gained from the forums, focus groups, and key informant interviews have been used to develop themes, strategic directions, and recommended goals for both AA/B/AD and L/LX/H BHREC.

- D. Identify county technical assistance needs.

One of our WET actions involves partnering with two local high schools with very diverse student bodies that have incorporated behavioral health into their existing health career pathways. Partnering with these local high schools is a way to plant seeds in the hearts and minds of diverse young people and provide learning opportunities to increase their exposure to behavioral health careers. Providing work-based learning opportunities has proven to be challenging as our providers are reluctant to provide internships to minors and college students. The County would greatly benefit from some Technical Assistance to address this challenge.

CRITERION 7
COUNTY MENTAL HEALTH SYSTEM
LANGUAGE CAPACITY

Rationale: Accurate and effective communication between clients, providers, staff, and administration is the most essential component of the mental health encounter. Bilingual providers and other staff who communicate directly with clients must demonstrate a command of both English and the threshold language, and that include knowledge and facility with the terms and concepts relevant to the type of encounter (CLAS, Final Report). The DMH will provide threshold language data to each county.

I. Increase bilingual workforce capacity

The county shall include the following in the CCPR Modification (2010):

A. Evidence of dedicated resources and strategies counties are undertaking to grow bilingual staff capacity, including the following:

1. Evidence in the Workforce Education and Training (WET) Plan on building bilingual staff capacity to address language needs.
2. Updates from Mental Health Services Act (MHSA), Community Service and Supports (CSS), or WET Plans on bilingual staff members who speak the languages of the target populations.
3. Total annual dedicated resources for interpreter services in addition to bilingual staff.

Counties shall document the constraints that limit the capacity to increase bilingual staff.

II. Provide services to persons who have Limited English Proficiency (LEP) by using interpreter services.

The county shall include the following in the CCPR Modification (2010):

A. Evidence of policies, procedures, and practices for meeting clients' language needs, including the following:

1. A 24-hour phone line with statewide toll-free access that has linguistic capability, including TDD or California Relay Service, shall be available for all individuals. **Note:** The use of the

language line is viewed as acceptable in the provision of services only when other options are unavailable.

2. Least preferred are language lines. New technologies such as video language conferencing should be considered as resources are available. Use new technology capacity to grow language access.
 3. Description of protocol used for implementing language access through the county's 24-hour phone line with statewide toll-free access, including staff training protocol.
- B. Evidence that clients are informed, in writing and in their primary language, of their rights to language assistance services.**
 - C. Evidence that the county/agency accommodate persons who have LEP by using bilingual staff or interpreter services.**
 - D. Share historical challenges on efforts made on items A, B, and C above. Share lessons learned.**
 - E. Identify county technical assistance needs. (DMH is requesting counties identify language access technical assistance needs, so that DMH may aggregate information and find solutions for small county technical assistance needs.)**

III. Provide bilingual staff and/or interpreters for the threshold languages at all points of contact.

Note: The use of the language line is viewed as acceptable in the provision of services only when no other options are available. Counties should train their staff for the proper use of language lines, but should seek other options such as training interpreters or training bilingual community members as interpreters.

The county shall include the following in the CCPR Modification (2010):

- A. Evidence of availability of interpreters (e.g. posters/bulletins) and/or bilingual staff for the languages spoken in the community.**
- B. Documented evidence that interpreter services are offered and provided to clients, and the response to the offer is recorded.**
- C. Evidence of providing contract or agency staff that are linguistically proficient in threshold languages during regular**

day operating hours.

D. Evidence that counties have a process in place to ensure that interpreters are trained and monitored for language competence (e.g., formal testing).

IV. Provide services to all LEP clients not meeting the threshold language criteria who encounter the mental health system at all points of contact.

The county shall include the following in the CCPR Modification (2010):

A. Policies, procedures, and practices that include the capability to refer and otherwise link clients who do not meet the threshold language criteria (e.g., LEP clients), and who encounter the mental health system at all key points of contact, to culturally and linguistically appropriate services.

B. Provide a written plan for how clients who do not meet the threshold language criteria are assisted to secure, or linked to, culturally and linguistically appropriate services.

C. Policies, procedures, and practices that comply with the following Title VI of the Civil Rights Act of 1964 (see page 27) requirements:

1. Prohibiting the expectation that family members provide interpreter services;
2. Allowing a client to choose to use a family member or friend as an interpreter, after being informed of the availability of free interpreter services; and
3. Not using minor children as interpreters.

V. Requiring translated documents, forms, signage, and client informing materials

The county shall have the following available for review during the compliance visit:

A. Culturally and linguistically appropriate written information for threshold languages, including the following, at minimum:

1. Member service handbook or brochure;
2. General correspondence;
3. Beneficiary problem, resolution, grievance, and fair hearing

materials;

4. Beneficiary satisfaction surveys;
 5. Informed Consent for Medication form;
 6. Confidentiality and Release of Information form;
 7. Service orientation for clients;
 8. Mental health education materials, and
 9. Evidence of appropriately distributed and utilized translated materials.
- B. Documented evidence in the clinical chart that clinical findings/reports are communicated in the clients' preferred language.**
- C. Consumer satisfaction survey translated in threshold languages, including a summary report of the results (e.g., back translation and culturally appropriate field-testing).**
- D. Report mechanisms for ensuring accuracy of translated materials in terms of both language and culture (e.g., back translation and culturally appropriate field-testing).**
- E. Report mechanisms for ensuring translated materials are at an appropriate reading level (6th grade).**

Source: Department of Health Services and Managed Risk Medical Insurance Boards.

CRITERION 7

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

LANGUAGE CAPACITY

I. Increase bilingual workforce capacity

The county shall include the following in the CCPR Modification (2010):

A. Evidence of dedicated resources and strategies counties are undertaking to grow bilingual staff capacity, including the following:

1. Evidence in the Workforce Education and Training (WET) Plan on building bilingual staff capacity to address language needs.

There are several areas in the Sacramento County WET Plan that address building staff language capacity. The WET Planner is leading efforts for continuous improvement (pipeline program with high school etc.).

The original Workforce Needs Assessment identified the following issues in the Language Proficiency section:

- The need for additional staff representing the language diversity of our client population; and
- The need to develop career pathways that lead bilingual staff into higher direct care and supervisory positions.

The following is in the "Comparability of Workforce, by Race/Ethnicity, to Target Populations Receiving Public MH Services" section of the WET Plan:

- The need for additional staff representing the racial/ethnic diversity of our client population; and
- The need to develop career pathways that lead diverse staff into higher direct care and supervisory positions.

Lastly, the "Positions Designated for Individuals with Client and/or Family Member Experience" section of the WET Plan states:

There is a need for career pathways that allow clients and family members to pursue a variety of undergraduate and graduate educational opportunities so that they can be

educated to a level necessary to provide direct services, especially in licensed positions. While this does not specifically state multicultural clients and family members, they are included in this statement.

The County developed a Behavioral Health Peer Specialist series in FY 2020/21 which includes the creation of Behavioral Health Peer Specialist, Senior Behavioral Health Peer Specialist, and Behavioral Health Peer Specialist Program Manager classifications within the County employment system. These positions are responsible for providing peer support and services based on lived experiences to clients of behavioral health services and their families/caregivers. Given the rich linguistic, cultural, racial, ethnic, sexual, and gender diversity of the population in Sacramento County, BHS wanted to be intentional with informing potential applicants about available positions, particularly for our newly created Peer positions. The first Sacramento County Civil Service Behavioral Health Peer Specialist employee started work in the Behavioral Health Services (BHS) Homeless Response Team in March 2022. Since then, other BHS programs have expanded and hired Behavioral Health Peer Specialists including, the ACCESS team, Community Wellness Response Team, and Community Support Team. Sacramento County BHS has three (3) Behavioral Health Peer Specialist Program Managers to support Medi-Cal certification, training needs, and overall systemwide support to peer services. Most recently, BHS Hired Peer Specialists for the BHS CARE Court Programs: One (1) Sr. Peer Specialists and three (3) Peer Specialists.

2. Updates from Mental Health Services Act (MHSA), Community Service and Supports (CSS), or WET Plans on bilingual staff members who speak the languages of the target populations.

The County surveys all BHS staff, BHS committee/steering members, and contracted providers (direct, indirect, administrative, management and volunteers) on an annual basis to analyze staff composition as compared to the community we serve. The purpose of the survey is to assess demographic and linguistic information for those who provide services in our county to determine whether it is reflective of the diversity of the community as a whole. The information collected focuses on staff ethnicity, language proficiencies, client/family member status, gender, sexual orientation, lived

experience, disability, and veteran status. In July of 2024, BHS disseminated the Human Resources (HR) and Linguistic survey. The Sacramento County BHS 2024 Human Resource Survey findings are summarized in a report found in Appendix 11

3. Total annual dedicated resources for interpreter services in addition to bilingual staff.

The total FY23/24 expenditures for interpretation/translation services are \$782,306 and \$16,167,206 for bilingual staff employed throughout BHS and county contracted providers. BHS staff who are bilingual and can provide services in one of the languages recognized by the County or who possess lived cultural expertise can take an exam and receive a wage differential upon successful completion of the exam. Several contract providers also compensate their staff who possess linguistic and cultural expertise.

Counties shall document the constraints that limit the capacity to increase bilingual staff.

Please refer to the response for Criterion 7, II. D.

II. Provide services to persons who have Limited English Proficiency (LEP) by using interpreter services.

The county shall include the following in the CCPR Modification (2010):

A. Evidence of policies, procedures, and practices for meeting clients' language needs, including the following:

1. A 24-hour phone line with statewide toll-free access that has linguistic capability, including TDD or California Relay Service, shall be available for all individuals. Note: The use of the language line is viewed as acceptable in the provision of services only when other options are unavailable.

Sacramento County Behavioral Health Services (BHS) is committed to ensuring language access for all callers. BHS operates a 24-hour statewide toll-free access line with linguistic capabilities for all individuals. The toll-free telephone number is (888) 881-4881; Deaf callers may use video relay service and Hard of Hearing callers may choose to use California Relay Services to contact us. The telephone greeting includes access

to both mental health and substance use disorder treatment services as well as prompts for different languages. Most recently, prompts in Farsi, Sacramento County's newest threshold language, have been added to the phone menu. During the day, calls are routed to the MH Access Team or the SUPT System of Care, and after hours, calls are answered by MH Treatment Center staff. We have updated our outreach materials to reflect all threshold languages. We are planning the implementation of an integrated Access System for all of BHS including MH and SUPT which will be called BHS-SAC. BHS sought feedback from clients as well as the Cultural Competence Committee to develop an informative flyer for the community. Planned implementation of BHS-Sac is effective January 1, 2025.

2. Least preferable are language lines. The use of new technologies such as video language conferencing should be considered as resources are available. Use new technology capacity to grow language access.

BHS is required to use particular interpreter service providers due to the nature of County-wide contracts. The Cultural Competence / Ethnic Services Manager provides input with special provisions involving MH/Behavioral health interpreting into the contract requirements and other aspects of the contracting process for the County-wide interpreting and translation contracts. These contracts with various interpreting agencies are for a multi-year period. The County amended the scope of several of the county-wide contracts to include Video Remote Interpreting (VRI) technology during Fiscal Year 2018/19. During the pandemic and post-pandemic, some interpreting services have been provided by phone instead of in person. Quality Management issued guidelines to ensure that confidentiality is maintained whether services are delivered virtually or in-person.

3. Description of protocol used for implementing language access through the county's 24-hour phone line with statewide toll-free access, including staff training protocol.

It is BHS's practice to utilize bilingual staff to respond to callers whose preferred language is other than English. When such staff is unavailable, the Assisted Access program can request an interpreter. The Assisted Access program continues to

employ bilingual/bicultural staff who function as cultural brokers and interpreters to assist BHS clients and potential clients to access treatment from MH or SUPT service providers. Their goal is to assist in cross-cultural communication to facilitate a mutual understanding of both the client’s and provider’s beliefs and practices. Languages spoken by Assisted Access interpreters are as follows:

• Arabic	• Hindi	• Punjabi
• Cantonese	• Hmong	• Russian
• Cambodian	• Mandarin	• Ukrainian
• Dari	• Mien/Lao	• Spanish
• Farsi	• Pashto	• Vietnamese

If the caller speaks a language that is not covered by interpreters from the Assisted Access program, or if Assisted Access staff are not available, staff will request an interpreter from a vendor that has a county-wide contract to provide face-to-face interpreters. If the caller requires immediate assistance and a bilingual staff or interpreter is unavailable (either from the Assisted Access program or through a county-wide contract with an interpreting vendor), an over-the-phone interpreter service is used as a last resort.

Employees working for BHS or one of the contracted provider agencies all receive training and ongoing supervision about how to meet the client’s linguistic capability whether by utilizing bilingual staff or an interpreter. To test the accessibility to services and responsiveness of the system, BHS staff provide training to staff who answer the 24-hour phone line and later conduct test calls to all established Access entry points to the system. The test calls have been made to the Mental Health Treatment Center Crisis Unit and the Access Team. These test calls were made in all of the threshold languages for Sacramento County: Spanish, Hmong, Cantonese, Russian, Arabic, Farsi, and Vietnamese. As part of the efforts to test the accessibility to services and responsiveness of the system, Quality Management and culturally and linguistically diverse contract provider staff conduct test calls to all established Access entry points to the system throughout the year. Following the calls, feedback was collected regarding accessibility across cultures. Training and feedback were given to all providers to improve cultural

responsiveness in fielding business hour and after-hour calls.

Test calls to SUPT System of Care (SOC) began in January 2020. Calls were made to the SUPT System of Care during business hours, and to the Sacramento County Mental Health Treatment Center (MHTC) Intensive Services Unit (ISU) after-hours line. Test calls pointed out that staff answering the line were prompt, courteous, client-oriented, and provided correct information to callers. Test call training was provided to staff working in the ISU responsible for answering the line after hours.

Quality Management (QM) will continue making test calls and provide test call trainings, as well as ongoing staff orientations in the use of language line access services for non-English speakers, to ensure high quality Mental Health Pan (MHP) and SUPT services.

BHS has found an increasing comfort level on the part of staff to respond to Limited English Proficiency speakers with bilingual staff or the use of the over-the-phone interpreter services. BHS continues its efforts to recruit bilingual staff at the entry points to the BHS system. The language proficiency of staff is reported to Data Analytics Team (DAT) and Cultural Competency on a quarterly basis for network adequacy and annually through the completion of the HR Survey and Language Proficiency Survey.

Through our partnership with NorCal Services for Deaf & Hard of Hearing, we have transitioned from TTY to Video Relay Service since this is what the Deaf Community uses.

B. Evidence that clients are informed, in writing and in their primary language, of their rights to language assistance services.

During the initial session with all BHS beneficiaries, staff provide a variety of documents to the beneficiary and explain to them in detail (See Appendix 13) for Acknowledgement of Receipt. If the beneficiary is receiving BHS services, they receive a document referred to as a "Member Handbook".

Mental Health Member Handbook:

<https://dhs.saccounty.gov/BHS/Documents/Provider-Forms/Acknowledgment-of-Receipt/FM-BHS-SUPT-Acknowledgment-of-Receipt-ENGLISH.pdf>

SUPT/DMC-ODS Member Handbook:

<https://dhs.saccounty.gov/BHS/Pages/SUPT/DMC-ODS/DMC-ODS-Member-Handbook.aspx>

The Member Handbooks for MH and SUPT contain the following information:

- How a member is eligible for services
- How to access services
- Who the service providers are
- What services are available
- What a member's rights and responsibilities are
- BHS's Grievance and State Fair Hearing process; and
- Important phone numbers

BHS has translated threshold language versions of the Member Handbook, which are posted on the County website. The threshold languages include Arabic, Chinese, Farsi, Hmong, Spanish, Russian, and Vietnamese. Staff clarify the contents of the Member Handbook to the beneficiary and explain that interpreter services are available at no charge to the member. BHS is committed to ensuring accurate and effective communication between clients and service providers. If a service provider is unable to communicate in a client's preferred language, all contracted prevention and treatment providers, and direct service County staff, have access to interpreter services through the County's Assisted Access Program. The Assisted Access Program provides in-person interpretation services. The Member Handbook, service brochures, and other written materials include the BHS 24-hour phone line with statewide toll-free access that has linguistic capability and California Relay Service information.

The following is an excerpt from both Member Handbooks:

Interpreters for non-English speaking clients and telephone devices for the hearing impaired or deaf are available free of charge to the member. (Page 4 of

Member Handbook)

Behavioral Health Services (BHS) has translated all the required materials and brochures into the threshold languages, with inclusion of taglines listed below in the prevalent non-English languages in the State, as well as large print, explaining the availability of oral interpretation or written translation services. The translated documents and taglines can be found on the BHS website.

The following links include examples of MH translated materials:

- <https://dhs.saccounty.gov/BHS/Pages/GI-Provider-Resources-Forms.aspx>
- <https://dhs.saccounty.gov/BHS/Pages/GI-Mental-Health-Providers.aspx>
- <https://dhs.saccounty.gov/BHS/Pages/Members-Handbook/GI-Members-Handbook-Mental-Health.aspx>

The Sacramento County Drug Medi-Cal Organized Delivery System (DMC-ODS) Informing Materials listed below are available in Sacramento County's seven threshold languages.

- **Member Handbook:**
<https://dhs.saccounty.gov/BHS/Pages/SUPT/DMC-ODS/DMC-ODS-Member-Handbook.aspx>
- **Acknowledgement of Receipt:**
<https://dhs.saccounty.gov/BHS/Documents/Provider-Forms/Acknowledgment-of-Receipt/FM-BHS-SUPT-Acknowledgment-of-Receipt-ENGLISH.pdf>
- **Member Rights and Problem Resolution Guide:**
<https://dhs.saccounty.gov/BHS/Pages/GI-Provider-Resources-Forms.aspx>
- **Advance Medical Directive:**
<https://dhs.saccounty.gov/BHS/Pages/GI-Provider-Resources-Forms.aspx>

- Appeal Forms: <https://dhs.saccounty.gov/BHS/Pages/GI-Provider-Resources-Forms.aspx>
- Grievance Forms: <https://dhs.saccounty.gov/BHS/Pages/GI-Provider-Resources-Forms.aspx>
- **Member Suggestion:**
<https://dhs.saccounty.gov/BHS/Pages/GI-Provider-Resources-Forms.aspx>
- **Provider Directory:**
<https://dhs.saccounty.gov/BHS/Documents/SUPT/LI-BHS-SUPT-DMC-ODS-Provider-Directory.pdf>

The above Informing Materials have been posted to the County website. Additionally, all Informing Materials and Language Assistance Posters, in 16 languages, that describe how to request language assistance have been displayed in lobbies of all provider locations (Appendix 14). This is true for all BHS provider locations.

[The DMC-ODS Provider Directory](#) is currently available in all seven threshold languages on the SUPT website and includes the following for all service providers within the DMC-ODS service network:

- Provider’s office/facility has accommodation for people with physical disabilities
- Status of cultural competency training for licensed, certified, and registered clinical staff

C. Evidence that the county/agency accommodate persons who have LEP by using bilingual staff or interpreter services.

We continue to employ bilingual staff at all MH and SUPT program sites. When this is not feasible, interpreters and/or interpreter services are utilized.

Also found on page 4 of the MH member handbook is the following excerpt:

A list of providers including alternatives and options for cultural and linguistic services is available from the ACCESS Team at (888) 881-4881 in the person’s

language of preference.

Page 9 of the DMC-ODS Member Handbook includes the following excerpt:

As A Member Of Your County DMC-ODS Plan, Your County Plan Is Responsible For...

- *Providing you services in your language or by an interpreter (if necessary) free of charge and letting you know that these interpreters are available.*
- *Providing you with written information about what is available to you in other languages and formats, or the following threshold languages, upon request:*

<i>Arabic</i>	<i>Hmong</i>	<i>Vietnamese</i>
<i>Cantonese</i>	<i>Russian</i>	
<i>Farsi</i>	<i>Spanish</i>	

(Please see <https://dhs.saccounty.gov/BHS/Pages/GI-Mental-Health-Providers.aspx> for the list of mental health providers and the cultural and linguistic services they provide. Please see <https://dhs.saccounty.gov/BHS/Documents/SUPT/LI-BHS-SUPT-DMC-ODS-Provider-Directory.pdf> for the list of SUPT providers. This list is discussed with the client and is provided upon request. The language list is used by County staff to assign clients to a particular provider when the client has special language or cultural accommodations.)

D. Share historical challenges on efforts made on items A, B, and C above. Share lessons learned.

BHS recognizes the importance of recruitment and retention of bilingual/bicultural staff as being the best way of engaging and retaining clients and this is an expectation of every contract. Survey responses from Limited English Proficiently (LEP) clients have indicated the importance of bilingual staff. Prior client satisfaction surveys have underscored that increased satisfaction was correlated with the presence of bilingual staff on site. There is a continuing challenge to recruit and retain highly skilled bilingual/bicultural staff as they are in great demand. Due to the limited number of highly skilled bilingual/bicultural staff in this region, BHS is faced with the challenge of competing with other agencies and institutions outside of the public behavioral health sector that can offer salaries that are

more competitive. For example, salaries offered by hospitals, health plans, and the California Department of Corrections and Rehabilitation tend to be higher, which results in competition in urban areas like Sacramento County. Although BHS has authorized contract providers to increase the salaries of their direct service staff, the competitive job market continues to result in staff departures for private or school settings, thus affecting retention in the public behavioral health system.

The pandemic and statewide requirements have also impacted BHS and contract providers' ability to hire and retain staff throughout our programs, especially staff from culturally and linguistically diverse communities. BHS intends to utilize strategies and approaches related to recruitment, hiring, promotion and retention to increase the diversity of our workforce to be more reflective of the communities that we serve. BHS seeks to offer Workforce Education and Training financial incentive programs administered by the Department of Health Care Access and Information (HCAI) to support the ongoing workforce shortages in the public mental health system. Through our membership in the Regional Partnership for the Central Region, BHS will be able to participate in the Undergraduate Scholarship Program, Graduate stipend program, and Loan Repayment Program. BHS approved awards to 125 individuals through Round 1 of the Loan Repayment Program. In FY 2023-24, BHS WET provided an equity award to Round 1 awardees, increasing award amounts by an additional \$10,000 or \$12,500, with no additional service commitment. In 2024, BHS opened another round of WET LRP and received over 200 applicants. BHS is in the final stages of awarding awards, projecting to award around another 40-45 more individuals.

Given the high degree of stigma around mental and behavioral health in many diverse cultural, racial, and ethnic communities, BHS introduced a speaker with lived mental health experience as part of our panel to a diverse college student group. We have received feedback from members of the public, particularly high school students, about how much they learned about mental health after hearing a speaker share their story as part of our Stop Stigma Speakers Bureau efforts (through the "Mental Illness: It's not always what you think" project referenced in Criterion 2 V. A). BHS convened an in-person panel to Valley High students. The members included the BHS Workforce Education and Training Planner, two Stop Stigma Sacramento Speakers Bureau members who work in the behavioral health field (who shared their stories of

living with a mental illness while also being mental health professionals), and four youth advocates who also shared about the work they do. The intention was to help expand attendees' knowledge and awareness of careers in mental health and substance use prevention and treatment by introducing them to the perspectives shared by the diverse panelists. Presenters also spoke to the importance of recruiting staff who reflect the cultural, linguistic, ethnic, sexual, and gender diversity of the community we serve throughout our BHS programs.

BHS plans to continue to include speakers who can share their lived experience as we continue our recruitment efforts and will be focusing on presenting to culturally diverse student groups.

E. Identify county technical assistance needs. (DMH is requesting counties identify language access technical assistance needs, so that DMH may aggregate information and find solutions for small county technical assistance needs.)

None at this time.

III. Provide bilingual staff and/or interpreters for the threshold languages at all points of contact.

Note: The use of the language line is viewed as acceptable in the provision of services only when no other options are available. Counties should train their staff for the proper use of language lines but should seek other options such as training interpreters or training bilingual community members as interpreters.

The county shall include the following in the CCPR Modification (2010):

A. Evidence of availability of interpreters (e.g. posters/bulletins) and/or bilingual staff for the languages spoken in the community.

Every attempt is made to make all BHS services to be available in both threshold and non-threshold languages to the extent possible by on-site bilingual staff. During the initial session, staff provide a variety of documents to the client and explain them in detail to the client. One of the documents is the Member Handbook. The following is an excerpt from page 4 of the MHP Member Handbook:

Interpreters for non-English speaking clients and telephone devices for the hearing impaired or deaf are available free of charge to the member.

The Assisted Access Program is available to assist, link and provide interpreter services for all clients of BHS programs, regardless of whether they meet the threshold language criteria.

The availability of interpreters for non-English speaking clients including the Deaf and Hard of Hearing (DHOH) are provided free of charge for all services. This is written on the promotional materials that BHS uses to inform the community about BHS services. SUPT re-designed the outreach brochures to make them more user-friendly and engaging. The re-designed brochures have been translated into the seven threshold languages. Samples of the revised brochures can be found on our website:

<https://dhs.saccounty.gov/BHS/Pages/GI-Provider-Resources-Forms.aspx>

In addition, for all major public planning meetings, BHS uses standard wording as follows to notify attendees that interpreters are available at no charge:

If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to the event at (916) 875-3861 or Ruckera@saccounty.gov.

B. Documented evidence that interpreter services are offered and provided to clients, and the response to the offer is recorded.

From the point at which staff begin providing BHS services to a client, they provide a copy of the Member Handbook to the client and explain the rights to which the client is entitled. One of the rights is access to an interpreter at no cost to the client. To further support these efforts, the following is in place for training and supervision of the BHS workforce.

Staff receive Documentation training from BHS when they begin working for either a contracted provider or a County operated clinic. During the training, staff are reminded that interpreter services are to be made available free of charge to the client. According to documentation standards in the Policy No. 10-30 "Progress Notes (Mental Health)" (See Appendix 15), staff should include the following information in the introductory Progress Note:

“The clinical introductory progress note is written at the first face - to - face contact, or very soon thereafter, providing an overview of the client and his/her MH condition. A complete note includes but is not limited to: the identity of the client, including age, ethnicity, and other significant demographic information, the referral source, presenting condition, including symptoms, behaviors, and level of functioning, need for services/medical necessity justification, client strengths, supports, and a plan for subsequent services. If a client indicates a primary language other than English, or a physical disability, the provider will offer an accommodation to provide culturally and linguistically competent services and note this in the clinical introductory progress note. If a client refuses such accommodation, this refusal will be documented in the clinical introductory progress note.”

Staff will document in the client’s chart what cultural services are available and shall record their response to the offer of an interpreter. Currently, in SmartCare the need for and provision of interpreter services is entered into each progress note, including the agency and/or individual providing interpretation. If a need is identified, then the method of the interpretation and the language provided are recorded in the progress note. For reference, see excerpt below from *Cultural Competence & Ethnic Services Policy and Procedure - Procedure for Access to Interpreter Services (Appendix 16 Access to Interpreter Services.)*

“Cultural and linguistic accommodations must be offered to the client and on behalf of the family/caregiver. This must be documented in every note when a language other than English is indicated. If the provider is trained and proficient in English and the target language, then the progress note must specify the language spoken during the session. When an interpreter is necessary, the progress note shall include the following: the language the session was conducted in, language services offered, the name of the interpreter, and how interpretation was conducted. If a provider is using a client’s family member for interpretation, document the emergency situation and circumstances where no other means of interpretation or communication was available. Should the client elect a family member as the interpreter, there must be

documentation of the clinical decision-making informing that decision and documentation demonstrating efforts to offer an independent interpreter. Sacramento County prohibits the use of children as interpreters under all circumstances.”

Staff will conduct follow-up to their offer and document the results in the chart. These standard processes are reviewed as part of the Sacramento County Documentation Training curriculum.

Documentation is also reviewed throughout the Utilization Review process, both internally at the agency and externally by BHS.

According to the Electronic Utilization Review/Quality Assurance Activities Policy QM-09-05 See Appendix 17 for complete list of review tools).

“It is the policy of the Sacramento County MHP to conduct reviews of mental health services authorized and provided by all county operated, county contracted and out of county service providers. The MHP Quality Improvement Committee (QIC) charges the Utilization Review Committee (URC), the Quality Management (QM) unit and affiliated working committees to complete these oversight, monitoring and quality assurance functions. Qualified staff and appropriate tools are to be utilized to review medical necessity, quality, quantity and appropriateness of care provided in accordance with contractual and regulatory requirements. The URC/QM submits annual findings of reviews, trends and recommendations to the QIC chair, the QM Manager for the MHP, who maintains operational direction for Utilization Review (UR) and Quality Assurance (QA) activities. These findings are reviewed and analyzed by the QIC for the purpose of identifying possible Performance Improvement Projects or other QA/QI activities. The policy applies to county operated, county contracted and out of county providers and outlines their responsibility for monitoring and quality assurance activities assigned within its organizational structure.”

The goal of the Electronic Utilization Review/Quality Assurance (EUR/QA) process is to conduct concurring and retrospective electronic chart reviews that 1) monitor type and quality of service delivery within MHP established standards of care; 2) ensure adherence to documentation and authorization standards and

requirements; and 3) verify and validate accurate, timely charting to support service claims.

As part of the EUR/QA monthly process, a Utilization Review Tool (see Appendix 17) is used to review documentation standards.

All SUPT contracted providers have completed documentation training facilitated by BHS Quality Management clinical staff. SUPT clinical staff, in collaboration with Quality Management clinical staff, have revamped and will continue to refine the Site Review and Utilization Review monitoring tools to align with DMC-ODS, Minimum Quality Drug Treatment Standards, and Prevention standards as well as national culturally and linguistically appropriate standards (CLAS). Monitoring tools include:

- CLAS (Standards 1-15)
- Communicate the organization's progress in implementing and sustaining CLAS to all community members, constituents, and the general public. California Relay is in place to support hearing impaired.
- Services are accessible to the disabled at no additional cost.
- Materials/devices available to serve persons with disabilities at no charge (e.g., Braille/large print/signing interpreter/wide doors/ramps, etc.)
- The Informing Materials are placed in the lobby in English and threshold languages: Arabic, Chinese, Farsi, Hmong, Spanish, Russian, and Vietnamese
- Personnel Records/Staff training: American with Disabilities Act (ADA) Training, Cultural Competency Training, etc.
- Intake/Initial Assessment, the client's cultural and language needs were explored, accommodated (e.g., the use of an interpreter) and documented. (Culture can include religion, ethnic/racial background, sexual orientation, gender identity, language, ability/disability, acculturation, etc.)
- Treatment Plan Development: the client's cultural and language needs were explored, accommodated (e.g., the use of an interpreter) and documented. (Culture can include religion, ethnic/racial background, sexual orientation, gender identity, language, ability/disability, acculturation, etc.)
- Re-Assessment/Updated Treatment Plan: Any changes in client's cultural and language needs were accommodated (e.g., the use of an interpreter) and documented. (Culture can include religion, ethnic/racial background, sexual

orientation, gender identity, language, ability/disability, acculturation, etc.)

- Currently, SUPT Program Coordinators and Quality Management staff conduct utilization reviews of client charts annually, which is then reviewed with providers. Over this past year, a Utilization Review Committee has been convening on a monthly basis for SUPT and QM staff to provide technical assistance and guidance to contracted providers.

C. Evidence of providing contract or agency staff that are linguistically proficient in threshold languages during regular day operating hours.

As stated in III A. above, every attempt is made for all BHS services to be available in both threshold and non-threshold languages to the extent possible by on-site bilingual staff. All providers are encouraged to employ bilingual/bicultural staff who can provide services in the preferred language of the client. In cases where bilingual program staff are not available, staff continue to enlist the services of interpreter staff from the Assisted Access Program. Assisted Access Program staff are available during regular day operating hours for interpreting throughout the system. Please see Criterion 7, II A. 1–3 for a more detailed description of the Assisted Access Program. If needed, staff may contact additional interpreting agencies to schedule a face-to-face interpreter.

D. Evidence that counties have a process in place to ensure that interpreters are trained and monitored for language competence (e.g., formal testing).

BHS has sponsored numerous interpreter training sessions over the years and has adopted the use of Behavioral Health Interpreter Training (BHIT, formerly known as Mental Health Interpreter Training, or MHIT) to train interpreters. All interpreting staff were trained during the pilot of the MHIT in 2007, and we have been offering a session annually to train additional interpreters who have joined the workforce since the pilot and subsequent training sessions. To date, 350 bilingual staff have completed the BHIT and 277 staff have attended the training intended for staff who utilize interpreters in MH/behavioral health settings. Additionally, select staff from the Assisted Access program who have completed the forty-hour Health Interpreter Training and BHIT are available for consultation with agencies as the need arises.

Sacramento County utilizes a formal process for determining language proficiency of staff employed by the county who may function as an interpreter. While the County cannot test the proficiency of contract provider staff, we advise them to develop means for testing the language proficiency of staff. Some have set up their own testing by using in-house resources, while others have chosen to contract with outside agencies for language proficiency testing.

BHS uses a systematic method for collecting language proficiency of staff employed in a behavioral health setting in Sacramento County. This systematic data collection is conducted through the administration of the annual HR Survey. The Human Resource Survey contains a Language Proficiency Survey section (See Appendix 11) that solicits information from provider agencies about language proficiency testing. The following is an excerpt from the Human Resource Survey:

Please state languages you are proficient in in the space provided below.

1. Language: _____
Check all that apply
 Speak Read Write
2. Did you take a formal test to determine Proficiency?
 Yes No

IV. Provide services to all LEP clients not meeting the threshold language criteria who encounter the mental health system at all points of contact.

The county shall include the following in the CCPR Modification (2010):

- A. Policies, procedures, and practices that include the capability to refer, and otherwise link, clients who do not meet the threshold language criteria (e.g., LEP clients) who encounter the behavioral health system at all key points of contact, to culturally and linguistically appropriate services.**

The process that BHS uses to provide services in the preferred language of the client is the same whether the client speaks a threshold language or another language. BHS compiles a database of the responses from the HR Survey and Language Proficiency

Survey responses. From this database, a report is generated that lists all of the staff employed by a county operated or contract provider who are proficient in a language other than English. Many of the languages reflected are beyond the scope of the seven threshold languages currently identified for Sacramento County. Access staff review the language list and consider the presence of bilingual staff when making referrals to providers if a client is LEP. The language proficiency of staff is also reported on a quarterly basis on provider staff rosters, and also in the quarterly submission of the network adequacy standards.

Many of the BHS providers employ bilingual staff who speak a language outside of one of the threshold languages. In the instance when a bilingual staff member is not available, providers will request an interpreter from the Assisted Access Program. For a more detailed description of the Assisted Access Program, please see Criterion 7, II A. 1–3. If an interpreter is not available through Assisted Access, then staff will request an interpreter from an interpreting agency. Only as a last result would staff use an over-the-phone interpreter to provide services.

B. Provide a written plan for how clients who do not meet the threshold language criteria are assisted to secure or linked to culturally and linguistically appropriate services.

BHS provides a streamlined access process for all individuals, which begins at the initial contact with a client. The process that BHS uses to provide services in the preferred language of the client is the same whether the client speaks a threshold language or another language. As stated in III C above, every attempt is made for all MH and SUPT services to be available in threshold and non-threshold languages to the extent possible by on-site bilingual staff.

Access Team staff use the provider list that contains information about languages spoken by staff when assigning individuals to providers for continued outpatient MH services:

<https://dhs.sacounty.gov/BHS/Pages/GI-Mental-Health-Providers.aspx>

If on-site bilingual staff are not available, staff enlist the services of an interpreter staff from the Assisted Access Program, many of whom speak languages that do not meet the criteria to be considered a threshold language. Assisted Access Program staff are available during the hours of program operation for interpreting throughout the system. If needed, staff may contact additional interpreting agencies to schedule a face-to-face interpreter.

The SUPT System of Care team use The Sacramento County DMC-ODS Provider Directory which includes pertinent information to meet the diverse needs of our clients. The Provider Directory includes information such as, specialty (i.e.: LGBTQ+, veterans, criminal justice population, trauma), cultural competence training status, and physical disabilities accommodations:

<https://dhs.saccounty.gov/BHS/Documents/SUPT/LI-BHS-SUPT-DMC-ODS-Provider-Directory.pdf>,

C. Policies, procedures, and practices that comply with the following Title VI of the Civil Rights Act of 1964 (see page 27) requirements:

1. Prohibiting the expectation that family members provide interpreter services;
2. A client may choose to use a family member or friend as an interpreter after being informed of the availability of free interpreter services; and
3. Minor children should not be used as interpreters.

BHS has enacted policies that comply with Title VI of the Civil Rights Act of 1964 and addresses interpretation services by family members (See Appendix 17 for Policy No. 01-03 Interpretation Services by Family Members. and Appendix 15 for Policy No. 01-02 Procedure for Access to Interpreter Services). According to these policies, the use of family members as interpreters is prohibited except in rare or extenuating circumstances. The following is an excerpt from the policy 01-03:

Family members can be used as interpreters only in the following situations:

1. *In emergencies where no other means of interpretation or communication are available.*
2. *When a client specifically chooses not to use a MHP interpreter and elects to use a family member for interpretation services, a Release of Information form must be signed by the client before the family member may be used as an interpreter. (See attached release form). Continued offers to provide an independent interpreter must not be excluded by this initial decision. Clinical*

decisions must always inform these efforts and may involve utilizing both family and independent interpreters in specific circumstances.

The MHP prohibits the use of children as interpreters in any circumstance. *In the event of emergency situations, providers are always responsible to access alternative interpreter services to ensure that children are not placed in a position to make this decision.*

The following is an excerpt from Policy 01-02: Procedure for Access to Interpreter Services:

- A. *The MHP and SUPT generally prohibit the use of family members as interpreters except in rare or extenuating circumstances:*
 - 1. *In emergencies where no other means of interpretation or communication are available.*
 - 2. *When a client specifically chooses not to use an interpreter provided by the MHP or SUPT and elects to use a family member for interpretation services, a Release of Information form must be signed by the client before the family member may be used as an interpreter. (See attached release form). Continued offers to provide an independent interpreter must not be excluded by this initial decision. Clinical decisions must always inform these efforts and may involve utilizing both family and an independent interpreter in specific circumstances.*

The MH and SUPT prohibit the use of children as interpreters in any circumstance. *In the event of emergency situations, providers are always responsible to access alternative interpreter services to ensure that children are not placed in a position to make this decision.*

V. Required translated documents, forms, signage, and client informing materials

The county shall have the following available for review during the compliance visit:

A. Culturally and linguistically appropriate written information for threshold languages, including the following, at minimum:

1. Member service handbook or brochure;
2. General correspondence;
3. Beneficiary problem, resolution, grievance, and fair hearing materials;
4. Beneficiary satisfaction surveys;
5. Informed Consent for Medication form;
6. Confidentiality and Release of Information form;
7. Service orientation for clients;
8. Behavioral health education materials, and
9. Evidence of appropriately distributed and utilized translated materials.

All the materials listed above are available for review in English and the Sacramento County's threshold languages (Arabic, Cantonese, Farsi, Hmong, Russian, Spanish, and Vietnamese) during a compliance visit.

B. Documented evidence in the clinical chart that clinical findings/reports are communicated in the clients' preferred language.

Documented evidence in the clinical chart that clinical findings/reports are communicated in the client's preferred language will be available for review during the compliance visit. All providers in both MH and SUPT have assessments recorded in our Smart Care billing system, which includes a demographics screen/form which asks the client's preferred language, etc. As of July 1, 2023, this is now entered in SmartCare Electronic Health Record and clinicians identify the interpreting agency.

C. Client satisfaction survey translated in threshold languages, including a summary report of the results (e.g., back translation and culturally appropriate field-testing).

The Treatment Perception Survey (TPS) is administered to SUPT youth and adult clients for a specific sample period, which is distributed by service providers in English and all seven threshold languages. SUPT service providers administered the TPS October 16-20, 2023, which included race, ethnicity, cultural sensitivity, understood communication, and treated with respect. Survey results are currently being compiled by the University of California, Los Angeles. The table below depicts the demographics of those who completed the survey compared to those served during the survey collection week. Thirty percent (30%) of youth served during the week completed a survey while only 11% of adults completed a survey.

TPS 2023 (10/16/23 - 10/20/23)			
Age Group	Unduplicated # Served	# Completed Surveys	% Completed
Youth 0-17	30	9	30%
Adults 18+	2533	270	11%
Total	2563	279	11%

SUPT service providers administered the TPS September 20-24, 2021, which included race, ethnicity, cultural sensitivity, understood communication, and treated with respect. Survey results are currently being compiled by the University of California, Los Angeles. Below depicts the demographics of those who completed the survey compared to those served during the survey collection week. The majority of youth served during the week completed a survey (71%) while only 16.7% of adults completed a survey. Asian and Other races had the highest completion rates at just 36% while Mexican/Latinx had the lowest percentage. Note: Gender with the exception of Male and Female, categories were not comparable due to the wording on the survey and data available in the EHR.

The Client Perception Survey is distributed by MH service providers in all threshold languages to MH clients. The state provides BHS with translated versions of the two client satisfaction surveys referenced above.

D. Report mechanisms for ensuring accuracy of translated materials in terms of both language and culture (e.g., back translation and culturally appropriate field-testing).

See D. response below.

E. Report mechanisms for ensuring translated materials are at an appropriate reading level (6th grade). Source: Department of Health Services and Managed Risk Medical Insurance Boards.

This response applies to D and E:

All BHS brochures are translated by County approved contracted interpreters/translators and undergo culturally appropriate field testing. The BHS document translation policy requires the following:

- i. All BHS programs and BHS contract providers shall utilize qualified translators or individuals who have passed a written language proficiency test to translate written materials.*
- ii. If an individual who has not passed a written language proficiency test translates a document, then the completed document must be forwarded to BHS for review prior to use.*
- iii. The translation should be done at a 5th grade reading level.*
- iv. The forward and back method of translation shall be used for all documents requiring translation.*
- v. The layered review should be completed by a second and third translator reviewing the documents.*
- vi. A review shall also be conducted with clients/ community members to ensure that the document is clear and meets the education level of the community.*

Source: Department of Health Services

CRITERION 8

COUNTY MENTAL HEALTH SYSTEM

ADAPTATION OF SERVICES

Rationale: Organizations should ensure that clients/consumers receive from all staff members, effective, understandable, and respectful care, provided in a manner compatible with their cultural health beliefs and practices and preferred language (CLAS Final Report).

I. Client driven/operated recovery and wellness programs

The county shall include the following in the CCPR Modification (2010):

- A. List client-driven/operated recovery and wellness programs and options for consumers that accommodate racially, ethnically, culturally, and linguistically specific diverse differences.

II. Responsiveness of mental health services

The county shall include the following in the CCPR Modification (2010):

- A. Documented evidence that the county/contractor has available, as appropriate, alternatives and options that accommodate individual preference, or cultural and linguistic preferences, demonstrated by the provision of culture-specific programs, provided by the county/contractor and/or referral to community-based, culturally-appropriate, non-traditional mental health provider.

(Counties may develop a listing of available alternatives and options of cultural/linguistic services that shall be provided to clients upon request. The county may also include evidence that it is making efforts to include additional culture-specific community providers and services in the range of programs offered by the county).

- B. Evidence that the county informs clients of the availability of the above listing in their member services brochure. If it is not already in the member services brochure, the county will include it in their next printing or within one year of the submission of their CCPR.
- C. Counties have policies, procedures, and practices to inform all Medi-Cal beneficiaries of available services under consolidation of specialty mental health services.

(Counties may include **a.)** Evidence of community information and education plans or policies that enable Medi-Cal beneficiaries to

access specialty mental health services; or **b.**) Evidence of outreach for informing under-served populations of the availability of cultural and linguistic services and programs (e.g., number of community presentations and/or forums used to disseminate information about specialty mental health services, etc.)

- D. Evidence that the county has assessed factors and developed plans to facilitate the ease with which culturally and linguistically diverse populations can obtain services. Such factors should include:
1. Location, transportation, hours of operation, or other relevant areas;
 2. Adapting physical facilities to be accessible to disabled persons, while being comfortable and inviting to persons of diverse cultural backgrounds (e.g., posters, magazines, décor, signs); and
 3. Locating facilities in settings that are non-threatening and reduce stigma, including co-location of services and /or partnerships, such as primary care and in community settings. (The county may include evidence of a study or analysis of the above factors, or evidence that the county program is adjusted based upon the findings of their study or analysis.)

III. Quality Assurance

Requirement: A description of current or planned processes to assess the quality of care provided for all consumers under the consolidation of specialty mental health services. The focus is on the added or unique measures that shall be used or planned in order to accurately determine the outcome of services to consumers from diverse cultures including, but not limited to, the following:

The county shall include the following in the CCPR Modification (2010):

- A. Grievances and Complaints: Provide a description of how the county mental health process for Medi-Cal and non-Medi-Cal client Grievance and Complaint/Issues Resolution Process data is analyzed and any comparison rates between the general beneficiary population and ethnic beneficiaries.

CRITERION 8

SACRAMENTO COUNTY MENTAL HEALTH SYSTEM

ADAPTATION OF SERVICES

I. Client driven/operated recovery and wellness programs

The county shall include the following in the CCPR Modification (2010):

- A. List client-driven/operated recovery and wellness programs and options for clients that accommodate racially, ethnically, culturally, and linguistically specific diverse differences.

A Church For All – Supporting Community Connections (SCC)

program provides culturally informed support services to African American community members across genders and all age groups. The program provides multi-faceted outreach and engagement activities that are intended to promote and support community connections and improve access to mental health and other needed services. These activities include participating in community outreach events and conducting presentations in faith-based and community-based organizations serving African American community members such as in schools, afterschool programs, and youth programs. The program has also implemented a social media strategy to provide program, suicide prevention, and resource information.

The program also provides suicide prevention support services to African American community members. These services include offering individual listening sessions for individuals who are at risk of suicide or are experiencing an emotional crisis; providing linkage and referral to mental health or other needed resources; facilitating ongoing or topic-oriented support groups; and offering trainings such as Mental Health First Aid (MHFA) and SafeTALK. Support services are provided in person, over the phone, virtually, and in the community. To promote trust and ease of access, support services are co-located two days per week at two different locations within the African American community.

Cal Voices - Client-Operated Warmline is a non-crisis telephone support service available to all Sacramento County adult residents during the specific (peak) hours of Monday thru Friday from 9:00 AM to 5:00 PM. Warmline goals are to support individuals with

increasing access and linkage to needed services; improving self-reported life satisfaction and wellbeing; and reducing suicide risk factors including isolation and the need for crisis services while enhancing protective factors including connectedness and knowledge of available resources.

Warmline callers receive culturally/linguistically appropriate services which may include but are not limited to: supportive listening, coaching, mentoring, linkage and referral to behavioral health services and other needed resources, skill building, and social networking. The Warmline also provides support services including Wellness Recovery Action Plan (WRAP) workshops; community outreach and engagement; one-on-one peer support; community education and training about mental health issues; and volunteer training, development, and support.

Central Star Peer Support Services is available to clients of the Adult Psychiatric Support Services (APSS) Clinic on a voluntary basis.

Peer Support Services is a system of giving and receiving help founded on key principles of respect, shared responsibility, and mutual agreement of what is helpful. Peer Support Services is about fostering a connection with a client based on similar lived experiences. It is about making a connection that leads to honest conversations about challenges and hope in a client's life. It is about recovery in a person-centered approach with emphasis on a strength-based model leading to empowerment and independence.

Peers are recruited for both their life experience and their cultural background, and they reflect the cultural diversity of the Sacramento County community.

Peers can talk to clients in empathetic ways, sharing their lived experience to foster hope and a sense of community. Peers can meet with clients and discuss hope, strategies for change, ideas for growth, and goals/dreams. Peers also facilitate several groups a week in an effort to keep clients connected and active with other peers and resources.

CORE Program Community Wellness Centers:

The CORE Program, currently in implementation phase (Please reference the new program implementation outlined in detail in Criterion 3.), includes eleven (11) co-located peer-run Wellness Center sites geographically located throughout the Sacramento County community that are operated by four (4) providers: Turning Point Community Programs operating three (3) sites; El Hogar Community Services operating two (2) sites; Bay Area Community Services (BACS) operating three (3) sites, and Hope Cooperative operating three (3) sites. Turning Point Community Programs subcontracts with Clients Self Help Center (CSHC) to operate their three (3) Community Wellness Centers.

The focus of the Community Wellness Centers is to connect individuals, ages 18 and older to peer led meaningful groups, activities and additional support resources by acting as a drop-in center for all interested community members. They act as the front door for individuals interested in mental health services and have the ability to connect those who qualify to their Outpatient program for assessments for ongoing mental health services. Community Wellness Centers are shaped by ongoing feedback from community, community members and clients to create a space that is welcoming, culturally responsive and client centered. Some of the sites will have access to shower and laundry facilities. With Board of Supervisors approval in June 2023, all 11 sites will have 2 Community Outreach Workers to support in connecting our unhoused community members to the Wellness Centers and support in getting connected to ongoing mental health services should they be interested and qualify. These programs are partially operational with the goal of having all sites open by November 2023. All locations are working toward offering extended hours.

II. Responsiveness of mental health services

The county shall include the following in the CCPR Modification (2010):

- A. Documented evidence that the county/contractor has available, as appropriate, alternatives and options that accommodate individual preference, or cultural and linguistic preferences, demonstrated by the provision of culture-specific programs, provided by the county/contractor and/or referral to community-based, culturally

appropriate, non-traditional mental health provider.

(Counties may develop a listing of available alternatives and options of cultural/linguistic services that shall be provided to clients upon request. The county may also include evidence that it is making efforts to include additional culture-specific community providers and services in the range of programs offered by the county).

The County of Sacramento has community-based programs serving culture and language-specific groups. Leveraging PEI funding, we contract with culturally specific providers to offer culturally responsive and linguistically appropriate Prevention and Early Intervention and mental health respite programs. For a listing of these programs, please view the list found at this site:

<https://dhs.saccounty.gov/BHS/Documents/MHP-MediCal-Providers/LI-PEI-and-MH-Respite-Services-Provider-List-English.pdf>

We also offer time-limited community driven Prevention and Early Intervention grants that enable multiple community-based organizations to provide culturally informed support services to the community. To view the list of programs funded in Round 2, please go to this site:

<https://dhs.saccounty.gov/BHS/Documents/MHSA/GI-BHS-MHSA-Sacramento-County-Community-Driven-PEI-Grant-Awardees-Round-2.pdf>

The Client-Operated Warmline operated by Cal Voices and the Peer Support Services Program, administered by Central Star, are examples of client driven/operated recovery and wellness programs. The Client-Operated Warmline is open to all Sacramento County adults, age 18+, including clients, family members, and friends and provides non-crisis telephone support services including coaching, supportive listening, mentoring, skill building, social networking, and linkage and referral to behavioral health services and other needed resources. The Warmline also provides support services including Wellness Recovery Action Plan (WRAP) workshops; community outreach and engagement; one-on-one peer support; community education and training about mental health issues; and volunteer training, development, and support.

The Peer Support Services Program will be a collaborative and

integrated program within the following County operated programs:

- Adult Psychiatric Support Services (APSS)
- Child and Adolescent Psychiatric Services (CAPS)
- Mental Health Treatment Center (MHTC)
- Youth Detention Facility (YDF)
- Interagency Placement Committee (IPC)
- Community Support Team (CST)

To further support the recovery process, Peer Support Services are provided to clients and their families receiving services within these County operated programs. These efforts are accomplished through a variety of interventions, including informing clients about recovery and services, advocating, connecting to resources, decreasing isolation and risk for suicide, reducing unnecessary use of psychiatric hospitalization, law enforcement, and jail, increasing individual/family and natural support persons' knowledge of available resources, experiential sharing, relationship building, socialization/self-esteem building, group facilitation and assisting clients with overcoming barriers to seeking services due to racial, ethnic, cultural or language barriers, which are key strategies contributing to successful outcomes.

The Prevention and Early Intervention (PEI) component provides funding for programs and activities designed to prevent mental illness from occurring or becoming more severe and disabling. Sacramento County's PEI Plan is comprised of four (4) previously approved programs designed to address suicide prevention and education; strengthening families; integrated health and wellness; and mental illness stigma and discrimination reduction.

Included in PEI programming are respite programs, all of which involve peers.

Respite program goals include providing a safe environment in which participants increase their knowledge of available supports and how to access them, improve well-being, reduce stress, increase connectedness, and reduce feelings of isolation, decrease risk of harm, and reduce visits to the emergency room and psychiatric hospitals. There are currently 5 respite programs:

- **Caregiver Crisis Intervention Respite Program** – Del Oro Caregiver Resource Center: Administered by Del Oro Caregiver Resource Center, helps decrease hospitalizations due to mental health crises of family caregivers of dementia patients. The

program provides respite care, family consultation, home visits and an assessment with a Master's level clinician to develop a care plan focused on services, supports, and wellness. The program serves adult caregivers of all age groups with the majority of caregivers being in the 60+ age range.

- **Homeless Teens and Transition Age Youth (TAY) Respite Program** – Administered by Wind Youth Services, Rejuvenation Haven program provides mental health crisis respite care via a drop-in center or pre-planning to transition age youth aged 13-25 years old who are experiencing overwhelming stress due to life circumstance and homelessness. Services include screening, planning, crisis intervention, enriching workshops, health screenings, groups, crisis counseling and case management.
- **Ripple Effect Respite Program** –Administered by A Church for All, this program provides planned mental health respite care designed to prevent acute mental health crisis from occurring for adults ages eighteen and older, with an emphasis on people of color who may identify as LGBTQ. The program utilizes a peer run structure to increase social connectedness and operates a daily support group that helps participants overcome suicide risk factors.
- **Lambda Lounge Adult Mental Health Respite Program** - Administered by Sacramento LGBT Community Center, this program provides drop-in mental health respite care designed to prevent an acute mental health crisis from occurring, as well as suicide prevention support services to unserved and underserved adults ages twenty-four (24) and older who identify as LGBTQ+. The program offers a variety of support groups focused on mitigating risk factors, building healthy relationships, health, and wellness, etc.
- **Q Spot Youth/Transition Age Youth (TAY) Respite Program** –Administered by Sacramento LGBT Community Center, this program provides drop-in mental health respite care and supportive services to unserved and underserved youth/TAY ages thirteen (13) through twenty-three (23) who identify as LGBTQ+. In FY 2016-17, several new youth groups were implemented to focus on decreasing suicide risk, promoting healthy relationships and life skill development.

Every September, Sacramento County celebrates **National Recovery Month** to increase awareness and understanding of

mental health and substance use disorders and celebrate the people in recovery.



In September of each year, this annual event is organized by the California Consortium of Addiction Programs and Professionals and in collaboration Sacramento County Substance Use Prevention and Treatment (SUPT) Services and community-based service providers, host this event at the California State Capitol. The event includes a recovery walk, pancake breakfast, provider fair, sobriety countdown, keynote speakers, advocacy, entertainment and giveaways. Individuals in recovery and their peers in recovery share their diverse experiences and stories of healing while also meeting new peers to support their continued journey in recovery. This event emphasizes that individuals in recovery and their support systems can be change agents in our communities.

31st Annual Recovery Happens: September 6, 2023





- B. Evidence that the county informs clients of the availability of the above listing in their member services brochure. If it is not already in the member services brochure, the county will include it in their next printing or within one year of the submission of their CCPR.

The MHP informs clients of the availability of the above listing in our Member Services Brochure. It is provided to clients in all threshold languages, noted in the case file, and checked in Quality Management case reviews. The same is true for SUPT.

For example, resources in all threshold languages and are available online:

<https://dhs.saccounty.gov/BHS/Pages/Resources.aspx>

- C. Counties have policies, procedures, and practices to inform all Medi-Cal beneficiaries of available services under consolidation of specialty mental health services.

(Counties may include **a.**) Evidence of community information and education plans or policies that enable Medi-Cal beneficiaries to access specialty mental health services; or **b.**) Evidence of outreach for informing under-served populations of the availability of cultural and linguistic services and programs (e.g., number of community presentations and/or forums used to disseminate information about specialty mental health services, etc.)

Outreach to underserved linguistic and cultural groups is integrated into our practice. For example, outreach materials are available in all of the Sacramento County threshold languages and outreach is conducted by BHS in partnership with our Supporting Community Connections programs and PEI respite programs, all of whom have trusted relationships with the communities they serve. Please see Appendix 19 for a compiled Outreach Log from MHP providers, SUPT providers and PEI providers as well as the county operated programs.

For example, many program brochures that are used at outreach events are available in all threshold languages and are available online:

<https://dhs.saccounty.gov/BHS/Pages/Resources.aspx>

- D. Evidence that the county has assessed factors and developed plans to facilitate the ease with which culturally and linguistically diverse populations can obtain services. Such factors should include:
 1. Location, transportation, hours of operation, or other relevant areas;
 2. Adapting physical facilities to be accessible to disabled persons, while being comfortable and inviting to persons of diverse cultural backgrounds (e.g., posters, magazines, décor, signs);

3. Locating facilities in settings that are non-threatening and reduce stigma, including co-location of services and /or partnerships, such as primary care and in community settings. (The county may include evidence of a study or analysis of the above factors, or evidence that the county program is adjusted based upon the findings of their study or analysis.)

BHS is intentional about siting services where they are most needed. Target zip codes with high need and/or low service availability are prioritized for siting services. In last year's update, the Adult Redesign transformed the entire adult system to site services around the county in target zip codes. This year, in Child and Family services, Flexible Integrated Treatment (FIT) issued a request for proposal (RFP). As part of the RFP process for the 16th FIT site, contractors were asked to consider that their outpatient mental health service co-located sites, and a hub site, should be located in high need zip codes identified in the RFP that have higher than average incidences with CPS, poverty, highest referrals for FIT services, and child deaths but with few resources available. One of the most impacted zip codes 95823 does not have any service providers but some of the highest incidences of adverse outcomes identified above. HeartLand was able to site in 95822 that is closely located to impacted neighborhoods and allows them to serve the 95823 community through their outreach efforts and co-located sites and programming.

III. Quality Assurance

Requirement: A description of current or planned processes to assess the quality of care provided for all consumers under the consolidation of specialty mental health services. The focus is on the added or unique measures that shall be used or planned in order to accurately determine the outcome of services to consumers from diverse cultures including, but not limited to, the following:

The county shall include the following in the CCPR Modification (2010):

- A. Grievances and Complaints: Provide a description of how the county mental health process for Medi-Cal and non-Medi-Cal client Grievance and Complaint/Issues Resolution Process data is analyzed and any comparison rates between the general beneficiary population and ethnic beneficiaries.

Quality Management Member Services (QM) is currently reviewing the grievance and complaints for the FY 2022-23. At this time, the collection and analysis are not available for the FY 2022-23 report but will be available at the time for the next Cultural Competence Plan.

The MHP monitors and tracks the grievance, appeal and State Fair Hearing processes using an Access database. The database captures beneficiary demographics, date of receipt, date logged, date acknowledgement letter is mailed to the beneficiary, nature of the issue, actions taken to resolve the issue and the resolution date. In addition, the database is able to generate reports to assist staff to monitor their progress towards completion and compliance with timeliness requirements for unresolved grievances and appeals. Grievances and appeals were logged timely with a success rate of 99.75%, grievances were resolved with a success rate of 100%, and standard appeals were resolved with a 98.5% success rate. There were zero expedited appeals during FY 21-22. The MHP records actions taken for State Fair Hearing issues in the Access database, but the notification of a hearing and the resolution of the hearing is managed by the State Fair Hearing Office.

The California Department of Health Care Services (DHCS) requires Mental Health Plans (MHP) to submit an annual accounting of grievances and appeals filed by Medi-Cal beneficiaries regarding their provision of mental health services. This year DHCS made changes to the name of the report and the categories for identifying the types of grievances received. The Annual Beneficiary Grievance and Appeal Report (ABGAR) is now the Managed Care Plan Annual Report (MCPAR). Due to the change in categories, this report will not compare the grievances received this year to last year in this area.

During fiscal year 2022-2023, the MHP served 23,741 Medi-Cal beneficiaries. This is 1,870 less than the 25,611 beneficiaries served during FY 2021-2022. The MHP received 308 grievances reportable on the DHCS Managed Care Program Annual Report (MCPAR), meaning 1.3% of members filed a grievance, or slightly more than 1 in every 100 members. Grievances involve any issue of dissatisfaction with MHP services brought to the attention of the Plan, other than an adverse benefit determination. This fiscal year, grievances received related to accessing services (7), Case Management (130), Customer Service (11), County Communications (3), Inpatient Services (4), Payment/Billing (3),

Quality of Care (124), and Other (26). Grievances are managed by licensed clinicians in accordance with best clinical practice, County and Provider policies and procedures, and State and Federal regulations. Grievances are resolved in favor of the beneficiary, whenever possible and appropriate.

In addition, whenever the MHP makes a decision that adversely affects a member's Plan benefits, the member is issued a Notice of Adverse Benefit Determination (NOABD) notifying them of the action being taken. If the member disagrees with the determination, they have the right to file an appeal. During fiscal year 2022-2023, the MHP received 110 appeals. The types of NOABDs issued that resulted in an appeal included, Delivery System (1), Denial or Limited Authorization of Services (61), and the Reduction, Suspension, or Termination of a Previously Authorized Service (48). The number of appeals received this year was more than double the 51 appeals received last fiscal year.

Starting in July 2022, the MHP adult system of care embarked upon an endeavor to improve service delivery to the adult population by transitioning members from four regional support teams (RST) and two wellness and recovery centers, a Guest House center for the homeless and a clinical transitional program, TCORE, into ten CORE programs located throughout Sacramento County. CORE programs offer specialty mental health services to members with moderate to severe mental health issues and each site also has a co-located community wellness center. The goal of CORE is to not only meet the mental health needs of members, but to also assist members to apply for financial entitlement benefits and secure housing, while providing treatment interventions that meet the member's level of need.

During the implementation of this program, the MHP received an increase in grievances and appeals. Members transferring from RST to CORE programs filed grievances due to delays in linkage to the new provider, challenges with getting an appointment or appointment cancellations, or a lack of response from the provider. These issues occurred as a result of continuing staffing challenges and capacity issues caused by the volume of members needing attention. In addition, there was an increase in the issuance of NOABD notices, partly due to providers increased diligence with issuing them and partly due to providers assessing RST members to determine their qualification for CORE services. Those who no longer qualified for the MHP were transitioned to their Geographic Managed Care plan (GMC) for on-going services. Those who were

not engaging in services were also issued a NOABD, each with information regarding their right to file an appeal if they did not agree with the decision.

The Table below illustrates a comparison of the number of grievances and appeals brought to the attention of the MHP by members during fiscal year 2022-2023 versus those received during fiscal year 2021-2022.

Sacramento County Mental Health Plan						
Annual Problem Resolution Summary/Analysis Report						
Category	Adults		Children		Total	
Fiscal Year	21-22	22-23	21-22	22-23	21-22	22-23
Grievances	153	211	111	97	264	308
Standard Appeal	31	75	20	35	51	110
Expedited Appeal	0	0	0	0	0	0
Total	184	286	131	132	315	418

Grievance Issues by Ethnicity

The MHP predominantly provides services in English. Members whose primary language is other than English receive services either by staff competent in the beneficiary’s language or by interpreters. Auxiliary aids are also available, upon request and at no cost to the beneficiary, to ensure clear and accurate communication. The Table below reflects the race/ethnicity of beneficiaries who have submitted grievances, appeals or State Fair Hearings during FY 2022-2023. As seen in the table, those identifying as White/Caucasian have the highest number of grievances (103) and appeals (33). African American/Black have the second largest number of filed grievances (98), yet the most appeals (35) and Spanish/Hispanic have the third largest number of filed grievances (54) and appeals (15). The majority of grievances received were in the areas of Case Management (130) and Quality of Care (124). The numbers of grievances received by the different ethnic groups are proportionate to their overall numbers within the MHP. However, African American/Black have submitted more appeals than any other ethnic group and just slightly more than those identifying as White/Caucasian. This is the only area where African American/Black disproportionately contact Member Services for assistance. The MHP must monitor this area to ensure that African American/Black are not

being disproportionately denied access to, or terminated from, MHP services.

MCPAR Grievance, Appeal, State Hearings by Ethnicity											
Ethnicity	Access	Case Management	Communicatio	Customer Service	Inpatient	Payment or Billing	Quality of Care	Other MCPAR Grievances	Total MCPAR Grievances	Appeals	SFH
African American	1	52	0	4	0	1	32	8	98	35	0
American Indian	0	3	0	0	0	0	2	0	5	1	0
Chinese	0	1	0	0	0	0	2	1	4	1	0
Filipino	0	0	0	0	0	0	0	0	0	1	0
Former Soviet	0	0	0	0	0	0	1	0	1	0	0
Hmong	0	1	0	0	0	0	0	0	1	2	0
Japanese	0	0	0	0	0	0	2	0	2	0	0
Laotian	0	0	0	0	0	0	0	0	0	2	0
Mien	0	1	0	0	0	0	0	0	1	0	0
Multiple	1	7	0	0	0	0	8	0	16	10	0
Other	0	2	0	0	0	0	0	1	3	4	0
Other Asian	0	0	0	3	0	0	3	0	6	0	0
Samoan	0	0	0	0	0	0	0	0	0	1	0
Spanish	2	25	1		1	0	18	7	54	15	1
Unknown	1	4	0	2	1	2	3	1	14	3	1
Vietnamese	0	0	0	0	0	0	0	0	0	2	0
White	2	34	2	2	2	0	53	8	103	33	2
Total	7	130	3	11	4	3	124	26	308	110	4

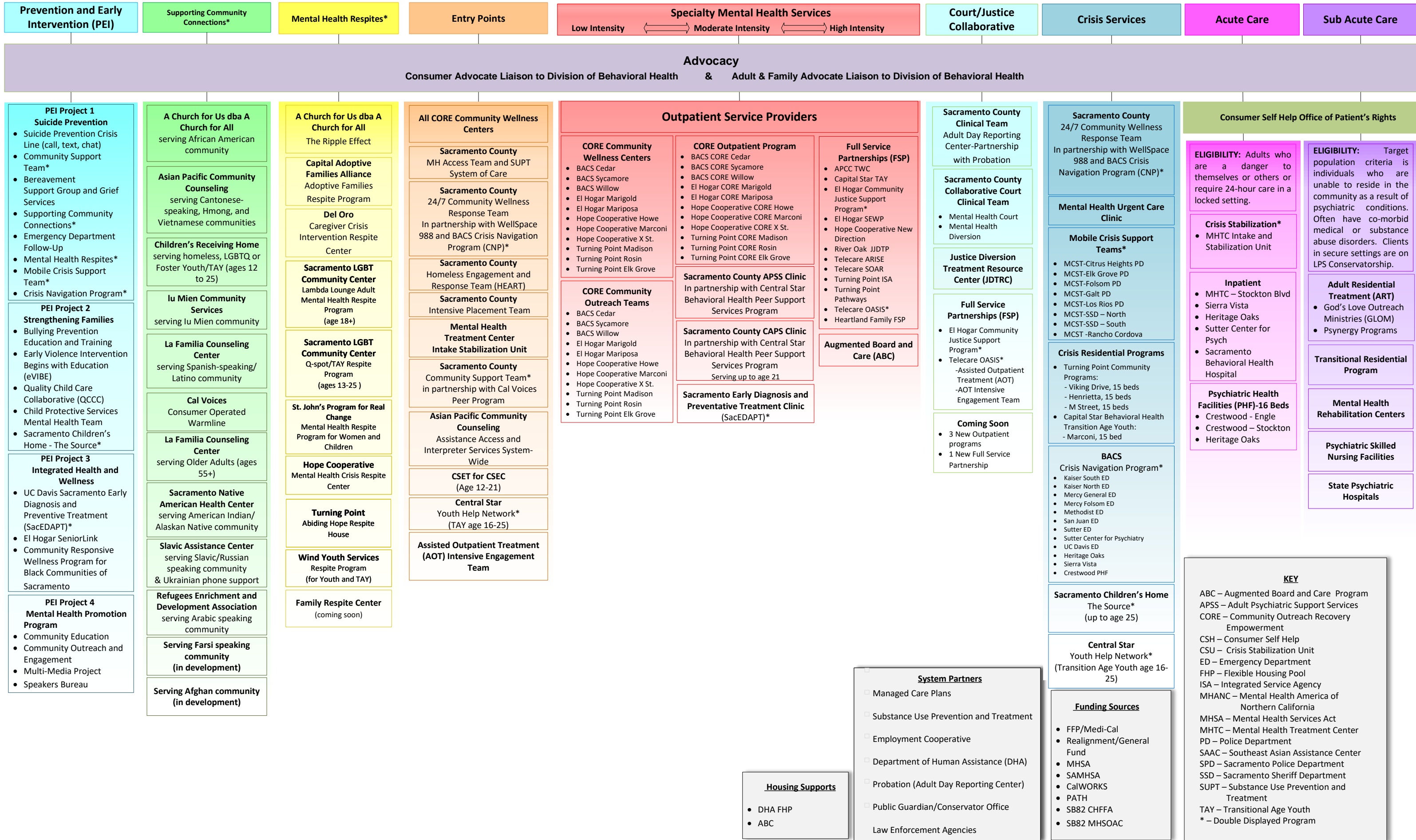
In addition to monitoring grievances and appeals, the MHP also monitors Change of Provider requests. Members may request to change providers either through their current provider site, Member Services or the MHP Access team. The Access Team and/or MHP contract monitors decide upon transfers for higher or lower level of care requests. The MHP strives to honor a member’s request to change providers, whenever possible.

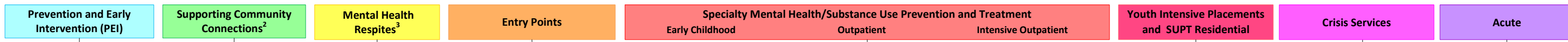
Table 23 below details the reasons for Change of Provider requests by ethnicity. The ethnicity of those making requests is in line with the overall ethnic population within the MHP with White/Caucasian

having the highest number of requests (44), followed by Black/African American (40), and Spanish descendants (26). With the increase in CORE provider sites throughout Sacramento County, most ethnic groups, and mostly adults, sought to change providers based on the location of the provider’s site in relation to one’s residence. History with a provider was the second largest reason for a transfer request, followed by a desire to move to a higher level of care for more intensive services or to take advantage of housing supports. Level of care requests are more spread out among different ethnic groups, with Black and White members more often requesting this change.

Ethnicity	Coordination	Culture	Family/Friend	History with Provider	Housing	Level of Care	Location	Other	Total
African American or Black	2	0	1	6	3	7	14	7	40
American Indian	0	0	0	0	0	0	1	0	1
Filipino	0	0	0	0	0	1	1	0	2
Hmong	1	0	0	0	0	0	0	0	1
Japanese	0	0	0	1	0	0	0	0	1
Korean	0	0	0	0	0	0	1	0	1
Mein	0	0	0	1	0	1	0	0	2
Multiple	0	0	0	3	0	2	3	2	10
Other	0	0	0	0	0	0	0	1	1
Other Asian	0	0	0	0	2	0	0	0	2
Samoan	0	0	0	0	0	1	0	0	1
Spanish	5	0	0	6	0	4	10	1	26
Unknown	0	0	0	1	0	1	0	2	4
Vietnamese	0	1	1	0	0	0	0	0	2
White or Caucasian	1	0	2	9	1	6	17	8	44
Total	9	1	4	27	6	23	47	21	138

Appendix Number	Appendix Name
01	FY 23-24 ADULT BH Service Continuum
02	FY 23-24 Child and Family BH Service Continuum
03	SUPT FY 23-24 Continuum of Care
04	BHS Assurance of CC Compliance & Advancement of Health Equity
05	Hmong Cultural Orientation Post Survey Report
06	CCC Roster FY 2023-2024
07	CCC Collective Comments
08	Sacramento County BHS Training Log FY 2023-24
09	2024 Peer Empowerment Conference Summary
10	2024 Peer Empowerment Conference Program
11	2024 HR Survey Report
12	BHS Hiring Event Summary Report
13	Acknowledgment of Receipt Form
14	Language Assistance Poster
15	Progress Notes (Mental Health) Policy (P&P BHS-QM-10-30)
16	Access to Interpreter Services Policy (P&P BHS-CCES-01-02)
17	Electronic Utilization Review Quality Assurance Activities Policy (P&P BHS-QM-09-05)
18	Interpreter Services Family Members Policy (P&P BHS-QM-01-03)
19	Sacramento County BHS Outreach Log FY 2023-24





Advocacy

- Family & Youth Advocate Liaison to Division of Behavioral Health
- Family Partners and Youth Peer Advocates are on staff in the contracted outpatient provider network
- Peer Support Services Program Provides system-wide support/advocacy/referrals to families not yet linked to the system providers or to County-operated programs

<p>PEI Project 1 Suicide Prevention</p> <ul style="list-style-type: none"> • Suicide Prevention Crisis Line (call, text, chat) • Community Support Team¹ • Bereavement Support Groups and Grief Services • Supporting Community Connections² • Mental Health Respite³ • Emergency Department Follow Up Services • Mobile Crisis Support Teams⁴ • BACS Crisis Navigation Program⁵ 	<p>A Church for Us dba A Church for All serving African American community</p> <p>Asian Pacific Community Counseling serving Cantonese-speaking, Hmong, and Vietnamese communities</p> <p>Children's Receiving Home serving homeless, LGBTQ, or foster youth/TAY (ages 12-25)</p> <p>Iu Mien Community Services serving Iu Mien community</p> <p>La Familia Counseling Center serving Spanish-Speaking/Latino community</p> <p>Cal Voices Consumer-Operated Warmline</p> <p>Sacramento Native American Health Center serving American Indian/Alaskan Native community</p> <p>Slavic Assistance Center serving Slavic/Russian-Speaking community & Ukrainian Phone Support</p> <p>Refugees Enrichment and Development Association serving Arabic-Speaking community</p> <p>Serving Farsi speaking community (in development)</p> <p>Serving Afghan community (in development)</p>	<p>A Church for Us dba A Church for All The Ripple Effect*</p> <p>Capital Adoptive Families Alliance Adoptive Families Respite Program</p> <p>Del Oro Caregiver Crisis Intervention Respite Center*</p> <p>Sacramento LGBT Community Center Lambda Lounge Adult Mental Health Respite Program*</p> <p>Sacramento LGBT Community Center Q-Spot/TAY Respite Program (Transition Age Youth 13-25)</p> <p>St. John's Program for Real Change Mental Health Respite Program for Women and Children*</p> <p>Hope Cooperative Mental Health Crisis Respite Center*</p> <p>Turning Point Abiding Hope Respite House*</p> <p>Wind Youth Services Respite Program (Youth/Transition Age Youth 13-25)</p>	<p>All Flexible Integrated Treatment (FIT) Programs</p> <p>Sacramento County MH Access Team and SUPT System of Care</p> <p>Sacramento County 24/7 Community Wellness Response Team in Partnership with WellSpace 988 and BACS Crisis Navigation Program (CNP)*</p> <p>Sacramento County Homeless Engagement and Response Team (HEART)</p> <ul style="list-style-type: none"> • Homeless shelter • Homeless encampment <p>Sacramento County Intensive Placement Team*</p> <p>Children's Crisis Stabilization Unit MHTC Intake Stabilization Unit</p> <p>Sacramento County Community Support Team¹</p> <p>Child Protective Services/Mental Health Team⁵</p> <p>Juvenile Probation/Mental Health Collaboration</p> <p>Interagency Placement Committee (IPC) with Peers (STRTP and Out of State Authorization)</p> <p>Asian Pacific Community Counseling Assisted Access and Interpreter Services System-Wide</p> <p>CSET for CSEC (Age 12 up to age 21)</p> <p>Central Star Youth Help Network (Transition Age Youth 16-25)</p> <p>SUPT Access Points</p> <ul style="list-style-type: none"> • SUPT System of Care <ul style="list-style-type: none"> ▪ Children's Receiving Home ▪ School sites ▪ Wind Youth • Community Locations as needed • Juvenile Court • Youth Detention Facility <p>Assisted Outpatient Treatment Engagement Team (coming soon)</p>	<p>Parent Child Interaction Therapy</p> <ul style="list-style-type: none"> • CAPS Clinic • Capital Star • River Oak • Stanford Sierra Youth and Families • Turning Point • UC Davis CAARE • Sacramento Children's Home <p>Quality Child Care Collaborative</p> <p>Flexible Integrated Treatment (FIT)</p> <ul style="list-style-type: none"> • Capital Star • Dignity Health • La Familia • River Oak • Sacramento Children's Home • Stanford Sierra Youth and Families • HeartLand • Turning Point • UC Davis CAARE • Uplift <p>Sacramento County CAPS Clinic in Partnership with Central Star Peer Support Services Program</p> <p>Sacramento County APSS Clinic* in Partnership with Central Star Peer Support Services Program</p> <p>School Based Mental Health</p> <ul style="list-style-type: none"> • San Juan Unified School District • Sacramento County Office of Education • Albert Einstein Middle School • Sam Brannan Middle School <p>Psychological Testing</p> <ul style="list-style-type: none"> • Sacramento County CAPS Clinic • UC Davis CAARE <p>SUPT Outpatient Treatment</p> <ul style="list-style-type: none"> • Another Choice Another Chance • Rio Vista • Sobriety Brings a Change • WellSpace Health • Additional Outpatient Services at selected Middle Schools & High Schools <p>Medication Assisted Treatment Providers:</p> <ul style="list-style-type: none"> • Aegis • BAART Programs • CORE Medical Clinic • MedMark • Treatment Associates <p>Deaf and Hard of Hearing Community Counseling Services</p> <p>Trauma Informed Culturally Responsive Therapy (TICRT) Black/African American community</p> <p>Sacramento Early Diagnosis and Preventive Treatment (SacEDAPT)⁸</p>	<p>Wraparound</p> <ul style="list-style-type: none"> • River Oak • Sacramento Children's Home • Stanford Sierra Youth and Families <p>Full Service Partnerships</p> <ul style="list-style-type: none"> • River Oak Juvenile Justice Diversion and Treatment Program (JJTDP) (Age 13-26) • El Hogar CJSP • Telecare ARISE • Telecare Oasis • Telecare SOAR* • HOPE Cooperative New Direction* • Asian Pacific Community Counseling Transcultural Wellness Center • Capital Star Transition Age Youth (Age 16-25) • Turning Point ISA* • Turning Point Pathways • HeartLand Family FSP <p>Therapeutic Behavioral Services (TBS)</p> <ul style="list-style-type: none"> • River Oak • Stanford Sierra Youth and Families • Turning Point • HeartLand • Sacramento Children's Home <p>SUPT Intensive Outpatient Treatment</p> <ul style="list-style-type: none"> • Sobriety Brings About Change • WellSpace Health 	<p>24/7 Welcoming Centers</p> <ul style="list-style-type: none"> • Temporary Shelter Care Facilities • Emergency foster homes • Emergency STRTPs <p>Short Term Residential Therapeutic Program (STRTP)</p> <ul style="list-style-type: none"> • Children's Receiving Home • Paradise Oaks • Sacramento Children's Home • Gateway Residential • Out of County STRTPs <p>Therapeutic Foster Care/Intensive Services Foster Care</p> <ul style="list-style-type: none"> • Stanford Sierra Youth and Families • Foster Hope (in development) • Alternative Family Services (in development) <p>SUPT Youth Residential Treatment (Up to Age 18) Out of County Referrals</p> <p>SUPT Transitional Sober Living Environment Bridges (Women & Children)</p> <p>SUPT Associated Rehabilitation for Women</p> <ul style="list-style-type: none"> • River City Recovery • Sacramento Recovery • Saint John's Program for Real Change (take families) • Volunteers of America (take families) • WellSpace Health 	<p>Sacramento County 24/7 988 Community Wellness Response Team in Partnership with WellSpace 988 and BACS CNP*</p> <p>Mobile Crisis Support Teams⁴</p> <ul style="list-style-type: none"> • MCST Citrus Heights PD • MCST Elk Grove PD • MCST Folsom PD • MCST Galt PD • MCST Los Rios PD • MCST Rancho Cordova PD • MCST SSD North • MCST SSD South <p>Mental Health Urgent Care Clinic</p> <p>Crisis Residential Programs</p> <ul style="list-style-type: none"> • Turning Point Community Programs (TPCP) Viking Drive, 15 beds • TPCP Henrietta, 15 beds • TPCP M Street, 15 beds • Capital Star Behavioral Health Transition Age Youth - Marconi, 15 beds <p>BACS Crisis Navigation Program⁵</p> <ul style="list-style-type: none"> • Kaiser South ED • Kaiser North ED • Mercy General ED • Mercy Folsom ED • Methodist ED • San Juan ED • Sutter ED • Sutter Center for Psychiatry • UC Davis ED • Heritage Oaks • Sierra Vista • Crestwood PHF <p>The Source⁷ 916-SUPPORT, 24/7</p> <p>Youth Help Network (Transition Age Youth age 16-25)</p>	<p>Consumer Self Help Office of Patient's Rights</p> <p>ELIGIBILITY: Children and youth who are a danger to themselves or others or are gravely disabled and require 24-hour care in a locked setting.</p> <ul style="list-style-type: none"> • MHTC Children's Crisis Stabilization Unit • Dignity CSU* <p>Psychiatric Hospitals</p> <ul style="list-style-type: none"> • Heritage Oaks Hospital • Out of County • Sierra Vista • Sutter Center for Psychiatry <p>Youth Detention Facility (YDF) Mental Health Team</p>
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< Superscript numbers 1 to 8 indicate programs that are listed in more than one column/category.

< Please refer to the Adult Behavioral Health Service Continuum for a complete list of Adult programs that serve Transition Age Youth 18+

Key

* Program only serves 18+

ED – Emergency Department
MHTC – Mental Health Treatment Center
SPD – Sacramento Police Department
SSD – Sacramento Sheriff's Department

OUT OF COUNTY RESIDENTIAL PROVIDERS

Examples Include:

- Mountain Valley
- Summitview
- Victor

FUNDING SOURCES

- Medi-Cal
- ECM
- Realignment
- MHSA
- MHSSA MHSA
- Wraparound Savings
- Juvenile Medical Services
- Probation
- CPS
- DHA
- CHFFA
- MHSSOAC
- ARPA
- CRRSAA
- SAMHSA MHBG

SYSTEM PARTNERS

- Child Protective Services (CPS)
- Probation
- Child Action
- Office of Homeless Initiatives
- Substance Use Prevention and Treatment (SUPT)
- Department of Human Assistance (DHA)
- Education
- Primary Care

PREVENTION SERVICES	TREATMENT ACCESS POINTS	OUTPATIENT SERVICES	MEDICATION ASSISTED TREATMENT	RESIDENTIAL TREATMENT SERVICES	WITHDRAWAL MANAGEMENT SERVICES	PERINATAL SERVICES	RECOVERY RESIDENCES	COLLABORATIVE COURT PROGRAMS	DRIVING UNDER THE INFLUENCE PROGRAMS
<p>PREVENTION PROVIDERS</p> <ul style="list-style-type: none"> • Arrive Alive • Omni Youth Programs • PRO Youth and Families • Public Health Institute • Sacramento County Office of Education <p>PROGRAMS</p> <ul style="list-style-type: none"> • Leadership and Advocacy Project • Youth Engaged in Action • Community Education for Drug-Free Youth • Families and Communities Together • Active Parenting of Teens • Family Matters • Teens in Action • Friday Night Live • Club Live <p>CAMPAIGNS</p> <ul style="list-style-type: none"> • Talk. They Hear You • Future Forward • 1 Pill Can Kill • Safer Sacramento • Healthy Beginnings • Let’s Talk Meth 	<p>SYSTEM OF CARE</p> <p>Primary access point for treatment services. Substance Use Disorder (SUD) Assessment, medical necessity, level of care determination, and referral to network provider</p> <p>Monday – Friday 8 am – 5 pm Telephone 916-875-9754 After-Hours (888) 881-4881</p> <p>SUD Assessments also conducted at:</p> <ul style="list-style-type: none"> • Child Protective Services • Collaborative Courts • Community Justice Service Program • Crisis Response for Behavioral Health • El Hogar CORE • Juvenile Delinquency Court • Probation Dept. • Rio Consumnes Correctional Center • Sacramento County Main Jail • Sacramento County Mental Health • Sacramento County Health Center • Youth Detention Facility 	<p>ADULT SERVICES</p> <p>Outpatient and Intensive Outpatient services for adults 18+ years of age</p> <p>PROVIDERS</p> <ul style="list-style-type: none"> • Another Choice, Another Chance • Bridges Professional Treatment Services • Recover Medical Group (telehealth only) • TLCS, Inc. • Towns Health • UC Davis • WellSpace Health <p>YOUTH SERVICES</p> <p>Outpatient and Intensive Outpatient services for youth up to 18 years of age</p> <p>PROVIDERS</p> <ul style="list-style-type: none"> • Another Choice, Another Chance • Stanford Sierra Youth and Families • WellSpace Health 	<p>ADULT SERVICES</p> <p>Medication-assisted treatment for adults 18+ years of age</p> <p>PROVIDERS</p> <ul style="list-style-type: none"> • Aegis Treatment Centers, LLC • Bi-Valley Medical Clinics, Inc. • C.O.R.E. Medical Clinic, Inc. • MedMark Treatment Centers • Sunrise Health and Wellness Center • Treatment Associates, Inc. <p>YOUTH SERVICES</p> <p>Medication-assisted treatment for youth up to 18 years of age</p> <p>PROVIDER</p> <p>C.O.R.E. Medical Clinic, Inc.</p> <p>COALITIONS</p> <p>Sacramento County Coalition for Youth Community members working together to make Sacramento a safe place for young people to grow up, free from the influences of substances that are addictive and harmful.</p> <p>Sacramento County Opioid Coalition Collaboration of healthcare professionals, community based organizations, law enforcement, county agencies, and concerned citizens determined committed to saving lives by preventing overdoses through expanding treatment access, promoting safe disposal, encouraging early intervention, treatment and recovery, enhancing opioid surveillance, and expanding public education and media outreach.</p> <p>Sacramento County Methamphetamine Coalition The goal of the Methamphetamine Coalition is to identify and implement initiatives addressing the methamphetamine use problem and reducing meth use and its impact in Sacramento County.</p>	<p>ADULT SERVICES</p> <p>Residential treatment for adults 18+ years of age</p> <p>PROVIDERS</p> <ul style="list-style-type: none"> • Associated Rehabilitation • Progress House • River City Recovery • Sacramento Recovery House • Saint John’s Program for Real Change • Yolo Wayfarer Center, dba Walter’s House • WellSpace Health <p>YOUTH SERVICES</p> <p>Residential treatment for youth up to 18 years of age</p> <p>PROVIDERS</p> <p>Out-of-Network Referral</p>	<p>ADULT SERVICES</p> <p>Withdrawal management/detox for adults 18+ years of age</p> <p>PROVIDERS</p> <ul style="list-style-type: none"> • WellSpace Health • Emergency Departments <p>YOUTH SERVICES</p> <p>Withdrawal management/detox for youth up to 18 years of age</p> <p>PROVIDERS</p> <p>Out-of-Network Referral</p>	<p>OPTIONS FOR RECOVERY PROGRAM</p> <p>Treatment services for pregnant and parenting women</p> <p>OUTPATIENT PROVIDER</p> <p>WellSpace Health</p> <p>RECOVERY RESIDENCE</p> <p>Volunteer of America</p> <p>MEDICATION-ASSISTED TREATMENT PROVIDERS</p> <ul style="list-style-type: none"> • Bi-Valley Medical Clinic, Inc. • C.O.R.E. Medical Clinic, Inc. <p>RESIDENTIAL PROVIDERS</p> <ul style="list-style-type: none"> • Progress House • Saint John’s Program for Real Change 	<p>Alcohol and drug-free cooperative living in which all residences are in recovery. Some facilities are for individuals, 18+ years of age and other facilities are family-oriented in which minor children can live on the premises with their recovering parent/guardian</p> <p>PROVIDERS</p> <ul style="list-style-type: none"> • Bridges Professional Treatment Services • Sacramento Recovery House • Saint John’s Program for Real Change • TLCS, Inc. • Volunteers of America <p>SYSTEM PARTNERS</p> <ul style="list-style-type: none"> • Collaborative Courts/ Programs • Correctional Health • Criminal Justice • Crisis Response for Behavioral Health • Department of Child, Family, and Adult Services • Department of Human Assistance • Law Enforcement • Mental Health • Probation • Public Health • Primary Health • Sacramento County Health Center 	<p>Problem-solving courts that combine judicial supervision with behavioral health services, which are rigorously monitored and focused on recovery to reduce recidivism and improve offender outcomes</p> <p>COURT PROGRAMS</p> <ul style="list-style-type: none"> • Chronic Offender Rehabilitation Effort (CORE) • Dependency Family Treatment Court • Driving Under the Influence Treatment Court • Drug Diversion Program • Early Intervention Family Treatment Court • Mental Health Treatment Court • Prop 36 Court • Re-Entry Court • Recovery Court • Veterans Court 	<p>State-licensed DUI programs for DUI offenders. Education programs include:</p> <ul style="list-style-type: none"> • Wet & Reckless • First Offender: 3, 6, and 9-Month Programs • Multiple Offenders: 18-Month Program <p>PROVIDERS</p> <ul style="list-style-type: none"> • Bridges Professional Treatment Services • Safety Center • Terra Nova <p>FUNDING SOURCES</p> <ul style="list-style-type: none"> • Drug Medi-Cal • Enhanced Care Management • Realignment 2011 • Substance Abuse Block Grant • ARPA • CalWORKS • Opioid Settlement Funds • State General Fund • Mental Health Block Grant • DUI Revenue



DIVISION OF BEHAVIORAL HEALTH SERVICES

ASSURANCE OF CULTURAL COMPETENCE COMPLIANCE AND THE ADVANCEMENT OF HEALTH EQUITY

This document assures compliance with various federal, state and local regulations, laws, statutes, and policies related to culturally and linguistically competent services for diverse populations as well as outlines steps towards advancing health equity as noted within the Sacramento County Division of Behavioral Health Services (BHS) Cultural Competence Plan Objectives, the National Culturally and Linguistically Appropriate Services (CLAS) Standards, and the Self-Assessment for Modification of Anti-Racism Tool (SMART).

Each organization within a culturally and linguistically competent system focused on advancing health equity is responsible for demonstrating humility, respect for all, and responding to the individualized needs of community members. Services are provided within the appropriate cultural context and through a trauma-informed equity lens that are inclusive of intersectionality of race, ethnicity, national origin, income level, religion, gender identity, gender expression, sexual orientation, age, and/or physical disability. Cultural competence is a developmental and dynamic process – one that occurs over time and is never ending.

Culturally competent and responsive providers:

- Are aware of the impact of their own culture on their relationships with clients.
- Are knowledgeable and respectful of the intersectionality of one’s culture, ethnicity, race, gender identity and expression, sexual orientation, and socio-economic status.
- Adapt their skills to meet the values and customs of each individual served.
- Strive for behavioral health equity and exhibit accountability to the communities served.

BHS Equity Vision Statement Goal (adopted 2021)

Sacramento County Behavioral Health Services (BHS) envisions a community where all Sacramento County residents thrive and have equitable access to optimal behavioral and emotional wellness. By racial equity we mean closing the gaps so that race does not predict one's success, while also improving outcomes for all.

How To Get To Goal

- BHS seeks to be an organization where staff and clients feel welcome and have a sense of belonging, that includes all cultural/ethnic identities.
- We seek to create an organizational culture that is client/family driven and reflects community diversity at all agency levels.
- As a member of the wider Sacramento community, and through mutual collaboration and partnerships, BHS prioritizes strategies that consider harmful impacts, advance unbiased results, and takes accountable action so that cultural/ethnic identity no longer predict behavioral health wellness.

Equity Core Values

- Client and family driven
- Mutual collaboration and partnership
- An environment of belonging, emotional safety, and promotion of expressions of diversity
- Staff reflective of community served
- Accountability, impact, results
- Innovation/fundamental change

Definitions

Cultural Competence is a set of congruent practice skills, knowledge, behaviors, attitudes, and policies that come together in a system, agency, or among client-led providers, family members, and professionals that enables that system, agency, or those professionals and clients, and family member providers to work effectively in cross-cultural situations (adapted from Cross, et al., 1989).

Cultural Humility is the “ability to maintain an interpersonal stance that is other-oriented (or open to the other) in relation to aspects of cultural identity that are most important to the [person]” (Hook, Davis, Owen, Worthington and Utsey, 2013). It includes “a lifelong commitment to self-evaluation and self-critique,” “a desire to fix power imbalances,” and “aspiring to develop partnerships with people and groups who advocate for others” (Tervalon & Murray-Garcia, 1998).

Equity “is achieved when the dimensions of our identity (e.g., sex, gender identity and expression, cultural identity, race/ethnicity, disability, national origin, age, language, family structure, religion/faith, immigration status, or sexual orientation) and other dimensions of difference defined by social, economic, demographic, and/or geographic characteristics are no longer predictive of unjust cycles of harm and oppression across generations is stopped” (Children and Youth Behavioral Health Initiative, 2023).

Cultural Competence Guiding Principles

Cultural Competence is an ongoing process that is critical to eliminating cultural, racial, ethnic, gender identity and expression, and sexual orientation disparities in the delivery of quality and equitable mental health and substance use, prevention, and treatment services. Cultural Competence enhances the ability of the whole system to incorporate the languages, cultures, beliefs, and practices of its clients into the service, and should be incorporated into all aspects of policy-making, program design, administration, service delivery, data collection, and outcome measurement.

“While culturally competent service delivery systems will continue to have primary goals around ongoing elimination of inequities for specific racial, ethnic, and cultural communities, culturally competent systems must be sufficiently flexible in order to promote improved quality and effectiveness of services for all community members...” (County Behavioral Health Directors Association of California Framework for Advancing Cultural, Linguistic, Racial and Ethnic Behavioral Health Equity, Updated 2016, page 2).

The County Behavioral Health Directors Association of California developed the following guiding principles and corresponding strategies for counties to use in operating a culturally and linguistically competent system of care to eliminate disparities. This is further complimented by Sacramento County’s commitment towards advancing equity, the National CLAS Standards, and SMART.

Commitment to Cultural Competence and Health Equity

- Address cultural competence and advancing equity at all levels of the system including policy, programs, operations, treatment, research and investigation, training, and quality improvement. (CLAS-Standard 1)
- Demonstrate commitment to cultural humility while improving safety and equity for staff and clients through all agency policy and practice documents, including the mission statement,

statement of values, strategic plans, and policy and procedural manuals. (CLAS-Standard 2, SMART-Workplace Culture, SMART-Clinical Care)

- Provide easy to understand print and multimedia materials and signage in languages commonly used by the population in the service area to inform them of the availability of language assistance services offered at no cost to them to address potential disparities with access to care and engagement. (CLAS-Standards 6 and 8, SMART-Clinical Care)

Identification of Disparities and Assessment of Needs and Assets

- Collect, compile, and analyze population statistics across language, ethnicity, age, gender, sexual orientation, socio-economic status markers and evaluate the impact of County Client Services Information data across same statistical areas. (CLAS-Standard 11)
- Conduct regular assessments of community health assets and needs and use the results to plan and implement services that respond to the cultural, linguistic, ethnic, sexual orientation, and gender diversity of populations in the service area. This could include creating plans for assessing and addressing potential disparities for individuals within special populations (e.g., those who are unhoused, have legal/child protective service involvement, or are at risk for vulnerability due to their age) (CLAS-Standard 12, SMART-Community Advocacy)

Implementation of Strategies to Reduce Identified Disparities

- Develop, implement, and monitor strategies for the elimination of identified health and functional disparities (including upstream approaches that address the social determinants of health) and track impact of those strategies on eliminating such disparities. (CLAS-Standard 9, SMART Outcomes/Program Evaluation)
- Utilize a quality improvement framework with a racial equity lens to monitor and evaluate culturally responsive and community defined service delivery and disparity elimination activities. Incorporate data reflection in partnership with the community and share improvement targets/progress with stakeholders to maintain accountability. (CLAS-Standards 10 & 15, SMART-Outcomes/Program Evaluation)

Community Driven Care

- Develop formal and informal relationships with community members, community organizations, and other partners to maximize accountability in the delivery of effective culturally, ethnically, linguistically, sexual orientation and gender affirming appropriate care and monitor the outcomes of these partnerships. (CLAS-Standard 13, SMART-Community Engagement/Co-Production)
 - Ensure diverse representation of clients on advisory/governance bodies/committees (a recommended minimum of 50%) to develop service delivery and evaluation. Diverse representation may include:
 - Individuals with lived mental health/behavioral health experience
 - Family members of a client
 - Transition Age Youth (TAY)
 - Parent/caregivers of youth with serious emotional disturbance
 - Representatives from unserved/under-served/inappropriately served communities including Limited English Proficient (LEP) individuals
- Establish and implement a transparent and inclusive process for obtaining client, community, and staff input related to culturally responsive and community defined service delivery planning, implementation, monitoring, and evaluation. Create and utilize culturally and

linguistically appropriate conflict grievance resolution processes. (CLAS-Standard 14, SMART-Community Engagement/Co-Production)

Workforce Development

- Establish workforce recruitment/hiring strategies that ensure adequate levels of peer specialists (persons with lived experience), community (navigators, community health workers), administrative, support, and professional staff, reflective of the diversity of the populations served. Emphasize professional development opportunities (e.g., mentorship); creating a “safe space” to identify and discuss topics of racism, its effects, and ways to improve safety and equity; self-care strategies to address stress and micro-aggressions; and other retention efforts (e.g., examining current promotion practices). Develop corrective measures to address severe shortages impacting ability to serve county populations. This may include creating formal processes to address incidents of racial disparities or discrimination in the workplace (WIC 4341; CLAS-Standard 3; SMART-Workplace Culture; SMART-Hiring, Recruitment, Retention, and Promotion).
- Provide ongoing cultural competence and quality improvement training to peer (persons with lived experience), community (navigators, community health workers), administrative, support and professional personnel (trained behavioral health interpreters, bilingual staff) to effectively address the needs of cultural, racial, ethnic (including linguistic capability), sexual orientation or gender diverse populations. This may include engaging in trauma-informed conversations about experiences of racism and microaggressions as well as identifying ways to address these issues. (CCR Title 9 Section 1810.410, CLAS-Standards 4 and 7, SMART-Workplace Culture)

Provision of Culturally and Linguistically Appropriate Services

- Ensure access to culturally/linguistically appropriate as well as sexual orientation and gender affirming services (treatment interventions, engagement strategies, outreach services, assessment approaches, community defined practices). Offer language assistance at no cost to them, for all diverse unserved, underserved, and inappropriately served populations by making them available, accessible, acceptable, accommodating, and sensitive to historical, cultural (including healing practices and ceremonies), spiritual and/or religious experiences and values of diverse populations, inclusive of gender roles, sexual orientation, generational differences, etc. (CLAS-Standards 1 and 5, SMART-Clinical Care)
- Make available behavioral health services that are responsive to the numerous stressors and social determinants of health experienced by cultural, racial, ethnic, sexual orientation or gender diverse populations which have a negative impact on the emotional and psychological state of individuals and make every attempt to provide greater access to services to address potential barriers or disparities impacting access to care and/or engagement (e.g. providing services during evenings/weekend hours and/or in less stigmatizing settings such as in primary care locations, at faith-based organizations, at community organizations, etc.) (CLAS-Standard 12, SMART-Clinical Care)

CONTRACTOR hereby agrees to comply with the principles and guidelines set forth as outlined above, and shall:

1. Promote and support the attitudes, behaviors, knowledge, and skills necessary for staff to work respectfully and effectively with clients and each other in a culturally diverse work environment by:

- Supporting evidence-based, community-defined, promising, and emerging practices that are affirming of one’s sexual orientation/gender identity/gender expression and congruent with ethnic/racial/linguistic/cultural group belief systems, cultural values, traditional healing practices, and help-seeking behaviors.
 - Supporting the County’s goal to reduce disparities to care and promote behavioral health equity by increasing access, decreasing barriers, and improving services for unserved, underserved, and inappropriately served communities.
 - Providing an emotional environment that ensures people of all cultures, ages, sexual orientation, gender identity, and gender expression feel welcomed and cared for. This shall include:
 - Respect for individual preferences for cultural healing practices including spiritual and/or holistic approaches to health
 - Reception staff that are proficient in the different languages spoken by clients
 - Bilingual and/or bicultural clinical staff that are knowledgeable of cultural and ethnic differences, needs, culturally accepted social interactions and healthy behaviors within the client’s family constellation or other natural support system, and who are able and willing to respond to clients and their natural support system in an appropriate and respectful manner.
 - Staff identifying their own pronouns and asking about the client’s pronouns
2. Create/implement a comprehensive management strategy to address culturally and linguistically appropriate services, including strategic goals, plans, outcomes, evaluation, policies, procedures, and designated staff responsible for implementation.
 - As outlined in the Sacramento County BHS Cultural Competence Plan Objectives: Ensure progress in the delivery of culturally competent services through the biennial completion and analysis of a system-wide Agency Self-Assessment of Cultural Competence.
 3. Develop and implement a strategy to recruit, retain and promote qualified, diverse culturally and linguistically competent administrative, clinical, and support staff, reflective of the community, that are trained and qualified to address the needs of the racial and ethnic communities being served.
 - As outlined in the Sacramento County BHS Cultural Competence Plan Objectives: Increase the percentage of direct service staff by 5% annually to reflect the racial, cultural, and linguistic makeup of the county until the makeup of direct services staff is proportionate to the makeup of Medi-Cal beneficiaries plus 200% of poverty population.
 4. Require and arrange for ongoing education and training for administrative, clinical, and support staff in culturally and linguistically competent service delivery. In addition to ensuring that staff members participate in required cultural competence trainings offered by Sacramento County Division of Behavioral Health Services, CONTRACTOR shall provide cultural competence training to all employees.
 - As stated in the Sacramento County BHS PP-BHS-CCES-02-01_Implementation of Cultural Competence: All BHS-funded program staff who provide direct behavioral health services and their supervisors/managers/administrators must complete a minimum of six (6) hours annually of BHS-approved cultural competence/behavioral health equity training(s) as part of their contract agreement with the County.
 5. Provide oral and written notices, including translated signage at key points of contact, to clients in their primary language informing them of their right to receive no cost interpreter services and

offer all clients who speak a primary language other than English access to a bilingual staff or interpreter.

6. Translate signage and commonly-used written educational/informing materials into the predominant language(s) spoken by the communities located within the service area and make these readily available to clients/families.
7. Create a physical environment and “safe space” that ensures individuals of all cultures, races/ethnicities, ages, sexual orientation, gender identity, and gender expression feel welcomed and cared for in the setting. This shall include:
 - Decorating the waiting and treatment areas with artwork/images that are gender affirming and reflect the diverse cultures of Sacramento County
 - Providing reading materials, resources, and magazines in multiple languages that are at appropriate reading levels and are suitable for different age groups, including children and youth
 - Considering cultural differences and preferences when offering refreshments
 - Ensuring that any pictures, symbols, or materials on display are not unintentionally disrespectful to another culture
 - Including gender affirming restroom space and signage
 - Using gender affirming language in forms and documents
 - Asking about and using client’s pronouns
8. Ensure that interpreters and bilingual staff demonstrate bilingual proficiency; receive training which includes the skills and ethics of interpreting; and possess knowledge of the terms and concepts relevant to clinical or non-clinical encounters in both languages.
 - As outlined in the Sacramento County BHS Cultural Competence Plan Objectives: Maintain the standard that 98% of staff identified as interpreters complete the approved mental health/behavioral health interpreter training and receive certification. Include system partners in training to expand pool of trained interpreters in emerging language populations.
9. Ensure that the clients' primary spoken language and self-identified race/ethnicity/sexual orientation/gender identity and pronouns are included in the provider's management information system as well as within any client records used by provider staff.
10. Promote equity in behavioral health service utilization by actively engaging and sustaining meaningful participation of representatives from unserved, underserved, and inappropriately served communities at every step of program planning, implementation, outcome measurement, and evaluation processes.
11. Collaborate with cultural, racial, ethnic, sexual orientation, or gender diverse communities and emerging refugee communities to learn more about how these communities define and view culturally and linguistically competent outreach, engagement, and behavioral health wellness and recovery services.

Dissemination of these Provisions: CONTRACTOR shall inform all its officers, employees, agents, and subcontractors providing services hereunder of these provisions.

By my signature below, as the authorized representative of the CONTRACTOR named below, I certify acceptance and understanding for myself and the CONTRACTOR of the above provisions.

Contractor (Organization Name)

Signature of Authorized Representative

Name of Authorized Representative (Printed)

Date

Title of Authorized Representative



POST SURVEY RESULTS

“Cultural Orientation Series - Part 4: Hmong Culture: Working Effectively with Diverse Cultures, One Size Doesn't Fit All”

Feb 1, 2024

Responses to specific post survey questions:

- 97% of respondents reported that the presentation was valuable.
- 82% of respondents said that they learned new information.
- 90% of respondents said that the presentation will affect their capacity to offer services to Hmong Culture.
- 94% of respondents reported that the information was useful and practical to them.
- 99% reported a favorable rating of the quality of the presenters.

Quotes from open ended feedback portion of post survey:

- All were incredible! Presenters were so well spoken and shared incredible & helpful information. Thank you!
- Only because I already have the information and is a refresher. I am a Hmong clinician myself and it is great that this presentation is being presented to the community to better service the Hmong community appropriately.
- Appreciated the panel sharing each of their experiences & their family's experiences. Learned a lot!
- Love hearing personal experience and hearing youth voices. Kelly did a wonderful job sharing about the marijuana label.
- The history with opioid farming and marijuana farming and how that affects the adults and youth. Very impactful; would have loved more on the opioid history and historical uses.
- The format of this presentation was well organized & incredibly informative. Having the youth panelists was great!!
- I was very ignorant and walking out I feel validated (as Mexican first gen) and appreciative for the insight into culture. Lindsey & Ser, thank you for sharing. You're not lazy. Thank you for your bravery and sharing. You're very wise for 17!!
- I appreciate the multi-perspective approach to the cultural education. Learning different aspects of everyday life with health & culture was helpful.
- Thank you for event! I will be sharing this with my staff.
- Medical insight was most valuable.
- Thank you! This was a great setting; a variety of perspectives within the Hmong culture.
- Loved having the high school students at the event.
- All presenters were outstanding. Thanks.

- Excellent presentations! Overall event, great & informational :)
- Wonderful presentation. Loved the different perspectives. Learned a lot.
- I love all the speakers and how being "Hmong" influences their experiences.
- Thank you for sharing your personal experiences with us today.
- The historical background was a great foundation to the rest of the presentation.
- Enjoyed the history section. Great coverage of information, beautiful experience with youth & professionals, great presentation!!
- Thank you so much for this learning opportunity. Such a well-rounded presentation. Thank you.
- All the presenters did an awesome job presenting this crucial information.
- Wonderful presentation, all presenters were engaging, and the food was so good!
- Very organized and informative. As a black woman, I deeply enjoyed learning and relating.
- Very enlightening. I enjoyed learning about "clans".
- Everything about the presentation was great. I was able to get a great point of view about the culture.
- I knew some things but learned a lot. We work in schools, so we have some Hmong students. Learned a lot of background and found it interesting and relevant. The 5 presenters were great! Students did a good job too.
- Cultural stories & historical info.
- I loved the real - world examples. Also the history of the secret war & immigration.
- As a member of a minority group myself, I really enjoyed learning more about the Hmong culture. I found lots of similarities with my own culture which I think will really help me better serve the Hmong community members I encounter in my professional and personal life.
- All the information from the panel was very important and helpful. Learning more about the secret wars & the trauma from it was something new to learn.

Cultural Competence Committee/System Wide Community Outreach and Engagement Committee Roster for Fiscal Year 2023/2024

Lara Almosli	Asher Martini
Jessie Armenta	Rochelle Miller
Nathan Blacksmith	Jayna Misleng
Kirbee Brooks-Gomez	Cynthia Mumford
Erica Cambern	Mary Nakamura
Moneisha Campus	Leslie Napper
Antoinette Carter	Farhad Noorzada
Sunjung Cho	Amanda Oyao
Carl Colegrove	Pablo Paxtor
Vanessa Cuevas-Romero	Elia Peralta
Vanessa Cummings	Marc Perdue
Mark Dandeneau	Sadia Rajput
Eva De La Cruz	Jen Reiman
Chuck Franklin	Heidi Richardson
Randall Freitas	Theresa Riviera
Mykel Gayent	Virginia Robello
Neeki Gilani	Roman Romaso
Ajna Glisic	Anne-Marie Rucker
Hamidullah Hamidy	Alexandria Russell
Nico Herrera	Robert Salinas
Sadia Himalaya-Rajput	Susan Saechao
Andrea Housley	Romeal Samuel
Maurine Huang	Abid Stanekzai
Tahirah Hudson	Sarah Tam
Hilda Khairallah	Alondra Thompson
Amira Kotb	Maksim Tsymbal
Winnie Kwan	Melissa Viscarra
Vinder Lallian	Alexsander Willis
Ivan Leshchuk	Mary Ann Wong
Amanda Lynch	MaiBao Yang
Lakshmi Malroutu	Emily Zelaya

The combined Cultural Competence Committee/System-Wide Community Outreach and Engagement Committee consists of individuals representing the cultural, racial, ethnic, sexual and gender diverse groups in Sacramento County and includes consumers and family members, county and contractor providers, community-based organizations, community advocates and other behavioral health community partners. The broad-based committee is committed to assisting in the improvement of behavioral health services to our diverse communities.

The following agencies/programs/boards are affiliated with the committee: A Church For All, Asian Pacific Community Counseling, Asian Resources Inc., Behavioral Health Services (Community Support Team, Community Wellness Response Team, Cultural Competence, MHSA, Mobile Crisis Team, Research Evaluation and Performance Outcomes, Substance Use, Prevention and Treatment), CAL Voices, Children's Receiving Home, CSU Sacramento, Dignity Health, Disability Rights of California, El Hogar Community Services, HeartLand Child and Family Services, Iu Mien Community Services, La Familia Counseling Center, Mental Health Board, M.F. Huang Consulting, Muslim American Society - Social Services Foundation, My Sister's House, OMNI Youth Programs, Opening Doors, NAMI Sacramento, Sacramento County Public Health, Sacramento County Department of Child, Family and Adult Services, Sacramento County Department of Human Assistance, Refugees Enrichment and Development Association (REDA), Sacramento Cultural and Linguistic Center, Sacramento Native American Health Center, Sacramento LGBT Center, Slavic Assistance Center, Turning Point Community Programs and World Relief.

Sacramento County Cultural Competence Committee
Collective Feedback for the Public Hearing on the Draft Mental Health Services Act (MHSA)
Fiscal Year 2024-25 and 2025-26, Two-Year Program and Expenditure Plan
Collective Feedback
April 3, 2024
6:00pm

On March 26, 2024, members of the Cultural Competence Committee (CCC) provided the following collective comments in response to the Draft Mental Health Services Act (MHSA) Fiscal Year 2024-25 and 2025-26 Two-Year Program and Expenditure Plan. The Committee's comments are fully outlined below.

- The committee supports the Draft Mental Health Services Act (MHSA) **Fiscal Year 2024-25 and 2025-26** Two-Year Program and Expenditure and appreciates the array of programs available for consumers and family members in Sacramento County.
- The committee did not have any further recommendations.

Respectfully submitted,

Mary Nakamura

On behalf of the Sacramento County Division of Behavioral Health Services, Cultural Competence Committee

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Cultural Competence and Humility	Psychoeducation on cultural background, ways to maintain cultural competence, implicit bias, and cultural awareness	4 hours/Annually	Administration/Management; Direct Services: Contractors	7/1/2023	46	Relias	Psynergy Program Inc.
SUPT - Cultural Competence	Cultural Competence - CLAS Standards	Understanding of the CLAS Standards for Sacramento County	2 hours/Annually	Direct Services: Contractors	7/1/2023	69	Alfonso Edington, CADC II (Online Course)	Bridges Professional Treatment Services
SUPT - Cultural Competence	Ethics and Confidentiality (including ethics of cultural issues)	Basic understanding of ethics and confidentiality for day to day operations of Bridges Programs	3 hours/Annually	Direct Services: Contractors	7/1/2023	69	Alfonso Edington, CADC II (Online Course)	Bridges Professional Treatment Services
SUPT - Cultural Competence	Cultural Competence	Discussing differences in cultural values and beliefs and explaining the importance of work environments	30 minutes/Annually	Direct Services: Contractors	7/1/2023	19	Relias	Aegies Treatment Center
SUPT - Cultural Competence	Understanding Human Trafficking	The goal of this course is to provide healthcare staff with critical steps to recognize and respond to human trafficking	1 hour/Annually	Direct Services: Contractors	7/1/2023	19	Relias	Aegies Treatment Center
MH - Cultural Competence	We Need To Talk About An Injustice	This training focuses on how to bring up injustice in the workplace and the community	2 hours/Annually	Administration/Management; Direct Services: Contractors	7/1/2023	30	Rocci Jackson	Capital Star Behavioral Health
MH - Cultural Competence	Overcoming Your Own Unconscious Biases	Learn how to recognize and observe your own biases. Learn how to stop, collaborate, and move past your biases. Learn what to do if a bias flares up again.	20 minutes/Once	Administration/Management; Direct Services: Contractors	7/1/2023	254	Relias	Turning Point Community Programs
MH - Cultural Competence	Working More Effectively with the LGBTQ+ Community	LGBTQ 101, discrimination, treatment and support strategies	1 hour/Once	Administration/Management; Direct Services: Contractors	7/1/2023	23	Pamela Green, LCSW RPT (online)	Bay Area Community Services
MH - Recovery - Adult	WRAP One on One	How to support community members with creating a wellness, recovery, action plan.	1 hour/Once	Direct Services: Contractors	7/1/2023	6	Mary Ellen Copeland (online)	Bay Area Community Services
MH - Resiliency - Youth	CSEC 101	Identifying warning signs of CSEC, community resources, interventions and risk assessment	2 hours/Once	Direct Services: Contractors	7/1/2023	53	UC Davis (online)	Bay Area Community Services
SUPT - Cultural Competence	Cultural Competence	As workplaces become more diverse, effective and successful employees must become more knowledgeable of other cultural norms, be respectful of the wide range of cultural behaviors, and effectively communicate with people of various backgrounds. This course provides important information about becoming more respectful and culturally competent.	30 minutes/Annually	Administration/Management; Direct Services: Contractors	7/1/2023	19	Relias	MedMark Treatment Centers
SUPT - Cultural Competence	Cultural Competence	As workplaces become more diverse, effective and successful employees must become more knowledgeable of other cultural norms, be respectful of the wide range of cultural behaviors, and effectively communicate with people of various backgrounds. This course provides important information about becoming more respectful and culturally competent.	30 minutes/Annually	Administration/Management; Direct Services: Contractors	7/1/2023	32	Relias	BAART Programs
MH - Recovery - Adult	A Client's Experience of Trauma-Informed Care	This course is designed to increase your awareness of the client's perspective on trauma-informed practices.	1 hour/Once	Direct Services: Contractors	7/1/2023	15	Relias	Hope Cooperative
MH - Cultural Competence	Addressing Racial Trauma in Behavioral Health	This course describes strategies you can use to address racial trauma in behavioral health with your clients and on a larger scale.	1 hour/Once	Direct Services: Contractors	7/1/2023	3	Relias	Hope Cooperative
MH - Recovery - Adult	Approaches to Person-Centered Planning in Behavioral Health	In this course, you will learn about what makes the person-centered planning approach different from traditional treatment planning. You will also learn the significance of how to implement the person-centered approach to significantly enhance the chances for individuals diagnosed with behavioral health challenges to succeed on the road to recovery.	1 hour/Once	Administration/Management; Direct Services: Contractors; Support Services	7/1/2023	117	Relias	Hope Cooperative
MH - Cultural Competence	DEI: Achieving Greater Health Equity in Your Organization	The goal of this course is to provide health and human service professionals across contexts with a foundational awareness and understanding of diversity, equity, and inclusion to better address health disparities for diverse populations.	1 hour/Once	Administration/Management; Direct Services: Contractors	7/1/2023	4	Relias	Hope Cooperative
MH - Cultural Competence	DEI: An Introduction to Multicultural Care	The goal of this course is to help Addictions, Behavioral Health Counseling, Case Management/Care Management, Marriage and Family Therapy, Non-Licensed Direct Care, Nursing, Psychology, and Social Work professionals in health and human services settings understand the importance of providing multicultural care.	1 hour/Once	Administration/Management; Direct Services: Contractors	7/1/2023	4	Relias	Hope Cooperative
MH - Cultural Competence	DEI: Social Location for Self-Awareness	The goal of this microlearning is to introduce you to the concept of social location	9 minutes/Once	Direct Services: Contractors	7/1/2023	2	Relias	Hope Cooperative

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Improving Behavioral Health Equity: People Who Are Transgender and Nonbinary	The goal of this course is to provide education to addictions, behavioral health counseling, case and care management, marriage and family therapy, non-licensed direct care, psychology, and social work professionals working in health and human services settings around improving behavioral health equity for people who are transgender and nonbinary.	1 hour/Once	Direct Services: Contractors; Support Services	7/1/2023	6	Relias	Hope Cooperative
MH - Cultural Competence	Improving Behavioral Health Equity: Women	Understanding how behavioral health issues differ for men and women helps providers know the unique barriers that women face. Understanding the differences helps to address long-standing stereotypes that have made their way into behavioral health research and treatment	1 hour/Once	Administration/Management; Direct Services: Contractors; Support Services	7/1/2023	5	Relias	Hope Cooperative
MH - Cultural Competence	Overcoming Barriers to LGBTQ+ Affirming Behavioral Health Services	This course will help you to improve your ability to understand the unique needs of LGBTQ+ populations and provide affirming care that addresses those needs.	1.5 hours/Once	Direct Services: Contractors	7/1/2023	11	Relias	Hope Cooperative
MH - Cultural Competence	Strategies for Gender-Inclusive Interactions	This microlearning course seeks to offer education about gender diversity, inclusivity, and strategies for increasing inclusivity.	6 minutes/Once	Direct Services: Contractors	7/1/2023	11	Relias	Hope Cooperative
SUPT - Cultural Competence	Improving Cultural Competency for Behavioral Health Professionals	Cultural/linguistic competency, increasing self-awareness, awareness of client's identity, intervention services	5 hours/Annually	Direct Services: Contractors	7/1/2023	6	Placer County (online training)	Recover Medical Group
MH - Cultural Competence	Cultural Competence	Course provides information about becoming more respectful and culturally competent.	30 minutes/Annually	Administration/Management; Support Services	7/1/2023	18	Relias	Telecare Arise
SUPT - Cultural Competence	Cultural Competence Training	Understanding the impact of addiction	50 minutes/Annually	Administration/Management; Direct Services: Contractors	7/1/2023	20	HealthStream	Treatment Associates
MH - Family Focused - Youth	Abuse and Neglect of Children	How to identify and report abuse of children	1 hour/Monthly	Administration/Management; Direct Services: Contractors	7/1/2023	34	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Abuse and Neglect of Elders	How to identify and report abuse of elderly adults	1 hour/Monthly	Administration/Management; Direct Services: Contractors	7/1/2023	21	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Addictions: Client Engagement from 1st Contact (R)	How to engage clients with addictions	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Addictions: Motivational Interviewing - An Introduction	Client ownership in the change process during treatment	1 hour/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	ADHD: A Controversial Subject	Review some of the long standing issues that surround the diagnosis and treatment of ADHD	1.5 hours/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Adolescent Depression and Suicide	Information about the prevalence of depression and suicide in adolescents and to present some of the evidence-based approaches to treating adolescents who are depressed, suicidal and/or at risk for suicide	1.5 hours/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Assertive Community Treatment: An Introduction	Introduction to ACT, its core processes and service areas	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Assertiveness Skills v.3	Overview of what assertiveness is and is not, the traits of different behaviors, and why most of us fear being assertive	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Autism Spectrum – The Personal Experience	Autism Spectrum – The Personal Experience	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Autism Spectrum Disorders: An Introduction	Autism Spectrum Disorders: An Introduction	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Boundaries in Clinical Practice	Why boundaries are important in all relationships	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Bullying in Children and Adolescents	Examines several aspects of bullying, definitions, explanations for its development, consequences to both bullies and victims and possible interventions	1.5 hours/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Can Applied Behavior Analysis (ABA) be Trauma Informed?	The role of trauma informed care and people receiving ABA services	30 minutes/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Caught in the Middle: Ethical Challenges in Working with Couples and Families	Ethical challenges in working with couples and families	4 hours/Once	Administration/Management	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Communication for the Behavioral Professional	Effective communication, listening and empathy and cultural differences in communication styles and nonverbal communication	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Conducting a Religion and Spirituality Assessment	How to conduct a religion and spirituality assessment	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Counseling Lesbian, Gay, Bisexual and Transgender (LGBT) Clients	Learning about lesbian, gay, bisexual, and transgender clients	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Crisis De-escalation Strategies	Explores crisis de-escalation and intervention when working with the aggressive patient	1 hour/Once	Administration/Management; Direct Services: Contractors	7/1/2023	8	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Crisis Intervention and Risk Assessment	How the crisis counselor makes a difference in how the person copes with a crisis and how the person learns new coping strategies	2 hours/Once	Administration/Management; Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Customer Service in Behavioral Healthcare: Part 1 – Introduction to Customer Service	Focus on the relationship between providers and the people they serve	1 hour/Monthly	Administration/Management; Direct Services: Contractors	7/1/2023	23	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Customer Service in Behavioral Healthcare: Part 2 – Advanced Concepts in Customer Service	Delves more deeply into the things clinicians and organizations do that affect satisfaction, and how they are different in behavioral health versus other healthcare systems	1 hour/Quarterly	Direct Services: Contractors	7/1/2023	6	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Developing and Enabling Post-traumatic Growth	How to work with trauma survivors to embrace change, take healthy risks, and increase self-compassion	1 hour/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Dialectical Behavior Therapy: An Introduction	Reviews the basic concepts of dialectic behavior therapy	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Direct Support: Advocacy and Community Inclusion	Overview of the basics of advocacy, how to research community resources and match them to individuals' interests, community relationship development, benefits of and strategies to support independent living, and methods to support	1 hour/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Direct Support: Crisis Prevention and Intervention	Overview of examples of different types of crises and coping skills, the three components to preventing a crisis, and guidelines for when and how to intervene in a crisis	1 hour/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Direct Support: Positive Behavior Support	Overview of behavior and its motivators, the importance and types of assessments, the process of a functional analysis, observing and recording behavior, and developing effective support plans and strategies to help individuals with challenging behaviors	1 hour/Once	Direct Services: Contractors	7/1/2023	6	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Diversity in the Workplace	About helping you see where you can act to make your workplace an accepting place to for everyone and celebrate each person's diversity	1 hour/Quarterly	Administration/Management; Direct Services: Contractors	7/1/2023	36	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Domestic Violence and Its Effect on Children	Focuses on recognizing signs and symptoms as well as the short-term and long-effects of witnessing domestic violence	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Domestic Violence: Risks Types Effects and Prevention	Review risk factors for domestic violence as defined by the CDC, the types of domestic violence (emotional/psychological, physical, sexual, and economic), the long term effects of abuse, and prevention tools	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Eating Disorders: Anorexia and Bulimia	Information on recognizing characteristics of these disorders, intervention strategies and treatment planning	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Emerging Adulthood Part A Overview	Overview to the subject of emerging adulthood	1 hour/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Emerging Adulthood Part B The Transformational Self	Shows how "regulation theory" becomes the "gateway" to young adulthood	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Emerging Adulthood Part C The New/Old Family	The ignored role of parents in the psychological health and life transitions of emerging adults	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Emerging Adulthood Part D Neurobiological Changes	Neurological developments that take place as an individual moves from adolescence into full adulthood	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Evidence Based Best Practices (B)	Overview of EBPs	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Family Psychoeducation: A Model for Supporting Consumers	Overview of the Family Psychoeducation model for persons with severe mental illness, such as schizophrenia and bi-polar disorder	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Family Systems Therapy for Children	Overview of the family and family systems of therapy	1 hour/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Foster Care Families: How to Create and Maintain Motivation	Foster care families: How to create and maintain motivation	30 minutes/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Resiliency - Youth	Grief and Loss	Outlines common symptoms experienced by grieving clients, and identifies issues aside from death that can contribute to both loss and grief	1.5 hours/Once	Direct Services: Contractors	7/1/2023	3	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Homelessness: Behavioral Health Services for People Who Are Homeless	How providers can work more effectively with people who are homeless or at risk for homelessness and who are in need of or currently in substance misuse or mental health treatment	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Identifying and Addressing Sleep Problems in Youth	Identifying and addressing sleep problems in youth	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Interventions	Systemic Family Intervention method	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Major Depressive Disorder in Children and Adolescents Module 2: Treatment and Prevention in Youth v.2	Recent research on the topics of confidentiality, screening, treatment phases and components, and prevention of Major Depressive Disorder in child and adolescent populations in order to help clinicians become better skilled at screening for and treating youth	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Major Depressive Disorder in Children and Adolescents Module 3: Evidence Based Practices v.2	Current evidence based practices identified for the treatment of youth with Major Depressive Disorder	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Managing Stress Part I of II	Increase their awareness and knowledge of stress, stress response, and stress management	1 hour/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Military Culture Part 1: An Introduction to the United States Armed Forces	Introduction to working with current and former United States military members	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Military Culture Part 2: Formalities of the Military	Focuses on hierarchy of the military organization and the types of duties or jobs a person might have in the military	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Military Culture Part 3: Military Families - Demographics and Deployment Issues	Focuses on the military family-demographics and deployment	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Mindfulness as Therapy	Definitions, components, the four major treatment approaches using it and relevant research	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Motivating the Adolescent Substance User for Change	Skills for developing rapport and increasing the teen's motivation for healthier behaviors, particularly in regard to their substance use patterns	2 hours/Monthly	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Motivating the Substance Affected Client for Change	Skills for developing rapport and increasing motivation for healthier behaviors, particularly in regard to their substance use patterns	1 hour/Monthly	Direct Services: Contractors	7/1/2023	13	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Motivational Interviewing: Working for Change	Working with consumers to change behaviors	1 hour/Monthly	Direct Services: Contractors	7/1/2023	18	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Play Therapy with Traumatized and Chaotic Young Children	How to balance the regression necessary to engage the treatment process with maintaining a therapeutic stance	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Psychiatric Medications: Classes of Medication for Child and Adolescent	Overview of psychiatric medications used in the treatment of psychiatric disorders	1 hour/Annually	Direct Services: Contractors	7/1/2023	14	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	PTSD and Suicide	Recent literature and research on the status of PTSD as a predictor of completed suicide, attempted suicide and/or suicidal ideation	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	PTSD in Children: Trauma-Focused Cognitive Based Therapy	Overview of who the evidence-based treatment is appropriate for, the basic elements of TF-CBT, and training requirements	1 hour/Monthly	Direct Services: Contractors	7/1/2023	10	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Risk and Threat Assessment With the Adolescent Population	Increase awareness, confidence, and resources for risk and threat assessment with adolescents	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	RO - Question Persuade Refer (QPR) for Suicide Risk Assessment	QPR suicide risk assessment protocols, documentation of risk and protective factors, current suicidal ideation, desire, intent, planning, past attempts and other self report of suicide capability	10 hours/Monthly	Direct Services: Contractors	7/1/2023	14	QPR, Inc	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	RO - Opioid Overdose Prevention	Review the current state of the Opioid crisis and ways to prevent overdose	1 hour/Monthly	Administration/Management; Direct Services: Contractors	7/1/2023	46	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Stages of Change Model v.2	introductory look at Prochaska and DiClemente's Stages of Change Model	1 hour/Monthly	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Family Focused - Youth	Strengths-Based Assessment and Planning	Assessment and treatment, care or service planning – one that is recovery-oriented and strengths-based, one that focuses on quality of life rather than symptom elimination	1.5 hours/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Substance Use Co-occurring Issues and Recommendations	Explore co-occurring considerations and best practices, define addiction and severity according to the DSM-5, examine promising assessment tools, and assist clinicians to identify and treat co-occurring disordered clients more effectively	1.5 hours/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Suicide Risk and Assessment	Overview of suicide risk factors and supporting research	3 hours/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Suicide Assessment and Intervention (R)	Overview of suicide risk factors and supporting research	1 hour/Once	Direct Services: Contractors	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Suicide Awareness and Assessment for Clinicians	How to ask difficult questions and how to intervene with this challenging behavior	1 hour/Once	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Trauma and Anxiety: Neurobiology and Best Practices	Explain how trauma and anxiety work in the neurobiology of the brain in easy to understand terminology and also explore best practices for treatment	1 hour/Monthly	Direct Services: Contractors	7/1/2023	11	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Trauma-Informed Care Part 1: The Case for Trauma-Informed Care	Defines what trauma-informed care is, and reviews research that justifies a change from the more traditional medical and psychological model	1.5 hours/Quarterly	Direct Services: Contractors	7/1/2023	3	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Trauma-Informed Care Part 2: Providing Trauma-Informed Care	Examines what it takes to become a trauma-informed organization	1 hour/Quarterly	Direct Services: Contractors	7/1/2023	2	My Learning Point	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Whole Person Care	Abolishing the silo mentality in healthcare in exchange for interoperability	30 minutes/Once	Administration/Management	7/1/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Working with High-Risk Adolescents	Need to tailor therapy to the needs and resources of each adolescent and family	1 hour/Monthly	Direct Services: Contractors	7/1/2023	3	My Learning Point	River Oak Center for Children (ROCC)
MH - Cultural Competence	Your Role in Workplace Diversity	Develop an understanding of yourself and the ways in which you and others view the world. Explore strategies to help you become aware of your attitudes toward diversity, increase your acceptance of diverse cultures, people, and ideas, and become an advocate for diversity within the workplace.	30 minutes/Once	Administration/Management; Direct Services: Contractors; Support Services	7/3/2023	286	Relias	Turning Point Community Programs
MH - Cultural Competence	Implicit Bias for the Healthcare Professional	Present the impact of implicit biases and other forms of discrimination on the provision of healthcare, as well as best practices to reduce implicit bias and the means to become a DEI ally.	1 hour/Once	Administration/Management; Direct Services: Contractors	7/4/2023	33	Relias	Turning Point Community Programs
MH - Cultural Competence	Overcoming Barriers to LGBTQ+ Affirming Behavioral Health Services	Understand the unique needs of LGBTQ+ populations and provide affirming care that addresses those needs. Review some foundational terms and issues pertaining to inclusive language, discuss the barriers that individuals frequently encounter when attempting to access healthcare, and strategies you can implement to help individuals overcome such barriers.	1.5 hours/Once	Direct Services: Contractors	7/5/2023	67	Relias	Turning Point Community Programs
MH - Navigating Systems - Youth	Working with Individuals Experiencing Homelessness and Substance Use Disorder	Provide information on updated definitions of homelessness as defined by the U.S. Department of Housing and Urban Development and discuss important considerations for working with individuals experiencing homelessness and using substances. Learn about housing options for people experiencing homelessness and how the Housing First approach is demonstrating success in combating homelessness and leading people into recovery. Learn some strategies you can use to help individuals experiencing homelessness and use substances overcome common challenges.	1 hour and 25 minutes/Once	Administration/Management; Direct Services: Contractors; Support Services	7/5/2023	14	Relias	Turning Point Community Programs
MH - Family Focused - Youth	Trauma Focused-Cognitive Behavioral Therapy	Trauma informed evidence based practice	16 hours/Annually	Direct Services: Contractors	7/6/2023	16	Dr. Brandi Liles	HeartLand Child & Family Services
MH - Resiliency - Youth	Trauma Focused - Cognitive Behavioral Therapy	Trauma treatment for youth (EBP)	16 hours/Annually	Direct Services: Contractors	7/6/2023	15	Brandi Liles, Ph.D. Dawn Blacker, Psy.D.	UCD SacEDAPT
MH - Cultural Competence	Cross Cultural Attunement	This training supports the cultural needs of the services we provide	1.5 hours/Annually	Administration/Management; Direct Services: Contractors	7/7/2023	35	Dr. Robertson	Capital Star Behavioral Health

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Resiliency - Youth	Trauma Informed Care Delivery for Clinicians and Peer Support Specialists	Explore key components to trauma-informed practice, including the move from pathologizing posttraumatic symptoms toward understanding them as adaptive, normal responses. Examine the core competencies of a trauma-informed practitioner and what it means to apply trauma-informed principles across all stages of treatment. Learn trauma-specific evidence-based best practices.	2 hours/Once	Direct Services: Contractors	7/8/2023	3	Relias	Turning Point Community Programs
MH - Recovery - Adult	Motivational Interviewing	Essential components of MI to help clients engage in behavior change	8 hours/Once	Direct Services: Contractors	7/10/2023	16	Karen Brockopp	Hope Cooperative
SUPT - Navigating Systems - Youth	Johnnys Ambassadors Youth Marijuana Prevention Conference	To understand the latest science on the harms of youth marijuana use.	9 hours/Once	Administration/Management	7/11/2023	1	Multiple Presenters (live streamed)	Omni Youth Programs
MH - Navigating Systems - Youth	KTA and CPS cases	Understanding the special requirements when working with CPS and KTA cases	1 hour/Quarterly	Administration/Management; Direct Services: Contractors	7/12/2023	37	Jerrri Ford, LMFT	HeartLand Child & Family Services
SUPT - Navigating Systems - Youth	SAM Webinar: Marijuana & Other Drug Research Update	Looking at the latest research on marijuana and other drugs, as well as policy levers that have been recently implemented to reduce their use and their consequences.	1 hour/Once	Administration/Management	7/12/2023	1	Kevin Sabet & Luke Niforatos	Omni Youth Programs
MH - Navigating Systems - Youth	Working with Systems Involved Youth and Subcultures: Corrections, Incarceration, Policies & Procedures	Correctional culture and procedures at YDF	6 hours/Annually	Direct Services: Contractors; Support Services	7/12/2023	6	Victoria Galvez, Psy.D. Kristen Meyers, Psy.D.	UCD SacEDAPT
MH - Cultural Competence	Latino/Latinx/Hispanic Behavioral Health Racial Equity Collaborative (BHREC) Community	Listening session and developing cultural awareness and serving Latinx populations.	1 hour/Once	Administration/Management; Direct Services: County Staff	7/12/2023	10	Sacramento County BHREC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	ADHD in the African American Community	How to improve strategies and care	One Hour/Once	Administration/Management	7/13/2023	1	ADDitude mag	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Cultural Competence	Psychiatrists' Role in Gender-Affirming Care	Summarize differences between sex assigned at birth, gender identity, gender expression, and sexual orientation Identify gender-affirming care services currently available at UCDH Describe basic elements of transgender and gender-nonbinary inclusive care in psychiatric care settings	One hour/Annually	Administration/Management; Direct Services: Contractors; Support Services; Community Members/General Public	7/14/2023	73	Miles Harris, FNP-BC, Dr. Cassy Friedrich	UCD SacEDAPT
MH - Cultural Competence	DEI: Multicultural Care for the Clinician	Provides strategies and knowledge to approach the therapeutic relationship, assessment, and treatment with a multicultural orientation. Learn to identify and reduce implicit bias. Reviews ways to be culturally humble while navigating issues diverse clients face. Learn ways to adapt treatment to provide culturally responsive care to the populations you serve.	1 hour/Once	Administration/Management; Direct Services: Contractors	7/17/2023	37	Relias	Turning Point Community Programs
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	7/17/2023	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Recovery - Adult	Motivational Interviewing	Essential components of MI to help clients engage in behavior change	8 hours/Once	Direct Services: Contractors	7/18/2023	1	Karen Brockopp	Hope Cooperative
MH - Navigating Systems - Youth	Promoting Normalcy for Youth in Foster Care Settings	Provide an overview of the benefits and barriers to normalcy for youth in foster care settings and describe the provisions of the Strengthening Families Act related to promoting normalcy.	1 hour/Once	Direct Services: Contractors	7/19/2023	1	Relias	Turning Point Community Programs
MH - Recovery - Adult	Vicarious Trauma	Evaluating contributors to vicarious trauma and methods to identify and address individual care needs	2.5 hours/Once	Direct Services: Contractors	7/19/2023	3	Karen Brockopp	Hope Cooperative
MH - Resiliency - Youth	Co-Occurring Disorders/Responding to Substance Use Disorder Crises	Challenges in working with substance use disorder crisis.	1 hour/Once	Administration/Management; Direct Services: County Staff	7/19/2023	8	Steven Jimenez (MTAC)	Sacramento County Community Wellness Response Team (CWRT)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
SUPT - Recovery - Adult	Bay Area Addiction Research and Treatment Center (BAART) Presentation	Stages of change and how to support individuals from contemplation stages to move to determination and active change.	1.5 hours/Once	Administration/Management; Direct Services: Contractors	7/20/2023	29	Severine Hollingsworth	Turning Point Community Programs - Mental Health Urgent Care Clinic (MHUCC)
MH - Cultural Competence	Microaggressions	Understanding our unconscious bias; how microaggressions affect the therapeutic relationship	1.5 hours/Once	Administration/Management; Direct Services: Contractors	7/20/2023	29	Aron King, Ian Kim	Turning Point Community Programs - Mental Health Urgent Care Clinic
MH - Navigating Systems - Youth	4) NAMI Ask the Expert: More Than a Number: The Impact of 988 on Reimagining Mental Health Crisis Care.	The national benefit and impact of 988 and suicide prevention and crisis intervention.	1 hour/Once	Administration/Management; Direct Services: County Staff	7/20/2023	9	NAMI	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	RO - Assessment & Care Planning Training	Staff will learn "where to start and what to ask" in determining appropriate services, interventions, and discharge planning	16 hours/Monthly	Direct Services: Contractors	7/20/2023	58	Douachi Yang, Kaitlyn Reilly	River Oak Center for Children (ROCC)
MH - Family Focused - Youth	Supervision Essentials for the Practice of Competency-Based Supervision	Awareness and knowledge of the overall duties and responsibilities of a supervisor	4 hours/Once	Administration/Management	7/21/2023	1	My Learning Point	River Oak Center for Children (ROCC)
MH - Recovery - Adult	Substance Use Prevention and Treatment (SUPT) Presentation	Making effective referrals for those experiencing substance disorders.	1 hour/Once	Administration/Management; Direct Services: County Staff	7/24/2023	13	Sacramento County SUPT	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	An Overview of Trauma Informed Care for Non-Clinical Staff	Overview of trauma and who is most vulnerable to the effects of trauma. Learn how trauma shapes a person's response to the world around them and the impact of resilience. Learn about the principles of a trauma-informed approach to care. Study the impact of the Adverse Childhood Experiences, or ACE, study on trauma research and practice. Discover how trauma impacts the human brain and stress response system. Explore strategies for self-care when working with traumatized populations.	1 hour/Once	Support Services	7/25/2023	1	Relias	Turning Point Community Programs
MH - Recovery - Adult	Trauma Informed Care	Navigating issues related to those who have encountered trauma	6 hours/Once	Direct Services: Contractors	7/26/2023	6	Karen Brockopp	Hope Cooperative
SUPT - Recovery - Adult	Trauma Informed Care	Navigating issues related to those who have encountered trauma	6 hours/Once	Direct Services: Contractors	7/26/2023	2	Karen Brockopp	Hope Cooperative
MH - Resiliency - Youth	An Introduction to Trauma Informed Care	Examine best practices as well as how to avoid actions that may be unknowingly harmful to clients. Learn what it means to provide trauma-informed care, and why you should use this approach with every client you serve as well as with colleagues and staff.	1.5 hours/Once	Direct Services: Contractors; Support Services	7/27/2023	12	Relias	Turning Point Community Programs
Recovery - Adult	Seeking Safety Skills Workshop	In this 4-hour skill building workshop, direct care staff and their supervisors will learn the skills necessary to provide the 25 treatment intervention topics. These skills include understanding the treatment format, adapting the material to various contexts (i.e., individual or group), preparation, how to conduct the session and dealing with problem situations and emergencies.	4 hours/One Time	Direct Services: Contractors	7/29/2023	2	Deanna Beeson	Telecare
MH - Navigating Systems - Youth	Child and Family Teaming Training	Understanding the teaming concept as the foundation of treatment in the FIT model	One hour/Quarterly	Administration/Management; Direct Services: Contractors	7/31/2023	42	Jerri Ford, LMFT	HeartLand Child & Family Services
MH - Cultural Competence	Ted Talks on Culture: Challenges	This training discusses the challenges and rewards of cultural informed approaches	2 hours/Annually	Administration/Management; Direct Services: Contractors	8/2/2023	50	UC Davis Panel	Capital Star Behavioral Health
MH - Cultural Competence	Creating a Dialogue on Culture	Discussion on framework of cultural humility in conceptualizing the mental health needs of children and families	1.5 hours/Annually	Administration/Management; Direct Services: Contractors	8/3/2023	14	Michele Ornelas Knight, Psy.D	UCD CAARE Center

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Navigating Systems - Youth	Working with Children and Adolescents Exposed to Violence and Disasters	Learn how trauma impacts children and adolescents. Learn the risk factors that place children in greater jeopardy for maladaptive responses to the event. Learn to recognize typical responses by age and when to seek professional help.	1 hour/Once	Administration/Management	8/3/2023	1	Relias	Turning Point Community Programs
MH - Cultural Competence	Overcoming Unconscious Bias in the Workplace	Learn about the process of overcoming organizational biases and how to function as an inclusive leader. Learn specific tactics for combating unconscious biases in the workplace.	20 minutes/Once	Direct Services: Contractors	8/4/2023	1	Relias	Turning Point Community Programs
MH - Resiliency - Youth	A Client's Experience of Trauma Informed Care	An immersive experience of trauma-informed care from a client's perspective. Directly experience the impact of both an adherence to trauma-informed principles, as well as the effects of compromised trauma-informed care delivery. Increase your awareness of the client's perspective on trauma-informed practices.	1 hour and 25 minutes/Once	Direct Services: Contractors; Support Services	8/4/2023	11	Relias	Turning Point Community Programs
SUPT - Cultural Competence	Cultural Orientation Series Part 2: Working Effectively with Diverse Cultures: One Size Doesn't Fit All - Afghanistan Immigrants and Refugees	Understanding to how provide more effective, culturally responsive services to Afghanistan immigrants and refugees	2 hours/Once	Direct Services: Contractors	8/7/2023	2	Omni Youth Programs/International Rescue Committee Youth Council	Public Health Institute - Center for Collaborative Planning
MH - Recovery - Adult	Motivational Interviewing	Essential components of MI to help clients engage in behavior change	8 hours/Once	Direct Services: Contractors	8/7/2023	12	Karen Brockopp	Hope Cooperative
SUPT - Recovery - Adult	Motivational Interviewing	Essential components of MI to help clients engage in behavior change	8 hours/Once	Direct Services: Contractors	8/7/2023	1	Karen Brockopp	Hope Cooperative
SUPT - Cultural Competence	Cultural Orientation Series: Afghanistan Immigrants and Refugees	One size doesn't fit all: Working effectively with diverse cultures	2 hours/Once	Direct Services: Contractors	8/8/2023	4	Syeda Hamandi, Malalai Sofi, Yassaman Vedad	PRO Youth and Families, Inc.
SUPT - Cultural Competence	Cultural Orientation Series Working Effectively With Diverse Cultures One Size Doesn't Fit All - Part 2: Afghan Community	Effective ways to engage and provide services to the Afghan Community while fostering acceptance of drug prevention & mental health services when needed	2 hours/Once	Support Services	8/8/2023	45	Syeda Hamdani, Malalai Safi, Yassaman Vedad	Omni Youth Programs
MH - Cultural Competence	Understanding Peer Supportive and Recovery Oriented Services	Training to support those in a peer role to understand how peers support recovery	2 hours/Once	Direct Services: Contractors	8/8/2023	20	Sydney Bice	Stanford Sierra Youth & Families (SSYAF)
MH - Cultural Competence	Understanding ACES	Adverse childhood experiences and how they disproportionately impact marginalized communities	2 hours/Once	Direct Services: Contractors	8/8/2023	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Navigating Systems - Youth	Youth Mental Health First Aid Training	Prevention and early intervention with youth to maintain mental wellness.	3.5 hours/Once	Administration/Management; Direct Services: County Staff	8/8/2023	8	MHFA	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Bias In Healthcare	Learn best practices to help recognize and manage bias.	30 minutes/Once	Direct Services: Contractors	8/9/2023	3	Relias	Turning Point Community Programs
MH - Family Focused - Youth	Engaging Family Members In Crisis Planning	Recognize antecedents to crises so that you can respond more quickly, create a plan to help decrease the number and severity of dangerous incidents, and help families use community resources and self-sufficiency to cope with family emergencies. Learn techniques that can help you work with families as partners in developing a family crisis plan. Learn the structure and components of a family crisis plan, as well as when and how to revise these plans.	1 hour/Once	Direct Services: Contractors	8/9/2023	3	Relias	Turning Point Community Programs
MH - Recovery - Adult	Wellness Recovery Action Plan (WRAP)	WRAP is a simple and powerful process for creating the life and wellness you want. WRAP is a strength-based, self-help methodology to help individuals identify warning signs/events that may lead to difficulties and explore wellness strategies to overcome challenges.	16 hours/ Quarterly	Direct Services: Contractors; Support Services	8/10/2023	48	Virginia Robello, Sarah Tam	Cal Voices
MH - Cultural Competence	Homeless Engagement and Response Team (HEART) Presentation	How to effectively work with people who are unhoused and mal	1 hour/Once	Administration/Management; Direct Services: County Staff	8/10/2023	13	Sacramento County HEART	Sacramento County Community Wellness Response Team (CWRT)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Sexual Orientation, Gender Identity, and Gender Expression (SOGIE)	Concepts related to SOGIE	6 hours/Annually	Administration/Management; Direct Services: Contractors	8/13/2023	77	Irene Van	Capital Star Behavioral Health
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	8/14/2023	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Recovery - Adult	Best Practices for Supporting Individuals in Early Recovery	Best practices in supporting individuals in early recovery from substance use disorders. Stages of early recovery as well as about substance withdrawal. Learn about common co-occurring mental health and medical conditions. Learn about common interventions that can help you in your work with people in early recovery.	1 hour and 25 minutes/Once	Direct Services: Contractors	8/15/2023	1	Relias	Turning Point Community Programs
MH - Navigating Systems - Youth	Effective Psychoeducation for Individuals with Serious Mental Illness	Focus on the most common DSM-5™ diagnoses that fall in the category of serious mental illness. This includes schizophrenia spectrum and other psychotic disorders, and mood disorders such as bipolar disorders and severe major depressive disorders, both of which can occur with features of psychosis. Discuss strategies for increasing effectiveness of your intervention and for managing challenges that come up when facilitating the intervention.	1 hour/Once	Administration/Management; Direct Services: Contractors; Support Services	8/15/2023	5	Relias	Turning Point Community Programs
MH - Navigating Systems - Youth	Supporting Persons with Serious Mental Illness Toward Recovery	Provide addictions, behavioral health counseling, marriage and family therapy, nursing, psychology, and social work professionals in health and human services settings with information and skills to support adults with serious mental illness on the path to recovery.	1.5 hours/Once	Administration/Management	8/15/2023	1	Relias	Turning Point Community Programs
MH - Cultural Competence	Latinx Cultural Considerations	Cultural considerations in mental health treatment	One hour/Annually	Direct Services: Contractors	8/15/2023	5	Karina Muro, Ph.D.	UCD SacEDAPT
SUPT - Navigating Systems - Youth	Fentanyl Awareness Summit	Bringing professionals together to highlight emerging strategies for managing the opioid epidemic/fentanyl crisis and best practices for prevention, treatment/recovery, harm reduction and community level solutions	7 hours/Annually	Direct Services: Contractors	8/17/2023	6	Multiple Presenters	PRO Youth and Families, Inc.
MH - Recovery - Adult	Cultural and Language Barriers	Navigating the cultural and language barriers with a client centered, recovery, and wellness approach	1.5 hours/Once	Administration/Management; Direct Services: Contractors	8/17/2023	24	MHUCC leadership	Turning Point Community Programs - Mental Health Urgent Care Clinic
MH - Cultural Competence	Voices of Color Panel Discussion	Panel discussion of cultural needs of Middle Eastern, Asian American, and African American clients and families	2 hours/Once	Administration/Management; Direct Services: County Staff, Direct Services: Contractors	8/18/2023	78	Panel led by Reverend Doretha Flournoy Williams	HeartLand Child & Family Services
MH - Family Focused - Youth	RO - Vicarious Trauma & Compassion Fatigue	Increase awareness of compassion fatigue, vicarious trauma, burnout	7 hours/Semi-Annually	Administration/Management; Direct Services: Contractors	8/18/2023	13	Betty Knight	River Oak Center for Children (ROCC)
MH - Resiliency - Youth	Goals, Values and Guiding Principles of Psychosocial Rehabilitation	Goals of psychosocial rehabilitation (PSR) as a recovery-oriented practice. PSR practice focuses on enhancing the quality of life and community participation of persons with psychiatric disabilities. The values and principles, although sharing much in common with other humanistic traditions, describe a way of being and working with consumers that is unique to PSR practice.	1 hour/Once	Direct Services: Contractors; Support Services	8/20/2023	2	Relias	Turning Point Community Programs
MH - Recovery - Adult	Trauma Informed Care	Navigating issues related to those who have encountered trauma	6 hours/Once	Direct Services: Contractors; Support Services	8/21/2023	4	Karen Brockopp	Hope Cooperative
MH - Recovery - Adult	Natural Disasters and Workplace Emergencies: Heat and Cold Stress	The goal of this course is to provide all staff with an overview of both hot and cold environments, the human response, and how to live and work safely in these conditions.	30 minutes/Once	Administration/Management; Direct Services: Contractors	8/21/2023	3	Relias	Hope Cooperative
SUPT - Cultural Competence	Harm Reduction with Faith Based Communities Webinar/National Overdose Prevention Network	Working with faith based communities to provide harm reduction services	One hour/Once	Administrative/Management; Direct Services: Contractors	8/22/2023	4	National Overdose Prevention Network	Public Health Institute - Center for Collaborative Planning
MH - Cultural Competence	A Culture Centered Approach To Recovery	Learn about the values, beliefs, and principles that are the foundation of psychosocial rehabilitation and recovery-oriented practice. Review of the many dimensions of culture, the impact of worldview on psychosocial rehabilitation (PSR) practice, as well as the steps to becoming a culturally competent service provider.	1 hour/Once	Administration/Management; Direct Services: Contractors; Support Services	8/23/2023	3	Relias	Turning Point Community Programs

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Cultural Competence	Provide important information about becoming more respectful and culturally competent.	30 minutes/Once	Direct Services: Contractors	8/23/2023	9	Relias	Turning Point Community Programs
MH - Recovery - Adult	A Culture Centered Approach To Recovery	Learn about the values, beliefs, and principles that are the foundation of psychosocial rehabilitation and recovery-oriented practice. Describe the many ways in which culture is central, not peripheral, to recovery. Review of the many dimensions of culture, the impact of worldview on psychosocial rehabilitation (PSR) practice, as well as the steps to becoming a culturally competent service provider.	1 hour/Once	Administration/Management; Direct Services: Contractors; Support Services	8/23/2023	3	Relias	Turning Point Community Programs
SUPT - Cultural Competence	Professional Perspectives of Cultural Awareness and Humility Revisited/NAADAC	Understanding cultural awareness and humility	2 hours/Once	Direct Services: Contractors	8/23/2023	1	NAADAC (association for addiction professional)	Public Health Institute - Center for Collaborative Planning
MH - Cultural Competence	Criminal Justice and Behavioral Health (CCJBH): Current Legislative	Understanding how persons of color are disproportionately targeted in our justice system	2 hours/Once	Direct Services: County Staff	8/23/2023	1	Nami Conference	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Cultural Competence	Time for Change: A Snapshot of Health and Racial Equity Efforts in California State Government	In this webinar, we will reflect on the strides California state government has made to advance health and racial equity while also reckoning with our state's history of racism and discrimination, which has embedded inequities over generations.	1 hour/Once	Administration/Management	8/24/2023	1	California State	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Multicultural Communications	To foster understanding and respect, which leads to better collaboration and innovation within the workplace and clients of different cultures that have different ways of communicating and interacting with each other.	2 hours/Biannually	Support Services	8/29/2023	8	Debra Bonner, MHRS	El Hogar Community Services, Inc.
MH - Recovery - Adult	Harm Reduction and Narcan	Harm Reduction 101: philosophy of care, interventions, stages of change, low barrier. Administration of narcan and 101 of harm reduction supplies.	2 hours/Quarterly	Administration/Management; Direct Services: Contractors	8/31/2023	404	Harm Reduction Services Trainer	Bay Area Community Services
MH - Recovery - Adult	Mental Health First Aid	How to identify, understand and respond to signs of mental health and substance use challenges in adults.	8 hours/Annually	Support Services	8/31/2023	2	Webinar	El Hogar Community Services, Inc.
MH - Cultural Competence	How Doulas Impact Successful Breastfeeding in Communities of Color	Learn about the unique benefits that pregnant people gain from doulas' prenatal, intrapartum, and postpartum support, which enhances the breastfeeding care provided by hospital postpartum nurses, midwives, & lactation consultants.	2 hours/Once	Administration/Management	8/31/2023	1	Hosted by The African American Subcommittee of the Sacramento Breastfeeding Coalition.	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Resiliency - Youth	RO - Transition to Independence Process (TIP) Part One 3-Day Training	Skills to assist youth in the decision making process and empower youth to determine and focus on future goals.	17 hours/Semi-Annually	Administration/Management; Direct Services: Contractors	9/3/2023	36	Noelani Villasenor	River Oak Center for Children (ROCC)
MH - Recovery - Adult	Mental Health First Aid	How to identify, understand and respond to signs of mental health and substance use challenges in adults.	8 hours/Annually	Support Services	9/5/2023	2	Webinar	El Hogar Community Services, Inc.
MH - Cultural Competence	Understanding the Community We Service	Discussion on demographics of clients served in Sacramento County from a cultural perspective integrating the MH Pathways service model	1.5 hours/Annually	Administration/Management; Direct Services: Contractors	9/7/2023	14	Michele Ornelas Knight, Psy.D	UCD CAARE Center
SUPT - Resiliency - Youth	Considering the Associations Between Substance Use and Suicide	Alcohol-related risk factors for suicide, including ways in which alcohol use can impact decision making when a person is experiencing distress. Reviewing the recent literature on cannabis, focusing on mental health concerns associated with the use of high-potency cannabis, as well as associations between cannabis use disorder and suicide risk.	2 hours/Once	Community Members/General Public	9/7/2023	1	J. Kilmer, Ph.D. & Dr. Jason Kilmer, Ph.D.	Omni Youth Programs
SUPT - Family Focused - Youth	Getting Candid: Practical Guidance for Framing the Conversation Around Youth Substance Use Prevention	Frame conversations and deliver substance use prevention messages to youth. The guidance provided can also be used for eliciting change for other health behaviors. Understand the role of building rapport and trust with youth when delivering messages and discussing health related behaviors.	2 hours/Once	Community Members/General Public	9/7/2023	1	The National Council (Zoom)	Omni Youth Programs
MH - Navigating Systems - Youth	Heartland Family FSP	Service description and referral process	One hour/Annually	Administration/Management; Direct Services: Contractors; Support Services	9/8/2023	25	Candace Walls, Joaquin Castaneda	UCD SacEDAPT

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Improving Clinical Competency Through an Understanding of Military Culture	This course will provide you with an introduction to military culture. You will learn about the overall structure of the military, the core values of the primary branches, and the unique experiences of specific sub-populations within the military. This information will help you more effectively engage with, understand, respect, and support the military service members who seek your services.	1.5 hours/Once	Direct Services: Contractors	9/11/2023	1	Relias	Hope Cooperative
MH - Cultural Competence	An Introduction to Cultural and Linguistic Competency	Help behavioral health professionals increase their cultural and linguistic competency and learn what culture has to do with behavioral health care	One hour/Annually	Direct Services: Contractors	9/12/2023	5	Cine-Med Inc.	Children's Receiving Home of Sacramento
MH - Cultural Competence	Briding The Diversity Gap	Focus on what diversity is, how to leverage the diversity within the organization, and the barriers that must be overcome to create a diversified working environment.	20 minutes/Once	Administration/Management; Direct Services: Contractors	9/12/2023	3	Relias	Turning Point Community Programs
MH - Family Focused - Youth	RO - Transition to Independence Process (TIP) Part Two - 2 Day Training	Skills to assist youth in the decision making process and empower youth to determine and focus on future goals.	7 hours/Semi-Annually	Administration/Management; Direct Services: Contractors	9/12/2023	24	Noelani Villasenor	River Oak Center for Children (ROCC)
MH - Recovery - Adult	ATOD: Advanced Issues in Substance Abuse Treatment	This training focuses on supporting individuals with substance issues	3 hours/Annually	Administration/Management; Direct Services: Contractors	9/13/2023	33	Dr. Smith	Capital Star Behavioral Health
MH - Navigating Systems - Youth	Addressing Behavioral Health Needs of Individuals Involved in Child Welfare	Awareness of the risk and protective factors common among youth with whom they work, screening and assessment process for identifying risk and protective factors, as well as strategies they can use to help children overcome challenges and access needed treatment for related behavioral health conditions.	1 hour 25 minutes/Once	Direct Services: Contractors	9/13/2023	1	Relias	Turning Point Community Programs
MH - Recovery - Adult	Motivational Interviewing Workshop	This intensive 1-day workshop will provide participants an in-depth overview of the theory, principles, and skills of Motivational Interviewing (MI).	8 hours/Once	Direct Services: Contractors	9/13/2023	8	Steve Berg-Smith	El Hogar Community Services, Inc.
MH - Recovery - Adult	Co-Occurring- Disorders/Reponding to Substance Use Disorder Crisis	The impact of co-occurring disorders on the person and family.	1 hour/Once	Direct Services: County Staff	9/14/2023	4	SAMHSA	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Diversity in Clinical Practice	Reducing cultural offenses & repairing cross-cultural relationships	12 hours/Annually	Administration/Management; Direct Services: Contractors	9/15/2023	56	Lambers Fisher (author/book study)	San Juan Unified School District - White House Counseling Center
MH - Recovery - Adult	De-Escalation	Focus on communication, de-escalation, situational awareness and critical stress management.	4 hours/Once	Direct Services: Contractors	9/15/2023	11	Bridgette Dean	Hope Cooperative
SUPT - Recovery - Adult	De-Escalation	Focus on communication, de-escalation, situational awareness and Critical stress management.	4 hours/Annually	Direct Services: Contractors	9/15/2023	2	Karen Brockopp	Hope Cooperative
MH - Cultural Competence	Cultural Parenting	How parents can support children's cultural development at various ages and suggestions for coping with insensitive or hurtful episodes at school and in the community	4 hours/Annually	Direct Services: Contractors	9/16/2023	1	Foster Parent College	Children's Receiving Home of Sacramento
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	9/18/2023	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Recovery - Adult	Trauma Informed Care	Navigating issues related to those who have encountered trauma	6 hours/Once	Direct Services: Contractors; Support Services	9/18/2023	15	Karen Brockopp	Hope Cooperative
SUPT - Recovery - Adult	Trauma Informed Care	Navigating issues related to those who have encountered trauma	6 hours/Once	Direct Services: Contractors	9/18/2023	3	Karen Brockopp	Hope Cooperative
MH - Navigating Systems - Youth	Working with Individuals Experiencing Homelessness	Learn about the physical and mental health disparities that individuals who are homeless face, as well as the everyday dynamics of homelessness that complicate their involvement with service providers.	1 hour and 25 minutes/Once	Direct Services: Contractors	9/20/2023	1	Relias	Turning Point Community Programs

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Cultural Competency	5 Key Elements of Cultural Competency in an individual: 1. Awareness and acceptance of difference 2. Awareness of own cultural values 3. Understanding the dynamics of difference 4. Development of cultural knowledge 5. Ability to adapt practice to the cultural context of the client	3 hours/Quarterly	Direct Services: Contractors	9/20/2023	17	Erin Reynolds & Debbie Wender	Stanford Sierra Youth & Families (SSYAF)
MH - Family Focused - Youth	RO - Overview of Special Education	Provides basic information on the Individual with Disability Education Act of 2004 (IDEA) and the Individual Education Program (IEP) process	2 hours/Semi-Annually	Administration/Management; Direct Services: Contractors	9/20/2023	23	Mary Bush	River Oak Center for Children (ROCC)
SUPT - Recovery - Adult	Motivational Interviewing: Core Concepts	Motivational Interviewing (including culturally relevant tips)	3 hours/ Twice per year	Administration/Management; Direct Services: Contractors	9/21/2023	56	Alfonso Edington, CADC II (Online Course)	Bridges Professional Treatment Services
MH - Navigating Systems - Youth	Systemic Therapeutic Assessment Resource and Treatment (START)	Engaging and providing trauma informed care by connecting individuals to the therapeutic assessment to avert crises.	1.5 hours/Once	Administration/Management; Direct Services: Contractors	9/21/2023	28	Jana Cooper	Turning Point Community Programs - Mental Health Urgent Care Clinic (MHUCC)
MH - Recovery - Adult	Psychotropic Meds 101	Crash course on psychotropic medications	1.5 hours/Once	Administration/Management; Direct Services: Contractors	9/21/2023	28	Dr. Rachel Robitz	Turning Point Community Programs - Mental Health Urgent Care Clinic
MH - Cultural Competence	Introduction to Culturally Responsive Crisis Care for Tribal and Urban Indian People	Focus on the various tribal communities and their respective populations in California. Understanding the impact of intersectionality alongside the cultural and historical treatment of tribal people was highlighted and emphasized. The facilitator also provided an overview crisis-types (acute, chronic, and systematic) and provided relevant examples. A trauma-informed approach was recommended based on the aforementioned treatment associated with colonization	1.5 hours/Once	Administration/Management; Direct Services: County Staff	9/21/2023	4	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	NTTAC Event: Talk Saves Lives - An Introduction to Suicide Prevention	How to talk about being suicidal and listening as a crucial intervention.	1 hour/Once	Administration/Management; Direct Services: County Staff	9/26/2023	9	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Informed and Culturally Responsive Treatment Through a Trauma Informed Lens	This training is designed to engage mobile crisis team supervisors and clinical consultants in understanding more about their role with the transformation of crisis care for mobile crisis teams	1 hour/Once	Administration/Management; Direct Services: County Staff	9/27/2023	9	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Introduction to Culturally Responsive Crisis Care in Diverse Communities	Mental health professionals may create an ideal system in which communities are empowered to restore balance and overall wellness	1 hour/Annually	Administration/Management; Direct Services: County Staff	9/29/2023	10	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	M-TAC: Crisis Response Strategies for Adult Individuals with Intellectual and/or Development Disabilities	This informational training will introduce effective communication strategies, adaptive equipment, and other accommodation supports for mobile crisis teams working with individuals with hearing and visual impairments.	1 hour/Once	Administration/Management; Direct Services: County Staff	9/29/2023	10	M-TAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Film Screening & Discussion: The Wisdom of Trauma	The film viewing of The Wisdom of Trauma will elaborate on Dr. Gabor Maté's work and our facilitated discussion will highlight his work and the importance of integrating trauma-informed principles throughout organizations.	2 hours/Once	Administration/Management; Direct Services: County Staff	9/29/2023	4	Dr. Gabore Maté'	Sacramento County Community Wellness Response Team (CWRT)
SUPT - Recovery - Adult	Certified Life Skills Coach Training	Coaching techniques, theories, direct motivational interviewing	32 hours/One time	Administration/Management; Direct Services: Contractors	10/2/2023	52	Dr. Kathie Mathis	Progress House, Inc.
MH - Resiliency - Youth	RO - Aggression Replacement 2-Day Training (ART)	Teaching caregivers and clients; social skills, anger management, and moral reasoning through an evidenced based group model	16 hours/Semi-annually	Direct Services: Contractors	10/4/2023	38	Jessica Jurkovich	River Oak Center for Children (ROCC)
MH - Cultural Competence	Race, Racial Trauma & Racial Socialization Parts 1 & 2	Defining and understanding the impact of racial trauma on children and families and the importance of assessment and tailoring treatment interventions to address it	3 hours/Annually	Administration/Management; Direct Services: Contractors	10/5/2023	24	Michele Ornelas Knight, Psy.D	UCD CAARE Center
MH - Recovery - Adult	Naloxone Training	How to administer NARCAN	30 minutes/Once	Direct Services: Contractors	10/6/2023	19	Video Guided Training	Hope Cooperative
MH - Navigating Systems - Youth	EDAPT psychosis assessment with PQ-B	Psychosis assessment and partnering with EDAPT	1.5 hours/Once	Administration/Management; Direct Services: Contractors	10/9/2023	47	Daniel Shapiro, Sabrina Ereshesky, Shirley Yau	HeartLand Child & Family Services

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Recovery - Adult	Wellness Recovery Action Plan (WRAP)	WRAP is a simple and powerful process for creating the life and wellness you want. WRAP is a strength-based, self-help methodology to help individuals identify warning signs/events that may lead to difficulties and explore wellness strategies to overcome challenges.	16 hours/ Quarterly	Community Members/General Public	10/12/2023	6	Virginia, Robello, Sarah Tam	Cal Voices
MH - Navigating Systems - Youth	Mental Health Services in Sacramento County	Overview of available services and levels of care	One hour/Annually	Administration/Management; Direct Services: Contractors; Support Services	10/13/2023	23	Dan Shapiro	UCD SacEDAPT
MH - Family Focused - Youth	Application of a Values-Based Interview Style with Children and Families	Demonstrate the core principles of a value-oriented interview style Illustrate how a values-oriented interview style impacts clinical encounters	One hour/Annually	Administration/Management; Direct Services: Contractors; Support Services; Community Members/General Public	10/13/2023	60	Kristiana Lehn, MD, Alexis Rosvall, MD, Sirish Veligati, MD, Soe Thein, MD	UCD SacEDAPT
MH - Family Focused - Youth	Assessing for Attention Deficit Hyperactivity Disorder	Scoring Vanderbilt, assessment, and coordination with psychiatrists	1 hour/Once	Administration/Management; Direct Services: Contractors	10/16/2023	25	Jerri Ford, LMFT	HeartLand Child & Family Services
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	10/16/2023	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Cultural Competence	LGBTQ+ Advocacy	Best practices to support LGBTQ+ youth and families	2 hours/Once	Direct Services: Contractors	10/17/2023	20	Romel Smith & Shelley Keeble	Stanford Sierra Youth & Families
MH - Recovery - Adult	M-TAC: Aftercare and/or Post Crisis Follow-Up Strategies	Developing effective follow-up responses to crisis.	1 hour/Once	Administration/Management; Direct Services: County Staff	10/17/2023	8	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Navigating Providing Access to Gender Affirming Care	Supporting clients with access to gender affirming care.	2 hours/Annually	Administration/Management	10/18/2023	0	Centerlink	Sacramento LGBT Community Center
MH - Resiliency - Youth	Queer Sex Ed and Other Youth Programming	Building programs, providing LGBTQ+ youth-friendly health education and inclusive sex education	6 hours/Annually	Administration/Management	10/18/2023	0	Centerlink	Sacramento LGBT Community Center
MH - Cultural Competence	Cultural Competence Refresher	Goal of this training is to help behavioral health professionals to increase their cultural and linguistic competency through lessons such as "Know thy Self - Increasing Self Awareness", "Knowing Others - Increasing Awareness of your Clients' Cultural Identity", and "Culturally and Linguistically Interventions and Services", etc.	4 hours/Annually	Direct Services: Contractors	10/18/2023	1	Fredrick Rivers	G.L.O.M.
MH - Cultural Competence	Alta Regional Presentation	Learning effective engagement process and managing crises for those who have been diagnosed with IDD	1.5 hours/Once	Administration/Management; Direct Services: Contractors	10/19/2023	34	Amy McCreary	Turning Point Community Programs - Mental Health Urgent Care Clinic
MH - Cultural Competence	Cisgender Allyship	Discussion around allyship	1 hour/Annually	Administration/Management	10/19/2023	0	Centerlink	Sacramento LGBT Community Center
MH - Cultural Competence	ADA American Disabilities Act	The impact and benefits of the ADA on disparities in the workplace	1 hour/Once	Administration/Management; Direct Services: County Staff	10/19/2023	13	Sacramento County	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	Crisis Prevention (CPI)	Strategic approach to de-escalating crisis situations through proactive communication skills	8 hours/Quarterly	Direct Services: Contractors; Support Services	10/27/2023	48	Karen Thompson & Meghan Reedy	HeartLand Child & Family Services
MH - Recovery - Adult	Coaching Into Care: Treatment Engagement of Military Veterans and New Initiatives	Barriers to mental health treatment engagement of veterans, best strategies for discussing mental health treatment with a loved one, new strategies for involving family members in lowering veteran suicide risk	One hour/Annually	Direct Services: Contractors; Community Members/General Public	10/27/2023	53	Steven L. Sayers, Ph.D.	UCD SacEDAPT
MH - Navigating Systems - Youth	Utilizing Family Engagement to Improve Outcomes in Drug Treatment Courts: In Research and Practice	Including the family in helping a loved one in drug treatment court.	1 hour/Once	Administration/Management; Direct Services: County Staff	10/30/2023	7	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Suicide Prevention	Etiology of suicide and prevention efforts through a cultural and trauma lens.	1 hour/Once	Administration/Management; Direct Services: County Staff	10/31/2023	7	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Family Focused - Youth	Interventions for clients under 5	Developmentally appropriate interventions for children under 5	1 hour/Once	Administration/Management; Direct Services: Contractors	11/1/2023	20	Alexus Higa, LCSW	HeartLand Child & Family Services

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Resiliency - Youth	Crisis Response for Special Pop	Webinar training for mobile crisis team responders that describes how mobile crisis teams can effectively assess, respond, and support people in crisis	1 hour/Once	Direct Services: County Staff	11/1/2023	4	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	M-TAC: Transportation Strategies for Beneficiaries Experiencing a Behavioral Health Crisis	How to safely transport people experiencing behavioral health crisis.	1 hour/Once	Administration/Management; Direct Services: County Staff	11/2/2023	8	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	Traumatic Stress Disorders In Children and Adolescents	Learn about the different mental disorders that often develop in children and adolescents who have been exposed to trauma. Gain a basic understanding of the most effective treatments for these disorders.	2 hours/Once	Administration/Management	11/7/2023	1	Relias	Turning Point Community Programs
SUPT - Cultural Competence	Supporting Community Connections (SCC) Lunch and Learn	Lunch & Learn session highlighting Arabic-speaking SCC programming which serves members of Arabic-speaking community in Sacramento.	1 hour/Once	Direct Services: Contractors	11/9/2023	2	Zoom Training	PRO Youth and Families, Inc.
MH - Cultural Competence	Mental Health & Aging Conference	Presentations by professionals and living experience from older adults discussing and focusing on the behavioral and cultural health needs for aging population.	4 hours/Annually	Administration/Management; Support Services; Community Members/General Public	11/9/2023	13	Dr. Tate; Pa Lee, Terri Alfaro, Celie Oldham, Larry Sweat	El Hogar Community Services, Inc.
MH - Cultural Competence	For The Culture: CAARD & The Black Recovery Movement - 2023 Season	Cultivating and supporting culturally responsive recovery pathways in Black communities is direly important! African American recovery is restorative, and holistic; it includes physical, mental, social, and spiritual growth.	1 hour/Quarterly	Administration/Management; Direct Services: County Staff	11/13/2023	9	CAARD & The Black Recovery Movement	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	RO - Commercial Sexual Exploitation Identification Tool (CSE-IT)	CSE-IT completion using conversations with youth, observations of their appearance or behavior, and from other sources	3 hours/Monthly	Administration/Management; Direct Services: Contractors	11/13/2023	36	Jessica Jurkovich	River Oak Center for Children (ROCC)
SUPT - Cultural Competence	Cultural Orientation Series: Hispanic Cultures	One size doesn't fit all: Working effectively with diverse cultures	2 hours/Once	Direct Services: Contractors	11/14/2023	4	Michelle Garibay & Angelica Franco	PRO Youth and Families, Inc.
MH - Cultural Competence	Cultural Competence	Understanding what it take to be culturally competent and provide culturally responsive services	2 hours/Once	Direct Services: Contractors	11/14/2023	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Recovery - Adult	Low Barrier Shelter Model for People Who Use Drugs	Low-barrier shelters are a short-term intervention for people experiencing homelessness who may avoid traditional shelters due to drug use or other reasons	1 hour/Once	Administration/Management; Direct Services: County Staff	11/14/2023	8	SAMHSA	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Understanding Relationships and Boundaries for Peer Support	Boundaries and personal relationship concerns for peer supports specialists and the clients they serve.	12 minutes/Once	Direct Services: Contractors	11/15/2023	1	Relias	Turning Point Community Programs
SUPT - Cultural Competence	Cultural Orientation Series Part 3: Working Effectively with Diverse Cultures: One Size Doesn't Fit All - Hispanic community	Understanding how to provide more effective, culturally responsive services to Latino/a communities	2 hours/Once	Direct Services: Contractors	11/15/2023	2	Omni Youth Programs	Public Health Institute - Center for Collaborative Planning
MH - Cultural Competence	Cultural Humility and Implicit Bias in Behavioral Health	The goal of this course is to provide healthcare professionals in health and human services settings with knowledge to practice cultural humility and address implicit bias.	1 hour/Once	Direct Services: Contractors	11/15/2023	1	Relias	Hope Cooperative
MH - Recovery - Adult	When Everyone Acts Violence Ends (WEAVE) presentation	WEAVE referral process and creating the safe space for survivors of DV and other forms of violence	1.5 hours/Once	Administration/Management; Direct Services: Contractors	11/16/2023	35	Christina McGirt	Turning Point Community Programs - Mental Health Urgent Care Clinic (MHUCC)
SUPT - Recovery - Adult	SUD training	UC Davis Medical Center team trained staff about the opioid pandemic and how to support youth and adult with a client centered approach.	1.5 hours/Once	Administration/Management; Direct Services: Contractors	11/16/2023	35	Tommie Trevino	Turning Point Community Programs - Mental Health Urgent Care Clinic (MHUCC)
MH - Cultural Competence	Improving Behavioral Health Equity: Immigrant and Refugee Populations	This course provides an overview of issues that affect behavioral health equity in immigrants and refugees. It also offers strategies to address behavioral health inequity within these communities.	1 hour/Once	Direct Services: Contractors	11/17/2023	1	Relias	Hope Cooperative
MH - Cultural Competence	Improving Behavioral Health Equity: Individuals in Rural or Remote Communities	The goal of this course is to introduce behavioral health providers to strategies they can use to address health inequities for people living in remote or rural areas.	1 hour/Once	Direct Services: Contractors	11/17/2023	1	Relias	Hope Cooperative
MH - Cultural Competence	RO - Co-Occurring Disorders & Drug Trends	How to detect and assess for substance abuse	4 hours/Semi-Annually	Administration/Management; Direct Services: Contractors	11/17/2023	14	Rene Oliver	River Oak Center for Children (ROCC)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	11/20/2023	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Cultural Competence	DEI An Introduction to Multicultural Care	Understanding the importance of providing multicultural care.	1 hour/Once	Direct Services: Contractors	11/25/2023	1	Relias	Turning Point Community Programs
MH - Cultural Competence	DEI: Multicultural Care for the Organization	Provide specific strategies your organization can use to provide effective multicultural care and improve outcomes for all individuals. Provide knowledge to create culturally responsive and inclusive organizations.	1 hour/Once	Direct Services: Contractors	11/25/2023	1	Relias	Turning Point Community Programs
MH - Resiliency - Youth	Collaborative, Culturally Responsive Crisis Safety Planning	This training will cover foundational knowledge and interactive practice in crisis safety planning and will provide evidence-based guidance	1 hour/Annually	Administration/Management; Direct Services: County Staff	11/28/2023	11	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Introduction to Culturally Responsive Crisis Care in Diverse Communities	De-escalation skills with community members from various cultural and socioeconomic backgrounds. Highlighted the importance of culturally and linguistically appropriate frameworks in an effort to promote social justice and equity.	1.25 hours/Once	Administration/Management; Direct Services: County Staff	11/28/2023	9	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	Suicide Prevention & Safety Planning	Assessing for suicidal thoughts, plans, means, and safety planning	1 hour/Once	Administration/Management; Direct Services: Contractors	11/29/2023	26	Alexus Higa, LCSW	HeartLand Child & Family Services
MH - Recovery - Adult	Understanding Triggers/Cravings	Training will explain the role of triggers and cravings on recovery	1 hour/Once	Direct Services: County Staff	11/29/2023	2	Dr. Snipes	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	Anger Replacement Training	Skills in utilizing the EDP of ART for anger management	16 hours/ Twice annually	Administration/Management; Direct Services: Contractors	11/30/2023	56	Karen Thompson	HeartLand Child & Family Services
MH - Cultural Competence	Supporting Child and Family Resilience in Immigrant Households	Familiarize participants with the effects of adverse experiences in children 0-5 and their families, focusing on immigrant households, as well as protective factors and interventions that can be done to support children and families	1.5 hours/Once	Administration/Management	12/5/2023	1	First 5 Alameda	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Recovery - Adult	Accessibility Strategies (Focus on Disabled Community)	Making services accessible for people with disabilities.	1 hour/Once	Administration/Management; Direct Services: County Staff	12/6/2023	8	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Cultural Competency	5 Key Elements of Cultural Competency in an individual: 1. Awareness and acceptance of difference 2. Awareness of own cultural values 3. Understanding the dynamics of difference 4. Development of cultural knowledge 5. Ability to adapt practice to the cultural context of the client	3 hours/Quarterly	Direct Services: Contractors	12/7/2023	12	Erin Reynolds & Sydney Bice	Stanford Sierra Youth & Families (SSYAF)
MH - Recovery - Adult	Group Facilitation 101	Introductory training for new group facilitators on the basics of operating self-help support groups. Participants learn the role of a group facilitator, how to identify and address barriers and challenges to effective group interaction, how to resolve interpersonal problems amongst group members, and how to help members effectively take charge of their experience. Facilitators discover methods for harnessing the power of personal recovery story and practice using their story effectively to inspire, connect, and give hope.	3 hours/Annually	Direct Services: Contractors	12/8/2023	13	Stephanie Ramos, Robert Salinas	Cal Voices
MH - Recovery - Adult	Trauma Informed Care	Navigating issues related to those who have encountered trauma	6 hours/Once	Direct Services: Contractors	12/8/2023	5	Karen Brockopp	Hope Cooperative
MH - Recovery - Adult	Rethinking Challenging Behavior: The Collaborative Problem Solving Approach	Assessing challenging behavior to deficits in neurocognitive skills, steps of a problem solving framework that has been shown to decrease challenging behavior and build neurocognitive skills.	One hour/Annually	Direct Services: Contractors; Support Services; Community Members/General Public	12/8/2023	67	J. Stuart Ablon, Ph.D.	UCD SacEDAPT
MH - Cultural Competence	Intergenerational Trauma Among Asian American & Asian Immigrant (AAAI) Communities	The impact of racism and otherness on Asian families.	1 hour/Annually	Administration/Management; Direct Services: County Staff	12/12/2023	9	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	How Mass Violence Impacts Youth	The impact of aftermath of mass violence on youth.	1 hour/Once	Administration/Management; Direct Services: County Staff	12/12/2023	7	Sacramento County	Sacramento County Community Wellness Response Team (CWRT)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Intergenerational Trauma Among Asian American & Asian Immigrant (AAAI) Communities Webinar 1: Background and Impacts	Culturally & historically relevant contexts of intergenerational trauma, mechanisms of intergenerational trauma transmission, common signs & culturally sensitive interventions, & strategies for individual and collective wellness & healing among AAAI communities.	1.5 hours/Once	Administration/Management	12/12/2023	1	The Lotus Project	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Cultural Competence	Stigma to Strength	How to communicate with people whose behaviors are stigmatized	2 hours/Annually	Support Services	12/13/2023	8	Webinar	El Hogar Community Services, Inc.
MH - Cultural Competence	Aging, Health & Homelessness	Findings from CASPEH and Hope Home	2 hours/Annually	Support Services	12/13/2023	1	Margot Kushel, MD	El Hogar Community Services, Inc.
MH - Cultural Competence	Aging Health & Homelessness	Effective ways to work with an aging homeless population.	1 hour/Once	Administration/Management; Direct Services: County Staff	12/13/2023	5	CASPREH/HOPE Home	Sacramento County Community Wellness Response Team (CWRT)
SUPT - Cultural Competence	Cultural Competency in SUD	Education about various cultural factors affecting substance use disorder treatment	One hour/Once	Administration/Management; Direct Services: Contractors; Support Services	12/14/2023	30	Neng Vang	C.O.R.E. Medical Clinic, Inc.
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	12/18/2023	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Recovery - Adult	Motivational Interviewing	Essential components of MI to help clients engage in behavior change	8 hours/Once	Direct Services: Contractors; Support Services	12/18/2023	19	Karen Brockopp	Hope Cooperative
MH - Recovery - Adult	Youth and Young Adult Support	Creating safe places and spaces for youth to express themselves	1 hour/Once	Administration/Management; Direct Services: County Staff	12/27/2023	6	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Navigating Systems - Youth	Transforming the Crisis Care Experience with Mobile Crisis Teams from a Trauma-Informed and Culturally Responsive Lens	Discussion of non-law enforcement response to BH crisis.	1 hour/Once	Administration/Management; Direct Services: County Staff	12/27/2023	8	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Collaborative, Culturally Responsive Crisis Safety Planning	Change mobile crisis services so that the response is more resolution-focused and works to provide relief to people in crisis in the community.	1 hour/Annually	Administration/Management; Direct Services: County Staff	12/28/2023	11	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Having Competency; Stand Trial System/Individuals with Intellectual & Developmental Disability	People with intellectual and developmental disabilities (I/DD) interact with the criminal justice system at a disproportionately higher rate compared to those without I/DD. In cases where a person has I/DD, competence is raised as an issue and the criminal court is required to make determinations as to a person's ability to make legal decisions based on his or her physical and mental capacity.	1.5 hours/Once	Direct Services: County Staff	12/28/2023	7	SAMHSA	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	SMART Learning Session 1	Self-Assessment for Modification of Anti-Racism Tool (SMART). Created by the American Association for Community Psychiatry (AACP)	3 hours/once	Direct Services: County Staff	12/28/2023	112	Koby Rodrigues & Ebony Chambers McClinton	CIBHS
MH - Cultural Competence	Cultural Insight Activity: Gender Inclusion	Quarterly Cultural Insight Activity hosted in team meetings across the agency. Training emphasized understanding gender identity and how to support and affirm youth in care.	1 hour/Quarterly	Administration/Management; Direct Services: Contractors; Support Services	12/30/2023	229	SSYAF leadership	Stanford Sierra Youth & Families (SSYAF)
MH - Resiliency - Youth	When the Body Says "No:" Listening to Our Stress & Reconnecting with Our Self	Discusses the physical effects of stress on the body long-term	1.25 hours/Once	Direct Services: County Staff	1/2/2024	1	Gabor Mate, MD	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Cultural Competence	Hearing Our Voices: Peer Support and Mental Illness	The training was about starting a peer support advocacy group at Brown university for college students struggling with mental illness.	0.25 hours/Once	Administration/Management; Direct Services: County Staff	1/5/2024	6	Stefanie Kauffman, Brown University	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Breaking the Stigma and Shame of Mental Illness	The training talks about how mental illness can affect anybody no matter their socioeconomic factors.	0.25 hours/Once	Administration/Management; Direct Services: County Staff	1/5/2024	4	Kitty Westin, Fargo	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	The Cultural Taboos of Suicide and Mental Illness	How suicide is stigmatized in our communities and how we can help destigmatize & get support and resources.	1 hour/Once	Administration/Management; Direct Services: County Staff	1/5/2024	6	John Nieuwenburg	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Facing Suicide	The aftermath of suicide on the family and community.	1 hour/Once	Administration/Management; Direct Services: County Staff	1/5/2024	2	PBS	Sacramento County Community Wellness Response Team (CWRT)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Recovery - Adult	Introduction to Peer Supervision	Understanding the challenges and pitfalls to the integration of peer support workers in various public behavioral health settings is essential to effective supervision. This training introduces the essential functions of supervision, different supervision formats, four core challenges experienced by both employers (supervisors) and peer staff (lack of preparation, lack of understanding, lack of support, and lack of advocacy/structural barriers), and provides an overview of solutions to each.	3 hours/Annually	Direct Services: Contractors	1/8/2024	4	Stephanie Ramos, Jennifer Churchill	Cal Voices
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	1/8/2024	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Cultural Competence	Improving Behavioral Health Equity: Individuals Living in Poverty	The goal of this course is to provide education to addictions, behavioral health counseling, case and care management, marriage and family therapy, non-licensed direct care, psychology, and social work professionals working in health and human services settings around improving behavioral health equity for individuals living in poverty.	1 hour/Once	Direct Services: Contractors	1/9/2024	1	Relias	Hope Cooperative
MH - Cultural Competence	Improving Behavioral Health Equity: Individuals with Hispanic and Latine Identities	Impacts of culture on social determinants of health	1 hour/Once	Direct Services: Contractors	1/9/2024	1	Relias	Hope Cooperative
MH - Recovery - Adult	How Your mental Health Lived Experience Can Heal Others	How peers can turn our mental health lived experience into a tool for inspiring others to heal.	1 hour/Once	Administration/Management; Direct Services: County Staff	1/9/2024	5	Phoebe Ho, University of Western Australia	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	Getting off the Couch: How to Incorporate Walking Therapy in your Practice	Guidelines and tips on how to have therapy sessions while walking	1 hours/Once	Direct Services: County Staff	1/10/2024	1	Jennifer Udler, LCSWC	Sacramento County Behavioral Health Services Qualified Individual Team
SUPT - Recovery - Adult	Ethics and Confidentiality/HIPAA	Trauma informed care including race, gender, cultural, considerations	2 hours/Annually	Administration/Management; Direct Services: Contractors; Support Staff	1/10/2024	53	John R. Durbin, CADC II, SUDCC II	WellSpace Health
MH - Recovery - Adult	Recovery Planning	Using SAMHSA's Four Major Dimensions of Recovery (health, home, purpose, community), this interactive workshop identifies essential characteristics of recovery-oriented services, the stages of recovery, and practical tools and resources to help clients create their own recovery plans, incorporating concepts of hope, recovery, and wellness; self-advocacy and client-driven care; contributions of peers, family members and allies; psychiatric rehabilitation and addiction recovery principles; cultural and structural influences; trauma-informed care; self-awareness and self-care; co-occurring disorders; facilitating conflict resolution; professional boundaries and ethics; safety and crisis planning; and navigation of and referral to appropriate services.	6 hours/Annually	Direct Services: Contractors	1/10/2024	14	Stephanie Ramos, Nicole Scanlan	Cal Voices
MH - Resiliency - Youth	Tom Osborn: A New Way To Help Young People With Their Mental Health	Beginning a peer support organization in his home country of Kenya for youths in the different communities across the country.	0.25 hours/Once	Direct Services: County Staff	1/10/2024	3	Tom Osborn, Kenya	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	What's Normal Anxiety and What's an Anxiety Disorder?	How to differentiate normal anxiety and an anxiety disorder and the most effective way or treating it.	0.25 hours/Once	Direct Services: County Staff	1/10/2024	4	Dr. Jen Gunter	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	How to Stay Calm When You Know You'll Be Stressed	Strategies we can do to help us be calm and have a positive outlook whenever a stressful situation happens. The training was virtual, and it was just a one time training.	0.5 hours/Once	Administration/Management; Direct Services: County Staff	1/10/2024	4	Daniel Levitin	Sacramento County Community Wellness Response Team (CWRT)
MH - Navigating Systems - Youth	Acceptance and Commitment Therapy	Overview of ACT, clinical techniques to increase psychological flexibility	12.25 hours/Once	Direct Services: County Staff	1/11/2024	2	Daniel J. Moran, PhD, BCBAD	Sacramento County Behavioral Health Services

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
SUPT - Family Focused - Youth	Drug Proof Your Youth - American Legion High School Staff Training	Current trends in youth substance use, drug paraphernalia popular with youth, and ways drugs, alcohol and medicine are being hidden in everyday objects undetected by adults in plain sight. Explore why alcohol & marijuana use is particularly harmful to the teen brain and how alcohol & marijuana retailers are using products & media to entice young people to use. Using real-life examples and demonstrations, uncover various types of hidden drug paraphernalia, ranging from household items to personal accessories and school supplies.	1 hour/Once	Support Services	1/11/2024	18	Briana Gutierrez	Omni Youth Programs
MH - Family Focused - Youth	NTTAC Event: Family Exchange - Peer Networking for Family Leaders who Foster and Support Family Engagement	Effective outreach efforts to work with families.	1 hour/Bi-monthly	Direct Services: County Staff	1/11/2024	5	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	School Crisis Recovery & Renewal	Schools are in crisis. How to support students and teachers.	4 hours/Once	Direct Services: County Staff	1/11/2024	1	Winter Institute of Educators	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Trauma Informed Care	Navigating issues related to those who have encountered trauma	6 hours/Once	Direct Services: Contractors	1/12/2024	45	Karen Brockopp	Hope Cooperative
MH - Cultural Competence	From Geography to Values to Socioecological Context: Understanding Cross-Cultural Differences in Psychology Research	Cross-cultural differences in psychology research	One hour/Annually	Administration/Management; Direct Services: Contractors; Support Services	1/12/2024	25	Yen-Ling Chen, PhD	UCD SacEDAPT
MH - Resiliency - Youth	RO - Crisis Prevention Intervention (CPI)	Covers de-escalation skills and education on crisis intervention techniques	8 hours/Semi-Annually	Direct Services: Contractors	1/12/2024	4	Jamie Swanton	River Oak Center for Children (ROCC)
SUPT - Recovery - Adult	Trauma Informed Treatment	Trauma and substance use disorder assessment and basic intervention strategies	3 hours/Annually	Administration/Management; Direct Services: Contractors	1/16/2024	18	B J Davis	Sacramento Recovery House
SUPT - Recovery - Adult	Psychoeducation and Between the Fives	Teaching clients what to expect and how to recover	3 hours/Annually	Administration/Management; Direct Services: Contractors	1/16/2024	18	B J Davis	Sacramento Recovery House
MH - Recovery - Adult	An Ex-Corporate Professional Turned Wellness Advocate - A Lived Experience Perspective	Learn from a person with lived experience about how someone can develop a mental health disorder, and they are able to overcome with proper treatment and community support.	1.5 hours/Once	Administration/Management; Direct Services: County Staff	1/16/2024	6	NTTAC Neisha Deed	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Cultural Considerations in Completing CalAIM Assessments	Understanding and incorporating cultural norms, values, and more in completing CalAIM assessments.	One hour/Annually	Administration/Management; Direct Services: Contractors	1/17/2024	0	Bethany Malenab, LMFT	Asian Pacific Community Counseling
SUPT - Navigating Systems - Youth	Youth Opioid Response Narcan Training	This training reviews opioids, overdose risk factors and indicators, and how to administer Narcan nasal spray during an overdose	1 hour/Annually	Direct Services: Contractors	1/18/2024	6	Zoom Training	PRO Youth and Families, Inc.
MH - Cultural Competence	Challenges and Rewards of Culturally Informed Approaches to Mental Health	Focuses on the challenges that can come into client care when we do not do our work with a cultural lens	2 hours/Annually	Administration/Management; Direct Services: Contractors	1/18/2024	16	Dr. Robertson	Capital Star Behavioral Health
MH - Recovery - Adult	Healing Centered Engagement: Placing Wellness at the Center of Service	Holistic healing and wellness for body and mind..	1 hour/Once	Administration/Management; Direct Services: County Staff	1/18/2024	6	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	SMART Learning Session 2	Self-Assessment for Modification of Anti-Racism Tool (SMART). Created by the American Association for Community Psychiatry (AACCP)	3 hours/once	Direct Services: County Staff	1/18/2024	89	Koby Rodrigues & Ebony Chambers McClinton	CIBHS
MH - Cultural Competence	It Ain't for the Faint of Heart: LGBTQ+ Elders Share Our Stories	Overview of an exploration of the Minority Stress Model with a focus on proximal and distal stress specific to older LGBTQ+ folks.	1.5 hours/Once	Direct Services: County Staff	1/19/2024	1	Robin P. McHaelen, MSW, Tina Jones, Ref. Aaron Miller, Nadine Ruff, LMSW/UCONN School of Social Work	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Family Focused - Youth	SafeTalk	Training for high school students; suicide prevention: SafeTalk training equips people to be more alert to someone thinking of suicide and better able to connect them with further help. Using a simple yet effective model, SafeTalk empowers everyone to make a difference.	3.5 hours/Once	Administration/Management; Direct Services: County Staff; Community Event	1/23/2024	12	Ivan Leshchuk and Roman Romaso	Slavic Assistance Center
MH - Recovery - Adult	Trauma and PTSD	Trauma and PTSD training for Ukrainian refugees	2 hours/Once	Administration/Management; Community Members/General Public; Community Event; Interpreters	1/25/2024	15	Ivan Leshchuk and Roman Romaso	Slavic Assistance Center
SUPT - Cultural Competence	REDI Foundations Learning Experience	PHI's mandatory training on the essential principles of racial equity, diversity and inclusion	1.5 hours/Once	Administrative/Management; Direct Services: Contractors	1/25/2024	6	Public Health Institute - Center for Collaborative Planning	Public Health Institute - Center for Collaborative Planning
MH - Recovery - Adult	Help for the Helper	Strategies to combat burnout	1 hour/Annually	Support Services	1/25/2024	7	Alison Hendricks	El Hogar Community Services, Inc.

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Peers and Clinicians Together (PACT): Looking Beyond Therapy: Redefining Health Through Holistic Wellness - January 2024.	Peers and Clinicians Together (PACT) is a free monthly series where you can ask anything that's on your mind of a mental health clinician and peer support	1.5 hours/Quarterly	Administration/Management; Direct Services: County Staff	1/25/2024	6	Lane Krumpas and Evelyn Clark (NTTAC)	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	Diagnosing and Treating Eating Disorders	Clinical skills in diagnosing eating disorders and treating	2 hours/Once	Administration/Management; Direct Services: Contractors	1/26/2024	36	Sara Coffill, LPHA	HeartLand Child & Family Services
MH - Recovery - Adult	Collaborative Communication	Based on Marshall Rosenberg's nonviolent communication: A Language of Life, this highly interactive training teaches peers to effectively engage in conversations with their supervisors and coworkers around important workplace issues and advocate for their work-related needs in healthy and productive ways. Peers use nonviolent communication skills to connect behaviors with underlying feelings and unmet needs, express their needs to others, actively listen to understand others' needs, and forge mutual solutions to proactively address challenges before minor setbacks evolve into major performance or interpersonal issues.	6 hours/Annually	Direct Services: Contractors	1/26/2024	12	Stephanie Ramos, Jennifer Churchill	Cal Voices
MH - Recovery - Adult	Tupin Scholars Grand Rounds	Methamphetamine use (heart failure, barriers to tx) developmental considerations in pediatric psychosis assessment natural supplements in adjunct to medication treatment treating children and adolescents with ASD	One hour/Annually	Administration/Management; Direct Services: Contractors; Support Services; Community Members/General Public	1/26/2024	68	Ivy Song, MD, Apurva Bhatt, MD, Anastasiya Haponyuk, MD	UCD SacEDAPT
MH - Family Focused - Youth	Functional Behavioral Assessment	Completing and utilizing the FBA in client service planning	4 hours/Once	Administration/Management; Direct Services: Contractors	1/29/2024	14	Karen Thompson	HeartLand Child & Family Services
SUPT - Recovery - Adult	Cognitive Behavioral Therapy	CBT & REBT Theories Perspective	3 hours/Annually	Administration/Management; Direct Services: Contractors	1/30/2024	15	B J Davis	Sacramento Recovery House
MH - Recovery - Adult	Responding to a Growing Demographic: Supporting Older Adult Populations within the Criminal Justice System	Focus on supporting older adults who have criminal justice involvement. Considerations related to the medical and social care needs of older adults and ways to support this population and improve outcomes. Strategies to address challenges faced by this demographic.	1.5 hours/Annually	Support Services	1/30/2024	1	Webinar	El Hogar Community Services, Inc.
MH - Resiliency - Youth	Youth Anxiety & Worry: What is Typical?	Myths and misunderstandings of youths and anxiety.	1 hour/Once	Administration/Management; Direct Services: County Staff	1/30/2024	6	SAMHSA	Sacramento County Community Wellness Response Team (CWRT)
MH - Family Focused - Youth	Human Trafficking Webinar Series - Supporting Students and Schools Through a Human Trafficking Report	Overview of steps people can take to report trafficking & best practices to support those reporting and youth involved in trafficking	1.5 hours/Once	Direct Services: County Staff	1/31/2024	1	Jill Brogdon, Kimberly Casey, Charisma De Los Reyes, Maria Trujillo	Sacramento County Behavioral Health Services Qualified Individual Team
SUPT - Navigating Systems - Youth	Understanding Passion for Substance Use Among College Students With and Without Cannabis Use Disorder	Substance use among college students. This session will explore the Dualistic Model of Passion (DMP) for substance use, and introduce its components (Obsessive Passion and Harmonious Passion) and their influences on substance use behaviors and use-related outcomes among college students. Additionally, the impacts of global events (e.g., the COVID-19 pandemic) on cannabis use and emotional well-being among college students with and without a cannabis use disorder.	1 hour/Once	Community Members/General Public	1/31/2024	1	HECAOD - Zoom	Omni Youth Programs
SUPT - Cultural Competence	Cultural Orientation Series: Hmong Cultures	One size doesn't fit all: Working effectively with diverse cultures	2 hours/Once	Direct Services: Contractors	2/1/2024	6	Kelley Lee	PRO Youth and Families, Inc.
MH - Recovery - Adult	Wellness Recovery Action Plan (WRAP)	WRAP is a simple and powerful process for creating the life and wellness you want. WRAP is a strength-based, self-help methodology to help individuals identify warning signs/events that may lead to difficulties and explore wellness strategies to overcome challenges.	16 hours/ Quarterly	Direct Services: Contractors; Community Members/General Public	2/1/2024	60	Katie Quarles, Sarah Tam	Cal Voices

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
SUPT - Cultural Competence	Cultural Orientation Series Working Effectively With Diverse Cultures One Size Doesn't Fit All - Part 4: Hmong Culture	Effective ways to engage and provide services to the Hmong culture while fostering acceptance of drug prevention & mental health services when needed	2 hours/Once	Support Services	2/1/2024	76	Cyan Vang, Lang Fang, Kelley Lee, Lindsay Lor, Ser Chengleng	Omni Youth Programs
SUPT - Cultural Competence	Cultural Orientation Series Part 4: Working Effectively with Diverse Cultures: One Size Doesn't Fit All - Hmong community	Understanding how to provide more effective, culturally responsive services to Hmong communities	2 hours/Once	Direct Services: Contractors	2/1/2024	2	Omni Youth Programs	Public Health Institute - Center for Collaborative Planning
MH - Cultural Competence	Cultural Humility and Cultural Competence	Cultural humility and cultural competence are both ways of understanding and appreciating cultural differences	1 hour/Once	Administration/Management; Direct Services: County Staff	2/1/2024	9	Casandra Bowers Wayne St.	Sacramento County Community Wellness Response Team (CWRT)
MH - Navigating Systems - Youth	Transforming the Crisis Care Experience in California	Focuses on the key practice shifts that will transform mobile crisis systems and the broader crisis care experience in California.	1 hour/Once	Administration/Management; Direct Services: County Staff	2/1/2024	5	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Navigating Systems - Youth	Crisis Response Strategies for Children, Youth, and Families	Working with families and youth experiencing a behavioral health crisis.	1 hour/Once		2/1/2024	5	Youth Suicide Prevention Network	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	UCD SCIP-Step CBCM Training	Training in diagnosing and treating early psychosis in youth with CBD	16 hours/Once	Administration/Management; Direct Services: Contractors	2/5/2024	46	Sabrina Hope, Shirley T Yau, Daniel Shapiro, Yen-Ling Chen	HeartLand Child & Family Services
MH - Cultural Competence	Introduction to Culturally Responsive Crisis Care for Tribal and Urban Indian People	A history of genocidal practices, cultural assaults, and continuing oppression contribute to high rates of mental health and substance use disorders. Underresourced mental health care and numerous barriers to services maintain these disparities.	1 hour/Once	Administration/Management; Direct Services: County Staff	2/7/2024	7	MTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Friend or Foe: The Impact of Social Media on the Mental Health of LGBTQ+ Youth & Implications for Practice	Describe the role of social media on LGBTQ+ mental health; Articulate the benefits and challenges of online engagement; identify several strategies to integrate into practice.	1 hour/Once	Direct Services: County Staff	2/7/2024	1	Shelly Craig, PhD, UCONN School of Social Work	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Recovery - Adult	Understanding your Teen	Training for Slavic parents; prevention of children's mental health disorders and substance abuse	2 hours/Annually	Administration/Management; Community Event; Interpreters	2/8/2024	17	Ivan Leshchuk	Slavic Assistance Center
MH - Cultural Competence	Improving Sexual Health Education with Black and Latinx LGBTQ+ Young People	Common myths and stereotypes about behavior and identity that impact sexual health education of Black and Latinx LGBTQ+ young people	1.5 hours/Once	Direct Services: County Staff	2/8/2024	1	Shelly Craig, PhD, UCONN School of Social Work	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Cultural Competence	Universal Trauma Informed Care Training	Learn how to support clients who have experienced trauma and understand how trauma affects healing.	4 hours/Annually	Support Services	2/9/2024	0	HealthNet	Sacramento LGBT Community Center
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	2/12/2024	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Recovery - Adult	Behavioral Health Leaders: Implementing Trauma-Informed Leadership	This course explains key aspects of trauma-informed leadership while offering you the opportunity to apply strategies through simulated interactions with employees	1 hour/Once	Administration/Management	2/12/2024	1	Relias	Hope Cooperative
MH - Recovery - Adult	Peers and Clinicians Together (PACT): Looking Beyond Therapy: Redefining Health Through Holistic Wellness	The importance of peers in providing behavioral health services.	1 hour/Bi-monthly	Administration/Management; Direct Services: County Staff	2/13/2024	5	Northwest MHTTC/SAMHSA	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Peer & Clinicians (PACT) interview with a specialist: Recovery Concepts	Wellness and recovery. What does it really mean.	1.5 hours/Once	Direct Services: County Staff	2/13/2024	7	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Initial Engagement Strategies for Working with LGBTQ+ Clients	A tool for behavioral health clinicians to actively display a positive and affirming attitude to working with this population.	30 minutes/Once	Direct Services: County Staff	2/13/2024	1	UCONN School of Social Work	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Navigating Systems - Youth	Mental Health & Homelessness United Way	The impact of homelessness on mental health and prevention strategies.	1 hour/Once	Administration/Management; Direct Services: County Staff	2/14/2024	5	United Way	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	WellSpace Crisis Receiving for Behavioral Health (CRBH)	Overview of CRBH services and resources	0.75 hours/Once	Administration/Management; Direct Services: Contractors	2/15/2024	35	Stephanie Wilson, LMFT	Turning Point Community Programs - Mental Health Urgent Care Clinic (MHUCC)
MH - Recovery - Adult	Crisis Residential Program (CRP) Intake and Referrals	Crisis Residential Program (CRP) referral process and eligibility criteria	0.75 hours/Once	Administration/Management; Direct Services: Contractors	2/15/2024	35	Nou, Joshua, Lang, Jasmine	Turning Point Community Programs - Mental Health Urgent Care Clinic
MH - Cultural Competence	Supporting Black Mental Wellness: Switching from Object to Subject	There is more of a stigma in reaching out and seeking professional mental-health help among the Black community than the white community	1 hour/Once	Administration/Management; Direct Services: County Staff	2/15/2024	6	NTTAC / UCSF	Sacramento County Community Wellness Response Team (CWRT)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
SUPT - Recovery - Adult	Motivational Interviewing: Core Concepts	Motivational Interviewing (including culturally relevant tips)	3 hours/ Twice per year	Direct Services: Contractors	2/16/2024	15	Corlina Eisert, CADC II, SUDCC II	Bridges Professional Treatment Services
MH - Cultural Competence	Amplifying Black Voices: Overcoming Institutionalized Racial Discrimination in Integrated Care	This empowering panel discussion celebrates Black excellence through resilience, resistance and triumph over institutionalized racial discrimination, particularly in the context of health equity and leadership in integrated care settings.	1 hour/Once	Administration/Management; Direct Services: County Staff	2/16/2024	7	Black CAARD	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Improving Behavioral Health Equity: People Who Are LGBTQ+	The goal of this course is to provide education to addictions, behavioral health counseling, case and care management, marriage and family therapy, non-licensed direct care, psychology, and social work professionals working in health and human services settings about improving behavioral health equity for people who are LGBTQ+.	1 hour/Once	Direct Services: Contractors	2/17/2024	1	Relias	Hope Cooperative
MH - Cultural Competence	How to Deconstruct Racism One Headline At a Time	This training is about how to deal with media and racism	1.5 hours/Annually	Administration/Management; Direct Services: Contractors	2/19/2024	17	Emily Smith	Capital Star Behavioral Health
MH - Cultural Competence	Behavior Health Equity Best Practices for African Americans	How to better serve the Black community and dealing with misconceptions around mental health	1 hour/Once	Administration/Management; Direct Services: County Staff	2/20/2024	7	SAMHSA	Sacramento County Community Wellness Response Team (CWRT)
MH - Navigating Systems - Youth	Tupin Grand Rounds - Developing and testing interventions to reduce suicide risk	Newer behavioral interventions to reduce suicidal behaviors, strategies for health systems to deliver targeted suicide prevention interventions	One hour/Annually	Administration/Management; Direct Services: Contractors; Support Services; Community Members/General Public	2/23/2024	68	Mark Ilgen, PhD	UCD SacEDAPT
MH - Cultural Competence	Mothers Matter: Clinical Practice with BIPOC Mothers	Clinical practice with BIPOC mothers	1.5 hours/Once	Administration/Management; Direct Services: County Staff	2/23/2024	2	The Chicago School	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Cultural Competence	Ghosts in the Frontera Integrating Trauma Healing and Migrant Justice During the Perinatal Period	Trauma processing and providing trauma informed care to pregnant peoples	1.5 hours/Once	Direct Services: County Staff	2/24/2024	1	First 5 Alameda	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Resiliency - Youth	Dialectical Behavior Therapy Skills	DBT skills and interventions	1 hour/Once	Administration/Management; Direct Services: Contractors	2/26/2024	19	Alexus Higa, LCSW	HeartLand Child & Family Services
MH - Cultural Competence	Black 365 Kickoff: One Community United in Blackness: A Celebration of Working While Black	Training focussing on creating cultural awareness of unique challenges facing Black workers.	1 hour/Once	Administration/Management	2/26/2024	1	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
SUPT - Navigating Systems - Youth	Drug Identification & Recognition: The Opioid Crisis in America Training	An overview of the chemical and legal classification of opioids and examine the national epidemic of opioid abuse.	2 hours/Once	Administration/Management	2/27/2024	1	National Criminal Justice Training Center (on demand training)	Omni Youth Programs
SUPT - Family Focused - Youth	Preventing Underage Substance Use (in Spanish)	Provided training on underage alcohol and marijuana use prevention to a Spanish speaking audience with interpreters and translated materials. Presented to Valley Hi Family Resource Center parents.	One hour/Once	Community Members/General Public	2/27/2024	13	Public Health Institute - Center for Collaborative Planning	Public Health Institute - Center for Collaborative Planning
SUPT - Recovery - Adult	Trauma Informed Care: Including Race/Gender	Trauma informed care including race, gender, cultural, considerations	2 hours/Annually	Administration/Management; Direct Services: Contractors	2/28/2024	42	John R. Durbin, CADC II, SUDCC II	WellSpace Health
MH - Resiliency - Youth	RO-TF-CBT Online Training	Comprised of 11 learning modules that cover the foundations of TF-CBT and each of the treatment components	11 hours/Once	Direct Services: Contractors	2/28/2024	6	Medical University of South Carolina	River Oak Center for Children (ROCC)
SUPT - Cultural Competence	African-American Issues in SUD	Cultural awareness in substance use disorder treatment	One hour/Once	Administration/Management; Direct Services: Contractors; Support Services	2/29/2024	40	Rene Record, LaTanya McLeod	C.O.R.E. Medical Clinic, Inc.
MH - Cultural Competence	Evolutionary Approach to Black Mental Health and Wellness	We speak with experts on the importance of Black mental health, including how to prompt real change that benefits everyone in Black communities.	1 hour/Once	Administration/Management; Direct Services: County Staff	2/29/2024	8	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Black Californians' Experiences of Homelessness: Findings from CASPEH	The impacts of racism and intergenerational poverty and how it contributes to homelessness of Black people.	1 hour/Once	Administration/Management; Direct Services: County Staff	3/1/2024	6	UCSF / CASPEH	Sacramento County Community Wellness Response Team (CWRT)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	San Francisco's Fentanyl Crisis (Wealth and Disparities in the Black Community)	The impact of fentanyl on the Black communities in San Francisco.	1 hour/Once	Administration/Management; Direct Services: County Staff	3/1/2024	11	UCSF	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Best Practices for Opioid Use Disorder	Opioid use disorder and treatment options.	1 hour/Once	Administration/Management; Direct Services: County Staff	3/1/2024	10	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Family Focused - Youth	Family Exchange - Parent Peer Support	Supporting our young people in ways they need and understand.	1 hour/Once		3/1/2024	2	Cal Voices	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	PS MHTTC Event: Rooting Young Adult Supports & Services in Culturally Sustaining Values & Practices	Expand our organizational and individual capacity to support young adult holistic wellness, critical consciousness development, and collective healing	1 hour/Once	Administration/Management; Direct Services: County Staff	3/1/2024	8	MHTTC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Centering an Anti-Racist, Trauma-Informed, and Culturally-Responsive Lens in IECMHC with Latin American Children, Families, and Communities	Early childhood mental health consultants and supervisors to strengthen cultural responsiveness in IECMHC for children and families in Tribal, African American, Latine, and Asian American and Pacific Islander communities. The resources include promising practices aligned with the revised IECMHC competencies to strengthen culturally and linguistically responsive IECMHC practices. This second resource focuses on the importance of anti-racist, trauma-informed, and culturally-responsive practices for IECMH consultants, supervisors, and leaders working with Latin American children, families, and communities.	1.5 hours/Once	Administration/Management; Direct Services: County Staff	3/1/2024	2	Georgetown University	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
SUPT - Family Focused - Youth	Preventing Underage Substance Use - Parenting Black Youth	Provided training on underage alcohol and marijuana use prevention to parents of Black youth. Presented to Valley Hi Family Resource Center parents.	One hour/Once	Community Members/General Public	3/6/2024	17	Public Health Institute - Center for Collaborative Planning	Public Health Institute - Center for Collaborative Planning
SUPT - Cultural Competence	Overcoming Barriers to LGBTQ+ Affirming Behavioral Health Services	This course helps to improve your ability to understand the unique needs of LGBTQ+ populations and provide affirming care that addresses those needs.	1.5 hours/Once	Direct Services: Contractors; Support Services	3/7/2024	17	Relias	Walter's House
SUPT - Cultural Competence	Cultural Competence and Healthcare	This course discusses cultural competence and how organizations can use cultural competency to create an atmosphere of inclusion.	30 minutes/Once	Direct Services: Contractors; Support Services	3/7/2024	17	Relias	Walter's House
MH - Cultural Competence	Health Equity in ADHD	Addressing racial disparities in diagnosis & treatment	1 hour/Once	Direct Services: County Staff	3/7/2024	1	Napoleon Higgins ADDitude Strategies & Support for ADHD and Beyond	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Resiliency - Youth	Kids Crisis Unit and Mobile Team	Dealing with children in crisis in hospital setting and interactions when responding on a mobile call appropriately	1 hour/Once	Administration/Management; Direct Services: County Staff	3/8/2024	6	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Navigating Systems - Youth	Kids Crisis Unit & Mobile Team	The Children's Mobile Crisis 24/7 Hotline is for youth experiencing a mental or behavioral health emergency.	1 hour/Once	Direct Services: County Staff	3/8/2024	2	988 Crisis Jam - WellSpace	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	Understanding Trauma: Found	Provided an overview of the impact of trauma, taking a trauma history, child's response to trauma & behaviors	2 hours/Once	Direct Services: County Staff	3/11/2024	4	Bessel Van Der Kolk, M.D.	Sacramento County Behavioral Health Services
MH - Cultural Competence	Homicide and Grief Among Black Youth	Discusses how violent losses affect the black youth community	1.5 hours/Once	Direct Services: County Staff	3/12/2024	1	Tashel Bordere	Sacramento County Behavioral Health Services
MH - Cultural Competence	Cultural Competency	5 Key Elements of Cultural Competency in an individual: 1. Awareness and acceptance of difference 2. Awareness of own cultural values 3. Understanding the dynamics of difference 4. Development of cultural knowledge 5. Ability to adapt practice to the cultural context of the client	3 hours/Quarterly	Direct Services: Contractors; Support Services	3/12/2024	19	Erin Reynolds & Terrell Thomas	Stanford Sierra Youth & Families (SSYAF)
MH - Cultural Competence	Leadership and Management Skills	Training for supervisors and managers to effectively communicate and coach a diverse team	16 Hours/Once	Administration/Management	3/12/2024	32	Skillpath	El Hogar Community Services, Inc.
MH - Resiliency - Youth	10 Things Adults Say That Discourage Teens & How To Encourage Healthy Choices (SUMMIT)	Procrastination, lack of motivation, inability to follow through, not wanting to pursue much of anything	2 hours/Annually	Direct Services: County Staff	3/12/2024	1	Sacramento County	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Lessons from the Field Webinar - Welcoming Newcomer Students	Discussion of barriers and challenges from youth immigrating from other countries	1.5 hours/Once	Direct Services: County Staff	3/13/2024	1	Brenda Custodio, Montserrat Garibay, Sara-Jean Lipmen, Judith O'Loughlin, Sary Portillo, Megan Ritter, Angelia Ross	Sacramento County Behavioral Health Services Qualified Individual Team

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
SUPT - Recovery - Adult	Trauma Informed Care	Trauma informed care overview and strategies	1 Hour/Annually	Administration/Management; Direct Services: Contractors	3/13/2024	10	Sherman Haggerty	Volunteers of America - NCNN
SUPT - Navigating Systems - Youth	SCCY Prevention Summit	Bringing together educators, parents, prevention & treatment providers, community agencies, medical professionals, law enforcement and community members to educate and build capacity around youth substance use prevention	8 hours/Annually	Direct Services: Contractors	3/14/2024	6	Multiple Presenters	PRO Youth and Families, Inc.
MH - Resiliency - Youth	Introduction To Youth/Young Adult Suicide Prevention (SUMMIT)	Youth suicide crisis and prevention strategies.	2 hours/Annually	Direct Services: County Staff	3/14/2024	1	Sacramento County	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	Beyond the Hashtags: Navigating Youth Substance Use in the Digital Age (Summit)	Social media and substance abuse in youth and prevention strategies.	2 hours/Annually	Direct Services: County Staff	3/14/2024	1	Sacramento County	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	The Complexity of Adaptation	Overview of complex trauma, domains of impairment, survival based adaptation, diagnosis, & case application	2.75 hours/Once	Direct Services: County Staff	3/17/2024	4	Jana Pressley, PhD	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Resiliency - Youth	The Nature of Trauma: Developmental Neurobiology, Neuroimaging Research and Effective Intervention	Overview of neurobiology, the impact of trauma on the brain, traumatic memories, dissociation	1.75 hours/Once	Direct Services: County Staff	3/18/2024	4	Bessel Van Der Kolk, M.D.	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Resiliency - Youth	Supporting Clients Experiencing Suicidal Ideation and Meaningful Safety Planning	Assessing for suicidal thoughts, plans, means and safety planning	2 hours/Annually	Administration/Management; Direct Services: Contractors	3/18/2024	328	Jillian Faucett, LMFT	HeartLand Child & Family Services
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	3/18/2024	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Cultural Competence	Substance Use Disorders and HIV in the African American Community: Updates and Trends with Dr. Lawrence Bryant	Discussion of HIV and AIDS transmitted from substance use	1.5 hours/Once	Direct Services: County Staff	3/19/2024	1	Dr. Lawrence Bryant	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Cultural Competence	How to Overcome Our Biases	This training focuses on the importance of knowing our own biases and how to combat them	3 hours/Annually	Administration/Management; Direct Services: Contractors	3/19/2024	24	Dr. Johnson	Capital Star Behavioral Health
MH - Cultural Competence	Equity Grounded Coaching Supervisor Training	The Equity-Grounded Leadership (EGL) Fellow Program is an immersive 11-month leadership development experience	1 hour/Once	Administration/Management	3/19/2024	1	Equity Grounded Coaching Supervisor Training	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Ask Our Experts: Supporting the Mental Health of Trans & Gender Diverse Youth Amid Anti-Trans Legislation	Connect with clinical and legal experts from across the country on supporting the mental health of trans youth affected by legislation and the rights of trans people.	1 hour/Once	Direct Services: County Staff	3/19/2024	1	Dr. Christopher Bellonci; Ashley Austin, Ph.D., Ryan Papciak; Christina Wilsin Remlin; Daniele Gerard/ UCONN School of Social Work	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Cultural Competence	SMART Learning Session 3	Self-Assessment for Modification of Anti-Racism Tool (SMART). Created by the American Association for Community Psychiatry (AACP)	3 hours/once	Direct Services: County Staff	3/19/2024	79	Koby Rodrigues & Ebony Chambers McCClinton	CIBHS
MH - Cultural Competence	Cultural Considerations Related to Suicide	This course examines the specific ways cultural factors impact suicide risk and outcomes	1 hour/Once	Direct Services: Contractors	3/20/2024	1	Relias	Hope Cooperative
MH - Recovery - Adult	Recovery Concepts	This training is based on SAMHSA's working definition of recovery and introduces key recovery concepts to facilitate understanding of recovery and recovery-oriented care as it relates to behavioral health and the Peer Support Specialist role.	2 hours/Annually	Direct Services: County Staff; Direct Services: Contractors	3/21/2024	34	Zaunamaat Nuru-Bates, Jennifer churchill	Cal Voices
MH - Family Focused - Youth	Developmental Pediatric Behaviors	Skills and resources for children with neurodevelopmental disorders	0.75 hours/Once	Administration/Management; Direct Services: Contractors	3/21/2024	37	Cherice	Turning Point Community Programs - Mental Health Urgent Care Clinic
MH - Cultural Competence	Trauma-Informed Care	How to respond and recognize trauma in the clients we serve	0.75 hours/Once	Administration/Management; Direct Services: Contractors	3/21/2024	37	Rachele Veliz	Turning Point Community Programs - Mental Health Urgent Care Clinic
MH - Navigating Systems - Youth	NTTAC Event: Family Exchange: Tools to Survive the Juvenile Justice System	What happens when your youth is arrested and how to navigate the justice system.	1 hour/Once	Administration/Management; Direct Services: County Staff	3/26/2024	4	NTTAC	Sacramento County Community Wellness Response Team (CWRT)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Recovery - Adult	Recovery-Oriented Workplace	This course addresses the standards for recovery-oriented systems and services, and includes a questionnaire for organizations to assess their own programs. We will discuss common challenges to recovery-oriented workplaces and strategies to address these challenges.	1 hour/Annually	Direct Services: County Staff; Direct Services: Contractors	3/27/2024	6	Stephanie Ramos, Jennifer Churchill	Cal Voices
SUPT - Family Focused - Youth	Drug Proof Your Youth - St. Hope School Staff Training	Current trends in youth substance use, drug paraphernalia popular with youth, and ways drugs, alcohol and medicine are being hidden in everyday objects undetected by adults in plain sight. Explore why alcohol & marijuana use is particularly harmful to the teen brain and how alcohol & marijuana retailers are using products & media to entice young people to use. Using real-life examples and demonstrations, uncover various types of hidden drug paraphernalia, ranging from household items to personal accessories and school supplies.	1 hour/Once	Support Services	3/27/2024	5	Briana Gutierrez	Omni Youth Programs
MH - Cultural Competence	Advancing Trans Health Equity through Supportive and Protective Environments	Addressed the importance of supportive and protective environments for building trans health equity	1 hour/Once	Direct Services: County Staff	3/28/2024	1	Gabe H. Miller, PhD	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Resiliency - Youth	Neurobiology of Trauma Treatment: EMDR and New Research Directions	Discussion of how trauma affects one's neurobiology & biology, & treatment approaches for trauma	2.75 hours/Once	Direct Services: County Staff	3/28/2024	4	Bessel Van Der Kolk, M.D.	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Recovery - Adult	Mental Health First Aid	How to identify, understand and respond to signs of mental health and substance use challenges in adults.	8 hours/Annually	Support Services	3/29/2024	1	Webinar	El Hogar Community Services, Inc.
MH - Cultural Competence	Cultural Insight Activity: Neurodiversity	Quarterly Cultural Insight Activity hosted in team meetings across the agency. Training emphasized understanding neurodiversity in the community and workplace.	1 hour/Quarterly	Administration/Management; Direct Services: Contractors; Support Services	3/30/2024	230	SSYAF leadership	Stanford Sierra Youth & Families (SSYAF)
MH - Recovery - Adult	Evidence-based Harm Reduction to Support HIV Screening - Strategies for Health Centers	FQHC's and efficient and effective ways to promote HIV Screening.	1.5 hours/Once	Administration/Management; Direct Services: County Staff	4/3/2024	4	HRSA	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Affirming Mental Health Treatment-Working with LGBTQ+ Youth Parts 1 & 2	Seminar on the defining and understanding what affirming mental health treatment is and specific strategies for parents and affirming assessments and interventions for children and youth	3 hours/Annually	Administration/Management; Direct Services: Contractors	4/4/2024	24	Michele Ornelas Knight, Psy.D	UCD CAARE Center
MH - Recovery - Adult	Naloxone in Public Housing: Success in St. Louis	In 2022, over a 36-hour period, St. Louis experienced the deadliest mass drug overdose event in the city's history, leading to 11 overdoses and 7 deaths. These overdoses occurred at Parkview Apartments, public housing run by the St. Louis Public Housing Authority.	1.5 hours/Once	Administration/Management	4/4/2024	1	St. Louis Coalition of Providers	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	The Roles Intersectionality & Cultural Humility Play When Working with Diverse Client Populations	Overview on the intersection of trauma, racism and oppression across the life span	2 hours/Once	Direct Services: County Staff	4/5/2024	4	Gary Bailey, MSW, ACSW	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Resiliency - Youth	Anti-Trafficking Outreach Training Specialist	Intro to anti-trafficking outreach, indentifying and supporting victims of CSEC	1 hour/Once	Administration/Management; Direct Services: Contractors; Support Staff	4/8/2024	104	Rodger Freedman	HeartLand Child & Family Services
MH - Cultural Competence	Ethical Practice with Transgender Youth and Families in the Context of Bans on Gender Affirming Care in the U.S. - COA.	Overview of the state of gender affirming care bans and threats to ban gender affirming care across the U.S.	1.5 hours/Once	Direct Services: County Staff	4/9/2024	1	Meg S. Pacey, LMSW, PhD, Melissa Santos, PhD	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Cultural Competence	Cultural Humility as a Framework in Advancing Justice, Equity, Diversity, and Inclusion	The application of cultural humility as a tool to promote justice, equity, diversity, and inclusion (JEDI) in the clinical setting. Cultural humility, a framework deeply rooted in various sectors including clinical practice.	2 hours/once	Direct Services: County Staff	4/11/2024	633	Dr. Jei Africa	CIBHS
MH - Cultural Competence	Cultural Humility as a Framework in Advancing Justice, Equity, Diversity, and Inclusion-RECORDED version	The application of cultural humility as a tool to promote justice, equity, diversity, and inclusion (JEDI) in the clinical setting. Cultural humility, a framework deeply rooted in various sectors including clinical practice.	2 hours/once	Direct Services: County Staff	4/11/2024	705	Dr. Jei Africa	CIBHS
SUPT - Recovery - Adult	De-escalation Training	De-escalation and safety tips	2 Hours/Annually	Administration/Management; Direct Services: Contractors	4/12/2024	10	Maurice Bailey	Volunteers of America - NCCN

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	The Field Guide for Barefoot Psychology: Making Psychoeducation Relevant and Scalable across Cultures	Overview of history of trauma & symptoms globally, and providing mental health services to Middle Eastern countries	2.5 hours/Once	Direct Services: County Staff	4/15/2024	4	Vivian Khedari-DePiero, PhD Michael Niconchuk, MSC	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Family Focused - Youth	Family Therapy Interventions	Family therapy interventions and skills	1 hour/Once	Administration/Management; Direct Services: Contractors	4/15/2024	24	Alexus Higa, LCSW	HeartLand Child & Family Services
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	4/15/2024	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Navigating Systems - Youth	Reclaiming California's Mental Health Leadership: Prioritizing Community Empowerment	Focuses on the key practice shifts that will transform mobile crisis systems and the broader crisis care experience in California. It also includes a panel discussion with individuals who have lived crisis response experiences.	1 hour/Once	Administration/Management; Direct Services: County Staff	4/15/2024	7	Cal Voices	Sacramento County Community Wellness Response Team (CWRT)
SUPT - Family Focused - Youth	Hidden in Plain Sight – Folsom Cordova Unified School District Teacher & Staff	Current trends in youth substance use, drug paraphernalia popular with youth, and ways drugs, alcohol and medicine are being hidden in everyday objects undetected by adults in plain sight. Explore why alcohol & marijuana use is particularly harmful to the teen brain and how alcohol & marijuana retailers are using products & media to entice young people to use. Using real-life examples and demonstrations, uncover various types of hidden drug paraphernalia, ranging from household items to personal accessories and school supplies.	1 hour/Once	Support Services	4/16/2024	6	Shari Egeland	Omni Youth Programs
MH - Resiliency - Youth	Empowering Resilience: Strategies for Supporting Latinx Mental Well-Being	Understanding of Latine cultural norms, history, and language; review of trauma and treatment interventions	4 hours/Once	Administration/Management; Direct Services: Contractors; Support Services	4/18/2024	43	Elizabeth Mota-Garcia, LCSW, Rocio Franco Esquiviza, LCSW, Karina Muro, PhD	UCD CAARE Center
MH - Recovery - Adult	Ethics for Medi-Cal Peer Support Specialists	This interactive workshop covers peer support ethics including conflicts of interest, setting and maintaining appropriate interpersonal boundaries, client confidentiality, and navigating ethical dilemmas.	2 hours/Annually	Direct Services: County Staff; Direct Services: Contractors	4/18/2024	48	Jennifer Churchill, Nicole Scanlan	Cal Voices
SUPT - Resiliency - Youth	Trauma Through the Lens of Polyvagal Theory	Discussion of using the polyvagal theory in treating trauma	1.75 hours/Once	Direct Services: County Staff	4/19/2024	4	Bessel Van Der Kolk, M.D. & Steven Porges, PhD	Sacramento County Behavioral Health Services
MH - Recovery - Adult	Psychological Health and Safety	What are psychological health and safety hazards in the workplace? How can these hazards be addressed? Why does it even matter? All of these questions are addressed, along with the unique factors relevant to peer support positions and programs.	1 hour/Annually	Direct Services: County Staff; Direct Services: Contractors	4/24/2024	15	Nicole Scanlan, Zaunamaat Nuru-Bates	Cal Voices
MH - Resiliency - Youth	Family Exchange: Unlocking the Power of Fatherhood: Elevating Mental Wellness in Families	The role of father's in the family, qualitative play, and wellness.	1 hour/Quarterly	Administration/Management; Direct Services: County Staff	4/24/2024	8	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Family Focused - Youth	Family Exchange: The Ripple Effect: Caregiver Burnout Prevention	Necessary self-care to prevent burnout and disease.	1 hour/Once	Administration/Management; Direct Services: County Staff	4/24/2024	6	NTTAC & PS MHTTC	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Resources for Opioid and Alcohol Use Disorders	Sacramento County Behavioral Health Services and UC Davis have partnered to bring providers a new webinar series called "Collaborative Resource Roundtable" to address your CalAIM and whole person care questions and curiosities!	1.5 hours/Once	Administration/Management; Direct Services: County Staff	4/24/2024	7	Trisha Parker and James Her (Sacramento County SUPT)	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Black 365 Healing Impoverishment and Restoration: Black Women	The strength, resiliency, and power of Black women.	1 hour/Once	Administration/Management; Direct Services: County Staff	4/25/2024	9	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Centering Asian American, Native Hawaiian, and Pacific Islander Children and Families to Combat Racial Bias and Promote Connection & Belonging in Infant and Early Childhood	Early childhood mental health consultants and supervisors to strengthen cultural responsiveness in IECMHC for children and families in Tribal, African American, Latine, and Asian American, Native Hawaiian, and Pacific Islander communities (AANHPI). The resources include promising practices aligned with the revised IECMHC competencies to strengthen culturally and linguistically responsive IECMHC practices. This third resource focuses on the importance of combating anti-AANHPI bias and promoting connection & belonging for IECMH consultants, supervisors, and leaders working with AANHPI children, families, and communities	1.5 hours/Once	Administration/Management; Direct Services: County Staff	4/25/2024	2	Georgetown University	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
SUPT - Recovery - Adult	Progressive Engagement	Overview and strategies of progressive engagement	1 Hour/Annually	Administration/Management; Direct Services: Contractors	4/27/2024	4	Maurice Bailey	Volunteers of America - NCNN
MH - Cultural Competence	Creating Purposeful Spaces of Inclusion and Belonging: A Conversation with Ruchika Tulshyan	What does it mean to create a culture of "belonging" within your collective work?	2 hours/Once	Administration/Management	4/30/2024	6	Ruchika Tulshyan	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Trauma Assessment of Children and Adults	Overview of trauma evaluations, including objective and subjective measures	2 hours/Once	Direct Services: County Staff	5/1/2024	4	Alexandra Cook, PhD	Sacramento County Behavioral Health Services
MH - Family Focused - Youth	Working With Families in Crisis	Effective family systems interventions.	1 hour/Once	Administration/Management; Direct Services: County Staff	5/3/2024	5	NAMI	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Alzheimer Association - Brain Health	Education on dementia and how to keep your brain healthy for elderly for staff and general public	One hour/Once	Community Members/General Public; Community Based Organizations/Agency Board of Directors	5/7/2024	75	Ingrid Villeda	Iu Mien Community Services
MH - Family Focused - Youth	SafeTalk	Training for high school students; suicide prevention: SafeTalk training equips people to be more alert to someone thinking of suicide and better able to connect them with further help. Using a simple yet effective model, SafeTalk empowers everyone to make a difference.	3.5 hour/Once	Administration/Management; Direct Services: County Staff; Community Event	5/7/2024	14	Ivan Leshchuk and Roman Romaso	Slavic Assistance Center
MH - Cultural Competence	Cultural Insight Activity: Cultural Competence CFT	Cultural Competency for Sacramento County Child and Adult providers	1.5 hours/Once	Direct Services: Contractors	5/7/2024	33	Ebony Chambers-McClinton	Stanford Sierra Youth & Families (SSYAF)
MH - Cultural Competence	Implicit Bias Awareness Training	Reduce implicit bias and increase awareness and self reflection	3 hours/Once	Direct Services: County Staff	5/7/2024	2	Dr. Bryant Marks	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Cultural Competence	Implicit Bias Awareness and Mitigation Training - Northern Sacramento	Keeping awareness in our day to day work, which can inform disparities in African American and other minorities.	3 hours/Once	Direct Services: County Staff	5/7/2024	1	Dr. Bryant Marks	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Cultural Competence	Cultural Competence Refresher	Goal of this training is to help behavioral health professionals to increase their cultural and linguistic competency through lessons such as "Know thy Self - Increasing Self Awareness", "Knowing Others - Increasing Awareness of your Clients' Cultural Identity", and "Culturally and Linguistically Interventions and Services", etc.	4 hours/Annually	Administration/Management; Direct Services: Contractors	5/8/2024	38	Fredrick Rivers	G.L.O.M.
SUPT - Recovery - Adult	Certified Laughter Coach	Crisis intervention, counseling theories, coaching, motivating with happiness, counselor burn out, laughter therapy	24 hours/One time	Administration/Management; Direct Services: Contractors	5/9/2024	45	Dr. Kathie Mathis	Progress House, Inc.
MH - Resiliency - Youth	Tackling the Youth Mental Health	Social media, peer pressure, and risk factors for youth.	1 hour/Once	Direct Services: County Staff	5/9/2024	3	AMA	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Equity and Inclusion for People with Disabilities in Behavioral Health Services	Ensuring compliance with the Americans with Disabilities Act (ADA) while effectively serving clients with disabilities.. We will provide a brief history of the Americans with Disabilities Act (ADA) and relevant state laws, discuss your responsibilities in providing equitable services to clients with disabilities.	2 hours/once	Direct Services: County Staff	5/9/2024	651	Cheryl Bennett	CIBHS
MH - Cultural Competence	Equity and Inclusion for People with Disabilities in Behavioral Health Services	Ensuring compliance with the Americans with Disabilities Act (ADA) while effectively serving clients with disabilities.. We will provide a brief history of the Americans with Disabilities Act (ADA) and relevant state laws, discuss your responsibilities in providing equitable services to clients with disabilities.	2 hours/once	Direct Services: County Staff	5/9/2024	295	Cheryl Bennett	CIBHS
MH - Resiliency - Youth	Mental Health in Older Teens and College Aged People	Coming of age with a serious mental health issue.	1 hour/Once	Direct Services: County Staff	5/10/2024	3	University of Michigan School of Medicine	Sacramento County Community Wellness Response Team (CWRT)
MH - Resiliency - Youth	Stigma and Discrimination for Transitional Age Youth 16-24	Peer pressure and isolation of TAY experiencing mental health issues	1 hour/Once	Direct Services: County Staff	5/10/2024	3	Disabilities Rights California	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Defining and Screening for Transphobia-Driven Intimate Partner Violence (IPV)	Discusses screening and supporting transgender and gender expansive survivors of IPV	1 hour/Once	Direct Services: County Staff	5/14/2024	1	Beth J. Maclin, PhD, MPH, Sarah M. Peitzmeier, PhD	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Resiliency - Youth	Attachment, Trauma, and the Seven Core Issues in Adoption/Permanency	Discussed 7 core issues in adoption/permanency, types and symptoms of traumatic loss & complex trauma	2 hours/Once	Direct Services: County Staff	5/15/2024	1	Allison Davis Maxon, M.S., LMFT	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Resiliency - Youth	California Mental Health Advocacy for Children and Youth	Conference for those interested in advocating and promoting the policies, programs, and practices that enhance the well-being of vulnerable children, youth and families	24 hours/Annually	Administration/Management; Direct Services: Contractors	5/15/2024	33	CMHACY panel	HeartLand Child & Family Services
SUPT - Cultural Competence	Cultural Competence Training	Overview of cultural competency	1 Hour/Annually	Administration/Management; Direct Services: Contractors	5/15/2024	10	Dedra Russell	Volunteers of America - NCNN

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Facilitating the Narratives of Children, Adolescents & Families: Meaningful Practices for Relational Bridging and Healing	Culturally diverse child, adolescent, family and community narratives offer a powerful opportunity for early and experienced healers, advocates, teachers and leaders to examine different perspectives framing the contexts of our clients' lives.	2 hours/Once	Direct Services: County Staff	5/15/2024	1	CMHACY	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Cultural Competence	Release and Rejoice: Somatic Healing Rituals for Collective Trauma	Introduced Destiny Arts' Community Healing Response Team (somatic healing approach)	1.5 hours/Once	Direct Services: County Staff	5/16/2024	2	Susan Andrien	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Resiliency - Youth	PersonBrain Model	Provided an overview of the PersonBrain Model, a trauma informed approach for working with youth	1.5 hours/Once	Direct Services: County Staff	5/16/2024	2	Rita Rasuli	Sacramento County Behavioral Health Services
MH - Recovery - Adult	Wellness Recovery Action Plan (WRAP)	WRAP is a simple and powerful process for creating the life and wellness you want. WRAP is a strength-based, self-help methodology to help individuals identify warning signs/events that may lead to difficulties and explore wellness strategies to overcome challenges.	16 hours/ Quarterly	Direct Services: Contractors; Support Services; Community Members/General Public	5/16/2024	78	Katie Quarles, Sarah Tam, Robert Salinas	Cal Voices
MH - Recovery - Adult	Self-Care and Stress Management	Learning and discussing self-care and stress-management strategies that may assist you in maintaining your wellness while at work.	2 hours/Annually	Direct Services: County Staff; Direct Services: Contractors; Community Members/General Public; Community-Based Organizations/Agency Board of Directors	5/16/2024	25	Robert Salinas, Jennifer Churchill	Cal Voices
MH - Recovery - Adult	Value of Peer Support	History of peer support and the power of peers to bring clients/families to engage in recovery and wellness.	1.5 hours/Once	Administration/Management; Direct Services: Contractors	5/16/2024	37	Caitlyn Fournier	Turning Point Community Programs - Mental Health Urgent Care Clinic
MH - Recovery - Adult	Universal Trauma Informed Care	Understanding and compassionately serving people who live with, or are affected by, the consequences of toxic stress or trauma.	4 Hours/Annually	Administration/Management; Direct Services: Contractors	5/16/2024	9	Sacramento County Behavioral Health Services Quality Management Team	El Hogar Community Services, Inc.
MH - Resiliency - Youth	Pathways of Hope in Juvenile Justice Re-Entry	Introduced Project Kinship and the provision of mental health services in juvenile hall	1.5 hours/Once	Direct Services: County Staff	5/17/2024	2	Dr. Alison Ahn, Kimberly Krachmer, Karina Hidalgo, Madeline Rodriguez, Raymond Sanchez, Rolando Soto	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Cultural Competence	Reconnecting the Circle	Two-spirit identity, how to discuss SOGIE, sexual behavior, and allyship with friends, family, and providers. Workshop also discusses ongoing impact of colonization on gender and sexual orientation.	6 hours/Annually	Direct Services: Contractors; Community Members/General Public	5/18/2024	24	Dr. Roger Kuhn	Sacramento Native American Health Center
MH - Cultural Competence	Racial Equity Collaborative	Leverage Diversity; Seek Understanding; Champions Diversity; Takes Actions that Respects Diversity; Prioritization of Mindfulness; Equitable Opportunities; Racial Equity Tools	1.5 hours/Monthly	Administration/Management	5/20/2024	20	Erin Reynolds	Stanford Sierra Youth & Families (SSYAF)
MH - Recovery - Adult	Trauma Informed Care	Navigating issues related to those who have encountered trauma	6 hours/Once	Direct Services: Contractors	5/20/2024	5	Karen Brockopp	Hope Cooperative
SUPT - Cultural Competence	Beyond Barriers, Part 1: A Beginner's Guide to Disability Awareness & the ADA	Understanding disability awareness and the ADA	One hour/Once	Administrative/Management	5/21/2024	1	Public Health Institute - Center for Collaborative Planning	Public Health Institute - Center for Collaborative Planning
MH - Cultural Competence	Improving Mental Health Care for Latino/Hispanic Communities	Developing and expanding culturally appropriate services.	1 hour/Once	Administration/Management; Direct Services: County Staff	5/22/2024	9	Denise Chavira, Ph.D.	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Obesity with Clients with Severe Mental Illness Resource Roundtable	Co-morbid issues in those with serious mental illness	1.5 hours/Once	Administration/Management; Direct Services: County Staff	5/22/2024	6	Sacramento County	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Cultural Competence Refresher	Goal of this training is to help behavioral health professionals to increase their cultural and linguistic competency through lessons such as "Know thy Self - Increasing Self Awareness", "Knowing Others - Increasing Awareness of your Clients' Cultural Identity", and "Culturally and Linguistically Interventions and Services", etc.	4 hours/Annually	Administration/Management; Direct Services: Contractors	5/22/2024	5	Fredrick Rivers	G.L.O.M.
MH - Cultural Competence	Engaging First Nations and Indigenous Peoples	An introductory training with best practices for engaging first nations and indigenous peoples in the surrounding area	2.5 hours/Annually	Direct Services: Contractors	5/23/2024	1	Yolo County	Children's Receiving Home of Sacramento
MH - Recovery - Adult	CASRA Conference	Topics geared to enhance services and social conditions for recipients of whole person care	8 hours/Annually	Administration/Management; Direct Services: Contractors	5/23/2024	2	Multiple presenters at CASRA conference	El Hogar Community Services, Inc.
MH - Recovery - Adult	Active Listening to Improve Communication	Online training provided by Fred Pryor Learning on how to practice active listening and improve communication	2 hours/Once	Direct Services: Contractors	5/23/2024	3	Online Training	Refugee Enrichment & Development Association (REDA)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Practicing Cultural Formulation	Overview of cultural considerations in assessment, care and treatment planning, with a lens focused on self-awareness and use of self as a tool. Topics include defining culture and worldview, building rapport, and working through our own discomfort. Psychologists, Licensed Mental Health Providers, Social Workers, Peer Provider, Nurses, and Psychiatrists and attendees are eligible to receive Continuing Education Units.	2 hours/once	Direct Services: County Staff	5/23/2024	323	Dr. Kristee Haggins	CIBHS
MH - Cultural Competence	Practicing Cultural Formulation	Overview of cultural considerations in assessment, care and treatment planning, with a lens focused on self-awareness and use of self as a tool. Topics include defining culture and worldview, building rapport, and working through our own discomfort. Psychologists, Licensed Mental Health Providers, Social Workers, Peer Provider, Nurses, and Psychiatrists and attendees are eligible to receive Continuing Education Units.	2 hours/once	Direct Services: County Staff	5/23/2024	261	Dr. Kristee Haggins	CIBHS
MH - Cultural Competence	We are Latinx Families	Providing cultural informed care to Spanish and Latin population	1.5 hours/Once	Direct Services: County Staff	5/27/2024	1	Alameda First 5	Sacramento County BHS CPS-MH Team and Quality Child Care Collaborative
MH - Navigating Systems - Youth	Peer Perspectives on Psychiatric Advance Directives (PADs)	Defined what a PAD is and how to create one	1 hour/Once	Direct Services: County Staff	5/28/2024	1	Natalie Klaus-Rogers, Kaely Whittington	Sacramento County Behavioral Health Services Qualified Individual Team
MH - Recovery - Adult	Opioid Overdose Prevention Training	Harm reduction, recovery focused and prevention of Opioid overdose	1 Hour/Once	Administration/Management; Direct Services: Contractors	5/28/2024	83	Janelle Gonzales	El Hogar Community Services, Inc.
SUPT - Resiliency - Youth	Adult Attachment Relationship	How childhood trauma can impact adult relationships and their attachment styles	2.5 hours/Once	Direct Services: County Staff	5/29/2024	4	Jana Pressley, PhD	Sacramento County Behavioral Health Services
MH - Recovery - Adult	Introduction to Peer Certification	This course covers the structure and functions of California's public behavioral health system; Core Components of SB 803: The Medi-Cal Peer Support Specialist Certification Program Act of 2020; overview of the 17 core competencies; Medi-Cal Code of Ethics for Peer Support Specialists in California; and evidence-based practice standards for peer professionals.	1 hour/Annually	Direct Services: Contractors; Support Services	5/29/2024	13	Robert Salinas, Jennifer Churchill	Cal Voices
MH - Family Focused - Youth	Benefits of Engaging Families	Cultural and systemic benefits of including the family in treatment	1 hour/Once	Direct Services: County Staff	5/29/2024	5	NTTAC	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	CalVoices Peer Employer Intro Training	Effective ways to nurture peers in professional development.	1 hour/Once		5/29/2024	1	Cal Voices	Sacramento County Community Wellness Response Team (CWRT)
SUPT - Cultural Competence	Beyond Barriers, Part 12: How to Be Anti-Ableist	Understanding disability awareness	One hour/Once	Administrative/Management	5/30/2024	1	Public Health Institute - Center for Collaborative Planning	Public Health Institute - Center for Collaborative Planning
MH - Family Focused - Youth	SafeTalk	Training for Slavic community youth leaders: suicide prevention: SafeTalk training equips people to be more alert to someone thinking of suicide and better able to connect them with further help. Using a simple yet effective model, SafeTalk empowers everyone to make a difference.	3.5 hours/Annually	Administration/Management; Support Services; Community Event	6/2/2024	10	Ivan Leshchuk	Slavic Assistance Center
SUPT - Family Focused - Youth	SafeTalk	Training for high school students; suicide prevention: SafeTalk training equips people to be more alert to someone thinking of suicide and better able to connect them with further help. Using a simple yet effective model, SafeTalk empowers everyone to make a difference.	3.5 hour/Once	Administration/Management; Community Members/General Public; Religious and Spiritual Population	6/3/2024	9	Ivan Leshchuk	Slavic Assistance Center
SUPT - Navigating Systems - Youth	ABHPC event: Welcome to Prevention! An Introduction to the Primary Prevention Field	Prevention training for knowledge and key strategies from the Substance Abuse and Mental Health Services Administration's Center for substance abuse prevention for successful implementation of primary prevention strategies.	1 hour/Once	Administration/Management	6/4/2024	2	ABHPC (Zoom)	Omni Youth Programs
MH - Recovery - Adult	MST Facilitator Training	Training to facilitate Multisystemic Team Meetings	16 hours/Annually	Administration/Management; Direct Services: Contractors	6/5/2024	26	Peggi Cooney	El Hogar Community Services, Inc.
MH - Recovery - Adult	Navigating Alcohol Use Disorder, Recovery, and Sobriety	Working with people struggling with alcoholism and sobriety.	1 hour/Once	Administration/Management; Direct Services: County Staff	6/7/2024	4	Weill Corness Medicine	Sacramento County Community Wellness Response Team (CWRT)
MH - Navigating Systems - Youth	Youth Model Crisis Response and De-Criminalizing Mental Health	Communities were becoming increasingly aware of the need for mobile mental health services and alternative, non-law enforcement responders.	1 hour/Once	Direct Services: County Staff	6/10/2024	4	NAMI	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Divert People From Jail	Effectiveness of jail diversion programs and improving mental health	1 hour/Once	Administration/Management; Direct Services: County Staff	6/10/2024	4	NAMI	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Narcan Training	Using Narcan to prevent opioid overdoses.	1 hour/Once	Administration/Management; Direct Services: County Staff	6/11/2024	8	Sacramento County	Sacramento County Community Wellness Response Team (CWRT)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Cultural Competency	5 Key Elements of Cultural Competency in an individual: 1. Awareness and acceptance of difference 2. Awareness of own cultural values 3. Understanding the dynamics of difference 4. Development of cultural knowledge 5. Ability to adapt practice to the cultural context of the client	3 hours/Quarterly	Direct Services: Contractors; Support Services	6/12/2024	21	Erin Reynolds & Terrell Thomas	Stanford Sierra Youth & Families (SSYAF)
MH - Recovery - Adult	Understanding the Opioid Epidemic	Etiology of the opioid epidemic and strategies that work.	1 hour/Once	Administration/Management; Direct Services: County Staff	6/12/2024	7	PBS	Sacramento County Community Wellness Response Team (CWRT)
MH - Navigating Systems - Youth	Sacramento County Opioid Co	Discussing the opioid epidemic and intervention efforts.	1 hour/Once	Administration/Management; Direct Services: County Staff	6/12/2024	6	Valley Medical Society	Sacramento County Community Wellness Response Team (CWRT)
MH - Family Focused - Youth	Dealing with Difficult People	Online training provided by Fred Pryor Learning on effective techniques to deal with difficult people	2 hours/Once	Direct Services: Contractors	6/12/2024	3	Online Training	Refugee Enrichment & Development Association (REDA)
SUPT - Navigating Systems - Youth	ABHPC Event: Opioid Use and Misuse Educational Series: Foundations of Prevention and Management Part 1	Current trends in youth substance use, drug paraphernalia popular with youth, and ways drugs, alcohol and medicine are being hidden in everyday objects undetected by adults in plain sight. Explore why alcohol & marijuana use is particularly harmful to the teen brain and how alcohol & marijuana retailers are using products & media to entice young people to use. Using real-life examples and demonstrations, uncover various types of hidden drug paraphernalia, ranging from household items to personal accessories and school supplies.	1 hour/Once	Administration/Management	6/13/2024	1	Shari Egeland	Omni Youth Programs
SUPT - Recovery - Adult	Motivational Interviewing	Essential components of MI to help clients engage in behavior change	8 hours/Once	Direct Services: Contractors	6/13/2024	12	Karen Brockopp	Hope Cooperative
MH - Cultural Competence	Peer Specialist Focus Group	Sharing lived experiences with the Behavioral Health Services (BHS) system to help others.	1 hour/Once	Administration/Management; Direct Services: County Staff	6/13/2024	7	Cal Voices	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Transgender, Gender Non-Conforming, and Intersex (TGI) communities in Behavioral Health Care	Addresses health disparities for Transgender, Gender Non-Conforming, and Intersex (TGI) communities. This course will build strategies and tools for reducing stigma as well as engaging in culturally responsive communication when working with clients. Covered in the curriculum is the identification of key health disparities for TGI people, how our client and staff interactions fuel those disparities, and how to change our interactions to start to address health disparities.	2 hours/once	Direct Services: County Staff	6/13/2024	335	Alexis Sanchez	
MH - Cultural Competence	Transgender, Gender Non-Conforming, and Intersex (TGI) communities in Behavioral Health Care	Addresses health disparities for Transgender, Gender Non-Conforming, and Intersex (TGI) communities. This course will build strategies and tools for reducing stigma as well as engaging in culturally responsive communication when working with clients. Covered in the curriculum is the identification of key health disparities for TGI people, how our client and staff interactions fuel those disparities, and how to change our interactions to start to address health disparities.	2 hours/once	Direct Services: County Staff	6/13/2024	172	Alexis Sanchez	
MH - Recovery - Adult	I Am a Person, Not an Illness: Five Lessons for Supporting Folks in Early Recovery	Five important lessons learned during early recovery, pragmatic and proven strategies for supporting young people in getting to the life they want.	1.5 hours/Annually	Administration/Management; Direct Services: Contractors; Support Services; Community Members/General Public	6/14/2024	54	Early Psychosis Training and Technical Assistance Center (EPI-CAL TTA) in Partnership with Patricia E. Deegan, PhD	UCD SacEDAPT
MH - Resiliency - Youth	RO - Coping Cat	Reviews general principles of treatment of anxiety disorders, then uses the Coping Cat Manual, Coping Cat Workbook, and Coping Cat videos to teach session-by-session process of therapy with these materials	4 hours/Semi-Annually	Direct Services: Contractors	6/14/2024	2	Tina Traxler	River Oak Center for Children (ROCC)
MH - Recovery - Adult	Trauma Informed Care	Navigating issues related to those who have encountered trauma	6 hours/Once	Direct Services: Contractors	6/17/2024	10	Karen Brockopp	Hope Cooperative
MH - Cultural Competence	Intergenerational Trauma Among Asian American & Asian Immigrant Communities Webinar 1: Background & Impacts	The impact of immigration, racism, and acculturation.	1 hour/Once	Administration/Management; Direct Services: County Staff	6/17/2024	8	Lotus Project	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	How To Make Stress Your Friend	While stress has been made into a public health enemy, new research suggests that stress may only be bad for you if you believe that to be the case	0.25 hours/Once	Administration/Management; Direct Services: County Staff	6/18/2024	3	Kelly McGonigal	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Culturally Informed Crisis Support: Themes for Behavioral Health Intervention	Crisis intervention and culturally informed strategies.	1 hour/Once	Administration/Management; Direct Services: County Staff	6/18/2024	10	Northwest Mental Health Technology Transfer Center	Sacramento County Community Wellness Response Team (CWRT)

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	# of days x # of attendees	Name of Presenter	Name of Provider
MH - Cultural Competence	Mental Health in Asian America	Mental health issues in Asian Americans and barriers to receiving care.	1 hour/Once	Administration/Management; Direct Services: County Staff	6/18/2024	9	McLean Hospital, Dr. Liu	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	Trauma Informed Peer Support	Learning about various sources of and reactions to trauma. Participants will learn how trauma informed care relates to the Peer Support Specialist core competencies, ethical guidelines, and values. This training will include cultural considerations and the impact trauma has on how we view the world.	2 hours/Annually	Administration/Management; Direct Services: County Staff; Direct Services: Contractors; Support Services; Community Members/General Public; Community-Based Organizations/Agency Board of Directors	6/20/2024	46	Jennifer Churchill, Zaunamaat Nuru-Bates	Cal Voices
MH - Recovery - Adult	Peer Empowerment Conference	Annual conference for Peer Support Specialists and Peer Employers. Focus on employing peers, best practices, research, and networking.	6.5 hours/Annually	Administration/Management; Direct Services: County Staff; Direct Services: Contractors; Community-Based Organizations/Agency Board of Directors	6/21/2024	167	Stephanie Ramos, Robert Salinas, Zaunamaat Nuru-Bates, Nicole Scanlan, Jennifer Churchill	Cal Voices
SUPT - Navigating Systems - Youth	ABHPC Event: Opioid Use and Misuse Educational Series: Foundations of Prevention and Management Part 2	Prevention training for prevention opioid knowledge and key strategies from the Substance Abuse and Mental Health Services Administration's Center for Substance Abuse Prevention for successful implementation of primary prevention strategies.	1 hour/Once	Administration/Management	6/21/2024	1	ABHPC (Zoom)	Omni Youth Programs
MH - Recovery - Adult	Foundations of Peer Support	Learning about what makes a Peer a Peer and how peer support promotes concepts of hope, recovery, and wellness. Participants will have an opportunity to review the core competencies and ethical guidelines for Certified Medi-Cal Peer Support Specialists in California, and other considerations for those employing Peers in their behavioral health service programs.	1 hour/Annually	Administration/Management; Direct Services: Contractors; Support Services	6/26/2024	14	Robert Salinas, Zaunamaat Nuru-Bates	Cal Voices
MH - Recovery - Adult	Harm Reduction Strategies	Abstinence isn't always the answer. Harm Reduction strategies that work.	1 hour/Quarterly	Administration/Management; Direct Services: County Staff	6/26/2024	9	SAMHSA	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Reducing Stigma	Reducing mental health stigma and encouraging asking for help.	1.5 hours/Once	Administration/Management; Direct Services: County Staff	6/26/2024	4	Darlene Moore, LCSW (Sacramento County)	Sacramento County Community Wellness Response Team (CWRT)
MH - Recovery - Adult	ASIST Training	Suicide response and prevention training.	16 hours/Once	Direct Services: County Staff	6/27/2024	8	Living Works	Sacramento County Community Wellness Response Team (CWRT)
MH - Cultural Competence	Improving Behavioral Health Equity: Individuals with Physical Disabilities	The goal of this course is to provide education to addictions, behavioral health counseling, case and care management, marriage and family therapy, non-licensed direct care, psychology, and social work professionals working in health and human services settings about improving behavioral health equity for people who have physical disabilities.	1 hour/Once	Direct Services: Contractors	6/29/2024	1	Relias	Hope Cooperative
MH - Cultural Competence	Cultural Insight Activity: Immigration	Quarterly Cultural Insight Activity hosted in team meetings across the agency. Training emphasized the unique needs of immigrant youth and families.	1 hour/Quarterly	Administration/Management; Direct Services: Contractors; Support Services	6/30/2024	241	SSYAF leadership	Stanford Sierra Youth & Families (SSYAF)

2024 PEER EMPOWERMENT CONFERENCE

EVENT SUMMARY

Date/Time: June 21, 2024 Location: CSUS Alumni Center Number of Participants: 154

About this Conference

The 2024 Peer Empowerment Conference was geared toward Sacramento County BHS providers and their Peer Support staff.

This event was provided free of charge, and included breakfast, lunch, and an afternoon raffle.

The 2024 conference featured three engaging speakers/presentations:

- **Juan Vélez Court:** Juan is a Mental Health and Peer Recovery Consultant for the Mental Health and Anti Addiction Services Administration of Puerto Rico, and also provides consulting for the [National Empowerment Center](#). Among other roles, he works as a liaison to bridge the gap between peer and clinical services, facilitating and coordinating trainings, workshops and strategic opportunities to integrate people with lived-experience in the workplace and maintain the integrity of the role of peer services.
- **Morgan Pelot:** Morgan worked as the Research Program Manager at Live & Learn, where she managed the [Certified Peer Specialist Career Outcomes Study](#) along with other grant funded projects. She has published 8 peer-reviewed articles on entrepreneurship, peer support and medication management, and conducted quantitative and qualitative analysis for various consulting projects, including the biennial Peer Respite Essential Features Survey. She will discuss findings from the Certified Peer Specialist Career Outcomes Study, share lessons learned from other states' certification and employment of peer specialists, and provide suggestions for how to implement and support the growing peer workforce.
- **1 Degree of Separation:** "[1 Degree of Separation](#), a Funny look at Depression and Suicide" is a suicide prevention training program that has been presented at over 100 events in 11 states. They use comedy and laughter to address a serious subject and the result is life changing. 1 Degree has become a legitimate suicide prevention training tool all across the country. They recently signed a two-year contract with the California Prison Industry Authority and provide suicide prevention training for all new employees statewide.

Attendees also heard two panel presentations:

- Peer Support Specialist Panel

Peer Support Specialists were asked to respond to the following prompts:

1. In what ways are you being utilized by your organization that aligns with the scope, core competencies, and ethical guidelines of peer support specialists?

2024 PEER EMPOWERMENT CONFERENCE | JUNE 21, 2024 | 10:00 AM – 3:30 PM

2. Is there anything that your employer does/offers that supports your ability to be successful at work? (e.g. policies, benefits, supportive supervisor, etc.)
3. Is there anything that you do or have that supports your ability to be successful at work (e.g. coping skills, support system, training, etc.)
4. Have you experienced any changes in your role since you obtained your Certification? (e.g. increased pay, narrowing down of services you can provide, you are more confident, colleagues are more confident in you, etc.)
5. From your perspective, what can employers do to support new peer employees?

Panelists

- BJ Sloan | Peer Family Advocate | Hope Cooperative
- Jean Philson | Family Partner I | Stanford Sierra Youth & Families
- Kieyre Arnold | Youth Advocate | River Oak Center for Children
- Patrick Walsh | Peer Support Specialist | Cal Voices

- Peer Employer Panel

Employer Panelists were asked to respond to the following prompts:

1. Let's talk about what's working: What policies, procedures, or practices exist in your workplace that promote the integration of peer support specialist into your teams?
2. What opportunities exist in your organization to better integrate and support peer support specialists?
3. Let's talk about goals for employing peers within your organization.
 - o How do you see Peer programs and Peer positions in your organization growing and developing over the next five years?
 - o What steps are you taking to ensure these goals are met?

Panelists

- Tiffany Carter | Executive Director | Consumers Self-Help Centers
- Theresa Hodges | Program Director | Turning Point Community Programs
- Trina Hatler | Program Director | Hope Cooperative
- Xiomara Seide | Youth Advocate & Family Partner Supervisor | Pacific Clinics

Conference Evaluation and Demographics

Following the conference, attendees were invited to complete an evaluation to provide feedback on the strengths and areas of growth for the conference. A summary of the evaluation responses is attached to this summary along with demographic information.

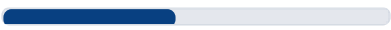
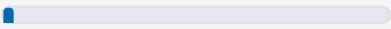
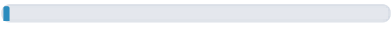
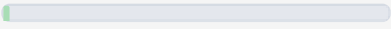
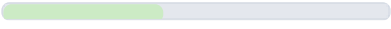
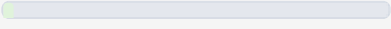
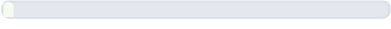
Cal Voices' 2024 Peer Empowerment Conference Evaluation Report

Response Counts



Totals: 62

1. How did you hear about the conference?

Value	Percent	Responses
Cal Voices' Email Blast	45.0% 	27
Sacramento County Email Blast	3.3% 	2
WISE U	1.7% 	1
Provider (people who provide services to me)	1.7% 	1
Employer	41.7% 	25
Coworker	3.3% 	2
Other	3.3% 	2

Totals: 60

Other	Count
Pride Event CalVoice table	1
Request to present	1
Totals	2

2. Overall Conference Evaluation

	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree	Responses
Conference goals were clearly communicated. Count Row %	41 67.2%	18 29.5%	2 3.3%	0 0.0%	0 0.0%	61
Conference goals and objectives were achieved. Count Row %	39 63.9%	19 31.1%	2 3.3%	1 1.6%	0 0.0%	61
Conference content was practical and easy to understand. Count Row %	41 67.2%	19 31.1%	1 1.6%	0 0.0%	0 0.0%	61
There was adequate opportunity for questions and answers. Count Row %	30 50.0%	24 40.0%	3 5.0%	2 3.3%	1 1.7%	60
I would recommend this conference to my friends or co-workers. Count Row %	38 62.3%	21 34.4%	1 1.6%	1 1.6%	0 0.0%	61
Totals Total Responses						61

3. What aspects of the conference did you find especially helpful/not helpful?

Count	Response
1	All of the tabling and speakers
1	All relevant to my job
1	Both panels
1	Comedy
1	Comedy was great!! Collaboration and in person was perfect
1	Hearing lived experience. (Helpful) Order of events (not helpful) (some of the more noneinteractive portions should be earlier on as folks get restless later it gets and I think they can lose some of the content.
1	Helpful - overall data provide by Morgan. Discussion about the pay rate for peers.
1	Helpful was the focus of topics and easy to follow. Not helpful was the lack of breaks. It caused more chatter when people were presenting.
1	Helpful: booths/vendors, Q+A
1	I believe all the fliers will provide lots of information and resources. I just didn't get a lot out of the conference. Also, I registered and my name wasn't on the list. At lunch I was told to take a seat and wait for everyone to get there food and if anything is left I can get something. I felt excluded and left for lunch.
1	I enjoy both panels I think hearing from peers about their experience in their roles and peer employers is wonderful I thought the comedy group was wonderful and enjoyed their questions and discussion. It was a lovely day
1	I enjoyed learning about data related to peer support and employment
1	I extremely enjoyed the presenters this year! They were great picks!
1	I found all the speakers to be easy to follow with excellent attention to the details pertinent to their subject matter.
1	I found out more about being a peer specialist and it just made me more sure in my decision to wanting to start my training and being able to learn that there's organizations that help with internships and volunteering to were I can get experience
1	I liked having a space to meet other peers and network

Count Response

1	I liked when peers shared their experiences. Didn't care for the racially tinged remarks and the Juan presentation went on too long, at times it felt more about tooting his own horn than pragmatically provide tips and solicit peers for how they promote their own well being and a holistic environment
1	I related to everything
1	I went away with lots of good idea's about work stress relievers etc.
1	I wish there were more opportunities for breaks. Everything else was great.
1	I would appreciate more breaks in between to allow for movement breaks. Also to separate where the food/booths to ensure the noise level is kept down.
1	Juan
1	Juan Vélez Court was amazing. It was inspirational to hear his story.
1	Meeting other peers
1	N/a
1	Not helpful were booths inside the conference. At times I couldn't hear or focus on the speaker. I enjoyed someone coming by to get trash.
1	Opportunity to talk with peers and providers.
1	Panel Discussions were excellent and well-facilitated. The CalMHSA presentation suffered from 'death by PowerPoint!
1	Panels and Q+A
1	Panels, especially the one with youth, we very helpful. Vendor tables in the same room were a bit disruptive. Volunteers did a great job of quieting.
1	Provider tables, panels & speakers
1	Speakers from 1 degree of seperation
1	The Focus on peer support Booths Comedy ☐ made my day Food Great people Round tables to meet people Location Free parking Great hosting
1	The comedy during lunch. The talking in the back.
1	The conference was conducted very well. It was a full schedule but everything on the agenda was accomplished due to the organization of the conference team!

Count Response

1	The employer panel was interesting and provided great insight!
1	The entire conference was excellent. I enjoyed all of it. Brad from one degree was great. It is important to laugh.
1	The panel was extremely helpful and I found myself relating to a lot of the speakers thank you everyone for sharing
1	The panels
1	The peer panel and the 1* of separation
1	The peer speakers, the statistics, and resources.
1	The speakers, the color book, and just engaging with everyone.
1	The validation of peers and panel. The comedy was great
1	Without structures breaks, there were no opportunities to network and meet new people.
1	helpful knowing that we all come from different back ground and the reminder that we deal with some of the same things and to give ourselves grace knowing that its one day at time
1	the shared stories were very touching and powerful

4. What topics would you like to see highlighted at future conferences?

Count	Response
2	Self care
1	Always any updates to the peer certification process And maybe in coming years as we know more about prop 1 and its impacts to peer support (if any)
1	Comedy 😊 makes it fun in a learning environment.
1	Ethics and ethical training for CEU's and ways to get supervisors to understand we need time off for CEU's and they should pay.
1	How do we speak to professionals who endorse the medical model of support and treatment of Mental Health issues to ensure our message is heard?
1	How people were able to find employment
1	I don't know I believe the covered up most of topics for the peer specialists
1	I suggest inviting clients that can share their experiences working with a peer.
1	I would like to see more highlights on ways to support with Autism or how to support with disabilities.
1	I'd like to see more on the opportunities with adequate wages from the employers.
1	Identifying and reducing peer struggles within the workforce
1	Jobs for peers to grow
1	Justice-involved
1	More CSEC
1	More letting peers talk about their challenges and successes
1	More men involved and interested to become peer support specialists
1	More on how to expand peer work within organizations and how to collaborate with peers in other agencies to enhance the work
1	More peer stories
1	More speakers with more information.
1	NA

Count Response

1 Not sure

1 PROP 1, the CARE ACT, What is next. notice your rural locations and the tense working conditions not knowing if we're closing in a year. Speaker on rural mental health.

1 Peer Support Specialization areas

1 Peer respite services

1 Peer work specific to youth. Peer support for young children

1 Peer work that is not direct service

1 Policy related information. How to get involved and stay informed.

1 Practical outlines of job duties dependent on population

1 Productivity

1 Supervisors

1 Ways to connect more

1 Wellness Updates

1 Wellness, humor and message of hope

1 stigma in different communities

5. Peer Support Specialist Panel Presentation Evaluation

	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree	Responses
The presenters appeared well organized and prepared. Count Row %	37 60.7%	22 36.1%	2 3.3%	0 0.0%	0 0.0%	61
A clear understanding of the subject matter was demonstrated. Count Row %	41 67.2%	20 32.8%	0 0.0%	0 0.0%	0 0.0%	61
The subject matter was clearly presented. Count Row %	40 66.7%	19 31.7%	1 1.7%	0 0.0%	0 0.0%	60
Discussion from the conference attendees was encouraged. Count Row %	33 54.1%	22 36.1%	4 6.6%	2 3.3%	0 0.0%	61
Totals Total Responses						61

6. Provider (Peer Employer) Panel Presentation Evaluation

	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree	Responses
The presenters appeared well organized and prepared. Count Row %	46 75.4%	12 19.7%	2 3.3%	1 1.6%	0 0.0%	61
A clear understanding of the subject matter was demonstrated. Count Row %	43 70.5%	17 27.9%	0 0.0%	1 1.6%	0 0.0%	61
The subject matter was clearly presented. Count Row %	44 72.1%	16 26.2%	1 1.6%	0 0.0%	0 0.0%	61
Discussion from the conference attendees was encouraged. Count Row %	37 61.7%	15 25.0%	5 8.3%	3 5.0%	0 0.0%	60
Totals Total Responses						61

7. Feedback for the Panel Presenters:

Count	Response
1	Awesome job from all!
1	Did well, informative
1	Good presentation
1	Great job thank you for all you do!!
1	Great job!
1	Great job.
1	It was great to hear from different agencies and how they are working with different communities & Peers
1	It was well presented
1	Keep the answers related to the content being asked
1	More CSEC :)
1	More direct engagement with audience
1	More on how to educate peer employers
1	N/A
1	None
1	Nothing specific but it was my first!
1	Overall I appreciate this conference.
1	Really awesome
1	Thank you for your candor and honesty.
1	Thank you for your work and dedication
1	Thank you so much for sharing!!!!
1	Thank you!
1	The panel presenters were wonderful! They had great insight to share.

Count Response

1	They were very professional & knowledgeable about what they provided in their presentations. It was very informative in a very concise way.
1	good conversation topics

8. Speaker Evaluation: Morgan Pelot

	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree	Responses
The presenter appeared well organized and prepared. Count Row %	40 70.2%	17 29.8%	0 0.0%	0 0.0%	0 0.0%	57
A clear understanding of the subject matter was demonstrated. Count Row %	39 68.4%	16 28.1%	2 3.5%	0 0.0%	0 0.0%	57
The subject matter was clearly presented. Count Row %	40 70.2%	16 28.1%	1 1.8%	0 0.0%	0 0.0%	57
Discussion from the conference attendees was encouraged. Count Row %	34 59.6%	17 29.8%	4 7.0%	2 3.5%	0 0.0%	57
Totals Total Responses						57

9. Feedback for the Morgan Pelot:

Count	Response
1	Did well, informative
1	Fantastic
1	Good presentation. I don't do much with statistics yet I found the presentation interesting.
1	Great presenter, I enjoyed the data she provided
1	Great speaker
1	Her data was very interesting & her presentation was easy to follow.
1	I felt the data aspect of the presentation was quite discouraging. The low pay was a bummer.
1	I was able gain so much more knowledge and understanding
1	It was interesting to see the statistics on Peer work and incorporating different aspects to our work.
1	Loved her data and passion
1	Loved her dedication and her display of data
1	More engagement with the audience
1	Morgan was a great addition to the Peer Empowerment Conference. The information is valuable and Morgan made the presentation interesting.
1	NA
1	None
1	Skipped these questions as these were pertaining to what I presented.
1	Thank you
1	Thank you.
1	Well done
1	n/a

10. Speaker Evaluation: Juan Vélez Court

	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree	Responses
The presenter appeared well organized and prepared. Count Row %	45 77.6%	13 22.4%	0 0.0%	0 0.0%	0 0.0%	58
A clear understanding of the subject matter was demonstrated. Count Row %	43 75.4%	13 22.8%	0 0.0%	1 1.8%	0 0.0%	57
The subject matter was clearly presented. Count Row %	42 73.7%	15 26.3%	0 0.0%	0 0.0%	0 0.0%	57
Discussion from the conference attendees was encouraged. Count Row %	40 67.8%	14 23.7%	1 1.7%	2 3.4%	2 3.4%	59
Totals Total Responses						59

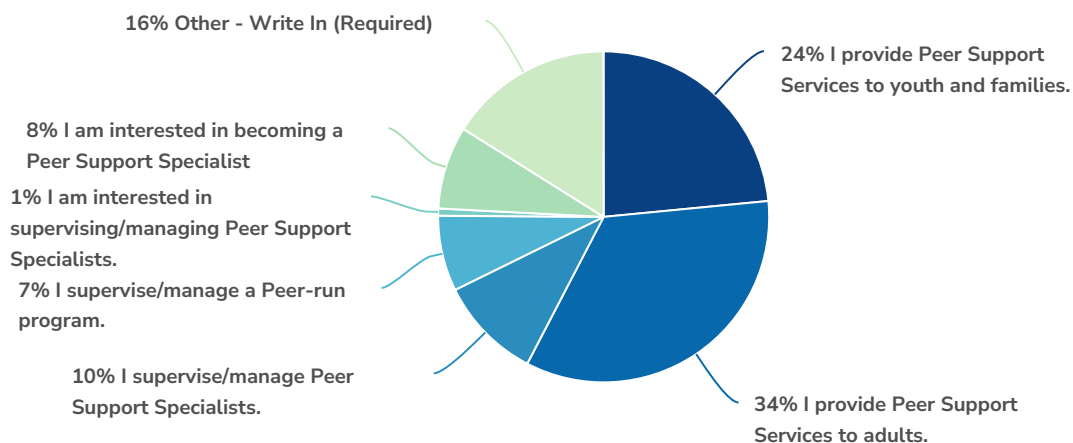
11. Feedback for the Juan Vélez Court:

Count Response

1	Amazing story please keep doing your amazing work and sharing with others
1	Bring him back! I am so glad he was the last presenter. He did an amazing job relating to us and painting a clear picture of how to better ourselves as peers.
1	Continue being authentic
1	Did well, informative and relatable
1	Engage the audience more
1	Excellent Presenter, it was interesting to hear how the Peer Movement is going in different parts of the world.
1	Good speaker. Good content.
1	Great presenter.
1	Great speaker
1	Great stories.
1	Juan really represented the peer values through his relatability. He brought up important considerations for those working in the field and was able to back these suggestions up through his own experiences and expertise.
1	Maybe a shorter presentation
1	N/A
1	None
1	Relatable
1	Thank you and congratulations on your success and the success of your organization. I hope you treat yourself to more eating experiences.
1	Thank you!!
1	Too long, too self promotional. You didn't involve other peers or even take questions. Self care tips from others and less about Puerto Rico. Great that u serve there and u have pride in it but we have California problems and needed to see things relevant to us
1	Very dynamic & engaging
1	n/a

Report for 2024 Peer Empowerment Conference Attendee Demographics

1. Please tell us about your role:

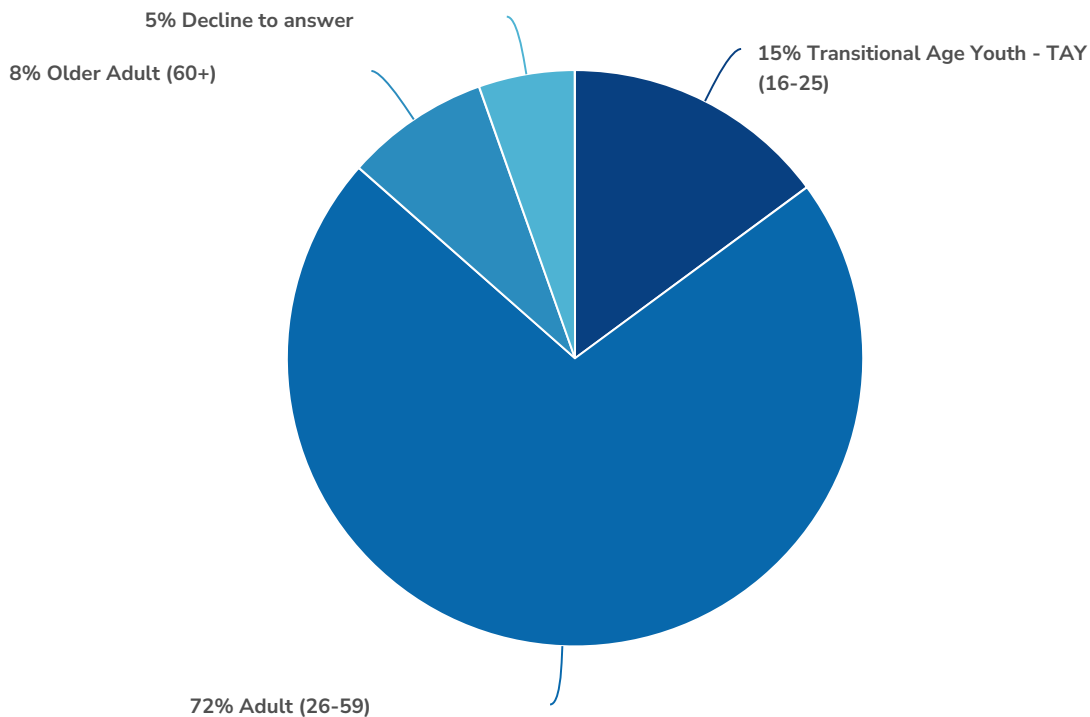


Value	Percent	Responses
I provide Peer Support Services to youth and families.	23.5%	35
I provide Peer Support Services to adults.	34.2%	51
I supervise/manage Peer Support Specialists.	10.1%	15
I supervise/manage a Peer-run program.	7.4%	11
I am interested in supervising/managing Peer Support Specialists.	0.7%	1
I am interested in becoming a Peer Support Specialist	8.1%	12
Other - Write In (Required)	16.1%	24

Totals: 149

Other - Write In (Required)	Count
I am volunteering at the Peer Empowerment Conference	2
Leadership for Peer Run Agency	2
Volunteer	2
BHS Planner	1
Community advocate	1
Contract Monitor	1
Helper	1
Hosting a table at the event	1
I help to oversee programs that are run and/or supported by peer staff.	1
I support with the certification of peers across the state.	1
I was a peer support specialist with scbh in 2017	1
I work in communications for a Peer Run agency	1
Oversee the entire peer-run organization	1
Peer Services Agency BoardMember	1
Program Evaluation for Peer Services	1
Team manager for Vocational Rehabilitation Counselors	1
Volunteer	1
Volunteer at Sierra Wind Wellness & Recovery Center/Cal Voices	1
We help people with disabilities including behavioral health find employment	1
We sponsored a portion of the conference	1
admin assistance for a peer-run program.	1
Totals	24

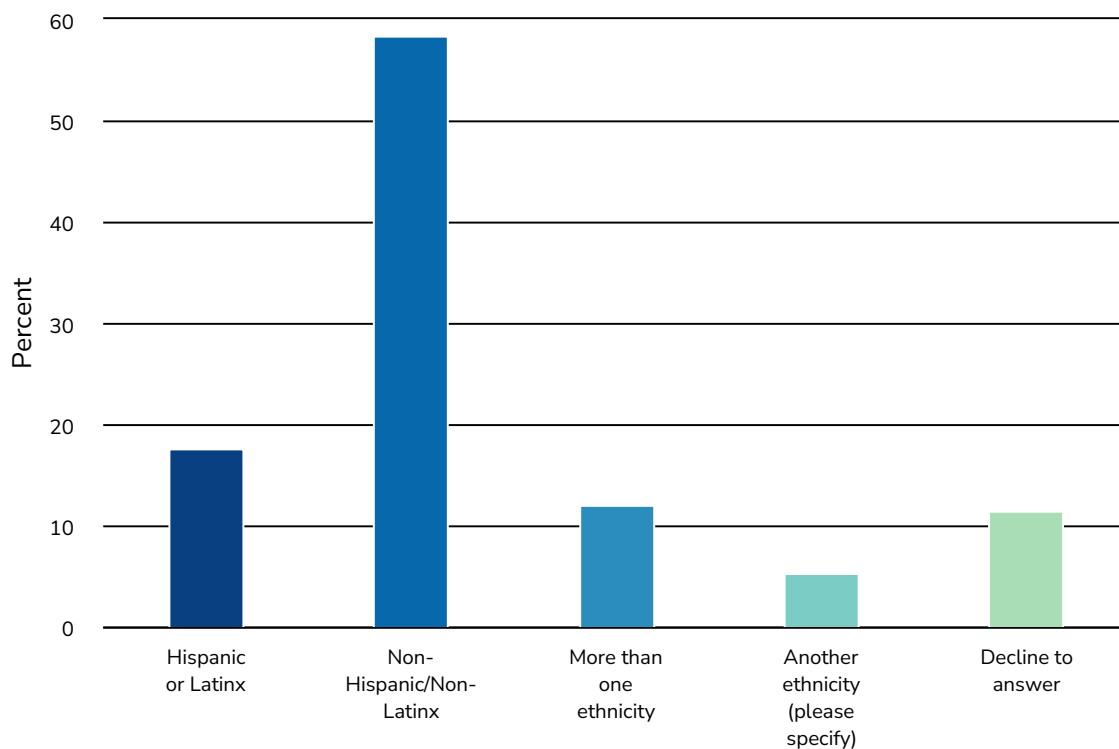
2. Please select your current age group.



Value	Percent	Responses
Transitional Age Youth - TAY (16-25)	14.9%	22
Adult (26-59)	71.6%	106
Older Adult (60+)	8.1%	12
Decline to answer	5.4%	8

Totals: 148

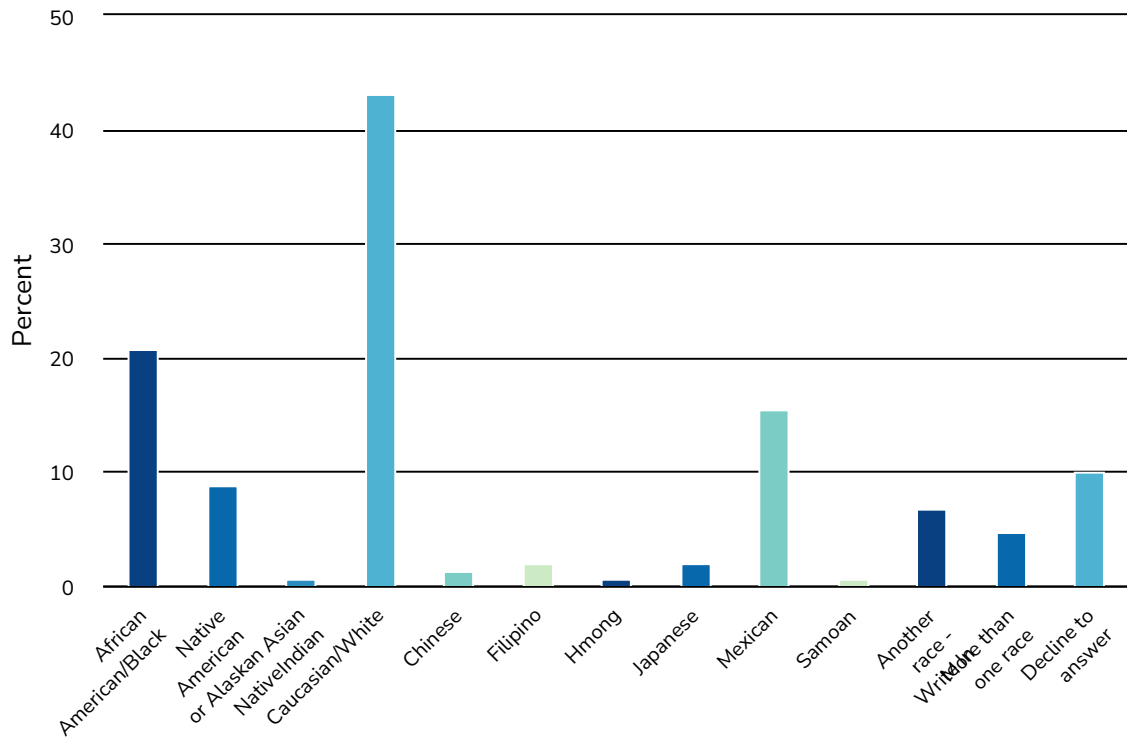
3. Please indicate your ethnicity.



Value	Percent	Responses
Hispanic or Latinx	17.7%	26
Non-Hispanic/Non-Latinx	58.5%	86
More than one ethnicity	12.2%	18
Another ethnicity (please specify)	5.4%	8
Decline to answer	11.6%	17

Another ethnicity (please specify)	Count
Afghan	2
Asian	1
Bosnian	1
Mexican	1
Middle eastern- Syrian	1
Totals	6

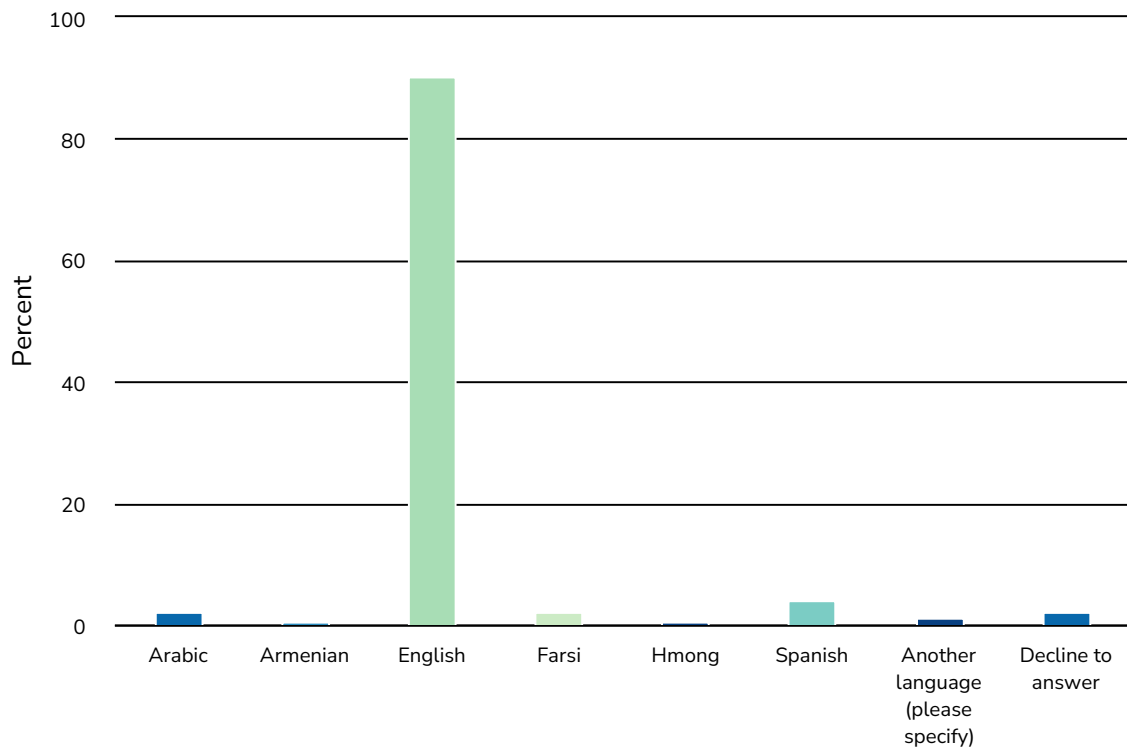
4. Please select your race.



Value	Percent	Responses
African American/Black	20.9%	31
Native American or Alaskan Native	8.8%	13
Caucasian/White	43.2%	64
Mexican	15.5%	23
Another race - Write In	6.8%	10
More than one race	4.7%	7
Decline to answer	10.1%	15
Asian Indian	0.7%	1
Chinese	1.4%	2
Filipino	2.0%	3
Hmong	0.7%	1
Japanese	2.0%	3
Samoaan	0.7%	1

Another race - Write In	Count
Afghan	2
Greek	1
Middle Eastern	1
Middle eastern- Syrian	1
Mien	1
Puerto Rican	1
SICLIAN	1
Spanish, Write	1
middle eastern	1
Totals	10

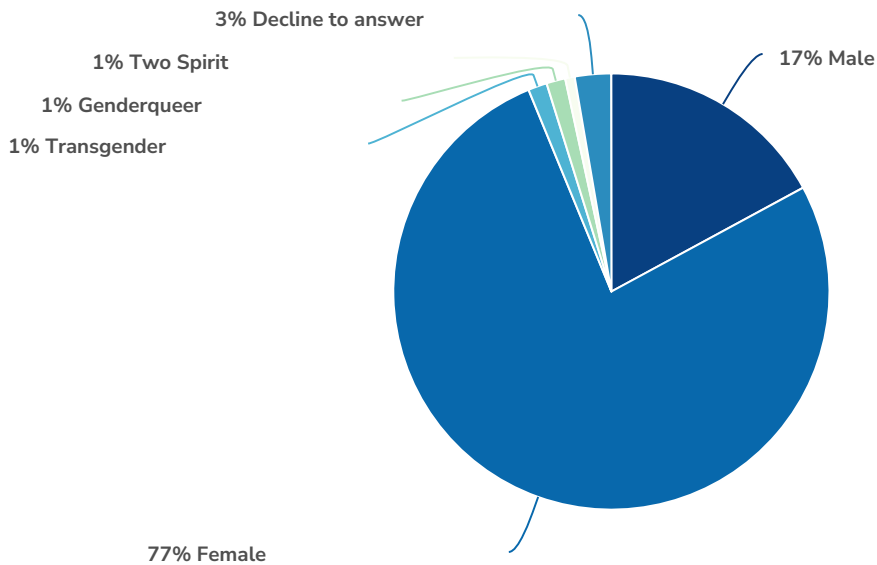
5. Please select your primary language.



Value	Percent	Responses
English	90.3%	130
Spanish	4.2%	6
Arabic	2.1%	3
Armenian	0.7%	1
Farsi	2.1%	3
Hmong	0.7%	1
Another language (please specify)	1.4%	2
Decline to answer	2.1%	3

Another language (please specify)	Count
Bosnian and Serbian	1
Spanish	1
Totals	2

6. Not everyone uses the same labels, however, which BEST describes your current gender?

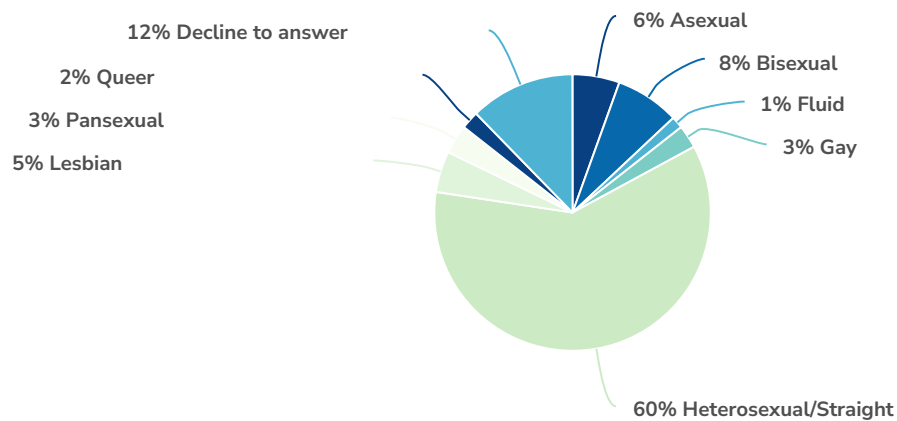


Value	Percent	Responses
Male	17.1%	25
Female	76.7%	112
Transgender	1.4%	2
Genderqueer	1.4%	2
Two Spirit	0.7%	1
Decline to answer	2.7%	4

Totals: 146

Another gender identity (please describe)	Count
Totals	0

7. Not everyone uses the same labels to describe their sexual orientation, however, which BEST describes your sexual orientation?

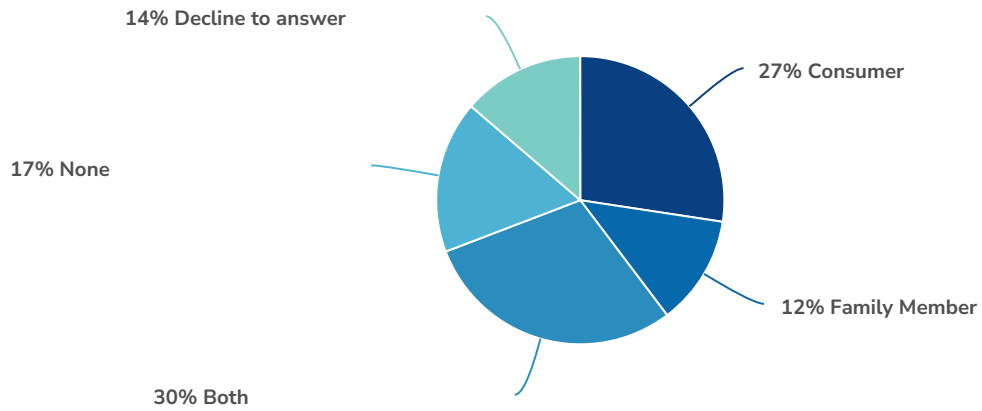


Value	Percent	Responses
Asexual	5.5%	8
Bisexual	7.5%	11
Fluid	1.4%	2
Gay	2.7%	4
Heterosexual/Straight	60.3%	88
Lesbian	4.8%	7
Pansexual	3.4%	5
Queer	2.1%	3
Decline to answer	12.3%	18

Totals: 146

Another sexual orientation (please describe)	Count
Totals	0

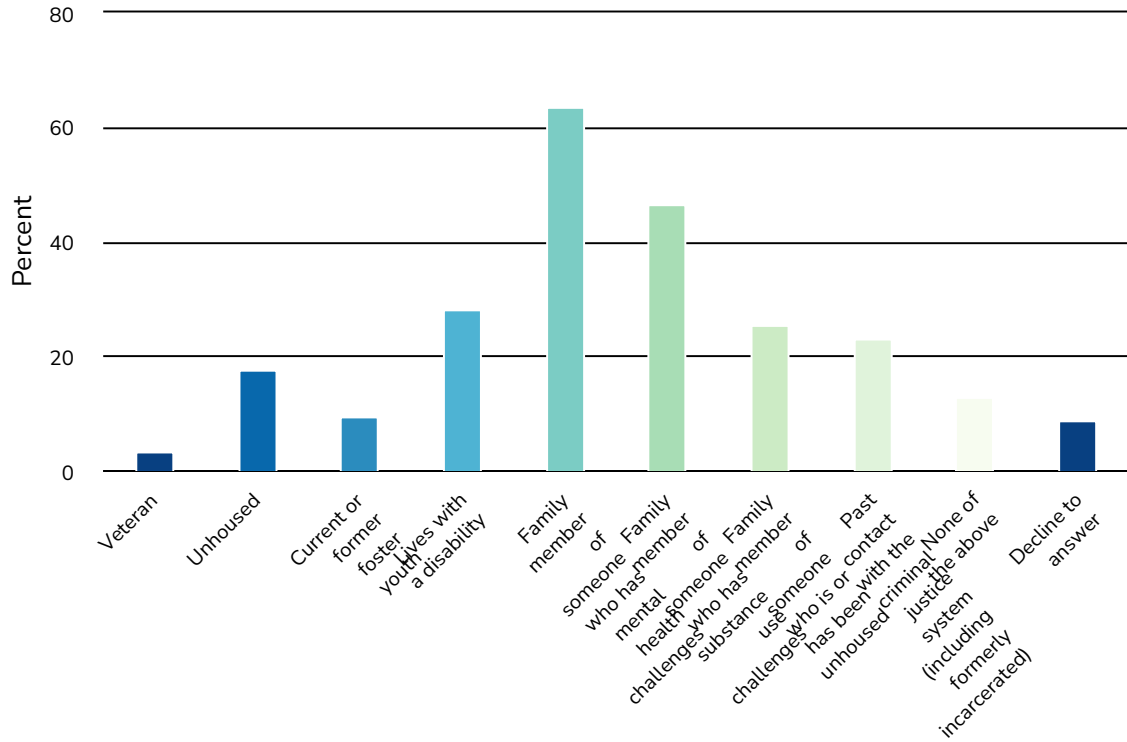
8. Please identify if you are a consumer and/or family member:



Value	Percent	Responses
Consumer	27.4%	40
Family Member	12.3%	18
Both	29.5%	43
None	17.1%	25
Decline to answer	13.7%	20

Totals: 146

9. Do you identify as a current or former member of any of the groups listed below? (check all that apply)



Value	Percent	Responses
Veteran	3.4%	5
Unhoused	17.6%	26
Current or former foster youth	9.5%	14
Lives with a disability	28.4%	42
Family member of someone who has mental health challenges	63.5%	94
Family member of someone who has substance use challenges	46.6%	69
Family member of someone who is or has been unhoused	25.7%	38
Past contact with the criminal justice system (including formerly incarcerated)	23.0%	34
None of the above	12.8%	19
Decline to answer	8.8%	13

CAL VOICES, IN PARTNERSHIP WITH
SACRAMENTO COUNTY BEHAVIORAL HEALTH SERVICES, PRESENTS

28th Annual Peer Empowerment Conference

Advancing the Peer Workforce in Sacramento County

Friday June 21, 2024
10:00 AM to 3:30 PM

Harper Alumni Center | Sacramento State University



CAL VOICES

ADVOCACY • RECOVERY • PEER SUPPORT

**SACRAMENTO
COUNTY**

The Certified Peer Support Specialist Leadership Liaison Program is a collaborative program of Cal Voices and Sacramento County Department of Health Services, Division of Behavioral Health Services, funded through the voter-approved Proposition 63, the Mental Health Services Act.

ABOUT CAL VOICES

In 1946, a coalition of mental health patients, mental health service providers, and interested community members began a local Mental Health Association chapter in Sacramento, which is now known as Cal Voices. For 77 years, Cal Voices has provided mental health consumers with culturally-affirming peer support services, assistance in navigating various human service agencies, and advocacy for consumer-oriented public behavioral health policies. Currently, Cal Voices provides these services in Amador, Placer, and Sacramento counties, and offers technical assistance to other behavioral health agencies statewide. Over 95% of our staff identify as consumers, family members, and/or parents/caregivers including our entire Executive Leadership team and all of our program managers. Cal Voices is an affiliate of Mental Health America (MHA), the country's oldest and largest nonprofit organization addressing all aspects of mental health.

Since 2015, Cal Voices has trained, coached, and mentored thousands of Peers in California to build their knowledge and expertise. We have conducted key informant interviews, organizational assessments, training, and technical assistance for hundreds of county staff and thousands of Peer providers in California's Public Behavioral Health System.

CERTIFIED PEER SUPPORT SPECIALIST LEADERSHIP LIAISON PROGRAM (CPS-LLP)

The Certified Peer Support Specialist Leadership Liaison Program is a collaborative program of Cal Voices and Sacramento County Department of Health Services, Division of Behavioral Health Services (BHS), funded through the voter-approved Proposition 63, the Mental Health Services Act. This program is intended to support Sacramento County Behavioral Health Service providers.

The Program works to:

- Expand the number of diverse Certified Medi-Cal Peer Support Specialists (CMPSS)
- Increase the tools and resources available to support Medi-Cal Peer Support Services
- Increase the knowledge of CMPSS staff related to the evidence-based practice of peer support
- Increase BHS providers' knowledge about developing, expanding, and retaining a diverse peer workforce.

We encourage you to participate in our program offerings and to stay tuned for upcoming opportunities. Contact us at peerleadership@calvoices.org.

2024 PEER EMPOWERMENT CONFERENCE ADVANCING THE PEER WORKFORCE IN
SACRAMENTO COUNTY | JUNE 21, 2024 | SACRAMENTO STATE UNIVERSITY

CONFERENCE AGENDA

10:00 AM – WELCOME AND MORNING KICK OFF

10:10 AM Stephanie Ramos | Education Director | Cal Voices
Susan Gallagher | Executive Director | Cal Voices

10:10 AM – WELCOMING REMARKS | THE VISION/FUTURE OF PEER
10:20 AM SUPPORT IN SACRAMENTO COUNTY

Dr. Ryan Quist | Behavioral Health Services Director
Sacramento County Department of Health Services, Division of
Behavioral Health Services

10:20 AM – PEER SUPPORT SPECIALIST PANEL

- 10:50 AM
- BJ Sloan | Peer Family Advocate | Hope Cooperative
 - Jean Philson | Family Partner I | Stanford Sierra Youth & Families
 - Kieyre Arnold | Youth Advocate | River Oak Center for Children
 - Patrick Walsh | Peer Support Specialist | Cal Voices
-

10:50 AM – SPEAKER PRESENTATION

11:50 AM Supporting Implementation of the Peer Workforce. Research Findings and Actionable Steps.

Morgan Pelot | Former Project Manager | Live & Learn, Inc.

11:50 AM – LUNCH DISTRIBUTION

12:05 PM

12:00 PM – LUNCH PRESENTATION

1:15 PM 1 Degree of Separation

Talking about anxiety, depressions, and suicide through the use of comedy! This presentation is made possible by a generous contribution by [Sierra Health and Wellness](#).

1:15 PM – PEER CERTIFICATION OVERVIEW AND UPDATES

1:40 PM Ofelia Ferreyra-Ruiz | Peer Program Specialist | California Mental Health Services Authority (CalMHSA)

2024 PEER EMPOWERMENT CONFERENCE ADVANCING THE PEER WORKFORCE IN
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CONFERENCE AGENDA (continued)

1:40 PM – EMPLOYER PANEL DISCUSSION

2:15 PM

- Tiffany Carter | Executive Director | Consumers Self-Help Centers
- Theresa Hodges | Program Director | Turning Point Community Programs
- Trina Hatler | Program Director | Hope Cooperative
- Xiomara Seide | Youth Advocate & Family Partner Supervisor Pacific Clinics

2:15 PM – SPEAKER PRESENTATION

3:15 PM

**What does it mean to be a person in recovery in the workplace?
Promoting wellbeing and a holistic environment for all!**

Juan Vélez Court | Mental Health and Peer Recovery Consultant
Mental Health and Anti Addiction Services Administration of
Puerto Rico | National Empowerment Center

3:15 PM – CLOSING REMARKS AND RAFFLE

3:30 PM

Jennifer Churchill | Certified Peer Support Specialist Liaison
Cal Voices
Stephanie Ramos | Education Director | Cal Voices

Don't Forget!

Scan the QR Code to complete your
Conference Evaluation



SPEAKER BIOGRAPHIES - IN ORDER OF APPEARANCE

SUSAN GALLAGHER | EXECUTIVE DIRECTOR

Cal Voices



Susan Gallagher, MMPA, has been the Executive Director of Cal Voices, a diverse, peer-run, nonprofit behavioral health advocacy organization, for the past 27 years. Susan brings her own lived experience as a family member and as someone in recovery from mental illness to her role as Executive Director. She holds a Master's degree in Management and Public Administration from the University of Phoenix, and a Bachelor's degree in Psychology from California State University, Sacramento.

STEPHANIE RAMOS | EDUCATION DIRECTOR

Cal Voices



Stephanie Ramos is a family member of someone living with a severe mental illness. She has served as Youth Advocate, Family Coordinator, Operations Manager, Communications Director, and Education Director for Cal Voices over the course of 18+ years. Her work has included grassroots local advocacy efforts in Sacramento on various boards and committees. She has over a decade of experience providing training and technical assistance to employers across California to implement and improve peer support programs.

DR. RYAN QUIST | DIRECTOR OF BEHAVIORAL HEALTH SERVICES

Sacramento County Behavioral Health Services



Ryan Quist, Ph.D., is the Behavioral Health Director in Sacramento County. His work in Behavioral Health started in Riverside County Behavioral Health where he worked in various roles dedicating more than 20 years to County Behavioral Health. He remains very active in Statewide advocacy on Behavioral Health topics and was elected by other Behavioral Health Directors as President for the County Behavioral Health Directors Association (CBHDA). He co-chairs the

CBHDA Medi-Cal Policy Committee. He was selected to participate in the CalAIM Behavioral Health Stakeholder workgroup and contributed to planning for the various Behavioral Health CalAIM initiatives now being implemented. In Sacramento County, his focus is on mental health and substance use services for the homeless population, criminal justice population, and bolstering the crisis continuum of care to prevent psychiatric hospitalizations. For children's services, he is dedicated to promoting field-based and school-based services and collaborating to support foster youth and probation populations.

2024 PEER EMPOWERMENT CONFERENCE ADVANCING THE PEER WORKFORCE IN
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SPEAKER BIOGRAPHIES (continued)

BJ SLOAN | PEER FAMILY ADVOCATE

Hope Cooperative



BJ Sloan is currently a Peer Family Advocate with Hope Cooperative. He was the first person hired for that role. Prior to this he worked as a clinical technician at a residential treatment center to earn the 3000 hours needed for certification. During that time, he learned the value of peer support services for those experiencing difficult circumstances. As a Peer Family Advocate BJ is able to bridge clients into Hope Cooperative's clinical program and advocate for those who may

have no other social support. He enjoys working for Hope Cooperative because everyone respects one another and works collaboratively to make the team stronger.

JEAN PHILSON | FAMILY PARTNER

Stanford Sierra Youth & Families



Jean Philson is a dedicated Family Partner at Stanford Sierra Youth & Families in the Family and Youth Partnership Program. With a remarkable journey of overcoming challenges, Jean brings invaluable insight as a 15-year recovering addict, survivor of domestic and sexual abuse, as well as homelessness. Despite adversities, Jean graduated with honors and became a Certified Medi-Cal Peer Support Specialist with CalMHSA. Actively involved in the family

Advocacy and Parent Partner Advisory Committees, Jean shares lived experiences to advocate for others within the child welfare, and juvenile/adult justice systems, embodying resilience and compassion.

KIEYRE ARNOLD | YOUTH ADVOCATE

River Oak Center for Children



Kieyre Arnold is a Certified Medi-Cal Peer Support Specialist (Youth Advocate) for the Juvenile Justice Diversion and Treatment Program at River Oak Center for Children. He also serve as chairperson of the Sacramento County Youth Advocate Committee (YAC) where local youth advocates connect monthly to exchange information and resources. Throughout Kieyre's childhood, he witnessed firsthand the challenges faced by young individuals and families entangled within the complex justice system.

2024 PEER EMPOWERMENT CONFERENCE ADVANCING THE PEER WORKFORCE IN
SACRAMENTO COUNTY | JUNE 21, 2024 | SACRAMENTO STATE UNIVERSITY

SPEAKER BIOGRAPHIES (continued)

PATRICK WALSH | PEER SUPPORT SPECIALIST

Cal Voices



Patrick Walsh is a Peer Support Specialist for Sacramento County's Community Support Team. He shares his lived experience with individuals with the goal of destigmatizing conversations and openness about mental health. Patrick started this work after recovering from an episode of depression and connecting with other peer workers in a support group. He continues to do this work because he gets to provide hope to people who are trying to do hard things and encourage them to connect with others

MORGAN PELOT | FORMER PROJECT MANAGER

Live and Learn, Inc.



Morgan Pelot is currently a doctoral student at Portland State University, where she is studying Community Psychology. Morgan served in several direct service roles, including working as a peer support counselor, after graduating from the University of California, Santa Cruz. An interest to contribute to the field of research and enhance the representation of lived experience narratives led to a career shift. She worked at Live & Learn, Inc. as the Research Program

Program Manager where she managed the Certified Peer Specialist Career Outcomes Study along with other NIDILRR grant-funded projects. She plans to continue to work on projects focused on supporting the peer workforce and studying other alternatives to traditional mental health care.



"1 Degree of Separation, a Funny Look at Depression and Suicide" is a suicide prevention training program that had its first performance on January 10th, 2019. Since then, this

suicide prevention program has been presented at over 100 events in 11 states. They use comedy and laughter to address a serious, life-changing subject. The audiences have included Middle Schools, High Schools, Colleges, Universities, 1st Responders, Military, Corporate Clients, and more. 1 Degree has become a legitimate suicide prevention training tool all across the country. They recently signed a two-year contract with the California Prison Industry Authority and provide suicide prevention training for all new employees statewide. They have also had a film crew following them for the past two years making a documentary about this life-changing show. They recently signed with a publishing company to produce a book about Comedy and Suicide.

2024 PEER EMPOWERMENT CONFERENCE ADVANCING THE PEER WORKFORCE IN
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SPEAKER BIOGRAPHIES (continued)

OFELIA FERREYRA-RUIZ | PEER PROGRAM SPECIALIST

California Mental Health Services Authority (CalMHSA)



Ofelia Ferreyra-Ruiz is a Peer Program Specialist at the California Mental Health Services Authority (CalMHSA). She supports the Medi-Cal Peer Support Specialist Certification Program, aiming to amplify the voices within the Peer community. Her personal experiences as a first-generation Latinx immigrant with a mental health condition have fueled her passion for mental health advocacy. She is involved in reimagining mental health services for the undocumented immigrant

student community, aiming to improve accessibility and address social injustices related to immigration. Through her role, she is dedicated to expanding the behavioral health workforce to meet the state's increasing demand for services.

THERESA HODGES | PROGRAM DIRECTOR

Turning Point Community Programs



Theresa Hodges has spent 10 years working in the Substance Use Disorder treatment field as a counselor and educator, in residential and outpatient treatment programs. Since 2017, she has worked with Turning Point Community Programs, Inc., as Program Director of Insight Respite Center (IRC), a peer run respite program. Theresa has guided and supported IRC staff through obtaining the California Medi-Cal Peer Support Specialist Certification. She also collaborated

with Nevada County Behavioral Health in creating the Consumer Advisory Committee to address future needs of those we are privileged to serve.

TRINA HATLER | PROGRAM DIRECTOR

Hope Cooperative



Trina Hatler is a Program Director at Hope Cooperative's CORE Marconi site. Trina has worked in the mental health field since 2006, spending the last 15 years with Hope Cooperative. In her role, Trina supports a team of Program Managers and Peer Support Specialists who provide inclusive and meaningful activities, including peer-led activities, groups, and experiences that promote Wellness, Recovery and Resiliency. She holds a Bachelors in Psychology and Masters in Social Work.

SPEAKER BIOGRAPHIES (continued)

TIFFANY MURPHY | EXECUTIVE DIRECTOR

Consumer Self-Help Centers



Tiffany C. Murphy, Executive Director of Consumers Self Help Center, is a seasoned professional with a unique education and experience in Human Services and Industrial/Organizational Psychology. With over 16 years in the Health and Human Services field, she has advocated for unserved/underserved communities' collective and individual access to appropriate services that support well-being, recovery, and sustainability. Guided by the motto "nothing about us without us", her

commitment to community service is rooted in a deep understanding of the importance of consumer involvement and empowerment at all levels of health service provisions, community development, public governance, policy-making, and human services. As the Executive Director of a Peer-run organization, Tiffany's mission is to nurture, elevate, and amplify the expertise and perspectives of peers, ensuring that their voices are heard.

XIOMARA SEIDE | YOUTH ADVOCATE & FAMILY PARTNER SUPERVISOR

Pacific Clinics



Xiomara Seide is originally from Guatemala and has lived in the United States for 32 years. Originally, Xiomara planned to become a psychologist but a bipolar diagnosis would derail this plan. Decades later, and thanks to her lived experience as a consumer and a parent, she still ended up working in the mental health field as a peer. Xiomara is proud to say that her professional credentials come from lived experience. She has worked as a Family Partner for about 11

years, and as a Youth Advocate & Family Partner supervisor in the Flexible Integrated Treatment program at Pacific Clinics for the past two years.

JUAN VÉLEZ COURT | MENTAL HEALTH AND PEER RECOVERY CONSULTANT

Mental Health and Anti-Addiction Services Administration of Puerto Rico | National Empowerment Center



Juan Vélez Court is a Mental Health and Peer Recovery Consultant for the Mental Health and Anti-Addiction Services Administration of Puerto Rico, and also provides consulting for the National Empowerment Center. Among other roles, he works as a liaison to bridge the gap between peer and clinical services, facilitating and coordinating training, workshops, and strategic opportunities to integrate people with lived-experience in the workplace and maintain the integrity of the role of peer services.

2024 PEER EMPOWERMENT CONFERENCE ADVANCING THE PEER WORKFORCE IN
SACRAMENTO COUNTY | JUNE 21, 2024 | SACRAMENTO STATE UNIVERSITY

SPECIAL THANKS



Cal Voices would like acknowledge and thank those involved in planning and supporting the development of this year's conference!



Sacramento County Department of Health Services, Division of Behavioral Health

For 28 years, Sacramento County has been the primary funder of Cal Voices' Peer Empowerment Conference. We could not have provided this event for so long without their generous support!

CONFERENCE PLANNING TEAM



Jennifer Churchill



Zauna Nuru-Bates



Robert Salinas



Nicole Scanlan

VOLUNTEERS

This conference would not be possible without our generous volunteers. The Conference Planning team extends a special thank you to the following individuals for their help during today's conference.

Jacquelyn Guzman

James Saechao

Maleek Joseph

Megan Benitez

Candice Godfrey

Amber Glasser

Michael Joseph



Thank you to Sierra Health + Wellness for their generous sponsorship of our lunchtime presentation by 1 Degree of Separation. Learn more at www.sierrahealthandwellness.com

2024 PEER EMPOWERMENT CONFERENCE: ADVANCING THE PEER WORKFORCE IN SACRAMENTO COUNTY | JUNE 21, 2024 | SACRAMENTO STATE UNIVERSITY



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**Behavioral Health Services
2024 Human Resources Survey**

Lien Lam
Program Planner
Data Analytics Team
Division of Behavioral Health Services

OVERVIEW

Title 9, California Code of Regulations, Chapter 11, Medi-Cal Specialty MHS, Article 4, Section 1810.410 (c)-(d) states each Behavioral Health Plan (BHP) shall submit an annual Cultural Competence Plan Report (CCPR) consistent with the plan reporting requirements, including the population assessment and organizational and service provider assessments. In 2022, the CCPR requirements included strategies to address Culturally and Linguistically Appropriate Services (CLAS) standards.

The Human Resources (HR) Survey is intended to comply with the CLAS standard 3: *Recruit, promote, and support a culturally and linguistically diverse governance, leadership, and workforce that are responsive to the population in the service area.*

The HR Survey collects information regarding individuals who work and/or provide support (directly or indirectly) to Medi-Cal beneficiaries in the Sacramento County Behavioral Health System. The data is then utilized to compare the workforce to the population served.

In addition to the HR Survey, the Language Proficiency Survey collects information regarding the linguistic proficiency of individuals involved in the provision of behavioral health services. The information collected from both surveys focuses on staff ethnicity, language proficiencies, gender, sexual orientation, consumer/family member status, disability, and veteran status.

KEY FINDINGS

- 1,227 staff members responded to at least one question on the HR Survey. This is not an unduplicated count as the HR Survey was anonymous.
- Of the 1,227 survey respondents, 70.3% provided direct services while 25.8% provided indirect services.
- Mental Health (MH) Services staff comprised 77.2% of survey respondents, and 19.0% of surveys were Substance Use Prevention & Treatment (SUPT) Services staff.
- 68.6% of staff members self-identified as Female, 17.6% as Male, 11.0% declined to state their gender, and 2.9% self-identified as a gender that fell into the “Other” category (Agender, Gender Fluid, Genderqueer, Intersex, Non-Binary, Other, Questioning/Unsure, Transgender, and Two Spirit.)
- While White/Caucasian represented 35.0% of respondents, the majority (57.0%) of staff identify with a race other than Caucasian (0.7% American Indian, 11.9% Asian/Pacific Islander, 11.9% Black/African American, 2.0% Other, 16.0% Hispanic/Latino, and 14.5% Multi-Ethnic). The remaining 7.9% of respondents declined to state their race.
- Out of all respondents, 66.6% self-identified as Heterosexual/Straight, 17.3% declined to answer, and 16.1% self-identified as part of the LGBTQIA+ community (2.0% Asexual, 5.1% Bisexual, 1.7% Gay, 2.1% Lesbian, 1.9% Queer, and 3.3% Other).
- 29.0% of staff members reported being a current/former recipient of Mental Health or Substance Use Treatment Services, and 10.5% as the parent/caregiver of a youth, who is a current/former recipient of Mental Health or Substance Use Treatment Services. 12.3% of staff members reported living with a disability, and 3.2% are current/former members of the US Military Service.
- 1,062 unduplicated staff members responded to at least one question on the Language Proficiency Survey. 37.8% of staff members reported being proficient in another language other than English. In total, 37 different languages were represented among staff. Spanish was the most frequently reported non-English language (19.8%).

ALL STAFF

Staff Categories

Of the 1,227 staff members who reported their staff category, the majority (70.3%) were direct service providers (Behavioral Health Peer Provider, Licensed Direct Service Staff, Other Health Care Professionals, Unlicensed Direct Service Staff, or Registered/Certified Direct Service Staff). The remaining 25.8% of respondents fulfill indirect service provision roles (Administrative or Managerial & Supervisory).

The survey respondents were 77.2% Mental Health (MH) Services staff while 19.0% were Substance Use Prevention and Treatment (SUPT) Services staff, and 3.8% declined to state their staff category.

Figure 1 provides a visual depiction of the staff categories, and Table 1 offers a detailed breakdown of staff categories. In addition, detailed descriptions of each category may be found in Appendix A.

Figure 1. Staff Categories (N=1227)

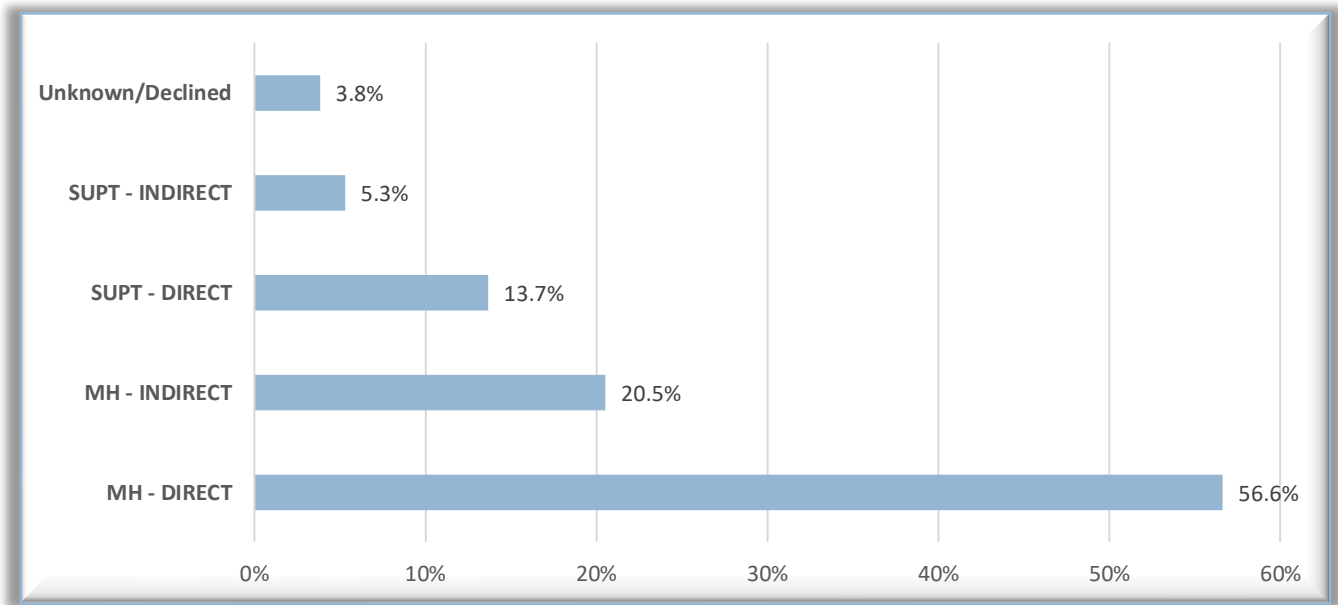


Table 1. Staff Categories (N=1227)

SERVICES	DIRECT		INDIRECT		DECLINED		TOTAL	
Mental Health	695	56.6%	252	20.5%	0	0.0%	947	77.2%
Substance Use Prevention & Treatment	168	13.7%	65	5.3%	0	0.0%	233	19.0%
Unknown/Declined	0	0.0%	0	0.0%	47	3.8%	47	3.8%
TOTAL	863	70.3%	317	25.8%	47	3.8%	1227	100.0%

STAFF DEMOGRAPHICS

Gender Identity

Most staff members self-identified as Female (68.6%). About 17.6% identified as Male and 11.0% declined to state their gender. The remaining 2.9% of staff members reported nine different gender identities that fall into the “Other” category, which includes Agender (0.2%), Gender Fluid (0.2%), Genderqueer (0.1%), Intersex (0.1%), Non-Binary (1.5%), Other (0.4%), Questioning/Unsure (0.2%), Transgender (0.1%), and Two Spirit (0.1%).

Figure 2 shows the staff members’ gender identities in the context of staff categories, and Table 2 offers a detailed breakdown of each gender identity.

Figure 2. Gender Identity by Staff Category (N=1227)

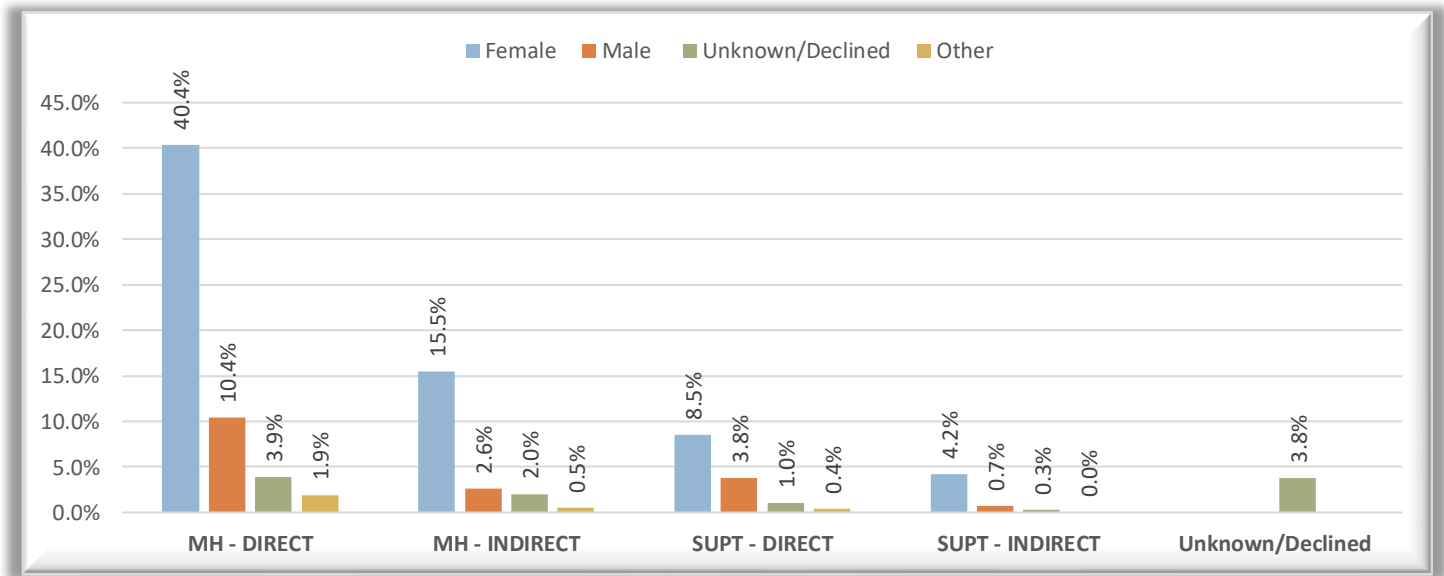


Table 2. Gender Identity (N=1227)

GENDER IDENTITY	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		DECLINED		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
Female	496	40.4%	190	15.5%	104	8.5%	52	4.2%	0	0.0%	842	68.6%
Male	128	10.4%	32	2.6%	47	3.8%	9	0.7%	0	0.0%	216	17.6%
Unknown/Declined	48	3.9%	24	2.0%	12	1.0%	4	0.3%	47	3.8%	135	11.0%
Other												
Agender	1	0.1%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	2	0.2%
Gender Fluid	1	0.1%	1	0.1%	1	0.1%	0	0.0%	0	0.0%	3	0.2%
Genderqueer	0	0.0%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Intersex	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Non-Binary	14	1.1%	3	0.2%	1	0.1%	0	0.0%	0	0.0%	18	1.5%
Other	4	0.3%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	5	0.4%
Questioning/Unsure	1	0.1%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	2	0.2%
Transgender	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Two Spirit	0	0.0%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
TOTAL	695	56.6%	252	20.5%	168	13.7%	65	5.3%	47	3.8%	1227	100.0%

Race

While White/Caucasian represented 35.0% of respondents, the majority (57.0%) of staff identify with a race other than Caucasian (0.7% American Indian, 11.9% Asian/Pacific Islander, 11.9% Black/African American, 2.0% Other, 16.0% Hispanic/Latino, and 14.5% Multi-Ethnic). The remaining 7.9% of respondents declined to state their race. Direct mental health service providers were significantly more likely to self-identify with a race other than White/Caucasian when compared to the other three staff categories. These differences are visualized in Figure 3. In addition, Figure 4 and Table 3 offer detailed information regarding the racial makeup of staff categories by noting specific races reported by staff members.

Figure 3. Racial Makeup of Staff Categories (N=1227)

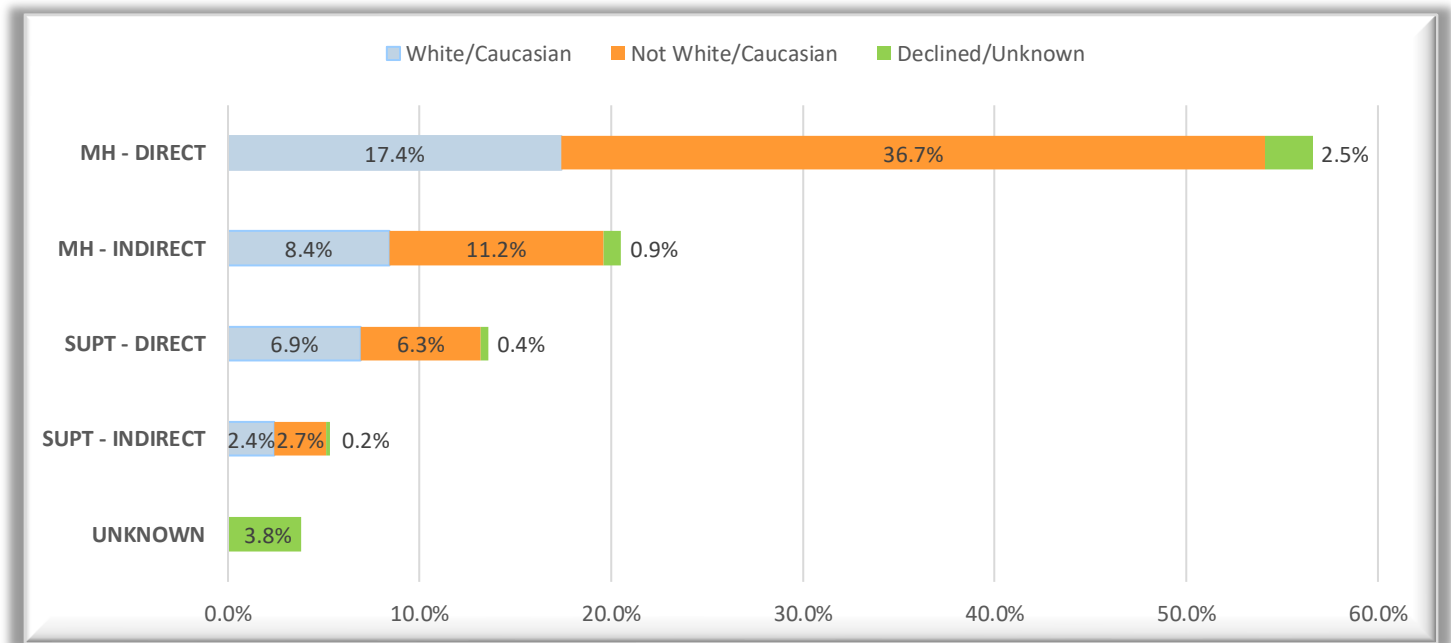


Figure 4. Race by Staff Category (N=1227)

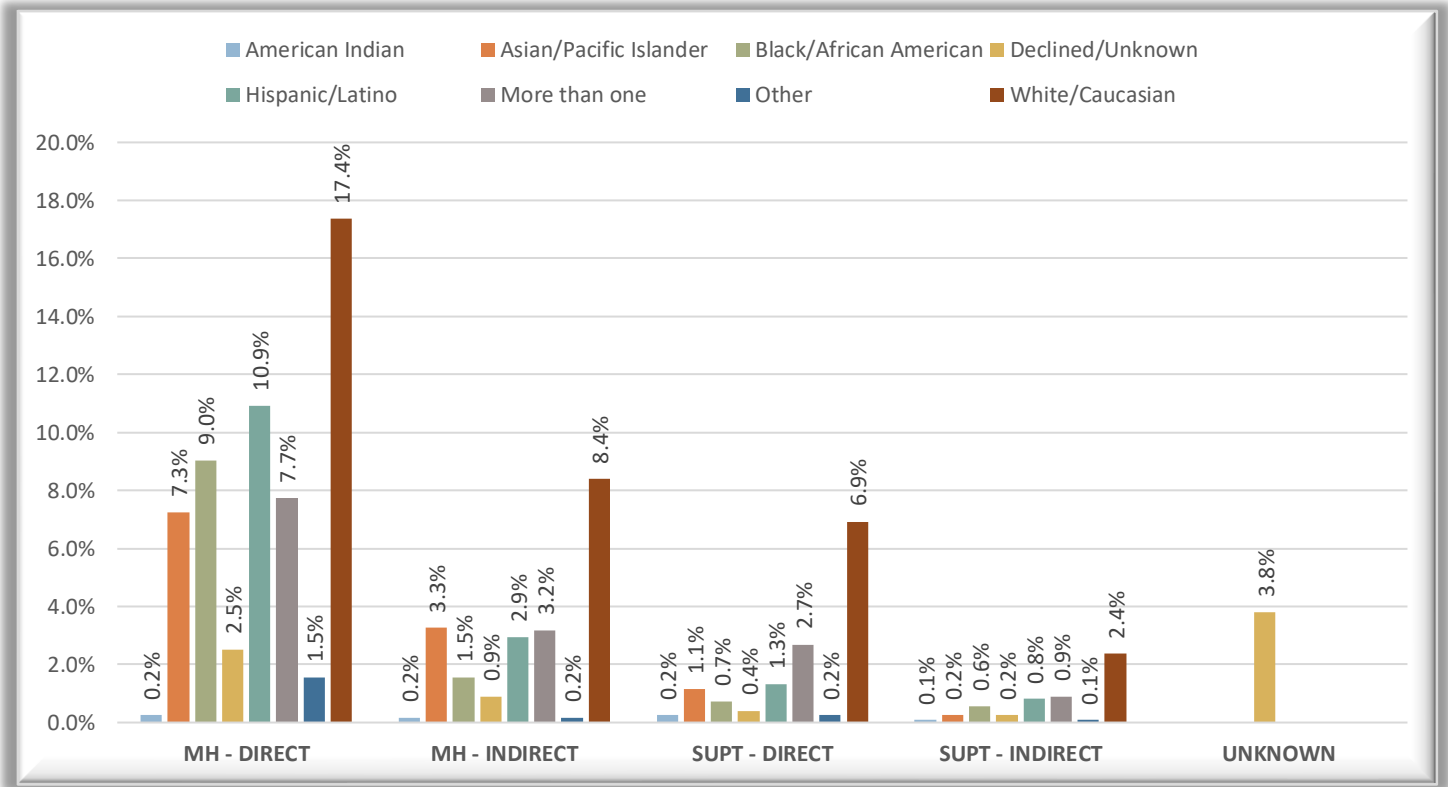


Table 3. Race (N=1227)

RACE	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		UNKNOWN		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
American Indian	3	0.2%	2	0.2%	3	0.2%	1	0.1%	0	0.0%	9	0.7%
Asian/Pacific Islander	89	7.3%	40	3.3%	14	1.1%	3	0.2%	0	0.0%	146	11.9%
Black/African American	111	9.0%	19	1.5%	9	0.7%	7	0.6%	0	0.0%	146	11.9%
Declined/Unknown	31	2.5%	11	0.9%	5	0.4%	3	0.2%	47	3.8%	97	7.9%
Hispanic/Latino	134	10.9%	36	2.9%	16	1.3%	10	0.8%	0	0.0%	196	16.0%
More than one	95	7.7%	39	3.2%	33	2.7%	11	0.9%	0	0.0%	178	14.5%
Other	19	1.5%	2	0.2%	3	0.2%	1	0.1%	0	0.0%	25	2.0%
White/Caucasian	213	17.4%	103	8.4%	85	6.9%	29	2.4%	0	0.0%	430	35.0%
TOTAL	695	56.6%	252	20.5%	168	13.7%	65	5.3%	47	3.8%	1227	100.0%

Sexual Orientation

Out of all respondents, 66.6% self-identified as Heterosexual/Straight, 17.3% declined to answer, and 16.1% self-identified as part of the LGBTQIA+ community (2.0% Asexual, 5.1% Bisexual, 1.7% Gay, 2.1% Lesbian, 1.9% Queer, and 3.3% Other). The “Other” category included 0.1% Demisexual, 0.7% Fluid, 0.1% Graysexual, 0.4% Other, 1.7% Pansexual, 0.3% Questioning, and 0.1% Unsure. Direct mental health service providers were most likely to self-identify as part of the LGBTQIA+ community when compared to the other three staff categories.

Figure 5 shows the LGBTQIA+ representation. Figure 6 and Table 4 offer detailed information regarding the sexual orientations of staff categories.

Figure 5. LGBTQIA+ Representation (N=1227)

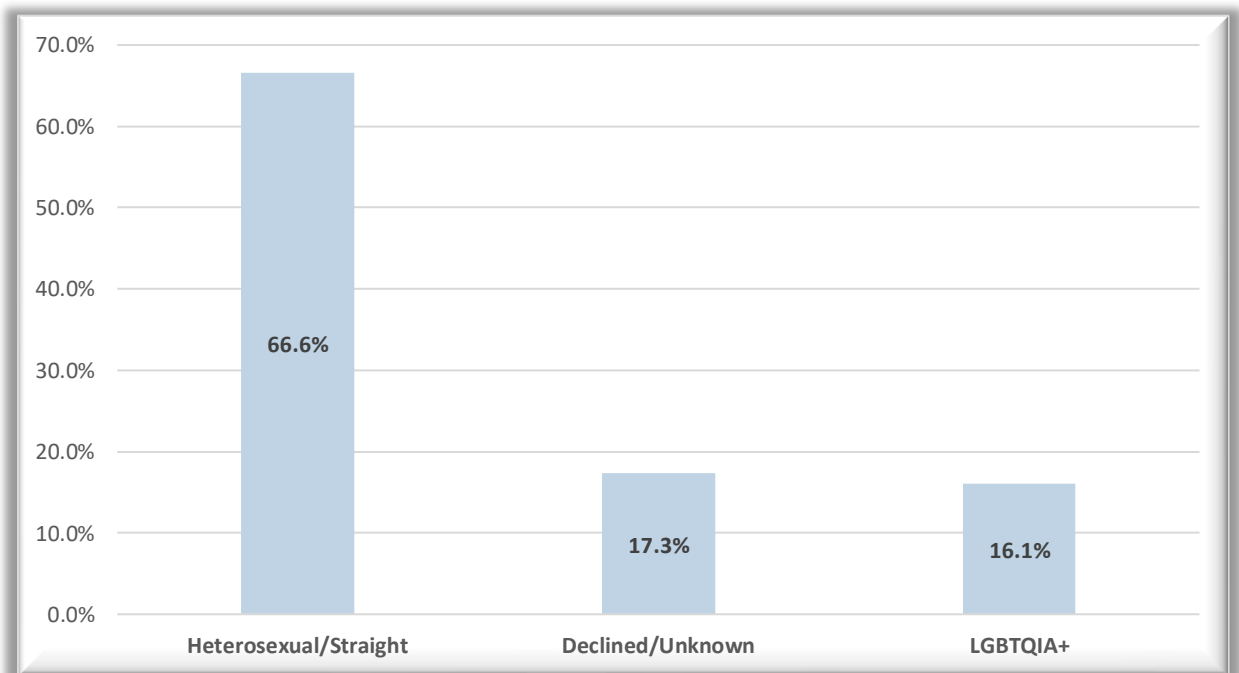


Figure 6. Sexual Orientation by Staff Category (N=1227)

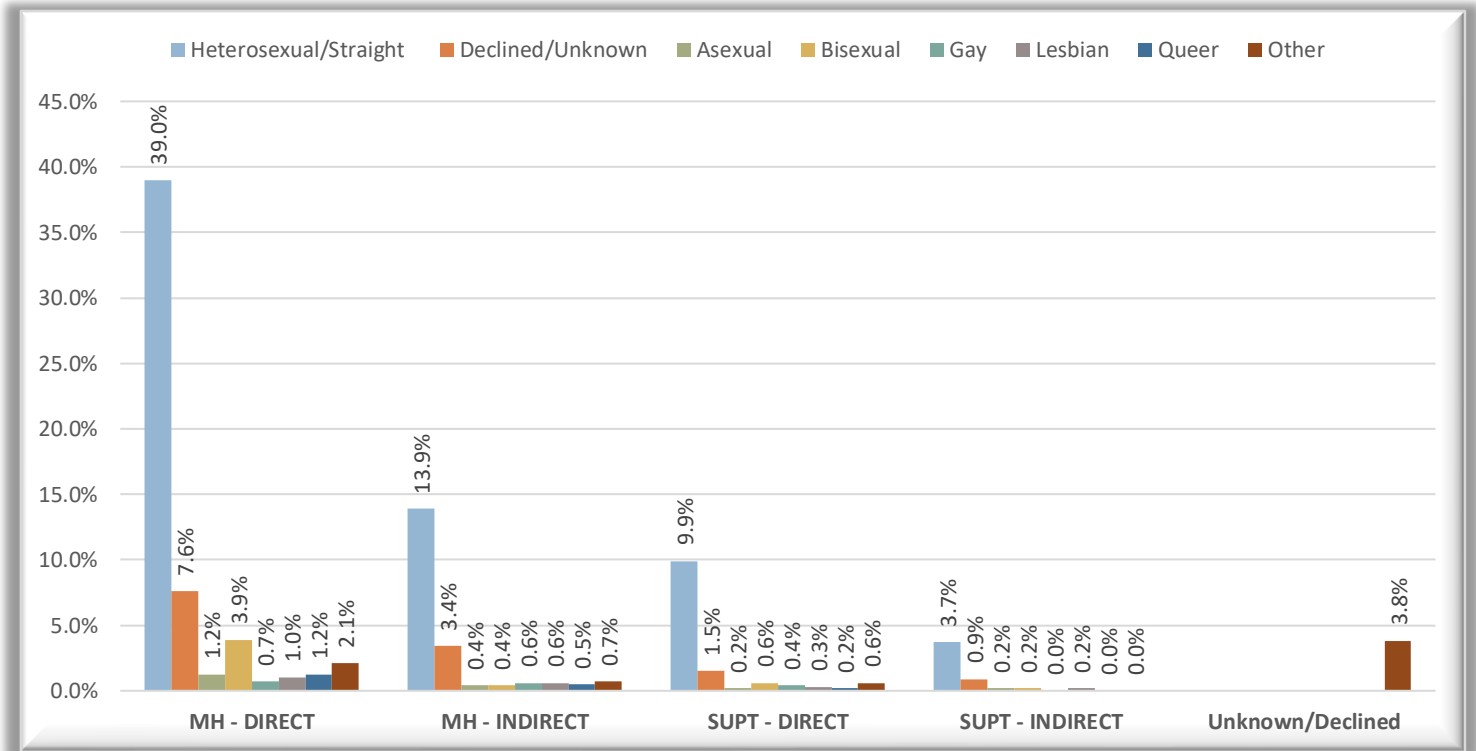


Table 4. Sexual Orientation (N=1227)

SEXUAL ORIENTATION	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		DECLINED		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
Heterosexual/Straight	478	39.0%	171	13.9%	122	9.9%	46	3.7%	0	0.0%	817	66.6%
Declined/Unknown	93	7.6%	42	3.4%	19	1.5%	11	0.9%	47	3.8%	212	17.3%
Asexual	15	1.2%	5	0.4%	2	0.2%	3	0.2%	0	0.0%	25	2.0%
Bisexual	48	3.9%	5	0.4%	7	0.6%	2	0.2%	0	0.0%	62	5.1%
Gay	9	0.7%	7	0.6%	5	0.4%	0	0.0%	0	0.0%	21	1.7%
Lesbian	12	1.0%	7	0.6%	4	0.3%	3	0.2%	0	0.0%	26	2.1%
Queer	15	1.2%	6	0.5%	2	0.2%	0	0.0%	0	0.0%	23	1.9%
Other												
Demisexual	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Fluid	7	0.6%	1	0.1%	0	0.0%	0	0.0%	0	0.0%	8	0.7%
Graysexual	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Other	3	0.2%	0	0.0%	2	0.2%	0	0.0%	0	0.0%	5	0.4%
Pansexual	10	0.8%	7	0.6%	4	0.3%	0	0.0%	0	0.0%	21	1.7%
Questioning	2	0.2%	1	0.1%	1	0.1%	0	0.0%	0	0.0%	4	0.3%
Unsure	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
TOTAL	695	56.6%	252	20.5%	168	13.7%	65	5.3%	47	3.8%	1227	100.0%

Recipients, Family Members, Disabled and Military

As part of the HR survey, staff were asked whether they identified as a recipient, family member, having a disability, and/or US military service history. In response, 29.0% reported being a current/former recipient of Mental Health or Substance Use Treatment Services, and 10.5% as the parent/caregiver of a youth, who is a current/former recipient of Mental Health or Substance Use Treatment Services. A reported 12.3% of staff members live with a disability, and 3.2% are current/former members of the US Military Service. Staff responses are broken down by staff category in Table 5.

Table 5. Recipient Status, Disabilities, & Military Service by Staff Category (N=1227)

CONSUMER STATUS, DISABILITIES, & MILITARY SERVICE	MH - DIRECT		MH - INDIRECT		SUPT - DIRECT		SUPT - INDIRECT		UNKNOWN		TOTAL	
	N	%	N	%	N	%	N	%	N	%	N	%
I am a current/former recipient of Mental Health or Substance Use Treatment Services.	199	16.2%	50	4.1%	94	7.7%	13	1.1%	0	0.0%	356	29.0%
I am the parent/caregiver of a youth, who is/was a recipient of Mental Health or Substance Use Treatment Services.	73	5.9%	28	2.3%	23	1.9%	5	0.4%	0	0.0%	129	10.5%
I live with a disability.	99	8.1%	24	2.0%	24	2.0%	4	0.3%	0	0.0%	151	12.3%
I am currently or have served in the US Military.	29	2.4%	3	0.2%	7	0.6%	0	0.0%	0	0.0%	39	3.2%
Not Applicable/Declined	295	24.0%	147	12.0%	20	1.6%	43	3.5%	47	3.8%	552	45.0%
TOTAL	695	56.6%	252	20.5%	168	13.7%	65	5.3%	47	3.8%	1227	100.0%

Language

When asked whether they were able to speak a language other than English, 37.8% of staff members responded “yes.” Overall, survey responses highlighted varying levels of language proficiency among staff categories, with direct mental health service providers standing out for notable linguistic diversity. Staff members who provide direct mental health services to consumers makeup 67.8% of staff members who can speak a language other than English. Differences in non-English language proficiency between staff categories are outlined in Figure 7 and Table 6 below.

Figure 7. Non-English Language Proficiency by Staff Category (N=1062)*

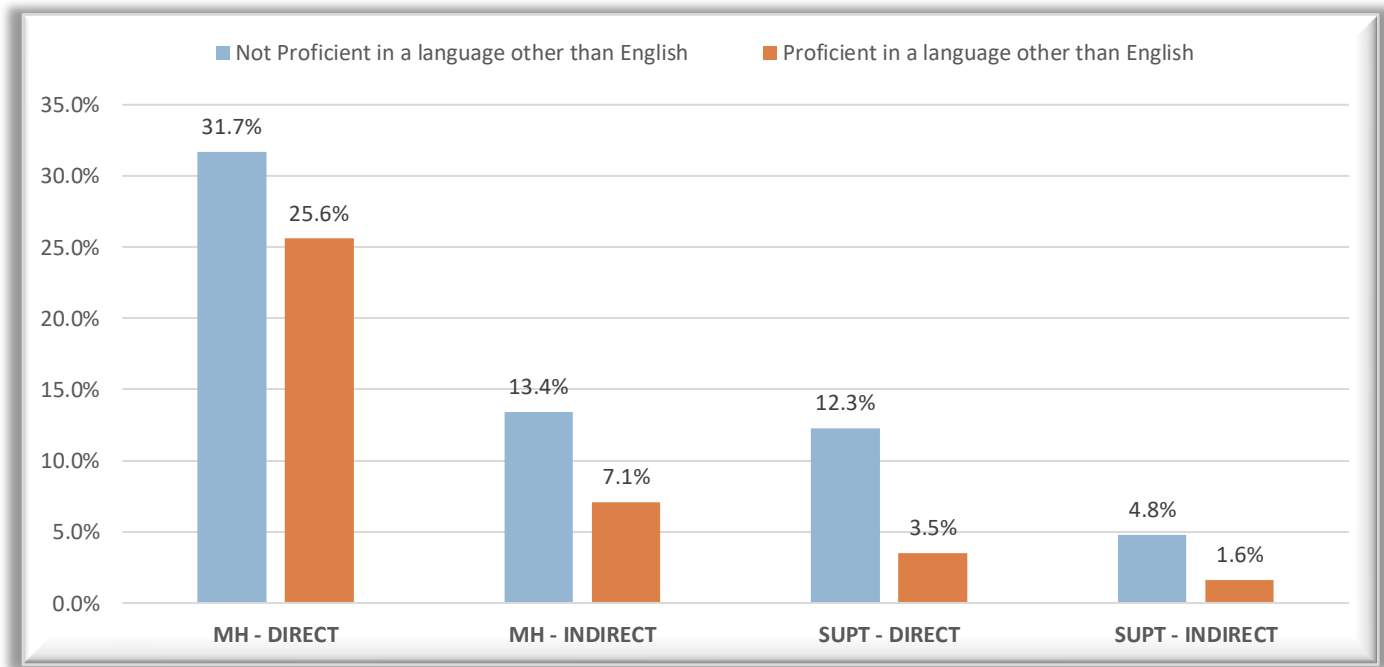


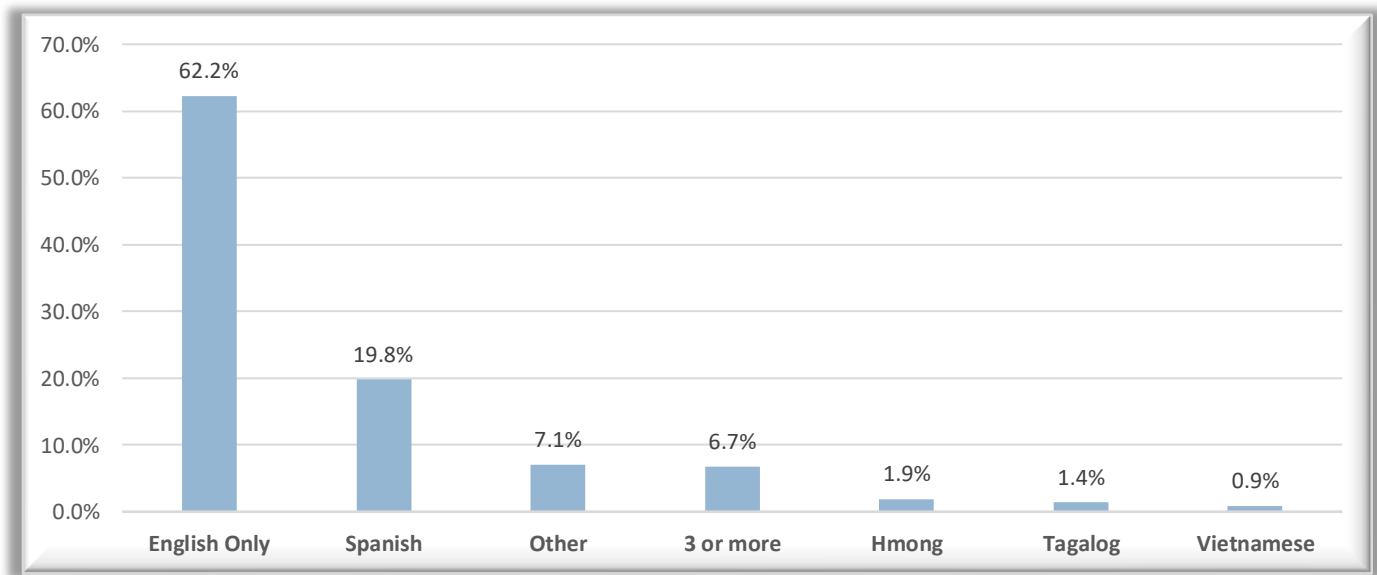
Table 6. Non-English Language Proficiency by Staff Category (N=1062)*

LANGUAGE PROFICIENCY	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		TOTAL*	
	N	%	N	%	N	%	N	%	N	%
Not proficient in a language other than English	337	31.7%	142	13.4%	131	12.3%	51	4.8%	661	62.2%
Proficient in a language other than English	272	25.6%	75	7.1%	37	3.5%	17	1.6%	401	37.8%
TOTAL	609	57.3%	217	20.4%	168	15.8%	68	6.4%	1062	100.0%

*N is lower than other demographics included in this Report and represents an unduplicated count. The Language Proficiency Survey used to collect language data was completed by fewer staff members (N=1062) than the HR Survey used to collect other demographic data (N=1227).

While 62.2% of all staff members reported only being able to speak English, 37.8% reported having “good” to “fluent” proficiency in other languages. In total, 37 different languages are represented among staff. Spanish was the most frequently reported non-English language (19.8%). Additionally, 6.7% of staff members are proficient in three or more languages, reflecting their multilingual abilities. A variety of other languages are also spoken by staff. Notably, 1.9% of staff members speak Hmong, 1.4% speak Tagalog, and 0.9% speak Vietnamese. Further contributing to this linguistic diversity, a group categorized as "Other" languages constitutes 7.1% of all staff and is comprised of 33 different languages. Out of the direct mental health service providers, 44.7% reported possessing the ability to speak a language other than English, with Spanish being the most common language reported (14.2%) amongst that group. Figure 8 and Table 7 showcase the diverse array of non-English languages spoken by staff members.

Figure 8. Languages Spoken by Staff (N=1062)*



*N is lower than other demographics included in this Report and represents an unduplicated count. The Language Proficiency Survey used to collect language data was completed by fewer staff members (N=1062) than the HR Survey used to collect other demographic data (N=1227).

Table 7. Non-English Languages Spoken by Staff (N=1062)*

LANGUAGES	MH DIRECT		MH INDIRECT		SUPT DIRECT		SUPT INDIRECT		TOTAL*	
	N	%	N	%	N	%	N	%	N	%
English Only	337	31.7%	142	13.4%	131	12.3%	51	4.8%	661	62.2%
Hmong	12	1.1%	6	0.6%	0	0.0%	2	0.2%	20	1.9%
3 or more	47	4.4%	14	1.3%	10	0.9%	0	0.0%	71	6.7%
Spanish	151	14.2%	32	3.0%	16	1.5%	11	1.0%	210	19.8%
Tagalog	10	0.9%	2	0.2%	3	0.3%	0	0.0%	15	1.4%
Vietnamese	8	0.8%	1	0.1%	0	0.0%	1	0.1%	10	0.9%
Other										
American Sign Language	2	0.2%	1	0.1%	0	0.0%	1	0.1%	4	0.4%
Arabic	2	0.2%	1	0.1%	0	0.0%	0	0.0%	3	0.3%
Armenian	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Bisaya	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Bulgarian	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Cambodian/Khmer	3	0.3%	0	0.0%	1	0.1%	0	0.0%	4	0.4%
Cantonese	4	0.4%	0	0.0%	0	0.0%	1	0.1%	5	0.5%
Chinese	0	0.0%	2	0.2%	0	0.0%	0	0.0%	2	0.2%
Farsi	2	0.2%	0	0.0%	0	0.0%	0	0.0%	2	0.2%
Filipino	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
French	6	0.6%	1	0.1%	0	0.0%	0	0.0%	7	0.7%
German	2	0.2%	1	0.1%	0	0.0%	0	0.0%	3	0.3%
Gujarati	0	0.0%	0	0.0%	1	0.1%	0	0.0%	1	0.1%
Hebrew	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Hindi	0	0.0%	1	0.1%	2	0.2%	0	0.0%	3	0.3%
Igbo	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Italian	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Japanese	1	0.1%	3	0.3%	0	0.0%	0	0.0%	4	0.4%
Korean	2	0.2%	2	0.2%	0	0.0%	0	0.0%	4	0.4%
Mandarin	0	0.0%	1	0.1%	0	0.0%	0	0.0%	1	0.1%
Mien	2	0.2%	1	0.1%	0	0.0%	0	0.0%	3	0.3%
Other	0	0.0%	1	0.1%	0	0.0%	1	0.1%	2	0.2%
Pangasinan	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Polish	0	0.0%	1	0.1%	0	0.0%	0	0.0%	1	0.1%
Portuguese	0	0.0%	1	0.1%	0	0.0%	0	0.0%	1	0.1%
Punjabi	2	0.2%	0	0.0%	2	0.2%	0	0.0%	4	0.4%
Russian	3	0.3%	1	0.1%	0	0.0%	0	0.0%	4	0.4%
Swahili	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Thai	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Tongan	0	0.0%	1	0.1%	1	0.1%	0	0.0%	2	0.2%
Turkish	1	0.1%	0	0.0%	0	0.0%	0	0.0%	1	0.1%
Urdu	1	0.1%	1	0.1%	0	0.0%	0	0.0%	2	0.2%
Yoruba	1	0.1%	0	0.0%	1	0.1%	0	0.0%	2	0.2%
TOTAL	609	57.3%	217	20.4%	168	15.8%	68	6.4%	1062	100.0%

*N is lower than other demographics included in this Report and represents an unduplicated count. The Language Proficiency Survey used to collect language data was completed by fewer staff members (N=1062) than the HR Survey used to collect other demographic data (N=1227).

DIRECT SERVICE STAFF COMPARED TO MEDI-CAL BENEFICIARIES SERVED IN THE MENTAL HEALTH PLAN (MHP)

The data below compares the demographics of direct mental health services staff to the demographics of Medi-Cal beneficiaries served in the MHP during Fiscal Year 23-24. Please note that not all demographics collected on the HR survey are comparable to the clients served, due to differences in collection methods. Therefore, some categories and labels were combined and/or renamed to support continuity. Aggregated MHP beneficiary demographics data can be found in Appendix B.

Gender

A comparison of direct mental health services staff and MHP beneficiaries' genders found that Females are overrepresented among staff (71.4%) when compared to that of beneficiaries (34.9%). In contrast, Males are underrepresented in the direct staff category based on 18.4% of staff identified as male compared to 34.7% of MHP beneficiaries. The individuals who declined to specify their gender identity are significantly higher among MHP beneficiaries, 28.0% versus 6.9% of direct staff. The proportions of transgender and "Other" categories are minimal, indicating a consistent trend of smaller representation. These findings are visualized in Figure 9 and Table 8.

Figure 9. Gender – MH Direct Service Staff Compared to MHP Beneficiaries

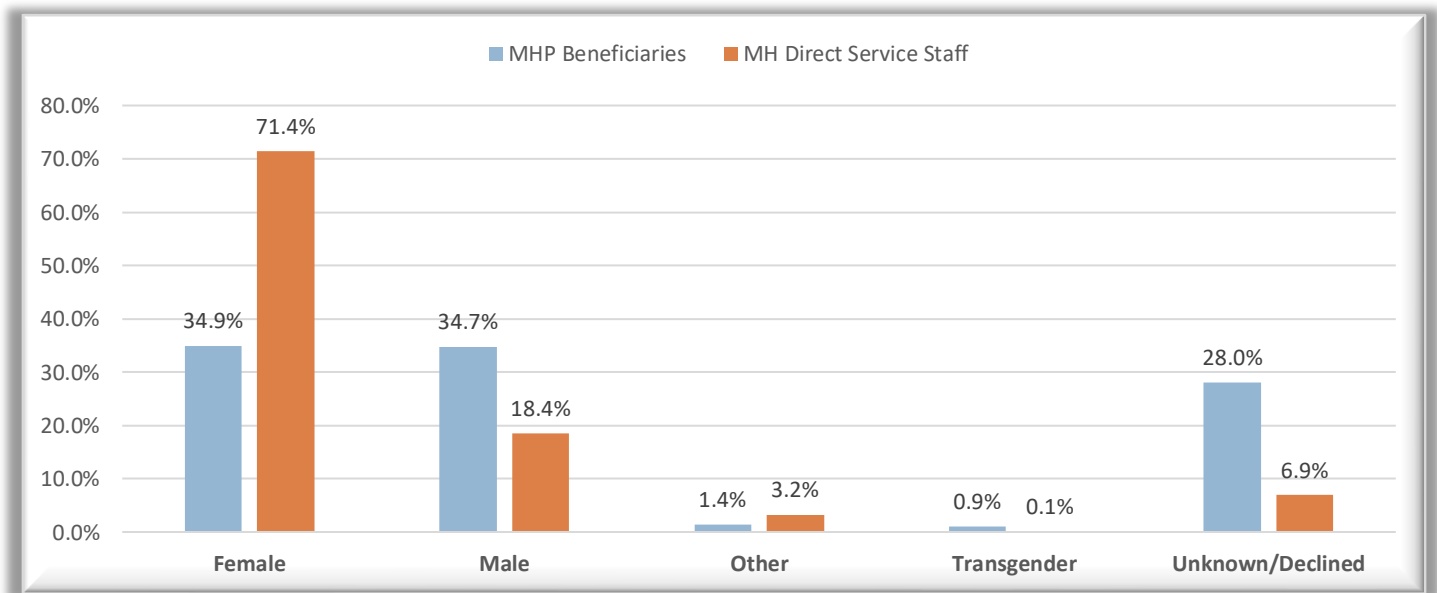


Table 8. Gender - Direct Service Staff Compared to MHP Beneficiaries

GENDER IDENTITY	MHP BENEFICIARIES		MH DIRECT SERVICE STAFF	
	N	%	N	%
Female	8,903	34.9%	496	71.4%
Male	8,853	34.7%	128	18.4%
Other	356	1.4%	22	3.2%
Transgender	238	0.9%	1	0.1%
Unknown/Declined	7151	28.0%	48	6.9%
TOTAL	25,501	100.0%	695	100.0%

Race

White/Caucasian individuals are the most prevalent racial group among both direct mental health services staff (30.6%) and MHP beneficiaries (30.4%). Black/African American individuals are underrepresented amongst staff (16.0%) when compared to MHP beneficiaries (23.9%). In contrast, Asian/Pacific Islander individuals are overrepresented amongst staff (12.8%) when compared to 5.6% of beneficiaries. The Hispanic/Latino (19.3% staff, 12.4% beneficiaries) and Multi-Racial individuals (13.7% staff, 10.4% beneficiaries) are also overrepresented. The American Indian/Alaskan Native individuals are similarly represented (0.4% staff, 1.5% beneficiaries), as are individuals represented by “Other” race (2.7% staff, 2.8% beneficiaries). Lastly, a noteworthy portion of MHP beneficiaries (13.1%) preferred to not disclose their race, compared to only 4.5% of direct service staff. Figure 10 and Table 9 showcase similarities and differences between staff and MHP beneficiary race distribution.

Figure 10. Race - Direct Service Staff Compared to MHP Beneficiaries

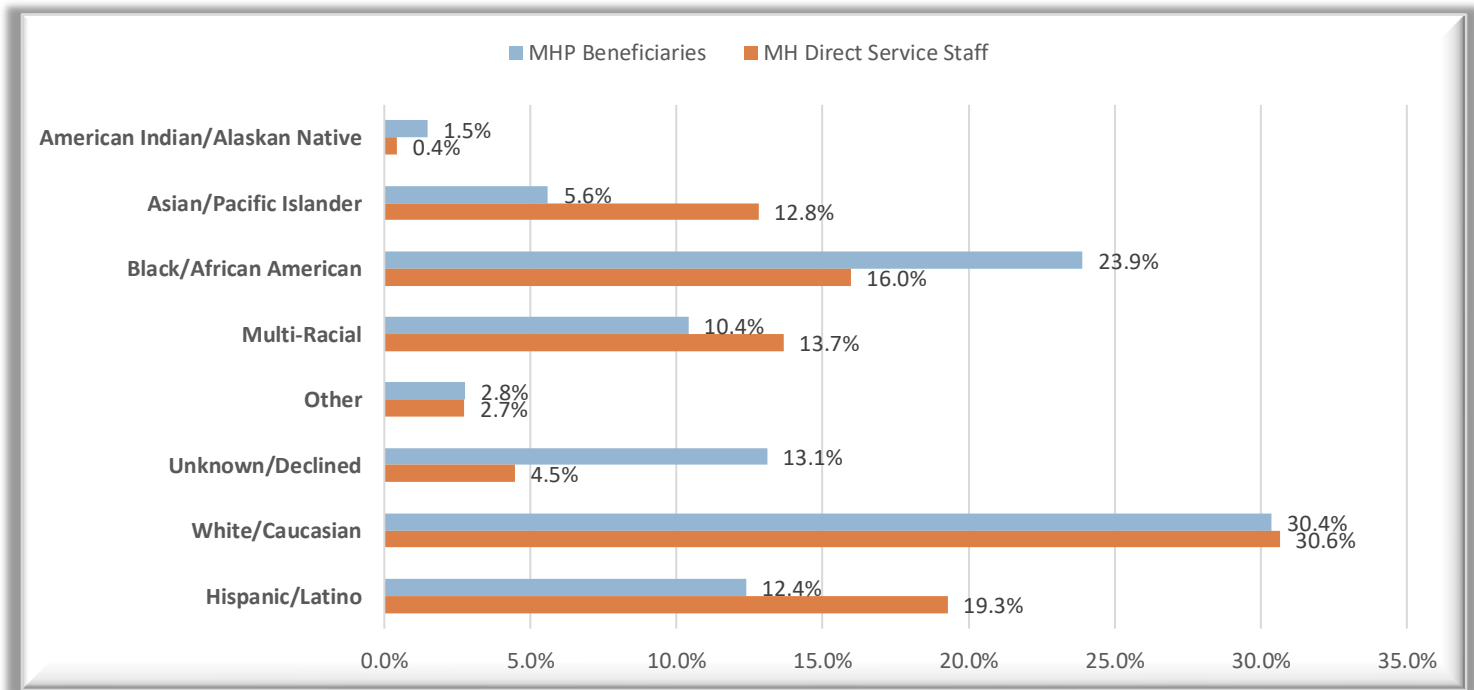


Table 9. Race - Direct Service Staff Compared to MHP Beneficiaries

RACE	MHP BENEFICIARIES		MH DIRECT SERVICE STAFF	
	N	%	N	%
American Indian/Alaskan Native	378	1.5%	3	0.4%
Asian/Pacific Islander	1,428	5.6%	89	12.8%
Black/African American	6,096	23.9%	111	16.0%
Multi-Racial	2,654	10.4%	95	13.7%
Other	703	2.8%	19	2.7%
Unknown/Declined	3,342	13.1%	31	4.5%
White/Caucasian	7,742	30.4%	213	30.6%
Hispanic/Latino	3,158	12.4%	134	19.3%
TOTAL	25,501	100.0%	695	100.0%

Sexual Orientation

The most notable difference when comparing direct mental health services staff and MHP beneficiaries' sexual orientation is that many MHP beneficiaries (46.4%) chose to not report their sexual orientation at all, compared to only 13.4% of direct staff. Straight/Heterosexual individuals are the predominant sexual orientation reported by both staff (68.8%) and MHP beneficiaries (46.0%). Staff were overrepresented in the remaining sexual orientation categories, which include Bisexual (6.9% staff, 3.6% beneficiaries), Lesbian/Gay (3.0% staff, 1.6% beneficiaries), and "Other" (7.9% staff, 2.3% beneficiaries). These findings are visualized in Figure 11 and Table 10 below.

Figure 11. Sexual Orientation - Direct Service Staff Compared to MHP Beneficiaries

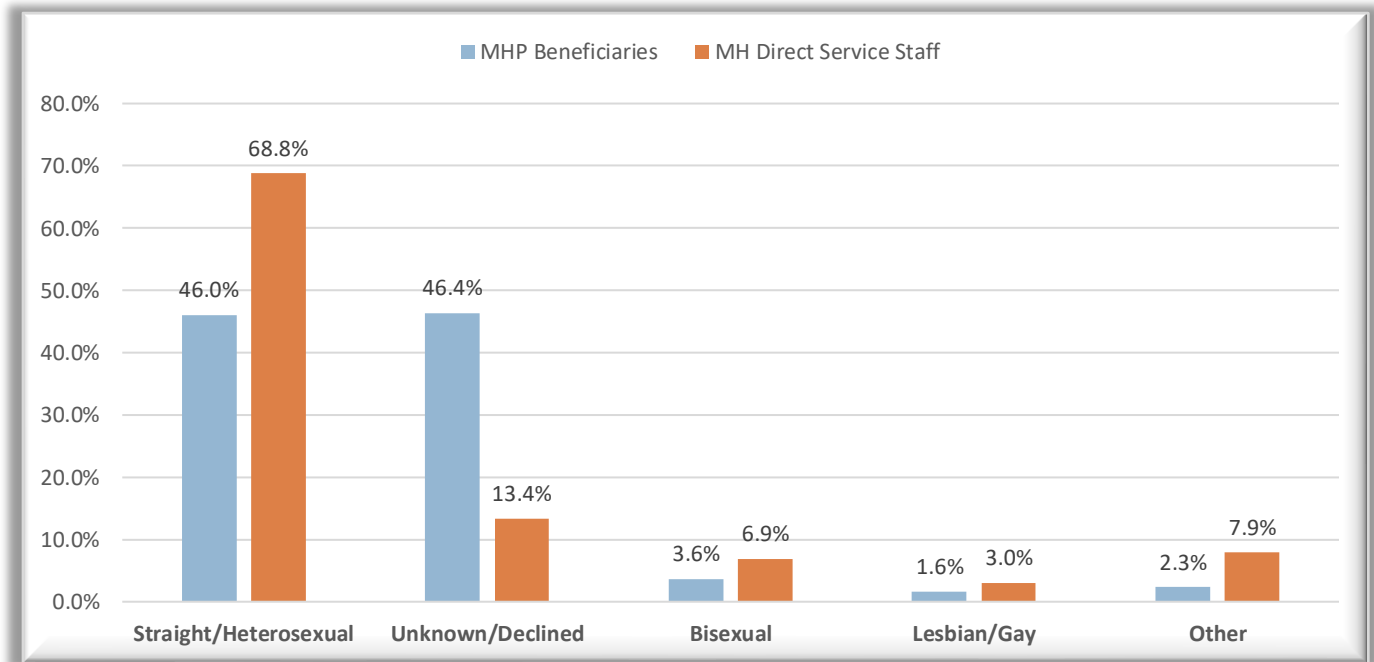


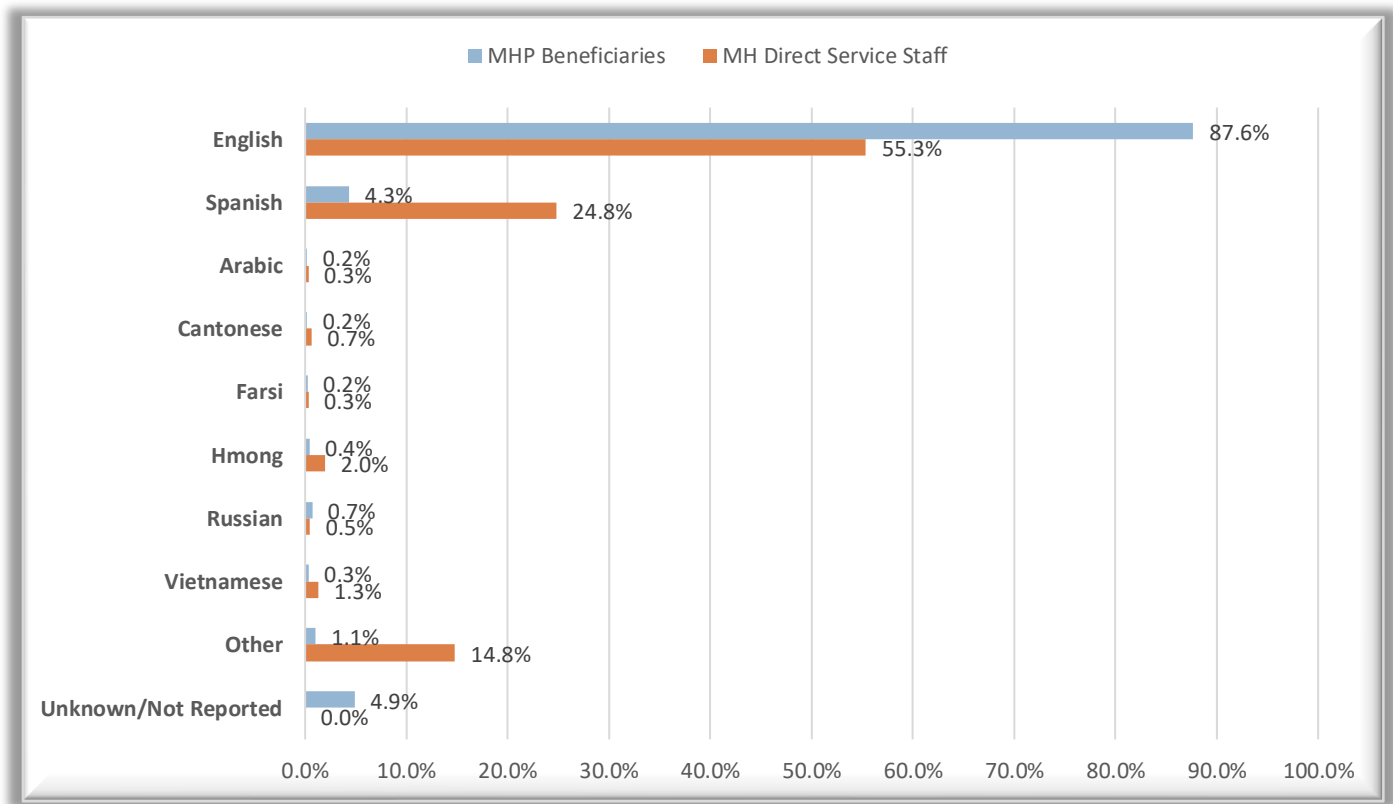
Table 10. Sexual Orientation – Direct Service Staff Compared to MHP Beneficiaries

SEXUAL ORIENTATION	MHP BENEFICIARIES		MH DIRECT SERVICE STAFF	
	N	%	N	%
Straight/Heterosexual	11,740	46.0%	478	68.8%
Unknown/Declined	11,830	46.4%	93	13.4%
Bisexual	923	3.6%	48	6.9%
Lesbian/Gay	416	1.6%	21	3.0%
Other	592	2.3%	55	7.9%
TOTAL	25,501	100.0%	695	100.0%

Language

A comparison of languages spoken by direct mental health services staff and MHP beneficiaries highlights the significant presence of Spanish among staff, the varying representation of different languages, and the importance of linguistic diversity. Overall, English was the most common language both among staff (55.3%) and MHP beneficiaries (87.6%). In total, staff members were significantly more likely to possess the ability to speak a non-English language (44.7%) than beneficiaries (7.4%). Staff were more likely to be proficient in Arabic, Cantonese, Farsi, Hmong, Spanish and Vietnamese when compared to MHP beneficiaries. “Other” languages also have a notable presence among staff (14.8%) than beneficiaries (1.1%). Russian is the only non-English language slightly underrepresented among staff (0.5% staff versus 0.7% beneficiaries). Figure 12 and Table 11 showcase similarities and differences between non-English languages spoken by direct mental health service staff and MHP beneficiaries.

Figure 12. Language - Direct Service Staff Compared to MHP Beneficiaries*



*N is lower than other demographics included in this report. The survey used to collect language data was completed by fewer direct mental health service providers (N=609) than the survey used to collect other demographic data (N=695).

Table 11. Language - Direct Service Staff Compared to MHP Beneficiary

LANGUAGES	MHP BENEFICIARIES		MH DIRECT SERVICE STAFF*	
	N	%	N	%
English	22,348	87.6%	337	55.3%
Spanish	1,108	4.3%	151	24.8%
Arabic	50	0.2%	2	0.3%
Cantonese	51	0.2%	4	0.7%
Farsi	59	0.2%	2	0.3%
Hmong	107	0.4%	12	2.0%
Russian	179	0.7%	3	0.5%
Vietnamese	85	0.3%	8	1.3%
Other	269	1.1%	90	14.8%
Unknown/Not Reported	1,245	4.9%	N/A	0.0%
TOTAL	25,501	100.0%	609	100.0%

DIRECT SERVICE STAFF COMPARED TO MEDI-CAL BENEFICIARIES SERVED IN SUBSTANCE USE PREVENTION AND TREATMENT SERVICES (SUPT)

Data below compares the demographics of direct SUPT service providers to the demographics of Medi-Cal beneficiaries served in SUPT during Fiscal Year 23-24. Please note that not all demographics collected on the HR survey are comparable to the clients served, due to differences in collection methods. Therefore, some categories and labels were combined and/or renamed to support continuity. Aggregated SUPT beneficiary demographics data can be found in Appendix C.

Gender

A comparison of SUPT direct staff and SUPT beneficiaries' gender found that Females are overrepresented among staff (61.9%) when compared to Female beneficiaries (30.8%). In contrast, Males are underrepresented among staff (28.0% staff, 35.9% SUPT beneficiaries). The individuals who declined to specify their gender identity are significantly higher among SUPT beneficiaries, 32.7% versus 7.1% of direct staff. The Transgender and "Other" categories are notably smaller among both staff and SUPT beneficiaries. Figure 13 and Table 12 reflect these findings.

Figure 13. Gender - Direct Service Staff Compared to SUPT Beneficiaries

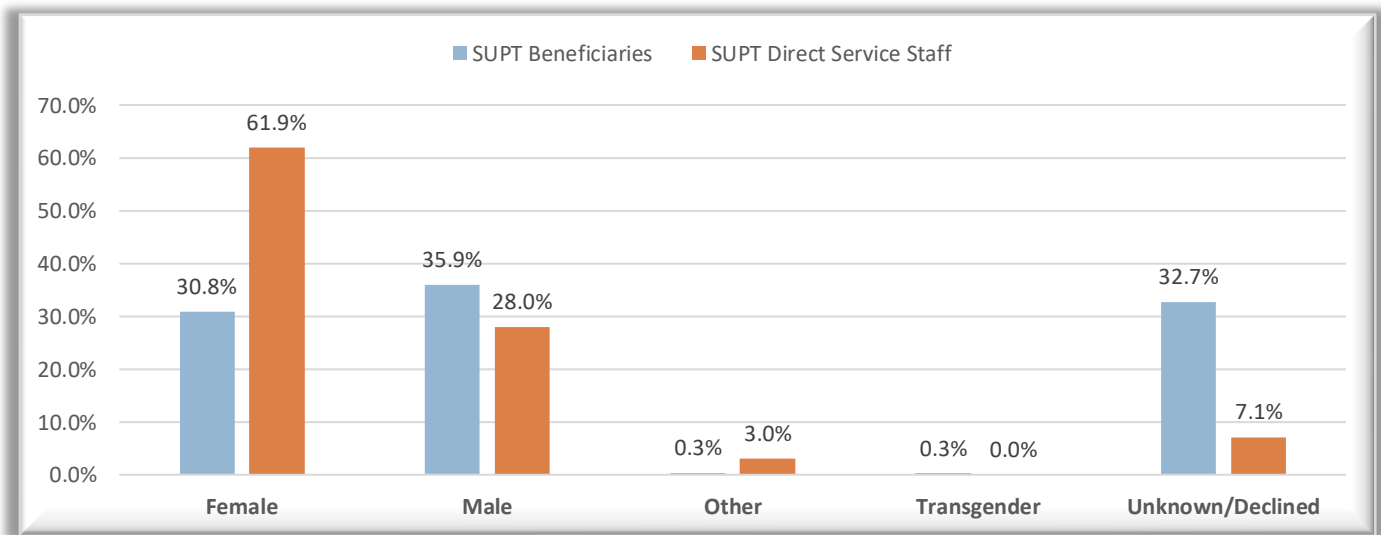


Table 12. Gender - Direct Service Staff Compared to SUPT Beneficiaries

GENDER IDENTITY	SUPT BENEFICIARIES		SUPT DIRECT SERVICE STAFF	
	N	%	N	%
Female	1,829	30.8%	104	61.9%
Male	2,131	35.9%	47	28.0%
Other	19	0.3%	5	3.0%
Transgender	15	0.3%	0	0.0%
Unknown/Declined	1942	32.7%	12	7.1%
TOTAL	5,936	100.0%	168	100.0%

Race

White/Caucasian individuals are the most prevalent demographic group among both direct SUPT services staff (50.6%) and SUPT beneficiaries (44.7%). Black/African American individuals are underrepresented amongst staff (5.4%) when compared to SUPT beneficiaries (16.3%). In contrast, Asian/Pacific Islander individuals are overrepresented amongst staff (8.3%) when compared to 3.3% of beneficiaries. The Multi-Racial individuals are also overrepresented (19.6% staff, 6.2% beneficiaries). The American Indian/Alaskan Native individuals are similarly represented (1.8% staff, 1.7% beneficiaries), as are individuals represented by “Other” race (1.8% staff, 2.4% beneficiaries). The Hispanic/Latino are slightly underrepresented amongst staff (9.5%) compared to 11.1% of beneficiaries. SUPT beneficiaries were more likely to decline to provide their race (14.3% beneficiaries, 3.0% staff). These findings are outlined in Figure 14 and Table 13 below.

Figure 14. Race - Direct Service Staff Compared to SUPT Beneficiaries*

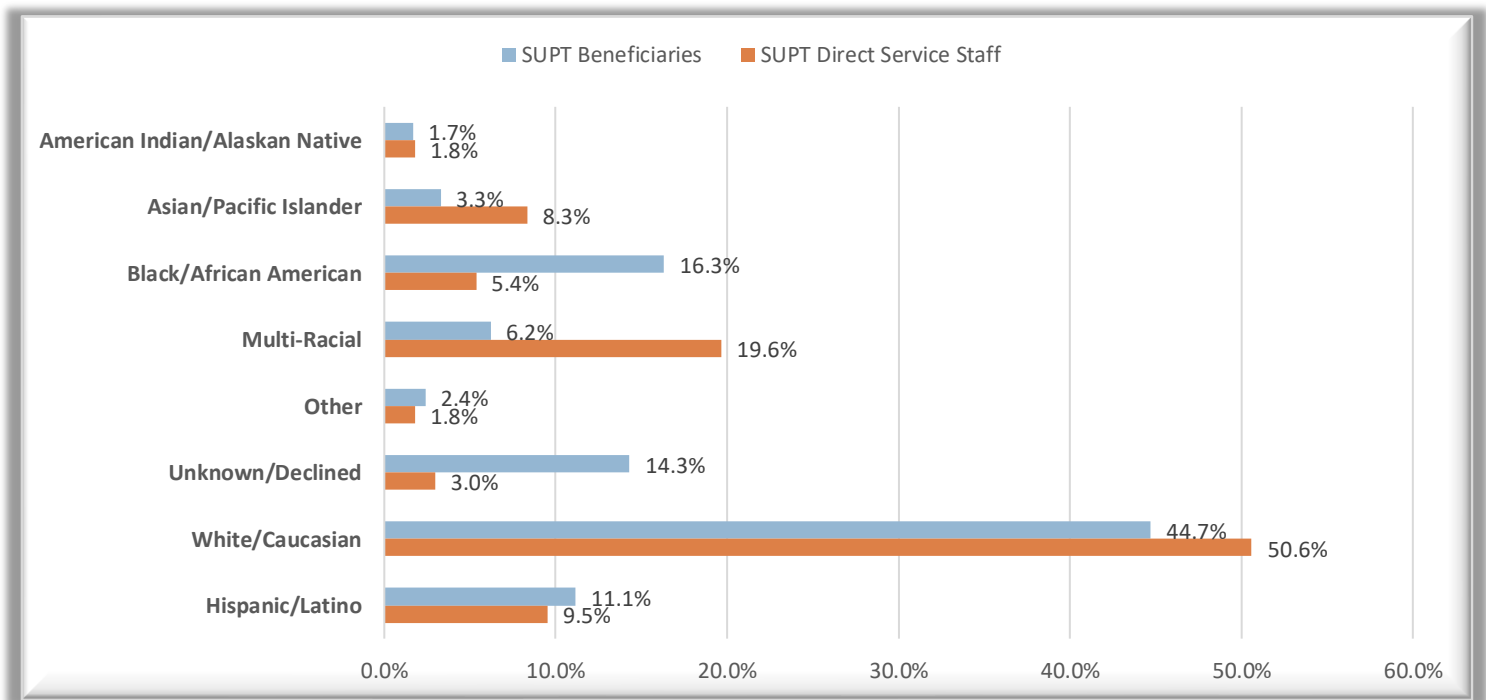


Table 13. Race - Direct Service Staff Compared to SUPT Beneficiaries

RACE	SUPT BENEFICIARIES		SUPT DIRECT SERVICE STAFF	
	N	%	N	%
American Indian/Alaskan Native	100	1.7%	3	1.8%
Asian/Pacific Islander	195	3.3%	14	8.3%
Black/African American	968	16.3%	9	5.4%
Multi-Racial	368	6.2%	33	19.6%
Other	142	2.4%	3	1.8%
Unknown/Declined	849	14.3%	5	3.0%
White/Caucasian	2,653	44.7%	85	50.6%
Hispanic/Latino	661	11.1%	16	9.5%
TOTAL	5,936	100.0%	168	100.0%

Sexual Orientation

The most notable difference when comparing direct SUPT services staff and SUPT beneficiaries' sexual orientation is that many beneficiaries (43.3%) chose to not report their sexual orientation at all, compared to only 11.3% of direct staff. Straight/Heterosexual individuals are the predominant sexual orientation reported by both staff (72.6%) and SUPT beneficiaries (52.8%). Staff were overrepresented in the remaining sexual orientation categories, which include Bisexual (4.2% staff, 2.1% beneficiaries), Lesbian/Gay (5.4% staff, 1.3% beneficiaries), and "Other" (6.5 % staff, 0.4% beneficiaries). Figure 15 and Table 14 showcase these similarities and differences.

Figure 15. Sexual Orientation - Direct Service Staff Compared to SUPT Beneficiaries

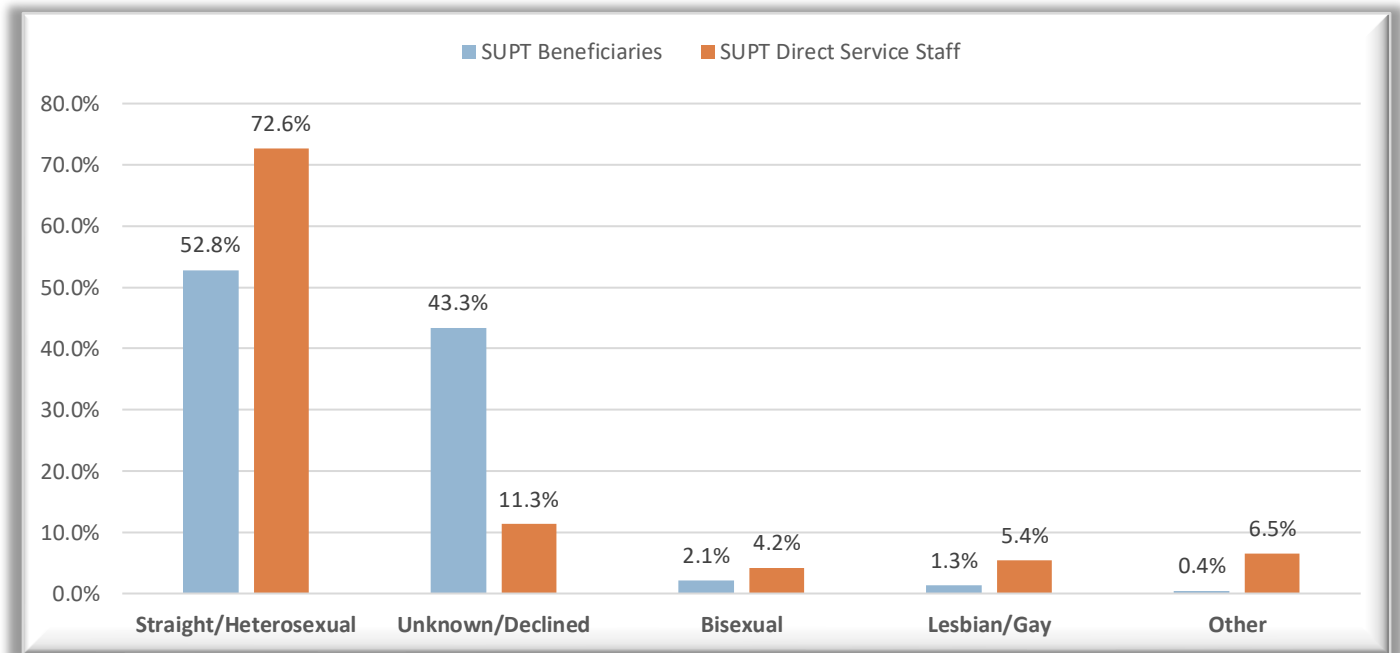


Table 14. Sexual Orientation - Direct Service Staff Compared to SUPT Beneficiaries

SEXUAL ORIENTATION	SUPT BENEFICIARIES		SUPT DIRECT SERVICE STAFF	
	N	%	N	%
Straight/Heterosexual	3,133	52.8%	122	72.6%
Unknown/Declined	2,573	43.3%	19	11.3%
Bisexual	127	2.1%	7	4.2%
Lesbian/Gay	77	1.3%	9	5.4%
Other	26	0.4%	11	6.5%
TOTAL	5,936	100.0%	168	100.0%

Language

Overall, English was the most common language reported among both direct SUPT services staff (78.0%) and SUPT beneficiaries (88.5%). In total, staff members were significantly more likely to possess the ability to speak a Non-English language (22.0%) than beneficiaries (2.2%). Similarly, staff were more likely to report having the ability to speak Spanish (9.5% staff, 1.2% beneficiaries) and “Other” languages (12.5% staff, 0.2% beneficiaries). Arabic, Cantonese, Farsi, Hmong, Russian, and Vietnamese have similar representations with very minor variations. Figure 16 and Table 15 showcase similarities and differences between languages spoken by staff and SUPT beneficiaries.

Figure 16. Languages - Direct Service Staff Compared to SUPT Beneficiaries

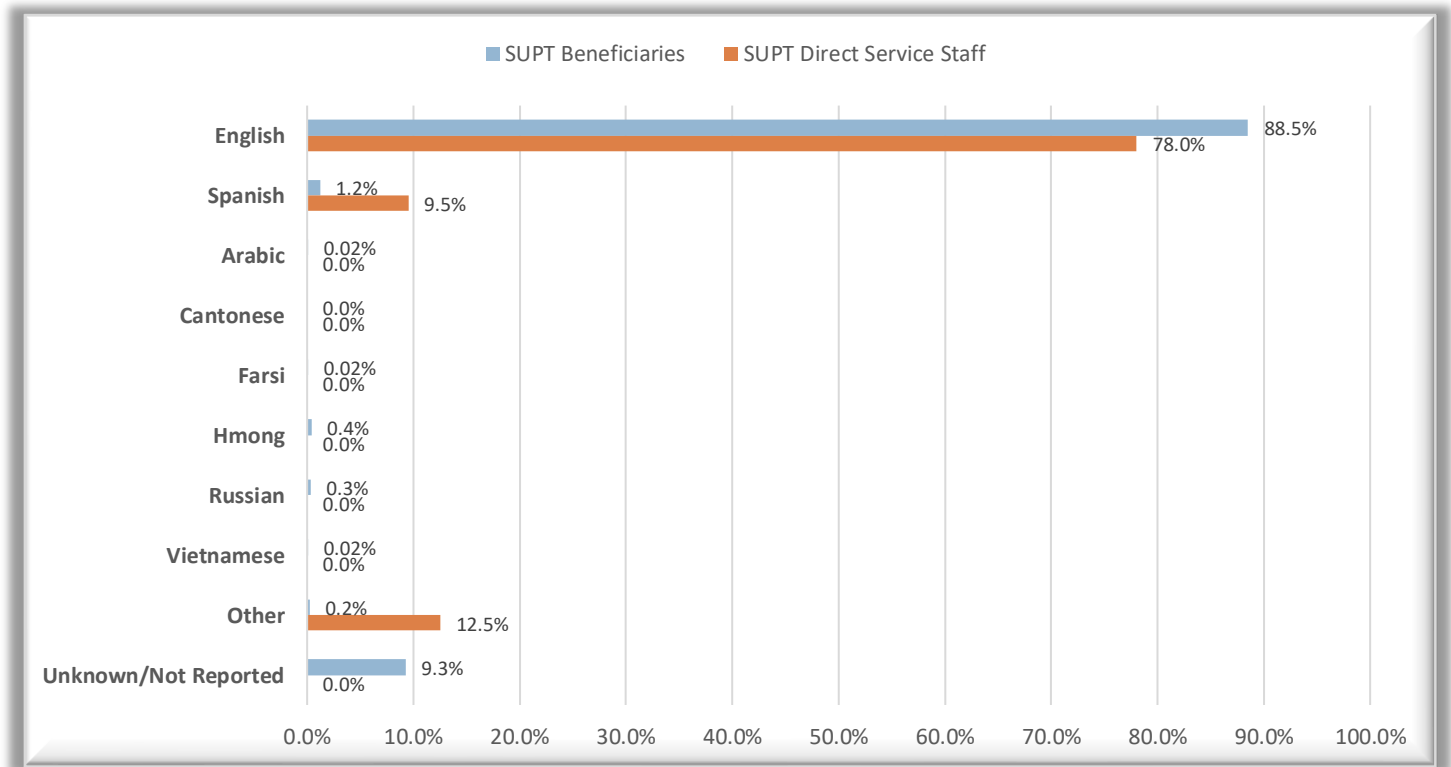


Table 15. Languages - Direct Service Staff Compared to SUPT Beneficiaries

LANGUAGES	SUPT BENEFICIARIES		SUPT DIRECT SERVICE STAFF	
	N	%	N	%
English	5,251	88.5%	131	78.0%
Spanish	73	1.2%	16	9.5%
Arabic	1	0.02%	0	0.0%
Cantonese	0	0.0%	0	0.0%
Farsi	1	0.02%	0	0.0%
Hmong	24	0.4%	0	0.0%
Russian	20	0.3%	0	0.0%
Vietnamese	1	0.02%	0	0.0%
Other	14	0.2%	21	12.5%
Unknown/Not Reported	551	9.3%	N/A	0.0%
TOTAL	5,936	100.0%	168	100.0%

APPENDIX A - Position Descriptions by Staff Category

Category	Position Descriptions
MH - DIRECT	Behavioral Health Peer Provider: This category includes Medi-Cal certified peer provider. Titles may include Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Support Aide, Family Advocate, and Family Partner.
	Licensed Mental Health Direct Service Staff: This category includes Psychiatrist, Psychiatric/Family Nurse Practitioner, Clinical Nurse Specialist, Licensed Psychiatric Technician, Licensed Clinical Psychologist, Psychologist registered intern (or waived), LCSW, MSW registered intern (or waived), MFT, MFT registered intern (or waived), and other licensed direct service mental health staff.
	Other Mental Health Care Professionals: This category includes Physician, Registered Nurse, Licensed Vocational Nurse, Physician Assistant, Occupational Therapist, other therapist (physical, recreation, art, dance), or other direct service health care staff. This category can include such titles as traditional cultural healers.
	Unlicensed Mental Health Direct Service Staff: This category includes Mental Health Rehabilitation Specialist (MHRS), Case Manager/Service Coordinator, Employment Services Staff, Housing Services Staff, Consumer Support Staff, Family Member Support Staff, Benefits/Eligibility Specialist, and other unlicensed mental health direct service staff. This category is for all staff classified by the MHP as MHRS, even if the staff duties fall in another category. Service Coordinators, Personal Service Coordinators, and Case Managers belong in this category. Titles may include Job Developer, Employment Consultant, Employment Specialist, Vocational Assistant, Employment Coordinator, Vocational Activities Coordinator, Educational Support Specialist, Employment Aide and Job Coach, Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Counselor, Parent Partner, Family Member Provider, Family Advocate, Family Partner, Family Member Manager, Family Services Worker, and Family Liaison, Mental Health Treatment Center (MHTC) Workers, and Therapeutic Behavioral Services (TBS) Workers, among others.
MH - INDIRECT	Mental Health Administrative Staff/Advisory Board/Steering Committee/Other Advisory Groups: This category includes Analysts, Tech Support, Quality Assurance, Education, Training, Clerical, Secretary, Administrative Assistants, and other administrative staff. This category includes Information Technology support, with titles such as Information Systems/Performance Measurement Staff. Quality assurance includes quality improvement, compliance, and related job titles where the individual's primary duties are in quality assurance. Other job titles may include Staff Development Officer, Training Coordinator, Training Officer, Secretaries, Clerks, Administrative or Office Assistants, Billing Clerk, Medical Records Specialist, Grant Writer, Public Information Officer, Planners and Contract Monitors, Board Members among others.
	Mental Health Managerial and Supervisory Staff: This category includes CEO or manager above direct supervisor, Supervising Psychiatrist (or other physician), Licensed Supervising Clinician and other managers and supervisors. Count positions for licensed and non-licensed managerial and supervisory personnel if 50% of more of the person's time is managerial/supervisory. Job titles may include Program Manager, Service Chief, Health Care Program Manager, Program Director, Assistant Program Director, Nursing Supervisor, Supervising Psychiatric Social Worker, Team Leader, Unit Supervisor, Supervising Case Manager, Supervisor of Clerical Staff, among others.
SUPT - DIRECT	SUPT Licensed Direct Service Staff: This category includes Licensed Practitioners of the Healing Arts who provide direct substance use prevention and treatment services: Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, Registered Pharmacists, Licensed Clinical Psychologists, Licensed Clinical Social Workers, Licensed Professional Clinical Counselors, Licensed Marriage and Family Therapists, and licensed eligible practitioners working under the supervision of a licensed clinician.
	SUPT Other Health Care Professionals: This category includes other direct service health care staff such as Occupational Therapists, other therapists (physical, recreation, art, dance), or traditional cultural healers.
	SUPT Registered & Certified Direct Service Staff: This category includes registered and certified staff who provide direct substance use prevention and treatment services: Certified Alcohol Drug Counselor (CADCI, CADCII, CADCIII), Registered Alcohol Drug Technician (RADT, RADTI, RADTII), etc. Job titles may include Case Manager, Service Coordinator, Personal Service Coordinators, Job Developer, Employment Consultant, Employment Specialist, Vocational Assistant, Employment Coordinator, Vocational Activities Coordinator, Educational Support Specialist, Employment Aide and Job Coach, Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Support Aide, Peer Guide, Peer Coach, and Peer Counselor, Parent Partner, Family Member Provider, Family Advocate, Family Partner, Family Member Manager, Family Services Worker, and Family Liaison, Alumni Liaison or staff.
SUPT - INDIRECT	SUPT Administrative Services/Advisory Boards/Advisory Board Committees/Other Advisory Groups: This category includes staff that perform duties that support the provision of substance use prevention and treatment services, but do not provide direct services. Such as program planning, monitoring, evaluation; quality assurance/improvement; information technology/Avatar; fiscal services, training/education; administrative tasks; members of provider agency Boards, the Sacramento County Alcohol and Drug Advisory Board (SCADAB), SCADAB committee members (Prevention and Education Committee, Treatment Committee, Budget and Evaluation Committee, Criminal Justice Committee), Program Coordinator/Contract Monitor, and Administrative Services.
	SUPT Managerial and Supervisory Staff: This category includes positions for licensed, unlicensed, registered, or certified managers and supervisors in which 50% or more of their time is focused on managerial/supervisory duties. Job titles may include Chief Executive Officer (CEO), Executive Director (ED), Clinical Director, Program Director, Division Manager, Program Manager, Team Leader, Unit Supervisor, Supervisor of Clerical Staff, etc.

APPENDIX B – MEDI-CAL MHP BENEFICIARY DEMOGRAPHICS

DEMOGRAPHICS	AGES										TOTAL	
	0-17		18-25		26-59		60+		UNKNOWN			
	N	%	N	%	N	%	N	%	N	%	N	%
GENDER IDENTITY												
Female	2,698	10.6%	1,050	4.1%	4,306	16.9%	849	3.3%	0	0.0%	8,903	34.9%
Male	2,631	10.3%	872	3.4%	4,632	18.2%	718	2.8%	0	0.0%	8,853	34.7%
Other	152	0.6%	105	0.4%	91	0.4%	8	0.0%	0	0.0%	356	1.4%
Transgender	76	0.3%	79	0.3%	80	0.3%	3	0.0%	0	0.0%	238	0.9%
Unknown/Declined	2,666	10.5%	853	3.3%	3,071	12.0%	560	2.2%	1	0.0%	7,151	28.0%
SEXUAL ORIENTATION												
Straight/Heterosexual	3,041	11.9%	1,245	4.9%	6,315	24.8%	1,139	4.5%	0	0.0%	11,740	46.0%
Lesbian/Gay	98	0.4%	77	0.3%	226	0.9%	15	0.1%	0	0.0%	416	1.6%
Bisexual	260	1.0%	256	1.0%	397	1.6%	10	0.0%	0	0.0%	923	3.6%
Other	449	1.8%	79	0.3%	62	0.2%	2	0.0%	0	0.0%	592	2.3%
Unknown/Declined	4,375	17.2%	1,302	5.1%	5,180	20.3%	972	3.8%	1	0.0%	11,830	46.4%
RACE												
American Indian/Alaskan Native	80	0.3%	37	0.1%	228	0.9%	33	0.1%	0	0.0%	378	1.5%
Asian/Pacific Islander	309	1.2%	177	0.7%	793	3.1%	149	0.6%	0	0.0%	1,428	5.6%
Black/African American	1,850	7.3%	797	3.1%	2,947	11.6%	502	2.0%	0	0.0%	6,096	23.9%
Hispanic/Latino	1,490	5.8%	420	1.6%	1,101	4.3%	147	0.6%	0	0.0%	3,158	12.4%
Multi-Racial	1,278	5.0%	376	1.5%	914	3.6%	86	0.3%	0	0.0%	2,654	10.4%
Other	274	1.1%	73	0.3%	292	1.1%	64	0.3%	0	0.0%	703	2.8%
Unknown/Declined	986	3.9%	334	1.3%	1,750	6.9%	271	1.1%	1	0.0%	3,342	13.1%
White/Caucasian	1,956	7.7%	745	2.9%	4,155	16.3%	886	3.5%	0	0.0%	7,742	30.4%
PRIMARY LANGUAGE												
Arabic	8	0.0%	3	0.0%	31	0.1%	8	0.0%	0	0.0%	50	0.2%
Cantonese	14	0.1%	2	0.0%	24	0.1%	11	0.0%	0	0.0%	51	0.2%
English	7063	27.7%	2,675	10.5%	10,785	42.3%	1824	7.2%	1	0.0%	22,348	87.6%
Farsi	14	0.1%	5	0.0%	35	0.1%	5	0.0%	0	0.0%	59	0.2%
Hmong	6	0.0%	2	0.0%	81	0.3%	18	0.1%	0	0.0%	107	0.4%
Other	34	0.1%	18	0.1%	154	0.6%	63	0.2%	0	0.0%	269	1.1%
Russian	37	0.1%	7	0.0%	96	0.4%	39	0.2%	0	0.0%	179	0.7%
Spanish	765	3.0%	104	0.4%	201	0.8%	38	0.1%	0	0.0%	1,108	4.3%
Unknown/Declined	274	1.1%	138	0.5%	721	2.8%	112	0.4%	0	0.0%	1,245	4.9%
Vietnamese	8	0.0%	5	0.0%	52	0.2%	20	0.1%	0	0.0%	85	0.3%
TOTAL	8,223	32.2%	2,959	11.6%	12,180	47.8%	2,138	8.4%	1	0.0%	25,501	100.0%

APPENDIX C - MEDI-CAL SUPT BENEFICIARY DEMOGRAPHIC

DEMOGRAPHICS	AGES								TOTAL	
	0-17		18-25		26-59		60+			
	N	%	N	%	N	%	N	%	N	%
GENDER IDENTITY										
Female	48	0.8%	142	2.4%	1,476	24.9%	163	2.7%	1,829	30.8%
Male	94	1.6%	184	3.1%	1,715	28.9%	138	2.3%	2,131	35.9%
Other	1	0.0%	2	0.0%	14	0.2%	2	0.0%	19	0.3%
Transgender	0	0.0%	4	0.1%	11	0.2%	0	0.0%	15	0.3%
Unknown/Declined	96	1.6%	119	2.0%	1,507	25.4%	220	3.7%	1,942	32.7%
SEXUAL ORIENTATION										
Straight/Heterosexual	112	1.9%	261	4.4%	2,561	43.1%	199	3.4%	3,133	52.8%
Lesbian/Gay	3	0.1%	8	0.1%	62	1.0%	4	0.1%	77	1.3%
Bisexual	10	0.2%	22	0.4%	94	1.6%	1	0.0%	127	2.1%
Other	3	0.1%	4	0.1%	19	0.3%	0	0.0%	26	0.4%
Unknown/Declined	111	1.9%	156	2.6%	1,987	33.5%	319	5.4%	2,573	43.3%
RACE										
American Indian/Alaskan Native	4	0.1%	5	0.1%	80	1.3%	11	0.2%	100	1.7%
Asian/Pacific Islander	8	0.1%	18	0.3%	154	2.6%	15	0.3%	195	3.3%
Black/African American	71	1.2%	86	1.4%	707	11.9%	104	1.8%	968	16.3%
Hispanic/Latino	36	0.6%	70	1.2%	510	8.6%	45	0.8%	661	11.1%
Multi-Racial	33	0.6%	61	1.0%	266	4.5%	8	0.1%	368	6.2%
Other	6	0.1%	16	0.3%	110	1.9%	10	0.2%	142	2.4%
Unknown/Declined	33	0.6%	48	0.8%	665	11.2%	103	1.7%	849	14.3%
White/Caucasian	48	0.8%	147	2.5%	2,231	37.6%	227	3.8%	2,653	44.7%
PRIMARY LANGUAGE										
Arabic	0	0.0%	0	0.0%	1	0.0%	0	0.0%	1	0.0%
Cantonese	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%
English	208	3.5%	413	7.0%	4,191	70.6%	439	7.4%	5,251	88.5%
Farsi	0	0.0%	0	0.0%	1	0.0%	0	0.0%	1	0.0%
Hmong	0	0.0%	0	0.0%	13	0.2%	11	0.2%	24	0.4%
Other	0	0.0%	0	0.0%	11	0.2%	3	0.1%	14	0.2%
Russian	1	0.0%	0	0.0%	18	0.3%	1	0.0%	20	0.3%
Spanish	6	0.1%	8	0.1%	53	0.9%	6	0.1%	73	1.2%
Unknown/Declined	24	0.4%	30	0.5%	435	7.3%	62	1.0%	551	9.3%
Vietnamese	0	0.0%	0	0.0%	0	0.0%	1	0.0%	1	0.0%
TOTAL	239	4.0%	451	7.6%	4,723	79.6%	523	8.8%	5,936	100.0%

BHS Hiring Event

June 28, 2024



Report

Executive Summary

The BHS Hiring Event was a collaborative partnership with multiple departments.

Special thanks:

- Carlyn Douma and Jamie Tanner of Department of Personnel Services (DPS) expedited application review and posting of eligible lists and consulted on every aspect of event planning.
- Janna Hayes and Elizabeth Zelidon. Public Information Officers coordinated much of the pre-event marketing and promotion which was so successful.
- Korlany Roche, Ph.D. coordinated screening interview panels.
- Norman Dietz and team from D-Tech arranged application computers.
- BHS Hiring Managers and Staff of well over 50 volunteers who made the event a success.

More than 200 participants attended the event with a total of 77 screening interviews conducted on site.

24 candidates accepted offers in July 2024 as a direct result of the hiring event!

Volunteers were friendly and worked collaboratively together to respond to all participants. We had an extraordinary group of volunteers for this event. Dream team for sure! Types of volunteers included:

- Interview hiring panel members
- Clerical staff to prepare interview packets
- Department of Personnel Services staff (DPS)
- Public Information Officer (PIO)
- Welcome Table
- Runners
- Career Table
- Volunteers
- Hospitality
- IT

BHS Hiring Event Numbers	
Eventbrite Preregistration	322
Eventbrite sign in	109
Walk in/sign in	92
Total attendees signed in	201
Volunteers	63
Interviews:	
• MHC	28
• SMHC	8
• MHW	13
• MHW-licensed	28
Total Interviews at event	77

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Post Event Data

BHS Programs Hiring Post Event Numbers July 2024	
Interviews	
• MHC	22
• SMHC	7
Offers	
• MHC	6
• SMHC	3
Total Interviews	29
Total Offers	9
Total Hires	In progress

BHS Mental Health Treatment Center Hiring Post Event Numbers July 2024	
Interviews	
• MHC	11
• SMHC	3
• MHW	38
• MHW-licensed	6
• Psychiatric RN	11
No Show/Candidate cancelled	
• MHC	0
• SMHC	1
• MHW	14
• MHW-licensed	4
• Psychiatric RN	5

In process of 2nd Interview/Reference Check	
• MHC	5
• SMHC	2
• MHW	16
• MHW-licensed	2
• Psychiatric RN	0
Non-Select Letter Sent	
• MHC	1
• SMHC	0
• MHW	7
• MHW-licensed	2
• Psychiatric RN	9
Offers July 2024	
• MHC	0
• SMHC	0
• MHW	14
• MHW-licensed	2
• Psychiatric RN	1
Declined Offers	
• MHC	0
• SMHC	0
• MHW	2
• MHW-licensed	0
• Psychiatric RN	0
Hiring in process	
• MHC	0
• SMHC	0
• MHW	12
• MHW-licensed	2

• Psychiatric RN	1
Total 1st Interviews	69
Total in process of 2nd Interview/reference checks	25
Total NSL sent	19
Total Offers	17
Total in hiring process	15
Total Offers Declined	2
Total No show/candidate cancelled/no longer interested	24
Total Hires	None started 15 in process

Department of Personnel Services (DPS) Contributions

DPS shared expertise from previous events to provide guidance and a checklist that was used as a shared planning document. DPS staff were integral to the planning, promotion, and execution of this event. On the day of the event Five DPS staff were present to provide consultation and application assistance.

In addition to expediting multiple cutoffs for eligible lists, DPS staffed Zoom Meet & Greets (See Appendix 3) with candidates, provided list-serves for email campaigns, arranged for ad buys with professional associations chosen to reach the 4 target classifications.

Following is the eligible list data. Please note that April was not part of the advertising/social media push but is provided for context. Please note the % increase column which indicates the increase in candidates who are reachable on an eligible list. Increase is measured from May through July. April is listed as a baseline.

	Pre-Advertising Average	April	May	June	July	Average for advertising period (May – July)	% Increase
• MHC	21	21	38	51	48	46	219%
• SMHC	6	4	9	13	12	11	188%
• MHW	24	30	27	46	53	42	175%
• MHW-licensed	3	5	0	6	7	4	144%

Table 1: DPS Eligible List Increases

First Social Media post 5/15 – May numbers reflect half a month or less of outreach depending on cut-off

Mental Health Counselor & Senior Mental Health Counselor Cut-Offs:

5/28,6/14,6/24,7/5,7/30

Mental Health Worker Cut-Offs: 5/20,6/14,6/24,7/5,7/19

Mental Health Worker Licensed: 5/10,6/14,6/24,7/5,7/12

Public Information Officer (PIO) Contributions

PIO coordinated public relations campaign leveraging County of Sacramento sources including billboard, posters for county buildings, press releases and a social media campaign using county accounts. In addition, PIO coordinated a 30-day targeted ad buy intended to increase the number of potential candidates to apply for positions and attend

the event. Please see DPS table (Table 1) on previous page to see the impact of the successful campaign.

PIO staff also kept the BHS Hiring Page Updated to promote Meet & Greet Zoom Events to generate interest prior to the event and then encouraged people to complete their applications prior to the event cutoffs.



Mental Health Treatment Center (MHTC)

MHTC coordinated group interviews for Mental Health Worker and Mental Health Worker – Licensed Positions. They staffed a table at the career fair and followed up with every candidate who signed in. The results of this can be seen in their data table beginning of page 5 which shows the number of candidates interviewed and offered positions. The BHS Hiring event had a positive impact on MHTC staffing.



Behavioral Health Services (BHS) Programs

Programs coordinated group interviews for Mental Health Counselor and Senior Mental Health Counselor. Multiple programs staffed tables at the career fair and followed up with every candidate who signed in.



Pre-Event Marketing Plan

Marketing included a \$29,999 targeted ad buy and Individual Professional Association email and website posting ad buys. In addition to paid advertising, the PIO office conducted a county social media campaign. Emails were sent to everyone who had been on an eligible list in the past seven years. Flyers were distributed at community events and emailed to all staff. See appendix for data analytics.

Post-Event Hiring

26 offers were made in July following the June 28 event and 24 offers were accepted. Some units were able to fill all their vacancies, while others were not able to hire at all. See hiring spreadsheets in the appendix for details



Plus/Delta Summary Recommendations

For a full list of recommendations, please see the appendix. Overall, the feedback for the promotion of the event and the organization of the event that day was positive. Participants noted that the energy in the room was positive with participants being welcomed by volunteers and volunteers working collaboratively. However, staff had recommendations for strategies to improve future events:

- Don't call it a hiring event: that sets expectations from the public that they are going to get hired. Call it a **Career Fair** where screening interviews will be available to candidates who are reachable on an eligible list.
- Host an orientation for participants at the beginning of the event and then repeat hourly:
 - Set expectations for the event
 - For large events, Welcome Table, DPS and Runners should be at one long table to welcome and triage participants. Some folks skipped sign in due to lines event though we had 4 volunteers signing in and 3-4 DPS staff covering an information table (possibly in lobby with access to conference Room 1 only after checking in)
 - Use the break room behind the reception counter as a staging area for screening interview candidates so runners are not tracking down candidates
 - Outline the available services
 - Application Assistance
 - Career Fair Tables – program information and opportunity to talk with folks currently working in that program

- Program handout with all programs hiring listed with their differentials if applicable
- Screening interviews – scheduled in advance (or if added, must be on eligible list and if clinical, must have a **verified** BBS number.
- Screening Interviews – packets were wonderful, but moving forward there should be brief simple screening questions with scoring to screen candidates in our out.
- Administrative Staff Assigned to coordinate follow up
 - Next business day after hiring event, Admin staff and all hiring managers convene to review screening results, program preferences and any resumes, sign ins at program tables to determine which hiring manager is following up with which candidate.
 - Admin staff coordinates to make sure candidates who are screened out are notified. Hiring managers schedule their own interviews, but admin tracks follow up.

Appendix

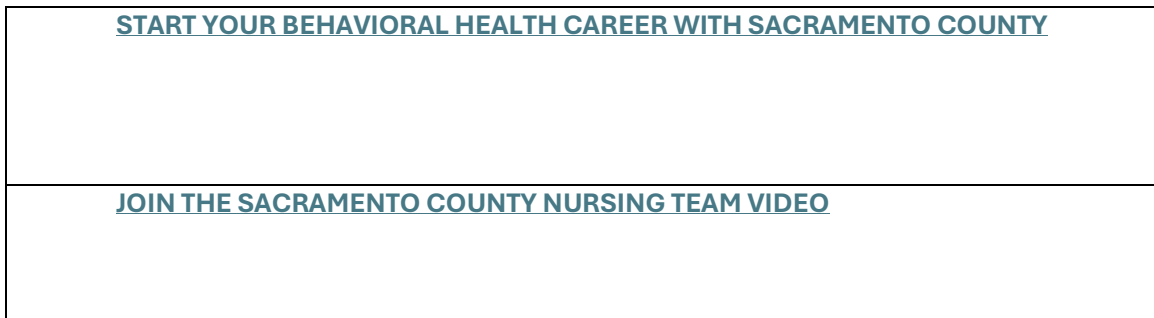
1. Budget

BHS Hiring Event Costs

Targeted Advertising Buy	\$ 30,000.00
Ad purchases from professional sites	\$ 5,236.00
Printing and Mailing	\$ 603.40
Hospitality	\$ 1,327.00
Total	\$ 37,166.40

*Please note this does not include considerable staff time dedicated to project.

2. Promotional Videos



3. Event Survey – anonymous: click on link to view

https://forms.office.com/Pages/DesignPageV2.aspx?subpage=design&FormId=MXQHK7CjHEu7d_ZqETLaohCBCyi1U2tEvKgrrz8VsWxUOTJPWE1NVFJIQZZOVNLT0gzSFUxNkUxMS4u&Token=3ffc84ea904f4af3b1887e71274e6676

4. Event Flyer

5. Meet & Greet Flyer

6. Behavioral Health Recruitment Campaign Presentation – Summary of Ad Buy

7. Behavioral Health Job Fair Analytics – County Social Media Campaign

8. Professional Association Ad Buy

9. Plus/Delta Recommendations from volunteer groups:

- a. Hiring Managers
- b. Hospitality Team

- c. Marketing Team
- d. Welcome Table & Runners
- e. Career Fair Table Staff

English

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 916-875-6069 or TDD at 711.

ATTENTION: Auxiliary aids and services, including but not limited to large print documents and alternative formats, are available to you free of charge upon request. Call 916-875-6069 or TDD 711

Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 916-875-6069 or TDD 711.

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 916-875-6069 TDD 711

Tagalog (Tagalog – Filipino)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-916-875-6069 TDD 711

한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. [1-916-875-6069 TDD 711 번으로 전화해 주십시오.

繁體中文(Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-916-875-6069] (接力服務TDD 711。

Հայերեն (Armenian)

ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցության ծառայություններ: Չանգահարեք 1-916-875-6069 TDD 711

Русский (Russian)

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-916-875-6069 TDD 711

فارسی (Farsi)

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. ب (1-916-875-6069 TDD 711) تماس بگیرید.

日本語 (Japanese)

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-916-875-6069 TDD 711まで、お電話にてご連絡ください。

Hmoob (Hmong)

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-916-875-6069 TDD 711

ਪੰਜਾਬੀ (Punjabi)

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 916-875-6069 TDD 711 'ਤੇ ਕਾਲ ਕਰੋ।

العربية (Arabic)

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 916-875-6069 TDD 711

हिंदी (Hindi)

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 916-875-6069 TDD 711 पर कॉल करें।

ภาษาไทย (Thai)


เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 916-875-6069 TDD 711

ខ្មែរ (Cambodian)

យកចិត្តទុកដាក់:ប្រសិនបើអ្នកនិយាយភាសាខ្មែរសេវាកម្មជំនួយភាសាដោយមិនគិតថ្លៃអាចរកបានសម្រាប់អ្នក។ ទូរស័ព្ទទៅ ៩១៦-៨៧៥-៦០៦៩ ឬសេវាបញ្ជូនតកាមលេខ ៧១១ ។

ພາສາລາວ (Lao)

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 916-875-6069 TDD 711

 <p style="text-align: center;">County of Sacramento Department of Health Services Division of Behavioral Health Services Policy and Procedure</p>	Policy Issuer (Unit/Program)	QM
	Policy Number	QM-10-30
	Effective Date	04-22-2016
	Revision Date	7-01-2022
Title: Progress Notes – Non-Medication Services – MHP	Functional Area: Chart Review – Non-Hospital Services	
Approved By: (Signature on File) Signed version available upon request		
Alexandra Rechs, LMFT Program Manager, Quality Management		

BACKGROUND/CONTEXT:

The Sacramento County Division of Behavioral Health Services (BHS) and Mental Health Plan (MHP) requires that Progress Notes accurately record all service contacts. Progress Notes are a description of direct and indirect service activities including billable and non-billable contacts. Progress notes are evidence of providers services to or on behalf of a client and relate to the client’s progress in treatment. Progress Notes also convey information from collateral resources, consultation contacts, and coordination with other system providers and agencies. As part of the California Advancing and Innovating Medi-Cal (CalAIM) initiative, the Department of Health Care Services (DHCS) aims to reform behavioral health documentation requirements through streamlining and standardization of clinical documentation. The DHCS Behavioral Health Information Notice (BHIN) 22-019 supersedes state regulations as noted in Attachment 2, BHIN 21-046 in part (related to treatment plan and signature requirements) and BHIN 17-040 in full.

PURPOSE:

The purpose of this policy is to establish guidelines, requirements, and timelines for the completion and submission of Specialty Mental Health Services (SMHS) progress notes to be in line with CalAIM documentation reform guidelines.

In the Avatar Clinician Workstation (CWS) system and other electronic health record systems, the submission of a progress note is also a mechanism for service billing.

DEFINITIONS:

Mental Health Provider(s): Individual or organizational provider contracted with Sacramento County Behavioral Health, to provide mental health services. Mental health services are defined as, “assessment, diagnosis, treatment or counseling in a professional relationship to assist an individual, family or group in alleviating mental or emotional illness, symptoms, conditions or disorders that interfere with day-to-day functioning.” This also includes County operated mental health program staff.

Provider Site: A site with a provider number. This includes affiliated satellite sites and school sites.

DETAILS:

It is the policy of Sacramento County BHS that providers shall create progress notes for the provision of all SMHS services.

1. Start of service should include a Clinical Introductory Progress Note, written at the first face to face contact, or very soon thereafter, providing an overview of the client and his/her mental health condition. A complete note includes, but is not limited to: the identity of the client, including age, ethnicity, and other significant demographic information, the referral source, presenting condition, including symptoms, behaviors, and level of functioning, need for services/access criteria/medical necessity justification, client strengths, supports, and a plan for subsequent services. If a client indicates a primary language other than English, or a physical disability, the provider will offer an accommodation to provide culturally and linguistically competent services and note this in the clinical introductory progress note. If a client refuses such accommodation, this refusal will be documented in the clinical introductory progress note.
2. Progress Notes must provide sufficient detail to support the service code selected but should be brief and succinct. Long narratives and lengthy descriptors should be avoided.
3. The narrative may include:
 - a. Description of the service, including how the service addressed the person's behavioral health need (e.g., symptom, condition, diagnosis and/or risk factors),
 - b. Collaboration with the beneficiary,
 - c. Collaboration with other provider(s), if applicable,
 - d. Next steps including, but not limited to, planned action steps by the provider or by the beneficiary,
 - e. Relevant clinical decisions, when decisions are made,
 - f. Updates to the Problem List if appropriate.
4. Progress notes shall be documented by types of service indicated below:
 - a. Every fee for service or unit based contact for:
 - i) Mental health services
 - ii) Medication support services
 - iii) Crisis intervention
 - iv) Targeted Case Management
 - v) Intensive Care Coordination
 - vi) Intensive Home Based Services
 - vii) Therapeutic Behavioral Services
 - b. Providers shall complete a daily progress note for services that are billed on a daily basis, such as residential and day treatment services including:
 - i) Crisis residential
 - ii) Crisis stabilization (one per 23/hour period)
 - iii) Day treatment intensive
 - iv) Therapeutic Foster Care
5. Cultural and linguistic accommodations must be offered to the client and on behalf of the family/caregiver. This must be documented in every note when a language other than English is indicated. If the provider is trained and proficient in English and the target language then the progress note must specify the language spoken during the session. When an interpreter is necessary the progress note shall include the following: the language the session was conducted in, language services offered, the name of the interpreter, and how interpretation was conducted. If a provider is using a client's family member for interpretation, then document the emergency situation and circumstances where no other means of interpretation or communication was available. Should the client elect a family member as the interpreter there must be documentation of the clinical decision making informing that decision and documentation demonstrating efforts to offer an independent interpreter. Sacramento County prohibits the use of children as interpreters

under all circumstances. See *Cultural Competence & Ethnic Services Policy and Procedure* “*Procedure for Access to Interpreter Services*” for more information.

6. Documentation should be completed in a timely manner to support the practitioner’s recall of the specifics of a service.
 - a. Providers shall complete progress notes within 3 business days of providing a service, with the exception of notes for crisis services, which shall be completed within 24 hours.
 - b. Progress notes will be considered late but accepted if completed after the above timeline and prior to billing completion. (Example: If a service was provided on Tuesday, the note would be considered late if it was completed the following Monday). Supervisors may be notified of this late entry.
 - c. Progress notes should never be completed in advance of a service.

7. The Discharge Summary should include how the person can continue to receive any necessary support and how those needs may be addressed post-discharge from the program. Information contained in discharge plans and shared with the person in care includes how the person’s needs may be addressed, information on prescribed medications, the type of care the person is expected to receive and by whom, information on crisis supports, and available community services.

8. When services are being provided to, or on behalf of, a client by two or more persons at one point in time then each provider documents his/her own individual progress note including service code, service time, documentation and travel time. There must be documentation of each persons’ involvement in the context of the client’s mental health needs and describe how each role was separate, distinct and medically necessary. This may change with the implementation of a new electronic health record (EHR).

9. Progress Notes are considered final once submitted into Avatar CWS and electronic health record systems. If critical content or information is left out, notes may be “appended” (Append Note function in Avatar CWS). The use of the “Append” feature to clarify or add information to support a claim will be **limited to 45 days after the date of service and applies only to the following**:
 - a. The addition of clarifying information (e.g., providing additional details that further support the service provided)
 - b. To make a correction to inaccurate information (e.g., wrong date for follow up appointment,)
 - c. The addition of information inadvertently omitted from the progress note (e.g., documenting providing client plan copy, language, cultural accommodation, adding a staff name or classification etc.)

Once a claim has closed there will be no append option. If Progress Notes require an amendment exceeding 45 days from the date of service, a separate progress note can be created with a non-billable service code (11111). See Information Letter: Update to Use of Progress Note Append Feature (7/13/2018) for more information.

10. Corrections for a service that has not been claimed yet may be edited using the Edit Service Information function in Avatar. Corrections for open or closed charge services that have not claimed must be submitted to QM on the Open Charge Deletion Request (OCDR) form. Corrections for services already claimed must be submitted to DBHS Fiscal on the Claims Correction Spreadsheet. Refer to the *Instructions on How to Edit or Delete a Service Document*. In some cases services may need to be re-entered as a non-billable activity so that documentation exists for completed service activities.

11. Any Progress Notes that are hand written and not entered through an Electronic Health Record must be legible, including legible printed name, signature and professional classification, as well as include the date of service, amount of time taken to provide services and location that the service took place in order to be considered a complete progress note. The hand written progress note should be scanned in the Scanned Document Folder labeled, "Non Medication Progress Notes" or "Medication Progress Notes" depending on the type of service.
12. Progress Notes claimed under the service code, "Family/Caregiver Services and Supports" will be documented separately from the client's mental health record.

PROCEDURE:

There are two types of progress notes available in Avatar CWS: Progress Note Entry and Progress Note Entry (Crisis Services)

Progress Notes Entry Form contains the following elements:

1. Date of Service

The date that the service was provided to the beneficiary. Enter the date the service occurred. Note that "entry date" is recorded in Avatar and electronic health record systems upon finalization. Entry date is used to confirm timely submission of progress notes.

2. Service Charge Code

The type of service rendered. Enter the applicable Service Charge Code. See *Sacramento County Service Code Definitions/Training Guide* for updated list of service codes, code definitions, and training information. A separate progress note must be written for each service billing (i.e. multiple notes may be needed for the various service activities occurring during one client contact or session).

3. Location

Location of the beneficiary at the time of receiving the service. Select the applicable Location that matches where the service took place. Location options are predefined through Department of Health Care Services (DHCS) Client Services Information (CSI) data requirements.

4. Practitioner Name and Signature

A typed or legibly printed name, signature of the service provider and date of signature. Practitioner name and professional classification (i.e. MHA-I, MHRS, LPHA) are required. The practitioner's professional classification is connected to their name and is automatically generated in Avatar CWS and electronic health record systems based upon the practitioner's staff registration application submitted to Quality Management. The practitioner's signature or electronic signature is required on all notes and are automatically displayed upon finalizing the progress note.

5. Practitioner Total Service Time

Duration of the service, including travel and documentation time. Enter total duration of service time in minutes. Direct service time, Documentation time, and Travel time, if applicable, must be entered separately. Documentation time includes the time it took to complete the progress note for the service. Travel time is the round-trip travel time from agency office to service location. Travel time can only be counted for services where a billable activity occurs and may not be claimed between provider sites or from a staff member's residence to a provider site.

6. Service was Face to Face

Select "yes" or "no" as appropriate. Select "yes" if a service was provided to the client face to face.

7. Evidence-Based Practices/Service Strategies (CSI) and Additional SS/EBP

Evidence-Based practices (EBP) are effective clinical practices supported by extensive literature and data. Coding of EBPs must be pre-approved by the Sacramento County MHP. See Policy

and Procedure *Review Process for Implementation of New Clinical Practices* for more information. The listing of EBPs is defined by the MHP and DHCS.

Service Strategies (SS) are general service descriptions for specific interventions. Service Strategies do not require pre-approval and should be coded for all applicable services. The listing of Service Strategies is defined by DHCS. See Policy and Procedure QM-14-01 *Review Process for Implementation of New Clinical Practices for more information regarding service strategies* for more information.

8. Note Type (Avatar CWS users)

Select the applicable Note Type (e.g., Standard, Intake, Discharge, Group Note, Injection FU, Medication). Note Type should be “Standard” unless a specialized service that fits another category is provided. Note Type is independent of Service Code claimed and does not affect billing.

9. Notes Field

A narrative describing the service, including how the service addressed the beneficiary’s behavioral health need (e.g., symptom, condition, diagnosis, and/or risk factors). Enter the progress note content to capture the service. Progress note content must justify the service code selected and the time indicated.

10. Language in Which Service Was Provided

Select the language the service was provided in. If multiple languages are spoken during a service please clarify in the progress note narrative.

11. Was Interpreter Used

Select “yes” or “no” as appropriate. If the staff providing the direct service is providing interpretation “yes” should be selected.

12. Referrals Completed – Linkages

This section is available for each progress note and would only be completed in accordance with their Provider’s contract. Providers select all of the resources that they assisted the client with accessing during that session.

13. Add On

The Additional Service Information options, “Interactive Complexity” and “Psychotherapy Add-On” becomes available should the practitioner select a service code that may include an add on code. Interactive Complexity may be linked to Assessment, Individual Therapy, Group Therapy and Add-On for Psychotherapy. Justification for the use of the Interactive Complexity code must be documented in the Notes Field text box at the end of the progress note content. Psychotherapy Add-On may only be used with an Evaluation and Management (E/M) Code. Justification for the use of the Psychotherapy Add-On code must be documented in the “Add-On Notes” section of the progress note.

14. Group Services

Group services must indicate the number of clients participating in the group. In Avatar CWS, “Number of Clients in Group” must be used to identify the number of participants so that duration can be accurately apportioned to each client. The number must include all group participants regardless of insurance provider.

If a group is co-facilitated, the second facilitator can only bill if his or her role is non-duplicative. When a group service is rendered, a list of participants is required to be documented and maintained by the plan or provider outside of the EHR or any one client’s medical record.

Note: “Preparation time” is not accepted as billable time for group services.

Progress Note Entry (Crisis Services) contains the following elements:

1. Date of Service

The date that the service was provided to the beneficiary. Enter the date the service occurred. Note that “entry date” is recorded in Avatar and electronic health record systems upon finalization. Entry date is used to confirm timely submission of progress notes.

2. Service Charge Code

The type of service rendered. Enter the applicable Service Charge Code. See *Sacramento County Service Code Definitions/Training Guide* for updated list of service codes, code definitions, and training information. A separate progress note must be written for each service billing (i.e. multiple notes may be needed for the various service activities occurring during one client contact or session).

3. Where was the service provided?

Select where the practitioner was when providing the service. If selecting “Other,” then describe the location of service in the “Other” text box.

4. Referral Type

Select the referral type. For crisis services programs that are open more than one day, the initial note would indicate how the individual was referred to you and you may select “Follow Up” for subsequent notes.

5. Location

Location of the beneficiary at the time of receiving the service. Select the applicable Location that matches where the service took place. Location options are predefined through Department of Health Care Services (DHCS) Client Services Information (CSI) data requirements.

6. Practitioner Name and Signature

A typed or legibly printed name, signature of the service provider and date of signature. Practitioner name and professional classification (i.e. MHA-I, MHRS, LPHA) are required. The practitioner’s professional classification is connected to their name and is automatically generated in Avatar CWS and electronic health record systems based upon the practitioner’s staff registration application submitted to Quality Management. The practitioner’s signature or electronic signature is required on all notes and are automatically displayed upon finalizing the progress note.

7. Practitioner Total Service Time

Duration of the service, including travel and documentation time. Enter total duration of service time in minutes. Direct service time, Documentation time, and Travel time, if applicable, must be entered separately. Documentation time includes the time it took to complete the progress note for the service. Travel time is the round-trip travel time from agency office to service location. Travel time can only be counted for services where a billable activity occurs and may not be claimed between provider sites or from a staff member’s residence to a provider site.

8. Service was Face to Face

Select “yes” or “no” as appropriate. Select “yes” if a service was provided to the client face to face.

9. Evidence-Based Practices/Service Strategies (CSI) and Additional SS/EBP

Evidence-Based practices (EBP) are effective clinical practices supported by extensive literature and data. Coding of EBPs must be pre-approved by the Sacramento County MHP. See *Policy and Procedure Review Process for Implementation of New Clinical Practices* for more information. The listing of EBPs is defined by the MHP and DHCS.

Service Strategies (SS) are general service descriptions for specific interventions. Service

Strategies do not require pre-approval and should be coded for all applicable services. The listing of Service Strategies is defined by DHCS. See Policy and Procedure QM-14-01 *Review Process for Implementation of New Clinical Practices* for more information regarding service strategies for more information.

10. Note Type (Avatar CWS users)

Select the applicable Note Type (e.g., Standard, Intake, Discharge, Group Note, Injection FU, Medication). Note Type should be “Standard” unless a specialized service that fits another category is provided. Note Type is independent of Service Code claimed and does not affect billing.

11. Notes Field

A narrative describing the service, including how the service addressed the beneficiary’s behavioral health need (e.g., symptom, condition, diagnosis, and/or risk factors). Enter the progress note content to capture the service. Progress note content must justify the service code selected and the time indicated.

12. Language in Which Service Was Provided

Select the language the service was provided in. If multiple languages are spoken during a service please clarify in the progress note narrative.

13. Was Interpreter Used

Select “yes” or “no” as appropriate. If the staff providing the direct service is providing interpretation “yes” should be selected.

14. 5150 Application

Selecting “Not Applicable” means either:

- a. Practitioner is not 5150 certified and/or program is not authorizing the completion of the 5150 application.
- b. Practitioner is providing services and the individual’s situation did not require an assessment for 5150 application.

Selecting “No” means that the practitioner completed a 5150 assessment but a 5150 application was not necessary and the individual was supported in the community with other resources or a safety plan.

Selecting “Yes” means that the practitioner assessed an individual and determined that a 5150 application was necessary, practitioner completed the 5150 application and the individual was supported to the appropriate facility.

15. Hospital Type

Select the hospital location that the client was supported to.

16. Referrals Completed

This section becomes available when you select the “Discharge” or “Discharge Co-Sig Required” progress note type. It is otherwise greyed out with all other progress note types. Providers select all of the resources that they assisted the client with accessing throughout the length of stay within that Provider episode.

Discharge Notes

The Discharge Note Type should be selected and the applicable Service Charge Code used for the service is selected. Discharge notes are billable only if a billable service is provided in that final contact (i.e. case closed with final Individual Therapy service). If no contact has been made with the client for an extended period then the Discharge note is considered “administrative” and the Non-billable Service code (11111) should be selected. See Policy and Procedure **QM-10-28** *Discharge Process* for more information.

REFERENCE(S)/ATTACHMENTS:

- Mental Health Plan Contract
- Information Letter: Update to Use of Progress Note Append Feature (7/13/2018)
- Instructions on How to Edit or Delete a Service
- Sacramento County Service Code Definitions/Training Guide
- [MHSUDS IN# 17-040](#)
- BHIN 22-019
- CalMHSA Documentation Manual

RELATED POLICIES:


- QM 00-08 Deletion of Open and Closed Charges
- QM 10-28 Discharge Process
- CC 01-02 Procedure for Access to Interpreter Services
- QM 14-01 Review Process for Implementation of New Clinical Practices

DISTRIBUTION:

Enter X	DL Name	Enter X	DL Name
X	Mental Health Staff		Substance Use Prevention and Treatment
X	Mental Health Treatment Center		
X	Adult Contract Providers		
X	Children's Contract Providers		

CONTACT INFORMATION:

- Quality Management
QMInformation@saccounty.gov

 <p style="text-align: center;">County of Sacramento Department of Health Services Division of Behavioral Health Services Policy and Procedure</p>	Policy Issuer (Unit/Program)	Cultural Competence & Ethnic Services
	Policy Number	01-02
	Effective Date	6/20/2014
	Revision Date	5/15/19
Title: Procedure for Access to Interpreter Services	Functional Area: Access to Care	
Approved By: Signed version available upon request		

Background/Context:

All Sacramento County Mental Health Plan (MHP) and Alcohol and Drug Services (ADS) providers and County operated programs shall ensure that clients who are Limited English Proficient (LEP) or are Deaf/Hard of Hearing will be provided with an interpreter **at no cost** to the client. Division of Behavioral Health Services provider staff rely primarily on verbal and non-verbal communication to engage clients, form a therapeutic relationship, conduct assessments and provide treatment. A language barrier can lead to miscommunications, which can significantly impact engagement, assessment and treatment (adapted from “Cross-Cultural Communication & Therapeutic Use of Interpreters in Mental Health”, March 2003, Lee, Evelyn, Ed.D., LCSW, Romero, Josie T., MSW, LCSW).

Definitions:

"Limited English Proficient" - Individuals who speak a language other than English as their primary language and who have a limited ability to read, write, speak or understand English are considered limited English proficient (adapted from US Department of Health & Human Services, Office for Civil Rights, “Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons”, 2004).

“Interpreter” - An interpreter is an individual who has been assessed for professional skills, demonstrates a high level of proficiency in at least two languages, and has the appropriate training and experience to render a message spoken or signed in one language into a second language and who abides by a code of professional ethics (The Department of Health and Human Services LANGUAGE ACCESS PLAN, 2013). In addition to the linguistic interpretation of the message given, the interpreter can provide cultural information and a necessary cultural framework for understanding the message (adapted from “Cross-Cultural Communication & Therapeutic Use of Interpreters in Mental Health”, March 2003, Lee, Evelyn, Ed.D., LCSW, Romero, Josie T., MSW, LCSW).

Purpose:

The provision of medically necessary, culturally and linguistically competent specialty mental health services and/or substance use services is fundamental to ensure access and delivery of appropriate services to beneficiaries. Language access is essential to this effort. When bilingual and bicultural provider staff are not available, the use of trained interpreters can help to bridge the language and cultural gap (adapted from “Cross-Cultural Communication & Therapeutic Use of Interpreters in Mental Health”, March 2003, Lee, Evelyn, Ed.D., LCSW, Romero, Josie T., MSW, LCSW).

This policy outlines the process for accessing trained interpreters when trained, bilingual, bi-cultural staff or in-house interpreters are not available.

Details:

- A. The Assisted Access language interpreter agency provides interpreter services for Sacramento County Mental Health Plan and Alcohol and Drug Services Contract providers and County operated programs at no cost to the agency.
- B. In the event that a face-to-face interpreter is not available through Assisted Access, Mental Health Plan and Alcohol and Drug Services Contract providers and County operated programs must arrange for face-to-face interpretation by an interpreting agency.
- C. Mental Health Plan and Alcohol and Drug Services Contract providers and County operated programs must arrange for culturally and linguistically appropriate interpreter services for clients who are Deaf/Hard of Hearing.
- D. When face to face interpreter services are not possible, Mental Health Plan and Alcohol and Drug Services Contract providers and County operated programs must arrange for phone interpreter services by an interpreting agency.

The cost to engage appropriately certified interpreters specified in B. C. and D. above are the responsibility of the Mental Health Plan and Alcohol and Drug Services Contract provider agencies and County operated programs unless an exception is approved by the County.

- E. The Mental Health Plan and Alcohol and Drug Services generally prohibit the use of family members as interpreters except in rare or extenuating circumstances:
 - 1. In emergencies where no other means of interpretation or communication are available.
 - 2. When a consumer specifically chooses not to use an interpreter provided by the MHP or Alcohol and Drug Services and elects to use a family member for interpretation services, a Release of Information form must be signed by the consumer before the family member may be used as an interpreter. Continued offers to provide an independent interpreter must not be excluded

by this initial decision. Clinical decisions must always inform these efforts and may involve utilizing both family and an independent interpreter in specific circumstances.

The MHP and Alcohol and Drug Services prohibit the use of children as interpreters in any circumstance. In the event of emergency situations, providers are always responsible to access alternative interpreter services to ensure that children are not placed in a position to make this decision.

Reference(s)/Attachments:

Title VI of the Civil Rights Act of 1964, U.S. Code 2000-d (Code of Federal Regulations, Part 21: the Std. Title VI); Executive Order 13160 of June 23, 2000; Welfare and Institutions Code (WIC), 14684 (h); California Code of Regulations Title 9, Chapter 11; Department of Health and Human Services- Office of Minority Health: National Standards on Culturally and Linguistically Appropriate Services (CLAS) in Health Care.

Related Policies:

Interpretation Services by Family Members Policy and Procedure No. QM 01-03 from Quality Management.

Distribution:

Enter X	DL Name	Enter X	DL Name
X	Behavioral Health Staff	X	Mental Health Treatment Center
X	Alcohol and Drug Services Contract Providers	X	Mental Health Contract Providers

Contact Information:

Mary Nakamura, LCSW (916) 876-5821
Cultural Competence and Ethnic Services Manager

	County of Sacramento Department of Health Services Division of Behavioral Health Services Policy and Procedure	Policy Issuer (Unit/Program)	QM
		Policy Number	QM-09-05
		Effective Date	04-01-2009
		Revision Date	12-01-2022
Title: Electronic Utilization Review/Quality Assurance Activities		Functional Area: Quality Improvement Program	
Approved By: (Signature on File) Signed version available upon request Alexandra Rechs, LMFT Program Manager, Quality Management			

PURPOSE:

The purpose of this policy is to delineate participation and implementation of Electronic Utilization Review (EUR), Quality Assurance (QA) and Quality Improvement (QI) activities by mental health providers in accordance with the Sacramento County Mental Health Plan (MHP) contract and the Annual Quality Assessment and Performance Improvement (QAPI) Plan. The MHP operates its utilization review based on CalAIM Documentation Standards. The focus of reviews include verifying that client’s needs are identified and met through whole person care approaches and social determinants of health. The utilization review process strives to improve quality outcomes and will limit recoupment to findings of fraud, waste and abuse and the DHCS Reasons for Recoupment. The MHP references Title 9, California Code of Regulations and the California Department of Health Care Services Mental Health Services Division Program Oversight and Compliance Annual Review Protocol for Specialty Mental Health Services and Other Funded Services. The goal of the EUR/QA process is to conduct concurring and retrospective electronic chart reviews that 1) monitor type and quality of service delivery within MHP established standards of care; 2) ensure adherence to CalAIM documentation standards and requirements; and 3) verify and validate accurate, timely charting to support service claims. In addition to EUR chart reviews, utilization review may be conducted through multiple types of programmatic and quality improvement activities studying the type and quality of service interventions or practices, effectiveness of services through electronic chart reviews, performance improvement projects and other evaluation activities. Quality Assurance is conducted through utilizing tools to sample and match electronic clinical records and progress notes to claimed services.

DEFINITIONS:

Clinical Bundle: The required documentation to be completed by the assigned provider including Assessment Documents and Treatment Plan. Refer to QM Documentation Training: CWS Documentation Bundles and your contract for the specific required documentation.

DETAILS:

Policy:

It is the policy of the Sacramento County MHP to conduct reviews of mental health services authorized and provided by all county operated, county contracted and out of county service providers. The MHP Quality Improvement Committee (QIC) charges the Utilization Review Committee (URC), the Quality Management (QM) unit and affiliated working committees to complete these oversight, monitoring and quality assurance functions. Qualified staff and appropriate tools are to be utilized to review medical necessity, quality, quantity and appropriateness of care provided in accordance with contractual and regulatory requirements. The URC/QM submits annual findings of

reviews, trends and recommendations to the QIC chair, the QM Manager for the MHP, who maintains operational direction for Utilization Review (UR) and QA activities. These findings are reviewed and analyzed by the QIC for the purpose of identifying possible Performance Improvement Projects or other QA/QI activities.

The policy applies to county operated, county contracted and out of county providers and outlines their responsibility for monitoring and quality assurance activities assigned within its organizational structure.

Procedure:

The QIC guides several types of EUR/QM activities utilizing a variety of tools, reports available in the Electronic Health Record (EHR) and resources. Chart selection for each type of review is determined by the focus of review. The MHP maintains an annual goal of reviewing a minimum of 5% of unduplicated clinical charts.

The MHP's review processes include the following:

1. Monthly County EUR peer reviews coordinated by QM staff utilizing the associated UR tool.
2. Monthly Provider Internal Utilization Reviews (IUR) coordinated by clinical supervisors or designated quality improvement coordinators within the county operated or county contracted Program. Programs must review a minimum of 5% of unduplicated clinical charts in their Program each fiscal year.
3. As assigned, UR review of Client Plans and Progress Notes coordinated by QM staff and Contract Monitor of county contracted providers that are located out of county and provide services to Sacramento County beneficiaries. Day Treatment Intensive (DTI) and Day Rehabilitation (DR) providers who are located out of county are audited utilizing the associated addendum DTI and DR tool.
4. Monthly Missing Client Services Information (CSI) by Program monitoring for all Programs billing to Medi-Cal.
 - a. If a client does not provide a social security number, then complete the section by entering all zeros.
 - b. If you are unable to collect CSI information, then please complete the sections by entering "unknown."
 - c. If the living situation is missing, then please send the client's name, EHR ID, and current living situation to REPO@saccounty.gov
5. Monthly Services by Classification monitoring for all Programs to ensure all staff are billing within their classification and scope of practice.
6. Bi-monthly monitoring of clinical bundle completion and relevant timeliness for all Programs required to complete the Clinical Bundle.
7. Additional specialty EUR reviews coordinated by QM and Program staff are focused on specific areas of need or attention as directed by the QM Manager.
8. Presumptive Transfer (PT) Beneficiary Reviews in the CalMHSA Portal. The Beneficiary Reviewer completes reviews of received PT invoices and verifies required information for the youth receiving services from another jurisdiction.
9. Other EUR activities to provide specialized technical assistance as requested by the provider, QIC, Program Managers or the QM Manager.

I. Selection, Identification and Review of Records:

Based on the type of review, QM staff will select charts accordingly by identifying the clients and time-frame for review. Reviews focus on a selected "primary" chart and may also involve review of other programs providing care to the client within the MHP (referred to commonly as "secondary charts"). The following steps take place to expedite a review:

External EUR and any reviews for providers utilizing the County EHR

QM Staff Responsibility:

1. QM selects the client(s) to be reviewed and runs the County EHR reports necessary for the EUR.
2. QM makes arrangements for location of review and coordinates all aspects of the review.
3. QM oversees EUR/QA attendance, chairs URC meetings, and provides technical assistance as needed.
4. QM provides additional quality assurance reports for providers to make corrections and re-submit to QM.

Provider Responsibility:

1. Provider is responsible for ensuring that staff designated for this purpose collaborates with QM throughout the entire review.
2. All MHP services are provided under the direction of staff designated in the category of Licensed Practitioner of the Healing Arts (LPHA) or approved LPHA Waived staff. Staff who approve the External EUR corrections must be a qualified LPHA or approved LPHA Waived staff who is a current County EHR user and has working familiarity with the County EHR system as well as MHP documentation requirements. For Adult and Children EUR, it is expected that at least one representative from each provider coordinates with QM in regards to the review.

External EUR for providers not utilizing the County EHR

QM Staff Responsibility:

1. QM selects the client(s) to be reviewed and runs the County EHR reports necessary for the EUR.
2. QM coordinates with the Provider to determine the format the chart will be provided (e.g., reviewer to view the chart in the Provider's EHR, documents to be provided in PDF Format, or physical documents to be provided). In circumstances of a reviewer viewing the chart in another Provider's EHR, QM coordinates with the Provider to ensure all information necessary for permissions is exchanged prior to the review.
3. QM requests the Provider's relevant timeliness report(s) to monitor timeliness and completion of Clinical Bundle Documentation.
4. QM makes arrangements for location of review and coordinates all aspects of the review.
5. QM oversees EUR/QA attendance, chairs URC meetings, and provides technical assistance as needed.
6. QM provides additional quality assurance reports for providers to make corrections and re-submit to QM.

Provider Responsibility:

1. Provider is responsible for ensuring that staff designated for this purpose collaborates with QM throughout the entire review process.
2. All MHP services are provided under the direction of staff designated in the category of Licensed Practitioner of the Healing Arts (LPHA) or approved LPHA Waived staff. Staff who approve the External EUR corrections must be a qualified LPHA or approved LPHA Waived staff who is a current user of the Provider's EHR and has working familiarity with the Provider's EHR as well as MHP documentation requirements. For Providers with their own EHR EUR, it is expected that at least one representative from each provider coordinates with QM in regards to the review.
3. Provider is responsible for designating staff to be available for technical assistance should reviewer conduct review in the provider's EHR.

Internal provider UR (IUR)

QM Staff Responsibility:

1. Provides technical support to providers as needed and tracks all data.

Provider Responsibility:

1. Each provider will develop a methodology for the selection of a sample of case records for review in accordance with the goals of that review and provide the Contract Monitor with the procedure and rationale for that methodology, in accordance with their specific contract requirements.
2. Each provider will identify staff to participate in the internal review. Staff may be selected based on specific roles and functions, specific skills and training, or as subject matter experts.
3. Each provider will submit monthly findings of IUR activities to QM staff by the 5th day of the month following the review, unless otherwise stipulated.
4. Each provider's internal review minimum requirements will be updated annually. All data from reviews regarding any selected indicators or review elements will be recorded within the MHP's Quality Assessment and Performance Improvement (QAPI) Program.

II. Utilization Review Tools:

The following documents are used by staff as tools to complete a chart review:

1. *Sacramento County Electronic Utilization Review General Tool*: This form has three purposes:
 - a. It is used as a guide for reviewing identified charts. This tool is used for Child and Adult chart reviews of Outpatient Specialty Mental Health Services.
 - b. It is used by reviewers to note deficiencies or areas of correction for identified questions. Items that are subject to report are noted on the Multiuse Complete Feedback Loop (McFloop) Form.
 - c. It is used by QM, Avatar Fiscal and the Identified Provider as a means to track service claims that need to be appended or disallowed as a result of the review. See EUR Supplemental Worksheet (P12).
2. *MHSA Programs Addendum Tool-Including Programs who utilize these same support service codes and flexible funding codes*: The form has three purposes:
 - a. It is used as a guide for reviewing charts that have billed for support service codes and/or flexible funding.
 - b. It is used by reviewers to note deficiencies or areas of correction for identified questions. Items that are subject to report are noted on the separate McFloop Form titled: "MHSA Programs McFloop."
 - c. It is used by QM, Avatar Fiscal and the Identified Provider as a means to track service claims that need to be appended or disallowed as a result of the review. See EUR Supplemental Worksheet (F2).
3. *Addendum – Day Treatment Intensive (DTI) and Day Rehabilitation (DR)*: This tool is used when reviewing services provided in a DTI or DR program.
4. *Addendum - TBS*: This tool is used when reviewing services provided in a Therapeutic Behavioral Services (TBS) program.
5. *Mental Health Urgent Care Clinic UR Tool*: The form has three purposes:
 - a. It is used as a guide for reviewing identified Mental Health Urgent Care Clinic charts.
 - b. It is used by reviewers to note deficiencies or areas of correction for identified questions. Items that are subject to report are noted on the McFloop Form.
 - c. It is used by QM, Avatar Fiscal and the Identified Provider as a means to track service claims that need to be appended or disallowed as a result of the review. See EUR Supplemental Worksheet (G12).

III. Follow-up Procedure:

All Reviews for External County EUR for providers regardless of electronic health record:

Provider Responsibility:

1. Upon receipt of the completed review, the provider corrects items marked "Reportable." The provider makes identified corrections and responds in writing on the McFloop form in the section titled, "Response/Corrective Action Taken by Provider." The "Supervisor's Response" section is included for additional comments to McFloop item(s) or for additional corrective actions taken by the provider.
2. Staff designated as either LPHA or LPHA Waived must validate that corrections are complete and sign or co-sign the McFloop.
3. The McFloop form with provider response and associated UR tool attached are due to the QM staff within 2 weeks of the review, unless otherwise stipulated.
4. If there are any identified billing errors, corrective actions must be documented with specific dates, service codes, and units utilizing the EUR Supplemental Worksheet (P12/F2/G12) form.

QM Staff Responsibility:

1. Once the "Reportable" item corrections are received, QM Staff are responsible for the review, approval/disapproval, and follow-up if needed.
2. The QM staff are responsible for ensuring that all actions are tracked with sufficient detail in the UR Corrections tracking process.
3. If the QM staff needs more comprehensive follow-up, actions will be forwarded to the provider with this notation.
4. If the review demonstrates concerns with quality of care, credentialing, or scope of practice issues, the QM staff will note this information on the UR tool and McFloop form, and follow-up with the Contract Monitor and additional QM staff as needed. This will require additional response from the provider.
5. An annual compilation of all UR/QA activities, analysis, and recommendations with suggested improvements will be provided to the MHP at the UR Committee and QIC meeting.

Internal Provider UR (IUR)

Provider Responsibility:

1. Provider coordinates follow-up with corrections and responses to problem areas identified in Internal UR/QA reviews.
2. Provider submits monthly minutes to the QM staff and their assigned Contract Monitor using the Internal UR minutes form.

QM Staff Responsibility:

1. QM staff receives and maintains IUR Minutes and works collaboratively with support staff to enter and monitor the data from the IUR Minutes.

Contract Monitor Responsibility:

1. Contract Monitor reviews Internal UR Minutes, as part of monthly monitoring, and provides feedback to Provider.
2. Contract Monitor may participate in Internal UR, as part of ongoing monitoring duties and select areas for program review.
3. Contract Monitor will include any identified ongoing issues in quarterly report feedback, and will include data in discussion of provider annual workplan.

REFERENCE(S)/ATTACHMENTS:

- California Code of Regulations, Title 9
- California Department of Health Care Services Mental Health Services Division Program Oversight and Compliance Annual Review Protocol for Specialty Mental Health Services and Other Funded Services
- [BHIN#22-019](#)

RELATED POLICIES:




- QM-10-25 Health Questionnaire
- QM-10-26 Core Assessment
- QM-10-27 Client Plan
- QM-10-28 Discharge Process
- QM-10-29 Mental Status Exam
- QM-10-30 Progress Notes
- QM-10-23 Out of County Certification and Billing Procedure
- QM 02-04 Presumptive Transfer (Assembly Bill 1299)

DISTRIBUTION:

Enter X	DL Name
X	Mental Health Staff
X	Mental Health Treatment Center
X	Adult Contract Providers
X	Children's Contract Providers
	Substance Use Prevention and Treatment
	Specific grant/specialty resource

CONTACT INFORMATION:

- **Quality Management Information**
QMInformation@saccounty.gov

	County of Sacramento Mental Health Division	Policy No.	01-03
		Issued Date	01-26-00
		Revision Date	02-01-11
AREA: ACCESS	TITLE: Interpretation Services by Family Members		
Approved by: 			
Uma Zykofsky, LCSW Program Manager, Quality Management Division of Behavioral Health Services	JoAnn Johnson, LCSW Program Manager, Cultural Competence Division of Behavioral Health Services		

INTRODUCTION

In accordance with California Code of Regulations Title 9, Chapter 11, the Sacramento County Mental Health Plan (MHP) is required to provide interpretation services for consumers. This provision is accomplished through a network of trained personnel within provider agencies, trained interpreters available to the MHP through other local sources and, to supplement these efforts within the County, the language line. Interpretive services are also provided for the hearing impaired through established contracted providers.

The MHP respects the confidentiality of consumer information in the provision of mental health services. Also respected is the sincere desire of family members of consumers to be helpful. The following policy demonstrates the responsibility of the MHP, through its providers, to provide interpretive services, while assisting providers to determine special circumstances when family members may be used as interpreters.

BACKGROUND

The provision of mental health services is very personal to the consumer. The consumer must be able to feel free to discuss all issues without reserving information that would be sensitive to other family members. Particular sensitivity is needed when working with adults and children of diverse cultural and ethnic community. Specialized terms are used in the mental health field that requires knowledge of the field to properly interpret. It is for these reasons that the MHP makes interpretation services available for all consumers and requires consumers to use these services.

The Access Team and other established MHP points of access provide direct access to interpretive services. The telephone numbers for the Access Team lines are printed in the MHP Member Handbook, which is published in the Sacramento County’s threshold languages. The Access Team lines also provide instructions for contacting TDD and TY services.

Many provider agencies have trained interpreters or other bilingual or multilingual staff who can provide interpretation services onsite.

POLICY

The Sacramento County Mental Health Plan is designed to provide interpretive services for all consumers. These services are performed by personnel who are trained in both interpretive services and the mental health field through use of special program interpreters, and through the language and TTY lines. Services are delivered onsite where mental health services are provided. The MHP prohibits the use of family members as interpreters, except in rare or extenuating circumstances.

Family members can be used as interpreters only in the following situations:

1. In emergencies where no other means of interpretation or communication are available.
2. When a consumer specifically chooses not to use a MHP interpreter and elects to use a family member for interpretation services, a **Release of Information** form must be signed by the consumer before the family member may be used as an interpreter. (See attached release form). Continued offers to provide an independent interpreter must not be excluded by this initial decision. Clinical decisions must always inform these efforts and may involve utilizing both family and independent interpreter in specific circumstances.

The MHP prohibits the use of children as interpreters in any circumstance. In the event of emergency situations, providers are always responsible to access alternative interpreter services to ensure that children are not placed in a position to make this decision.

IV. REFERENCES	Related Policies & Procedures	State/Federal Codes/Other References
	- Sacramento County Division of Mental Health Cultural Competence Plan -California Code of Regulations, Title 9, §1810.410	No. 01-02 Use of Language Line by Quality Management Staff No. 01-05 Cultural &/or Linguistic- Specific Community Services & Special Needs Request No. 01-06 Access to Information by the Visually and Hearing Impaired
V. CONTACTS	Name	E-mail
		QMInformation@SacCounty.net
VI. SCOPE	<input checked="" type="checkbox"/> Mental Health Staff <input checked="" type="checkbox"/> Mental Health Treatment Center <input checked="" type="checkbox"/> Specific grant/specialty resource	<input checked="" type="checkbox"/> Adult Contract Providers <input checked="" type="checkbox"/> Children’s Contract Providers

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Hoa Hao Buddhist Temple	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	60	6/30/2024
Fireworks Booth Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	6/30/2024
Galt Police Department	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	13	6/30/2024
Kings & Queens Rise Basketball Game 2	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	35	6/29/2024
It's Okay Brotha	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	150	6/29/2024
Fireworks Booth Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	25	6/29/2024
Dana Maeishia Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	6/29/2024
Parkway Freedom Fest 2024	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	60	6/28/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
John Still Freedom Fest 2024	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	70	6/28/2024
Fireworks Booth Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	30	6/28/2024
Know Your Rights	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	68	6/28/2024
Sacramento Steps Forward Frontline Learning	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	20	6/27/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	68	6/27/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	4	6/27/2024
Know Your Rights	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	80	6/27/2024
Celebrando Families	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	21	6/27/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Rose Family Empowerment Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	7	6/27/2024
Myth or Fact: The Truth About Drugs - Inderkum High school	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	7	6/27/2024
Turning Point Crisis Residential meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	21	6/27/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	86	6/26/2024
Senior Activity Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	17	6/26/2024
Mercado Miercoles	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	152	6/26/2024
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	50	6/26/2024
Elk Grove Library	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	6/26/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	6/25/2024
Senior Activity Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	72	6/25/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	112	6/24/2024
Kings and Queens Basketball	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	28	6/24/2024
Sandals for Summer	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	120	6/24/2024
Kings and Queens Basketball	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	38	6/22/2024
Slavic Christian Youth Leaders Forum	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	54	6/22/2024
NAMI Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	6/22/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Indigefest Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	300	6/22/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	7	20-Jun
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	151	6/20/2024
Childrens Receiving Home Summer Kick Off	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	6/20/2024
World Refugee Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Farsi-speaking and Afghan community members in Sacramento County.	130	6/20/2024
Celebrando Families	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	32	6/20/2024
Know Your Rights	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	48	6/20/2024
Rancho Cordova Chamber of Commerce: Business Expo and Job Fai	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	6/20/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	94	6/18/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	9	6/18/2024
Kings and Queens Basketball	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	23	6/18/2024
Juneteenth Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	1000	6/18/2024
Sacramento Pastors Association	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	42	6/18/2024
Corner Stone church Leaders Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	18	6/18/2024
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	6/18/2024
Franklin Library Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	6/18/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Drug Proof Your Youth Spanish Parent Workshop - Valley High Resource Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	19	6/18/2024
RFCEC food giveaway	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	48	6/17/2024
Drug Proof Your Youth Spanish Parent Workshop - Valley High Resource Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	3	6/17/2024
Social Activities Picnic	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	25	6/15/2024
Juneteenth Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	1000	6/15/2024
Howe River Access Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	30	6/15/2024
Your Mind Matters: Understanding Drugs and Their Impact on the Brain and Body - SCCY Youth Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	4	6/15/2024
Capital Compassion	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	6/15/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
NAMI Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	1000	6/15/2024
RFCEC food giveaway	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	11	6/14/2024
Affro Yoga	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	2	6/13/2024
RFCEC food giveaway	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	61	6/13/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	7	6/13/2024
Hidden in Plain Sight Omni Webinar Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	26	6/13/2024
Pathways to Healing Conference	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	60	6/13/2024
Mommy & me @ Providence Place Resident Activity Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	6/12/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
RFCEC food giveaway	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	28	6/12/2024
Soul Line Dancing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	5	6/12/2024
Senior Activity Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	12	6/12/2024
Extreme Heat Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	80	6/12/2024
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	6/12/2024
Resource Fair BBQ	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	70	6/12/2024
Elica Health Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	6/12/2024
Make Parenting a Pleasure - Valley Hi Resource Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	8	6/12/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Providence Place Tuesday Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	8	6/11/2024
RFCEC food giveaway	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	43	6/11/2024
Senior Activity Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	66	6/11/2024
Affro Yoga	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	2	6/10/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	48	6/10/2024
Asian Resource, Inc. Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	140	6/10/2024
Sacramento Drumming Circle	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	25	6/9/2024
Reducing the stigma for Black men needing mental health treatment	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	60	6/9/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento Pride	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and other diverse community members in Sacramento County.	15,000	6/9/2024
Solidarity Saturday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	6/8/2024
Associated Rehabilitation Program for Women Annual BBQ and Yard Sale	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	60	6/8/2024
Sacramento Pride	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and other diverse community members in Sacramento County.	15,000	6/8/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	143	6/7/2024
Kids/Teens Camp / Missionary Gospel Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	123	6/7/2024
Youth Voice	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	12	6/7/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	7	6/6/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Kings and Queens Basketball	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	41	6/6/2024
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking members in Sacramento County.	5000	6/6/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	37	6/5/2024
Senior Activity Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	14	6/5/2024
Extreme Heat Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	24	6/5/2024
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	6/5/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	6	6/4/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	76	6/4/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Youth Leaders 3rd Slavic Baptist Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	27	6/4/2024
Extreme Heat Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	80	6/4/2024
Senior Activity Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	76	6/4/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	80	6/3/2024
Kings and Queens Basketball	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	40	6/3/2024
Parent Informacion Exchange	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	72	6/3/2024
Foothill Farms Senior Resource Informational Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	25	6/3/2024
Strength Mental Health Awareness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	52	6/1/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
The Goddess Sam Mountain Chau Doc Sacramento Temple	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	580	6/1/2024
Strive For Strength	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	6/1/2024
Davis Pride	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	80	6/1/2024
Providence Place Food Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	77	5/31/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	124	5/31/2024
Local Street Outreach -Galt	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	11	5/31/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	5/30/2024
Kings and Queens Basketball	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	36	5/30/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	120	5/30/2024
Slavic Family Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	65	5/30/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	77	5/29/2024
Soul Line Dancing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	5	5/29/2024
College Track Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	75	5/29/2024
God's Love Outreach Ministries Annual Mental Health Awareness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	5/29/2024
University of the Pacific Community Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	25	5/29/2024
Sacramento County SIP Stakeholder Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15,000	5/29/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	8	5/28/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	59	5/28/2024
Community Health & Wellness Fair Mixed Foundation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	5/28/2024
Health and Wellness Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	6	5/28/2024
VOA SSVF Healthcare Fair Invitation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	5/28/2024
Celebration of Family Pancake Breakfast	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	300	5/25/2024
International Kids Festival 2024	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	3000	5/25/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	9	5/24/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	163	5/24/2024
Know Your Rights	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	5	5/24/2024
Multicultural Event In COA	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	5/24/2024
InterRadio iBratTV Interview	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	3000	5/24/2024
Missionary Gospel Ukrainian Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	76	5/24/2024
Sacramento Steps Forward Frontline Learning	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	16	5/23/2024
Kings and Queens Basketball	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	34	5/23/2024
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	5/23/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Abraham Lincoln Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	50	5/23/2024
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	60	5/23/2024
Rio Vista High School Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	5/23/2024
Gibbons Community Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	125	5/23/2024
Impact Sac: Student Voices	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	200	5/23/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	103	5/22/2024
Walnut Grove Elementary School Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	120	5/22/2024
Parkway Elementary Open House	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	60	5/22/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Graduation Event at Future High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	75	5/22/2024
Tinh Xa Ngoc An Temple Columbarium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	250	5/22/2024
Department of General Services Mental Health Awareness Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	5/22/2024
Parkway Elementary Open House	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	60	5/22/2024
Walnut Grove Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	120	5/22/2024
The Picnic of the Green / Open House / Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and other diverse community members in Sacramento County.	250	5/22/2024
CA Department of General Services Mental Health Awareness Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	5/22/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	66	5/21/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Kings and Queens Basketball	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	31	5/21/2024
Cheers for Literacy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	27	5/21/2024
Mommy and Me	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	2	5/20/2024
Kings and Queens Basketball	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	32	5/20/2024
Luther Burbank End of the Year Potluck	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	60	5/20/2024
Parenting Community Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	55	5/18/2024
"Yarmarka" Multicultural Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	2000	5/18/2024
Luther Burbank Community Carnival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	200	5/18/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Community Baby Shower	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	66	5/17/2024
Healing Motherhood	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	5	5/17/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	163	5/17/2024
Nicholas Elementary School Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	10	5/17/2024
Mental Health Awareness at Hiram Johnson High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	400	5/17/2024
AEMS Wellness Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	39	5/17/2024
NHORA 3rd Annual Mental Health Symposium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	40	5/16/2024
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	60	5/16/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
The Crest Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	4	5/16/2024
Presentacion Mexican Consulate	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	60	5/16/2024
Mental Health Matters Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	550	5/16/2024
Community Wellness fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	5/16/2024
Mommy and Me	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	2	5/15/2024
Reconozca Las Senales	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	26	5/15/2024
WellSpace Health Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	5/15/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	16	5/14/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Edgewater Senior Apartments Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	10	5/14/2024
Mommy and Me	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	3	5/13/2024
Children's Receiving Home Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	5/13/2024
Asian Resources INC (ARI)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	75	5/13/2024
Delta Training	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	9	5/11/2024
Solidarity Saturday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	65	5/11/2024
Sacramento Memorial Lawn Cemetery	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	300	5/11/2024
Be Bothered 5k Wellness Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	5/11/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Healthy Mind Body and Soul Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	150	5/10/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	158	5/10/2024
InterRadio iBratTV Interview	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	3000	5/10/2024
Educational Parent Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	19	5/10/2024
Mothers Day Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	5/10/2024
Slavic Community Stigma and Discrimination Talk show	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	5/10/2024
Sacramento County Parole	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	6	5/10/2024
UC DAVIS Medical Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	3	5/10/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mercy General hospital	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	5/10/2024
Methodist Hospital Emergency	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	5/10/2024
Sutter Hospital - Elk Grove	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	3	5/10/2024
Healthy Body, Mind, and Soul: Caring for Ourselves Together	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	118	5/10/2024
Soul Line Dancing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	14	5/8/2024
Panera Bread Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	5/8/2024
Sacramento City College BSF	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	26	5/8/2024
Capitol Terrace Senior Apartments Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	13	5/8/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Myth or Fact: The Truth About Drugs Natomas High School - Youth Wellness Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	10	5/7/2024
Sutterview Senior Apartments Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	15	5/6/2024
SacTowns Finest Market	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	2500	5/5/2024
Alzheimer's Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	150	5/4/2024
Nations Finest Cornhole Tournament	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	20	5/4/2024
Food Give Away	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	186	5/3/2024
Auburn Seniors Apartment Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	25	5/3/2024
The Grove Homeless Advisory Committee	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	15	5/3/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	5/2/2024
Luther Burbank Family Wellness Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth and Iu Mien community members in Sacramento County.	150	5/2/2024
Myth or Fact: The Truth About Drugs - Natomas High School - Youth Wellness Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	7	5/2/2024
Soul Line Dancing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	11	5/1/2024
Abraham Lincoln Open House	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	80	5/1/2024
Preventing Teen Alcohol & Marijuana Use: Theory & Strategies – Sacramento State: Drug and Other Alcohol Class	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	34	5/1/2024
Review of Supportive environments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	50	5/1/2024
Sutter Health Sweet Success	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	45	4/30/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Myth or Fact: The Truth About Drugs - Success Academy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	9	4/30/2024
Mommy and Me	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	4	4/29/2024
Hope At The End Of The Tunnel	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	19	4/29/2024
Preventing Teen Alcohol & Marijuana Use: Theory & Strategies – Sacramento State: Drug and Other Alcohol Class	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	28	4/29/2024
Healing Space	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	47	4/27/2024
Kids' Day at the Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Families in Sacramento County.	7000	4/27/2024
River District Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American, Older Adult and Spanish-speaking community members in Sacramento County.	250	4/26/2024
Ethel Baker Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	4/26/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Myth or Fact: The Truth About Drugs - American Legion High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	28	4/26/2024
River District Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	4/26/2024
First Step Communities Annual Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	250	4/26/2024
Sacramento Steps Forward Frontline Learning	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	22	4/25/2024
LBHS Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	20	4/25/2024
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	4/25/2024
Abraham Lincoln Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	80	4/25/2024
Family Fitness Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	200	4/25/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Next Move Homeless Services	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	14	4/25/2024
8th Annual Senior PRIDE LGBTQ+ Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	100	4/25/2024
Mommy and Me	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	3	4/24/2024
Soul Line Dancing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	9	4/24/2024
Food Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	4/24/2024
Franchise Tax Board Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	83	4/24/2024
Ukrainian Church Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	120	4/23/2024
Mommy and Me	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	1	4/22/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Wellness Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	600	4/22/2024
Myth or Fact: The Truth About Drugs - The Met Charter High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	30	4/22/2024
Dia Del Nino	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	343	4/20/2024
Earth Day at Rainbow Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	4/20/2024
St. Paul's Wellness Weekend	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	120	4/20/2024
Ngoc An Temple Columbarium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	92	4/20/2024
Sacramento Unity African Drum Circle	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	18	4/19/2024
Mommy and Me	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	3	4/19/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Myth or Fact: The Truth About Drugs - American Legion High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	95	4/19/2024
Supporting Neurodivergent Children in ECE	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	28	4/19/2024
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	4/18/2024
One Community Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	200	4/18/2024
Network Cafe	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	4/18/2024
Soul Line Dancing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	7	4/17/2024
Food Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	4/17/2024
Dignity Health Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	4/17/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Myth or Fact: The Truth About Drugs - The Met Charter High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	23	4/17/2024
Pathways to Progress	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	123	4/17/2024
Myth or Fact: The Truth About Drugs - The Met Charter High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	29	4/15/2024
BHS Outreach Coalition	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	26	4/15/2024
Balloon Centerpiece Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	16	4/13/2024
Solidarity Saturday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	18	4/13/2024
Mommy and Me	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	2	4/12/2024
Time Management and Healthy Boundaries	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	35	4/12/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Staff Professional Wellness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	37	4/12/2024
Valley Hi school Resource Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	7	4/12/2024
Real Manhood 101 event at Sacramento State	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	58	4/12/2024
Flu Vaccination Clinic	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	116	4/11/2024
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	4/11/2024
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	4/11/2024
Out of the Darkness Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and other diverse community members in Sacramento County.	800	4/11/2024
Myth or Fact: The Truth About Drugs - St. Hope (PS7) Middle School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	105	4/11/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Let It Go Sis	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	3	4/10/2024
Food Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	4/10/2024
Turning Point	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	4/10/2024
Hidden in Plain Sight: Facts & Tips Preventing Youth Drug Use - FCUSD Parent Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	6	4/10/2024
Open Doors	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	60	4/9/2024
Delta Training	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	46	4/8/2024
Safe Talk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	41	4/6/2024
Be Love BodyShop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	4/5/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sava Charter School Wellness Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	85	4/5/2024
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	4/4/2024
Medical Safe Haven Open House	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	33	4/4/2024
Food Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	4/3/2024
Starbucks Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	4/3/2024
Supporting Neurodivergent Children in ECE	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	31	4/3/2024
Massmedia Outreach Slavic Community	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	3500	4/2/2024
Parenting After High School: Tips to Encourage a Drug Free Lifestyle – Folsom Cordova Unified School District Parent Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	7	4/2/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Asian resources, Inc. Easter Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	140	4/1/2024
Hmong Parent & Youth United Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Hmong community members in Sacramento County.	100	3/30/2024
Easter Social	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	3/29/2024
Diaper Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	10	3/29/2024
Second Slavic Baptist Church Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	19	3/29/2024
Myth or Fact: The Truth About Drugs - Sac High	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	245	3/29/2024
Problem Solving Access Point-Sacramento Steps Forward	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	25	3/28/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	9	3/28/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Let It Go Sis	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	7	3/27/2024
Radio Talk Show	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	3/27/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	6	3/26/2024
Kings Game Tabling	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	3/26/2024
Sacramento City Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	26	3/26/2024
Diaper Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	8	3/26/2024
Swanston Community Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	3	3/26/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	7	3/24/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Hoa Hao Buddhist Organization,Inc	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	160	3/24/2024
Adult Mental Health First Aid Training	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	8	3/23/2024
North Natomas Wellness and Community Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	500	3/23/2024
Womans and Girls Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	3/23/2024
Wellness Community Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	3/23/2024
Sacramento LGBT Center Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	60	3/23/2024
Ethel Baker Food Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	80	3/22/2024
Diaper Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	5	3/22/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
AANAPISI Collaborative Student Leadership Conference	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	300	3/22/2024
Wellness Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	6	3/21/2024
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	3/21/2024
Abraham Lincoln Elementary Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	60	3/21/2024
Gibbons Community Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	4	3/21/2024
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	3/21/2024
East Lawn Mortuary & Sierra Hills Memorial Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	290	3/21/2024
Sacramento Native American Health Center SUD Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	4	3/21/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Black Men: Alive and Well	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	4	3/20/2024
Turning Point FIT	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	3/20/2024
Educational-informative radio program for refugee mental health	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	3/20/2024
Vintage Knolls Senior Apartments Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	23	3/20/2024
Walk-in/Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	3	3/19/2024
Diaper Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	6	3/19/2024
Cosumnes River College Care Fest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	32	3/19/2024
The Grove Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	5	3/19/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Care Fest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	3/19/2024
Building Strong Families	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	15	3/18/2024
Cheers for Literacy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	28	3/18/2024
Iu Mien Community Services Flu Clinic	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	210	3/18/2024
Myth or Fact: The Truth About Drugs - Health Professions Charter High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	29	3/18/2024
Parenting Community Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	55	3/18/2024
Dia De La Familia Immigrante	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	250	3/16/2024
St. Patrick's Day Parade	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	85	3/16/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Education Plan	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	8	3/15/2024
Diaper Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	10	3/15/2024
First Ukrainian Baptist Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	56	3/15/2024
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	50	3/14/2024
CPA/High Risk Ream	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	7	3/14/2024
Mercy Housing Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	2	3/14/2024
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	3/14/2024
Sac County Prevention Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	8	3/14/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Wellness Wednesday Bingo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	7	3/13/2024
Talk show on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	3/13/2024
Takhar Urgent Care	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	3/13/2024
Self Care	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	28	3/13/2024
Senior Activity Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	69	3/12/2024
Diaper Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	6	3/12/2024
Cheers for Literacy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	32	3/11/2024
Myth or Fact: The Truth About Drugs - American Lakes Middle School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	88	3/11/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento Unity African Drum Circle	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	40	3/10/2024
Youth Mental Health First Aid Training	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	8	3/9/2024
SCUSD Community Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	250	3/9/2024
Women and Girls Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	800	3/9/2024
Outdoor Healing Circle	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	17	3/9/2024
SCUSD Communtiy Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	250	3/9/2024
Sac City Unified School District Community Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	300	3/9/2024
Diaper Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	15	3/8/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
St. Paul Church Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	4	3/8/2024
Myth or Fact: The Truth About Drugs - Creative Connections 9th grade	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	46	3/8/2024
Self Care	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	26	3/8/2024
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	70	3/7/2024
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	3/7/2024
Q-Spot Collaborative Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	462	3/7/2024
County Council Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	4	3/7/2024
Black Men: Alive and Well	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	8	3/6/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Outreach on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	3/6/2024
Spiritual Medicine Book Club And Workshop For Youth	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	6	3/6/2024
Mack Road Valley Hi Community Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	3/6/2024
Self Care	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	39	3/6/2024
Diaper Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	7	3/5/2024
Talk And Takies	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	14	3/5/2024
Stanford Settlement Senior Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	80	3/5/2024
S.O.G.I.E. Virtual Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	50	3/4/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Myth or Fact: The Truth About Drugs - Creative Connections 8th grade	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	106	3/4/2024
STEM Workshop Part 2	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	13	3/3/2024
Relationship 101	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	19	3/2/2024
STEM Workshop Part 1	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	7	3/2/2024
Diaper Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	9	3/1/2024
Sacramento Memorial Lawn Cemetery	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	280	3/1/2024
Student Conference Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	2066	2/29/2024
Local Street Outreach Sacramento	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	18	2/29/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Local street outreach Galt	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	21	2/29/2024
Let It Go Sis	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	4	2/28/2024
Wellness Wednesday Unmasked Sister Circle	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	8	2/28/2024
Wellspace Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	6	2/28/2024
Foresight Mental Health Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	2/28/2024
Student Conference Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	2500	2/26/2024
South Sacramento TET Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	3000	2/25/2024
Community Health Hosted by Lao Family	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	300	2/24/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mexican Consulate Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	302	2/24/2024
Black Expo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	1500	2/24/2024
2024 CNCYA	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	1000	2/24/2024
Chinese New Year Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	4000	2/24/2024
Personal Hygiene Workshop (Parents)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	24	2/23/2024
Student Conference Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	1652	2/23/2024
Street Outreach - 5th Avenue	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	3	2/23/2024
Talk show on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	2/23/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Ngoc An Temple Columbarium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	200	2/23/2024
UC Davis Health - GROW Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	2	2/23/2024
Sacramento Steps Forward Frontline Learning	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	43	2/22/2024
Relationship 101	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	2/22/2024
Resume Workshop Part 2	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	8	2/22/2024
Maple Vaccine Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	8	2/22/2024
Mardi Gras	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	2000	2/22/2024
Belle Coolegge Library	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	2/21/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Myth or Fact: The Truth About Drugs - Albert Einstein Middle School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	243	2/21/2024
Burbank Health and Wellness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	2/20/2024
Resume Workshop Part 1	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	18	2/20/2024
Lunch Time Outreach at Elk Grove HS	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	2000	2/20/2024
Myth or Fact: The Truth About Drugs - Albert Einstein Middle School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	296	2/20/2024
Waking the Village Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	8	2/20/2024
Lunar New Year Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	80	2/19/2024
Hiram Johnson Elementary School Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	602	2/18/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Missionary Gospel Ukrainian Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	500	2/18/2024
Parkway Elementary Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	13	2/17/2024
Skateboard Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	38	2/17/2024
Soul Sister Healing Circle	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	12	2/16/2024
Street Outreach - Broad Room	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	5	2/16/2024
Outreach on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	2/16/2024
Burbank Health and Wellness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	8	2/15/2024
MU Senior Wellness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	16	2/15/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Belle Coolegge Community Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	2/14/2024
Connecting with Children and Understanding Behaviors	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	25	2/14/2024
SCOE Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	8	2/14/2024
Let's Talk Business	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	40	2/13/2024
How to Talk to Your Teen about Substance Use – Folsom Cordova Unified School District	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	30	2/13/2024
Relationship 101 outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	78	2/12/2024
Imani Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	64	2/12/2024
Vietnamese Cultural Dance Performance	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	50	2/12/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Asian Resources Inc. Lunar New Year Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	80	2/12/2024
Myth or Fact: The Truth About Drugs - NP3 High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	166	2/12/2024
Hoahao Buddhist Organization Lunar New Year Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	180	2/11/2024
Iu Mien Lunar New Year Celebration 2024	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	650	2/10/2024
Tet Festival Market	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	1500	2/10/2024
Elk Grove Regional Park Lunar New Year Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	4000	2/10/2024
It's Giving Good Hygiene	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	10	2/9/2024
Talk Show on Radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	2/9/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
SMU Senior Wellness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	10	2/8/2024
Slavic-American Chamber of Commerce	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	25	2/8/2024
Educational Parent Workshop "How to understand you teens"	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	34	2/8/2024
Wellness Wednesday Art and Soul	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	32	2/7/2024
Burbank Health and Wellness	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	8	2/7/2024
Youth Halaqa And Iftar	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	44	2/7/2024
Sierra 2 Community Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	2/7/2024
Connecting with Children and Understanding Behaviors	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	34	2/7/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sac State Field Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	80	2/6/2024
School Site Council Meeting / Charter School "Community Outreach Academy"	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	23	2/6/2024
Como Reconocer Un Atake Al Corazon	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	58	2/6/2024
Fair Oaks Recovery Open House	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	50	2/6/2024
Black Excellence Fair at Luther Burbank High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	800	2/5/2024
Burbank Black Student Union	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	2/2/2024
Healing Circle for Gaza Children	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	18	2/2/2024
First Ukrainian Pentacostal Leaders	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	35	2/2/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	2/1/2024
Hmong Culture Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Hmong community members in Sacramento County.	100	2/1/2024
Mesa Verde High School Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	10	1/31/2024
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	1/31/2024
Senior Center of Elk Grove Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	5	1/31/2024
Talk show on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	1/31/2024
Pacers Take Space at Grant Union High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	575	1/30/2024
Parenting Information Exchange	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	50	1/29/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Health Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	17	1/29/2024
Carmichael Library Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	1/29/2024
Walking and Connection	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	100	1/29/2024
Recognize The Signs	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	3	1/26/2024
Ethel Baker Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	35	1/26/2024
Upcoming 2024 Annual Resident Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	52	1/25/2024
2024 Parent Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	105	1/25/2024
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	1/25/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Presentation: Pacific Housing Staff	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	10	1/25/2024
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	1/24/2024
Trinity Urgent Care Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	1/24/2024
Personal Hygiene Workshop (Youth)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	18	1/23/2024
Burbank High School Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	2	1/23/2024
Wind Youth Services Open house	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	5	1/23/2024
ITIN Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	80	1/22/2024
Outdoor Activities	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	30	1/22/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Nutrition Workshop for Families	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	19	1/20/2024
Ukrainian Pentecostal Church / Meeting with refugees	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	45	1/20/2024
Imani Clinic	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	4	1/19/2024
InterRadio iBratTV Interview	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	3000	1/19/2024
Presentation at The Grove	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	20	1/18/2024
Black Men: Alive and Well	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	8	1/17/2024
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	1/17/2024
PSA on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	1/17/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Carlton Senior Living Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	5	1/17/2024
How to Encourage Youth to Stay Drug Free – Folsom High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	22	1/17/2024
Outreach at Sac Central Library	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	6	1/16/2024
365 MLK March	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	4000	1/15/2024
Taichi and Elderly Vietnamese Support Group.	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	40	1/15/2024
MLK resource fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	16	1/15/2024
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	1/11/2024
Human Trafficking Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	38	1/11/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Bulldog Café	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	8	1/10/2024
Vaccine Clinic	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	20	1/10/2024
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	1/10/2024
SCC Outreach Radio Talk Show	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	1/10/2024
Valley Hi-North Laguna Library Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	1/10/2024
Methodist Hospital Emergency	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	1/10/2024
Building Friendships with Empathy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	20	1/10/2024
ARI (Asian Resource, Inc.) New Year Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	95	1/8/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Hoahao Buddihist Master Birthday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	125	1/7/2024
Iu Mien Student Conference	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	2000	1/5/2024
Safety Workshop for Youth	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	22	1/4/2024
Outreach on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	1/3/2024
Spiritual Medicine-Workshop/Book Club	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	6	1/3/2024
Wackford Community Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	1/3/2024
Building Friendships with Empathy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	36	1/3/2024
Bakeoff for Youth	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	9	1/2/2024

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Team Building Cooking Class	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	15	1/1/2024
New Year Reunion	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	60	12/30/2023
Asian Pasific Community Counseling New Year Eve Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	82	12/30/2023
Mercy General hospital	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	20	12/28/2023
Elk Grove Urgent Care	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	12/27/2023
San Juan Hospital	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	2	12/27/2023
Antelope Business Community District Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	6	12/26/2023
Men of Honor Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	150	12/23/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Southside Santa	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	12/22/2023
Our Promise Campaign with CHP	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	10	12/21/2023
Southside Santa	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	150	12/21/2023
First Ukrainian Pentacostal Church Elderly Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	51	12/21/2023
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	12/20/2023
Cinnabon Coffee Bakery Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	12/20/2023
Safe Credit Union Financial Literacy Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	17	12/19/2023
Chamber Alliance Outreach Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	100	12/19/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Christmas Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	40	12/18/2023
Kuddles-4-Kids	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	12/17/2023
2023 Christmas Book Giveaway	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	87	12/16/2023
La Posada	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	860	12/15/2023
La Superior Vaccine Clinic	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community in Sacramento County.	50	12/14/2023
Empowering Your Financial Journey - a Home Ownership Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community in Sacramento County.	14	12/14/2023
Radio Talk Show	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	12/14/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	12/14/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Emergency Preparedness Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	45	12/13/2023
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	12/13/2023
Patelco Credit Union Financial Literacy Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community in Sacramento County.	4	12/13/2023
Ukrainian Evangelical Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	16	12/13/2023
Center 4 Growth	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	12/13/2023
Fair Oaks Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	2	12/13/2023
Emotional Regulation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	15	12/13/2023
Safe Credit Union Financial Literacy Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community in Sacramento County.	7	12/11/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Living Water Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	5	12/11/2023
Youth Holiday Party	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	64	12/8/2023
Safe Credit Union Financial Literacy Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community in Sacramento County.	24	12/8/2023
InterRadio iBratTV Interview	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	3000	12/8/2023
Neil Orchard Senior Activity Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	7	12/7/2023
Beating the Blues	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	7	12/7/2023
Students and Family Night Future High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	300	12/7/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	12/7/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	12/6/2023
Patelco Credit Union Financial Literacy Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community in Sacramento County.	15	12/6/2023
Community Counseling of Elk Grove Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	12/6/2023
Emotional Regulation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	38	12/6/2023
Arcade Library Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	12/5/2023
Advent Lutheran Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	5	12/5/2023
Sacramento Together Human Task Force Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	150	12/5/2023
African Marketplace Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	100	12/2/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Preventing Teen Alcohol & Marijuana Use: Theory & Strategies – Sacramento State: Drug and Other Alcohol Class	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	36	11/30/2023
Vaccine Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	26	11/29/2023
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	11/29/2023
Street Outreach - Warming center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	8	11/29/2023
Elk Grove Library Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	11/29/2023
Outreach on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	11/29/2023
Capital Stars meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	16	11/29/2023
Preventing Teen Alcohol & Marijuana Use: Theory & Strategies – Sacramento State: Drug and Other Alcohol Class	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	26	11/28/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
ARI Thanksgiving Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	89	11/27/2023
Sacramento Hmong New Year	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	2200	11/26/2023
Sacramento Hmong New Year	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	2500	11/25/2023
Missionary Gospel Ukrainian Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	90	11/25/2023
iBratTV program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	3000	11/24/2023
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	11/22/2023
PSA on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	11/22/2023
Franklin High Library Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	11/22/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Street Outreach - WIND, Cesar Chavez Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	5	11/21/2023
ROR and 4Los Compas Food Drive	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	11/18/2023
Parents Café	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	2	11/17/2023
Know Your Rights	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	24	11/17/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	11/16/2023
Rainbow Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	12	11/16/2023
Wellness Wednesday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	26	11/15/2023
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	11/15/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Community and Career Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	200	11/15/2023
Pathways Progress Empowerment	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community in Sacramento County.	200	11/15/2023
Educational-informative radio program for refugee mental health	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	11/15/2023
Martin Luther King, Jr. Library Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	11/15/2023
Creating positive and Quality Child Care Envrionments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	13	11/15/2023
Pathways to Progress	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	82	11/15/2023
IMCS Flu Vaccine Clinic	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	76	11/14/2023
Parent Workshop / Futures High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	19	11/14/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Culture Broker Training	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	22	11/13/2023
Diversity Business Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	11/13/2023
Stockton Hmong New Year	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	2000	11/12/2023
Calvoices Collaboration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	3	11/12/2023
Creating positive and Quality Child Care Envrionments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	36	11/12/2023
Diaper Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	22	11/9/2023
Wellness Wednesday	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	23	11/8/2023
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	11/8/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Radio Talk Show	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	11/8/2023
Core Center Marconi Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	7	11/7/2023
Mental Health Board Site Visit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	7	11/6/2023
Sacramento Latino Family & Book Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking, Youth and Transition Age Youth, and Older Adult community members in Sacramento	400	11/4/2023
Meadowview Family Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	150	11/4/2023
Financial Literacy Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	7	11/3/2023
Community and Career Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	200	11/3/2023
Myth or Fact: The Truth About Drugs - NP3 Middle school 8th grade	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	146	11/3/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Feria De Educacion	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	11/2/2023
Community Outreach - Creation District	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	6	11/2/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	11/2/2023
Myth or Fact: The Truth About Drugs - NP3 Middle school 7th grade	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	147	11/2/2023
Vaccine Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	15	11/1/2023
Family Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	11/1/2023
PSA on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	11/1/2023
UC Davis Medical Group Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	11/1/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
ARI, Inc. Halloween Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	85	10/30/2023
Halloween Friendship Reunited	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	70	10/30/2023
SOGIE Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	17	10/30/2023
Phoenix Parks Apartments Fall Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	60	10/30/2023
Halloween PAR-TAY	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	22	10/30/2023
United and Guided Fall Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	10/29/2023
Aprendiendo Juntos	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	200	10/28/2023
Mutual Assistance Network Annual Harvest Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	1000	10/28/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mind/Money: Feeding Mind, Body & Soul	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	25	10/27/2023
Fall Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	100	10/27/2023
Sacramento Stand Down	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	250	10/27/2023
Problem Solving Access Point-Sacramento Steps Forward	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	24	10/26/2023
Family Night at Luther Burbank High School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	150	10/26/2023
Technosabios	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	10	10/26/2023
Harvest Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	10/26/2023
Let It Go Sis	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	11	10/25/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Radio Talk Show	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	10/25/2023
Encino High School & College Career Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	61	10/25/2023
SUD Interview	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	8	10/24/2023
H.O.P.E. Therapeutic Services Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	4	10/24/2023
WHY Sac CAL Youth Connections	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	10	10/24/2023
Fall Gathering	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	450	10/24/2023
Hidden in Plain Sight: Facts & Tips Preventing Youth Drug Use – Twin Rivers Unified School District Red Ribbon Week Parent Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	33	10/23/2023
WIND/Capital Star meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	42	10/23/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Muertos Mercados/ Franklin Plaza	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	150	10/22/2023
South Sac City Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	170	10/21/2023
Wilton Rancheria Breast Cancer Awareness Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	150	10/21/2023
Old Sacramento Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	7	10/21/2023
Fresh Start Business/Job Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	200	10/21/2023
12th Annual Community Wellness Forum Harvest and Health Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	10/21/2023
South Sacramento Festival Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth, Older Adult community and other diverse community members in Sacramento	500	10/21/2023
SNAHC/TANF Fall Gathering	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	400	10/20/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Youth Sac Kings Clinic	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	34	10/20/2023
Family Reading Night for Slavic Families	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	25	10/20/2023
Abraham Lincoln Back To School Night	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	200	10/20/2023
Sac County Racial Equity Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth, Transition Age Youth, American Indian / Alaska Native / Indigenous community members, and other diverse community members in Sacramento County.	145	10/19/2023
Technosabios	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	7	10/19/2023
Intimate Partner Violence & Financial Literacy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	77	10/18/2023
Radio Program For Refugee Mental Health	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	10/18/2023
Genesis Behavior Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	10/18/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
ASQ's and Services at QCCC	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	19	10/18/2023
NPHC Diaper Drive	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	31	10/17/2023
Nothing For Us, Without Us Block Party	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	60	10/15/2023
Hmong Festival New Year	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	2500	10/14/2023
Youth Empowerment Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	72	10/14/2023
Annual Honoring Our Journey Banquet	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese, Hmong and Iu Mien community members in Sacramento County.	400	10/13/2023
Fall Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	10/13/2023
The American Buffalo Screening at PBS KVIE	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	200	10/12/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Technosabios	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	7	10/12/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	10/12/2023
PSA on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	950	10/11/2023
A Seat at the Table Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	10/11/2023
Methodist Hospital Emergency	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	3	10/10/2023
9 Mental Health Hacks for Teens: Health Palooza - NAMI & CCP	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	87	10/10/2023
Problem Solving Access Point-Sacramento Steps Forward	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	12	10/9/2023
Coming Out Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	145	10/9/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Heartland Child & Family Services staff meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	43	10/9/2023
Out Of the Darkness Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	100	10/9/2023
Hoa Hao Buddhist Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	60	10/8/2023
Saint Rose Church Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	2000	10/8/2023
Indigenous People's Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	150	10/7/2023
Feria de Educacion	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	28	10/7/2023
Aging Well Symposium & Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	85	10/7/2023
Delta High School/ Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	300	10/6/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Technosabios	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	6	10/5/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	10/5/2023
Our Promise Kick-off	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking and Older Adult community members in Sacramento County.	1000	10/5/2023
Kaiser Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	10/5/2023
U Better Work	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	200	10/5/2023
CORE X street open house	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	10/5/2023
ILP Advisory	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	16	10/5/2023
Talk show on radio KFSG-1690 AM	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	10/4/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Parent Meeting / Charter School COA	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	123	10/4/2023
ASQ's and Services at QCCC	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	33	10/4/2023
Folsom Senior Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	22	10/4/2023
BACS CORE Willow grand opening	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	5	10/4/2023
Social Justice and Religious Oppression Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	20	10/3/2023
Ukrainian/Slavic Parent Focus Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	11	10/3/2023
Labels & Identity in Latina Communities	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	10/3/2023
Hygiene Supply Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	25	10/2/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
1st Annual Stephon Clark Fentanyl & Substance Abuse Awareness Expo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	10/1/2023
Ocean Trip	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	26	10/1/2023
Sacramento Natural Foods Co-op 50th Anniversary Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	75	9/30/2023
First Annual Native Youth Leadership Conference	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	150	9/30/2023
Supervisor Kennedy Fun Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	500	9/30/2023
Sacramento Chinese of Indochina Friendship Association	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	400	9/30/2023
River District Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	100	9/30/2023
Recovery Happens	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	9/30/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
FirstStepCommunities Annual Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	200	9/30/2023
Future Me Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	18	9/29/2023
ARI, Inc. Autumn Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	600	9/28/2023
MLK Girls Support Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	13	9/27/2023
MLK Boys Support Group	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	11	9/27/2023
Pacers Moving Forward Speaker Series	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	40	9/27/2023
La Familia Meal Kit Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	9/27/2023
Reddy Urgent Care Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	9/27/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Vintage Knolls Senior Apartments Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	15	9/27/2023
Workshop for Charter HS	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	75	9/26/2023
Covid Testing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	20	9/25/2023
11th Years Anniversary Ballroom Dance Class	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	98	9/25/2023
Drug Proof Your Youth- Valley Hi Family Resource Center - Spanish Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	8	9/25/2023
CA Native American Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	200	9/23/2023
Iu Mien Community Services Picnic Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	123	9/23/2023
La Familia Health And Safety Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	700	9/23/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento Memorial Lawn Cemetery	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	120	9/23/2023
Careful Heart We Thrive Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth and other diverse community members in Sacramento County.	400	9/23/2023
Rallying for Better Health in Del Paso Heights	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	150	9/23/2023
APEXCARE Health & Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	250	9/22/2023
North Sac Collab	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	12	9/21/2023
Connecting Our Communities	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	200	9/21/2023
Turning Point CORE Elk Grove Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	9/21/2023
ApexCare Health and Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	400	9/21/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	9/21/2023
Sac State Basic Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and other diverse community members in Sacramento County.	83	9/21/2023
Back To School Night Rosa Parks Elementary	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	120	9/20/2023
Health Event At Abraham Lincoln Elementary	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	300	9/20/2023
Workshop In COA For Newcomers and Refugees	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	115	9/19/2023
Covid Testing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	20	9/18/2023
Dancing Celebration Party (ARI, Inc.)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	100	9/18/2023
Turkey Leg Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	200	9/17/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Suicide Prevention Awareness Rally	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American and Spanish-speaking community members in Sacramento County.	100	9/16/2023
Annual Turkey Leg Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	150	9/16/2023
Black Top Boogie x Sac LGBT Community Center : Be Encouraged	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	20	9/16/2023
Street Team Community Party	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	9/15/2023
Ukrainian Baptist Church / Fathers & Son Camp	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	135	9/15/2023
Fair Oaks Public Library Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	32	9/15/2023
Diaper Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	40	9/14/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	9/14/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
SUTTER Health Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	8	9/14/2023
YAC General Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	61	9/14/2023
Sacramento Native American Health Center Presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community and other diverse community members in Sacramento County.	10	9/14/2023
Jabali Behavioral Health Nursing Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	9/13/2023
Los Rios Health Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	100	9/12/2023
Workshop U4U For New Commers	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	125	9/12/2023
Turning Point CORE Madison	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	4	9/12/2023
Myth or Fact: The Truth About Drugs - NP3	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	97	9/12/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Covid Testing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	20	9/11/2023
HEART Staff Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	9/11/2023
Multicultural Fest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	300	9/9/2023
SAVE Health & Wellness Faire	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	150	9/9/2023
Out of the Darkness Community Walk	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	1800	9/9/2023
12th Annual Successfully Serving Your Aging Congregation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	72	9/9/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	9/7/2023
Therapeutic Pathways	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	9/6/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Social Emotional Development	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	11	9/6/2023
Recovery Happens	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth and other diverse community members in Sacramento County.	1000	9/6/2023
Vera + SAC Ending Girls incarceration: Capital Star	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	7	9/6/2023
Ukrainian refugee workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	150	9/5/2023
Recovery Happens BBQ	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	90	9/5/2023
S.H.O.C.K. presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	108	9/5/2023
Sacramento Together Task Force Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	152	9/5/2023
Covid Testing	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	20	9/4/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
R&B Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	500	9/2/2023
Vulan Festival at Ngoc An Temple Columbarium	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	180	9/2/2023
Abraham Lincoln Elementary Back to School Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	60	9/1/2023
Problem Solving Access Point-Sacramento Steps Forward	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	25	8/31/2023
Family Psychiatry Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	8/30/2023
Creekside Village Senior Apartments Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	35	8/28/2023
South Sac Heritage Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	500	8/26/2023
Back to School Healing the Hood	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	250	8/25/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
The African American Aging LGBTQIA Summit 2023	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	35	8/25/2023
Slavic Ukrainian Church / Meeting with refugees	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	24	8/25/2023
African-American Aging Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	100	8/25/2023
Job Corps Career Fair & BBQ	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	15	8/25/2023
Luther Burbank Orientation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	15	8/24/2023
Sacramento Memorial Lawn Cemetery	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	70	8/24/2023
American River College Care Fest	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous and other diverse community members in Sacramento	150	8/23/2023
Sheik Shoes Back to School Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	100	8/23/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Social Emotional Development	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth in Sacramento County.	19	8/23/2023
Advocacy Day 2023	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	49	8/23/2023
Feria De Recursos Comunitarios	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	300	8/22/2023
Concert in the Park at Cabrillo Park	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	200	8/19/2023
Zoo Trip for Youth	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	17	8/18/2023
Back-to-School Resource Faire	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	281	8/18/2023
Shine together backpack giveaway	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	34	8/18/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	8/17/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Marconi Learning Academy Open House	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	55	8/17/2023
Sac County Fentanyl Awareness & Action Summit	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	9	8/17/2023
Heartland Child and Family Services Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	8/16/2023
Jake's Journey	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	20	8/16/2023
California LGBTQ Health & Human Services Convening 2023	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	43	8/16/2023
WA Iu Mien Festival	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu Mien community members in Sacramento County.	2000	8/13/2023
POWERHOUSE Ministries	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	40	8/13/2023
Praise in the Park Resource Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	20	8/13/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Block Party	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	50	8/12/2023
Joshua's Heart Homeless Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	400	8/12/2023
Meteor Shower Trip	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	16	8/12/2023
Mutual Assistance Network Back to School Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	250	8/12/2023
Healing Heels	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	129	8/12/2023
Door to Door Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	80	8/11/2023
Diaper Distribution	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	99	8/10/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	8/10/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
School tabling : MLK Tech Academy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	200	8/10/2023
3Strands and Capital Stars Collaboration Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	38	8/10/2023
Meeting with Parents/Refugees	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	54	8/8/2023
Cooling Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	30	8/7/2023
Sacramento Powwow	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous and other diverse community members in Sacramento	450	8/5/2023
Ready for Robla	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous and other diverse community members in Sacramento	30	8/5/2023
Back to school event-Family picnic	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	109	8/5/2023
Get Ready for Robla Back to School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	200	8/5/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Health Fair Life Steps	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Spanish-speaking community members in Sacramento County.	80	8/3/2023
Basic Coding Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	16	8/3/2023
National Night Out	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	67	8/1/2023
South Area Safety Night National Night Out	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	350	8/1/2023
One Natomas 40th Annual National Night Out	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	300	8/1/2023
Sacramento City and County GSA Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	330	8/1/2023
ILP Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	4	8/1/2023
National night out book bag giveaway	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	12	8/1/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Salmon Run	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	75	7/30/2023
Get to Know Us Sac City	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	250	7/29/2023
Job Corps Luncheon	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	107	7/28/2023
Allcove and Capital Stars Collaboration Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	30	7/27/2023
Sacramento Comprehensive Treatment Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	7/26/2023
Discovery Mood & Anxiety Program Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	4	7/25/2023
Mercy Medical Group - Behavioral Health Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	7/25/2023
Wellness For Humanity Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	3	7/25/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Creation District - street outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	5	7/24/2023
Stars Behavioral Health - SCC presentation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	20	7/21/2023
Slavic Family Summer Camp	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	95	7/21/2023
SSYAF & Capital Stars Collaboration Meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	9	7/21/2023
Network Cafe	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	49	7/20/2023
Myth or Fact: The Truth About Drugs – International Rescue Committee	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth in Sacramento County.	8	7/20/2023
Sacramento Native American Health Center Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	7/19/2023
Stephon Clark 5th Annual Legacy Event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Black / African-American community members in Sacramento County.	350	7/15/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Super Parents Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on American Indian / Alaska Native / Indigenous community members in Sacramento County.	50	7/15/2023
McClatchy Park - BBQ event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	44	7/14/2023
Minority Mental Health Expo	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	5	7/14/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	7/13/2023
River Oak Center for Children staff meeting	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	36	7/13/2023
Educational-Informative Radio Program For Refugee Mental Health	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	900	7/12/2023
Sacramento Community Clinic	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	7/12/2023
Asian Resource Inc (ARI) Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	108	7/10/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Suterview Senior Apartments Resource Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	10	7/10/2023
Family Trip To Lake Berryessa	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	44	7/9/2023
Super Parent Day	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	14	7/8/2023
Cesar Chavez Park - street outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	4	7/7/2023
Workshop- Teenager Development: Changes & Challenges	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Arabic-speaking community members in Sacramento County.	40	7/7/2023
First Ukrainian Evangelical Faith Church Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	75	7/7/2023
Nottoli Place Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult community in Sacramento County.	2	7/7/2023
Ethno FM 87.7FM Radio Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	5000	7/6/2023

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
McKinley Park - street outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	6	7/5/2023
Missionary Gospel Church	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Russian-speaking community members in Sacramento County.	14	7/5/2023
Mercy Children's Behavioral Health Outreach	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse community members in Sacramento County.	5	7/5/2023
Youth Leadership Conference - tabling event	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Youth and Transition Age Youth community members in Sacramento County.	40	7/4/2023
Independence Day Celebration	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Cantonese-speaking, Vietnamese and Hmong community members in Sacramento County.	85	7/3/2023