

# SACRAMENTO COUNTY

Division of Behavioral Health Services  
Mental Health System



Cultural Competence Plan  
Update  
2018

## COVER SHEET

An original, three copies, and a compact disc  
of this report (saved in PDF [preferred]  
or Microsoft Word 1997-2003 format)  
due March 15, 2011, to:

Department of Mental Health  
Office of Multicultural Services  
1600 9<sup>th</sup> Street, Room 153  
Sacramento, California 95814

Name of County: Sacramento

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### **CHECKLIST OF THE CULTURAL COMPETENCE PLAN REQUIREMENTS MODIFICATION (2010) CRITERIA**

- CRITERION 1: COMMITMENT TO CULTURAL COMPETENCE**
- CRITERION 2: UPDATED ASSESSMENT OF SERVICE NEEDS**
- CRITERION 3: STRATEGIES AND EFFORTS FOR REDUCING RACIAL, ETHNIC, CULTURAL, AND LINGUISTIC MENTAL HEALTH DISPARITIES**
- CRITERION 4: CLIENT/FAMILY MEMBER/COMMUNITY COMMITTEE: INTEGRATION OF THE COMMITTEE WITHIN THE COUNTY MENTAL HEALTH SYSTEM**
- CRITERION 5: CULTURALLY COMPETENT TRAINING ACTIVITIES**
- CRITERION 6: COUNTY'S COMMITMENT TO GROWING A MULTICULTURAL WORKFORCE: HIRING AND RETAINING CULTURALLY AND LINGUISTICALLY COMPETENT STAFF**
- CRITERION 7: LANGUAGE CAPACITY**
- CRITERION 8: ADAPTATION OF SERVICES**

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**Purpose**

The Cultural Competence Plan Requirements (CCPR), as detailed in DMH Information Notice 10-02, establish new standards and criteria for the entire County Mental Health System, including Medi-Cal services, Mental Health Services Act (MHSA), and Realignment as part of working toward achieving cultural and linguistic competence. Each county must develop and submit a cultural competence plan consistent with these CCPR standards and criteria (per California Code of Regulations, Title 9, Section 1810.410). "CCPR" in this document shall mean the county's completed cultural competence plan submission inclusive of all requirements. The original CCPR (2002), Department of Mental Health (DMH) Information Notice 02-03, addressed only Medi-Cal Specialty Mental Health Services, while the revised CCPR (2010) is designed to address all mental health services and programs throughout the County Mental Health System. The CCPR (2010) seeks to support full system planning and integration. The revised CCPR (2010) includes the most current resources and standards available in the field of cultural and linguistic competence, and is intended to move toward the reduction of mental health service disparities identified in racial, ethnic, cultural, linguistic, and other unserved/underserved populations. The revised CCPR (2010) works toward the development of the most culturally and linguistically competent programs and services to meet the needs of California's diverse racial, ethnic, and cultural communities in the mental health system of care.

**CCPR Modification (2010)**

In response to small county requests, DMH has worked closely with the California Mental Health Director's Association Small Counties' Committee to develop an abridged version of the full CCPR. The modified version of the full CCPR shall from herein be called the CCPR Modification (2010).

The California Department of Mental Health is using the California Code of Regulations, Title 9, Section 3200.260, for the definition of eligible "Small Counties". Those "Small Counties" who are eligible, may complete and submit a CCPR Modification (2010) or elect to submit the full CCPR (2010) (DMH Information Notice 10-02). The submission deadline for small counties shall be March 15, 2011.

**Background**

The CCPR (2002) revised addendum indicated that "future CCP requirements will evolve as more experience through plan development and implementation progresses. While efforts are being made on an ongoing basis to achieve cultural competence, as our competence improves, our standards will need to improve." The CCPR Modification (2010) serves as an outcome of these advances in the field of cultural competence. DMH seeks to keep the County Mental Health System updated with the latest studies and applications in the field of cultural and linguistic competence, so that the mental health system functions as a highly efficient organization with the ability to provide effective and integrated services to its ethnic/racial and cultural communities. The CCPR Modification (2010) serves to operationalize cultural competence at both the organizational and contractor level.

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The basis for the revised CCPR (2010) and the CCPR Modification (2010) criteria is the U.S. Department of Health and Human Services, Office of Minority Health (2001) *National Standards for Culturally and Linguistically Appropriate Services in Health Care: Executive Summary* (CLAS) [See Federal Standards, page 28 of this CCPR Modification (2010)]. The revised CCPR Modification (2010) criteria were developed from a compilation of the CCPR (2002), CLAS, and other current cultural competence organizational assessment tools (see attached references). Combined, these documents incorporate eight domains that cover a system in its entirety:

- Domain 1. Organizational Values;
- Domain 2. Policies/Procedures/Governance;
- Domain 3. Planning/Monitoring/Evaluation;
- Domain 4. Communication;
- Domain 5. Human Resource Development;
- Domain 6. Community and Consumer Participation;
- Domain 7. Facilitation of a Broad Service Array; and
- Domain 8. Organizational Resources.

(Source: University of South Florida, 2006. *Organizational Cultural Competence: A Review of Assessment Protocols*)

Research on the above eight domains included review and analysis of 17 organizational level cultural competence assessment tools being used in the field today. The research yielded a compilation of the eight significant assessment domains as focus areas for assessing and integrating cultural competence into mental health programs. The domains work to create an organizational model for operationalizing cultural competence into systems. The inclusion of these eight domains is necessary for a County Mental Health System to effect change and progress towards a culturally competent mental health system of care in California.

From the above eight *domains*, eight *criteria* were developed to encompass the revised CCPR Modification (2010) and assist counties in identifying and addressing disparities across the entire mental health system. Those eight criteria are as follows:

- Criterion I: Commitment to Cultural Competence
- Criterion II: Updated Assessment of Service Needs
- Criterion III: Strategies and Efforts for Reducing Racial, Ethnic, Cultural, and Linguistic Mental Health Disparities
- Criterion IV: Client/Family Member/Community Committee: Integration of the Committee Within The County Mental Health System
- Criterion V: Culturally Competent Training Activities
- Criterion VI: County's Commitment To Growing a Multicultural Workforce: Hiring and Retaining Culturally and Linguistically Competent Staff
- Criterion VII: Language Capacity
- Criterion VIII: Adaptation of Services

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These eight criteria are a mechanism to examine where counties lie on the scale of cultural competence. Having used the criteria to form a logic model, the CCPR Modification's development and inclusion of the eight criteria allow counties to implement cultural and linguistic competence in a variety of settings and move toward operationalizing the concept of cultural competence. The assessment portion of the CCPR Modification (2010) will identify areas the county may need resources, supports, and leverage to support its efforts in operationalizing cultural competence.

The County Mental Health System in California has changed greatly with the passage of the MHSA. The MHSA has opened many doors for unserved/underserved individuals and works toward increasing the county workforce. As MHSA expands and increases services, DMH recognizes that county reporting requirements have also increased. The CCPR Modification (2010) takes this into consideration and has focused on omitting reporting redundancies by developing one, single plan that will be applied to all programs throughout the system. Where applicable, the CCPR Modification (2010) requires copies or updates of areas already addressed in other reports or plans. Some areas will apply to Medi-Cal only, while other areas will apply to the entire system; these are delineated throughout the CCPR Modification (2010).

**Current State and Federal statutory, regulatory, and authority provisions related to cultural and linguistic competence and other policies, statutes, and standards**

This CCPR Modification (2010) includes listings of required Federal and State statutes, regulations, and DMH policy letters related to cultural and linguistic competence in the delivery of mental health services. These provisions are in addition to other Federal or State laws that prohibit discrimination based on race, color, or national origin (for more information see page 27).

**Timeframes**

The revised CCPR Modification (2010) shall be submitted by each small county to DMH on a staggered three year cycle (a comprehensive CCPR Modification (2010) is submitted every three years and an Annual Update is submitted in the interim years). Annual updates will be required and DMH will select specific criteria for counties to report on for each update. The first revised CCPR Modification (2010) will be due in March 2011; subsequent CCPR Modifications will be due in 2014 and 2017. Annual updates will be due in 2012, 2013, 2015, and 2016. California Code of Regulations, Title 9, Chapter 11, Medi-Cal Specialty MHS, Article 4, Section 1810.410 (c)-(d) states each Mental Health Plan (MHP) shall submit an annual CCPR update consistent with the requirements of this revised CCPR document, consistent with the plan reporting requirements, including the population assessment and organizational and service provider assessments.

Counties may direct all inquiries about this CCPR Modification (2010) to the California Department of Mental Health, Office of Multicultural Services at 916-651-9524.

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**Directions for completing the CCPR Modification (2010)**

The DMH expects this CCPR Modification (2010) to be completed by the county Department of Mental Health (referred in document as county). The county will provide the plan to all county contractor(s) providing mental health services and hold the contractor(s) accountable for reporting the information to be inserted into the CCPR Modification (2010). The CCPR Modification (2010) must reflect the activities of the MHP (county and contractor) and both county and contractor are required to adhere to the plan. NOTE: The DMH recognizes that 'small counties' may not contract with any contractors.

The DMH will review the CCPR Modification (2010) submission and will provide a score and feedback to the counties.

An original, three copies, and a compact disc of this CCPR Modification (2010) saved in PDF format (preferred) or Microsoft Word format 1997-2003 is due by March 15, 2011.

The CCPR Modification's Cover Sheet shall be the first sheet of the submitted document. Submissions should follow the assigned format identifying each criterion by number, criterion title, and page numbers. Sections of the CCPR Modification (2010) should be complete; however, if a section is incomplete (such as data is unavailable), identify the section and briefly explain when the section will be submitted to DMH. Counties must meet the submission deadlines. If submission timelines cannot be met, counties shall notify DMH ahead of time. Please call the Office of Multicultural Services at 916-651-9524 to discuss CCPR Modification (2010) deadline submissions.

**CRITERION 1**

**COUNTY MENTAL HEALTH SYSTEM**

**COMMITMENT TO CULTURAL COMPETENCE**

**Rationale:** An organizational and service provider assessment is necessary to determine the readiness of the service delivery system to meet the cultural and linguistic needs of the target population. Individuals from racial, ethnic, cultural, and linguistically diverse backgrounds frequently require different and individual Mental Health Service System responses.

**I. County Mental Health System commitment to cultural competence**

The county shall have the following available on site during the compliance review:

**A. Copies of the following documents to ensure the commitment to cultural and linguistic competence services are reflected throughout the entire system:**

- 1. Mission Statement;**
- 2. Statements of Philosophy;**
- 3. Strategic Plans;**
- 4. Policy and Procedure Manuals;**
- 5. Other Key Documents (Counties may chose to include additional documents to show system-wide commitment to cultural and linguistic competence).**

Copies of all of the documents listed above will be available for review during the compliance review.

**II. County recognition, value, and inclusion of racial, ethnic, cultural, and linguistic diversity within the system**

**The CCPR Modification (2010) shall be completed by the County Mental Health Department. The county will hold contractors accountable for reporting the information to be inserted into the CCPR. Note: The DMH recognizes some very small counties do not have contracts.**

The Division of Behavioral Health Services completed the CCPR with the input by stakeholders and accepts full responsibility for holding contractors accountable for reporting requirements as well as implementation of the approved plan. The following statement, which reflects the approval of the 2010 CCP, is inserted in all contracts executed by the county:

*“Laws, Statutes, and Regulations*

- C. CONTRACTOR shall comply with the requirements mandated for culturally**

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*competent services to diverse populations as outlined in the Sacramento County Phase II Consolidation of Medi-Cal Specialty Mental Health Services – Cultural Competence Plan 1998, 2002, 2003 and the Department of Mental Health (DHM) 2010 Cultural Competence Plan Requirements. CONTRACTOR agrees to abide by the Assurance of Cultural Competence Compliance document, as provided by COUNTY, and shall comply with its provisions.” (Appendix 43)*

**The county shall include the following in the CCPR Modification (2010):**

- A. Provide a copy of the county’s CSS plan that describes practices and activities that demonstrate community outreach, engagement, and involvement efforts with identified racial, ethnic, cultural, linguistic, and other relevant small county cultural communities with mental health disparities.**
- B. A one page description addressing the county’s current involvement efforts and level of inclusion with the above identified underserved communities on the advisory committee.**

The following is a response to questions A and B.

Sacramento County continues to be known for its multi-cultural diversity. Low penetration rates, however, indicate disparities in access for cultural, racial, and ethnic communities throughout Sacramento County. Due to the degree of marginalization and distrust of government institutions experienced by many of these communities, the Division has continued to pursue intentional partnerships with the diverse communities in Sacramento County and thereby improve the wellness of community members. In keeping with the community development strategy of engaging individual and community resources, Division staff have continued to cultivate meaningful relationships with key community leaders and cultural brokers from racial, cultural, ethnic, LGBTQ, faith-based, and emerging refugee communities.

The Sacramento County community planning processes for the Mental Health Services Act (MHSA) have built upon these relationships and provided additional opportunities to ensure that viewpoints of individuals from cultural, racial, ethnic, and LGBTQ groups were incorporated. Starting with the Community Services and Supports (CSS) component, key community leaders from racial, cultural and ethnic populations were personally contacted by Division staff to enlist their support in helping to inform members of their community about the community planning process and to facilitate their meaningful participation in the process. Flyers were translated into multiple languages and were distributed widely, including self-help centers, cultural and ethnic-specific programs, refugee resettlement programs, and other natural settings in the community. Interpreters in all of the threshold languages for Sacramento County in addition to American Sign Language were provided to ensure the active participation of all attendees at the kickoff planning meeting. Culturally, racially, ethnically, and linguistically diverse staff conducted county-wide outreach to the community and utilized multiple media outlets that are used by diverse populations. The executive summary of the MHSA Annual Update or MHSA Three Year Plan is posted online



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in English and in all of the threshold languages. The public hearing announcement is translated into the threshold languages and is distributed via diverse ethnic media outlets to ensure that the community is aware of opportunities to provide comments on the information contained in the MHSA Annual Update or MHSA Three Year Plan.

The Division partners with diverse community stakeholders in several local collaborations. BiNational Health Week is an annual event that takes place during early October and is sponsored by the Mexican Consulate. As Sacramento is home to many refugees, the Division, along with refugee resettlement programs and other providers that work with refugees has been participating in the Sacramento Refugee Forum. The Division has been supportive of refugee programs by lending interpreting equipment to them for use at their community education workshops. The Division is also a member of the Sacramento Rescue and Restore Coalition against Human Trafficking and is working alongside other social service and faith based agencies to provide mental health services to survivors of Human Trafficking. The Division has been meeting with African American community leaders and stakeholders to plan for listening sessions with the community in order to develop program recommendations that address the mental health and wellness needs of African American community members who have experienced or have been exposed to trauma. DBHS sponsored the NAMI Sacramento Multicultural Town Hall on Mental Wellness and had an outreach booth at the event. DBHS also sponsored and had an outreach booth at the annual Slavic Community Health Safety and Job Fair which drew community members from the Russian speaking community. DBHS also participated as a member of the Multi-Agency Collective with the Sacramento Native American Health Center. DBHS CC staff participated in the Hmong Mental Health Forum by having an outreach booth at the event. See Criterion 4 A and B for examples of additional community engagement.

The Division is committed to seeking Mental Health Board and committee members who are reflective of the cultural, racial, ethnic and LGBTQ diversity in Sacramento County since these bodies are charged with making decisions for all of the consumers residing in this county. The Division has actively enlisted the assistance from local community organizations serving cultural, racial and ethnic communities in recruiting for consumers, family members or community members who may be interested in serving on the Mental Health Board or the Steering Committee. The current Co-Chairs of the MHSA Steering Committee are members of the Cultural Competence Committee (CCC) and are joined by another CCC member on the MHSA Steering Committee Executive Team. Four additional CCC members also serve on the MHSA Steering Committee in various consumer or family member/caregiver seats.

**C. Share lessons learned on efforts made on the items A and B above and any identified county technical assistance needs. Information on the county's current MHSA Annual Plan may be included to respond to this requirement.**

We continue to build upon what we have learned with each community planning process in order to ensure that subsequent processes include diverse consumer, family member and community stakeholder input. We have also learned to build in sufficient time to engage,

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educate and inform the community at the beginning of community planning processes. Please refer to the MHSA Fiscal Year 2017-18, 2018-19, 2019-20 Annual Update to the Three-Year Program and Expenditure Plan (Appendix 38).

**III. Each county has a designated Cultural Competence/Ethnic Services Manager (CC/ESM) person responsible for cultural competence**

The CC/ESM will report to, and/or have direct access to, the Mental Health Director regarding issues impacting mental health issues related to the racial, ethnic, cultural, and linguistic populations within the county.

**The county shall include the following in the CCPR Modification (2010):**

**A. Detail who is designated the county's CC/ESM responsible for cultural competence and who promotes the development of appropriate mental health services that will meet the diverse needs of the county's racial, ethnic, cultural, and linguistic populations.**

Sacramento Behavioral Health Division has had a full time management level Cultural Competence/Ethnic Services Manager (CC/ESM) since 2005. Prior to this time, the CC/ESM was in a management level position that was split between ESM duties and other management level activities related to program operation. Several factors contributed to the increase from .5 FTE to 1.0 CC/ESM Health Program Manager (HPM) position. Some of these factors included a recognition of the great diversity of Sacramento County and the complexities associated with service design and delivery, an increasing emphasis on cultural competence and recognition of mental health disparities, and the passage of Proposition 63 (known as the Mental Health Services Act – MHSA) which emphasized increased services for unserved, underserved and inappropriately served cultural, racial and ethnic communities.

The CC/ESM HPM is responsible for ensuring that cultural competence is integral to all functions of the Behavioral Health System and is the lead system-wide on issues that affect racial, ethnic, cultural and linguistic populations, including the elimination of disparities in mental health/behavioral health care in Sacramento County. The Sacramento County Mental Health system includes 260 programs/agencies involving county and contract operated mental health services for approximately 32,000 children and adults annually. The CC/ESM HPM is responsible for the development and implementation of the annual Sacramento County Cultural Competence Plan (CCP) to ensure that county mental health services are in compliance with current federal and state statutes, and regulations. Furthermore, the CC/ESM HPM ensures that the services are in compliance with the California Department of Health Care Services (DHCS) policy letters related to the planning and delivery of specialty mental health services for a highly diverse cultural, ethnic and linguistic community. The CC/ESM HPM is the chair of the Sacramento County Division of Behavioral Health Services Cultural Competence Committee and reports back to the Quality Improvement Committee (Appendix 12).

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The CC/ESM HPM reports to the Mental Health Director and sits on the Management Team/MHP Quality Policy Council as well as the Behavioral Health Services Project Management Team (Appendix 13). In addition to the creation of a full time CC/ESM HPM position, Sacramento County also funded a Cultural Competence unit headed by the CC/ESM HPM that provides supervision to the following staff: 2 FTE Mental Health Program Coordinators, 2.0 FTE Human Service Program Planners (and 1.0 FTE Human Service Program Planner working with DBHS Alcohol and Drug Services, ADS), 1 FTE Senior Office Assistant (See Appendix 10 for Cultural Competence Unit Organizational Chart.)

**IV. Identify budget resources targeted for culturally competent activities**

**The county shall include the following in the CCPR Modification (2010):**

- A. Evidence of a budget dedicated to cultural competence activities which may include, but not be limited to the following:**
  - 1. Budget amount spend on Interpreter and translation services;**
  - 2. Reduction of racial, ethnic, cultural, and linguistic mental health disparities;**
  - 3. Budget amount allocated towards outreach to racial and ethnic county-identified target populations;**
  - 4. Special budget for culturally appropriate mental health services; and**
  - 5. If applicable, financial incentives for culturally and linguistically competent providers, non-traditional providers, and/or natural healers.**

The following chart depicts the cultural competence activity expenditures for the Division’s county operated and county contracted providers. The amount for each provider’s cultural competence activity expenditures includes: the annual costs of interpreters and/or translation services; annual staffing costs of all bilingual/bicultural staff employed; annual costs of providing or assisting consumers to access natural healers or traditional healing practices; and the costs of all cultural competence training registration fees paid for staff. The chart only reflects programs that are operational. There are a number of programs that have been approved and are in the implementation phase and are therefore not included in the chart. The programs in the chart do not reflect a true picture of the extent of expenditures for cultural competence, including interpreters, as many program budgets include these items in other categories.

<b>Budget Dedicated to Cultural Competence Activities Expenditures – FY 2017- 2018</b>	
<b>Program/Description</b>	<b>Amount</b>

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A Church for Us (respite)	\$75,000.00
Adult Psychiatric Support Service (APSS) Clinic	\$47,772.93
Asian Pacific Community Counseling -Transcultural Wellness Center	\$2,601,251.00
Assisted Access Program	\$635,293
CalWORKs Wellness Team	\$23,948.05
Cultural Competence Unit 1.0 FTE: Health Program Manager with Non MHSA operating cost.	\$181,627.00
Dignity Health	\$179,898.96
El Hogar Community Services, Inc. (includes Regional Support Team (RST), Sierra Elder Wellness Program (SEWP) & Senior Link)	\$360,932.38
Gender Health Center (respite)	\$75,000.00
Interpreter Services – countywide vendors	\$183,400.00
La Familia Counseling Center	\$1,271,981.00
Peer Partner Program	\$475,395.00
Personal Services ASL Provision	\$10,000.00
River Oak Center for Children	\$1,601,333.00
Sacramento Children’s Home (FIT and eVIBE)	\$226,730
Sacramento County Child and Adolescent Psychiatric Services (CAPS) Clinic	\$298,872.75
Sacramento LGBT Center (Lambda - respite)	\$75,000.00

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Sacramento LGBT Center (Q Spot – respite)	\$101,000.00
Saint John’s Program for Real Change	\$316,000.00
Sierra Forever Families	\$183,471.00
Staff Costs 5.0 FTE: (2) Mental Health Program Coordinator, (2) Human Services Program Planner, and (1) Sr Office Assistant (CC/MHSA)	\$862,366.00
Stanford Youth Solutions (FIT, Wrap, TBS)	\$449,974.00
Supporting Community Connections	\$895,000.00
Telecare SOAR	\$8,354.50
Terkensha Associates	\$886,464.81
Terra Nova Counseling	\$166,033.24
TLCS Programs (New Direction, TCORE, Crisis Respite Center & Triage Navigator Program)	\$336,772.80
Training (CBMCS & MHIT)	\$61,542.94
Turning Point’s (FIT, TBS, RST, Crisis Residential Programs, ISA, Pathways, and Urgent Care Center)	\$1,971,465.12
Uplift	\$846,811.90
Visions Unlimited	\$988,584.84
White House Counseling Center	\$198,807.87
<b>TOTAL</b>	<b>\$16,611,461.00</b>

**B. A discussion of funding allocations included in the identified budget above in Section A., also including, but not limited to, the following:**

- 1. Interpreter and translation services;**

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The total line –item costs for interpreters/translators is \$1,823,292.60. This includes the total budget for the Assisted Access Program that provides services system-wide; the amount allocated in county program budgets for “out-side interpreters” contract (county-wide contracted interpreters that are used when the Assisted Access program is unable to meet the needs of the program because they do not have staff who speak the required language or there are scheduling conflicts); and the amount the county contracted providers spent on interpreters and/or translation services.

**2. Reduction of racial, ethnic, cultural, and linguistic mental health disparities;**

At the time of the 2010 CCP, there were two programs, Transcultural Wellness Center (TWC) for the API communities and Assisted Access that provided interpreters that were specifically designed to reduce racial, ethnic, cultural and linguistic mental health disparities. Since that time, additional programs such as the respite programs and the Supporting Community Connections (SCC) programs included in the chart above have been implemented and are specifically designed to reduce LGBTQ, racial, ethnic, cultural and linguistic mental health disparities. These programs are included in this section because their dedicated funding is clear in their program budget. All Division programs, however, are expected to work towards reduction of disparities through CCP 2010 goals that include 1) increase by 5% annually the percentage of staff that speak threshold languages 2) increase penetration by 1.5% as measured for ethnicity, language and age.

**3. Outreach to racial and ethnic county-identified target populations;**

The Assisted Access program provides outreach to targeted communities. Additionally, the chart lists a series of PEI programs called Supporting Community Connections. These programs are focused on the following racial, cultural and ethnic communities: youth/TAY (focusing on LGBT, foster and homeless youth); Native Americans; African Americans; Latinos; Cantonese/Vietnamese/ Hmong; and Russian/Slavic. These ethnic/cultural specific programs are part of the Suicide Prevention effort and have strong outreach components. The respite programs listed in the chart also have strong outreach components to diverse LGBTQ communities.

**4. Culturally appropriate mental health services; and**

In addition to the aforementioned TWC, the Peer Partner Program continues to offer culturally appropriate peer services as members of a multi-disciplinary team providing mental health services in a county-operated program. These bilingual/bicultural staff provide cultural and language specific services to a diverse group that includes but is not limited to Latinos, Hmong, Vietnamese, Cambodian and African Americans. La Familia Counseling Center has bilingual/bicultural staff who provide children’s outpatient mental health services to many Latino and Hmong children and youth.

**5. If applicable, financial incentives for culturally and linguistically competent providers, non-traditional providers, and/or natural healers.**

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Bilingual county staff who pass a test are paid a differential for their language skills. Contractors are encouraged to provide appropriate compensation for their bi-lingual staff. Full Service Partnership programs have budgets for providing or assisting consumers in accessing non-traditional providers and natural healers.

In closing this section, this issue of emerging needs should be addressed. Sacramento County has a 30+ year history of welcoming refugees to the community. Over the years, Sacramento County has ranked in the top three counties in California for newly arriving refugees. Mental Health has developed a number of programs that include focus on the needs of refugees. Historically, refugees from Southeast Asia, Russia/Formal Soviet Union/Eastern Europeans first arrived in Sacramento. From FY 2012-2016, Sacramento received 4348 refugees with the largest number coming from Iraq, followed closely by the Former USSR. During this same period, the number of arrivals from Afghanistan and Iran were the next largest group (all data was taken from the California Department of Social Services website that contains federal reports on refugees). DBHS must continue our efforts to develop appropriate services for these newly arriving refugees from Iraq, Afghanistan and Iran.

The Department of Health Care Services All Plan Letter 17-011, dated June 30, 2017, informed all Medi-Cal Managed Care Health Plans (MCP) of the updated dataset for threshold languages and identified the threshold languages for each MCP. An additional threshold language was added for Sacramento County. Therefore, the threshold languages for Sacramento County now include Arabic, Cantonese, Hmong, Russian, Spanish, and Vietnamese. We have been translating all of the member informing documents into Arabic.

**CRITERION 2**

**COUNTY MENTAL HEALTH SYSTEM**

**UPDATED ASSESSMENT OF SERVICE NEEDS**

**Rationale:** A population assessment is necessary to identify the cultural and linguistic needs of the target population and is critical in designing, and planning for, the provision of appropriate and effective mental health services.

**Note:** All counties may access 2007 200% of poverty data at the DMH website on the following page: [http://www.dmh.ca.gov/News/Reports\\_and\\_Data/default.asp](http://www.dmh.ca.gov/News/Reports_and_Data/default.asp) within the link titled "Severe Mental Illness (SMI) Prevalence Rates". Counties shall utilize the most current data offered by DMH.

Only small counties, as defined by California Code of Regulations 3200.260, may request Medi-Cal utilization data from DMH by submitting the appropriate form to DMH, no later than five calendar months before plan submissions are due. To complete the Data Request Form, counties must contact the Office of Multicultural Services at 916- 651-9524 to have a DMH staff person assist in the completion of the proper form.

Eligible counties may be provided data within thirty calendar days from the data request deadline; however, all requests are first-come first-serve and provided according to DMH staff availability and resources.

**I. General Population**

**The county shall include the following in the CCPR Modification (2010):**

- A. Provide a description of the county's general population by race, ethnicity, age, gender, and other relevant small county cultural populations. The summary may be a narrative or as a display of data (other social/cultural groups may be addressed as data is available and collected locally). If appropriate, the county may use MHSA Annual Update Plan data here to respond to this requirement.**

Data from the 2017 US Census, American Community Survey (ACS) were obtained for the County for purposes of describing the general population in Sacramento County. From that data, the following descriptions of race, ethnicity, age, gender, and language spoken are drawn. In 2016, 1,530,615 individuals were estimated to be residents of Sacramento County.

**Race/Ethnicity** - The Census Bureau (ACS) collects Hispanic/Latino origin separately from race as does Sacramento County. Additionally, the Census Bureau reports on 7 racial categories: White, Black/African American, American Indian/Alaskan Native (AIAN), Asian, Native Hawaiian/Other Pacific Islander, Some other race, Two or more races. Data comparison using race and ethnicity is often challenging due to the



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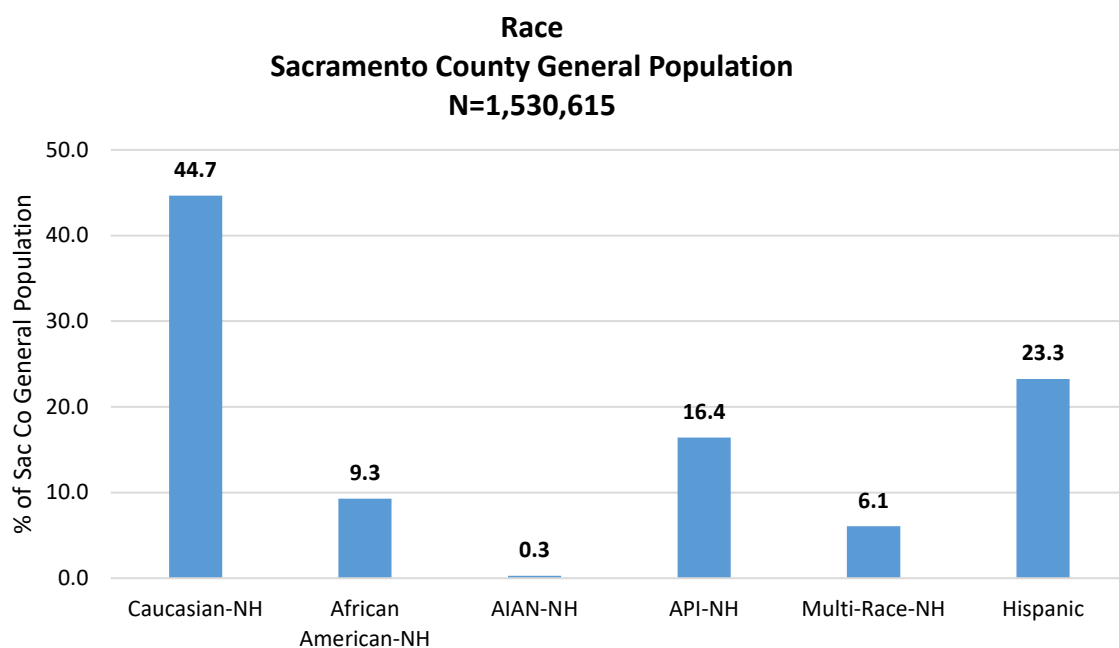
difference in data collection across data sources. For example, data sources, such as the California Department of Social Services, Medi-cal Statistics Division and the California External Quality Review Organization (CAEQRO) do not report Race and Hispanic/Latino origin separately.

In order to allow for comparisons across data sources, it was necessary to combine racial categories and include Hispanic/Latino origin by race. When Hispanic origin is reported by race, all other race categories are reported as Non-Hispanic (NH). For example, “Caucasian-NH” refers to individuals who report as Caucasian only, Non-Hispanic. When race categories are reported as Non-Hispanic, numbers in these race categories may be underrepresented. For example, if a person reports that they are of Hispanic origin and report a race also, their response is reported as Hispanic and the race is not captured.

The chart below illustrates Sacramento County’s general population broken down by racial categories and Hispanic/Latino origin by race that can be compared across data sources.

Please note the “API” category includes all Asian/Pacific Islander races (Asian Indian, Chinese, Filipino, Japanese, Korean, Vietnamese, Cambodian, Hmong, Laotian, Thai, Other Asian, Native Hawaiian, Guamanian, Samoan, Other Pacific Islander) and the “Other” category represents all other races not included in the listed categories.

As the chart below indicates, less than 50% percent of the general population is White-NH. This illustrates the diversity in the general population of Sacramento County.

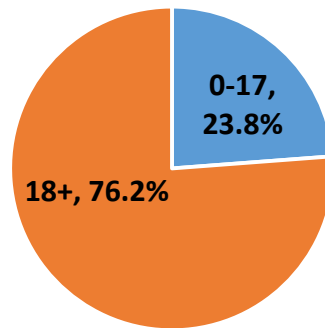


Source: 2017 U.S. Census, American Communities Survey (ACS)

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**Age** - As with race/ethnicity, age is reported differently across data sources. For most data sources we have to limit ourselves to 2 age categories, 0 to 17 and 18 +. In the ACS estimates, 24% of the Sacramento County general population is between the ages of 0 and 17 years and 76% are 18 years and older.

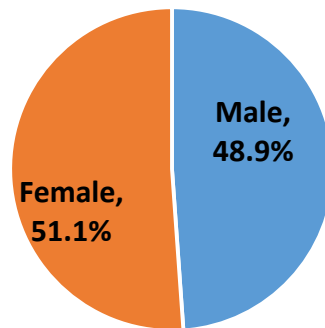
**Age**  
**Sacramento County General Population**  
**N=1,530,615**



Source: 2017 U.S. Census, American Communities Survey (ACS)

**Gender** – The gender breakdown of the general population in Sacramento County is almost equally distributed with slightly more females (51.1%) than males (48.9%).

**Gender**  
**Sacramento County General Population**  
**N=1,530,615**

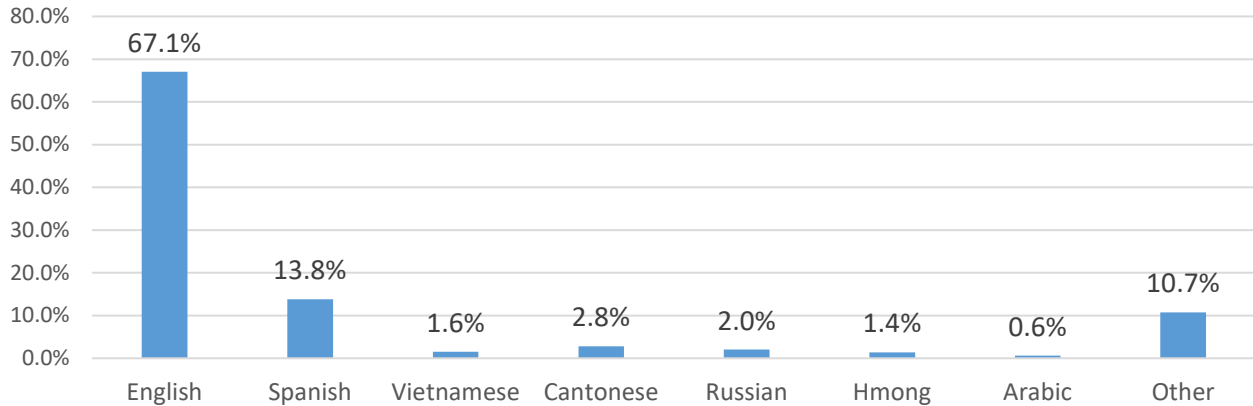


Source: 2017 U.S. Census, American Communities Survey (ACS)

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**Language Spoken** - The language categories depicted in the charts that follow represent Sacramento County’s threshold languages, English, and all other languages. The data speak to the language that is spoken in the home for individuals over the age of 5. Most of the general population over the age of 5 speaks English (67.1%).

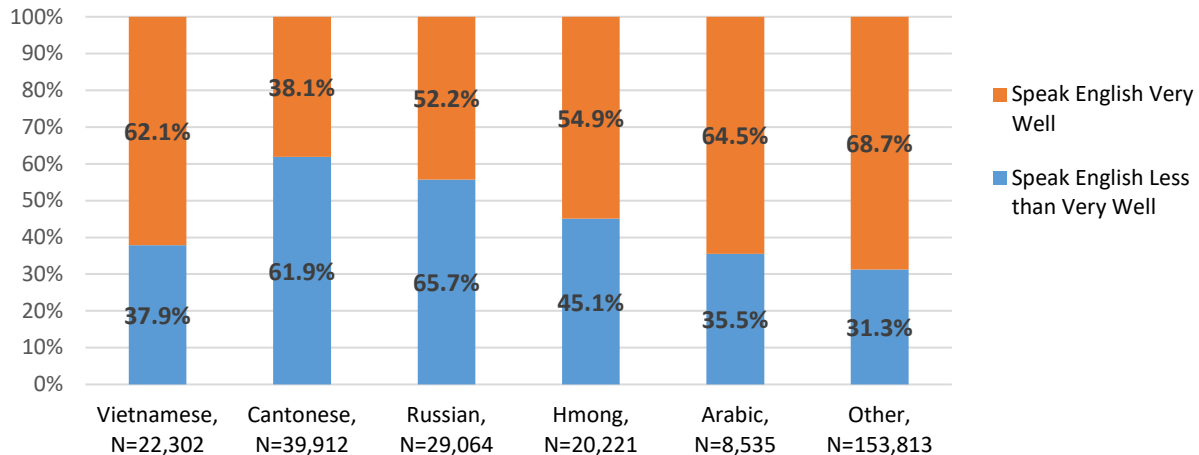
**Language Spoken in the Home  
Sacramento County General Population  
N=1,431,361**



Source: 2017 U.S. Census, American Communities Survey (ACS)

The English proficiency of those who speak a language other than English in the general population is shown in the following chart for each of Sacramento County’s threshold languages and then all other non-English languages spoken. There are differences among English proficiency among the different languages. Those that speak Arabic or Spanish in the home reported a higher percentage of individuals that speak English “very well” (63%-65%) compared to those that speak Vietnamese or Cantonese that reported only 36%-37% of individuals that speak English “very well”.

**English Proficiency of Those Who Speak a Language Other than English  
Sacramento County General Population**



## II. Medi-Cal population service needs (Use current CAEQRO data if available.)

The county shall include the following in the CCPR Modification (2010):

- A. Summarize the following two categories by race, ethnicity, language, age, gender, and other relevant small county cultural populations:
1. The county's Medi-Cal population (County may utilize data provided by DMH. See the Note at the beginning of Criterion 2 regarding data requests.)
  2. The county's client utilization data

Data provided by the CAEQRO for Calendar Year 2017 was used to summarize Medi-Cal population and client utilization data for this section. From those data, the following descriptions of ethnicity/race, age, gender and language are drawn. There were a total of 559,425 Medi-Cal eligible beneficiaries in the CAEQRO data and 28,085 Medi-Cal beneficiaries receiving services in the MHP were identified using Avatar data.

### Medi-Cal Eligible Population

**Race/Ethnicity** - The ethnic breakdown of Medi-Cal eligible beneficiaries is presented in the penetration table on page 20. As the table indicates, race/ethnicity of the Medi-Cal eligible population is very diverse. Less than 26% of the population is Caucasian. Other ethnic groups comprising notable proportions of the population include Hispanic/Latino (23.0%), Other Races (21.7%) and African American (15.3%).

**Age** – Almost two-thirds of the population (63.7%) is 18 years or older and almost 24% are youth between the ages of 6 and 17.

**Gender** - More than half the population (52.9%) is female, while males account for 47.1% of the population.

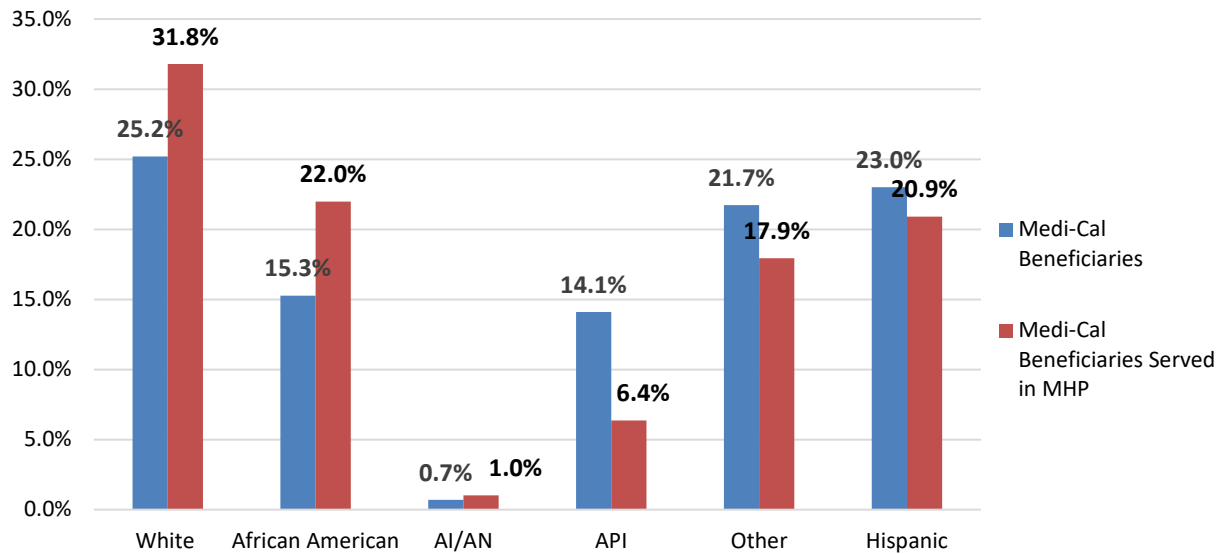
**Language Spoken** - Data provided by the EQRO did not contain information related to language spoken. We feel the inclusion of language data is important and will continue to explore ways to include language data in future plans.

### Medi-Cal Beneficiaries Receiving Specialty Mental Health Services

**Race/Ethnicity** – Race/ethnicity of the Medi-Cal eligible clients receiving mental health specialty services differ significantly in some racial/ethnic groups from the overall Medi-Cal eligible population. Both Caucasian and African American are overrepresented in the specialty mental health system compared to the overall Medi-Cal eligible population, (Caucasian 31.8% vs 25.2% and African Americans 22.0% vs 15.3%) Asian/Pacific Islanders are significantly higher in the Medi-Cal Eligible population as compared to those receiving services (14.1% vs 6.4%), while Hispanic/Latino and Other races are comparable across populations.

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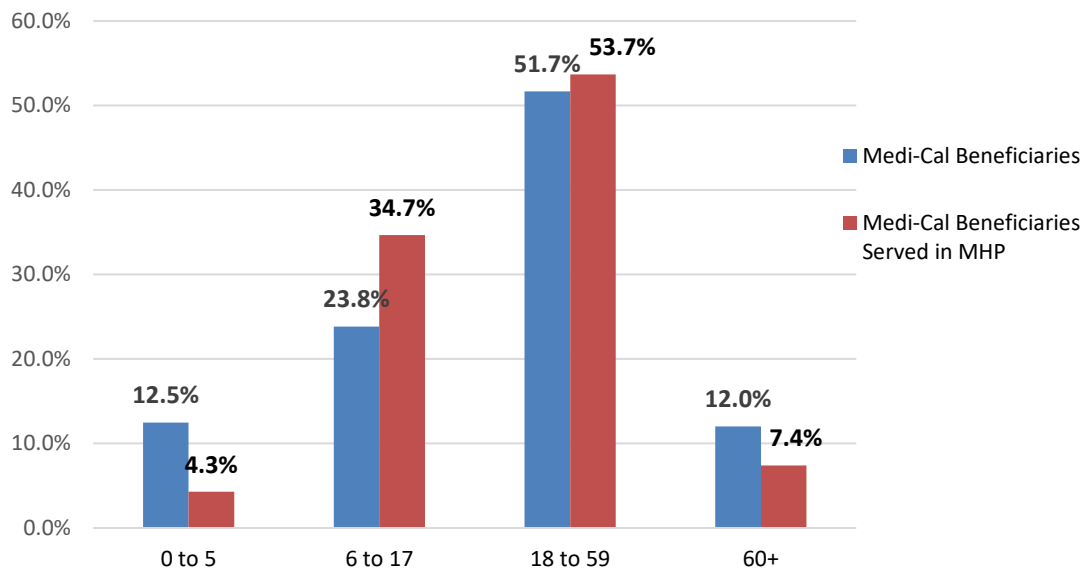
**Race/Ethnicity of Medi-Cal Eligibles and Beneficiaries Served**



Source: 2017 External Quality Review Organization (EQRO) Report

**Age** –The majority of the specialty mental health clients are adults, between the ages of 18 and 59 (53.7%), slightly higher than the general Medi-Cal population at 51.7%. Children represent 39% and older adults represent just over 7%. Significant differences are seen in children. Children 0 to 5 are significantly higher in the Medi-Cal population (12.5% vs. 4.3%), whereas kids 6 to 17 is much higher for beneficiaries served (34.7% vs 23.8%). Older adults are also underrepresented in the MHP compared to the Medi-Cal population (7.4% vs. 12.0%)

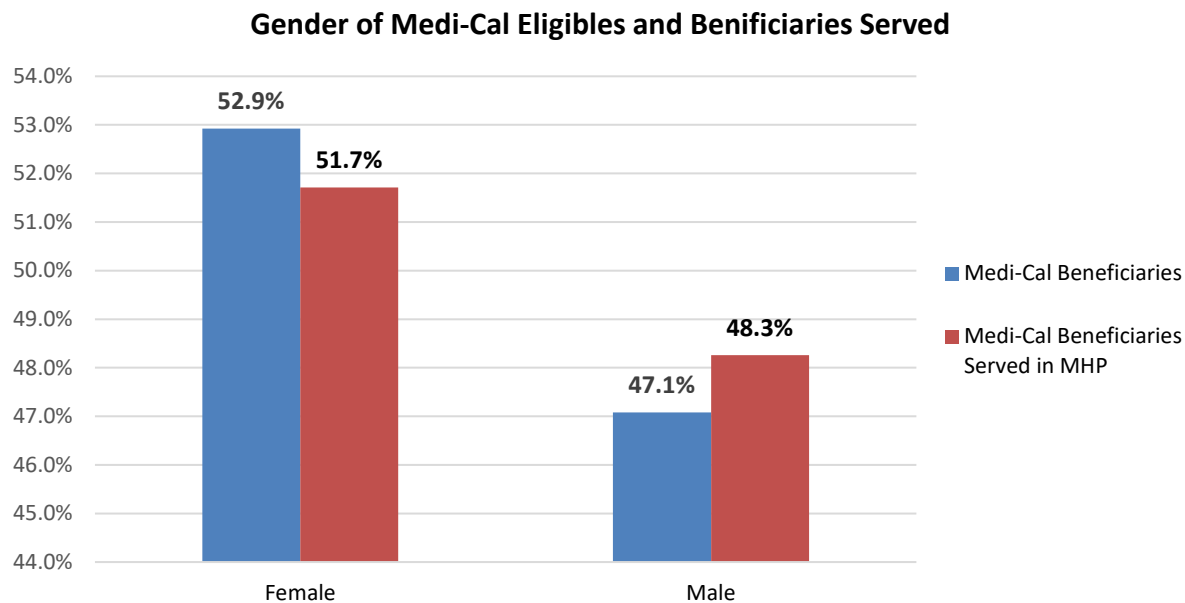
**Age of Medi-Cal Eligibles and Beneficiaries Served**



Source: 2017 External Quality Review Organization (EQRO) Report

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**Gender** – The majority of the mental health population served is female (51.7%), as with the general Medi-Cal eligible population (52.9%).



Source: 2017 External Quality Review Organization (EQRO) Report

**Language Spoken** - Data on language spoken was not provided nor available for the Medi-Cal population. However, we feel the inclusion of language data is important and will continue to explore ways to include language data in future plans.

### **Penetration Rates**

The table below summarizes the populations and demonstrates the penetration rates based on Medi-Cal eligible for Calendar Year 2017. The Medi-Cal eligible beneficiary numbers were obtained utilizing the *EQRO – All Approved Claims Report – CY17*, while the Medi-Cal Clients were extracted from the Sacramento County BHS electronic health record (AVATAR).

Note, penetration rates only reflect beneficiaries enrolled in the MHP. It does not include beneficiaries in the local Geographic Managed Care Plans (GMCs).

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Penetration Rates		Calendar Year 2017				
		A		B		B/A
		Medi-Cal Eligible Beneficiaries		Medi-Cal Clients (Undup)		Medi-Cal Penetration Rates
		N	%	N	%	%
Age Group	0 to 5	69,886	12.5%	1,203	4.3%	1.7%
	6 to 17	133,236	23.8%	9,737	34.7%	7.3%
	18 to 59	288,999	51.7%	15,070	53.7%	5.2%
	60+	67,305	12.0%	2,075	7.4%	3.1%
	Total	559,426	100.0%	28,085	100.0%	5.0%
		N	%	N	%	%
Gender	Female	296,052	52.9%	14,523	51.7%	4.9%
	Male	263,373	47.1%	13,553	48.3%	5.1%
	Unknown	----		9	0.0%	N/A
	Total	559,425	100.0%	28,085	100.0%	5.0%
		N	%	N	%	%
Race	Caucasian	140,900	25.2%	8,927	31.8%	6.3%
	African American	85,432	15.3%	6,174	22.0%	7.2%
	American Indian/Alaskan Native	3,927	0.7%	286	1.0%	7.3%
	Asian/Pacific Islander	78,944	14.1%	1,788	6.4%	2.3%
	Other	121,538	21.7%	5,036	17.9%	4.1%
	Hispanic	128,686	23.0%	5,874	20.9%	4.6%
	Total	559,427	100.0%	28,085	100.0%	5.0%

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**B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.**

The table below illustrates Sacramento County's Medi-Cal penetration rate compared to the overall Large County and Statewide penetration rates for calendar years 2016 and 2017. In CY16 and CY17, Sacramento County had a slightly lower overall penetration rate than Large County rates, but significantly lower than the Statewide rate. Sacramento County rates were higher than Large County and Statewide for youth, ages 6 to 17 for CY16, but dropped lower than the Statewide rate in CY17. Adults, age 18 to 59 were lower for both years. In CY16, Sacramento County rates for females was higher than Large County and Statewide, but dropped lower than the Statewide rate in CY17. Males had lower rates as compared to Large County and Statewide for both years. With the exception of Other races, penetration rates dropped slightly from CY 16 to CY 17. Sacramento County penetration rates for all races were also lower than Large County and Statewide rates in CY 17. Note: penetration rates for Sacramento County are different than the penetration table referenced above.

In order to compare across Large County and Statewide, the EQRO data was used for the analysis. So, the Sacramento County data is based on paid claims data obtained by the EQRO, as opposed to Avatar data.

**Medi-Cal Penetration:** Sacramento County Penetration Rates Compared to Large County and State Penetration Rates

		Sac County CY16	Large County CY16	Statewide CY16	Sac County CY17	Large County CY17	Statewide CY17
<b>Total</b>		4.11	4.12	4.36	4.10	4.19	4.52
<b>Age Group</b>	0 to 5	1.63	1.69	1.94	1.36	1.75	2.07
	6 to 17	6.42	6.36	5.94	6.19	5.55	6.31
	18 to 59	4.00	4.51	4.60	4.13	4.53	4.71
	60+	2.63	2.54	2.72	2.68	2.55	2.78
<b>Gender</b>	Female	4.05	3.79	4.00	4.02	3.83	4.15
	Male	4.19	4.50	4.77	4.19	4.60	4.96
<b>Race</b>	White	5.51	6.56	6.54	5.30	6.10	5.93
	African American	5.66	7.06	7.69	5.14	6.49	7.37
	AI/AN	6.69	7.69	6.98	6.01	7.01	6.38
	API	1.69	2.05	2.11	1.67	1.96	2.08
	Other	4.08	4.49	4.98	4.74	6.19	7.23
	Hispanic	3.37	3.14	3.34	2.93	2.97	3.35



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The overall penetration rate in Sacramento County for CY 2017, based on Medi-Cal eligibles is 4.11%, compared to 4.36% statewide. Differences are found when comparing different demographic categories. Sacramento County is a Geographic Managed Care (GMC) county with bifurcated mental health benefits that are provided through the plans and MHP. As a result, several other organizations are providing mild to moderate mental health services to Medi-Cal beneficiaries in Sacramento County. It is possible that penetration rates for some age, race, cultural and ethnic groups are underreported due to services being delivered in the community by community partners that are not part of the MHP, such as Federally Qualified Health Centers (FQHC) and health plans' subcontractors.

**Race/Ethnicity** – Sacramento County penetration rates for race/ethnicity range from 1.69% to 6.69%. Asian/Pacific Islander and Hispanic account for the lowest penetration rates at 1.69% (API) and 3.37% (Hispanic). On the other hand, Native Americans, Caucasians and African Americans account for the highest penetration rates (6.69% Native American, 5.66% African American and 5.51% Caucasian). With the exception of Hispanic, Sacramento County has lower penetration rates in all ethnic groups compared to statewide penetration rates.

**Age** - The penetration rates for age range from 1.36% to 6.19%. Children under the age of 5 represent the lowest penetration rate at 1.63%, while children between the ages of 6 and 17 represent the highest penetration rate at 6.19%. Penetration rates for children between the ages of 6 and 17 are higher than large counties, but slightly lower than California as a whole. Adults between the ages of 18 and 59 had a penetration rate of 4.13%, lower than other large counties and California as a whole. Older adults' penetration rate was 2.68%, higher than large counties but lower than the statewide rate

**Gender** - The penetration rates for females were slightly lower than that of males. Although there was not a significant difference, the female penetration rate was 4.02%, whereas male was 4.19%. Sacramento County penetration rates for females are higher compared to large counties, but lower than statewide, while rates for males are lower than other large counties and statewide rates.

**Language Spoken** - Penetration rates were unable to be calculated due to the lack of available Medi-Cal data. However, we feel the inclusion of language data is important and will continue to explore ways to include language data in future plans.

- III. 200% of Poverty (minus Medi-Cal) population and service needs.**  
(Please note that this information is posted at the DMH website at [http://www.dmh.ca.gov/News/Reports\\_and\\_Data/default.asp](http://www.dmh.ca.gov/News/Reports_and_Data/default.asp).)

**The county shall include the following in the CCPR Modification (2010):**

- A. Summarize the 200% of poverty (minus Medi-Cal population) and client utilization data by race, ethnicity, language, age, gender, and other relevant small county cultural populations.**

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- B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.**

A comparison cannot be done because the number of Medi-Cal beneficiaries is larger than the number of individuals who are at 200% of poverty.

### **Sacramento County Retention Rates – Fiscal Year 17/18**

Retention rates are calculated annually as a part of Sacramento County's Annual Workplan. The table below depicts the retention rates for beneficiaries receiving outpatient Medi-Cal billable services in the MHP, utilizing the EQRO methodology. The data was extracted from Avatar and represents all mental health services rendered, not approved claims.

For the purposes of this document, retention rate is defined as:

*Retention of individuals in the system of care, as evidenced by the number of specialty mental health services, unduplicated by service date, a beneficiary receives in the year. A beneficiary is considered retained if they receive four or more services in the year. Note: the number is lower than the overall MHP utilization mentioned above because retention is based on those receiving Medi-Cal claimable services, whereas overall utilization may include other non-billable services.*

**Race/Ethnicity** - As demonstrated below, Sacramento County's retention rates for children (0-17) of any race/ethnicity are relatively high for the total system (range, 79%-86%). With the exception of unknown/not reported, adults are retained at a high level across race/ethnicity, ranging from 72.5% for Native Americans to 86% for Asian/Pacific Islanders (API)

**Gender** – Females are retained in the system at a higher rate than males, regardless of age (78% vs 76%)

**Age** –Children 0-17 are retained in the system at a slightly higher rate than adults. Children's retention rate for the total system is almost 84%, whereas the adult rate is just over 73%.

**Language** –With the exception of unknown/not reported, the retention rates for all languages are high, ranging from 76.6% (English) to 93.8% (Vietnamese).

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Retention FY 17/18														
FY 17/18		Total Served	1 Service		2 Services		3 Services		4 Services		5 to 15 Services		>15 Services	
			N	%	N	%	N	%	N	%	N	%	N	%
Race (0-17.9)	API	322	16	5.0	20	6.2	14	4.3	12	3.7	97	30.1	163	50.6
	Black	1,890	132	7.0	121	6.4	79	4.2	68	3.6	538	28.5	952	50.4
	Hispanic	3,072	168	5.5	180	5.9	123	4.0	143	4.7	944	30.7	1,514	49.3
	Nat-Amer	74	5	6.8	5	6.8	4	5.4	4	5.4	20	27.0	36	48.6
	White	2,168	120	5.5	116	5.4	95	4.4	76	3.5	585	27.0	1,176	54.2
	Other	675	41	6.1	25	3.7	26	3.9	23	3.4	186	27.6	374	55.4
	Unknown	909	71	7.8	72	7.9	47	5.2	43	4.7	310	34.1	366	40.3
Race (≥18)	API	1,467	74	5.0	82	5.6	49	3.3	50	3.4	575	39.2	637	43.4
	Black	3,597	368	10.2	320	8.9	231	6.4	184	5.1	1,151	32.0	1,343	37.3
	Hispanic	2,503	250	10.0	253	10.1	176	7.0	116	4.6	785	31.4	923	36.9
	Nat-Amer	207	17	8.2	32	15.5	8	3.9	12	5.8	67	32.4	71	34.3
	White	6,860	675	9.8	630	9.2	472	6.9	302	4.4	2,442	35.6	2,339	34.1
	Other	795	59	7.4	59	7.4	50	6.3	53	6.7	300	37.7	274	34.5
	Unknown	1,811	369	20.4	239	13.2	191	10.5	129	7.1	568	31.4	315	17.4
Age	0-17.9	9,110	553	6.1	539	5.9	388	4.3	369	4.1	2,680	29.4	4,581	50.3
	≥ 18	17,240	1,812	10.5	1,615	9.4	1,178	6.8	845	4.9	5,888	34.2	5,902	34.2
Sex	Male	12,694	1,259	9.9	1,060	8.4	763	6.0	591	4.7	3,809	30.0	5,212	41.1
	Female	13,645	1,101	8.1	1,093	8.0	802	5.9	624	4.6	4,755	34.8	5,270	38.6
	Other/Unk*	11	4	36.4	1	9.1	1	9.1		0.0	4	36.4	1	9.1
Language	English	22,703	2,049	9.0	1,884	8.3	1,375	6.1	1,039	4.6	7,210	31.8	9,146	40.3
	Spanish	1,450	89	6.1	93	6.4	71	4.9	77	5.3	474	32.7	646	44.6
	Russian	236	9	3.8	5	2.1	5	2.1	8	3.4	116	49.2	93	39.4
	Hmong	284	9	3.2	15	5.3	3	1.1	8	2.8	125	44.0	124	43.7
	Vietnamese	192	5	2.6	4	2.1	3	1.6	7	3.6	77	40.1	96	50.0
	Cantonese	63	0	0.0	3	4.8	1	1.6	1	1.6	23	36.5	35	55.6
	Arabic	117	4	3.4	11	9.4	9	7.7	1	0.9	59	50.4	33	28.2
	Other	581	27	4.6	22	3.8	25	4.3	27	4.6	283	48.7	197	33.9
	Unknown	724	172	23.8	117	16.2	74	10.2	47	6.5	201	27.8	113	15.6
<b>TOTAL</b>		<b>26,350</b>	<b>2,364</b>	<b>9.0</b>	<b>2,154</b>	<b>8.2</b>	<b>1,566</b>	<b>5.9</b>	<b>1,215</b>	<b>4.6</b>	<b>8,568</b>	<b>32.5</b>	<b>10,483</b>	<b>39.8</b>

**MHSA Community Services and Supports (CSS) population assessment and service needs**

The county shall include the following in the CCPR Modification (2010):

- A. From the county's approved CSS plan, extract a copy of the population assessment and summarize population and client utilization data by race, ethnicity, language, age, gender and other relevant small county cultural populations.

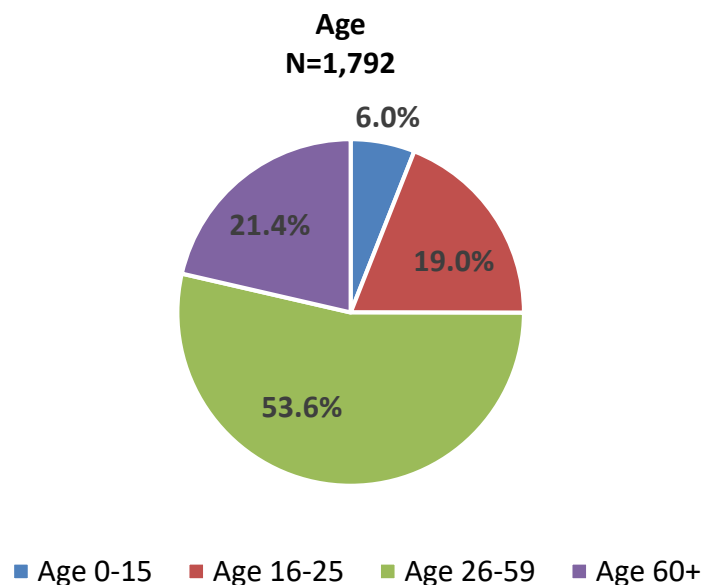
**MHSA Demographics – Clients Served**

The data provided below is based on data reported in the most recent MHSA 3-year plan, which includes all clients served in an MHSA funded program for FY 15/16.

**Community Services and Supports (CSS) – Full Service Partnerships (FSP)**

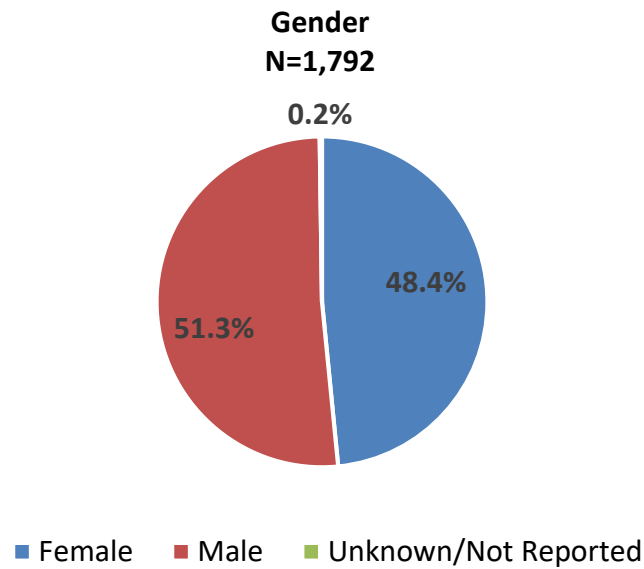
The FSP's served a total of 1,792 partners in FY 15/16. The charts below examine demographics of the partners served.

**Age** – The FSPs served an array of aged groups, but the majority (53.6%) were adults ages 26 to 59. Older adults were the next highest at just over 20% (21.4%).

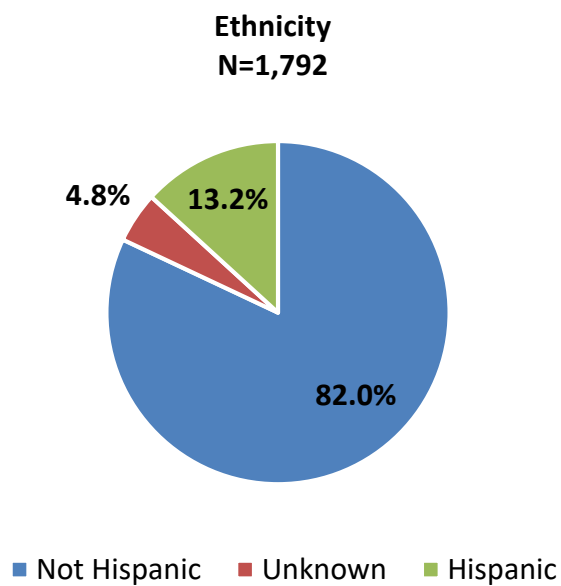


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**Gender** – The FSPs serve a slightly higher percentage of males than females (51.3% vs 48.4%). This is different than the overall MHP, where more females are served than males.

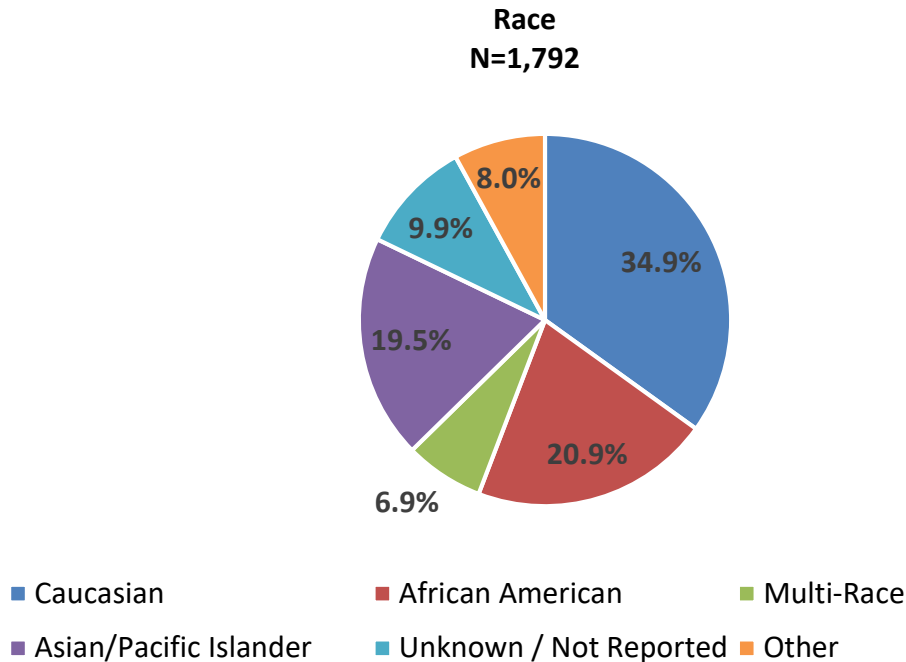


**Ethnicity** – Just over 13% of partners served in the FSP's identified as Hispanic/Latino.

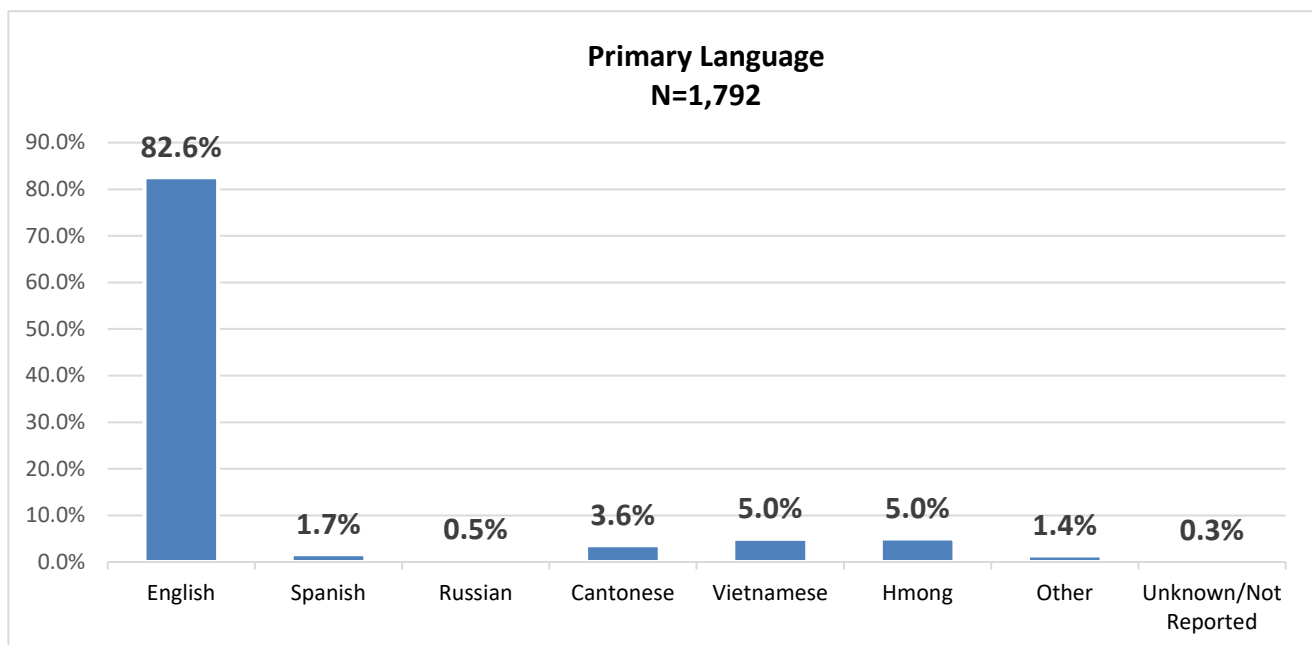


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**Race** – Just over 38% (38.1%) of the partners served in the FSP’s were Caucasian, followed by African American at 26.5%. Asian/Pacific Islanders are served at a higher percentage than the overall MHP, representing just over 19% (19.3%) of all served in the FSP’s compared to just over 6% (6.4%) in the MHP.



**Primary Language** – The majority (82.6%) of partners served identified English as their primary language.



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**Community Services and Supports – General System Development (GSD)**

There were a total of 8,781 clients served in GSD programs in FY 15/16.

ALL SERVED BY PROGRAM – FISCAL YEAR 15/16																
Characteristic	TCORE - APSS N=3,828		TCORE HRC N=887		Guest House N=972		Peer Partners HWA N=8		Peer Partners MHANCA N=434		WRC * N=2,512		Consumer and Family Voice- SAFE N=140		Total N=8,781	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Gender																
Female	2,291	59.8%	438	49.4%	395	40.6%	5	62.5%	290	66.8%	1459	58.1%	34	24.3%	4,912	56.1%
Male	1,537	40.2%	449	50.6%	576	59.3%	3	37.5%	144	33.2%	1048	41.7%	50	35.7%	3,807	43.5%
Other	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.7%	1	0.0%
Unknown	0	0.0%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	5	0.2%	55	39.3%	61	0.7%
Age																
0 to 15	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	59	42.1%	59	0.7%
16 to 25	339	8.9%	105	11.8%	76	7.8%	1	12.5%	38	8.8%	218	8.7%	18	12.9%	795	9.1%
26 to 59	3,112	81.3%	695	78.4%	740	76.1%	6	75.0%	355	81.8%	2022	80.5%	4	2.9%	6934	79.0%
60 and Over	377	9.8%	87	9.8%	43	4.4%	1	12.5%	41	9.4%	264	10.5%	1	0.7%	814	9.3%
Unknown	0	0.0%	0	0.0%	113	11.6%	0	0.0%	0	0.0%	8	0.3%	58	41.4%	179	2.0%
Hispanic																
No	2,684	70.1%	719	81.1%	716	73.7%	7	87.5%	302	69.6%	1498	59.6%	36	25.7%	5,962	67.9%
Yes	448	11.7%	112	12.6%	135	13.9%	0	0.0%	46	10.6%	380	15.1%	43	30.7%	1,164	13.3%
Unknown/Not Reported	696	18.2%	56	6.3%	121	12.4%	1	12.5%	86	19.8%	634	25.2%	61	43.6%	1,655	18.8%
Race																
White	1634	42.7%	438	49.4%	387	39.8%	3	37.5%	156	35.9%	1013	40.3%	16	11.4%	3,647	41.5%
Black	656	17.1%	210	23.7%	322	33.1%	3	37.5%	66	15.2%	678	27.0%	16	11.4%	1,951	22.2%
Asian/PI	437	11.4%	68	7.7%	26	2.7%	1	12.5%	71	16.4%	156	6.2%	0	0.0%	759	8.6%
Am Indian/Alask. Nat.	57	1.5%	15	1.7%	17	1.7%	0	0.0%	9	2.1%	89	3.5%	0	0.0%	187	2.1%
Multi-Race	56	1.5%	12	1.4%	23	2.4%	0	0.0%	7	1.6%	61	2.4%	16	11.4%	175	2.0%
Other Race	441	11.5%	106	12.0%	134	13.8%	1	12.5%	41	9.4%	256	10.2%	7	5.0%	986	11.2%
Unknown/Not Reported	547	14.3%	38	4.3%	63	6.5%	0	0.0%	84	19.4%	259	10.3%	85	60.7%	1,076	12.3%
Primary Language																
English	3,169	82.8%	814	91.8%	945	97.2%	5	62.5%	339	78.1%	2,273	90.5%	53	37.9%	7,598	86.5%
Other	459	12.0%	42	4.7%	7	0.7%	3	37.5%	62	14.3%	96	3.8%	1	0.7%	670	7.6%
Spanish	115	3.0%	20	2.3%	5	0.5%	0	0.0%	19	4.4%	32	1.3%	30	21.4%	221	2.5%
Unknown/Not Reported	85	2.2%	11	1.2%	15	1.5%	0	0.0%	14	3.2%	111	4.4%	56	40.0%	292	3.3%

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## Prevention and Early Intervention (PEI)

There were a total of 7,199 individuals served in PEI programs in FY 15/16.

Demographics very greatly depending on the program, as some programs are targeted towards certain groups. Example, Senior Link targets older adults, while eVIBE targets school age children. Supporting Community Connections targets many different underserved populations, including Asian/Pacific Islander, African-American, Latino, Native American, Russian/Ukrainian, Transition-age youth and consumers. Because of the uniqueness of the programs, comparisons cannot be made in relation to the overall MHP.

Total Number of Individuals Served in PEI Programs FY 2015/2016								
	Senior Link	eVIBE	Quality Childcare Collaborative	Supporting Community Connections	HEARTS for Kids	Sac EDAPT	SABT	Total
	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only
<b>Age Group</b>								
Child and Youth	0	1707	43	100	506	74	NR	2,430
Transition Age Youth	0	67	0	407	0	80	NR	554
Adult	7	86	0	1116	0	77	NR	1,286
Older Adult	69	5	0	286	0	0	NR	360
Not Reported	10	77	0	98	0	11	2373	2,569
<b>Total</b>	<b>86</b>	<b>1942</b>	<b>43</b>	<b>2007</b>	<b>506</b>	<b>242</b>	<b>2373</b>	<b>7,199</b>
<b>Race/Ethnicity</b>								
White	26	321	NR	816	119	71	521	1,874
African American	29	225	NR	321	127	82	416	1,200
Asian	2	96	NR	1	6	18	286	409
Pacific Islander	0	15	NR	200	2	4	30	251
Native	2	8	NR	8	4	4	89	115
Hispanic	17	491	NR	559	72	45	264	1,448
Multi	0	416	NR	47	13	9	35	520
Other	2	58	NR	20	195	1	83	359
Not Reported	8	312	43	35	40	8	649	1,095
<b>Total</b>	<b>86</b>	<b>1942</b>	<b>43</b>	<b>2007</b>	<b>506</b>	<b>242</b>	<b>2373</b>	<b>7,199</b>
<b>Primary Language</b>								
Spanish	10	153	NR	575	NR	11	NR	749
Vietnamese	0	2	NR	46	NR	2	NR	50
Cantonese	1	1	NR	24	NR	0	NR	26
Mandarin	0	1	NR	0	NR	0	NR	1
Tagalog	0	2	NR	0	NR	0	NR	2
Cambodian	0	0	NR	0	NR	0	NR	0
Hmong	1	14	NR	82	NR	0	NR	97
Russian	2	12	NR	237	NR	0	NR	251
Farsi	0	6	NR	1	NR	1	NR	8
Arabic	1	7	NR	0	NR	0	NR	8
Other	60	1472	NR	33	NR	224	NR	1789
Not Reported	11	272	43	1009	506	4	2373	4218
<b>Total</b>	<b>86</b>	<b>1942</b>	<b>43</b>	<b>2007</b>	<b>506</b>	<b>242</b>	<b>2373</b>	<b>7,199</b>



**B. Provide an analysis of disparities as identified in the above summary. This can be a narrative discussion of the data. Data must support the analysis.**

The following is a response to questions A and B.

Due to the fact that the data from the approved CSS plan is outdated, we are providing data on the participants served rather than the population assessment. We are unable to provide an analysis of disparities at this time and are exploring ways to do so in the future.

**V. Prevention and Early Intervention (PEI) Plan: The process used to identify the PEI priority populations**

**The county shall include the following in the CCPR Modification (2010):**

**A. Describe which PEI priority population(s) the county identified in their PEI plan and describe the process and rationale used by the county in selecting them. PEI Plan sections should be used to respond to priority populations identified by the county.**

In early March 2018, the Sacramento County Mental Health Board convened a Public Hearing regarding the MHSA Fiscal Year (FY) 2017-18, 2018-19, 2019-20 Three-Year Plan. At the hearing, questions were raised that pertained to what MHSA programs were available to help the African American communities and young people most at risk from gun violence. Community members stated that trauma-informed care is needed to proactively address those concerns. Since the public hearing, DBHS has been meeting with community members from the African American community to listen to their concerns and ideas for healing, both at an individual and community level. The Cultural Competence Committee (CCC) has also been discussing the impact that a traumatic event which occurred in the African American community shortly after the public hearing has had on community members. DBHS worked diligently to explore all of the programming in the PEI component to see what could be accomplished to support the community. Beginning in FY 2017/18, DBHS worked in partnership with local African American key community leaders to develop and distribute, in early FY 2018/19, a video series designed to address issues of racial and historical trauma to promote healing for the African American community. DBHS also charged the CCC to create an Ad Hoc Workgroup with key African American stakeholders to gather feedback from the community and develop program recommendations to address the mental health and wellness needs of African American community members who have experienced or have been exposed to trauma. DBHS will be inviting the community to join the Cultural Competence Ad Hoc Workgroup at their meeting in December 2018. DBHS plans to convene community listening sessions in early 2019 to further refine the program recommendations.

**CRITERION 3**

**COUNTY MENTAL HEALTH SYSTEM**

**STRATEGIES AND EFFORTS FOR REDUCING  
RACIAL, ETHNIC, CULTURAL, AND LINGUISTIC  
MENTAL HEALTH DISPARITIES**

**Rationale:** “Striking disparities in mental health care are found for racial and ethnic populations. Racial and ethnic populations have less access to and availability of mental health services, these communities are less likely to receive needed mental health services, and when they get treatment they often receive poorer quality of mental health care. Although they have similar mental health needs as other populations they continue to experience significant disparities, if these disparities go unchecked they will continue to grow and their needs continue to be unmet...” (U.S. Department of Health and Human Services, Surgeon General Report, 2001).

**Note:** The purpose of this section is to use this CCPR Modification (2010) as a logic model by continuing the analyses from Criterion 2 and to correlate the county’s defined disparities with targeted activities to address them.

**The county shall include the following in the CCPR Modification (2010):**

**I. List the target populations with disparities your county identified in Medi-Cal and all MHSA components (CSS, WET, and PEI)**

**A. Briefly describe the process and rationale the county used to identify and target the population(s) (with disparities) in its PEI population.**

- In alignment with the Board of Supervisors’ action on November 7, 2017, DBHS facilitated a community planning process in December 2017 and January 2018 resulting in recommended mental health treatment services expansion for individuals living with a serious mental illness who are homeless or at-risk of homelessness. Expansion of existing programming began in FY 2017-18 and new programming will roll out in FY 2018-19.
- Also in alignment with the Board of Supervisors’ action on November 7, 2017, DBHS facilitated a community planning process in December 2017 and January 2018 resulting in recommended mental health services for foster youths using identified AB114 PEI reversion funding and AB114 WET funding. This new programming will roll out in FY 2018-19.
- At the March 2018 public hearing for Sacramento County’s Draft MHSA Fiscal Year 2017-18, 2018-18, 2019-20 Three-Year Program and Expenditure Plan, several community members gave public comment related to observed gaps in services that address trauma resulting from community violence and gun violence disproportionately experienced by African American boys and men of color. In response, DBHS reached out to community members to learn more about these concerns. DBHS also charged the CCC to create an Ad Hoc Workgroup with key African American stakeholders to gather feedback from the community and develop

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program recommendations to address the mental health and wellness needs of African American community members who have experienced or have been exposed to trauma. DBHS will be inviting the community to join the Cultural Competence Ad Hoc Workgroup at their meeting in December 2018.

**II. Then list disparities in each of the populations (Medi-Cal, CSS, WET, and PEI).**

**Medi-Cal**

**Race** - Although there are slight differences in all areas, based on the data presented, Asian/Pacific Islanders are significantly under-represented in the MHP compared to the overall Medi-Cal beneficiaries (6.4% vs 14.1%). This is also seen in our penetration rates, as Sacramento County is lower than Large Counties and Statewide in serving the API population

**Age** – Older adults are under-represented in the MHP compared to the over Medi-Cal beneficiaries (7.4% vs 12.0%).

**Gender** – There are not significant disparities between the MHP population and the overall Medi-Cal beneficiaries. There are more females in both the MHP and the overall Medi-Cal beneficiaries.

**CSS – FSPs**

**Race** – There were no disparities identified in the FSP programs. The majority (53.9%) of races served in CSS are of something other than Caucasian.

**Age** - There were no disparities identified in the FSP programs. Older adults are actually over-represented compared to the overall Medi-Cal beneficiaries (21.4% vs. 12.0%).

**Gender** – The majority (51.3%) of those served in the FSPs are male, whereas females are higher in the overall MHP and Medi-Cal beneficiary population.

**CSS – GSD**

Note: The comparisons below are based on two different timeframes (FY 15/16 vs CY 2017), so it is difficult to do a true analysis of disparities, as the population has changed slightly over time. But, the summary below offers a general comparison.

**Gender** – The majority of clients served in both the GSD programs and overall MHP is female, with the GSD programs serving a slightly higher percentage (56.1% vs 51.7%)

**Age** – the MHSA age categories are slightly different than the overall system. Adults ages 26 to 59 represent highest percentage (79.0%) of those served in the GSD programs. Adults ages 18 to 59 represent the highest percentage (53.7%) of those served in the overall MHP.

**Race/Ethnicity** – Those identifying as Hispanic in the GSD programs is lower than the

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overall MHP (13.3% vs 20.9%) and White is higher (41.5% vs 31.8%). African American was very similar to the overall system (Black 22.2% vs 22.0%).

**Primary Language** - The majority (86.5%) of clients in the GSD programs identified their primary language as English, very similar to the overall MHP at 85%.

**PEI**

Demographics very greatly depending on the program, as some programs are targeted towards certain groups. Example, Senior Link targets older adults, while eVIBE targets school age children. Supporting Community Connections targets many different underserved populations, including Asian/Pacific Islander, African-American, Latino, Native American, Russian/Ukrainian, Transition-age youth and consumers. Because of the uniqueness of the programs, comparisons cannot be made in relation to the overall MHP or overall Medi-Cal population.

**III. Then list strategies for the Medi-Cal population as well as those strategies identified in the MHPA plans (CSS, WET, and PEI) for reducing those disparities described above.**

The below referenced programs/objectives/actions demonstrate the efforts Sacramento County has made to reach the unserved and underserved populations in the county. The following table displays all of the MHPA programs and the status of the implementation.

<b>MHPA Component</b>	<b>Program</b>	<b>Implementation Status</b>
Community Services and Supports – Full Service Partnerships	Pathways	Fully Implemented
	Sierra Elder Wellness Program	Fully Implemented
	Transcultural Wellness Center	Fully Implemented
	Telecare - SOAR	Fully Implemented
	Turning Point - ISA	Fully Implemented
	New Directions	Fully Implemented
	Juvenile Justice Diversion and Treatment Program	Fully Implemented
	Transition Age Youth	Fully Implemented
Community Services and Supports - General System Development	TCORE	Fully Implemented
	Guest House	Fully Implemented
	Wellness and Recovery Centers	Fully Implemented
	APSS	Fully Implemented
	Peer Partners	Fully Implemented
	Consumer and Family Voice including SAFE Program	Fully Implemented
	Regional Support Team Community Care Team	Fully Implemented
	Mental Health Crisis Respite Center	Fully Implemented
	Abiding Hope Respite House	Fully Implemented
	Wellness and Recovery Respite Program	Fully Implemented

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	Crisis Residential Program	Fully Implemented
PEI – Suicide Prevention	Suicide Crisis Line	Fully Implemented
	Post-vention Services	Fully Implemented
	Consumer Operated Warmline	Fully Implemented
	Supporting Community Connection	Fully Implemented
	Community/System Partner Training	Fully Implemented
	Community Support Team	Fully Implemented
	Mobile Crisis Support Team	Fully Implemented
	Caregiver Crisis Intervention Respite Program	Fully Implemented
	Homeless Teens and Transition Age Youth Respite Program	Fully Implemented
	The Ripple Effect Respite Program	Fully Implemented
	Danelle’s Place Respite Program	Fully Implemented
	Q-Spot Youth/Transition Age Youth Respite Program	Fully Implemented
	Lambda Lounge Adult Mental Health Respite Program	Fully Implemented
PEI – Strengthening Families	Quality Childcare Collaborative	Fully Implemented
	Hearts for Kids	Fully Implemented
	School Based Social Skills, Violence Prevention (inc. Bullying Prevention) and Family Conflict Management	Fully Implemented
	Early Violence Begins with Education (eVIBE)	Fully Implemented
	Adoptive Families Respite Program	Fully Implemented
	Independent Living Skills for Teens and TAY	Implemented and completed
PEI – Integrated Health and Wellness	SeniorLink	Fully Implemented
	Assessment and Treatment of Onset of Psychosis	Fully Implemented
	Screening and Assessment	Implemented and completed
	Peer Support and Treatment	Implemented and completed
PEI – Mental Health Promotion Campaign	Multi-Media Campaign	Fully Implemented
	Speakers Bureau	Fully Implemented
	Community Education	Fully Implemented
	Outreach and Engagement	Fully Implemented
WET	System Training Continuum	Fully Implemented
	The Office of Consumer and Family Member Empowerment	Activities Partially Implemented
	High School Training	Fully Implemented
	Psychiatric Residents and Fellowships	Fully Implemented
	Multidisciplinary Seminar	Planning
	Stipends for Consumer Leadership	Fully Implemented
	Stipends for Individuals, Especially Consumers and Family Members, for Education to Enter the Mental Health Field	Fully Implemented

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Please see Appendix 51 and Appendix 52 for the BHS Child and Family Mental Health and Adult Mental Health Service Continuums. For a description of each program, please refer to the MHPA Fiscal Year 2017-18, 2018-19, 2019-20 Annual Update to the Three-Year Program and Expenditure Plan (Appendix 38).

**IV. Then discuss how the county measures and monitors activities/strategies for reducing disparities.**

Sacramento County's Research, Evaluation and Performance Outcomes (REPO) unit collects, maintains, analyzes and reports on all MHPA funded programs to ensure the outcomes set forth in the workplans are met. This includes reporting on the unserved and underserved populations that were to be addressed. The following information gives a brief description as to how the different programs under CSS, PEI and WET are evaluated and monitored.

**Community Services and Supports**

*Full Service Partnerships (FSPs)*

The FSPs are evaluated using the evaluation tools developed by the State. Those tools include the Partnership Assessment Form (PAF), Key Event Tracking (KET) and the Quarterly Assessment (3M). All of the FSPs are required to complete a PAF on every individual that enrolls into the program. This form is used to establish a one year baseline for the client. Information collected on this form includes living arrangement history, criminal justice history, physical and psychiatric hospitalization history, education and employment history, entitlement and income information as well as substance abuse issues. The programs are then required to complete a KET for any change the client has during their tenure with the program. The KETs include all of the same information as the PAFs. The KETs establish the current information for the client in order to analyze changes over time. Finally, the 3M is collected on every individual every 3 months to update any changes in entitlements, education, health status, and substance use issues.

All of the data, along with data from Sacramento County's Avatar database, are analyzed and reported on a quarterly basis to all of the providers. The report is utilized by the providers as a tool to determine where programmatic issues may be and where they can make changes if necessary. The report is also used by the County contract monitors as a tool to monitor the programs and assist in any issues that may need to be resolved. Demographics are reported on a continuous basis to ensure that the programs are serving the population they were intended to serve. The quarterly report is intended strictly for quality assurance purposes and was designed in collaboration with the County contract monitors and provider agencies to assist them in monitoring their programs.

An FSP annual report is also completed on an annual basis. This report is based on the year prior to the enrollment of a client and compares it to one year(s) after enrollment. This report includes demographics, an analysis of the services provided, as well as all of the outcomes to determine whether there were decreases in homelessness, incarcerations,

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hospitalizations and emergency room visits. The report also analyzes education and employment data to determine whether individuals are making strides in those areas.

Beyond the reports, data are continually analyzed for discrepancies and reported back to the programs and contract monitors when necessary.

*General System Development (GSD)*

Because the State does not require GSD program data to be electronically transmitted to them, these programs are monitored, maintained and reported at the County level. The reports are similar to the FSP reports in that we report demographics, service utilization and hospitalization. Unfortunately, because the GSD programs do not report on specified State forms, some of the outcomes are not available for reporting. Those include incarceration and homelessness data. Reports are done on a quarterly and annual basis. Contract monitors are also assigned to all GSD programs to ensure the programs are meeting the requirements set out in the workplan.

**Prevention and Early Intervention (PEI)**

PEI programs are all monitored based on the intended outcomes submitted in the workplan. Because PEI programs are not required to follow the same program evaluation design as the FSPs, many of the programs are evaluated differently. They all contain different reporting tools that are specific to the program. However, the reporting structure is the same. All programs are, and will be, reported on a quarterly basis for quality assurance and on an annual basis to show outcomes over time. Contract monitors are assigned to all PEI programs to ensure the programs are meeting the requirements set out in the workplan.

**Workforce, Education and Training (WET)**

Contract monitors have been assigned to all programs to ensure the programs are meeting the requirements set out in the workplan.

**V. Share what has been working well and lessons learned through the process of the county's development and implementation of strategies that work to reduce disparities (within Medi-Cal, CSS, WET, and PEI).**

At this time, all of the CSS programs have been implemented and a number of PEI programs are operational. Our biggest challenge across the board is in the development of specific strategies to address disparities. We were successful in developing programs that included the needs of unserved communities with disparities and in one case developed an ethnic specific program that focused solely on the API community but generally with the exception of TWC, specific strategies were less apparent.

There are a number of reasons that this situation developed. The nature of the community input process itself also had impact on the development of strategies. Where communities were actively involved throughout the process, their contributions enhanced the development of clear strategies that work in their communities. Each MHSA component had a separate planning process that built on the previous process. When the process was

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more flexible and allowed for meaningful participation at multiple levels, information that would lead to the development of appropriate strategies for diverse communities contributed to clearer strategies.

One of the biggest lessons learned was the time that it takes for a meaningful planning process and the time that it takes to implement a program post plan approval. We have documented elsewhere in this CCP the frustration that communities have experienced with the extensive contracting process that is required by the County. It has led to situations where it has taken much longer to implement programs than expected.

Relationships had been made prior to the CSS process and were again tapped into for the WET planning process. However, communities began voicing that they were providing feedback to the Division without seeing anything change as a result of their feedback. During the PEI process, DBHS made a conscious effort to sustain relationships with community partners from cultural, racial and ethnic communities. The PEI CCAC which later combined with the Cultural Competence Committee was actively involved in helping to inform DBHS on making strategies more sensitive and responsive to the unique needs of the diverse communities. The group met monthly and each member took turns hosting the meeting at their agency. Doing so allowed the group to learn about the rich services provided to the community by the host agency. The Division has continued to outreach and make personal phone calls in order to maintain these relationships. During the Innovation planning process, DBHS partnered with eight lead cultural specific agencies to hold small community focus groups within the communities they serve. DBHS provided an honorarium to each of the lead agencies for hosting the small focus group. Some agencies partnered with other community agencies that served the same communities and new community-based partnerships emerged from this process. Each agency conducted culturally and linguistically appropriate outreach and facilitation. Groups were also conducted in the preferred language of the community members. The Division recognized the success of this partnership and will continue to partner with cultural specific community agencies.

The PEI Supporting Community Connections Request for Proposal (RFP) is another example of how the Division learned from its first attempt at issuing a RFP for a Consumer operated warm line and support services. In the first release of this RFP, the Division received very little response from the cultural, racial and ethnic communities whose communities were identified as target populations for the RFP. MHSA, in consultation with the CC/ESM, revised the program design and separated the Warm Line from the support services. In the Supporting Community Connections RFP, the target populations/communities were asked to conduct a community needs assessment in their first year to further refine the community-defined support services aimed at reducing risk for suicide as well as to determine the feasibility of operating a warm line for their community. When the Division allowed for more flexibility and asked communities to inform us on what strategies or interventions are culturally and linguistically competent for their communities, there was greater response from the cultural, racial and ethnic communities.



**CRITERION 4**

**COUNTY MENTAL HEALTH SYSTEM**

**CLIENT/FAMILY MEMBER/COMMUNITY COMMITTEE: INTEGRATION OF THE  
COMMITTEE WITHIN THE COUNTY MENTAL HEALTH SYSTEM**

**Rationale:** A culturally competent organization views responsive service delivery to a community as a collaborative process that is informed and influenced by community interests, expertise, and needs. Services that are designed and improved with attention to community needs and desires are more likely to be used by patients/consumers, thus leading to more acceptable, responsive, efficient, and effective care (CLAS, Final Report).

- I. The county has a Cultural Competence Committee, or similar group that addresses cultural issues, has participation from cultural groups, that is reflective of the community, and integrates its responsibilities into the mental health system.**

**The county shall include the following in the CCPR Modification (2010):**

- A. If so, briefly describe the committee or other similar group (organizational structure, frequency of meetings, functions, and role). If the committee or similar group is integrated with another body (such as a Quality Improvement Committee), The so inclusive committee shall demonstrate how cultural competence issues are included in committee work.**
- B. If so, briefly describe how the committee integrates with the county mental health system by participating in and reviewing MHSA planning process.**

The following is a response to questions A and B.

The Cultural Competence Committee (CCC) grew from the Sacramento County Cultural Competence Workgroup (CCW) that advised and assisted in the development of the first Cultural Competence Plan 1998. The Workgroup wrote a role for an on-going committee charged with the over-sight of the CCP. With the vetting of that first CCP at all levels including community, county mental health administration, contract providers and approval by the Department of Mental Health (DMH), the CCW became known as the Cultural Competence Committee and has maintained its advisory function and oversight role over the years. The CCC is included in the Sacramento County Phase II Consolidation of Medi-Cal Specially Mental Health Services Plan and is described as a sub-committee of the Quality Improvement Committee. From the beginning, membership was an open process in which a balance was maintained of consumers and family members, community members, community-based organizations (CBOs), and county and contract provider line staff and management, all of whom were reflective of the diverse LGBTQ, cultural, linguistic, racial and ethnic communities of Sacramento County. Meetings are open to everyone. Agenda design allows for inclusion of off agenda items. Periodically membership is assessed for changing demographic and/or

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gaps and new membership is solicited. This process was formalized in 2010 when the CCC membership, along with the Mental Health Board and the MHSA Steering Committee were disaggregated to assess diversity in the annual Human Resource Survey.

Maintaining its advisory/oversight role, in 2000 the CCC sanctioned an ad hoc committee devoted to planning for the first Latino Behavioral Health Week during the third week of September of that year. The success of that planning effort led to the establishment of the System-wide (System-wide Committee) Community Outreach and Engagement Committee in 2002. This committee functions as a working committee to plan and execute tailored outreach activities based on data highlighting disparities in cultural, racial and ethnic communities. This includes penetration rates reviewed by the CCC. Members of the committee generally represented individuals who have skill and interest in developing and staffing outreach activities and have ties in the community. Both the CCC and System-wide Committee meet on a monthly basis with some members serving on both committees (Appendix 11 – Combined Cultural Competence/System-wide Committee Roster).

The CCC takes seriously its charge to ensure that the mental health system follows a systemic, systematic and strategic approach to eliminating disparities for cultural, racial and ethnic communities in a system that practices and promotes a stance of cultural humility and is culturally and linguistically competent at all levels. The CCC believes that the system should be sensitive and responsive to diversity and cultural issues throughout the system at the policy, administrative/executive and service level and is committed in its role to advise on issues that support these beliefs. The CCC is a task oriented committee that assists and advises the mental health system to implement culturally and linguistically competent practices and services through oversight of the CCP (Appendix 15). The following domains outline the charge of the committee and set the parameters for goals and objectives:

- Governance and organizational infrastructure (CCP plan development, policy development and review of accountability structures)
- Impacting service and supports
- Meaningful involvement in planning activities and continuous quality improvement
- Community collaboration
- Communication
- Workforce development.

The CCC assists DBHS with ensuring sustained stakeholder involvement from diverse cultural, racial and ethnic community members during the various community planning processes. CCC members often encourage diverse community stakeholders to participate in DBHS-sponsored community planning processes. DBHS presents a draft of the MHSA Three Year Plan and subsequent MHSA Annual Updates to the CCC to receive their collective comments and input prior to finalization and submission to the State. These plans contain information about all of the MHSA funded Workplans and programs. There is also at least one cultural competence representative on all Request for Proposals (RFP) Panels to support service design and delivery that is responsive to the needs of cultural, racial and ethnic groups. Finally, one voting member seat on the MHSA Steering Committee is occupied by a cultural competence subject matter expert who is recommended by the Cultural Competence Committee. The MHSA Steering Committee makes program recommendations to DBHS for MHSA funding.

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We wanted to highlight some examples of the CCC's engagement with the community:

- At the March 2018 public hearing for Sacramento County's Draft MHSA Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan, several community members gave public comment related to observed gaps in services that address trauma resulting from community violence and gun violence disproportionately experienced by African American boys and men of color. In response, DBHS reached out to community members to learn more about these concerns. DBHS charged the Cultural Competence Committee to create an Ad Hoc Workgroup with key African American stakeholders to gather feedback from the community and develop program recommendations to address the mental health and wellness needs of African American community members who have experienced or have been exposed to trauma. The Workgroup will be meeting with community members in December 2018 to develop Prevention and Early Intervention (PEI) program recommendations that address trauma related mental health needs in the African American community.
- Current Co-Chairs of the MHSA Steering Committee are members of the CCC; these two individuals are joined by a third CCC member on the MHSA Steering Committee Executive Committee; four additional CCC members also serve on the MHSA Steering Committee in various consumer or family member/caregiver seats
- Sacramento County has been gathering LGBTQ client data in all of its programs however began gathering data that is more reflective of the diverse gender and sexual minority community members who are being served in the PEI programs. DBHS is in the process of incorporating the CCC data collection recommendations throughout the MHP programs so that gender and sexual minority communities may be more accurately reflected in the data reporting.
- Expanded outreach to faith based community events:
  - DBHS CC staff and a speaker from the Stop Stigma Sacramento Speakers Bureau spoke to members of the St. Paul Missionary Baptist Church's Mental Health Referral Ministry about how to navigate the public mental health system.
  - DBHS CC staff attended and had a booth at the 2nd Annual Gathering for GLORY Conference hosted by the Black Child Legacy Campaign (BCLC) and the Sierra Health Foundation. The theme for this year's event was "Radical community Healing". The event took place at South Sacramento Christian Center, a church that serves as one of the seven Black Child Legacy Campaign's Community Incubator Leads for the Valley Hi community.
  - DBHS sponsored an Interfaith Town Hall Meeting: A Special Forum for Communities of Faith that was held by NAMI Sacramento. CC staff attended and provided information about BHS services to attendees.
  - CCC participated in outreach at City Church of Sacramento's annual Harvest Festival/health fair in Oak Park.

**CRITERION 5**

**COUNTY MENTAL HEALTH SYSTEM**

**CULTURALLY COMPETENT TRAINING ACTIVITIES**

**Rationale:** Staff education and training are crucial to ensuring culturally and linguistically appropriate services. All staff will interact with clients representing different countries or origins, acculturation levels, and social and economic standing. Staff refers not only to personnel employed by the organization but also its subcontracted and affiliated personnel (CLAS, Final Report).

- I. The county system shall require all staff and shall invite stakeholders to receive annual cultural competence training.**

**The county shall include the following in the CCPR Modification (2010):**

- A. The county shall develop a three year training plan for required cultural competence training that includes the following: (The county may submit information from the county's WET plan provisions for training. The county shall describe how training efforts are integrated and can reasonably be expected to create and maintain a culturally competent workforce).**

- 1. Steps the county will take to provide required cultural competence training to 100% of their staff over a three year period.**

Sacramento County has adopted the California Brief Multicultural Competence Scale (CBMCS) training modules and is committed to having all service provider and supervisor staff complete the training within the next three years. Sacramento County started CBMCS training in 2007. To date, 1,163 staff have been trained (See Appendix 16 for training log.). DBHS has contracted with the California Institute for Behavioral Health Solutions (CIBHS) to provide this training across the system on a quarterly basis. This commitment to offering the training on a regular basis will allow the county to complete training for 100% of staff by the end of three years, including new administrative staff and community partners/stakeholders due to staff turnover. DBHS keeps a copy of all sign in sheets to track attendance at this training. DBHS has also maintained a log of all of the staff who have attended the CBMCS training and the 2-day and 1-day Health Equity and Multicultural Diversity Foundational Training Utilizing the CBMCS.

- 2. How cultural competence has been embedded into all trainings.**

Since the 2003 CCP, Sacramento County has required that any training

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that we sponsor have cultural competence embedded in the material regardless of the topic. We regularly review training materials and discuss this requirement with trainers. This has worked quite well for us. More recently, with the increase of trainings through various sources beyond our sponsorship, we have taken an active role in advocating that cultural competence content be included in all trainings. We will continue this advocacy to ensure to the best of our ability that cultural and linguistic competence is included in all trainings that staff throughout our system attend. In instances where the Division pays the cost of attendance, the inclusion of cultural competence content is factored into the decision to approve the training request.

- 3. A report list of annual training for staff, documented stakeholder invitation. Attendance by function to include: Administration/Management; Direct Services, Counties; Direct Services, Contractors, Support Services; Community Members/General Public; Community Event; Interpreters; Mental Health Board and Commissions; and Community-based Organizations/Agency Board of Director, and if available, include if they are clients and/or family members.**

The Division maintains a log of all cultural competence trainings conducted each year. The Training Log (See Appendix 16) contains a listing of all Division-sponsored and contract provider-sponsored cultural competence trainings

**B. Annual cultural competence trainings topics shall include, but not be limited to the following:**

- 1. Cultural Formulation;**
- 2. Multicultural Knowledge;**
- 3. Cultural Sensitivity;**
- 4. Cultural Awareness; and**
- 5. Social/Cultural Diversity (Diverse groups, LGBTQ, SES, Elderly, Disabilities, etc.).**
- 6. Interpreter Training in Mental Health Settings**
- 7. Training Staff in the Use of Mental Health Interpreters**

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Use the following format to report the previous requirement:

<b>Training Event</b>	<b>Description of Training</b>	<b>How long and often</b>	<b>Attendance by Function</b>	<b>No. of Attendees and Total</b>	<b>Date of Training</b>
<i>Example</i>	<i>Overview of cultural competence issues in mental health treatment settings.</i>	<i>Four hours annually</i>	<i>*Direct Services</i>	<i>15</i>	<i>1/24/10</i>
<i>Cultural Competence Introduction</i>			<i>*Direct Services</i>	<i>20</i>	
			<i>*Administration</i>	<i>4</i>	
			<i>*Interpreters</i>	<i>2</i>	
				<i>Total: 41</i>	

The Division has conducted the California Brief Multicultural Competence Scale (CBMCS) Training and Mental Health Interpreter Training (MHIT) to fulfill the requirements contained in this section. DBHS has conducted thirty sessions of CBMCS since the initial pilot in 2007. Attached in Appendix 17 is a report of the CBMCS and MHIT training programs using the format provided in the current CCPR. Due to the low turnover in interpreters throughout the system, for a few years there had not been a need to conduct an additional MHIT training. However, as new programs have been implemented and bilingual staff or interpreters have been hired, the Division resumed offering the MHIT for interpreters who have been hired since the pilot in 2007. Both the CBMCS and MHIT are conducted annually.

**II. Counties must have a process for the incorporation of Client Culture Training throughout the mental health system.**

**The county shall include the following in the CCPR Modification (2010):**

- A. Evidence of an annual training on Client Culture that includes a client’s personal experience inclusive of racial, ethnic, cultural, linguistic, and relevant small county cultural communities. Topics for Client Culture training are detailed on page 18 of the CCPR (2010) from DMH Information Notice 10-02.**

For many years, Sacramento County mental health consumers have planned and sponsored Consumer Speaks. This annual conference is devoted specifically to educating stakeholders including consumers, family members, community members and providers on consumer culture and the personal experiences and perspectives of consumers inclusive of racial, ethnic, cultural and linguistic communities. The event is held in a community center located in a very diverse neighborhood where community members are routinely welcomed for educational, recreational and community/family focused events. The center is easily accessed by public transportation and the conference program includes presentations, food, and entertainment. Specific attention is focused on being inclusive with keynote speakers, panelist, workshops and entertainment representing the diverse communities in Sacramento. Interpreters, cultural brokers and bi-lingual, bi-cultural staff are available to assist with linguistic and cultural needs. In 2018, consumer stakeholders changed the name

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of the conference from Consumer Speaks to the Peer Empowerment Conference. Over 250 participants attended this conference.

Over the past several years, presenters have included but not been limited to the following: a multi-cultural panel of consumers and family members receiving services in a innovative Integrated Behavioral Health/Primary Care setting entitled, *Beating the Odds: Improving Health and Wellness for Consumers*; a workshop by members of the California Network of Mental Health Clients, *Evolving History of Client Movement with a Focus on Sacramento County*; a community dialogue, *Changing the Experience of Being LGBTQ in the Sacramento Region: Promoting Mental Health Wellness & Reducing Inequities*; a workshop, *Mental Health Recovery 101*, presented by multicultural staff of the Peer Partners program, a partnership with Hmong Women’s Heritage Association and Mental Health America of Northern California and a keynote address by representatives from the Transcultural Wellness Center, a local MHSAs funded, ethnic specific Full Service Partnership.

A few examples of topics over the last several years include the following:

- Wellness and Recovery
- Economic impact
- Trauma
- Culture-specific expressions
- Relationship between client and provider from a cultural perspective
- Effects of culturally and linguistically incompetent services
- Medication
- Societal/familial/personal
- Culture of being a mental health client
- Discrimination and stigma

Appendix 21 contains the full program for Consumer Speaks for 2018.

**B. The training plan must also include, for children, adolescents, and transition age youth, the parent’s and/or caretaker’s, personal experiences with the following:**

- 1. Family focused treatment;**
- 2. Navigating multiple agency services; and**
- 3. Resiliency.**

**Use the following format to report the previous requirement:**

Training Event	Description of Training	How long and often	Attendance by Function	No. of Attendees and Total	Date of Training	Name of Presenter

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<b>Example</b>	<b>Overview of cultural competence issues in mental health treatment</b>	<b>Four hours annually</b>	<b>*Direct Services</b>	<b>15</b>	<b>1/24/10</b>	
<b>Cultural Competence Introduction</b>			<b>*Direct Services Contractor</b>	<b>20</b>		
				<b>4</b>		
				<b>2</b>		
				<b>Total: 41</b>		

The children’s system of care providers conduct on-going trainings in the following areas:

- **Family focused treatment**
- **Navigating multiple agency services**
- **Resiliency.**

A review of the training log in Appendix 16 highlights the trainings containing these elements in the new hire trainings conducted at the programs delivering outpatient and WRAP services as well as on-going trainings in programs focused on the 0-5 population. The training log tracks data using the format in the 2010 CCPR. Since the adoption of the 2010 CCPR, DBHS has been collecting information about trainings in the above three areas and has incorporated them into the larger training log.



**CRITERION 6**

**COUNTY MENTAL HEALTH SYSTEM**

**COUNTY'S COMMITMENT TO GROWING A MULTICULTURAL WORKFORCE:  
HIRING AND RETAINING CULTURALLY AND LINGUISTICALLY COMPETENT  
STAFF**

**Rationale:** The diversity of an organization's staff is necessary, but not a sufficient condition for providing culturally and linguistically appropriate health care services. Although hiring bilingual individuals from different cultures does not in itself ensure that the staff is culturally competent and sensitive, this practice is a critical component to the delivery of relevant and effective services for all clients. Staff diversity at all levels of an organization can play an important role in considering the needs of clients from various cultural and linguistic backgrounds in the decisions and structures of the organization. (CLAS, Final Report).

**I. Recruitment, hiring, and retention of a multicultural workforce from, or experienced with, the identified unserved and underserved populations**

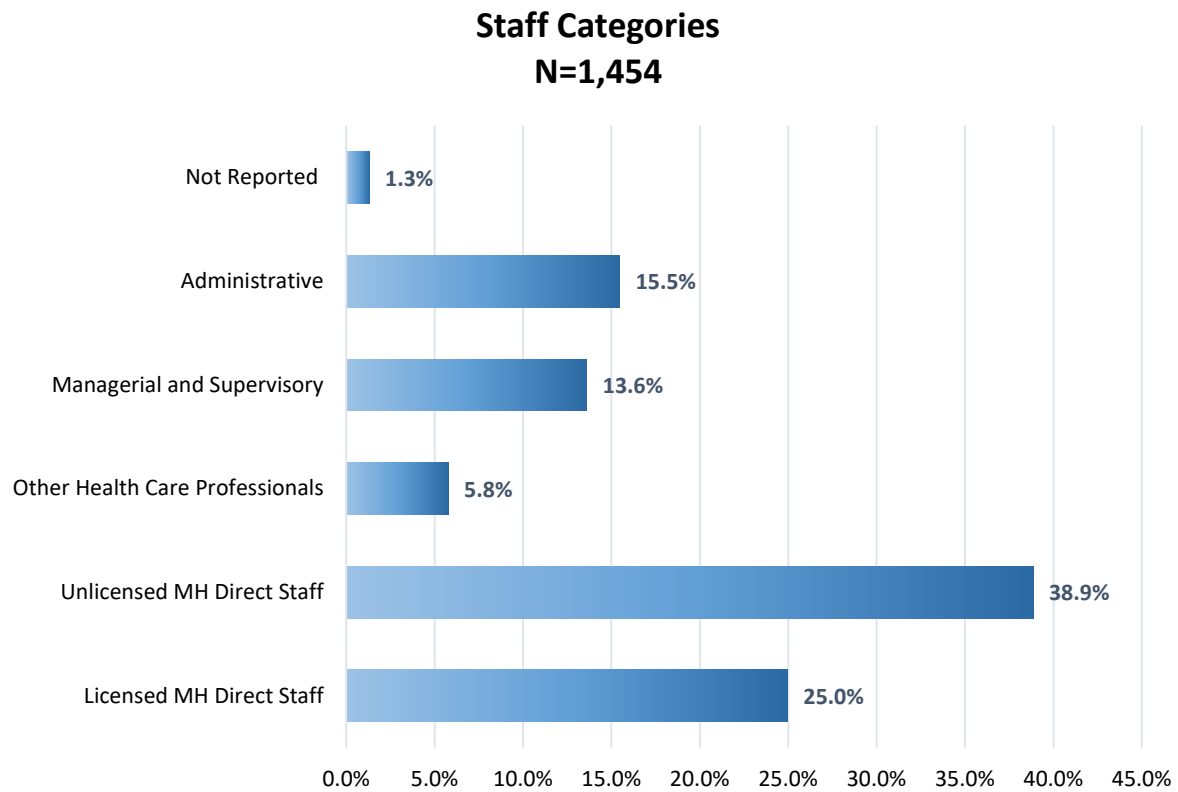
Due to the very diverse population of Sacramento County, the MHP strives to retain a diverse workforce. In order to assess the diversity of the workforce, staff rosters are collected on a quarterly basis. The rosters collect current staff, position, as well as language capabilities of staff.

Beyond the staff rosters utilized for ongoing monitoring, the County surveys all staff (direct, indirect, administrative, management and volunteers) on an annual basis to analyze staff composition as compared to the community we serve. The purpose of the surveys is to assess demographic and linguistic information for those who provide services in our county to determine whether it is reflective of the diversity of the community as a whole. The information collected focuses on staff ethnicity, language proficiencies, consumer/family member status, gender, sexual orientation, disability and veteran status.

The Human Resource (HR) Survey was conducted in June 2018. Surveys were disseminated to all provider staff, county staff, volunteers and various committee members throughout the MHP. An analysis of the findings is shown in the graphs on the following pages. The final report of the 2018 HR Survey will be available to view at the time of the next compliance visit.

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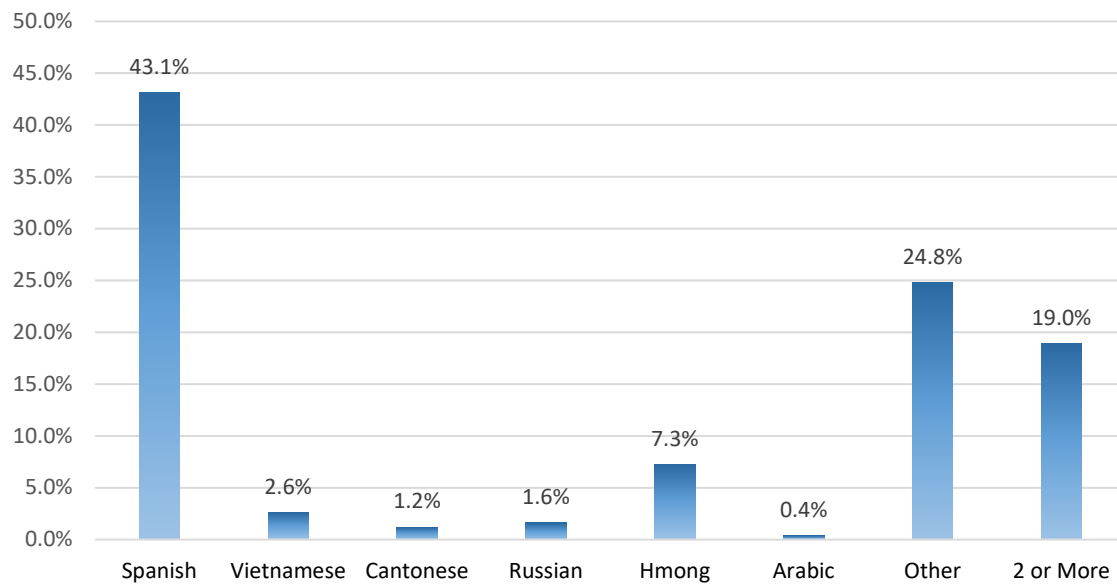
**All Staff** –There were a total of 1,454 active staff who responded to the survey. Almost 40% (38.9%) reported Unlicensed Direct Service Staff, 25% reported Licensed Direct Service Staff and almost 6% (5.8%) reported Other Healthcare Professionals. Direct Service Staff accounted for just under 70% (69.6%) of all staff surveyed. Administrative Staff represented over 15% (15.5%) and Managerial Staff represented 13.6% of all staff.



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**Language** – Of all staff surveyed, 496 (34.1%) unduplicated staff indicated speaking a language other than English. Of those who spoke one language other than English, the majority spoke Spanish (43.1%) followed by Hmong at just over 7% (7.3%). Nineteen (19.0%) indicated speaking more than one language other than English. The graph below demonstrates the languages spoken by staff.

**All Staff - Languages Spoken by Staff**  
**N=496**

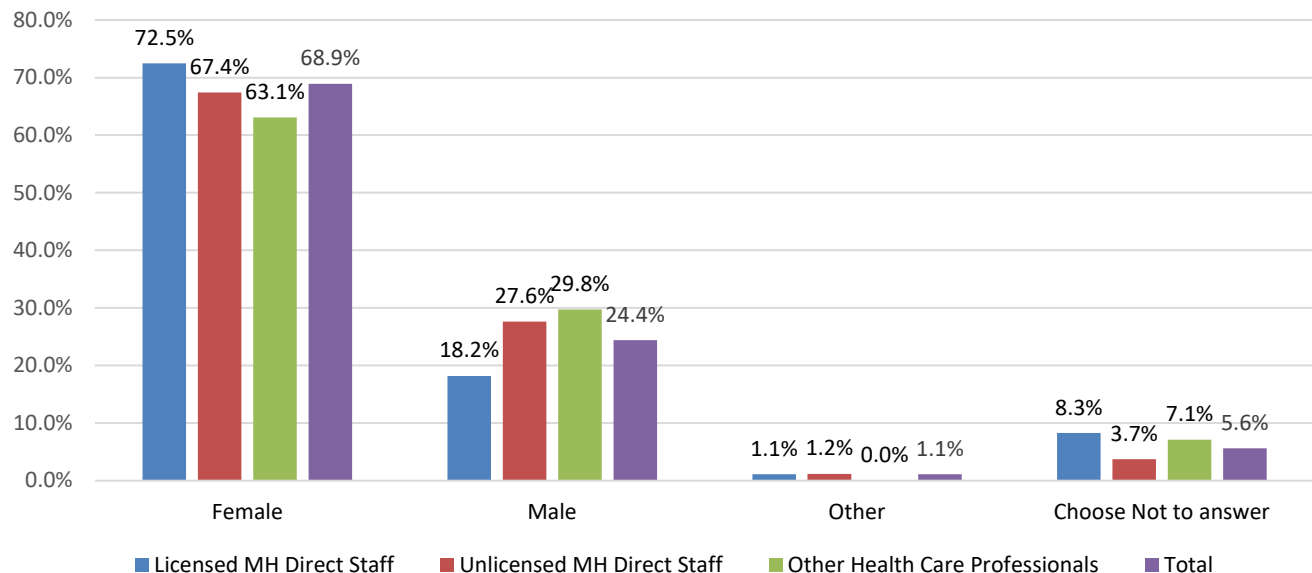


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**Direct Service Staff** - There were a total of 1,012 survey responses from direct services staff in the system. This represents just under 70% (69.6%) of all respondents. The charts below depict the demographic characteristics for all direct service staff including Licensed Staff, Unlicensed Staff and Other Health Care Professionals.

**Gender Identity** – The majority (68.9%) of direct service staff in the MHP identified as female. Licensed Direct Service Staff were the highest percentage, at 72.5%. The highest percent of males was found in the Other Health Care Professionals, representing almost 30% (29.8%) in that group. Very few staff (1.1%) identified themselves as something other than male or female. The Other category consisted of those identifying as transgender, two spirit or gender queer.

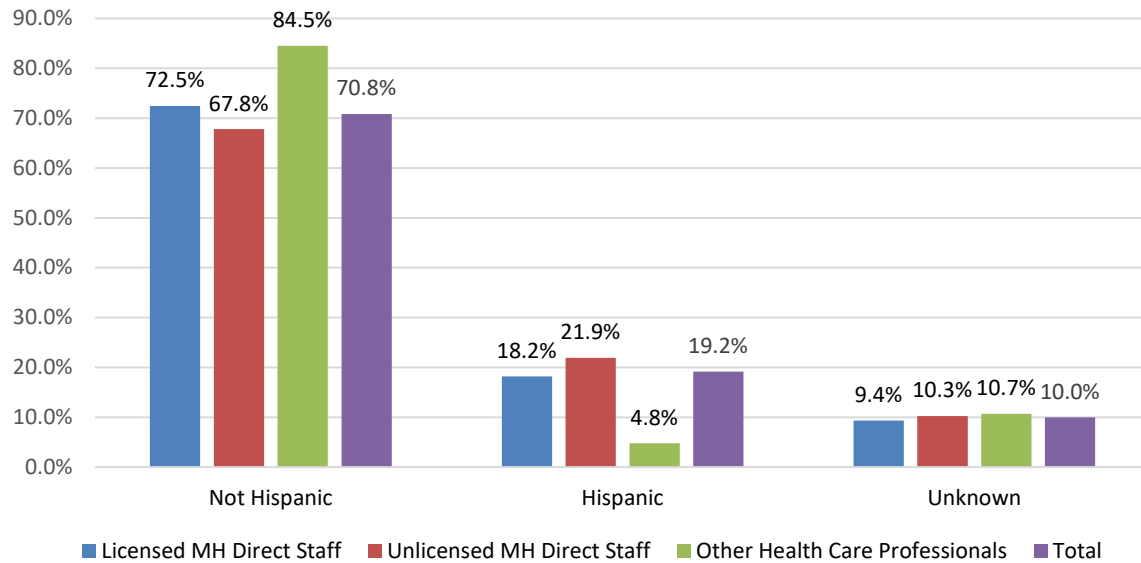
**Direct Service Staff - Gender Identity**  
**N=1,012**



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**Ethnicity** – Almost 20% (19.2%) of direct service staff identify as Hispanic. Of all direct service staff, just over 21% of Unlicensed Direct Service Staff identify as Hispanic, while less than 5% of Other Health Care Professionals identify as Hispanic.

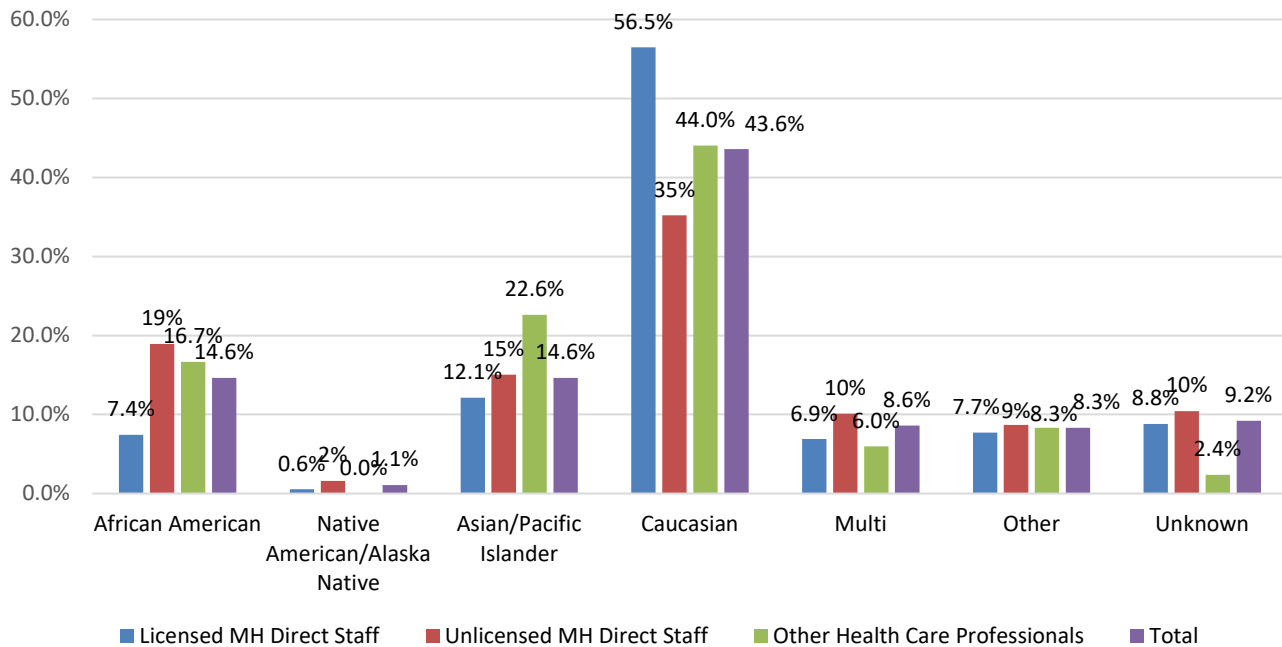
**Direct Service Staff - Ethnicity**  
**N=1,012**



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**Race** – While Caucasian represented 43.6% of direct service staff surveyed, the majority (47.2%) of direct service staff identify with a race other than Caucasian. Fifty-four percent (54%) of Unlicensed Direct Service Staff and 53.6% of Other Health Care Professionals identify with a race other than Caucasian, while just under 35% (34.7%) of Licensed Direct Service Staff identify with a race other than Caucasian.

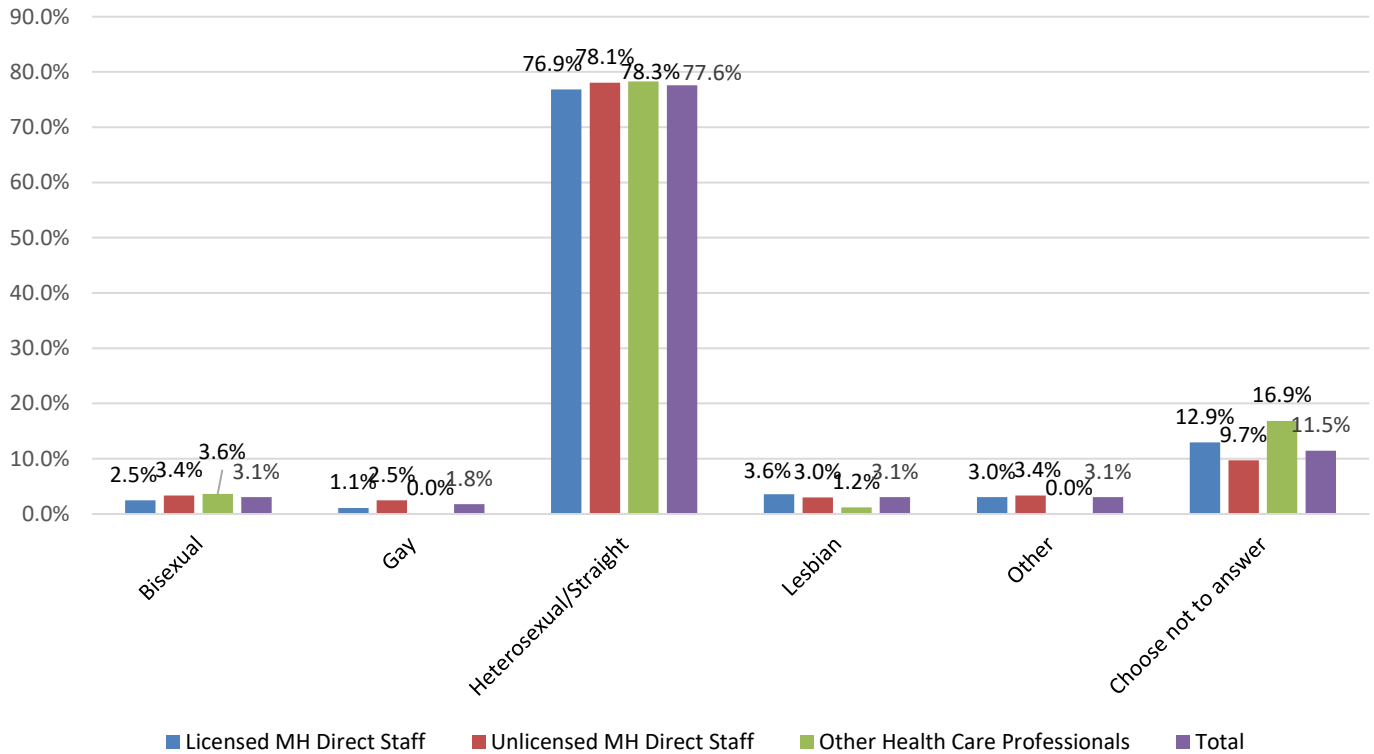
**Direct Service Staff - Race**  
**N=1,012**



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**Sexual Orientation** – Over 77% (77.6%) of all Direct Service Staff identified as Heterosexual/Straight while over 11% (11.5%) chose not to answer. Lesbian, Bisexual and Other (Asexual, Pansexual, Queer, Questioning) were evenly distributed across all staff.

**Direct Service Staff - Sexual Orientation**  
**N=1,012**



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**Consumer, Family Member, Disability and Veteran** – The table below depicts the number and percent of staff who identified as a consumer of mental health services, a family member of a consumer of mental health services, currently has a disability, and/or served in the US military.

- Over 21% (21.4%) of all staff identified as a consumer of mental health services, with the highest percentage among Unlicensed MH Direct Staff at just over 26% (26.2%)
- Over 35% of all staff identified as being a family member, with the highest percentage among Unlicensed MH Direct Service at almost 40% (39.5%)
- Almost 10% of all staff identified as having a disability, with the highest percentage among Unlicensed MH Direct Service at 11%.

	Licensed MH Direct Staff		Unlicensed MH Direct Staff		Other Health Care Professionals		Total	
	N	%	N	%	N	%	N	%
I am a consumer of Mental Health Services	66	18.2%	148	26.2%	3	3.6%	217	21.4%
I have a family member who is a consumer of Mental Health Services	120	33.1%	223	39.5%	16	19.0%	359	35.5%
I live with a disability	30	8.3%	62	11.0%	5	6.0%	97	9.6%
I am currently or have served in the US Military	9	2.5%	17	3.0%	2	2.4%	28	2.8%

**Sacramento County Direct Service Staff and Beneficiaries Served**

The HR survey results were utilized to compare Direct Services Staff to beneficiaries served in CY 2017. The number of beneficiaries served is based on the CY 2017 EQRO claims data.

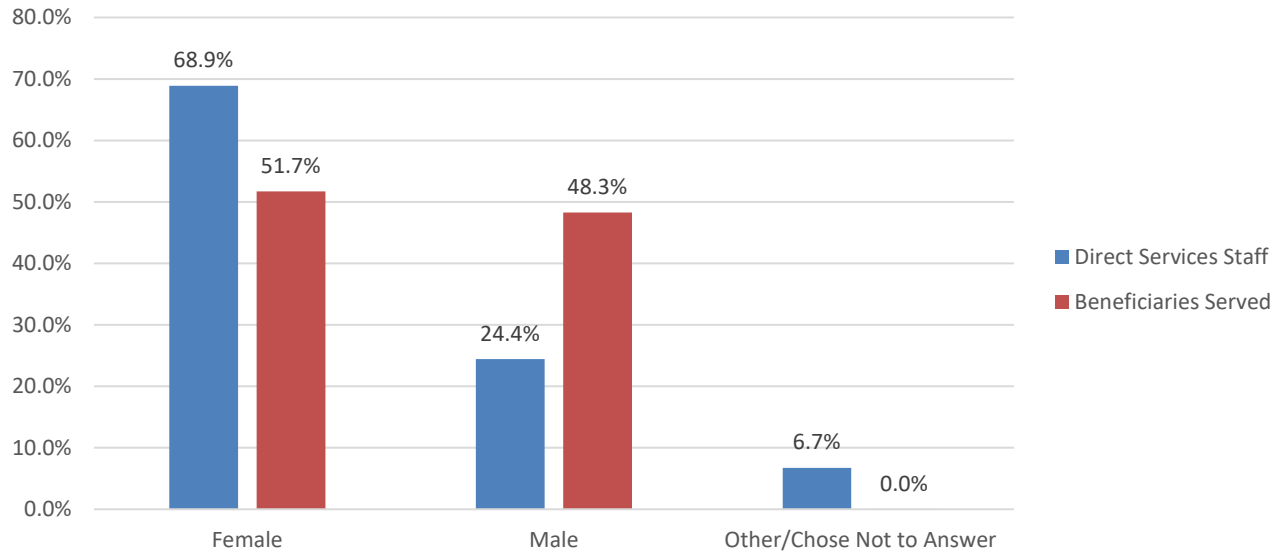
Gender and Race were the only two comparable demographics across staff and beneficiaries. Note data from the HR survey were combined in order to compare to EQRO data. In order to compare data Hispanic ethnicity data were combined into race and other gender categories were combined into Other/Chose Not to Answer.

**Gender** – Almost 70% (68.9%) of Direct Services Staff are female, compared to just over 50% (51.7%) of the Medi-Cal beneficiary population. There is significantly less men working in the MHP compared to the number of men in the Medi-Cal beneficiary population.



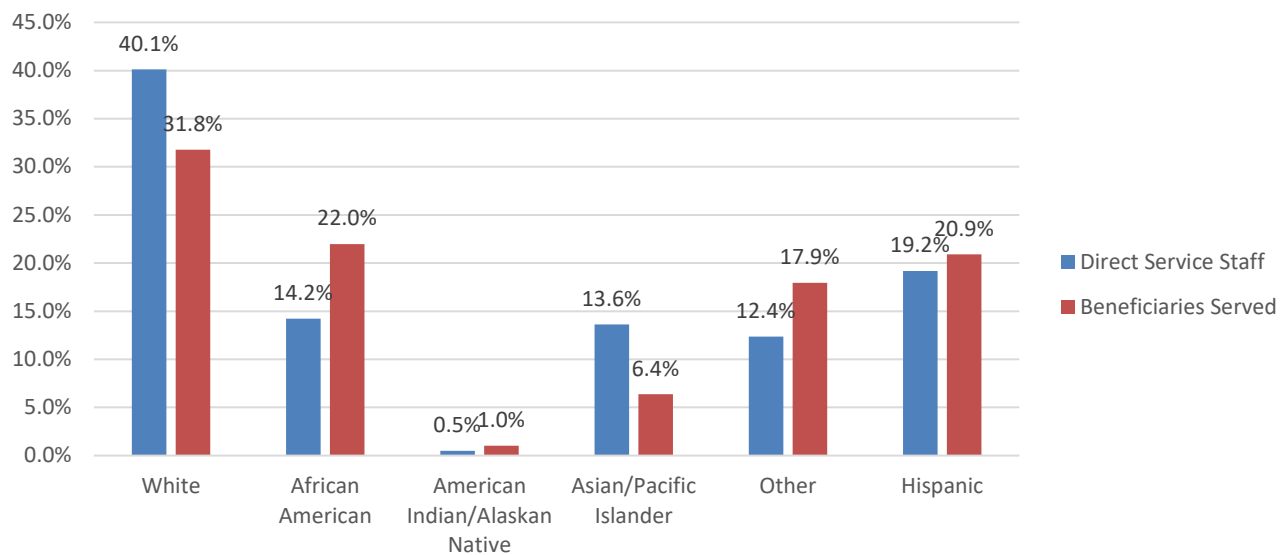
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**Direct Services Staff Compared to Medi-Cal MHP Beneficiaries  
Gender**



**Race** – Caucasians and Asian/Pacific Islander (API) Staff are overrepresented compared to the Medi-Cal beneficiary populations (Caucasian 40.1% vs 31.8%; API 13.6% vs 6.4%), while African Americans and Other races are underrepresented. American Indian/Alaskan Native and Hispanic Direct Services Staff represent the Medi-Cal beneficiary population very closely (Native American 0.5% vs 1.0%; Hispanic 19.2% vs 20.9%).

**Direct Services Staff Compared to Medi-Cal MHP Beneficiaries  
Gender**



**CRITERION 7**

**COUNTY MENTAL HEALTH SYSTEM**

**LANGUAGE CAPACITY**

**Rationale:** Accurate and effective communication between clients, providers, staff, and administration is the most essential component of the mental health encounter. Bilingual providers and other staff who communicate directly with clients must demonstrate a command of both English and the threshold language that includes knowledge and facility with the terms and concepts relevant to the type of encounter (CLAS, Final Report). The DMH will provide threshold language data to each county.

**I. Increase bilingual workforce capacity**

**The county shall include the following in the CCPR Modification (2010):**

**A. Evidence of dedicated resources and strategies counties are undertaking to grow bilingual staff capacity, including the following: (Counties shall document the constraints that limit the capacity to increase bilingual staff.)**

**1. Evidence in the Workforce Education and Training (WET) Plan on building bilingual staff capacity to address language needs.**

There are several areas in the Sacramento County WET Plan that address building staff language capacity. The Workforce Needs Assessment identified the following in the Language Proficiency section;

- *Need for additional staff representing the language diversity of our client population*
- *Need to develop career pathways that lead bilingual staff into higher direct care and supervisory positions.*

The following is in the Comparability of Workforce, by Race/Ethnicity, to Target Populations Receiving Public Mental Health Services section of the WET Plan:

- *Need for additional staff representing the racial/ethnic diversity of our client population*
- *Need to develop career pathways that lead diverse staff into higher direct care and supervisory positions.*

Lastly, the Positions Designated for Individuals with Consumer and/or Family Member Experience section of the WET Plan states:

- *Need career pathways that allow consumers and family members to pursue a variety of undergraduate and graduate educational opportunities so that they can be educated to a level necessary to provide direct services, especially in licensed*

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*positions.* While this does not specifically state multicultural consumers and family members, they are included in this statement.

**2. Updates from Mental Health Services Act (MHSA), Community Service and Supports (CSS), or WET Plans on bilingual staff members who speak the languages of the target populations.**

Of all staff surveyed in the FY 2017/18 Human Resource Survey and Language Proficiency Survey, 496 (34.1%) unduplicated staff indicated speaking a language other than English.

**3. Total annual dedicated resources for interpreter services in addition to bilingual staff.**

The total amount of cultural competence activity expenditures for the Division's county operated and county contracted providers is \$16,611,461.00. This figure includes the annual costs of interpreters and/or translation services; annual staffing costs of all bilingual/bicultural staff employed; the annual costs of providing or assisting consumers to access natural healers or traditional healing practices; and the costs of all cultural competence training registration fees paid for staff.

**II. Provide services to persons who have Limited English Proficiency (LEP) by using interpreter services.**

**The county shall include the following in the CCPR Modification (2010):**

**A. Evidence of policies, procedures, and practices for meeting clients' language needs, including the following:**

- 1. A 24-hour phone line with statewide toll-free access that has linguistic capability, including TDD or California Relay Service, shall be available for all individuals. Note: The use of the language line is viewed as acceptable in the provision of services only when other options are unavailable.**

Sacramento County Division of Behavioral Health Services is committed to ensuring language access for all callers. The Division operates a 24-hour statewide toll-free access line with linguistic capabilities for all individuals including TTY/TDD or California Relay Services. The toll-free telephone number is (888) 881-4881. During the day it is answered by staff from the Division's Access Team and after hours it is answered by staff from the Mental Health Treatment Center.

Every effort has been made to staff the Access Team with bilingual/bicultural individuals especially those speaking threshold languages. Several years ago, the Division made the decision to co-locate both the Adult Access and the Child and Family Access Teams within the same office suite. Co-location of the two Access Teams has allowed for more efficient sharing of resources, including bilingual/bicultural staff who are available to assist callers regardless of which Access Team they were calling. Further merging of business operations

has occurred and now callers may reach the Access Team by calling one primary number.

**2. Least preferable are language lines. Consider use of new technologies such as video language conferencing as resources are available Use new technology capacity to grow language access.**

The Division is bound by the use of particular interpreter service providers due to the nature of the County-wide contracts. The Cultural Competence / Ethnic Services Manager provides input with special provisions involving mental health/behavioral health interpreting into the contract requirements and other aspects of the contracting process for the County-wide interpreting and translation contracts. These contracts with various interpreting agencies are for a multi-year period. The County has been exploring the use of on-demand Video Remote Interpreting (VRI) technology that can be used at the Mental Health Treatment Center Inpatient and Crisis Stabilization Unit for Deaf and Hard of Hearing clients. Vendors have provided a demonstration of their VRI technology to key individuals at the County. The County is in the process of amending the scope of several of the county-wide contracts to include VRI for Fiscal Year 2018/19.

**3. Description of protocol used for implementing language access through the county's 24-hour phone line with statewide toll-free access including staff training protocol.**

While it is the Division's practice to utilize bilingual staff to respond to callers whose preferred language is other than English, in the instance that such a staff is unavailable, staff can contact the Assisted Access program in order to request an interpreter. The Assisted Access program employs bilingual/bicultural staff who function as cultural brokers and mental health interpreters to assist consumers and potential clients to access treatment from Adult or Child & Family mental health service providers. Their goal is to assist in cross-cultural communication to facilitate a mutual understanding of both the consumer's and the provider's beliefs and practices. Languages spoken by Assisted Access interpreters are as follows:

- Arabic
- Bosnian
- Cambodian
- Cantonese
- Croatian
- Dari
- Farsi
- Hindi
- Hmong
- Mandarin
- Mien/Lao
- Pashto
- Punjabi
- Russian/Ukrainian
- Serbian

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- Spanish
- Vietnamese

If the caller speaks a language that is not covered by interpreters from the Assisted Access program, or if Assisted Access staff are not available, staff will request an interpreter from a vendor that has a county-wide contract to provide face to face interpreters. If the caller requires immediate assistance and a bilingual staff or interpreter is unavailable (either from the Assisted Access program or through a county-wide contract with an interpreting vendor), an over the phone interpreter service is used as a last resort. (See Appendix 25 for the Procedure for making Over the Phone Interpreter calls for the Adult Access team.)

Employees working for the Division or one of the contract provider agencies all receive training and ongoing supervision about how to meet the client's linguistic capability whether through the use of bilingual staff or the use of an interpreter. In order to test the accessibility to services and responsiveness of the system, Division staff provide training to staff who answer the 24-hour phone line and later conduct test calls to all established Access entry points to the system. The test calls have been made to the Mental Health Treatment Center Crisis Unit and the Access Team. These test calls were made in all of the threshold languages for Sacramento County: Spanish, Hmong, Cantonese, Russian and Vietnamese. There were 81 test calls made in Fiscal Year 2017-2018.

Following the test calls, training and feedback was given to all providers in order to improve cultural competency in fielding business hour and after-hour calls. The Division has found an increasing comfort level on the part of staff to respond to Limited English Proficiency speakers with bilingual staff or the use of the AT & T Language Line, or more recently with Language Line Solutions. The Division continues its efforts to recruit bilingual staff at the entry points to the system.

In addition to training related to use of interpreters, training was provided to staff regarding making and answering TTY/TDD calls. The Deaf and Disabled Telecommunications Program (DDTP) is a public program mandated by the California State Legislature and administered by the California Public Utilities Commission (CPUC). The DDTP has two components: the California Relay Service (CRS), which includes Speech to Speech, and the California Telephone Access Program (CTAP) which provides assistive telecommunications equipment to eligible California residents. The mission of the program is to provide access to basic telephone service for Californians who have difficulty using the telephone. In addition to providing interpretation services, Sacramento County will pilot Video Remote Interpreting (VRI) technology to be used at the Mental Health Treatment Center Inpatient and Crisis Units for the deaf and hard of hearing.

Training was conducted by Field Operations Specialists from the California Telephone Access Program on seven occasions to staff of the Mental Health Treatment Center and the Access Teams. During the training, the Specialist provided an overview of CTAP so that staff would be informed about this free service and could discuss this with clients who may need assistive telecommunication equipment. Participants at these trainings received hands-on practice communicating with a TTY/TDD machine to another caller. Participants also received handouts on TTY/TDD etiquette. During FY 2017/18, the trainings for the Use of the TTY/TDD machine were held on 5/5/17 and 5/9/17 to train new staff who were recently hired.

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In addition to the test calls conducted in one of the threshold languages, calls were made to the TTY/TDD machine of the Access Team so that staff could maintain their skills on responding to callers on the TTY/TDD machine. During Fiscal Year 2017/18, 45 TTY/TDD test calls were made to the Access Team.

**B. Evidence that clients are informed in writing in their primary language, of their rights to language assistance services.**

During the initial session, staff provide a variety of documents to the consumer and explain them in detail with the consumer (See Appendix 27 for Acknowledgement of Receipt.) One of the documents is the “Guide to Mental Health Services (hereafter referred to as “Member Handbook” See Appendix 28).” The Member Handbook contains the following information:

- how a member is eligible for mental health services;
- how to access mental health services;
- who the service providers are;
- what services are available;
- what a member’s rights and responsibilities are;
- the Division’s Grievance and State Fair Hearing process;
- important phone numbers regarding the Division’s mental health service system

Member Handbooks are produced by the State DMH and are available in all of the threshold languages for Sacramento County. Staff clarify the contents of the Member Handbook to the client and explain that interpreter services are available at no charge to the member. In the event that a client speaks a language for which there is no version of the Member Handbook and there are no staff on site who can communicate with the individual in their preferred language, the staff will utilize an interpreter to explain the contents of the Member Handbook. The following is an excerpt from the Member Handbook:

*Interpreters for non-English speaking clients and telephone devices for the hearing impaired or deaf are available free of charge to the member. (Page 4 of Member Handbook)*

Although this information is in the Member Handbook, it is not currently posted. However in accordance with the Department of Health Care Services All Plan Letter 17-011, the Division will ensure that the following tagline is posted in all required languages within this current reporting period.

“ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-916-875-6069 (TTY: 1-916-876-8853).”

**C. Evidence that the county/agency accommodate persons who have LEP by using bilingual staff or interpreter services.**

It is the intent of the Division to employ bilingual staff at all mental health program sites. When this is not feasible, interpreters and/or interpreter services are utilized. Also found on page 4

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of the member handbook is the following excerpt:

*A list of providers including alternatives and options for cultural and linguistic services is available from the ACCESS Team at (888) 881-4881 in the person's language of preference.*

(Please see Appendix 29 for the list of providers and the cultural and linguistic services they provide.) This list is discussed with the client and is provided upon request. The language list is used by Access Team to assign clients to a particular provider when the client has special language or cultural accommodations.

**D. Share historical challenges on efforts made on the items A, B, and C above. Share lessons learned.**

The Division recognizes the importance of recruitment and retention of bilingual/bicultural staff as being the best way of engaging and retaining clients. Survey responses from LEP clients have indicated the importance of bilingual staff. Prior client satisfaction surveys have underscored that increased satisfaction was correlated with the presence of bilingual staff on site.

**E. Identify county technical assistance needs. (DMH is requesting counties identify language access technical assistance needs so that DMH may aggregate information and find solutions for small county technical assistance needs.)**

There is a continuing challenge to recruit and retain highly skilled bilingual/bicultural staff as they are in greater demand. Due to the limited number of highly skilled bilingual/bicultural staff in this region, the Division is faced with the challenge of competing with other agencies and institutions outside of the public mental health sector that can offer more competitive salaries. For example, salaries offered by hospitals, health plans, and the California Department of Corrections and Rehabilitation tend to be higher which results in stiff competition in urban areas like Sacramento County. In the past several years, another challenge has surfaced due to the budget deficit and the nature of civil service requirements. These conditions present special challenges to retaining bilingual/bicultural staff who have been hired more recently and are likely to be more responsive to other employment opportunities, thus impacting retention in the public mental health system.

**III. Provide bilingual staff and/or interpreters for the threshold languages at all points of contact.**

**Note:** The use of the language line is viewed as acceptable in the provision of services only when other options are unavailable. Counties should train their staff for the proper use of language lines but should seek other options such as training interpreters or training bilingual community members as interpreters.

**The county shall include the following in the CCPR Modification (2010):**

**A. Evidence of availability of interpreter (e.g. posters/bulletins) and/or bilingual staff for the languages spoken by community.**

Every attempt is made for all mental health services to be available in both threshold or non-threshold languages to the extent possible by on site bilingual staff. During the initial session, staff provide a variety of documents to the consumer and explain them in detail with the consumer. One of the documents is the Member Handbook. The following is an excerpt from page 4 of the Member Handbook:

*Interpreters for non-English speaking clients and telephone devices for the hearing impaired or deaf are available free of charge to the member.*

(Please see Appendix 29 for the list of providers and the cultural and linguistic services they provide.)

The Assisted Access Program is available to assist, link and provide interpreter services for all clients, regardless of whether they meet the threshold language criteria. For a more detailed description of the Assisted Access Program, please see Criterion 7, II A. 1 – 3.

The availability of interpreters for non-English speaking clients including the deaf are provided free of charge for all services. This is written on the promotional materials that the Division uses to inform the community about mental health services. (See Appendix 30 for a copy of the Division outreach brochure.)

In addition, for all major public planning meetings, the Division uses standard wording as follows to notify attendees that interpreters are available at no charge:

**If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Jay Ma one week prior to the event at (916) 875-4639 or [majay@saccounty.net](mailto:majay@saccounty.net).**

**B. Documented evidence that interpreter services are offered and provided to clients and the response to the offer is recorded.**

From the point at which staff begin providing mental health services to a client, they provide a copy of the Member Handbook to the client and explain the rights to which the client is entitled. One of the rights is access to an interpreter at no cost to the client. To further support these efforts, the following is in place for training and supervision of the mental health division workforce.

Staff receive Documentation training from the Division when they begin working for either a contracted mental health provider or a County operated clinic. During the training, staff are reminded that interpreter services are to be made available free of charge to the client. According to documentation standards in the Policy No. 10-30 "Progress Notes (Mental Health)" (See Appendix 32) staff should include the following information in the introductory Progress Note:

"The clinical introductory progress note is written at the first face to face contact, or



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very soon thereafter, providing an overview of the client and his/her mental health condition. A complete note includes, but is not limited to: the identity of the client, including age, ethnicity, and other significant demographic information, the referral source, presenting condition, including symptoms, behaviors, and level of functioning, need for services/medical necessity justification, client strengths, supports, and a plan for subsequent services. If a client indicates a primary language other than English, or a physical disability, the provider will offer an accommodation to provide culturally and linguistically competent services and note this in the clinical introductory progress note. If a client refuses such accommodation, this refusal will be documented in the clinical introductory progress note.”

Staff will document in the client’s chart what cultural services are available and shall record their response to the offer of an interpreter.

“Cultural and linguistic accommodations must be offered to the client and on behalf of the family/caregiver. This must be documented in every note when a language other than English is indicated. If the provider is trained and proficient in English and the target language then the progress note must specify the language spoken during the session. When an interpreter is necessary the progress note shall include the following: the language the session was conducted in, language services offered, the name of the interpreter, how interpretation was conducted. If a provider is using a client’s family member for interpretation document the emergency situation and circumstances where no other means of interpretation or communication was available. Should the client elect a family member as the interpreter there must be documentation of the clinical decision making informing that decision and documentation demonstrating efforts to offer an independent interpreter Sacramento County prohibits the use of children as interpreters under all circumstances. *See Cultural Competence & Ethnic Services Policy and Procedure “Procedure for Access to Interpreter Services for more information.”*

Staff will conduct follow up to their offer and document the results in the chart. These are standard processes that are reviewed as part of the Sacramento County Documentation Training curriculum. Documentation is also reviewed throughout the Utilization Review process, both internal at the agency and external by the Division. According to the Electronic Utilization Review/Quality Assurance Activities Policy QM-09-05 (See Appendix 34),

“It is the policy of the Sacramento County Mental Health Plan (MHP) to conduct reviews of mental health services authorized and provided by all contracted and county operated service providers. The MHP Quality Improvement Committee (QIC) charges the Electronic Utilization Review/Quality Assurance Committee (EUR/QAC) and affiliated working committees to complete these oversight, monitoring and quality assurance functions. Qualified staff and appropriate tools are to be utilized to review clinical necessity, quality, quantity and appropriateness of care provided in accordance with contractual and regulatory requirements. The EUR/QAC submits annual findings of reviews, trends and recommendations to the Quality Improvement Committee (QIC) whose chair, the Quality Management (QM) Manager for the MHP, maintains operational direction for Electronic Utilization Review/Quality Assurance (EUR/QAC) activities.

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The policy applies to provider and county operated programs, with responsibility for monitoring and quality assurance activities assigned within its organizational structure.”

The goal of the EUR/QAC process is to conduct retrospective electronic chart reviews that 1) monitor type and quality of service delivery within MHP established standards of care; 2) ensure adherence to documentation and authorization standards and requirements; and 3) verify and validate accurate, timely charting to support service claims.

As part of the EUR/QAC monthly process, a Utilization Review Tool (see Appendix 34) is used to review documentation standards.

**C. Evidence of providing contract or agency staff that are linguistically proficient in threshold languages during regular day operating hours.**

As stated in A above, every attempt is made for all mental health services to be available in both threshold or non-threshold languages to the extent possible by on site bilingual staff. All providers are encouraged to employ bilingual/bicultural staff who can provide services in the preferred language of the consumer. In cases where bilingual program staff are not available, staff enlist the services of interpreter staff from the Assisted Access Program. Assisted Access Program staff are available during regular day operating hours for interpreting throughout the system. Please see Criterion 7, II A. 1 – 3 for a more detailed description of the Assisted Access Program. If needed, staff may contact additional interpreting agencies to schedule a face to face interpreter.

**D. Evidence that counties have a process in place to ensure that interpreters are trained and monitored for language competence (e.g., formal testing).**

The Division has sponsored numerous interpreter trainings over the years, and has adopted the use of the Mental Health Interpreter Training (MHIT) to train interpreters. All interpreter staff were trained during the pilot of the MHIT in 2007 and we have been offering a session annually to train additional interpreters who have joined the workforce since the pilot and subsequent trainings. To date, 212 bilingual staff have completed the Mental Health Interpreter Training and 210 staff have attended the training intended for staff who utilize interpreters in mental health/behavioral health settings. Additionally, select staff from the Assisted Access program who have completed the forty-hour Health Interpreter Training and MHIT are available for consultation with agencies as the need arises.

Sacramento County utilizes a formal process for determining language proficiency of staff employed by the county who may function as an interpreter. While the County cannot test the proficiency of contract provider staff, we advise them to develop means for testing the language proficiency of staff. Some have set up their own testing by using in house resources while others have chosen to contract with outside agencies for language proficiency testing. During Fiscal Year 2016/17, the CC/ESM began networking with community partners to find an acceptable method of testing ASL proficiency of an employee working at one of the county

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operated programs. After extensive research, a viable testing mechanism was discovered and approved by Sacramento County Employment Services who usually arranges for language proficiency testing of county employees. Sacramento County utilized Gallaudet University in Fiscal Year 2017/18 to perform the ASL proficiency interview.

The Division uses a systematic method for collecting language proficiency of staff employed in a mental health setting in Sacramento County. This systematic data collection is conducted through the administration of the annual Human Resource Survey. The Human Resource Survey contains a section (See Appendix 03) that solicits information from provider agencies about language proficiency testing. The following is an excerpt from the Human Resource Survey:

Please state languages you are proficient in the space provided below.

1. Language: \_\_\_\_\_

Check all that apply

Speak

Read

Write

Did you take a formal test to determine Proficiency?

Yes

No

**IV. Provide services to all LEP clients not meeting the threshold language criteria who encounter the mental health system at all points of contact.**

**The county shall include the following in the CCPR Modification (2010):**

**A.Policies, procedures, and practices that include the capability to refer, and otherwise link, clients who do not meet the threshold language criteria (e.g., LEP clients) who encounter the mental health system at all key points of contact, to culturally and linguistically appropriate services.**

The process that the Division uses to provide services in the preferred language of the client is the same whether the client speaks a threshold language or another language. The Division compiles a database of the responses from the Human Resource Survey responses. From this database, a report is generated that lists all of the staff employed by a county operated or contract provider who are proficient in a language other than English. Many of the languages reflected are beyond the scope of the six threshold languages currently identified for Sacramento County. Access staff review the language list and consider the presence of bilingual staff when making referrals to providers if a client is LEP. The language proficiency of staff is also reported on a quarterly basis on provider staff rosters.

Many of the providers employ bilingual staff who speak a language outside of one of the threshold languages. In the instance where a bilingual staff is not available, providers will request an interpreter from the Assisted Access Program. For a more detailed description of the Assisted Access Program, please see Criterion 7, II A. 1 – 3. If an interpreter is not available through Assisted Access, then staff will request an interpreter from an interpreting agency. Only as a last result would staff use an over the phone interpreter to provide services.

**B. Provide a written plan for how clients who do not meet the threshold language criteria, are assisted to secure, or linked to culturally and linguistically appropriate services.**

The Division provides a streamlined access process for all individuals which begins at the initial contact with a client. The process that the Division uses to provide services in the preferred language of the client is the same whether the client speaks a threshold language or another language. As stated in III C above, every attempt is made for all mental health services to be available in threshold and non-threshold languages to the extent possible by on site bilingual staff.

Access Team staff use the provider list which contains information about languages spoken by staff when assigning individuals to providers for continued outpatient mental health services. In the event that on site bilingual staff are not available, staff enlist the services of interpreter staff from the Assisted Access Program, many of whom speak languages that do not meet the criteria to be considered a threshold language. Assisted Access Program staff are available during the hours of program operation for interpreting throughout the system. If needed, staff may contact additional interpreting agencies to schedule a face to face interpreter.

**C. Policies, procedures, and practices that comply with the following Title VI of the Civil Rights Act of 1964 (see page 27) requirements:**

- 1. Prohibiting the expectation that family members provide interpreter services;**
- 2. A client may choose to use a family member or friend as an interpreter after being informed of the availability of free interpreter services; and**
- 3. Minor children should not be used as interpreters.**

The Division has enacted policies that comply with the Title VI of the Civil Rights Act of 1964 and addresses interpretation services by family members (See Appendix 35 for Policy No. 01-03 Interpretation Services by Family Members and Appendix 50 for Policy No. 01-02 Procedure for Access to Interpreter Services). According to these policies, the use of family members as interpreters is prohibited except in rare or extenuating circumstances. The following is an excerpt from the policy 01-03:

*Family members can be used as interpreters only in the following situations:*

- 1. In emergencies where no other means of interpretation or communication are available.*
- 2. When a consumer specifically chooses not to use a MHP interpreter and elects to use a family member for interpretation services, a Release of Information form must be signed by the consumer before the family member may be used as an interpreter. (See attached release form). Continued offers to provide an independent interpreter must not be excluded by this initial decision. Clinical decisions must always inform these efforts and may involve utilizing both family and independent interpreter in specific circumstances.*

***The MHP prohibits the use of children as interpreters in any circumstance. In the event of emergency situations, providers are always responsible to access alternative interpreter services to ensure that children are not placed in a position to make this decision.***

The following is an excerpt from Policy 01-02: Procedure for Access to Interpreter Services:

- A. The Mental Health Plan and Alcohol and Drug Services generally prohibit the use of family members as interpreters except in rare or extenuating circumstances:
1. In emergencies where no other means of interpretation or communication are available.
  2. When a consumer specifically chooses not to use an interpreter provided by the MHP or Alcohol and Drug Services and elects to use a family member for interpretation services, a Release of Information form must be signed by the consumer before the family member may be used as an interpreter. (See attached release form). Continued offers to provide an independent interpreter must not be excluded by this initial decision. Clinical decisions must always inform these efforts and may involve utilizing both family and an independent interpreter in specific circumstances.

**The MHP and Alcohol and Drug Services prohibit the use of children as interpreters in any circumstance.** In the event of emergency situations, providers are always responsible to access alternative interpreter services to ensure that children are not placed in a position to make this decision.

**V. Required translated documents, forms, signage, and client informing materials**

**The county shall have the following available for review during the compliance visit:**

- A. Culturally and linguistically appropriate written information for threshold languages, including the following, at minimum:**
1. Member service handbook or brochure;
  2. General correspondence;
  3. Beneficiary problem, resolution, grievance, and fair hearing materials;
  4. Beneficiary satisfaction surveys;
  5. Informed Consent for Medication form;
  6. Confidentiality and Release of Information form;

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- 7. Service orientation for clients;**
- 8. Mental health education materials, and**
- 9. Evidence of appropriately distributed and utilized translated materials.**

All of the materials listed above will be available for review during the compliance visit.

**B. Documented evidence in the clinical chart, that clinical findings/reports are communicated in the clients' preferred language.**

Documented evidence in the clinical chart that clinical finding/reports are communicated in the client's preferred language will be available for review during the compliance visit.

**C. Consumer satisfaction survey translated in threshold languages, including a summary report of the results (e.g., back translation and culturally appropriate field testing).**

Copies of the Consumer satisfaction survey translated in threshold languages, including a summary report of the results will be available for review during the compliance visit.

**D. Report mechanisms for ensuring accuracy of translated materials in terms of both language and culture (e.g., back translation and culturally appropriate field testing).**

**E. Report mechanisms for ensuring translated materials are at an appropriate reading level (6th grade).**

This response applies to D and E:

Cultural Competence & Ethnic Services Documentation Translation Method and Process 01-03 (Appendix ensures that all Sacramento County Division of Behavioral Health Services (DBHS) programs and DBHS contract providers follow a standardized process for translating documents. The policy requires the following:

- i. All DBHS programs and DBHS contract providers shall utilize qualified translators or individuals who have passed a written language proficiency test to translate written materials.
- ii. If an individual who has not passed a written language proficiency test translates a document, then the completed document must be forwarded to the Division for review prior to use.
- iii. The translation should be done at a 5<sup>th</sup> grade reading level.
- iv. The forward and back method of translation shall be used for all documents requiring translation.

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- v. The layered review should be completed by a second and third translator reviewing the documents.
- vi. A review shall also be conducted with consumers/community members to ensure that the document is clear and meets the education level of the community.

Source: Department of Health Services and Managed Risk Medical Insurance Boards.

## CRITERION 8

### COUNTY MENTAL HEALTH SYSTEM

#### ADAPTATION OF SERVICES

**Rationale:** Organizations should ensure that clients/consumers receive from all staff members, effective, understandable, and respectful care, provided in a manner compatible with their cultural health beliefs and practices and preferred language (CLAS Final Report).

#### I. Client driven/operated recovery and wellness programs

The county shall include the following in the CCPR Modification (2010):

##### A. List client-driven/operated recovery and wellness programs and options for consumers that accommodate racially, ethnically, culturally, and linguistically specific diverse differences.

Consumer Self Help Center (CSHC) operates a Patients Rights' program as well as two Wellness and Recovery Centers (WRCs) strategically sited in South and North Sacramento. The following are excerpts from their website describing the two WRCs:

#### *Program Description North Center*

*Sacramento County Wellness & Recovery (WRC) multi-service community center promotes the wellness and recovery of participants by fostering meaningful activities and community involvement of their choice. The center is consumer directed and operated.*

*With the goal to reduce the adverse consequences of serious mental health problems, the WRC provides inclusive, voluntary consumer driven, holistic approaches, attentive to mental health and drug/alcohol disorders that are culturally responsive to the beliefs, traditions, values and languages of the individuals and families served.*

*The guiding principles of the WRC are directed by effective services and supports implemented through the development and expansion of values-driven, evidence-based and promising practices, policies, approaches, processes and treatments which are sensitive and responsive to the client's expressed culture and favorable outcomes.*

*Services are based on increasing resiliency, improving problem-solving, developing and/or maintaining positive and healthy relationships and creating opportunities to build or maintain a meaningful life in the community.*

*WRC has expanded services in both the North and South Centers, to include Flexible Supportive Rehousing and clinical services, including psychiatry and psychosocial rehabilitation for individuals who qualify. Groups and other wellness services are available Monday through Friday, from 9:00a to 9:00p and Saturdays from 9:00a to 5:00p. Both WRC locations are closed on Sundays.*

#### *Program Description South Center*



*The center offers daytime group activities, outreach, self help, peer counseling and peer advocacy. The center is an active place and on any given day, the premises are busy with consumers socializing, participating in groups, and exercising their right to be a part of a community which values their presence and individuality. Attendance is voluntary and free of charge. Program participants are referred to as members and this concept of membership is extended to all aspects of the running of the program. Members help plan Center activities and groups as well as serve on hiring committees and serve on the Board of Directors. It is the membership which contributes to the ongoing effectiveness of the program.*

*Along with daily activities, the program offers a point of daily contact for those individuals who are often isolated. Continued attendance and involvement allow these sometime vulnerable individuals the opportunity to become part of a viable community, to have a voice and to have a place to belong.*

***Shower Facilities, Laundry Facilities, Peer Support, Recreational Activities, and Social Activities are available at both North and South WRCs***

The two programs were designed to meet the needs of the communities that they serve. The program descriptions reflect this tailoring of services to the community.

Both of the WRCs are designed for inclusion of multicultural consumers. They provide alternatives and options within the programs to accommodate the preferences of racially, ethnically, culturally and linguistically diverse consumers. The differences in program description and calendar of events reflect these options. (See Appendix 36 for the calendar of events for each of the WRCs.)

The Consumer-Operated Warmline and the Peer Partner Program, administered by Mental Health America of Northern California (NorCal MHA) are examples of client driven/operated recovery and wellness programs. The Consumer Operated Warmline is open to all, age 18+, including consumers, family members and friends and provides non-crisis phone support for mental health issues including, coaching, supportive listening, mentoring, skill building, social networking and information and referral for community resources, therapists and self-help groups. The phone employees and volunteers are all living in recovery from mental illness. Other services include the WRAP workshop (Wellness Recovery Action Plan), community outreach, community connection, prevention and early intervention and community education training about mental health issues and volunteer development.

The Peer Partner Program provides peer support services to adults and older adults, from diverse backgrounds, linked to the APSS clinic. Peer Partners (consumers and family members) are integrated staff members of the APSS multidisciplinary team and provide peer-led services that support APSS participants and their families in their recovery process. These efforts are accomplished through a variety of interventions, including informing clients about recovery and services, advocating, connecting to resources, experiential sharing, relationship building, socialization/self-esteem building, group facilitation and assisting consumers with overcoming barriers to seeking services due to racial, ethnic, cultural or language barriers, which are key strategies contributing to successful outcomes.

## II. Responsiveness of mental health services

The county shall include the following in the CCPR Modification (2010):

- A. Documented evidence that the county/contractor has available, as appropriate, alternatives and options that accommodate individual preference, or cultural and linguistic preferences, demonstrated by the provision of culture-specific programs, provided by the county/contractor and/or referral to community-based, culturally-appropriate, non-traditional mental health provider.**

**(Counties may develop a listing of available alternatives and options of cultural/linguistic services that shall be provided to clients upon request. The county may also include evidence that it is making efforts to include additional culture-specific community providers and services in the range of programs offered by the county).**

At the start of service with a provider, a client receives various documents and signs a Acknowledgement of Receipt form (see Appendix 27). Two of the documents that a client receives are the Sacramento County MHP – “Guide to Medi-Cal Mental Health Services,” otherwise referred to as the Member Handbook, and the Sacramento County MHP Provider list (See Appendix 29). Consumers are entitled to culture-specific services. Additionally, consumers may have special service needs that should be addressed. Requests for special services are noted by the Access Team staff member. The MHP provides an opportunity to change persons providing the specialty mental health services, including the right to use culture-specific providers within available resources.

One example of a culture-specific provider is the Transcultural Wellness Center (TWC) operated by Asian Pacific Community Counseling Center.

*TWC is designed to address the mental health needs of the Asian/Pacific Islander (API) communities in Sacramento County. [One of the few ethnic specific, MHSA Full Service Partnership funded in the state], it provides a full range of services with interventions and treatment that take into account cultural and religious beliefs and values; traditional and natural healing practices; and ceremonies recognized by the API communities (from the Mental Health Services Act Fiscal Year 2017-18, 2018-19, 2019-20 Annual Update to the Three-Year Program and Expenditure Plan – Executive Summary – See Appendix 38)*

Another example is Transition Age Youth (TAY) FSP program, which was implemented in late 2017. The TAY FSP program serves youth between the ages of 16-25 who are unserved, underserved and/or inappropriately served. Services are designed to be culturally and linguistically competent with sensitivity to and affirmation of gender identity, gender expression and sexual orientation. Services are individualized based on age, development and culture. The program provides core FSP services and flexible supports to TAY that are homeless or at risk of homelessness, aging out of the child mental health system, involved in or aging out of the child welfare and/or foster care system, involved in or aging out of the juvenile/criminal justice system, at risk of involuntary psychiatric hospitalization, experiencing a first episode of a serious mental illness and/or other at risk population. The TAY FSP program includes outreach, engagement, retention and

transition strategies with an emphasis in independent living and life skills, mentorship and services that are youth and family driven.

**B. Evidence that the county informs clients of the availability of the above listing in their member services brochure. If it is not already in the member services brochure, the county will include it in their next printing or within one year of the submission of their CCPR.**

The Division notifies clients of the availability of alternatives and options that accommodate individual preference, or cultural and linguistic preference. As referenced in the Member Handbook on page 4,

*A list of providers including alternatives and options for cultural and linguistic services is available from the ACCESS Teams at (888) 881-4881 in the person's language of preference.*

The Division has been developing cultural and ethnic-specific services through the Prevention and Early Intervention component of the MHSA. Supporting Community Connections is part of the Suicide Prevention Project for Sacramento County and the focus is on partnering with cultural and ethnic specific community based agencies to provide culturally and linguistically competent prevention services to seven diverse communities at higher risk of suicide in Sacramento County: Native American, African American, Latino, Slavic, Cantonese/Vietnamese/Hmong, youth/TAY at high risk for suicide including foster youth, LGBTQ and homeless youth, older adults. As these are preventative in nature, they are not listed on the provider list referenced above. For further description of this project please refer to the Mental Health Services Act Fiscal Year 2017-18, 2018-19, 2019-20 Annual Update to the Three-Year Program and Expenditure Plan (Appendix 38) to read about the impact these programs have made in the diverse communities they serve.

**C. Counties have policies, procedures, and practices to inform all Medi-Cal beneficiaries of available services under consolidation of specialty mental health services.**

(Counties may include **a.**) Evidence of community information and education plans or policies that enable Medi-Cal beneficiaries to access specialty mental health services; or **b.**) Evidence of outreach for informing under-served populations of the availability of cultural and linguistic services and programs (e.g., number of community presentations and/or forums used to disseminate information about specialty mental health services, etc.)

To inform Medi-Cal beneficiaries as well as other members of the community, the Division conducts community outreach through the System-wide Community Outreach and Engagement Committee to diverse cultural, racial, ethnic and linguistic communities that have experienced disparities due to low penetration, utilization and/or retention rates. The System-wide Community Outreach and Engagement Committee provides written information to community members that explain the process of how to obtain mental health services through the public mental health

system. (See Appendix 30 for the translated copies of the Division outreach flyer.) Bilingual/bicultural staff work at the outreach events and help facilitate access for community members in attendance by communicating this process to them using a culturally and linguistically appropriate engagement style. (See Appendix 02 for the log of outreach activities conducted to cultural, racial, ethnic and linguistic communities.)

**D. Evidence that the county has assessed factors and developed plans to facilitate the ease with which culturally and linguistically diverse populations can obtain services. Such factors should include:**

- 1. Location, transportation, hours of operation, or other relevant areas;**
- 2. Adapting physical facilities to be accessible to disabled persons, while being comfortable and inviting to persons of diverse cultural backgrounds (e.g., posters, magazines, décor, signs); and**
- 3. Locating facilities in settings that are non-threatening and reduce stigma, including co-location of services and /or partnerships, such as primary care and in community settings. (The county may include evidence of a study or analysis of the above factors, or evidence that the county program is adjusted based upon the findings of their study or analysis.)**

Data on service providers and service delivery sites is monitored and analyzed to ensure that the MHP maintains geographic distribution of service delivery sites across the County to ensure appropriate access to services. Service providers working in multiple community settings in addition to their geographically listed provider sites provide the majority of services within the Sacramento County MHP service delivery system. Therefore, any movement of a physical service site continues to be balanced with field based service delivery. The MHP Provider directories include languages spoken by direct services staff, specialties and how to access services if accommodations are needed.

In response to changing need in Sacramento County, a community-wide needs assessment was conducted in the early 2000s to determine current and future need for social service facilities. Multiple factors were considered including changing demographics (increase in diverse communities, income levels, shifting population centers, etc), population projections, current and projected utilization rates, and transportation considerations. The needs assessment documented the service needs of Sacramento County's diverse communities and provided a number of recommendations to better serve all residents of Sacramento County. The recommendations included the following:

- Promote the decentralization of County services where feasible as a means to improve accessibility and service delivery;
- Promote co-location of services for the convenience, ease of case access, effectiveness and efficiency of services for consumers;
- Promote exploration of innovative ways to increase accessibility to services.

The needs assessment resulted in a comprehensive countywide plan for siting human service facilities including social services, health, and mental health that was crafted with

long-range planning in mind. The plan included a framework that guided the location of county or county contracted direct service facilities and led to the establishment of multi-service agencies strategically located in high need areas throughout the county; co-location of existing services and numerous innovative community/home based programs. These programs have been very successful in increasing access for culturally and linguistically diverse populations.

While the services were well received by consumers, members of the larger community expressed concerns about siting programs throughout the community. Representatives from various neighborhoods, business groups, providers, consumers, consumer representatives, family members, and Sacramento City and County representatives came together in a community-wide process that ultimately led to recommendations of policies and guidelines for siting service facilities. The recommended policies and guidelines were adopted in 2001.

The Sacramento County Mental Health community was actively involved in the human services siting project from analysis of the needs assessment and implementation of the siting plan, to the adoption of the Good Neighbor Policy. The needs assessment analysis supported the regional distribution of mental health service sites. Mental health programs are strategically located throughout the county including schools, apartment complexes, multi-service centers, co-located programs, churches and full service and specialized mental health facilities. These programs/agencies employ culturally and linguistically competent staff that provides services for diverse communities. Additionally, numerous mental health programs are home based including an innovative partnership that provides comprehensive health services, mental health services, parent education and support for expectant and new families throughout the county. Geo mapping techniques were used to site facilities in four geographic regions throughout the county and allowed for expansion of services as necessary.

A recent partnership includes an integrated behavioral health/primary health program at the Primary Health Center where a team provides health/behavioral health services to the highly diverse population that receives services at that facility.

In an ongoing effort to increase access and improve the quality of outpatient mental health services, in October 2018, Sacramento County released a Request for Application with the intent of redesigning the existing Children's Outpatient Specialty Mental Health Services by combining traditional Outpatient and Flexible Integrated Treatment (FIT) service delivery models. Through the redesigned services, the County now requires that outpatient mental health service sites be geographically distributed throughout Sacramento County in alignment with school district boundaries. This approach geographically defines service areas and leverages educational settings as natural partners in the prevention and treatment of mental health issues among children and youth. The redesign will balance the geographic distribution of outpatient mental health services throughout the Sacramento County area assuring that services are delivered in the areas of greatest need, in the most efficient and effective manner.

Access to public transportation lines is also a program requirement, addressing the need for service locations being sited that allow all participants maximum use of Regional Transit Bus and Light Rail routes. Additionally, some programs are required to hire staff that can provide transportation to and from appointments if transportation is a barrier. A number of

programs have vans that allow for transportation of consumers to the program and program activities off-site. Childcare is also provided in some programs.

### **III. Quality Assurance**

**Requirement:** A description of current or planned processes to assess the quality of care provided for all consumers under the consolidation of specialty mental health services. The focus is on the added or unique measures that shall be used or planned in order to accurately determine the outcome of services to consumers from diverse cultures including, but not limited to, the following:

**The county shall include the following in the CCPR Modification (2010):**

**A. Grievances and Complaints: Provide a description of how the county mental health process for Medi-Cal and non-Medi-Cal client Grievance and Complaint/Issues Resolution Process data is analyzed and any comparison rates between the general beneficiary population and ethnic beneficiaries**

The Quality Management unit operates the Member Services/Problem Resolution component for the Division. While all of the mental health contract providers are required to have their own internal client grievance process, clients also have the right to express their grievance with the County through the Problem Resolution line (See page ii of the Member Handbook in Appendix 28). In FY 2017-2018 Quality Management updated the categories and definitions to be in-line with State reporting requirements. At this time, the database was updated to track grievances and other client concerns by race/ethnicity. During the FY 2017-2018 consumers identifying as White had the highest percentage of grievances/change of provider requests (47.72%), followed by consumers identifying their race/ethnicity as Black (29.9%). The third largest population were those identifying their race/ethnicity as Spanish/Hispanic (6.61%), and all other racial/ethnic groups reported grievances in lower percentages. This breakdown is similar within each type of grievance reported and are proportionate to the racial breakdown of beneficiaries served by the MHP; where beneficiaries reporting White, Black, and Spanish/Hispanic represent the largest racial groups served by the MHP. As this data was not captured prior to FY 2017-2018, there is no annual comparison data to report.

Sacramento County Division of Behavioral Health Services  
Cultural Competence Plan Update - 2018

Appendix Number	Appendix Name
02	<a href="#"><u>Outreach Tracking Tool/Outreach Log</u></a>
03	<a href="#"><u>Human Resource Survey</u></a>
10	<a href="#"><u>Cultural Competence - Organizational Chart</u></a>
11	<a href="#"><u>Combined Cultural Competence /System-wide Committee Roster</u></a>
12	<a href="#"><u>Quality Improvement Committee Agenda</u></a>
13	<a href="#"><u>Management Team Agenda</u></a>
15	<a href="#"><u>Cultural Competence Committee meeting notes, April 2018</u></a>
16	<a href="#"><u>Training Log</u></a>
17	<a href="#"><u>CBMCS and Mental Health Interpreter Training Reports</u></a>
21	<a href="#"><u>Consumer Speaks Flyer 2018</u></a>
25	<a href="#"><u>Procedure for Over the Phone Interpreter Calls</u></a>
27	<a href="#"><u>Acknowledgement of Receipt</u></a>
28	<a href="#"><u>Member Handbook - All Languages</u></a>
29	<a href="#"><u>Mental Health Plan Medi-Cal Provider List</u></a>
30	<a href="#"><u>Mental Health Division Outreach Flyer - All Languages</u></a>
32	<a href="#"><u>Progress Notes (Mental Health)</u></a>
34	<a href="#"><u>Electronic Utilization Review/Quality Assurance Activities Policy QM-09-05</u></a>
35	<a href="#"><u>Interpretation Services by Family Members</u></a>
36	<a href="#"><u>Wellness Recovery Centers Schedules</u></a>
38	<a href="#"><u>Mental Health Services Act Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan</u></a>
43	<a href="#"><u>Assurance of Cultural Competence Compliance</u></a>
50	<a href="#"><u>Procedure for Access to Interpreter Services</u></a>
51	<a href="#"><u>Child and Family Mental Health Continuum</u></a>
52	<a href="#"><u>Adult Mental Health Service Continuum</u></a>
53	<a href="#"><u>Document Translation Method and Process</u></a>

This list includes appendices that have been added or updated since the 2010 Cultural Competence Plan Update. To view the appendices not listed here, please refer to the 2010 Cultural Competence Plan Update.

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## SUPPORTING COMMUNITY CONNECTIONS OUTREACH EVENT

<b>Programs (Check only one program)</b>			
<input type="checkbox"/> African American	<input type="checkbox"/> Consumer Warmline	<input type="checkbox"/> Iu-Mien	<input type="checkbox"/> Spanish speaking/Latino
<input type="checkbox"/> Cantonese /Vietnamese /Hmong	<input type="checkbox"/> Native American	<input type="checkbox"/> Russian speaking/Slavic	<input type="checkbox"/> Older Adults <input type="checkbox"/> Youth/TAY

Outreach Event:			
Description of Event:			
Targeted Population:		Date of Event:	
Number of Program Staff at Event:		Staff Names:	
Start Time:	End Time:	Number of Attendees:	
Total Minutes spent at event ( <i>Include travel time</i> ):		Number of Contacts:	

Outreach Event:			
Description of Event:			
Targeted Population:		Date of Event:	
Number of Program Staff at Event:		Staff Names:	
Start Time:	End Time:	Number of Attendees:	
Total Minutes spent at event ( <i>Include travel time</i> ):		Number of Contacts:	

Outreach Event:			
Description of Event:			
Targeted Population:		Date of Event:	
Number of Program Staff at Event:		Staff Names:	
Start Time:	End Time:	Number of Attendees:	
Total Minutes spent at event ( <i>Include travel time</i> ):		Number of Contacts:	

Outreach Event:			
Description of Event:			
Targeted Population:		Date of Event:	
Number of Program Staff at Event:		Staff Names:	
Start Time:	End Time:	Number of Attendees:	
Total Minutes spent at event ( <i>Include travel time</i> ):		Number of Contacts:	

### Instructions for use of the Outreach Event Form

The form is used to track and report all community outreach events pursuant to Research, Evaluation and Performance Outcome Unit Policy and Procedures, No. 02-02 (Outreach Documentation ) and No. 02-03 (Service Reporting).

Up to four (4) events can be recorded on the form. A separate table should be completed for each event.

Completed forms should be sent to the Research, Evaluation, and Performance Outcome unit on a monthly basis (7001A East Parkway, Ste 300, Sac, CA 95823). Exception: The System-Wide Outreach Committee will complete the form during the monthly committee meeting and submit the form to the Research, Evaluation, and Performance Outcome unit following the meeting.

Field	Explanation
Programs	- Check the box of the program for which outreach was completed. The “System Outreach-County” box is checked when the outreach has been coordinated by the System-Wide Outreach Committee. Individual programs DO NOT report outreach coordinated by the System-Wide Outreach Committee under their program name. The Committee will report these outreach activities. Check only one box.
Outreach Presentation/Event	- Provide the name of the Outreach Presentation/Event (ex: Festival de la Familia, Pacific Rim Festival)
Description of Presentation/Event	- Provide a brief description of the presentation/event, including the targeted population (ex: Mental health, health and safety outreach to Slavic community)
Date of Presentation/Event	- Enter the date of the presentation/event.
Number of program staff at presentation/event	- Enter the number of program staff that worked at the presentation/event.
Staff Names	- Enter the name of each staff that worked at the presentation/event.
Purpose of presentation/event	- Check the box that best identifies the purpose of the presentation/event. - Education - Decrease Stigma - Outreach to enroll in services - Workforce Development - Other: If other is checked, please provide details in the space provided.
Start Time	- Enter the time the presentation/event started.
End Time	- Enter the time the presentation/event ended.
Total Minutes spent at event	- Enter the total time, in minutes spent at the event, including travel time to and from the event.
Number of Attendees	- Enter the estimated total number of individuals that attended the presentation/event (ex. Approximately 20,000 individuals attended the Pacific Rim Festival)
Number of Contacts	- Enter the estimated number of individuals that had direct contact with outreach personnel (ex. Approximately 100 individuals visited the booth at the job fair).

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Peer Empowerment Conference - DBHS	Community outreach event to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on youths, families, and adults from culturally and linguistically diverse communities.	200	6/29/2018
Vet Stand Down - DBHS	Outreach event for homeless vets: discussed behavioral health options and provided linkage to other community resources, including employment and housing.	50	6/26/2018
Other Side of Cannabis - Omni Youth Programs	Chris Serra tabled a booth with program info, interactive activities for teens and parents to foster dialog on mental health and substance abuse issues. Also distributed resources to improve access to services and support, focusing on youths and families from culturally diverse communities in Sacramento County	21	6/23/2018
Sacramento Conservation Corps to TAY Youth	Provided Alcohol & Drug Information & Resources to TAY high risk youths who worked at Sacramento Conservation Corp in collaboration with Samuel Merritt Nursing Dept.	80	6/22/2018
Community Job Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on ethnically and linguistically diverse populations in Sacramento County.	100	6/21/2018
Behavioral Health Action Castale Capitol	Participated at Behavioral Health Action Coalition/Launch Movement and distributed resources to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention.	100	6/19/2018
River's Edge Church	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on culturally diverse communities in Sacramento County.	7	6/18/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
ASAP Town Hall-Swanston Ctr. - Omni Youth Programs	Tabled a booth to distribute Omni Youth services to parents and teens, promoted our new "The Other Side of Cannabis" series, setup "In Pain Sight" activity, & Shari served on the panelist for Q&A. Discussed mental health and substance abuse issues, and distributed resources to improved access to services and support, focusing on individuals from culturally and linguistically diverse communities	41	6/11/2018
PRIDE parade- DBHS	Distributed behavioral health resource information at PRIDE Parade to improve access, knowledge and awareness of available services, focusing on LGBTQ youths and adults as well as individuals from other culturally diverse communities.	15000	6/10/2018
HELPS - Southeast Asian Assistance Center	Tabled at HELPS fair to give out information about mental health services, focusing on ethnically and linguistically diverse populations in Sacramento County.	500	6/9/2018
River's Edge Church	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on culturally diverse communities in Sacramento County	7	6/8/2018
Slavic Kids/Teens Camp - Slavic Assistance Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Russian speaking youths and their parents.	160	6/8/2018
Community Engagement Academy - Omni Youth Programs	Engaged with parents, teens and other community members to promote Omni Youth Programs and the new cannabis activities/ presentations that are available. Also distributed resources to improve access to services and support, focusing on youths and families from culturally diverse communities in Sacramento County	48	6/7/2018
Youth Coalition Committee Meeting - NorCal MHA	Continue to discuss substance abuse issues and explored Marijuana prevention strategies in schools and on social media. Also celebrated the results of the Marijuana prevention. Discussed behavioral health options in the community to improve access to services and support, focusing on youth and Transition Aged Youth.	40	6/6/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Ark Amstead "Family Health Fair"	Participated at Community Wellness Fair to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on low income and other ethnically and linguistically diverse families in Sacramento County.	250	6/2/2018
"New Hope" Slavic Church - Slavic Assistance Center	Provided Information about Depression to increase awareness and understanding of mental health conditions and suicide awareness/prevention, focusing on Russian speaking community.	128	6/2/2018
Revere Court Memory Care	Distributed resources to increase awareness and understanding of behavioral health conditions, focusing on older adults.	12	6/1/2018
Folsom Cordova Partnership - Omni Youth Programs	Meeting with community members, service providers to help create a enriched environment for teens and family members. Distributed resources to improve awareness and access to behavioral health services, focusing on individuals from ethnically and linguistically diverse community in Sacramento County.	20	5/30/2018
Ella K. Library	Provided information to increase suicide awareness/prevention and discussed how to access behavioral health services, focusing on ethnically and linguistically diverse populations in Sacramento County.	8	5/30/2018
Peet's Coffee	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on culturally diverse communities in Sacramento County	10	5/30/2018
John Still	Participated in Latino Heritage Event and distributed information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention and discussed how to access behavioral health services, focusing on Spanish speaking community.	50	5/30/2018
Rancho Cordova Senior Center	Participated in Rancho Cordova Senior Center Support Group to discuss mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on older adults	10	5/30/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Waldorf = Other Side of Cannabis speaker series - Omni Youth Programs	Shari presented "The Other Side of Cannabis" and was on the panel for Q&A. Chris Serra tabled a booth with program info, interactive activities for teens and parents to foster dialog on mental health and substance abuse issues. Also distributed resources to improve access to services and support, focusing on youths and families from culturally diverse communities in Sacramento County.	45	5/29/2018
Hmong Mental Health Forum - Southeast Asian Assistance Center	Hosted Mental Health Forum event and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on hmong speaking youths and families.	110	5/29/2018
Slavic International Kids Festival- Slavic Assistance Center	Participated in Slavic International Kids Festival and distributed resources to increase awareness and understanding of behavioral health conditions, focusing on Russian speaking community	7000	5/26/2018
Library (Ella K Library)	Provided information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adult community	15	5/25/2018
Peets Coffee	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services in the community, focusing on Older Adult	15	5/25/2018
ASAP Town Hall - Omni Youth Programs	Tabled a booth to distribute Omni Youth services to parents and teens, promoted our new "The Other Side of Cannabis" series, setup "In Pain Sight" activity. Discussed mental health and substance abuse issues, and distributed resources to improved access to services and support, focusing on individuals from culturally and linguistically diverse communities	27	5/24/2018
Success Make It Happens Event	Participated in Success Make it Happens Health Fair and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Spanish speaking communities	800	5/24/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Cultural Fair/Open House- Slavic Assistance Center	Attended Slavic Cultural Fair and Distributed resources to improve access, knowledge and awareness of behavioral health services, focusing on Older Adult community, focusing on Russian speaking community.	7000	5/24/2018
Waldorf = Other Side of Cannabis speaker series - Omni Youth Programs	Shari presented "The Other Side of Cannabis" and was on the panel for Q&A. Chris Serra tabled a booth with program info, interactive activities for teens and parents to foster dialog on mental health and substance abuse issues. Also distributed resources to improve access to services and support, focusing on youths and families from culturally diverse communities in Sacramento County.	43	5/23/2018
19th Annual Iu-Mien Student Conference	Participated in Annual Iu-Mien Student conference to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on Iu-mien students and TAY.	158	5/23/2018
Mental Health Matters Day - SNAHC	Distributed resource information at Mental Health Matters Day event to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Native American communities.	400	5/23/2018
APS presentation	Provided information and resources to improve access, knowledge and awareness about behavioral health services.	20+	5/23/2018
Methodist Love Church - ACT ONE - A/A - Faith Based Outreach	Outreach to African American Faith Based Community Members on Addiction, Prevention, Resources, Treatment in Sacramento to improve access to needed services.	50	5/19/2018
Yormarka 2018 - - Slavic Assistance Center	Participated in Community Event and Distributed resources to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Russian speaking community.	1200	5/19/2018
Sacramento ActNOW Health Conference - DBHS	Outreach event to increase awareness and understanding of mental health conditions and improve access to available services, focusing on African American community.	60	5/19/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mexican Consulate	Participated in Ventanilla de salud Health Fair and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities	200	5/14/2018
Arden Way Apartments	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services in the community, focusing on Older Adult	10	5/14/2018
16th Slavic Safety Health & Job Fair - - Slavic Assistance Center	Hosted annual Slavic Safety Health & Job fair Community Event and distributed resources to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Russian speaking community	150	5/12/2018
Rancho Cordova Slavic Church- Slavic Assistance Center	Provided information to increase awareness and understanding of mental health conditions and improve access to available services, focusing on Russian speaking community	45	5/12/2018
Senior Center	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on older adults	10	5/11/2018
Support Services	Discussed mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on culturally diverse communities in Sacramento County.	7	5/11/2018
Meals on Wheels	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services in the community, focusing on Older Adult	9	5/11/2018
John Still	Attended Health Educational event at John Still and distributed resources to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention and discussed how to access behavioral health services, focusing on Spanish speaking communities.	80	5/9/2018



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mexican Consulate	Participated in Health Fair at Mexican Consulate and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Spanish speaking communities	150	5/7/2018
9 <sup>th</sup> Annual NAMI walk - DBHS	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on culturally diverse communities in Sacramento County.	2000	5/5/2018
CSUS Class Presentation - Omni Youth Programs	Conducted presentation to educate students about mental health and substance abuse. Also distributed resources to improve awareness and access to behavioral health services, focusing on TAY students from ethnically and linguistically diverse community in Sacramento County.	40	5/3/2018
CSUS Class Presentation - Omni Youth Programs	Conducted presentation to educate students about mental health and substance abuse. Also distributed resources to improve awareness and access to behavioral health services, focusing on TAY students from ethnically and linguistically diverse community in Sacramento County.	40	5/2/2018
Slavic Youth Minister Meeting- Slavic Assistance Center	Attended Slavic Youth Meeting to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Russian speaking youths and TAY	78	5/2/2018
Youth Coalition Committee Meeting - NorCal MHA	Continue to discuss substance abuse issues and explored Marijuana prevention strategies in schools and on social media. Also discussed behavioral health options in the community to improve access to services and support, focusing on youth and Transition Aged Youth.	40	5/2/2018
Sacramento State Hmong 6th Annual Community Health and W	Participated in Sac State Annual Community Health Fair event to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on youths and families from Hmong and Mien communities.	160	4/29/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Dia del Nino	Participated in Health & resources fair and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Spanish speaking communities.	450	4/28/2018
Pacific Loast Slavic Baptist Association- Slavic Assistance Center	Facilitated workshop for Sunday School Leaders and provided resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	95	4/28/2018
29 <sup>th</sup> Annual Kids Day in the Park - DBHS	Participated in Kids Day in the Park outreach event to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on youths and families from cuturally and linguistically diverse communities.	5000	4/28/2018
Sacramento State APIA Fest Day 2018 - DBHS	Provided resources and MH educational materials at Sacramento State APIA Fest Day event and to improve access, knowledge and awareness about behavioral health services, focusing on TAY and APIA college students and other ethnically and linguistically diverse populations in Sacramento County.	150	4/25/2018
23rd Annual Multicultural Education Conference	Participated in 23rd Annual Multicultural Education Conference event to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on individuals from ethnically and linguistically diverse populations in Sacramento County.	300	4/21/2018
Forum Side by Side- Slavic Assistance Center	Provided presentation to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Russian speaking community.	31	4/21/2018
Sheriff outreach via Homeless Outreach Team event - DBHS	Distributed information and resources to improve access, knowledge and awareness about behavioral health services focusing on individuals experiencing homelessness or at risk of homelessness.	100+ homeless	4/21/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento Native American Health Center	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Native American communities.	12	4/20/2018
WEAVE	Outreach event to discuss mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on women from culturally diverse communities in Sacramento County	7	4/20/2018
Slavic Baptist Church Leadership- Slavic Assistance Center	Provided presentation to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Russian speaking community members.	116	4/20/2018
Sacramento City College Health Fair	Outreach for College TAY community and adults at Los Rios Annual Health Fair to increase access and awareness of BH services. Information on BHS including: Mental health and Alcohol and Drug Services in the community for treatment, intervention and prevention.	200	4/19/2018
APCC/SCC Power point presentation	Conducted presentation to educate members about mental health conditions and improve their knowledge about suicide awareness/prevention, focusing on individual from APIA communities.	45	4/19/2018
Black Child Legacy Campaign: Giving Love to Our Rising Youth	Participated in Black Child Legacy Campaign Outreach event to increase awareness and understanding of mental health conditions and improve access to available services, focusing on African American community.	300	4/19/2018
UC Davis Pow Wow - SNAHC	Distributed resource information at UC Davis Pow Wow to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Native American communities.	300	4/14/2018
Out of the Darkness	Participated in Out of the Darkness Walk Resource Fair and distributed resources to improve access, knowledge and awareness of behavioral health services, focusing on students and TAY from ethnically and linguistically diverse populations in Sacramento County.	1000	4/12/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Hiram Johnson High School Health Fair - DBHS	Distributed information and resources to improve access, knowledge and awareness of behavioral health issues, focusing on highschool students from underserved culturally diverse communities.	1,200	4/10/2018
Drug Awareness Forum - Omni Youth Programs	Chris Serra tabled a booth at the event to promote Omni programs and resources to teens and parents present from the community. Also distributed information to improve access to services and support, focusing on youths and families from culturally diverse communities in Sacramento County	40	4/9/2018
Valley High 12th Annual Health and Fitness Expo - DBHS	Distributed information and resources to improve access, knowledge and awareness of behavioral health issues, focusing on highschool students and other underserved culturally diverse communities.	1,000	4/6/2018
Youth Coalition Committee Meeting	Continue to discuss substance abuse issues and explored Marijuana prevention strategies in schools and on social media. Also discussed behavioral health options in the community to improve access to services and support, focusing on youth and Transition Aged Youth.	30	4/4/2018
Ventanilla de Salud	Participated in Ventanilla de salud (Health Fair) and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities	120	4/2/2018
Community Network Breakfast - DBHS	Attended networking event and distributed resources to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	150	3/28/2018
Maple Neighborhood Center - La Familia Counseling Center	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on LatinX and Spanish speaking communities.	15	3/27/2018
Senior Community Service Employment Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services in the community, focusing on Older Adult	100	3/23/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Baptist Church 2nd - Slavic Assistance Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	50	3/23/2018
COA School SITE Council Meeting	Attended meeting and shared resources to improve access, knowledge and awareness of behavioral health services for diverse multi-cultural and unserved and underserved communities in Sac County.	15	3/20/2018
School District Network Group	Provided information and resources to improve access, knowledge and awareness about behavioral health services focusing on youths and families at risk for homelessness	20	3/20/2018
Presentation new building for future M.S.	Provided presentation to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Russian speaking youths and parents.	550	3/19/2018
Multipurpose Senior Services Program	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on older adults	5	3/14/2018
Older Adult Coalition	Attended Older Adult Coalition Meeting and shared behavioral health information and resources to improve access, knowledge and awareness about available services in the community, focusing on Older Adult	20	3/13/2018
JJS Hello Foundation Suicide Walk	Participated in Suicide Awareness and Prevention Walk to foster dialog on mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on youths from culturally diverse communities in Sacramento County	40	3/11/2018
Sacramento Chapter of the National Coalition of 100 Black Women: Living a Healthy Lifestyle - DBHS	Outreach event at National Coalition of 100 Black Women to increase awareness and understanding of mental health conditions and improve access to available services, focusing on African American girls and women.	50	3/10/2018
Inter Rades/Ibrat TV program - Slavic Assistance Center	Participated in an Interview on " Hope for the Future." Also Discussed resources to improve knowledge and access to behavioral health services in the community, focusing on Russian Speaking community.	15000	3/9/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Youth Coalition Committee Meeting - NorCal MHA	Continue to discuss substance abuse issues and explored Marijuana prevention strategies in schools and on social media. Also discussed behavioral health options in the community to improve access to services and support, focusing on youth and Transition Aged Youth.	30	3/7/2018
Ventamille de Salud	Participated in Ventanilla de salud (Health Fair) and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities	300	3/5/2018
My Sister House Volunteer Orientation	Participated in a Volunteer Orientation at My Sister's House to provide resources to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on women from APIA communities.	35	3/3/2018
Slavic Ministry leadership Institute - Slavic Assistance Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	46	3/3/2018
Hills Physicians	Shared resources to improve access, knowledge, awareness and understanding of behavioral health conditions.	5	3/2/2018
Centro de Apoyo Latino Kick off	Participated in Centro De Apoyo Latino Community Information Kick Off Event and Distributed resources to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Spanish speaking communities.	60	2/23/2018
Slavic Ministry Leadership Institute - Slavic Assistance Center	Hosted depression Workshop to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Russian speaking community.	49	2/23/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
2018 Lunar Flower Fest & Tet Festival - APCC	Participated in Lunar New Year/Multicultural Event to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on Lu-mien and Vietnamese speaking communities	10000	2/17/2018
Brat TV/InterRadio Program - Slavic Assistance Center	Participated in an Interview and discussed resources to improve knowledge and access to behavioral health services in the community, focusing on Russian Speaking community.	1000	2/17/2018
Arden Way Apartment	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services in the community, focusing on Older Adult	4	2/16/2018
Slavic Ministry Leadership Institute - Slavic Assistance Center	Distributed resources improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	27	2/16/2018
NAMI Faith Based Outreach- St. Pauls Babtist Church Oakpark	Provided Multicultural Faith Based Presenters - Muslim, Jewish, Christian, etc to provide on Mental Health and ADS issues and utilizing Faith Based partners for treatment and recovery. Also distributed information at this event to improve awareness and access to behavioral health services, focusing on ethnically and linguistically diverse populations.	125	2/15/2018
Community Resource Project	Shared behavioral information to improve access, knowledge, awareness and understanding of behavioral health conditions.	3	2/15/2018
Terra Nova Counseling	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on youth and family from culturally diverse communities in Sacramento County.	7	2/15/2018
Volunteers of America	Distributed resources to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on youths and adults who are at risk of homelessness.	4	2/15/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Love Your Heart Walk at Maple - La Familia Counseling Center	Participated in Love Your Heart Walk and Health Fair and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	80	2/10/2018
Alzheimer's Association	Discussed mental health and substance abuse issues, and distributed resources to improved access to services and support, focusing on adults and older adults.	4	2/8/2018
American Red Cross	Distributed behavioral health information to improve access, knowledge and awareness about available services, focusing on diverse consumers	7	2/8/2018
NAMI	Participated in NAMI outreach event to distribute resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally diverse communities in Sacramento County	5	2/8/2018
One Community Health	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on culturally diverse communities in Sacramento County	3	2/5/2018
Ventanilla de Salud at Mex. Consulate	Participated in Ventanilla de salud (Health Fair) and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities	150	2/5/2018
Slavic Baptist Church/New Hope - Slavic Assistance Center	Hosted Seminar about Mental Health. Provided information to increase suicide awareness/prevention and discussed how to access behavioral health services, focusing on Russian speaking community.	90	2/4/2018
TAY FSP (Cap Stars Team)	Provided information and resources to improve access, knowledge and awareness about behavioral health services focusing on individuals and families at risk for homelessness	15-20	2/4/2018
IMSC Healthy Village Senior New Year	Participated in Annual Iu Mien New Year Cultural event to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on Iu Mien Youths and families.	329	2/3/2018



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Ferioid de Educacion at Mex. Consulate	Attended Education & Health Fair at Mexican Consulate and passed on flyers to increase awareness and understanding of mental health conditions and improve access to available services, focusing on spanish speaking community.	3000	2/3/2018
Health Day Event at Prove Elementary School	Attended Resource Fair at Prove Elementary School and distributed resources to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Spanish speaking youths and families.	200	2/3/2018
Cordova Senior Center	Distributed behavioral health information and resources at Cordova Senior Center to improve access, knowledge and awareness about available services in the community, focusing on Older Adult	5	1/31/2018
Healthy Leaving for Seniors - Slavic Assistance Center	Provided presentation to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Russian speaking seniors.	73	1/29/2018
Slavic Youth Ministry Workshop - Slavic Assistance Center	Hosted Seminar about Mental Health. Provided information to increase suicide awareness/prevention and discussed how to access behavioral health services, focusing on Russian speaking youths and TAY.	79	1/28/2018
Meet Your Neighbor	Participated in Meet Your Neighbor Community Event to to increase awareness and understanding of mental health conditions and improve access to available services, focusing on Spanish speaking communities.	14	1/26/2018
Trades Night	Provided information on mental health and suicide prevention and shared resources to improve access, knowledge and awareness about behavioral health services focusing on LatinX and Spanish speaking communities.	60	1/22/2018
Slavic Church (New Hope) Ranch Cordova - Slavic Assistance C	Hosted Seminar about Mental Health and shared information to increase suicide awareness/prevention and discussed how to access behavioral health services, focusing on Russian speaking community.	75	1/20/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
MLK 365 @Sacramento Convention Center	March + Celebration of Dr. Martin Luther King, JR. Distributed resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on African American and other ethnically and linguistically diverse populations in Sacramento County.	200	1/15/2018
Slavic Leadership Ministry Institute - Slavic Assistance Center	Provided Depression Awareness Workshop to increase awareness and understanding of depressive symptoms and suicide awareness/prevention, focusing on Russian speaking community.	16	1/13/2018
Women Empowering Women	Distributed resource information at Women Empowering Women event to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on women from Spanish speaking communities.	30	1/12/2018
Ukrainian Festival Malanka - Slavic Assistance Center	Participated at Ukrainian Culture Event and distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	250	1/11/2018
Dreu Thu Bui Family	Facilitated Mental Health Wellness Group to discuss mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on APIA adults and older adults	19	1/10/2018
Older Adult Coalition	Participated at Older Adult Coalition event and distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on older adults	17	1/9/2018
COA School Parent Communities	Provided presentation to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on parents and families	12	1/9/2018
Older Adult Coalition	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on older adults.	17	1/8/2018

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Consulads Mexicano	Participated in Health Fair and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	200	1/8/2018
Ukrainian Christmas Festival in California - Slavic Assistance Center	Participated at Ukrainian Christmas Festival Community Event and distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	140	1/7/2018
CMA Sports Tournament Celebration	Participated in Annual Hmong New Year Tournament event to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on hmong youths and families.	400	1/6/2018
Birth and Beyond Staff Meeting - SNAHC	SNAHC, Life is Sacred Program Provided presentation to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Native American youths and families	10	1/4/2018
Huynh Qui Family	Facilitated Mental Health Wellness Group to discuss mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on APIA adults and older adults	16	1/3/2018
New Year Event for Kids - Slavic Assistance Center	Participated at Community Event and distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	150	12/29/2017
Sutter Medical Plaza	Distributed information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally diverse communities in Sacramento County.	4	12/22/2017
Youth Leaders Meeting - Slavic Assistance Center	Hosted Depression Awareness Seminar and provided information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Russian speaking Youths and TAY.	74	12/22/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Arden Bimich Library	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on culturally and linguistically diverse communities.	12	12/20/2017
CDRP Kaiser	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on ethnically and linguistically diverse populations in Sacramento County.	7	12/20/2017
Sutter Medical Plaza	Distributed resources and mental health educational materials to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally diverse communities in Sacramento County.	4	12/20/2017
T- Core	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally diverse communities in Sacramento County.	4	12/20/2017
Mutual Housing Christmas Drive	Participated in outreach event to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on youths and families in the Hmong community as well as youths and families from other ethnically and linguistically diverse populations in Sacramento County.	200	12/16/2017
Slavic Baptist Church - Slavic Assistance Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	16	12/16/2017
The Anxiety Treatment Center	Distributed behavioral health resources to improve access, knowledge and awareness of available services	2	12/14/2017
American Heart Association	Distributed behavioral health information to improve access, knowledge and awareness about available services, focusing on diverse consumers	5	12/8/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
American River College	Distributed resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on TAY students from ethnically and linguistically diverse populations in Sacramento County.	2	12/8/2017
California State University of Sacramento	Participated in outreach event to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on TAY college aged students from ethnically and linguistically diverse populations in Sacramento County.	3	12/7/2017
Turning Point	Outreach event to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on youths and families from culturally and linguistically diverse communities.	7	12/7/2017
Coffee Chat Pacific Elementary	Attended Resource Fair at Coffee Chat Pacific Elementary an distributed resources to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Spanish speaking youths and familes.	30	12/7/2017
Mexican Consulate Health Fair	Participated in Ventanilla de salud (Health Fair) and distributed resources to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	150	12/4/2017
CSUS Class Presentation - Omni Youth Programs	Conducted presentation to educate students about mental health and substance abuse. Also distributed resources to improve awareness and access to behavioral health services, focusing on TAY students from ethnically and linguistically diverse community in Sacramento County.	38	11/30/2017
Native American Health Center - SNAHC	Discussed mental health and substance abuse issues, and distributed resources to improved access to services and support, focusing on Native American communities.	25	11/28/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Ministry Leadership Institute - Slavic Assistance Center	Hosted Workshop About Depression to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention. Also discussed behavioral health services in the community, focusing on Russian Speaking community.	19	11/28/2017
Ibrat TV / Inter Radio Program - Slavic Assistance Center	Participated in Radio To Show about Depression to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention. Also discussed behavioral health services in the community, focusing on Russian Speaking community.	1000	11/17/2017
Parenting Orientation Program	Provided resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on families of youths in custody.	20	11/16/2017
Substance abuse and domestic violence - Norcal MHA	Discussed domestic violence, substance abuse issues, and suicide prevention. Also provided resources to improve access, knowledge and awareness about behavioral health services, focusing on families of youths in custody.	60-70	11/16/2017
Parenting Orientation Program	Provided resources and materials to improve access, knowledge and awareness about behavioral health services and other resources, focusing on families of youths in custody.	10	11/16/2017
Mental Health Wellness Group	Provided Mental Health presentation foster dialog on mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on youths from culturally diverse communities in Sacramento County.	12	11/15/2017
Slavic Missionary Gospel Church - Slavic Assistance Center	Participated in seminar and discussed resources to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	34	11/15/2017
Stockton New Year - Southeast Asian Assistance Center	Participated in Annual Hmong New Year Cultural event to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on hmong youth and families.	5000	11/11/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mental Health Wellness Group	Provided mental health presentation to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on older adults	12	11/8/2017
Slavic Leadership Ministry Institute - Slavic Assistance Center	Participated in Outreach event and distributed resources to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	22	11/3/2017
Healthy Life - 2nd Baptist Church - Slavic Assistance Center	Participated in Outreach event and distributed resources to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	350	10/30/2017
I Brat TV / Inter Rad To Program - Slavic Assistance Center	Participated in Radio To Show about Depression to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention. Also discussed behavioral health services in the community, focusing on Russian Speaking community.	1000	10/20/2017
Seniors Health ( Fair Ground appointments) - Slavic Assistance	Hosted Mental Health Fellows Workshop to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Russian speaking seniors	150	10/20/2017
Crossroads Diversified	Distributed materials to improve access, knowledge, awareness and understanding of behavioral health conditions.	1	10/19/2017
Sacramento Network Café Food Bank	Provided resources and materials to improve access, knowledge and awareness about behavioral health services as well as other supportive services in the community, focusing on culturally and linguistically diverse communities.	60	10/19/2017
Parenting Orientation Program	Provided resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on families of youths in custody.	20-30	10/19/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Cares	Distributed resource information at Cares clinic to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on ethnically and linguistically diverse populations in Sacramento County.	6	10/18/2017
WEAVE	Outreach event to discuss mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on women from culturally diverse communities in Sacramento County	5	10/18/2017
Mexican Consulate Outreach on Arena Blvd	Outreach to Mexican Community Spanish Speaking community including immigrants on Alcohol and Drug Services in regards to treatment, prevention, recovery (Bilingual/Bicultural Skills)	75	10/11/2017
Celebrando- Binational Outreach -Mexican Consulate & Guadalupe Church- Southside Park	Outreach to many Latino Community Spanish Speaking community on Alcohol and Drug Services in regards to treatment, prevention, recovery ( Bilingual/Bicultural Skills). Also distributed resources to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention.	2500	10/8/2017
Light to the World " Slavic Church" - Slavic Assistance Center	Provided Mental Health Workshop to foster dialog on mental health and substance abuse issues. Also distributed resources to improve access to services and support, focusing on Russian speaking community	1120	10/8/2017
American River College Welcome Day	Distributed resource information to increase awareness and understanding of behavioral health conditions and to improve access to available services, focusing on diverse multi-cultural, unserved and underserved communities in Sac County.	4000	10/7/2017
22nd Annual King Pan Festival	Participated in Annual Festival Hosted by Iap Iu-Mien Culture Assoc. to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on Iu-mien community.	500	10/7/2017
I Brat TV / InterRad To - Slavic Assistance Center	Round Table with Rastous to discuss need to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention. Also discussed behavioral health services in the community, focusing on Russian Speaking community.	7000	10/6/2017



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Feria de Educacion	Participated in Resource Fair to increase awareness and understanding of mental health conditions and improve access to available services, focusing on spanish speaking community.	1000	10/1/2017
Honoring Our Journey Banquet	Participated in Annual IMCS Fundraising Banquet event to provide resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on Lu-mien community	160	9/30/2017
Ukrainian Festival 2017 - Slavic Assistance Center	Participated at Ethnic Ukrainian Festival and Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	3500	9/30/2017
Slavic Church "Light to the World" - Slavic Assistance Center	Provided Safe Talk Training and distributed information to increase suicide awareness/prevention and discussed how to access behavioral health services, focusing on Russian speaking	117	9/29/2017
Valley High School Career Seminar	High school youth providing information on Alcohol and Drug services and prevention and also discussing careers in counseling, social work, medicine, research in the Behavioral Health Field. Distributed information at this event to improve awareness and access to behavioral health services, focusing on ethnically and linguistically diverse populations.	500	9/27/2017
La Familia Health and Safety Fair	Participated in Health & Safety Fair and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	200	9/23/2017
Slavic Men's Retreat - Slavic Assistance Center	Provided information to increase suicide awareness/prevention and discussed how to access behavioral health services, focusing on Russian speaking males.	117	9/23/2017
VDS Mental Health Kick Off at Mexican Consulate	Distributed resource information at VDS MH Kick Off event to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Spanish speaking community.	160	9/22/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
CA Native American Day - SNAHC	Participated in outreach event and distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on Native American communities.	400	9/22/2017
Marijuana & Opiod Presentation - Omni Youth Programs	Shared knowledge on the current trends in Marijuana crisis & Opiod epidemic in marginalized communities	70	9/21/2017
Youth Voice (Parents) Staff	Conducted presentation to educate members about mental health conditions and improve their knowledge about suicide awareness/prevention. Also distributed resources to improve awareness and access to behavioral health services, focusing on Spanish speaking youth, parents and families	25	9/19/2017
San Juan District Support Staff Community Resource Fair - Omni Youth Programs	Tabled a booth with other Sac county organizations to distribute information to other service providers, families and youth about Omni's programs. Also distributed resources to improve awareness and access to behavioral health services, focusing on youths and TAY from culturally and linguistically diverse communities.	38	9/18/2017
Black Women Limited First Public MTG	Participated in First Public Meeting to increase awareness and understanding of mental health conditions and improve access to available mental health services, focusing on African American community.	60	9/16/2017
Immocolada Concepcion Church	Provided presentation to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention. Also discussed how to access behavioral health services, focusing on Spanish speaking communities.	20	9/15/2017
Round Table With Slavic Church Leader and MH - Slavic Assista	Talk Show on LBRAT-TV. Round Table with MH Specialist & Church Leaders to provide information to audience members to increase awareness and understanding of mental health conditions and improve access to behavioral health services.	1000	9/15/2017
Slavic 2nd Baptist Church - Slavic Assistance Center	Participated in Leadership Meeting and provided information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	15	9/13/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Art of Recovery	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Native American communities.	300	9/9/2017
La Familia Counseling Center Family Reading Event	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	90	9/8/2017
Community Outreach Academy - Slavic Assistance Center	Hosted Parent Workshop and provided information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	110	9/7/2017
State Capitol 25th year anniversary Rally Recovery Happens	Statewide Rally to promote and celebrate recovery with several community Alcohol and Drug Providers conducting outreach and testimonial speakers including politicians, agency directors and Sac County Managers. Distributed information to improve awareness and access to behavioral health services, focusing on ethnically and linguistically diverse populations.	2500	9/6/2017
Cristo Rey	Conducted presentation to educate members about mental health conditions and improve their knowledge about suicide awareness/prevention. Also distributed resources to improve awareness and access to behavioral health services, focusing on Spanish speaking communities.	26	9/6/2017
Marcus Garvey Festival & Conference	Participated in African American Cultural Celebration & Conference and provided resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on African American Community	80	9/2/2017
Cati Life Kadto With Open Forum - Slavic Assistance Center	Participated in Talk Show About Stress/Depression and discussed strategies for accessing behavioral health services in Sacramento County, focusing on Russian speaking youths, families and adults	1000	8/31/2017
CA State Giving Campaign Kick Off - Omni Youth Programs	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions, focusing on youths and families from culturally and linguistically diverse communities.	100+	8/30/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Elk Grove Multicultural Festival	Participated in Multicultural Outreach Event and distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally diverse communities in Sacramento County	6000	8/26/2017
Celebration Ukrainian Independency - Slavic Assistance Center	Participated in celebration of Ukrainian Independency event and provided resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on Russian speaking youths and adults	410	8/26/2017
SSYAC Youth Fair (South Sacramento Youth Advisory Council) - Omni Youth Programs	Attended Youth Fair and networked with other behavioral health providers. Disseminated info to members of public about services available at Omni as well as how to access behavioral health services through the county, focusing on families and youth.	30	8/24/2017
Health & immigration	Participated in outreach event at Health & Immigration Fair to increase awareness and understanding of mental health conditions and improve access to available services, focusing on culturally diverse communities in Sacramento County	60	8/24/2017
Meet & Greet Edward Kimball School	Attended information event and provided resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on youths	60	8/24/2017
Sacramento Pow Wow - SNAHC	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Native American communities	4000	8/18/2017
Middle H.S Event - Slavic Assistance Center	Provided resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on Russian speaking youths	230	8/18/2017
3 on 3 with Sac Police Department	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse consumers	150	8/17/2017
Charter Outreach Academy - Slavic Assistance Center	Provided resources to foster dialog on mental health and substance abuse issues. Also distributed resources to improve access to services and support, focusing on Russian speaking youths and TAY.	300	8/17/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Coalition For a Safe and Healthy Arden Arcade - Omni Youth Programs	Meeting of stakeholders from Arden Arcade area to collaborate on ways law enforcement, social service providers, schools, businesses and others in neighborhood can reduce youth risky behavior, AOD use, and violence. Discussed resources to improve access, knowledge and awareness about behavioral health services.	15	8/16/2017
Outreach	Outreach event to discuss mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on culturally diverse communities in Sacramento County	7	8/16/2017
SCC Presentation - La Familia Counseling Center	Conducted presentation to educate members about mental health conditions and improve their knowledge about suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	40	8/16/2017
Bayside Church	Participated in outreach event at Health Fair and distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally diverse communities in Sacramento County	7	8/15/2017
Stonegate Mobile Home Estates	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse consumers, including Older Adults	16	8/15/2017
Board of Supervisors - Recovery Happens Proclamation	BOS - proclaims September 2017 to be Recovery Happens month. Celebrating, recovery, treatment and personal success stories of overcoming addiction, focusing on ethnically and linguistically diverse populations in Sacramento County.	35	8/12/2017
Citrus Heights Collaborative Meeting - Omni Youth Programs	Presentation including provision of culturally competent resources to the community, cultural sensitivity, cultural adaptations, and other relevant resources for effectively serving the community. Also distributed resources to improve access to services and support, focusing on individuals from culturally diverse communities in Sacramento County	29	8/11/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Honor Chief of Police Hahn - Omni Youth Programs	Booth at event to honor Police Chief Hahn where information was disseminated about agency services to increase awareness and understanding of mental health conditions and improve access to available services, focusing on culturally and linguistically diverse communities.	50	8/11/2017
Sacramento Native American Health Center-- 23rd Annual Sacra	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Native American communities.	500	8/11/2017
Future H.S Back to School - Slavic Assistance Center	Provided resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on Russian speaking youths	270	8/8/2017
Mexican Consulate	Participated in outreach event at Health Fair and distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Spanish speaking communities.	150	8/7/2017
WEAVE	Outreach event to discuss mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on women from culturally diverse communities in Sacramento County	3	8/6/2017
Slavic Trinity Church Camp - Slavic Assistance Center	Provided resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on Russian speaking youths	120	8/5/2017
Christian Youth Camp	Hosted workshop to foster dialog on mental health and substance abuse issues. Also distributed resources to improve access to services and support, focusing on Russian speaking youths	910	8/3/2017
National Night Out - DBHS	Sacramento County Board of Supervisor Phil Serna 4th annual National Night Out annual event that promotes involvement in crime prevention activities and strengthen law enforcement-community Partners, focusing on ethnically and linguistically diverse populations in Sacramento County.	1500	8/1/2017
Ukrainian Church Camp - Slavic Assistance Center	Provided resources and materials to improve access, knowledge and awareness about behavioral health services, focusing on Russian speaking youths	47	7/28/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Missionary Gospel Church - Slavic Assistance Center	Outreach event to discuss mental health issues, suicide prevention and improved access to services and support, focusing on Russian speaking communities	120	7/26/2017
Pathways to a Health Mind: Mental Health Information Exchange	Participated in NAMI's Pathways to a Healthy Mind event and distributed resources to increase awareness and understanding of behavioral health conditions and to improve access to available services, focusing on diverse multi-cultural, unserved and underserved communities in Sac County.	200	7/22/2017
Suicide prevention Training	Suicide Prevention Services and Training for multi-cultural population. Also provided information to increase awareness and understanding of mental health conditions and improve access to behavioral health services.	60-80	7/20/2017
Parenting Orientation Program	Provided resources to improve access, knowledge and awareness about behavioral health services, focusing on families of youths in custody.	20-30	7/20/2017
Human Resources Consultant	Provided psychoeducation about mental health conditions and suicide prevention. Also distributed resources and materials to improve access, knowledge and awareness about behavioral health services	30	7/19/2017
Ain't I a Woman March	Participated in March for African American Women's Rights and staffed resource table to increase awareness and understanding of mental health conditions and improve access to available services, focusing on African American girls and women.	150	7/15/2017
State Capitol--Asian Pacific Community Counseling	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Asian Pacific Islander (API) community.	60	7/15/2017
IBAT-TV - Slavic Assistance Center	Round Table with MH Specialist & Church Leaders to provide information to members to increase awareness and understanding of mental health conditions and improve access to behavioral health services.	1000	7/14/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Fairground Seminar Apartments	Participated in Seminar for Senior about Depression and provided information to increase awareness and understanding of mental health conditions and improve access to behavioral health services.	95	7/11/2017
Ventanilla de Salvol	Participated in a Health Fair outreach event and Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Spanish speaking communities.	200	7/10/2017
Slavic Baptist Church - Slavic Assistance Center	Participated at outreach event and Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	45	7/8/2017
TOFA Health and Wellness Event--Asian Pacific Commu	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Asian Pacific Islander (API) community.	250	7/1/2017
I-BRAT Talk Show--Slavic Assistance Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1000	6/30/2017
Church Leaders Meeting--Slavic Assistance Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	12	6/27/2017
Summer Lunch @ Maple--Parent Welcome Event--	Shared behavioral health information and provided resources to improve access, knowledge and awareness about available services, focusing on LatinX and Spanish language communities.	90	6/26/2017
Slavic Church Summer Camp--Slavic Assistance Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	42	6/24/2017
My Sister's House-MHA Older Adult Programs	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adult community.	3	6/21/2017



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
My Sister's House--Consumer Warmline	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse consumers, including Older Adults and Transition Aged Youth.	3	6/21/2017
Sacramento Native American Health Center--MHA Older A	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adult and Native American communities.	5	6/21/2017
Sacramento Native American Health Center--MHA Consur	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Native Americans and other diverse consumers.	5	6/21/2017
Picnic in the Park--Asian Pacific Community Counseling	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Asian Pacific-Islander community.	75	6/21/2017
Sac Veterans Resource Center--MHA Older Adult Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Veterans and other diverse communities.	9	6/19/2017
Wellness and Recovery Center South--Consumer Warmlin	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on culturally diverse communities in Sacramento County.	2	6/19/2017
Wellness and Recovery Center South--Older Adult Program	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Older Adults and other culturally diverse communities.	2	6/19/2017
Juneteenth Celebration-William Land Park	Provided behavioral health resource information to improve access, knowledge and awareness of available services, focusing on the African American community.	300	6/17/2017
La Familia Counseling Center -- Blood Drive and Health Fa	Provided behavioral health resource information to improve access, knowledge and awareness of available services, focusing on LatinX and Spanish speaking communities.	1200	6/16/2017
LaFamilia Counseling Center Community Resource Event-	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LatinX and Spanish speaking communities.	20	6/15/2017
Slavic Assistance Center-- Slavic Youth Leaders Training	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	22	6/14/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Assistance Center -- Slavic Kids Camp	Shared suicide awareness and prevention information with parents, guardians and caretakers, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	45	6/9/2017
La Familia Counseling Center-- Joseph Bonhelm School-P	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LatinX and Spanish speaking communities.	16	6/6/2017
La Familia Counseling Center -- Edward Kemble Elementa	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LatinX and Spanish speaking communities.	15	6/6/2017
Pride Event	Outreach event, providing access and behavioral health services information specifically focusing on youth, adults and Older Adult LGBTQ populations.	Unk	6/3/2017
Sacramento Pride --	Distributed behavioral health resource information to improve access, knowledge and awareness of available services, focusing on LGBTQ and other culturally diverse communities.	5000	6/3/2017
Gender Health Center--Annual "Transgender CommUNITY	Distributed behavioral health resource information to improve access, knowledge and awareness of available services in the community, focusing on the LGBT community.	30	6/2/2017
A Church For All--Expert Pool Town Hall Meeting	Provided behavioral health information and resources to improve access, knowledge and awareness about mental health services, focusing on diverse communities, including consumers and family members.	30	6/2/2017
Rio Linda Food Bank	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on underserved communities	50-60	6/1/2017
La Familia Counseling Center hosts Medi-cal Orientation	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LatinX and Spanish speaking communities.	10	5/31/2017
Gender Health Center "Together we Rise" March for Equa	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LGBT and other culturally and linguistically diverse communities.	7	5/31/2017
La Familia Counseling Center--McCoy Elementary School-	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LatinX and Spanish speaking communities.	10	5/31/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
International Kids Festival	Distributed behavioral health information, shared wellness and recovery resources and provided links to services, focusing on culturally diverse and underserved multi-cultural communities.	2000	5/28/2017
Iu Mien Community Center -- Sacramento Asian Pacific Isl	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Iu-Mien and other Asian communities.	50	5/26/2017
La Familia Counseling Center -- Pacific Elementary Schoo	Distributed behavioral health information and resources to improve access, knowledge and awareness about mental health conditions, focusing on LatinX and Spanish speaking communities.	15	5/26/2017
Sacramento LGBT Community Center	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LGBT communities.	200	5/26/2017
A Church for All/Cottage Way and Fulton	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LGBT communities.	3	5/25/2017
A church for All/Fulton and Arden Way	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LGBT communities.	1	5/25/2017
Community Outreach Academy Open Door Event	Distributed behavioral health information to promote awareness, increase knowledge and improve access to mental health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	900	5/25/2017
Mental Health Matters	Distributed information and resources at the State Capital community event to improve access, knowledge and awareness about behavioral health services.	300	5/24/2017
Year End Picnic--Asian Pacific Counseling Center	Distributed behavioral health information to promote awareness, increase knowledge and improve access to mental health services, focusing on Asian Pacific Islander community.	48	5/24/2017
Mental Health Matters Day--	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on diverse multi-cultural consumers and family members.	400	5/24/2017
La Familia Counseling Center -- Cristo Rey High School-Pa	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LatinX and Spanish speaking communities.	30	5/23/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
ASIST Training Workshop	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth and Transitional Age Youth (Transition Aged Youth) population.	17	5/22/2017
State Capitol-Asian Pacific Community Counseling	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Asian Pacific Islander communities.	50-60	5/20/2017
La Familia Counseling Center -- Movie Night at Maple Neig	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on LatinX and Spanish speaking communities.	250	5/19/2017
Older Adult Coalition Meeting--MHA Consumer Warmline	Information and resource sharing event, providing behavioral health, public health and employment resources information to culturally and linguistically diverse populations in Sac County.	16	5/19/2017
Sacramento Stand Down is partnering with Ranch Cordova HART and the Ranch	Outreach event for homeless vets: discussing behavioral health, health and wellness, and linkage to community resources, including employment and housing.	100-150 homeless vets in Rancho area	5/18/2017
Community Outreach Academy	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on youth, guardians and caretakers for grades K thru 6.	30	5/18/2017
OCA Dragon Boat Festival Celebration-Asian Pacific Coun	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Asian Pacific Islander communities.	450	5/18/2017
Open House on Skvarla (Slavic Assistance Center)	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	150	5/17/2017
Community Outreach Academy Open Door Event (Slavic A	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	150	5/17/2017
Living Well Expo 2017	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention.	150	5/13/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mental Health Matters--State Capitol-IMCS	Distributed behavioral health information and resources to improve access, knowledge and awareness of available services for culturally diverse communities in Sacramento County.	300	5/13/2017
15th Slavic Annual Safety/Health and Job Fair	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Ukrainian, Russian speaking and former Soviet Union communities, and other culturally diverse populations.	850	5/13/2017
Living Well Expo--Maple School	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	350	5/13/2017
Sac Charter High School Health Fair	Community Outreach event to discuss mental health services, suicide prevention, and provide linkage to community programs and services, focusing on youths and TAY.	50	5/12/2017
Sacramento High Charter School Health Fair--(Lu Mien Cor	Distributed behavioral health information and resources to improve access, knowledge and awareness about available services, focusing on Lu-Mien community.	50	5/12/2017
Health and Fitness Expo-Valley High School	Distributed information and resouces to improve access, knowledge and awareness of behavioral health issues, focusing on school age youth and other underserved culturally diverse communities.	500	5/12/2017
Slavic Family Night (Slavic Assistance Center)	Distributed information and resouces to improve access, knowledge and awareness of behavioral health issues, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	90	5/11/2017
Arthur A. Benjamin Health Professions High School Mental	Community outreach, education and coordination for behavioral health access, suicide prevention and reduction of stigma and discrimination, targeting unserved and underserved youth and adolescent populations.	105	5/11/2017
Older Adult Coalition Meeting--MHA Older Adult Program	Information and resource sharing event, providing behavioral health, public health and employment resources information, focusing on Older Adult population.	16	5/9/2017
GED Class @ Maple (La Familia Counseling Center)	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on the LatinX and Spanish speaking communities.	40	5/9/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
NAMI Walk--	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on diverse, multi-cultural communities of Sac County.	250	5/6/2017
Walk a mile in her shoes--Native American	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on diverse, multi-cultural communities of Sac County.	1500	5/6/2017
American River College Health Fair (Slavic Assistance Cer	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	250	5/6/2017
Rise to Health	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Hmong community.	300	5/6/2017
Health & Wellness Fair --CSU, Sacramento	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on diverse, multi-cultural communities in Sacramento County.	150	5/6/2017
SOGIE Staff Training	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on diverse, multi-cultural communities in Sacramento County.	16	5/4/2017
Community Outreach Academy Parent Workshop (Slavic A	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Ukrainaian, Russian speaking and former Soviet Union communities.	85	5/4/2017
Big Day of Giving Open House (lu Mien Community Center	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on lu-Mien community.	35	5/4/2017
Another Choice Outreach Event--Older Adult Program	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Older Adult community.	5	5/3/2017
Another Choice Outreach Event--Consumer Warmline	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on diverse, multi-cultural communities.	5	5/3/2017
Asian Pacific Community Counseling--Older Adult Program	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Older Adult population.	1	5/3/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Asian Pacific Community Counseling--Consumer Warmline	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Asian Pacific Islander community.	1	5/3/2017
Bike Helmet/Health Fair (La Familia Counseling Center)	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on LatinX and Spanish speaking communities.	179	4/29/2017
Dia del Nino Event--Maple Neighborhood Center (LFCC)	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on LatinX and Spanish speaking communities.	500	4/29/2017
La Familia Counseling Center -- Maple Open House	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on LatinX and Spanish speaking communities.	260	4/28/2017
Iu-Mien Professional Networking Mixer	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Iu-Mien community.	25	4/27/2017
Slavic Assistance Center- -Youth Group Seminar	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	90	4/22/2017
La Familia Counseling Center -- Movie Night @ Maple	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on LatinX and Spanish speaking communities.	250	4/21/2017
Rio Linda Food Bank	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on underserved communities	50-60	4/20/2017
Sac City Health Fair	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on youths and young adults.	300	4/20/2017
School based Health Fair	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on youths and young adults.	50	4/20/2017
Open House--Futures High School (Slavic Assistance Cen	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	250	4/20/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Rio Linda Food Bank-- (lu Mien Ccommunity Center)	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on lu-Mien community.	60	4/20/2017
Sacramento City College Health Faire-	Provided resources and materials to improve access, knowledge and awareness about behavioral health, focusing on ethnically and linguistically diverse populations in Sacramento County.	300	4/20/2017
California Rural Indian Health Board, Inc.--Older Adult Prog	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Older Adult community.	4	4/19/2017
California Rural Indian Health Board, Inc.--Consumer Warr	Provided resources and materials to improve access, knowledge and awareness about behavioral health, focusing on ethnically and linguistically diverse populations in Sacramento County.	4	4/19/2017
(Slavic Assistance Center) Second Slavic Baptist Church	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	60	4/19/2017
Citrus Heights Veteran's Stand Down	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on homeless Vets and civilians	100	4/18/2017
La Familia Community Counseling-- San Lorenzo Church	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on LatinX and Spanish speaking communities.	100	4/18/2017
WHY Sac Network Meeting	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on youth and Transitional Age Youth populations.	19	4/18/2017
VET Stand Down- (lu Mien Community Center)	Outreach event for homeless Veterans: discussing behavioral health, health and wellness, links to community resources, focusing on lu-Mien and other Asian communities.	50	4/18/2017
Vet Stand Down	Outreach event for homeless vets: discussed behavioral health options and provided linkage to other community resources, including employment and housing.	50	4/17/2017
Citrus Heights Veterans Stand Down--lu Mien Community	Outreach event for homeless Veterans: discussing behavioral health, health and wellness, links to community resources, including employment and housing, focusing on lu-Mien community.	100	4/17/2017



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Married Young Couples Evening (Slavic Assistance)	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	28	4/14/2017
Adult Protective Services Provider Fair for Older Adults	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Older Adult population.	150	4/13/2017
La Familia Counseling Center--Immigration Resources Eve	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on LatinX and Spanish speaking communities.	30	4/10/2017
HOAHAO Buddhist Organization	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Hmong and other Asian communities.	39	4/9/2017
Beaver Week "Be Well" Day	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Asian Pacific Islander community.	1500	4/6/2017
Prevention Coalition Media Campaign for prevention of Un	Provided education, tools and support regarding mental health issues and the dangers of underage drinking, focusing on racially and culturally diverse parents and citizens in Sacramento County.	75	4/6/2017
Out of the Darkness-Suicide Prevention Walk--Sacramento	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on diverse and multi-cultural communities in Sac County.	280	4/6/2017
Slavic Youth Institute (Slavic Assitance Center)	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	21	4/5/2017
Employment Partner's Collaborative--Consumer Warmline	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on diverse and multi-cultural communities in Sac County.	17	4/5/2017
TLCS Crisis Respite Center	Meeting with new TLCS staff and provided information on how to improve access, knowledge and awareness of behavioral health services in the community.	10	4/4/2017
Victimas de Crimen Health Fair (La Familia Counseling Ce	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on LatinX and Spanish speaking communities.	80	4/4/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
TLCS Respite Center- (Lu Mien Community Center)	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Lu-Mien communities.	10	4/4/2017
Woodbine Elementary School (La Familia Counseling Center)	Provided behavioral health resources and education, preventative health and suicide prevention information, focusing on the LatinX and Spanish speaking communities.	10	4/4/2017
Victims of Crime (La Familia Counseling Center)	Provided resource information regarding health and chronic disease, mental health counseling and suicide prevention, focusing on the LatinX and Spanish speaking community.	200	4/4/2017
Mental Health Matters Television Show--Older Adult Program	Outreach to inform diverse communities of Sacramento County about mental health services, suicide awareness and prevention and improved access to services and community supports.	unk	4/3/2017
Mental Health Matters Television Show--Consumer Warmline	Outreach to inform diverse communities of Sacramento County about mental health services, suicide awareness and prevention and improved access to services and community supports.	unk	4/3/2017
Slavic Leadership Ministry Institute (Slavic Assistance Center)	Supporting Community Connections presentation regarding suicide awareness and prevention, stigma reduction and education, focusing on the Ukrainian, Russian and former Soviet Union communities.	22	3/27/2017
My Sister's House	Provided resource information regarding health and chronic disease, mental health counseling and suicide prevention, focusing on Asian Pacific Islander community.	20	3/25/2017
Rio Linda Food Bank	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on underserved communities	50-60	3/23/2017
Rio Linda Food Bank- (Lu Mien Community Counseling)	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on Lu-Mien communities.	50	3/23/2017
Slavic Missionary Gospel Church (Slavic Assistance Center)	Seminar for parents, educating them on suicide awareness and prevention, mental health program services and access, focusing on Ukrainian, Russian and former Soviet Union communities.	70	3/22/2017
WHY Sac Network Meeting	Networking luncheon sharing ideas and developing strategies to improve access to behavioral health services, improve wellness and resiliency and increase suicide awareness and prevention, focusing on youth and Transitional Age Youth populations.	21	3/21/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
La Familia Counseling Center--Saint Patrick Church Event	Provided resource information regarding health and chronic disease, mental health counseling, and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	3/20/2017
State Capitol- (Asian Pacific Community Counseling)	Bi Monthly meeting with community providers, non-profit agencies, public officials and other stakeholders regarding various programs and mental health services, with focus on Asian Pacific Islander communities.	50-60	3/18/2017
Green Fair Apartment Group Night for Seniors	Education workshop regarding depression, mental health wellness and recovery and suicide awareness and prevention, focusing on Ukrainian, Russian and former Soviet Union communities.	75	3/17/2017
18th Annual lu--Mien Student Conference	Outreach to culturally diverse middle and High School students in Sacramento Unified School District, focusing on API and other unserved and underserved communities.	276	3/17/2017
Head Start Staff Meeting	Community outreach regarding mental health services, recovery and prevention and program access, focusing on unserved and underserved African American communities.	40	3/16/2017
Older Adult Coalition Meeting--Consumer Warmline	Outreach event designed to inform the diverse communities of Sacramento County about mental health services, promoting wellness and recovery, prevention and improved access to services and support.	12	3/14/2017
Older Adult Coalition Meeting--Older Adult Program	Outreach event designed to inform the diverse communities of Sacramento County about mental health, wellness, recovery and prevention strategies, and improved access to community services and supports, focusing on the Older Adult population.	12	3/14/2017
New Hope Baptist Church (Slavic Assistance Center)	Presented information about mental health services, promoting wellness and recovery, suicide awareness and prevention and improved access to services and support, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	70	3/12/2017
Cesar Chavez 17th Anniversary Event (La Familia Counseling Center)	Provided resources and bilingual materials for the LatinX and Spanish speaking communities, sharing knowledge and information and improving access to community services.	400	3/11/2017
Medi-cal Orientation Workshop (La Familia Counseling Center)	Provided resource information regarding health and chronic disease, mental health counseling, and suicide prevention, focusing on the LatinX and Spanish speaking communities	40	3/10/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Feria del Libro Event ( La Familia Counseling Center)	Provided resource information regarding health and chronic disease, mental health counseling, and suicide prevention, focusing on the LatinX and Spanish speaking communities.	167	3/10/2017
Senior Day SMUD Celebration--Older Adult Program	Outreach event designed to inform the diverse communities of Sacramento County about mental health services, promoting wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	250	3/9/2017
Missionary Gospel Church (Slavic Assistance Center)	Supporting Community Connections program presentation, sharing information regarding mental health and how to access local resources, focusing on Ukrainian, Russian and former Soviet Union communities.	110	3/8/2017
Vintage Oaks Senior Apartments--Older Adult Program	Outreach event designed to inform the diverse communities of Sacramento County about mental health services, promoting wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	22	3/8/2017
Community Network Breakfast-Consumer Warmline	Outreach event about mental health services, promoting wellness and recovery, prevention and improved access to services and support, focusing on culturally diverse communities of Sacramento County.	100	3/7/2017
Benwick Square Outreach Event--Older Adult Program	Mental Health outreach event promoting wellness and recovery, prevention and improved access to services and support, focusing on culturally diverse underserved and unserved communities in Sacramento County.	30	3/7/2017
Mexican Consulate--Ventanilla de Salud	Provided information and education on behavioral health services to promote healthy habits and improve access to resources, focusing on LatinX and Spanish speaking population.	140	3/6/2017
Sacramento Food Bank- Citizen Class	Event focused on providing resource information regarding health and chronic disease, mental health counseling, and suicide prevention for the LatinX and Spanish speaking communities.	80	3/4/2017
Another Choice Outreach Event--Older Adult	Outreach event to inform the culturally diverse communities of Sacramento County about mental health services, promoting wellness and recovery, prevention and improved access to community services and supports.	10	3/3/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Oak Park Community Health Center-Consumer Warmline	Supporting Community Connections program presentation, sharing information regarding mental health and accessing local resources, focusing on culturally diverse communities, including unserved and underserved populations.	10	3/3/2017
Oak Park Community Health Center-Older Adults	Supporting Community Connections program presentation, sharing information regarding mental health and accessing local resources, focusing on culturally diverse communities, including unserved and underserved populations.	7	3/3/2017
Strategies for Change-Older Adults	Supporting Community Connections program presentation, sharing information regarding mental health and accessing local resources, focusing on culturally diverse communities, including unserved and underserved populations.	15	3/3/2017
SOGIE Staff Training	Provided mental health resource information, conducting Suicide Prevention presentation for LGBTQ community.	20	3/2/2017
SUENÃ Grande LCAP Event (La Familia Counseling Center)	Provided resource information on health and chronic disease, mental health counseling, and suicide prevention for the LatinX and Spanish speaking communities.	40	3/1/2017
Community Outreach Event---La Familia Counseling Center	Supporting Community Connections program presentation. Provided resource information and conducted Suicide Prevention awareness and prevention presentation for LatinX and spanish speaking commutities.	50	2/28/2017
Community Outreach Academy School	Supporting Community Connections presentation, discussing suicide prevention and developing wellness and recovery skills, focusing on culturally diverse communities.	10	2/28/2017
GED Class at Maple Neighborhood School	Supporting Community Connections program presentation. Provided resource information and conducted Suicide Prevention awareness and prevention presentation for LatinX and spanish speaking commutities.	50	2/28/2017
VFW Post Event--La Familia Counseling Center	La Familia Counseling Center program presentation. Provided resource information and conducted Suicide Prevention presentation for LatinX and Spanish speaking commutities.	60	2/26/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Missionary Church/Seminar SCC	Supporting Community Connections presentation, focusing on suicide prevention and education, focusing on the Ukrainian, Russian speaking and former Soviet Union communities.	70	2/26/2017
Northern California Homelessness Roundtable	Homeless Providers Networking Event, focusing on homelessness issues for Transition Aged Youth population.	40	2/23/2017
Bell Collage Community Center--La Familia Counseling Ce	Provided resource information and conducted Suicide Prevention presentation for LatinX and Spanish speaking communities.	40	2/22/2017
ASIST Training	Distributed information and resources to improve access, knowledge and awareness about behavioral health services focusing on diverse communities of Sacramento County.	18	2/21/2017
Domestic Violence Training (La Familia Counseling Center)	Distributed information and resources to improve access, knowledge and awareness about behavioral health services focusing on diverse communities of Sac County.	24	2/21/2017
Iu-Mien Paint Night	Provided suicide awareness, education and prevention information, focusing on the Iu-Mien community.	22	2/18/2017
Vietnamese New Year Celebration/TET Festival	Community outreach event. Provided information about mental health services, suicide education and prevention, focusing on the API community.	250	2/18/2017
Earl Warren School--Parent Meeting	La Familia Counseling Center outreach event. Provided mental and behavioral health resources, individual advocacy and group support for survivors of domestic violence, focusing on LatinX and Spanish speaking communities.	40	2/17/2017
Central International Fellowship Church	Outreach to unserved and underserved members of the Iu-Mien community to provide behavioral information and improve access to behavioral health services.	16	2/17/2017
Monterey Trail High School	Outreach to unserved and underserved members of the Iu-Mien community to provide information about behavioral health and improve access to behavioral health services.	30	2/16/2017
Health Fair at Williams Lee College-LFCC	Distributed information and resources to increase awareness about behavioral health and improve access to community services, focusing on LatinX and Spanish speaking communities.	40	2/14/2017
Franklin Business District--LFCC	Provided resource information, conducted Suicide Prevention presentation, focusing on LatinX and Spanish speaking communities.	100	2/13/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Fruitridge Community Center--La Familia Counseling Center	Distributed information and resources to increase awareness and understanding about mental health disorders and improve access to community resources, focusing on LatinX and Spanish speaking communities.	20	2/13/2017
TET Festival--APCC	Provided mental health education and prevention information to improve awareness and understanding of mental health conditions and improve access to community resources, focusing on Asian Pacific Islander communities	400	2/11/2017
Hmong Story 40	Distributed information and resources to increase knowledge and awareness about behavioral health services and improve access to community resources, focusing on Hmong community.	300	2/11/2017
Slavic Ministry Leadership Institute--Slavic Assistance Center	Distributed information and resources to increase knowledge and awareness about behavioral health services and improve access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	19	2/11/2017
New Year Celebration Banquet--Lu Mien Community Services	Outreach to unserved and underserved members of the Lu-Mien community to increase knowledge and information about mental health conditions and improve access to behavioral health services.	430	2/11/2017
Hmong Story 40-APCC	Distributed information regarding behavioral health services to increase awareness and improve access to community services. TWC staff members participated on the organization committee, which focused on the Hmong and API communities.	300	2/11/2017
Rio Linda Food Bank	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on underserved communities	50-60	2/9/2017
Rio Linda Food Bank-IMCS	Provided social services resource information to support and develop healthy Lu-Mien families and communities; discussed behavioral health programs and services, focusing on Lu-Mien and other API communities.	55	2/9/2017
Sac County Unified School District--LFCC	Provided resource information and conducted Suicide Prevention presentation, focusing on LatinX and Spanish speaking communities.	25	2/9/2017
Steps to College--La Familia Counseling Center	Provided resource information and conducted Suicide Prevention presentation, focusing on LatinX and Spanish speaking communities.	1000	2/4/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Ministry Leadership Institute--Slavic Assistance Cen	Mental Health outreach, including suicide prevention and awareness for the Ukrainian, Russian and former Soviet Union communities.	19	2/3/2017
Older Adult Outreach Event	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on African American and Older Adults populations.	4	2/2/2017
Sacramento Family Court Child Resources--La Familia Co	LaFamilia Counseling Center program presentation, providing resource information about Suicide Awareness and Prevention, focusing on LatinX and Spanish speaking communities.	13	2/2/2017
Love your heart walk--La Familia Counseling Center	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on LatinX and Spanish speaking communities.	200	2/1/2017
Ukrainian Malanka Event	Information and resource sharing event, provided behavioral health, public health and employment resources information, focusing on Ukrainian, Russian and former Soviet Union communities.	200	2/1/2017
Human Trafficking Event at CSU, Sacramento	Distributed behavioral health information and resources, focusing on victims of sexual exploitation and human trafficking.	350	1/31/2017
American River Collge--Older Adult Program	Outreach to unserved and underserved members of the Asian Pacific Islander community to improve awareness and understanding of mental health conditions and improve access to community resources/services.	60	1/30/2017
Refugee Orientation	Distributed information and resources to improve knowledge and awareness of behavioral health conditions and improve access to community resources/services, focusing on Ukrainian, Russian and former Soviet Union communities.	60	1/29/2017
Lunar Flower Event	New Year Celebration, sharing mental health information and services, focusing on lu-Mien and Asian Pacific Islander communities.	1000	1/28/2017
Vietnamese Lunar Tet Festival and Parade	Outreach to unserved and underserved members of the lu-Mien communities to improve understanding of behavioral health conditions and improve access to community resources/services.	500	1/28/2017
Manitos Senior Companion	La Familia Counseling Center SCC program presentation, discussing suicide prevention and awareness, with focus on the LatinX and Spanish speaking communities.	26	1/27/2017



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mini Stand Down	Outreach event for homeless: discussed behavioral health options and provided linkage to other community resources, including employment and housing.	150	1/26/2017
Asian Pacific Islander Caucus New Year Event	Outreach to increase awareness and understanding of behavioral health conditions and improve access to community resources/services. focusing on Asian Pacific Islander community.	200	1/26/2017
Mini Stand Down-IMCS	Provided social services resource information to support and develop healthy lu-Mien families and communities; discussed behavioral health programs and services.	150	1/26/2017
Slavic Youth Group Meeting (Slavic Assistance Center)	Suicide education and prevention resources and outreach for youth focusing on Ukrainian, Russian and former Soviet Union communities.	36	1/26/2017
LaFamilia Counseling Center Program Presentation Sacra	Provided suicide prevention outreach to bring awareness to suicide prevention and awareness, reduce stigma and risk factors, focusing on LatinX and Spanish speaking communities,.	40	1/24/2017
LaFamilia Counseling Center Program Presentation Oak P	Provided suicide prevention outreach to bring awareness to suicide prevention and awareness, reduce stigmas and risk factors, focusing on LatinX and Spanish speaking communities,.	30	1/24/2017
Ukrainian Malanka Event	Community outreach discussing mental health services and suicide education and prevention; focusing on Ukrainian, Russian and former Soviet Union communities.	150	1/24/2017
State Capitol- (Asian Pacific Community Counseling)	Bi Monthly meeting with community providers, non-profit agencies, public officials and other stakeholders regarding mental health services and programs, focusing on Asian Pacific Islander communities.	50-60	1/21/2017
Preparedness workshop at Maple Neighborhood Center--Im	Workshop designed to educate and assist immigrants with suicide awareness and prevention, mental health resource referrals, focusing on LatinX and Spanish speaking communities.	27	1/21/2017
Rio Linda Food Bank	Distributed information and resources to improve access, knowledge and awareness about behavioral health services, focusing on underserved communities	50-60	1/19/2017
City Life Radio	Community Outreach discussing suicide awareness and prevention, skill building and program access, focusing on Ukrainian, Russian and former Soviet Union communities.	1000	1/19/2017
Ukrainian--MALANRG	Outreach event sharing suicide awareness and prevention services information, focusing on Ukrainian, Russian and former Soviet Union communities.	150	1/19/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Rio Linda Food Bank-IMCS	Provided social services resource information to support and develop healthy lu-Mien families and communities; discussed behavioral health programs and services.	50	1/19/2017
Sacramento Food Bank and Family Services	Networking luncheon sharing mental health information and brainstorming ideas to improve access to community programs for underserved and Older Adult communities.	50	1/19/2017
LFCC Supporting Community Connections Program Prese	Provided suicide prevention outreach to improve awareness about mental health conditions, reduce stigma and suicide risk factors, focusing on LatinX and Spanish speaking communities.	12	1/18/2017
Preparedness workshop at Maple Neighborhood Center--Im	Workshop designed to educate and assist immigrants with suicide awareness and prevention, mental health resource referrals, focusing on LatinX and Spanish speaking communities.	39	1/17/2017
Valley High Health Tech—Nutrition Panel Presentation	Students educated student body and general community about nutrition, fitness, heart disease and more. This event helps Health Tech students obtain valuable experience and apply their learning in a real-world setting, focusing on multi-cultural youth.	30-40	1/17/2017
Suicide Awareness Training--Sacramento Job Corp	Suicide awareness and prevention workshop, focusing on youth and Transition Aged Youth.	30	1/17/2017
Ukrainian New Year Celebration (Slavic Assistance Center)	Supporting Community Connections presentation, discussing suicide awareness and prevention information, focusing on Ukrainian, Russian and former Soviet Union communities.	250	1/13/2017
Suicide Awareness Workshop--LGBT Center	Suicide awareness and prevention workshop, focusing on LGBT youth and Transition Aged Youth.	15	1/13/2017
Camden Springs Gracious retirement living	Distributed resource information about behavioral health conditions to increase knowledge about mental health conditions and improve access to services, focusing on to culturally diverse Older Adult communities.	10	1/12/2017
Fruitridge Elementary School	La Familia Counseling Center conducted SCC program presentation, focusing on suicide awareness and prevention, focusing on LatinX at-risk youth and low income families.	24	1/12/2017
STEP--Consumer Warmline	Community outreach sharing resources and information about behavioral health conditions, improving access to community resources and services, focusing on culturally diverse communities, including LGBT and Older Adults populations.	12	1/11/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
STEP--Older Adult Program	Outreach event focusing on the Older Adult population, discussing suicide awareness, prevention and education and other behavioral health topics.	12	1/11/2017
Camden Springs Gracious retirement living	Outreach event focusing on the Older Adult population, discussing suicide awareness, prevention and education and other behavioral health topics.	10	1/11/2017
Older Adult Coalition--Older Adult Program	Outreach event focusing on the Older Adult population, discussing suicide awareness, prevention and education and other behavioral health topics.	15	1/10/2017
Older Adult Coalition--Consumer Warmline	Outreach event discussing suicide awareness, prevention and education and other behavioral health topics, focusing on culturally and linguistically diverse individuals and families.	25	1/10/2017
Sierra 2 Center for the Arts and Community	Supporting Community Connections program presentation, discussing suicide awareness and prevention, behavioral health and wellness services for LatinX youth and adults.	25	1/10/2017
La Familia Program Presentation at Ethel Phillips Elementary	Supporting Community Connections program presentation, discussing suicide awareness and prevention, behavioral health and other wellness services for LatinX youth and adults.	20	1/9/2017
Slavic Baptist Church (Slavic Assistance Center)	Outreach event sharing information regarding mental health conditions, focusing on Ukrainian, Russian and former Soviet Union communities.	90	1/8/2017
25th Annual Ukrainian Christmas Festival (Slavic Assistance Center)	Shared behavioral health resources and information to increase knowledge and awareness of mental health conditions and improve access to community services, focusing on Ukrainian, Russian and former Soviet Union communities.	1300	1/7/2017
School Professional Development Day (Slavic Assistance Center)	Shared behavioral health resources and information to increase knowledge and awareness of mental health conditions and improve access to community services, focusing on Ukrainian, Russian and former Soviet Union communities.	45	1/4/2017
Karate Class at La Familia Counseling Center	La Familia Counseling Center program presentation, discussing mental health and wellness services, suicide awareness, prevention and education, focusing on LatinX youth and families.	30	1/1/2017

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Zumba Class at La Familia Counseling Center	La Familia Counseling Center program presentation, discussing mental health and wellness services, suicide awareness, prevention and education, focusing on LatinX youth and families.	15	12/31/2016
Ukrainian Christmas for Kids (Slavic Assistance Center)	Event for Ukrainian, Russian and former Soviet Union communities providing behavioral health and suicide prevention information and resources.	150	12/30/2016
Support Group (La Familia Counseling Center)	La Familia Counseling Center program presentation, discussing mental health and wellness services, suicide awareness, prevention and education, focusing on LatinX youth and families.	18	12/21/2016
La Posada Event	Outreach event providing behavioral health resources, suicide prevention and education services and health and wellness tools, focusing on culturally diverse underserved and unserved communiites.	390	12/16/2016
LaFamilia Counseling Center Meeting with the Mayor	La Familia Counseling Center program presentation, discussing mental health and wellness services, suicide awareness, prevention and education, focusing on LatinX youth and families.	120	12/15/2016
Family Orientation Night at Futures High School	Outreach event designed to forge relationships with parents and guardians, providing education and resource information regarding behavioral health and suicide prevention, focusing on Ukrainian, Russian and former Soviet Union communities.	80	12/14/2016
Leisure Manor--Older Adult Program	Outreach event focusing on the diverse individuals, including Older Adults and families, discussing suicide prevention and education and other behavioral health topics.	15	12/13/2016
Leisure Manor-Consumer Warmline	Outreach event focusing on the culturally and linguistically diverse individuals and families, discussing suicide prevention and education and other behavioral health topics.	15	12/13/2016
Park Place-Consumer Warmline	Outreach event focusing on culturally and linguistically diverse individuals and families, discussing suicide prevention and education and other behavioral health topics.	22	12/13/2016
Park Place--Older Adult Program	Outreach event focusing on culturally and linguistically diverse individuals and families, discussing suicide prevention and education and other behavioral health topics.	22	12/13/2016

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Slavic Open Forum	Outreach event providing education and resource information regarding behavioral health and suicide prevention, focusing on Ukranian, Russian and former Soviet Union communities.	100	12/11/2016
The great Sac give back event	La Familia Counseling Center program presentation, including counseling, outreach, health and wellness services and family resources, focusing on LatinX youth and families.	150	12/10/2016
Slavic Missionary Church "Bethany"	Event for Ukrainian, Russian and former Soviet Union communities providing behavioral health and suicide prevention information and resources.	15	12/8/2016
Teen Parent Program	La Familia Counseling Center presented overview of their agency, including mental health and wellness service information, suicide awareness and prevention, focusing on LatinX youth and adults.	50	12/8/2016
Sacramento Self Help Center--Older Adult Program	Community education event regarding mental health and suicide prevention, focusing on Older Adult population.	8	12/7/2016
Suicide Prevention Presentation @ 6th Women's Leadersh	Supporting Community Connectionss program presentation discussing suicide awareness and prevention, access to services and community resources, focusing on LatinX and Spanish speaking youth and adults.	400	12/3/2016
La Familia Counseling Center Program Presentation @ Fa	Supporting Community Connectionss program presentation discussing suicide awareness and prevention, access to services and community resources, focusing on LatinX and Spanish speaking youth and adults.	75	12/2/2016
Valley High Health Tech—Cache Panel Presentations	The Valley High School CACHE Project conducted several presentations on mental/behavioral health issues to expose students, faculty and the community to behavioral health warning signs and available resources; focusing on Hmong community.	30-40	12/1/2016
Night out informative	Presentation regarding mental health conditions, suicide awareness and prevention and other support services programs, focusing on LatinX youth and adults.	40	11/30/2016
Ventanilla de salud-Mexican Consulate	Supporting Community Connectionss program presentation discussing suicide awareness and prevention, access to services and community resources, focusing on LatinX and Spanish speaking youth and adults.	200	11/28/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Thanksgiving Celebration	Outreach event discussing mental health conditions, suicide awareness and improved access to community services, focusing on Iu-Mien community.	72	11/23/2016
State Capitol-APCC	Bi-Monthly meeting with community providers, non-profit agencies, public officials and other stakeholders regarding various programs and mental health services, with focus on Asian Pacific Islander communities.	50-60	11/19/2016
Supporting Community Connections presentation at Sacramento	La Familia Counseling Center conducted outreach, sharing information regarding support services programs, suicide prevention and awareness for LatinX and Spanish speaking youth and families.	50	11/15/2016
Community Outreach Event-Language Academy	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	150	11/9/2016
Community Focus Group	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	11/2/2016
Trunk or Treat Event	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	150	10/31/2016
Iu-Mien Embroidery Art Exhibit	Collections of Iu-Mien embroidery were displayed to inform general public of Iu-Mien culture, sharing information regarding mental health services for unserved/underserved Iu-Mien and other Asian communities.	150	10/30/2016
Halloween Event at La Familia Counseling Center	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	305	10/28/2016
Fruitridge Head Start Parent Group	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	10/28/2016
Health Fair John D. Slote	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	70	10/27/2016
GED Class at Maple Neighborhood Center	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	15	10/25/2016
Register to Vote Event	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	60	10/24/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Harvest & Health Festival	Outreach, engagement and behavioral health education, targeting multi-cultural adults, youth and children in Sacramento County.	300	10/22/2016
Rio Linda Food Bank-IMCS	Provided social services resource information to support and develop healthy lu-Mien families and communities; discussed behavioral health programs and services.	50	10/13/2016
Victims of Crime Stop the Traffic	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	50	10/12/2016
Santa Rosa Church Fall Festival	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	50	10/9/2016
Health Fair Maple Parade Event	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	2000	10/9/2016
Binational/Celebrando Families South side Park <a href="#">Division of</a>	Outreach, engagement and behavioral health education, focusing on multi-cultural adults, youth and children in Sacramento County.	1000	10/9/2016
My Sisters House	Outreach event sharing information regarding behavioral health services and access to services, targeting Hmong, Vietnamese and Chinese communities.	25	10/8/2016
lu-Mien Fundraising Dinner-APCC	Dinner and outreach for various community and governmental organizations, sharing information regarding mental health services and programs, with specific focus on Asian Pacific Islander communities.	200	10/8/2016
Honoring our Journey Banquet	Meet and greet opportunity for community members to recognize and acknowledge the invaluable support that the lu-Mien Community Services provides to Mien elders and youth.	240	10/8/2016
Resource Fair at Elder Creek Family Night	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	150	10/6/2016
Bi-National Mexican Consulate	Outreach, engagement and behavioral health education for culturally and linguistically diverse populations of Sacramento County, including LatinX and Spanish speaking communities.	150	10/6/2016
Supporting Community Connections Presentation at Sant	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	29	10/5/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Family Night	Outreach to Ukrainian, Russian speaking and former Soviet Union communities regarding mental health, suicide awareness and prevention and other Supporting Community Connections services.	10	10/5/2016
Out of the Darkness	Suicide Prevention Walk bringing awareness to mental health conditions and access to services for culturally diverse communities in Sacramento County.	1000	10/1/2016
Feria Educativa- Resource Fair	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	2000	10/1/2016
SOGIE Transition Aged Youth Outreach Event	Training for community members about sexual orientation, gender identity and expression, focusing on youth and Transition Aged Youth populations.	60	9/30/2016
3rd Baptist Church--Slavic Assistance Center	Community education and outreach regarding mental health conditions and access to services, focusing on Ukrainian, Russian and former Soviet Union communities.	55	9/30/2016
Slavic Assistance Center Outreach on IBRAT-TV	Round table discussion on mental health, shame, discrimination and access to services, focusing on Ukrainian, Russian and former Soviet Union communities.	1000	9/30/2016
Lu-Mien Professionals Networking Mixer	Professional networking event to increase awareness and knowledge of mental health conditions and access to services, focusing on Lu-Mien communities who are underserved and/or unserved.	20	9/29/2016
Back to School Night	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	175	9/27/2016
Health Fair--Mexican Consulate	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	160	9/26/2016
Children's Bulk Festival--Fairytale Town	Sharing information regarding healthcare services, mental health awareness workshops, family counseling, suicide prevention and mental health services, focusing on culturally and linguistically diverse communities in Sacramento County.	500	9/25/2016
Slavic Baptist Church	SAFETALK Training, a training program that teaches participants to recognize and engage persons who might be having thoughts of suicide and to connect them with community resources, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	14	9/24/2016



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
California Indian Day--SNAHC	Outreach discussing behavioral health issues and access to community resources and services, focusing on Native American communities.	250	9/23/2016
Rio Linda Food Bank-	Provided social services resource information to support and develop healthy Lu-Mien families and communities; discussed behavioral health programs and services.	50	9/22/2016
Parent Support Group at Ethel Phillips School	Outreach and information sharing event to assist community members with employment and education needs, healthcare services, mental health counseling and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	9/21/2016
La Familia Counseling Center Job and Health Fair	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	50	9/21/2016
LFCC Program Presentation Brete Harte School	Community education event regarding mental health and suicide prevention, targeting Hispanic, LatinX and Spanish speaking communities.	14	9/19/2016
La Familia Counseling Center Health Fair	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	179	9/17/2016
State Capitol-	Bi Monthly meeting with community providers, non-profit agencies, public officials and other stakeholders regarding various programs and mental health services, with focus on Asian Pacific Islander communities.	50-60	9/17/2016
Health Faire --Rainbow Park	Community education event regarding mental health and suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	200	9/11/2016
Family Reading Event-Slavic Assistance Center	Outreach event focusing on importance of health and wellness, maintaining strong family bonds and community connections, focusing on Ukrainian, Russian and former Soviet Union communities.	90	9/8/2016
Recovery Happens--State Capitol, West Steps	Community education event regarding mental health, suicide prevention, drug and alcohol services; and other community partner programs and services, focusing on culturally and linguistically diverse communities.	1800	9/7/2016
Lang Vietnamese Language Magazine	Supporting Community Connections presentation, discussing suicide prevention and education, focusing on Vietnamese communities.	500	8/31/2016
McClatchy High School Outreach Event	Suicide prevention presentation, focusing on Hmong, Cantonese and Vietnamese communities.	23	8/31/2016

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Soccer Clinic Event --Maple Neighborhood Center	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	46	8/31/2016
Our Promise Health Fair--Older Adult Program	Provided information regarding behavioral health services, suicide prevention and mental health access, focusing on culturally diverse communities in Sac County, including Older Adult population.	250	8/30/2016
Our Promise Health Fair--Warmline Program	Provided information regarding behavioral health services, suicide prevention and mental health access, focusing on multi-cultural communities in Sacramento County.	250	8/30/2016
Health Faire at Mexican Consulate	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	100	8/29/2016
Slavic Baptist Church	Supporting Community Connections presentation, sharing suicide awareness, prevention and education information, focusing on Ukrainian, Russian and former Soviet Union communities.	1000	8/28/2016
Elk Grove multi-cultural Festival	Distribution of behavioral health handouts/brochures at the Elk Grove multi-cultural Festival, celebrating Lu Mien culture and diversity.	100	8/27/2016
5th Annual Elk Grove multi-cultural Festival	Outreach event celebrating diversity and increasing mental health awareness and knowledge and access to services, focused on culturally and linguistically diverse communities in Sacramento County.	1000	8/27/2016
Ukrainian Independence Day Celebration (Slaviic Assistan	Outreach event commemorating the 25th anniversary of Ukraine's Declaration of Independence. Provided mental health resource information, focusing on Ukrainian, Russian and former Soviet Union communities.	350	8/27/2016
Outreach Event at Family Justice Center	Community education event regarding mental health and suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	175	8/27/2016
COA BACK to School	Supporting Community Connections Program Presentation, focusing on suicide prevention and education, focusing on Ukrainian, Russian and former Soviet Union communities.	250	8/25/2016
Health Faire at Mexican Consulate	Community education event regarding mental health and suicide prevention, focusing on LatinX and Spanish speaking communities.	100	8/25/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
WHY Sac Collaborative Meeting	Outreach event to increase awareness about mental health and access to community services, focusing on Youth and Transitional Aged Youth (Transition Aged Youth) communities.	28	8/23/2016
Elk Grove Unified School District	Provided social services resource information to support and develop healthy Lu-Mien families and communities; discussed behavioral health programs and services.	80	8/23/2016
School Management Team Meeting--ICOA	Provided mental health resource information for school administrative team/teachers, specifically focusing on Ukrainian, Russian and Slavic language communities.	9	8/23/2016
County Board of Supervisors Board Chambers	Discussion of national "Recovery Happens" month in September; proclamation and presentation by the Board of Supervisors for community partner-CCAPP.	40	8/23/2016
Ventanilla de salud Outreach Event at Mexican Consulate	Community education event regarding mental health and suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	80	8/22/2016
Sacramento Pow Wow	Community outreach event discussing mental health services and suicide prevention and education, focusing on Native American community.	400	8/21/2016
Annual Banana Festival - 2 day Event (8/20/16-8/21/16)	Community outreach event discussing mental health services and suicide prevention and education, focusing on African American communities.	56	8/20/2016
Ukrainian Festival (Slavic Assistance Center)	Community outreach event discussing mental health services and suicide prevention and education, focusing on Ukrainian, Russian and Slavic language communities.	4000	8/20/2016
Sexual Orientation and Gender Identity Expression Staff Training	Shared behavioral health services information, focusing on sexual orientation, gender identify and expression for youth and Transition Aged Youth communities.	12	8/18/2016
Rio Linda Food Bank-IMCS	Shared behavioral health services information, discussed Lu-Mien Community Services programs and services.	60	8/18/2016
Outreach Event - Club Excel	Provided information regarding behavioral health services, suicide prevention and mental health access to multi-cultural communities in Sac County.	17	8/18/2016
CrossWood--Older Adult Program	Shared behavioral health services information, discussed Lu-Mien Community Services programs and services.	11	8/17/2016
Professional Development Day	Provided information regarding behavioral health services, suicide prevention and mental health access to multi-cultural communities in Sac County.	14	8/15/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Health Faire-- Meadowview Park, District 8	Provided information regarding behavioral health services, suicide prevention and mental health access to multi-cultural communities in Sac County.	250	8/14/2016
IMSC 18th Annual Food Faire	Food faire fundraiser for the 18 <sup>th</sup> Annual Lu-Mien Student Conference.	80	8/13/2016
Resource Information Faire-- Child Protective Services	Community education event regarding mental health and suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	125	8/12/2016
Stonegate Mobile Home Park--Older Adult Program	Community education event to improve access to behavioral health services and increase knowledge of suicide awareness and prevention, focusing on Older Adult community.	8	8/12/2016
Health Faire-Visions Unlimited	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	70	8/10/2016
School Management Team Meeting--ICOA	Supporting Community Connections Program Presentation, focusing on suicide prevention and education, focusing on Ukrainian, Russian and Slavic language communities.	12	8/9/2016
Ukrainian Youth Church (Slavic Assistance Center)	Workshop on Stigma and discrimination related to mental health, suicide prevention and education, focusing on the Ukrainian, Russian and Slavic language communities.	14	8/9/2016
Bayside Church Outreach--Consumer Warmline	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	5	8/9/2016
Friends Church--Older Adult Program	Providing behavioral health information and resources, public health, and service access information to the diverse multi-cultural communities in Sac County.	4	8/9/2016
Lutheran Church of the Ascension--Consumer Warmline	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	7	8/9/2016
Friends Church--Consumer Warmline	Providing behavioral health information and resources, public health, and service access information to the diverse multi-cultural communities in Sac County.	4	8/9/2016
Resource Fair--Santa Rosa Church	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	45	8/9/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Sacramento Black Women's Health and Wellness Conference	Outreach to African American community regarding mental illness, health and wellness and access to services.	400	8/6/2016
Family Night Out-Twin River School District	Providing health resources and education, preventative health, mental/behavioral health information, focusing on the Hispanic, LatinX and Spanish speaking communities.	225	8/5/2016
Take Back the Night – Jack Davis Park	Providing behavioral health information and resources, public health, and service access information to the diverse multi-cultural communities in Sac County.	400	8/2/2016
Health Fair--Nielson Park, District 8	Provided behavioral health information and resources, public health, and service access information to the diverse multi-cultural communities in Sac County.	250	7/31/2016
Lu-Mien College Graduation Ceremony	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Lu-Mien communities.	300	7/30/2016
Martin Luther King Jr. Library--Older Adults	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	4	7/29/2016
Martin Luther King Jr. Library--Consumer Warmline	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	4	7/29/2016
Robbie Waters Pocket-Greenhaven Library--Older Adults	Provided behavioral health information and resources, public health, and service access information to the diverse multi-cultural communities in Sac County.	7	7/29/2016
Robbie Waters Pocket-Greenhaven Library	Provided behavioral health information and resources, public health, and service access information to the diverse multi-cultural communities in Sac County.	7	7/29/2016
Family Night Out --Crocker Art Museum	Provided behavioral health information and resources, public health, and service access information to the diverse multi-cultural communities in Sac County.	50	7/29/2016
Belle Cooledge Library--Older Adults	Provided behavioral health information and resources, public health, and service access information to the diverse multi-cultural communities in Sac County.	5	7/29/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Belle Cooleage Library--Consumer Warmline	Provided behavioral health information and resources, public health, and service access information to the diverse multi-cultural communities in Sac County.	5	7/29/2016
La Familia Counseling Center Health Faire at Mexican Cor	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	60	7/29/2016
Summer Lunch Program--LFCC	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention, specifically targeting the Hispanic, LatinX and Spanish speaking communities.	100	7/28/2016
Zumba Class at La Familia Counseling Center	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	12	7/27/2016
WHY Sac Meeting	Youth and Transition Aged Youth outreach and networking event.	25	7/26/2016
Ventanilla de Salud at Mexican Consulate--LFCC	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention, focusing on LatinX and Spanish speaking communities.	150	7/25/2016
Missionary Slavic Pentecostal Church Outreach	Seminar regarding Suicide Prevention, focusing on the Ukraian, Russian speaking and former Soviet Union communities.	15	7/24/2016
Pathways to a Healthy Mind: Mental Health Information Ex	Community outreach event designed to improve access to services and provide behavioral health information to the diverse multi-cultural communities in Sac County.	80	7/23/2016
NANU Minority Mill Event	Outreach to African American community regarding mental illness, access to services and suicide prevention.	25	7/23/2016
Outreach at Crocker Art Museum--LFCC	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	250	7/22/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Network Café--Older Adults	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	53	7/21/2016
Network Café--Consumer Warmline	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	53	7/21/2016
Sacramento Manor--Older Adult	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	4	7/20/2016
ACC Greenhaven Terrace-Consumer Warmline	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	7	7/20/2016
Vintage Glen Senior Apartment-Consumer Warmline	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	5	7/20/2016
Sacramento Manor--Consumer Warmline	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	4	7/20/2016
Vintage Glen Senior Apartments-Older Adults	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	5	7/20/2016
Outreach at ACC Greenhaven Terrace	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support.	7	7/20/2016
California State Fair-- <a href="#">La Familia Counseling Center</a>	Multi-cultural resource event, providing Health and Safety, mental and behavioral health resources for youth, young adults, veterans, multi-cultural families and dislocated workers.	87	7/19/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
State Capitol-(Asian Pacific Community Counseling)	Bi Monthly meeting with community providers, non-profit agencies, public officials and other stakeholders regarding various programs and mental health services, with focus on API communities.	50	7/16/2016
BRAT TV/Inter Radio Program	Outreach via radio program for Slavic and Russian speaking communities regarding "Epilepsy Overview."	1000	7/15/2016
Family Friday-- <a href="#">La Familia Community Counseling</a> )	Multi-cultural resource event, providing access and behavioral health services information for youth, young adults, adults, veterans, and families.	200	7/15/2016
Francis House--Older Adults	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support.	8	7/14/2016
Senior Care PACE--Older Adults	Behavioral health presentation for individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	4	7/14/2016
Strategies for Change-Older Adults	Behavioral health presentation for individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on Older Adult population.	7	7/14/2016
Francis House--Consumer Warmline	Sharing behavioral health information with diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support.	8	7/14/2016
Senior Care PACE--Consumer Warmline	Sharing behavioral health information with diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support.	4	7/14/2016
Outreach Event at Strategies for Change--Consumer Warmline	Outreach event sponsored by Consumer Warm Line--sharing information regarding behavioral health and access to services.	7	7/14/2016
Health Fair at Cabrillo Park-District 8	Multi-cultural Health Fair event, informing the racially diverse communities in Sac County about mental health services to improve health and overall wellness.	250	7/10/2016
Block Party at Crocker Art Museum	Multi-cultural resource event, providing access and behavioral health services information for youth, young adults, adults, veterans, and families.	800	7/9/2016



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mercy Medical Group/Counseling & Psychiatry--Consumer	Sharing behavioral health information with diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support.	2	7/7/2016
Summer Lunch @ La Familia Counseling Center	Community education event to improve access to behavioral health services and increase knowledge of suicide prevention, focusing on the Hispanic, LatinX and Spanish speaking communities.	175	7/7/2016
Community Psychiatry Event-Outreach sponsored by Cons	Sharing behavioral health information with diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support.	4	7/7/2016
Slavic Evangelical Church (Slavic Assistance Center)	Seminar regarding mental health issues and how to access behavioral health services, focusing on the Ukrainian, Russian speaking and former Soviet Union communities.	17	7/3/2016
Russian Services Center Training (Slavic Assistance Center)	Outreach and training event designed to improve cultural sensitivity, providing relevant skills for providers who work with culturally and linguistically diverse youth, adult and Older Adult populations.	14	6/30/2016
Serna Village Training (Slavic Assistance Center)	Outreach and training event designed to improve cultural sensitivity and provide relevant skills for providers who work with multi-cultural populations, focusing on Ukrainian, Russian speaking and Slavic other languages.communities.	7	6/30/2016
Bethany Church Radio Program	Radio event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	71	6/29/2016
Connection Café – Folsom Cordova Community Partnersh	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	27	6/29/2016
Homeless Vet Mini Stand Down - Event	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	75	6/29/2016
Saint Matthew Christian Church	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	1000	6/28/2016
Women's Empowerment	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	200	6/25/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
First Ukrainian Baptist Church	Outreach event, providing depression and mental health resource information for youth, adult and Older Adult populations, specifically focusing on Ukrainian, Russian speaking and former Soviet Union communities.	100	6/25/2016
Genesis Health	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	7	6/22/2016
Abiding Hope Respite House	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	6	6/22/2016
Women's Empowerment	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	9	6/22/2016
Health For All	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	7	6/22/2016
Abiding Hope Respite House	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	9	6/22/2016
CORE Medical Clinic Inc.	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	3	6/21/2016
Genesis Health @ Loaves and Fishes	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	10	6/21/2016
Sac Housing and Redevelopment Training	Community Outreach event focusing on cultural sensitivity, adaptations, and other relevant skills needed for successfully working with multi cultural populations.	4	6/21/2016
Hope for Healthy Families Training	Community Outreach event focusing on cultural sensitivity, adaptations, and other relevant skills needed for successfully working with multi cultural populations.	4	6/18/2016
LGBTQ Panel	Community Outreach event focusing on cultural sensitivity, mental health awareness, and suicide preventionq; youth, adult and Older Adult LGBTQ populations.	18	6/17/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Folsom Cordova Community Partnership Meeting	Outreach event for social service providers in Rancho Cordova, providing behavioral health education and resource information for diverse multi-cultural communities.	9	6/17/2016
Sheriff Jones Lunch Meeting	Meeting with Sheriff Jones on free alcohol prevention model program training for peer led teen, parenting and family groups, including translation and cultural adaptations to racially and culturally diverse populations.	3	6/16/2016
Coalition for Safe and Healthy Arden Arcade Meeting	Meeting of stakeholders from Arden Arcade area to collaborate on ways law enforcement, social service providers, schools, businesses and others in neighborhood can reduce risky sexual behavior, alcohol and use, and violence, specifically targeting youth and young adult populations.	12	6/15/2016
San Juan Unified School District Meeting	Provided brochures regarding information about SJUSD alcohol use prevention, peer led teen, parenting and family groups for diverse multi-cultural populations.	11	6/15/2016
Bethany Church Radio Program	Radio event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	3000	6/14/2016
Sac Housing and Redevelopment Training - 2 Day Event 6	Meeting with community stakeholders to collaborate on ways law enforcement, social service providers, schools, businesses and others may reduce risky sexual behavior, alcohol and drug use, and violence, specifically focusing on youth and young adult populations.	4	6/13/2016
Older Women's League	Outreach event, providing access and behavioral health services information for multi-cultural youth, adult and Older Adult populations.	20	6/12/2016
Sac Counseling and Family Services Center Training	Resource and information sharing event in collaboration with social service providers, schools, and local businesses to reduce risky sexual behavior, alcohol and drug use, and youth violence.	7	6/11/2016
District Park Day	Outreach event, providing access and behavioral health services information specifically focusing on LatinX and Spanish speaking populations.	500	6/10/2016
Slavic Youth Ministry	Outreach event, providing access and behavioral health services information specifically focusing on Ukrainian, Russian speaking and former Soveit Union communities.	90	6/9/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Sacramento County Coalition for Youth	Meeting of Sac County Coalition for Youth to prevent underage alcohol use through environmental strategies; focusing on culturally and linguistically diverse providers and community members.	31	6/9/2016
Slavic Pentecostal Church	Outreach event, providing access and behavioral health services information specifically focusing on Ukrainian, Russian speaking and former Soviet Union communities.	200	6/8/2016
Drug Advisory Board Meeting	Resource and information sharing event in collaboration with Drug Advisory Board, social service providers, schools, and local businesses to reduce risky sexual behavior, alcohol and use, and youth violence.	35	6/8/2016
La Familia Counseling Center	Outreach event, providing access and behavioral health services information specifically targeting LatinX and Spanish speaking populations.	2	6/7/2016
Community Networking Conference	Outreach event, providing access and behavioral health services information focusing on racially and culturally diverse populations.	40	6/7/2016
Next Move	Outreach event, providing access and behavioral health services information focusing on racially and culturally diverse populations.	5	6/7/2016
Asian Resources Inc.	Outreach event, providing access and behavioral health services information, focusing on Asian Pacific Islander populations.	8	6/7/2016
Alcohol & Other Drug Prevention Providers Network Meeting	Information and resource sharing event, providing behavioral health, public health and employment resources information, focusing on racially and culturally diverse communities.	7	6/6/2016
Mental Health Matters TV Show	Radio Broadcast for multi cultural communities, sharing behavioral health information and providing links to community services.	1000	6/6/2016
Bryte Church Family Event	Outreach event, providing access and behavioral health services information specifically focusing on Ukrainian, Russian speaking and former Soviet Union youth, adults and Older Adults.	1000	6/4/2016
Sacramento Pride Festival	Outreach event, providing access and behavioral health services information specifically focusing on youth, adults and Older Adult LGBTQ populations.	1000	6/4/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sac Counseling and Family Services Center Training	Provided brochures of services for Training to Hope for Healthy Families staff on facilitation skills of AOD prevention model programs including cultural sensitivity, adaptations, and other relevant skills to working with multi cultural populations.	8	6/4/2016
Executive Directors Meeting	Presentation at meeting for Executive Directors of Sac County regarding behavioral health education, prevention and treatment for community members eligible to receive public mental health services.	31	6/3/2016
South East Asian Assistance Center Meeting	Presentation at South East Asian Assistance Center on behavioral health, parenting and family groups including translation and cultural adaptations to their unique population.	3	6/3/2016
Russian Services Center Training	Outreach event discussing drug prevention, cultural sensitivity, and mental health awareness; focusing on culturally and linguistically diverse populations.	6	6/1/2016
CASH – Community Against Sexual Harm	Shared behavioral health information to increase knowledge of mental health conditions, including suicide awareness and prevention; focusing on linguistically and culturally diverse populations.	10	6/1/2016
Aldolfo Program – Staff meeting	Shared behavioral health information to increase knowledge of mental health conditions, including suicide awareness and prevention; focusing on linguistically and culturally diverse populations.	15	6/1/2016
My Sisters House	Shared behavioral health information to increase knowledge of mental health conditions, including suicide awareness and prevention; focusing on linguistically and culturally diverse populations.	40	6/1/2016
Police Department - IMPACT Team	Shared behavioral health information to increase knowledge of mental health conditions, including suicide awareness and prevention; focusing on linguistically and culturally diverse populations.	13	5/31/2016
Mental Health Matters Day at Capital	Shared behavioral health information to increase knowledge of mental health conditions, including suicide awareness and prevention; focusing on linguistically and culturally diverse populations.	200	5/26/2016
Consumer Speaks Conference	Culturally diverse mental health consumers speak out about stigma, discrimination and barriers to obtaining good mental health care.	300	5/26/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
MHA NorCal Peer Conference	Outreach event to share knowledge and infoamtion regarding mental health conditions; encouraging providers to empower consumers to be an active participant in their own decision making processes and learning to value consumer expertise. Event focused on multi-cultural populations.	500	5/26/2016
Slavic Parents Conference	Seminar regarding mental health and Suicide Prevention and Awareness; focusing on Ukrainian Russian speaking and former Soviet Union Communities.	360	5/24/2016
Mental Health Matters Day at the Capital	Community outreach to bring awareness, action and change regarding mental health challenges/conditions, stigma and discrimination; event focused on culturally diverse populations in Sac County.	200	5/24/2016
Mexican Consulate-La Familia Counseling Center	Education and interactive event to provide basis preventative medicine and medical screenings to people in the community, focusing on LatinX and Spanish speaking communities.	150	5/23/2016
Slavic Parents Conference (Slavic Assistance Center)	Linking familes to important mental health and suicide prevention information, reducing stigma, increasing protective factors and decreasing risk factors; focusing on Ukrainian, Russian speaking and former Soviet Union communities.	150	5/23/2016
Alcohol & Other Drug Prevention Providers	Meeting of alcohol and drug prevention providers to share info on resources for the public and the diverse populations they service.	10	5/23/2016
Hope for Healthy Families Training	Outreach regarding AOD prevention, including cultural sensitivity, adaptations, and other relevant skills for working with multi cultural teenage and youth populations.	12	5/21/2016
Wellness Recovery Center South	Information and resource sharing event, providing behavioral health, public health and employment resources information, focusing on racially and culturally diverse communities, including Older Adults.	150	5/20/2016
Center for Employment--Older Adult Program	Information and resource sharing event, providing behavioral health information, including suicide prevention and awareness, focusing on racially and culturally diverse communities, including Older Adults.	60	5/20/2016
Center for Employment-Warmline	Information and resource sharing event, providing behavioral health information, including suicide prevention and awareness, focusing on racially and culturally diverse communities, including Older Adults.	5	5/20/2016

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Wellness Recovery Center South	Provided behavioral health resource information to improve access, knowledge and awareness of available services and increasing access to services, focusing on culturally and linguistically diverse populations.	7	5/20/2016
Visions Unlimited--Older Adult Program	Provided behavioral health resource information to improve access, knowledge and awareness of available services and increasing access to services, focusing on Older Adult population.	7	5/20/2016
Visions Unlimited-Warmline	Information and resource sharing event, providing behavioral health information, including suicide prevention and awareness, focusing on racially and culturally diverse communities in Sac County.	5	5/20/2016
CDCR Health Fair--Older Adult Program	Information and resource sharing event, providing behavioral health information, including suicide prevention and awareness, focusing on racially and culturally diverse communities in Sac County.	6	5/20/2016
CDCR Health Fair--Warmline	Information and resource sharing event, providing behavioral health information, including suicide prevention and awareness, focusing on racially and culturally diverse communities in Sac County.	6	5/20/2016
Opiate Prescription Drug Conference	Information and resource sharing event, providing behavioral health information, including suicide prevention and awareness, focusing on racially and culturally diverse communities in Sac County.	120	5/20/2016
Open House/Cultural Fair	Provided behavioral health resource information to improve access, knowledge and awareness of available services and increasing access to services, focusing on Older Adult population.	200	5/19/2016
Family Night	Provided behavioral health resource information to improve access, knowledge and awareness of available services and increasing access to services, focusing on Older Adult population.	1200	5/19/2016
Middle HS Open House	Provided behavioral health resource information to improve access, knowledge and awareness of available services and increasing access to services, focusing on Older Adult population.	1500	5/19/2016
Cops & Clergy Resource Fair	Resource booth at Sacramento City Police Department Resource Fair, designed for clergy working in collaboration with law enforcement to decrease violence in the community; focusing on multi-cultural populations.	100	5/19/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Russian Services Center Training	Provided brochures of services for AOD prevention program, including cultural sensitivity, adaptations, and other relevant skills to working with multi cultural youth and Transition Aged Youth populations, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	6	5/19/2016
Network Café	Brief presentation at networking meeting of Sac. County CBO's on various behavioral health services available and how to access them with free bi-lingual facilitators upon request, focusing on multi-cultural populations.	26	5/19/2016
Russian Services Center Training	Provided brochures of services for AOD prevention program, including cultural sensitivity, adaptations, and other relevant skills to working with multi cultural youth and Transition Aged Youth populations, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	6	5/18/2016
Coalition for Safe and Healthy Arden Arcade-Youth Event	Youth event including multiple presenters intended to start a community conversation that is culturally sensitive and adaptable for diverse cultures and languages.	130	5/17/2016
Sub Committee of Sac County Drug Advisory Board	Meeting of Drug Advisory Board Prevention subcommittee sharing resource information regarding behavioral health services available in Sacramento County.	9	5/17/2016
Asian Pacific Counseling	Community Outreach sharing information regarding mental health services and suicide prevention and education, focusing on API communities.	7	5/16/2016
Health for All	Outreach event for social service providers in Rancho Cordova, providing behavioral health education and resource information for diverse multi-cultural communities.	5	5/16/2016
Asian Pacific Counseling	Community Outreach sharing information regarding mental health services and suicide prevention and education, focusing on API communities.	6	5/16/2016
Para-Transit Inc.	Community event to increase awareness and understanding of mental health conditions and suicide prevention/awareness, focusing on culturally and linguistically diverse communities.	5	5/16/2016
Minister Academy Graduation	Provided behavioral health resource information to improve access, knowledge and awareness of available services and increasing access to services, focusing on Older Adult population.	7	5/16/2016



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Community Charter Academy	Provided behavioral health resource information to improve access, knowledge and awareness of available services and increasing access to services, focusing on Older Adult population.	6	5/16/2016
Stop Stigma Health Fair	Community event booth presentation to learn of available Russian community behavioral health resources and to offer our agency's culturally adapted AOD prevention services	300	5/14/2016
14th Slavic Annual Safety Health job fair	Provided behavioral health resource information to improve access, knowledge and awareness of available services and increasing access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	250	5/14/2016
Stigma Free Outreach Event	Community event to increase awareness and understanding of mental health conditions and suicide prevention/awareness, focusing on culturally and linguistically diverse communities.	350	5/14/2016
Pacific Rim Festival	Community event to increase awareness and understanding of mental health conditions and suicide prevention/awareness, focusing on East Asian communities.	2000	5/14/2016
Booth at Russian Resources Fair	Community event booth presentation to learn of available Russian community behavioral health resources and to offer our agency's culturally adapted AOD prevention services	450	5/14/2016
Valley High Technical Health Fair	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	250	5/13/2016
CSUS Presentation Public Health Class	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	85	5/13/2016
Soar Senior Health Fair	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	300	5/12/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Hope for Healthy Families Training	Provided brochures of services for Part I training on facilitation of "Active Parenting of Teens," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multi cultural populations, curriculum to Hope for Healthy Families staff	12	5/12/2016
Crossroads Diversified Services	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	14	5/11/2016
Health Link Now	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	12	5/11/2016
Health link NOW	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	12	5/11/2016
Crossroads Diversified Services	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	14	5/11/2016
Sutter Center for Psychiatry	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	15	5/11/2016
Russian Services Center Training	Provided brochures of services for Part I training on facilitation of "Teens in Action," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multi cultural populations, curriculum to Russian Service Center teens.	6	5/11/2016
Slavic Teens School	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	100	5/10/2016
Hmong Freedom Bowl Sports Festival	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Hmong community.	500	5/7/2016
Sutter Center for Psychiatry	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	15	5/7/2016
NAMI Walk	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	250	5/7/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Missionary Gospel Church	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	25	5/7/2016
MH and Spiritual Round Table with Slavic	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1000	5/5/2016
Franchise Tax Board Health Fair	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	200	5/4/2016
South East Asian Assistance Center Meeting	Meeting with representatives of S.E. Asian Assistance Center on free alcohol prevention model program training for peer led teen, parenting and family groups including translation and cultural adaptations to their unique	23	5/4/2016
Big Day of Giving	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	150	5/3/2016
IBRAT TV/Inter-Radio program	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	500	5/3/2016
Alcohol & Other Drug Prevention Providers	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	70	5/2/2016
My Sisters House – monthly	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	40	5/1/2016
Feria de Salud Dia del Nino	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	50	4/30/2016
Community Outreach Academy School	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	25	4/29/2016
Hope for Healthy Families Training	Provided brochures and information regarding mental health programs and suicide prevention and education and provided links to community programs and services.	6	4/29/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento County Office of Education Training	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on youth.	6	4/28/2016
Sacramento County Coalition for Youth	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on youth.	32	4/26/2016
Ventanilla de Salud	Health Fair and outreach, sharing information regarding mental health services, suicide prevention and education, and providing links to community programs and services, focusing on LatinX and Spanish speaking communities.	300	4/25/2016
Missionary Gospel Church	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on African American communities.	500	4/24/2016
LGBT Event	Outreach event to share mental health resource information and to provide links to culturally appropriate services in the community, focused on LGBT youth and adult communities.	350	4/24/2016
Health Fair Farm Bourou	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	200	4/24/2016
NorCal Mental Health America of Northern California Training	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	5	4/23/2016
Open House Futures High Sschool	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on youth.	120	4/21/2016
Network Café	Supporting Community Connections presentation at networking meeting on various behavioral health services available and how to access them with free bi-lingual facilitators upon request, focusing on culturally and linguistically diverse communities.	6	4/21/2016
Disability Awareness Day - Sac City College	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services.	100	4/21/2016

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Slavic Pentecostal Church	Supporting Community Connections presentation at networking meeting on various behavioral health services available and how to access them with free bi-lingual facilitators upon request, focusing on culturally and linguistically diverse communities.	19	4/20/2016
Serna Village Training	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on culturally diverse communities.	7	4/20/2016
Slavic Baptist Church "Bethel"	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	70	4/17/2016
New Joseph Bohnaheim Resource Awareness	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on LatinX and Spanish speaking communities.	500	4/16/2016
Spring of Life Church	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Russian speaking, Ukrainian, and former Soviet Union communities.	300	4/15/2016
NorCal Mental Health America of Northern California Train	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on multi-cultural youth and adults. communities.	5	4/15/2016
Futures High School--Suicide Alertness Event	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Ukrainian, Russian speaking, and former Soviet Union communities.	10	4/14/2016
Healthy Village Senior Group Outdoor	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Older Adults.	19	4/13/2016
Serna Village Training	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on multi-cultural youth and adults. communities.	7	4/13/2016

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Drug Advisory Board Meeting	Meeting of Sac County Drug Advisory Board--shared information regarding AOD treatment and prevention as well as suicide prevention, resources and community access information.	33	4/13/2016
National Alliance on Mental Illness Meeting	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on multi-cultural youth and adults. communities.	25	4/13/2016
Homeless Outreach Carmichael--La Familia Counseling Center	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services,	100	4/12/2016
Elk Grove food bank and UMC Library Event	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on LatinX and Spanish speaking communities.	20	4/12/2016
Quarterly Neighborhood Connect Event - SSF	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on LatinX and Spanish speaking communities.	50	4/12/2016
Family Night in Live Stone Church	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on African American communities.	63	4/11/2016
NorCal Mental Health America of Northern California Train	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on multi-cultural communities, including LGBTQ and Older Adult.	5	4/8/2016
CORE medical Clinic – Staff meeting	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on multi-cultural communities, including LGBTQ and Older Adult.	14	4/7/2016
Sacramento County Office of Education Training	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Youth, family members and caregivers.	6	4/7/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Slavic Missionary Church/Seminar SCC	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	11	4/6/2016
Russian Services Center Training	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	10	4/6/2016
CSU, Sacramento Health Fair	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on diverse and multi-cultural communities.	200	4/5/2016
Russian Services Center Training	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	10	4/5/2016
Sacramento County Office of Education Training	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Youth, caregivers and family members.	6	4/5/2016
Hmong Health Alliance – Fair/Event	Community Outreach sharing information regarding mental health services, suicide prevention and education and providing links to community programs and services, focusing on Hmong community.	80	4/3/2016
Sacramenot Housing Redevelopment Agency – Staff meet	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on culturally and linguistically diverse communities.	6	4/1/2016
My Sisters House – monthly	Behavioral health presentation for diverse and multi-cultural individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support.	40	4/1/2016
Rio Linda Food bank	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support, focusing on culturally and linguistically diverse communities.	40	4/1/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
IBRA-TV Talk show	Behavioral health presentation to promote suicide awareness and prevention, mental health wellness and recovery and improved access to community services and support, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	500	3/31/2016
Sacramento County Office of Education Training	Behavioral health presentation for diverse individuals and families with mental health challenges to promote wellness and recovery, prevention and improved access to services and support.	6	3/31/2016
Sacramento County Coalition for Youth	Outreach event to discuss mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on youth and Transition Aged Youth.	34	3/29/2016
Ukrainian Culture Night	Outreach event to discuss mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on youth and Transition Aged Youth.	1000	3/28/2016
SOL Collective--Spoken Word II	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on Ukrainian, Russian and former Soviet Union communities.	16	3/26/2016
Seniors Day-Bell Avenue Apartments	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on Older Adults.	60	3/25/2016
McClatchy High School	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on High School students/youth.	60	3/25/2016
Sacramento Veteran Center	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on Veterans, culturally and linguistically diverse adults and Older Adults.	25	3/24/2016
South Natomas Community Center	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on culturally and linguistically diverse communities.	15	3/24/2016



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sierra Health Foundation	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on culturally and linguistically diverse communities.	13	3/24/2016
City Life Radio 1110 AM	Radio presentation/discussion regarding mental health, suicide prevention and improved access to community services and support, focusing on culturally and linguistically diverse communities.	1000	3/24/2016
Center of Praise Ministries	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on African American and other culturally and linguistically diverse communities.	20	3/24/2016
Scholarship Fundraiser--Supervisor Phil Serna's Office	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved access to services and support, focusing on culturally and linguistically diverse communities.	150	3/24/2016
Sierra College Big Time	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved community access to services and support, focusing on Youth, Transition Aged Youth and other culturally and linguistically diverse communities.	80	3/19/2016
Galt Senior Health Fair	Health Fair discussing mental health, wellness and suicide prevention and improved community access to services and support, focusing on Older Adults.	500	3/19/2016
Folsom Cordova Community Partnership Meeting	Meeting of social service providers, schools, businesses, law enforcement to discuss mental health and suicide awareness and prevention and improved community access to community services and support, focusing on culturally and linguistically diverse communities.	11	3/18/2016
Network Café	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved community access to services and support, focusing on Youth, Transition Aged Youth and other culturally and linguistically diverse communities.	41	3/17/2016
Sierra Vista Hospital	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved community access to services and support, focusing on culturally and linguistically diverse communities and family members of those with mental illness.	53	3/17/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento County Office of Education Training	Behavioral health presentation discussing mental health and substance abuse issues, suicide prevention and improved community access to services and support, focusing on culturally and linguistically diverse communities, including children and family members of those with mental illness.	7	3/17/2016
Alcohol & Other Drug Youth Prevention Provider Meeting	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on linguistically and culturally diverse communities.	38	3/17/2016
Wellness and Recovery Center North	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on linguistically and culturally diverse communities.	5	3/16/2016
Turning Point Community Programs	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on linguistically and culturally diverse communities.	5	3/16/2016
Summerset Senior Living	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on linguistically and culturally diverse Older Adults.	30	3/16/2016
Sacramento Refugee Forum	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on linguistically and culturally diverse refugees.	20	3/15/2016
Iu-Mien Student Conference	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on Iu-Mien youth, adults and Older Adults	260	3/11/2016
Hiram Johnson High School Health Fair	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on linguistically and culturally diverse youth and caregivers/parents of youth.	300	3/11/2016
Iu-Mien Student Conference	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on Iu-Mien youth, caregivers and parents of youth.	260	3/11/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Citrus Heights Collaborative Meeting	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on linguistically and culturally diverse communities.	12	3/11/2016
Radio Show 1430 AM	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on Hmong community.	1000	3/10/2016
Russian Services Center Training	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on Ukrainian, Russian speaking, and former Soviet Union communities.	16	3/10/2016
Fern Bacon Middle School "Bulldog Café"	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on linguistically and culturally diverse middle school youth.	15	3/9/2016
Russian Community Breakfast	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	300	3/9/2016
School Site Council Meeting	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on culturally and linguistically diverse youth, parents and caretaker communities.	19	3/8/2016
Navigating the Golden Years Conference	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on culturally and linguistically Older Adult communities.	30	3/5/2016
Youth Skate Camp	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on culturally and linguistically youth and Transition Aged Youth.	9	3/5/2016
City Life Radio 1110AM	Behavioral health presentation regarding mental health and suicide awareness and prevention and improved community access to services and supports, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1000	3/3/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
El Hogar Community Services	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally and linguistically diverse communities.	5	3/2/2016
UC Davis Health and Education Fair	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally and linguistically diverse communities.	5	3/2/2016
Russian Speaking community partners event	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1000	3/1/2016
Easter Seal	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally and linguistically diverse communities.	10	3/1/2016
Zion Lutherans Church	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally and linguistically diverse communities.	10	3/1/2016
Rio Linda Food bank	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally and linguistically diverse communities.	40	3/1/2016
Sac LGBT Community Center Meeting	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally and linguistically diverse communities.	5	2/29/2016
La Familia Meeting	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally and linguistically diverse communities.	4	2/29/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Folsom Cordova Community Partnership Meeting	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally and linguistically diverse communities.	3	2/29/2016
Sacramento Native American Health Center Writing Works	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on Native American communities.	22	2/27/2016
TV Talk Show	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1000	2/26/2016
Russian Services Center Training	Outreach event to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	16	2/25/2016
ADRC – Staff meeting	Supporting Community Connections presentation, sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on multi-cultural communities.	5	2/25/2016
Open House for Seniors	Supporting Community Connections presentation to share information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on Older Adult and other culturally diverse communities.	16	2/24/2016
Folsom/Cordova Community Partnership Event	Community resource event sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally diverse communities.	20	2/24/2016
Network Café	Community resource event sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally diverse communities.	51	2/18/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento County Coalition for Youth	Community resource event sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally diverse youth and Transition Aged Youth communities.	36	2/18/2016
WEAVE	Community resource event sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on culturally diverse communities.	5	2/16/2016
Sac Native American Health Center	Community resource event sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on Native American communities.	5	2/16/2016
3rd Annual NERDS Gathering	Community resource event sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on Native American communities.	200	2/13/2016
Sweet Potato Festival	Community resource event sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on African American communities.	150	2/13/2016
City Life Radio 1110 AM	Community resource event sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1000	2/11/2016
Applied Suicide Intervention Skills Training (ASIST)	Community resource event sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	31	2/11/2016
Senior Apartments Family Night	Community resource event sharing information regarding mental health services, suicide prevention and education and provided links to community programs and services, focusing on Older Adults communities.	12	2/11/2016
Russian Services Center Training	Outreach event regarding mental health services, suicide prevention and education. Provided information and shared links to community programs and services, focusing on LGBTQ and other ethnically and linguistically diverse communities.	6	2/11/2016

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
CARES Community Health	Outreach event regarding mental health services, suicide prevention and education. Provided information and shared links to community programs and services, focusing on Russians, Ukrainians and former Soviet Union communities	5	2/10/2016
Drug Advisory Board Meeting	Outreach event regarding mental health services, alcohol and drug addiction, and suicide awareness and prevention. Provided information and links to community programs and services, focusing on culturally and linguistically diverse communities.	37	2/10/2016
Tobacco Control Coalition	Outreach event regarding mental health services, alcohol and drug addiction, and suicide awareness and prevention. Provided information and links to community programs and services, focusing on culturally and linguistically diverse communities.	36	2/10/2016
Russian Services Center Training	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	6	2/10/2016
Sacramento Employment and Training Agency Refugee W	Supporting Community Connections Presentation, discussing suicide awareness and prevention and providing links to community resources and services, focusing on refugees.	25	2/8/2016
Vietnamese Tet Festival	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	250	2/7/2016
Slavic Ministry Institute	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	19	2/5/2016
Women Civic Improvement Center	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on multi-cultural communities.	11	2/5/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Executive Directors Meeting	Supporting Coommunity Connections Presentation regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on multi-cultural communities.	39	2/5/2016
Expert Pool Town Hall Meeting	Supporting Coommunity Connections Presentation regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on multi-cultural communities.	15	2/5/2016
ACC Senior Services	Supporting Coommunity Connections Presentation regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on multi-cultural communities.	10	2/5/2016
Alcohol & Other Drug Youth Prevention Provider Meeting	Supporting Coommunity Connections Presentation regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on multi-cultural communities.	9	2/2/2016
Rio Linda Food bank	Supporting Coommunity Connections Presentation regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on multi-cultural communities.	40	2/1/2016
Southeast Asian Youth Conference	Supporting Coommunity Connections Presentation regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Youth and Transition Aged Youth communities.	250	1/29/2016
Children's Receiving Home, New Employee Orientation	Supporting Coommunity Connections Presentation regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Youth and Transition Aged Youth communities.	6	1/28/2016
Young Adult Use of Tobacco and Marijuana	Supporting Coommunity Connections Presentation regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Youth and Transition Aged Youth communities.	Unknown	1/27/2016



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Authentic Counseling Associates	Supporting Coommunity Connections Presentation regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Youth and Transition Aged Youth communities.	10	1/26/2016
Homeless Outreach	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Youth and Transition Aged Youth communities.	12	1/25/2016
NASPA Conference	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Youth and Transition Aged Youth communities.	75	1/24/2016
Missionary Gospel Church	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on African American communities.	200	1/24/2016
NASPA --Student Affairs Administrators in Higher Education	Outreach regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on culturally and linguistically diverse communities.	75	1/23/2016
Iu-Mien Healthy Village Senior New Year	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Iu-Mien communities.	103	1/23/2016
Vietnamese Tet Festival	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Vietnamese communities.	500	1/23/2016
Inter Radio/Brat TV program	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on Vietnamese communities.	1000	1/22/2016
Senior New Year Celebration	Outreach event hosted by Iu-Mien Coummunity Services, distributed behavioral health information and program brochures to attendees, focusing on culturally diverse unserved and underserved community members.	125	1/21/2016
Network Café	Outreach event regarding behavioral health services and suicide awareness and prevention. Provided information and links to community programs and services, focusing on multi-cultural communities.	43	1/21/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
SAAC	Outreach regarding behavioral health services and suicide awareness and prevention, focusing on multi-cultural communities.	10	1/21/2016
Cultural Competency Committee Meeting	Community Support Team presentation, discussing how to access county and community resources and services, focusing on linguistically and culturally diverse communities.	20	1/20/2016
First Ukrainian Evangelist Baptist Church	Outreach event regarding behavioral health services and suicide awareness and prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	300	1/17/2016
Seniors Apartments	Outreach to Older Adults regarding behavioral health, suicide awareness and prevention and access to available resources and services.	100	1/14/2016
WHY SAC	Community outreach discussing behavioral health, including suicide awareness and prevention and access to community resources and services, focusing on linguistically and culturally diverse communities.	4	1/12/2016
LGBTQ Center	Community outreach to increase awareness of mental health services, including suicide awareness and prevention, focusing on LGBT community.	10	1/12/2016
Adult Protective Services	Community outreach to increase awareness of mental health services, including suicide awareness and prevention, focusing on linguistically and culturally diverse communities.	25-40	1/12/2016
TLCS Respite Center	Community Support Team presentation, discussing how to access county and community resources and services, focusing on linguistically and culturally diverse communities.	10	1/12/2016
Sacramento County Coalition for Youth	Outreach at Sac County Coalition for Youth, discussing environmental strategies for preventing underage alcohol use and suicide awareness and prevention strategies, focusing on youth and Transition Aged Youth.	30	1/11/2016
Ukrainian Christmas Festival	Community Support Team presentation, discussing how to access county and community resources and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1800	1/9/2016
Homeless Outreach	Community outreach to increase awareness of mental health services, including suicide awareness and prevention, focusing on linguistically and culturally diverse communities.	90	1/9/2016

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Senior Connection	Community Support Team presentation, discussing how to access community resources and services, suicide prevention and awareness and community policing, focusing on linguistically and culturally diverse communities.	10	1/8/2016
Russian Services Center Training - 2 Day Event (1/6/16 - 1	Community Support Team presentation, discussing how to access county and community resources and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	70	1/6/2016
Homeless Outreach	Community outreach to increase awareness of mental health services, including suicide awareness and prevention, focusing on linguistically and culturally diverse communities.	40	1/4/2016
Alcohol & Other Drug Prevention Providers Meeting	Information sharing session for behavioral health providers to share and obtain information and resources for the diverse populations served by the public mental health system.	80	1/4/2016
Rio Linda Food bank	Provided behavioral health resource information to the cultural and racially diverse communities in Sacramento County.	40	1/1/2016
Sojourn Hospice and Palliative Care	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services.	10	12/30/2015
We Help Youth, Sacramento	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transition Aged Youth.	24	12/22/2015
Integrated Outreach- SSF- MDT meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse populations.	15	12/22/2015
Home Visitation Program	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on youth, Transition Aged Youth and underserved families.	50	12/21/2015
Home Visitation Families Winter Event	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Native American youth and families.	50	12/21/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Missionary Church "Bethany"	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	900	12/20/2015
VFW Post 67	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	140	12/19/2015
Native Design and Skate workshop	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Native American youth and families.	15	12/19/2015
SafeTalk	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	15	12/18/2015
Folsom Cordova Community Partnership Meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	20	12/18/2015
Russian Services Center Training	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	9	12/17/2015
Homeless Outreach	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	7	12/17/2015
Russian Services Center Training	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	9	12/16/2015
Sub Committee of Sac County Drug Advisory Board	Distributed resource information to improve awareness and understanding of mental health conditions and increase access to services.	15	12/15/2015
Cultural Competence Committee Meeting	Distributed resource information to improve awareness and understanding of mental health conditions and increase access to services.	25	12/15/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Educational Talent Search	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	9	12/14/2015
Charter Outreach Middle School	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	17	12/14/2015
Middle HS Family Night	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	40	12/14/2015
Safe talk training	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	16	12/10/2015
City Life Radio 1110 AM	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	3000	12/10/2015
Inter Radio / Brat TV channel	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	3000	12/9/2015
Drug Advisory Board Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	36	12/9/2015
WHY SAC	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transition Aged Youth.	3	12/8/2015
Slavic Support Group	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	15	12/7/2015
7th Anniversary of Ventanilla de Salud	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	500	12/7/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Alcohol & Other Drug Youth Prevention Provider Meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	8	12/7/2015
NCMHA – NorCal Mental Health America meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	8	12/4/2015
New Hire Orientation	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	16	12/3/2015
HRC/Human Resource Consultant	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	15	12/3/2015
TLCS	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	15	12/3/2015
Executive Directors Meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	40	12/3/2015
Rio Linda Food bank	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	40	12/1/2015
Sacramento County Coalition for Youth	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children, Transition Aged Youth and their families.	40	12/1/2015
Slavic Pentecostal Churches Conference	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	340	11/30/2015
Slavic Missionary Gospel Church	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	250	11/29/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento Hmong New Year	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Hmong community.	6000	11/27/2015
La Familia Thanksgiving Event	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	300	11/25/2015
Community Meeting and Celebration for families and stakeholders	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	110	11/25/2015
WHY SAC	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	21	11/24/2015
Casa de Espanola	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	300	11/21/2015
Sac Hmong New Year Cal Expo	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Hmong community.	3000	11/21/2015
Folsom Cordova Community Partnership Meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	17	11/20/2015
Native American Scholarship fundraiser	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Native American individuals and families.	500	11/20/2015
City Life Radio 1110 AM	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	3000	11/19/2015
Tobacco Control Coalition	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	52	11/18/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Project Aware Coalition	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	18	11/18/2015
YMCA of Superior California	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children, Transition Aged Youth and families.	2	11/17/2015
Ethel Hart Senior Center	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Older Adults.	3	11/17/2015
Sierra 2 Center	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	1	11/17/2015
Sacramento County Coalition for Youth	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	44	11/17/2015
Suicide Prevention Outreach	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	35	11/13/2015
Mental Health Awareness	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Hmong and other South East Asian communities.	60	11/12/2015
New Hire Orientation	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse individuals.	12	11/12/2015
Fall Flu Shots event	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Native American youth and families.	25	11/12/2015
Christian Church of Faith / Thanksgiving Event	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on African American individuals and families.	150	11/12/2015



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Speaking Engagement and Booth at Social Security Admin	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children and families.	59	11/12/2015
Home Visitation Families Fall Event	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Native American youth and families.	25	11/12/2015
Coalition for Safe and Healthy Arden Arcade meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Native American youth and families.	12	11/12/2015
WHY SAC	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse individuals and families.	5	11/10/2015
Day of Hope	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse individuals and families.	250	11/7/2015
Slavic Youth Event	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	18	11/6/2015
Charter Outreach Academy Future HS	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	49	11/5/2015
Homeless Youth Task Force	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transition Aged Youth.	8	11/4/2015
Veterans Administration	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Veterans and Older Adults.	58	11/4/2015
Aging and Health Conference	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Older Adults and other underserved/unserved communities.	300	11/2/2015

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Alcohol & Other Drug Prevention Providers	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on linguistically and culturally diverse communities.	9	11/2/2015
WHY SAC	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transition Aged Youth.	30	10/27/2015
Cultural Competence Committee Meeting	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on linguistically and culturally diverse communities.	41	10/27/2015
Harvest Festival	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on linguistically and culturally diverse communities.	500	10/24/2015
Always Knocking Training	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on linguistically and culturally diverse communities.	12	10/24/2015
SOGIE Training	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on linguistically and culturally diverse communities.	8	10/22/2015
Folsom Cordova Community Partnership Community Meet	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on foster youth, Transition Aged Youth and their families.	47	10/22/2015
Chick in Crisis	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse individuals and families.	1	10/21/2015
Strategies & CA State Child Abuse Prevention Council me	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse individuals and families.	48	10/21/2015
Sacramento County Coalition for Youth	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on foster youth, Transition Aged Youth and their families.	45	10/21/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Sub Committee of Sac County Drug Advisory Board	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on linguistically and culturally diverse communities.	16	10/20/2015
Arden Way Apartments	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adult population.	7	10/19/2015
Run for a Safe Haven My Sister House	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	1500	10/17/2015
Spooktacular Health Fair	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse individuals and families.	250	10/17/2015
Ukrainian Baptist Church	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	16	10/16/2015
Folsom Cordova Community Partnership Meeting	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse individuals and families.	17	10/16/2015
Network Café	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse individuals and families.	41	10/15/2015
California Secretary of State	Provided drug prevention resources and information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse individuals and families.	53	10/14/2015
WHY SAC	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse individuals and families.	4	10/13/2015
CHARTER SCHOOL COA	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children, youth and families.	60	10/12/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Children's Receiving home – CPS placement team	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse children, youth and families.	15	10/12/2015
Celebrando Nuestra Salud	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	3000	10/11/2015
Take Back the Night	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse individuals and families, including unserved and underserved communities.	360	10/10/2015
Wilton Breast Cancer Walk/Run	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse individuals and families, including unserved and underserved communities.	300	10/10/2015
CDCR Board of Parole	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse individuals and their families.	30	10/9/2015
Celebrando Nuestra Salud	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	3000	10/9/2015
SCBC Resource Fair	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	400	10/9/2015
Booth at CA State Dept. of Motor Vehicles	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse individuals and their families.	85	10/9/2015
Barch Viet Association Inc.	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Vietnamese community.	100	10/7/2015
Bi-National Health Week Mexican Consulate	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	300	10/5/2015
Alcohol & Other Drug Prevention Providers Meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	9	10/5/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
AFSP Out of the Darkness	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	300	10/3/2015
Sunday School Teachers Conference 2015	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	20	10/3/2015
Out of the Darkness/Suicide Prevention Walk	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	see below	10/3/2015
Sunday School Teachers Conference 2015	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	129	10/2/2015
MAAP – Mexican American Alcohol Prevention Agency	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse children and families.	3	9/29/2015
Focus Group Valley Vision	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	10	9/28/2015
Table Talks	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on African American communities.	20	9/28/2015
Homeless Outreach	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth communities.	4	9/28/2015
Feria de Educacion	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	200	9/26/2015
California Indian Day @ Capitol	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Native American community.	350	9/25/2015
Ventanilla de Salud	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	80	9/25/2015

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Barbara Comstock Morse Elementary School	Outreach to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention focusing on culturally and linguistically diverse individuals and families.	200	9/25/2015
CA Indian Day	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Native American individuals and families.	350	9/25/2015
American River College	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transition Aged Youth and other unserved/underserved populations.	300	9/24/2015
Ventanilla de Salud	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	300	9/24/2015
City Life Radio	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1000	9/24/2015
American River College Fall Welcome	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities.	4000	9/24/2015
Network Café	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth communities.	40	9/24/2015
American River College Health Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse communities.	300	9/24/2015
Booth at CA State General Services & Teachers Retirement	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse communities.	350	9/24/2015
WHY SAC	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse communities.	31	9/22/2015
Cultural Competence Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally diverse communities.	15	9/22/2015
Parade "10" Anniversary of Sac Hispanic	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	1000	9/20/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
LatinX Behavioral Health Week	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	300	9/19/2015
Annual Health and Safety Fair/LatinX BHW	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	300	9/19/2015
LatinX Behavioral Health Event	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	300	9/19/2015
Indigenous Warriors Society	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally diverse communities.	60	9/18/2015
Casa De Flores Senior Mobile Park	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Older Adults.	10	9/17/2015
Network Café – Sac. Food Bank	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth and older culturally diverse communities.	50	9/17/2015
Children's Mental Health Stakeholder's Meeting of Sacram	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults and consumers with lived experience.	35	9/17/2015
Bayside Church	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults and consumers with lived experience.	12	9/16/2015
Alcohol & Other Drug Prevention Providers	Meeting of alcohol and drug prevention providers to share info on resources for the public those they serve.	9	9/14/2015
Fruit and Veggie Fest	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	250	9/13/2015
Mental Health Spiritual Roundtable	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities. communities.	10	9/12/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Inspiring Health and Wellness	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	200	9/12/2015
CAP-2015 Congress of African People Convening	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on African American communities.	80	9/12/2015
Slavic Missionary Institute	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	19	9/12/2015
Pacific Coast Slavic Baptist Association	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	56	9/11/2015
SOGIE Training	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LGBT communities.	12	9/10/2015
Community Outreach Academy	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	52	9/10/2015
Family Night COA	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	55	9/10/2015
Tobacco Control Coalition	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally diverse communities.	42	9/9/2015
Homeless Outreach	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally diverse communities.	3	9/8/2015
Older Adult Coalition	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Older Adult population.	24	9/8/2015
WHY SAC	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transition Aged Youth communities.	4	9/8/2015



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Executive Directors Meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	45	9/4/2015
MHSOAC Meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transition Aged Youth and LGBT communities.	12	9/2/2015
Recovery Happens State Capitol	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	2500	9/2/2015
District 8	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities. communities.	300	8/30/2015
Slavic Missionary Gospel Church	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	800	8/30/2015
4th Annual Wellness Fair	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	100	8/29/2015
Slavic Pentecostal Missionary Church	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	200	8/29/2015
Ventanilla de Salud	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	200	8/27/2015
SCUSD Back to School Night	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Native American communities.	50	8/26/2015
WHY SAC	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transition Aged Youth and other underserved populations.	27	8/25/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Board of Supervisors/ Recovery Happens Resolution	Community outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse. communities	30	8/25/2015
Homeless Outreach	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transition Aged Youth.	6	8/24/2015
Sankofu	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on African American underserved populations.	20	8/22/2015
Slavic Leadership Ministry Institute	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union populations.	19	8/22/2015
Family Health Day	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and Spanish speaking communities.	200	8/22/2015
Ukrainian Festival	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union populations.	400	8/22/2015
SOGIE Meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LGBT and Transition Aged Youth populations.	9	8/20/2015
Sac County Sub Committee Meeting of the Drug Advisory	Community outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse. communities	18	8/18/2015
Homeless Outreach	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transition Aged Youth.	40	8/17/2015
Eskaton	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Older Adult communities.	25	8/12/2015
Presentation-National Active & Retired Federal employee	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	33	8/11/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Bethel Slavic Baptist Church	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	100	8/9/2015
Executive Directors Meeting	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	42	8/7/2015
Summer Lunch @ LFCC	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX, Spanish speaking communities.	50	8/5/2015
North Franklin Celebrates Night Out	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX, Spanish speaking communities.	150	8/5/2015
Phoenix Greens Community Park	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX, Spanish speaking communities.	100	8/4/2015
Norden Terrace Apartments	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities, including Older Adults.	40	8/4/2015
National Night Out Phil Serna District One Jack Davis Park	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities, including Older Adults.	500	8/4/2015
Homeless Outreach	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transition Aged Youth.	8	8/3/2015
Alcohol & Other Drug Prevention Providers	Outreach to underserved communities to improve access, knowledge and awareness of behavioral health conditions and suicide awareness/prevention.	8	8/3/2015
1st Annual Black Family Cultural Festival	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on African American community.	600	8/1/2015
Homeless Outreach	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on African American community.	3	7/31/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Galt Community Human Development	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Latin X, Spanish speaking communities.	12	7/29/2015
Walnut Grove and School	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	13	7/29/2015
La Esperanza Bakery	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Latin X, Spanish speaking communities.	15	7/28/2015
WHY Sac	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transition Aged Youth.	34	7/28/2015
Parks Days	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and children.	100	7/26/2015
Mexican Consulate	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Latin X, Spanish speaking communities.	60	7/23/2015
Cultural Competence Meeting	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and children.	20	7/21/2015
Homeless Outreach	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transition Aged Youth.	9	7/20/2015
NAMI Pathway to a healthy mind	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and children.	120	7/18/2015
Pathway to Health	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and children.	80	7/18/2015
Health Fair Pathways to a Healthy Mind	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and children.	150	7/18/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
NAMI Pathway to a Healthy Mind	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and families.	120	7/18/2015
Pathways to a Healthy Mind	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and children.	100	7/18/2015
La Superior Market	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	10	7/14/2015
WHY Sac	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transition Aged Youth.	4	7/14/2015
Southeast Asian Games	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on HMONG community.	6000	7/11/2015
Martin Luther King Community	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and families.	150	7/11/2015
Dr. Rosales	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and families	15	7/10/2015
Smart and Final	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and families.	30	7/7/2015
Alcohol & Other Drug Prevention Providers	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and families.	9	7/6/2015
La Hacienda Market	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	7	7/3/2015
Galt Flea Market	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and families.	300	7/2/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
St. Marks United Methodist Church	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse Older Adults.	3	7/1/2015
Oak Grove Estates/Senior Mobile Home park	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse Older Adults.	17	7/1/2015
Cross Woods Circle	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Older Adults.	14	7/1/2015
Arcada Creek Manor	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Older Adults.	12	7/1/2015
Training at LFCC	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	25	6/30/2015
Mobile Country Club for Seniors	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Older Adults.	23	6/29/2015
Consumer Speaks	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on linguistically and culturally diverse communities.	500	6/26/2015
Mexican Consulate	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	80	6/25/2015
Job Talk-Hillsdale One Stop	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on linguistically and culturally diverse communities.	32	6/25/2015
DHA Job Talk-Research Ave	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on linguistically and culturally diverse communities.	28	6/24/2015
Juneteenth Celebration	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on African American communities.	5000	6/20/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Slavic Pastors Discussion on mental Health	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	14	6/20/2015
LeTip Business Group	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on linguistically and culturally diverse communities.	55	6/18/2015
Network Café	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on linguistically and culturally diverse communities.	40	6/18/2015
Norden Terrace Apartment	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Older Adults.	25	6/18/2015
Health for All	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention.	25	6/17/2015
Loyal Order of Moose Lodge	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Older Adults.	25	6/17/2015
Park Days	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	100	6/16/2015
Resources Night	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on linguistically and culturally diverse communities.	60	6/14/2015
1st Ukrainian Baptist Church of Sacramento	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1300	6/14/2015
Del Campo Insurance	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	14	6/13/2015
Mexican Consulate	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	150	6/11/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Carillos Accounting	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	14	6/11/2015
LeTip Business Group	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally diverse communities.	45	6/11/2015
Pride Festival	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LGBT community.	3000	6/6/2015
Earl Warren Elementary School	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	30	6/6/2015
Oak River Elementary	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	30	6/6/2015
Elder Creek Elementary	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	25	6/5/2015
Expert Pool	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	30	6/5/2015
Community Health Wellness Fair	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	170	6/4/2015
Safe Talk Training Evening	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	15	6/2/2015
Language Academic Health Fair	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	100	6/2/2015
Twin Rivers District Office	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	150	6/2/2015



## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Metro Chamber Event	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	50	6/2/2015
Elder Creek Elementary	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	60	5/30/2015
Varena Senior Health Fair	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	150	5/29/2015
Health Fair at Varena Senior Apartments	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Older Adult communities.	20	5/29/2015
International Kids Festival	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	300	5/28/2015
Escaton	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on Older Adult communities.	22	5/28/2015
Reconozca Las Senales	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	26	5/27/2015
Samuel Kennedy School	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	170	5/27/2015
Earl Warren Elementary School	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	150	5/23/2015
International Kids Festival	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	5000	5/23/2015
Kids Festival	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	125	5/23/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Sam Brannan Middle School	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	100	5/21/2015
Mothers Pampering	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	80	5/21/2015
Villara Building Systems	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on cuturally and linguistically diverse communities.	8	5/21/2015
Network Café	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on cuturally and linguistically diverse communities.	30	5/21/2015
Edward Kemble Elementary	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	120	5/20/2015
New One-Stop Open House	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on cuturally and linguistically diverse communities.	35	5/20/2015
Slavic Bible Institute	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	12	5/20/2015
Ukrainian Slavic Church	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	300	5/17/2015
Tahoe Elementary School	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	60	5/16/2015
DHHS/DHA Caucus Scholarship Award Ceremony	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on cuturally and linguistically diverse communities.	200	5/15/2015
Stigma Free Presentation	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	200	5/15/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Edward Kemble Elementary	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	86	5/15/2015
Big Day of Giving Event	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	20	5/15/2015
Suicide Prevention Presentation	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	60	5/14/2015
My Grandparents and Me	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	100	5/14/2015
Franklin One Stop	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	10	5/14/2015
Suicide Prevention Power Point	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on the Hmong community.	35	5/14/2015
Tobacco Control Coalition	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	40	5/13/2015
Youth and Adult Probation Dept. Resource Fair	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	30	5/13/2015
FACT	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	150	5/13/2015
School Parent Workshop (COA)	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	7120	5/12/2015
CPS Orientation	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	30	5/11/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
DHA Presentation	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	40	5/9/2015
13th Annual Slavic Safety/Health & Job Fair	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	850	5/9/2015
Stigma Free 2015	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	250	5/9/2015
Open Mic	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	31	5/9/2015
CSUS Presentation Public Health Class	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	100	5/8/2015
WIC Office Florin Rd.	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	30	5/7/2015
Franklin Blvd. Del Campo Insurance	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	20	5/6/2015
Parent Info Exchange	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	50	5/6/2015
DHA/Florin Rd.	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	15	5/6/2015
Healing from Grief and Loss	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Native American community.	6	5/6/2015
Hmong Health Alliance Health Fair	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Hmong community.	300	5/5/2015

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
DHA/Florin Rd./Bowling Green	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	5	5/5/2015
Kids Day in the Park--DBHS, LFCC, Hmong Health Alliance	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	400	5/4/2015
Christian and Missionary Alliance Sports Tournament	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Hmong community.	2000	5/2/2015
Dia De Los Ninos	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	50	5/2/2015
Sacramento & Co. TV Show	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	1000	5/1/2015
River Oak Center for Children	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	50	4/30/2015
Mexican Consulate	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	80	4/30/2015
South Sac Rotary	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	10	4/30/2015
Ong Nguyen Ton's Memorial Service	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Vietnamese communities.	500	4/30/2015
We are Californian	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	50	4/29/2015
Valley High School	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	60	4/29/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Consumnes River College's APA Heritage Week Celebration	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Cantonese, Vietnamese and Hmong communities.	200	4/29/2015
Sac State College Fair	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	350	4/28/2015
Hai Van News Magazine	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Cantonese, Vietnamese and Hmong communities.	5000	4/28/2015
OAC Folsom	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Older Adults.	23	4/28/2015
CPS Orientation	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	30	4/27/2015
Grief Cane Ministry for Slavic People	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	730	4/27/2015
Kids Day in the Park	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	6000	4/25/2015
Kids Day in the Park	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	***	4/25/2015
Kids Day in the Park	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	***	4/25/2015
Mexican Consulate	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	50	4/25/2015
Health for All	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	300	4/25/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Daylor High School	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	120	4/25/2015
La Familia Counseling Center	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	60	4/25/2015
La Superior Market	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	30	4/24/2015
Tahoe Tallac Little League	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	40	4/24/2015
Franklin One Stop	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on cuturally and linguistically diverse communities.	1	4/24/2015
Health Fair Mission Oaks Community Center	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on cuturally and linguistically diverse communities.	200	4/24/2015
Parent Info Exchange	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	30	4/24/2015
James Rutter Middle School	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	20	4/23/2015
Trans Clothing Drive	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LBGT and Transgender youth communities.	16	4/23/2015
Mexican Consulate	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	80	4/23/2015
Carniceria Lopez	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	50	4/22/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Metro Chamber	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	40	4/22/2015
Mexican Consulate	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	50	4/21/2015
Karate Classes at LFCC	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	40	4/20/2015
Valley Hi School Health Tech Academy	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	40	4/20/2015
Uplift the Youth	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LGBT and Transgender youth communities.	42	4/19/2015
Manitos Group (Older Adults)	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	30	4/17/2015
LGBT Caucus Scholarship fundraiser	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LGBT and Transgender youth communities.	125	4/16/2015
Network Café	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	45	4/16/2015
CSVS Mental Health Fair	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transition Aged Youth communities.	100	4/16/2015
Youth Leadership School-Slavic Community	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	25	4/15/2015



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
WHY SAC	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transition Aged Youth communities.	4	4/14/2015
Loaves and Fishes	Distributed resource materials to increase awareness and understanding of mental health conditions and suicide awareness and prevention, focusing on LatinX and spanish speaking community.	52	4/13/2015
DHA/Stockton Blvd	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on cuturally and linguistically diverse communities.	25	4/13/2015
Sutter Children's Center Wellness Festival	Distributed resource materials to increase awareness and understanding of mental health conditions and suicide awareness and prevention, focusing on LatinX and spanish speaking community.	400	4/11/2015
Open Mic	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on cuturally and linguistically diverse communities.	30	4/11/2015
Open Mic	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on cuturally and linguistically diverse communities.	***	4/11/2015
Russian Educational Conference	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union commuities.	50	4/11/2015
Earl Warren Elementary School	Distributed resource materials to increase awareness and understanding of mental health conditions and suicide awareness and prevention, focusing on LatinX and spanish speaking community.	25	4/10/2015
Q-Prom	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LGBT and Transition Aged Youth.	200	4/10/2015
Teens Parent Resource Fair	Distributed resource materials to increase awareness and understanding of mental health conditions and suicide awareness and prevention, focusing on LatinX and spanish speaking community.	60	4/8/2015
Metro Chamber	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on cuturally and linguistically diverse communities.	40	4/7/2015

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Normandy Park For Seniors	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults.	35	4/7/2015
Greenback Manor For Seniors	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults.	27	4/7/2015
DHA/Fulton Ave	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	25	4/6/2015
Walnut Grove Fair Event	Distributed resource materials to increase awareness and understanding of mental health conditions and suicide awareness and prevention, focusing on LatinX and spanish speaking community.	120	4/6/2015
SCC Info La Hacienda Market	Distributed resource materials to increase awareness and understanding of mental health conditions and suicide awareness and prevention, focusing on LatinX and spanish speaking community.	10	4/3/2015
Homeless Outreach	Behavioral Health Outreach to Transitional Age Youth.	3	4/3/2015
Kiwanis Club	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	25	4/2/2015
Parents Resources Fair at Galt	Outreach to Latin X community to share information regarding behavioral health services and community resources.	50	4/1/2015
DHA/Florin Rd/Bowling Green	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	5	3/31/2015
Slavic Missionary Gospel Church	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	500	3/29/2015
Tet Festival	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the Vietnamese community.	4000	3/28/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Galt Community Center	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX and Spanish speaking community.	40	3/27/2015
Ventanilla de Salud	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	68	3/26/2015
OAC/Community Net Work Meeting	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Older Adults.	30	3/26/2015
Radio program - 1110 AM	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	500	3/26/2015
Folsom Partnership	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	18	3/25/2015
Connections Café	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	30	3/25/2015
WHY SAC	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transitional Age Youth.	26	3/24/2015
Loaves and Fishes	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	15	3/24/2015
Galt Library	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	28	3/24/2015
Homeless Outreach	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transitional Age Youth.	4	3/20/2015
Earl Warren Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	40	3/20/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Network Cate	Outreach to improve access, knowledge, awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	35	3/19/2015
Guadalupe Church	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	24	3/19/2015
Kiwanis Club	Distributed resource information to improve access,	20	3/19/2015
Guadalupe Church	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	30	3/19/2015
Azeguranza Del Campo	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	40	3/19/2015
Nicholas Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	50	3/19/2015
Immaculate Conception Church	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	120	3/18/2015
Inmaculate Church	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	***	3/18/2015
Youth Probation Dept. Resource Fair	Distributed resource information to improve access, knowledge and awareness about mental health conditions and available services, focusing on linguistically and culturally diverse communities in Sacramento County.	55	3/18/2015
DHA/Fulton Ave	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions and available services, focusing on linguistically and culturally diverse communities.	30	3/17/2015
Karate Classes at LFCC	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	50	3/17/2015
Dr. Rosales	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	15	3/17/2015
Sierra Oaks Senior Community	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on Older Adults.	38	3/17/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Open Mic	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions and available services, focusing on linguistically and culturally diverse communities.	23	3/14/2015
Tablind @ Yxplosion	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	100	3/14/2015
My Sister's House Training	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the Hmong, Vietnamese, Cantonese and other Asian communities..	60	3/14/2015
AOD Youth Treatment & Prevention Provider Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions and available services, focusing on linguistically and culturally diverse communities.	20	3/13/2015
Project Reach	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	16	3/13/2015
Arden/Arcade Business Network Mtg.	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions and available services, focusing on linguistically and culturally diverse communities.	22	3/12/2015
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	60	3/12/2015
Galt Outreach	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	140	3/12/2015
Sac State Health Awareness	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions and available services, focusing on API Transition Aged Youth.	45	3/12/2015
Woodbine School	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	6	3/11/2015
Earl Warren Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	25	3/11/2015
La Hacienda Market	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	30	3/11/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
OAC Collaborating Meeting	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on Older Adults.	40	3/11/2015
Pacific Housing	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on Older Adults.	21	3/11/2015
El y Ella Beauty Salon	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	15	3/10/2015
OAC/SAC County	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on Older Adults.	27	3/10/2015
El y Ella	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	6	3/10/2015
WHY SAC	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on Transition Aged Youth.	4	3/10/2015
Cristo Rey	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	32	3/9/2015
Cristo Rey	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	***	3/9/2015
Partner in Sacramento Region Social Media Campaign	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services.	1000	3/9/2015
Homeless Outreach	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on Transition Aged Youth.	3	3/9/2015
Walnut Grove Community Center	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	80	3/7/2015
Slavic Church "Harvest"	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the Ukrainian, Russian speaking and former Soviet Union communities.	45	3/7/2015
Lunar New Year @ Hiram Johnson HS	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the Vietnamese, Hmong and East Asian communities.	500	3/7/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Galt California Human Development	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LGBT community.	20	3/6/2015
No Time to Lose	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	300	3/6/2015
Galt CA Human Development	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	40	3/6/2015
Kiwanis Club	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services.	25	3/5/2015
California Skill Center	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	10	3/5/2015
Del Campo Insurance	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	16	3/5/2015
Future H.S. Family night (Can you hear me)	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on Ukrainian, Russian Speaking and former Soviet Union communities.	36	3/5/2015
SETA Head Start	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	30	3/4/2015
Walnut Grove School District	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	42	3/4/2015
Walnut Grove School District	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	**	3/4/2015
Marketing Breakfast for Older Adults	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services.	50	3/4/2015
Walnut Grove Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	150	3/3/2015
Galt Flea Market	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	150	3/3/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
DHA/Florin Rd.	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services.	42	3/3/2015
Galt Flea Market	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	400	3/3/2015
Franklin Bus Stop	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	18	3/2/2015
ARC	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services.	150	3/2/2015
Homeless Outreach	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services.	5	3/2/2015
DHA/Stockton Blvd.	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services.	35	3/2/2015
Franklin Bus Stop	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	10	3/2/2015
Covered California Enrollement Day at LFCC	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	30	3/1/2015
Outreach and Education at SCUSD	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	90	2/28/2015
LFCC	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	28	2/28/2015
SCUSD School Readiness Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	150	2/28/2015
School Readiness Event	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services.	***	2/28/2015
Christian Revival Center	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the Ukrainian, Russian speaking and former Soviet Union communities.	65	2/28/2015



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
LFCC CTAP	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	28	2/28/2015
Sacramento Native Committee	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the Native American community.	7	2/27/2015
Cristo Rey	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	130	2/26/2015
Cristo Rey	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	***	2/26/2015
LFCC CTAP	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	28	2/26/2015
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	60	2/26/2015
Valley High Presentation at LFCC	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	20	2/26/2015
African American Scholarship fundraiser Scholarship fundr	Outreach to African American Community to increase knowledge and understanding of mental health conditions and improve access to available services.	110	2/26/2015
Russian Information & Support Services & Afisha, Inc. Con	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services.	100	2/25/2015
Community Network Breakfast	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	200	2/25/2015
American River College	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services, focusing on Older Adults.	20	2/25/2015
Fruitridge Soccer Club	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	20	2/24/2015
WIC Oak Park	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on Transition Aged Youth.	10	2/24/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
WHY SAC	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services, focusing on Transition Aged Youth.	32	2/24/2015
Fruitridge Soccer	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	10	2/24/2015
Homeless Outreach	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services, focusing on Transition Aged Youth.	7	2/23/2015
Family night in 2nd Baptist Church	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on Ukrainian, Russian speaking, former Soviet Union communities.	20	2/21/2015
Health Professions High School Expressive Arts	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services, focusing on Transition Aged Youth.	50	2/20/2015
Mi Rancho Supermarket	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	15	2/20/2015
Youth Committee Kick-Off	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the Native American community.	8	2/20/2015
Digital Storytelling	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the Native American community.	5	2/20/2015
Network Café	Outreach to culturally and linguistically diverse communities to increase awareness and understanding of behavioral health conditions and available services, focusing on Transition Aged Youth.	50	2/19/2015
Hiram Johnson High School	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	60	2/18/2015
Sacramento Family Medical Center	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	40	2/18/2015
Human Services Advisory Committee Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	90	2/18/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
SCC Lunar New Year	Outreach to Chinese and Vietnamese Communities to increase knowledge and awareness of mental health conditions and improve access to available services.	350	2/18/2015
Class de Padres B&B	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	8	2/18/2015
Capital City Child Development Center	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	20	2/17/2015
Verrena Apartments	Outreach to culturally and linguistically diverse communities to increase knowledge and awareness of mental health conditions and improve access to available services.	2	2/17/2015
Open Mic	Outreach to culturally and linguistically diverse communities to increase knowledge and awareness of mental health conditions and improve access to available services.	21	2/14/2015
1st Slavic Baptist Church	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the Ukrainian, Russian speaking and former Soviet Union communities.	145	2/14/2015
Open Mic	Outreach to culturally and linguistically diverse communities to increase knowledge and awareness of mental health conditions and improve access to available services.	25	2/14/2015
Mi Rancho Supermarket	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	14	2/13/2015
Farmacia Anderson	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	14	2/13/2015
Folsom Cordova Community Partnership Meeting	Outreach to culturally and linguistically diverse communities to increase knowledge and awareness of mental health conditions and improve access to available services.	20	2/13/2015
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	80	2/12/2015
Mexican American Alcoholism Program	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	50	2/12/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Disco Azteca	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	20	2/10/2015
Mental Health Services Act Hearing	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the Ukrainian, Russian speaking and former Soviet Union communities.	40	2/10/2015
Walnut Grove Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	20	2/10/2015
Walnut Grove Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	25	2/10/2015
2nd Annual NERDS Conference	Behavioral Health Outreach to Native American individuals, youth and families to increase awareness of mental illness and improve access to available services.	175	2/8/2015
Slavic Ukrainian Church	Behavioral Health Outreach to Ukrianina, Russian speaking and former Soviet Union Communities to increase awareness and understanding of mental illness and increase access to available services.	400	2/8/2015
Steps to College	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	250	2/7/2015
Expert Pool Town Hall Meeting	Behavioral Health Outreach to linguistically and culturally diverse communities to increase awareness and understanding of mental health conditions and improve access to available services.	28	2/6/2015
Homeless Outreach	Behavioral Health Outreach to Transition Aged Youth community to increase awareness and understanding of mental health conditions and improve access to available services.	5	2/6/2015
Stonegate Estates Mobile Home Park for Seniors	Behavioral Health Outreach to Older Adults to increase awareness and understanding of mental health conditions and improve access to available services.	30	2/4/2015
Sac County/DHHS-Oak Park WIC Office	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	12	2/4/2015
Zumba at LFCC	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	15	2/4/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Perky Wash and Dry	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	20	2/3/2015
Hollywood Park	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	120	2/2/2015
County Prevention Providers Meeting	Behavioral Health Outreach to Older Adult Community to increase awareness and understanding of mental health conditions and improve access to available services.	12	2/2/2015
Covered California Enrollement Day at LFCC	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	60	2/1/2015
Agency Site Outreach and Education	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	120	1/31/2015
Los Jarritos Restaurant	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	12	1/30/2015
Healthcare Access Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	120	1/29/2015
Atria Carmichael	Behavioral Health Outreach to Older Adult Community to increase awareness and understanding of mental health	30	1/29/2015
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	80	1/29/2015
Santa Rosa Church	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	16	1/29/2015
Asian Pacific Counseling Center	Outreach to multi-cultural Communities to increase awareness and understanding of mental illness and to improve access to available services.	4	1/28/2015
Slavic Church Teen Camp	Outreach to Ukrianian, Russian speaking and former Soviet Union communities to increase awareness and understanding of mental illness and available community resources.	90	1/27/2015
Parenting Classes B&B	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	10	1/27/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Guadalupe Church	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	20	1/27/2015
Sac County /DHHS-WIC Office	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	12	1/26/2015
Telling Our Story Event	Outreach to multi-cultural Communities to increase awareness and understanding of mental illness and to improve access to available services.	200	1/24/2015
Inmaculada Concepcion Church	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	24	1/23/2015
OAC Network Meeting	Outreach to Ukrianian, Russian speaking and former Soviet Union communities to increase awareness and understanding of mental illness and available community resources.	50	1/22/2015
Network Café	Outreach to multi-cultural Communities to increase awareness and understanding of mental illness and to improve access to available services.	50	1/22/2015
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	80	1/22/2015
Slavic Church Teens Camp	Outreach to Ukrianian, Russian speaking and former Soviet Union communities to increase awareness and understanding of mental illness and available community resources.	90	1/22/2015
Karate School Parent Night	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	40	1/21/2015
Martin Luther King Jr. Holiday Celebration	Outreach to African American Community to increase knowledge and understanding of mental health conditions and improve access to available services.	400	1/19/2015
Planned Parenthood	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on the LatinX, Spanish speaking community.	10	1/16/2015
Arden Way Apartments for Seniors	Outreach to Older Adults to increase knowledge and understanding of mental illness and improve access to available services.	5	1/16/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Network Café	Distributed resource information to improve access, knowledge and awareness of behavioral health conditions, focusing on linguistically and culturally diverse communities.	43	1/15/2015
Sacramento Food Bank	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	16	1/15/2015
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	60	1/15/2015
Fairground Seniors Apartments	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrianian, Russian speaking and former Soviet Union communities.	120	1/15/2015
La Esperanza Bakery	Outreach event sharing information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	15	1/13/2015
Why Sac LT Meeting	Outreach to Transitional Age Youth to increase knowledge and understanding of mental illness and improve access to community resources.	4	1/13/2015
Open Mic	Outreach to culturally diverse communities to increase awareness and understanding of mental illness and improve access to community resources.	24	1/10/2015
Dr. Rosales Medical Practice	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	8	1/9/2015
La Esperanza Bakery	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	15	1/9/2015
La Superior Market	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	12	1/9/2015
Folsom Cordova Community Partnership Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse communities.	25	1/9/2015
TV Univision 19	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	400	1/8/2015

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Slavic Pentecostal Church-Radio broadcast	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	300	1/7/2015
LGBT Youth Task Force	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transition Aged Youth and LGBT communities.	10	1/5/2015
Children's Receiving Home Community Dinner	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on youth, Transition Aged Youth and families.	42	1/5/2015
Ukrainian Christmas Festival	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1800	1/5/2015
Hollywood Park	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	120	1/5/2015
Healthcare Access Coalition Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	30	1/2/2015
La Familia Counseling Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	130	12/31/2014
Homeless Outreach	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transitional Aged Youth.	4	12/26/2014
Slavic Church Leaders Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	24	12/22/2014
Slavic Missionary Gospel Church	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1100	12/21/2014
John F. Kennedy High School	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Hmong community.	35	12/19/2014



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Radio/TV Program "Inter Radio"	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	7000	12/19/2014
Ventanilla de Salud	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	80	12/18/2014
Homeless Disabled Families	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	48	12/17/2014
La Posada	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	330	12/16/2014
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	50	12/14/2014
Annual La Posada Christmas Event	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	150	12/14/2014
VFW #67	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	300	12/13/2014
Open Mic	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse communities.	26	12/13/2014
Slavic pastors and Deacons Retreat	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	28	12/12/2014
Suicide Talk for CA MHS Multi-Cultural Coalition	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	7	12/12/2014
Luther Burbank High School	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	120	12/11/2014
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	60	12/11/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Hmong History Night	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Hmong community.	40	12/10/2014
Native HOPE Training of Trainers	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Native American community.	36	12/10/2014
Trinity Lutheran Church	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	45	12/9/2014
Earl Warren Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	120	12/8/2014
Oak Ridge Elementary	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	100	12/8/2014
Colonial Heights Library	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	150	12/7/2014
Medi-Cal Event	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	10	12/6/2014
Covered CA Enrollment	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	30	12/6/2014
Ventanilla de Salud	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	100	12/4/2014
Presentation Public Health Class CSUS	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	100	12/4/2014
Vinay Market	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	30	12/3/2014
Longchang Market	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Hmong community.	40	12/1/2014
Alcohol & Other Drug Prevention Providers	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	12	12/1/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Agency Site Outreach and Education	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	100	11/30/2014
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	70	11/27/2014
Sacramento Hmong New Year Celebration	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Hmong communities.	10000	11/27/2014
Neighborhood Resources Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	80	11/26/2014
La Hacienda Market	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	20	11/26/2014
My Sister's House	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	120	11/25/2014
Getting Women and Families Access Event	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	70	11/25/2014
The Effort	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	160	11/23/2014
Rosales Medical Group	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	25	11/22/2014
We Connect	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	80	11/22/2014
Spoken Word	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LGBT community.	55	11/22/2014
Get Covered	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	150	11/21/2014
Homeless Outreach	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth.	3	11/21/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
A Season of Thanks	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	30	11/20/2014
Grant High School New Year Celebration	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Hmong and other Asian communities.	300	11/20/2014
Children's Stakeholder Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth.	22	11/20/2014
Hmong Women Heritage Association	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Hmong community.	40	11/18/2014
Oak Park Community Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	30	11/17/2014
College Motivation Day	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth communities.	150	11/17/2014
North Sacramento Community Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse children and families.	100	11/16/2014
Citrus Heights Collaborative Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	40	11/14/2014
Valley High School Health TECH Academy	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse communities.	***	11/14/2014
Health Professional H.S. Health Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Hmong and other Asian communities.	***	11/14/2014
Cross Woods Senior Apartments	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adult community.	50	11/14/2014
Native Pride & Spirit: Yesterday, Today, Forever	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Native American community.	40	11/14/2014
Healthy Kids Day	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	15	11/13/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	60	11/13/2014
Ventanilla de Salud	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	100	11/13/2014
CA Youth Homeless Task Force	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth community.	9	11/12/2014
Why Sac LT meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth community.	5	11/11/2014
Sac State Resources Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth community.	40	11/11/2014
Vinahi Market	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth community.	120	11/9/2014
Open Mic	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	29	11/8/2014
Second Saturday Open Mic	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	21	11/8/2014
Healthy Kids Day	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	150	11/8/2014
We Connect Health Care and Resources	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	30	11/6/2014
The Clubhouse	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community	75	11/6/2014
TLCS Club house	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	40	11/6/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Bulldog Café Fern Bacon Middle School	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	50	11/5/2014
LaFamilia Counseling Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	6	11/5/2014
Park Place Senior Apartments	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults.	30	11/5/2014
County Villa Senior Mobile Home Park	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults.	15	11/4/2014
Maidu Village Senior Apts	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults.	12	11/4/2014
La Esperanza Bakery	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	15	11/3/2014
Alcohol & Other Drug Prevention Providers	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	12	11/3/2014
Annual Panteon De Sacramento Dia De Los Muertos	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	80	10/31/2014
Suicide Prevention Presentation	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Hmong community.	60	10/31/2014
Halloween @ LaFamilia Counseling Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	150	10/30/2014
Village East Apartments	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	20	10/29/2014
Bus Stop at Franklin Blvd.	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	10	10/28/2014
WIC Office	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	20	10/27/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Homeless Outreach	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transition Aged Youth.	2	10/27/2014
Homeless Outreach	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults.	4	10/26/2014
New Hope Baptist Church/Harvest Festival	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	200	10/25/2014
National Council of Negro Women	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on African American community.	200	10/25/2014
My Sister House Event	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	200	10/25/2014
My Sister House Run	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	***	10/25/2014
Folsom Cordova Community qTown Hall Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse children and families.	50	10/24/2014
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	60	10/23/2014
Lights on La Familia Counseling Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	400	10/23/2014
multi-cultural Thanksgiving Luncheon	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	80	10/20/2014
Healthy Kids Day	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	130	10/19/2014
Antelope Crossing's Spooktacular	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	1000	10/18/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Will C. Wood Middle School	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	11	10/16/2014
Network Café	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	55	10/16/2014
Martin Luther King, Jr. Library	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	30	10/15/2014
Food Bank Senior Volunteers	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	6	10/15/2014
Speech senior@sacramentofoodbank.org	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adult community.	3	10/15/2014
Why Sac	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Transitional Aged Community.	5	10/14/2014
La Esperanza Bakery	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	10	10/14/2014
Celebrando Nuestra Salud	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	250	10/13/2014
Anti-Bully Rally at State Capitol	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	300	10/11/2014
Take back the night Sacramento	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	200	10/11/2014
Bi-National Health Week at Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	250	10/10/2014



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Citrus Heights Collaborative Mtg	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	40	10/10/2014
CA Dept of Motor Vehicles – UW Booth	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	175	10/10/2014
Native HOPE Training of Trainers	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Native American children and families.	36	10/10/2014
Poppy Patch Child Care Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	30	10/9/2014
Booth at CA State Library	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	200	10/9/2014
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	100	10/9/2014
Annual Mental Health and Aging Conference	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	80	10/8/2014
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	80	10/8/2014
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	90	10/7/2014
Milestone Child Development Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	40	10/6/2014
Sac County AOD Prevention Provider meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse children and families.	12	10/6/2014
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	100	10/6/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
St. Peter and All Hollans Parish Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	100	10/5/2014
Cares Community Health/SINC	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	120	10/5/2014
2nd Annual Fall into Health	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	200	10/4/2014
American foundation for Suicide Prevention walk	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	500	10/4/2014
Cal Expo Aloha Festival	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	2500	10/4/2014
Folsom Cordova Community Partnership Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	25	10/3/2014
Expert Poole	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	15	10/3/2014
Golden Days	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	30	10/2/2014
Cosumnes River College	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	150	10/2/2014
Happy Time Learning Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	30	10/1/2014
Booth at Cosumnes River College Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	250	10/1/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Slavic Teenagers Leaders Meeting	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union community.	65	9/30/2014
Community Housing Coalition	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	2	9/30/2014
Latin Mexican Festival	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and spanish speaking community.	150	9/29/2014
Homeless Outreach	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse community.	7	9/29/2014
Fiesta Educativa	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	400	9/28/2014
Beyond the Dreams Conference	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	100	9/27/2014
Sacramento Hispanic Chamber	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and sSanish speaking community.	400	9/27/2014
Voter Education Forum	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking community.	80	9/27/2014
My sister's House	Distributed resource infoamtion to improce access, knowledge and awareness of behavioral health services, focusing on API community.	55	9/27/2014
Press Conference & Networking with elected official	Distributed resource infoamtion to improce access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse children and families.	42	9/26/2014
Family Night Church Emmanuel	Distributed resource infoamtion to improce access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse children and families.	23	9/26/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Open House (Futures High School )	Distributed resource infoamtion to improce access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	7100	9/25/2014
Mexican Consulate	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking communities.	50	9/25/2014
Connection Café- Folsom Cordova Community Partnership	Distributed resource infoamtion to improce access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse and faith based communities.	35	9/24/2014
why Sac Network Meeting	Distributed resource informtion to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse children and families.	36	9/23/2014
Folsom High School Drug Awareness Fair	Distributed resource infoamtion to improce access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse and faith based communities.	200	9/22/2014
Homeless Outreach	Distributed resource infoamtion to improce access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse and faith based communities.	3	9/22/2014
St. Philomene Health Fair	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking community.	500	9/21/2014
Cordova Church of Christ Ministry Fair	Distributed resource infoamtion to improce access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse and faith based communities.	50	9/21/2014
Health Fair	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking community.	300	9/21/2014
Fiesta Educativa	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking community.	75	9/20/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sienna on Green Resource Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse and faith based communities.	200	9/20/2014
WIC Oak Park	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on LatinX and Spanish speaking community.	15	9/18/2014
DMV Event	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse and faith based communities.	50	9/18/2014
Twin Rivers Unified Health and Wellness Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse and faith based communities.	120	9/18/2014
Network Café – Sac. Food Bank	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse and faith based communities.	100	9/18/2014
Welcome Day Celebration Fall 2014	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Asian Pacific Islander community.	1500	9/18/2014
DMV Event	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse and faith based communities.	30	9/18/2014
Fruitridge Community Head Start	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	40	9/17/2014
WIC Office	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	60	9/17/2014
Sacramento County Sheriffs Dept. Community Meeting	Distributed resource information to increase awareness and understanding of behavioral health conditions and services, focusing on LatinX and Spanish speaking communities.	70	9/16/2014
LatinX Behavior Health Week	Distributed resource information to increase awareness and understanding of behavioral health conditions and services, focusing on LatinX and Spanish speaking communities.	150	9/16/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Homeless Outreach	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse children and families.	6	9/16/2014
Back to School (Charter School)	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	750	9/15/2014
Homeless Outreach	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	11	9/15/2014
Health and Safety Fair	Distributed resource information to increase awareness and understanding of behavioral health conditions and services, focusing on LatinX and Spanish speaking communities.	120	9/14/2014
Colonial Heights Library	Distributed resource information to increase awareness and understanding of behavioral health conditions and services, focusing on LatinX and Spanish speaking communities.	50	9/12/2014
Sacramento Apartments	Distributed resource information to increase awareness and understanding of behavioral health conditions and services, focusing on LatinX and Spanish speaking communities.	20	9/12/2014
Citrus Heights Collaborative Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse individuals and families.	40	9/12/2014
Domestic Violence in Indian Country	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Native American community.	22	9/12/2014
Bret Harte Elementary School	Distributed resource information to increase awareness and understanding of behavioral health conditions and services, focusing on LatinX and Spanish speaking communities.	250	9/11/2014
Mexican Consulate	Distributed resource information to increase awareness and understanding of behavioral health conditions and services, focusing on LatinX and Spanish speaking communities.	100	9/11/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Lake Hills Apartments	Distributed resource information to increase awareness and understanding of behavioral health conditions and services, focusing on LatinX and Spanish speaking communities.	20	9/10/2014
CA Dept of Veterans Affairs – UW Booth	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	100	9/10/2014
Folsom Lake College Spotlight Night	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and families.	200	9/10/2014
Suicide Prevention Awareness Day	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and families.	60	9/10/2014
Back to School Night Resource Fair	Behavioral Health Outreach to increase access to services and improve understanding of mental health conditions, focusing on Asian Pacific Islander community.	150	9/10/2014
OAC	Behavioral Health Outreach to increase access to services and improve understanding of mental health conditions, focusing on Older Adult community.	25	9/9/2014
Why Sac Meeting	Behavioral Health Outreach to increase access to services and improve understanding of mental health conditions, focusing on Transition Aged Youth community.	6	9/9/2014
LGBT Youth Task Force	Behavioral Health Outreach to increase access to services and improve understanding of mental health conditions, focusing on LGBT and Transition Aged Youth community.	19	9/8/2014
Dr. Herrera Event	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	50	9/6/2014
Health Fair (Health and Safety)	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	150	9/6/2014
Ethel Phillips Elementary School	Outreach event to improve access to behavioral health services, focusing on LatinX and Spanish speaking communities.	300	9/6/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
CSUS – AOD Prev & Treatment Class	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	55	9/6/2014
Planned Parenthood	Outreach event to improve access to behavioral health services, focusing on LatinX and Spanish speaking communities.	40	9/5/2014
Woodside Elementary School	Outreach event to improve access to behavioral health services, focusing on LatinX and Spanish speaking communities.	250	9/5/2014
Rancho Cordova Community Collaborative Meeting	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse communities.	21	9/5/2014
Back to school night (Community Outreach Academy)	Outreach event to improve access to behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	100	9/4/2014
Sacramento State; Hmong Union Student ASSN	Behavioral Health Outreach, focused on Hmong and Transition Aged Youth communities.	100	9/4/2014
Earl Warren Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	250	9/4/2014
Ethel I. Baker Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	760	9/4/2014
Why Sac meeting	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and families.	4	9/3/2014
Bach Viet Association INC	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adult and Asian Pacific Islander communities.	80	9/3/2014
Annual Celebration of Recovery Happens	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse communities.	5000	9/3/2014
Will C Woods School	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	80	9/3/2014



## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
7th Annual Conjunto Festival	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	500	9/1/2014
WIC Oak Park	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	10	9/1/2014
Agency Site Outreach and Education	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	25	8/31/2014
Little Treasures Pre-School	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	12	8/30/2014
La Hacienda Market	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	30	8/29/2014
SafeTalk Training	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of behavioral health conditions and available services.	22	8/29/2014
Youth Peer Mentor Group	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of behavioral health conditions and available services.	6	8/28/2014
Ventanilla de Salud	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	100	8/28/2014
College students Mental Health Event	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of behavioral health conditions and available services, focusing on Transition Aged Youth.	50	8/27/2014
Carniceria Lopez	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	10	8/27/2014
United Way State Kick Off	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of behavioral health conditions and available services, focusing on Transition Aged Youth.	600	8/27/2014
Why Sac Netmark meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	43	8/26/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
ASIST	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of behavioral health conditions and available services, focusing on Asian Pacific Islander population.	22	8/26/2014
Family Healthy Day	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	200	8/25/2014
Hmong Women Heritage Association	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of behavioral health conditions and available services, focusing on Hmong community.	150	8/24/2014
Es El Momento	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of behavioral health conditions and available services.	300	8/24/2014
Capitol City Block Party	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	120	8/24/2014
Slavic Families Conference	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	600	8/24/2014
College & University Admission Requirement	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	250	8/23/2014
Hmong Women Heritage Association	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Hmong community	300	8/23/2014
Feria Educativa	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	500	8/23/2014
Family Health Day Event	Outreach to culturally diverse communities to improve access, knowledge and awareness of mental health conditions and suicide awareness/prevention.	150	8/23/2014
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	60	8/22/2014
CPS Mental Health Faire	Outreach to improve access, knowledge and awareness and understanding of mental health conditions and available services, focusing on youth and Transition Aged Youth.	28	8/21/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Network Café	Outreach to culturally and linguistically diverse populations to improve access, knowledge and awareness and understanding of mental health conditions and available services, focusing on youth and Transition Aged Youth.	50	8/21/2014
Health for All	Outreach to culturally and linguistically diverse populations to improve access, knowledge and awareness and understanding of mental health conditions and available services, focusing on Older Adults.	25	8/19/2014
Mental Health First Aid--Spanish Version	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	15	8/18/2014
3-Fold Health Fair	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	120	8/17/2014
Ventanilla de Salud	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	100	8/14/2014
Sacramento Food Bank	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	40	8/13/2014
CPS Health Faire	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	80	8/12/2014
Valley High School	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	50	8/11/2014
Homeless Outreach	Outreach to improve access, knowledge and awareness and understanding of mental health conditions and available services, focusing on youth and Transition Aged Youth.	7	8/11/2014
ASIST Training	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	25	8/11/2014
Banana Festival	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	500	8/10/2014
CPS Event East Regional 3701 Branch Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	50	8/10/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Banana Festival	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on culturally and linguistically diverse communities, including LatinX and African Americans individuals and families.	450	8/9/2014
Slavic Youth Camp	Outreach to improve access, knowledge and awareness and understanding of mental health conditions and available services, focusing on Ukrainian, Russian Speaking and former Soviet Union communities.	110	8/9/2014
Soul Stroll - WM Land Park - Festival	Outreach to culturally and linguistically diverse populations to improve access, knowledge and awareness and understanding of mental health conditions and available services.	40	8/9/2014
Mexican Consulate	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	80	8/8/2014
Citrus Heights Collaborative	Outreach to culturally and linguistically diverse populations to improve access, knowledge and awareness and understanding of mental health conditions and available services.	40	8/8/2014
Mack Road/Valley Hi Community Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	150	8/7/2014
Bach Viet Association INC	Outreach to culturally and linguistically diverse populations to improve access, knowledge and awareness and understanding of mental health conditions and available services, focusing on Older Adult and Asian Pacific Islander communities.	76	8/6/2014
FS Super Market-Sacramento	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Asian communities.	25	8/6/2014
North Franklin National Night Out	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	120	8/6/2014
National Night Out South Oak Park	Outreach to culturally and linguistically diverse populations to improve access, knowledge and awareness and understanding of mental health conditions and available services.	75	8/5/2014
Night Out Event at La Familia CC	Outreach to culturally and linguistically diverse populations to improve access, knowledge and awareness and understanding of mental health conditions and available services.	120	8/5/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Arden way Apartments	Outreach to culturally and linguistically diverse populations to improve access, knowledge and awareness and understanding of mental health conditions and available services.	15	8/5/2014
CPS Mental Health Faire	Outreach to culturally and linguistically diverse populations to improve access, knowledge and awareness and understanding of mental health conditions and available services.	36	8/5/2014
Alcohol & Other Drug Prevention Providers	Outreach to culturally and linguistically diverse populations to improve access, knowledge and awareness and understanding of mental health conditions and available services.	12	8/4/2014
Summer Luv Community	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	150	8/3/2014
Rancho Cordova Community Collaborative Meeting	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	20	8/1/2014
Chicano LatinX Youth Leadership Project	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	60	7/31/2014
Cops & Clergy	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide prevention/awareness.	100	7/31/2014
APCC	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide prevention/awareness, focusing on Asian Pacific Islander community.	75	7/31/2014
Mercy Housing--Walnut Grove	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on LatinX and Spanish speaking communities.	20	7/30/2014
Ukrainian Church	Distributed resource information to improve access, knowledge and awareness of mental health conditions and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	16	7/28/2014
Flea Market	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services.	500	7/27/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Slavic Missionary Church/Ukrainian Church	Distributed resource information to improve access, knowledge and awareness of mental health conditions and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	340	7/27/2014
Asian Pacific Counseling Center	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on Older Adults and API communities.	27	7/26/2014
Homeless outreach	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on Older Adults and API communities.	4	7/25/2014
Domestic Violence in Indian Country	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on Native American communities.	18	7/24/2014
Network Cafe'	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services.	76	7/24/2014
Galt Flea Market	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services.	500	7/24/2014
STOP STIGMA	Outreach to culturally and linguistically diverse communities to improve access, knowledge and awareness of behavioral health conditions and available services, focusing on Hmong community.	100	7/24/2014
Ventanilla de Salud	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	150	7/24/2014
SafeTalk	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on Native American community.	17	7/23/2014
Summer Lunch	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	73	7/23/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Ebenezer Christian Church	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	60	7/23/2014
Active Parenting Classes at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	15	7/23/2014
Home Depot	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	150	7/23/2014
Sunset Parks Apartments	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	25	7/21/2014
Shiloh Arms Inc.	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	65	7/21/2014
Fun in the Sun	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention, focusing on culturally and linguistically diverse individuals and families.	300	7/19/2014
NHDF-Child Care	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	150	7/19/2014
Fun in the Sun	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	200	7/18/2014

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
TOPS	Behavioral Health Outreach to multi-cultural community	1	7/18/2014
"City Life Radio" 1110 AM	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	3000	7/17/2014
Native Youth Leadership	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Native American community.	20	7/15/2014
Birth and Beyond	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	100	7/14/2014
Southeast Asian Games	Behavioral Health Outreach to Southeast Asian Youth and Transition Aged Youth.	250	7/12/2014
Instituto Mazatlan Bellas Artes	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	50	7/12/2014
Birth and Beyond	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	30	7/11/2014
Slavic Radio Show "Interradio"	Distributed resource information to improve access, knowledge and awareness of mental health conditions and services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	3000	7/10/2014
Ventanilla de Salud	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	160	7/10/2014
WIC Oak Park	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	10	7/10/2014



**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
OAC	Behavioral Health Outreach to increase access, knowledge and awareness of understanding of behavioral health condition and suicide prevention/awareness for Older Adults.	25	7/8/2014
Why Sac meeting	Behavioral Health Outreach to to increase access, awareness and understanding of mental health conditions, focusing on Transitional Age Youth.	6	7/8/2014
Homeless Youth Task force	Behavioral Health Outreach to to increase access, awareness and understanding of mental health conditions, focusing on Transitional Age Youth.	9	7/8/2014
Mendocino Plaza	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	20	7/8/2014
Freemont Meadows	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on Older Adults.	50	7/8/2014
San Joaquin Place	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	20	7/8/2014
Homeless Outreach	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	9	7/7/2014
WIC Programs	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	14	7/3/2014
Ethel Phillips School	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	130	7/3/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Bach Viet Association INC.	Behavioral Health Outreach to increase access, awareness and understanding of mental health conditions and services, focusing on Vietnamese, Hmong and other refugee communities.	67	7/2/2014
Ethel Phillips School	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	10	7/2/2014
Christian Life Family Worship Ctr. No Highlands	Behavioral Health Outreach to increase access, awareness and understanding of mental health conditions and services, focusing on African American and other unserved/underserved communities.	45	7/1/2014
Summer Camp at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, spanish speaking community.	80	6/30/2014
Computer Basics	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	8	6/30/2014
Spirit and Truth Church	Outreach to culturally and linguistically diverse communities to increase access, knowledge and awareness of mental health conditions and available services, focusing on African American and other underserved communities.	15	6/30/2014
Bridge Over Trouble Waters	Behavioral Health Outreach to increase access, awareness and understanding of mental health conditions and services, focusing on African American and other unserved/underserved communities.	50	6/28/2014
Consumer Speaks	Outreach to culturally and linguistically diverse communities to increase access, knowledge and awareness of mental health conditions and available services, focusing on consumers with lived experience.	350	6/27/2014
GED Preparation Class @ La Familia Counseling Center	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	12	6/27/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Karate Classes at LaFamilia Counseling Center	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	8	6/27/2014
Summer Club Excel	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	26	6/27/2014
Rosales Medical Group	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	14	6/26/2014
B Green Recycling	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	22	6/25/2014
Active Parenting Classes at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	8	6/25/2014
Panaderia Mexicana	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	16	6/25/2014
Meals on Wheels	Behavioral Health Outreach to providers working in multi-cultural community	2	6/24/2014
Law Offices of Robert J. Gonzalez	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	4	6/24/2014
T Mobile Store	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	8	6/23/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Carniceria Lopez	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	12	6/23/2014
Kids Summer Day Camp (parents)	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	60	6/23/2014
Juneteenth Celebration Festival	Behavioral Health Outreach to increase access, awareness and understanding of mental health conditions and services, focusing on African American and other unserved/underserved communities.	4000	6/21/2014
Crisis Intervention Training Resource Fair	Behavioral Health Outreach to increase access, awareness and understanding of mental health conditions and services, focusing on first responders and persons with Lived Experience.	50	6/20/2014
Santa Rosa Church	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	32	6/20/2014
Walnut Grove Support Group	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	14	6/20/2014
Ventanilla De Salud Mexican Consulate	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	46	6/19/2014
Galt Support Group	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	20	6/19/2014
Zumba at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	12	6/18/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Covered California Event at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	20	6/18/2014
Parent Support Group Stress Reduction	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	16	6/17/2014
World Cup Event at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	32	6/17/2014
MLK Library	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	12	6/16/2014
Monarca Salon	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	6	6/16/2014
Ramon Garcia, M.D.	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	7	6/16/2014
Sac Vet Center	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on Veterans and Older Adults	10	6/16/2014
Globe Mills Senior Apartments	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on Older Adults	1	6/14/2014
Sacramento Pride	Outreach to improve access, knowledge and awareness and understanding of mental health conditions and available services, focusing on LGBT community.	600	6/14/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Celebrating Fathers and their Families at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, spanish speaking community.	38	6/13/2014
Care	Outreach to improve access, knowledge and awareness and understanding of mental health conditons and available services, focusing on culturally and linguistically diverse communities.	1	6/13/2014
APCC	Outreach to improve access, knowledge and awareness and understanding of mental health conditons and available services, focusing on culturally and linguistically diverse communities.	1	6/13/2014
Southeast Asian	Outreach to improve access, knowledge and awareness and understanding of mental health conditons and available services, focusing on culturally and linguistically diverse communities.	1	6/13/2014
RIL	Outreach to improve access, knowledge and awareness and understanding of mental health conditons and available services, focusing on culturally and linguistically diverse communities.	1	6/13/2014
Resources for Independent Living Senior Apartments	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention focusing on Older Adults.	12	6/13/2014
Asian Pacific Community Counseling	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention focusing on Asian Pacific Islander community.	6	6/13/2014
Primary Care	Outreach to improve access, knowledge and awareness and understanding of mental health conditons and available services, focusing on culturally and linguistically diverse communities.	10	6/12/2014
South East Asian Assistance Center	Outreach event to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness/prevention focusing on Asian Pacific Islander community.	7	6/12/2014
La Esperanza Bakery	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, spanish speaking community.	36	6/11/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mundo Americano Travel	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	8	6/11/2014
Oak Park Community Center	Outreach to improve access, knowledge and awareness and understanding of mental health conditons and available services, focusing on culturally and linguistically diverse communities.	2	6/10/2014
Sky Parkway Senior Assisted Living	Distributed resource information to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness and prevention, focusing on Older Adult and consumers with lived experience.	1	6/9/2014
La Hacienda Market	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	23	6/9/2014
Mount Moriah Baptist Church	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	18	6/6/2014
Lutheran Church of Accession	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	20	6/6/2014
Expert Pool	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on culturally and linguistically diverse communities.	30	6/6/2014
Walnut Grove Support Group	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	16	6/5/2014
Galt Support Group	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	14	6/5/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Ventanilla De Salud Mexican Consulate	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	38	6/5/2014
Frances House	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	5	6/5/2014
My Sister's House	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults and consumers with lived experience.	6	6/5/2014
The Effort	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults and consumers with lived experience.	8	6/5/2014
Zumba at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	12	6/4/2014
Senior Day at the Park	Distributed resource information to improve access, knowledge and awareness of behavioral health services, focusing on Older Adults and consumers with lived experience.	1	6/4/2014
Family Resource Center at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	28	6/4/2014
Vision Salon Plaza	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	12	6/3/2014
Karate Classes at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	18	6/3/2014



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Nurturing Parenting Class at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	14	6/2/2014
Planned Parenthood	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	22	6/2/2014
Senior Health Fair	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	375	5/31/2014
Slavic Kids/Teens Camp	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	U	5/31/2014
Community Collaborative Charter School Graduation at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	18	5/30/2014
Kaiser Partial Hospitalization Program	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness and prevention, focusing on Transition Aged Youth.	6	5/30/2014
Wellness and Recovery Center-North	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness and prevention, focusing on Older Adults and those with lived experience.	12	5/30/2014
Karate Classes at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	10	5/29/2014
Franklin Bus Stop	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	12	5/29/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Resources for Independent Living Senior Apartments	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness and prevention, focusing on Older Adults and those with lived experience.	7	5/29/2014
Gender Health Center	Distributed resource information to Improve access, knowledge and awareness of mental health conditions and available services, focusing on LGBT community.	7	5/29/2014
Sac Native American Health Center	Distributed resource information to Improve access, knowledge and awareness of mental health conditions and available services, focusing on Native American community.	10	5/29/2014
Kaiser Partial Hospitalization Program	Distributed resource information to Improve access, knowledge and awareness of mental health conditions and available services, focusing on Transition Aged Youth.	4	5/29/2014
Guest House	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on culturally and linguistically diverse communities.	11	5/29/2014
Presentation of Services at APSS Stockton	Distributed resource information to increase awareness and understanding of behavioral health conditions, focusing on culturally and linguistically diverse communities.	15	5/28/2014
Fit Families for Life	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	28	5/28/2014
Local Control Accountability Plan Meeting at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	58	5/28/2014
Pre-Natal Class at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	21	5/28/2014
Diabetes Workshop at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	27	5/28/2014
Safe Talk Workshop	Behavioral Health outreach, including suicide awareness and prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	30	5/28/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
System Wide	Behavioral Health outreach, including suicide awareness and prevention, focusing on culturally and linguistically diverse communities.	4	5/28/2014
Slavic Assistance Center	Behavioral Health outreach, including suicide awareness and prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	3	5/27/2014
El Hogar	Behavioral Health outreach, including suicide awareness and prevention, focusing on Older Adult and those with lived experience.	5	5/27/2014
CRH Staff Training	Behavioral Health outreach, including suicide awareness and prevention, focusing on Transition Aged Youth.	14	5/27/2014
Computer Basics	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	8	5/27/2014
Rural Indian Health Board	Behavioral Health outreach, including suicide awareness and prevention, focusing on Native American community.	6	5/27/2014
El y Ella Beauty Salon	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	8	5/26/2014
La Esperanza Bakery	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	18	5/25/2014
Mundo Americano Travel	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	16	5/23/2014
Foothills H.S. Health Fair	Behavioral Health outreach, including suicide awareness and prevention, focusing on youth and Transition Aged Youth.	150	5/22/2014
Senior Care Luncheon	Behavioral Health outreach, including suicide awareness and prevention, focusing on Older Adult population.	80	5/22/2014
On my own Inc.	Behavioral Health outreach, including suicide awareness and prevention, focusing on Older Adult population.	8	5/22/2014
Guadalupe Church	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	40	5/21/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
LGBT Center Teen Group	Behavioral Health outreach, including suicide awareness and prevention, focusing on Transition Aged Youth and LGBT communities.	21	5/21/2014
Tabling @CRH	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	31	5/20/2014
Jackman Middle School	Behavioral Health outreach, including suicide awareness and prevention, focusing on Hmong community.	60	5/20/2014
Safe Sleep Class at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	15	5/19/2014
Culture Competency Meeting	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on First Responders and those with lived experience.	12	5/19/2014
Pacific Rim Street Festival	Behavioral Health outreach, including suicide awareness and prevention, focusing on Hmong/Vietnamese/Cantonese communities.	600	5/18/2014
New Hope Church	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	150	5/17/2014
The Meadowview Community Spring Festival	Behavioral Health outreach, including suicide awareness and prevention, focusing on Hmong/Vietnamese/Cantonese communities.	800	5/17/2014
Diabetes Workshop at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	50	5/16/2014
Mother's Day Event at LFCC	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	14	5/16/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Walnut Grove Support Group	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	16	5/15/2014
Galt Support Group	Distributed resource information to culturally and linguistically diverse communities to improve access, knowledge and awareness of mental health conditions and available services, focusing on LatinX, Spanish speaking community.	35	5/15/2014
Lake View Senior Mobile Home for Seniors	Behavioral Health outreach, including suicide awareness and prevention, focusing on Older Adults.	8	5/15/2014
S.O.A.R. Senior Health Fair	Behavioral Health outreach, including suicide awareness and prevention, focusing on Older Adults.	100	5/15/2014
Sierra Meadows Senior Mobile Home for Seniors	Behavioral Health outreach, including suicide awareness and prevention, focusing on Older Adults.	5	5/15/2014
Slavic Cultural Fair	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide prevention and awareness, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	1500	5/15/2014
Stone Gate Senior Mobile Home Park	Behavioral Health outreach, including suicide awareness and prevention, focusing on Older Adults.	7	5/15/2014
Manitos at the Hart Center	Behavioral Health outreach, including suicide awareness and prevention, focusing on Older Adults.	2	5/14/2014
Ventanilla De Salud Mexican Consulate	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	40	5/14/2014
Franchise Tax Board Health Fair	Behavioral Health outreach, including suicide awareness and prevention, focusing on culturally and linguistically diverse communities.	700	5/14/2014
LGBT Center Teen Group	Behavioral Health outreach, including suicide awareness and prevention, focusing on LGBT and Transition Aged Youth.	23	5/14/2014
Franchise Tax Board Health and Wellness Fair	Behavioral Health outreach, including suicide awareness and prevention, focusing on culturally and linguistically diverse communities.	700	5/14/2014
multi-cultural Task Force World Diversity Day	Behavioral Health outreach, including suicide awareness and prevention, focusing on culturally and linguistically diverse communities.	80	5/13/2014
Family Friendly Event	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	52	5/13/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mental Health Matters Day	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	90	5/13/2014
Mental Health Matters Day	Behavioral Health outreach, including suicide awareness and prevention, focusing on culturally and linguistically diverse communities.	500	5/13/2014
OAC Meeting	Behavioral Health outreach, including suicide awareness and prevention, focusing on Older Adult community.	25	5/13/2014
Colonia San Martin Senior Apartments	Behavioral Health outreach, including suicide awareness and prevention, focusing on culturally and linguistically diverse communities, including Veterans and Older Adults.	1	5/12/2014
Centro Cristiano Ebenezer Event	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	19	5/12/2014
Department of Correction and Rehabilitation	Behavioral Health outreach, including suicide awareness and prevention, focusing on culturally and linguistically diverse communities.	60	5/12/2014
DOCR Health Fair	Behavioral Health outreach, including suicide awareness and prevention, focusing on culturally and linguistically diverse communities.	60	5/12/2014
Slavic Assistance Center Health Safety and Job Fair	Behavioral Health outreach, including suicide awareness and prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	500	5/10/2014
Dignity Health	Behavioral Health outreach, including suicide awareness and prevention, focusing on culturally and linguistically diverse communities.	1	5/9/2014
Carniceria Lopez	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	3	5/9/2014
In Home Supportive Services	Behavioral Health outreach, including suicide awareness and prevention, focusing on culturally and linguistically diverse communities.	1	5/8/2014
Janitzo Deportes	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	8	5/8/2014
Imperial Manor Mobile Home Park for Seniors	Outreach to to increase awareness of mental health conditions and access to services, focusing on Older Adults.	7	5/8/2014
Suicide Task Force	Outreach to to increase awareness of mental health conditions and access to services, focusing on Older Adults.	30	5/8/2014
Oak Grove Senior Mobile Home Park	Outreach to to increase awareness of mental health conditions and access to services, focusing on Older Adults.	10	5/8/2014
School Parent Workshop about MH	Outreach to to increase awareness of mental health conditions and access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	135	5/8/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Salon Vision Plaza	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	6	5/7/2014
Franklin Hood Store	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	5/7/2014
Pacific Elementary School	Outreach to to increase awareness of mental health conditions and access to services, focusing on Cantonese, Hmong, and Vietnamese communities.	*	5/7/2014
Out of School Youth Presentation	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	5/6/2014
Big Day of Giving Event	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	200	5/6/2014
OSYP Orientation	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	5/5/2014
NAMI Walk	Distributed resource information to increase awareness and understanding of mental health conditions and available services, focusing on linguistically and culturally diverse populations.	150	5/3/2014
Sacramento Youth Resource Fair (Ebenezer Cristian Center)	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking individuals and families.	75	5/3/2014
Familias Sanas Viven Mejor Clases	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	22	5/3/2014
multi-cultural Community Health Fair	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	150	5/3/2014
Pre-Natal Class at LFCC	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	14	5/2/2014
Tabling At CRH Dinner	Distributed resource information to increase awareness and understanding of mental health conditions and available services, focusing on Transition Aged Youth population.	40	5/2/2014
Pacific Housing	Distributed resource information to increase awareness and understanding of mental health conditions and available services, focusing on Older Adults.	7	5/2/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Valley High School Health and Fitness Expo	Distributed resource information to improve awareness of mental health conditions and increase suicide awareness and prevention efforts, focusing on the Cantonese, Hmong, and Vietnamese youth and Transition Aged Youth populations.	800	5/2/2014
Homeless Outreach	Distributed resource information to improve awareness of mental health conditions and increase suicide awareness and prevention efforts, focusing on the Cantonese, Hmong, and Vietnamese youth and Transition Aged Youth populations.	50	5/2/2014
Walnut Grove Support Group	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	15	5/1/2014
Galt Support Group	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	5/1/2014
Ventanilla De Salud Mexican Consulate	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	29	5/1/2014
Varenna Senior Apartments	Distributed resource information to improve awareness of mental health conditions and increase suicide awareness and prevention efforts, focusing on the Older Adult and other underserved communities.	48	4/30/2014
Lotus Landing apartments	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	10	4/29/2014
LGBT Center Teen Support Group	Distributed resource information to improve knowledge and understanding of mental health conditions and increase access to services, focusing on LGBT and Transition Aged Youth communities.	23	4/29/2014
Supporting Community Connectionss	Distributed resource information to improve knowledge and understanding of mental health conditions and suicide prevention and awareness and to increase access to services, focusing on LGBT and Transition Aged Youth communities.	23	4/28/2014
Slavic Music Festival and Concert	Behavioral Health outreach, including suicide awareness and prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	90	4/26/2014
Kids Day in the Park	Outreach to culturally and linguistically diverse communities to improve knowledge and understanding of mental health conditions and increase access to services.	5000	4/26/2014
Southeast Asian Youth Summit	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on Southeast Asian communities.	150	4/25/2014



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Karate Classes at LFCC	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	4/25/2014
Slavic Church Harvest	Behavioral Health outreach, including suicide awareness and prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	40	4/25/2014
Youth Peer Club	Behavioral Health outreach, including suicide awareness and prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	12	4/25/2014
Panaderia Mexicana	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	4/24/2014
Del Campo Insurance	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	6	4/23/2014
Dr. Rosales Medical Group	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	18	4/21/2014
Slavic International Missionary School	Behavioral Health outreach, including suicide awareness and prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	20	4/18/2014
Walnut Grove Support Group	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	4/17/2014
Galt Support Group	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	17	4/17/2014
Ventanilla De Salud Mexican Consulate	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	38	4/17/2014
Normandy Park Senior Apartments	Distributed resource information to improve knowledge and understanding of mental health conditions and increase access to services, focusing on unserved and underserved Older Adult communities.	36	4/17/2014
Mi Rancho	Distributing resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	40	4/16/2014
CRH Staff Training	Outreach to culturally and linguistically diverse communities to improve knowledge and understanding of mental health conditions and increase access to services, focusing on unserved and underserved communities.	56	4/16/2014
Health Resources Fair	Outreach to culturally and linguistically diverse communities to improve knowledge and understanding of mental health conditions and increase access to services.	2	4/15/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Franklin Bus Stop	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	14	4/15/2014
Pacific Housing Health Fair	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Older Adult and other unserved or underserved communities.	30	4/15/2014
Hurley Creek Apartments for Older Adults	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Older Adult and other unserved or underserved communities.	40	4/15/2014
Meals on Wheels	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Older Adult and other unserved or underserved communities.	1	4/14/2014
Walmart Parking Lot	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	18	4/14/2014
Homeless Outreach	Distributed resource information to improve access, knowledge and awareness of mental health conditions, focusing on Transition Aged Youth population.	3	4/14/2014
Youth Program at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	16	4/11/2014
T-Mobile	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	14	4/10/2014
Homeless Outreach	Distributed resource information to improve access, knowledge and awareness of mental health conditions, focusing on Transition Aged Youth population.	5	4/10/2014
Emerson Park Senior Apartments	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Older Adult and other unserved or underserved communities.	3	4/10/2014
Vintage Oaks Senior Apartments	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Older Adult and other unserved or underserved communities.	4	4/10/2014
Normady Park Senior Apartments	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Older Adult and other unserved or underserved communities.	3	4/10/2014
Corsiar Park Senior Apartments	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Older Adult and other unserved or underserved communities.	6	4/10/2014
Sacramento State University	Outreach to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness and prevention, focusing on Transition Aged Youth and other culturally diverse communities.	250	4/10/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
LGBT Teen Support Group	Outreach to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness and prevention, focusing on LGBT, Transition Aged Youth and other culturally diverse communities.	21	4/9/2014
VOA Support Group at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	7	4/9/2014
California Middle School	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	4	4/8/2014
Jackman Middle School	Outreach to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness and prevention, focusing on Southeast Asian communities.	60	4/8/2014
Take Pride In Your Health	Outreach to improve access, knowledge and awareness of understanding of behavioral health conditions and suicide awareness and prevention, focusing on LGBT, Transition Aged Youth and other culturally diverse communities.	100	4/6/2014
Fairy Tale Town Event	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	300	4/5/2014
Hmong Health Alliance Health Fair	Outreach to to increase awareness of mental health conditions and access to services, focusing on Cantonese, Hmong, Vietnamese communities.	200	4/5/2014
Korean Nurse Association	Outreach to to increase awareness of mental health conditions and access to services, focusing on Cantonese, Hmong, and Vietnamese communities.	37	4/4/2014
Slavic Assistance Center's Youth Ministry Conference	Outreach to to increase awareness of mental health conditions and access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	24	4/4/2014
No Time To Lose	Outreach to improve access, knowledge and understanding of mental health conditions and promote suicide awareness and prevention, focusing on Transition Aged Youth population.	300	4/4/2014
Expert Pool	Distributed resource information to culturally and linguistically diverse community members to increase access to services and improve knowledge and understanding of mental health conditions.	26	4/4/2014
VOA Support Group at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	19	4/4/2014
Walnut Grove Support Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	10	4/3/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Galt Support Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	24	4/3/2014
Ventanilla De Salud Mexican Consulate	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	33	4/3/2014
Walking Out Of The Darkness	Distributed resource information to culturally and linguistically diverse community members to increase access to services and improve knowledge and understanding of mental health conditions.	250	4/3/2014
American Legion	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	27	4/2/2014
LGBT Teen Support Group	Distributed resource information to culturally and linguistically diverse community members to increase access to services and improve knowledge and understanding of mental health conditions, focusing on LGBT and Transition Aged Youth populations.	17	4/2/2014
Mental Health Board	Distributed resource information to culturally and linguistically diverse community members to increase access to services and improve knowledge and understanding of mental health conditions.	25	4/2/2014
Active Parenting Classes at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	8	4/2/2014
Teens Parents Program @ EGUSD	Distributed resource information to culturally and linguistically diverse community members to increase access to services and improve knowledge and understanding of mental health conditions.	50	4/1/2014
Slavic Pentecostal Evangelical church	Distributed resource information to culturally and linguistically diverse community members to increase access to services and improve knowledge and understanding of mental health conditions, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	200	3/30/2014
Hmong Women Heritage Association	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Hmong community.	1	3/28/2014
Cesar Chavez Movie	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	25	3/28/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Trinity Life Center	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities.	6	3/28/2014
701 Fairground Dr./Seniors Apartments	Distributed resource information to culturally and linguistically diverse community members to increase access to services and improve knowledge and understanding of mental health conditions, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	170	3/28/2014
Terraces at Capitol Park	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Older Adults.	1	3/27/2014
Stanford Senior Apartments	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Older Adults.	1	3/27/2014
Normandy Park Senior Apartments	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Older Adults.	1	3/27/2014
Book Fair @LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	100	3/27/2014
LGBT Teen Support Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LGBT and Transition Aged Youth communities.	12	3/26/2014
Greystone Apartments	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities.	1	3/26/2014
Hurley Creek Apartments for Older Adults	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Older Adults.	1	3/25/2014
American Legion	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	23	3/25/2014
Community Church--Suicide Prevention Workshop	Distributed resource information to increase access to services and improve knowledge and understanding of mental health conditions, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	15	3/25/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
WHY SAC	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Transition Aged Youth and LGBT communities.	37	3/25/2014
Planned Parenthood	Behavioral Health Outreach to LatinX Community	22	3/24/2014
Cross Wood Oaks Apartment for Older Adults	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Older Adults.	20	3/24/2014
Bayside Church	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Older Adults.	6	3/24/2014
Messiah Lutheran Church	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Older Adults.	4	3/24/2014
Holy Family Church	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Older Adults.	4	3/24/2014
Lutheran Church of Accession	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Older Adults.	3	3/24/2014
Christ Community Church	Outreach to community to improve knowledge and awareness of mental health conditions and increase access to services, focusing on culturally and linguistically diverse communities, including Older Adults.	5	3/24/2014
Elk Grove Youth Fair	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	200	3/22/2014
Peer Club Youth	Behavioral Health Outreach to improve access, knowledge and awareness of mental health conditions, focusing on Slavic Youth and families.	3	3/21/2014
Community Forum	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	50	3/21/2014
Walnut Grove Support Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	3/21/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Galt Support Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	3/20/2014
Ventanilla De Salud Mexican Consulate	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	24	3/20/2014
American Legion	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	26	3/19/2014
System Wide	Behavioral Health Outreach to increase awareness and understanding of mental health conditions and improve access to services, focusing on culturally and linguistically diverse communities.	10	3/19/2014
Missionary Slavic Church	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	7150	3/19/2014
Health for All	Behavioral Health Outreach to increase awareness and understanding of mental health conditions and improve access to services, focusing on culturally and linguistically diverse communities.	20	3/19/2014
N. Franklin Businesses	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	100	3/17/2014
Sacramento Food Bank	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	31	3/17/2014
CD Video rental	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	10	3/14/2014
Outreach at WIC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	15	3/14/2014
SCC Group Outcome Meeting	Behavioral Health Outreach to increase awareness and understanding of mental health conditions and improve access to services, focusing on culturally and linguistically diverse communities.	10	3/14/2014
Mexican Consulate	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	45	3/13/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Suicide Prevention Task Force	Behavioral Health Outreach to increase awareness and understanding of mental health conditions and improve access to services, focusing on culturally and linguistically diverse communities.	25	3/13/2014
Central Region Suicide Prevention	Behavioral Health Outreach to increase awareness and understanding of mental health conditions and improve access to services, focusing on culturally and linguistically diverse communities.	33	3/13/2014
American Legion	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	24	3/12/2014
LGBT Center Teen Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	20	3/12/2014
Estrellita H.S. Galt	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	17	3/12/2014
LGBT Center Teen Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	17	3/12/2014
California Human Development	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	25	3/12/2014
L&L video	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	15	3/11/2014
OAC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Older Adult and other unserved or underserved communities.	20	3/11/2014
WHY SAC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	6	3/11/2014
Vinai Wholesale	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	15	3/10/2014
School Readiness Fair	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Older Adult and other unserved or underserved communities.	*	3/8/2014



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
My Sister's House	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Asian Pacific Islander and other unserved or underserved communities.	30	3/8/2014
School Readiness Fair	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Older Adult and other unserved or underserved communities.	400	3/8/2014
Support Group at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	5	3/6/2014
Walnut Grove Support Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	17	3/6/2014
Galt Support Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	22	3/6/2014
Ventanilla De Salud Mexican Consulate	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	3/6/2014
Suikei G	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	5	3/6/2014
City Life Radio 1110AM	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	700	3/6/2014
Walnut Grove Library Market St	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	15	3/6/2014
California Human Development	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	3/5/2014
American Legion	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	36	3/5/2014
LGBT Center Teen Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	40	3/5/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
California Human Development	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	3/5/2014
Sacramento Food Bank	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	22	3/4/2014
Planned Parenthood	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	11	3/3/2014
Homeless Outreach	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	6	3/3/2014
Hmong In Health General Meeting	Distributed outreach information to increase suicide awareness and prevention and increase access to services, focusing on Hmong Community.	40	3/2/2014
CSUS Career Fair	Distributed outreach information to increase suicide awareness and prevention and increase access to services, focusing on culturally and linguistically diverse communities.	100	2/28/2014
Evenecer Church	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	25	2/28/2014
InterRadio and Bret TV channel	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Ukrainian, Russian speaking and other former Soviet Union communities.	7500	2/28/2014
City Life Radio	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Ukrainian, Russian speaking and other former Soviet Union communities.	7000	2/27/2014
Karate Classes at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	16	2/27/2014
Presentation at Sacramento County Public Authority	Outreach to improve knowledge and understanding of mental health conditions and increase access to services, focusing on Older Adults.	22	2/27/2014
Galt Flea Market	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	300	2/27/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
System Wide Outreach Event	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	10	2/26/2014
Suicide Prevention Workshop	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	8	2/26/2014
LGBT Center Teen Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	12	2/26/2014
American Legion	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	2/26/2014
Valley High Health Tech	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	2/25/2014
Culture Competency Meeting	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on culturally diverse communities, including Older Adults, Transition Aged Youth and other unserved/under served communities.	10	2/25/2014
CRH Dinner	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	61	2/24/2014
Janitzo Deportes	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	16	2/24/2014
Crisis Intervention Training Resource Fair	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	50	2/21/2014
Galt Support Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	18	2/21/2014
Youth Peer Club Ark of Salvation	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	16	2/21/2014
Network Café	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth communities.	45	2/20/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Food bank network café	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on linguistically and culturally diverse communities.	45	2/20/2014
Ventanilla De Salud Mexican Consulate	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	26	2/20/2014
Turning Point Integrated Services Agency	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on linguistically and culturally diverse communities.	30	2/19/2014
Gender Health Center--Youth Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth communities.	15	2/19/2014
Russian Information & Support Services and Afisha Media Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	50	2/18/2014
Covered California Event at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	52	2/18/2014
Vietnamese Tet Festival	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	1500	2/16/2014
Vietnamese Tet Festival	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Vietnamese and other South East Asian community.	3000	2/15/2014
Folsom Flea Market	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and other spanish speaking communities.	100	2/15/2014
CNYC Chinese New Year celebration.	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Cantonese and other Chinese immigrant communities.	2000	2/15/2014
CPS Round Table	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on culturally diverse communities, including youth, Transition Aged Youth and other unserved/under served communities.	38	2/14/2014
Guadalupe Church	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	2/13/2014
Bully prev train	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	42	2/13/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
American Legion	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	29	2/12/2014
LGBT center teen group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	16	2/12/2014
Super Bowl Event at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	30	2/11/2014
Amer River College Couns staff mtg	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	28	2/11/2014
WHY Sac mtg	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	5	2/11/2014
Verana Apartments	Outreach event to increase awareness and understanding of mental health conditions and improve access to appropriate services, focusing on culturally and linguistically diverse communities.	1	2/10/2014
Covered California Event at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	28	2/9/2014
UkrainianYouth Ministry	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	200	2/9/2014
VITA Hiram Johnson	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	150	2/8/2014
Walnut Grove Support Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	32	2/7/2014
Galt Support Group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	16	2/7/2014
Homeless outreach	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	7	2/7/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Expert Pool Meeting	Behavioral Health Outreach to increase awareness, knowledge and understanding of mental health conditions, focusing on culturally and linguistically diverse children and families.	40	2/7/2014
Ventanilla De Salud Mexican Consulate	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	28	2/6/2014
Santa Rosa Church	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	14	2/6/2014
Sacramento Community Care Partners' Meeting	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	11	2/5/2014
American Legion	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	28	2/5/2014
Hmong Club; Grant High	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Hmong community.	22	2/5/2014
Flyers at Ranch 99 market & SF markets	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	*	2/5/2014
LGBT center teen group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	11	2/5/2014
Albert Einstein Residence Center	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on East Asian communities.	1	2/4/2014
Planned Parenthood	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on East Asian communities.	20	2/4/2014
LGBT youth task force	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	22	2/3/2014
Immaculate Conception Church	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	2/3/2014
Homeless outreach	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	6	2/3/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Suicide awareness at Valley High (Asian club)	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on East Asian communities.	45	2/3/2014
Football Event at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	2/2/2014
Slavic Pentecostal Church	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	7600	2/2/2014
Hoa Hao Buddha Center	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on East Asian communities. .	150	2/1/2014
Behavioral Health Outreach to LatinX Community	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	24	1/31/2014
Woodhaven Senior Apartments	Outreach to increase knowledge and understanding of mental health conditions and improve access to services in the community, focusing on Older Adult populations.	1	1/30/2014
Food Co. Stockton Blvd.	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	20	1/30/2014
Karate Classes at LFCC	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	12	1/30/2014
ACC Senior Services & Kennedy High School	Distributed resource information to increase awareness and understanding of mental health conditions and improve access to services, focusing on Older Adults and Transition Aged Youth.	0	1/30/2014
Behavioral Health Outreach to LatinX Community	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	32	1/29/2014
Nedra Head Start	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	18	1/29/2014
Valley High School Suicide presentation	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on culturally and linguistically diverse individuals and families communities.	30	1/29/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Nicholas Elementary School	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on LatinX and Spanish speaking communities.	15	1/28/2014
Bullying prevention training.	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on culturally and linguistically diverse individuals and families communities.	30	1/28/2014
Teen support group	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	10	1/28/2014
Ranch 99 Market	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	*	1/28/2014
Mental Health collaborative meeting	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on culturally and linguistically diverse individuals and families.	45	1/28/2014
MH Seminar Slavic Assistance Center	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	770	1/28/2014
Azteca Indoor Soccer	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	120	1/27/2014
Supporting Community Connections Presentation	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	27	1/27/2014
Suicide present. Valley High	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	20	1/27/2014
"child of the Streets" rehab center	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	25	1/25/2014
Stopping stigma panel event	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on Transition Aged Youth.	75	1/24/2014



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
American Legion	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	24	1/23/2014
Mi Rancho	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	70	1/23/2014
Multi-cultural Supermarkets	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on culturally and linguistically diverse individuals and families communities.	*	1/23/2014
Adult Protective Services	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on culturally and linguistically diverse Older Adults.	1	1/22/2014
System wide outreach	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on culturally and linguistically diverse individuals and families communities.	7	1/22/2014
LGBT Center	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on culturally and linguistically diverse LGBT Transition Aged Youth.	14	1/22/2014
American Legion	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	25	1/21/2014
Galt Flea Market	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	65	1/21/2014
George Sims Community Center	Distributed resource information to increase awareness about mental illness and suicide prevention, focusing on culturally and linguistically diverse Older Adults.	*	1/21/2014
Panaderia Mexicana	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	28	1/20/2014
Wright Street Apartment	Provided resource information to increase awareness and understanding of mental health conditions and suicide prevention, focusing on Older Adults.	8	1/20/2014
Loving Care	Provided resource information to increase awareness and understanding of mental health conditions and suicide prevention, focusing on Older Adults.	2	1/17/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Foothill Farms Senior Apartments	Provided resource information to increase awareness and understanding of mental health conditions and suicide prevention, focusing on Asian Pacific Islander and Older Adults.	1	1/17/2014
American Legion	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	20	1/17/2014
Homeless Outreach	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transition Aged Youth.	4	1/16/2014
Ventanilla De Salud Mexican Consulate	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	20	1/16/2014
Galt Support Group	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	18	1/16/2014
Walnut Grove Support Group	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	16	1/16/2014
LGBT Center Teen Group	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transitional Age Youth.	10	1/15/2014
American Legion	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	30	1/15/2014
Vic's Super Market	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	22	1/15/2014
McClatchy High School	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	12	1/14/2014
Income Taxes Gaitan	Outreach to increase awareness and understanding of mental health conditions and increase access to services, focusing on LatinX and other Spanish speaking communities.	18	1/14/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Guadalupe Church	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on LatinX and spanish speaking communities.	14	1/14/2014
WHY SAC	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transitional Age Youth.	6	1/14/2014
Valley high school	Distributed resource information to increase awareness and understanding of mental health conditions and increase access to services, focusing on Transitional Age Youth.	45	1/14/2014
Consumnes River College	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on LatinX and spanish speaking communities.	50	1/13/2014
Nellie's Income Taxes	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on LatinX and spanish speaking communities.	6	1/13/2014
Elderly Workshop for Slavic	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	6	1/13/2014
Ranch 99 supermarket	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on culturally and linguistically diverse communities.	*	1/13/2014
Soccer Planet	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on LatinX and spanish speaking communities.	78	1/10/2014
Hacienda Market	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on LatinX and spanish speaking communities.	80	1/10/2014
Grizzley Hallow	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on LatinX and spanish speaking communities.	25	1/10/2014
Slavic Teens Camp "Identity"	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on Ukrainian, Russian speaking and former Soviet Union communities.	80	1/10/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
El Sazon Mexicano Restaurant	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on LatinX and spanish speaking communities.	30	1/9/2014
Kaiser Permanente South Area	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on LatinX and spanish speaking communities.	10	1/9/2014
Youth Homelessness Task Force	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on Transition Aged Youth.	20	1/8/2014
Lilliput Child Services	Distributed resource information to increase awareness and understanding of behavioral health conditions and available services, focusing on the African American Community.	2	1/8/2014
LGBT Teen Group	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Transition Aged Youth and LGBT communities.	6	1/8/2014
Bach Viet asst inc	Distributed resource information to increase awareness and understanding of behavioral health conditions and suicide awareness/prevention, focusing on Vietnamese community.	78	1/8/2014
Joseph Bonheim Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on cultural and linguistically diverse communities.	25	1/8/2014
American Legion	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on cultural and linguistically diverse communities.	28	1/8/2014
Parenting Classes Outreach at La Familia Counseling Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on LatinX and other Spanish speaking communities.	8	1/8/2014
WIC Oak Park Community Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on cultural and linguistically diverse communities.	30	1/7/2014

## COMMUNITY OUTREACH 2011 TO PRESENT

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Oak Ridge Elementary School	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on cultural and linguistically diverse communities.	12	1/7/2014
Thompson Rose Chapel	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on African American community.	2	1/7/2014
Morgan Jones Funeral Home	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on African American community.	2	1/7/2014
Wellspring Women Center	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on cultural and linguistically diverse communities.	2	1/7/2014
Head Start Program	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on cultural and linguistically diverse communities.	25	1/6/2014
Los Jarritos Restaurant	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on LatinX and other Spanish speaking communities.	20	1/6/2014
Mental Health America of Nor Cal	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on cultural and linguistically diverse communities.	2	1/6/2014
Southgate Library	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on cultural and linguistically diverse communities.	*	1/6/2014
Asian supermarkets & restaurants	Distributed resource information to improve access, knowledge and awareness of behavioral health services focusing on Asian population, including Chinese, Vietnamese and Hmong communities.	*	1/3/2014
Slavic Missionary Church	Suicide Prevention information to Slavic Community	7600	12/29/2013
Russian Baptist Church	Behavioral Health Outreach to Slavic Community	7400	12/26/2013
Put flyers at George Sim Community Center	Behavioral Health Outreach to providers working in multi-cultural community	*	12/24/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Homeless Outreach	Behavioral Health Outreach to Transitional Age Youth	14	12/24/2013
CRH Dinner	Behavioral Health Outreach to Transitional Age Youth	48	12/23/2013
TP cris resid. Prog	Behavioral Health Outreach to providers working in multi-cultural community	*	12/19/2013
LGBT Center	Behavioral Health Outreach to Transitional Age Youth	19	12/18/2013
Foothill Farms Senior Apartments	Suicide Prevention information to API Older Adults	1	12/16/2013
Consumer Holiday Lunch	Behavioral Helahht Outreach to multi-cultural consumers	200	12/14/2013
Are of Salvation Church	Behavioral Health Outreach to Slavic Community	60	12/14/2013
C.O.R.E. clinic	Behavioral Health Outreach to providers working in multi-cultural community	25	12/13/2013
Empathy Train.	Behavioral Health Outreach to providers working in multi-cultural community	1	12/13/2013
TLCS respite house opening	Behavioral Health Outreach to providers working in multi-cultural community	50	12/13/2013
Arbors-Oak Park	Suicide Prevention information to API Older Adults	2	12/12/2013
LGBT Center	Behavioral Health Outreach to Transitional Age Youth	13	12/11/2013
SCC Meeting/Presentation	Behavioral Health Outreach to providers working in multi-cultural community	40	12/10/2013
Homeless Outreach	Behavioral Health Outreach to Transitional Age Youth	6	12/9/2013
Holiday Luncheon	Behavioral Health Outreach to multi-cultural consumers of MH	300	12/6/2013
Slavic Church Leaders	Suicide Prevention information to Slavic Community	20	12/6/2013
CORE Medical	Behavioral Health Outreach to providers working in multi-cultural community	2	12/5/2013
Yoga Seed coll.	Behavioral Health Outreach to providers working in multi-cultural community	1	12/5/2013
Trinity Episcopal Cathedral	Behavioral Health Outreach to Older Adults	2	12/5/2013
Westminster Presbyterian Church	Behavioral Health Outreach to Older Adults	3	12/5/2013
LGBT Center Teen Group	Behavioral Health Outreach to Transitional Age Youth	11	12/4/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Put flyers at Asian Community Center (ACC)	Behavioral Health Outreach to multi-cultural community	*	12/4/2013
Gender health center	Behavioral Health Outreach to providers working in multi-cultural community	3	12/4/2013
Sac Food Co-op	Behavioral Health Outreach to multi-cultural community	1	12/4/2013
3000 T St, Therapist office build.	Behavioral Health Outreach to providers working in multi-cultural community	1	12/4/2013
Put flyers at King Palace Seafood & Happy Garden	Behavioral Health Outreach to multi-cultural community	*	12/3/2013
Sacramento Hmong New Year	Behavioral Health Outreach to Hmong community	5000	11/30/2013
"Connect International" Meeting	Behavioral Health Outreach to Slavic Community	11	11/29/2013
LGBT Center Teen Group	Behavioral Health Outreach to Transitional Age Youth	14	11/27/2013
Flyer at Southgate & Colonial Heights Library	Behavioral Health Outreach to multi-cultural community	*	11/26/2013
WHY Sac	Behavioral Health Outreach to Transitional Age Youth	27	11/26/2013
LFCC Active Parenting Classes	Behavioral Health Outreach to LatinX Community	18	11/25/2013
Northgate Point RST- TP	Behavioral Health Outreach to multi-cultural community	20	11/25/2013
Harkness Active Parenting Classes	Behavioral Health Outreach to LatinX Community	15	11/22/2013
Outreach (Door to Door)	Behavioral Health Outreach to LatinX Community	15	11/22/2013
North Natomas Affordable Housing	Behavioral Health Outreach to Providers working with multi-cultural community	2	11/21/2013
Health Fair at LFCC	Behavioral Health Outreach to LatinX Community	20	11/21/2013
La Familia Affordable care act res fair	Behavioral Health Outreach to LatinX Community	50	11/21/2013
Consumer Advisory Committee	Behavioral Health Outreach to providers working in multi-cultural community	5	11/20/2013
Flyer in Asian Pearl Restaurant	Behavioral Health Outreach to API community	*	11/20/2013
Season of Thanks at Richads Pan	Suicide Prevention information to LatinX Community	150	11/20/2013
LGBT Center Teen Group	Behavioral Health Outreach to Transitional Age Youth	17	11/20/2013
Francis House	Behavioral Health Outreach to providers working in multi-cultural community	2	11/20/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Montesary (Church)	Behavioral Health Outreach to multi-cultural community	16	11/19/2013
Ebenezer Christian Church	Behavioral Health Outreach to multi-cultural community	13	11/19/2013
Mexican Consulate	Behavioral Health Outreach to LatinX Community	30	11/18/2013
Outreach (Door to Door)	Behavioral Health Outreach to multi-cultural community	38	11/17/2013
Slavic Pentecostal Carainan Church	Behavioral Health Outreach to Slavic Community	700	11/17/2013
Slavic Pentecostal Church	Behavioral Health Outreach to Slavic Community	7700	11/17/2013
Obama Care Education at Environment	Suicide Prevention information to LatinX Community	100	11/16/2013
North Sac Community Health Fair (Grant High)	Suicide Prevention information to LatinX Community	250	11/16/2013
Citizenship Fair at Pacific McGeorge Student	Suicide Prevention information to LatinX Community	150	11/16/2013
Outreach We Connect	Behavioral Health Outreach to LatinX Community	25	11/15/2013
Hmong Women Heritage	Behavioral Health Outreach to Hmong community	1	11/15/2013
Homeless Outreach	Behavioral Health Outreach to Transitional Age Youth	7	11/15/2013
Mexican Consulate	Behavioral Health Outreach to LatinX Community	25	11/14/2013
Harkness Active Parenting Classes	Suicide Prevention information to LatinX Community	8	11/14/2013
Mexican Consulate	Suicide Prevention information to LatinX Community	80	11/14/2013
Janitzio Deportes Store	Behavioral Health Outreach to LatinX Community	10	11/13/2013
LGBT Center Group	Behavioral Health Outreach to Transitional Age Youth	17	11/13/2013
Gaitan Income Taxes	Suicide Prevention Information to multi-cultural Community	21	11/13/2013
Oak Park Community Center	Behavioral Health Outreach to API community	1	11/12/2013
School Site Council (COA)	Behavioral Health Outreach to providers working in multi-cultural community	17	11/12/2013
OAC	Behavioral Health Outreach to Older Adults	20	11/12/2013
TLCS	Behavioral Health Outreach to multi-cultural community	8	11/12/2013
Nicholas Elementary School	Behavioral Health Outreach to LatinX Community	15	11/12/2013
Flyer at Supermarkets	Behavioral Health Outreach to API community	*	11/12/2013



**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Vet Career Fair	Suicide Prevention Information to multi-cultural Community	45	11/12/2013
TLCS	Behavioral Health Outreach to multi-cultural community	9	11/12/2013
School Site Council (COA)	Behavioral Health Outreach to providers working in multi-cultural community	17	11/12/2013
Robert J. Gonzales Attorney	Behavioral Health Outreach to LatinX Community	18	11/9/2013
AIM Medical Fair	Behavioral Health Outreach to LatinX Community	15	11/8/2013
Nuestra Belleza at CSUS	Suicide Prevention Information to multi-cultural Community	400	11/8/2013
Outreach Door to Door	Behavioral Health Outreach to multi-cultural community	36	11/7/2013
Immaculate Conception Church	Behavioral Health Outreach to multi-cultural community	22	11/7/2013
Feria De Salud Mexican Consulate	Behavioral Health Outreach to LatinX Community	22	11/6/2013
Hiram Johnson High School	Suicide Prevention Information to multi-cultural Community	42	11/6/2013
Eskaton	Behavioral Health Outreach to API Older Adults	1	11/6/2013
Bach Vet Association Inc.	Behavioral Health Outreach to API community	78	11/6/2013
Culture Competency	Behavioral Health Outreach to providers working in multi-cultural community	20	11/5/2013
Flyers at George Sim Community Center	Behavioral Health Outreach to multi-cultural community	*	11/5/2013
Turning Point	Behavioral Health Outreach to multi-cultural community	9	11/5/2013
Franklin Hood Store	Behavioral Health Outreach to multi-cultural community	18	11/5/2013
Ethel Phillips Elementary School	Behavioral Health Outreach to LatinX Community	20	11/5/2013
Dr. Rosales Clinic	Behavioral Health Outreach to LatinX Community	15	11/5/2013
La Superior Market	Behavioral Health Outreach to LatinX Community	25	11/4/2013
Nellys Income Taxes	Behavioral Health Outreach to LatinX Community	3	11/4/2013
Planned Parenthood	Behavioral Health Outreach to LatinX Community	10	11/4/2013
Flyers at Asian Community Center (ACC)	Behavioral Health Outreach to API community	*	11/4/2013
Sac state health fair	Behavioral Health Outreach to multi-cultural community	50	11/4/2013
Sac State Health Fair	Behavioral Health Outreach to multi-cultural community	50	11/4/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Karate Classes at LFCC	Behavioral Health Outreach to LatinX Community	30	11/2/2013
Dr. Rosales Franklin Blvd	Behavioral Health Outreach to LatinX Community	15	11/2/2013
Ventanilla De Salud Mexican Consulate	Behavioral Health Outreach to LatinX Community	22	11/2/2013
WEAVE	Behavioral Health Outreach to providers working in multi-cultural community	2	11/1/2013
Wellspace	Behavioral Health Outreach to providers working in multi-cultural community	2	11/1/2013
LFCC Active Parenting Classes	Behavioral Health Outreach to LatinX Parents	5	11/1/2013
Homeless outreach	Behavioral Health Outreach to Transitional Age Youth	4	11/1/2013
Flyers at Asian Community Center (ACC)	Behavioral Health Outreach to API community	*	10/31/2013
Fruitridge Soccer Club	Behavioral Health Outreach to LatinX Community	20	10/31/2013
El y Ella Beauty Salon	Behavioral Health Outreach to LatinX Community	12	10/31/2013
La Esperanza Bakery	Behavioral Health Outreach to LatinX Community	15	10/31/2013
Sacramento Food Bank	Behavioral Health Outreach to LatinX Community	10	10/30/2013
Park Place	Behavioral Health Outreach to providers and Older Adult from multi-cultural community	3	10/30/2013
Hacienda Market	Behavioral Health Outreach to LatinX Community	6	10/30/2013
LGBT center Teen group	Behavioral Health Outreach to Transitional Age Youth	23	10/30/2013
Sac food bank	Behavioral Health Outreach to LatinX Community	1	10/30/2013
Frances House	Behavioral Health Outreach to multi-cultural community	1	10/30/2013
Janitzio Deportes	Behavioral Health Outreach to LatinX Community	10	10/30/2013
Money Smart for Older Adults	Behavioral Health Outreach to Older Adults	75	10/29/2013
Monarca Salon	Behavioral Health Outreach to LatinX Community	4	10/29/2013
Jamitzo Deportes	Behavioral Health Outreach to LatinX Community	6	10/29/2013
Ely Elle Beauty Salon	Behavioral Health Outreach to LatinX Community	8	10/28/2013
Supporting Community Connectionss Collaborative	Behavioral Health Outreach to providers working in multi-cultural community	23	10/28/2013
Concilo Hispanic Resources	Behavioral Health Outreach to LatinX Community	30	10/28/2013
AI College Motivation Day	Behavioral Health Outreach to Native American	200	10/28/2013
Divine Mercy Human Development Foundation Health Fair	Mental Health Outreach to multi-cultural Community	50	10/27/2013
Run for a safe haven	Behavioral Health Outreach to multi-cultural community	1000	10/26/2013
SCC Collaborative mtg	Behavioral Health Outreach to LatinX Community	10	10/26/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Cross Roads Diversified Services	Behavioral Health Outreach to multi-cultural community	25	10/25/2013
LFCC Active Parenting	Behavioral Health Outreach to LatinX Parents	5	10/25/2013
Walnut Grove Active Parenting C	Behavioral Health Outreach to LatinX Parents	7	10/25/2013
LFCC Mural Week	Behavioral Health Outreach to LatinX Community	6	10/25/2013
Flyers at Chinese restaurant and supermarket	Behavioral Health Outreach to Cantonese Speaking Community	*	10/24/2013
LFCC Active Parenting	Behavioral Health Outreach to LatinX Community	3	10/24/2013
Stop Bus in Franklin Blvd	Behavioral Health Outreach to LatinX Community	20	10/24/2013
Del Campo Insurance	Behavioral Health Outreach to LatinX Community	20	10/24/2013
Crossroads Diversified	Behavioral Health Outreach to LatinX Community	35	10/24/2013
In-service Training for Employees @ CRH	Behavioral Health Outreach to Transitional Age Youth	26	10/23/2013
B&B Graduation at LFCC	Behavioral Health Outreach to multi-cultural community	40	10/23/2013
We Connect Event	Behavioral Health Outreach to LatinX Community	500	10/23/2013
Person Centered Caring	Behavioral Health Outreach to Older Adults	*	10/23/2013
Creating Community Solutions	Behavioral Health Outreach to multi-cultural community	40	10/23/2013
LGBT Center	Behavioral Health Outreach to Transitional Age Youth	15	10/23/2013
Slavic Parent Forum	Behavioral Health Outreach to Slavic Families	350	10/22/2013
Why Sac	Behavioral Health Outreach to Transitional Age Youth	40	10/22/2013
Shop Smart	Behavioral Health Outreach to multi-cultural community	150	10/22/2013
Outdoor Market	Suicide Prevention information to LatinX Community	30	10/22/2013
APPS Bowling	Behavioral Health Outreach to providers working in multi-cultural community	22	10/21/2013
Walnut Grove Active Parenting	Suicide Prevention information to LatinX Community	13	10/21/2013
Plan Parenthood	Behavioral Health Outreach to multi-cultural community	20	10/21/2013
Varainian Baptist Church	Behavioral Health Outreach to Slavic Community	7200	10/20/2013
Healthy Kids Day	Mental Health Outreach to multi-cultural Community	300	10/19/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Healthy Kids Day	Behavioral Health Outreach to Transitional Age Youth	750	10/19/2013
Ventanilla De Salud Mexican Consulate	Suicide Prevention information to LatinX Community	300	10/19/2013
Sherriff's Dept. Outreach	Behavioral Health Outreach to providers working in multi-cultural community	2	10/18/2013
Fall Fun Festival and Health Fair	Behavioral Health Outreach to multi-cultural community	250	10/18/2013
Karate Classes at LFCC	Behavioral Health Outreach to LatinX Community	60	10/18/2013
WinCo Supermarket at Fruitridge	Behavioral Health Outreach to LatinX Community	9	10/18/2013
Panderia Mexicana	Behavioral Health Outreach to LatinX Community	16	10/18/2013
Network Café	Behavioral Health Outreach to multi-cultural community	60	10/17/2013
EGUSD	Behavioral Health Outreach to multi-cultural community	12	10/16/2013
T Mobile Store	Suicide Prevention information to LatinX Community	4	10/16/2013
LGBT Center	Behavioral Health Outreach to Transitional Age Youth	17	10/16/2013
Abiding Hope	Behavioral Health Outreach to providers working in multi-cultural community	7	10/16/2013
Franklin Stop Bus	Behavioral Health Outreach to LatinX Community	4	10/15/2013
Outreach @ Sac Chinese & Wong Community center	Behavioral Health Outreach to Cantonese Speaking Community	*	10/15/2013
Sacramento State University	Suicide Prevention Information to API Community	1	10/14/2013
Celebrando Nuestra Salud	Mental Health Outreach to LatinX Community	2000	10/13/2013
CRIHB Annual Board of Directors Meeting	Behavioral Health Outreach to Native American	200	10/12/2013
Binacional Health Week	Mental Health Outreach to LatinX Community	100	10/11/2013
Molina Teens Take on Health Sac Job Corp	Behavioral Health Outreach to Transitional Age Youth	*	10/11/2013
Mexican Consulate	Behavioral Health Outreach to LatinX Community	250	10/11/2013
Native Men's Wellness	Behavioral Health Outreach to Native American	27	10/11/2013
Galy Active Family Classes	Behavioral Health Outreach to LatinX Community	100	10/10/2013
Parenting Classes at McClatchy High School	Behavioral Health Outreach to LatinX Community	12	10/10/2013
Mexican Consulate	Behavioral Health Outreach to LatinX Community	200	10/10/2013
Mexican Consulate	Behavioral Health Outreach to LatinX Community	100	10/9/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
CARES	Behavioral Health Outreach to providers working in multi-cultural community	2	10/9/2013
River city residence	Behavioral Health Outreach to providers working in multi-cultural community	15	10/9/2013
Outreach at Supermarkets	Behavioral Health Outreach to multi-cultural community	*	10/8/2013
Mexican Consulate	Behavioral Health Outreach to LatinX Community	150	10/8/2013
MH & aging Conf	Behavioral Health Outreach to Older Adults	250	10/8/2013
Safe Talk Training	Suicide Prevention Information to multi-cultural Community	30	10/7/2013
Dr. Roseles Clinic	Behavioral Health Outreach to LatinX Community	4	10/7/2013
La Esperanza Bakery	Behavioral Health Outreach to LatinX Community	50	10/7/2013
Safe Talk Training	Suicide Prevention Information to multi-cultural Community	32	10/7/2013
Mexican Consulate	Behavioral Health Outreach to LatinX Community	100	10/7/2013
Planned Parenthood	Suicide Prevention information to LatinX Community	6	10/7/2013
Safe Talk Training/School Seminar	Training about suicide for educators working in multi-cultural community	15	10/7/2013
Out of the Dark	Suicide Prevention information to LatinX Community	*	10/5/2013
Out of the Darkness Walk	Suicide Prevention Information to multi-cultural Community	1000	10/5/2013
Walk Out of Darkness	Suicide Prevention Information to multi-cultural Community	1000	10/5/2013
Expert Pool	Behavioral Health Outreach to Older Adults	30	10/4/2013
Assist Training	Suicide Prevention information to LatinX Community	8	10/4/2013
Assist Training	Suicide Prevention information to LatinX Community	8	10/3/2013
Carrier Future Fair	Behavioral Health Outreach to LatinX Community	200	10/2/2013
Brave	Behavioral Health Outreach to multi-cultural community	0	10/2/2013
Bach Viet Association Inc.	Behavioral Health Outreach to Vietnamese Older Adults	78	10/2/2013
Culture Competency Conference	Behavioral Health Outreach to multi-cultural community	500	10/2/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Active Parenting Classes at Harkness	Behavioral Health Outreach to LatinX families	12	10/1/2013
Homeless outreach	Behavioral Health Outreach to Transitional Age Youth	9	9/30/2013
Halo Clinic	Behavioral Health Outreach to LatinX Community	30	9/30/2013
20th Annual Neighborhood Day	Behavioral Health Outreach to LatinX Community	80	9/29/2013
First Slavic Baptist Church	Behavioral health Outreach to Slavic Community	50	9/29/2013
Latin Food and Music Festival	Behavioral Health Outreach to LatinX Community	100	9/29/2013
My Sister's House	Behavioral Health Outreach to API community	30	9/28/2013
SEIU Local 1000 Mission on Health	Behavioral Health Outreach to LatinX Community	75	9/28/2013
Instant Recess at LFCC	Suicide Prevention information to LatinX Community	10	9/27/2013
Homeless outreach	Behavioral Health Outreach to Transitional Age Youth	60	9/27/2013
Cross Road Staff	Suicide Prevention information to LatinX Community	*	9/26/2013
Cal Works	Behavioral Health Outreach to multi-cultural community	11	9/26/2013
GED Preparation Class @ LFCC	Suicide Prevention information to LatinX Community	30	9/25/2013
Joahn Sloat Elem Back to school night	Behavioral Health Outreach to multi-cultural community	120	9/25/2013
Harkness Middle School	Suicide Prevention information to LatinX Community	15	9/24/2013
Troops for Fitness Kick-Off	Behavioral Health Outreach to multi-cultural community	100	9/23/2013
Fiesta Education	Suicide Prevention information to LatinX Community	300	9/21/2013
Alpha Kappa Alpha Sorority Inc. Health Fair	Behavioral Health Outreach to African American Community	150	9/20/2013
Homeless Outreach	Behavioral Health Outreach to Transitional Age Youth	14	9/20/2013
Youth Voice Program @LFCC	Behavioral Health Outreach to LatinX Youth	15	9/20/2013
Fairgrounds Apart. Sem.	Behavioral Outreach to Slavic Older Adults	18	9/19/2013
Karate Classes @LFCC	Behavioral Health Outreach to LatinX Community	12	9/19/2013
Sierra Vista Community Workshop	Behavioral Health Outreach to Older Adults	38	9/19/2013
Advisory Committee @LFCC	Behavioral Health Outreach to LatinX Community	12	9/18/2013
Western Services Work Association	Behavioral Health Outreach to LatinX Community	10	9/18/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
LatinX Behavioral Health Week Event	Mental Health Outreach to LatinX Community	*	9/17/2013
LatinX Behavioral Conference	Behavioral Health Outreach to LatinX Community	100	9/17/2013
LatinX Behavioral Health Work	Behavioral Health Outreach to LatinX Community	*	9/17/2013
LBMHW Event @ LFCC	Behavioral Health Outreach to LatinX Community	*	9/17/2013
G.O.A.L.S For Women	Behavioral Health Outreach to Older Adults	3	9/16/2013
Ethel Phillips Elementary School	Behavioral Health Outreach to LatinX Community	18	9/14/2013
Suicide Prevention on Vietnamese Newspaper (lang.)	Suicide prevention information to Vietnamese Community	10000	9/14/2013
Pandera Pare Fam. Fest.	Behavioral Health Outreach to Slavic Families	750	9/14/2013
Back to School Event @CRH	Behavioral Health Outreach to Transitional Age Youth	63	9/13/2013
Karate Class (New parents) @LFCC	Suicide Prevention information to LatinX Community	12	9/13/2013
Bridging the Gap Forum	Behavioral Health Outreach to Providers working with multi-cultural community	30	9/12/2013
Immaculate Conception Church	Suicide Prevention information to LatinX Community	12	9/12/2013
Serna Center Meeting	Suicide Prevention information to LatinX Community	25	9/12/2013
Brick House	Suicide Prevention information to LatinX Community	10	9/12/2013
Suicide Prevention on Hmong Radio	Suicide Prevention information to Hmong Community	500	9/12/2013
System Wide Meeting	Behavioral Health Outreach to Providers working with multi-cultural community	11	9/11/2013
CPS Event	Behavioral Health Outreach to multi-cultural community	50	9/10/2013
Older Adult Coalition Mtg	Behavioral Health Outreach to Older Adults	20	9/10/2013
CPS Mental Health Fair	Behavioral Health Outreach to multi-cultural community	60	9/10/2013
TV "Impact" Prog w/ Open forum	Behavioral Health Outreach to Slavic Families	7000	9/10/2013
CPS	Behavioral Health Outreach to multi-cultural community	50	9/10/2013
LGBTQ FY Task Force	Behavioral Health Outreach to Transitional Age Youth	19	9/9/2013
Mexican Consulate Presentation	Suicide Prevention information to LatinX Community	100	9/9/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Young Rascals Support Group	Behavioral Health Outreach to Older Adults	8	9/9/2013
Mexican Consulate	Suicide Prevention information to LatinX Community	100	9/9/2013
Food and Literacy	Suicide Prevention information to LatinX Community	150	9/7/2013
BHC Block Party	Suicide Prevention information to LatinX Community	80	9/7/2013
Bach Viet Association Inc.	Behavioral Health Outreach to API Older Adults	78	9/4/2013
CPS Mental Health Fair	Behavioral Health Outreach to multi-cultural community	50	9/3/2013
Recovery Happens	Behavioral Health Outreach to multi-cultural community	1500	9/2/2013
Conjunto Festival	Suicide Prevention information to LatinX Community	500	9/1/2013
Rainbow festival	Behavioral Health Outreach to Transitional Age Youth	350	9/1/2013
Conjunto Fair	Suicide Prevention information to LatinX Community	300	9/1/2013
Little Treasure Pre-School Open House	Suicide Prevention information to LatinX Community	100	8/30/2013
Little Treasure's Pre-School	Behavioral Health Outreach to multi-cultural community	15	8/30/2013
Slavic TV channel "	Behavioral health Outreach to Slavic Community	900	8/30/2013
La Esperanza	Suicide Prevention information to LatinX Community	15	8/29/2013
La Esperanza	Suicide Prevention information to LatinX Community	15	8/29/2013
Youth Voice @ LFCC	Suicide Prevention information to LatinX Community	15	8/28/2013
Russian Baptist church	Behavioral health Outreach to Slavic parents	5000	8/28/2013
Recovery Happens Board of Supervisors	Behavioral Health Outreach to providers working in multi-cultural community	45	8/27/2013
WHY Sac mtg	Behavioral Health Outreach to Transitional Age Youth	42	8/27/2013
Community Housing and Service Coalition	Behavioral Health Outreach to Older Adults	15	8/27/2013
Slavic leaders/Ed mtg	Behavioral Health Outreach to Slavic Community Leaders	12	8/27/2013



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Capitol City's Block Party	Mental health outreach to African American faith-based Community	300	8/24/2013
Hmong Women Heritage Association	Mental health outreach to Hmong community	300	8/24/2013
Hmong Women Heritage Association	Behavioral Health Outreach to Hmong community	200	8/24/2013
Capital City	Suicide Prevention information to LatinX Community	500	8/24/2013
Hmong Women Heritage	Behavioral Health Outreach to Hmong and LatinX Community	100	8/24/2013
Feria Educativa Sac State	Suicide Prevention information to LatinX Community	3000	8/24/2013
Feria Educativa Sac. State	Suicide Prevention information to LatinX Community	3000	8/24/2013
Hmong Woment Heritage	Behavioral Health Outreach to Hmong and LatinX Community	150	8/24/2013
Capital City Block Party	Behavioral Health Outreach to multi-cultural community	500	8/24/2013
Hmong Women Heritage Event	Suicide Prevention Information to multi-cultural Community	*	8/22/2013
Homeless Outreach	Homeless Outreach to Transitional Age Youth	24	8/22/2013
Homeless outreach	Homeless Outreach to Transitional Age Youth	44	8/22/2013
CPS MH Event East Regional	Suicide Prevention information to LatinX Community	100	8/20/2013
CPS Mental Health Fair	Suicide Prevention information to LatinX Community	*	8/20/2013
CPS Mental Health Resource Fair	Behavioral Health Outreach to Transitional Age Youth	100	8/20/2013
Healthy Access Fair	Suicide Prevention Information to multi-cultural Community	2	8/17/2013
Saint Robert Youth Group	Suicide Prevention information to LatinX Community	60	8/17/2013
Three Fall Health Fair	Suicide Prevention information to LatinX Community	250	8/17/2013
3 Fold Health Fair	Suicide Prevention information to LatinX Community	250	8/17/2013
Saint Robert Youth Group	Suicide Prevention information to LatinX Community	15	8/17/2013
Three on Three Basketball @LFCC	Suicide Prevention information to LatinX Youth	100	8/16/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Suicide Prevention Task Force	Suicide Prevention Information to multi-cultural Community	20	8/16/2013
Outreach Flyer	Behavioral Health Outreach to Cantonese Speaking Community	10	8/16/2013
Three on Three Basketball "LFCC"	Suicide Prevention information to LatinX Youth	*	8/16/2013
Freemont Presbyterian Church	Behavioral Health Outreach to Older Adults	3	8/15/2013
Sac Food Bank	Suicide Prevention information to LatinX Community	50	8/15/2013
Mexican Consulate	Suicide Prevention information to LatinX Community	55	8/15/2013
Westminster Presbyterian Church	Behavioral Health Outreach to Older Adults	3	8/15/2013
Sac Food Bank and Family	Behavioral Health Outreach to multi-cultural community	200	8/15/2013
CRH Youth	Behavioral Health Outreach to Transitional Age Youth	*	8/15/2013
SOS Sign of Suicide	Suicide Prevention information to LatinX Community	18	8/14/2013
SCUS District 2013 Get Read Summit	Behavioral Health Outreach to Transitional Age Youth	100	8/14/2013
Department of Health Care Services	Behavioral Health Outreach to Older Adults	7	8/14/2013
System Wide Meeting	Behavioral Health Outreach to Providers working with multi-cultural community	8	8/14/2013
System Wide	Behavioral Health Outreach to Providers working with multi-cultural community	10	8/14/2013
Navigator Training	Suicide Prevention information to LatinX Community	10	8/14/2013
Navigator Program @LFCC	Suicide Prevention information to LatinX Community	30	8/14/2013
Network Café	Behavioral Health Outreach to multi-cultural community	50	8/14/2013
SOS Sign of Suicide	Suicide Prevention information to LatinX Community	15	8/14/2013
CPS Mental Health Fair	Behavioral Health Outreach to Transitional Age Youth	100	8/13/2013
CPS Mental Health Fair	Suicide Prevention information to LatinX Community	50	8/13/2013
Bayside Church	Behavioral Health Outreach to Older Adults	4	8/13/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Banana Festival	SCC info and flyers to LatinX/English community	300	8/11/2013
Banana Festival @ William Land Park	SCC info and flyers to LatinX/English community	150	8/11/2013
Banana Festival	SCC info and flyers to LatinX/English community	*	8/10/2013
Community Health Dr. Pan	SCC/ suicide prevention resources to LatinX Community	200	8/10/2013
Banana Festival @ William Land Park	SCC/ suicide prevention resources to LatinX Community	200	8/10/2013
Banana Festival	SCC/ suicide prevention resources to LatinX Community	500	8/10/2013
Community Health Dr. Pan	SCC/ suicide prevention resources to LatinX Community	150	8/10/2013
B&B Graduation @LFCC	SCC/ suicide prevention resources to LatinX Community	50	8/9/2013
Birth and Beyond Graduation	SCC/ suicide prevention resources to LatinX Community	25	8/9/2013
B&B Parenting Class	SCC/ suicide prevention resources to LatinX Community	12	8/8/2013
WIC Office at Broadway	SCC/ suicide prevention resources and info to LatinX Community	15	8/8/2013
Mexican Consulate	SCC Presentation to LatinX Community	75	8/8/2013
STransition Aged Youthing Focused @LFCC	Behavioral Health Outreach to LatinX Community	30	8/7/2013
Summer Lunch Program	Behavioral Health Outreach to LatinX Community	25	8/7/2013
Hmong Women Heritage Assoc.	Behavioral Health Outreach to Hmong and LatinX Community	12	8/7/2013
Bach Viet Association INC	Suicide Prevention information to API Older Adults	78	8/7/2013
Hacienda Market	Suicide Prevention information to LatinX Community	15	8/7/2013
Monarco Salon De Belleza	Suicide Prevention information to LatinX Community	6	8/6/2013
North Franklin National Night Out	Behavioral Health Outreach to multi-cultural community	200	8/6/2013
North Franklin National Night Out	Behavioral Health Outreach to LatinX Community	150	8/6/2013
Night Out Franklin Blvd Night Out	Suicide Prevention information to LatinX Community	75	8/6/2013
Freedom "Crime Prev"	MH & safety outreach to Slavics comm	5000	8/6/2013
Hacienda Market	Suicide Prevention information to LatinX Community	15	8/5/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Planned Parenthood	Suicide Prevention information to LatinX Community	6	8/5/2013
Summer Luv	Suicide Prevention information to LatinX Community	250	8/3/2013
El Hogar	Behavioral Health Outreach to multi-cultural community	18	8/2/2013
El Hogar	Behavioral Health Outreach to multi-cultural community	12	8/2/2013
North A Street Safety Group	Behavioral Health Outreach to providers working in multi-cultural community	25	8/1/2013
Summer Surfin USA @ LFCC	Suicide Prevention information to LatinX Community	16	7/31/2013
Karate LFCC	Suicide Prevention information to LatinX Community	20	7/30/2013
History of Life Group	Behavioral Health Outreach to multi-cultural community	1	7/30/2013
Immaculada Concepcion	Suicide Prevention information to LatinX Community	30	7/30/2013
SCC Collaborative Meeting	Suicide Prevention information shared with providers of multi-cultural community	25	7/29/2013
Sacramento Food Bank	Suicide Prevention information to LatinX Community	12	7/29/2013
Fruitridge Soccer Club	Suicide Prevention information to LatinX Community	10	7/29/2013
Crosswood Oaks	Behavioral Health Outreach to Older Adults	15	7/29/2013
SCC Collaborative Meeting	Behavioral Health Outreach to Providers working with multi-cultural community	17	7/29/2013
Arcada Creek Manor	Behavioral Health Outreach to Older Adults	8	7/29/2013
Community Wellness Forum	Behavioral Health Outreach to Native American	70	7/27/2013
Circle of Life	Behavioral Health Outreach to Native American	40	7/26/2013
Community Wellness Forum	Behavioral Health Outreach to Native American	60	7/26/2013
Legal Support @ SeAAC	Suicide Prevention information to LatinX Community	10	7/26/2013
River City Food Bank	Suicide Prevention information to LatinX Community	30	7/26/2013
Summer Youth Group	Suicide Prevention information to LatinX Community	10	7/25/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Summer Surfin USA @ LFCC	Behavioral Health Outreach to LatinX Community	12	7/24/2013
Rural Health Board	Behavioral Health Outreach to Older Adults	3	7/24/2013
Systemwide Community Outreach and Engagement Meeting	Behavioral Health Outreach to Providers working with multi-cultural community	9	7/24/2013
California Rural Indian Health Board	Behavioral Health Outreach to multi-cultural consumers of MH	1	7/24/2013
Cultural Competence Meeting	Behavioral Health Outreach to multi-cultural community	10	7/23/2013
Jewish Fed. Sac. Region	Mental Health Outreach to Older Adults	3	7/23/2013
Wellspace	Behavioral Health Outreach to LatinX Community	7	7/22/2013
Consumer BBQ	Behavioral Health Outreach to multi-cultural consumers of MH	400	7/19/2013
Los Jarritos Restaurant	Behavioral Health Outreach to LatinX Community	6	7/19/2013
Community Conservation	Behavioral Health Outreach to LatinX Community	20	7/19/2013
Mexican Consulate	Suicide prevention information to LatinX Community	62	7/18/2013
El y Ella Beauty Salon	Behavioral Health Outreach to LatinX Community	10	7/18/2013
Medical Eye Group	Behavioral Health Outreach to LatinX Community	12	7/18/2013
Consumer Advisory Committee	Behavioral Health Outreach to providers working in multi-cultural community	5	7/17/2013
Homeless Taskforce Meeting	Behavioral Health Outreach to Transitional Age Youth	19	7/17/2013
Older Adult Marketing Breakfast	Behavioral Health Outreach to Older Adults	15	7/17/2013
South Asian East Center	Behavioral Health Outreach to Spanish/English/Hmong	15	7/17/2013
Eskaton Jefferson Manor	Behavioral Health Outreach to multi-cultural community	1	7/17/2013
Blind Social Group	Behavioral Health Outreach to multi-cultural community	1	7/17/2013
Tender Loving Care	Behavioral Health Outreach to multi-cultural community	1	7/16/2013
Cultural Awareness Committee	Behavioral Health Outreach to Transitional Age Youth	3	7/16/2013
Center of Praise	Suicide prevention information to LatinX Community	20	7/15/2013
The Hair People	Suicide prevention information to LatinX Community	10	7/15/2013
Missionary Gospel Church	Behavioral Health Outreach to Faithbased community	75	7/14/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Slavic Institute for Leaders	Behavioral Health Outreach to Slavic Community Leaders	22	7/13/2013
St. Hope Academy	Suicide prevention information to LatinX Community	15	7/12/2013
Outreach to Local Businesses	Behavioral Health Outreach to Local Chinese businesses	25	7/12/2013
Older Adult coalition mtg.	Behavioral Health Outreach to Older Adults	30	7/11/2013
Mexican Consulate	Suicide prevention information to LatinX Community	50	7/11/2013
La Esperanza Bakery No 2	Suicide prevention information to LatinX Community	15	7/11/2013
Youth Advocacy Community	Provider Meeting to address needs of Transitional Age Youth	12	7/11/2013
Summer Surfin USA @ LFCC	Suicide prevention information to LatinX Community	45	7/10/2013
La Esperanza Bakery	Suicide prevention information to LatinX Community	30	7/10/2013
MH Older Adult Coalition	Behavioral Health Outreach to Older Adults	20	7/10/2013
Older Adult coalition mtg.	Behavioral Health Outreach to Older Adults	20	7/9/2013
Mundo Americano Travel	Suicide prevention information to LatinX Community	7	7/5/2013
Janitzo Deportes	Suicide prevention information to LatinX Community	10	7/5/2013
Summer Surfin USA @ LFCC	Suicide prevention information to LatinX Community	50	7/3/2013
Bach Viet Association Inc.	Suicide prevention information to Vietnamese Community	77	7/3/2013
Cristo Rey	Suicide prevention information to LatinX Community	15	7/3/2013
Russell Manor Senior Group	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish	12	6/28/2013
Ukrainian Baptist Family Church Camp	Mental Health outreach to Slavic community	200	6/28/2013
Native Youth GONA	Mental Health Outreach to Native American youth	35	6/27/2013
Marriage Equality Rally	Mental Health Outreach to Youth/Transition Aged Youth	1000	6/26/2013
Summer Surfin USA @ LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish (children)	45	6/26/2013
Summer Surfin USA @ LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish (parents)	30	6/26/2013
Sacramento Why Leadership meeting	Mental Health Outreach to Youth/Transition Aged Youth	40	6/25/2013
Slavic Assistance Center	Mental Health Outreach to Older Adults	3	6/25/2013
Adult Protective Services Meet and Greet	Mental Health Outreach to Older Adults	80	6/25/2013
Community Housing Coalition	Mental Health Outreach to Older Adults	23	6/25/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Adult Protective Services	Mental Health Outreach to multi-cultural Consumers	100	6/25/2013
Aloha Wash-N-Wear	Mental Health Outreach to Older Adults	2	6/24/2013
Larry's Laundry Room	Mental Health Outreach to Older Adults	4	6/24/2013
Sacramento Book Club for Older Adults	Mental Health Outreach to Older Adults	10	6/24/2013
Launderland	Mental Health Outreach to Older Adults	2	6/24/2013
Lotus Landing Apartments Fair	Suicide Prevention Supporting Community Connections Presentation in English/Spanish	100	6/22/2013
Car Seat Training at LFCC	Suicide Prevention Supporting Community Connections Presentation in English/Spanish	8	6/21/2013
B&B @ LFCC	Suicide Prevention Supporting Community Connections Presentation in English/Spanish	10	6/21/2013
El y Ella Beauty Salon	Suicide Prevention Supporting Community Connections Presentation in English/Spanish	12	6/21/2013
Native Youth GONA	Mental Health Outreach to Native American youth	35	6/20/2013
T-Mobile Store	Suicide Prevention Supporting Community Connections Presentation in English/Spanish	15	6/20/2013
Planned Parenthood	Suicide Prevention Supporting Community Connections Presentation in English/Spanish	14	6/20/2013
Del Campo Insurance	Suicide Prevention Supporting Community Connections Presentation in English/Spanish	8	6/19/2013
Sacramento Why Leadership meeting	Mental Health Outreach to Youth/Transition Aged Youth	5	6/18/2013
Rosales Medical Group	Suicide Prevention Supporting Community Connections Presentation in English/Spanish	15	6/18/2013
Karate LFCC	Suicide Prevention Supporting Community Connections Presentation in English/Spanish	21	6/18/2013
Cares	Mental Health Outreach to Older Adults	2	6/17/2013
Park Palace	Mental Health Outreach to Older Adults	3	6/17/2013
Park Palace	Mental Health Outreach to multi-cultural Consumers	1	6/17/2013
Canes	Mental Health Outreach to multi-cultural Consumers	2	6/17/2013
Consumer Warmline	Mental Health Outreach to multi-cultural Consumers	1	6/17/2013
River City Residential	Mental Health Outreach to Older Adults	1	6/17/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Sacramento Pride	Mental Health Outreach to LGBT Youth/Transition Aged Youth	1000	6/15/2013
Sacramento Pride	Mental Health outreach to the LGBT community/EI Hogar	5000	6/15/2013
Sacramento Pride	Mental Health outreach to the LGBT community	5000	6/15/2013
Juneteenth Celebration Festival	Mental health outreach provided to African American Community	800	6/15/2013
Russell Manor Senior Group	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish	15	6/14/2013
Youth Advocacy Community	Mental Health Outreach to Youth/Transition Aged Youth	8	6/13/2013
Alzheimer Care	Mental Health Outreach to Older Adults	20	6/13/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in Spanish	40	6/13/2013
Bullying Prevention Training	Mental Health Outreach to Youth/Transition Aged Youth	30	6/12/2013
Franklin Bus Stop	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish	12	6/12/2013
Script Your Future Health Care	Mental Health Outreach to multi-cultural Consumers	45	6/11/2013
Bullying Prevention Training	Mental Health Outreach to Youth/Transition Aged Youth	30	6/11/2013
Script Your Future Health Care	Mental Health Outreach to Older Adults	20	6/11/2013
LGBTQ/Foster Youth Task Force	Mental Health Outreach to LGBT Youth/Transition Aged Youth	20	6/10/2013
McClatchy High School	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish	10	6/10/2013
McClatchy High School	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish	8	6/10/2013
Expert Pool	Mental Health Outreach to Older Adults	20	6/7/2013
Terra Nova	Mental Health Outreach to Youth/Transition Aged Youth	50	6/7/2013
Expert Pool Town Hall Meeting	Presentation on Low Income Housing; mental health outreach to multi-cultural low-income consumers	15	6/7/2013
MH Board Meeting	Mental Health Outreach to Older Adults	25	6/5/2013



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mutual Housing Lemon Hill	Mental Health Outreach to Cantonese/Hmong/Vietnamese community	34	6/5/2013
EMQ Families First	Mental Health Outreach to Older Adults	1	6/4/2013
Spirit and Truth Church	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish	28	6/4/2013
Arcada Creek Manor	Mental Health Outreach to Older Adults	1	6/3/2013
Outreach at LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish	36	6/3/2013
McClatchy High School	Suicide Prevention Supporting Community Connectionss Presentation in English	7	6/3/2013
McClatchy High School	Suicide Prevention Supporting Community Connectionss Presentation in Spanish	9	6/3/2013
Consumer Warmline	Mental Health Outreach to Older Adults	1	5/31/2013
Alienated grandparents of N. Cal	Mental Health Outreach to Older Adults	17	5/31/2013
Understanding Memory Loss, Alzheimer & Dementia	Mental Health Outreach to Older Adults	12	5/30/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in Spanish	62	5/30/2013
Will C. Wood Middle School	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish	150	5/30/2013
Language Academy Health Fair	Mental Health outreach to Spanish Speaking/LatinX Community families with school aged children	200	5/30/2013
Food Locker	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish	10	5/29/2013
Pacific Elementary School Health Fair	Mental Health outreach to multi-cultural community	50	5/29/2013
International Children Festival	Mental Health outreach to Slavic community	1100	5/25/2013
Consumer Speaks Conference	Mental Health Outreach to Older Adults	220	5/23/2013
Consumer Speaks Conference	Mental Health Outreach to Native American Consumers	221	5/23/2013
Consumer Speaks Conference	Mental Health outreach to multi-cultural community	300	5/23/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in Spanish	47	5/23/2013
Land Park	Suicide Prevention Supporting Community Connectionss Presentation in English/Spanish	13	5/22/2013
McClatchy High School	Suicide Prevention Supporting Community Connectionss Presentation in English	10	5/20/2013
McClatchy High School	Suicide Prevention Supporting Community Connectionss Presentation in Spanish	10	5/20/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Pacific Rim Street Fest	Mental Health Outreach to API community	8000	5/19/2013
Passport to Summer and your Future	Mental Health outreach to multi-cultural and multiethnic communities	300	5/18/2013
Sacramento Why Leadership meeting	Mental Health Outreach to Youth/Transition Aged Youth	6	5/17/2013
WWT Summit for State Certification of Peer Specialist	Mental Health Outreach to Older Adults	40	5/17/2013
Russell Manor Senior Group	Suicide Prevention Supporting Community Connectionss Presentation in English	12	5/17/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in Spanish	62	5/16/2013
How to Make the Most of Your M.D.	Mental Health Outreach to Older Adults	8	5/15/2013
Will C. Wood multi-cultural Night	Mental Health Outreach to multi-cultural families with children	200	5/15/2013
Outreach at LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	7	5/15/2013
Visions Unlimited	Mental Health Outreach to multi-cultural Consumers	5	5/13/2013
McClatchy High School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	5/13/2013
McClatchy High School	Suicide Prevention Supporting Community Connectionss Presentation in English	10	5/13/2013
Celebrate Sacramento Community Festival	Mental Health outreach to Sacramento multi-cultural community	3000	5/11/2013
Slavic Health and Safety Fair	Mental Health outreach to Slavic community	1500	5/11/2013
Healthcare Perspectives	Mental Health Outreach to Older Adults	8	5/10/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in Spanish	36	5/9/2013
Quality of Life	Mental Health Outreach to Older Adults	11	5/8/2013
Telecare	Mental Health Outreach to multi-cultural Consumers	10	5/8/2013
Outreach at LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	5/8/2013
Grizzly Hollow Community Ctr. Galt	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	5/8/2013
Robert J. Gonzalez Attorney of Law	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	25	5/8/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Kaiser Point West	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	50	5/7/2013
Rosa Parks Middle School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	20	5/7/2013
Mills Middle School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	45	5/7/2013
Human Resources Consulting Agency	Mental Health Outreach to Older Adults	3	5/6/2013
Human Resources Consulting Agency	Mental Health Outreach to multi-cultural Consumers	6	5/6/2013
McClatchy High School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	5/6/2013
Hmong Health Alliance Health Fair	Mental Health Outreach to the Hmong Community	300	5/5/2013
Susan B. Anthony Health Fair	Mental Health Outreach to multi-cultural community	23	5/4/2013
Wellness Recovery Center-North	Mental Health Outreach to multi-cultural Consumers	8	5/3/2013
Guadalupe Church	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	30	5/3/2013
Russell Manor Senior Group	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	14	5/3/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	50	5/2/2013
Senior Care Planning	Mental Health Outreach to Older Adults	10	5/1/2013
Grizzly Hollow Community Ctr. Galt	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	7	5/1/2013
Walnut Grove	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	5/1/2013
Outreach at LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	5/1/2013
Community Housing Coalition	Mental Health Outreach to Older Adults	17	4/30/2013
Grizzly Hollow Community Ctr. Galt	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	12	4/30/2013
Walnut Grove	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	4/30/2013
Monica's Beauty Salon	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	4/29/2013
Pacific Elementary School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	40	4/29/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Family Court House	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	50	4/29/2013
NAMI Walk	Annual Walk raising awareness of Mental Health in multi-cultural community	15	4/27/2013
Noche Informativa @ LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	56	4/26/2013
California Hispanic Resource Council	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	50	4/26/2013
S.R. School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	40	4/25/2013
APS Clinic at Bowling	Mental Health Outreach to multi-cultural Community	10	4/24/2013
Grizzly Hollow Community Ctr. Galt	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	4/24/2013
Sacramento Why Leadership meeting	Mental Health Outreach to Youth/Transition Aged Youth	40	4/23/2013
Walnut Grove	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	12	4/23/2013
Harkness School	Suicide Prevention Supporting Community Connectionss Presentation in Spanish	8	4/23/2013
Harkness School	Suicide Prevention Supporting Community Connectionss Presentation in English	8	4/23/2013
Turning Point	Mental Health Outreach to multi-cultural Consumers	15	4/22/2013
TCORE	Mental Health Outreach to multi-cultural Consumers	12	4/22/2013
Consumer Speaks Conference	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	300	4/22/2013
Oak Ridge Elementary	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	30	4/22/2013
Adult & Aging Conference	Mental Health Outreach to Older Adults	23	4/21/2013
Slavic Youth Camp	Mental Health Outreach to Slavic youth	25	4/20/2013
Mental Health Awareness Week @ Health Professions Hig	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	30	4/19/2013
Walnut Grove	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	4/18/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	65	4/18/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Grizzly Hollow Community Ctr. Galt	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	4/17/2013
Outreach at LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	4/17/2013
Consumer Warmline	Mental Health Outreach to multi-cultural Consumers	20	4/16/2013
Harkness School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	4/16/2013
Immaculada Concepcion	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	30	4/16/2013
Harkness School	Suicide Prevention Supporting Community Connectionss Presentation in English	8	4/16/2013
Northgate Point	Mental Health Outreach to multi-cultural Consumers	10	4/15/2013
Parent Workshop LFCC	Suicide Prevention Supporting Community Connectionss Presentation in Spanish	24	4/15/2013
Pride Week @ CRH	Mental Health Outreach to LGBT Youth/Transition Aged Youth	30	4/12/2013
Sacramento Food Locker	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	19	4/12/2013
Alzheimer Café	Mental Health Outreach to Older Adults	12	4/11/2013
Sacramento Why Leadership meeting	Mental Health Outreach to Youth/Transition Aged Youth	1	4/11/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	70	4/11/2013
Gay/Lesbian Center	Mental Health Outreach to LGBT Youth/Transition Aged Youth	1	4/10/2013
APS Clinic at Stockton	Mental Health Outreach to multi-cultural Consumers	8	4/10/2013
County Mental Health Meeting	Mental Health Outreach to multi-cultural Consumers	10	4/10/2013
Grizzly Hollow Community Ctr. Galt	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	4/10/2013
Walnut Grove	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	4/10/2013
Language Academy	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	40	4/10/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Outreach at LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	4/10/2013
Harkness School	Suicide Prevention Supporting Community Connectionss Presentation in Spanish	9	4/9/2013
Harkness School	Suicide Prevention Supporting Community Connectionss Presentation in English	9	4/9/2013
Planned Parenthood	Mental Health Outreach to Youth/Transition Aged Youth	1	4/9/2013
Pride Week @ CRH	Mental Health Outreach to Youth/Transition Aged Youth	30	4/9/2013
Expert Pool	Mental Health Outreach to Older Adults	20	4/5/2013
Harm Reduction Services-Meeting-Raven	Mental Health Outreach to Youth/Transition Aged Youth	1	4/5/2013
Munso Americano World Travel	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	4/5/2013
Carrier Center LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	23	4/5/2013
Expert Pool	Mental Health Outreach to Older Adults	32	4/4/2013
1st Annual MH Fair	Mental Health Outreach to multi-cultural college students @Sac State	200	4/4/2013
Fruitridge Elementary	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	30	4/4/2013
Sac State Mental Health Fair	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	300	4/4/2013
Human Resources Consulting Agency	Mental Health Outreach to multi-cultural Consumers	20	4/3/2013
Grizzly Hollow Community Ctr. Galt	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	12	4/3/2013
Walnut Grove	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	4/3/2013
Outreach at LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	4/3/2013
Bach Viet Association Inc.	Mental Health Outreach/Suicide Prevention Information to Vietnamese community	78	4/3/2013
Unite Lu Mien Community	Mental Health Outreach to Mien community	20	4/2/2013
Meeting with Human Resources Consulting Agency	Mental Health Outreach to Youth/Transition Aged Youth	1	4/2/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento Why Leadership meeting	Mental Health Outreach to Youth/Transition Aged Youth	5	4/2/2013
Harkness School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	4/2/2013
Harkness School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	9	4/2/2013
Oak Ridge Elementary	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	32	4/2/2013
Meeting @ Gay/Lesbian Center	Mental Health Outreach to LGBTQ Youth/Transition Aged Youth	1	4/1/2013
Pride Week @ CRH	Mental Health Outreach to LGBTQ Youth/Transition Aged Youth	30	4/1/2013
Community Housing Coalition	Mental Health Outreach to Older Adults	15	3/30/2013
Planned Parenthood	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	3/30/2013
Nelly's Income Taxes Franklin Blvd..	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	2	3/29/2013
La Superior Market	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	13	3/29/2013
APCC Spring Festival	Mental Health Outreach to Cantonese/Hmong/Vietnamese community	200	3/28/2013
Karate LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	15	3/28/2013
Equality Rally	Mental Health Outreach to Youth/Transition Aged Youth	200	3/28/2013
Equality Rally	Mental Health Outreach to Youth/Transition Aged Youth	200	3/27/2013
Ventanilla de Salud	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	150	3/27/2013
Dr. Rosales Clinic	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	3/27/2013
Walnut Grove Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	6	3/27/2013
Sacramento Why Leadership meeting	Mental Health Outreach to Youth/Transition Aged Youth	45	3/26/2013
LFCC Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	5	3/26/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Harkness Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	3/26/2013
Gaitan Income Taxes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	7	3/26/2013
Conference for Slavic Youth Leaders	Mental Health Outreach to Slavic youth	80	3/23/2013
Black Infant Health Celebration Wii Celebrate Healthy Fam	Distribution of flyers, information about agency programs and community resources to multi-cultural communities and families.	200	3/23/2013
Nicholas Elementary School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	15	3/22/2013
WIC Florin Rd.	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	16	3/22/2013
Russell Manor Senior Group	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	3/22/2013
Galt Flea Market	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	25	3/21/2013
Galt Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	3/21/2013
Concilio Hispanic Resources	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	13	3/21/2013
Homeless Taskforce Meeting	Mental Health Outreach to Youth/Transition Aged Youth	40	3/20/2013
LFCC Mural Week	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	6	3/20/2013
Walnut Grove Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	7	3/20/2013
LFCC Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	5	3/20/2013
Gay/Lesbian Center	Mental Health Outreach to Youth/Transition Aged Youth	6	3/19/2013
Del Campo Insurance	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	4	3/19/2013
Bus Stop on Franklin Blvd.	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	4	3/19/2013
LFCC Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	2	3/19/2013



**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Foster Family Day	Mental Health Outreach to Youth/Transition Aged Youth	100	3/16/2013
School Readiness Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	300	3/16/2013
We Connect Event	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	3500	3/16/2013
B&B Graduation @ LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	45	3/15/2013
Shop Smart	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	21	3/15/2013
T-Core Presentation	Mental Health Outreach to multi-cultural Consumers	22	3/14/2013
Outdoor Market	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	3/14/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	18	3/14/2013
Gay/Lesbian Center	Mental Health Outreach to Youth/Transition Aged Youth	10	3/13/2013
LFCC Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	5	3/13/2013
Walnut Grove Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	6	3/13/2013
LFCC Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	5	3/13/2013
Why Leadership Meeting	Mental Health Outreach to Youth/Transition Aged Youth	40	3/12/2013
Older Adult coalition mtg.	Mental Health Outreach to Older Adults	20	3/12/2013
LFCC Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	3	3/12/2013
Galt Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	12	3/12/2013
Harkness Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	3/12/2013
Why Leadership Conference Call	Mental Health Outreach to Youth/Transition Aged Youth	6	3/11/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Door to Door Outreach	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	42	3/8/2013
Ebenezer Christian Church	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	25	3/8/2013
Russell Manor Senior Group	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	3/8/2013
Montessori Church	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	16	3/7/2013
Crossroads Employment Services	Mental Health Outreach and job skills information to multi-cultural consumers	10	3/7/2013
Door to Door Outreach	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	28	3/7/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	19	3/7/2013
Galt Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	11	3/6/2013
Outreach We Connect	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	25	3/6/2013
LFCC Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	6	3/6/2013
Bach Viet Association Inc.	Mental Health Outreach/Suicide Prevention Information to Vietnamese community	78	3/6/2013
Door to Door Outreach	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	18	3/5/2013
Robert J. Gonzalez Attorney of Law	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	2	3/5/2013
AIM Medical Fair	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	15	3/5/2013
Door to Door Outreach	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	32	3/5/2013
CSUS Social Work Field Fair	Outreach to multi-cultural students to work/intern in Mental Health Services to underseved/unserved/inappropriately served communities	100	3/4/2013
Hiram Johnson	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	42	3/1/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Door to Door Outreach	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	36	3/1/2013
Immaculada Concepcion	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	15	3/1/2013
Student Mental Health Wellness	Mental Health Outreach to Youth/Transition Aged Youth	40	2/28/2013
safe TALK	Mental Health Outreach to Native American communities	16	2/28/2013
Shiloh Arms Apartment	Mental Health Outreach to Hmong families	30	2/28/2013
Feria de Salud Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	22	2/28/2013
Dr. Rosales Clinic	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	15	2/27/2013
Franklin Hood Store	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	18	2/27/2013
Walnut Grove Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	12	2/27/2013
Why Leadership Meeting	Mental Health Outreach to Youth/Transition Aged Youth	40	2/26/2013
Ether Elementary	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	20	2/26/2013
Titans Elementary	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	2/26/2013
Food Co. Stockton Blvd.	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	25	2/25/2013
Fruitridge Elementary	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	30	2/25/2013
Panaderia Mexicana	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	3	2/25/2013
Planned Parenthood	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	15	2/22/2013
Maple Elementary School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	20	2/22/2013
SOS Training@ Will C Woods School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	150	2/22/2013
B Green C Green Recycling	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	18	2/21/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Guadalupe Church	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	270	2/21/2013
Galt Flea Market	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	56	2/20/2013
Mentors Suicide Prevention @ LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	2/20/2013
Walnut Grove Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	12	2/20/2013
Monica's Beauty Salon	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	7	2/19/2013
Planned Parenthood	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	2/19/2013
Annual Sweet Potato Festival	Mental Health Outreach to African American families		2/19/2013
TET Festival	Mental Health Outreach to Vietnamese community	2000	2/17/2013
TET Festival	Mental Health Outreach to Vietnamese community	2000	2/16/2013
Chinese New Year Festival at Scottish Rite	Mental Health Outreach to API community	50	2/16/2013
Rosales Medical Group	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	28	2/15/2013
Russell Manor Senior Group	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	2/15/2013
Sacramento State University	Mental Health Outreach to Youth/Transition Aged Youth	30	2/14/2013
Why Leadership Meeting	Mental Health Outreach to Youth/Transition Aged Youth	40	2/14/2013
Galt Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	12	2/13/2013
Pride Center	Mental Health Outreach to Youth/Transition Aged Youth	1	2/12/2013
WIC @ Broadway	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	30	2/12/2013
Pride Center Training	Mental Health Outreach to Youth/Transition Aged Youth	5	2/8/2013
Fruitridge Community Center	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	25	2/8/2013
Slavic Assistance Center	Mental Health Outreach to Older Adults	5	2/7/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Karate LFCC	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	30	2/7/2013
Mexican Consulate	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	30	2/7/2013
Parent Meeting Grizzly Hallow	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	15	2/7/2013
safe TALK	Mental Health Outreach to Native American communities	6	2/6/2013
Bach Viet Association Inc.	Mental Health Outreach to multi-cultural Older Adults	76	2/6/2013
LFCC Active Parenting Classes	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	8	2/6/2013
Why Leadership Meeting	Mental Health Outreach to Older Adults	5	2/5/2013
Galt Active Parenting Classes	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	10	2/5/2013
Why Leadership Meeting	Mental Health Outreach to Youth/Transition Aged Youth	6	2/5/2013
Meeting at Sacramento Food Bank	Mental Health Outreach to Youth/Transition Aged Youth	2	2/3/2013
Russell Manor Senior Group	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	15	2/3/2013
Expert Pool	Mental Health Outreach to Older Adults	35	2/1/2013
Consumer Warmline	Mental Health Outreach to multi-cultural Consumers	20	2/1/2013
Planned Parenthood	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	10	2/1/2013
Adolfo	Mental Health Outreach to Youth/Transition Aged Youth	5	1/31/2013
CRH Mtg	Meeting with CRH staff Tracy	1	1/30/2013
Walnut Grove Active Parenting Classes	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	12	1/30/2013
Comm housing coalition	Mental Health Outreach to Older Adults	30	1/29/2013
Homeless Taskforce Meeting	Mental Health Outreach to Youth/Transition Aged Youth	50	1/29/2013
Phoenix Park Apartment	Mental Health Outreach to Hmong families	1	1/29/2013
Fruitridge Elementary	Mental Health Outreach to Cantonese/Hmong/Vietnamese community	20	1/29/2013

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Sam Brannan Middle School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	12	1/29/2013
Shiloh Arms Apartment	Mental Health Outreach to Hmong families	2	1/29/2013
Network Café	Mental Health Outreach to Youth/Transition Aged Youth	60	1/28/2013
Mutual Housing California	Mental Health Outreach to Older Adults	2	1/25/2013
Hiram Johnson Vietnamese Club	Mental Health Outreach to Vietnamese students	14	1/24/2013
CRIHB Board of Director's Meeting	Mental Health Outreach to Native American communities	60	1/24/2013
S.O.S. Program	Mental Health Outreach to Hmong/Cantonese/Vietnamese students	6	1/24/2013
MAAP Inc.	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	4	1/24/2013
Immaculada Concepcion	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	3	1/23/2013
Walnut Grove Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	1/23/2013
Why Leadership Meeting	Mental Health Outreach to Youth/Transition Aged Youth	6	1/22/2013
Walmart Parking Lot	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	1/22/2013
Russell Manor Senior Group	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	15	1/18/2013
SFB Network Café	Mental Health Outreach to Older Adults	38	1/17/2013
Network Café	Mental Health Outreach to Youth/Transition Aged Youth	50	1/17/2013
HOOP Stakeholders Meeting	Mental Health Outreach/Suicide Prevention Information to Native American youth	25	1/17/2013
Children's Stakeholders Meeting	Mental Health Outreach to Collaborative about Native American Mental Health issues	18	1/17/2013
WIC @ Oak Park	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	8	1/17/2013
Tahoe Elementary School	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	20	1/17/2013
Homeless Count Training	Mental Health Outreach to Youth/Transition Aged Youth	7	1/16/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Walnut Grove Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	11	1/16/2013
Tahoe Elementary School	Mental Health Outreach to Cantonese/Hmong/Vietnamese community	158	1/15/2013
Matt Mujeres Abusadas	Suicide Prevention Supporting Community Connectionss Presentation	8	1/14/2013
Fruitridge Bus Stop	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	6	1/14/2013
UCD multi-cultural care & cult comp in pract Sem	Mental Health Outreach to Older Adults	55	1/11/2013
LGBTG Taskforce	Mental Health Outreach to Youth/Transition Aged Youth	20	1/11/2013
Fruitridge Community Center	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	6	1/11/2013
Manitos Groups	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	37	1/11/2013
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	42	1/10/2013
Arden Way Senior Apartment	Mental Health Outreach to Older Adults	2	1/9/2013
Vintage Knolls Senior Apartments	Mental Health Outreach to Older Adults	8	1/9/2013
LGBTG Taskforce	Mental Health Outreach to Youth/Transition Aged Youth	20	1/9/2013
Galt Active Parenting Classes	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	12	1/9/2013
Sac State Suicide Prevention	Mental Health Outreach to Youth/Transition Aged Youth	50	1/8/2013
Homeless Count Training	Mental Health Outreach to Youth/Transition Aged Youth	20	1/8/2013
Older Adult coalition mtg.	Mental Health Outreach to Older Adults	15	1/8/2013
Santa Rosa Church	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	18	1/8/2013
Ukrainian Christmas Festival	Mental Health outreach to Slavic community	1900	1/5/2013
Sacramento State Out	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	15	1/4/2013
T-Mobile Store	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	30	1/3/2013
Parent Workshop LFCC	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	10	1/3/2013

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sac county MH board	Mental Health Outreach to Older Adults	26	1/2/2013
Galt Active Parenting Classes	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	12	1/2/2013
Inmaculada Concepcion	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	22	1/2/2013
Bach Viet Association Inc.	Mental Health Outreach to Cantonese/Hmong/Vietnamese community	78	1/2/2013
Sal army Christmas ann. Event	Mental Health Outreach to Older Adults	8000	12/28/2012
Mexican Consulate	Suicide Prevention Supporting Community Connections Presentation	50	12/27/2012
Sacramento Mercy Housing	Mental Health Outreach to LatinX Older Adults	10	12/21/2012
Mexican Consulate	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	56	12/20/2012
Yav Pem Suab Charter School	Mental Health Outreach to Hmong community	60	12/19/2012
Galt Mercy Housing	Mental Health Outreach to LatinX parents	12	12/17/2012
Sacramento Mercy Housing	Mental Health Outreach to LatinX Older Adults	10	12/15/2012
Consumer Holiday Lunch	Mental Health outreach to multi-cultural community	200	12/14/2012
Discovery Tree Schools	Mental Health Outreach to LatinX parents	4	12/13/2012
Montessori Learning Commons	Mental Health Outreach to LatinX parents	10	12/13/2012
Delta High Parenting Teens	Mental Health Outreach to LatinX parents and teens	8	12/12/2012
Suicide Prevention Task Force	Mental Health Outreach/Suicide Prevention Information to Native American community	45	12/12/2012
Yav Pem Suab Charter School	Mental Health Outreach to Hmong parents	6	12/11/2012
Fair Site School	Mental Health Outreach to LatinX parents	15	12/10/2012
Galt Mercy Housing	Mental Health Outreach to LatinX parents	10	12/10/2012
Hoarding & Older Adults conf.	Mental Health Outreach to Older Adults	80	12/7/2012
Active Parenting	Mental Health Outreach to LatinX parents and teens	12	12/6/2012
Mexican Consulate	Suicide Prevention Supporting Community Connections Presentation	48	12/6/2012
Delta High Parenting Teens	Mental Health Outreach to LatinX parents and teens	10	12/5/2012
Bach Viet Association Inc.	Mental Health Outreach to Vietnamese Older Adults	78	12/5/2012
Senior Resource Day	Mental Health Outreach to multi-cultural Older Adults	18	12/5/2012
Karate LFCC	Mental Health Outreach to LatinX Community	40	12/4/2012
Panaderia Mexicana	Mental Health Outreach to LatinX Community	2	12/3/2012
Rosales Medical Group	Mental Health Outreach to LatinX Community	3	12/3/2012
Aseguranza	Mental Health Outreach to LatinX Community	2	12/3/2012



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Robert J. Gonzalez Attorney of Law	Mental Health Outreach to LatinX Community	3	12/3/2012
Janitzo Deportes	Mental Health Outreach to LatinX Community	2	12/3/2012
A&E Auto Parts	Mental Health Outreach to Spanish Speaking Community	2	12/3/2012
Carniceria Lopez	Mental Health Outreach to Spanish Speaking Community	6	12/3/2012
Monarca Salon de Belleza	Mental Health Outreach to Spanish Speaking Community	3	12/3/2012
Planned Parenthood	Mental Health Outreach to Spanish Speaking Community	6	12/3/2012
Food Co. Stockton Blvd.	Mental Health Outreach to Spanish Speaking Community	20	12/3/2012
Parent Information Day	Mental Health Outreach to Hmong families	3	12/3/2012
Galt Mercy Housing	Mental Health Outreach to LatinX parents	18	12/3/2012
Sacramento Mercy Housing	Mental Health Outreach to LatinX Older Adults	9	12/1/2012
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation	52	11/29/2012
Rosa Parks Middle School	Mental Health Outreach to Hmong students	1	11/28/2012
Delta High Parenting Teens	Mental Health Outreach to LatinX parents and teens	10	11/28/2012
Hiram Johnson (Hmong Club)	Mental Health Outreach to Hmong youth	11	11/28/2012
Comm. Housing Coal. Mtg	Mental Health Outreach to Older Adults	15	11/26/2012
Eskaton Senior Comm.	Mental Health Outreach to Older Adults	25	11/26/2012
Galt Mercy Housing	Mental Health Outreach to LatinX parents	18	11/21/2012
AI College Motivation Day	Mental Health Outreach to Native American high school students	200	11/19/2012
Sacramento Mercy Housing	Mental Health Outreach to LatinX Older Adults	12	11/16/2012
Cristo Rey High School	Mental Health Outreach/Suicide Prevention to LatinX Community	26	11/16/2012
Mexican Consulate	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	61	11/15/2012
Active Parenting	Mental Health Outreach to LatinX parents and teens	12	11/15/2012
Group mtg w/ educators in Sac Cnty.	Mental Health Outreach to Youth/Transition Aged Youth	4	11/14/2012
Delta High Parenting Teens	Mental Health Outreach to LatinX parents and teens	10	11/14/2012
Walnut Grove Support Group	Mental Health Outreach to LatinX parents and teens	8	11/14/2012
Conferencia de Liderazgo para mujeres	Mental Health/Suicide Prevention Outreach to LatinX community	300	11/10/2012

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Folsom Cordova Comm. Center	Mental Health Outreach to Older Adults	2	11/9/2012
Active Parenting	Mental Health Outreach to LatinX parents and teens	10	11/8/2012
Mexican Consulate	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	62	11/8/2012
Fruitridge Elementary	Mental Health Outreach to multi-cultural community	3	11/8/2012
John Bidwell Elementary school	Mental Health Outreach to Hmong, Chinese, Vietnamese community	4	11/7/2012
Bach Viet Association Inc.	Mental Health Outreach to Vietnamese community	77	11/7/2012
John Bidwell Elementary school	Mental Health Outreach to multi-cultural community	4	11/7/2012
Delta High Parenting Teens	Mental Health Outreach to LatinX parents and teens	12	11/7/2012
Greystone Place Apartments	Mental Health Outreach to Hmong community	1	11/6/2012
Laura Dawn Apartments	Mental Health Outreach to Hmong community	5	11/5/2012
Galt Mercy Housing	Mental Health Outreach to LatinX parents	21	11/5/2012
Sacramento Mercy Housing	Mental Health Outreach to LatinX Older Adults	10	11/2/2012
Expert Pool	Mental Health Outreach to multi-cultural Consumers	20	11/1/2012
Older Adult coalition mtg.	Mental Health Outreach to Older Adults	70	11/1/2012
Lemon Mutual Apartment	Mental Health Outreach to multi-cultural community	5	11/1/2012
Active Parenting	Mental Health Outreach to LatinX parents and teens	12	11/1/2012
Luther Burbank High School	Mental Health Outreach to multi-cultural Youth	3	11/1/2012
Colonial Outreach at Library	Mental Health Outreach to multi-cultural community	20	10/31/2012
Sunset Apartment	Mental Health Outreach to multi-cultural community	50	10/31/2012
Comm. Coalition Mtg	Mental Health Outreach to Older Adults	15	10/30/2012
ASSIST Training at LFCC	Applied Suicide Intervention Skills Training	12	10/30/2012
ASSIST Training at LFCC	Applied Suicide Intervention Skills Training	12	10/29/2012
Children of Promise Conference	Mental Health Outreach to African American families	150	10/27/2012
Parent Resource Day for Hmong Families	Mental Health Outreach to Hmong community	13	10/25/2012
Mexican Consulate	Suicide Prevention Supporting Community Connections Presentation in English and Spanish	150	10/24/2012
Provider meeting Mexican Consulate	Suicide Prevention Supporting Community Connections Presentation	23	10/24/2012
CBS Radio	Mental Health Outreach to Older Adults	2	10/22/2012

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Antelope Crossing's Spooktacular	Mental health outreach including info. about accessing public behavioral health services including mental health and alcohol and drug treatment and prevention services in Sacramento County to multi-cultural community	150	10/20/2012
BRAVE -Bullying prev. event	Mental Health Outreach to Youth/Transition Aged Youth	300	10/20/2012
North Highlands Jubilee	Mental health outreach to multi-cultural low income North Highlands residents	6000	10/20/2012
National D.V. Awareness Workshop	Mental Health Outreach to Spanish Speaking Community	50	10/19/2012
Net. Café Sac. Food bank	Mental Health Outreach to Older Adults	50	10/18/2012
UCDavis	Suicide Prevention Supporting Community Connectionss Presentation in English and Spanish	150	10/18/2012
Ventanilla de Salud	Mental Health Outreach to LatinX Community	75	10/18/2012
Sacramento Mercy Housing	Mental Health Outreach to Spanish Speaking Older Adults	10	10/17/2012
Active Parenting	Mental Health Outreach to LatinX parents in English/Spanish	10	10/17/2012
Celebrando Nuestra Salud	Mental Health Outreach to Spanish Speaking Community (DBHS)	1000	10/14/2012
Celebrando Nuestra Salud	Mental Health Outreach to Spanish Speaking Community (LFCC)	1000	10/14/2012
Celebrate Sacramento South	Outreach event to provide information regarding mental health and access to public mental health services to multi-cultural/multiethnic/multilingual community of South Sacramento	800	10/13/2012
Chickasaw Gathering	Mental Health Outreach to Native American communities	100	10/13/2012
SMHA Building up Breakfast	Mental Health Outreach to Older Adults	500	10/11/2012
Walk in support grp	Mental Health Outreach to Older Adults	4	10/11/2012
19th Ann. Ser. Health Fair	Mental Health Outreach to Older Adults	450	10/10/2012
Hmong Women Heritage Association	Mental Health Outreach to Hmong community	25	10/10/2012
TNT Radio	Mental Health Outreach to Vietnamese community	10000	10/9/2012
Expert pool	Mental Health Outreach to multi-cultural Consumers	20	10/7/2012

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Sacramento Native American Health Center's Prevention a	Mental Health Outreach to Sacramento Native Americans	600	10/6/2012
Out of Darkness	Mental Health Outreach to Youth/Transition Aged Youth	1000	10/6/2012
Binacional Health Week	Health fair	100	10/5/2012
Expert pool	Mental Health Outreach to multi-cultural Consumers	20	10/5/2012
Slavic Assistance Center	Mental Health Outreach to Older Adults	2	10/5/2012
SCUSD	Mental Health Outreach to Older Adults	17	10/5/2012
Russian Radio	Mental Health Outreach to Older Adults	2	10/5/2012
Sacramento Mercy Housing	Mental Health Outreach to LatinX Community	12	10/5/2012
Ventanilla de Salud	Mental Health Outreach to LatinX Community	115	10/5/2012
Sacramento Mercy Housing	Mental Health Outreach to Spanish Speaking Older Adults	12	10/5/2012
Ventanilla de Salud	Mental Health Outreach to LatinX Community	86	10/4/2012
Ventanilla de Salud	Mental Health Outreach to LatinX Community	105	10/3/2012
Bach Viet Association Inc.	Mental Health Outreach to Vietnamese Community	77	10/3/2012
Active Parenting	Mental Health Outreach to LatinX parents in English/Spanish	14	10/2/2012
Ventanilla de Salud	Mental Health Outreach to LatinX Community	98	10/1/2012
Tu y Yo Support Group	Mental Health Outreach to Latina Moms and Daughters	16	10/1/2012
Sacramento Mercy Housing	Mental Health Outreach to Spanish Speaking Community	12	10/1/2012
Take on the world	Mental Health Outreach to Youth/Transition Aged Youth	300	9/29/2012
Club Excel	Mental Health Outreach to LatinX Community	14	9/28/2012
Native American Day	Mental Health Outreach to Native American communities	1000	9/28/2012
ARC Community Resource Fair	Mental Health Outreach to Older Adults	200	9/27/2012
Academy Parents Meeting	Mental Health Outreach to Slavic families with children	100	9/27/2012
Mexican Consulate	Mental Health Outreach to LatinX Community	62	9/27/2012
Ventanilla de Salud	Mental Health Outreach to Spanish Speaking Community at Mexican Consulate	75	9/27/2012

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Special Needs Community Resource Fair	Outreach services to multi-cultural families with special needs children. Spanish language bilingual/bicultural skill staff provided outreach	300	9/25/2012
Walnut Grove Support Group	Mental Health Outreach to LatinX Community	13	9/24/2012
Dr. Rosales Clinic	Mental Health Outreach to LatinX Community	15	9/21/2012
Mundo Americano Travel	Mental Health Outreach to LatinX Community	2	9/21/2012
T-Mobile Store	Mental Health Outreach to LatinX Community	5	9/21/2012
Etters Phillips Elementary	Mental Health Outreach to LatinX Community	4	9/21/2012
Fruitridge Community Center	Mental Health Outreach to LatinX Community	35	9/21/2012
Pacific Elementary	Mental Health Outreach to LatinX Community	5	9/21/2012
Fruitridge Elementary	Mental Health Outreach to LatinX Community	6	9/21/2012
Planned Parenthood	Mental Health Outreach to LatinX Community	10	9/21/2012
Maple Elementary School	Mental Health Outreach to LatinX Community	5	9/21/2012
Sacramento Mercy Housing	Mental Health Outreach to LatinX Community	12	9/21/2012
Monarca Salon de Belleza	Mental Health Outreach to LatinX Community	7	9/21/2012
Suicide prev. task force	Mental Health Outreach to multi-cultural Consumers	25	9/21/2012
LatinX Behavioral Health Week	Mental Health Outreach to LatinX Consumers	100	9/21/2012
Hmong Women's Heritage Assoc. Pathfinder Banquet	Mental Health Outreach to the Hmong Community	250	9/21/2012
Mexican Consulate	Mental Health Outreach to LatinX Community	40	9/20/2012
LatinX Behavioral Health Week	Mental Health Outreach to LatinX Community	200	9/18/2012
Mental Health Week	Mental Health Outreach to LatinX Community	32	9/14/2012
Carmichael Senior Club	Mental Health Outreach to Older Adults	20	9/13/2012
Mental Health Week	Mental Health Outreach to LatinX Community	30	9/13/2012
Mexican Consulate	Mental Health Outreach to LatinX Community	45	9/13/2012
Mental Health Week	Mental Health Outreach to LatinX Community	27	9/12/2012
Training for CRH Staff	Mental Health Outreach to Providers serving youth/Transition Aged Youth	31	9/12/2012
Training for CRH Staff	Mental Health Outreach to Providers serving youth/Transition Aged Youth	25	9/11/2012
Hands on Sacramento	Mental Health Outreach to Older Adults	6	9/11/2012
Tu y Yo Support Group	Mental Health Outreach to Latina Moms and Daughters	5	9/11/2012
Mental Health Week	Mental Health Outreach to LatinX Community	15	9/10/2012
Elder Abuse Forum	Mental Health Outreach to Older Adults	50	9/9/2012
Senator Steinberg Volunteer Fair	Mental Health Outreach to Older Adults	200	9/8/2012
Sacramento Mercy Housing	Mental Health Outreach to LatinX Community	11	9/7/2012

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Expert Pool	Mental Health Outreach to multi-cultural Consumers	20	9/7/2012
Planned parenthood - tabling	Mental Health Outreach to Youth/Transition Aged Youth	100	9/7/2012
Walnut Grove Support Group	Mental Health Outreach to LatinX Community	12	9/7/2012
Bach Viet Association Inc.	Mental Health Outreach to Vietnamese Community	100	9/5/2012
Club Excel	Mental Health Outreach to LatinX Community	13	8/31/2012
Mexican Consulate	Mental Health Outreach to LatinX Community	36	8/30/2012
Town Hall Meeting	Mental Health Outreach to Older Adults	40	8/29/2012
APCC	Mental Health Outreach to API community	2	8/29/2012
Run for courage	Mental Health Outreach to Youth/Transition Aged Youth	2000	8/28/2012
Rancho Cordova Adult Center	Mental Health Outreach to Older Adults	1	8/28/2012
Carmichael Park Community Center	Mental Health Outreach to Older Adults	1	8/28/2012
St Francis Manor Senior Community	Mental Health Outreach to Older Adults	2	8/28/2012
Sac WHY	Mental Health Outreach to Youth/Transition Aged Youth	40	8/28/2012
Community Housing Coalition	Mental Health Outreach to Older Adults	15	8/28/2012
My Sister's House	Mental Health Outreach to API women	2	8/28/2012
Hmong Women's Family Healthy Day	Mental Health Outreach to Hmong consumers	500	8/25/2012
Hmong Women's Family Healthy Day	Mental Health Outreach to Hmong Older Adults	250	8/25/2012
Hmong Women's Family Healthy Day	Mental Health Outreach to Hmong Community	527	8/25/2012
Walnut Grove Support Group	Mental Health Outreach to LatinX Community	13	8/24/2012
Mexican Consulate	Mental Health Outreach to LatinX Community	32	8/23/2012
Sac Vet Center	Mental Health Outreach to multi-cultural veterans	5	8/23/2012
RIL visit	Mental Health Outreach to multi-cultural Consumers	10	8/22/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	13	8/22/2012
Galt Mercy Housing	Mental Health Outreach to LatinX Community	12	8/22/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	14	8/21/2012
Anniversary BBQ	BBQ for multi-cultural consumers and community stakeholders; mental health outreach	400	8/20/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	15	8/20/2012
Outreach for a Cause	Mental Health/Multi-media Workshop for Native American Community	75	8/17/2012
Walnut Grove Support Group	Mental Health Outreach to LatinX Community	14	8/17/2012
Club Excel	Mental Health Outreach to LatinX Community	14	8/17/2012

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	15	8/16/2012
Mexican Consulate	Mental Health Outreach to LatinX Community	40	8/16/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	11	8/15/2012
Galt Mercy Housing	Mental Health Outreach to LatinX Community	13	8/15/2012
RACDCC	Mental Health Outreach to Older Adults	2	8/14/2012
Eskaton Jefferson Manor	Mental Health Outreach to Older Adults	4	8/14/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	14	8/14/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	12	8/13/2012
Omni Youth Program Family Fun Fest.	Mental Health Outreach to Youth/Transition Aged Youth	400	8/11/2012
Sacramento Pow Wow	Mental Health Outreach to Native American communities	200	8/11/2012
Consumer Luau	Mental Health Outreach to multi-cultural community	200	8/10/2012
Sacramento Big Time	Mental Health Outreach to Native American communities	150	8/10/2012
Walnut Grove Support Group	Mental Health Outreach to LatinX Community	15	8/10/2012
Club Excel	Mental Health Outreach to LatinX Community	16	8/10/2012
Parent Workshop	Mental Health Outreach to LatinX Community	5	8/10/2012
Nedra Head Start	Mental Health Outreach to LatinX Community	50	8/9/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	15	8/9/2012
Mexican Consulate	Mental Health Outreach to LatinX Community	14	8/9/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	16	8/8/2012
Galt Mercy Housing	Mental Health Outreach to LatinX Community	15	8/8/2012
Consumer Warmline	Mental Health Outreach to multi-cultural Consumers	20	8/8/2012
Opening Doors	Mental Health Outreach to Older Adults	5	8/7/2012
ICAN Agency	Mental Health Outreach to Older Adults	2	8/7/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	16	8/7/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	16	8/6/2012
CPS Parent Orientation	Mental Health Outreach to LatinX Community	20	8/4/2012
Walnut Grove Support Group	Mental Health Outreach to LatinX Community	18	8/3/2012
Club Excel	Mental Health Outreach to LatinX Community	14	8/3/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	16	8/2/2012
Mexican Consulate	Mental Health Outreach to LatinX Community	60	8/2/2012
Bach Viet Association Inc.	Mental Health Outreach to Cantonese/Hmong/Vietnamese community	76	8/1/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	15	8/1/2012

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Galt Mercy Housing	Mental Health Outreach to LatinX Community	16	8/1/2012
Olympics-CRH	Mental Health Outreach to Youth/Transition Aged Youth	60	7/31/2012
ACC	Mental Health Outreach to Older Adults	2	7/31/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	14	7/31/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	12	7/30/2012
Fun in the Sun	Mental Health outreach to multi-cultural low income North Sacramento residents	500	7/28/2012
LGBTG Youth Collaborative	Mental Health Outreach to Native American youth	10	7/27/2012
Club Excel	Mental Health Outreach to LatinX Community	16	7/27/2012
UCD Grand-round Mtg	Mental Health Outreach to Provider of services to Older Adults	45	7/27/2012
Legal Services of Northern CA	Mental Health Outreach to Older Adults	15	7/27/2012
Pathways for Change	Mental Health Outreach to Youth/Transition Aged Youth	4	7/27/2012
Mexican Consulate	Mental Health Outreach to LatinX Community	54	7/27/2012
HHS Breakfast Forum	Mental Health Outreach to Providers serving multi-cultural community	35	7/26/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	12	7/26/2012
Mexican Consulate	Mental Health Outreach to LatinX Community	45	7/26/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	12	7/25/2012
Mtg @ Gay/Lesbian Center	Mental Health Outreach to LGBTQ community	5	7/25/2012
Xubex Assist. Program	Mental Health Outreach to multi-cultural Consumers	2	7/25/2012
Galt Mercy Housing	Mental Health Outreach to LatinX Community	14	7/25/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	12	7/24/2012
Planned Parenthood	Mental Health Outreach to LatinX Community	15	7/23/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	12	7/23/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	16	7/23/2012
La Familia Counseling Center	Car seat safety class to LatinX Spanish Speaking Community. Mental Health Outreach provided in English/Spanish	5	7/23/2012
CRIHB Board of Director's Meeting	Mental Health Outreach to Native American communities	40	7/21/2012
Club Excel	Mental Health Outreach to LatinX Community	16	7/20/2012
Walnut Grove Support Group	Mental Health Outreach to LatinX Community	12	7/20/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	10	7/19/2012



**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Mexican Consulate	Mental Health Outreach to LatinX Community	60	7/19/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	12	7/18/2012
Galt Mercy Housing	Mental Health Outreach to LatinX Community	12	7/18/2012
Gay/Lesbian Center meeting	Mental Health Outreach to Youth/Transition Aged Youth	9	7/18/2012
Gay/Lesbian Center meeting	Mental Health Outreach to Youth/Transition Aged Youth	9	7/18/2012
SCC-Heat Group	Mental Health Outreach to Youth/Transition Aged Youth	6	7/18/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	15	7/17/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	15	7/16/2012
Cesar Chavez youth awareness/scc	Mental Health Outreach to Youth/Transition Aged Youth	50	7/15/2012
Cesar Chavez youth awareness/scc	Mental Health Outreach to Youth/Transition Aged Youth	50	7/15/2012
Resident Council Group	Mental Health Outreach to Youth/Transition Aged Youth	5	7/15/2012
Second Slavic Baptist Church Camp	Mental Health outreach to Slavic community	50	7/13/2012
Club Excel	Mental Health Outreach to LatinX Community	14	7/13/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	14	7/12/2012
Mexican Consulate	Resources table & Suicide Prevention information in Spanish	10	7/12/2012
Gay/Lesbian Center	Mental Health Outreach to LGBTQ community	5	7/11/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	12	7/11/2012
Galt Mercy Housing	Mental Health Outreach to LatinX Community	14	7/11/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	15	7/10/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	15	7/9/2012
Expert Pool	Mental Health Outreach to multi-cultural Consumers	20	7/6/2012
Walnut Grove Support Group	Mental Health Outreach to LatinX Community	14	7/6/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	8	7/5/2012
Mexican Consulate	Resources table & Suicide Prevention information in Spanish	14	7/5/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	10	7/3/2012
Resident Council Group	Mental Health Outreach to Youth/Transition Aged Youth	4	7/2/2012
Free Summer Lunch Program	Mental Health Outreach to LatinX Community	12	7/2/2012

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Fair Site School	Presentation of services and mental health outreach to LatinX/Spanish speaking youth and family. Outreach provided in English/Spanish	22	6/28/2012
Vietnamese Event	California Telephone Access Program CTAP; Mental health information to Vietnamese community	36	6/27/2012
Adult Protective Services (El Hogar)	Presentation to LatinX/Spanish Speaking community members and organizations about mental health programs available	30	6/26/2012
Healthy Kids Activity Day	Information and activities for children in the Bethany Presbyterian Church neighborhood. SAAC staff distributed DHHS magnets, brochures and multilingual information on mental health to families with children	150	6/23/2012
MDT meeting, Sacramento County	Presentation to multi-cultural community members and organizations about mental health programs available	20	6/19/2012
Grizzly Hallow Head Start	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	25	6/18/2012
Juneteenth Celebration Festival	Mental Health Outreach to African American Community	500	6/16/2012
WIC @ Oak Park	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	10	6/14/2012
Galt Head Start	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	20	6/14/2012
Car Seat Class	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	10	6/13/2012
Casa De Angelo Apartment Complex	Presentation to LatinX/Spanish Speaking community members and organizations about mental health programs available	25	6/13/2012
Broadway Senior Center Apartments	Presentation to multi-cultural/multilingual community members and organizations about mental health programs available	20	6/12/2012

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
ACC Health and Wellness Fair	Mental Health Outreach to multi-cultural families with children	250	6/9/2012
Tahoe Park	Mental Health Outreach to multi-cultural families with children	50	6/9/2012
Tahoe/Colonial Collaborative Health's Safety Fair	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	6/9/2012
Chronic Disease Management Dept. University of California	Presentation to community members and organizations about mental health programs available	8	6/8/2012
Bach Viet Association Inc.	Presentation to Vietnamese community members about mental health programs available	76	6/6/2012
DMV Disability Information Fair	Mental Health Outreach to multi-cultural community	75	6/6/2012
Oak Ridge Elementary	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	6/6/2012
Sacramento Pride	Mental Health outreach to the LGBT community	8000	6/4/2012
Language Academy's Health and Science Fair	Mental Health Outreach to students/families and community in Oakpark neighborhood in English/Spanish	150	5/31/2012
Pacific Elementary School Health Fair	Health, mental health and safety outreach	50	5/30/2012
WIC @ Oak Park	Mental Health Outreach to students/families and community in Oakpark neighborhood in English/Spanish	30	5/30/2012
APCC Family Wellness Day	Mental Health Outreach	8	5/29/2012
North Highlands Community Health Fair	Mental health outreach to African American faith-based Community	150	5/27/2012
Pacific Islander Family Caregiver Services (APIFCS)	Presentation to API community members and organizations about mental health programs available	15	5/25/2012
Visions Unlimited	Presentation to RST Staff about mental health programs and prevention services	10	5/24/2012
Nedra Head Start	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	20	5/24/2012
Mexican Consulate	Mental Health Information and Resources to LatinX/Spanish Speaking Community	62	5/24/2012

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Maple Elementary School	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	5/23/2012
Earl Warren Elementary School	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	5/23/2012
Maple Head Start	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	20	5/23/2012
WIC @ Oak Park	Mental Health Outreach to students/families and community in Oakpark neighborhood in English/Spanish	15	5/23/2012
Fruitridge Elementary	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	3	5/23/2012
Joseph Bonnheim	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	5/22/2012
WIC @ Oak Park	Mental Health Outreach to students/families and community in Oakpark neighborhood in English/Spanish	10	5/21/2012
Ethel Phillips	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	30	5/21/2012
Pacific Rim Street Festival	Mental Health outreach to API and multi-cultural community	1000	5/20/2012
Slavic Health and Safety Fair	Mental Health outreach to Slavic community	300	5/19/2012
Celebrate Sacramento North	Mental Health outreach to North Sacramento multi-cultural community	300	5/19/2012
La Hacienda	Presentation of services and mental health outreach to LatinX/Spanish Speaking community. Outreach provided in English/Spanish	25	5/17/2012
Mexican Consulate	Information and mental health and prevention Resources to Mexican Community in Spanish	85	5/17/2012
Parent Meeting @ Harkness	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	20	5/17/2012

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Parent Meeting @ Nedra	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	16	5/17/2012
Oak Ridge Elementary	Mental Health outreach to students/families and community in English/Spanish	50	5/16/2012
Community Outreach	Outreach to a Hmong market and Hmong radio station	3	5/14/2012
multi-cultural Festival	Mental Health outreach to multi-cultural, Meadowview community	500	5/12/2012
Vintage Knolls Senior Apartments	Presentation to multi-cultural community members and organizations about mental health programs available	25	5/11/2012
Galt Support Group	Mental Health outreach to students/families and community in English/Spanish	8	5/11/2012
Mexican Consulate	Information and mental health and prevention Resources to Mexican Community; outreach provided in Spanish	12	5/10/2012
Vinage Natomas Field Apartments	Presentation to community members and organizations about mental health programs available	20	5/9/2012
WIC @ Oak Park	Mental Health Outreach to students/families and community in Oakpark neighborhood; outreach provided in English/Spanish	10	5/9/2012
Family Court House	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	5/9/2012
Ethel Phillips Elementary School	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	30	5/8/2012
Maple Elementary School	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	5/8/2012
WIC @ Oak Park	Mental Health Outreach to students/families and community in Oakpark neighborhood in English/Spanish	11	5/7/2012
LFCC Noche de Baile	Mental Health Outreach to LatinX Older Adults	68	5/5/2012

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Valley High School 6th Annual Health and Fitness Expo	Mental Health outreach to students/families and community in English/Spanish	300	5/4/2012
ACC-William Land Elementary School Health Fair	Mental Health outreach to API and multi-cultural community	200	5/4/2012
Mexican Consulate	Information and mental health and prevention Resources to Mexican Community; outreach provided in Spanish	15	5/3/2012
Bach Viet Association Inc.	Introduction to mental health and prevention services at APCC to Vietnamese community; discussion of healthy sleep	76	5/2/2012
Pacific Elementary	Mental Health Outreach to students/families and community in English/Spanish	10	5/2/2012
Sacramento Asian American Minority Inc.	Presentation to API community members and organizations about mental health programs available	3	4/30/2012
Festival De La Familia	Mental Health outreach to the LatinX Community	20000	4/29/2012
Passport to Summer and your Future	Mental Health outreach to multi-cultural and multiethnic communities	300	4/28/2012
Kids Day in the Park	Mental Health outreach to multi-cultural and multiethnic families in Rancho Cordova	5000	4/28/2012
NAMI Walks	Mental Health Outreach to multi-cultural community	150	4/28/2012
STC RAWW Health Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities predominantly African American community faith based	150	4/28/2012
Spirit Truth Church	Distribution of flyers, information on agency programs and community resources to multi-cultural communities predominantly African American community faith based	18	4/28/2012
Introduce Program to Hmong Women's Heritage Association	Outreach program to Hmong speaking senior group	25	4/27/2012
Cordova Senior Center	Presentation to multi-cultural community members and organizations about mental health programs available	15	4/27/2012
Office Event APCC	Mental Health information as related to common physical health conditions among Asian Adults; outreach provided to API community	52	4/26/2012

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Stacie's Chalet Residential Care Facility for Seniors	Presentation to multi-cultural Older Adults community members and organizations about mental health programs available	15	4/26/2012
Mexican Consulate	Information and mental health and prevention Resources to Mexican Community in Spanish	16	4/26/2012
Grizzly Hollows Community Center	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	16	4/25/2012
Rancho Cordova Adult Day Health Care Center	Presentation to multi-cultural Older Adults community members and about mental health programs available	8	4/24/2012
Rancho Cordova Center	Presentation to multi-cultural Older Adults community members and about mental health programs available	14	4/23/2012
Rancho Cordova Adult Day Health Care Center	Mental Health Outreach to Hmong community members	20	4/23/2012
TOFA	Mental Health Outreach to API community	125	4/21/2012
Long Cheng Entertainment	Mental Health Outreach to API community	20	4/20/2012
Earl Warren Elementary School	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	25	4/18/2012
Joseph Bonnheim Elementary	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	4/18/2012
ACC Greenhaven Terrace Senior Health and Wellness Fair	Distribution of flyers, information on agency programs and community resources to API and multi-cultural communities, primarily focused on Older Adults	175	4/17/2012
Fair Site Readiness Center	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	100	4/17/2012
Fair Site Readiness Center	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	10	4/17/2012
Rancho Cordova Center	Introduce suicide prevention services to Hmong community members and staff at Rancho Cordova Center	2	4/16/2012

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Pacific Elementary	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	30	4/16/2012
Fruitridge Elementary	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	30	4/16/2012
Future Fair @ Cosumnes River College	Mental Health Information and Resources to LatinX Students, outreach provided in English and Spanish	300	4/11/2012
Mercy Housing	Mental Health Information and Resources to LatinX Students, outreach provided in English and Spanish	13	4/11/2012
Carson Aire Apartments	Presentation to multiethnic/multi-cultural/multilingual community members and organizations about mental health programs available	20	4/10/2012
Ladi Senior Apartments	Presentation to multiethnic/multi-cultural/multilingual community members and organizations about mental health programs available	20	4/6/2012
Bach Viet Association Inc.	Warm line and why Asian American have almost twice as high rate of suicide than American women	76	4/4/2012
Land Park	Mental Health Outreach to multiethnic/multi-cultural/multilingual Older Adults	13	4/4/2012
Public Housing Program Manager, Sacramento Housing a	Presentation to multiethnic/multi-cultural/multilingual community members and organizations about mental health programs available	7	4/2/2012
Pacific Elementary	Presentation of services and mental health outreach to multi-cultural families with children.	50	3/28/2012
La Familia Counseling Center	Information and mental health and prevention Resources to Mexican Community in Spanish; Stress Reduction Information Provided	12	3/27/2012
Dept. of Human Assistance Senior Companion Program	Presentation to community members and organizations about mental health programs available	30	3/23/2012
Grizzly Hallow Head Start	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	30	3/23/2012



**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Muslim American Society	Presentation to Muslim faith based community members and organizations about mental health programs available	5	3/23/2012
Hacienda Market	Information and mental health and prevention Resources to Mexican Community in Spanish	50	3/23/2012
Office APCC	Mental health outreach to API Older Adults and low income earners	59	3/22/2012
Workshop at APCC	Mental Health Outreach to API community	59	3/22/2012
Rosa Parks Middle School/Mark Hopkins Elementary Health	Distribution of flyers, information about agency programs and community resources to multi-cultural communities and families.	100	3/22/2012
Walnut Grove Community Center	Information and mental health and prevention Resources to Mexican Community in Spanish	22	3/21/2012
Advisory Committee	Information and mental health and prevention Resources to Mexican Community in Spanish	12	3/20/2012
PATCH- Boys and Girls Club Lemon Hill	Mental Health Outreach to multi-cultural families with children	25	3/17/2012
Sacramento State Fraternity	Information and mental health and prevention Resources to LatinX college students in Spanish	11	3/17/2012
Master of Social Work Association	Information and mental health and prevention Resources to LatinX college students in Spanish	7	3/17/2012
Black Infant Health Celebration Wii Celebrate Healthy Families	Distribution of flyers, information about agency programs and community resources to multi-cultural communities and families.	75	3/17/2012
Learn Basic Computer Workshop	Mental Health Outreach to multi-cultural community	21	3/16/2012
Hoa Hao Buddha Center	Warm line and dialogues about suicide risk in the Vietnamese Community	21	3/16/2012
Rancho Cordova Adult Day Health Care Center	Warm line and dialogues about suicide risk in the Vietnamese Community	12	3/15/2012
Seniors and Low-Income Earners Resource Workshop	Mental Health Outreach to Older Adults and low-income earners	12	3/15/2012
Walnut Grove, Healthy Start	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	13	3/14/2012
Language Academy Health Fair	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	6	3/14/2012

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Family Court House	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	3/14/2012
Kaiser Point West	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	100	3/12/2012
Sierra 2 Center	Presentation to multi-cultural community members and organizations about mental health programs available	5	3/12/2012
School Readiness Fair Site	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	20	3/12/2012
Pacific Elementary	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	35	3/9/2012
Bach Viet Association Inc.	Warm line, dialogues about suicide risks in the Vietnamese Community	76	3/7/2012
Mexican Consulate	Information and mental health and prevention Resources to Mexican Community in Spanish	23	3/7/2012
WIC Orientation, Parent Meeting	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	6	3/7/2012
Joseph Bonnheim Elementary School	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	3/6/2012
Ethel Hart Homeless Project	Presentation to community members and organizations about mental health programs available	2	3/5/2012
Grizzly Hollows Mercy Housing	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	5	3/5/2012
School Readiness Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	500	3/3/2012
Planned Parenthood	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	3/2/2012

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Eskaton	Presentation to community members and organizations about mental health programs available	15	3/1/2012
Golf Green Estates	Presentation to multi-cultural community members and organizations about mental health programs available	15	3/1/2012
Sacramento City College	Information and mental health and prevention Resources to LatinX college students in Spanish	15	3/1/2012
Nedra Head Start Parent Meeting	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	2/29/2012
Oak Ridge Elementary School Parent Meeting	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	2/28/2012
Mardi Gras	Distribution of flyers, information on agency programs and community resources to multi-cultural communities predominantly African American community.	300	2/25/2012
Chinese New Year Festival at Scottish Rite	Mental Health Outreach to API community	500	2/18/2012
Hiram Johnson Community Health Fair	Mental Health Outreach to multi-cultural families with children	250	2/10/2012
TET Festival	Mental Health Outreach to Vietnamese community	500	2/5/2012
TET Festival	Mental Health Outreach to Vietnamese community commemorating Lunar new year	500	2/4/2012
The Mutual Housing Lemon Hill	Mental Health Outreach to API community	46	1/27/2012
The Effort @ Oak Park	Mental Health Outreach to LatinX families with children and community in Oakpark neighborhood in English/Spanish	50	1/27/2012
WIC @ Oak Park	Provided LFCC Flyers, Brochures and mental health information in English and Spanish to parents	50	1/27/2012
Parenting Class Pacific Elementary	Provided LFCC Flyers, Brochures and mental health information in English and Spanish to parents	50	1/26/2012

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Mental Health Promotion and Stigma Project	Mental Health Outreach to multi-cultural community, Mental Health providers, consumers of mental health services at Sam Pannell/Meadowview	60	1/21/2012
Changing Attitudes, Changing Lives, Promoting Health and	Staffed information booth to disseminate information in multi-cultural community concerning mental health programs available	100	1/21/2012
Promoting Health and Wellness	Mental Health Outreach to multi-cultural community	150	1/21/2012
Stop Stigma Kick-off	Provided information to multi-cultural community, community partner agencies. Information included mental health, prevention services and how to access MH in Sacramento	175	1/21/2012
Event APCC Office	Mental Health Outreach and presentation of prevention programs	31	1/19/2012
Head Start Nedra Ct	Provided information in English and Spanish to the LatinX community, community partner agencies. Information included mental health, prevention services and how to access MH in Sacramento	50	12/26/2011
Pacific Elementary School	Provided information in English and Spanish to the LatinX community, community partner agencies. Information included mental health, prevention services and how to access MH in Sacramento	50	12/21/2011
Robert J. Gonzalez Attorney of Law	Provided LFCC Flyers, Brochures and mental health information in English and Spanish to parents	40	12/21/2011
Munso Americano World Travel	Provided LFCC Flyers, Brochures and mental health information in English and Spanish to parents	40	12/21/2011
Monica's Beauty Salon	Provided LFCC Flyers, Brochures and mental health information in English and Spanish to parents	40	12/21/2011
Planned Parenthood	Provided LFCC Flyers, Brochures and mental health information in English and Spanish to parents	40	12/21/2011
Rosales Medical Group	Provided LFCC Flyers, Brochures and mental health information in English and Spanish to parents	40	12/21/2011

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Planned Parenthood	Provided LFCC Flyers, Brochures and mental health information in English and Spanish to parents	8	12/21/2011
Joseph Bonnheim E. School	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	12	12/16/2011
The Effort	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	15	12/15/2011
Planned Parenthood	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	30	12/15/2011
Nedra Head Start	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	50	12/15/2011
Parent Meeting Pacific Element	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	30	12/15/2011
Parent Meeting Grizzly Hallow	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	15	12/12/2011
Parent Meeting S.R.School	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	24	12/7/2011
Consumer Speaks Conference	Mental Health outreach to multi-cultural and multiethnic consumers and providers of mental health services	250	12/6/2011
Community Charter School-Care Fair	Provide outreach to students from low income neighborhood charter school experiencing academic challenges	200	12/5/2011
Hmong New Year, Cal-Expo	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish/Hmong	15000	11/26/2011

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Hmong New Year, Cal-Expo	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish/Hmong	5, 000	11/25/2011
Hmong New Year, Cal-Expo	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish/Hmong	10000	11/24/2011
Healthcare Enrollment Resource Fair	Mental Health outreach to multi-cultural and multiethnic communities	400	11/19/2011
LatinX Town Hall	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish/Hmong	150	11/10/2011
Parent Workshop	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish/Hmong	10	11/7/2011
Day of Hope Sacramento	Staffed information booth to disseminate information in multi-cultural community concerning mental health programs available	750	11/5/2011
Out of the Darkness	Mental Health outreach to multi-cultural and multiethnic communities	175	10/29/2011
Teen Parenting	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish/Hmong	100	10/29/2011
La Familia Counseling Center	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish/Hmong	10	10/26/2011
31st Annual Mental Health and Aging Conference	Staffed information booth to disseminate information to multi-cultural community concerning mental health programs available	250	10/20/2011
Heritage Park Health and Safety Fair	Staffed information booth to disseminate information to multi-cultural community concerning mental health programs available	50	10/15/2011

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Celebrando Tu Salud	Mental Health outreach to the LatinX Community	1000	10/9/2011
Links Health Fair	Mental Health Outreach to African American Community	100	10/8/2011
Binacional Health Week	Mental Health outreach to the LatinX Community	100	10/4/2011
Roger Dickinson's Fall event	Mental health outreach to the South Sacramento community	1000	10/1/2011
SNAHC Prevention Fair	Mental health outreach to the Sacramento Native American community	500	10/1/2011
Fall Prevention	Staffed information booth to disseminate information in community concerning mental health programs available	300	9/24/2011
LatinX Behavioral Health Week at La Familia Counseling C	Mental health outreach to the LatinX/Spanish speaking community in English and Spanish	50	9/20/2011
El Hogar Community Services LatinX Fiesta	Mental Health Outreach to LatinX/Spanish speaking community in English/Spanish.	200	9/16/2011
Sacramento City College	Mental Health Outreach to LatinX/Spanish speaking students.	50	9/13/2011
Healthy Living Fair (Tahoe Elementary)	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	250	9/10/2011
My Sister's House	Mental Health Outreach to API community	4	9/7/2011
Sacramento Convention Center	Presentation of services and mental health outreach to multi-cultural families with children. Outreach provided in English/Spanish/Hmong	300	9/3/2011
Carrier Center LFCC	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	15	8/31/2011
Oak Park Summer Concert	Mental Health Outreach to students/families and community in Oakpark neighborhood in English/Spanish	200	8/27/2011
McClatchy Park	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	150	8/27/2011
Parent Workshop LFCC	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	3	8/26/2011
Hiram Johnson High School	Mental Health Outreach to multi-cultural Youth	6	8/24/2011

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Carrier Center LFCC	Mental Health Outreach to LatinX/Spanish speaking community. Outreach provided in English/Spanish.	20	8/24/2011
Reading Matters	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	300	8/24/2011
CA State Employee Charitable Campaign Kick Off	Staffed information booth to disseminate information in multi-cultural community concerning mental health programs available	300	8/24/2011
United Way Kick Off	Staffed information booth to disseminate information in multi-cultural community concerning mental health programs available	20	8/18/2011
Native American Health Clinic	Mental health outreach to Native American communities	4	8/18/2011
Carrier Center LFCC	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	15	8/17/2011
Placement & GBP Fair	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	60	8/17/2011
Cover the Kinds Health Fair	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	500	8/13/2011
Parent Workshop LFCC	Presentation of services and mental health outreach to LatinX/Spanish Speaking families with children. Outreach provided in English/Spanish	9	8/12/2011
CARES	Mental Health Outreach to multi-cultural community	4	8/9/2011
Center for Community Health	Mental Health Outreach to multi-cultural community	6	8/4/2011
Center of Praise	Mental health outreach to the African American community	500	7/31/2011
LGBT Center	Mental Health Outreach to multi-cultural community	6	7/26/2011
Senior Connections	Mental Health Outreach to multi-cultural community	4	7/22/2011
LGBT Center	Mental Health Outreach to multi-cultural community	8	7/20/2011
Asian Resources- One Stop	Mental Health Outreach to multi-cultural community	10	7/20/2011
Fun in the Sun	Mental health outreach to multi-cultural low income North Sacramento residents	500	7/16/2011
Westminister Presbyterian Church	Mental Health Outreach to multi-cultural community	14	7/14/2011
Washington Neighborhood Center	Mental Health Outreach to multi-cultural community	4	7/12/2011



**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Boys and Girls Club	Mental Health Outreach to multi-cultural Youth	12	7/12/2011
Salvation Army	Mental Health Outreach to multi-cultural community	6	7/7/2011
YMCA	Mental Health Outreach to multi-cultural Youth	4	7/7/2011
Tip Ministries Health Fair	Mental Health Outreach to LatinX/Spanish Speaking community; Outreach provided in English/Spanish	300	6/25/2011
Multi-Cultural Festival	Mental health outreach at Yav Pem Suab Academy in English/Spanish/Hmong	200	6/18/2011
Juneteenth Celebration Festival	Mental health outreach to the African American community	800	6/18/2011
Welcome Summer Event at Tahoe Park	Mental health outreach to LatinX families with children; Outreach provided in English/Spanish	50	6/11/2011
Oak Park Community Resource Fair	Mental Health Outreach to multi-cultural community; Outreach provided in English/Spanish/Hmong	200	6/11/2011
Parent Workshop/Meeting at La Familia Counseling Center	Mental health outreach to parents in English/Spanish	7	6/10/2011
Safe School Carnival	Mental Health Outreach to LatinX community; Outreach provided in English/Spanish	50	6/4/2011
CPS Heath Resource Fair	Mental Health Outreach to LatinX parents in English/Spanish	101	6/1/2011
Farm Stand	Mental Health Outreach to LatinX community; Outreach provided in English/Spanish	15	5/31/2011
BP Mental Health Ventanilla De Salud	Mental Health Outreach to LatinX community; Outreach provided in Spanish	100	5/26/2011
H.W. Harkness Elementary School Healthy Fair	Mental Health Outreach to LatinX community; Outreach provided in English/Spanish	200	5/26/2011
Pacific Elementary School	Mental Health Outreach to LatinX community; Outreach provided in English/Spanish	200	5/25/2011
Health Career Day	Mental Health Outreach to multi-cultural community; Outreach provided in English/Spanish/Hmong	200	5/24/2011
Language Academy Health Fair	Mental Health Outreach to students/families and community in Oakpark neighborhood in English/Spanish	100	5/23/2011
Pacific Rim Street Fest	Mental Health outreach to the Asian and Pacific Islander Communities	24000	5/22/2011

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Community Health, Safety and Job Fair	Mental Health Outreach to Russian speaking/Ukrainian speaking	150	5/21/2011
Peavey Circle Health & Safety Fair	Mental Health Outreach in English/Spanish	50	5/17/2011
Farm Stand	Mental Health Outreach in English/Spanish	15	5/17/2011
Valley High School Tech	Mental Health Outreach in English/Spanish/Hmong	500	4/29/2011
Community Garden	Mental Health Outreach in English/Spanish	20	4/26/2011
Festival De La Familia	Mental Health outreach to the LatinX Community	30000	4/3/2011
SCOE Kindergarten Transition Summit	Mental Health Outreach in English/Spanish	100	3/19/2011
WCIC Head Start	Mental health outreach to Parent Advisory Committee in English/Spanish	25	3/16/2011
Rosa Parks Middle School/Mark Hopkins Elementary Health	Mental Health Outreach in English/Spanish	50	3/15/2011
East Area Resource Fair	Mental Health Outreach in English/Spanish	150	3/10/2011
H.W. Harkness Elementary School	Mental Health Outreach in English/Spanish	20	3/9/2011
Parent Meeting	Mental health outreach at Yav Pem Suab Academy in English/Hmong	4	3/9/2011
SCUSD School Readiness Fair	Mental Health Outreach in English/Spanish	200	3/5/2011
Sacramento Observer Health Fair and Forum - "Don't Negl	Mental Health outreach to underserved African American families at a community health fair.	150	2/19/2011
Head Start	Mental Health Outreach in English/Spanish	20	2/18/2011
Parent Meeting	Mental health outreach at Yav Pem Suab Academy in English//Hmong	4	2/17/2011
Valentine's Day Event at La Familia Counseling Center	Mental health outreach to families in English/Spanish	68	2/11/2011
Hwy Traffic Safety Administration	Mental health outreach to Parent Leader in English/Spanish	15	2/10/2011
Fair Site Pre-School	Mental health outreach to Parent In English/Spanish	15	2/9/2011
Parent Meeting at La Familia Counseling Center	Mental health outreach in English/Spanish/Hmong for Resources Information	6	2/4/2011
South Point Christian Church	Mental Health Outreach in English/Spanish/Hmong	25	1/18/2011
Freemont Adult School	Mental Health Outreach in English/Spanish/Hmong	25	1/18/2011
Family Services (CPS)	Mental Health Outreach in English/Spanish/Hmong	30	1/14/2011
Washington Neighborhood Center	Mental Health Outreach in English/Spanish/Hmong	25	1/13/2011
Nedra Head Start	Mental Health Outreach in English/Hmong	30	1/13/2011
St. John's Lutheran Church	Mental health outreach to Parent in English/Spanish	25	1/11/2011
Mother Head Start	Mental health outreach to Parent in English/Spanish/Hmong	25	1/4/2011

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Lao Family Community Development	Special meeting to discuss issues affecting the Mien community, working together with Mental Health	75	12/17/2010
Posada at La Familia Counseling Center	Mental health outreach to families in English/Spanish/Hmong	152	12/10/2010
Parent on the Move Meeting	Mental health outreach at Yav Pem Suab Academy in English/Hmong	20	12/1/2010
Thanksgiving Event at La Familia Counseling Center	Mental health outreach and distribution of Thanksgiving Baskets for Families English/Spanish/Hmong	75	11/23/2010
Harvest Event	Mental health outreach to English/Spanish/Hmong	300	10/22/2010
Parent meeting at Nicolas Elementary	Mental health outreach to families of English/Spanish decent with Resources and Information	36	10/19/2010
CARES HIV/AIDS at La Familia Counseling Center	Mental health outreach to families of English/Spanish decent with Resources and Information	250	10/15/2010
Celebrando Nuestra Salud	Mental Health outreach to LatinX Community	2000	10/10/2010
Children's Celebration	Mental health outreach to children/families at Fairytale Town Williams Land Park in English/Spanish	600	10/9/2010
Sacramento Native American Health Center Wellness and	Mental health outreach to Native American communities	373	9/25/2010
Teen Center USA Elk Grove	Mental health outreach in English/Spanish	100	9/18/2010
PTA Joseph Bonnheim Elementary	Mental health outreach to English/Spanish families	20	9/16/2010
Head Start at Job Corp	Mental health outreach to parent in English/Spanish	15	9/13/2010
Moments of Blessings Annual Community Fair	Mental health outreach to the African American community	150	9/4/2010
Resources for Pregnant Teens at La Familia Counseling C	Mental health outreach to English/Spanish Pregnant Teens	20	8/24/2010
Spanish Parent meeting at La Familia Counseling Center	Mental health outreach and Community Resources distributed to English/Spanish/Hmong	10	8/20/2010
7 <sup>TH</sup> Annual Family Health Day	Mental health outreach to Hmong Women's Heritage in English/Hmong	300	8/14/2010
Spanish Parent Meeting at La Familia Counseling Center	Mental health outreach & distribution of Community Resources Information in Spanish	10	8/13/2010

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Nutrition and Physical Activity	Mental outreach at Yav Pm Suab Academy in English/Hmong	60	8/12/2010
Car seat Safety Class at La Familia Counseling Center	Mental health outreach to families in English/Spanish/Hmong	5	7/23/2010
Juneteenth Celebration Festival	Mental Health Outreach to underserved African-American community	4000	6/19/2010
Pacific Rim Street Festival	Information dissemination about mental health services to the Asian and Pacific Islander communities	25000	5/23/2010
Slavic Community Health, Safety and Job Fair	Mental Health outreach to the Slavic community.	200	5/22/2010
Outreach to providers for victims of domestic violence	Presentation about Mental health awareness and culturally sensitive mental health treatment services by TWC (at My Sister's House)	20	5/8/2010
Outreach to Asian communities	Presentation about Mental health awareness and culturally sensitive mental health treatment services at TWC (at Asian Community Center)	12	4/30/2010
Festival de la Familia	Mental Health Outreach to LatinX community in English/Spanish	25000	4/25/2010
School Readiness Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	150	3/6/2010
Korean Health Fair	Mental Health Outreach at a health fair targeting Korean community	250	10/31/2009
Fiesta Educativa	Mental Health Outreach to LatinX families in English/Spanish	25-30	10/31/2009
John Bidwell Elementary School Health Fair	Information dissemination about mental health services to the multi-cultural children and families at a school fair	70	10/29/2009
Hmong Women's Fifth Annual Pathfinder Banquet	Mental Health Outreach to Hmong Community	200-300	10/16/2009
Binational Health Week - Our Lady of Guadalupe	Distribution of flyers and information on agency programs and community resources focusing on LatinXs.	1500	10/8/2009
Binational Health Week - Consulate of Mexico	Distribution of flyers and information on agency programs and community resources focusing on LatinXs.	300	10/7/2009

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Binational Health Week	Distribution of flyers and information on agency programs and community resources focusing on LatinXs.	300	10/5/2009
Celebrando Nuestra Salud	A venue for the LatinX community to obtain free health screenings, community resources and access to chronic disease education and healthcare.	3000	10/4/2009
Presentation & Outreach	Presentation about mental health awareness for the Korean community (@Shalom: cancer support group for Korean cancer parents and caregivers)	9	9/17/2009
2009 LatinX Behavioral Health Week Special Presentation	Learn about LatinX cultural protective factors, reducing stigma, and incorporate spirituality and traditional healing practices in mental health treatment.	70	9/15/2009
Sacramento Native American Health Center Fair	Implement cultural practices with the ultimate goal of reducing the prevalence of heavy alcohol consumption within the American Indian Community.	300	9/12/2009
Presentation & Outreach	Presentation about mental health awareness in Korean Community (@ESL class for Korean seniors)	9	8/27/2009
Health Fair - Children's	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	300	6/25/2009
Wells Fargo Health Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	100	6/20/2009
World Refugee Day	A two and a half hour event focusing on refugees with a guest speaker, multi-cultural dinner and ethnic entertainment.	125	6/18/2009
Save Mart Agency Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	40	6/14/2009
15th Annual Health and Safety Fair Tahoe Colonial Collabor	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	175	6/13/2009

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Sacramento City College	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	100	5/30/2009
multi-cultural Day at Oak Ridge Elementary	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	100	5/30/2009
PEI LatinX Focus Group	Meeting with key community leaders and advocates in the LatinX community to listen to their ideas regarding key community mental health needs and concerns.	19	5/26/2009
Pacific Elementary Health Fair	Distribution of flyers and information on agency programs and community resources focusing on African American, LatinX and Southeast Asian communities.	40	5/20/2009
LatinX Health Fair - MAAP	Health fair and mental health outreach at Our Lady of Guadalupe.	2000	5/17/2009
Slavic Health, Safety, and Job Fair	Mental Health outreach to the Slavic community.	200	5/16/2009
Community Based Organization Workshop	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	40	5/15/2009
People Overcoming Poverty - POP Community Resource F	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	100	5/12/2009
Oak Park Festival	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	100	5/9/2009
Kids Day at the Capitol	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	300	4/27/2009
Festival de la Familia	Mental Health Outreach to LatinX community in English/Spanish.	20000	4/26/2009
LGBTQ Mental Health Forum and Community Town Hall	2 1/2 hour presentation on Building Partnerships: Conversations with LGBTQ Youth about mental health needs and community strengths.	50	4/14/2009

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Hmong Mental Health Forum	2 1/2 hour presentation by UCDCM - Center for Reducing Health Disparities on their findings from their community engagement with the Hmong community. Hmong mental health concerns and needs were presented.	75	3/11/2009
School Readiness Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	150	3/7/2009
African American Mental Health Forum	Two (2) hour presentation by UCDCM - Center for Reducing Health Disparities on their findings from their community engagement with the African American community. Key mental health concerns and needs were presented.	12	3/5/2009
African American Mental Health Forum	Two (2) hour presentation by UCDCM - Center for Reducing Health Disparities on their findings from their community engagement with the African American community. Key mental health concerns and needs were presented.	15	3/3/2009
Black Expo	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	1000	2/27/2009
CSUS Field Fair	Intern fair to explain agency program and recruit bilingual/bicultural students.	300+	2/27/2009
Luther Burbank Health Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	120	2/6/2009
Save Mart Agency Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	40	1/14/2009
Posada Family Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	250	12/5/2008
Health and Safety Fair - Maple	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	450	10/22/2008

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Family Fun Day Health Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	200	10/18/2008
7th Annual North Highlands Jubilee	Celebrates the area's rich diversity focusing on Spanish and Russian populations.	150	10/18/2008
St John's Missionary Baptist Health Fair	multi-cultural outreach, target to African American community.	100	10/18/2008
2008 LatinX Healthy Aging Summit	Targeted outreach to Older Adults, LatinX community.	3000	10/12/2008
Steinberg Volunteer Fair	Distribution of flyers, information on agency programs and community resources to multi-cultural communities.	40	10/11/2008
Opening Binational (LatinX) Health Week at the Consulate	Targeted outreach to LatinX Community in Spanish.	400	10/6/2008
Binational (LatinX) Health Week (Sanctuary de Guadalupe)	Targeted outreach to LatinX Community in Spanish.	2000	10/5/2008
Hmong Family Healthy Day	Health information fair, social service resources. Distribution of flyers and information on agency programs and community resources in English/Hmong.	500	9/20/2008
Home Depot Health Fair	Distribution of flyers and information on agency programs and community resources.	100+	9/20/2008
SNAHC Prevention Fair	Prevention Health Fair for the Native American Population.	250	9/20/2008
LatinX Festival	LatinX Fiesta for Clients of El Hogar in celebration of LatinX Behavioral Health Week with food and entertainment in English/Spanish.	150	9/19/2008
Parent Support Group	LatinX Behavioral Mental Health Week - Activities and light meal. Discussion with parents on community supports/networking in English/Spanish	26	9/18/2008
LatinX Behavioral Health Week at Oak Park Community C	Annual training on the mental health needs of the LatinX community and outreach in English/Spanish.	104	9/16/2008
Chinatown Mall	Information booth at the 2nd Annual Chinatown Mall Culture Fair focusing on Chinese elders and their families.	600	9/14/2008
Consumnes River College Health Fair	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural students.	40-60	9/9/2008



**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Lemmon Hill Community Carnival	Distribution of flyers and information on agency programs and community resources focusing on LatinX, Asian and African American families.	50-75	8/23/2008
Sacramento Krazy Kids	Distribution of flyers and information on agency programs and community resources focusing on African American, LatinX and Southeast Asian communities.	250-300	8/23/2008
Sacramento Network Café	Distribution of flyers and information on agency programs and community resources focusing on outreach to multi-cultural communities.	40-50	8/21/2008
Making Strides Against Breast Cancer	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	150	8/20/2008
Youth Coalition for Future Leaders	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	18-20	8/19/2008
Bonnie Pannell at Meadowview Park	Provided activities and other community flyers/information. Bilingual/Bicultural materials distributed. Spanish speaking/LatinX, African-American and Southeast Asian	75	8/16/2008
Neighborhood Night Out	Distribution of flyers and information on agency programs and community resources focusing on LatinX communities in English/Spanish.	150-200	8/5/2008
National Lao-Hmong Recognition Day	Speakers, entertainment targeted to Lao-Hmong community in Hmong/Laotian	100	7/20/2008
Hispanic Advisory Community	Distribution of flyers and information on agency programs and community resources for the LatinX community in English/Spanish.	30	7/10/2008
Southgate Annual Fireworks	Distribution of flyers and information on agency programs and community resources focusing on Southeast Asian and LatinX communities in English/Spanish/Hmong/Vietnamese.	300-350	7/3/2008
Juneteenth Celebration Festival	Outreach to African-American community	6000	6/21/2008
Head Start Summer enrollment Kick Off	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	15-20	6/13/2008

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Joseph Bonnheim Elementary	Distribution of flyers and information on agency programs and community resources on multi-cultural communities.	350-400	6/10/2008
Disaster Preparation Community Fair	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	100-125	6/7/2008
Annual Fortune Festival	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	50-75	6/6/2008
Head Start Enrollment Fair	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	30-50	6/6/2008
Maple Elementary Family Picnic	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	250-300	6/6/2008
Ethel Phillips Parent Meeting	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	30-50	6/3/2008
Mental Health Day	Outreach to multi-cultural community members with emphasis on mental health information sharing	150	5/31/2008
Parent Support Group	Cinco de Mayo Celebration - History of event and activities provided for families with discussion about community resources for multi-cultural families.	32	5/22/2008
Pacific Rim Street Fest	Outreach to API community	30000	5/18/2008
Sacramento Network Café	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	75-100	5/10/2008
Slavic Safety/Health Job Fair	Outreach to Slavic community in Russian/Ukrainian	250	5/10/2008
Joseph Bonnheim Elementary School - Cinco de Mayo Eve	Distribution of flyers and information on agency programs and community resources to multi-cultural families.	100-150	5/2/2008
Summer Passport to Success	Distribution of flyers and information on agency programs and community resources focusing on outreach to multi-cultural families.	500-600	4/27/2008
Festival De La Familia	Outreach to LatinX community in English/Spanish	25000	4/27/2008

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Youth Fair - Serna Center	Distribution of flyers and information on agency programs and community resources for multi-cultural families.	400+	4/19/2008
Healthy Kids Day	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural families.	350+	4/19/2008
Ethel Phillips Elementary School PTA	Distribution of flyers and information on agency programs and community resources focusing on outreach to multi-cultural families.	16	4/13/2008
Health Care Fair	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural families.	90	4/5/2008
Black Expo	Distribution of flyers and information on agency programs and community resources focusing on African American and multi-cultural communities.	1000+	3/30/2008
School Readiness Event	Distribution of flyers and information on agency programs and community resources focusing on LatinX and Hmong families in English/Hmong/Spanish.	150	3/29/2008
School Readiness Fair	Outreach to multi-cultural communities	100	3/29/2008
Sacramento Network Café	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	50	3/20/2008
Parent Support Group	Group meeting and activities for children and families. Discussion about community resources/networking. Focus on multi-cultural families.	33	2/21/2008
Black History Month Presentation	Staff room area Turning Point Children Programs working with family and children - School statistics and bridging the gaps for services/needs in the community for students and families.	60	2/20/2008
Black Infant Health Celebration	Distribution of flyers and information on agency programs and community resources focusing on African American families.	100+	2/16/2008
Parent Support Group	Chinese New Year - Event to engage the children and families with information about the culture and issues relative to working with families.	31	1/24/2008

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Woodbine Elementary School Coffee	Distribution of flyers and information on agency programs and community resources for multi-cultural families.	10	11/1/2007
Woodbine Elementary School	Distribution of flyers and information on agency programs and community resources for multi-cultural families.	190	10/27/2007
La Familia Counseling Center Health Fair	Distribution of flyers and information on agency programs and community resources for multi-cultural families.	450	10/24/2007
Maple Elementary School	Distribution of flyers and information on agency programs and community resources for multi-cultural families.	12	10/23/2007
2007 LatinX Healthy Aging Summit	Targeted outreach to Older Adults, LatinX community in English/Spanish.	1000	10/21/2007
Celebration of Health	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	400+	10/20/2007
Binational (LatinX) Health Week at Cesar Chavez Element	Targeted outreach to LatinX Community in Spanish.	200	10/18/2007
Binational (LatinX) Health Week at Garden Valley Element	Targeted outreach to LatinX Community in Spanish.	110	10/17/2007
Opening Binational Health Week at the Consulate of Mexi	Targeted outreach to LatinX Community in Spanish.	200+	10/15/2007
MAAP - Community Health Fair	Distribution of information on agency programs and community resources focusing on LatinXs in English/Spanish.	300+	10/14/2007
Nuestra Senora de Guadalupe Health Fair	Mental Health Outreach to LatinX/Spanish speaking community in English/Spanish.	250-350	10/14/2007
Festival de Invierno (Winter Festival)	Mental Health Outreach focusing on LatinXs in English/Spanish.	100-200	10/14/2007
Walk for Mental Health	Speakers, entertainment and information booths. A multi-cultural health fair featuring health screening, resource information about mental health programs, substance abuse, smoking cessation, physical wellness and access to care for multi-cultural communities.	100	10/6/2007
Oak Park Festival	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	700	10/6/2007

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Head Start Family Day	Distribution of flyers and information on agency programs and community resources focusing on multi-cultural communities.	500	10/5/2007
Paradise Missionary Baptist Church Health Fair	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. African-American focus.	150-200	9/29/2007
Avondale/Glen Elder Neighborhood Day at Max Baer Park	Low income diverse community event: African American, LatinX, Southeast Asian families.	100+	9/29/2007
LatinX Behavioral Mental Health Event	FOCUS/Outpatient - LatinX Family Support Group Outreach to LatinX community in English/Spanish	57	9/27/2007
Consumer Speaks	multi-cultural consumer culture focusing on multi-cultural communities	150	9/27/2007
Chinatown Mall	Information booth at the 1st Annual Chinatown Mall Culture Fair.	600	9/23/2007
Vietnamese Fall Festival	Fall Festival and health fair focusing on Vietnamse community.	10	9/22/2007
El Hogar's LatinX Fiesta	Targeted to downtown and Alkali Flats LatinX community in English/Spanish.	40	9/21/2007
Consumnes River College Health Fair	multi-cultural community college mental health outreach focusing on Transitional Age Youth.	100+	9/20/2007
Alta Regional Center	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information in English/Spanish	15-20	9/19/2007
WEAVE	Outreach to Spanish speaking domestic violence victims/survivors in English/Spanish.	9	9/18/2007
Franchise Tax Health Expo	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information in English/Spanish	500-700	9/12/2007
Bonnie Pannell - Meadowview Park	Low income diverse community event: African American, LatinX, Hmong families.	100	8/25/2007
Roberts Family Development Center	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information in English/Spanish	150-200	8/11/2007

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Bonnie Pannell-Jazz in the Park	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information in English/Spanish to multi-cultural communities	100-150	7/22/2007
Oak Park Concert Series/Ulezi Health Fair	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed. LatinX, African-American and Southeast Asian focus.	300-450	7/21/2007
Consumnes River College	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information to multi-cultural Transition Age Youth	1520	7/17/2007
La Familia Counseling Center (La Familia Counseling Center)	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed. LatinX, African-American and Southeast Asian focus.	350-400	6/24/2007
Juneteenth Celebration Festival	Outreach to African-American community.	4000	6/16/2007
Banta Father's Day Celebration and Parade	multi-cultural celebration and health fair.	100+	6/9/2007
OCA Conference Sacramento Convention Center Health Fair	multi-cultural health fair.	100+	6/8/2007
Jose Rizel Community Center Filipino Fiesta	Filipino Fiesta and health fair.	100+	6/3/2007
Asian Resources Fortune Festival	Festival and health fair to API communities.	100+	6/2/2007
Florin Technology Center Health Fair	multi-cultural health fair focused on Southeast Asian, African American, and LatinX cultures.	100+	5/31/2007
Cinco de Mayo	FOCUS/Outpatient - LatinX Family Support Outreach in English/Spanish.	40	5/24/2007
Wellness Fair	Provided information on La Familia Counseling Center programs, activities and other community flyers/information. Bilingual materials distributed.	200-300	5/23/2007
Pacific Rim Street Fest	Outreach to API community.	25000	5/20/2007
Slavic Health and Safety Fair	Outreach to Slavic community in Russian/Ukrainian.	300	5/19/2007

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Oak Ridge Multi-Cultural Event	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed. LatinX, African-American and Southeast Asian focus.	150-200	5/13/2007
multi-cultural Event at Oak Ridge Elementary School	Mother's Day event for single mothers from diverse backgrounds. African-American and LatinX focus.	70	5/13/2007
Celebrate Oak Park	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed. LatinX, African-American and Southeast Asian focus.	150-200	5/12/2007
9th Annual Family Safety and Health Expo Safetyville	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed. multi-cultural focus.	700-1000	5/12/2007
7th Annual Healthy Kids Day	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed. multi-cultural focus.	250-300	5/12/2007
Mental Health Day	Outreach to multi-cultural community members with emphasis on mental health information sharing.	150	5/11/2007
MAS Social Services Foundation	Outreach to Islamic community	60	5/5/2007
Festival De La Familia	Outreach to LatinX community in English/Spanish	25000	4/29/2007
C.M. Goethe Middle School	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed. LatinX, African-American and Southeast Asian focus	200-250	4/28/2007
Summer Youth Fair	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. multilingual materials distributed. LatinX, African-American and Southeast Asian focus	100	4/21/2007

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Passport to Success	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed	600-800	4/21/2007
Woodbine Elementary School	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed	304	4/11/2007
Oak Park Neighborhood Job Fair	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed. LatinX, African-American and Southeast Asian focus	150	3/29/2007
School Readiness Fair	Outreach to multi-cultural families	200+	3/3/2007
Black History Month Celebration	Staff Training (Black History and the Arts)	35	2/22/2007
Snow Day at Woodbine Park	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Bilingual materials distributed	250	2/17/2007
School Readiness Fair	Outreach to multi-cultural families	200+	2/3/2007
Lemon Hill Health & Safety Fair	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Multilingual materials distributed. LatinX, African-American and Southeast Asian focus	200	2/3/2007
Chinese New Year/Black History Celebration	FOCUS/Outpatient - Family Support Outreach to multi-cultural communities	54	1/25/2007
Hmong New Year	New Year celebration and health fair in English/Hmong	1,000+	11/25/2006
My Sister's House	Presentation of mental health services to Asian domestic violence victims/survivors	10	11/25/2006
Women's Health Fair	Outreach to multi-cultural communities	100+	11/18/2006
La Familia Counseling Center (La Familia Counseling Center)	Provided information on La Familia Counseling Center (La Familia Counseling Center) programs, activities and other community flyers/information. Multilingual materials distributed. LatinX, African-American, Russian, and Southeast Asian focus	350	10/18/2006



**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
La Familia Counseling Center (La Familia Counseling Cen	Provided information on La Familia Counseling Center programs, activities and other community flyers/information.	175	10/12/2006
Cesar Chavez Community Health Fair - Binational Week E	Outreach to multi-cultural communities focusing on LatinX community in Spanish.	150	10/12/2006
Consulate of Mexico	Outreach to LatinX (Mexican) community in Spanish.	150	10/10/2006
MAAP Binational Week: Kickoff event - Sacramento comm	Outreach Opportunity in the LatinX community	250	10/7/2006
26th Annual Oak Park multi-cultural Event and Parade	Outreach opportunity in a multi-ethnic, low income, unserved and underserved community	200	10/7/2006
Turning Point Health Fair	Outreach opportunity in all communities	300	9/28/2006
Ukrainian Thanksgiving	Outreach opportunity to the Ukrainian community	400	9/23/2006
El Hogar, Inc., LatinX Behavioral Health Week	Community event	100	9/22/2006
Meadowview Park Day	Outreach opportunity in the African-American community	120	8/26/2006
Consumer Speaks	Outreach opportunity to hear from multi-cultural community members. Client culture.	200	8/10/2006
Opening Doors Inc. & Interfaith Service Bureau World Refu	Outreach event honoring multi-cultural newly arriving refugees and their local communities	200	6/20/2006
Juneteenth Celebration Festival	Outreach to underserved African-American community	8000	6/17/2006
Picnic/Town Hall Meeting	Outreach to multi-cultural mental health clients and homeless population to collaborate and brainstorm ideas for accessing mental health services	500	6/14/2006
Slavic Community Health , Safety & Job Fair	Outreach to Slavic community	300	6/10/2006
Connect with Community Forum For Transition Age Youth	Outreach to multi-cultural youth and caregivers on participation in the Mental Health Services Act	45	6/3/2006
Mental Health Advocacy Day at the Capitol	Outreach by and for multi-cultural mental health clients and community members	350+	6/1/2006
Pacific Rim Street Fest	Outreach to the API Community	40000	5/21/2006
Diversity Celebration!	Diverse community outreach by multi-cultural youth from SAMHSA OASIS project	200+	5/19/2006
"Out of the Shadow" film showing	Outreach to diverse community members interested in film regarding schizophrenia with an after screening dialogue by multi-cultural consumers, family members and providers. Was in English and Spanish.	350	5/18/2006

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mental Health Day (9th Annual)	Outreach to multi-cultural community members with emphasis on mental health information sharing	300	5/6/2006
Festival de la Familia	Outreach to LatinX community	25000	4/30/2006
Child Abuse Prevention Council "Kids Day at the Capitol"	Resource fair to multi-cultural community	500+	4/7/2006
National Alcohol Screening Day	Promote Alcohol Screening Day to multi-cultural audience	50	4/6/2006
Pacific Elementary School Health & Safety Fair	Resource fair to multi-cultural community	150+	4/5/2006
My Sister's House	Presentation at new volunteers training of MSH (API DV Victims' Shelter)	20	4/1/2006
Capital Alliance Mixer	Networking with potential employers from multi-cultural community	300+	3/22/2006
Korean Cancer Awareness Fair	Community health fair to Korean community with presentation about Assisted Access Services	100+	3/18/2006
Korean Senior Center Meeting	Presentation and community outreach to Korean Seniors on mental health services	30+	3/11/2006
Common Cancers: What Every Vietnamese-American Should Know	Outreach by APCC staff to underserved community	100	3/11/2006
Sacramento Hispanic Chamber of Commerce Awards Banquet	Networking with potential employers from multi-cultural community	1,000+	2/25/2006
CSUS Field Faire	Intern fair to explain agency programs and recruit multi-cultural job force	150	2/22/2006
Chinese New Year Festival at CSUS	Community outreach to Chinese community	300+	2/4/2006
La Familia Counseling Center OASIS Program	Celebrating cultural diversity with food, performers and materials	150+	12/14/2005
El Hogar, Inc: Multi-Cultural Winterfest Celebration	Outreach event to diverse ethnic populations	150	12/13/2005
Sacramento Japanese Network	Presentation about mental health services of Sacramento County, assisted access, other resources	25	11/12/2005
Alliance for Business and Community & Wells Fargo	Business networking mixer with multi-cultural community members	75+	11/3/2005
Sacramento Hispanic Chamber Mixers	Outreach to LatinX member businesspeople	75+	10/26/2005
Greater St. Stephen 1st Annual Community Day	Outreach to multi-cultural community	100+	10/22/2005
Health and Safety Fair at Meadowview Birth & Beyond	Outreach to multi-cultural community	100+	10/21/2005
Health and Safety Fair at La Familia Counseling Center	Outreach to multi-cultural community	300+	10/19/2005
Korean American Community of Greater Sacramento Community	Community outreach to Korean seniors	100+	10/15/2005
UCD MIND Institute Healthy Lifestyles "Empowering Women"	Outreach to underserved and unserved populations	3000	10/15/2005
Health and Safety Fair at Dunlap House	Outreach to multi-cultural community	100+	10/13/2005
MAAP Event: Galt Flea Market	Outreach to LatinX community	50	10/12/2005

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
MAAP Event: Mexican Consulate	Outreach to LatinX community	50	10/11/2005
MAAP Event: Health Fair	Outreach to LatinX community	250	10/8/2005
My Sister's House	Presentation at new volunteers training of MSH (API DV Victims' Shelter)	15	10/8/2005
25th Annual Oak Park Complex multi-cultural Celebration	Outreach to multi-cultural community including resource health tables	200+	10/8/2005
Del Paso Heights Multi-Cultural Festival	Increasing health awareness in our multi-cultural community	200+	10/8/2005
First 5 Health & Safety Fair @Fairy Tale Town	Information Table, Food, Music and Children's Activities outreach to multiethnic community	300+	10/1/2005
Fiesta Educativa	Information Fair to LatinX community	175+	10/1/2005
One World – A Multi-Cultural Celebration	Community event and outreach to underserved and unserved populations	250	9/29/2005
12th Annual Neighborhood Days Celebration at Max Baer	Community outreach	150 - 200	9/24/2005
Consumer Speaks	Client culture and Community outreach event	250+	9/22/2005
Turning Point FOCUS Parent Support Group	Outreach and presentation on mental health and LatinX culture	12	9/22/2005
Children's Case Management Peer Review	Outreach and presentation on LatinX culture and clients	10	9/20/2005
Hmong Family Health Day	Outreach to underserved Hmong population	300	9/17/2005
Turning Point Community Programs Health Fair	Outreach to local underserved communities	Estimate @ 300	9/15/2005
WEAVE Support Group	Outreach and presentation to LatinX clients	6	9/15/2005
Health and Safety Fair at South Area Costco Store	Community outreach	200 - 300	9/13/2005
LatinX Behavioral Health Week Special Presentation: "Use	Outreach to LatinX community	100	9/13/2005
Phoenix Park Day	Back to school event with free school supplies and children's activities in multiethnic neighborhood	250+	9/3/2005
Hmong Radio Show KJAY 1430	Radio show targeted to newly arriving Hmong families from Thailand	1000	9/1/2005
Back to School Orientation	Information dissemination at Will C. Wood Middle School	100+	8/30/2005
Nielson Park Day	Area project updates and community services in multiethnic neighborhood	100+	8/6/2005
Hmong Radio Show KJAY 1430	Radio show targeted to newly arriving Hmong families from Thailand	1000	7/1/2005
Marshall Elementary School	Outreach to underserved ethnic communities	80	6/18/2005
Healthy Heart Fair	Outreach to Bosnian & Herzogovinan communities	100	6/11/2005

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mental Health Services Act Stakeholder Outreach	Component of MHSA Outreach targeted on the Deaf and Hard of Hearing community	10	6/7/2005
Mental Health Services Act Stakeholder Outreach	Component of MHSA Outreach focusing on cultural competency issues to culturally diverse audience for MHSA planning process participation	8	6/2/2005
Hmong Radio Show KJAY 1430	Radio show targeted to newly arriving Hmong families from Thailand	1000	6/1/2005
Mental Health Services Act Stakeholder Outreach	Component of MHSA Outreach targeted on the Native American community	8	5/31/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	10	5/30/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	6	5/28/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	6	5/26/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	64	5/26/2005
Mental Health Services Act Stakeholder Outreach	Component of MHSA Outreach targeting the Russian community	4	5/26/2005
MHSA outreach and information	Interview/survey Vietnamese adults	8	5/25/2005
MHSA outreach and information	Radio outreach to Russian-speaking adults	Estimated 500	5/25/2005
MHSA outreach and information	Interview/survey to Russian Transition Aged Youth	13	5/25/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	26	5/24/2005
Mental Health Services Act Stakeholder Outreach	Component of MHSA Outreach focusing on cultural competency issues to culturally diverse audience for MHSA planning process participation	3	5/24/2005
Mental Health Services Act Stakeholder Outreach	Component of MHSA Outreach focusing on cultural competency issues to culturally diverse audience for MHSA planning process participation	11	5/23/2005
MHSA outreach and information	Interview/survey Russian/Ukrainians at church (adult/Older Adults)	13	5/22/2005
Mental Health Services Act Stakeholder Outreach	Component of MHSA Outreach focusing on cultural competency issues to culturally diverse audience for MHSA planning process participation	16	5/22/2005
Pacific Rim Street Fest	Outreach to Asian and Pacific Islander communities	32000	5/22/2005

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
MHSA outreach and information	Interview/survey Russian adults	5	5/20/2005
MHSA outreach and information	Interview/survey to Laotian Older Adults	6	5/20/2005
Mental Health Services Act Stakeholder Outreach	Component of MHSA Outreach targeted on the LGBTQI community	8	5/19/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	65	5/16/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	24	5/15/2005
MHSA outreach and information	Interview/survey Russian community at park	20	5/14/2005
Mental Health Services Act Stakeholder Outreach	Component of MHSA Outreach targeted on the Physically Disabled community	7	5/14/2005
Slavic Community Health & Safety Fair	Outreach to underserved Slavic community	40 - 50	5/14/2005
Cordova High School - Signs of Suicide	Outreach event to youth multi-cultural community	1500	5/12/2005
Folsom Lake High School - Signs of Suicide	Outreach event to youth multi-cultural community	2000	5/11/2005
Kinney High School - Signs of Suicide	Outreach event to youth multi-cultural community	100	5/10/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	58	5/9/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	54	5/5/2005
MHSA outreach and information	Interview/survey to Chinese Older Adults	1	5/3/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	98	5/3/2005
Mental Health Services Act Orientation Training	Next phase Outreach to culturally diverse audience for MHSA planning process participation	300	5/2/2005
Mental Health Services Act Outreach Workers Training	Outreach to culturally diverse audience for MHSA planning process participation	67	4/29/2005
Mental Health Services Act Orientation Training	Next phase Outreach to culturally diverse audience for MHSA planning process participation	112	4/28/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	297	4/26/2005
Festival de la Familia	Outreach to LatinX community	25500	4/24/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	15	4/23/2005
Mental Health Services Act Stakeholder Outreach	Outreach for culturally diverse management on mental health and cultural competency issues for MHSA planning process participation	24	4/20/2005

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	128	4/18/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	13	4/16/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse management on mental health and cultural competency issues for MHSA planning process participation	16	4/14/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	41	4/14/2005
Mental Health Services Act Stakeholder Outreach	Outreach to culturally diverse audience for MHSA planning process participation	8	4/12/2005
Mental Health Services Act Trainers Training	Outreach to culturally diverse management on mental health and cultural competency issues for MHSA planning process participation	15	4/12/2005
Hiram Johnson High School - Signs of Suicide	Outreach event to youth multi-cultural community	500	4/11/2005
4th Annual African American Healthy Aging Summit	Outreach event to multi-cultural community	600 - 700	3/12/2005
CSUS Field Faire	Intern fair to explain agency programs and recruit multi-cultural job force	44	3/11/2005
Children's Health Fair	Outreach event to multi-cultural community	200	11/13/2004
Mental Health Day	Outreach event to multi-cultural community	200+	11/6/2004
LatinX Healthy Aging Summit	Outreach event to multi-cultural community	400+	10/16/2004
LatinX Healthy Aging Summit	Outreach event to multi-cultural community	400+	10/16/2004
MAAP/Mexican Consulate Binational Week: Cesar Chavez	Outreach to LatinX community	25 - 30	10/15/2004
MAAP/Mexican Consulate Binational Week: Mexican Cons	Outreach to LatinX community	100	10/12/2004
MAAP/Mexican Consulate Binational Week: MAAP Health	Outreach to LatinX community	150	10/11/2004
LatinX Behavioral Art Show	Outreach event to LatinX community	30	9/30/2004
Celebrating Diversity - Neighborhood Day Celebration	Outreach to underserved populations by George Sim Park and Community Center	150 - 165	9/25/2004
One World – A Multi-Cultural Celebration	Outreach event to multi-cultural, underserved populations	200	9/23/2004
WEAVE presentation for LatinX Behavioral Health Week	Outreach event to multi-cultural clients and families	10	9/16/2004
LatinX Behavioral Health Awareness Fair	Outreach event to LatinX community		9/15/2004
LatinX Behavioral Health Week SAFE Program Presentati	Outreach event to LatinX community	32	9/15/2004
LatinX Behavioral Health Week Granite Regional Park Pre	Outreach event to LatinX community	40 - 50	9/15/2004
Visions South LatinX Behavioral Health Week Celebration	Outreach event to LatinX community		9/15/2004
Meadowview Jazz and Cultural Festival	Outreach event to multi-cultural community	Unknown	6/26/2004
Janice Hunt Memorial World Refugee Day Celebration	Outreach event to multi-cultural community	250	6/17/2004

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Slavic Community Health & Safety Fair	Mental health, health and safety outreach to Slavic community	300	6/5/2004
Russian Speaking Forum	Monthly outreach to Slavic community	30+	5/27/2004
Pacific Rim Street Fest	Mental Health outreach to Asian and Pacific Islander communities	50000	5/23/2004
Festival de la Familia	Mental Health outreach to LatinX Community	35000	4/25/2004
MAAP Health Fair – St. Peter's Church	Health & Mental Health outreach to multi-cultural community	15	4/18/2004
CSUS Field Faire	Intern fair to explain agency programs and recruit multi-cultural job force		3/19/2004
Russian Speaking Forum	Monthly outreach to Slavic community	25	2/26/2004
Bosnian & Herzogovinan Health & Safety Fair	Health Fair event to Bosnian & Herzogovinan community	43	1/31/2004
Noralto Elementary School Outreach	Health Fair serving low income, diverse community	60+	10/24/2003
A multi-cultural Celebration	Outreach to diverse underserved communities	300+	8/21/2003
Healing Arts Festival	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	?	7/20/2003
1st Annual Slavic Children & Youth Sports for Community	Outreach event to Slavic community	400	6/7/2003
Spinelli Elementary School Outreach	Family Health Day serving low income, diverse community	200	6/5/2003
Pacific Rim Street Fest	Mental Health outreach to Asian and Pacific Islander communities	50000	5/25/2003
Mental Health Day	Outreach event to multi-cultural community focusing on underserved populations	300+	5/24/2003
Refugee Achievements Day	Outreach event to multi-cultural community	200	5/23/2003
CSUS Longevity Center	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	?	5/14/2003
National Anxiety Screening Day	Anxiety screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	?	5/7/2003
Mental Health Advocacy Day		?	5/6/2003
Festival de la Familia	Mental Health outreach to LatinX Community	150000	4/27/2003
Earth Day	Outreach, Resources, Literature to multi-cultural audience	?	4/26/2003

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Family Safety and Health Expo	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	3,000 – 4,000	4/26/2003
Breaking BarriersSpring Homeless Health Fair	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	?	4/24/2003
Independent Living Program Cross Training	Sac Children's Home staff outreach on Casey Great Start/ILP training	21	4/10/2003
National Alcohol Screening Day	Alcohol Screenings, Literature distribution, Education, Outreach and Resource information to multi-cultural audience	?	4/10/2003
Rally and Information Sharing	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	?	4/10/2003
National Alcohol Screening Day News Conference	Promote Alcohol Screening Day to multi-cultural audience	?	4/9/2003
Korean Culture	Korean church agency program information and cultural presentation	15	4/9/2003
Health Project	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	?	4/5/2003
Meadowview Community Action Talent Show	Sac Children's Home Meadowview FRC staffed information table	100	4/5/2003
American River College	Sac Children's Home staffed information table	60	4/3/2003
Korean Culture	Korean church agency program information and cultural presentation	68	3/30/2003
Korean Culture	Korean church agency program information and cultural presentation	15	3/29/2003
In-service with Sacramento County Mental Health Treatment	Suicide Prevention Services for multi-cultural population	3	3/26/2003
Pow-wow Native American Gathering	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	500	3/23/2003
Healthy Aging Summit	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	250	3/22/2003



**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
CSUS MSW Fair	Intern fair to explain agency programs and recruit multi-cultural job force	200+	3/21/2003
Chi Sigma Iota at CSUS	Field Study Job Fair to attract multi-cultural workforce	80-150	3/17/2003
Bear Fag Elementary Community Fair	Sac Children's Home staffed information table	50	3/15/2003
Cover the Uninsured Week	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	175	3/12/2003
La Familia Counseling Center	Community outreach in low income, diverse area	7	3/11/2003
Parent Workshop	Oak Ridge Elementary School is located in low income, diverse area	23	3/11/2003
Job Fair, Field Study, CSUS	Presentation to Human Services class at Sacramento City College re: mental health system & HRC	25	3/10/2003
Sacramento Lao Family	Community presentation in low income, diverse area	15	3/4/2003
La Familia Counseling Center	Community outreach in low income, diverse area	9	3/4/2003
Parent Workshop	Sacramento Lao Family is located in low income, diverse area	10	3/4/2003
Bear Flag Elementary PTA	Sac Children's Home staff presentation to PTA	4	3/3/2003
Asian Resource Center	Sac Children's Home outreach regarding program services	4	2/28/2003
Northview Head Start	Community presentation in low income, diverse area	16	2/25/2003
Will C. Wood – ESL Class	Distributed APCC calendars containing APCC services	36	2/19/2003
Focus group with LatinX community at La Familia	Issues, barriers, resources –regarding suicide in the LatinX community	22	2/18/2003
Focus group with Antioch Progressive Church	Issues, barriers, resources –regarding suicide in the African American community	7	2/13/2003
Maple Elementary School	Community presentation in low income, diverse area	14	2/12/2003
Focus group with Hmong Women's Heritage Staff	Issues, barriers, resources –regarding suicide in the Hmong community	12	2/12/2003
Recovery: Steppin' Ahead	Presentation on client culture and recovery from consumer perspective	100	2/11/2003

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
Focus group with LatinX community at La Familia	Issues, barriers, resources –regarding suicide in the LatinX community	8	2/11/2003
Mental Health Association Annual Banquet	Presentation on client culture and recovery from consumer perspective	150	2/10/2003
Focus group with Hmong community members	Issues, barriers, resources –regarding suicide in the Hmong community	15	2/10/2003
Focus group with La Familia staff	Issues, barriers, resources –regarding suicide in the LatinX community	10	2/10/2003
Parent Workshop	Ethel Phillips Elem. School is located in low income, diverse area	2	2/6/2003
Focus group with Antioch Progressive Church	Issues, barriers, resources –regarding suicide in the African American community	10	2/6/2003
Shiloh Arms Day Care	Community presentation in low income, diverse area	5	2/5/2003
Focus group with Antioch Progressive Church leaders	Issues, barriers, resources –regarding suicide in the African American community	48	2/1/2003
Chinese New Year, CSUS	Distributed APCC calendars containing APCC services	100	2/1/2003
Leroy Green Middle School Health Fair	Sac Children's Home staffed information table	100	2/1/2003
Child Action Inc. Employee Health Fair	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	300	1/28/2003
Focus group with Hmong community members	Issues, barriers, resources –regarding suicide in the Hmong community	10	1/26/2003
Focus group with Antioch Progressive Church	Issues, barriers, resources –regarding suicide in the African American community	22	1/26/2003
Martin Luther King Job Fair	Mental Health booth in multi-cultural community	12	1/24/2003
Oak Ridge Elementary School	Community presentation in low income, diverse area	12	1/21/2003
Child Action Health & Safety Fair	Promote APCC Services	70	1/20/2003
N. Highlands Birth & Beyond Open House	Invited community members residing in low income, multi-cultural areas to view site & talk to staff	20	1/16/2003
Oak Ridge Elementary School	Community presentation in low income, diverse area	30	1/14/2003
Robertson Family Development Center	Community presentation in low income, diverse area	11	1/10/2003

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
C.K. McClatchy High School	Community presentation in low income, diverse area	40	1/9/2003
Sacramento Lao Family	Community presentation in low income, diverse area	11	1/8/2003
Healthy Kids Day	Sac Children's Home staffed information table in low income, diverse community	100	12/7/2002
SMUD Community Meeting	La Familia staff panelist discussed strategies to outreach Hispanic community	100	12/4/2002
Hmong Community outreach	APCC staff distributed mental health flyers & booklets in multi-cultural community	275	11/27/2002
La Familia Counseling Center	Community outreach in low income, diverse area	6	11/25/2002
Goethe Harvest Festival	Mental health information table in low income, Chinese community on resources for youth	300	11/23/2002
MAAP/Mexican Consulate Binational Health Week Cesar	Outreach to LatinX community		11/18/2002
Community Harvest Festival	Sac Children's Home staffed information table in low income, diverse community	100	11/16/2002
Slavic Fair	Outreach to Slavic community	350	11/16/2002
Networking Forum	Network on mental health services with other service providers	500	11/13/2002
Helping Hands on Halloween	Mental health information table with safety tips for parents & children in low income, diverse community	150+	10/31/2002
Outreach in Large shopping area focusing on Asian products	Distributed mental health reading materials	100+ shoppers	10/31/2002
Creating Connections with Youth	Mental health information table highlighting mental health issues of diverse communities, network with other agencies	?	10/30/2002
Fairbanks Elem. School	Community presentation in low income, diverse area	110	10/29/2002
Access presentation Folsom-Cordova School District	Description of EPSDT Services, funding, procedure for obtaining service, follow-up, Q&A, etc. to faculty & parents of school with multi-cultural population	?	10/29/2002
La Familia Counseling Center	Community presentation in low income, diverse area	8	10/28/2002
Pow-wow Native American Gathering	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	800	10/26/2002

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
DMDA educational/support group	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	100	10/23/2002
MAAP/Mexican Consulate Binational Health Week MAAP	Outreach to LatinX Community		10/17/2002
MAAP/Mexican Consulate Binational Health Week Galt Fl	Outreach to LatinX Community		10/16/2002
Birth & Beyond Health Fair	Sac Children's Home staffed information table	300	10/15/2002
MAAP/Mexican Consulate Binational Health Week MAAP	Outreach to LatinX Community	25	10/14/2002
MAAP/Mexican Consulate Binational Health Week Luther	Outreach to LatinX Community	10	10/14/2002
National Depression Screening Day	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	200	10/10/2002
Folsom Prison	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural family members of inmates	150	10/7/2002
N. Highlands Birth & Beyond Family Jubilee	Fun activities & food to engage members of low income, multi-cultural community	50 - 60	10/4/2002
Healthy Aging Summit	Mental health outreach to senior Hispanics	2000+	9/28/2002
Neighborhood Day Health Fair George Sims Community C	APCC distributed mental health flyers & booklets in multi-cultural community	98	9/28/2002
Franchise Tax Board	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	500	9/25/2002
Fairbanks Elem. School	Community presentation in low income, diverse area at Fairbanks Elem. School	16	9/24/2002
Oak Park 22nd Anniversary & multi-cultural Event	Mental health information table highlighting mental health issues of diverse communities	800	9/21/2002
Fiesta Education at Howe Avenue School	Volunteer recruitment/outreach to parents of highly Spanish-speaking school	200+	9/21/2002
N. Highlands Birth & Beyond Community Open House	Community agencies did outreach & information tables to local apartment complex located in low income, multi-cultural community	40 - 50	9/19/2002
LatinX Behavioral Health Week	Information booth in American River College cafeteria highlighting mental health issues for LatinXs	10	9/19/2002
Cultural Presentations in our Positive Cultural Exchange co	Event for LatinX Behavioral Health Week	15	9/19/2002
Ethel Phillips Elementary School	Community presentation in low income, diverse area	200	9/18/2002

**COMMUNITY OUTREACH  
2011 TO PRESENT**

<b>Outreach Event</b>	<b>Description of Outreach/Activity</b>	<b># of Attendees</b>	<b>Date</b>
LatinX Behavioral Health Week	Passed out flyers in front of Galt Flea Market	56	9/18/2002
Gardenland Norwood Neighborhood Assoc	Community presentation in low income, diverse area	30	9/12/2002
Parker Avenue Resource Center	Community presentation in low income, diverse area	17	9/4/2002
Fairbanks Elem. School	Community presentation in low income, diverse area	50	8/28/2002
Fairbanks Elem. School	Community presentation in low income, diverse area	4	8/5/2002
Huralto Elementary School	Community presentation in low income, diverse area	32	8/2/2002
16 <sup>th</sup> Annual Oak Park Summer Concert	Information table on mental health in highly diverse community	1500	7/27/2002
Robertson Community Center	Community presentation in low income, diverse area	19	7/24/2002
Asian Health Professional Association	Health Fair	100	7/15/2002
Hagginwood Community Center	Community presentation in low income, diverse area	15	7/11/2002
Hagginwood Community Center	Community presentation in low income, diverse area	21	7/3/2002
Lao Family ESL Class	Community presentation in low income, diverse area	25	6/21/2002
UC Davis Health Fair	Community outreach – Sac Children’s Home staffed information table	100	6/15/2002
Grant High School	Community presentation in low income, diverse area	7	6/12/2002
Oak Park Community Center	Community presentation in low income, diverse area	8	6/7/2002
La Familia staff	Outreach to Hmong parents on mental health services	9	6/5/2002
Community Presentation in low income, diverse area	Community presentation at Sacramento Lao Family	21	6/3/2002
Senior Expo	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	300	6/1/2002
Community Presentation in low income, diverse area	Community presentation at Campbell Soup Festival	50	6/1/2002
Asian Pacific Islander Community Group	Provided information re: agency program information on mental health services	15	5/31/2002

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Pow Wow Native American Gathering	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	600	5/30/2002
10 <sup>th</sup> Annual Senior Health and Information Fair	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	250	5/29/2002
Asian Pacific Islander Community Group	Provided information re: agency program information on mental health services	20	5/29/2002
Community Presentation in low income, diverse area	Community presentation at Samoa for All	150	5/27/2002
Mental Health Day	Booth set up with information on mental health issues and information regarding HRC	35	5/24/2002
California State Lottery Health Fair	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	400	5/23/2002
Mika Program Presentation Treatment Center	Distribution of literature, Education, Outreach, and resource information to multi-cultural audience	50	5/23/2002
Mental Health Awareness Day	Food, games, entertainment and awards for El Hogar community.	90 – 120	5/23/2002
Annual Employee Wellness Fair	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	250	5/22/2002
Refugee Health Clinic	Multi-cultural community event with focus on outreach to refugees	15	5/21/2002
Community Presentation in low income, diverse area	Community presentation at Harmon Johnson Elem. School	95	5/15/2002
Mental Health Day (Ethel Hart Senior Center)	Mental health information distributed through flyers and brochures at multi-cultural community event	?	5/11/2002
Mental Health Advocacy Day		200	5/6/2002
Hmong Women's Heritage Association	APCC program information distribution	24	5/6/2002
Healthy Aging Fair focus on the Mien, Lao, Korean and Hm	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	200	5/4/2002
Aging Fair – Cal Expo	Flyer distribution by Asian Pacific Community Counseling	100	5/4/2002
Festival de la Familia	Community event targeting LatinX community, information and entertainment.	150,000+	4/27/2002
Meningitis Vaccination Health Fair @ Elk Grove (APCC)	Community in general.	7	4/13/2002

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
CSUS Noon profit Career Fair (El Hogar)	Students from CSUS	25	3/25/2002
Lunch and Learn presentation (SAAC)	Mental health consumers, providers.	30-45	3/19/2002
Free Health Fair Screenings @ Health for All (APCC)	Vietnamese, and Chinese community	60	3/17/2002
Community meeting@ George Sim (APCC)	Vietnamese, Chinese, and Mien community members.	40	3/16/2002
Workshop @ Sacramento Chinese Community College (A)	South Asian community visitors.	21	3/13/2002
CSUS Job Fair	Mental health information for multi-cultural student population	?	3/3/2002
Korean Culture	Korean church agency program information and cultural presentation	1	2/23/2002
Facilitator training for community outreach	Facilitator training for local agencies (3) to assess suicide perspectives & needs on the LatinX, African American & Hmong communities	10	2/18/2002
Chinese New year at CSUS (APCC)	Community and families.	1500	2/16/2002
CCCMHA Cultural Competence Conference (El Hogar)	Mental Health providers.	150	2/2/2002
Geriatric Mental Health	Outreach to senior peer counselors about Geriatric mental health	22	2/2/2002
Vietnamese New Year Celebration (APCC)	Families and community.	1000	2/2/2002
Supportive Employment Training (El Hogar)	Mental Health providers.	50	1/31/2002
Healthy Aging Conference	Depression screenings, distribution of literature, Education, Outreach, and resource information to multi-cultural audience	500	1/30/2002
Franklin Business Association	Business outreach/presentation on how La Familia addresses hiring underserved multi-ethnic population to meet mental health issues in LatinX community	12	1/17/2002
Exhibit @ City Hall (El Hogar)	Mental health needs of LatinXs, community at large.	1000-1500	1/2/2002
Adult Protective Services (El Hogar)	Mental health needs of LatinXs to Staff from Adult Protective Services.	10	11/13/2001
Immigration Senior Services program for Lao elders Adults	Community in general.	150	11/10/2001
Kiwanis Club Philanthropic Community (El Hogar)	Mental health needs of LatinX community	21	10/19/2001
Health Fair@ UCDCM Cancer Center (SAAC)	Community and staff from UCDCM	75 to 100	10/6/2001
LatinX Behavioral Week @ TP-Focus (Northgate Point, AC)	Consumers and community.	52	9/25/2001
Health Fair American River College (SAAC)	Students, teachers and community.	125 to 150	9/22/2001
LatinX Behavioral Week @ EMQ (ACCESS, MAAP, Geriat	Clients and community.	45	9/21/2001
LatinX Behavioral Week @ CROSSROADS (CFI, HRC, A	Consumers, community.	65	9/21/2001
LatinX Behavioral Week @MAAP (Visions, La Familia, AC	Consumers and community.	56	9/21/2001

## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
LatinX Mental Health Week (El Hogar)	Mental health providers, and community.	75	9/18/2001
Stand Down (El Hogar)	Clients, family members and providers.	2000	9/14/2001
Presentation to Golden Paradise Manor (El Hogar)	Mental Health needs of LatinX clients	5	9/4/2001
LatinX Behavioral Health Week (Visions)	Mental health clients, and families.	30	9/1/2001
City Unified School District, Lemon Hill Center (SAAC)	Teachers and family members.	75	8/22/2001
Older Adult Subcommittee (El Hogar)	Clients and providers.	19	8/14/2001
Westminster Presbyterian Church (SAAC)	Community in general.	40	7/22/2001
River Oak Children's Center(SAAC)	Staff from River Oak.	30	7/19/2001
Sacramento High School Community Fair (MH/AOD)	Community, providers.	175	6/23/2001
Mental Health Day Fair	Oak Park Community.	300	5/19/2001
Rio Linda Community Fair	Diverse community	200	4/29/2001
LatinX Festival		100	4/29/2001
Festival de la Familia	Outreach to the LatinX community	150000	4/26/2001
North Area Community Workshop	Parents & interested community members.	40	4/18/2001
Appl. Intake Appt.	Family members & applicant	3	4/14/2001
Hmong Health Fair	Community, especially Hmong community members	150	4/14/2001
Midtown members mtg.	Filipino Lions Club members	25	4/13/2001
Tech. Asst/Flyers Translation	The public	?	4/13/2001
Galt Health Fair	Galt community & health care providers	100	4/12/2001
API Networking Mtg.	Agencies serving API population in Sacto	10 – 15	4/10/2001
Pride	Job Club Participants	15	4/9/2001
Pacific Elem. School Health Fair	Parents & Children, culturally diverse audience	250	4/4/2001
CSUS Job Fair	College students	?	4/4/2001
Birth & Beyond Presentation	County-wide program—serves diverse populations	20	4/3/2001
Presentation Church	Filipino seniors & other members	65	3/25/2001
Mental Health AOD Service Presentation	SETA cts. @ Emanuel Church	75	3/22/2001
Job Club	Franklin Villa	40	3/22/2001
SETA	Job Club Participants	20	3/22/2001
Pride	Job Club Participants	10	3/20/2001
Birth & Beyond Presentation	County-wide program—serves diverse populations	25	3/9/2001
Birth & Beyond Presentation	County-wide program—serves diverse populations	30	3/6/2001
Pride	Job Club Participants.	15	2/27/2001
Mather Community Housing	Social workers, staff & others at large homeless program.	70	2/2/2001
Filipino Community Church	Filipino seniors & family members	60	1/28/2001
Presentation Church meeting	Asian communities	45	1/18/2001



## COMMUNITY OUTREACH 2011 TO PRESENT

Outreach Event	Description of Outreach/Activity	# of Attendees	Date
Anti-Breast Cancer Workshop/Mental Health Issues	Korean community	@40	12/22/2000
Triple R Adult Day Care Presentation	Staff & Program participants	30	12/8/2000
Senior Awareness & Health Fair Day	Seniors	@100	10/21/2000
CSUS Cultural Panel Presentation	Teachers & students	500	10/13/2000
LatinX Behav. Health Week	Visions clts, their friends & family members, Hispanic community	75	9/21/2000
Del Paso Elem. School Health Fair	Teachers, students & public, culturally diverse audience	750	8/12/2000
API Networking Mtg.	Agencies serving API population in Sacto	10 – 15	8/8/2000
National Night Out	Franklin Villa residents, providers, agencies	Several hundred	8/3/2000
Meadowview Jazz & multi-cultural Festival	Community	300	6/24/2000
Pacific Rim Festival	Outreach to Asian and Asian Pacific Islander communities	500	5/20/2000
Fairbanks Elem. School Health Fair	Teachers, parents & children, culturally diverse audience	150	5/5/2000
Franklin Villa Community Fair	Local community-diverse population	500	5/1/2000
Festival de la Familia	Outreach to LatinX community	150000	4/30/2000
Franklin Villa Fair	Franklin Villa Community (South Sac—very culturally diverse)	300	4/29/2000
Cosumnes River College Cultural Day	Culturally diverse audience	20	4/27/2000
Pacific Elementary Open House Health Fair	Parents & Children	200	4/12/2000
Chinese of Indochina Friendship Assoc. Senior Celebration	Outreach to Chinese/Vietnamese seniors	600	3/16/2000
Sam Pannell Health Fair	Meadowview Community—Diverse ethnic population.	300	3/1/2000

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**County of Sacramento**

June 20, 2018

**RE: The Mental Health Human Resource Survey and Language Proficiency Survey**

Dear Agency Directors,

The Cultural Competence Plan Requirements (CCPR) Modification (2010), issued by the Department of Mental Health (DMH) in DMH Information Notice No. 10-17, states that counties are required to collect demographic information and language capabilities of staff, volunteers and any committee members who participate in serving individuals throughout the entire County Mental Health System. The purpose of the surveys is to assess demographic and linguistic information for those who provide services in our county to determine whether it is reflective of the diversity of the community as a whole. The two surveys the County will be utilizing are:

- The Mental Health Human Resource Survey
- Language Proficiency Survey

Enclosed are copies of each document and instructions for completing them. Please complete each form as required and return them no later than **July 30, 2018**. Please submit the forms to:

Sacramento County  
Behavioral Health Services  
Research, Evaluation and Performance Outcomes  
Attn: Romeal Samuel  
7001-A East Parkway, Suite 300  
Sacramento, CA 95823

Thank you for all your hard work and I appreciate your dedication to providing culturally competent services to those in need in our community.

Sincerely,

A handwritten signature in blue ink, appearing to read "Uma K. Zykofsky".

Uma K. Zykofsky, LCSW  
Behavioral Health Services Director

Attachments: Instruction Sheet  
2018 Mental Health Human Resource Survey Cover Sheet  
Sacramento County Mental Health Human Resource Survey – 2018  
Language Proficiency  
2018 Sacramento County Mental Health Human Resource Survey

Letter to Agency Directors  
The Mental Health Human Resource Survey and Language Proficiency Survey  
June 20, 2018  
Page 2 of 2

cc: Melissa Jacobs  
Anthony Madariaga  
Mary Nakamura  
Kelli Weaver  
Dawn Williams  
Jane Ann Zakhary  
Health Program Managers  
Contract Monitors

## INSTRUCTION SHEET

- 1) **The Mental Health Human Resource Survey.** This survey provides the Division with information on the gender breakdown, ethnic diversity, and other demographic information about staff. Instructions are attached to the document. Important points to note:
  - Please return the survey instruments, completed by each individual staff, with the cover sheet provided.
  - To simplify reporting, surveys from staff should be submitted for your entire agency. If your agency serves both Children and Adults, please separate by Children and Adult program staff.
  - The HR Survey is **anonymous** and does not require a name.
- 2) **Language Proficiency.** This form provides the Division with information about language capacity within our system of care. Please have each staff that is proficient in any language other than English complete the form. The form has space for 5 languages. If additional space is needed, please use an additional form.

Information should be returned no later than **July 30, 2018** and should be addressed to:

Sacramento County  
Behavioral Health Services  
Research, Evaluation and Performance Outcomes  
Attn: Romeal Samuel  
7001-A East Parkway, Suite 300  
Sacramento, CA 95823

County Interoffice Mail Code: 37-300M

If you need further information or clarification, please contact Mary Nakamura ([Nakamuram@saccounty.net](mailto:Nakamuram@saccounty.net), (916) 876-5821) or Romeal Samuel ([Samuera@saccounty.net](mailto:Samuera@saccounty.net), (916) 875-6340).

2018  
MENTAL HEALTH HUMAN RESOURCE SURVEY  
COVER SHEET

AGENCY: \_\_\_\_\_

**Please indicate:**

- Adult Program Services
- Children's Program Services
- Inpatient Provider
- Prevention and Early Intervention Services
- Other \_\_\_\_\_

Contact Person \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Please complete and submit this form attached to agency surveys no later than  
July 30, 2018**

Return to:

Sacramento County  
Behavioral Health Services  
Research, Evaluation and Performance Outcomes  
Attn: Romeal Samuel  
7001-A East Parkway, Suite 300  
Sacramento, CA 95823

County Interoffice Mail Code 37-300M



## Sacramento County Mental Health Human Resource Survey – 2018 Language Proficiency

Agency Name: \_\_\_\_\_ Staff Name: \_\_\_\_\_

1. Does your agency provide a differential for staff who provide services in languages other than English?  
 Yes       No

Please state languages you are proficient in the space provided below and check the appropriate proficiency.

2. Language: \_\_\_\_\_

**Check Only One**

Certified     Fluent     Good     Fair     Poor

3. Language: \_\_\_\_\_

**Check Only One**

Certified     Fluent     Good     Fair     Poor

4. Language: \_\_\_\_\_

**Check Only One**

Certified     Fluent     Good     Fair     Poor

5. Language: \_\_\_\_\_

**Check Only One**

Certified     Fluent     Good     Fair     Poor

6. Language: \_\_\_\_\_

**Check Only One**

Certified     Fluent     Good     Fair     Poor

## 2018 SACRAMENTO COUNTY MENTAL HEALTH HUMAN RESOURCE SURVEY

---

It is time for the annual Sacramento County Mental Health Human Resource Survey. The Division monitors the diversity of committees, boards, youth and family advocates and all other staff through the administration of the Human Resource Survey. This survey is required per Sacramento County's Cultural Competence Plan and the results provide important information on the diversity of staff involved in the provision of Mental Health services in Sacramento County.

Please distribute the attached survey and instructions to each of your employees and/or contracted staff that serve Sacramento County clients. It is mandatory that all staff turn in a survey. Include only agency staff that provide mental health services for Sacramento County clients. Please include all staff that fall into the employment categories listed on the survey. Please note: **The Human Resource Survey is anonymous and does not require a name.** Information regarding staff ability to speak/read/write languages other than English is gathered on the language proficiency and that survey is not anonymous.

When you have collected all instruments, and have assured that each employee has completed one, please submit them to our office as follows:

- Return survey instruments completed by staff with the cover sheet provided. Be sure to include a contact person's name, email address and phone number.
- To simplify reporting, surveys from staff should be submitted for your entire agency. If your agency serves both Children and Adults, please separate by Children and Adult program staff.

If you have any questions or need further clarification, please contact Romeal Samuel ([Samuera@saccounty.net](mailto:Samuera@saccounty.net) or (916) 875-6340).

**Please complete and return the survey instruments by close of business July 30, 2018 to:**

Sacramento County  
Behavioral Health Services  
Research, Evaluation and Performance Outcomes  
Attn: Romeal Samuel  
7001-A East Parkway, Suite 300  
Sacramento, CA 95823

County Interoffice Mail Code 37-300M



## 2018 Sacramento County Mental Health Human Resource Survey

AGENCY NAME/COMMITTEE: \_\_\_\_\_

**1. Staff Category: Please choose only one.**

**Licensed Mental Health Direct Service Staff**

Including Psychiatrist, Psychiatric/Family Nurse Practitioner, Clinical Nurse Specialist, Licensed Psychiatric Technician, Licensed Clinical Psychologist, Psychologist registered intern (or waived), LCSW, MSW registered intern (or waived), MFT, MFT registered intern (or waived) and other licensed direct service mental health staff.

**Unlicensed Mental Health Direct Service Staff**

Including Mental Health Rehabilitation Specialist, Case Manager/Service Coordinator, Employment Services Staff, Housing Services Staff, Consumer Support Staff, Family Member Support Staff, Benefits/Eligibility Specialist and other unlicensed mental health direct service staff. This category is for all staff classified by the MHP as MHRSS, even if the staff duties fall in another category. Service Coordinators, Personal Service Coordinators and Case Managers belong in this category. Titles may include Job Developer, Employment Consultant, Employment Specialist, Vocational Assistant, Employment Coordinator, Vocational Activities Coordinator, Educational Support Specialist, Employment Aide and Job Coach, Peer Specialist, Consumer Advocate, Peer Mentor, Peer Advocate, Peer Support Aide, Peer Guide, Peer Coach, and Peer Counselor, Parent Partner, Family Member Provider, Family Advocate, Family Partner, Family Member Manager, Family Services Worker, and Family Liaison, MHTC Mental Health Worker and TBS Workers, among others.

**Other Health Care Professionals**

Including Physician, Registered Nurse, Licensed Vocational Nurse, Physician Assistant, Occupational Therapist, Other Therapist (physical, recreation, art dance), or other direct service health care staff. This category can include such titles as traditional cultural healers.

**Managerial and Supervisory**

Including CEO or manager above direct supervisor, Supervising Psychiatrist (or other physician), Licensed Supervising Clinician and other managers and supervisors. Count positions for licensed and non-licensed managerial and supervisory personnel if 50% of more of the person's time is managerial/supervisory. Job titles may include Program Manager, Service Chief, Health Care Program Manager, Program Director, Assistant Program Director, Nursing Supervisor, Supervising Psychiatric Social Worker, Team Leader, Unit Supervisor, Supervising Case Manager, Supervisor of Clerical Staff, among others.

**Administrative Staff/Advisory Board/Steering Committee/Other Advisory Groups**

Including Analysts, Tech Support, Quality Assurance, Education, Training, Clerical, Secretary, Administrative Assistants and other administrative staff. This category includes Information Technology support, with titles such as Information Systems/Performance Measurement Staff. Quality assurance includes quality improvement, compliance, and related job titles where the individual's primary duties are in quality assurance. Other job titles may include Staff Development Officer, Training Coordinator, Training Officer, Secretaries, Clerks, Administrative or Office Assistants, Billing Clerk, Medical Records Specialist, Grant Writer, Public Information Officer, Planners and Contract Monitors, Board Members among others.

**2. Ethnicity: Are you of Latino/Hispanic origin?**  Yes  No  Unknown

<b>Race: May check up to five</b>	<input type="checkbox"/> African American	<input type="checkbox"/> Cambodian	<input type="checkbox"/> Hmong	<input type="checkbox"/> Other Pacific Islander
	<input type="checkbox"/> Amer. Indian/Alaska Native	<input type="checkbox"/> Filipino	<input type="checkbox"/> Japanese	<input type="checkbox"/> Samoan
	<input type="checkbox"/> Asian Indian	<input type="checkbox"/> Former Soviet	<input type="checkbox"/> Korean	<input type="checkbox"/> Ukrainian
	<input type="checkbox"/> Caucasian	<input type="checkbox"/> Guamanian	<input type="checkbox"/> Laotian	<input type="checkbox"/> Other _____
	<input type="checkbox"/> Chinese	<input type="checkbox"/> Hawaiian	<input type="checkbox"/> Mien	<input type="checkbox"/> Vietnamese

**3. Sexual Orientation:**

Heterosexual/Straight  Asexual  Bisexual  Gay  Lesbian  Pansexual  Queer  
 Questioning  Other (specify) \_\_\_\_\_  Choose not to answer

**4. Gender identity:**

Male  Female  Transgender  AMAB/Transwoman  AFAB/Transman  Intersex  
 Gender Queer  Two Spirit  Other \_\_\_\_\_  Choose not to answer

5. I am a consumer of Mental Health Services:  Yes  No  Choose not to answer

6. I have a family member who is a consumer of Mental Health Services:  Yes  No  Choose not to answer

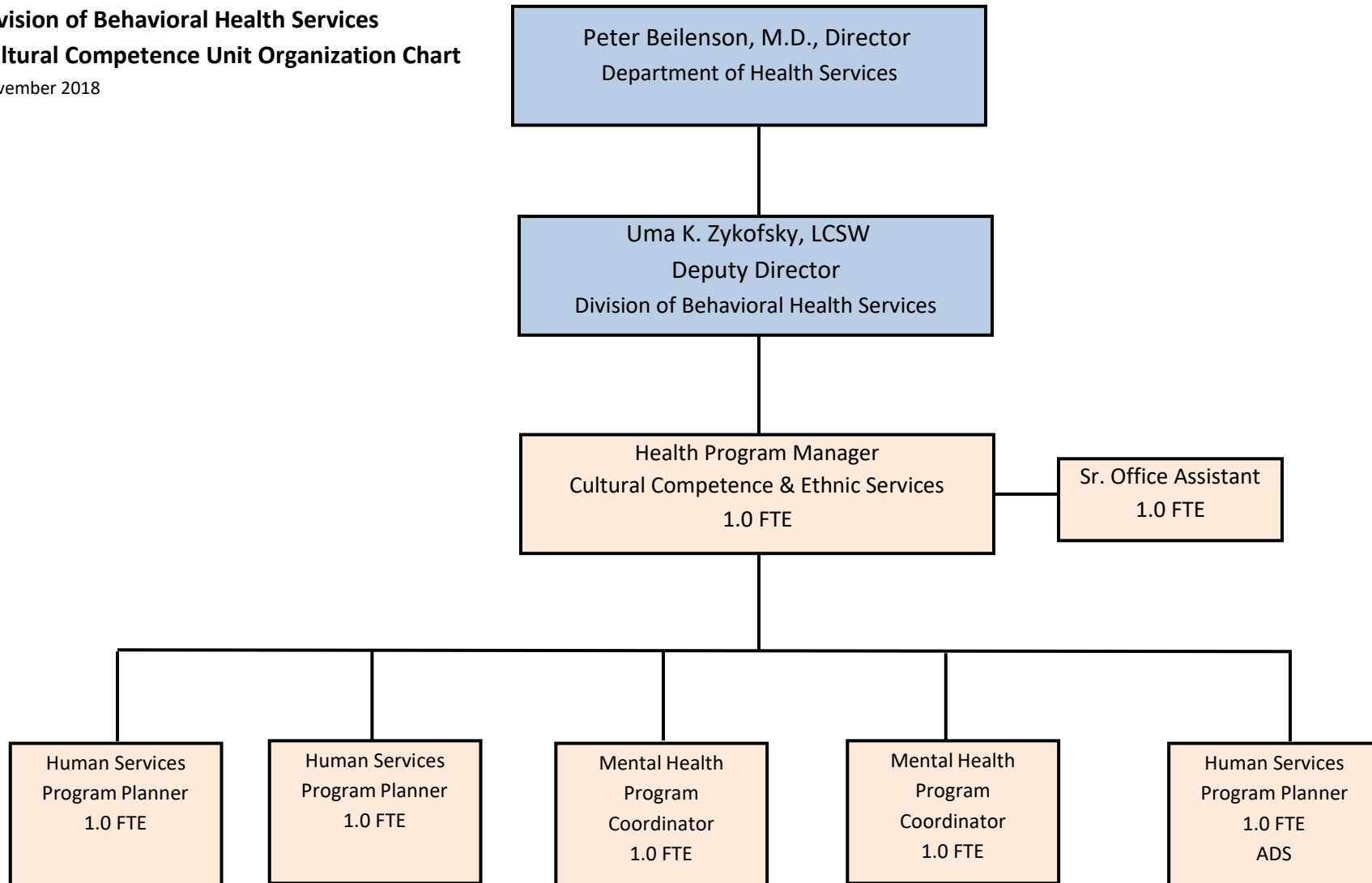
7. I live with a disability:  Yes  No  Choose not to answer

8. I am currently or have served in the US Military:  Yes  No  Choose not to answer

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**Division of Behavioral Health Services  
Cultural Competence Unit Organization Chart**

November 2018



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## Cultural Competence Committee/System Wide Community Outreach and Engagement Committee Roster

Names	Names
Alex Filippelli	Maksim Tsymbal
Carolyn Funderburg	Marianela Appelgren
Darlene Moore	Mary Nakamura
David Bain	Mary Ann Wong
Debrah Deloney-Deans	Maurine Huang
Emily Bender	Ramon Guitart
Farm Saelee	Robert Hale
Graciela Medina	Rocio Daunjan
Gulshan Yusufzai	Roman Romaso
Gwen Wilson	Romeal Samuel
Jennifer Aldrich	Sayuri Sion
Jesse Williams	Terrence Sotelo
Jesus Cervantes	Vanessa Cuevas-Romero
Jo Ann Johnson	Vinder Lallian
Kao Thun	Wilson Loza
Lynn Keune	Yang Xiong

The combined Cultural Competence Committee/System-Wide Community Outreach and Engagement Committee consists of individuals representing the diverse cultural, racial, and ethnic groups in Sacramento County and includes consumers and family members, county and contractor providers, community based organizations, community advocates and other mental health stakeholders. The broad based committee is committed to assisting in the improvement of mental health services to our diverse communities.

The following agencies/programs/boards are affiliated with the committee: Sacramento Native American Health Center, Mental Health America of Northern California (MHA), Behavioral Health Services (BHS) –Alcohol and Drug Services (ADS), G.O.A.L.S. For Women, BHS-Mental Health Services Act (MHSA), BHS-Children’s Services, Southeast Asian Assistance Center, Muslim American Society, La Familia Counseling Center, Bread of Life Agency (Spiritual Community), Slavic Assistance Center, BHS-Research, My Sister’s House, Uplift Family Services, Sacramento County Mental Health Board, Turning Point Community Programs (TPCP), BHS-Adult Services, Asian Pacific Community Counseling, Sacramento County MHSA Steering Committee, Crossroads Employment Services, Strategies For Change, Gender Health Center, Sacramento LGBT Center, National Alliance on Mental Illness (NAMI) – Sacramento.

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**DEPARTMENT OF HUMAN HEALTH SERVICES  
BEHAVIORAL HEALTH SERVICES**

**Draft**

**Our Mission**

*To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.*

**Our Vision**

*We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.*

**Our Values**

*Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus*

**Quality Improvement Committee MEETING MINUTES**

**Date:**  
**Location: Conference Room 2**

**Time: 9:00-10:30**  
**Facilitator: Alex Rechs**

**Attendees:**

ITEM	PRESENTER	DISCUSSION	ACTION/DATE
Introductions	Alex Rechs	<ul style="list-style-type: none"> <li>All were welcomed</li> </ul>	
Review of Minutes		<ul style="list-style-type: none"> <li>Minutes were reviewed and approved</li> </ul>	
Follow up from previous meeting		<ul style="list-style-type: none"> <li></li> </ul>	
Medical Directors Report	Dr. Robert Hales		
Advocacy Report	Blia Cha Sandena Bader Matt Marrison	<ul style="list-style-type: none"> <li></li> </ul>	
Committee Reports		<ul style="list-style-type: none"> <li></li> </ul>	
1. Membership	Alex Rechs	<ul style="list-style-type: none"> <li></li> </ul>	
2. Executive		<ul style="list-style-type: none"> <li></li> </ul>	

3. Cultural Competence	Mary Nakamura	•	
4. Education		•	
5. Medication Monitoring	Mary-Ann Asare	•	
6. Pharmacy and Therapeutics	Dr. Hales	•	
7. Credentialing		•	
8. Utilization Review	Pamela Hawkins	•	
9. Mental Health Treatment Center	Elvira Abe	•	
10. Evaluation	Dawn Williams	•	
Program Reports 1. MHTC	Elvira Abe	•	
2. Access	Matt Quinley	•	
3. Adult Programs • County Initiatives  • Contract Providers Report	Kelli Weaver	•	



<p>4. Children's Programs</p> <ul style="list-style-type: none"> <li>• County Initiatives</li> <li>• Contract Providers Report</li> </ul>	Matt Quinley	•	
• MHS A	Alex Trac	•	
• ADS	Ed Dziuk	•	
• REPO	Dawn Williams	•	
• Avatar	Ann Mitchell	•	
• QM	Alex Rechs	•	
Follow up for next meeting			

**Next Meeting:**  
**Time: 9:00-10:30 a.m.**  
**Location: 7001-A East Parkway Conference Room 2, Sacramento, CA 95823**

Scribe:  
Meeting adjourned :

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Division of Behavioral Health Services  
 Planning/Project Management Meeting  
 Agenda: [Date]

**Our Mission:** *To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.*

**Our Vision:** *We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.*

**Our Values**

- *Respect, Compassion, Integrity*
- *Client and/or Family Driven*
- *Equal Access for Diverse Populations*
- *Culturally Competent, Adaptive, Responsive & Meaningful*
- *Prevention and Early Intervention*
- *Full Community Integration and Collaboration*
- *Coordinated Near Home and in Natural Settings*
- *Strength-Based Integrated and Evidence-Based Practices*
- *Innovative and Outcome-Driven Practices and Systems*
- *Wellness, Recovery, & Resilience Focus*

Name	Attendance	Name	Attendance	Name	Attendance
Sandena Bader	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Stephanie Kelly	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Matt Quinley	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Blia Cha	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Anthony Madariaga	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Alex Rechs	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Angela Chalmers	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Matt Marrison	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Lisa Sabillo	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Stephanie Dasalla	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Lori Miller	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Dawn Williams	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Steve Davidson	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Ann Mitchell	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Kelli Weaver	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Sheri Green	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Samantha Mott	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Jane Ann Zakhary	<input type="checkbox"/> Present <input type="checkbox"/> Absent
Melissa Jacobs	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Mary Nakamura	<input type="checkbox"/> Present <input type="checkbox"/> Absent	Uma Zykofsky	<input type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
<b>Director's Report</b>	
<b>Discussion Items</b>	

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## Sacramento County Division of Behavioral Health Services Cultural Competence Committee Meeting Notes

Grantland L. Johnson Center for Department of Health Services  
7001-A East Parkway, Conference Room 301, Sacramento, CA 95823  
April 24, 2018 1:30 pm - 3:00 pm

**Members and Guests Attending:** David Bain, Emily Bender, Sunjung Cho, Elizabeth Contreras, Michael Craft, Jessica Do, Lynsey Dubois, Olivia Garcia, Trang Hoang, Maurine Huang, Graciela Medina, Darlene Moore, Mary Nakamura, Sean Mar, Roman Romaso, Romeal Samuel, Kao Thun, Jesse Williams, Mary Ann Wong, Yang Xiong

Welcome and Introductions	<ul style="list-style-type: none"> <li>• Mary Nakamura, Cultural Competence/Ethnic Services Manager extended welcome to the attendees.</li> <li>• Committee members did self-introductions.</li> <li>• New members, Lynsey Dubois from Treatment Associates and Michael Craft from Another Choice Another Chance introduced themselves to the committee.</li> </ul>
Review of Meeting Notes	<ul style="list-style-type: none"> <li>• Members reviewed and approved the March meeting notes.</li> </ul>
Division Updates	<ul style="list-style-type: none"> <li>• Mary welcomed ADS provider representatives, Lynsey Dubois and Michael Craft to this committee.</li> <li>• Mary briefed the committee on the Cultural Competence Committee (CCC) role for the benefit of new members. The CCC:               <ul style="list-style-type: none"> <li>○ Is a sub-committee of the Quality Improvement Committee (QIC) and reports monthly to the QIC.</li> <li>○ Represents diverse cultural, racial, ethnic, linguistic, LGBTQ and other unserved, underserved or inappropriately served communities of Sacramento County.</li> <li>○ Takes an active role in the continued monitoring of current and the development of subsequent Cultural Competence Plans in Sacramento County.</li> <li>○ Reviews all services/programs/Quality Assurance Annual Workplan Reports/MHSA Annual Update plans with respect to cultural competence issues.</li> <li>○ Acts as an advisor to Division of Behavioral Health Services on cultural competence issues including but not limited to the following: outreach, accessibility, linguistic requirements, human resources, and strategies to improve penetration rates.</li> </ul> </li> <li>• Mary highlighted the following items with members:</li> </ul>

	<ul style="list-style-type: none"> <li>○ The MHSAs Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year plan was approved by the Board of Supervisors on April 10, 2018.</li> <li>○ The LGBTQ data collection recommendations that were developed by the Cultural Competence Committee were highlighted in the Board Letter.</li> <li>○ Also highlighted in the Board Letter was an area raised by the CCC regarding gaps in services to a variety of diverse communities, specifically Arabic speaking and other emerging refugee communities. The Division of Behavioral Health Services Cultural Competence Committee will continue to provide input to program design and ideas on ways resources can be made available to these communities as Sacramento’s diversity remains a focus of all MHSAs programming.</li> <li>● Mary thanked members for their valuable input on better supporting the diverse communities in Sacramento County.</li> <li>● Mary briefed members that the Triennial Review has concluded. More details will be provided after we receive the final report from the State.</li> </ul>
Cultural Competence Committee Activities	<ul style="list-style-type: none"> <li>● Mary reviewed the Mental Health Consumer Perception Survey November 2017 Collection Period with members. It was noted once again that some surveys were not completed because the survey was not available in one’s preferred language.</li> </ul>
Training and Outreach Updates	<ul style="list-style-type: none"> <li>● Trang reported to members the following outreach events in April and May: <ul style="list-style-type: none"> <li>○ April 6, 12th Annual Health and Fitness Expo at Valley High School Main Gym/Grass Bowl</li> <li>○ April 10, Health Fair at Hiram Johnson High School</li> <li>○ April 19, Black Child Legacy Campaign: Giving Love to Our Rising Youth 2018 at South Sacramento Christian Center.</li> <li>○ April 19, Sacramento City College Annual Health Fair at Sacramento City College</li> <li>○ April 25, APIA Fest Day 2018 at Sacramento State Library Quad</li> <li>○ April 28, 29th Annual Kids Day in the Park at Hagan Community Park, 2197 Chase Drive, Rancho Cordova, CA</li> <li>○ April 29, Hmong 6th Annual Community Health and Wellness Fair at Sacramento State University Union’s Ballroom</li> <li>○ May 5, 9th Annual NAMI walk at William Land Park</li> <li>○ May 12, 16th Annual Slavic Community Health/Safety &amp; Job at Carmichael Park</li> <li>○ May 19, Sacramento ActNOW Health Conference at 6412 Tupelo # H, Citrus Heights, CA</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>• Mary reported to members that Division of Behavioral Health Services has outreach materials available in the threshold languages for members when they conduct their own community outreach.</li> </ul>
Announcements	<ul style="list-style-type: none"> <li>• Michael announced that Another Choice Another Chance will be holding a trauma-focused cognitive behavioral therapy 2-day training Triumph Over Trauma on May 17-18.</li> <li>• David announced that the Walkathon and Sockathon will be held in conjunction with the NAMI Walk on May 5, 2018 at William Land Park.</li> <li>• Kao announced that the Iu-Mien Cultural Clothing Exhibit will take place on May 3 at Warehouse Artist Loft, 1108 R Street, Sacramento, CA 95811.</li> <li>• Elizabeth announced that Saturday, April 28 is Drug Take Back Day. Collection site for returning unused or expired medications can be found at <a href="https://takebackday.dea.gov">https://takebackday.dea.gov</a>. Alcohol and Drug CLAS Standard training will be held on June 7 and Americans with Disabilities Act training will take place Monday, April 30.</li> <li>• Darlene announced that Sacramento City Unified School District (SCUSD) and Gender Health Center will be presenting the 6th Annual No Time to Lose Conference on April 27 at SCUSD Serna Center. This conference discusses how to activate change for LGBTQ youth for professionals, social workers and school staff.</li> <li>• Jesse announced that California Health Collaborative provides Multipurpose Senior Services Program for adults 65 years old or older. The program assists low-income, frail seniors to remain living independently.</li> </ul>
Agenda Items for Next Meeting	<ul style="list-style-type: none"> <li>• Mental Health Urgent Care Clinic team will present their satisfaction survey to this committee in June and asked for input on this project.</li> </ul>
Next Meeting	<ul style="list-style-type: none"> <li>• The next meeting date will be on May 15, 2018 due to scheduling conflicts with the regularly scheduled meeting.</li> </ul>

Minutes by: Jay Ma

Approved by: Mary Nakamura

*Mary Nakamura*

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## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Recovery - Adult</b>	Peer Empowerment Conference	21st Anniversary Peer Empowerment Conference: Annual consumer culture training highlighting best practices for building Peer Support in public behavioral health systems. Cultural considerations included.	1x/annual	Administration/mgt; Direct Services County; Direct Services Contractors; Support Services	6/29/2018	250	Jenn Cusick
<b>Cultural Competence</b>	Cultural Competency & Humility	Overview of cultural humility and how agencies/individuals can practice cultural humility and the development of cultural knowledge to improve services & personal growth	one time	Direct Services County Staff	6/22/2018	2	Lakara Nolen
<b>Cultural Competence</b>	Opportunities to Expand of Cultural Humility	Cultural competency	4hrs	Direct Services Contractors	6/22/2018	1	Stanford Youth Services
Navigating Systems - Youth	Addiction: Part Science, Part Art	Hazelden Betty Ford Foundation Addiction - Join us to explore some of the latest knowledge about addiction's effect on the brain and trends in the multi-modal treatment of this bio-psycho-social brain disease.	1hr	Administration/Managements	6/20/2018	1	Hazelden Betty Ford Foundation
<b>Resiliency - Youth</b>	Collaborative Problem Solving	focus on an evidence based practice to address disruptive behavior in youth	20 hrs	direct services administration	6/20/2018	36	Bob Lieberman, LPC

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	Pride and Mental Health: Pathway to a Health Mind	Advocacy Presentation by NAMI California	1 time		6/20/2018	30	Brandy Thomas, Laura Bemis, Doug Smith
Cultural Competence	Working with Muslim Individuals and Families Webinar	Suggestions for working effectively with Muslim individuals and families.	1.5 hours	Administration/Management	6/19/2018	1	Rupa Khetarpal
Resiliency - Youth	Marijuana: Best Practices in Brief Intervention	Evidence-based tips on identifying, assessing, and providing brief interventions (SBIRT) relevant to a variety of clinical settings, including family medicine, employee assistance, school-based counselling services, and specialist outpatient addiction services. Led by Jan Copeland, PhD, she will provide evidence for psycho-social and pharmacological interventions for CUD & introduce you to the major concepts outlined in the new clinical resource Marijuana Brief Intervention: An SBIRT Approach.	1.5hr	Administration/Managements	6/19/2018	1	Jan Copeland
Family Focused - Youth	Let's Talk about Sex (with your clients and families)	How to discuss sex with client and families	1 hr annually	Administration/mgt; Direct Services Contractors; Support Services	6/15/2018	8	Planned Parenthood

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	Cultural Responsiveness	Overview of cultural awareness and responsiveness issues in mental health settings.	2 hours annually	Administration/mgt; Direct Services Contractors; Support Services	6/14/2018	1	Martha Sinclair-West, LCSW
Navigating Systems - Youth	Investing in Lifetimes: Using Our History to Enhance Our Impact	The webinar provides research foundations and observations helpful for local strategic planning efforts Three learning outcomes: 1.Understand historical context of campus efforts addressing drug & alcohol abuse, policies, programs, support services, prevention and education, evaluation, resources, and strategies. 2.Learn about areas of progress and gaps within the context of a comprehensive campus strategy. 3.Identify specific short-& longer-term approaches for implementation by campus leaders and groups, including tools, resources and strategies.	1hr	Administration/Managements	6/14/2018	1	Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery
Cultural Competence	Principles of Community Engagement Networking Lunch Seminar	UC Davis Health Center for Reducing health Disparities address principles of community engagement strategies	2.5 hrs		6/14/2018	12	Sergio Aguilar-Gaxiola, M.D., Ph.D & Fatima Malik, M.P.H.

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Family Focused - Youth</b>	Partnership for Well-Being Institute Conference	various trainings related to family focused services	7 hrs	direct services administration	6/13/2018	30	Multiple presenters
<b>Cultural Competence</b>	Preventing Workplace Harassment/Discrimination	Focus on Cultural/gender sensitivity and protected groups	2.5 hours once	B)Direct Services: County Staff D)Support Services	6/6/2018	64	Computer Training
<b>Recovery - Adult</b>	NAMI conference	new and innovative ways to advocate, current policies and their impact on all levels	10 hours once	A)Admin/Management	6/1/2018	18	NAMI
<b>Cultural Competence</b>	Developing your "Cultural Competence"	Understanding "cultural competence" vs "cultural humility"	1 hr annually	Administration/mgt; Direct Services Contractors; Support Services	5/25/2018	13	Ruth Shim, MD., MPH
<b>Cultural Competence</b>	Coercive Stategies in Child Sexual Abuse	identifying deviant grooming behavior and coercive stategies used by many perpetrators	1.5 hrs	Administration/mgt; Direct Services Contractors	5/23/2018	38	Natalie Bennett
<b>Cultural Competence</b>	International Rescue Comittee	Overview of cultural competence issues with international refugees	2hrs/annually	Administration/Mgt; Direct Services Contractors; Support Services	5/18/2018	83	David Van Hofwegen

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	International Rescue Committee	The process for refugees entering into the US	2 hours / annually	Administration/mgt; Direct Services Contractors	5/18/2018	26	David Von Hofwegen
<b>Cultural Competence</b>	Secondary Traumatic Stress/Vicarious Trauma	How to address it in your future	1.5 hrs/annually	Direct Services Contractors	5/17/2018	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
<b>Cultural Competence</b>	Understanding Domestic Violence	Understanding the impact and cycle of domestic violence on families	1 hour/ 1x	Administration/mgt; Direct Services Contractors	5/17/2018	34	WEAVE
<b>Recovery - Adult</b>	TF-CBT	TF-CBT	8hrs/2 days annually	Direct Services: Contractors	5/17/2018	2	Allison Hendricks, LCSW
<b>Family Focused - Youth</b>	California Mental Health Advocacy for Children and Youth	Forging the Future, Building Wellness for California's Children, Youth, and Families	16 hours/once	A)Admin/Management	5/16/2018	57	CMHACY
<b>Cultural Competence</b>	Cultural Responsiveness	Overview of cultural awareness and responsiveness issues in mental health settings.	2 hours annually	Administration/mgt; Direct Services Contractors; Support Services	5/11/2018	1	Martha Sinclair-West, LCSW

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Family Focused - Youth</b>	Collaborative Problem Solving	child and parent intervention training	8 hrs/3.5x	Direct Services Contractors	5/10/2018	72	Robert Lieberman & Lauren Ramirez
<b>Resiliency - Youth</b>	Collaborative Problem Solving -- Introduction	introduction to the collaborative problem solving model	8 hrs	direct services administration	5/10/2018	11	Bob Lieberman, LPC
<b>Cultural Competence</b>	Preventing Workplace Harassment/Discrimination	Focus on Cultural/gender sensitivity and protected groups	2.5 hours once	A)Admin/Management B)Direct Services: County Staff D)Support Services	5/3/2018	100	Computer Training
<b>Navigating Systems - Youth</b>	Pain in the Nation: The Drug, Alcohol and Suicide Epidemics	From 2006 to 2015, there were 1 million deaths from these three causes; drugs, alcohol, and suicide - account for 1.6 million fatalities over the coming decade (2016 to 2025). Discuss public health efforts underway, Q&A to follow	1.5hr	Administration/Management	5/1/2018	1	Dialogue4Health
<b>Resiliency - Youth</b>	CASRA Conference	CASRA Conference	8hrs/Once	Support Services	5/1/2018	400	Various

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Recovery - Adult	CASRA Spring Conference	Two day inspirational and informative training experience for practitioners working in the public mental health system offering the latest information on psychosocial rehabilitation and recovery-oriented practices	2 days		5/1/2018	400	Various
Family Focused - Youth	Functional Family Therapy-Symposium	Training on Fidelity Measures and incorporation within the FFT model.	2 Hours / As Needed	Direct Service Contractors	4/30/2018	3	Kellie Arme y & Lori Ford - National FFT Trainers
Family Focused - Youth	Family Matters Training	Training on facilitation of "Family Matters," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 hrs/1x	Direct Services Contractors	4/30/2018	3	Omni Staff
Cultural Competence	No Time to Lose Conference	Sacramento City Unified School District and Gender Health Center partnered for the 6th annual No Time to Lose conference to activate change for LGBTQ youth	1 day	Administration/management Direct service: contractors	4/27/2018	300	SCUSD/Gender Health Center

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Behind bars but still connected: Evidence for the benefits of family contact during incarceration	Understanding impact of incarceration on affected individuals & families	1 hr annually	Administration/mgt; Direct Services Contractors; Support Services	4/27/2018	10	Johanna Folk, MA.
<b>Resiliency - Youth</b>	Trauma Informed Care	This course will help participants define trauma and identify the effects of childhood trauma. Participants will also learn about treatment options, resiliency factors, vicarious trauma, and the importance of counselor self-care. ☑ Define trauma and identify 3 effects of childhood trauma in adulthood ☑ Understand treatment options and outline difference between Trauma-Informed care	6 hrs/one time	Administration/mgr, Direct Services	4/27/2018	26	Hallie Symons, Kathryn Taylor
<b>Resiliency - Youth</b>	Glory Conference: Giving Love to Our Rising Youth 2018 by the Black Child Legacy Campaign	experiences from the faith-based community with those of advocacy groups, stakeholders and services providers, as well as our Black Child Legacy Campaign communities, to reduce African American child deaths in Sacramento County.	7 hrs/annually		4/19/2018	200	Various
<b>CBMCS</b>	Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings	1 day	Administration/man agement Direct service: contractors	4/16/2018	68	Khani Gustafson, MSW and Jei Africa, PhD



## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Family Matters Training	Training on facilitation of "Family Matters," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 hrs/1x	Direct Services Contractors	4/14/2018	2	Omni Staff
Navigating Systems - Youth	Coping with Stress and Depression—Strategies for Families	Learn how to manage stress and identify depression in yourself and others. Webinar features Dr. Liza Zwiebach of the Emory Healthcare Veterans Program and Emory University School of Medicine.	2hr	Administration/Management	4/10/2018	1	Dr. Liza Zwiebach
<b>Cultural Competence</b>	Evidence Based Practices Symposium	review of various EBP	16 hrs	direct services administration	4/5/2018	400	multiple presenters
<b>Resiliency - Youth</b>	CSEC Part II- Advanced training on treating trauma in commercially sexually exploited children and youth	Advanced interventions to address trauma and build resiliency in the CSEC population.	3 hrs/one time	Administration/mgr, Direct Services	4/5/2018	45	Brandi Lyles

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Preventing Workplace Harassment/Discrimination	Focus on Cultural/gender sensitivity and protected groups	2.5 hours once	B)Direct Services: County Staff D)Support Services	4/3/2018	49	Computer Training
<b>Cultural Competence</b>	Diverse/Marginalized Populations	Learning the needs of marginalized populations and being culturally humble in the face of differences from ourselves	3hours/1x	All new staff members	4/3/2018	3	Preeya Roe
<b>Resiliency - Youth</b>	CSEC Part I- Introduction to sexual exploitation and trauma	Introduction to addressing trauma in CSEC youth. Increased focus on resiliency.	3 hrs/one time	Administration/mgt, Direct Services	4/3/2018	44	Brandi Lyles
<b>Cultural Competence</b>	Shame, Aggression and Self-Compassion	Clinical practice implications and resources for treating at-risk and offender adolescents	1.5 hrs	Administration/mgt; Direct Services Contractors	3/28/2018	38	Sarah Hofmann
Navigating Systems - Youth	Neuroscience of Addiction: A New Way to Think about Recovery	Provides an encompassing, but easy to understand summary of what the latest neuroscience research tells us about how to conceptualize addiction. Evidence-based care and shown to lead to the best rates of remission of substance use disorder.	1.5hr	Administration/Management	3/28/2018	1	NAADAC

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	Training for Providers Who Use Interpreters	Training for providers who use interpreter services to provide culturally and linguistically competent behavioral health services.	7 hours, one time	Administration/management Direct service: contractors	3/22/2018	52	Lidia Gamulin
Family Focused - Youth	Suicide Risk Factors, Screening, and Assessment	As a healthcare professional who deals with at-risk people, you know that those who are in distress are at an increased risk of suicide and that screening for suicidality is the first step in the process of prevention. This course dispels some of the common myths about suicide and provides you with up-to-date and accurate information about best practices in suicide screening and assessment. You will learn about specific factors that elevate risk of suicide and about some specific high-risk groups. Through a blend of didactic and interactive exercises, you will learn how to use screening instruments and several different models of comprehensive suicide assessment. The information you learn in this course will help you potentially save the lives of the at-risk population you encounter	1.25 hrs	Direct Services Contractors	3/22/2018	16	Relias Online Training
Recovery - Adult	Harm Reduction Services	Understanding the impact of substance use and harm reduction services	1 hour/ 1x	Administration/mgt; Direct Services Contractors	3/22/2018	15	Harm Reduction Services, Inc.

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	LGBT Caucus Event	Celebrating LGBTQ A;;oes: Courageous Voices	1 time / 2 hrs		3/21/2018	112	Various
Cultural Competence	Behavioral Health Interpreter Training	Intensive skills building curriculum for behavioral health interpreters	21 hours	Administration/man agement Direct service: contractors	3/19/2018	108	Lidia Gamulin, Rachel Guerrero
Family Focused - Youth	Introduction to Commercial Sexual Exploitation of Children (CSEC)	assessment and treatment of CSEC youth and families	1 hr annually	Administration/mgt; Direct Services Contractors; Support Services	3/16/2018	12	Brandi Liles, Ph.D.
Cultural Competence	Reducing Stigma in Global Mental Health	Innovations and interventions in South Asia and Sub-Saharan Africa	1 time		3/16/2018	150	Brandon Kohrt, MD
Cultural Competence	Secondary Traumatic Stress/Vicarious Trauma	Practicing What is Preached	1.5 hrs/annually	Direct Services Contractors	3/15/2018	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Family Focused - Youth	Teen Depression: Finding Resiliency and Solutions	Matthew Selekman, MSW, LCSW, shares how parents, guardians, caring adults, and schools can collaborate with a teenager to identify problems and work toward solutions. Bringing the voice of lived experience, mother Elizabeth and daughter Danielle share how their family's resiliency skills support Danielle as she manages ongoing symptoms of depression.	2hr	Administration/Management	3/13/2018	1	Matthew Selekman
Navigating Systems - Youth	Children's Documentation Training	review of documentation requirements	4 hrs	Administration/mgt	3/13/2018	2	various
Recovery - Adult	Strength Based Practice	Workshop from CASRA	2hrs/Once	Administration/Management, Direct Services: Contactors; Support Services	3/13/2018	17	Debra Brasher/CASRA
Resiliency - Youth	Strength Based Practice	Workshop from CASRA	2hrs/Once	Administration/Mgmt; Support Services	3/13/2018	2	Debra Brasher from CASRA

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Resiliency - Youth	Living A Healthy Lifestyle Community Health Event	The Sacramento Chapter of the National Coalition of 100 Black Women to address health disparities, specifically in nutrition, mental health access and physical health, within the community for women and girls	1 time		3/10/2018	50	Various
Family Focused - Youth	Love and Logic	Parenting interventions	2 hrs/6x	Direct Services Contractors	3/7/2018	12	John Glass
Resiliency - Youth	Bullying Training	An overview of the Sacramento Countywide Bullying Prevention Project and offer information to assist Behavioral Health, Mental Health (MH) and Alcohol and Drug Services (ADS) providers in providing support to children/youth that are impacted by bullying.	1 time		3/7/2018	80	Christina Sparks
Family Focused - Youth	High Fidelity Wraparound	review of high fidelity WRAP	8 hrs	direct services	3/5/2018	2	Laura Morris, AMFT
Resiliency - Youth	Gang Awareness Training	review of local gangs	3 hrs	direct services	3/5/2018	2	Sherriff's Dept

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Resiliency - Youth</b>	TIA Training Part 4 - 5	Training on facilitation of "Teens in Action," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 Hrs/3x	Direct Services Contractors	3/2/2018	18	Omni Staff
<b>Cultural Competence</b>	Disability & Trauma	Assessment and Intervention	1.5 hrs/annually	Direct Services Contractors	3/1/2018	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
<b>Cultural Competence</b>	African American Caucus Event	Celebrate Black History Month Luncheon	2 hrs		2/22/2018	120	Dr. Eric Gravenberg
<b>Cultural Competence</b>	Preventing Substance Use Disorder in Rural California	of rural culture. He will identify risk and protective factors of rural communities, and address implications of marijuana legalization in these areas. Finally, he will introduce best practices for providing culturally competent substance use disorder	1hr	Administration/Management	2/22/2018	1	Charlie Seltzer
<b>Family Focused - Youth</b>	Functional Family Therapy - Blue Prints Conf	Training Managers to Supervise to Fidelity	12 Hours / As needed	Administration / Mgt.	2/22/2018	4	Kellie Armev & Lori Ford - National FFT Trainers

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	Women at Greater Risk for Alcohol Addiction	Addiction: It is important for health professionals and the general public to understand how and why women are at risk for developing alcohol-related problems. In 2017, a survey to a sample of women who visited the HealthyWomen.org website. This survey asked about recent alcohol use, attitudes and beliefs about heavy	1hr	Administration/Management	2/21/2018	1	Hazelden Betty Ford Foundation
Cultural Competence	Refugee Resettlement Presentation	Presentation regarding behavioral health services in Sacramento County	1 time		2/16/2018	25	Mary Nakamura and Trang Hoang
Cultural Competence	Schizophrenia Spectrum Disorders	Diagnosis and Treatment	1.25 hrs/annually	Direct Services Contractors	2/15/2018	14	Brandi Hawk, Ph.D.
Resiliency - Youth	APT (FAC) Training Part 2 - 3	Training on facilitation of "Active Parenting of Teens," an AOD prevention model program including cultural sensitivity, adaptations, and other skills relevant to working with multicultural populations. Trains community leaders to impact their	8 Hrs/3x	Direct Services Contractors	2/15/2018	10	Omni Staff
Resiliency - Youth	TIA Training Pt. 1 of 3 @Castori	Training on facilitation of "Teens in Action," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural	8 Hrs/3x	Direct Services Contractors	2/14/2018	3	Omni Staff



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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Family Focused - Youth	High Fidelity Wraparound	review of high fidelity WRAP	8 hrs	direct services	2/12/2018	2	Laura Morris, AMFT
Resiliency - Youth	Coping CAT	A cognitive-behavioral treatment to reduce anxiety disorder in children and youth. Recognizing emotional and physical reactions to anxiety, clarifying thoughts and feelings and developing plans for effective coping.	10 Hours / Semi-Annually	Direct Service Contractors	2/9/2018	8	Tina Taxler - ROCC
Resiliency - Youth	Facilitator Part 1 of 3 (APT) Training @Omni	Training on facilitation skills of AOD prevention model programs including cultural sensitivity, adaptations, and other skills relevant to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural	8 Hrs/3x	Direct Services Contractors	2/9/2018	5	Omni Staff
Resiliency - Youth	TIA Training Part 1 - 3	Training on facilitation of "Teens in Action," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 Hrs/3x	Direct Services Contractors	2/9/2018	27	Omni Staff
Cultural Competence	Gang Awareness	Training for clinicians to help develop an awareness of Gang Activity and an understanding of the culture within Gangs	2 Hours / Annually	Direct Services Contractors / Administration/mgt. / Support Services	2/8/2018	23	Sacramento Probation Officers

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Family Focused - Youth	A Family at the Point of Growth	Video by Virginia Satir	2hrs/Once	Administration/Mgmt; Direct Services Contractors	2/8/2018	5	Video by Virginia Satir
Cultural Competence	Human Trafficking Conference Report	Conference attendees provided information for clinical staff on highlights of information gathered from conference in order to enhance understanding and treatment for this client population	1 hr/annually	Admin/Mgt; Direct Service Contractors	2/7/2018	33	Lauren Govern, AMFT; Kristen Knight, LCSW; Tiffany King, AMFT; Aubrey Manongsong, AMFT; Vicki Vang, LMFT; Penny Marsh, AMFT; Latasha Strawder, LMFT
Cultural Competence	Cultural Diversity Staff Project	Introduction to recognition of diversity of staff and plan to highlight a particular culture/ethnic group each month	1 hr/annually	Direct Services Contractors	2/7/2018	0	Rita Estanol, P.A.
Navigating Systems - Youth	Internal Utilization Review	Training to enhance clinical documentation and emphasis on importance of documentation in optimizing client treatment	2 hrs/annually		2/7/2018	31	Michelle Pettengill, LCSW
CBMCS	Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings	1 day	Administration/management Direct service: contractors	2/5/2018	69	
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	2/5/2018	3	Brandi Liles, PhD. (UC-Davis Center)

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Family Focused - Youth	High Fidelity Wraparound	review of high fidelity WRAP	8 hrs	direct services	2/2/2018	2	Laura Morris, AMFT
Cultural Competence	Bipolar Disorders	Diagnosis and Treatment	1.25 hrs/annually	Direct Services Contractors	2/1/2018	14	Brandi Hawk, Ph.D.
Cultural Competence	Religion, Spirituality, and Trauma	Discussion on counseling approaches and response to child abuse in this context	1.5 hrs/annually	Direct Services Contractors	2/1/2018	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
Family Focused - Youth	Family Matters Training	Training on facilitation of "Family Matters," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 hrs/1x	Direct Services Contractors	1/31/2018	6	Omni Staff
Cultural Competence	LGBTQ Training	<ul style="list-style-type: none"> <li>• Review Key Concepts and Terminology</li> <li>• Gain an understanding of the mental health disparities experienced by youth who are LGBTQ</li> <li>• Family Rejection and Acceptance</li> <li>• Develop cultural competency in working clinically with members of the LGBTQ community</li> </ul>	2 hrs/one time	Administration/mgr, Direct Services	1/30/2018	32	Gender Health Center

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Navigating Systems - Youth	Prevention Strategies	Conversation with Henny Lasley from SMART Colorado, sharing some prevention strategies that have been implemented throughout the state to address youth marijuana use, including local prevention campaigns created to address perception of harm. Provides opportunity to	1.5hr	Administration/Management	1/25/2018	2	Henny Lasley
Cultural Competence	Early Psychosis Treatment	Overview	1.5 hrs	Administration/mgt; Direct Services Contractors	1/24/2018	38	Johanna Folk & Claire Hatkevich
Cultural Competence	Self-Compassion: Do We Have Enough of It?	Trauma Stewardship	1.5 hrs/annually	Direct Services Contractors	1/18/2018	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
Cultural Competence	Autism Spectrum Disorder & Intellectual/Development Disabilities	Diagnosis and Treatment	1.25 hrs/annually	Direct Services Contractors	1/18/2018	14	Brandi Hawk, Ph.D.
Cultural Competence	Commercially Sexually Exploited Children- Identification and Awareness	Training of direct service staff in identification, awareness and understanding of sexual exploitation of children and the culture that exists.	6 Hours / Annually	Direct Service Contractors / Administration/Mgt.	1/18/2018	16	My Sister's House/Catherine Hart

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	A Trauma Informed Response to Human Trafficking	Enhancing understanding of the particular needs of this unique client population in clinical treatment	8 hrs/annually	Direct Services Contractors	1/16/2018	7	My Sister's House (CSU-Sacramento)
Cultural Competence	LGBTQQA	Learn how needs of LGBTQ populations might differ from others	3hours/1x	All new staff members	1/9/2018	14	Susan Miner
Cultural Competence	Competency-Working with Homeless Populations, LGBTQIA+, Diverse/Marginaliz	Overview of cultural competence issues in behavioral health treatment settings	4 hours- new staff	all staff	1/9/2018	1	Alexis Bernard, Susan Miner and Preeya Roe
Recovery - Adult	Introduction to Psychosocial Rehab	Training on rehabilitation services	2hr/once	Administration/Management, Direct Services; Contactors; Support Services	1/9/2018	17	Debra Brasher/CASRA
Resiliency - Youth	Valley High School Youth Mental Health Presentations	Valley High School CACHE project allows our community health worker trainees to design a culturally-competent public health presentation that addresses a pressing public health issue in their community. The CACHE project allows our CHW trainees to build a solid foundation for the future, preparing them for rewarding careers in health care.	1 time		1/9/2018	30	Various

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Family Focused - Youth</b>	High Fidelity Wraparound	review of high fidelity WRAP	8 hrs	direct services	1/8/2018	2	Laura Morris, AMFT
Navigating Systems - Youth	Ethics in Prevention	Online course addresses the role and application of ethics in substance abuse prevention. Using cases and interactive activities, participants will explore the six standards in the Prevention Code of Ethics and learn to use a 4-step decisionmaking process to assess, address, and evaluate a range of ethical issues.	1hr/per meeting	Administration/Management	1/8/2018	4	SAMHSA
<b>Resiliency - Youth</b>	Wellness Recovery Action Plan	Recovery Model	8hrs	Direct Services Contractors	1/5/2018	4	Davina Cuellar
<b>Cultural Competence</b>	Socioeconomic Status	Discussion on class and classism consciousness	1.5 hrs/annually	Direct Services Contractors	1/4/2018	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
<b>Cultural Competence</b>	Attention-Deficit Hyperactive Disorder	Diagnosis and Treatment	1.25 hrs/annually	Direct Services Contractors	1/4/2018	15	Brandi Hawk, Ph.D.
Resiliency - Youth	Early Onset Psychosis	Provide clinical information about identifying psychosis in young children	2 hrs/annually	Admin/Mgt; Direct Service Contractors	1/3/2018	32	Dr. Tara Niendam (EDAPT)
<b>Cultural Competence</b>	Disruptive, Impulse-Control & Conduct Disorders	Overview of diagnosis & treatment	1.25 hrs/annually	Direct Services Contractors	12/21/2017	14	Brandi Hawk, Ph.D.

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Psychosis & Substance Abuse	Overview of the impact of marijuana on the onset of psychosis	4 hrs	Administration/mgt; Direct Services Contractors; Support Services	12/20/2017	43	Tyler Lesh
Navigating Systems - Youth	Public Health Oriented Model Local Ordinance for Marijuana	Learning how to develop stronger local regulatory and taxation frameworks to protect youth, public health in wake of Prop 64. Legal research findings are provided to assess limits of allowable local regulation. Discussion of draft model local ordinance for marijuana retail and marketing regulation model local ordinance.	1.5hr	Administration/Management	12/15/2017	1	Multiple Presenters
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	12/11/2017	3	Brandi Liles, PhD. (UC-Davis Center)
<b>Cultural Competence</b>	LGBTQ Children & Families & Trauma	Impact of trauma on LGBTQ Children & Families	1.5 hrs/annually	Direct Services Contractors	12/7/2017	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
<b>Cultural Competence</b>	Anxiety Disorders	Overview of diagnosis & treatment	1.25 hrs/annually	Direct Services Contractors	12/7/2017	14	Brandi Hawk, Ph.D.
<b>Cultural Competence</b>	CSAAS/False Allegations		1.75 hrs/annually	Administration/mgt; Direct Services Contractors	12/6/2017	15	Blake Carmichael, Ph.D. & Anthony Urquiza, Ph.D.

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Resiliency - Youth	Tranformational Care Planing	Enhance clinical ability to conceptualize flow of treatment from assessment to treatment planning to treatment implementation while engaging clients and caregivers in the process	2 hrs/annually	Admin/Mgt; Direct Service contractors	12/6/2017	31	Michelle Pettengill, LCSW
CBMCS	Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings	1 day	Administration/man agement Direct service: contractors	12/5/2017	49	Khani Gustafson, MSW and Jei Africa, PhD
Cultural Competence	Cultural Competence: LGBTQT	How to deliver culturally competency, social & mental health services and resources to LGBTQT youth.	1hr	Administration/Man agement	12/5/2017	1	Multiple Presenters
Family Focused - Youth	Ages and Stages Assessment	Overall assessment of development in Children 0-5 years of age and linkages to appropriate developmental services	2 Hours / Simi-Annually	Direct Service Contractors /Administration/Agt.	12/4/2017	10	Tina Traxler -ROCC
Family Focused - Youth	Multisystemic Core Training	An intensive Family-and Community-Based treatment program that focuses on addressing all environmental systems athat impact chronic and violent juvenile offenders their home, community, school and families. Each system plays a roele in a youth's life.	40 Hours as needed.	Direct Servcie Contractors	12/4/2017	20	MST National Trainers



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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	12/4/2017	3	Brandi Liles, PhD. (UC-Davis Center)
Cultural Competence	Behavioral Health Care Symposium	Focus on behavioral health care policy and pressing issues	2 days		12/4/2017	4	Various
Resiliency - Youth	Teens In Action	Training on facilitation of "Teens in Action," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 Hrs/3x	Direct Services Contractors	11/20/2017	5	Omni Staff
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	11/19/2017	6	Brandi Liles, PhD. (UC-Davis Center)
Family Focused - Youth	Adoption Competency Training	review of adoption competency	8 hrs	direct services	11/17/2017	1	Lilliput staff

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Depressive Disorders	Overview of diagnosis & treatment	1.25 hrs/annually	Direct Services Contractors	11/16/2017	14	Brandi Hawk, Ph.D.
Family Focused - Youth	Electronic Screen Addiction	Correlation between impulsive and prolonged use of electronic screens and potential for developing substance addiction, the link between prolonged screen use, impulse control, family relationships, and risk of mental health/addiction development in children and teens	1hr	Administration/Management	11/15/2017	1	NAADAC
<b>Family Focused - Youth</b>	Active Parenting of Teens	Training on facilitation of "Active Parenting of Teens," an AOD prevention model program including cultural sensitivity, adaptations, and other skills relevant to working with multicultural populations	8 hrs/1x	Direct Services Contractors	11/14/2017	4	Omni Staff
Navigating Systems - Youth	Marijuana and our Health	Explore the scientific information available about the effects of marijuana use on our health, the challenges in getting a full picture, and how states that have legalized marijuana continue to research and monitor these effects.	1hr	Administration/Management	11/14/2017	1	CA4Health

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Family Focused - Youth	Recovering Hope: Lets Talk About Solutions to the Opioid Epidemic	Conversation about the lifesaving difference you can make for individuals and families struggling with opioid addiction—and how, together, we can save more lives. You will hear perspectives and updates on solutions to the opioid epidemic, including how we can help more individuals, families and communities access the care and healing they need.	1.5hr	Administration/Management	11/13/2017	1	Mark Misheck
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	11/13/2017	3	Brandi Liles, PhD. (UC-Davis Center)
Cultural Competence	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	11/9/2017	2	Brandi Liles, PhD. (UC-Davis Center)
Cultural Competence	37 <sup>th</sup> Annual Mental Health and Aging Conference	Training about how social, cultural, environmental factors impact health and well-being intervention for older adults and includes cultural considerations.	8 hours	Administration/management . Direct services: Contractors Community Members General Public	11/8/2017	287	Robin Zasio, Psy. D., LCSW and Ladson Hinton, M.D
Recovery - Adult	Presentation on Navigating the System for the Mental Health referral Ministry	Presentation to faith community on Sacramento County behavioral health services and navigating the system	2 hrs		11/8/2017	80	Darlene Moore and Camica Edwards

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Resiliency - Youth	Teens In Action	Training on facilitation of "Teens in Action," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 Hrs/3x	Direct Services Contractors	11/7/2017	28	Omni Staff
Cultural Competence	Latino Caucus Event	Festival Latino: Latino cultural sharing including a keynote speaker Judge Emily Vasquez	1.5 hrs		11/7/2017	200	Judge Emily Vasquez
Resiliency - Youth	Bullying Prevention Training	An overview of the Sacramento Countywide Bullying Prevention Project and offer information to assist Behavioral Health, Mental Health (MH) and Alcohol and Drug Services (ADS) providers in providing support to children/youth that are impacted by bullying.	1 time		11/7/2017	25	Christina Sparks
Family Focused - Youth	Structural Family Therapy	Video by Harry Aponte, LCSW	2hrs/Once	Administration/Mgmt; Direct Services Contractors	11/6/2017	4	Video by Harry Aponte, LCSW

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Navigating Systems - Youth</b>	Collaborative Documentation Training	Review of collaborative documentation	8 hrs	direct services administration	11/6/2017	12	various
<b>Navigating Systems - Youth</b>	Conference	Neuroscience-based Social Work Conference: Latest findings on brain research and how to apply it to social science helping professions.	1hr	Administration/Management	11/6/2017	4	Multiple Presenters
<b>Resiliency - Youth</b>	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	11/6/2017	3	Brandi Liles, PhD. (UC-Davis Center)
<b>Cultural Competence</b>	Gender, Sexism & Trauma	Impact of Gender, Sexism & Trauma	1.5 hrs/annually	Direct Services Contractors	11/2/2017	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
<b>Cultural Competence</b>	Trauma & Stressor-Related Disorders	Overview of diagnosis & treatment	1.25 hrs/annually	Direct Services Contractors	11/2/2017	14	Brandi Hawk, Ph.D.

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	Clinical Issues in Treatment with LGBTQ Clients	Enhancing clinical understanding of the LGBTQ culture and specific issues related to treatment with this client population	2 hrs/annually	Admin/Mgt; Direct Service Contractors	11/1/2017	38	Dr. David Nyland (Gender Health Center Sacramento, CA TF-CBT)
Cultural Competence	Family & Youth Advocacy	Presentation of services provided by Family Partner	2 hrs	Administration/mgt; Direct Services Contractors; Support Services	10/25/2017	41	Amy Dugan
Resiliency - Youth	Teens In Action	Training on facilitation of "Teens in Action," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural	8 Hrs/3x	Direct Services Contractors	10/25/2017	2	Omni Staff
Recovery - Adult	Integrated Care Conference	"Integrating Substance Use, MH and Primary care services	2 days		10/25/2017	6	Various
Recovery - Adult	Recovery and Trauma Informed Care	Overview of the Recovery Philosophy and Trauma Informed Care	4x hours annually	Administration/mgt; Direct Services Contractors; Support Services	10/24/2017	1	Genelle Eskow, LCSW

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Family Focused - Youth	Family Matters	Training on facilitation of "Family Matters," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural	8 hrs/1x	Direct Services Contractors	10/23/2017	2	Omni Staff
Resiliency - Youth	Facilitator Training	Training on facilitation skills of AOD prevention model programs including cultural sensitivity, adaptations, and other skills relevant to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural	8 hrs/1x	Direct Services Contractors	10/23/2017	21	Omni Staff
Family Focused - Youth	Family Focused Therapy	Overview of FFT treatment model and approach to care with youth & families	1 hr annually	Administration/mgt; Direct Services Contractors; Support Services	10/20/2017	12	Khalima Bolden, Ph.D
Family Focused - Youth	Adoption Competency Training	review of adoption competency	8 hrs	direct services	10/20/2017	1	Lilliput staff
Cultural Competence	Understanding the Impact of Trauma	Overview of the impact of trauma- 12 Core concepts	1.25 hrs/annually	Direct Services Contractors	10/19/2017	14	Brandi Hawk, Ph.D.

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Secondary Traumatic Stress & Vicarious Trauma	An introduction to secondary traumatic stress & vicarious trauma: Definitions & Statistics	1.5 hrs/annually	Direct Services Contractors	10/19/2017	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
<b>Resiliency - Youth</b>	Facilitator Training	Training on facilitation skills of AOD prevention model programs including cultural sensitivity, adaptations, and other skills relevant to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural	8 hrs/1x	Direct Services Contractors	10/19/2017	2	Omni Staff
<b>Cultural Competence</b>	Evaluation Standards & Ethics	What are the ethical standards for completing evaluations; "Bad Evaluations"	1.75 hrs/annually	Administration/mgt; Direct Services Contractors	10/18/2017	9	Blake Carmichael, Ph.D.
<b>Resiliency - Youth</b>	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	10/16/2017	3	Brandi Liles, PhD. (UC-Davis Center)
<b>Resiliency - Youth</b>	Facilitator Training	Training on facilitation skills of AOD prevention model programs including cultural sensitivity, adaptations, and other skills relevant to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural	8 hrs/1x	Direct Services Contractors	10/14/2017	5	Omni Staff



## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Family Focused - Youth</b>	Nurtured Heart Training	review of nurtured heart model	4 hrs	direct services administration	10/12/2017	60	Becky Melton, LCSW
Cultural Competence	Influences on LGBT Population	to higher rates of using substances, selfassessment for providing services to LGBT clients, and practices for LGBT affirmative practices. Topics include the societal influences of minority stress, micro-aggressions, victimization, religion, visibility	1hr	Administration/Management	10/11/2017	1	NAADAC
Cultural Competence	LGBTQ Caucus Event	2nd Annual Coming Out: Stories of courage and acceptance	2 hrs		10/11/2017	72	Various
<b>Cultural Competence</b>	Diversity Seminar	Improve understanding of diversity and cultural humility.	90 min/2x monthly	Direct Services Contractors	10/10/2017	100	Carlina Wheeler, Ph.D.
<b>Cultural Competence</b>	Co-Occurring Substance Use	Resources for AOD and using the CODA.	1hr/once	Administration/Management, Direct Services: Contactors; Support Services	10/10/2017	16	Amber Cation and Linda Tran

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Recovery - Adult	The RCCS Conversations: Awakening Hope	Understand the importance of having a positive mindset. Know how to help others in awakening hope. Identify tools that can help this kind of conversation.	0.5 hr	Direct Services Contractors	10/10/2017	26	Relias Online Training
Resiliency - Youth	Aggression Replacement Training (ART) Teaching Prosocial Skills	A multidimensional psychoeducational intervention designed to promote prosocial behavior for aggressive and violent adolescents.	14 Hours / Annually	Direct Service Contractors /Administration/Tgt.	10/9/2017	88	Karen Thompson - ROCC
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	10/8/2017	2	Brandi Liles, PhD. (UC-Davis Center)
Cultural Competence	Cognitive Behavioral Therapy (CC)	Overview of fundamentals of Cognitive Behavioral Therapy – Part II and includes cultural considerations	1 hour annually	Direct Services Contractor	10/5/2017	13	Dr. Hawk
Cultural Competence	Trauma & Immigrant Families (CC)	How trauma impacts immigrant families and includes cultural considerations.	1.5 hours annually	Direct Services Contractor	10/5/2017	14	Elizabeth Mota-Garcia, LCSW

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Trauma & Immigrant Families	How trauma impacts immigrant families	1.5 hrs/annually	Direct Services Contractors	10/5/2017	15	Elizabeth Mota-Garcia, LCSW
<b>Cultural Competence</b>	Cognitive Behavioral Therapy Part II	Overview of fundamentals of Cognitive Behavioral Therapy	1.25 hrs/annually	Direct Services Contractors	10/5/2017	14	Brandi Hawk, Ph.D.
<b>Family Focused - Youth</b>	Nurtured Heart	child and parent intervention training	2 hrs/6x	Direct Services Contractors	10/5/2017	42	Rebecca Melton, LCSW
Navigating Systems - Youth	Public Event	Overview of current state and city regulations for establishing a cannabis business.	2.5hr	Administration/Management	10/5/2017	1	Multiple Presenters
<b>Cultural Competence</b>	Juvenile Competency	discussion on developmental immaturity, cognition/achievement, treatment planning	1.75 hrs/annually	Administration/mgt; Direct Services Contractors	10/4/2017	10	Anthony Urquiza, Ph.D.

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Navigating Systems - Youth</b>	Gender Health Center Training	overview of center, LGBTQ rights, appropriate vocabularies to use, and resources available	one time	Direct Services County Staff, Administration/Mgt, Support Services	10/4/2017	11	Keiko Torres
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	10/4/2017	3	Brandi Liles, PhD. (UC-Davis Center)
<b>Cultural Competence</b>	Competency-Working with Homeless Populations, LGBTQIA+, Diverse/Marginalized	Overview of cultural competence issues in behavioral health treatment settings	4 hours- new staff	all staff	10/3/2017	4	Alexis Bernard, Susan Miner and Preeya Roe
<b>Family Focused - Youth</b>	Family Search and Engagement	This interactive course, through facilitated discussion and exercises, will provide an overview/refresher of the skills and phases of this practice as well as demonstrations of the technology employed.	3 hrs/one time	Direct Services	10/2/2017	1	Jennifer Aldrich
<b>Resiliency - Youth</b>	Transition to Independence (TIP) Part 1 and 2	Engage youth in their own futures planning process, prepares and facilitates their movement toward greater self-sufficiency and success in achievement of their goals	24 Hours / Semi-Annually	Direct Service Contractors /Administration/Igt.	9/28/2017	232	Jessica Larson, Kalisa Johnson & Josef Grey ROCC

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Family Focused - Youth	PCIT Advanced Skills Training	Advanced Training in Parent Child Interactive Theapy (PCIT)	24 Hours / As Needed	Direct Service Contracctors / Administration/mgt.	9/27/2017	65	Anthony Urquiza, UC Davis /Leslie Wilson ROCC
Resiliency - Youth	Parent Child Interaction Therapy (CC, R)	Annual conference with multiple topics related to PCIT includes cultural considerations.	16 hours annually	Community Event	9/27/2017	718	Multiple Presenters
Resiliency - Youth	Teen Depression	Learn how to identify depression in teens and intervene with effective communication techniques.	2hr	Administration/Man agement	9/26/2017	1	Dr. Nancy Rappaport
Navigating Systems - Youth	Sacramento County Homelessness Services Training	Overview of how to best support individuals experiencing homelessness in Sacramento region	one time	Direct Services County Staff, Administration/Mgt, Support Services	9/22/2017	14	Monica Rocha-Wyatt
Cultural Competence	Cognitive Behavioral Therapy (CC)	Overview of fundamentals of Cognitive Behavioral Therapy - Part I and includes cultural considerations.	1 hour annually	Direct Services Contractor	9/21/2017	13	Dr. Hawk

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Cognitive Behavioral Therapy Part I	Overview of fundamentals of Cognitive Behavioral Therapy	1.25 hrs/annually	Direct Services Contractors	9/21/2017	14	Brandi Hawk, Ph.D.
Navigating Systems - Youth	Cultural Competence	Shared knowledge on the current trends in Marijuana crisis & Opioid epidemic in marginalized communities.	2.5hr	Administration/Management	9/21/2017	1	Multiple Presenters
Resiliency - Youth	Understanding the Impact of Trauma (CC, R)	Overview of the impact of trauma includes cultural considerations.	1 hour annually	Direct Services Contractor	9/21/2017	13	Dr. Hawk
<b>Cultural Competence</b>	International Rescue Committee-Working with Refugee Populations	Shared services they offer and talked about best practices working with refugee population	1 hour	Administration/Management; Direct Services Contractors	9/20/2017	12	David Van Hofwegen
Family Focused - Youth	Understanding the impact of addiction	Psycho education for families and clients (FF)	4 hr / once	Direct Contractors	9/20/2017	7	Debra Wieg

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Navigating Systems - Youth	Mustard Seed Presentation (CC, N)	Overview of services provided at Mustard Seed school	2 hours annually	Administration/Mgmt. Direct Services Contractor. Support Services	9/20/2017	43	Casey Knittel
Navigating Systems - Youth	Mustard Seed Agency Presentation	Overview of services provided at Mustard Seed school	1.5 hrs	Administration/mgt; Direct Services Contractors; Support Services	9/20/2017	43	Casey Knittel, Director of Mustard Seed
Recovery - Adult	Supporting Recovery and Change (COEG 1)	Telecare for Telecare employees. In this module you will learn ways to support and inspire the individuals who are receiving services in our programs. Specifically, you will learn: the meaning of several words frequently used in Telecare programs,	1 hr	Direct Services Contractors	9/20/2017	18	Relias Online Training
Resiliency - Youth	CSEC - Identification and Engagement	Intro to child sexual exploitation that covers child sex trafficking, identification of CSEC youth, and basic strategies for engagement	one time	Direct Services County Staff, Administration/Mgt, Support Services	9/20/2017	92	Online (Stars University)
Resiliency - Youth	Magnitude and Trends in Heavy Episodic Drinking Among College Age Adults	Magnitude and Trends in Heavy Episodic Drinking, Alcohol-Impaired Driving, and AlcoholRelated Mortality and Overdose Hospitalizations Among Emerging Adults of College Ages 18–24 in the United States	1hr	Administration/Management	9/20/2017	1	Dr.Ralph Hingson

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	CSEC Pact Conference	Introduction to addressing trauma in CSEC youth. Increased focus on resiliency.	1 time		9/20/2017	1	Various
<b>Navigating Systems - Youth</b>	Mental Health Needs & Services Use Among Young Adults Experiencing Homelessness	Intro to current data of homelessness with young adults, implications for programs providing mental health services for TAY and potential solutions to increase connection and supports	one time	Direct Services County Staff, Administration/Mgt, Support Services	9/19/2017	18	Webinar
<b>Cultural Competence</b>	Engagement of transgendered individuals in care	Engagement of transgendered individuals in care	1 hr annually	Administration/mgt; Direct Services Contractors; Support Services	9/15/2017	12	Denae Simmons, Ph.D.
<b>Cultural Competence</b>	Youth Advisory Council Meeting	Training on how to effectively implement cultural adaptations and increase their availability to the community, focusing on culturally and linguistically diverse communities.	2 hrs/1x	Direct Services Contractors	9/13/2017	13	Omni Staff
Family Focused - Youth	Conversations to help navigate parenting	Specific parent coaching strategies that can be woven into everyday conversations with parents, conversations that foster greater self-awareness, increase family well-being, and new ways to think about parenting challenges.	1.5hr	Administration/Management	9/13/2017	1	Michele
<b>Navigating Systems - Youth</b>	Safety and Emergency Response Training	Informing staff of procedures for emergency situation and workplace safety policies and procedures	1 hr/ annually	Admin/Mgt; Direct Service Contractors; Support Services	9/13/2017	36	Sarah Avallone (Director of Finance)



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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Resiliency - Youth	Birth and Beyond	Providing information for resource development and linkage for clients needing assistance with parenting and child development education	1 hr/ annually	Admin/Mgt; Direct Service Contractors	9/13/2017	29	Stacy Vang Nhiayi
Resiliency - Youth	Trauma Assessment Screening Tool	Review of the California Assessment for Trauma tool for use during the assessment process	1hr/annually	Admin/Mgt; Direct Service Contractors	9/13/2017	30	Deborah Hicks, LCSW
Recovery - Adult	Suicide Prevention	Risk factors, statistics, what to look for and what to do	45 min/once	Administration/Management, Direct Services; Contactors; Support Services	9/12/2017	22	Amber Cation and Wendy Hoffman-Blank, LCSW
Cultural Competence	Mental Health: Culture, Race, and Ethnicity	Highlights role culture & society play in mental health, mental illness, & types of mental health services people seek	one time	Direct Services County Staff	9/11/2017	12	Online (Stars University)
Family Focused - Youth	Assessment & Engagemnt in Family Therapy	Video by Monica McGoldrick, LCSW	1 hour/2x annually	Administration/Mgmt; Direct Services Contractors; Support Services	9/8/2017	22	Video by Monica MCGoldrick, LCSW
Recovery - Adult	Assessment & Engagemnt in Family Therapy	Video by Monica McGoldrick, LCSW	1 hr/2x annually	Administration/Management, Direct Services; Contactors	9/8/2017	6	Video by Monica MCGoldrick, LCSW
Family Focused - Youth	Infant Development Association (IDA)	Supporting CA Early Intervention Community	1 time		9/8/2017	8	Various

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	Children & Therapy (CC)	Overview of Engagement & Behavior Management Strategies with Children & Therapy and includes cultural considerations.	1 hour annually	Direct Services Contractor	9/7/2017	13	Dr. Hawk
Cultural Competence	Trauma and Race (CC)	Overview of race, racism, & trauma	1.5 hours annually	Direct Services Contractor	9/7/2017	13	Drs. Hawk & Liles
<b>Cultural Competence</b>	Trauma & Race	Overview of race, racism, and trauma	1.5 hrs/annually	Direct Services Contractors	9/7/2017	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
<b>Cultural Competence</b>	Children & Therapy	Overview of Engagement & Behavior Management Strategies with Children & Therapy	1.25 hrs/annually	Direct Services Contractors	9/7/2017	14	Brandi Hawk, Ph.D.
<b>Cultural Competence</b>	Parenting Assessments	How adults benefit from services; effect on ability to parent; Mental Health/Diagnostic Considerations	1.45 hrs/annually	Administration/mgt; Direct Services Contractors	9/6/2017	9	Blake Carmichael, Ph.D.

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Recovery - Adult	Recovery of Persons with Severe and Persistent Mental Illness	Individuals who are recovering from severe persistent mental illness (SPMI) are engaged in a wide array of services within community mental health centers, community-based residential settings, rehabilitation programs, inpatient psychiatric units, and state hospitals. As a mental health service provider within the continuum of services, you are an important member of the team that partners with individuals to help them achieve their personal recovery goals. Your ability to work effectively with this unique population can be enhanced and strengthened by a foundational understanding of key information about SPMI. The main goal of this course is to help you understand the wide array of options available today to help individuals with SPMI recover and lead purposeful, rewarding lives within the community setting. You will learn about the etiology and challenges of SPMIs, the types of medications used to treat SPMIs, and community-based methods of supporting recovery. Using a blend of interactive exercises and detailed case vignettes to reinforce your learning, this training will help you understand and work more effectively with this population	1.75 hrs	Direct Services Contractors	9/6/2017	81	Relias Online Training
Family Focused - Youth	California Behavioral Health Policy Forum	From vision to implementation MHSA Success of Today and Innovations of Tomorrow	1 time		9/6/2017	6	

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Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Cultural Diversity	Understanding and Respecting Cultural Differences	1.5 hours/As assigned	Administration/mgt; Direct Services Contractors; Support Services	9/5/2017	228	Relias, Online learning
<b>Family Focused - Youth</b>	Working with LGBTQ Youth	Overview of various issues and challenges related to working with LGBTQ Youths	one time	Direct Services County Staff, Administration/Mgt, Support Services	8/31/2017	19	Emily Bender
Cultural Competence	Refugee Summit: Navigating change and building community together	The summit will provide an opportunity to share knowledge, training, technical assistance, experiences and best practices as well as an opportunity to network and promote and enhance collaboration.	1 time		8/30/2017	400	Various
<b>Family Focused - Youth</b>	Interventions for younger children	Interventions for younger children	6 hrs	Direct Services Contractors	8/29/2017	10	Jason Isacson & Kris Rickards
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	8/28/2017	6	Brandi Liles, PhD. (UC-Davis Center)
Cultural Competence	NAMI Multicultural Confrence	Moving forward in times of challenging national agenda on race, diversity and inclusion	1 time		8/24/2017	9	Rachel G. Guerrero
<b>Family Focused - Youth</b>	Multisystemic Booster Training	MST Booster Traning to maintain Fidelity of the model.	8 Hours / Quarterly	Direct Service Contractors /Administration/Mgt	8/23/2017	48	MST National Trainers

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Family Focused - Youth	Connectedness Mapping	This training will assist direct care providers in the use of the Connectedness Diagram Model in order to support children, families and caregivers in identifying natural supports for children and families.	2.5 hrs/one time	Direct Services	8/22/2017	76	Jennifer Aldrich, Xiomara Seide
Navigating Systems - Youth	Commercial Sexual Exploitation	Indicators of commercial sexual exploitation, tools and resources to integrate the assessment of commercial sexual exploitation into youth development programs.	1.5hr	Administration/Management	8/22/2017	1	Multiple Presenters
Resiliency - Youth	TF-CBT (R)	Trauma Focused CBT training	8 hours each day for designated staff	Direct Services Contractor	8/22/2017	20	CIBHS
Family Focused - Youth	podcast	Preventing Underage Drinking - Parents, Children and Alcohol	1hr	Administration/Management	8/21/2017	1	Multiple Presenters
Navigating Systems - Youth	CPI PX Core Competency Series Sacramento County	3 day training on Prevention strategies, cultural competency, theories, counseling techniques, etc. for prevention providers	1hr/per meeting	Administration/Management	8/21/2017	3	Ralph Blakman
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	8/21/2017	2	Brandi Liles, PhD. (UC-Davis Center)

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Family Focused - Youth	Suicide Screening and Risk Factors - Retired	As a healthcare professional who deals with at-risk people, you know that those who are in distress are at an increased risk of suicide and that screening for suicidality is the first step in the process of prevention. This course dispels some of the common myths about suicide and provides you with up-to-date and accurate information about best practices in suicide screening and assessment. You will learn about specific factors that elevate risk of suicide and about some specific high-risk groups. Through a blend of didactic and interactive exercises, you will learn how to use screening instruments and several different models of comprehensive suicide assessment.	1 hr	Direct Services Contractors	8/20/2017	19	Relias Online Training
Resiliency - Youth	TF-CBT (R)	Online Trauma Focused CBT training	10 hours for designated staff	Direct Services Contractor	8/18/2017	12	CIBHS Online
Cultural Competence	Secondary Traumatic Stress & Vicarious Trauma (CC)	An introduction to secondary traumatic stress & vicarious trauma: Definitions & Statistics and includes cultural considerations.	1.5 hours annually	Direct Services Contractor	8/17/2017	13	Drs. Hawk & Liles
Cultural Competence	Assessment & Therapy with Children (CC)	An Overview of assessment & therapy with children and includes cultural considerations.	1 hour annually	Direct Services Contractor	8/17/2017	13	Dr. Hawk

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	Secondary Traumatic Stress & Vicarious Trauma	An introduction to secondary traumatic stress & vicarious trauma: Definitions & Statistics	1.5 hrs/annually	Direct Services Contractors	8/17/2017	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
Cultural Competence	Assessment & Therapy with Children	Overview on interviewing, rapport building, using time, incorporating parents and children, common problems	1.25 hrs/annually	Direct Services Contractors	8/17/2017	14	Brandi Hawk, Ph.D.
Cultural Competence	Evaluation Interviewing: What's so Different	The evaluation interview technique eliminates an interviewer's personal bias, improving knowledge, skill, attitude and experience.	1.45 hrs/annually	Administration/mgt; Direct Services Contractors	8/16/2017	9	Blake Carmichael, Ph.D.
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	8/14/2017	3	Brandi Liles, Ph.D. (UC-Davis Center)
Family Focused - Youth	Part 1: Essentials of Cultural Humility; Part 2: Working with Spanish Speaking Families	Education/importance of cultural humility and working with Spanish speaking families	3 hrs/one-time	Direct Services Contractors; Administration/Management; Support Services	8/10/2017	26	Dr. Hendry Ton & Christina Nava, LMFT
Family Focused - Youth	Child Centered Play Therapy	Attachment skills for parents and child (FF)	32 hrs/once	Direct Contractors	8/9/2017	8	Karen Pernet
Cultural Competence	Personal Culture (CC)	A multidimensional ecological comparative approach (MECA)	1.5 hours annually	Direct Services Contractor	8/3/2017	13	Drs. Hawk & Liles

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Personal Culture	Multidimensional Ecological Comparative Approach (MECA)	1.5 hrs/annually	Direct Services Contractors	8/3/2017	15	Brandi Liles, Ph.D. & Brandi Hawk, Ph.D.
<b>Cultural Competence</b>	Micro Skills in Therapy	This entry level training focuses primarily on helping staff develop counseling competence using the microskills approach, which focuses primarily on the development of observable skills,	1.25 hrs/annually	Direct Services Contractors	8/3/2017	15	Brandi Hawk, Ph.D.
<b>Resiliency - Youth</b>	Facilitator Training	Training on facilitation skills of AOD prevention model programs including cultural sensitivity, adaptations, and other skills relevant to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 hrs/1x	Direct Services Contractors	8/3/2017	2	Omni Staff
<b>Cultural Competence</b>	Clinical Decision Making in a Blink	Helping staff understand critical elements of clinical decision making when working with clients	1.75 hrs/annually	Administration/mgt; Direct Services Contractors	8/2/2017	10	Dawn Blacker, Ph.D.
Navigating Systems - Youth	Linking clients with Sacramento Regional Family Justice Center	Providing information for resource development and linkage for clients needing legal assistance	1 hour annually	Admin/Mgt; Direct Service Contractors	8/2/2017	31	Joyce Bilyeau (Director of Client Services)
<b>Recovery - Adult</b>	Recovery and Trauma Informed Care	Overview of the Recovery Philosophy and Trauma Informed Care	4x hours annually	Administration/mgt; Direct Services Contractors; Support Services	8/1/2017	4	Genelle Eskow, LCSW



## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Motivational Interviewing	Implementing research-based engagement strategies from the family's perspective.	16 Hours	Direct Services Contractors / Administration/mgt.	7/31/2017	125	Jessica Larson & John Holmes- ROCC
<b>Resiliency - Youth</b>	Skills Streaming	Pro-Social Skill generalization and managing behaviors	8 Hours / Semi-Annually	Direct Service Contractors	7/31/2017	86	Karen Thompson - ROCC
<b>Family Focused - Youth</b>	Family Crisis Management & Intervention	Trains staff how to manage crisis situations and deescalate a crisis.	4 Hours / Semi-Annually	Direct Service Contractors /Administration/Cgt.	7/28/2017	21	Laura Jackson & Veronica Mayfield - ROCC
<b>Resiliency - Youth</b>	Teens In Action	Training on facilitation of "Teens in Action," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 Hrs/3x	Direct Services Contractors	7/28/2017	2	Omni Staff
<b>Navigating Systems - Youth</b>	Sac EDAPT - Early Detection & Assessment Psychosis Services	Training to detect and screen for early psychosis and navigating eligibility and referral process	1.5 Hours / Monthly	Direct Service Contractors /Administration/Agt.	7/27/2017	228	UC-Davis

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Resiliency - Youth	Facilitator Training	Training on facilitation skills of AOD prevention model programs including cultural sensitivity, adaptations, and other skills relevant to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 hrs/1x	Direct Services Contractors	7/27/2017	2	Omni Staff
Cultural Competence	Child Welfare Legal Process: Reasons for Child Welfare Evaluations (CWE) and Psych Testing (PT) Referrals/ Evaluation framework and Process	Overview of the CWE and PT process	4 hrs/annually	Administration/mgt; Direct Services Contractors	7/26/2017	9	Blake Carmichael, Ph.D.
Recovery - Adult	Managing Patients with Behavioral Health Needs in Acute and ED Settings	Managing patients in crisis — examine the different levels of care available when managing patients with behavioral health needs	1 time		7/25/2017	2	Various
Resiliency - Youth	TF-CBT Phone Calls	Case Consultation Conference Calls to complete training with Dr. Liles	1 hr/monthly for 9 months	Direct Services Contractors	7/23/2017	6	Brandi Liles, PhD. (UC-Davis Center)

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	NAMI: Pathways Multicultural Town Hall	Culture, race, gender, ethnicity, age and sexual orientation are all factors that can influence mental health. Challenges in overcoming mental illness include experiences of discrimination due to racial, ethnic, gender or sexual orientation, history of sexual abuse, history of violence in the community and more.	4 one time	A)Admin/Management C)Direct Services Contractor E) Community Members/General Public	7/22/2017	50	Darlene Moore Camica Edwards & Pixie Ganem & Melissa Mattheds, MD Rosa Rosas & Linda Ryan & Andres Sciolla, MD & Tatiana Shevchenko
Cultural Competence	Cultural Responsiveness	During this training participants will have the opportunity to increase their awareness of challenges people face based on their differences. Participants will examine their own biases, and demonstrate awareness with social diversity. The perspective of the children and families we serve will be integrated through cultural formulation. Be the end of the training, participants will know their responsibility in informing and protecting the civil rights of those we serve. Participants will know the process for reporting civil rights violations perpetrated against the children/families we serve and/or against themselves.	4 hrs/annually	Administration/mgt, Direct Service Contractors, Support Staff	7/20/2017	78	Becky Moser
Recovery - Adult	Suicide Risk Assessment	Training on how to assess for level of risk for clients experiencing suicidal ideation	2 hr/once	Administration/Management, Direct Services: Contactors	7/20/2017	2	Bill Collins and Brian Atkinson, VA staff

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Resiliency - Youth</b>	Dialectical Behavioral Therapy (DBT) & Consultation	A cognitive behavioral treatment developed to treat chronically suicidal individuals diagnosed with border line personality disorder. Monthly Consultation and training to Fidelity.	80 Hours / As Assigned	Direct Service Contractors /Administration/Tgt.	7/20/2017	12	DBT National Trainers Adam Payne, PhD
Family Focused - Youth	TF-CBT	Decrease trauma symptoms (FF)	16 hrs/once	Direct Contractors	7/15/2017	2	UC Davis
<b>Cultural Competence</b>	Cultural Considerations: A Conversation	Training provides participants a better understanding of the impact of culture in providing social and behavioral health services. Exploring key elements of understanding cultural competency and utilizing them in practice within and outside of River Oak.	4 hours/simi-annually	Direct Services Contractors	7/14/2017	38	Betty Knight & Faith Patterson - ROCC
Resiliency - Youth	TF-CBT Training	Two day intensive training in TF-CBT leading to national certification	16 hrs/annually	Direct Services Contractors	7/13/2017	14	Brandi Liles, PhD. (UC-Davis Center)
<b>Family Focused - Youth</b>	Incredible Years / Incredible Years for Autism and Language Delayed	A parenting program shown to reduce risk factors for violence and crime. Promotes protective factors, focusing on strengthening the child's social and emotional competence and school readiness.	24 Hours / As Needed	Direct Service Contractors /Administration/Agt.	7/12/2017	15	Carolyn Webster-Stratton - National IY Trainer

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Navigating Systems - Youth	The Role of Advocates in Behavioral Health	Appropriate collaboration with peer advocates in treatment	1hr/annually	Admin/Mgt; Direct Service Contractors	7/12/2017	29	Lalila Cota (Family Partner), Surmone Flipping (Youth Advocate) Guest Speaker: Youth Advocates Josel Gray & Kalissa Johnson From River Oaks; Family Advocate Mary Randsdell From: Dignity Health
Cultural Competence	Cultutral Competency- Working with Homeless Populations, LGBTQIA+, Diverse/Marginalized Populations	Overview of cultural competence issues in behavioral health treatment settings	4 hours- new staff	all staff	7/11/2017	5	Alexis Bernard, Susan Miner and Preeya Roe
Family Focused - Youth	Functional Family Therapy Replacement Training	Training for Clinicians to help develop strong adherence and competency in the FFT model.	72 Hours/ As needed	Direct Service Contrators	7/10/2017	24	Kellie Armev & Lori Ford - National FFT Trainers
Family Focused - Youth	Family Centered Services	Overview of Family Centered and Strength Based practices for treating children and families.	2 hrs/one time	Administration/mgt, Direct Services, Support Staff	7/10/2017	7	Leslie Medina
Navigating Systems - Youth	Co-Occuring Disorders	Navigating Substance Abuse access and treatment	4 Hours / Simi-Annually	Direct Service Contractors /Administration/Cgt.	7/7/2017	42	Star Cannon, ACAC
Resiliency - Youth	Developmental Stages	Growth and Development of school age youth through adolescence	2 Hours/ As Assigned	Direct Service Contrctors	7/7/2017	58	Relias, Online learning

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Resiliency - Youth</b>	Teens In Action 3 of 3	Training on facilitation of "Teens in Action," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 Hrs/3x	Direct Services Contractors	7/7/2017	5	Omni Staff
<b>Family Focused - Youth</b>	PCIT Monthly Trainings /Live Supervision	Training on Practice Skills, case consultation and model fidelity	1.5 Hours Monthly	Direct Service Contractors / Administration/Mgt.	7/6/2017	16	Leslie Willson ROCC
<b>Resiliency - Youth</b>	Teens In Action 2 of 3	Training on facilitation of "Teens in Action," an AOD prevention model program including cultural sensitivity, adaptations, and other relevant skills to working with multicultural populations. Trains community leaders to impact their neighborhoods or cultural community through knowledge, capacity building, and local, easy access to resources.	8 Hrs/3x	Direct Services Contractors	7/6/2017	5	Omni Staff

## Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
<b>Cultural Competence</b>	Consumer Civil Rights	The purpose of this annual course is to increase/refresh your knowledge and understanding of (a) civil rights laws as they apply to providing services and (b) the agency's non-discrimination practices. Following the course you will be able to: - Identify what "Civil Rights" means in the context of our Agency's services - Comply with Agency nondiscrimination	1.5 hours/annually	Administration/mgt, Direct Services, Support Staff	7/1/2017	96	on-line
<b>Cultural Competence</b>	A Culture Centered Approach to recovery	In this course, you will learn about the values, beliefs, and principles that are the foundation of psychosocial rehabilitation and recovery-oriented practice.	3 hrs/one time	Direct Services	7/1/2017	6	on-line
<b>Recovery - Adult</b>	Best Practices in Substance Use Treatment and Engagement	This training covers the stages of recovery and treatment compliance, as well as treatment planning for special populations.	1.25 hours/variou	Administration/mgt, Direct Services	7/1/2017	43	on-line
<b>Recovery - Adult</b>	Advanced Strategies for Motivational Interviewing	Overview of motivational interviewing as an intervention for substance abuse treatment.	1.5 hrs/one time	Direct Services	7/1/2017	4	on-line
<b>Recovery - Adult</b>	Barriers to Recovery	In this course, you will learn about the values, beliefs, and principles that are the foundation of psychosocial rehabilitation and recovery-oriented practice. In addition, you will review the various factors that can become barriers to a person's recovery. This training addresses the impact of stigma, including professional and internalized	3 hrs/one time	Direct Services	7/1/2017	2	on-line

### Training Log - FY 2017-2018

Training Types	Training Event	Description of Training	Duration and Frequency	Attendance by Function	Date of Training	Total Attendees	Name of Presenter
Cultural Competence	"CCAPP Multicultural Substance Abuse Conference	Cultural competency and working with special populations	1 time		7/1/2017	3	Various



## PART II: Annual Cultural Competence Trainings

Section B.

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|---|--|
| <p><b>A) Administration/Management</b><br/> <b>B) Direct services, Counties</b><br/> <b>C) Direct services, Contractors</b><br/> <b>D) Support services</b></p> | <p><b>F) Community Event</b><br/> <b>G) Interpreters</b><br/> <b>H ) Mental Health Board and Commissions</b><br/> <b>I) Community-based Organizations/ Agency Board of Directors</b><br/> <b>J) Religious and Spiritual Population</b></p> |
| <p><b>E) Community Members/General Public</b></p>   |  |

Training Event	Description of Training	How long and often	Attendees by Function	No. of attendees and Total	Date	Presenter
Health Equity and Multi-Cultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings.	1 day	Administration/management Direct service: contractors	48	10/30/18	K. Gustafson, MSW
Health Equity and Multi-Cultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings.	1 day	Administration/management Direct service: contractors	68	4/16/18	K. Gustafson, MSW
Training for Providers Who Use Interpreters	Training for providers who use interpreter services to provide culturally and linguistically	7 hours, one time	Administration/Management Direct services: Contractors	52	3/22/18	Lidia Gamulin

	competent behavioral health services.					
Behavioral Health Interpreter Training	Intensive skills building curriculum for behavioral health interpreters	21 hours	Administration/management Direct Services Contractor	36	3/19/18 3/20/18 3/21/18	Lidia Gamulin Rachel Guerrero Vanessa Lopez
Health Equity and Multi-Cultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings.	1 day	Administration/management Direct service: contractors	69	2/6/18	K. Gustafson, MSW Jeji Africa, PhD
Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings	1 day	Administration/management Direct service: contractors Direct service: County	48	12/5/17	Khani Gustafson, MSW, Jeji Africa, PhD
Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings	2 days	Administration/management Direct service: contractors	36	6/20/17 6/21/17	Khani Gustafson, MSW, Robbin Huff-Musgrove Ph. D.
Training for Providers Who Use Interpreters	Training for providers who use interpreter services to provide culturally and linguistically competent behavioral health services.	7 hours, one time	Administration/Management Direct services: Contractors	27	6/9/17	Lidia Gamulin

Behavioral Health Interpreter Training	Intensive skills building curriculum for behavioral health interpreters	21 hours	Administration/management Direct Services Contractor	25	5/22/17 5/23/17 5/24/17	Lidia Gamulin Rachel Guerrero Vanessa Lopez
Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings	2 days	Administration/management Direct service: contractors	43	4/18/17 & 4/19/17	Khani Gustafson, MSW, Jei Africa, PhD
Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings	2 days	Administration/management Direct service: contractors	30	1/26/17 & 1/27/17	Khani Gustafson, MSW, Jei Africa, PhD
Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings	16 hours (2 days)	Administration/management Direct service: contractors	Total: 36	6/20/16 - 6/21/16	Khani Gustafson, MSW, Jei Africa, PhD
Training For Providers Who Use Interpreter Services	Training for providers who use interpreter services to provide culturally and linguistically competent behavioral health services.	7 hours, one time	Administration/Management Direct services: Contractors	A: 1 B: 20 C: 13 Total: 34	6/17/16	Lidia Gamulin, LCSW

Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings	16 hours (2 days)	Administration/management Direct service: contractors	Total: 40	6/9/16 - 6/10/16	Khani Gustafson, MSW, Jei Africa, PhD
Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Overview of cultural competence issues in behavioral health treatment settings	16 hours (2 days)	Administration/management Direct service: contractors	38	5/2/16-5/3/16	Khani Gustafson, MSW, Jei Africa, PhD
Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the CBMCS	Focuses on four area: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to Consumers, and Sociocultural Diversities	16 hours Annually	Administration/management Direct service: contractors	Total: 45	4/14/16 and 4/15/16	Sharon Jones & Dorbea Cary
Mental Health Interpreter Training (MHIT)	Intensive skills building curriculum for mental health interpreters	21 hours/ Once	Direct services: Contractors Community	34	3/7/16 – 3/9/16	Rachel Guerrero, LCSW, D.J. Ida, PhD
Health Equity and Multicultural Diversity Foundation Training (HEMCDT) Utilizing the	Focuses on four area: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to	16 hours Annually	Administration/management Direct service: contractors	Total: 44	3/2/16-3/3/16	Khani Gustafson, MSW, Jei Africa, PhD

CBMCS	Consumers, and Sociocultural Diversities					
Training For Providers Who Use Interpreter Services	Training for providers who use interpreter services to provide culturally and linguistically competent behavioral health services.	7 hours, one time	Administration/ Management Direct services: Contractors	A: 6 C: 37 Total: 43	6/9/15	Lidia Gamulin, LCSW
Cultural Competence Foundational Training Utilizing the California Brief Multicultural Competence Scale	Focuses on four area: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to Consumers, and Sociocultural Diversities	16 hours Annually	Administration/ management Direct service: contractors	A: 2 C: 36 Total: 38	6/3-4/2015	Khani Gustafson, MSW Jei Africa, PsyD
Mental Health Interpreter Training (MHIT)	Intensive skills building curriculum for mental health interpreters	21 hours/ Once	Direct services: Contractors Community Members/General Public	C: 28 E: 1 Total: 29	5/27-29/15	Rachel Guerrero, LCSW, D.J. Ida, PhD
Cultural Competence Foundational Training Utilizing the California Brief Multicultural Competence Scale	Focuses on four area: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to Consumers, and Sociocultural Diversities	16 hours 1 time	Direct service: contractors	C: 38 Total: 38	5/14/15 and 5/15/15	Khani Gustafson, MSW

Cultural Competence Foundational Training Utilizing the California Brief Multicultural Competence Scale	Focuses on four area: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to Consumers, and Sociocultural Diversities	16 hours 1 time	Administration/ management Direct service: contractors	A: 3 C: 33 Total: 36	3/16/15 and 3/17/15	Khani Gustafson, MSW
Cultural Competence Foundational Training Utilizing the California Brief Multicultural Competence Scale	Focuses on four area: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to Consumers, and Sociocultural Diversities	16 hours 1 time	Administration/ management Direct service: contractors	A: 1 C: 44 Total: 45	1/27/15 and 1/28/15	Khani Gustafson, MSW
Mental Health Interpreter Training (MHIT)	Intensive skills building curriculum for mental health interpreters	21 hours, one time	Interpreters	G: 2 Total: 2	6/16/14 – 6/18/14	National Latino Behavioral Health Association trainers
Training For Providers Who Use Interpreter Services	Training for providers who use interpreter services to provide culturally and linguistically competent behavioral health services.	7 hours, one time	Administration/ Management Direct services: County staff Direct services: Contractors Community Members/ General Public	A: 7 B: 3 C: 10 E: 2  Total: 22	6/10/14	Lidia Gamulin, LCSW

Mental Health Interpreter Training (MHIT)	Intensive skills building curriculum for mental health interpreters	21 hours, one time	Direct services: Contractors Community Members/ General Public Interpreters	C: 20 E: 1 G: 5 Total: 26	6/9/14 – 6/11/14	Rachel Guerrero, LCSW, D.J. Ida, PhD
Health Equity and Multicultural Competence Core Training Utilizing the CBMCS Curriculum	Focuses on four areas: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to Consumers, and Sociocultural Diversities.	2 days, Annually	Administration/Management Direct services: County Direct services: Contractors	A: 1 B: 3 C: 35  Total: 39	5/5/14 – 5/6/14	Khani Gustafson, MSW, Jei Africa, PhD
Health Equity and Multicultural Competence Core Training Utilizing the CBMCS Curriculum	Focuses on four areas: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to Consumers, and Sociocultural Diversities.	2 days, Annually	Direct services: County Direct services: Contractors	B: 2 C: 34  Total: 36	4/21/14 – 4/22/14	Khani Gustafson, MSW, Jei Africa, PhD
Health Equity and Multicultural Competence Core Training Utilizing the CBMCS Curriculum	Focuses on four areas: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to Consumers, and Sociocultural Diversities.	2 day, annually	Administration/Management Direct services: County Direct services: Contractor	A: 1 B: 6 C: 34  Total: 41	2/3/14 – 2/4/14	Khani Gustafson, MSW, Jei Africa, PhD

Health Equity and Multicultural Competence Core Training Utilizing the CBMCS Curriculum	Focuses on four areas: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to Consumers, and Sociocultural Diversities.	2 day, annually	Administration/ Management Direct services: Contractor	A: 1 C: 34  Total: 35	1/29/14 – 1/30/14	Khani Gustafson, MSW, Jei Africa, PhD
Mental Health Interpreter Training (MHIT)	Intensive skills building curriculum for mental health interpreters	21 hours, one time	Administration/ Mgt Interpreters	A:1 G: 31 Total: 32 x 3 days	6/25/13 – 6/27/13	Lidia Gamulin, LCSW & D.J. Ida, PhD
Cultural Competence Foundational Training Utilizing the California Brief Multicultural Competence Scale	Focuses on four area: Multicultural Knowledge, Awareness of Cultural Barriers, Sensitivity and Responsiveness to Consumers, and Sociocultural Diversities.	16 hours One time, pilot	Administration/ Mgt Direct service contractors	A: 2 C: 30  Total 32 x 2 days	6/20/13 – 6/21/13	Dr. Robin Huff-Musgrove,
California Brief Multicultural Competence Scale (CBMCS)	21-item self-assessment of cultural competence. Four subscales with an 8-hour training program for each subscale.	Thirty-two hours quarterly	*Direct Services *Direct Services – Contractors *Administration/M anagement *Interpreters	2 23 6  Total: 31	10/22, 10/29,11/1, 11/5/10	Hendry Ton, MD; Jo Ann Johnson, LCSW; Mary Nakamura, LCSW, Sandra Stowell, ACSW
CBMCS	21-item self-assessment of cultural competence. Four subscales with an 8-hour training	Thirty-two hours quarterly	*Direct Services *Direct Services – Contractors *Administration/M anagement	1 23 8	1/15,1/29, 2/5,2/8/10	Hendry Ton, MD; Jo Ann Johnson, LCSW; Mary Nakamura, LCSW, Sandra Stowell,



	program for each subscale.		*Interpreters	Total: 32		ACSW Matthew Mock Ph D
CBMCS	21-item self-assessment of cultural competence. Four subscales with an 8-hour training program for each subscale.	Thirty-two hours quarterly	*Direct Services *Direct Services – Contractors *Administration/ Management *Interpreters	1 25 5  Total: 31	3/16, 3/20, 4/13, 4/20/200 9	Hendry Ton, MD; Jo Ann Johnson, LCSW; Mary Nakamura, LCSW, Sandra Stowell, ACSW
CBMCS	21-item self-assessment of cultural competence. Four subscales with an 8-hour training program for each subscale.	Thirty-two hours quarterly	*Direct Services *Direct Services – Contractors *Administration/ Management *Interpreters *Guest - Community	4 20 7  2  Total: 33	12/3, 12/4/08, 1/5, 1/9/09	Hendry Ton, MD; Jo Ann Johnson, LCSW; Mary Nakamura, LCSW, Sandra Stowell, ACSW
CBMCS	21-item self-assessment of cultural competence. Four subscales with an 8-hour training program for each subscale.	Thirty-two hours quarterly	*Direct Services *Direct Services – Contractors *Administration/ Management *Interpreters *Guest - Community	1 20 2  4  Total: 27	5/21, 5/22, 6/4, 6/13/08	Hendry Ton, MD; Jo Ann Johnson, LCSW; Mary Nakamura, LCSW, Sandra Stowell, ACSW
CBMCS	21-item self-assessment of cultural competence. Four subscales with an 8-hour training program for each	Thirty-two hours quarterly	*Direct Services *Direct Services – Contractors *Administration/ Management *Interpreters	15 3 1	4/2, 4/3, 4/17, 4/18/08	Hendry Ton, MD; Jo Ann Johnson, LCSW; Melissa Jacobs-Lee, LCSW

	subscale.		*Guest - Community	4  Total: 23		
CBMCS	21-item self-assessment of cultural competence. Four subscales with an 8-hour training program for each subscale.	Thirty-two hours quarterly	*Direct Services *Direct Services – Contractors *Administration/ Management *Interpreters *Guest - Community	1 17 11  1  Total: 30	1/30, 1/31, 2/20, 2/22/08	Gloria Morrow, PhD; Hendry Ton, MD; Jo Ann Johnson, LCSW; Melissa Jacobs-Lee, LCSW
CBMCS	21-item self-assessment of cultural competence. Four subscales with an 8-hour training program for each subscale.	Thirty-two hours quarterly	*Direct Services *Direct Services – Contractors *Administration/ Management *Interpreters *Guest - Community	10 8 4 1  Total: 23	8/9, 8/10, 8/29, 8/30/07	Gloria Morrow, PhD; Hendry Ton, MD; Jo Ann Johnson, LCSW; Melissa Jacobs-Lee, LCSW
Training Providers to use Mental Health Interpreters	Training for providers in the use of an interpreter in mental health service settings.	Four hours	*Direct Services *Direct Services – Contractors *Administration/ Management *Interpreters	6 15 11  Total: 32	4/11/07	Lidia Gamulin, LCSW
Mental Health Interpreter Training	Intensive skills building curriculum for interpreters working in mental health settings.	Forty hours	*Interpreters *Administration/ Management	26 2  Total: 28	4/9, 4/10, 4/11, 4/16, 4/17/07	Dr. D.J. Ida and Lidia Gamulin, LCSW

California Brief Multicultural Competence Scale (CBMCS) Training	21-item self-assessment of cultural competence. Four subscales with an 8-hour training program for each subscale.	Thirty-two hours quarterly	*Direct Services *Direct Services – Contractors *Administration/ Management *Interpreters	6 17 16 3  Total: 42	2/2, 2/9, 2/16, 2/23/07	Gloria Morrow, PhD; Robbin Huff-Musgrove, PhD
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# Peer Empowerment Conference

*Friday, June 29, 2018*

*10:00 a.m. - 4:00 p.m.*

Registration from 9:30 a.m. - 10:00 a.m.

## *Welcome and Introductions*

*Matthew Marrison*, Client Advocate Liaison,  
NorCal MHA

## *Keynote Presenters*

### *Jennifer Cusick*

Founder/Lead Trainer  
Luminate Wellness  
Vancouver, Canada

### *Steven Morgan*

Operations Manager  
Intentional Peer Support  
New Hampshire, USA

*Award  
Ceremony*

## *Location:*

Holiday Inn Sacramento-Capitol Plaza  
300 J Street, Sacramento, CA 95814

*Raffle*

Community Information Tables, Awards Ceremony, Lunch, Entertainment, Raffle & Prizes  
Lunch and Conference FREE of Charge No Pre-Registration/RSVP – Please Come Join Us!

**Questions?** Contact Matthew Marrison at [MarrisonM@SacCounty.net](mailto:MarrisonM@SacCounty.net)

This program is funded by the Sacramento County Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA)

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\* Procedure for Over the Phone/(Language Line) Interpreter Calls \*  
(revised 7/14/10)

To use an over the phone interpreter, call Pacific Interpreter for clients who speak a language other than English.

**IMPORTANT:**

If you use an interpreter, or if you speak a language other than English with a client,  
be sure to document that fact on your contact log.

Pacific Interpreter

(The following instructions are applicable when using a Cisco system phone.  
If you are using another phone system, some of the calling features may be different.)

*If you are making the call and the caller is already on the line:*

- Step 1:** Instruct the caller to “Wait – Interpreter.” They may also understand words such as “please” or “thank you.” Ask them what language they speak. If you are unable to determine the language needed, Pacific Interpreter will be able to assist.
- Step 2:** On the display you will see “More” as an option. Push “More” to view additional options, then select “Conference Call” (conference). When you get a dial tone call the toll free number for Pacific Interpreter: [1(866) 425-0217].
- Step 3:** When the Pacific Interpreter operator answers the call, you will be asked the following:
- 1) What is your assigned access code? (See attached)
  - 2) What language do you need interpreted?  
*\* Note: if you were unable to determine the language needed, please communicate this to the operator and wait for assistance from the operator.*
  - 3) What is your full name and the name of the unit in which you work?
- Step 4:** The interpreter will come on the line shortly. The interpreter should be briefed with the following:
- 1) Your name, who you are and where you are calling from.
  - 2) Brief description of what you are doing.
  - 3) The name of the client caller.
  - 4) Request that the interpreter greet the caller.
- Step 5:** Select the “Conference Call” option on the phone and the caller will come on the line. Say “go ahead, interpreter” to initiate the dialogue. It is helpful to the interpreter if you speak directly to the client as if you are not using a third party to translate. This way the interpreter can translate your remarks directly to the client and does not have to adjust any language or take out any comments intended only for the interpreter.

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# COUNTY OF SACRAMENTO

## DHHS/DIVISION OF BEHAVIORAL HEALTH SERVICES

### Acknowledgement of Receipt

I have received the following items at the start of service with this Provider; in addition, I understand that I may receive any of the following information upon request:

<b>Document Provided</b> (✓ Check all that apply)							
<input type="checkbox"/>	<b>Sacramento County Mental Health Plan Notice of Privacy Practices</b> The Notice of Privacy Practices tells you how the County of Sacramento may use or disclose protected health information about you. Not all situations will be described. You may ask questions about the Notice of Privacy Practices. The County of Sacramento is required to give you a notice of our privacy practices for the information we collect and keep about you.	<b>For County Use Only: Inability To Obtain Acknowledgement</b> If the County is <u>not able to obtain the patient's acknowledgement</u> , record the good-faith effort made to obtain acknowledgement, and the reason acknowledgement was not obtained. <u>Effort to obtain acknowledgement:</u> <input type="checkbox"/> In-person request <input type="checkbox"/> Request via mail (send copy of letter to EMR for inclusion in patient's record) <input type="checkbox"/> Other, please describe below: _____ _____ <small style="text-align: center;">Program Staff Signature</small>				<u>Reason acknowledgement was not obtained:</u> <input type="checkbox"/> Patient refused to sign <input type="checkbox"/> Patient did not return acknowledgement receipt form. <input type="checkbox"/> Other, please describe below: _____ _____ <small style="text-align: center;">Print Name                      MM/DD/YY</small>	
<input type="checkbox"/>	<b>Provider Notice of Privacy Practices</b> Provider/Agency Name: _____ The Provider/Agency Notice of Privacy Practices tells you how our agency may use or disclose information about you. Not all situations will be described. Our agency is required to give you a notice of our privacy practices for the information we collect and keep about you.						
<input type="checkbox"/>	<b>Sacramento County MHP "Guide to Medi-Cal Mental Health Services"</b> The MHP "Guide to Medi-Cal Mental Health Services" contains information on how a member is eligible for mental health services, how to access mental health services, who our service providers are, what services are available, what your rights and responsibility are, our Grievance and State Fair hearing process and includes important phone numbers regarding our Mental Health Plan.						
<input type="checkbox"/>	<b>Advance Directive Brochure</b> The Advance Directive Brochure explains your rights to make decisions about your medical treatment. It includes how to appoint a health care agent who can make decision on your behalf and how to change your directive at anytime.	Do you have an Advance Directive?	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A		
		If YES, can you provide a copy for our Medical Records?	<input type="checkbox"/> YES	<input type="checkbox"/> NO	<input type="checkbox"/> N/A		
<input type="checkbox"/>	<b>Sacramento County MHP Provider List</b> The MHP Provider list is a list of contracted MHP Providers in our community. The County ACCESS Teams authorize all outpatient non-emergency services. You may contact the MHP County ACCESS Teams for further information regarding this list of Providers.						
<input type="checkbox"/>	<b>Voter Registration Information</b> Voter Registration forms enable an eligible citizen to vote in scheduled elections. Voter Preference Forms indicate whether or not an individual is registered to vote, would like to register to vote, or does not want to register to vote. The completed form will be kept in the record for two years. An individual may request assistance with registering to vote and all information is confidential.						

I, \_\_\_\_\_, (print client's first & last name) have been given a copy (if required) of the above checked documents and have had a chance to ask questions regarding these documents.

<span style="background-color: yellow; border: 1px solid black; padding: 2px;">Client Signature</span>	<span style="background-color: yellow; border: 1px solid black; padding: 2px;">Client ID</span>	<span style="background-color: yellow; border: 1px solid black; padding: 2px;">Date</span> <span style="background-color: yellow; border: 1px solid black; padding: 2px;">(MM/DD/YY)</span>
Legal or Personal Representative of Client Signature (If applicable)	Relationship to Client	Date (MM/DD/YY)

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# GUIDE TO Medi-Cal Mental Health Services



DECEMBER 2010



***If you are having an emergency, please call 9-1-1 or visit the nearest hospital emergency room.***

***If you would like additional information to help you decide if this is an emergency, please see the information on State of California page 6 in this booklet***



## **Important Telephone Numbers**

Emergency ..... 911  
 ACCESS ..... (916) 875-1055\*  
 ACCESS toll free/24 hours ..... (888) 881-4881  
 Psychiatric Emergency/Urgent Services... (916) 732-3637  
 Member Services ..... (916) 875-6069\*  
 Patient’s Rights Advocate..... (916) 333-3800  
 Mental Health Treatment Center ..... (916) 875-1000\*

**\*TTY numbers- see Page 2**



## **How to Get a Provider Directory:**

You may ask for, and your Mental Health Plan (MHP) should give to you, a directory of people, clinics and hospitals where you can get mental health services in your area. This is called a ‘provider list’ and contains names, phone numbers and addresses of doctors, therapists, hospitals and other places where you may be able to get help. You may need to contact your MHP first, before you go to seek help. Call your MHP’s 24-hour toll-free number above to request a provider directory and to ask if you need to contact the MHP before going to a service provider’s office, clinic or hospital for help.

## **In What Other Languages and Formats are These Materials Available?**



**Este folleto (o información) esta disponible en Español. Usted puede solicitarlo llamando al número de teléfono gratuito mencionado anteriormente.**

**Có bản tiếng Việt của tập sách (hoặc tài liệu) này. Quý vị có thể gọi số điện thoại miễn phí ở trên để xin bản tiếng Việt.**

**本小冊子（或資訊）有繁體中文版，請致電以上免費專線查詢。**

**Данная брошюра также доступна на русском языке. Вы можете попросить предоставить ее вам, позвонив по бесплатному номеру телефона, указанному выше.**

**Phau ntawv no (los sis cov lus no) muaj ua lus Hmoob. Koj nug tau cov no uas hu tus xov tooj hu dawb saum toj no.**

# Introduction to Medi-Cal Mental Health Services

## Why Did I Get This Booklet?

You are getting this booklet because you are eligible for Medi-Cal and need to know about the mental health services that Sacramento County offers and how to get these services if you need them.

If you are now getting services from Sacramento County, this booklet just tells you more about how things work. This booklet tells you about mental health services, but does not change the services you are getting. You may want to keep this booklet so you can read it again.

If you are not getting services right now, you may want to keep this booklet in case you, or someone you know, need to know about mental health services in the future.

***If you have trouble with this booklet, please call the MHP at (888) 881-4881 to find out about other ways you can get this important information***

## What Is A Mental Health Emergency?

### **An emergency is a serious mental or emotional problem such as:**

When a person is a danger to himself, herself, or others because of what seems like a mental illness, or

When a person cannot get or use the food, shelter, or clothing they need because of what seems like a mental illness.

**In an emergency, please call 9-1-1 or take the person to a hospital emergency room.**

## How Do I Use This Booklet?

This booklet will help you know what specialty mental health services are, if you may get them, and how you can get help from the Sacramento County MHP.

This booklet has two sections. The first section tells you how to get help from the Sacramento County MHP and how it works.

The second section is from the State of California and gives you more general information about specialty mental health services. It tells you how to get other services, how to resolve problems, and what your rights are under the program.

This booklet also tells you how to get information about the doctors, clinics and hospitals that the Sacramento County MHP uses to provide services and where they are located.

## What is My County's Mental Health Plan (MHP)?

Mental health services are available to people on Medi-Cal, including children, young people, adults and older adults in Sacramento County.

Sometimes these services are available through your regular doctor. Sometimes they are provided by a specialist, and called 'specialty' mental health services. These specialty services are provided through the Sacramento County "Mental Health Plan" or MHP, which is separate from your regular doctor. The Sacramento County MHP operates under rules set by the State of California and the federal government. Each county in California has its own MHP.

I



If you feel you have a mental health problem, you may contact the Sacramento County MHP directly at **(888) 881-4881**. This is a toll-free telephone number that is available 24 hours a day, seven days a week. You do not need to see your regular doctor first or get permission or a referral before you call.

If you believe you would benefit from specialty mental health services and are eligible for Medi-Cal, the Sacramento County Mental Health Plan will help you find out if you may get mental health treatments and services. If you would like more information about specific services, please see the sections on 'Services' on the State of California page 9 in this booklet.



**You may also request a State Fair Hearing. Please see page 26 in the State of California section of this booklet for more information.**

## What If I Have A Problem Getting Help?

If you have a problem getting help, please call the Sacramento County MHP's 24-hour, toll-free phone number at **(888) 881-4881**. You may also call your county's Patient's Right Advocate at **(916) 333-3800**.

### **If that does not solve your problem, you may call the State of California's Ombudsman for help:**

**(800) 896-4042** - CA Only

**(916) 654-3890**

**(800) 896-2512** TTY

FAX: **(916) 653-9194**

E-Mail: [ombudsman@dmh.ca.gov](mailto:ombudsman@dmh.ca.gov)

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# Welcome to the Sacramento County Mental Health Plan



We welcome you to **Sacramento County Mental Health Plan (MHP)**. The MHP provides mental health services to all Sacramento County Mental Health Medi-Cal eligible children and adults.

## **What guides the MHP's service delivery?**

### **The following principles guide the MHP's service delivery:**

- Services are culturally and linguistically competent.
- Members are treated with dignity and respect.
- Member choice is honored within available resources.
- Strength based treatment is delivered in the most appropriate, least restrictive environment.
- Services include the member, family, and community support system in treatment planning and system design.
- Outcomes are successful when there is effective communication among members, families, and providers.
- Services are provided without regard to race, gender, creed, religion, sexual orientation and/or age.

Important Telephone Numbers	
Emergency	911
ACCESS	(916) 875-1055
ACCESS toll free/24 hours	(888) 881-4881 (916) 874-8070 TTY
Psychiatric Emergency/Urgent Services	(916) 732-3637
Member Services	(916) 875-6069 (916) 876-8853 TTY
Patient's Rights Advocate	(916) 333-3800
Mental Health Treatment Center	(916) 875-1000 California Relay Services: 711

**Emergency care does not require pre-authorization.**

### How Do I Know If Someone Needs Help Right Away?

Even if there is no emergency, a person with mental health problems needs help right away if one or more of these things are true.

- Hearing or seeing things others believe are not there
- Extreme and frequent thoughts of, or talking about, death
- Giving away their things
- Threatening to kill themselves (suicide)
- Wanting to hurt themselves or others

If one or more of these things is true, call **911** or the Sacramento MHP at **(888) 881-4881** (24-hours toll free). Mental Health workers are on-call 24-hours a day.

### What Specialty Mental Health Services Does Sacramento County Provide?

**The MHP provides all medically necessary mental health services, which may include:**

- Evaluation and Assessment
- Brief Therapy
- Counseling: Individual, Family, and Group
- Outpatient Crisis Stabilization
- Crisis Residential Treatment
- Adult Residential Treatment
- Case Management, Intensive Case Management
- Medication Evaluation and Support
- Intensive Day Treatment
- Day Rehabilitation
- Psychological Testing
- Psychiatric Hospitalization
- Therapeutic Behavioral Services (TBS)

- Homeless Services
- Services for Co-Occurring disorders.

All planned outpatient services must be pre-authorized by ACCESS.

The services listed above are the services that Sacramento County MHP thinks are most likely to help people who need services from us. Sometimes other services may be needed. The other services that are sometimes needed are included in the list on pages 9 (adults) and 12 (children) in the State of California section of this booklet.

### How Do I Get These Services?

You may request mental health services by calling ACCESS at **(916) 875-1055** or toll free at **(888) 881-4881**.

ACCESS has two teams: one for adults/older adults and one for children/youth. The ACCESS teams give information, assess for service needs, authorize mental health services, and make referrals. Mental Health ACCESS provides information twenty-four hours a day, seven days a week, 365 days a year.

You or an authorized advocate can also request services. An advocate is a relative, community agency staff, physician, school staff, or any interested party. Referrals will be handled by telephone, and may require a face-to-face interview.

You must provide Medi-Cal eligibility information when requesting mental health services. You must have all planned mental health services pre-authorized by ACCESS. The MHP encourages you to participate in their treatment planning, to evaluate the services received, and to offer suggestions to improve services.

### What Does It Mean To Be “Authorized” To Receive Mental Health Services And What Is The Amount, Duration And Scope Of Services Provided?

You, your provider and Sacramento County MHP are all involved in deciding what services you need to receive through the MHP, including how often you will need services and for how long.

The Child and Adult Access Teams will determine the level of care, scope and duration of non-emergency services available, based on the assessment/screening information. Your provider may request additional or continued services before the initial authorization expires.

If you would like more information on how the Sacramento County MHP does MHP payment authorizations or when we require your provider to request an MHP payment authorization for services, please contact the Sacramento County MHP at **(888) 881-4881**.

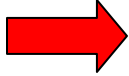


***The other services that are sometimes needed are included in the list on pages 9 (adults) and 12 (children) in the State of California section of this booklet.***

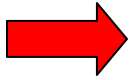
## How Do I Get More Information About Sacramento County's Mental Health Services Including Doctors, Therapists, Clinics And Hospitals?

A list of doctors, therapists, clinics and hospitals is available from the Access Team by calling **(916) 875-1055**. If you would like additional information on the MHP's structure and operation, please contact the Sacramento County MHP at **(888) 881-4881**.

## In What Other Languages And Formats Are These Materials Available?



A list of providers including alternatives and options for cultural and linguistic services is available from the ACCESS Teams at **(888) 881-4881** in the person's language of preference.



Interpreters for non-English speaking clients and telephone devices for the hearing impaired or deaf are available free of charge to the member.

## Can I See Any Doctor, Therapist, Clinic Or Hospital On Sacramento County's "Provider List"?

We require that you contact us first because we want to make sure that:

- 1) Your services are authorized and
- 2) The provider you choose is accepting new Medi-Cal beneficiaries.

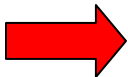
For more information please contact the Sacramento County MHP at **(888) 881-4881**.

## What If I Want To Change Doctors, Therapists Or Clinics?

You may request to change your doctor or staff, at any time, in any one of following ways:

- 1) Complete a Change of Provider form.
- 2) Contact the Access Team or
- 3) Verbally request a change at the provider site.

Change of Provider forms are available at all provider sites. Forms are preaddressed and may be mailed or placed in the provider's suggestion box.



## How Do I Get A Copy Of The "Provider List"?

A list of providers including alternatives and options for cultural and linguistic services is available from the ACCESS Teams at **(888) 881-4881** in your language of preference.

## Can I Use The "Provider List" To Find Someone To Help Me?

Authorization is required for all outpatient treatment. Please contact the Child or Adult Access Teams at **(888) 881-4881** for referral to the listed providers.



### **What If I Want To See A Doctor, Clinic Or Hospital That Is Not Listed On Sacramento County's "Provider List"?**

The Access teams will refer you to a provider who is contracted with the County. Exceptions may be granted if the service you request is not available from the MHP contracted providers. Your request will be subject to a clinical review for medical necessity and appropriateness. Either you or your provider may make this request by contacting the Adult or Child Access Teams.

### **Does Sacramento County Have Transportation I Can Use To See My Doctor, Therapist, Clinic, Or Hospital?**

The ACCESS Teams provide referrals and resource information to the Regional Transit system by calling **(888) 881-4881**.

### **What If I need Urgent-care Mental Health Services On A Weekend Or At Night?**

If you are having a psychiatric emergency or urgent care need you can call the toll-free telephone line 24 hours a day, seven days per week at **(888) 881-4881**. The Crisis Unit is located at the Mental Health Treatment Center at 2150 Stockton Boulevard, Sacramento, CA 95817.

Urgent/emergency care does not require pre-authorization.

### **How Do I Get Mental Health Services That My Mental Health Provider Does Not Offer?**

You will be referred to a primary mental health provider within the MHP to provide a variety of mental health services specific to the level of care based on medical necessity criteria. Requests for other services require re-assessment for the level of care needed. The Access Teams review the criteria for a change in the level of care.

### **What If I Need To See A Doctor For Something Other Than Mental Health Treatment? How Are People Referred To Medi-Cal Services Other Than Mental Health Care In Sacramento County?**

You will be referred to their Geographic Managed Care Plan or other community medical clinics. Referrals are provided by the Child and Adult ACCESS Teams **(888) 881-4881**.

### **What Can I Do If I Have A Problem Or Am Not Satisfied With My Mental Health Treatment?**

If you have a concern or problem or are not satisfied with your mental health services, the MHP wants to be sure your concerns are resolved simply and quickly. Please contact the MHP at **(888) 881-4881** to find out how to resolve your concerns.

**For more information on Grievances, Appeals and State Fair Hearings, please turn to the section about 'Problem Resolution Processes' in the State of California page 22 in this booklet.**

There are three ways you can work with the MHP to resolve concerns about services or other problems. You can file a Grievance verbally or in writing with the MHP about any MHP related issue. You can file an Appeal verbally (and follow up in writing) or in writing with the MHP. You can also file for a State Fair Hearing with the Department of Social Services.

For more information about how the MHP Grievance and Appeal processes and the State Fair Hearing process work, please turn to the section about Grievances, Appeals and State Fair Hearings on page 22 in the State of California section of this booklet.

### **Who Is Sacramento County's Patient's Right Advocate, What Do They Do And How Do I Contact Them?**

The following resources are available for assistance in completing forms and resolving a Grievance, Appeal, and State Fair Hearing:

The Patient's Rights Advocate can be reached at **(916) 333-3800**. The Patient's Rights Advocate can also help with questions about your rights.

### **Does Sacramento County Keep My Mental Health Records Private?**

Your mental health services and records will be handled with confidentiality and will only be shared as required by law.

## What Kind Of Emergency-Related Services Are Provided?

Emergency services are paid for by Medi-Cal when you go to a hospital or use outpatient services (with no overnight stay involved) furnished in a hospital emergency room by a qualified provider (doctor, psychiatrist, psychologist or other mental health provider). They are needed to evaluate or stabilize someone in an emergency.

Your county's Mental Health Plan (MHP) should provide specific information about how emergency services are administered in your County. The following state and federal rules apply to emergency services covered by the MHP:

- The hospital does not need to get advance approval from the MHP (sometimes called "prior authorization") or have a contract with your MHP to get paid for the emergency services the hospital provides to you.
- The MHP needs to tell you how to get emergency services, including the use of 9-1-1.
- The MHP needs to tell you the location of any places where providers and hospitals furnish emergency services and post-stabilization services
- You can go to a hospital for emergency care if you believe there is a psychiatric emergency
- Specialty mental health services to treat your urgent condition are available 24 hours a day, seven days per week. (An urgent condition means a mental health crisis that would turn into an emergency if you do not get help very quickly.)
- You can receive these inpatient hospital services from the MHP on a voluntary basis, if you can be properly served without being involuntarily held. The state laws that cover voluntary and involuntary admissions to the hospital for mental illness are not part of state or federal Medi-Cal rules, but it may be important for you to know a little bit about them:
  - 1. Voluntary admission:** This means you give your OK to go into and/or stay in the hospital.
  - 2. Involuntary admission:** This means the hospital keeps you in the hospital for up to 72 hours without your OK. The hospital can do this when the hospital thinks you are likely to harm yourself or someone else or that you are unable to take care of your own food, clothing and housing needs. The hospital will tell you in writing what the hospital is doing for you and what your rights are. If the doctors treating you think you need to stay longer than 72 hours, you have a right to a lawyer and a hearing before a judge and the hospital will tell you how to ask for this.

Your county's Mental Health Plan (MHP) should pay for post-stabilization care services obtained within the MHP's provider list or coverage area. Your MHP will pay for such services if they are pre-approved by an MHP provider or other MHP representative.

*Post-stabilization care services* are covered services that are needed after an emergency. These services are provided after the emergency is over to continue to improve or resolve the condition.



**Your MHP is financially responsible for (will pay for) post-stabilization care services to maintain, improve, or resolve the stabilized condition if:**

- The MHP does not respond to a request from the provider for pre-approval within 1 hour
- The MHP cannot be contacted by the provider
- The MHP representative and the treating physician cannot reach an agreement concerning your care and an MHP physician is not available for consultation. In this situation, the MHP must give the treating physician the opportunity to consult with an MHP physician. The treating physician may continue with care of the patient until one of the conditions for ending post-stabilization care is met. The MHP must make sure you don't pay anything extra for post-stabilization care.

**When Does My County MHP's Responsibility For Covering Post-Stabilization Care End?**

**Your county's MHP is NOT required to pay for post-stabilization care services that are not pre-approved when:**

- An MHP physician with privileges at the treating hospital assumes responsibility for your care.
- An MHP physician assumes responsibility for your care through transfer.
- An MHP representative and the treating physician reach an agreement concerning your care (the MHP and the physician will follow their agreement about the care you need).
- You are discharged (sent home from the facility by a doctor or other professional).

## ADULTS AND OLDER ADULTS

### How Do I Know When I Need Help?

Many people have difficult times in life and may experience mental health problems. While many think major mental and emotional disorders are rare, the truth is one in five individuals will have a mental (psychiatric) disorder at some point in their life. Like many other illnesses, mental illness can be caused by many things.



The most important thing to remember when asking yourself if you need professional help is to trust your feelings. If you are eligible for Medi-Cal and you feel you may need professional help, you should request an assessment from your county's MHP to find out for sure.

### What Are Signs I May Need Help?

If you can answer 'yes' to one or more of the following AND these symptoms persist for several weeks AND they significantly interfere with your ability to function daily, AND the symptoms are not related to the abuse of alcohol or drugs. If this is the case, you should consider contacting your county's Mental Health Plan (MHP).

A professional from the MHP will determine if you need specialty mental health services from the MHP. If a professional decides you are not in need of specialty mental health services, you may still be treated by your regular medical doctor or primary care provider, or you may appeal that decision (see page 23).

#### **You may need help if you have SEVERAL of the following feelings:**

- Depressed (or feeling hopeless or helpless or worthless or very down) most of the day, nearly every day
- Loss of interest in pleasurable activities
- Weight loss or gain of more than 5% in one month
- Excessive sleep or lack of sleep
- Slowed or excessive physical movements
- Fatigue nearly every day
- Feelings of worthlessness or excessive guilt
- Difficulty thinking or concentrating or making a decision
- Decreased need for sleep – feeling 'rested' after only a few hours of sleep
- 'Racing' thoughts too fast for you to keep up with
- Talking very fast and can't stop talking
- Feel that people are 'out to get you'
- Hear voices and sounds others do not hear
- See things others do not see
- Unable to go to work or school
- Do not care about personal hygiene (being clean)
- Have serious relationship problems

***If you feel you have several of the signs listed, and feel this way for several weeks, you may want to be assessed by a professional. If you are not sure, you should ask your family doctor or other health care professional for their opinion.***

- Isolate or withdraw from other people
- Cry frequently and for ‘no reason’
- Are often angry and ‘blow up’ for ‘no reason’
- Have severe mood swings
- Feel anxious or worried most of the time
- Have what others call strange or bizarre behaviors

## **What Services Are Available?**

As an adult on Medi-Cal, you may be eligible to receive specialty mental health services from the MHP. Your MHP is required to help you determine if you need these services. Some of the services your county’s MHP is required to make available, if you need them, include:

**Mental Health Services** – These services include mental health treatment services, such as counseling and psychotherapy, provided by psychiatrists, psychologists, licensed clinical social workers, marriage and family therapists and psychiatric nurses. Mental health services may also be called rehabilitation or recovery services, and they help a person with mental illness to develop coping skills for daily living. Mental health services can be provided in a clinic or provider office, over the phone, or in the home or other community setting.

- These services may sometimes be provided to one person at a time (individual therapy or rehabilitation), two or more people at the same time (group therapy or group rehabilitation services), and to families (family therapy).

**Medication Support Services** – These services include the prescribing, administering, dispensing and monitoring of psychiatric medicines; medication management by psychiatrists, and education and monitoring related to psychiatric medicines. Medication support services can be provided in a clinic or provider office, over the phone, or in the home or other community setting.

**Targeted Case Management** – This service helps with getting medical, educational, social, prevocational, vocational, rehabilitative, or other community services when these services may be hard for people with mental illness to do on their own. Targeted case management includes plan development; communication, coordination, and referral; monitoring service delivery to ensure the person’s access to service and the service delivery system; and monitoring of the person’s progress.

**Crisis Intervention and Crisis Stabilization** – These services provide mental health treatment for people with a mental health problem that can’t wait for a regular, scheduled appointment. Crisis intervention can last up to eight hours and can be provided in a clinic or provider office, over the phone, or in the home or other community setting. Crisis stabilization can last up to 20 hours and is provided in a clinic or other facility site.

**Each county's MHP may have slightly different ways of making these services available, so please consult the front section of this booklet for more information, or contact your MHP's toll-free phone number to ask for additional information.**

**Adult Residential Treatment Services** – These services provide mental health treatment for people who are living in licensed facilities that provide residential services for people with mental illness. These services are available 24-hours a day, seven days a week. Medi-Cal doesn't cover the room and board cost to be in the facility that offers adult residential treatment services.

**Crisis Residential Treatment Services** – These services provide mental health treatment for people having a serious psychiatric episode or crisis, but who do not present medical complications requiring nursing care. Services are available 24-hours a day, seven days a week in licensed facilities that provide residential crisis services to people with mental illness. Medi-Cal doesn't cover the room and board cost to be in the facility that offers adult residential treatment services.

**Day Treatment Intensive** - This is a structured program of mental health treatment provided to a group of people who might otherwise need to be in the hospital or another 24-hour care facility. The program lasts at least three hours a day. People can go to their own homes at night. The program includes skill-building activities (life skills, socialization with other people, etc.) and therapies (art, recreation, music, dance, etc.), as well as psychotherapy.

**Day Rehabilitation** – This is a structured program of mental health treatment to improve, maintain or restore independence and functioning. The program is designed to help people with mental illness learn and develop skills. The program lasts at least three hours per day. People go to their own homes at night. The program includes skill-building activities (life skills, socialization with other people, etc.) and therapies (art, recreation, music, dance, etc.).

**Psychiatric Inpatient Hospital Services** – These are services provided in a hospital where the person stays overnight either because there is a psychiatric emergency or because the person needs mental health treatment that can only be done in the hospital.

**Psychiatric Health Facility Services** – These services are provided in a hospital-like setting where the person stays overnight either because there is a psychiatric emergency or because the person needs mental health treatment that can only be done in a hospital-like setting. Psychiatric health facilities must have an arrangement with a nearby hospital or clinic to meet the physical health care needs of the people in the facility.

These services also include work that the provider does to help make the services work better for the person receiving the services. These kinds of things include assessments to see if you need the service and if the service is working; plan development to decide the goals of the person's mental health treatment and the specific services that will be provided; "collateral", which means working with family members and important people in the person's life (if the person gives permission) if it will help the person improve or maintain his or her mental health status.

## How Do I Know When A Child Needs Help?

**For children from birth to age 5, there are signs that may show a need for specialty mental health services. These include:**

- Parents who feel overwhelmed by being a parent or who have mental health problems
- A major source of stress in the family, such as divorce or death of a family member
- Abuse of alcohol or other drugs by someone in the house
- Unusual or difficult behavior by the child
- Violence or disruption in the house

If one of the above conditions is present in a house where a child up to age 5 is living, specialty mental health services may be needed. You should contact your county's MHP to request additional information and an assessment for services to see if the MHP can help you.

**For school-age children, the following checklist includes some signs that should help you decide if your child would benefit from mental health services. Your child:**

- Displays unusual changes in emotions or behavior
- Has no friends or has difficulty getting along with other children
- Is doing poorly in school, misses school frequently or does not want to attend school
- Has many minor illnesses or accidents
- Is very fearful
- Is very aggressive
- Does not want to be away from you
- Has many disturbing dreams
- Has difficulty falling asleep, wakes up during the night, or insists on sleeping with you
- Suddenly refuses to be alone with a certain family member or friend or acts very disturbed when the family member or friend is present
- Displays affection inappropriately or makes abnormal sexual gestures or remarks
- Becomes suddenly withdrawn or angry
- Refuses to eat
- Is frequently tearful

You may contact your county's MHP for an assessment for your child if you feel he or she is showing any of the signs above. If your child qualifies for Medi-Cal and the MHP's assessment indicates that specialty mental health services covered by the MHP are needed, the MHP will arrange for the child to receive the services.

## How Do I Know When An Adolescent Or Young Person Needs Help?

Adolescents (12-18 years of age) are under many pressures facing teens. Young people aged 18 to 21 are in a transitional age with their own unique pressures and, since they are legally adults, are able to seek services as adults.

Some unusual behavior by an adolescent or young person may be related to the physical and psychological changes taking place as they become an adult. Young adults are establishing a sense of self-identity and shifting from relying on parents to independence. A parent or concerned friend, or the young person may have difficulty deciding between what 'normal behavior' is and what may be signs of emotional or mental problems that require professional help.

Some mental illnesses can begin in the years between 12 and 21. The checklist below should help you decide if an adolescent requires help. If more than one sign is present or persists over a long period of time, it may indicate a more serious problem requiring professional help. If an adolescent:

- Pulls back from usual family, friend and/or normal activities
- Experiences an unexplained decline in school work
- Neglects their appearance
- Shows a marked change in weight
- Runs away from home
- Has violent or very rebellious behavior
- Has physical symptoms with no apparent illness
- Abuses drugs or alcohol

Parents or caregivers of adolescents or the adolescent may contact the county's MHP for an assessment to see if mental health services are needed. As an adult, a young person (age 18 to 20) may ask the MHP for an assessment. If the adolescent or young person qualifies for Medi-Cal and the MHP's assessment indicates that specialty mental health services covered by the MHP are needed, the MHP will arrange for the adolescent or young person to receive the services.

### What Services Are Available?

The same services that are available for adults are also available for children, adolescents and young people. The services that are available are mental health services, medication support services, targeted case management, crisis intervention, crisis stabilization, day treatment intensive, day rehabilitation, adult residential treatment services, crisis residential treatment services, psychiatric inpatient hospital services, and psychiatric health facility services. MHPs also cover additional special services that are only available to children, adolescents and young people under age 21 and eligible for full-scope Medi-Cal (full-scope Medi-Cal means that Medi-Cal coverage isn't limited to a specific type of services, for example, emergency services only).

Each county's MHP may have slightly different ways of making these services available, so please consult the front section of this booklet for more information, or contact your MHP's toll-free phone number to ask for additional information.

## Are There Special Services Available For Children, Adolescents And Young Adults?

There are special services available from the MHP for children, adolescents and young people called Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) supplemental specialty mental health services. These EPSDT services include a service called Therapeutic Behavioral Services or TBS, which is described in the next section, and also include new services as they are identified by experts in mental health treatment as services that really work. These services are available from the MHP if they are needed to correct or ameliorate (improve) the mental health for a person under the age of 21 who is eligible for full-scope Medi-Cal and has a mental illness covered by the MHP (see page 10 for information on the mental illnesses covered by the MHP).

The MHP is not required to provide these special services if the MHP decides that one of the regular services covered by the MHP is available and would meet the child, adolescent, or young person's needs. The MHP is also not required to provide these special services in home and community settings if the MHP determines the total cost of providing the special services at home or in the community is greater than the total cost of providing similar services in an otherwise appropriate institutional level of care.

## What Are Therapeutic Behavioral Services (TBS)?

**TBS are a type of specialty mental health service available through each county's MHP if you have serious emotional problems. You must be under 21 and have full-scope Medi-Cal to get TBS.**

- If you are living at home, the TBS staff person can work one-to-one with you to reduce severe behavior problems to try to keep you from needing to go to a higher level of care, such as a group home for children, adolescents and young people with very serious emotional problems.
- If you are living in a group home for children, adolescents and young people with very serious emotional problems, a TBS staff person can work with you so you may be able to move to a lower level of care, such as a foster home or back home. TBS will help you and your family, caregiver or guardian learn new ways of controlling problem behavior and ways of increasing the kinds of behavior that will allow you to be successful. You, the TBS staff person, and your family, caregiver or guardian will work together very intensively for a short period of time, until you no longer need TBS. You will have a TBS plan that will say what you, your family, caregiver or guardian, and the TBS staff person will do during TBS, and when and where TBS will occur. The TBS staff person can work with you in most places where you are likely to need help with your problem behavior. This includes your home, foster home, group home, school, day treatment program and other areas in the community.

## Who Can Get TBS?

**You may be able to get TBS if you have full scope Medi-Cal, are under 21 years old, have serious emotional problems AND:**

- Live in a group home for children, adolescents and young people with very serious emotional problems. [These group homes are sometimes called Rate Classification Level (RCL) 12, 13 or 14 group homes]; OR
- Live in a state mental health hospital, a nursing facility that specializes in mental health treatment or a Mental Health Rehabilitation Center (these places are also called institutions for mental diseases or IMDs); OR
- Are at risk of having to live in a group home (RCL 12, 13 or 14), a mental health hospital or IMD; OR
- Have been hospitalized, within the last 2 years, for emergency mental health problems.

## Are There Other Things That Must Happen For Me To Get TBS?

Yes. You must be getting other specialty mental health services. TBS adds to other specialty mental health services. It doesn't take the place of them. Since TBS is short term, other specialty mental health services may be needed to keep problems from coming back or getting worse after TBS has ended.

**TBS is NOT provided if the reason it is needed is:**

- Only to help you follow a court order about probation
- Only to protect your physical safety or the safety of other people
- Only to make things easier for your family, caregiver, guardian or teachers
- Only to help with behaviors that are not part of your mental health problems

You cannot get TBS while you are in a mental health hospital, an IMD, or locked juvenile justice setting, such as a juvenile hall. If you are in a mental health hospital or an IMD, though, you may be able to leave the mental hospital or IMD sooner, because TBS can be added to other specialty mental health services to help you stay in a lower level of care (home, a foster home or a group home).

## How Do I Get TBS?

If you think you may need TBS, ask your psychiatrist, therapist or case manager, if you already have one, or contact the MHP and request services. A family member, caregiver, guardian, doctor, psychologist, counselor or social worker may call and ask for information about TBS or other specialty mental health services for you. You may also call the MHP and ask about TBS.



## **Who Decides If I Need TBS And Where Can I Get Them?**

The MHP decides if you need specialty mental health services, including TBS. Usually an MHP staff person will talk with you, your family, caregiver or guardian, and others who are important in your life and will make a plan for all the mental health services you need, including a TBS plan if TBS is needed. This may take one or two meetings face-to-face, sometimes more. If you need TBS, someone will be assigned as your TBS staff person.

## **What Should Be In My TBS Plan?**

Your TBS plan will spell out the problem behaviors that need to change and what the TBS staff person, you and sometimes your family, caregiver or guardian will do when TBS happens. The TBS plan will say how many hours a day and the number of days a week the TBS staff person will work with you and your family, caregiver or guardian. The hours in the TBS plan may be during the day, early morning, evening or night. The days in the TBS plan may be on weekends as well as weekdays. The TBS plan will say how long you will receive TBS. The TBS plan will be reviewed regularly. TBS may go on for a longer period of time, if the review shows you are making progress but need more time.

## What is 'Medical Necessity' And Why Is It So Important?

One of the conditions necessary for receiving specialty mental health services through your county's MHP is something called 'medical necessity.' This means a doctor or other mental health professional will talk with you to decide if there is a medical need for services, and if you can be helped by services if you receive them.

The term 'medical necessity' is important because it will help decide what kind of services you may get and how you may get them. Deciding 'medical necessity' is a very important part of the process of getting specialty mental health services.

## What Are The 'Medical Necessity' Criteria For Coverage Of Specialty Mental Health Services Except For Hospital Services?

As part of deciding if you need specialty mental health services, your county's MHP will work with you and your provider to decide if the services are a 'medical necessity,' as explained above. This section explains how your MHP will make that decision.

You don't need to know if you have a diagnosis, or a specific mental illness, to ask for help. Your county MHP will help you get this information with an 'assessment.' There are four conditions your MHP will look for to decide if your services are a 'medical necessity' and qualify for coverage by the MHP:

### **(1) You must be diagnosed by the MHP with one of the following mental illnesses as described in the Diagnostic and Statistical Manual, Fourth Edition, published by the American Psychiatric Association:**

- Pervasive Developmental Disorders, except Autistic Disorders
- Disruptive Behavior and Attention Deficit Disorders
- Feeding and Eating Disorders of Infancy and Early Childhood
- Elimination Disorders
- Other Disorders of Infancy, Childhood, or Adolescence
- Schizophrenia and other Psychotic Disorders
- Mood Disorders
- Anxiety Disorders
- Somatoform Disorders
- Factitious Disorders
- Dissociative Disorders
- Paraphilias
- Gender Identity Disorder
- Eating Disorders
- Impulse Control Disorders Not Elsewhere Classified
- Adjustment Disorders
- Personality Disorders, excluding Antisocial Personality Disorder
- Medication-Induced Movement Disorders related to other included diagnoses

**You don't need to know your diagnosis to ask the MHP for an assessment to see if you need specialty mental health services from the MHP.**

**AND**

**(2) You must have at least one of the following problems as a result of the diagnosis:**

- A significant difficulty in an important area of life functioning
- A probability of significant deterioration in an important area of life functioning
- Except as provided in the section for people under 21 years of age, a probability that a child will not progress developmentally as individually appropriate

**AND**

**(3) The expectation is that the proposed treatment will:**

- Significantly reduce the problem
- Prevent significant deterioration in an important area of life-functioning
- Allow a child to progress developmentally as individually appropriate

**AND**

**(4) The condition would not be responsive to physical health care based treatment.**

When the requirements of this 'medical necessity' section are met, you are eligible to receive specialty mental health services from the MHP.

**If you do NOT meet these criteria, it does not mean that you cannot receive help. Help may be available from your regular Medi-Cal doctor, or through the standard Medi-Cal program.**

## **What Are The 'Medical Necessity' Criteria For Covering Specialty Mental Health Services For People Under 21 Years Of Age?**

If you are under the age of 21, have full-scope Medi-Cal and have one of the diagnoses listed in (1) above, but don't meet the criteria in (2) and (3) above, the MHP would need to work with you and your provider to decide if mental health treatment would correct or ameliorate (improve) your mental health. If services covered by the MHP would correct or improve your mental health, the MHP will provide the services.

## **What Are The 'Medical Necessity' Criteria For Reimbursement Of Psychiatric Inpatient Hospital Services?**

One way that your MHP decides if you need to stay overnight in the hospital for mental health treatment is how 'medically necessary' it is for your treatment. If it is medically necessary, as explained above, then your MHP will pay for your stay in the hospital. An assessment will be made to help make this determination.

When you and the MHP or your MHP provider plan for your admission to the hospital, the MHP will decide about medical necessity before you go to the hospital. More often, people go to the hospital in an emergency and the MHP and the hospital work together to decide about medical necessity. You don't need to worry about whether or not the services are medically necessary if you go to the hospital in an emergency (see State of California section page 6 for more information about how emergencies are covered).

***If you need these hospital services, your MHP pays for an admission to the hospital, if you meet the conditions to the right, called medical necessity criteria.***

**If you have mental illness or symptoms of mental illness and you cannot be safely treated at a lower level of care, and, because of the mental illness or symptoms of mental illness, you:**

- Represent a current danger to yourself or others, or significant property destruction
- Are prevented from providing for or using food, clothing or shelter
- Present a severe risk to the your physical health
- Have a recent, significant deterioration in ability to function, and
- Need psychiatric evaluation, medication treatment, or other treatment that can only be provided in the hospital.

**Your county's MHP will pay for a longer stay in a psychiatric inpatient hospital if you have one of the following:**

- The continued presence of the 'medical necessity' criteria as described above
- A serious and negative reaction to medications, procedures or therapies requiring continued hospitalization
- The presence of new problems which meet medical necessity criteria
- The need for continued medical evaluation or treatment that can only be provided in a psychiatric inpatient hospital

Your county's MHP can have you released from a psychiatric inpatient (overnight stay) hospital when your doctor says you are stable. This means when the doctor expects you would not get worse if you were transferred out of the hospital.

## What Is A Notice Of Action?

A Notice of Action, sometimes called an NOA, is a form that your county's Mental Health Plan (MHP) uses to tell you when the MHP makes a decision about whether or not you will get Medi-Cal specialty mental health services. A Notice of Action is also used to tell you if your grievance, appeal, or expedited appeal was not resolved in time, or if you didn't get services within the MHP's timeline standards for providing services.



## When Will I Get A Notice Of Action?

### You will get a Notice of Action:

- If your MHP or one of the MHP's providers decides that you do not qualify to receive any Medi-Cal specialty mental health services because you do not meet the medical necessity criteria. See page 17 for information about medical necessity.
- If your provider thinks you need a specialty mental health service and asks the MHP for approval, but the MHP does not agree and says "no" to your provider's request, or changes the type or frequency of service. Most of the time you will receive a Notice of Action before you receive the service, but sometimes the Notice of Action will come after you already received the service, or while you are receiving the service. If you get a Notice of Action after you have already received the service you do not have to pay for the service.
- If your provider has asked the MHP for approval, but the MHP needs more information to make a decision and doesn't complete the approval process on time.
- If your MHP does not provide services to you based on the timelines the MHP has set up. Call your county's MHP to find out if the MHP has set up timeline standards.
- If you file a grievance with the MHP and the MHP does not get back to you with a written decision on your grievance within 60 days. See page 28 for more information on grievances.
- If you file an appeal with the MHP and the MHP does not get back to you with a written decision on your appeal within 45 days or, if you filed an expedited appeal, within three working days. See page 23 for more information on appeals.

**Please see the next section in this booklet on the Problem Resolution Processes for more information on grievances, appeals and State Fair Hearings.**

## **Will I Always Get A Notice Of Action When I Don't Get The Services I Want?**

There are some cases where you may not receive a Notice of Action. If you and your provider do not agree on the services you need, you will not get a Notice of Action from the MHP. If you think the MHP is not providing services to you quickly enough, but the MHP hasn't set a timeline, you won't receive a Notice of Action.

You may still file an appeal with the MHP or if you have completed the Appeals process, you can request a state fair hearing when these things happen. Information on how to file an appeal or request a fair hearing is included in this booklet starting on page 22. Information should also be available in your provider's office.

## **What Will The Notice Of Action Tell Me?**

The Notice of Action will tell you:

- What your county's MHP did that affects you and your ability to get services.
- The effective date of the decision and the reason the MHP made its decision.
- The state or federal rules the MHP was following when it made the decision.
- What your rights are if you do not agree with what the MHP did.
- How to file an appeal with the MHP.
- How to request a State Fair Hearing.
- How to request an expedited appeal or an expedited fair hearing.
- How to get help filing an appeal or requesting a State Fair Hearing.
- How long you have to file an appeal or request a State Fair Hearing.
- If you are eligible to continue to receive services while you wait for an Appeal or State Fair Hearing decision.
- When you have to file your Appeal or State Fair Hearing request if you want the services to continue.

You should decide if you agree with what the MHP says on the form. If you decide that you don't agree, you can file an Appeal with your MHP, or after completing the Appeal process, you can request a State Fair Hearing, being careful to file on time. Most of the time, you will have 90 days to request a State Fair Hearing or file an Appeal.

## **What Should I Do When I Get A Notice Of Action?**

When you get a Notice of Action you should read all the information on the form carefully. If you don't understand the form, your MHP can help you. You may also ask another person to help you.

If the Notice of Action form tells you that you can continue services while you are waiting for a State Fair Hearing decision, you must request the state fair hearing within 10 days from the date the Notice of Action was mailed or personally given to you or, if the Notice of Action is sent more than 10 days before the effective date for the change in services, before the effective date of the change.

While the majority of counties may handle the Problem Resolution Process in the way stated, there may be some differences among counties in the way things are handled. See specific information on your county in the front of this booklet.

## What If I Don't Get the Services I Want From My County MHP?

Your county's MHP has a way for you to work out a problem about any issue related to the specialty mental health services you are receiving. This is called the problem resolution process and it could involve either:

- 1. The Grievance Process-** an expression of unhappiness about anything regarding your specialty mental health services that is not one of the problems covered by the Appeal and State Fair Hearing processes.
- 2. The Appeal Process** - review of a decision (denial or changes to services) that was made about your specialty mental health services by the MHP or your provider.

*Or, once you have completed the problem resolution process at the MHP you can file for:*

- 3. The State Fair Hearing Process-** review to make sure you receive the mental health services which you are entitled to under the Medi-Cal program.

Your MHP will provide grievance and appeal forms and self addressed envelopes for you at all provider sites, and you should not have to ask anyone to get one. Your county's MHP must post notices explaining the grievance and appeal process procedures in locations at all provider sites, and make language interpreting services available at no charge, along with toll-free numbers to help you during normal business hours.

Filing a grievance or appeal or a State Fair Hearing will not count against you. When your grievance or appeal is complete, your county's MHP will notify you and others involved of the final outcome. When your State Fair Hearing is complete, the State Hearing Office will notify you and others involved of the final outcome.

## Can I Get Help To File An Appeal, Grievance Or State Fair Hearing?

Your county's MHP will have people available to explain these processes to you and to help you report a problem either as a Grievance, an Appeal, or as a request for State Fair Hearing. They may also help you know if you qualify for what's called an 'expedited' process, which means it will be reviewed more quickly because your health or stability are at risk. You may also authorize another person to act on your behalf, including your mental health care provider.

## What If I Need Help To Solve A Problem With My MHP But Don't Want To File A Grievance Or Appeal?

You can get help from the State if you are having trouble finding the right people at the MHP to help you find your way through the MHP system. The State has a Mental Health Ombudsman Services program that can provide you with information on how the MHP system works, explain your rights and choices, help you solve problems with getting the services you need, and refer you to others at the MHP or in your community who may be of help.

**The State's Mental Health Ombudsman Services can be reached at (800) 896-4042 (interpreter services are available) or TTY (800) 896-2512, by sending a fax to (916) 653-9194, or by e-mailing to [ombudsman@dmh.ca.gov](mailto:ombudsman@dmh.ca.gov).**



Your MHP is responsible for allowing you to request a review of a decision that was made about your specialty mental health services by the MHP or your providers. There are two ways you can request a review. One way is using the standard Appeals process. The second way is by using the expedited Appeals process. These two forms of Appeals are similar; however, there are specific requirements to qualify for an expedited Appeal. The specific requirements are explained below.

### **What Is A Standard Appeal?**

A Standard Appeal is a request for review of a problem you have with the MHP or your provider that involves denial or changes to services you think you need. If you request a standard Appeal, the MHP may take up to 45 days to review it. If you think waiting 45 days will put your health at risk, you should ask for an 'expedited Appeal.'

### **The standard appeals process will:**

- Allow you to file an Appeal in person, on the phone, or in writing. If you submit your Appeal in person or on the phone, you must follow it up with a signed written Appeal. You can get help to write the Appeal. If you do not follow-up with a signed written Appeal, your Appeal will not be resolved. However, the date that you submitted of the oral Appeal is the filing date.
- Ensure filing an Appeal will not count against you or your provider in any way.
- Allow you to authorize another person to act on your behalf, including a provider. If you authorize another person to act on your behalf, the MHP might ask you to sign a form authorizing the MHP to release information to that person.
- Have your benefits continued upon request for an Appeal within the required timeframe, which is 10 days from the date your Notice of Action was mailed or personally given to you. You do not have to pay for continued services while the Appeal is pending.
- Ensure that the individuals making the decisions are qualified to do so and not involved in any previous level of review or decision-making.
- Allow you or your representative to examine your case file, including your medical record, and any other documents or records considered during the appeal process, before and during the appeal process.
- Allow you to have a reasonable opportunity to present evidence and allegations of fact or law, in person or in writing.
- Allow you, your representative, or the legal representative of a deceased beneficiary's estate to be included as parties to the appeal.
- Let you know your appeal is being reviewed by sending you written confirmation
- Inform you of your right to request a State Fair Hearing, following the completion of the Appeal process.



## When Can I File An Appeal?

### **You can file an appeal with your county's MHP:**

- If your MHP or one of the MHP's providers decides that you do not qualify to receive any Medi-Cal specialty mental health services because you do not meet the medical necessity criteria. (See page 17 for information about medical necessity.)
- If your provider thinks you need a specialty mental health service and asks the MHP for approval, but the MHP does not agree and says "no" to your provider's request, or changes the type or frequency of service.
- If your provider has asked the MHP for approval, but the MHP needs more information to make a decision and doesn't complete the approval process on time.
- If your MHP doesn't provide services to you based on the timelines the MHP has set up.
- If you don't think the MHP is providing services soon enough to meet your needs.
- If your grievance, appeal or expedited appeal wasn't resolved in time.
- If you and your provider do not agree on the services you need

## How Can I File An Appeal?

See the front part of this booklet for information on how to file an appeal with your MHP. You may call your county MHP's toll-free telephone number (also included in the front part of this booklet) to get help with filing an appeal. The MHP will provide self-addressed envelopes at all provider sites for you to mail in your appeal.

## How Do I Know If My Appeal Has Been Decided?

**Your MHP will notify you or your representative in writing about their decision for your appeal. The notification will have the following information:**

- The results of the appeal resolution process
- The date the appeal decision was made
- If the appeal is not resolved wholly in your favor, the notice will also contain information regarding your right to a state fair hearing and the procedure for filing a state fair hearing.

## Is There A Deadline To File An Appeal?

You must file an appeal within 90 days of the date of the action you're appealing when you get a notice of action (see page 20). Keep in mind that you will not always get a notice of action. There are no deadlines for filing an appeal when you do not get a notice of action; so you may file at any time.

## **When Will A Decision Be Made About My Appeal?**

The MHP must decide on your appeal within 45 calendar days from when the MHP receives your request for the appeal. Timeframes may be extended by up to 14 calendar days if you request an extension, or if the MHP feels that there is a need for additional information and that the delay is for your benefit. An example of when a delay is for your benefit is when the MHP thinks it might be able to approve your appeal if the MHP had a little more time to get information from you or your provider.

## **What If I Can't Wait 45 Days For My Appeal Decision?**

The appeal process may be faster if it qualifies for the expedited appeals process. (Please see the section on Expedited Appeals below.)

## **What Is An Expedited Appeal?**

An expedited appeal is a faster way to decide an appeal. The expedited appeals process follows a similar process than the standard appeals process. However,

- Your appeal has to meet certain requirements (see below).
- The expedited appeals process also follows different deadlines than the standard appeals.
- You can make a verbal request for an expedited appeal. You do not have to put your expedited appeal request in writing.

## **When Can I File an Expedited Appeal?**

If you think that waiting up to 45 days for a standard appeal decision will jeopardize your life, health or ability to attain, maintain or regain maximum function, you may request an expedited appeal. If the MHP agrees that your appeal meets the requirements for an expedited appeal, your MHP will resolve your expedited appeal within 3 working days after the MHP receives the expedited appeal. Timeframes may be extended by up to 14 calendar days if you request an extension, or if the MHP feels that there is a need for additional information and that the delay is in your interest. If your MHP extends the timeframes, the MHP will give you a written explanation as to why the timeframes were extended.

If the MHP decides that your appeal does not qualify for an expedited appeal, your MHP will notify you right away orally and will notify you in writing within 2 calendar days. Your appeal will then follow the standard appeal timeframes outlined earlier in this section. If you disagree with the MHP's decision that your appeal doesn't meet the expedited appeal criteria, you may file a grievance (see the description of the grievance process below).

Once your MHP resolves your expedited appeal, the MHP will notify you and all affected parties orally and in writing.



# THE State Fair Hearing PROCESSES

(Standard and Expedited)

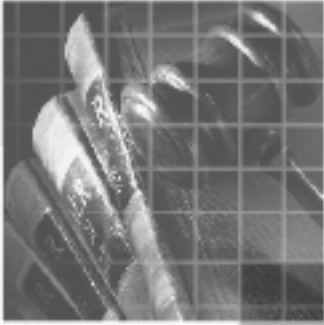
## What Is A State Fair Hearing?

A State Fair Hearing is an independent review conducted by the California Department of Social Services to ensure you receive the specialty mental health services to which you are entitled under the Medi-Cal program.

## What Are My State Fair Hearing Rights?

### You have the right to:

- Have a hearing before the California Department of Social Services (also called a State Fair Hearing)
- Be told about how to ask for a State Fair Hearing
- Be told about the rules that govern representation at the State Fair Hearing
- Have your benefits continued upon your request during the State Fair Hearing process if you ask for a State Fair Hearing within the required timeframes



## When Can I File For A State Fair Hearing?

### You can file for a State Fair Hearing:

- If you have completed the MHP's Grievance and/or Appeals process.
- If your MHP or one of the MHP's providers decides that you do not qualify to receive any Medi-Cal specialty mental health services because you do not meet the medical necessity criteria. (See page 17 for information about medical necessity.)
- If your provider thinks you need a specialty mental health service and asks the MHP for approval, but the MHP does not agree and says "no" to your provider's request, or changes the type or frequency of service.
- If your provider has asked the MHP for approval, but the MHP needs more information to make a decision and doesn't complete the approval process on time.
- If your MHP doesn't provide services to you based on the timelines the MHP has set up.
- If you don't think the MHP is providing services soon enough to meet your needs.
- If your grievance, appeal or expedited appeal wasn't resolved in time.
- If you and your provider do not agree on the services you need

## How Do I Request A State Fair Hearing?

**You can request a State Fair Hearing directly from the California Department of Social Services. You can ask for a State Fair Hearing by writing to:**

State Hearing Division  
California Department of Social Services  
P.O. Box 9424443, Mail Station 19-37  
Sacramento, CA 94244-2430

To request a State Fair Hearing, you may also call **(800) 952-5253**, send a fax to **(916) 229-4110**, or write to the Department of Social Services/State Hearings Division, P.O. Box 944243, Mail Station 19-37, Sacramento, CA 94244-2430.

### **Is There a Deadline for Filing For A State Fair Hearing?**

If you didn't receive a notice of action, you may file for a State Fair Hearing at any time.

### **Can I Continue Services While I'm Waiting For A State Fair Hearing Decision?**

You can continue services while you're waiting for a State Fair Hearing decision if your provider thinks specialty mental health service you are already receiving needs to continue and asks the MHP for approval to continue, but the MHP does not agree and says "no" to your provider's request, or changes the type or frequency of service the provider requested. You will always receive a Notice of Action from the MHP when this happens. Additionally, you will not have to pay for services given while the State Fair Hearing is pending.

### **What Do I Need To Do if I Want to Continue Services While I'm Waiting For A State Fair Hearing Decision?**

If you want services to continue during the State Fair Hearing process, you must request a State Fair Hearing within 10 days from the date your notice of action was mailed or personally given to you.

### **What If I Can't Wait 90 Days For My State Fair Hearing Decision?**

You may ask for an expedited (quicker) State Fair Hearing if you think the normal 90-day time frame will cause serious problems with your mental health, including problems with your ability to gain, maintain, or regain important life functions. The Department of Social Services, State Hearings Division, will review your request for an expedited State Fair Hearing and decide if it qualifies. If your expedited hearing request is approved, a hearing will be held and a hearing decision will be issued within 3 working days of the date your request is received by the State Hearings Division.

***In 2003, some of the words used to describe the MHP processes to help you solve problems with the MHP changed. You may no longer request a State Fair Hearing at any time during the Grievance or Appeals process.***

## **What Is A Grievance?**

A grievance is an expression of unhappiness about anything regarding your specialty mental health services that are not one of the problems covered by the Appeal and State Fair Hearing processes (see pages 23 and 26 for information on the Appeal and State Fair Hearing processes).

### **The grievance process will:**

- Involve simple, and easily understood procedures that allow you to present your grievance orally or in writing.
- Not count against you or your provider in any way.
- Allow you to authorize another person to act on your behalf, including a provider. If you authorize another person to act on your behalf, the MHP might ask you to sign a form authorizing the MHP to release information to that person.
- Ensure that the individuals making the decisions are qualified to do so and not involved in any previous levels of review or decision-making.
- Identify the roles and responsibilities of you, your MHP and your provider
- Provide resolution for the grievance in the required timeframes.

## **When Can I File A Grievance?**

You can file a grievance with the MHP if you are unhappy with the specialty mental health services you are receiving from the MHP or have another concern regarding the MHP.

## **How Can I File A Grievance?**

You may call your county MHP's toll-free telephone number to get help with a grievance. The MHP will provide self-addressed envelopes at all the providers' sites for you to mail in your grievance. Grievances can be filed orally or in writing. Oral grievances do not have to be followed up in writing.

## **How Do I Know If The MHP Received My Grievance?**

Your MHP will let you know that it received your grievance by sending you a written confirmation.

## **When Will My Grievance Be Decided?**

The MHP must make a decision about your grievance within 60 calendar days from the date you filed your grievance. Timeframes may be extended by up to 14 calendar days if you request an extension, or if the MHP feels that there is a need for additional information and that the delay is for your benefit. An example of when a delay might be for your benefit is when the MHP thinks it might be able to approve your grievance if the MHP had a little more time to get information from you or other people involved.

## **How Do I Know If The MHP Has Made a Decision About My Grievance?**

When a decision has been made regarding your grievance, the MHP will notify you or your representative in writing of the decision. If your MHP fails to notify you or any affected parties of the grievance decision on time, then the MHP will provide you with a notice of action advising you of your right to request a State Fair Hearing. Your MHP will provide you with a notice of action on the date the timeframe expires.

## **Is There A Deadline To File To A Grievance?**

You may file a grievance at any time.

## What Are My Rights?

**As a person eligible for Medi-Cal, you have a right to receive medically necessary specialty mental health services from the MHP. When accessing these services, you have the right to:**



- Be treated with personal respect and respect for your dignity and privacy.
- Receive information on available treatment options and alternatives; and have them presented in a manner you can understand.
- Participate in decisions regarding your mental health care, including the right to refuse treatment.
- Be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience, punishment or retaliation as specified in federal rules about the use of restraints and seclusion in facilities such as hospitals, nursing facilities and psychiatric residential treatment facilities where you stay overnight for treatment.
- Request and receive a copy of your medical records, and request that they be amended or corrected
- Receive the information in this booklet about the services covered by the MHP, other obligations of the MHP and your rights as described here. You also have the right to receive this information and other information provided to you by the MHP in a form that is easy to understand. This means, for example, that the MHP must make its written information available in the languages that are used by at least 5 percent or 3,000, whichever is less, of Medi-Cal eligible people in the MHP's county and make oral interpreter services available free of charge for people who speak other languages. This also means that the MHP must provide different materials for people with special needs, such as people who are blind or have limited vision or people who have trouble reading.
- Receive specialty mental health services from a MHP that follows the requirements of its contract with the State in the areas of availability of services, assurances of adequate capacity and services, coordination and continuity of care, and coverage and authorization of services. The MHP is required to:
  - Employ or have written contracts with enough providers to make sure that all Medi-Cal eligible individuals who qualify for specialty mental health services can receive them in a timely manner.
  - Cover medically necessary services out-of-network for you in a timely manner, if the MHP doesn't have an employee or contract provider who can deliver the services. "Out-of-network provider" means a provider who is not on the MHP's list of providers. The MHP must make sure you don't pay anything extra for seeing an out-of-network provider.

- Make sure providers are qualified to deliver the specialty mental health services that the providers agreed to cover.
- Make sure that the specialty mental health services the MHP covers are adequate in amount, duration and scope to meet the needs of the Medi-Cal eligible individuals it serves. This includes making sure the MHP's system for authorizing payment for services is based on medical necessity and uses processes that ensure fair application of the medical necessity criteria.
- Ensure that its providers perform adequate assessments of individuals who may receive services and work with the individuals who will receive services to develop a treatment plan that includes the goals of treatment and the services that will be delivered.
- Provide for a second opinion from a qualified health care professional within the MHP's network, or one outside the network, at no additional cost to you.
- Coordinate the services it provides with services being provided to an individual through a Medi-Cal managed care health plan or with your primary care provider, if necessary and, in the coordination process, to make sure the privacy of each individual receiving services is protected as specified in federal rules on the privacy of health information.
- Provide timely access to care, including making services available 24 hours a day, 7 days a week, when medically necessary to treat an emergency psychiatric condition or an urgent or crisis condition.
- Participate in the State's efforts to promote the delivery of services in a culturally competent manner to all enrollees, including those with limited English proficiency and diverse cultural and ethnic backgrounds

Your MHP must ensure your treatment is not adversely affected as a result of you using your rights. Your Mental Health Plan is required to follow other applicable Federal and State laws (such as: Title VI of the Civil Rights Act of 1964 as implemented by regulations at 45 CFR part 80; the Age Discrimination Act of 1975 as implemented by regulations at 45 CFR part 91; the Rehabilitation Act of 1973; and Titles II and III of the Americans with Disabilities Act) as well as the rights described here. You may have additional rights under state laws about mental health treatment and may wish to contact your county's Patients' Rights Advocate (call your county mental health department listed in the local phone book and ask for the Patient's Rights Advocate) with specific questions.





# ADVANCE DIRECTIVES

## What Is An Advance Directive?

You have the right to have an advance directive. An advance directive is a written instruction about your health care that is recognized under California law. It usually states how you would like health care provided, or says what decisions you would like to be made, if or when you are unable to speak for yourself. You may sometimes hear an advance directive described as a living will or durable power of attorney.



California law defines an advance directive as either an oral or written individual health care instruction or a power of attorney (a written document giving someone permission to make decisions for you). All MHPs are required to have advance directive policies in place. Your MHP is required to provide any adult who is Medi-Cal eligible with written information on the MHP's advance directive policies and a description of applicable state law, if the adult asks for the information. If you would like to request the information, you should call your MHP's toll-free phone number listed in the front part of this booklet for more information.

An advance directive is designed to allow people to have control over their own treatment, especially when they are unable to provide instructions about their own care. It is a legal document that allows people to say, in advance, what their wishes would be, if they become unable to make health care decisions. This may include such things as the right to accept or refuse medical treatment, surgery, or make other health care choices. In California, an advance directive consists of two parts:

1. Your appointment of an agent (a person) making decisions about your health care; and
2. Your individual health care instructions

If you have a complaint about advance directive requirements, you may contact the California Department of Health Services, Licensing and Certification Division, by calling **(800) 236-9747** or by mail at P.O. Box 997413, Sacramento, California 95899-1413.

## CULTURAL COMPETENCY

### Why Are Cultural Considerations And Language Access Important?

A culturally competent mental health system includes skills, attitudes and policies that make sure the needs of everyone are addressed in a society of diverse values, beliefs and orientations, and different races, religions and languages. It is a system that improves the quality of care for all of California's many different peoples and provides them with understanding and respect for those differences.



Your county's MHP is responsible to provide the people it serves with culturally and linguistically competent specialty mental health services. For example: non-English or limited English speaking persons have the right to receive services in their preferred language and the right to request an interpreter. If an interpreter is requested, one must be provided at no cost. People seeking services do not have to bring their own interpreters. Written and verbal interpretation of your rights, benefits and treatments are available in your preferred language. Information is also available in alternative formats if someone cannot read or has visual challenges. The front part of this booklet tells you how to obtain this information. Your county's MHP is required to:



- Provide specialty mental health services in your preferred language.
- Provide culturally appropriate assessments and treatments.
- Provide a combination of culturally specific approaches to address various cultural needs that exist in the MHP's county to create a safe and culturally responsive system.
- Make efforts to reduce language barriers.
- Make efforts to address the cultural-specific needs of individuals receiving services.
- Provide services with sensitivity to culturally specific views of illness and wellness.
- Consider your world view in providing your specialty mental health services.
- Have a process for teaching MHP employees and contractors about what it means to live with mental illness from the point of view of people who are mentally ill.
- Provide a listing of cultural/linguistic services available through your MHP.
- Provide a listing of specialty mental health services and other MHP services available in your primary language (sorted by location and services provided.)
- Provide oral interpretation services free of charge. This applies to all non-English languages.
- Provide written information in threshold languages, alternative formats, and in an appropriate manner that takes into consideration the special needs of those who, for example, are visually limited or have limited reading proficiency.

***Non-English or limited English speaking persons have the right to receive services in their preferred language and the right to request an interpreter.***

- Provide a statewide, toll-free telephone number available 24-hours a day and seven days a week, with language capability in your language to provide information to you about how to access specialty mental health services. This includes services needed to treat your urgent condition, and how to use the MHP problem resolution and State Fair Hearing processes.
- Find out at least once a year if people from culturally, ethnically and linguistically diverse communities see themselves as getting the same benefit from services as people in general.

# How Services May be Provided to You

## How Do I Get Specialty Mental Health Services?

If you think you need specialty mental health services, you can get services by asking the MHP for them yourself. You can call your MHP's toll free phone number listed in the front section of this booklet. The front part of this booklet and the section called "Services" on page 9 of the booklet give you information about services and how to get them from the MHP.

You may also be referred to your MHP for specialty mental health services in other ways. Your MHP is required to accept referrals for specialty mental health services from doctors and other primary care providers who think you may need these services and from your Medi-Cal managed care health plan, if you are a member. Usually the provider or the Medi-Cal managed care health plan will need your permission or the permission of the parent or caregiver of a child to make the referral, unless there's an emergency. Other people and organizations may also make referrals to the MHP, including schools; county welfare or social services departments; conservators, guardians or family members; and law enforcement agencies.



***Please see the provider directory following this section for more information about this topic, or the front section of this booklet with information about your MHP's specific approval or referral information.***

## How Do I Find A Provider For The Specialty Mental Health Services I Need?

Some MHPs require you to receive approval from your county's MHP before you contact a service provider. Some MHPs will refer you to a provider who is ready to see you. Other MHPs allow you to contact a provider directly.

The MHP may put some limits on your choice of providers. Your county's MHP must give you a chance to choose between at least two providers when you first start services, unless the MHP has a good reason why it can't provide a choice, for example, there is only one provider who can deliver the service you need. Your MHP must also allow you to change providers. When you ask to change providers, the MHP must allow you to choose between at least two providers, unless there is a good reason not to do so.

Sometimes MHP contract providers leave the MHP on their own or at the request of the MHP. When this happens, the MHP must make a good faith effort to give written notice of termination of a MHP contracted provider within 15 days after receipt or issuance of the termination notice, to each person who was receiving specialty mental health services from the provider.

## Once I Find a Provider, Can the MHP Tell the Provider What Services I Get?

You, your provider and the MHP are all involved in deciding what services you need to receive through the MHP by following the medical necessity criteria and the list of covered services (see pages 17 and 10). Sometimes the MHP will leave the decision to you and the provider. Other times, the MHP may require your provider to ask the MHP to review the reasons the provider thinks you need a service before the services is provided. The MHP must use a qualified mental health professional to do the review. This review process is called an MHP payment authorization process. The State requires the MHP to have an authorization process for day treatment intensive, day rehabilitation, and therapeutic behavioral services (TBS).

The MHP's authorization process must follow specific timelines. For a standard authorization, the MHP must make a decision on your provider's request within 14 calendar days. If you or your provider request or if the MHP thinks it is in your interest to get more information from your provider, the timeline can be extended for up to another 14 calendar days. An example of when an extension might be in your interest is when the MHP thinks it might be able to approve your provider's request for authorization if the MHP had additional information from your provider and would have to deny the request without the information. If the MHP extends the timeline, the MHP will send you a written notice about the extension.

If your provider or the MHP thinks your life, health or ability to attain, maintain or regain maximum function will be jeopardized by the 14 day timeframe, the MHP must make a decision within 3 working days. If you or your provider request or if the MHP thinks it is in your interest to get more information from your provider, the timeline can be extended up to an additional 14 calendar days.

If the MHP doesn't make a decision within the timeline required for a standard or an expedited authorization request, the MHP must send you a Notice of Action telling you that the services are denied and that you may file an appeal or ask for a State Fair Hearing (see page 26).

You may ask the MHP for more information about its authorization process. Check the front section of this booklet to see how to request the information.

If you don't agree with the MHP's decision on an authorization process, you may file an appeal with the MHP or ask for a State Fair Hearing (see page 26).

If you didn't get a list of providers with this booklet, you may ask the MHP to send you a list by calling the MHP's toll-free telephone number located in the front section of this booklet.

## Which Providers Does My MHP Use?

**Most MHPs use four different types of providers to provide specialty mental health services. These include:**

**Individual Providers:** Mental health professionals, such as doctors, who have contracts with your county's MHP to provide specialty mental health services in an office and/or community setting.

**Group Providers:** These are groups of mental health professionals who, as a group of professionals, have contracts with your county's MHP to offer specialty mental health services in an office and/or community setting.

**Organizational Providers:** These are mental health clinics, agencies or facilities that are owned or run by the MHP or that have contracts with your county's MHP to provide services in a clinic and/or community setting.

**Hospital Providers:** You may receive care or services in a hospital. This may be as a part of emergency treatment, or because your MHP provides the services you need in this type of setting.

If you are new to the MHP, a complete list of providers in your county's MHP follows this section of the booklet and contains information about where providers are located, the specialty mental health services they provide, and other information to help you access care, including information about the cultural and language services that are available from the providers. If you have questions about providers, call your MHP's toll-free telephone number located in the front section of this booklet.



### **Web Links**

State of California's Medi-Cal program:

**<http://www.dhs.ca.gov/mcs/med-calhome>**

State of California Department of Mental Health:

**<http://www.dmh.ca.gov>**

State of California Department of Health Services:

**<http://www.dhs.ca.gov>**

Online Health Resources:

**<http://www.dhs.ca.gov/home/hsites/>**

U.S. Department of Health and Human Services:

**<http://www.os.dhhs.gov>**

U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration:

**<http://www.samhsa.gov>**





# Medi-Cal 心理健康服務 指南





# PHAU NTAWV TAW QHIA RAU

## Medi-Cal Cov Kev Pab Rau Kev Puas Hlwb





# БРОШЮРА

## Психиатрические услуги программы Medi-Cal



*Sacramento County-Russian*  
Revised December 2010



# GUÍA PARA

## Servicios de Salud Mental de Medi-Cal





# CAẢM NANG HỒỒÙNG DAẤN VEÀ

## Caùc Dòch Vui Söùc Khoùe Taâm Thaàn Medi-Cal



*Sacramento County-Vietnamese*  
Revised December 2010

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# County of Sacramento

Department of Health and Human Services  
Mental Health Plan Medi-Cal Provider List

ENGLISH

Effective Date: July 1, 2017

**Prior authorization is required for outpatient, non-emergency services. Please contact the Access Team at (916) 875-1055 or toll free at 1-888-881-4881 for availability, accommodation needs and referral to the listed providers.**

**Deaf and hard of hearing individuals may contact the Access Team by TTY/TDD at (916) 876-8892 or California Relay 711.**

**For more information about Sacramento County's Provider List, please contact Member Services at (916) 875-6069 or toll free at 1-888-881-4881. A double-asterisk (\*\*) after the provider name indicates a culture/ethnic specific provider. All providers are required to attend County provided and/or equivalent cultural competence training approved by DBHS as part of their agreement to provide services through Sacramento County Mental Health Plan.**

Provider Type	Name and Address	Hours and Phone	Population	Linguistic/Cultural Capacity	Specialties
Organizational	<b>Another Choice Another Chance</b> 7000 Franklin Blvd, Suite 625 Sacramento, 95823 www.acacsac.org	Mon-Thu: 8:30am – 7pm Fri: 8:30am-5pm  (916) 388-9418	Children  Accepting Clients Through Access Team	Interpreter services available for languages other than English	Children's General & Specialized Mental Health Services
Organizational	<b>Asian Pacific Community Counseling**</b> 7273 14th Avenue, Suite 120-B Sacramento, 95820 www.apccounseling.org	Mon-Fri 8am-5pm 24/7 Crisis On-Call  (916) 383-6783	Adults/Children  Accepting Clients Through Access Team	Arabic, Cantonese, Hindi, Hmong, Ilocano, Japanese, Korean, Mandarin, Punjabi, Tongan, Vietnamese	Children's & Adult General & Specialized Mental Health Services
Organizational	<b>Casa Pacifica Centers</b> 1722 South Lewis Road Camarillo, 93012 www.casapacifica.org	24 hours/7 days  (805) 366-4170	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Chamberlain's Children Center, Inc.</b> 1850 San Benito Street Hollister, 95023 www.chamberlaincc.org	Mon-Fri: 8am-9pm  (831) 636-2121	Children  Accepting Clients Through Access Team	Spanish, Hindi	Children's General & Specialized Mental Health Services
Organizational	<b>Charis Youth Center</b> 714 West Main Street Grass Valley, 95945 www.charisyouthcenter.org	24 hours/7 days  (530) 477-9800	Children  Accepting Clients Through Access Team	Interpreter services available for languages other than English	Children's General & Specialized Mental Health Services

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Provider Type	Name and Address	Hours and Phone	Population	Linguistic/Cultural Capacity	Specialties
Organizational	<b>Children's Receiving Home</b> 3555 Auburn Blvd. Sacramento, 95821 <a href="http://www.crhkids.org">www.crhkids.org</a>	24hours/7 days  (916) 482-2371	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Cross Creek Counseling, Inc.</b> 8421 Auburn Blvd., Building 3 Citrus Heights, 95610 <a href="http://www.crosscreekcounseling.com">www.crosscreekcounseling.com</a>	Mon-Fri: 9am-6pm  (916) 722-6100	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Dignity Medical Foundation</b> 9837 Folsom Blvd, Suite F Sacramento, 95827  <a href="https://www.dignityhealth.org/sacramento/medical-group/mercy-medical-group/services/counseling-and-psychiatry/dignity-health-medical-foundation-childrens-centers">https://www.dignityhealth.org/sacramento/medical-group/mercy-medical-group/services/counseling-and-psychiatry/dignity-health-medical-foundation-childrens-centers</a>	Mon-Fri: 9am-5pm  (916) 856-5700	Children  Accepting Clients Through Access Team	Hindi, Punjabi, Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Dignity Medical Foundation (Children's South)</b> 6615 Valley Hi Drive Suite A Sacramento, 95823  <a href="https://www.dignityhealth.org/sacramento/medical-group/mercy-medical-group/services/counseling-and-psychiatry/dignity-health-medical-foundation-childrens-centers">https://www.dignityhealth.org/sacramento/medical-group/mercy-medical-group/services/counseling-and-psychiatry/dignity-health-medical-foundation-childrens-centers</a>	Mon-Fri: 8am-5pm  (916) 681-6300	Children  Accepting Clients Through Access Team	Hindi, Punjabi, Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>El Hogar (Sierra Elder Wellness Program)</b> 3870 Rosin Court, Suite 130 Sacramento, 95834 <a href="http://www.elhogarinc.org">www.elhogarinc.org</a>	Mon-Fri: 8am-5pm 24/7 Response  (916) 363-1553	Adults  Accepting Clients Through Access Team	Farsi, Hmong, Japanese, Russian, Spanish, Swedish, Tagalog	Adult General & Specialized Mental Health Services



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Provider Type	Name and Address	Hours and Phone	Population	Linguistic/Cultural Capacity	Specialties
Organizational	<b>El Hogar-Guest House</b> 600 Bercut Avenue Sacramento, 95811 www.elhogarinc.org	Mon-Fri: 8am-5pm  (916) 440-1500	Adults  Accepting Homeless Clients Through Self-Referral	Polish, Spanish	Adult General & Specialized Mental Health Services
Organizational	<b>El Hogar-Regional Support Team</b> 630 Bercut Drive Sacramento, 95811 www.elhogarinc.org	Mon-Fri: 8am-5pm  (916) 441-3819	Adults  Accepting Clients Through Access Team	Interpreter services available for languages other than English	Adult General & Specialized Mental Health Services
Organizational	<b>Fred Finch Youth Center Oakland</b> 3800 Coolidge Avenue Oakland, 94602 www.fredfinch.org	24 hours/7 days  (510) 482-2244	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Human Resources Consultants - Regional Support Team (RST)</b> 3727 Marconi Avenue Sacramento, 95821 www.hrcrst.org	Monday 8am-5pm Wed & Thu 8am-6pm  Tues 8am-5:30pm (916) 485-6500	Adults  Accepting Clients Through Access Team	Arabic, Hindi, Kwali, Laotian, Obo, Punjabi, Russian, Spanish, Ukrainian	Adult General & Specialized Mental Health Services
Organizational	<b>Human Resources Consultants - Transitional Community Opportunities for Recovery and Engagement (TCORE)</b> 3737 Marconi Avenue Sacramento, 95821 www.hrcrst.org	Monday 8am-5pm Wed & Thu 8am-6pm  Tues 8am-5:30pm (916) 480-1801	Adults  Accepting Clients Through Access Team	Farsi, Hindu, Hmong, Laos, Pashtu, Portuguese, Punjabi, Spanish, Thai, Urdu	Adult General & Specialized Mental Health Services

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Organizational	<b>La Familia Counseling Center, Inc.**</b> 3301 37th Avenue Sacramento, 95820 www.lafcc.org	Mon-Fri 8:30am-5:30pm  (916) 452-3601	Children  Accepting Clients Through Access Team	Hmong, Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Mountain Valley Child and Family Services, Inc.</b> 24077 State Highway 49 Nevada City, 95959 website not available	24 hours/7 days  (530) 265-9057	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Oak Grove Institute Foundation</b> 24275 Jefferson Avenue Murrieta, 92562 www.oakgrovecenter.org	Mon-Fri 8am-5pm  (951) 677-5599	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Paradise Oaks Youth Services</b> 7806 Uplands Way Suite A Citrus Heights, 95610 www.paradiseoaks.com	24 hours/7 days  (916) 967-6253	Children  Accepting Clients Through Access Team	Interpreter services available for languages other than English	Children's General & Specialized Mental Health Services
Organizational	<b>Rebekah Children's Services</b> 290 IOOF Ave Gilroy, 95020 www.rcskids.org	24 hours/7 days  (408) 846-2100	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>River Oak Center for Children, Inc</b> 5445 Laurel Hills Drive Sacramento, 95841 www.riveroak.org	Mon-Thu 8am-6pm Fri 8am-5pm  (916) 609-5100	Children  Accepting Clients Through Access Team	Greek, Hindi, Mongolian, Polish, Punjabi, Russian, Sanskrit, Spanish, Tagalog, Urdu	Children's General & Specialized Mental Health Services

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Organizational	<b>River Oak Center for Children, Inc</b> 9412 Big Horn Blvd., Suite 6 Elk Grove, 95758 www.riveroak.org	Mon-Thu: 8am-6pm Fri 8am-5pm  (916) 609-5100	Children  Accepting Clients Through Access Team	Greek, Hindi, Mongolian, Polish, Punjabi, Sanskrit, Spanish, Russian, Tagalog, Urdu	Children's General & Specialized Mental Health Services
Organizational	<b>Sacramento Children's Home</b> 2750 Sutterville Road Sacramento, 95820 www.kidshome.org	24 hours/7 days Office Hours: 8:30am-5pm  (916) 452-3981	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Sacramento Children's Home - Transitional Age Program</b> 2750 Sutterville Road Sacramento, 95820 www.kidshome.org	24 hours/7 days Office Hours: 8:30am-5pm  (916) 452-3981	Children  Accepting Clients Through Access Team	Interpreter services available for languages other than English	Children's General & Specialized Mental Health Services
Organizational	<b>Sacramento County Mental Health - Adult Psychiatric Support Services Clinic</b> 2130 Stockton Blvd. Suites 100, 200 & 300 Sacramento, 95817 www.dhhs.saccounty.net/BHS/Pages/Mental-Health-Services.aspx	Mon-Fri: 8am-5pm  (916) 875-0701	Adults  Accepting Clients Through Access Team	Hmong, Mandarin, Spanish	Adult General & Specialized Mental Health Services
Organizational	<b>Sacramento County Mental Health - Children &amp; Adolescent Psychiatric Support Services</b> 3331 Power Inn Rd Suite 140 Sacramento, 95826 www.dhhs.saccounty.net/BHS/Pages/Mental-Health-Services.aspx	Mon-Fri: 8am-5pm  (916) 875-1183	Children  Accepting Clients Through Access Team	Mandarin, Spanish, Tagalog	Children's General & Specialized Mental Health Services

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Provider Type	Name and Address	Hours and Phone	Population	Linguistic/Cultural Capacity	Specialties
Organizational	<b>Sacramento County Mental Health - Intake Stabilization Unit</b> 2150 Stockton Blvd. Sacramento, 95817 <a href="http://www.dhhs.saccounty.net/BHS/Pages/Mental-Health-Services.aspx">www.dhhs.saccounty.net/BHS/Pages/Mental-Health-Services.aspx</a>	Adult ISU: 24 hrs/7 days Children ISU: Mon-Sun 10am-7pm  (916) 875-1000	Adults/Children  Accepting Clients Through Access Team	Armenian, Hmong, Ilocano, Japanese, Korean, Portuguese, Russian, Spanish, Tagalog, Vietnamese	Crisis Stabilization
Organizational	<b>San Juan Unified School District - White House Counseling Center</b> 6147 Sutter Avenue Carmichael, 95608 <a href="http://www.sanjuan.edu/Page/6926">www.sanjuan.edu/Page/6926</a>	Mon-Thu: 8am-6pm Fri 8am-4pm  (916) 971-7640	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Sierra Forever Families</b> 8928 Volunteer Lane Sacramento, 95826 <a href="http://www.sierraff.org">www.sierraff.org</a>	Mon-Fri: 8:30am-5pm  (916) 368-5114	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Stanford Youth Solutions</b> 8912 Volunteer Lane Sacramento, 95826 <a href="http://www.youthsolutions.org">www.youthsolutions.org</a>	Mon-Fri: 8am-5pm 24 hr/7 day response  (916) 344-0199	Children  Accepting Clients Through Access Team	Armenian, Cantonese, German, Japanese, Mandarin, Russian, Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Summitview Child and Family Services</b> 670 Placerville Dr. #2 Placerville, 95667 <a href="http://www.summitviewtreatment.org">www.summitviewtreatment.org</a>	24 hrs/7 days  (530) 644-2412	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services

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Provider Type	Name and Address	Hours and Phone	Population	Linguistic/Cultural Capacity	Specialties
Organizational	<b>Telecare Inc.- Sacramento Outreach Adult Recovery (SOAR)</b> 900 Fulton Avenue, Suite 205 Sacramento, 95825 www.telecarecorp.com/soar/	Mon-Fri: 8:30am-5:30pm 24 hr/7 day Response  (916) 484-3570	Adults  Accepting Clients Through Access Team	Cambodian, Italian, Russian, Spanish	Adult General & Specialized Mental Health Services
Organizational	<b>Terkensha Associates</b> 4320 Auburn Blvd Suite 1200 Sacramento, 95841 www.doingwhateverittakes.org	Mon-Fri: 8am-7pm  (916) 418-0828	Children  Accepting Clients Through Access Team	Cantonese, Hmong, Japanese, Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Terkensha Associates</b> 811 Grand Ave Suite D Sacramento, 95838 www.doingwhateverittakes.org	Mon-Fri: 8am-7pm  (916) 922-9868	Children  Accepting Clients Through Access Team	Cantonese, Hmong, Japanese, Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Terra Nova Counseling</b> 7844 Madison Avenue, Suite 152 Fair Oaks, 95628 www.terravacounseling.org	Mon-Fri: 8:30am-8pm  (916) 344-0249	Children  Accepting Clients Through Access Team	Spanish, Vietnamese	Children's General & Specialized Mental Health Services
Organizational	<b>TLC Child and Family Services</b> 1800 Gravenstein Hwy N Suite A Sebastopol, 95472 www.tlc4kids.org	Mon-Fri 8am-4:30pm  (707) 823-7300	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services

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Provider Type	Name and Address	Hours and Phone	Population	Linguistic/Cultural Capacity	Specialties
Organizational	<p><b>TLCS, Inc. (New Direction - Transforming Lives, Cultivating Success)</b></p> <p>650 Howe Avenue, Bldg. 400-B Sacramento, 95825 www.tlcssac.org</p>	<p>Mon-Fri: 8am-4:30pm 24hr/7 day response  (916) 993-4131</p>	<p>Adults  Accepting Clients Through Access Team</p>	<p>Bengali, Cantonese, German, Hindi, Hmong, Kinyarwanda, Lithuanian, Punjabi, Russian, Spanish, Urdu, Vietnamese</p>	<p>Adult General &amp; Specialized Mental Health Services</p>
Organizational	<p><b>Turning Point Community Programs - Crisis Residential</b></p> <p>4801 34th Street Sacramento, 95820 www.tpcp.org</p>	<p>24hr/7 days  (916) 737-9202</p>	<p>Adults  Accepting Clients Through Access Team</p>	<p>Hmong, Portuguese, Spanish</p>	<p>Adult General &amp; Specialized Mental Health Services</p>
Organizational	<p><b>Turning Point Community Programs - Crisis Residential II</b></p> <p>505 M Street Rio Linda, 95673 www.tpcp.org</p>	<p>24 hours/7 days  (916) 364-8395</p>	<p>Adults  Accepting Clients Through Access Team</p>	<p>Interpreter services available for languages other than English</p>	<p>Adult General &amp; Specialized Mental Health Services</p>
Organizational	<p><b>Turning Point Community Programs - Flexible Integrated Program (FIT)</b></p> <p>7245 E. Southgate Drive Sacramento, 95823 www.tpcp.org</p>	<p>Mon-Fri: 8am-6pm Additional hours as needed  24hr/7 day response (916) 427-7141</p>	<p>Children  Accepting Clients Through Access Team</p>	<p>Spanish</p>	<p>Children's General &amp; Specialized Mental Health Services</p>

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Provider Type	Name and Address	Hours and Phone	Population	Linguistic/Cultural Capacity	Specialties
Organizational	<b>Turning Point Community Programs - Integrated Services Agency (ISA)</b> 6950 65th Street Sacramento, 95823 www.tpcp.org	Mon-Fri: 8am-5pm Sat: 8am-4pm 24hr/7 day response (916) 393-1222	Adults Accepting Clients Through Access Team	French, Greek, Hmong, Kru, Spanish, Tagalog	Adult General & Specialized Mental Health Services
Organizational	<b>Turning Point Community Programs - Mental Health Urgent Care Center</b> 2130 Stockton Blvd, Building 300 Sacramento, 95817 www.tpcp.org	Mon-Fri: 10am-10pm Weekends & Holidays: 10am-6pm (916) 520-2460	Adults Accepting Clients Through Access Team	Hindi, Punjabi, Russian, Spanish, Tagalog, Urdu	Adult General & Specialized Mental Health Services
Organizational	<b>Turning Point Community Programs - Regional Support Team (RST)</b> 3810 Rosin Court Suites 170 & 180 Sacramento, 95834 www.tpcp.org	Mon-Fri: 8am-5pm (916) 567-4222	Adults Accepting Clients Through Access Team	French, Lao, Mandarin, Mien, Russian, Spanish, Thai, Tongan, Ukrainian, Vietnamese	Adult General & Specialized Mental Health Services
Organizational	<b>Turning Point Community Programs - Therapeutic Behavioral Program (TBS)</b> 7275 E. Southgate Drive, Suite 105 Sacramento, 95823 www.tpcp.org	Mon-Fri: 8am-4:30pm (916) 427-7141	Children Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Turning Point Community Programs -Pathways</b> 3810 Rosin Court Suites 170 & 180 Sacramento, 95834 www.tpcp.org	Mon-Fri: 8am-4:30pm 24hr/7 day response (916) 283-8280	Adults Accepting Only Homeless Clients Through Provider Referral	French, Lao, Mandarin, Mien, Russian, Spanish, Thai, Tongan, Ukrainian, Vietnamese	Adult General & Specialized Mental Health Services

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Organizational	<b>UC Davis Medical Center - SacEDAPT</b> 2230 Stockton Blvd. Sacramento, 95817 <a href="http://earlypsychosis.ucdavis.edu/sacedapt">http://earlypsychosis.ucdavis.edu/sacedapt</a>	Mon-Fri: 8am-5pm  (916) 734-7251	Children  Accepting Clients Through Access Team	Mandarin, Punjabi, Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>UC Davis Medical Center Child Protection - UCD CAARE</b> 3671 Business Drive Sacramento, 95820 <a href="http://www.ucdmc.ucdavis.edu/children/clinical_services/CAARE">www.ucdmc.ucdavis.edu/children/clinical_services/CAARE</a>	Mon-Fri: 8am-5pm  (916) 734-8396	Children  Accepting Clients Through Access Team	Cantonese, Farsi, Hebrew, Spanish, Tagalog	Children's General & Specialized Mental Health Services
Organizational	<b>Uplift Family Services</b> 3951 Performance Dr. Suite G Sacramento, 95838 <a href="http://www.upliftfs.org">www.upliftfs.org</a>	Mon-Fri: 8:30am-5pm  (916) 921-0828	Children  Accepting Clients Through Access Team	Spanish, Korean	Children's General & Specialized Mental Health Services
Organizational	<b>Uplift Family Services</b> 9343 Tech Center Dr., Suite 200 Sacramento, 95826 <a href="http://www.upliftfs.org">www.upliftfs.org</a>	Mon-Fri 8:30am-5pm  (916) 388-6400	Children  Accepting Clients Through Access Team	Hmong, Korean, Serbo-Croatian, Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Uplift Family Services</b> 7880 Alta Valley Drive Suite 210 Sacramento, 95823 <a href="http://www.upliftfs.org">www.upliftfs.org</a>	Mon-Fri: 8:30am-5pm  (916) 921-0828	Children  Accepting Clients Through Access Team	Spanish, Korean	Children's General & Specialized Mental Health Services



Prior authorization is required for outpatient, non-emergency services. Please contact the Access Team at (916) 875-1055 or toll free at 1-888-881-4881 for availability, accommodation needs and referral to the listed providers.

Deaf and hard of hearing individuals may contact the Access Team by TTY/TDD at (916) 876-8892 or California Relay 711.

For more information about Sacramento County's Provider List, please contact Member Services at (916) 875-6069 or toll free at 1-888-881-4881. A double-asterisk (\*\*) after the provider name indicates a culture/ethnic specific provider. All providers are required to attend County provided and/or equivalent cultural competence training approved by DBHS as part of their agreement to provide services through Sacramento County Mental Health Plan.

Provider Type	Name and Address	Hours and Phone	Population	Linguistic/Cultural Capacity	Specialties
Organizational	<b>Victor Treatment Center, Inc.</b> 855 Canyon Road Redding, 96001 www.victor.org	24 hours/7 days  (530) 378-1855	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Victor Treatment Center, Inc.</b> 3164 Condo Court Santa Rosa, 95403 www.victor.org	24 hours/7 days  (707) 576-7218	Children  Accepting Clients Through Access Team	Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Victor Treatment Center, Inc.</b> 12755 Hwy 88 Lodi, 95840 www.victor.org	24 hours/7 days  (209) 340-7900	Children  Accepting Clients Through Access Team	Cambodian, Hmong, Spanish	Children's General & Specialized Mental Health Services
Organizational	<b>Visions Unlimited Inc.</b> 6833 Stockton Blvd. Sacramento, 95820 www.vuinc.org	Mon & Thurs: 8:30am-6pm Tue & Wed: 8:30am-7pm  Fri: 8:30am-5:30pm (916) 393-2203	Adults/Children  Accepting Clients Through Access Team	Spanish, Mien, Arabic, Tagalog, Hmong, Cambodian, Farsi	Children's & Adult General & Specialized Mental Health Services
Organizational	<b>Visions Unlimited Inc.</b> 425 Pine Street, Suite 2 Galt, 95632 www.vuinc.org	Mon & Thurs: 8:30am-6pm Tue & Wed: 8:30am-7pm  Fri: 8:30am-5pm (209) 745-3101	Adults/Children  Accepting Clients Through Access Team	Spanish, Mien, Arabic, Tagalog, Hmong, Cambodian, Farsi	Children's & Adult General & Specialized Mental Health Services
Organizational	<b>Wellness and Recovery Center - North</b> 9719 Lincoln Village Dr, Suite 300 Sacramento, 95827 www.consumersselfhelp.org	Mon-Sun: 9am-5pm  (916) 485-4175	Adults  Accepting Clients Through Access Team	Hmong, Lao, Russian, Spanish, Thai	Adult General & Specialized Mental Health Services

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Deaf and hard of hearing individuals may contact the Access Team by TTY/TDD at (916) 876-8892 or California Relay 711.

For more information about Sacramento County's Provider List, please contact Member Services at (916) 875-6069 or toll free at 1-888-881-4881. A double-asterisk (\*\*) after the provider name indicates a culture/ethnic specific provider. All providers are required to attend County provided and/or equivalent cultural competence training approved by DBHS as part of their agreement to provide services through Sacramento County Mental Health Plan.

Provider Type	Name and Address	Hours and Phone	Population	Linguistic/Cultural Capacity	Specialties
<b>Organizational</b>	<b>Wellness and Recovery Center - South</b> 7000 Franklin Blvd. Suite 200 Sacramento, 95823 www.consumersselfhelp.org	Mon-Sun: 9am-5pm  (916) 394-9195	Adults  Accepting Clients Through Access Team	Hmong, Spanish, Tai	Adult General & Specialized Mental Health Services
<b>Organizational</b>	<b>Youth for Change (The Community Services Building)</b> 7204 Skyway Paradise, 95969 www.youth4change.org	24 hours/7 days  (530) 872-2103	Children  Accepting Clients Through Access Team	Spanish, Hmong	Children's General & Specialized Mental Health Services
<b>Individual</b>	<b>Jane Ann Graff, MFT**</b> 3550 Watt Avenue Sacramento, 95821 website not available	Wednesday day & evenings By appointment only  (916) 979-7000	Adults/Children  Accepting Clients Through Access Team	American Sign Language (ASL)	Children's & Adult General & Specialized Mental Health Services
<b>Hospital</b>	<b>Crestwood Psychiatric Health Facility</b> 4741 Engle Road Carmichael, 95608  www.crestwoodbehavioralhealth.com	24 hours/7 days  (916) 977-0949	Adults  Inpatient Hospital- Referrals only by Mental Health Plan (MHP), Mental Health Treatment Center (MHTC)	Interpreter services available for languages other than English	Adult General & Specialized Mental Health Services
<b>Hospital</b>	<b>Crestwood Psychiatric Health Facility</b> 2600 Stockton Blvd Suite B Sacramento, 95817  www.crestwoodbehavioralhealth.com	24 hours/7 days  (916) 520-2785	Adults  Inpatient Hospital- Referrals only by Mental Health Plan (MHP), Mental Health Treatment Center (MHTC)	Interpreter services available for languages other than English	Adult General & Specialized Mental Health Services

Prior authorization is required for outpatient, non-emergency services. Please contact the Access Team at (916) 875-1055 or toll free at 1-888-881-4881 for availability, accommodation needs and referral to the listed providers.

Deaf and hard of hearing individuals may contact the Access Team by TTY/TDD at (916) 876-8892 or California Relay 711.

For more information about Sacramento County's Provider List, please contact Member Services at (916) 875-6069 or toll free at 1-888-881-4881. A double-asterisk (\*\*) after the provider name indicates a culture/ethnic specific provider. All providers are required to attend County provided and/or equivalent cultural competence training approved by DBHS as part of their agreement to provide services through Sacramento County Mental Health Plan.

Provider Type	Name and Address	Hours and Phone	Population	Linguistic/Cultural Capacity	Specialties
Hospital	<b>Heritage Oaks Hospital</b> 4250 Auburn Blvd. Sacramento, 95841  <a href="http://www.heritageoakshospital.com">www.heritageoakshospital.com</a>	24 hours/7 days   (916) 489-3336	Adults/Children  Inpatient Hospital-Referrals only by Mental Health Plan (MHP), Mental Health Treatment Center (MHTC)	Interpreter services available for languages other than English	Children's & Adult General & Specialized Mental Health Services
Hospital	<b>Sacramento County Mental Health Treatment Center</b> 2150 Stockton Blvd. Sacramento, 95817  <a href="http://www.dhhs.saccounty.net/BHS/Pages/Mental-Health-Services.aspx">www.dhhs.saccounty.net/BHS/Pages/Mental-Health-Services.aspx</a>	24 hours/7 days  (916) 875-1000	Adults  Inpatient	Tagalog, Spanish, Italian, French, Mandarin, Cantonese, Portuguese, Samoan, Arabic, Vietnamese, Korean, Polish, Russian	Adult General & Specialized Mental Health Services
Hospital	<b>Sierra Vista Hospital</b> 8001 Bruceville Rd. Sacramento, 95823  <a href="http://www.sierravistahospital.com">www.sierravistahospital.com</a>	24 hrs/7 days  (916) 423-2000	Adults/Children  Inpatient Hospital-Referrals only by Mental Health Plan (MHP), Mental Health Treatment Center (MHTC)	Interpreter services available for languages other than English	Children's & Adult General & Specialized Mental Health Services
Hospital	<b>Sutter Center for Psychiatry</b> 7700 Folsom Blvd. Sacramento, 95826  <a href="http://www.suttermedicalcenter.org/psychiatry/">www.suttermedicalcenter.org/psychiatry/</a>	24 hrs/7 days  (916) 353-3369	Adults/Children  Inpatient Hospital-Referrals only by Mental Health Plan (MHP), Mental Health Treatment Center (MHTC)	Interpreter services available for languages other than English	Children's & Adult General & Specialized Mental Health Services

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**COUNTY OF SACRAMENTO**  
**DEPARTMENT OF HEALTH SERVICES**  
**DIVISION OF BEHAVIORAL HEALTH SERVICES**

Sacramento County Mental Health Plan is committed to providing all eligible persons mental health services and support to attain and maintain the most dignified life existence possible. Sacramento County Division of Behavioral Health Services will insure persons of culturally diverse backgrounds full access to services that are culturally and linguistically appropriate and sensitive to their needs. Interpreters for non-English speaking clients including the deaf are provided free of charge for all services.

**Mental Health Services**

**How can I obtain mental health services?**

A person requesting mental health services can call ACCESS at (916) 875-1055. ACCESS is comprised of two teams: one for adults/older adults and one for children/youth. The ACCESS teams give information, assess for service needs, authorize mental health services, and make referrals.

Mental health ACCESS provides information twenty-four hours a day, seven days a week. Bilingual services and telephone devices for the deaf are available.

**Where are services provided?**

Services are provided by county or community based provider staff in facilities located throughout the county.

**Who can make a referral?**

An individual, parent or advocate can request services. An advocate can be a relative, community agency staff, physician, school staff, or any interested party.

**How do I get emergency help?**

If a person has a psychiatric emergency or needs urgent care, the person or advocate may call (888) 881-4881 for a telephone consultation. If you are unsure about whether the situation is an emergency, call (888) 881-4881. If your situation cannot wait, go to the nearest emergency room.

**Available Services**

The Division of Behavioral Health Services provides mental health services for adults and children. Services vary according to age and needs of the individual but may include:

- Assisted access to underserved populations, including outreach
- Evaluation and assessment
- Brief therapy and counseling: individuals, family and group
- Peer and family member support
- Crisis residential
- Case management
- Medication evaluation and support
- Day rehabilitation
- Psychological testing
- Hospitalization

Sacramento County Division of Behavioral Health Services maintains a policy of honoring an individual's right to privacy and confidentiality of their records. The Division follows State and Federal laws and regulations regarding confidentiality.

**FOR MORE INFORMATION**

**Access**  
(916) 875-1055

**TTY/ TDD**  
(916) 876-8892

**24 Hour Mental Health Access Line**  
1-888-881-4881





沙加緬度縣  
公共健康服務部  
精神健康組

沙加緬度縣精神健康計劃是為了提供精神健康服務給所有符合資格的人們。並支持他們得到且維持一個有尊嚴的生關注到個別文化背景之異同，與不同口語文字交流種種的需要。特備有免費翻譯以及對耳聾人士提供電話通訊服務。

## 精神健康服務

### 我如何有資格得到該項服務？

如需要得到精神健康服務，請電話ACCESS (916)875-1055。ACCESS 又分為兩部門：成年與老人部門及兒童與少年部門。ACCESS提供各種查詢，評估並授權精神健康服務以及介紹推薦到合適的服務單位。ACCESS 提供每日二十四小時，每週七天全時間服務。並且有雙語人員以耳聾電話機器服務等等。

### 由何處提供服務？

此服務由縣政府，社區為基礎的職員工，或者社會熱心人士提供。

### 何人可推薦此合適服務？

個人，家庭或監護人，監護人親屬，社工，學校員工，醫生，或社會熱心人士皆可。

### 如何得到緊急援助？

如患者有突發性精神病症或者需要緊急救治者，患者或者監護人士可致電(888) 881-4881。將有精神科專員為您服務。如果患者不確定是否是緊急狀況，請電(888) 881-4881如果緊急狀況不可等待患者可在任何時間到最近精神治療中心接受危機幫助。

## 現有服務

精神健康組提供各種兒童與成人精神健康服務。不同服務適合不同年齡與不同需要的人士。其中包括：

- 接觸服務層為能達到的人口。
- 測量評估病情與治療方 。
- 提供簡短治療與輔導：包括個人，家庭或小組。
- 穩定住家狀態。安人幫助。
- 穩定緊急狀態。
- 個 管理
- 藥物評估與支援心理測試。
- 日間復健治療
- 心理檢測。
- 住院服務

沙加緬度精神健康組保留並且認同個人隱私權利條文，對所有資料行保密。絕對遵守加州州政府與聯邦政府的保密條例。

ACCESS  
(916)875-1055  
如果需要更多資  
訊，請電查詢。

ACCESS Toll Free  
1-888-881-4881  
二十四小時熱線

TTY/TDD  
耳聾人士提供電話：  
(916) 876-8892



## County of Sacramento

### Sab Kev Noj qab Haus huv thiab Sab Kev Pab Neeg Phab Kev Nyuaj Siab

Sacramento County Sab pab txog Kev Nyuaj Siab tau cog lus pab rau cov neeg muaj kev nyuaj siab kom zoo li peb yuav pab tau. Ib cheeb tsam nrog Sacramento peb yuav ntsuam xyuas kom zoo tshaj txog rau cov neeg uas tuaj txawv teb chaws tuaj kom muaj kev pab cuam kom zoo npaum li peb yuav pab tau thiab yuav nrhiav neeg txhais lus pub dawv rau cov tsis paub lus thiab rau cov neeg lag ntseg.

### **Cov Kev Pab Los Ntawm Chaw Nyuaj Siab**

#### **Yuav ua li cas kuv thiab nrhiav tau kev pab txog txoj kes nyuaj siab?**

Yog koj xav tau kev pab txog kev nyuaj siab, hu rau ACCESS ntawm tus xov tooj (916) 875-1055. ACCESS muaj ob lub chaw, xws li, lub pab rau cov laus thiab lub pab rau cov me nyuam yaus. ACCESS yog qhov chaw muab tswv yim thiab pab ntuas los yog daws teb mem thiab xa mus rau lwm qhov chaw pab.

Hauv tsev nyuaj siab ACCESS yeej pab tau nej txhua lub sij hawm, txhua hnuv. Cov tsis paub lus thiab tsis hnov lus los peb yeej muaj chaw pab tau.

#### **Cov Chaw Pab nyob Qhov Twg?**

Cov chaw pab muaj nyob txhua qhov chaw ntawm cheeb tsam hauv Sacramento thiab cov koom haum Hmoob.

#### **Leej twg thiab li xa tau koj mus?**

Koj hu mus los tau, niam thiab txiv los yog cov txheeb ze, Cov koom haum hmoob, Koj tus doctor, Tsev kawm ntawv los yog cov phooj ywg uas ze koj.

#### **Yog mob nyhav yuav Nrhiav Kev pab li cas?**

Yog hais tias leej twg muaj kev nyuaj siab heev los yog xav kom tau kev pab sai, hu rau cov neeg ua hauj lwm tim qhov chaw Tsev nyuaj siab, tus xov tooj: (888) 881-4881. Yog koj tsis paub meej txog koj tus mob tias nyhav los yog tsis nyhav koj hu rau (888) 881-4881. Yog hais tias koj mob nyhav tos tsis taus, koj yuav tau mus rau ntawm lub tsev kho mob uas ze koj.

#### **Cov Chaw Pab**

Phab kev pab ntawm chaw nyuaj siab rau cov laus thiab cov me nyuam yaus. Cov kev pab ntawd nyob ntawm tus neeg uas muaj kev nyuaj siab li cas, raws li nram qab no:

- Nrhiav kev pab thiab ntsuam xyuas rau cov neeg uas tsis paub txog tej kev pab no
- Ntsuam xyuas thiab nug txog kev nyuaj siab
- Sab laj mloog txog kev nyuaj siab: ib leeg, ib tsev neeg los yog ib pab
- Pab rua kev nyuaj siab kom nyob kaj lug
- Muaj teeb meem hauv tsev
- Tuav koj cov ntaub ntawv
- Ntsuam xyuas thiab pab qhia txog kev noj tshuaj
- Pab saib xyuas kom zoo txhua hnuv
- Kev pab thiab qhia kom rov zoo li qub
- Pw tim tsev kho mob

Hauv Sacramento County sab kev nyuaj siab yuav muab nej saib rau qhov siab tsis pub kom muaj leej twg yuav los paub thiab pom nej tej ntaub ntawv thiab paub txog nej tej kev nyuaj siab. Peb yeej ua raws li txoj kev cai uas luag tau muab teev tseg rau hauv peb lub xeev California thiab teb chaws no txog kev npog tej lus uas koj hais.

### ***Xav Paub Ntau Tshaj No Ntxiv Hu Rau:***

ACCESS tus xov tooj  
(916) 875-1055

TTY/TDD (Rau tus tsis hnov Lus)  
(916) 876-8892

ACCESS tux xov tooj hu dawb (24 xuab moo)  
1-888-881-4881





ОКРУГ САКРАМЕНТО  
ДЕПАРТАМЕНТ ЗДРАВООХРАНЕНИЯ И СОЦИАЛЬНОГО ОБСЛУЖИВАНИЯ  
ОТДЕЛ УСЛУГ ПСИХИЧЕСКОГО ЗДОРОВЬЯ

План Психического Здоровья Округа Сакраменто утверждает предоставление психиатрического обслуживания и поддержку всем людям, кто в ней нуждается, чтобы они могли быть в состоянии вести достойную жизнь. Отдел Психиатрических Услуг Округа Сакраменто также обеспечивает людям различного культурного происхождения полный доступ ко всем услугам, с учетом культурных и языковых различий, по мере их нужд. Будут предоставлены бесплатные переводчики для людей, не говорящих на английском языке, а так же для глухонемых.

СЛУЖБА ПСИХИЧЕСКОГО ЗДОРОВЬЯ

**Как можно получить психиатрическое обслуживание?** Человек, нуждающийся в психиатрических услугах, может позвонить в службу доступа (ACCESS) по телефону (916) 875-1055. Служба доступа состоит из двух групп: одна для взрослых / пожилых, а другая - для детей/ подростков. Группы доступа предоставляют информацию, рассматривают потребность в необходимых услугах и утверждают их, а также, делают направления к специалистам.

Служба Доступа (ACCESS) предоставляет информацию 24-часа в сутки, 7- дней в неделю. Предоставляются услуги переводчиков и телефонные связи для глухонемых.

**Где предоставляются эти услуги?** Услуги предоставляются работниками округа или общественными работниками в зданиях, расположенных по всему округу.

**Кто может сделать направление?** Любой человек, родитель или адвокат может запросить эти услуги. «Адвокатом» может быть родственник, работники общественных организаций, врачи, работники школ или любой заинтересованный человек.

**Как можно получить неотложную психиатрическую помощь?** Если человек нуждается в неотложной психиатрической помощи, следует звонить по телефону (888) 881-4881 для телефонной консультации. Если вы не уверены, является ли ситуация неотложной, звоните по телефону (888) 888-4881. Если ваша ситуация требует немедленного вмешательства, пожалуйста обратитесь в ближайший пункт «скорой помощи».

**Предоставляемые Услуги.** Отдел Психиатрических Услуг предоставляет услуги для взрослых и детей. Обслуживание изменяется индивидуально по мере возраста и нужд человека, и включает в себя следующие услуги:

- Доступ обслуживания для мало-обслуживаемого ( малоимущего) населения, включая выезды на дом.
- Анализ и оценка
- Кратковременная терапия и консультации; индивидуальные, семейные и в группах.
- Поддержка товарищей и членов семьи
- Интенсивное лечение в дневном стационаре
- Координация услуг
- Оценка потребности в медикаментах и поддержка
- Дневная реабилитация
- Психологическое тестирование
- Госпитализация

План поддержания психического здоровья округа Сакраменто соблюдает правила уважения прав наших клиентов на неразглашение и конфиденциальность всей документации. Отдел соблюдает все Федеральные и Штатные законы и регулирования относительно конфиденциальности.

ДЛЯ БОЛЬШЕЙ ИНФОРМАЦИИ

Служба Доступа  
(916)875-1055

Для глухих/слепых  
(916)876-8892

24 –Часовая Горячая Линия  
1-888-881-4881



**County of Sacramento**  
**Department of Health Services**  
**Division of Behavioral Health Services**

El Sacramento County Mental Health Plan está comprometido a proveer con servicios de salud mental a todas las personas elegibles y con el apoyo necesario para mantener un a vida digna y respetable. El Sacramento County Division of Behavioral Health Services se responsabilizará de que las personas de cualquier nacionalidad tengan acceso a los servicios y que estos servicios sean lingüísticos y culturalmente apropiados a sus necesidades. Se ofrece servicios de interpretación para personas que no hablan Inglés así como para las personas sordas sin costo alguno.

**Servicios de Salud Mental**

**¿Cómo puedo obtener Servicios de Salud Mental?**

La persona que requiere servicios de salud mental puede llamar a la oficina de Acceso a los Servicios al número (916) 875-1055. La oficina de Acceso a los Servicios está dividida en dos áreas: uno para personas adultas y de edad avanzada, y otra para niños y adolescentes. La oficina de Acceso a los Servicios ofrece información, evalúa las necesidades de los servicios que se necesitan, canaliza a otros servicios si es necesario, y autoriza los servicios de salud mental.

La oficina de Acceso a los Servicios de Salud Mental provee con información las 24 horas del día, siete días a la semana. Servicios bilingües y sistema telefónico especial para las personas que son sordas están disponibles.

**¿Dónde se provee estos servicios?**

Los servicios son proveídos a través de las clínicas del condado o con clínicas de salud mental en la comunidad las cuales están localizadas en todas las áreas del Condado de Sacramento.

**¿Quién puede canalizar a una persona?**

Cualquier persona, padres de familia o un representante legal puede solicitar los servicios para quien lo necesite. El representante legal puede ser un familiar, el personal de una agencia de servicios comunitarios, un doctor, un maestro escolar, o cualquier individuo relacionada con la persona que necesita de los servicios.

**¿Cómo puedo recibir ayuda en caso de emergencia?**

Si una persona tiene una emergencia de tipo psiquiátrico, o necesita ayuda inmediata, la misma persona o representante legal puede llamar al número (888) 881-4881 para hablar con un trabajador de salud mental. Si usted no está seguro de que es una emergencia, puede llamar al número (888) 881-4881 para pedir ayuda. Si su situación no puede esperar, vaya al centro de emergencia más cercano a su domicilio.

**¿Cuáles son los servicios disponibles?**

La Division of Behavioral Health Services ofrece servicios de salud mental para adultos y niños. Los servicios varían dependiendo la edad y las necesidades de cada persona, y pueden incluir los siguientes servicios:

- Asistencia para ayudar a las poblaciones que reciben insuficiente servicios, estos servicios también incluyen servicios comunitarios
- Evaluación y diagnóstico
- Terapia breve y consejería: individual, familiar y de grupo
- Apoyo por parte de compañeros y familiares
- Estabilización de crisis en clínicas residenciales
- Manejo y ayuda en quehaceres cotidianos
- Evaluación y apoyo de medicamentos
- Tratamiento de rehabilitación durante el día
- Pruebas psicológicas
- Hospitalización

El Sacramento County Division of Behavioral Health Services mantiene una póliza para asegurar el derecho a la privacidad y confidencialidad de los expedientes de todos nuestros afiliados. La División se rige por las leyes y reglamentos Federales y Estatales acerca de la confidencialidad.

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**Ban Dịch Vụ Sức Khỏe Tâm Thần**

Sacramento County Mental Health Plan cam kết cung cấp tất cả các dịch vụ sức khỏe cho người đủ điều kiện về tâm thần có thể đạt được và duy trì cuộc sống con người có phẩm chất. Ban Dịch vụ Sức khỏe Tâm thần Quận Sacramento sẽ đảm bảo những người gốc văn hóa đa dạng đều nhận được các dịch vụ phù hợp văn hóa, ngôn ngữ và nhạy cảm với nhu cầu của họ. Thông dịch cho người không biết nói tiếng Anh, bao gồm thiết bị cho người điếc, tất cả các dịch vụ cung cấp miễn phí

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- Hỗ trợ cá nhân và thành viên trong gia đình .
- Nơi cư trú khi có vấn đề khủng hoảng .
- Quản lý hồ sơ .
- Đánh giá thuốc và hỗ trợ .
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 <p style="text-align: center;"><b>County of Sacramento</b>  <b>Department of Health and Human Services</b>  <b>Division of Behavioral Health Services</b>  <b>Policy and Procedure</b></p>	Policy Issuer (Unit/Program)	<b>QM</b>
	Policy Number	<b>QM-10-30</b>
	Effective Date	
	Revision Date	<b>4-22-2016</b>
Title: <b>Progress Notes (Mental Health)</b>	Functional Area: <b>Chart Review – Non-Hospital Services</b>	
Approved By: (Signature on File) <b>Signed version available upon request</b>		
<b>Alexandra Rechs, LMFT</b> Acting Program Manager, Quality Management		

**BACKGROUND/CONTEXT:**

The Sacramento County Division of Behavioral Health Services and Mental Health Plan (MHP) requires that Progress Notes accurately record all service contacts. Progress Notes are a description of direct and indirect service activities including billable and non-billable contacts. Progress Notes also convey information from collateral resources, consultation contacts, and coordination with other system providers and agencies.

**PURPOSE:**

The purpose of this policy is to establish guidelines, requirements, and timelines for the completion and submission of Mental Health progress notes.

In the Avatar Clinician Workstation (CWS) system and other electronic health record systems, the submission of a progress note is also the mechanism for service billing.

**DETAILS:**

It is the policy of Sacramento County MHP that Progress Notes are completed for all service contacts.

1. Progress Notes must support the applicable service but should be brief and succinct. Long narratives and lengthy descriptors should be avoided.
2. County approved abbreviations may be used in Progress Notes (see *BHS Abbreviations and Acronyms*).
3. The clinical introductory progress note is written at the first face to face contact, or very soon thereafter, providing an overview of the client and his/her mental health condition. A complete note includes, but is not limited to: the identity of the client, including age, ethnicity, and other significant demographic information, the referral source, presenting condition, including symptoms, behaviors, and level of functioning, need for services/medical necessity justification, client strengths, supports, and a plan for subsequent services. If a client indicates a primary language other than English, or a physical disability, the provider will offer an accommodation to provide culturally and linguistically competent services and note this in the clinical introductory progress note. If a client refuses such accommodation, this refusal will be documented in the clinical introductory progress note.
4. Cultural and linguistic accommodations must be offered to the client and on behalf of the family/caregiver. This must be documented in every note when a language other than English is indicated. If the provider is trained and proficient in English and the target language then the progress note must specify the language spoken during the session. When an interpreter is

necessary the progress note shall include the following: the language the session was conducted in, language services offered, the name of the interpreter, how interpretation was conducted. If a provider is using a client's family member for interpretation document the emergency situation and circumstances where no other means of interpretation or communication was available. Should the client elect a family member as the interpreter there must be documentation of the clinical decision making informing that decision and documentation demonstrating efforts to offer an independent interpreter. Sacramento County prohibits the use of children as interpreters under all circumstances. See *Cultural Competence & Ethnic Services Policy and Procedure "Procedure for Access to Interpreter Services for more information.*

5. A description of the interventions used and progress made toward treatment goals by the client and family (when applicable) must be reflected in the notes. Each progress note claimed must describe how services provided reduced impairment, restored functioning or prevented significant deterioration in an important area of life functioning, allowed a child to progress developmentally as individually appropriate or for client's under the age of 21, corrected or ameliorated the condition. Each progress note claim must relate to the qualifying diagnosis and identified functional impairments and should be medically necessary.
6. Progress Notes must be completed in a timely manner according to the following guidelines:
  - a. Progress notes should be completed on the same day a service was provided but will be considered "on time" if completed within 3 business days of the service. (Example: If a service was provided on Tuesday, the note could be completed no later than Friday and still be considered "on time").
  - b. Progress notes will be considered late but accepted if completed within 4 and not more than 5 business days from the date of service. (Example: If a service was provided on Tuesday, the note would be considered late if it was completed the following Monday or Tuesday). Supervisors may be notified of this late entry.
  - c. A progress note later than 2 weeks from the date of service may be subject to non-reimbursement for the service provided.
7. Progress Notes are considered final once submitted into Avatar CWS and electronic health record systems. If critical content or information is left out, notes must be "appended" (Append Note function in Avatar CWS).
8. Corrections for open charge services must be submitted to QM on the Open Charge Deletion Request (OCDR) form. Corrections for services already claimed must be submitted to DBHS Fiscal on the Claims Correction Spreadsheet. In some cases services may need to be re-entered as a non-billable activity so that documentation exists for completed service activities.
9. Any Progress Notes that are hand written and not entered through an Electronic Health Record must be legible, including legible signature and professional classification or printed name along with signature and professional classification, as well as include the date of service in order to be considered a complete progress note.

### **Procedure:**

Progress Notes shall contain the following elements:

#### **1. Date of Service**

Enter the date the service occurred. Note that "entry date" is recorded in Avatar and electronic health record systems. Entry date is used to confirm timely submission of progress notes.

#### **2. Service Start Time/Service End Time**

Start and End times are not currently required for most MHP services. This may be a requirement at a later date or currently for specific programs.

### 3. Service Charge Code

Enter or select the applicable Service Charge Code. See *Sacramento County Service Code Definitions/Training Guide* for updated list of Service codes, code definitions, and training information. A separate progress note must be written for each service billing (i.e. multiple notes may be needed for different service activities occurring during one client contact or session).

### 4. Service Location

Enter or select the applicable Service Location. Location options are predefined through Department of Health Care Services (DHCS) Client Services Information (CSI) data requirements.

### 5. Practitioner Name and Signature

Practitioner name and professional classification (i.e. MHA-I, MHRS, LPHA) are automatically entered in Avatar CWS and most electronic health record systems. The practitioner's signature or electronic signature is required on all notes.

### 6. Duration

Enter total duration of service time in minutes. Direct service time, Travel time, and Documentation time must be entered separately, if applicable. Avatar CWS users enter Documentation and Travel time under "Non Service Related Time". Documentation time includes the time of completion of the progress note for the service. Travel time is the round-trip travel time from agency office to service location. Travel time can only be counted for services where a billable activity occurs.

### 7. Service was Face to Face

Select "yes" or "no" as appropriate. Select "yes" if a service was provided to the client face to face.

### 8. Co-Practitioner Fields

The use of co-practitioners is limited to services where it is necessary and appropriate for two staff to provide the same service at the same time (i.e. Group Services where the non-duplicative role of the second staff is documented and Case Management/Brokerage for Consultation purposes). Enter Co-Practitioner Name, ID, and Durations (Direct, Documentation, and Travel). Note that for Consultations the Co-Practitioner does not complete a progress note and Documentation time should not be entered. Please see Quality Management handout, "*Co-billing Case Consultations for Avatar*" for more information.

### 9. Evidence-Based Practices/Service Strategies (CSI) and Additional SS/EBP

Evidence-Based practices (EBP) are effective clinical practices supported by extensive literature and data. Coding of EBPs must be pre-approved by the Sacramento County MHP. See Policy and Procedure *Review Process for Implementation of New Clinical Practices* for more information. The listing of EBPs is defined by the MHP and the State DHCS.

Service Strategies (SS) are general service descriptions for specific interventions. Service Strategies do not require pre-approval and should be coded for all applicable services. The listing of Service Strategies is defined by the State DHCS.

### 10. Note Type (Avatar CWS users)

Select the applicable Note Type (i.e. Standard, Discharge, Injection). Note Type should be "Standard" unless a specialized service that fits another category is provided. Note Type is independent of Service Charge and does not affect billing.

### 11. Language in Which Service Was Provided

Select the language the service was provided in. If multiple languages are spoken during a service please clarify in the progress note narrative.

## 12. Was Interpreter Used

Select “yes” or “no” as appropriate. If the staff providing the direct service is providing interpretation “yes” should be selected.

## 13. Group Services

Group services must indicate the number of clients participating in the group. In Avatar CWS, “Number of Clients in Group” must be used to identify the number of participants so that duration can be accurately apportioned to each client.

If a group is co-facilitated, the second facilitator can only bill and be identified as “Co-Practitioner” if his or her non-duplicative role is defined in the narrative of the note.

Note: “Preparation time” is no longer accepted as billable time for group services.

## 14. Discharge Notes

Discharge progress notes should include information summarizing the course of treatment, the reason for discharge, and recommendations for follow-up care and referral. The Discharge Note Type should be selected and the applicable Service Charge Code used for the service is selected. Discharge notes are billable only if a billable service is provided in that final contact (i.e. case closed with final Therapy service). If no contact has been made with the client for an extended period then the Discharge note is considered “administrative” and the Non-billable Service code (11111) should be selected. See Policy and Procedure “**Discharge Process**” for more information.

## REFERENCE(S)/ATTACHMENTS:

- Mental Health Plan Contract

## RELATED POLICIES:

- QM 00-08 Deletion of Open and Closed Charges
- QM 10-28 Discharge Process
- CC 01-02 Procedure for Access to Interpreter Services


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## CONTACT INFORMATION:

- Quality Management  
[QMInformation@saccounty.net](mailto:QMInformation@saccounty.net)



 <p style="text-align: center;"><b>County of Sacramento</b>  <b>Department of Health and Human Services</b>  <b>Division of Behavioral Health Services</b>  <b>Policy and Procedure</b></p>	Policy Issuer (Unit/Program)	<b>QM</b>
	Policy Number	<b>QM-09-05</b>
	Effective Date	<b>04-01-2009</b>
	Revision Date	<b>08-01-2014</b>
Title: <b>Electronic Utilization Review/Quality Assurance Activities</b>	Functional Area: <b>Quality Improvement Program</b>	
Approved By: (Signature on File) <b>Signed version available upon request</b>		
<b>Kathy Aposhian, RN</b> Program Manager, Quality Management		

**PURPOSE:**

The purpose of this policy is to delineate participation and implementation of EUR/QAC activities by mental health providers in accordance with the MHP contracted Annual Quality Management Work Plan. The goal of the EUR/QAC process is to conduct retrospective electronic chart reviews that 1) monitor type and quality of service delivery within MHP established standards of care; 2) ensure adherence to documentation and authorization standards and requirements; and 3) verify and validate accurate, timely charting to support service claims. In addition to EUR/QAC chart reviews, Utilization Review may be conducted through multiple types of programmatic and quality improvement activities studying the type and quality of service interventions or practices, effectiveness of services through electronic chart reviews, performance improvement projects and other evaluation activities. Quality Assurance is conducted through utilizing tools to sample and match electronic clinical records and notes to claimed services.

**DETAILS:**

**Policy:**

It is the policy of the Sacramento County Mental Health Plan (MHP) to conduct reviews of mental health services authorized and provided by all contracted and county operated service providers. The MHP Quality Improvement Committee (QIC) charges the Electronic Utilization Review/Quality Assurance Committee (EUR/QAC) and affiliated working committees to complete these oversight, monitoring and quality assurance functions. Qualified staff and appropriate tools are to be utilized to review clinical necessity, quality, quantity and appropriateness of care provided in accordance with contractual and regulatory requirements. The EUR/QAC submits annual findings of reviews, trends and recommendations to the Quality Improvement Committee (QIC) whose chair, the Quality Management (QM) Manager for the MHP, maintains operational direction for Electronic Utilization Review/Quality Assurance (UR/QAC) activities.

The policy applies to provider and county operated programs, with responsibility for monitoring and quality assurance activities assigned within its organizational structure.

**Procedure:**

The MHP's Quality Improvement Committee guides several types of EUR/QAC activities utilizing a variety of tools and forums. Chart selection for each type of review is determined by focus of review. The MHP maintains an annual goal of reviewing a minimum of 5% of unduplicated clinical charts.

Below are listed several types of existing standard review processes:

1. Monthly County EUR/QAC (External) peer reviews coordinated by designated MHP County Quality Management (QM) staff;

2. Monthly UR/QA Reviews coordinated by service provider agencies (Internal) coordinated by clinical supervisors within the contracted agency;
3. Quarterly UR/QA Reviews coordinated by QM staff of providers whose Electronic Health Records (EHR) is not Avatar;
4. Biannual UR/QA Reviews coordinated by service providers that are located Out of County and coordinated by clinical supervisors within the contracted agency;
5. Special selected EUR/QA Reviews coordinated by QM and Program staff focused on a specific area of need or attention as directed by the QM Manager;
6. Other EUR/QA activities as determined by the County MHP QM Manager to provide specialized technical assistance as requested by provider, QIC, or Program Managers;
7. EUR/QA activities delegated to be conducted at the Mental Health Treatment Center (MHTC).

This policy and procedure addresses responsibility for County EUR/QAC and Agency UR/QAC.

### **I. Selection, Identification, and Review of Records:**

Based on the type of review, QM staff will identify the selection of clients and time-frame for review and select charts accordingly. Reviews focus on a selected “primary” chart and also involve review of other programs providing care to the client within the MHP (referred to commonly as “secondary charts”). The following steps take place to expedite a review:

#### County EUR/QAC (External) for Providers utilizing Avatar

##### *QM Staff Responsibility:*

1. QM selects the clients to be reviewed and runs the reports necessary for the EUR.
2. QM makes arrangements for location of review and coordinates all aspects of the review.
3. QM oversees EUR/QA attendance, chairs EUR meetings, and provides technical assistance as needed.

##### *Agency Responsibility:*

1. Agency is responsible for ensuring that staff designated for this purpose attends and participates appropriately for the entire review
2. All MHP services are provided under the direction of staff designated in the category of Licensed Practitioner of the Healing Arts (LPHA). Staff who attends the County External EUR/QA must be a qualified LPHA (Licensed Practitioner of the Healing Arts) who is a current Avatar user and has working familiarity with the Avatar system. For Adult and Children EUR/QAC, it is expected that at least one representative from each agency attend the scheduled review.

#### County EUR/QAC (External) for Providers not utilizing Avatar

##### *QM Staff Responsibility:*

1. QM selects the clients to be reviewed and runs the reports necessary for the EUR.
2. QM reviewers will visit the provider site and conduct the review on-site.
3. QM staff to provide feedback to the provider after the review.

##### *Agency Responsibility:*

1. Agency is responsible for designating staff to be available for technical assistance.

#### Agency UR (Internal)

##### *QM Staff Responsibility:*

1. Provides technical support to agencies as needed.

##### *Agency Responsibility:*

1. Each agency will develop a methodology for the selection of a sample of case records for review, in accordance with the goals of that review, and provide the program monitor with the procedure and rationale for that methodology, in accordance with their specific contract requirements.

2. Each agency will identify staff to participate in the internal review. Staff may be selected based on specific roles and functions, specific skill and training, or as subject matter experts.
3. Each agency will submit monthly findings of UR activities to Quality Management UR/QAC Coordinator by the 5<sup>th</sup> day of the month following the review.
4. Each agency internal review must annually update and include data on any selected indicators or review elements that are part of the MHP's Quality Management Work Plan.

## II. EUR/QAC Review Tools:

The following three documents are used by the EUR/QAC as tools to complete a chart review:

1. *General Electronic Utilization Review Tool* (EUR): This form has two purposes:
  - a. It is used as a guide for reviewing identified charts. This tool is used for Child and Adult chart reviews of Outpatient Specialty Mental Health Services.
  - b. It is used by reviewers to note deficiencies or areas of correction for identified questions. Items that are subject to report are marked in red on the EUR tool.
2. Day Treatment EUR: This tool is used when reviewing services provided in a Day Treatment Intensive or Day Rehabilitation program.
3. TBS EUR: This tool is used when reviewing services provided in a Therapeutic Behavioral Services (TBS) program.

## III. Follow-up Procedure:

### County EUR/QAC (External)

#### *Agency Responsibility:*

1. Upon receipt of "Reportable items" section the agency makes identified corrections and responds in writing any "Corrective Action Taken" section of the form. A "Supervisory Response Section" is included for additional comment to the McFloop item or corrective action taken by the provider;
2. The original McFloop form with agency response and associated UR tool attached are due to the UR/QAC Coordinator by the next scheduled UR/QAC meeting.
3. If there are any identified billing errors, corrective actions must be documented with specific dates;
4. If the UR/QAC review documents a need for additional or more comprehensive follow-up, actions will be forwarded to the agency with this notation. The MHP's Compliance Program will receive a separate compliance memo on the actions in addition to the McFloop response and approval of action will be directed to the QM Program Manager;
5. If the review demonstrates concerns with quality of care, credentialing, or scope of practice issues, the UR/QAC Coordinator will note this information on the UR tool and McFloop form, and follow-up with the Compliance Program lead. This will require additional response from the agency;

#### *QM Staff Responsibility:*

1. Once the "Reportable items" are received by the UR/QAC, the UR/QAC Coordinator is responsible for the review, approval/disapproval, and follow-up if needed;
2. The County UR/QAC Coordinator is responsible for ensuring that all actions are tracked with sufficient detail in the UR Corrections tracking process;
3. An annual compilation of all UR/QAC activities, analysis, and recommendations with suggested improvements will be provided to the MHP at the monthly QIC meeting.

### Agency UR (Internal)

#### *Agency Responsibility:*

1. Agency coordinates follow-up with corrections and responses to problem areas identified in Internal UR/QA reviews;
2. Agency submits monthly minutes to the QM UR/QAC Coordinator and their assigned Program Monitor using the Internal UR minutes form.

**QM Staff Responsibility:**

1. QM UR/QAC Coordinator receives and maintains Internal UR Minutes.

**Program Monitor Responsibility:**

1. Program Monitor reviews Internal UR Minutes, as part of monthly monitoring, and provides feedback to Provider;
2. Program Monitor may participate in Internal UR, as part of ongoing monitoring duties and select areas for program review;
3. Program Monitor will include any identified ongoing issues in quarterly report feedback, and will include data in discussion of agency annual workplan.

**REFERENCE(S)/ATTACHMENTS:**

- California Code of Regulations, Title 9

**RELATED POLICIES:**




- QM-10-25 Health Questionnaire
- QM-10-26 Core Assessment
- QM-10-27 Client Plan
- QM-10-28 Discharge Process
- QM-10-29 Mental Status Exam
- QM-10-30 Progress Notes
- Adult Client Data Sheet (CDS)
- P&P #10-12
- Co-Occurring Disorders Practices
- (CODA) Adult MH P&P #03-02
- Level of Care Determination (LOCUS) Adult MH, P&P # 03-04

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	Specific grant/specialty resource		

**CONTACT INFORMATION:**

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	<b>County of Sacramento</b> <b>Mental Health Division</b>	Policy No.	<b>01-03</b>
		Issued Date	<b>01-26-00</b>
		Revision Date	<b>02-01-11</b>
AREA: <b>ACCESS</b>	TITLE: <b>Interpretation Services by Family Members</b>		
Approved by: 			
Uma Zykofsky, LCSW Program Manager, Quality Management Division of Behavioral Health Services	JoAnn Johnson, LCSW Program Manager, Cultural Competence Division of Behavioral Health Services		

**INTRODUCTION**

In accordance with California Code of Regulations Title 9, Chapter 11, the Sacramento County Mental Health Plan (MHP) is required to provide interpretation services for consumers. This provision is accomplished through a network of trained personnel within provider agencies, trained interpreters available to the MHP through other local sources and, to supplement these efforts within the County, the language line. Interpretive services are also provided for the hearing impaired through established contracted providers.

The MHP respects the confidentiality of consumer information in the provision of mental health services. Also respected is the sincere desire of family members of consumers to be helpful. The following policy demonstrates the responsibility of the MHP, through its providers, to provide interpretive services, while assisting providers to determine special circumstances when family members may be used as interpreters.

**BACKGROUND**

The provision of mental health services is very personal to the consumer. The consumer must be able to feel free to discuss all issues without reserving information that would be sensitive to other family members. Particular sensitivity is needed when working with adults and children of diverse cultural and ethnic community. Specialized terms are used in the mental health field that requires knowledge of the field to properly interpret. It is for these reasons that the MHP makes interpretation services available for all consumers and requires consumers to use these services.

The Access Team and other established MHP points of access provide direct access to interpretive services. The telephone numbers for the Access Team lines are printed in the MHP Member Handbook, which is published in the Sacramento County's threshold languages. The Access Team lines also provide instructions for contacting TDD and TY services.

Many provider agencies have trained interpreters or other bilingual or multilingual staff who can provide interpretation services onsite.

**POLICY**

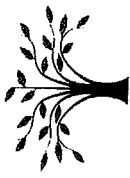
The Sacramento County Mental Health Plan is designed to provide interpretive services for all consumers. These services are performed by personnel who are trained in both interpretive services and the mental health field through use of special program interpreters, and through the language and TTY lines. Services are delivered onsite where mental health services are provided. The MHP prohibits the use of family members as interpreters, except in rare or extenuating circumstances.

Family members can be used as interpreters only in the following situations:

1. In emergencies where no other means of interpretation or communication are available.
2. When a consumer specifically chooses not to use a MHP interpreter and elects to use a family member for interpretation services, a Release of Information form must be signed by the consumer before the family member may be used as an interpreter. (See attached release form). Continued offers to provide an independent interpreter must not be excluded by this initial decision. Clinical decisions must always inform these efforts and may involve utilizing both family and independent interpreter in specific circumstances.

**The MHP prohibits the use of children as interpreters in any circumstance.** In the event of emergency situations, providers are always responsible to access alternative interpreter services to ensure that children are not placed in a position to make this decision.

<b>IV. REFERENCES</b>	Related Policies & Procedures	State/Federal Codes/Other References
	- Sacramento County Division of Mental Health Cultural Competence Plan -California Code of Regulations, Title 9, §1810.410	No. 01-02 Use of Language Line by Quality Management Staff No. 01-05 Cultural &/or Linguistic- Specific Community Services & Special Needs Request No. 01-06 Access to Information by the Visually and Hearing Impaired
<b>V. CONTACTS</b>	Name	E-mail
		<a href="mailto:QMInformation@SacCounty.net">QMInformation@SacCounty.net</a>
<b>VI. SCOPE</b>	<input checked="" type="checkbox"/> Mental Health Staff <input checked="" type="checkbox"/> Mental Health Treatment Center <input checked="" type="checkbox"/> Specific grant/specialty resource	<input checked="" type="checkbox"/> Adult Contract Providers <input checked="" type="checkbox"/> Children’s Contract Providers



# WELLNESS & RECOVERY CENTER - NORTH

A Program of Consumers Self Help Center

November 2018

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
10am - 10:50am Overcoming Addiction	10am - 10:50 Conflict Resolution	9:30am - 10:20am Nature Walk (weather permitting)	10:00am - 10:50am Relapse Prevention	10:00am - 10:50am Coping with Anxiety	9:30am - 10:30am Outdoors with Jill
11:00am - 11:50 Nutrition	11:00am - 11:50 Depression Support	10:30am - 11:20am The Four Agreements   Art Expression	11:00am - 11:50 Current Events	11:00am - 11:50 Navigating the Healthcare System	11:00am - 11:50 Leaving it Here
12:00pm - 12:50pm Transforming the Brain	12:00pm - 1:20pm Understanding Anger	11:30am - 12:20pm Relationship Skills	Noon - 12:50pm The Body Keeps Score (Trauma group)	12:00pm - 12:50pm Games	12:00pm - 1:20pm Poetic Arts
1:00 - 1:50pm Seeking Safety	1:30 - 2:20pm	12:30 - 1:50pm Bipolar Support	1pm - 1:50pm SacPort	1:00pm - 2:20pm The Power of Connection	1:30 - 2:20pm Overcoming Fear (Mindfulness)
2:00 - 3:20pm Grief Support	Community   Meditative Resources   Yoga 2:30 - 3:20pm CBT Skills	2:00 - 2:50 No group 3 <sup>rd</sup> Wed. Peace and Calm (Mindfulness)	2:00- 3:20pm Self-Esteem	2:30 - 3:30pm Ping Pong (1 <sup>st</sup> , 3 <sup>rd</sup> , & 5 <sup>th</sup> Fri.)	2:30 - 3:20pm Loteria!
3:30-4:30pm Building Boundaries	3:30 - 4:30		3:30 - 4:30pm Mindfulness (DBT Skills)	Bingo! (2 <sup>nd</sup> & 4 <sup>th</sup> Fri.)	3:30-4:30pm The Mindful Brain
5:00 - 5:50pm Overcoming Codependence	Meditation   Lounge Jam Vacation 5:00 - 5:50		5:00-5:50pm Anger Support	5:00-7:00pm Movie Night	<u>Thanksgiving</u> <u>Party</u> Thursday Nov. 29th, 1pm
6:00 - 6:50pm Independent Living Skills	Nature Connection 6:00 - 6:50pm Ask the Psychiatrist	5:30 - 6:50pm Depression Support	6:00 - 6:50pm Men's Group	6:00 - 6:50pm Women's Empowerment	<b>CLOSED!!!</b> 11/5 from 5-8:45pm Mon., Veteran's Day 11/12
7:00 - 8:30pm Bipolar Support	7:00- 8:30   7:15 - 8:30 Art   Peer Support 4 Peer Supporters	7:00 - 8:30pm Karaoke Kick-Back	7:00 - 8:30pm Managing Moods	7:00 - 8:30pm Writing as a Path to Healing	Mon., Veteran's Day 11/12 & Wed. 11/21 2:30-5:30

WRC North | 3637 Mission Avenue, Building B, Carmichael, CA 95608 | 916-485-4175 | [www.consumersselfhelp.org](http://www.consumersselfhelp.org) | [facebook.com/WRCNORTH](https://www.facebook.com/WRCNORTH)  
**Hours: Monday - Friday, 9am - 9pm; Saturdays 9am - 5pm (CLOSED Third Wednesdays, 2:30 - 5:30pm and major Holidays)**  
*This program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, the Mental Health Services Act (MHSA)*

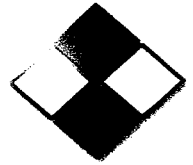
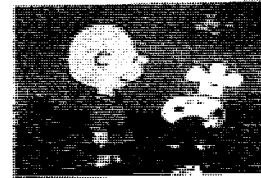
*Welcome*

Wellness & Recovery Center Bowling Drive

**NOVEMBER Calendar**



FREE Self-Help Groups



Social RM. Ryan

Belyn

Joshua

Sharon

Karen

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Morning Meeting 9:30	Morning Meeting 9:30	Morning Meeting 9:30	Morning Meeting 9:30	Morning Meeting 9:30
Resource 10:00-11:00 <i>Marilyn</i>	Mental Health Recovery Kevin /Ryan 10:00-11:00	Healing From Trauma Sharon 10:00 – 11:00	Co-Dependency Belyn/ Karen 10:00-11:00	Creative Writing Karen/ Ryan 10-11
Choice Theory * 11:00-12:00 Ryan	Grief Support Karen -Josh 11:-12:00	BINGO- Belyn 11:00-12:00 	Get Your Feelings Heard * 11:00 -12:00 Belyn	Women's Anger MGMT Belyn 11:00-12:00
Break 12:00 – 12:30	Break 12:00 – 12:30	Break 12:00 – 12:30	Break 12:00 – 12:30	Sac Port Medication Management Josh 11:00-12:00
*Narcotics <i>Anonymous (Hosted)</i> 12 – 1 p.m.	Understanding Anger Josh/Karen 12:30-1:30	Domestic Violence Josh/Belyn 12:30 – 1:30p.m.	Peer Guide Meeting Alisha /Heidi (1 <sup>st</sup> & last Thursday) 12:30-1:00	Break 12:00 – 12:30
Basic Sewing Heidi This group is project based – members are required to enroll within the 1 <sup>st</sup> 3 weeks of new project 12:30 – 2:00 New project - Needle Point	Meditation Karen 1:30-2:30	Depression Support Sharon 1:30-2:30	PTSD Support Ryan/ Belyn 12:30-1:30	Secret of Art Jared/Belyn 12:30-1:30
Art Alisha / Ryan 2:00-3:00	Anxiety Support Joshua/ Ryan 2:30-3:30	<i>Bipolar Support</i> <i>Justin/Joshua</i> 2:30– 3:30	Schizophrenia Support Justin/ Karen 1:30-2:30	Men's Anger Management Justin Joshua 1:30-2:30
Karaoke/Music Appreciation Alisha 3:00-4:30	Basic conversation <u>Sac Port</u> Alisha 3:30-4:30	Job Club Sharon 2:30 – 4:30	*Yoga (Hosted) Belyn 2:30-3:45	Beginning Spanish 1:30-2:30 Karen *
				Mind over Mood Justin / Ryan 2:30-3:30
				Karaoke/Music App Alisha 3:00-4:30

Saturdays		
Morning Meeting 9:30	Bingo Belyn & Karen 10:00 -11:00	Crafts Sharon 11:00 – 12:00
Bipolar Support 1:00- 2:00 Karen	ASL- Beginner 2:00 – 3:00 Karen	Movie 2:00 – 4:30 Justin
Beginning Spanish 3:00 – 4:00 Karen *		

**Hours 9:00am – 5:00pm**  
Monday – Saturday

**Phone: (916) 394-9195**  
**7171 Bowling Drive**  
**Suite 300 Sac., CA 95823**

= Time Change  
 = New Group

\*Hosted groups – facilitated by non-staff

For the latest calendars visit: <http://www.consumersselfhelp.org/Home/calendar>





# **MENTAL HEALTH SERVICES ACT**

## **Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan**

**April 10, 2018**

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*This project was approved by the Board of Supervisors on April 10, 2018 and by the Mental Health Services Oversight and Accountability Commission (MHSOAC) on May 24, 2018.*

## MHSA COUNTY COMPLIANCE CERTIFICATION

County/City: Sacramento

Three-Year Program and Expenditure Plan

Annual Update

Local Mental Health Director	Program Lead
Name: Uma K. Zykofsky	Name: Jane Ann Zakhary
Telephone Number: (916) 875-9904	Telephone Number: (916) 875-0188
E-mail: ZykofskyU@SacCounty.net	E-mail: ZakharyJ@SacCounty.net
Local Mental Health Mailing Address:	
7001A East Parkway, Suite 400 Sacramento, CA 95823	

I hereby certify that I am the official responsible for the administration of county/city mental health services in and for said county/city and that the County/City has complied with all pertinent regulations and guidelines, laws and statutes of the Mental Health Services Act in preparing and submitting this Three-Year Program and Expenditure Plan or Annual Update, including stakeholder participation and nonsupplantation requirements.

This Three-Year Program and Expenditure Plan or Annual Update has been developed with the participation of stakeholders, in accordance with Welfare and Institutions Code Section 5848 and Title 9 of the California Code of Regulations section 3300, Community Planning Process. The draft Three-Year Program and Expenditure Plan or Annual Update was circulated to representatives of stakeholder interests and any interested party for 30 days for review and comment and a public hearing was held by the local mental health board. All input has been considered with adjustments made, as appropriate. The annual update and expenditure plan, attached hereto, was adopted by the County Board of Supervisors on April 10, 2018.

Mental Health Services Act funds are and will be used in compliance with Welfare and Institutions Code section 5891 and Title 9 of the California Code of Regulations section 3410, Non-Supplant.

All documents in the attached annual update are true and correct.

Uma K. Zykofsky  
Local Mental Health Director (PRINT)

*Uma K. Zykofsky* May 2, 2018  
Signature Date

# MHSA COUNTY FISCAL ACCOUNTABILITY CERTIFICATION<sup>1</sup>

County/City: Sacramento

- Three-Year Program and Expenditure Plan
- Annual Update
- Annual Revenue and Expenditure Report

Local Mental Health Director	County Auditor-Controller / City Financial Officer
Name: Uma K. Zykofsky	Name: Maria Sandoval
Telephone Number: (916) 875-9904	Telephone Number: (916) 875-1248
E-mail: ZykofskyU@SacCounty.net	E-mail: SandovalM@SacCounty.net
Local Mental Health Mailing Address: 7001A East Parkway, Suite 400 Sacramento, CA 95823	

I hereby certify that the Three-Year Program and Expenditure Plan, Annual Update or Annual Revenue and Expenditure Report is true and correct and that the County has complied with all fiscal accountability requirements as required by law or as directed by the State Department of Health Care Services and the Mental Health Services Oversight and Accountability Commission, and that all expenditures are consistent with the requirements of the Mental Health Services Act (MHSA), including Welfare and Institutions Code (WIC) sections 5813.5, 5830, 5840, 5847, 5891, and 5892; and Title 9 of the California Code of Regulations sections 3400 and 3410. I further certify that all expenditures are consistent with an approved plan or update and that MHSA funds will only be used for programs specified in the Mental Health Services Act. Other than funds placed in a reserve in accordance with an approved plan, any funds allocated to a county which are not spent for their authorized purpose within the time period specified in WIC section 5892(h), shall revert to the state to be deposited into the fund and available for counties in future years.

I declare under penalty of perjury under the laws of this state that the foregoing and the attached update/revenue and expenditure report is true and correct to the best of my knowledge.

Uma K. Zykofsky  
Local Mental Health Director (PRINT)

Uma K. Zykofsky May 2, 2018  
Signature Date

I hereby certify that for the fiscal year ended June 30, 2017, the County/City has maintained an interest-bearing local Mental Health Services (MHS) Fund (WIC 5892(f)); and that the County's/City's financial statements are audited annually by an independent auditor and the most recent audit report is dated 11/30/2017 for the fiscal year ended June 30, 2017. I further certify that for the fiscal year ended June 30, 2017, the State MHSA distributions were recorded as revenues in the local MHS Fund; that County/City MHSA expenditures and transfers out were appropriated by the Board of Supervisors and recorded in compliance with such appropriations; and that the County/City has complied with WIC section 5891(a), in that local MHS funds may not be loaned to a county general fund or any other county fund.

I declare under penalty of perjury under the laws of this state that the foregoing, and if there is a revenue and expenditure report attached, is true and correct to the best of my knowledge.

Maria Sandoval  
County Auditor Controller / City Financial Officer (PRINT)

Maria Sandoval 5/2/18  
Signature Date

<sup>1</sup> Welfare and Institutions Code Sections 5847(b)(9) and 5899(a)  
Three-Year Program and Expenditure Plan, Annual Update, and RER Certification (07/22/2013)

### Executive Summary

Proposition 63 was passed by California voters in November 2004, and became known as the Mental Health Services Act (MHSA). MHSA authorized a tax increase on millionaires (1% tax on personal income in excess of \$1 million) to develop and expand community-based mental health programs. The goal of MHSA is to reduce the long-term negative impact on individuals and families resulting from untreated serious mental illness.

Sacramento County is one of eighteen counties located in the Central Mental Health Region of the State of California. The State of California, Department of Finance estimates the 2013 population of Sacramento County to be approximately 1.45 million. As such, Sacramento is considered a large county, especially in comparison with the populations of surrounding counties. Sacramento is one of the most diverse communities in California with six threshold languages (Arabic, Cantonese, Hmong, Russian, Spanish, and Vietnamese). Historically, Sacramento County has been one of three counties with the highest number of newly arriving refugees in California. Arabic was added as a threshold language in 2017. We welcome these new residents and continue to work towards meeting the unique needs of these communities.

Sacramento County has worked diligently on the planning and implementation of all components of MHSA. The passage of AB100 in 2011 and AB1467 in 2012 made many significant changes to MHSA, including the shift from published funding allocations to monthly distributions based on taxes collected as well as the transfer of plan/update approval authority from the State level to local Boards of Supervisors.

Assembly Bill (AB) 114, passed in 2017, clarifies and defines the MHSA reversion process. MHSA funding that is subject to reversion is a subset of unspent funds that were not spent in the designated timeframe. The timeframe varies dependent on MHSA component. For example, the timeframes for the Community Services and Supports and Prevention and Early Intervention components are typically three years. Through AB114, Counties have an opportunity to develop a plan to spend funds that would avoid reversion if specific criteria are met.

The plans for each component of MHSA are the result of local community planning processes. The programs contained in the plans work together with the rest of the system to create a continuum of services that address gaps in order to better meet the needs of our diverse community.

The **Community Services and Supports (CSS)** component provides funding for mental health treatment services and supports for children/youth and their families living with severe emotional disturbance and adults living with a serious mental illness. Housing is also a large part of the CSS component. In Sacramento County, there are nine (9) previously approved CSS Work Plans containing nineteen (19) programs. Over the years, these programs have expanded and evolved as we strive to deliver high quality and effective services to meet the needs of children, youth, adults, older adults and their families.

As addressed in the previous Three-Year Plan and related Annual Updates, the Division of Behavioral Health Services facilitated a three-phased community planning process to expand CSS

programming beginning in 2014. This new and expanded programming will be fully implemented in Fiscal Year 2017-18.

In addition, in alignment with the Board of Supervisors action on November 7, 2017 (See Attachment B: Board of Supervisors Resolution 2018-0025), the Division of Behavioral Health Services facilitated a community planning process in December 2017 and January 2018 resulting in recommended mental health treatment services expansion for individuals living with a serious mental illness who are homeless or at-risk of homelessness. This new and expanded programming is included in this Three-Year Plan. Expansion of existing programming is targeted to begin in FY 2017-18 and new programming will roll out in FY 2018-19.

The **Prevention and Early Intervention (PEI)** component provides funding for programs and activities designed to prevent mental illness from occurring or becoming more severe and disabling. Sacramento County's PEI Plan is comprised of four (4) previously approved projects containing thirty-one (31) programs designed to address suicide prevention and education; strengthening families; integrated health and wellness; and mental illness stigma and discrimination reduction. In FY2015-16, this component was expanded to include mental health respite programs, as well as Mobile Crisis Support Teams. In FY2016-17, the Mobile Crisis Support Teams were expanded from two teams to four teams.

This Three-Year Plan includes a recommended plan to dedicate identified AB114 PEI reversion funding, combined with AB114 WET funding, to mental health services for foster youth, in alignment with the November 7, 2017, Board of Supervisors action. This new programming will roll out in FY 2018-19.

The PEI component programming has also been identified for expansion, in alignment with the Board of Supervisors action on November 7, 2017, recommended for mental health treatment services expansion for individuals living with a serious mental illness who are homeless or at-risk of homelessness. Expansion of existing programming is targeted to begin in FY 2017-18 and new programming will roll out in FY 2018-19.

The **Innovation (INN)** component provides time-limited funding to test new and/or improved mental health practices or approaches with the goal of increasing access (including access for underserved groups), increasing the quality of services, or promoting interagency collaboration.

Sacramento County's first approved INN Project, known as the Respite Partnership Collaborative (RPC) spanned five years from 2011 – 2016. The mental health respite programs established through this project have transitioned to sustainable MHSa CSS/PEI funding and are described in more detail in the Plan.

In May 2016, the Mental Health Services Oversight and Accountability Commission (MHSOAC) approved Sacramento County's second INN Project, known as the Mental Health Crisis/Urgent Care Clinic. The Clinic opened in November 2017. The project proposes to utilize AB114 INN reversion funds within the previously approved budget, as defined above.

This MHSAs Three-Year Plan includes the proposed INN Project #3: Behavioral Health Crisis Services Collaborative. The project is a public/private partnership with Dignity Health and Placer County with the intent to establish integrated adult crisis stabilization services on a hospital emergency department campus in the northeastern area of Sacramento County. This proposed project was developed as a result of a local community planning process and is pending approval by the California Mental Health Services Oversight and Accountability Commission (MHSOAC) and the Sacramento County Board of Supervisors. This project also proposes to utilize AB114 INN reversion funds, as defined above.

The **Workforce Education and Training (WET)** component provides time-limited funding with a goal to recruit, train and retain diverse culturally and linguistically competent staff for the public mental health system and ensure they are adequately trained to provide effective services and administer programs based on wellness and recovery. Sacramento County's WET Plan is comprised of eight (8) previously approved actions. Per Welfare and Institutions Code (WIC) Section 5892(b), Counties may use a portion of the CSS funds to sustain WET activities once the time-limited WET funds are exhausted. Therefore, these activities are being sustained with CSS funding.

The **Capital Facilities (CF)** project was completed in Fiscal Year 2015-16. The project renovated three buildings at the Stockton Boulevard complex that house the Adult Psychiatric Support Services (APSS) clinic, Peer Partner Program and INN Project #2: Mental Health Crisis/Urgent Care Clinic. Those renovations allowed for an expansion of service capacity with space for additional consumer and family-run wellness activities and social events.

The **Technological Needs (TN)** project contained within the Capital Facilities and Technological Needs component funds and addresses our commitment to move to an Electronic Health Record and Personal Health Record to improve client care through a multi-phased approach. Per WIC Section 5892(b), Counties may use a portion of the CSS funds to sustain TN projects once the time-limited TN funds are exhausted. Therefore, these activities are being sustained with CSS funding.

Detailed descriptions of the programs and activities for each of the above MHSAs components are contained in the MHSAs Fiscal Year (FY) 2017-18, 2018-19, 2019-20 Three-Year Plan.

The MHSAs Fiscal Year (FY) 2017-18, 2018-19, 2019-20 Three-Year Plan was posted for a 30-day public comment period from February 5 through March 7, 2018. The Mental Health Board conducted a Public Hearing on Wednesday, March 7, 2018 beginning at 6:00 p.m. at the Grantland L. Johnson Center for Health and Human Services, located at 7001-A East Parkway, Sacramento, CA 95823.

## **COMMUNITY PROGRAM PLANNING**

The Sacramento County Division of Behavioral Health Services Community Program Planning Process for the MHSAs Fiscal Year (FY) 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan meets the requirements contained in Section 3300 of the California Code of Regulations as described below. Sacramento County's community planning processes for previously approved CSS, PEI, WET, INN, CF and TN Component plans and activities have been described in-depth in prior plan updates and documents submitted to the State. Those documents are available on the [Reports and Workplans](#) page on our website.

All of the programs and activities contained in this Three-Year Plan have evolved from community planning processes. As previously reported in the MHSAs Fiscal Year 2014-15, 2015-16, 2016-17 Three-Year Plan and related Annual Updates, the Division of Behavioral Health Services facilitated a three-phased community planning process beginning in 2014 to expand CSS programming. This new and expanded programming will be fully implemented in Fiscal Year 2017-18.

In addition, in alignment with the Board of Supervisors action on November 7, 2017, the Division of Behavioral Health Services facilitated a community planning process in December 2017 and January 2018 resulting in two recommendations for expanded services. The first recommendation directs CSS funding to expand mental health treatment services for individuals living with a serious mental illness who are homeless or at-risk of homelessness. The second recommendation dedicates identified Assembly Bill 114 MHSAs reversion funding to mental health services for foster youth, in alignment with the November 7, 2017 Board of Supervisors action. Expansion of existing programming will begin in FY 2017-18 and new programming will roll out in FY 2018-19. This new and expanded programming is included in this Three-Year Plan.

The general plan for this Three-Year Plan was discussed at MHSAs Steering Committee meetings on May 18, 2017, August 17, 2017, October 19, 2017 and January 18, 2018. The Steering Committee is the highest recommending body in matters related to MHSAs programs and activities. MHSAs program presentations for CSS, PEI, INN and WET have been provided at MHSAs Steering Committee meetings. Through these presentations, the committee has gained a deeper understanding of program services, participation of consumers and family members in the delivery of services, outcomes, and examples of how clients have benefited from the services.

The Steering Committee has also been provided with information on PEI and WET implementation as well as updates on our involvement with the California Mental Health Services Authority (CalMHSAs) Joint Powers Authority and the progress CalMHSAs is making with the Statewide PEI Programs. During the 30-day posting of the Three-Year Plan, DBHS will present to the DBHS Cultural Competence Committee, MHSAs Steering Committee and the Mental Health Board in order to obtain additional stakeholder input.

The MHSAs Steering Committee is comprised of one primary member and one alternate from the following groups: Sacramento County Mental Health Board; Sacramento County's Division of Behavioral Health Services (DBHS) Mental Health Director; 3 Service Providers (Child, Adult, and Older Adult); Law Enforcement; Adult Protective Services/Senior and Adult Services;



## **Sacramento County MHSA Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan**

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Education; Department of Human Assistance; Alcohol and Drug Services; Cultural Competence; Child Protective Services; Primary Health; Juvenile Court; Probation; Veterans; 2 Transition Age Youth Consumers; 2 Adult Consumers; 2 Older Adult Consumers; 2 Family Members/Caregivers of Children 0 – 17; 2 Family Members/Caregivers of Adults 18 – 59; 2 Family Members/Caregivers of Older Adults 60 +; and 1 Consumer At-large. Some members of the committee have volunteered to represent other stakeholder interests including Veterans and Faith-based/Spirituality.

MHSA Steering Committee meetings are open to the public with time allotted for Public Comment at each meeting. Agendas, meeting minutes and supporting documents are posted to the Division's [MHSA webpage](#).

Additionally, stakeholders representing unserved and underserved racial, ethnic and cultural groups who are members of the DBHS Cultural Competence Committee were updated and provided feedback on MHSA activities at their monthly meetings.

The Division strives to circulate the Three-Year Plan as broadly as possible. At the beginning of the posting period, a public notice was published in The Sacramento Bee announcing the posting of the Plan and the date and time of the public hearing. The notice also provides instructions on how to request a hard copy of the Plan by mail. Fliers announcing the posting and public hearing are posted in public libraries throughout Sacramento. The information is also circulated through multiple email distributions, ethnic, cultural and language-specific media outlets, and hard copies are available for pick up at the Division administrative office.

The MHSA FY2017-18, 2018-19, 2019-20 Three-Year Plan was posted for a 30-day public comment period from February 5, 2018, through March 7, 2018. The Mental Health Board conducted a Public Hearing on Wednesday, March 7, 2018 beginning at 6:00 p.m. at the Grantland L. Johnson Center for Health and Human Services, located at 7001-A East Parkway, Sacramento, CA 95823.

### **Public Comment**

During the 30-day public review and comment period, several comments were received related to the Draft MHSA Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan. Comments were received at the Public Hearing, verbally and in written form, as well as through emails and at established Committee/Board meetings. Identified issues are summarized and grouped below for purposes of organization and response.

There were comments received in support of the layout, flow and content of the Plan, with special recognition and appreciation for the graphics/pictures and for the success stories that put a face with a focus on lived experience behind many of the programs included in this Plan. . The MHSA Steering Committee, DBHS Cultural Competence Committee and Mental Health Board were supportive of moving the Three-Year Plan forward to the Sacramento County Board of Supervisors for approval.

The Committees, Board and community expressed ongoing support for the programs contained in the Plan, with a specific focus on the Community Services and Supports (CSS), Prevention and

Early Intervention (PEI), and Workforce Education and Training (WET) component programs and activities. There were comments expressing support for the new and expanded programming aligned with the November 2017 Board of Supervisors action and MHA Steering Committee recommendation for mental health treatment services expansion for individuals living with a serious mental illness who are homeless or at-risk of homelessness. There were also comments expressing support for the Plan to dedicate identified AB114 reversion funding to mental health services for foster youth, with a focus on appropriate training. There were comments expressing support to increase/expand mental health navigators, triage teams and mobile crisis support teams to further address the needs of individuals living with serious mental illness who are homeless, or at-risk of homelessness and may also have co-occurring substance use disorders.

There were comments expressing appreciation for the fiscal summary and budget explanations as well as comments expressing concerns relating to the unspent funds balance and the projected rapid spend down identified in the funding summary. Comments received reflect a desire for continued clarification of the complex budgeting and expenditure projections, clarity on whether funds were at risk of reversion and the plans to address these areas. Requests were made by the Mental Health Board to receive additional information in this area at its meetings including an explanation of the trust fund interest as a potential source for additional programming and encouragement for ongoing community stakeholder education and engagement in these areas.

There were comments acknowledging the ongoing impact of the PEI Supporting Community Connections programs and the value of culturally specific programming. There was continued support for the other PEI Suicide Prevention Project programming, such as the Mobile Crisis Support Teams (MCSTs), Suicide Crisis Line and Mental Health Respite Programs, as well as the PEI Mental Health Promotion Project which aims to increase community awareness about mental health issues and reduce stigma and discrimination toward individuals and families living with mental illness. There were also questions regarding the geographic areas/communities served by the four existing MCSTs and appreciation for the coverage map included in the Plan as it provides the reader a contrast with the areas that do not have this programming.

Many stakeholders, including consumers, family members, community members, system partners and others expressed support for the recently implemented Innovation Project 2: Mental Health Crisis/Urgent Care Clinic, which creates an alternative unnecessary/inappropriate emergency department visits and resulting psychiatric hospitalizations. There were also many comments expressing support for the AB114 Innovation Plan which includes the proposed Behavioral Health Crisis Services Collaborative Innovation Project, a public/private partnership with Dignity Health and Placer County, with the intent to establish integrated adult crisis stabilization services on a hospital emergency department campus in the northeastern area of Sacramento County.

There was ongoing support for the WET component activities. Expressly, those activities that encourage high school students from diverse communities to pursue mental health/behavioral health careers to further address the cultural and linguistic needs of our diverse community, as well impactful, community-wide trainings such as law enforcement training, Mental Health First Aid and Youth Mental Health First Aid, were recognized. There were also comments valuing WET activities that support ongoing efforts to recruit and retain a diverse and qualified mental health/behavioral health workforce across the behavioral health system. There were concerns

expressed regarding the unimplemented Office of Consumer and Family Member Employment WET Action and requests to reconsider this moving forward.

There were comments requesting consideration and implementation of Laura's Law/Assisted Outpatient Treatment in Sacramento County. There were comments regarding an observed gap in services to address trauma resulting from community violence and gun violence disproportionately experienced by African American boys and men of color. There were also comments related to identified gaps in services for a variety of diverse communities with specific focus on Arabic-speaking, as well as Pakistani, Hindi and emerging refugee communities from Afghanistan, Iran and Syria.

There were questions related to the Work Plan numbering sequence for the CSS Component Programs as Work Plan SAC-3 is skipped. There were comments expressed in appreciation of the data and outcomes included in the Plan and requests to provide additional information related to program impact in future Plans/Updates. There were also comments expressed requesting additional data showing the client/participant demographics in the areas of race/ethnicity, gender identity, and sexual orientation. There was an error noted in the primary language data/charts contained in the Plan. There were comments requesting information regarding retention rates, as related to penetration rates, and a recommendation that the Division continue to work with representatives from unserved, underserved, and inappropriately served cultural and ethnic communities in the areas of planning and program design, implementation and evaluation for all programs.

### **Division Response**

The Division values and appreciates the input provided by community stakeholders, including the MHSAs Steering Committee, DBHS Cultural Competence Committee and Mental Health Board. This continues to be a core value and principle of the local community planning process. Responses below are grouped by themes in comments received.

The Division is committed to the ongoing collaboration with community stakeholders as a balance is struck between the sustainability of existing programs and implementation of new/expanded programming. These ideas are also considered when new federal, state or local funding grants opportunities or other partnerships present a path to implement through leveraging or combining of MHSAs funds with other revenues. The Division has brought such opportunities to the MHSAs Steering Committee for deliberation. For example, the SB82 Investment in Mental Health Wellness grants made possible the triage navigators and mobile crisis support teams in our community.

The Division will continue to provide revenue and expenditures projections, as well as education regarding CSS funding demands to sustain existing CSS programs, as well as the MHSAs Housing Program investments and critical WET and CF/TN activities when those time limited funds are exhausted. The Division is committed to provide regular program and budget updates including the most current available information on MHSAs funds based on local records and comparison with published records on the MHSOAC and DHCS websites. There remain differences in accounting as the County is continuously revising and reconciling its revenue and expenditure reports following final fiscal audit numbers across all its funding streams and providers. The

Division will continue to provide regular updates/presentations in these key areas at MHSAs Steering Committee and Mental Health Board meetings.

The Division appreciates the support for the new and expanded programming contained in the Plan, including the newly implemented Mental Health Crisis/Urgent Care Clinic and the proposed Behavioral Health Crisis Services Collaborative Innovation projects. The Division is dedicated to moving quickly to implement this new and expanded programming once the Three-Year Plan has been approved by the Board of Supervisors and the proposed Innovation Project 3: Behavioral Health Crisis Services Collaborative has been approved by two approval bodies -- the Board of Supervisors and the MHSOAC, as required by current MHSAs statute.

The Office of Consumer and Family Member Employment WET Action was not implemented in the form of the original design due to the 2009 downturn in the economy that impacted workforce opportunities across the Mental Health Plan. However, the Division has consistently supported employment of peers in all of its MHSAs programming using creative partnerships with County and contracted providers. There are numerous implemented projects that reflect this commitment, including but not limited to: Expert Pool Town Hall Meetings, Stop Stigma Sacramento Speakers Bureau, Wellness Recovery Action Plan (WRAP) Training, annual sponsorship of the consumer-led conference, known as Consumers Speak (now rebranded as Peer Empowerment Conference) and expansion of peer provider contracts and peer positions in MHSAs programming. The Division has also provided agency attestation and support letters for local non-profits pursuing MHSAs statewide grants for peer led workforce activities. The Division is committed to ongoing efforts to support consumer and family member employment activities and this Three-Year Plan contains program expansions that include peer positions.

The Division acknowledges the complexities surrounding the requests for consideration of Laura's Law implementation in Sacramento County. Current expansions reflect a significantly expanded outpatient treatment capacity for individuals with intractable serious mental health needs who are not responsive to traditional mental health programming. This expanded outpatient treatment capacity with significant outreach and engagement strategies is necessary as a precondition to any consideration of Laura's Law in Sacramento County. Additionally, expanded inpatient as well as a variety of crisis response programming would be a critical component. This discussion, which includes commitment of non-MHSAs resources and implications across multiple systems for implementation of Laura's Law consideration in Sacramento County is broader than this MHSAs Three-Year Plan scope or authority and will require separate deliberation regarding the pros and cons for this County. The idea of intensive, criminal justice focused programming will be explored further as new projects are developed by the Division.

The Division recognizes the need for culturally specific programming in targeted communities and continues to work to develop and ensure that cultural and ethnic-specific opportunities and strategies to further reach these communities are employed in program planning/development and service delivery. Existing outreach strategies include translation of the MHSAs Plan and announcement related to the Public Hearing in all six threshold languages, as well as publishing and announcing in ethnic media outlets. To this end, the Division has expanded the ethnic media outreach over that past year and will continue to explore outreach opportunities to further reach the diverse communities in Sacramento County, including periodic review of language-specific

media outlets to maximize reach. The Division of Behavioral Health Services' Cultural Competence Committee will continue to provide input in program design and ideas on ways resources can be made available to these diverse communities with specific note made of Arabic, Pakistani, Hindi, and emerging refugee communities from Afghanistan, Iran and Syria as Sacramento's diversity remains a focus of all MHSA programming.

The CSS Component Work Plan numbers skipped SAC3 as this number was associated with a proposed Work Plan in early MHSA implementation that did not move forward. The CSS Component Work Plans have been renumbered sequentially as SAC1 through SAC10 to address this.

The Division recognizes the importance of trauma-informed care in behavioral health services delivery and acknowledges the community perspective identifying a potential gap in services designed to address trauma resulting from community violence and gun violence disproportionately experienced by African American boys and men of color. Trauma-informed care is incorporated across all services within the MHSA Plan and specific trauma-informed training is part of the systemwide training curriculum. In addition, trauma-informed care was central to the proposed AB114 Reversion Plan programming for children and youth in foster care and will be incorporated into this project implementation. It is also included in the Division's current efforts to maximize applications for more Senate Bill 82 Investment in Mental Health Wellness children's triage grants to reach into the schools and community to increase prevention efforts. The Division will look carefully at these comments and existing programming to see where more attention can be placed on this expressed concern.

The Division acknowledges the need to report demographic data in more detail, especially in the areas of race/ethnicity, gender identity and sexual orientation. The Division has worked over the past year to refine data collections tools for PEI programming and this will be reflected in future reports as revised tools are implemented. The Division will continue to work with the community and providers to expand the reporting in these areas in the future. The Division also recognizes that retention rates data is not included in this Plan. The Division will continue to analyze these data to inform programming systemwide and will strive to include this data in subsequent Plans and Updates. The Division has corrected the primary language chart contained in the Full Service Partnership (FSP) Program Fiscal Year 2015-16 Outcomes section of the Plan to reflect the correct Partner Language data for the FSP Programs.

As requested at the Public Hearing, all stakeholders who provided email contact information will be added to the MHSA distribution list to receive regular information on MHSA related meetings and activities to provide a continued avenue for their participation in future planning.

**COMMUNITY SERVICES AND SUPPORTS (CSS) COMPONENT**

The **Community Services and Supports (CSS)** component provides funding for mental health treatment services and supports for children/youth and their families living with severe emotional disturbance and adults living with a serious mental illness. The MHA requires that a minimum of fifty percent of CSS component funding be dedicated to Full Service Partnership (FSP) programs.

Pursuant to Welfare and Institutions Code Section 5892(b), Counties may use a portion of their CSS funds for Workforce Education and Training (WET), Capital Facilities and Technological Needs (CF/TN), and the Local Prudent Reserve. This means unspent CSS funding is combined with incoming revenue to sustain CSS programming/activities, as well as critical activities in the time-limited WET and CF/TN components and successful and applicable Innovation (INN) project components. CSS funding must also be used to sustain MHA Housing Program investments (see Attachment A - MHA Funding Summary Presentation).

Services are culturally relevant, culturally reflective and linguistically proficient. There are three service categories within the CSS Component:

- Full Service Partnership (FSP) Service Category – FSPs provide the full spectrum of high intensity outpatient mental health treatment for children and youth (and their families) living with severe emotional disturbance and adults and older adults living with serious mental illness.
- General System Development (GSD) Service Category – GSDs provide outpatient mental health services, ranging in intensity, to individuals living with serious mental illness and, as appropriate, their families.
- Outreach and Engagement Service Category – Activities to reach, identify and engage unserved individuals and communities in the mental health system and reduce disparities identified by the County. In Sacramento, these activities are embedded into the design of the FSP and GSD programs.

In Fiscal Year 2015-16 the implemented FSPs served 1,792 unduplicated clients and the implemented GSDs served 8,781 unduplicated clients. Descriptions of these programs are included in this Three-Year Plan.

As previously reported, in 2013 the Division of Behavioral Health Services (DBHS), with fiscal consultation, identified up to \$16 million in CSS sustainable growth funding. This sustainable growth funding figure was determined by combining increased future revenue projections with unspent funds from prior years.

As required by statute, an inclusive community planning process for new and enhanced services was introduced to the MHA Steering Committee for discussion and input in January 2014. Based on compelling data, previous community stakeholder input and other source documents from the previous five years, the overarching focus of the CSS Expansion was increased timeliness to services and expanded system capacity.

In February 2014, the MHA Steering Committee approved the \$11 million three-phased community planning process outlined below.



The Phase A and Phase B community planning processes and resulting new and expanded programming were described in detail in the MHA Fiscal Year 2014-15, 2015-16 and 2016-17 Three-Year Plan and MHA FY 2015-16 Annual Update. Phase C of the community planning process was approached in stages and focused on other system priorities based on historical inputs and/or new ideas and concepts, as well as evolving new initiatives benefitting mental health clients. Progress on Phase C expansion efforts was described in the MHA FY 2015-16 and 2016-17 Annual Updates. This new and expanded programming will be fully implemented in Fiscal Year 2017-18. Descriptions and updates for all of these programs are included in this Three-Year Plan.

On November 7, 2017, the Sacramento County Board of Supervisors took action to support dedicating \$44 million in MHA funding over the next three years to fund additional mental health treatment services and supports for individuals with serious mental illness, who may have co-occurring substance use disorders and are experiencing or at-risk of homelessness.

The Board directed staff to engage the MHA Steering Committee, with a sense of urgency, to plan the expansion of MHA programs to support efforts to expedite services for individuals with serious mental illness who are homeless or at-risk of becoming homeless. The directed focus on these expansion efforts was the City of Sacramento's Whole Person Care pilot program and Countywide initiatives to provide maximum benefit of all resources for Sacramento County residents (ages 18 and older).

On November 16, 2017, the MHA Steering Committee discussed the Board action and recommended the following in alignment with the Board action: Convening a workgroup to develop a recommendation for expansion of MHA programs for individuals with serious mental illness, who are homeless or at-risk of homelessness, and may also have co-occurring disorders. The MHA Steering Committee requested that the workgroup recommendation come back to the Steering Committee on January 18, 2018, prior to finalization.

The Division convened a community planning process centered around a Workgroup comprised of 16 members with diverse representation. The Workgroup had three thoughtful and productive meetings December 2017 and January 2018 to consider key elements for mental health services expansion for individuals with serious mental illness who are homeless or at-risk of homelessness. The Workgroup considered key elements with a focus in three areas: 1) Front Door/Access Points; 2) Mental Health Treatment; and 3) Housing Supports. They developed a comprehensive recommendation representing the collective thinking and work from the Workgroup, as well as input from the panel of subject matter experts and community stakeholders who participated in the process.

The Workgroup presented their recommendation to the MHSa Steering Committee at their meeting on January 18, 2018. The MHSa Steering Committee supported moving the Workgroup Recommendation forward for inclusion in this MHSa Three-Year Plan (See Attachment C: Homeless Mental Health Services Expansion Workgroup Recommendation). Therefore, this new and expanded programming is included in this Three-Year Plan.

**Program: Transitional Community Opportunities for Recovery and Engagement**

**Work Plan #/Type: SAC1 – General System Development (GSD)**

**Capacity: 8,000 annually**

**Ages Served: TAY, Adults, Older Adults**

The **Transitional Community Opportunities for Recovery and Engagement (TCORE)** workplan was expanded in the previous Three-Year Plan and now consists of three previously approved and implemented program components: **Adult Psychiatric Support Services (APSS)** clinic, administered by DBHS, **TCORE**, administered by Human Resources Consultants (HRC) and TLCS, Inc. and the redesigned **Regional Support Team (RST)** service delivery system. These programs offer intensity community-based mental health services for individuals (ages 18 and older) being released from acute care settings or who are at-risk for entering acute care settings and are not linked to on-going mental health services.

This Work Plan has been identified for expansion in alignment with the November 7, 2017, Board of Supervisors action and MHSa Steering Committee recommendation for homeless mental health services expansion. This expansion will include expanding identified existing programs within this Work Plan to add housing supports and subsidies, as well as increased treatment capacity. In addition, a new outpatient mental health treatment program will be developed to further address the needs of individuals living with serious mental illness who are homeless or at-risk of homelessness and may also have co-occurring substance use disorders. Expansion of existing programming is targeted to begin in FY 2017-18 and new programming will roll out in FY 2018-19.

**APSS** is a site-based outpatient clinic that provides mental health and rehabilitation services to TAY, adult and older adult clients, ages 18 and above. Counselors with training in integrated mental health and substance abuse care are available and specialize in treatment for co-occurring disorders.



The APSS clinic includes a Peer Partner component, administered by Mental Health America of Northern California, which provides culturally and linguistically relevant advocacy and support for program participants. The Peer Partner staff are members of the multidisciplinary team. The APSS service array includes: assessment, brief treatment, crisis intervention, case management, rehabilitation, medication management and support, and transition to appropriate specialty mental health services and/or community support. Additional program goals include wellness planning, family support, and discharge planning, when appropriate, to community services.

**TCORE** is a countywide collaborative effort between Human Resources Consultants (HRC) and TLCS, Inc. TCORE has the flexibility to provide a range of moderate to high intensity services – primarily community-based mental health and rehabilitation services to adult community members who are experiencing frequent acute mental health episodes or who are at-risk of losing their ability to live and

**Success: TCORE Program**

*Following years of experiencing manic episodes, feeling overwhelmed and irritable, with racing thoughts and anxiety that made it difficult to stay on task this 44 year old woman of two began services at TCORE. She was diagnosed with bipolar disorder and an anxiety disorder. She was struggling in her relationships and felt isolated. Through the support of the array of services offered by the team at TCORE, she began to feel hope. She developed treatment and life goals and began working towards achieving them. While in therapy she learned new coping strategies that helped her manage her anxiety, working with an employment specialist, she connected with the Department of Rehabilitation. She was able to go to school and became a certified holistic massage therapist. She is currently employed at a chiropractic office. She has successfully met all of her treatment goals, is happily living with her two daughters and has graduated from TCORE.*

function in the community. The recent expansion increased the number of individuals served and increased timeliness by shifting to a program model that includes a phased approach, focused initially on intensive engagement and assessment services for unlinked mental health consumers who are either in, or being discharged from, acute care settings. Individuals are assigned to a service team familiar with each client’s needs. Team staff include team leaders, personal service coordinators, and Consumer/Family Advocates. There is also a Benefits Acquisition Specialist and an Employment Specialist available to all participants.

In FY 2017-18, TCORE increased their capacity and improved timeliness to services – specifically for those in acute care settings. In addition, TCORE increased their capacity to support members participating in the Mental Health Court and Co-Occurring Mental Health Court.

Program outcomes are to improve access to services for individuals who typically have not responded well to traditional outpatient mental health services, or for individuals who may have been unable to utilize community services due to complex co-occurring needs, provide flexible services/interventions necessary to reduce/prevent negative outcomes such as avoidable emergency room utilization, psychiatric hospitalization, jail/incarceration, and eviction/homelessness, and provide services that will increase the individual’s ability to function at optimal levels and as independently as possible, with the end of services in mind toward the goal of wellness.

Phase A of the CSS Expansion Planning Process resulted in the expansion of the MHSa CSS Component to include the Regional Support Team (RST) service delivery system. The RSTs

**Success: El Hogar RST**

A 56 year old African American/Indian/Spanish woman and single mother was self-referred after being incarcerated for 11 years. At the time of assessment, she suffered from major depressive disorder and posttraumatic stress disorder and was living in a house with her cousin. She was connected to a RST Community Care Team (CCT) Resource Specialist by her RST Personal Service Coordinator (PSC) due to reports of physical and verbal abuse by her cousin. After an APS report was filed, the Resource Specialist, PSC and consumer partnered together to explore options. The Resource Specialist successfully assisted with finding a safer living situation. The Resource Specialist also linked her to other community resources such as the SMART program for SSI assistance and community food banks to support her transition out of a domestic violence situation. The consumer's goal is to transition from a room & board to her own studio apartment. CCT staff continue to support her with achieving her goal by accompanying her to various housing opportunities in Sacramento County. This consumer continues to participate in mental health and case management services and has been stable in new housing since August.

**Success: Turning Point RST**

A 64 year old woman with a long history of suicidal thoughts, sometimes resulting in psychiatric hospitalizations was linked with the RST and assigned to a PSC. The CCT helped her develop a plan to address her immediate and most critical needs. The CCT Peer Mentor developed a strong, trusting and positive relationship with the member who then agreed to join a Surviving Depression group. She learned that her symptoms are not her fault and that she is not alone in her situation. By meeting other people who also experience symptoms of depression and suicidal thoughts, this member was able to reduce her sense of shame and realize the stigma of mental illness was often as much of a burden as the mental illness itself. Her PSC collaborated closely with her group leader as did her psychiatrist. She developed a plan that allowed her to attain sobriety while finding other, healthier ways to address her depression. Today she lives independently and has been able to maintain sobriety for extended periods of time. She continues to attend her group and is on her way to being able to have her primary care doctor manage her medications and exploring community group options to plan for transitioning her care.

provide moderate intensity mental health services and supports for TAY (age 18+), adults, and older adults residing in Sacramento County. Individuals must meet target population criteria for a serious mental illness (with an included diagnosis) and significant impairments in important areas of functioning. Currently, there are four RST programs operated by: 1) El Hogar Community Services, Inc., 2) Human Resources Consultants (HRC), 3) Turning Point Community Programs, and 4) Visions Unlimited through contracts with DBHS. Each RST provides individual and group treatment, rehabilitation services, medication evaluations and monitoring, and case management. RST programs are located in four geographic areas (regions) throughout Sacramento County.

As a result of the previously described CSS Expansion Phase A community planning process, the RST service delivery system was redesigned. Through this redesign, each RST implemented a **Community Care Team (CCT)** with the purpose of enhancing engagement and timely access to services at the RSTs using culturally and linguistically competent services. These teams, operationalized in July 2015, deliver flexible, recovery-based individualized services, allowing for seamless transitions throughout the continuum of outpatient services and supports available in Sacramento County. Staffing for each team includes a team lead, clinician/social worker, psychiatrist and nurse, peer/family provider and resource specialist.

**Success: HRC RST**

A 19 year old African American man was referred to services after an inpatient hospitalization due to symptoms of psychosis. His mother accompanied him to his initial HRC appointment, at which time he denied all psychiatric symptoms. He was guarded and hesitant to engage in services. The Community Care Team (CCT) worked to build rapport with him. Shortly thereafter his mother kicked him out of her house, and the client became homeless, sleeping in a bowling alley. The CCT helped to connect the client to a Crisis Residential Program for the stabilization of his mental health symptoms while avoiding the need for another hospitalization. Because the client saw the investment that CCT staff had in his wellbeing, he began to trust the staff – allowing for the opportunity to try out the services HRC RST has to offer. He has since been attending all appointments at HRC and is now more aware of how his mental health affects him and is therefore more willing to accept help and participate in services and supports offered.

**Success: Visions RST**

A 32 year old woman was referred to Visions RST by her Primary Care Physician (PCP) for symptoms of depressed mood, sadness, crying spells, apathy, loss of interest, passive suicidal ideation, hopelessness, worthlessness, anger, irritability, anxiety, panic attacks and isolation. She received services at Visions for 10 months, made good progress and was able to return to college. The medication, rehabilitation and case management services offered by Visions RST aided in her recovery. After making substantial progress, the RST Community Care Team (CCT) assisted the client in arranging appointments with her PCP to provide ongoing medication services. The client was able to keep her appointments with her PCP and is therefore currently receiving her medication services from her PCP at the Native American Health Center. As a result, the client's case was officially closed as the client was able to successfully step-down from the RST level of care.

**Program: Sierra Elder Wellness**

**Work Plan #/Type: SAC2 – Full Service Partnership (FSP)**

**Capacity: 150 at any given time**

**Ages Served: Transition Age Older Adults, Older Adults**

The Sierra Elder Wellness Program (Sierra), administered by El Hogar Community Services, Inc., provides an array of FSP services to transition-age older adults (ages 55 to 59) and older adults (age 60+) of all genders, races, ethnicities and cultural groups who are struggling with persistent and significant mental illness who would otherwise utilize the most restrictive and highest level programs. Sierra provides comprehensive, integrated, culturally competent mental health services – including assessments, planning, social rehabilitation, intensive case management, co-occurring substance use services, and psychiatric medication support. Sierra also provides specialized geriatric services, facilitating the coordination between multidisciplinary mental health, physical health, and social service teams. FSP services also include assistance with benefit acquisition, housing, employment, and transportation.

**Success: Sierra Elder Wellness**

A 55 year old Hispanic female presented to Sierra in November 2016, experiencing extreme stress, with a recent acute psychiatric hospitalization during which she lost her housing. Upon her release, she moved into a Room & Board, which she reported to be extremely stressful. She experienced an increase in depression and thoughts of suicide, struggled to maintain housing and changed R&Bs several times. With support from Sierra, she was able to re-connect with family and move in with them. She eventually moved from home to home living with different family members. This was a struggle for her as she wanted her independence but at the same time needed the support from her family. She reported feeling like a burden which was causing friction. With support from Sierra and MHSA, she now lives in her own apartment. She developed new strategies to help manage her symptoms and has been able to decrease her stress. She now reports feeling "so much better!" She has not been re-hospitalized and continues to have a close relationship with her family. She shared she has a newfound hope and is ready to take the next step in her recovery.

Intended program outcomes are to reduce/prevent unnecessary emergency room, psychiatric hospital, and jail utilization in order to assist community members to remain living in the community at the least restrictive level of care – as independently as possible.

Sierra establishes and maintains successful collaborations with system partners and community agencies – including sub-acute settings; law enforcement; healthcare providers; conservators; and ethnic and cultural groups to assist consumers in maintaining in the community and working toward recovery.

Program outcomes are to strengthen functioning level to support clients in maintaining the least restrictive community-based housing; reduce unnecessary psychiatric hospitalizations; reduce incarceration; improve health by increasing access to primary health care; reduce homelessness; connect clients with co-occurring use issues to alcohol and drug services (ADS), and support engagement in meaningful employment/activities and social connectedness.

**Program: Permanent Supportive Housing Program**

**Work Plan #/Type: SAC3 – Full Service Partnership (FSP)**

**Capacity: Expansion plan in progress – Currently 1,200 at any given time**

**Ages Served: Children, TAY, Adults, Older Adults**

The **Permanent Supportive Housing Program (PSH)** is a blend of FSP and General System Development (GSD) funding and provides seamless services to meet the increasing needs of the underserved homeless population. It consists of three components: PSH-Guest House, administered by El Hogar, PSH-New Direction, administered by TLCS, Inc. and PSH-Pathways, administered by Turning Point Community Programs. The PSH Program serves homeless children, transition-aged youth, adults, and older adults of all genders, races, ethnicities and cultural groups. The programs serve 600-700 with FSP services and 500 with GSD services.

This Work Plan has been identified for expansion in alignment with the November 7, 2017, Board of Supervisors action and MHSA Steering Committee recommendation for homeless mental health services expansion. This expansion will include expanding identified existing programs within this Work Plan to add housing supports and subsidies, as well as increased treatment capacity. In addition, a new Full Service Partnership program will be developed to further address needs of individuals living with serious mental illness who are homeless or at-risk of homelessness and may also have co-occurring substance use disorders. Expansion of existing programming will begin in FY 2017-18 and new programming will roll out in FY 2018-19.

**Guest House** is the front door for mental health services with direct access by homeless individuals to a clinic and emergency housing for adults age eighteen (18) and older. Services include daily

**Success: Guest House (GH)**

*A homeless gentleman initially came to the Connections Lounge and struggled to build trust with staff, he presented with paranoia and active hallucinations. Guest House staff offered him a quiet private safe space and provided frequent check-ins. Through repeated engagement efforts, staff were successful in building trust and were able to successfully link him with a primary care physician to help him get his medications to help reduce active psychosis which resulted in his willingness to enroll in program services. By taking advantage of the standby appointment process GH has to offer, he was able to see the psychiatrist within a week of orientation. Two weeks later, he was connected to TLCS New Direction FSP and Palmer Apartments for emergency shelter. This was his first time off the streets in several months. He was able to stabilize through active support and shelter. Though he continued to struggle with active mental health symptoms, he had a new support network. He was connected with the SMART program for benefits support. Within one month of starting services his symptoms of delusional thinking and active auditory/visual hallucinations decreased, allowing him to take advantage of counseling, he moved off the streets, developed a support network, and began working in the community to his best ability. SSI Benefits were approved and the first check was received within 6 months of receiving Guest House and the Connection Lounge services. Within 6 months of connecting with GH, he had stable income through SSI – supporting a sustainable plan for housing and ongoing work toward his recovery.*

outreach, triage, case management, mental health treatment, comprehensive mental health assessments and evaluations, medication treatment, linkages to housing and other services, and application for benefits. Permanent Supportive Housing- Guest House has implemented the highly successful Sacramento Multiple Advocate Resource Team (SMART), a promising practice assisting individuals with their applications for SSI/SSDI. This expedited process increases income, which improves access to housing and a wider variety of community services. In addition, Guest House has opened its Connections Lounge drop-in

center as part of the recent expansion. Guests can learn more about mental health recovery, participate in recovery and resource-focused groups and access referrals and additional linkages for substance abuse treatment and physical health in a safe and supportive space. With its expansion, Guest House has increased program capacity and improved timeliness by significantly increasing outreach efforts by being able to add additional outreach workers and a transition specialist. The Connections Lounge has also allowed for additional contact with persons experiencing homelessness which has resulted in increased program enrollment and participation.

**New Direction** provides permanent supportive housing and an FSP level of mental health services and supports for adults, including older adults, and their families. The program provides

**Success: New Direction**

*Prior to being referred to New Direction, a woman struggled with drug addiction and homelessness for many years, resulting in the loss of custody of her children. In just over a year, New Direction was able to assist her with establishing a steady income, permanent housing, and supported her in achieving sobriety which has allowed her the opportunity to reconnect with family. She is rebuilding relationships with her now adult children and grandchildren and continues to engage with New Direction as she continues to grow into the mother and grandmother she said she has always wanted to be. She attributes her success to the assistance she received through intensive case management, psychiatric services, and housing support provided by New Direction. She shared, “TLCS has been a Godsend for me. They’ve provided me not only with affordable housing but also with sound advice and the resources that were needed to help me re-integrate back into the community with confidence and the coping skills to ensure that I have the best chance for success. I want to thank all the staff members involved in helping me regain my confidence in myself and keep a positive attitude.” Her current goal is to one day be a peer support for others – she is well on her way to accomplishing this goal.*

integrated, comprehensive services utilizing a “whatever it takes” approach to support consumers in meeting their desired recovery goals. New Direction provides services at two permanent MHSAs-financed supportive housing projects/developments, permanent supportive housing within TLCS permanent housing sites, and utilizes community-based housing vouchers and limited subsidies to provide permanent housing. Additionally, New Direction Palmer Apartments is interim housing that has been designated as a shelter to assist residents in regards to their homeless status and for coordinated entry purposes. At Palmer, they focus on rapid access to permanent housing within 30 days once income is secured.

Program outcomes are to reduce homelessness; strengthen functioning level to support clients in maintaining the least restrictive community-based housing; reducing acute psychiatric hospitalizations; reduce incarceration; improve health by increasing access to primary health care; and support engagement in meaningful employment/activities and social connectedness.

**Pathways** program provides permanent supportive housing and an FSP level of mental health services and supports for children, youth, adults, older adults and families. The program provides

integrated, comprehensive services utilizing a “whatever it takes” approach to support consumers and their families in meeting their desired recovery goals. Pathways provides services at six MHSAs-financed permanent supportive housing developments, community-based housing vouchers and utilizes subsidies to provide permanent housing for consumers and their families.

Program outcomes are to reduce homelessness; strengthen functioning level to support clients in maintaining the least restrictive community-based housing; reducing acute psychiatric

hospitalizations; reduce incarceration; improve health by increasing access to primary health care; and support engagement in meaningful employment/activities and social connectedness.

***Success: Pathways***

*A 23 year old identifying as Mexican-American, joined Pathways as a young adult. She was kicked out and made to survive on the streets due to her mother’s addiction. During her time on the street, she experienced traumatic events resulting in symptoms of post-traumatic stress disorder. Upon her admittance into the Pathways program, she worked with a personal service coordinator and psychiatrist, and was linked with permanent supportive housing. She married a man who was in recovery and became pregnant; however, she began to decompensate after her husband relapsed and her daughter was removed from her care. She had to separate from her husband, leaving her alone – catapulting her anxiety so that her day to day functioning continued to decrease. She began therapy services and with the support of her Pathways team, was able to get her life back on track. She was provided with wraparound, rehabilitative and therapeutic services to assist her in attending court, therapy/rehab appointments, and accomplishing necessary classes and requirements for reunification with her child. She moved forward on filing for a divorce and finding a job which she still holds today. She has fully reunified with her daughter, maintained a stable job, stable housing, and has created a healthy, sustainable social network. When asked about her experience, she reports, “My therapy has helped me absolutely. My therapist helped me overcome a lot of obstacles with realizing again self-worth, cognitive thinking, me not having to fill that void with anyone else because I am perfectly fine by myself. I can see other people’s points of view and now after such a hard journey, I have my daughter back.”*

**Program: Transcultural Wellness Center**

**Work Plan #/Type: SAC4 – Full Service Partnership (FSP)**

**Capacity: 250 at any given time**

**Ages Served: Children, TAY, Adults, Older Adults**

The **Transcultural Wellness Center (TWC)**, administered by Asian Pacific Community Counseling, is designed to increase penetration rates and reduce mental health disparities primarily in the Asian/Pacific Islander (API) communities in Sacramento County. The program is staffed by clinicians, mental health counselors, peers, and family advocates, to provide a full range of services with interventions and treatment that take into account the cultural and religious beliefs and values, traditional and natural healing practices, and associated ceremonies recognized by the API communities.

Services, including psychiatric services, are provided in the home, local community and school with an emphasis on blending with the existing cultural and traditional resources so as to reduce stigma. Staff assignments are made taking into consideration the gender and specific cultural and linguistic needs of the client. Language specific services are available in all threshold languages, as well as Vietnamese, Hmong, Ilocano, Punjabi, Hindi, Laotian, Cantonese, Mandarin, Tongan, Mien and Korean.

The goals of the TWC are to improve access to services for individuals who typically have not responded well to traditional outpatient mental health /psychiatric treatment, or for individuals that

**Success: Transcultural Wellness Center (TWC)**

*A Vietnamese woman was referred to TWC when she lost half of her family, including her husband, due to a home robbery. The day before, they had celebrated the birth of her granddaughter and youngest son’s birthday. She was unable to function in her daily life, isolated from social interactions, and suffered from insomnia due to the trauma and loss of her loved ones. Treatment team assisted client in processing her thoughts and feelings, supported her in practicing her religious traditions to process loss and grief, reengaging in the community by reconnecting with her old employer and community members. She is now engaging in her community by practicing her religious beliefs and has been able to reestablish relationships with friends. She stated, “Without APCC, I wouldn’t be here today.”*

may have been unable to utilize community services due to complex co-occurring needs, link to a Primary Care Physician (PCP) to provide a comprehensive medical assessment and ongoing medical care, particularly for adults with co-occurring medical and mental health needs, provide various services/interventions necessary to reduce/prevent negative outcomes such as avoidable emergency room utilization, psychiatric hospitalization, jail/incarceration, and eviction/homelessness and provide services that will increase the

individual’s ability to function at optimal levels and as independently as possible, with the end of services in mind toward the goal of wellness – using the “whatever it takes” approach.

Program outcomes are to reduce psychiatric hospitalization, arrests and incarceration and increase linkage to employment and/or education and primary health care providers. Additionally, the program seeks to help clients develop and maintain connection to meaningful activities and improvement in school functioning. Service goals include wellness and recovery as defined by the program members in relation to their cultural identity.

**Program: Wellness and Recovery Center**

**Work Plan #/Type: SAC5 – General System Development (GSD)**

**Capacity: 3,000 annually**

**Ages Served: Children, TAY, Adults, Older Adults**

The **Wellness and Recovery Center** program consists of the **Wellness and Recovery Centers**, the **Peer Partner Program**, the **Consumer and Family Voice Program** and the **Sacramento Advocates for Family Empowerment (SAFE) Program**. In Fiscal Year 2015-16, this work plan was expanded to include the **Mental Health Crisis Respite Center**, **Abiding Hope Respite House**, and **Wellness and Recovery Respite Program**.

This Work Plan has been identified for expansion in alignment with the November 7, 2017, Board of Supervisors action and MHSa Steering Committee recommendation for homeless mental health services expansion. This expansion will include expanding identified existing programs within this Work Plan to add housing supports and subsidies, as well as increased treatment capacity to further address the needs of individuals living with serious mental illness who are homeless or at-risk of homelessness and may also have co-occurring substance use disorders. Expansion is targeted to begin in FY 2017-18.

The **Wellness and Recovery Centers (WRCs)**, administered by Consumer Self Help Center, are located in Eastern and Southern Sacramento County and offer a consumer driven recovery environment. WRCs offer an array of comprehensive services and wellness activities designed to support clients in their recovery goals. WRCs provide psychiatric and medication support services and wellness activities and are open to enrolled clients and community residents with an interest in mental health support, wellness and recovery services.

The WRCs serve individuals age eighteen (18) and older of all genders, races, ethnicities and cultural groups. The WRCs are community based multi-service centers that provide a supportive environment offering choice and self-directed guidance for recovery and transition into community life. They employ consumers and train individuals for peer counseling, peer mentoring, advocacy, and leadership opportunities throughout Sacramento County. WRCs provide curriculum driven and evidence-based skill building activities, vocational supports, family education, self-help, peer counseling and support. Services are collaboratively designed, culturally competent, member driven and wellness focused; per the MHSa Essential Elements. Alternative therapies include consumer facilitated art and music expression, journaling, creative writing, yoga, 12 step recovery groups, goal setting, crisis planning, natural healing practices and other wellness services. Key assets include a library, a resource center, and a computer lab that can be utilized by center participants and the general public interested in learning

***Success: WRC Support***

*A 30 year old African American woman who struggled with a history of frequent hospitalization, alcohol use, unstable housing, separation from her husband, and losing custody of her 15 year old son was referred to WRC. Since client returned to WRC after two hospitalizations in 2016, she has actively worked towards her recovery with her peer mentor, attended recovery focused groups and utilized the specialty mental health services available. With support from WRC, she developed a plan to apply for SSI, repair her marriage, gain housing, and obtain custody of her son. She has reconnected with her husband, obtained SSI benefits, became independently housed with her husband and is working toward regaining custody of her son. She has not been hospitalized since 2016, has maintained her sobriety and reports “I’m doing well now.”*



more about mental health and recovery. WRCs have scheduled programming and activities 6 days per week and are closed on Sunday. All wellness activities at WRCs are free and open to the public. Program outcomes are to increase linkage to a primary care physician and/or specialty health provider; decrease unnecessary psychiatric hospitalizations, and support engagement in meaningful employment/activities and social connectedness.

The **Peer Partner Program (Peer Partners)** is administered by Mental Health America of Northern California (NorCal MHA). The program provides peer support services to adults and older adults, from diverse backgrounds, linked to the APSS clinic. Peer Partners (consumers and family members) are integrated staff members of the APSS multidisciplinary team and provide peer-led services that support APSS participants and their families in their recovery process.

**Success: Peer Partner Program**

*A 40 year old divorced woman presented to the Peer Partner program struggling with a mental health condition and substance use. She had difficulty in accepting the impact of her substance use for several years until she lost her housing. Her Peer Support Specialist had several discussions with her and encouraged her to seek treatment. She eventually agreed to treatment for substance use. After going through detox, her Peer Support Specialist was able to get her linked with crisis residential. Following crisis residential services, her Peer Support Specialist was able to help her access stable housing. She recently was able to relocate to the Bay Area where she was raised. She is now employed and has reconnected with family. She recently contacted the Peer Partner program reporting that she is still doing well and wanted to thank the team for all the support and believing in her when she was not feeling hopeful about her life and situation.*

Informing clients about recovery and services, training, advocating, connecting to resources, experiential sharing, building community, relationship building, facilitating groups, skills building/mentoring/goal setting, socialization/self-esteem building, treatment team communication, facilitating Wellness Recovery Action Plan (WRAP) and assisting consumers to overcome barriers to seeking services due to racial, ethnic, cultural or language barriers are key strategies contributing to successful outcomes.

Program outcomes include improving overall health and wellness, helping clients engage with their natural supports, increase meaningful activities, improve educational and employment functioning and reduce psychiatric hospitalizations.

The **Consumer and Family Voice Program**, administered by Mental Health America of Northern California, promotes the DBHS mission to effectively provide quality mental health services to Sacramento County adults, older adults and their families. The consumer and adult family member advocates promote and encourage adult and older adult consumer and family involvement in the mental health system from program planning to program participation. This program provides a wide array of services and supports that assist adult consumer and family members in their recovery process. These services include but are not limited to advocacy, system navigation, trainings, support groups, and psycho-educational groups. This program also coordinates and facilitates the annual client culture conference.

As part of the Consumer and Family Voice Program, the advocates coordinate and facilitate an every other month meeting for clients/consumers of behavioral health services, family members and supporters called “Expert Pool Town Hall Meetings.” The purpose of these meetings is to

build a peer support network, share information about local services and resources, and to inform attendees about how to become involved to shape services for today and the future. Consumers and family members are asked what topics or services/resources they would like to learn about.

The Expert Pool Town Hall meetings include speakers that have expertise in various topics related to mental health, local services and resources. Advocates maintain an email database of over 750 community members/experts, many with lived experience, in an effort to keep our community informed of topics that pertain to our client and family member community. In FY 2015-16, four Expert Pool Town Hall Meetings were convened with an average attendance of 31 individuals per meeting.

**Success: SAFE Program**

*A transgender Transitional Aged Youth (TAY) who battled depression and suicidal ideation was referred to the SAFE Program. The youth faced threats of eviction from a mother who was unsupportive of this transgender youth. The youth engaged in stealing to sustain medical supplements. The youth agreed to receive support and began talking with a Youth Advocate (YA). The youth was able to make a connection with the YA who listened without judgement and developed trust. With the support of this respectful relationship, the youth was able to tackle possible housing relocation, enrollment in college, substance abuse issues, and most importantly addressing mental health needs. After 5 months of collaborative efforts, the youth has moved to a supportive transgender household, is currently employed at Target, and has decided to continue mental health treatment with the County mental health provider. An ongoing connection with the YA at the SAFE program supports all of these efforts.*

The **Sacramento Advocates for Family Empowerment (SAFE) Program**, administered by Mental Health America of Northern California, promotes the DBHS mission to effectively provide quality mental health services to children, youth, and families in Sacramento County. The Youth and Family Advocates promote and encourage parent/caregiver and youth consumer involvement in the mental health system, from program planning to program participation. The program provides a wide array of services and supports including, but not limited to, advocacy, system navigation, trainings, support groups, and psychoeducational groups. This is accomplished through system advocacy, direct client support services and advocacy, as well as training services to children, youth, transition age youth and their families.

**Mental Health Respite Programs:** The following three programs were added to the Wellness and Recovery Center Work Plan in FY 2015-16. They originated as mental health respite programs funded through the time-limited MHSA Innovation Project 1: Respite Partnership Collaborative. With support from the MHSA Steering Committee, these programs transitioned to sustainable CSS funding during FY 2015-16.

The **Mental Health Crisis Respite Center**, administered by TLCS, Inc. provides twenty-four (24)-hour a day mental health crisis respite care to adults who are experiencing overwhelming stress due to life circumstance resulting in a mental health crisis. Services include screening, resource linkage, crisis response and care management for eligible adults for up to twenty-three (23)-hours that is accessed on a drop-in basis in a warm and supportive community-based setting. The program has the capacity to serve up to ten (10) adults at any given time.

Program goals are to reduce emergency department visits and/or acute psychiatric hospitalizations and that clients will report an improvement in their recovery journey.

**Abiding Hope Respite House**, administered by Turning Point Community Programs, provides Mental Health Crisis respite services, in a welcoming, home-like setting, where adults 18 and older experiencing a mental health crisis can stay for up to 14 days. During their stay, clients receive client-centered, recovery-oriented services that include crisis response, screening, resource linkage, and care management. There are 5 beds in the home and all clients take part in cooking,

cleaning and groups to help them gain back a sense of purpose and dignity through life's routines. Program goals are to reduce emergency department visits and/or acute psychiatric hospitalizations and that clients will report an improvement in their recovery journey.

**Success: Mental Health Crisis Respite Center (CRC)**

*The doorbell rings at the Mental Health CRC and staff warmly welcome the guest. The guest smiles at staff, wiping away her tears and visibly relaxes her shoulders, relieved to be at the center. She is well known by staff since 2013 and has a long history of being homeless; struggling with mental health challenges and substance abuse, frequent emergency department visits as well as numerous incarcerations.*

*Each time this guest arrives to the Mental Health CRC to receive crisis intervention services, she has honored the Mental Health CRC as trusted members of her community, as well as integral parts of her journey of hope. Because of the strong collaboration, and linkages with numerous community agency partners and the CRC, this guest has been able to overcome many challenges; the latest of which includes reunification with her recently born child. This guest has utilized the services the CRC program has to offer over the past four years. She is just one of the countless individuals who have come to the Mental Health CRC, and have shared that a person-centered and recovery oriented approach has evoked from the guest what was there all along; a success story waiting to happen.*

**Success: Abiding Hope Respite House**

*The following is an excerpt from a client letter (shared with permission) - I came into Abiding Hope Respite Home exhausted. Sat in my car in tears for a while wondering and praying I have a safe place for the night. I was well cared for by wonderful staff. I felt a sense of relief as soon as one of the staff said, "Hello," and welcomed me to have a seat and rest. While completing some paperwork, I noticed how nice the home was. I had not slept so good like that night and in weeks and weeks. Staff support was uplifting and motivating. I was offered food and everything I needed to feel whole. By the next couple days, being at Abiding Hope, my physical/emotional energy had come back. Staff always encourages me to take care of myself first and rest. I felt energized to go out and work harder at finding a permanent residence. I'm humbled at the warm, yet professional support I've been given. Rejuvenation is here at Abiding Hope. The other clients were helpful, kind, and showed that a team is better than going it alone. I didn't feel alone here. I was allowed privacy, which was needed at this very moment in my life, being so exposed and sleeping in my car. Love is the only way I can discuss my experience here. In this very moment very beneficial to my brief and restful journey. People and Hope = Restore.*

**Mental Health Respite Program**, administered by Saint John's Program for Real Change, provides adult women and their children in immediate crisis with short-term mental health and supportive services for up to seven (7) days. Services include assessment, treatment planning, resource linkage, crisis intervention, family intervention and case management. Program goals are to reduce emergency department visits and acute psychiatric hospitalizations and that clients will report an improvement in their recovery journey.

**Success: Wellness and Recovery Respite**

A homeless woman presented to Saint John's Mental Health Respite in a depressed state, feeling directionless and hopeless. She reported that she needed to stabilize her mental health, and was making an effort to refrain from self-isolation and self-harm. At that point in time she was attempting to manage her anxiety and depression while also resolving her homeless status. During her stay at Saint John's, she met with a case manager, who greeted her with a smile, provided reassurance and let her know she was safe and the staff were there to support her through this difficult time. While at Saint John's, she did not need to worry about how she would meet her basic needs, such as where she would sleep or if she would eat, which allowed her to focus on addressing her overall mental wellness. After a few days she presented as talkative, focused, and increasingly hopeful. She spoke about the steps she was taking to improve her situation, and exhibited a sense of positivity around what she was trying to accomplish. She was soon able to obtain an available spot in a longer-term shelter and left Saint John's, sharing that she felt grateful and confident.

**Program: Adult Full Service Partnership**

**Work Plan #/Type: SAC6 – Full Service Partnership (FSP)**

**Capacity: Expanded to 450 at any given time**

**Ages Served: TAY, Adults, Older Adults**

The **Adult Full Service Partnership Program** consists of two components: **Turning Point's Integrated Services Agency (ISA)** and **Telecare's Sacramento Outreach Adult Recovery (SOAR)**. Both programs provide an array of FSP services to adults, age 18 and older, struggling with persistent and significant mental illness who would otherwise utilize the most restrictive and highest level programs. Turning Point ISA and Telecare SOAR provide comprehensive, integrated, culturally competent mental health services – including assessments, planning, social rehabilitation, intensive case management, co-occurring substance use services, 24/7 crisis response, and psychiatric medication support.

**Success: Integrated Services Agency**

Turning Point ISA began working with a member experiencing significant mental health challenges with a long history of refusing services. She expressed significant high risk behaviors resulting in multiple hospitalizations, incarceration and unstable housing. ISA assisted the member in identifying areas of strengths that could be utilized to retain housing and address basic needs. The member attends anger-management groups and continues to develop and learn more effective independent living, coping, and communication skills/strategies. Since participating in the program, the member has successfully been in stable housing. The member has expressed her gratitude for the supportive services of "Turning Point ISA who never gave up on me."

This Work Plan has been identified for expansion in alignment with the November 7, 2017, Board of Supervisors action and MHA Steering Committee recommendation for homeless mental health services expansion. This expansion will include expanding identified existing programs within this Work Plan to add additional housing supports and subsidies, as well as increased treatment capacity to further address the needs of individuals living with serious mental illness who are homeless or at-risk of homelessness and may also have co-occurring substance use disorders. Expansion is targeted to begin in FY 2017-18.

Services also include assistance with benefit acquisition, housing, employment, education, and transportation. The programs assist consumers transitioning into the community from high-cost restrictive placements, such as the Sacramento County Mental Health Treatment Center, private psychiatric hospitals, incarcerations, and other secured settings. In addition, family members

**Success: Sacramento Outreach Adult Recovery (SOAR)**  
*SOAR's High Intensity Team began working with a member for about 30 days before she became homeless. SOAR spent months searching for her with no success. She was eventually located at a local private hospital, presenting with many of the same significant and severe symptoms that led her initially to SOAR – hearing voices, substance abuse, racing/disorganized thoughts and speech, debilitating anxiety and depression, intense fear that she would die, and thoughts of suicide. SOAR supported her throughout her hospitalization and discharge, worked with her on building skills to better cope with intense fear and anxiety, and assisted her in finding a board and care home that remains welcoming, supportive and caring. She is now able to advocate for her needs, structure her day in ways that promote wellness, and participate in SOAR psychoeducational and support groups. She has also built a strong relationship with her psychiatrist and stated, "My meds are working for the first time in my life." She recently reconnected with her adult children and her parents whom she has been estranged for many years. She now has hope for her future saying, "I feel better than I have ever felt in my entire life."*

and/or caregivers are engaged as much as possible at the initiation of services and offered support services, such as education, consultation and intervention, as a crucial element of the consumer's recovery process.

As part of the 2014-2017 expansion efforts, both programs were expanded to increase capacity and improve timeliness to services for community members. Telecare SOAR and Turning Point ISA are working on identifying and implementing Evidence-Based Practice models to assist consumers to more effectively fulfill their goals for recovery – including co-occurring substance use issues and successful completion of Mental Health Court and Co-

Occurring Mental Health Court. Program outcomes are to reduce/prevent unnecessary emergency room, hospital, and jail utilization in order to assist community members to remain living in the community at the least restrictive level of care – as independently as possible.

Turning Point ISA and Telecare SOAR establish and maintain successful collaborations with system partners and community agencies, including sub-acute settings; law enforcement; healthcare providers; conservators; and ethnic and cultural groups to assist consumers in maintaining in the community and working toward recovery.

Program outcomes are to strengthen functioning level to support clients in maintaining the least restrictive community-based housing; reducing acute psychiatric hospitalizations; reducing incarceration; reducing homelessness; improving health by increasing access to primary health care; and supporting engagement in meaningful employment/activities and social connectedness.

**Program: Juvenile Justice Diversion and Treatment Program**

**Work Plan #/Type: SAC7– Full Service Partnership (FSP)**

**Capacity: Expansion plan implemented in fiscal year 2016-17. Capacity expanded to 128.**

**Ages Served: Youth and TAY ages 13 – 25**

The **Juvenile Justice Diversion and Treatment Program (JJDTDP)** is a contracted FSP that brings together a partnership between DBHS, Sacramento County Probation Department, and River Oak Center for Children to deliver integrated services to a population of youth involved with juvenile justice with multiple complex needs cutting across service areas. JJDTDP provides screenings, assessments and intensive mental health services and FSP supports to eligible youth (and their families) involved in the Juvenile Justice System. Youth must meet serious emotional disturbance criteria and be between the ages of 13 through 17 at enrollment. Pre-adjudicated youth are screened and mental health needs are assessed. With court approval, these youth will have the opportunity to avoid incarceration and voluntarily participate in this program as long as clinically necessary up to their 26<sup>th</sup> birthday. Adjudicated youth are referred, assessed, and have the opportunity to voluntarily receive intensive, evidence-based services that are delivered in coordination with a specialized Probation Officer. Family and youth advocates complement clinical services.

**Success: JJDTDP**

*An 18 year old client came to JJDTDP having received services for 8 years (off and on) through other programs. At admission, the client had been charged with breaking and entering, was actively using drugs and alcohol, had multiple hospitalizations, was not attending school and was well behind on school credits. With support from the program and the youth advocate, client received mental health and substance use treatment, is now in school and, using skills learned in JJDTDP, successfully completed his probation. His recovery has progressed to where he is only in need of medication management for which he is being linked to his primary care physician. He is looking forward to stepping down to community support as needed.*

Program outcomes include youth experiencing reduced psychiatric hospitalization, increased engagement in their educational program as well as reduced arrests and incarcerations. Additionally, the program seeks to link youth and families with primary care and to engage them in meaningful activities.

A JJDTDP expansion was implemented in FY 2016-17. In addition to increasing the number of youth and families served from 92 to 128, the expansion allows for the addition of clinicians, a youth advocate, and a family advocate.

**Program: TAY Full Service Partnership**

**Work Plan #/Type: SAC8 – Full Service Partnership (FSP)**

**Capacity: 240 at any given time**

**Ages Served: Youth and TAY ages 16 – 25**

The new **Transition Age Youth (TAY) FSP** Program was implemented in late 2017. As previously reported, in Phase B of CSS Expansion planning, the MHSa Steering Committee approved the recommendation for the development of a new TAY FSP program that will serve youth between the ages of 16-25 who are unserved, underserved and/or inappropriately served.

Services are designed to be culturally and linguistically competent with sensitivity to and affirmation of gender identity, gender expression and sexual orientation. Services are individualized based on age, development and culture. The program provides core FSP services and flexible supports to TAY that are homeless or at risk of homelessness, aging out of the child mental health system, involved in or aging out of the child welfare and/or foster care system, involved in or aging out of the juvenile/criminal justice system, at risk of involuntary psychiatric hospitalization or institutionalization, experiencing a first episode of a serious mental illness, and/or other at-risk population. The TAY FSP program includes outreach, engagement, retention and transition strategies with an emphasis in independent living and life skills, mentorship and services that are youth and family driven.

**Program: Crisis Residential Program**

**Work Plan #/Type: SAC9 – General System Development (GSD)**

**Capacity: 27 at any given time**

**Ages Served: Adults ages 18 - 59**

In FY 2015-16, a new **15-bed Crisis Residential Program**, known as CRP#2, was approved by the MHSA Steering Committee using CSS Expansion funds from Phase C and is operated by Turning Point Community Programs (TPCP). CRP#2, located in Rio Linda, was opened for admissions on August 1, 2016. The addition of this new 15-bed program significantly increased community-based crisis residential service capacity in Sacramento from 12 to 27 beds for individuals served by the County, which represents a 125% increase.

In November 2016, the MHSA Steering Committee voted in support of spreading the MHSA funding allocated to CRP#2 across both the longstanding 12-bed crisis residential program, known as CRP#1, and the new 15-bed CRP#2. This shift maximized the Medi-Cal funding leveraged for both programs.

Crisis residential program services are designed for persons who meet psychiatric inpatient admission criteria or are at risk of admission due to an acute psychiatric crisis, but can appropriately be served voluntarily in a community setting. Beginning with an in-depth clinical assessment and development of an individual service plan, crisis residential program staff will work with consumers to identify achievable goals including a crisis plan and a Wellness Recovery Action Plan (WRAP). The goal is to receive the referral, interview the consumer, and admit the individual to the crisis residential program within the same day.

Once admitted, structured day and evening services are available seven days a week that include individual and group counseling, crisis intervention, planned activities that encourage socialization, pre-vocational and vocational counseling, consumer advocacy, medication evaluation and support, linkages to resources that are available after leaving the program. Family members are included in counseling and plan development. Services are voluntary, community-based, and alternative to acute psychiatric care. While the services are designed to resolve the immediate crisis, they also focus on improving functioning and coping skills, and encourage wellness, resiliency and recovery so that consumers can return to the least restrictive, most independent setting in as short of time as possible. Services are designed to be culturally responsive to the needs of the diverse community members seeking treatment.

**Success: Crisis Residential Program**

*Upon entering the Crisis Residential Program (CRP) in Rio Linda, an adult male client faced treatment barriers such as no family or social support. He has struggled for many years with depression, anxiety, suicidal ideation, paranoia and alcohol abuse. He was unable to independently utilize community resources/services. These symptoms have resulted in multiple hospitalizations and treatment attempts since 2011.*

*During his stay at CRP, he has built a positive relationship with his case manager who has assisted with accessing resources to increase his limited support. He and his case manager together formed a team that made progress toward his goals of self-sufficiency and independence and explored viable housing resources prior to discharge. At the CRP, his symptoms of depression, anxiety, suicidal ideation, isolation, difficulty sleeping, irritability, and cognitive distortions decreased. Mental health treatment and a consistent medication regimen assisted with reducing these symptoms. He attended daily groups and individual sessions that focused on coping skills and symptom management.*

*By the end of his stay, he was linked and is now participating in ongoing intensive integrated mental health and substance use services. He now lives in his own studio apartment. As a result of the work that began during his stay at the CRP, he is utilizing services and is making progress towards his self-defined goals.*

**Program: Consultation, Support and Engagement Teams (CSET) Program**

**Work Plan #/Type: SAC10 – General System Development (GSD)**

**Capacity: To be determined**

**Ages Served: Children and Youth (up to age 21)**

This new program evolved from the 2014-2017 three-phased CSS expansion planning process and will be designed to address the needs of children and youth that have been commercially sexually exploited. This program will have two components: 1) Outreach and engagement services for children, youth and families; and 2) Consultation, education and training to mental health providers that are delivering treatment services to this underserved population. This program is targeted to roll out late in FY 2017-18. More detailed information on program implementation will be provided in future updates.



**CSS Administration and Program Support**

DBHS provides administration and program support associated with on-going community planning, as well as implementation, training, consultation, monitoring, quality assurance and oversight of the CSS programs and activities.

The table below contains the FY2017-18 Cost per Client information for implemented programs:

<b>FY2017-18 CSS COMPONENT BUDGET Work Plan / Program</b>	<b>Average Cost/Client*</b>	<b>Budget Amount</b>
SAC1 - GSD: TCORE	\$ 3,291	\$ 26,659,655
SAC2 - FSP: Sierra Elder Wellness	\$ 14,631	\$ 2,048,327
SAC4 - FSP: Permanent Supportive Housing	\$ 4,946	\$ 12,583,547
SAC5 - FSP: Transcultural Wellness Center	\$ 10,405	\$ 2,601,251
SAC6 - GSD: Wellness and Recovery Center	\$ 986	\$ 5,714,037
SAC7 - FSP: Adult Full Service Partnership	\$ 17,651	\$ 7,942,929
SAC8 - FSP: Juvenile Justice Diversion and Treatment	\$ 27,218	\$ 3,483,854
SAC9 - FSP: TAY Full Service Partnership	\$ 16,667	\$ 4,000,000
SAC10 - GSD: Crisis Residential	\$ 6,368	\$ 3,139,391
<b>TOTAL</b>		<b>\$ 68,172,991</b>

\*Average cost per client is based on all funding sources in Work Plan divided by Work Plan capacity and only includes previously approved and implemented programs

**Sacramento County Programs Highlighted in *TOGETHER WE CAN Reducing Criminal Justice Involvement for People with Mental Illness* Mental Health Services Oversight and Accountability Commission (MHSOAC) Report, November 2017:**

In November 2017, the MHSOAC published this report to highlight the need to reduce the number of people with unmet mental health needs who enter the criminal justice system. In 2016, the MHSOAC launched a review of current policies and practices and an exploration of emerging approaches. The goal was to develop an action agenda for reducing the number of, and improving outcomes for, mental health consumers involved in the criminal justice system.

The following excerpts, taken from the report, highlight Sacramento County MHSA-funded programs that are making an impact in this area:

**Sacramento County | Mobile Crisis Support Teams**

*Sacramento County is providing law enforcement with assistance during encounters with people experiencing a mental health crisis. Each team is comprised of a police officer or sheriff deputy trained in crisis intervention training, a licensed mental health clinician, and a peer support provider. After initial contact with the person in crisis, the clinician and peer collaborate to provide continued support and access to appropriate services.<sup>112</sup>*



### **Recovery through Mental Health and Court Collaboration**

*Jeremy Sorensen is a Sacramento County Mental Health Court success story. With a bi-polar disorder and a history of self-medication with drugs and alcohol, he had been in and out of the criminal justice system most of his life. But one day last year Sorensen was pulled over for driving under the influence of methamphetamine. The arrest could have cost him custody of his son. Instead, it changed his life.*

*Thanks to his treatment provider, Sorensen was referred to the Mental Health Court, a program that offers diversion and a clean record to participants who agree to treatment. For Sorensen, it was the perfect fit, providing structure and accountability as well as a medication he says “has been phenomenal” and “changed my way of thinking.”*

*Judge Lawrence Brown, who supervises the program for Sacramento County Superior Court, says Sorensen is typical of those who appear before him — inconsistent with medications while battling addictions to illegal drugs. The Mental Health Court, he says, keeps participants on track with a rigorous schedule of meetings, appointments, and conferences with a judge. Brown says it blends “the treatment approach with the criminal justice system.”*

*“It’s an extraordinarily compassionate approach to the justice system,” Brown said. “It’s almost inhumane to have a seriously mentally ill person incarcerated if they otherwise could be in the community, have treatment, have access to their medication, and be held accountable.”*

*It worked for Sorensen. He “graduated” from Mental Health Court in a year, the minimum possible time, and now volunteers as a mentor and peer support counselor at a mental health service provider.*



### **MHSA Innovation Highlight** **Advancing Mental Health Urgent Care Models in California**

#### **Sacramento County | Mental Health Crisis / Urgent Care Clinic**

*The Sacramento County Division of Behavioral Health Services is implementing an innovative project to adapt urgent care models used in other counties to meet the needs of the community. This adaptation will include integration of wellness and recovery principles in service delivery. Innovative adaptations include an after-hours outpatient treatment program operation to allow for more flexible staffing patterns, direct linkage to behavioral health services, and a screening tool that allows staff to screen for physical health issues, expediting care coordination.*

<https://www.dhhs.saccounty.net/BHS/Documents/Reports--Workplans/MHSA-Rports-and-Workplans/RT-2016-17-MHSA-Annual-Update--Sacramento-County.pdf>

## Sacramento County MHSa Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan

### Penetration Rates – Calendar Years 2015 and 2016

Medi-Cal eligible beneficiary numbers are based on claims data received from the External Quality Review Organization (EQRO)

Penetration Rates		Calendar Year 2015					Calendar Year 2016					Percent Change between CY 2015 and CY 2016
		A		B		B/A	A		B		B/A	
		Medi-Cal Eligible Beneficiaries		Medi-Cal Clients (Undup)		Medi-Cal Penetration Rates	Medi-Cal Eligible Beneficiaries		Medi-Cal Clients (Undup)		Medi-Cal Penetration Rates	
		N	%	N	%	%	N	%	N	%	%	
Age Group	0 to 5	71,427	14.3%	1,243	4.7%	1.7%	72,266	12.8%	1,555	5.7%	2.2%	29.4%
	6 to 17	130,883	26.2%	10,098	38.1%	7.7%	134,120	23.7%	9,967	36.5%	7.4%	-3.9%
	18 to 59	240,398	48.0%	13,330	50.2%	5.5%	293,755	52.0%	13,894	50.9%	4.7%	-14.5%
	60+	57,788	11.5%	1,857	7.0%	3.2%	65,086	11.5%	1,894	6.9%	2.9%	-9.4%
	Total	500,496	100.0%	26,528	100.0%	5.3%	565,227	100.0%	27,310	100.0%	4.8%	-9.4%
Gender		N	%	N	%	%	N	%	N	%	%	%
	Female	268,191	53.6%	13,682	51.6%	5.1%	298,366	52.8%	14,261	52.2%	4.8%	-5.9%
	Male	232,303	46.4%	12,837	48.4%	5.5%	266,860	47.2%	13,039	47.7%	4.9%	-10.9%
	Unknown	----	----	9	0.0%	----	----	----	10	0.0%	----	
Total	500,494	100.0%	26,528	100.0%	5.3%	565,226	100.0%	27,310	100.0%	4.8%	-9.4%	
Race		N	%	N	%	%	N	%	N	%	%	%
	White	134,833	26.9%	8,843	33.3%	6.6%	149,383	26.4%	8,766	32.1%	5.9%	-10.6%
	African American	82,008	16.4%	6,078	22.9%	7.4%	89,118	15.8%	6,037	22.1%	6.8%	-8.1%
	American Indian/Alaskan Native	3,946	0.8%	230	0.9%	5.8%	4,290	0.8%	264	1.0%	6.2%	6.9%
	Asian/Pacific Islander	93,640	18.7%	1,766	6.7%	1.9%	112,185	19.8%	1,706	6.2%	1.5%	-21.1%
	Other	84,409	16.9%	4,263	16.1%	5.1%	101,461	18.0%	4,837	17.7%	4.8%	-5.9%
	Hispanic	101,661	20.3%	5,348	20.2%	5.3%	108,792	19.2%	5,700	20.9%	5.2%	-1.9%
Total	500,497	100.0%	26,528	100.0%	5.3%	565,229	100.0%	27,310	100.0%	4.8%	-9.4%	

\*Penetration rates are defined as the total number of persons served divided by the number of persons eligible.

\*\*The EQRO data for Medi-cal eligible beneficiaries includes the newly eligible individuals through the Affordable Care Act (ACA).

Review of the penetration rate chart shows a comparison from Calendar Year (CY) 2015 to CY 2016. There are two factors to note when reviewing these data. First, the penetration rate table reflects the number of Medi-Cal beneficiaries served through the specialty mental health treatment programs; however, it does not account for any of the individuals served, irrespective of insurance status, through the DBHS prevention and mental health respite programs. DBHS funds culturally specific community based organizations to operate prevention programs that specifically serve the cultural, racial and ethnic groups listed in this table. However, due to the nature of the data collection for PEI programs it is challenging to obtain PEI unduplicated individual demographic data that can be merged with specialty mental health plan data. Were it possible to merge the data, we believe that the penetration rates would be more reflective of who is being served by DBHS through specialty mental health services and prevention services. And secondly, efforts related to health care reform and the Affordable Care Act (ACA) have also accounted for some of the changes experienced in the penetration rates. The data shows that the number of Medi-Cal beneficiaries served through the specialty mental health treatment programs has increased for several populations. However, the penetration rate is calculated as the total number of persons served divided by the number of persons eligible; therefore, the increased number of Medi-Cal eligible beneficiaries results in lower Medi-Cal penetration rates. Through the changes in the health care landscape, more individuals are seeking mental health services from their primary care provider. Methods used to determine penetration rates at the State level will need to be examined. We will also need to work with our healthcare partners to interpret the impacts of the ACA on service utilization throughout the expanded mental health/behavioral health care system.

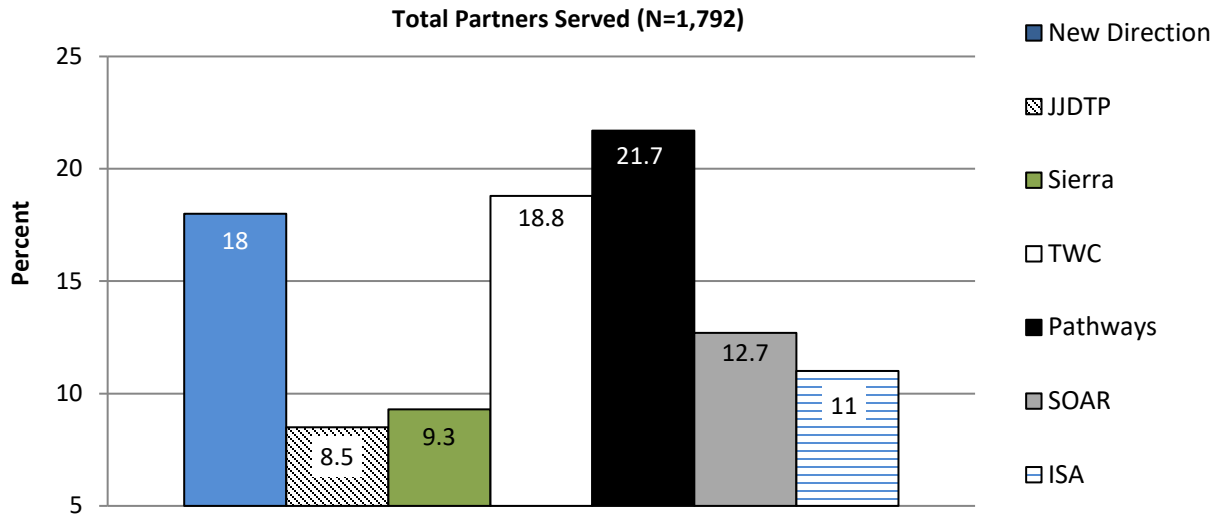
**Full Service Partnership (FSP) Program Fiscal Year 2015-16 Outcomes**

During FY 2015-16 Sacramento County’s seven FSP programs showed considerable progress in reducing negative outcomes, and in assisting partners with mental and or/substance use disorders manage their conditions successfully. Partner stays were reduced for psychiatric facilities, jails, homeless occurrences, and emergency rooms. Changes are represented in percent change from baseline (one year prior to enrollment to an FSP).

- Hospitalizations decreased by 51%
- Hospital days decreased by 85%
- Arrests decreased by 65%
- Incarcerations decreased by 72%
- Incarceration days decreased by 55%
- Homeless occurrences decreased by 63%
- Homeless days decreased by 83%
- Employment rate increased by 11%
- Partners with Primary Care Physicians increased by 23%

There were seven implemented FSP Programs in FY 2015-16:

- Sierra Elder Wellness (Sierra)
- New Direction (New Direction)
- Pathways (Pathways)
- Transcultural Wellness Center (TWC)
- Integrated Services Agency (ISA)
- Sacramento Outreach Adult Recovery (SOAR)
- Juvenile Justice Diversion and Treatment Program (JJDTDP)



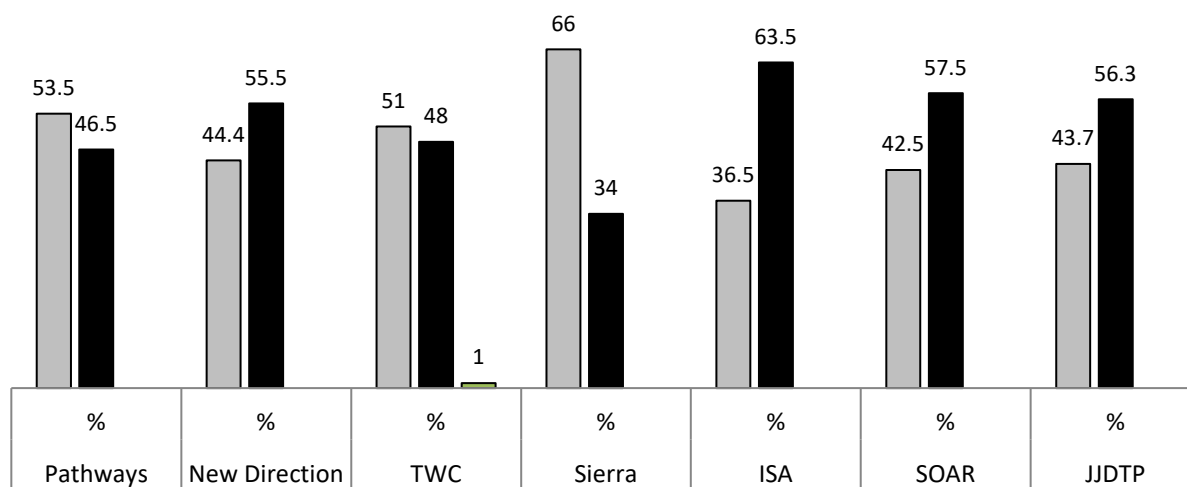
Full Service Partnership (FSP) Program Fiscal Year 2015-16 Outcomes (continued)

Program	Partners Served on the First Day of the FY		Partners Admitted During the FY		Partners Discharged During the FY		Partners Served on the Last Day of the FY		Total Partners Served		Average LOS for Discharged	Attrition Rate
	N	%	N	%	N	%	N	%	N	%	Years	N
New Direction	283	19.5	39	11.4	38	12.5	284	19.1	322	18	2.3	13.4
JJDTF	87	6	64	18.8	69	22.8	82	5.5	151	8.5	1.1	81.7
Sierra	155	10.7	13	3.8	32	10.6	136	9.1	168	9.3	3.8	22
TWC	249	17.2	88	25.8	89	29.4	248	16.7	337	18.8	2.6	35.8
Pathways	349	24.1	40	11.7	44	14.5	345	23.2	389	21.7	3.5	12.7
SOAR	170	11.7	58	17	22	7.3	206	13.8	228	12.7	2.1	11.7
ISA	158	10.9	39	11.4	9	3	188	12.6	197	11	4.9	5.2
Total	1,451	100	341	100	303	100	1,489	100	1,792	100	2.5	20.6

In Fiscal Year 2015-16, a total of 1,792 clients were served across the seven implemented FSPs. Some clients were served by multiple FSPs throughout the fiscal year, so the 1,792 total includes some duplicated clients. The charts and tables on the following pages show demographic information and outcomes in each of the FSPs:

Gender

Female Male Unknown/Not Reported

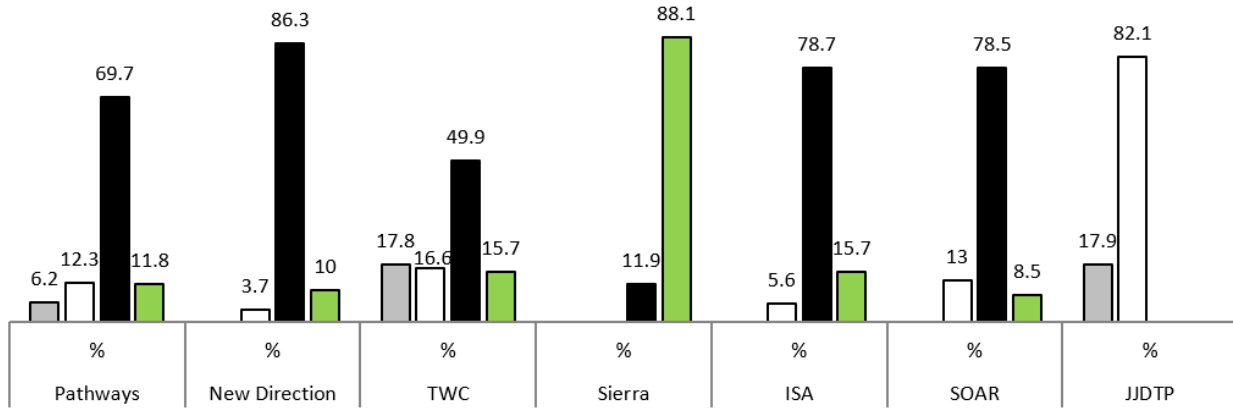


Gender	Pathways		New Direction		TWC		Sierra		ISA		SOAR		JJDTF	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Female	208	53.5	143	44.4	171	51	111	66	72	36.5	97	42.5	66	43.7
Male	181	46.5	179	55.5	162	48	57	34	125	63.5	131	57.5	85	56.3
Unknown/Not Reported	0	0	0	0	3	0.9	0	0	0	0	0	0	0	0
Total	389	100	322	100	336	100	168	100	197	100	228	100	151	100

**Full Service Partnership (FSP) Program Fiscal Year 2015-16 Outcomes (continued)**

**Age Groups Served**

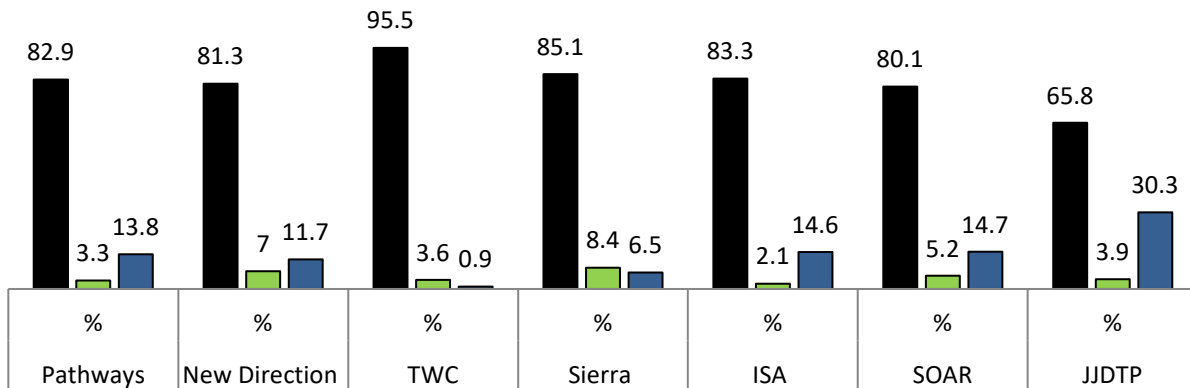
■ Age 0-15 □ Age 16-25 ■ Age 26-59 ■ Age 60+



Age Groups	Pathways	New Direction	TWC	Sierra	ISA	SOAR	JJTP
	%	%	%	%	%	%	%
Age 0-15	6.2	0	17.8	0	0	0	17.9
Age 16-25	12.3	3.7	16.6	0	5.6	13	82.1
Age 26-59	69.7	86.3	49.9	11.9	78.7	78.5	0
Age 60+	11.8	10	15.7	88.1	15.7	8.5	0
Total	100	100	100	100	100	100	100

**Ethnicity**

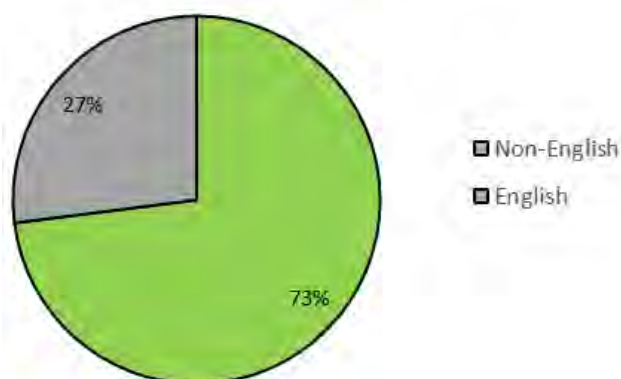
■ Not Hispanic ■ Unknown ■ Hispanic



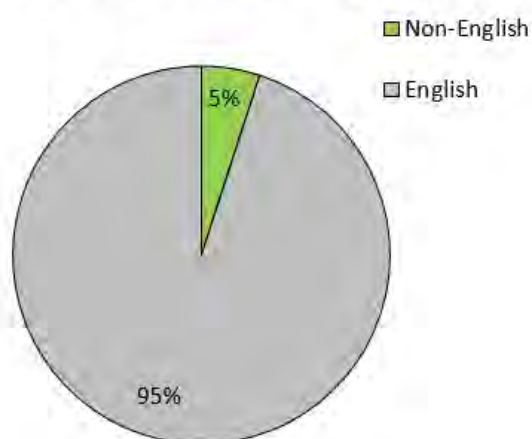
Full Service Partnership (FSP) Program Fiscal Year 2015-16 Outcomes (continued)

Ethnicity by Program	Pathways	New Direction	TWC	Sierra	ISA	SOAR	JJDP
	%	%	%	%	%	%	%
Not Hispanic	82.9	81.3	95.5	85.1	83.3	80.1	65.8
Unknown	3.3	7	3.6	8.4	2.1	5.2	3.9
Hispanic	13.8	11.7	0.9	6.5	14.6	14.7	30.3

APCC-TWC Partner Language, n=337



All Other Partner Language (n=1455)



Primary Language	Pathways n=389		New Direction n=322		TWC n=337		Sierra n=168		ISA n=197		SOAR n=228		JJDP n=151	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
English	374	96.1	313	97.2	91	27.0	157	93.5	177	89.8	221	96.9	147	97.4
Spanish	9	2.3	4	1.2	4	1.2	6	3.6	5	2.5	0	0	2	1.3
Russian	1	0.3	2	0.6	0	0.0	1	0.6	3	1.5	1	0.4	1	0.7
Cantonese	0	0.0	0	0.0	60	17.8	0	0.0	2	1.0	1	0.4	1	0.7
Vietnamese	0	0.0	0	0.0	86	25.5	0	0.0	1	0.5	2	0.9	0	0.0
Hmong	0	0.0	0	0.0	88	26.1	0	0.0	1	0.5	1	0.4	0	0.0
Other	5	1.3	3	0.9	6	1.8	3	1.8	8	4.1	0	0.0	0	0.0
Unknown/Not Reported	0	0.0	0	0.0	2	0.6	1	0.6	0	0.0	2	0.9	0	0.0

**Sacramento County MHSa Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan**

**Full Service Partnership (FSP) Program Fiscal Year 2015-16 Outcomes (continued)**

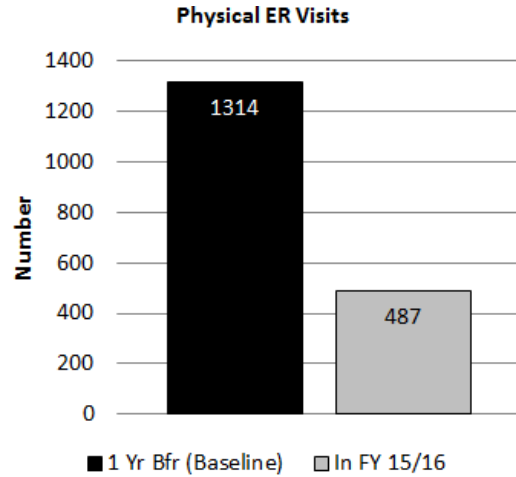
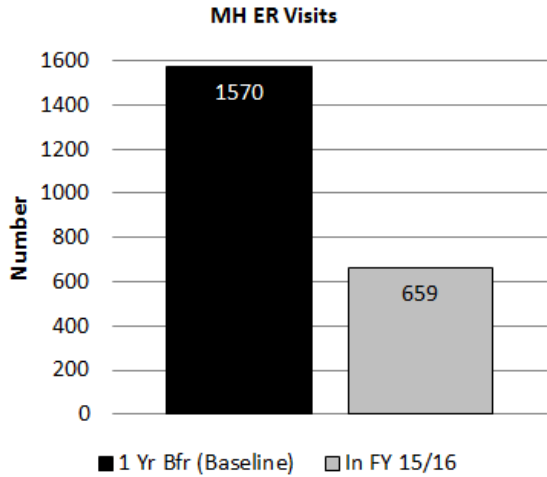
Race	Pathways		New Direction		TWC		Sierra		ISA		SOAR		JJDP	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Caucasian	157	40.4	152	47.2	2	0.6	78	46.4	106	53.8	98	43.0	33	21.9
African American	116	29.8	99	30.7	1	0.3	22	13.1	34	17.3	60	26.3	42	27.8
Multi Race	40	10.3	12	3.7	12	3.6	6	3.6	10	5.1	18	7.9	25	16.6
Asian/Pacific Islander	14	3.6	15	4.7	276	81.9	9	5.4	19	9.6	12	5.3	4	2.6
Unknown / Not Reported	25	6.4	21	6.5	40	11.9	46	27.4	12	6.1	17	7.5	16	10.6
Other	37	9.5	23	7.1	6	1.8	7	4.2	16	8.1	23	10.1	31	20.5
<b>Total</b>	<b>389</b>	<b>100.0</b>	<b>322</b>	<b>100.0</b>	<b>337</b>	<b>100.0</b>	<b>168</b>	<b>100.0</b>	<b>197</b>	<b>100.0</b>	<b>228</b>	<b>100.0</b>	<b>151</b>	<b>100</b>

Primary Diagnosis	TWC		SEWP		JJDP		SOAR		New Direction		ISA		Pathways	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
ADHD	19	5.6	0	0.0	13	8.6	0	0.0	0	0.0	0	0.0	13	3.3
Adjustment	10	3.0	0	0.0	6	4.0	0	0.0	0	0.0	0	0.0	8	2.1
Anxiety Disorders	11	3.3	0	0.0	14	9.3	0	0.0	0	0.0	0	0.0	1	0.3
Bipolar Disorder	26	7.7	36	21.4	28	18.5	21	9.2	81	25.2	10	5.1	73	18.8
Borderline Personality Disorder	0	0.0	1	0.6	0	0.0	0	0.0	5	1.6	0	0.0	11	2.8
Conduct Disorder	1	0.3	0	0.0	38	25.2	0	0.0	0	0.0	0	0.0	2	0.5
Depressive Disorders	154	45.7	19	11.3	17	11.3	8	3.5	74	23.0	7	3.6	91	23.4
Other	12	3.6	7	4.2	3	2.0	7	3.1	0	0.0	2	1.0	11	2.8
Other Childhood Disorders	2	0.6	0	0.0	21	13.9	0	0.0	0	0.0	0	0.0	2	0.5
Post-Traumatic Stress Disorder	10	3.0	2	1.2	6	4.0	1	0.4	36	11.2	0	0.0	68	17.5
Psychotic Disorders	92	27.3	103	61.3	5	3.3	191	83.8	126	39.1	178	90.4	109	28.0
<b>Grand Total</b>	<b>337</b>	<b>100</b>	<b>168</b>	<b>100.0</b>	<b>151</b>	<b>100.0</b>	<b>228</b>	<b>100.0</b>	<b>322</b>	<b>100.0</b>	<b>197</b>	<b>100.0</b>	<b>389</b>	<b>100.0</b>



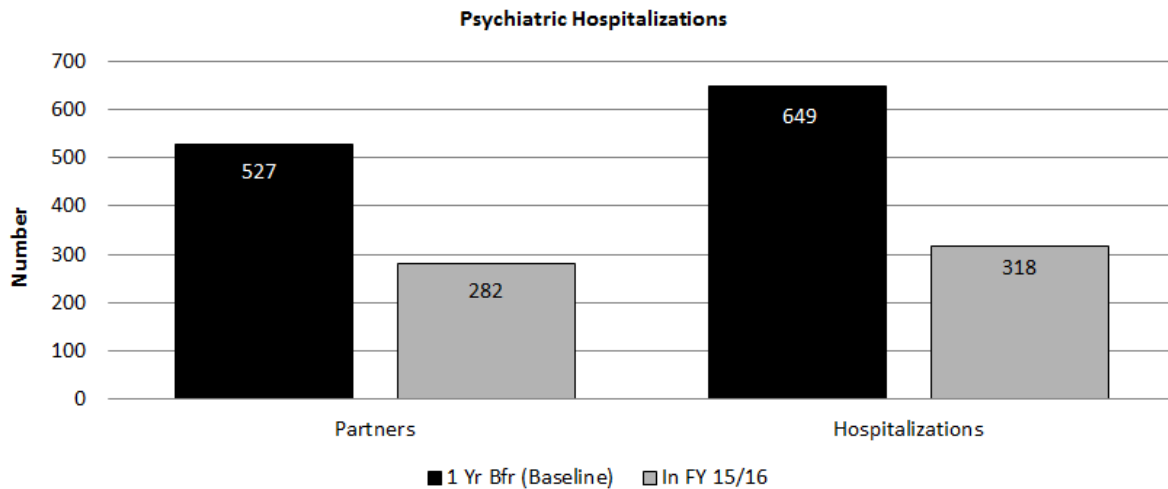
**Full Service Partnership (FSP) Program Fiscal Year 2015-16 Outcomes (continued)**

A total of 1,792 unduplicated partners were served during Fiscal Year 2015/16, from those partners, 1,437 completed one year in an FSP. The charts below use the subset of partners who completed one year in an FSP to fully capture the effects of FSP participation from one year before (baseline) to one year of partnership, and changes are represented in percent change. Primarily, partner data is collected using FSP Outcome Forms, which include the PAF, KET and 3M. The county’s electronic health record, (AVATAR) is used in addition to FSP Outcome Forms to collect primary diagnosis and hospitalization data.



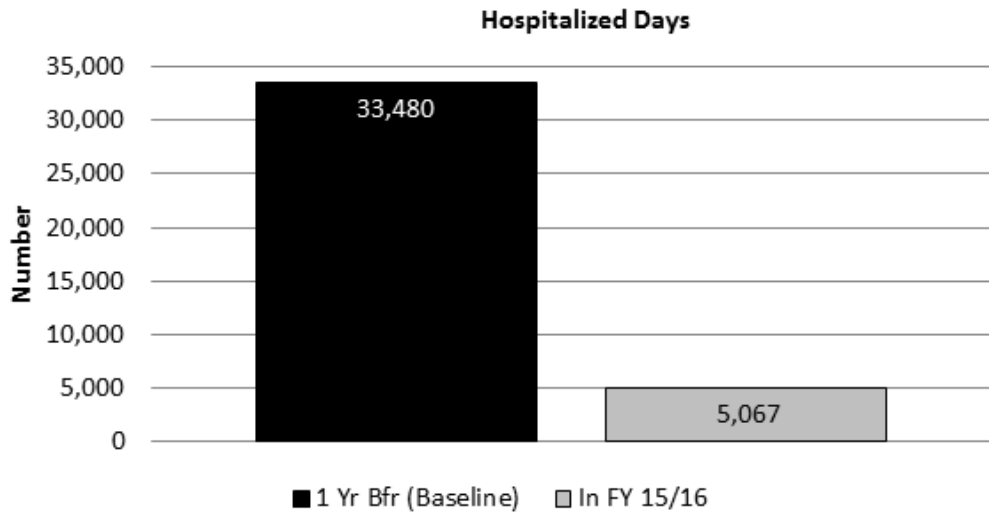
MH ER visits had a 58% decrease from baseline.

Physical ER visits had a 63% decrease from baseline.

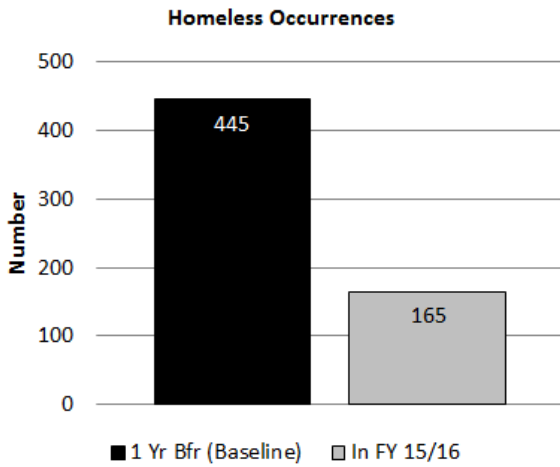


Unduplicated partners hospitalized decreased by 46% and total hospitalizations decreased by 51%.

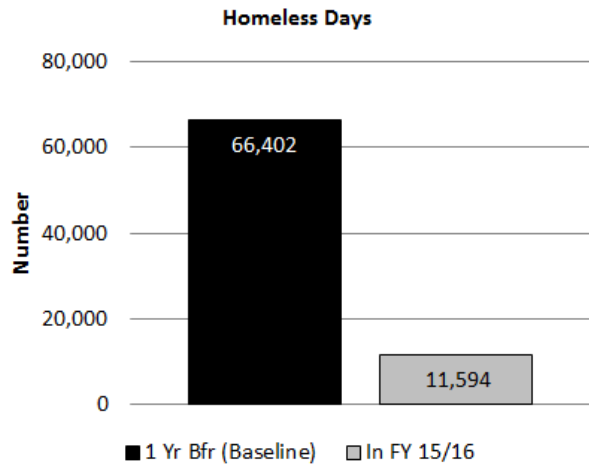
Full Service Partnership (FSP) Program Fiscal Year 2015-16 Outcomes (continued)



Hospital days had an 85% decrease from baseline.

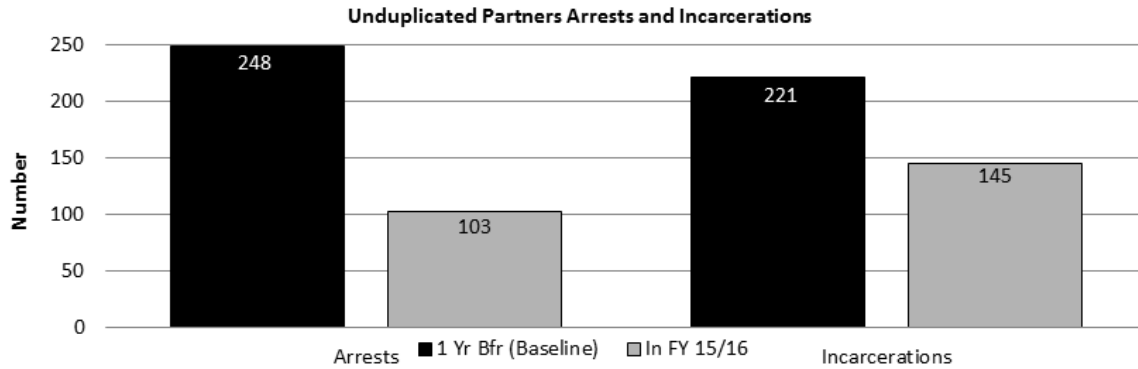


Homeless days occurrences decrease d by 63% from baseline

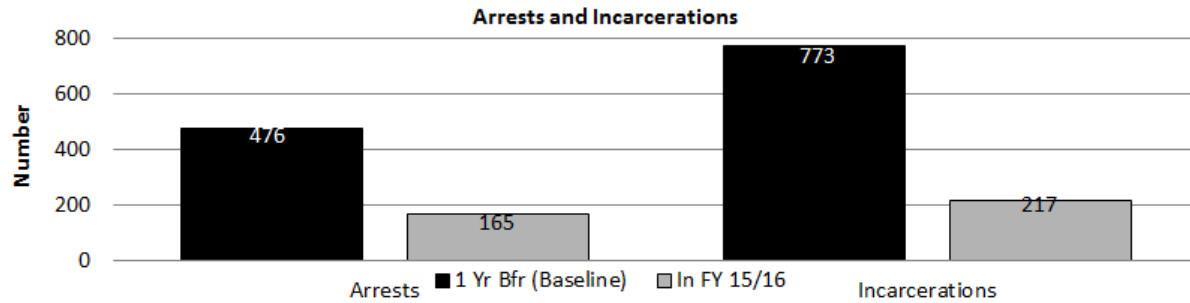


Homeless days decreased by 83% from baseline

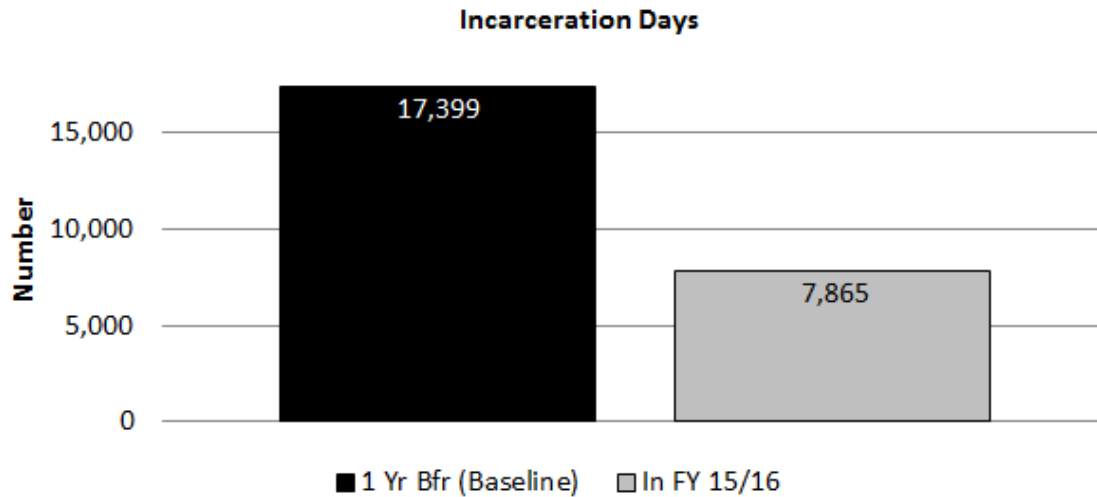
Full Service Partnership (FSP) Program Fiscal Year 2015-16 Outcomes (continued)



Unduplicated partner had a 58% decrease in arrests and a 35% decrease in incarcerations from baseline. Note: the number of incarcerations is larger than the number of arrest in FY 15/16. This can be a result of partner self-report who do not disclose the arrest, but do disclose incarceration to their Partnership Service Coordinator.

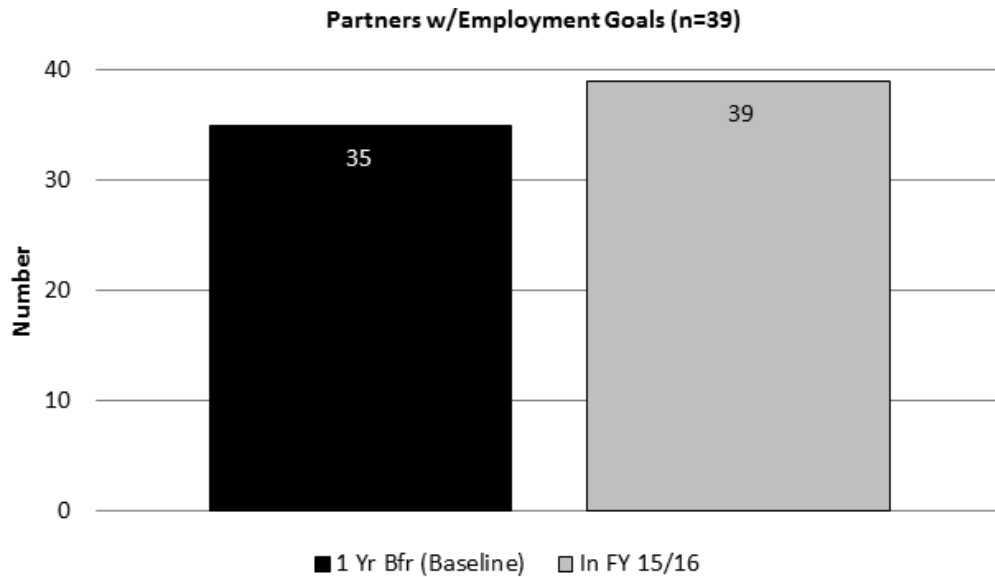


Arrests decreased by 65% and incarcerations decreased by 72% from baseline

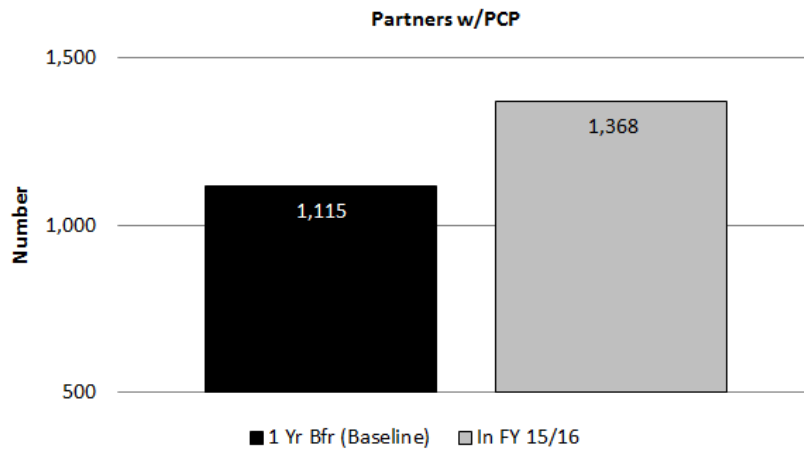


Incarceration days decreased by 55% from baseline

Full Service Partnership (FSP) Program Fiscal Year 2015-16 Outcomes (continued)



Partners w/employment goals increase by 11%



Partners w/a Primary Care Physician (PCP) increased by 23% from baseline. Moreover, with this increase, 95% of the partners in an FSP at for least one year get connected to a PCP.

## Sacramento County MHSa Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan

### General System Development (GSD) Program Fiscal Year 2015-16 Demographics

In Fiscal Year 2015-16, a total of 8,781 unduplicated clients were served across the implemented GSD programs. The chart below displays demographic information for individuals served in each of the programs:

ALL SERVED BY PROGRAM – FISCAL YEAR 15/16																
Characteristic	TCORE - APSS N=3,828		TCORE HRC N=887		Guest House N=972		Peer Partners HWWA N=8		Peer Partners MHANCA N=434		WRC * N=2,512		Consumer and Family Voice - SAFE N=140		Total N=8,781	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
<b>Gender</b>																
Female	2,291	59.8%	438	49.4%	395	40.6%	5	62.5%	290	66.8%	1459	58.1%	34	24.3%	4,912	56.1%
Male	1,537	40.2%	449	50.6%	576	59.3%	3	37.5%	144	33.2%	1048	41.7%	50	35.7%	3,807	43.5%
Other	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.7%	1	0.0%
Unknown	0	0.0%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	5	0.2%	55	39.3%	61	0.7%
<b>Age</b>																
0 to 15	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	59	42.1%	59	0.7%
16 to 25	339	8.9%	105	11.8%	76	7.8%	1	12.5%	38	8.8%	218	8.7%	18	12.9%	795	9.1%
26 to 59	3,112	81.3%	695	78.4%	740	76.1%	6	75.0%	355	81.8%	2022	80.5%	4	2.9%	6934	79.0%
60 and Over	377	9.8%	87	9.8%	43	4.4%	1	12.5%	41	9.4%	264	10.5%	1	0.7%	814	9.3%
Unknown	0	0.0%	0	0.0%	113	11.6%	0	0.0%	0	0.0%	8	0.3%	58	41.4%	179	2.0%
<b>Hispanic</b>																
No	2,684	70.1%	719	81.1%	716	73.7%	7	87.5%	302	69.6%	1498	59.6%	36	25.7%	5,962	67.9%
Yes	448	11.7%	112	12.6%	135	13.9%	0	0.0%	46	10.6%	380	15.1%	43	30.7%	1,164	13.3%
Unknown/Not Reported	696	18.2%	56	6.3%	121	12.4%	1	12.5%	86	19.8%	634	25.2%	61	43.6%	1,655	18.8%
<b>Race</b>																
White	1634	42.7%	438	49.4%	387	39.8%	3	37.5%	156	35.9%	1013	40.3%	16	11.4%	3,647	41.5%
Black	656	17.1%	210	23.7%	322	33.1%	3	37.5%	66	15.2%	678	27.0%	16	11.4%	1,951	22.2%
Asian/PI	437	11.4%	68	7.7%	26	2.7%	1	12.5%	71	16.4%	156	6.2%	0	0.0%	759	8.6%
Am Indian/Alask. Nat.	57	1.5%	15	1.7%	17	1.7%	0	0.0%	9	2.1%	89	3.5%	0	0.0%	187	2.1%
Multi-Race	56	1.5%	12	1.4%	23	2.4%	0	0.0%	7	1.6%	61	2.4%	16	11.4%	175	2.0%
Other Race	441	11.5%	106	12.0%	134	13.8%	1	12.5%	41	9.4%	256	10.2%	7	5.0%	986	11.2%
Unknown/Not Reported	547	14.3%	38	4.3%	63	6.5%	0	0.0%	84	19.4%	259	10.3%	85	60.7%	1,076	12.3%
<b>Primary Language</b>																
English	3,169	82.8%	814	91.8%	945	97.2%	5	62.5%	339	78.1%	2,273	90.5%	53	37.9%	7,598	86.5%
Other	459	12.0%	42	4.7%	7	0.7%	3	37.5%	62	14.3%	96	3.8%	1	0.7%	670	7.6%
Spanish	115	3.0%	20	2.3%	5	0.5%	0	0.0%	19	4.4%	32	1.3%	30	21.4%	221	2.5%
Unknown/Not Reported	85	2.2%	11	1.2%	15	1.5%	0	0.0%	14	3.2%	111	4.4%	56	40.0%	292	3.3%

\* Wellness and Recovery Centers (WRC) - Only inclusive of services entered in Avatar; includes WRC Franklin, WRC Franklin Community Program, WRC Lincoln Village, and WRC Lincoln Village Community Program

NOTE: The sum of clients served in programs is greater than the number of unduplicated clients as some clients were served in more than one program.

## MHSA Housing Program Accomplishments

Since the inception of MHSA planning, housing for homeless people with mental illness has been a high priority. Local one-time set-aside of MHSA funding, administered by the Sacramento Housing and Redevelopment Agency (SHRA) and county MHSA dollars administered by the California Housing Finance Agency (CalHFA) total more than \$16 million. These MHSA funds along with over \$130 million of federal, state, and local leveraged funds, financed hundreds of units, of which 161 are dedicated to MHSA tenants. These apartments are financed for 16-20 years, so that low-income tenants will pay 30% of their income for rent for the financial life of the projects.

MHSA funds supported the development of eight supportive housing projects throughout Sacramento County. Now in operation for more than five years, these properties are operating well and provide high quality housing to the most vulnerable members of the Sacramento community. One metric of success is a low vacancy rate of 5.5% in 2015, well below the standard for special needs housing which is a 10% vacancy rate. Keeping these units filled with eligible MHSA homeless individuals has been a program priority. Another measure of success is 82% of all MHSA tenants were able to maintain their housing for more than six months in 2015. Permanent Support Housing services for clients residing in these units are provided by Pathways and New Direction Full Service Partnership Programs. Housing stability and the ability to successfully live independently are important client outcomes and the achievement surpasses the federal Department of Housing and Urban Development's (HUD) established performance standard for permanent supportive housing.

In addition to the newly built and remodeled units, the MHSA housing program also uses rental subsidies and community partnerships to provide an additional 425 housing units throughout the community. Finally, a carefully designed system for assessing and housing homeless with mental illness includes interim housing and unsubsidized units in the community. A current expansion effort is underway to increase the number of households housed in 2018.

**Success: Housing**

*As a result of efforts to date, approximately 660 households, with a total of about 760 homeless persons with mental illness, are housed at any given time thanks to MHSA funding in Sacramento. Efforts to create more housing opportunities are underway.*

During this phase in the life of the projects, the goal is to support the ongoing needs of the current units and to ensure their effective use as part of the overall community strategy to end homelessness for people with serious mental illness. Paying close attention to prioritizing these units to the highest need MHSA clients with the most significant barriers to housing is a critical element of Sacramento County's efforts to end homelessness. The Division works closely with Sacramento Steps Forward, the lead agency working to end homelessness in the Sacramento region, to ensure that our efforts in the MHSA housing program not only meet the needs of our FSP clients, but also fit into key regional strategies to reduce homelessness among the most vulnerable members of the community.

**PREVENTION AND EARLY INTERVENTION (PEI) COMPONENT**

The **Prevention and Early Intervention (PEI)** component provides funding for programs and activities designed to prevent mental illness from occurring or becoming more severe and disabling. It is required that more than fifty percent of PEI funding be dedicated to individuals age 0-25.

Sacramento County's PEI Plan is comprised of four (4) previously approved projects containing programs designed to address:

- 1) Suicide Prevention and Education;**
- 2) Strengthening Families;**
- 3) Integrated Health and Wellness; and**
- 4) Mental Health Promotion** (to reduce stigma and discrimination)

In Fiscal Year 2015-16, approximately 7,200 individuals were served and more than 139,000 individuals received universal screenings across the PEI programs described below.

In October 2015, revised PEI Regulations were adopted statewide. Sacramento County continues to participate with other counties in statewide discussions related to the implementation and impact of the new regulations. DBHS continues to update the MHSa Steering Committee on the implementation progress as information becomes available.

In April and May, 2017, the MHSa Steering Committee discussed ongoing support for the California Mental Health Services Authority (CalMHSa) Joint Powers Authority and the progress CalMHSa is making with the Statewide PEI Programs. Over the past four years, the Steering Committee has recommended support at varying levels ranging from 4 to 5% of local PEI funding. After a rich discussion, the Steering Committee recommended dedicating 3% (\$350,500) of local FY 2017-18 PEI funding to CalMHSa to support ongoing activities in this area. A placeholder at this same funding level has been included in FY 2018-19 and 2019-20, pending Steering Committee discussion and recommendation.

On November 7, 2017, the Sacramento County Board of Supervisors took action to support using available MHSa Prevention and Early Intervention (PEI) funding, including any potential AB114 reversion dollars in this category, where appropriate, to address the needs of children and youth under age 25 with a specific focus on programs that help foster youth experiencing serious emotional disturbances. Further, programs should focus on youth involved with multiple child serving systems, such as child welfare and probation systems to improve resiliency and life opportunities.

The Board directed staff to utilize the existing stakeholder input process, including the MHSa Steering Committee structure, to ensure stakeholder involvement is included in the development of this revision to the MHSa plan, as required by law.

On November 16, 2017, the MHSa Steering Committee discussed the Board action and recommended the following in alignment with the Board action: Convening a workgroup to develop a recommendation for MHSa AB114 PEI-funded mental health services for

children/youth in the foster care system. The MHSa Steering Committee requested that the workgroup recommendation come back to the Steering Committee on January 18, 2018, prior to finalization.

The Division convened a community planning process centered around a Workgroup comprised of 17 members with diverse representation. The Workgroup worked hard for three sessions in January 2018 to look at how to do something better for children and youth in foster care. The Workgroup developed a comprehensive recommendation representing the collective thinking and work from the Workgroup, as well as input from the panel of subject matter experts and community stakeholders who participated in the process. They presented their recommendation to the MHSa Steering Committee at their meeting on January 18, 2018. The MHSa Steering Committee supported moving the Workgroup Recommendation forward for inclusion in this MHSa Three-Year Plan and also to address AB114 funds at risk of reversion (See Attachment D: AB114 Plan for Mental Health Services Act Funds at Risk of Reversion and Attachment E: Mental Health Services for Foster Youth Workgroup Recommendation). Therefore, this new programming is included in this Three-Year Plan.

### **Suicide Prevention and Education Program**

**Capacity: 22,000 annually**

**Ages Served: Children, TAY, Adults, Older Adults**

The Suicide Prevention and Education Project consists of twelve (12) components. This Project has been identified for expansion in alignment with the November 7, 2017, Board of Supervisors action and MHSa Steering Committee recommendation for homeless mental health services expansion. This expansion will include expanding identified existing programs within this Project to increase/expand mental health navigators, triage teams, and mobile crisis teams, as appropriate, to further address the needs of individuals living with serious mental illness who are homeless or at-risk of homelessness and may also have co-occurring substance use disorders. Expansion of existing programming is targeted to begin in FY 2017-18. New programming will roll out in FY 2018-19.

**Suicide Crisis Line**, administered by WellSpace Health: A 24-hour nationally accredited telephone crisis line that utilizes professional and trained volunteer staff to provide suicide prevention and crisis services to callers of all ages at risk of suicide.

In Fiscal Year 2015-16, a total of 17,882 callers accessed the Crisis Line for suicide prevention support.

***Success: Suicide Crisis Line***

*Callers expressed appreciation for the Suicide Crisis Line. Some examples of impact as stated by callers:*

*“After 28 suicide attempts, you are the first person to get what I am feeling and saying.”*

*“I could see no hope until I talked to you. I’m ready to find me again and get my strength back.”*

*“I am so very grateful for all that you have done for me. Everyone who is suicidal should try out this line.”*



**Postvention Counseling Services**, administered by WellSpace Health: Brief individual and group counseling services available to individuals and/or families of individuals who have attempted suicide, are at high-risk for suicide or are dealing with recent bereavement due to loss by suicide.

In Fiscal Year 2015-16, a total of 62 individuals received 484 postvention counseling sessions.

**Postvention - Suicide Bereavement Support Groups and Grief Services**, administered by Friends for Survival: Staff and volunteers directly impacted by suicide provide support groups and services designed to encourage healing for those coping with a loss by suicide.

In Fiscal Year 2015-16, approximately 302 individuals participated in the suicide bereavement education and support groups.

**Supporting Community Connections (SCC):** A constellation of community based agencies working collaboratively throughout the County to provide culturally and linguistically appropriate suicide prevention support services designed to increase access to and linkage with needed services; improve self-reported life satisfaction and well-being; reduce risk factors and enhancement of protective factors; diversion from crisis services or decreased need for crisis services; decreased suicide risk; increased knowledge of available resources and supports; and enhanced connectedness and reduced isolation. Each program is specifically tailored to meet the needs of their respective communities.

**Success: Bereavement Support Groups**  
*A mother and father lost their first son who took his own life. Two years later their second son, an identical twin of the first took his life. The parents were crushed and struggled with the mystery, stigma, and guilt associated with suicide. They realized grieving for any lost loved one had no quick fix. After discovering Friends For Survival's suicide bereavement support group meetings they realized the staff, volunteers and other participants really understood the special pain, because they either had been through or were still going through it themselves. They supported the parents in the grieving process and helped them move forward. The parents now volunteer and do outreach to others in need.*

During Fiscal Year 2015-16, the SCC programs collectively provided more than 20,000 contacts.

Supporting Community Connections consists of nine (9) programs targeting thirteen (13) specific communities/ populations:

- ◇ **Consumer-Operated Warm Line:** Administered by Mental Health America of Northern California (NorCal MHA), this service is open to all (age 18+) including consumers, family members and friends. During Fiscal Year 2015-16, the program provided 465 individual community contacts, 5,459 information and referral contacts and 21 individuals participated in groups.

**Success: Consumer-Operated Warm Line SCC**  
*Sally contacted the Consumer Operated Warm Line due to overwhelming anxiety and depression. Her stressors included recent divorce/ name change and falling behind on college classes. Consumer Operated Warm Line was there to listen and provide support as Sally processed her options and regained a sense of empowerment. She began to see her life in a positive way realizing change although difficult can be a new beginning. Sally thanked the Warm Line staff for helping her realize she is not a failure. She gave herself permission to take a break from school to regroup and take care of herself. Her outlook on the future was much brighter. The Warm Line provides a needed supportive non-crisis help line for persons like Sally who are struggling with difficult issues and adjusting to life changes.*

Services include phone support (coaching, supportive listening, mentoring, skill building, social networking, and information and resource referral), Wellness Action Recovery Plan (WRAP) workshops, community outreach, intensive services and other supportive services, community connection, prevention & early intervention, community education training about mental health issues and volunteer development.

◇ **Hmong, Vietnamese, Cantonese-Speaking:** Administered by Asian Pacific Community

*Success: Hmong, Vietnamese, Cantonese-Speaking SCC*  
*Prior to participating in the program, Yen was in isolation and had even considered suicide. She was desperate to escape the pain and suffering of her everyday battle with her health conditions due to having a diagnosis of cancer. A family friend heard about her battle and gave her contact information for the SCC Outreach Coordinator. The SCC Outreach Coordinators visited her in her home and cordially invited her to the program's Mental Health Education class. The Mental Health Education class educates participants on mental health and suicide prevention topics through art and technology. As Yen attended the class, her mental health knowledge grew, she started to identify her symptoms, and she learned skills to help alleviate her pain. Yen has been actively participating in the class and is no longer in isolation. She has made many friends and has a more positive outlook on life than she had before. Though she still struggles with her everyday pain, she has learned skills to cope with her struggles and is now more willing to talk about her struggles with others. Yen is one example of someone who successfully overcame suicidal thoughts through the support she received from this program.*

Counseling (APCC), this program continues to provide services focused on suicide prevention by addressing cultural related risk factors to Hmong, Vietnamese, and Cantonese-speaking communities across the life span. During Fiscal Year 2015-2016, the program provided 156 individual community contacts, 17 information and referral contacts and 4,125 individuals participated in groups.

The program identified risk factors in each community that increase the likelihood of

suicidal thoughts, feelings or behaviors. These risk factors include isolation; feelings of geographic and social marginalization; and loss of personal worth related to being disconnected from families. The widening generation gap that is influenced by acculturation rates and other factors can further impact these feelings and experiences. Recognizing that older adults in targeted communities have higher risk for suicide, the APCC SCC program staff continues to engage older adults in activities and social groups to increase social connectedness to decrease isolation. Engagement with younger adults and families with younger children have been an effective means for SCC program staff to expand knowledge of and share information about mental illness and suicide with adults, school-age students and transitional age youth in academic and non-academic settings. Efforts related to suicide prevention include facilitating workshops on mental health and decreasing risk factors of suicide.

- ◇ **Slavic/Russian-Speaking:** Administered by Slavic Assistance Center, this program provides community workshops/forums/round tables for youth, adults and seniors to increase social connectedness, reduce isolation, and develop positive social skills. During Fiscal Year 2015-16, the program provided 233 individual community contacts, 256 information and referral contacts and 439 individuals participated in groups.

The program continues to utilize Russian language media, specifically newspaper, radio programming, and TV shows to educate the Russian-speaking community about suicide prevention and emotional wellness. Program staff work closely with faith community networks and charter schools serving the Slavic community to provide SafeTalk training and other workshops about emotional wellness and suicide prevention to clergy, educators, parents and students. Program specialists also work with young people at youth camps to educate them regarding mental health and suicide and help them overcome suicide risk factors such as addictions. The program focuses on building mutually-beneficial relationships between schools, churches, faith-based organizations, community centers, and businesses that serve the Russian-speaking/Slavic community.

**Success: Russian speaking/Slavic SCC**

*A 75 year old widow who fled the former Soviet Union to reunite with family in the United States was living with her adult children when she began struggling with social isolation/loneliness, a language barrier, and cultural differences. As dependency on her children increased due to her age-related physical illnesses and disabilities, she started to think that her life was a burden on her children. She moved to a senior apartment with hope for the new future. However, her sense of abandonment increased and she felt depressed, hopeless, guilty, and even thought about 'ending my life'/suicide. In her native country of Russia, a mental illness was seen as a harbinger of disgrace that shames both the patients and their families. For this reason, most Slavic immigrants do not feel comfortable disclosing a family history of mental illness or past treatment. Although she attended church almost every Sunday, she still was not able to overcome her depression. She was suffering and was afraid to tell the pastor or other church members about her depression and "dark thinking" about life. One day, while listening to a local Russian-speaking radio program, she heard about a special meeting at the Slavic Assistance Center where people could talk about mental health and depression. She attended a workshop and opened up to the presenter about her secret struggle with depression. She realized she needed to talk with her pastor and doctor, and probably a psychiatrist. She started to see "the light at the end of the tunnel."*

- ◇ **Youth/Transition Age Youth (TAY):** Administered by Children's Receiving Home, suicide prevention information and support services are targeted towards youth from ages 12

**Success: Youth/TAY SCC**

*Participant was a resident in the transitional housing program. She had anxiety about trusting new people. Her advisors and social workers had recently left. Staff acknowledged her fear and assured her they would support her as she phased out of transitional housing and AB12 Foster Care. She was having difficulty securing a job and stable housing, as well as saving money. Over the next few months, staff worked closely with her to improve her life skills. With support from SCC she was able to land two part time jobs, establish a savings plan, and ultimately find an apartment. She is settled into her new apartment. She feels there has been a positive change in her life and is excited for what the future holds.*

years through 25 with an emphasis on the cultural and specific needs of LGBTQ, foster and homeless youth. During Fiscal Year 2015-16, the program provided 377 individual community contacts, 181 information and referral contacts and 181 individuals participated in groups.

Services range from outreach and engagement activities to promote and support community connections and improve access to mental health through support services that will address suicide prevention. These services may include individual and group support services.

- ◇ **Older Adult:** Administered by NorCal MHA, this program provides senior peer counseling and support including companionship, emotional support, transportation, phone support, friendship, and resource linkage for lonely, isolated, homebound older adults in Sacramento County. Other types of support include community connection, advocacy, community education and training about mental health issues and volunteer development.

**Success: Older Adult SCC**  
*Kathy, age 95, contacted the program in a panic after receiving a threatening call from someone stating they were with the IRS. Kathy was upset and crying saying she did not owe money and fearful about the threat of going to jail. The program staff and volunteers receive training regarding depression and suicide prevention. As an intervention, Kathy was educated about scams targeting elders and provided with resources of what to do in the future should she receive a similar call. By reaching out to SCC, Kathy avoided becoming another victim of elder financial abuse and possibly spiraling into a deep depression if she gave into the demands.*

During Fiscal Year 2015-16, the program provided 108 individual community contacts, 3,240 information and referral contacts and 375 individuals participated in groups.

- ◇ **African American:** Administered by G.O.A.L.S. for Women, this program provides culturally informed support services across the life span known as Kitchen Table Talk (KTT) small groups; Just Like Sunday Dinners (JLSD), mid-size intergenerational/family-like groups; and Faith Community Roundtables (FCRT) with members of churches and congregations within the African American community.

**Success: African American SCC**  
*GOALS' staff received a call from a very concerned aunt of a young Black man who was expressing suicidal ideation but had no suicide plan. The aunt shared that in today's society, Black men and women who are suspected of being in a mental health crisis situation are sometimes at risk for harm if their behaviors are misinterpreted as threatening, socially disruptive or intimidating to law enforcement first responders. The aunt requested that GOALS intercede on their behalf to obtain support for her nephew. GOALS contacted the Sacramento County Access team and after explaining that the family needed culturally responsive support which did not involve contacting law enforcement, they were connected with a Community Support Team (CST) staff member. The CST member asked why his mom had not called them directly and offered to speak directly with the mother of the young man. GOALS explained that trust and clarity in help-seeking was often a necessary prerequisite in their community. GOALS provides culturally competent suicide prevention support which may involve brokering/linkage and referral to community resources. This successful linkage and referral resulted in the young man receiving culturally appropriate support and his mother being connected with a caregiver support group.*

During Fiscal Year 2015-16, the program provided 65 individual community contacts, 529 information and referral contacts and 279 individuals participated in groups.

In addition to working with faith community members in FCRTs, staff also provide church leaders with culturally sensitive African American suicide prevention resources to disseminate in their churches/communities. Resources are available in both print and electronic download PDF formats. During FY 2016-17,

in addition to offering KTTs, JLSDs, and FCRTs, program staff began conducting suicide prevention and awareness community workshops throughout the county. These workshops enable participants to understand risk and protective factors associated with culturally relevant suicide prevention within diverse African American communities.

- ◇ **American Indian:** Administered by Sacramento Native American Health Center (SNAHC), this program, known as “Life is Sacred,” provides Native culture-based suicide prevention training and support services to American Indian/Alaska Native (AI/AN) community members across the life span. The unique program design, which is sensitive to specific community needs, does not lend itself to individual data collection. During FY 2015-16, the program provided 1 individual community contact, 0 information and referral contacts and 489 individuals participated in groups.

**Success: American Indian SCC**

*A Native elderly woman who attends the bi-monthly suicide prevention workshop, Culture is Prevention which is offered at SNAHC, reported feeling lost in life and that she has no direction. While participating in the workshop she mentioned how she had been feeling hopeless. The group was able to listen to her feelings and validate her emotions. After the workshop, many individuals reached out to her to offer support and check in with her. This woman was introduced to elders in the Native American community and peers who have gone through similar feelings. She was also provided with community resource information outside of SNAHC. Two months later, this woman has remained actively engaged in the Culture is Prevention workshop and other supportive community networks, has advocated for her mental health, and now identifies as a mentor to other Native community members. This individual reported feeling safe in this group to explore her feelings of hopelessness and expresses gratitude because she was then able to be connected to peer supports and other supportive community resources (24 Hour Suicide Hotline for counseling support after hours). Participants have reported feeling supported during this group and that the suicide prevention coping skills they learn in the workshop are helpful for them in their everyday lives.*

Research clearly indicates that for AI/AN community members, culture is a determinant of health and that loss of culture causes harm whereas re-connecting with culture is protective and improves health. The research also indicates that resiliency, generosity and empowerment are fundamental principles within Native cultures. High rates of mental health issues for AI/AN community members are a direct result of historical events and oppression relating to colonialism and loss of culture; therefore, improving well-being requires strategies that counter cultural loss. The incorporation of traditional Native healing practices and ceremony is an integral part of this program. In FY 2017-18, the program continues to offer an array of culturally based workshops and ceremony to strengthen and support community capacity and reduce stigma around suicide within the Native community. These traditional workshops will increase (1) Cultural Identity/Connectedness, 2) Empowerment, 3) Resilience, and 4) Generosity. The program will continue to provide a variety of suicide prevention and awareness trainings such as Mental Health First Aid, ASIST and SafeTalk to Native community members. There will also be community based suicide prevention workshops: Indigenous Peoples Writing workshop; Spoken Word/Poetry Night, in collaboration with the Two Spirit Healing Circle (Native American LGBTQ group); bi-monthly culture night; and Indian Education Anti-Bullying workshop. The digital storytelling project, a project that is congruent with Native culture and tradition, will promote the videos and posters that each of the youth/young people developed through the digital storytelling project during the previous fiscal year. The digital storytelling project highlights

stories from younger community members of how suicide has personally affected their family, self, and broader community. Native based suicide prevention promotional materials that were developed based on community input will continue to be used to promote the program and educate the community.

- ◇ **Latino/Spanish-Speaking:** Administered by La Familia Counseling Center (LFCC), this program conducts outreach and provides support services across the life span throughout Sacramento County, including Latino communities in remote rural regions that are typically underserved. During Fiscal Year 2015-2016, the program provided 569 individual community contacts, 686 information and referral contacts and 347 individuals participated in groups.

**Success: Latino/Spanish Speaking SCC**

*“Cindy,” a mother of three, recently relocated from Sonoma to Sacramento after attempting suicide and separating from her partner. Cindy moved to Sacramento because she had more family and support in Sacramento. Cindy and all of her children are living with mental illness. Her youngest child has Autism; her middle child experiences anxiety and the oldest lives with depression. LFCC staff referred Cindy to a SCC support group. LFCC felt that a group could help Cindy feel comfortable to express her thoughts and feelings, learn to cope with her depression and anxiety and help her effectively process past and current emotions. A group could also help her to connect with community and develop supportive relationships. Since coming to LFCC, Cindy has been engaged in services, participating in groups and willing to do whatever she can to help herself and her children. About a week ago, Cindy advised LFCC that she had secured a job at a restaurant and has been feeling a lot better about herself and her situation. Cindy is now receiving mental health services, which has helped with her suicidal thoughts. The LFCC SCC team is committed to continue working with Cindy and her children, providing support and services to assist her on her road to recovery, teaching her new coping skills and helping her find effective ways of dealing with every day stressors and other emotional distress.*

Agency staff has been trained in ASIST and Mental Health First Aid (MHFA) in order to provide information, referrals and phone support to callers

in need of suicide prevention support. LFCC provides MHFA and Youth MHFA training in Spanish to the Latino/Spanish speaking community.

LFCC continues to provide the following support services: Grupo de Apoyo, support groups for parents and older adults; Parents of Teens, a support group using an evidence-based practice curriculum that has been adapted to improve communication between Latino parents and teens, and education and information sessions/groups on a regular basis at the Mexican Consulate to enhance the community’s knowledge of suicide prevention. Additionally, LFCC has added outreach and resources to their Senior Companion Partnership program by providing home visitation and assistance to isolated Latino seniors.

- ◇ **Iu-Mien:** Administered by Iu-Mien Community Services (IMCS), originated as one of the mental health respite programs funded through the time-limited MHSa Innovation Project #1: Respite Partnership Collaborative. In FY 2015-16 with support from the MHSa Steering Committee, this program transitioned to sustainable PEI funding within the SCC programming. The design of the respite program closely aligned with the design of the Supporting Community Connections programming. As an SCC program, this program provides culturally and linguistically responsive intergenerational support groups, outreach and engagement activities and prevention-focused culturally relevant suicide prevention services to the Iu-Mien community. During FY 2015-16, the program provided 33 individual

community contacts, 0 information and referral contacts and 1,513 individuals participated in groups. It should be noted that the data collected does not represent a full fiscal year of data as they joined the collaborative in October 2015.

IMCS is a program that provides culturally informed support services, prevention and early intervention services and suicide prevention to the Iu-Mien community members across the life span. The program helps to provide supportive services and decrease the likelihood of isolation and depression.

**Success: Iu-Mien SCC**

*During one of the peer-run youth program meetings, Seek, Act and Embrace Mien Youth Club (SAEMYC) program staff held a workshop about recognizing signs of depression and utilizing community resources if participants or their friends had thoughts of suicide. One of the participants expressed how grateful she was that she had a safe space like the SAEMYC to talk about mental health and how she feels. Due to the stigma around mental illness that exists in her community, she spoke about how her family and community avoid the topic of mental illnesses and how this avoidance affects her own mental health. The discussion helped her feel that she was not alone in having these feelings. After the workshop, she and the other participants felt more comfortable talking about mental health and pledged to continue the dialog with their friends and community. As the only non-profit organization specifically serving the Iu-Mien community in Sacramento, it is important that programs like the SAEMYC continue, in order to increase knowledge and awareness about mental health and reduce the risk of suicide in the Iu-Mien community.*

The IMCS program provides a peer-run adult day program for elderly and disabled Iu-Mien community members twice per week. The program is structured to provide socialization, news exchanges each week, recreation/fieldtrips, and information sharing/presentation regarding community concerns and services of local agencies to decrease isolation, loneliness and depression which plague many elderly and disabled Iu-Mien community members.

Additionally, the IMCS program provides a weekly peer-run youth group whose focus is on youth leadership activities, physical recreation, cultural arts, and informational workshop regarding management of stress for improved mental and physical health.

Lastly, the IMCS program provides a weekly intergenerational support group. The group focuses on communication between multi-generational family members through the promotion of oral fluency and literacy in both the Mien language and English language. The overarching goal is to provide better communication within multigenerational families. This will decrease stress, support positive mental and physical health of families, increase understanding, and close the perceived generation gaps.

These community based agencies together form the Supporting Community Connections Collaborative which allows for referral exchanges and cross training.

**Community Support Team (CST)** is administered jointly by the Division of Behavioral Health Services (DBHS) and the County contracted Crossroads Vocational Services. The Community Support Team is a collaboration between County and community-based organization staff creating one team with a variety of clinical and outreach skills. The team includes peer support specialists with lived experience, professional staff with clinical experience and family support specialists whose experience builds bridges and communication with family members, natural

supports and extended family systems. CST serves Sacramento County children, youth, Transition Age Youth (TAY), adults, and older adults that are experiencing a mental health crisis, including those at risk for suicide. The Community Support Team provides supports,

**Success: Community Support Team (CST)**

*A gentleman in his late 50s came to speak with CST staff at the Rio Linda Food Bank as part of regular outreach. He expressed being homeless and dealing with depression for a long time and also had a significant physical health concern to address. CST connected him to Guest House for mental health care and supported him through orientation. The CST staff shared their own story of living with a significant mental health challenge and their recovery process. This gentleman was moved by their recovery success and shared his rising hope for change in his own life. He followed through with a medical appointment to address his physical health and returned to Guest House for his follow up appointments. His general health visibly improved with the support of CST and Guest House. He has been connected to a housing program through Guest House. Currently, this gentleman has experienced an increase in wellbeing and hope for a positive future for himself.*

education, resources and connections to services to individuals and their caregivers, loved-ones and natural supports. The goal of CST is to provide services in a culturally and linguistically competent manner to promote recovery, resilience and well-being by decreasing use of crisis services and/or acute care hospitalization services; decrease risk for suicide; increase knowledge of available resources and supports; and increase personal connection and active involvement with community supports. CST provides

community-based flexible services to community members experiencing a crisis. Services include assessment, support services, and linkage to ongoing services and supports.

**Mobile Crisis Support Teams:** The Mobile Crisis Support Teams (MCSTs) serve individuals annually of all ages and diversity in Sacramento County by providing timely crisis assessment and intervention to individuals who are experiencing a mental health crisis. The MCST goals are to provide safe, compassionate and effective responses to individuals with a mental illness; increase public safety; decrease unnecessary hospitalizations for community members experiencing a mental health crisis; decrease unnecessary incarceration for community members experiencing a mental health crisis; and increase consumer participation with mental health providers by problem solving barriers and increasing knowledge of local resources. In April 2015, two MCSTs were implemented in partnership with law enforcement through a partial funding award from the California Health Facilities Financing Authority (CHFFA). In FY 2016-17, this program expanded from two teams to four teams partnering with five law enforcement agencies through a Round 5 CHFFA capital funding grant. MCST services are funded with MHSa PEI funding. With support from the MHSa Steering Committee in

**Success: Mobile Crisis Support Teams (MCSTs)**

*MCST responded to a call involving a disturbance at the parent's home of a 50 year old woman. It was discovered that the woman had a diagnosis of Bipolar Disorder, was new to the area, and was not connected with mental health services. The MCST developed a safety plan with the woman and her family, supported with identifying a housing plan through Care First, and made a referral for services through the County Mental Health Plan. The MCST Counselor referred her to the Peer Navigator who followed-up to support her in engaging with the authorized mental health provider, a primary care physician, Women's Empowerment, and the local library. The woman was then able to begin using public transportation to access needed resources on her own. With the support of the MCST, she is now living in a room and board. With a safety plan and connection to mental health services, the MCST was able to avoid a 5150 hold and ultimately avoided an unnecessary emergency room visit. The MCST was able to successfully connect with this woman and link her to services and supports which resulted in a decrease of law enforcement calls for service at her home.*



February 2016, funds from the Independent Living Program (ILP) 2.0 Program were redirected to support this expansion. The CHFFA grants provided the capital funding to purchase the vehicles and equipment for the MCSTs, as well as limited personnel funding. MHSAs PEI funding is used to pay for program operating costs not covered by the grants. These new teams respond to mental health crisis calls in geographic areas of Sacramento County that are not served by the original MCSTs. A map showing the coverage area of the MCSTs is included below.

#### **MCST A**

In FY 2016-17, the Sacramento Police Department MCST (MCST A) expanded to a City-wide approach from the original geographic area identified as the downtown core. The team has also expanded to include a contracted Peer Navigator position to follow up with individuals encountered by the MCST Officer/Counselor to provide assistance in linking to resources and services that will help to mediate further crisis or contact with law enforcement. The geographic and position expansion has created the flexibility to meet the larger community needs associated with immediate crisis response and follow up.

#### **MCST B**

The Sacramento County Sheriff's Department Central Division MCST (MCST B) has also expanded their geographic coverage in FY 16/17 from District 6 to District's 5-8 which now allows response and coverage in the Southeast portion of Sacramento County.

#### **MCST C**

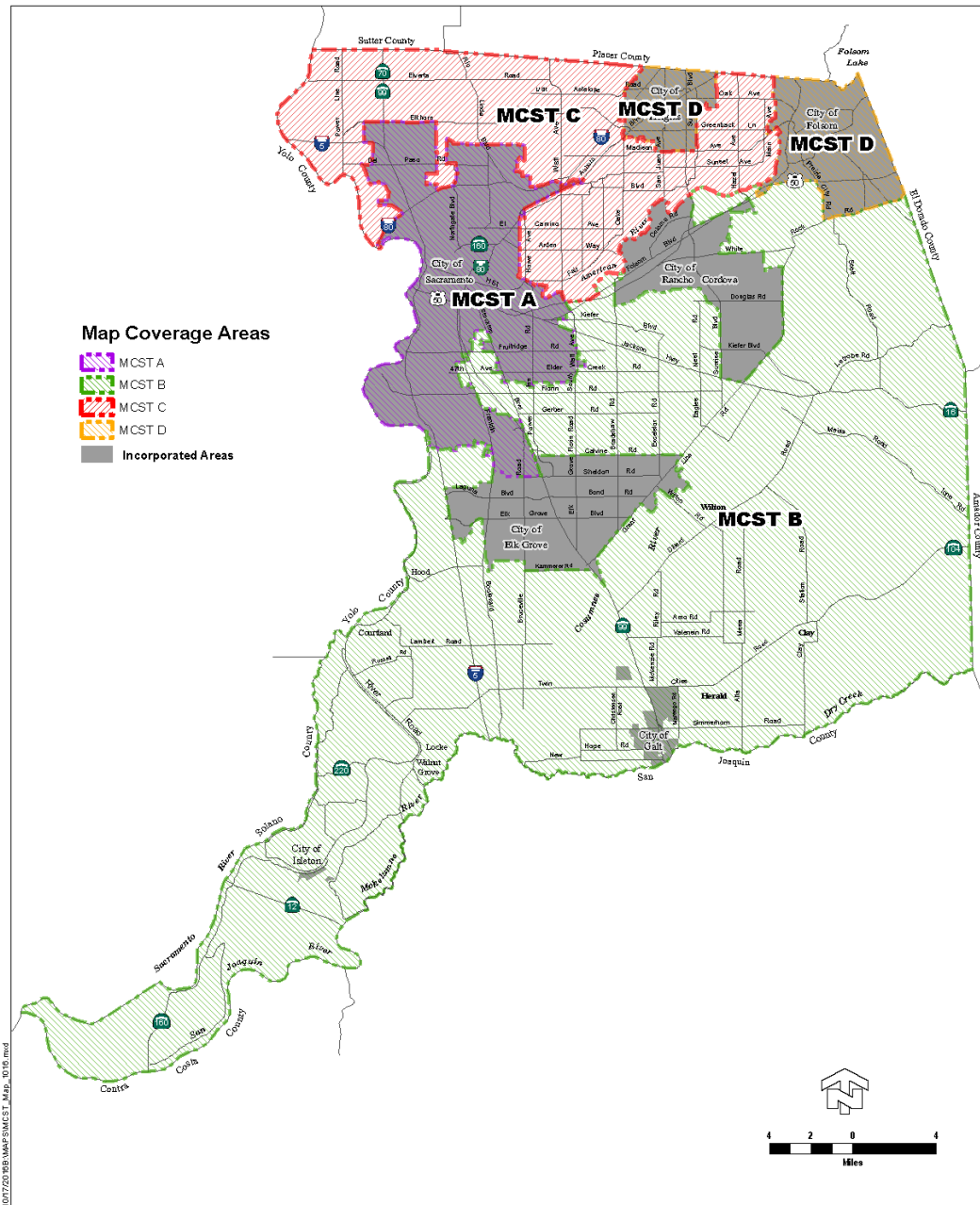
The new MCST with the Sacramento County Sheriff's Department North Patrol Division (MCST C) was implemented in August 2017 to respond to mental health related crisis calls across Districts 1-4.

#### **MCST D**

The new MCST with the Citrus Heights Police Department and Folsom Police Department (MCST D) was implemented in September of 2017. This team is split between two dispatch sites, operating out of the Citrus Heights dispatch center three (3) days per week and the Folsom dispatch center one (1) day per week.

Each MCST is comprised of: 1) A Police Officer/Sheriff Deputy who is trained in Crisis Intervention Training (CIT) to respond to persons experiencing mental health crisis; 2) A licensed Senior Mental Health Counselor provided by the Division of Behavioral Health Services (DBHS); and 3) a County contracted Peer Navigator from TLCS Inc. The team employs a ride a long model consisting of the DBHS Counselor and a law enforcement Officer/Deputy, with a post encounter follow-up by the County contracted Peer Navigator. The MCSTs are dispatched through law enforcement dispatch to provide immediate engagement with individuals experiencing a mental health crisis for the purpose of providing care and maintaining community safety. The MCSTs also coordinate with law enforcement patrol in their area on referrals for individuals who might benefit from support with linkage to resources and services. The MCSTs collaborate with the Mental Health Treatment Center, the Community Support Team, the Triage/Peer Navigator Team, Alcohol and Drug System of care and community resource partners, County Specialty Mental Health Service providers, Downtown Sacramento Partnership (DSP), SPD's IMPACT team, and local hospital emergency departments (EDs).

MCST Coverage Area Map



Sacramento County Mobile Crisis Support Teams (MCST) Map Coverage Areas

**Mental Health Respite Programs:** The following six programs were added to the Suicide Prevention Project in Fiscal Year 2015-16. They originated as mental health respite programs funded through the time-limited MHSa Innovation Project 1: Respite Partnership Collaborative. With support from the MHSa Steering Committee, these programs transitioned to sustainable PEI funding during FY 2015-16.

Respite program goals include providing a safe environment in which participants increase their knowledge of available supports and how to access them, improve well-being, reduce stress, increase connectedness and reduce feelings of isolation, decrease risk of harm, and reduce visits to the emergency room and psychiatric hospitals.

**Success: Caregiver Crisis Intervention Respite**

*A client shared, "I was in a dark place. All my normal coping mechanisms were not working. I had given up so much so I could care for my mom. When I became her caregiver, I didn't realize how much this role would consume my life. I had to step away from my career, my home, my independence. I felt like I was losing me. Respite was the first step into a new part of my journey." Working with her Family Consultant, this client was encouraged to access respite care in an effort to receive counseling where she learned new coping mechanisms and states "I could see the light. I had to will myself back to health and happiness." Respite care was instrumental in allowing the client to begin to heal and take care of herself. She remains a caregiver, but has self-described joy and happiness in her life.*

The **Caregiver Crisis Intervention Respite Program**, administered by Del Oro Caregiver Resource Center, helps decrease hospitalizations due to mental health crises of family caregivers of dementia patients. The program provides respite care, family consultation, home visits and an assessment with a Master's level clinician to develop a care plan focused on services, supports and wellness. The program serves adult caregivers of all age groups with the majority of caregivers being in the 60+ age range.

**Homeless Teens and Transition Age Youth (TAY) Respite Program**, administered by Wind Youth Services, provides mental health crisis respite care, via a drop in center and/or pre-planned visits, to transition age youth age 13-25 years old experiencing overwhelming stress due to life circumstance and homelessness. Services include screening, planning, crisis intervention, enriching workshops, health screenings, groups, crisis counseling and case management.

**Success: Homeless Teens and TAY Respite**

*When this particular youth started working with our counselor at the Wind Center, he was habitually experiencing mental health crises primarily related to his childhood and experience of homelessness. The respite services at the Center created a safe space for the youth to de-escalate and move towards his goals. Through psychoeducation, grounding techniques and narrative letters the youth learned more about how his life experiences have affected and will continue to affect his mental health. These tools also supported the idea of proactively reaching out to other resources rather than always waiting until he was in a state of crisis. He is now engaged with the Wind shelter program and attributes his willingness to access shelter to the help he received in the respite program. "The people at Wind helped me see there is hope for my future." - Client*

**The Ripple Effect Respite Program**, administered by A Church For All, provides planned mental health respite care designed to prevent acute mental health crisis from occurring for adults ages eighteen and older, with an emphasis on people of color who may identify as LGBTQ. The program utilizes a peer run structure to increase social connectedness and operates a daily support group that helps participants overcome suicide risk factors.

**Success: The Ripple Effect Respite**

*When client initially came in, she was using a walker to get around and experienced panic attacks 2-3 times per day. She attended the Ripple Effect almost every day during the months of June and July. While at the Ripple Effect, she participated in individual peer counseling and groups. She believes that coming to the center helps her cope and gives her motivation to keep going. She is now in a place where she no longer needs her walker to get around, attends the center without experiencing panic attacks, and has increased her support network to include groups in her neighborhood. The most symbolic evidence of her new outlook on life is her recent decision to finish getting her GED.*

**Danelle's Place Respite Program**, administered by Gender Health Center (GHC), provides mental health respite care, via a drop in center, to unserved and underserved adults ages 18 and over, who identify as lesbian, gay, bisexual, transgender, queer, questioning and/or allied. There is an emphasis on serving transgender individuals who are experiencing overwhelming stress due to life circumstances, in order to prevent an acute mental health crisis. Services include: assessment, supportive activities, individual and group chat, narrative authoring activities, therapeutic art activities, peer counseling, other crisis prevention services, and community outreach activities.

**Success: Danelle's Place Respite**

*Client dropped in to Danelle's Place for the first time early this past year following incarceration. She was homeless, jobless, experiencing disability, and anti-Transgender discrimination. She was facing bleak hard times ahead and was spiraling into a serious mental health crisis. Utilizing the 18 hours a week of LGBTQ-centered Respite as her central safe space and place to access food, rest, community, and internet, she quickly took advantage of all GHC and Danelle's Place had to offer. The Queer-Informed Narrative Therapy, peer advocacy, art therapy, support groups, and healthcare support services connected her with much needed mental and physical healthcare. Peer advocates helped her to secure temporary housing, she accessed GHC's Economic Empowerment program to get her SSI restarted and help her to apply for jobs that could accommodate her disability and see past her criminal record. With support from the program, she got back on her feet and helped community members going through what she went through. She has served for many months as a volunteer in various GHC programs including Respite before moving out of state for a more lucrative job opportunity.*

**Q Spot Youth/Transition Age Youth (TAY) Respite Program**, administered by Sacramento LGBT Community Center, provides drop-in mental health respite care and supportive services to unserved and underserved youth/TAY ages thirteen (13) through twenty-three (23) who identify

**Success: Q Spot Youth/TAY Respite**

*After a Friday night youth group meeting a youth hinted to a staff member that they had recently contemplated suicide. The staff asked them to wait around after group for the others to leave before having a private conversation. During this talk the youth admitted that earlier in the day they had planned to commit suicide. Recalling that group was happening that same night, the youth decided to attend instead. The youth was in a much better place mentally and emotionally by the end of group, and therefore was no longer in need of immediate intervention. Staff created a safety plan involving a number of people the youth could gain access to, including Q Spot staff. In addition they had social workers that could be reached in time of need. Q Spot staff helped to create a check-in system for the youth if ever in need of further support. Without the Q-Spot being available to LGBTQ youth to find friends, family, and community this youth may not be alive today.*

as LGBTQ. In addition, support groups are provided with a range of topics including but not limited to: anti-bullying, coming out, health relationships, and life skills development.

**Lambda Lounge Adult Mental Health Respite Program**, administered by Sacramento LGBT Community Center, provides drop-in mental health respite care designed to prevent an acute mental health crisis from occurring, as well as suicide prevention support services to unserved and underserved adults ages twenty-four (24) and older who identify as LGBTQ. The program offers a variety of support groups focused on mitigating risk factors, building healthy relationships, health and wellness, etc.

***Success: Lambda Lounge Respite***

*After coming out to parents as transgender, a participant dropped into the Lambda Lounge looking for support and services. They expressed anxiety, fear and apprehension on next steps and how they would be received by their peers. Lambda Lounge respite equipped the participant with friendly affirming resources that empowered the participant to connect with support groups and referrals to assist in their desired medical and legal transition. As a result from participating in Lambda Lounge services and support groups, the participant reported their anxiety lifted significantly, along with their fear and apprehension to express their thoughts and feelings with their parents.*

Through this collection of programming, Sacramento County is creating a system of suicide prevention and educating the community on suicide-risk and prevention strategies.

**Strengthening Families Project**

**Capacity: 3,800 annually (not including the Bullying Prevention and Education Program)**

**Ages Served: Children, TAY, Adults, Older Adults**

The Strengthening Families Program consists of five components. This Project has been identified for expansion in alignment with the November 7, 2017, Board of Supervisors action and MHSA Steering Committee recommendation for mental health services for children/youth in the foster care system. Through this expansion, a new program will be developed incorporating key elements of trauma informed mental health services and supports for foster youth, with a focus on placement stability for foster youth and their resource families as identified in the recommendation. This new programming will roll out in FY 2018-19.

The **Quality Child Care Collaborative (QCCC)** is a collaboration between DBHS, Child Action, Sacramento Office of Education, and the Warm Line Family Resource Center. The collaborative leverages First 5 funding to provide behavioral health consultations to preschools and early childcare learning environments for children ages birth to five. Consultations are designed to increase teacher awareness about the meaning of behavior to ensure the success of the child while in a childcare and/or preschool setting. The QCCC consultant works closely with the teacher to provide strategies, technical assistance and effective training to improve and enhance the quality of child care services available to families. Support and education is also available for parents. In FY 2015-16, QCCC provided 761 total services (consultations and screenings).

**HEARTS for Kids** is a collaboration between DBHS, Child Protective Services, and Public Health. This collaborative leverages First 5 funding to provide a comprehensive menu of services

(health exams, mental health assessments, referrals and treatment services) for children ages birth to five that come to the attention of CPS or are placed into protective custody.

DBHS Early Interventionist services include assessing the developmental, social, and emotional needs of the child. Clinicians provide culturally responsive in-home services to foster parents, relative caretakers or biological parents. Clinicians coordinate with the CPS social worker to monitor outcomes of referrals made by Public Health Nurses, and provide advocacy when needed. Appropriate linkages are made to other needed services such as mental health counseling, speech and language therapy, Alta Regional, and the Sacramento County Office of Education Infant Development Program. During the FY 2015-2016 period, the program provided 506 assessments to infants and their families. Due to the anticipated loss of First 5 funding in FY 2018-19, the future design of this program is being considered with an ongoing commitment to continued collaboration to meet the mental health needs of children of all ages within the child welfare system.

The **Bullying Prevention Education and Training Program** is administered by the Sacramento County Office of Education and targets all 13 school districts in Sacramento County. A Training of Trainer (TOT) model uses evidence-based practices to train school staff, who then educates other school staff, students, and parents/caretakers on anti-bullying strategies. The project is primarily being implemented at elementary school demonstration sites; however, it is intended to expand services to other grades by leveraging school district resources. The long-term goal of the project is to change school climates across all 13 school districts.

In Fiscal Year 2015-16, sixty-eight (68) schools participated in the Bullying Prevention Program with 2,188 school personnel trained and 67,802 students received bullying prevention education.

The program goals are to reduce risk of violence and traumatic events for youth and to increase school related successes. The measurable objectives are to increase school staff awareness of the negative effects of bullying, learn techniques to intervene early, collaboration, increase school attendance, develop best practices and policies, improve student perception of school safety, and reduce the incidences of bullying.

***Bullying Prevention Education and Training Program Highlights***

- *Since implementation in 2011, the Bullying Prevention Education and Training Program has educated more than 200,000 students in bullying awareness, education and prevention across all thirteen (13) school districts in Sacramento County.*
- *Bullying Prevention Project program expansion was successful in 2015-16 at which time the program had expanded to 505 collective grade levels at schools across the 13 districts.*
- *Spring 2017 Demonstration Site Staff Survey results revealed a statistically significant reduction in the prevalence of bullying incidents as noted by school staff (as compared to the fall 2011 baseline survey that measured beliefs about the 2010-11 year). Significant improvements in school climate and school commitment were also seen.*
- *Over 77% of demonstration site staff surveyed in 2017 believed that they had the knowledge and skills to prevent bullying.*

***Bullying Prevention Education and Training Program Successes***

***Galt Joint Union Elementary School District***

*The Power of One anti-bullying assembly was brought to Valley Oaks Elementary school for all Kindergarten through 6th grades. The Power of One is a series of skits presented by actors who use boxes, colors, and masks to vividly portray what bullying is, what can be done about it, and how every child has the power of one, the power to report and deal with bullying when they see it. It teaches students that targets of bullying need help and intervention, encourages students not to be bystanders, emphasizes the need for individual action to make the community a safer, better place and refers children to parents, adults and teachers for assistance and instruction.*

***Sacramento City Unified School District***

*We collaborated with the Sacramento Children's Home eVIBE program to implement the 10-week Stop and Think and Too Good For Violence programs for students in grades 3-6 at John Sloat Elementary School and John Still K-8 School. The focus of the Stop & Think curriculum is to teach children interpersonal, personal, problem solving and conflict resolution skills and routines necessary to interact positively and safely, and manage their behavior responsibly and independently. Too Good For Violence helps children bond with positive peers, uses role-playing, games and other age-appropriate activities to teach lessons and teaches strong character-based skills, attitudes and behaviors like conflict resolution, respect and effective communication. The students were able to utilize their skills "Stop, think, am I making a good decision (thumbs up), and if so, they pat themselves on the back" even after the 10 week curriculum. Because it is implemented in all the 3rd – 6th grade classes, the students are able to use a common language among other students. It was wonderful to see the students participate!"*

***Robla School District***

*Teachers have noted that beginning the school year with the Second Step classroom materials was the most effective way of addressing behavior and bullying issues. Fewer issues have been seen with teaching these self-skills and the bullying lessons before the issues arose.*

**Early Violence Intervention Begins with Education (eVIBE)** is administered by the Sacramento Children's Home, uses universal and selective evidence-based prevention approaches to target children and youth ages six (6) to eighteen (18) and their family members/caregivers to improve social skills, increase protective factors, prevent youth violence, and reduce or eliminate family conflict.

In Fiscal Year 2015-16 the eVIBE program served more than 1,900 students and parents. The Stop and Think model served 1,036 students, the Too Good For Violence model served 633 students and the Nurturing Parenting Program served 306 parents and children combined. These curricula were taught in seventeen (17) schools across four school districts, as well as five community sites and three affordable housing complexes.

The program goals are to reduce youth at risk of violence and improve overall youth success in school and home-life. Measurable objectives included are to increase

***Successes: eVIBE Program***

*In the Nurturing Parent Program (NPP) we received a family where the mother was feeling overwhelmed with her children and feeling depressed. The trainer provided coping strategies to try which she did with success. She started journaling, gave more responsibilities to her children to empower them, and started thinking in a positive matter. She also began receiving professional counseling. Through the NPP training she now believes she is better able to parent in an effective and positive way while being able to lead her children with her improved mental health.*

individual and family problem-solving behavior and reduce defiant and aggressive behavior that may lead to mental health issues.

**Adoptive Families Respite Program**, administered by Capital Adoptive Families Alliance, is another program that originated as one of the mental health respite programs funded through the time-limited MHS A Innovation Project #1: Respite Partnership Collaborative. With support from the MHS A Steering Committee, this program transitioned to sustainable PEI funding during FY 2015-16. While families take great joy in providing care for their loved ones, the physical and emotional consequences for the family caregiver can be overwhelming without some support, such as respite. Respite provides a break for the whole family, which research shows, is beneficial for everyone involved. This respite program provides temporary relief for adoptive families that are caring for children with complex mental health issues. Families must live in or have adopted from Sacramento County. The respite model includes planned respite during drop off events, summer camp and recreational activities.

In FY 2015-2016, the program served 54 families and their 122 children. Ages of children at program events range from 0-18. Program goals include reduction in stress and increase in wellbeing as reported by the family.

### **Integrated Health and Wellness Project**

**Capacity: 13,900 annually**

**Ages Served: Children, TAY, Adults, Older Adults**

The Integrated Health and Wellness Program consists of three components:

**SacEDAPT (Early Diagnosis and Preventative Treatment)**, administered by UC Davis, Department of Psychiatry, focuses on early onset of psychosis and has been expanded to serve

**Success: SacEDAPT Program**

*An adult male came to SacEDAPT struggling with visual hallucinations, paranoia, anxiety, depression and frequent suicidal thoughts. His parents also felt overwhelmed and lost with how to help their adult child. With individual, group therapy and family support, this person has shown great improvement in his ability to tolerate distress related to his symptoms. As part of the Cognitive Behavioral Therapy model, he learned to identify and reframe negative automatic thoughts. His mood has begun to be more stable and he no longer wishes to die. He goes to the gym several times a week with his best friend. His family reports feeling validated and supported. They appreciate being given tools to support their son which has helped to restore their hope about his future and his ability to recover.*

ages 12 to 30. It is a nationally recognized treatment program utilizing an interdisciplinary team of physicians, clinicians, support staff, consumers and family advocates to provide assessment, early identification and treatment of the onset of psychosis. The program continues to engage in outreach services throughout Sacramento County with a particular focus on underserved populations. This program has informed statewide work related to assessing the impact of early psychosis programs.

In FY 2016-17, the program was expanded through federal funding to increase psychiatric support, case management, peer support, access to treatment including transportation, translation services, and training for staff.



**SeniorLink**, administered by El Hogar, provides community integration support for adults aged 55 and older who are demonstrating early signs of isolation, anxiety and/or depression. Para-professional Advocates outreach to individuals in their homes or other community-based settings based on the participant needs. Program services include home visits; collaboration with and linkage to health care providers, socialization opportunities, transportation, service coordination, advocacy, information and referral, skill-building groups and liaison to community services.

**Success: SeniorLink**

*A 70 year old man has recently experienced the death of his wife of 40 years, the loss of his home, and relocation to the Sacramento area. He began drinking as he did not know Sacramento, had no friends and was in the grieving process. He enrolled as a participant with SeniorLink. The SeniorLink Advocate encouraged him to join an Alcoholics Anonymous support group, which he now attends twice weekly. SeniorLink has helped him apply for ParaTransit for transportation assistance. With help from SeniorLink, this participant has made connections in the community and reports he is grateful, much happier and no longer bored at home. He attends a senior center weekly and has made several friends. He enjoys staying busy and is now volunteering. SeniorLink has been instrumental in helping isolated older adults make valuable social connections and improve their quality of life.*

**Screening, Assessment and Brief Treatment:** This program was implemented in fiscal year 2013-14 and was administered by four Federally Qualified Health Centers (FQHCs). The purpose of this program is to integrate medical and behavioral health services in community health care settings.

Each of the clinics used the Patient Health Questionnaire to screen clients for depression. When the screen indicated a mental health need, the individual was assessed for further treatment. Services included: (1) screening and assessment in a primary care clinic setting designed to increase early detection and treatment of depression, anxiety, substance use/abuse and symptoms related to trauma; (2) brief treatment when clinically indicated; (3) case management and follow-up care; and (4) linkages to individual counseling, support groups and other kinds of supports.

As previously reported, the implementation of the Affordable Care Act and changes in Medi-Cal impacted the initial design of this program. These mental health screening, assessment and treatment services are now part of the Managed Care menu of services. This project contributed to improving the four FQHCs, readying them for Affordable Care Act implementation. The Division is exploring new opportunities to partner with primary care clinics for integrated approaches to behavioral health screening, assessment and treatment.

## **Mental Health Promotion Project**

**Capacity: 500,000 (estimated community members touched by project)**

**Ages Served: Children, TAY, Adults, Older Adults**

The Mental Health Promotion Project is designed to increase community awareness about mental health issues and reduce stigma and discrimination toward individuals and families living with mental illness. The project has multiple components as described below.

### **“Mental Illness: It’s not always what you think” Project:**

Since June 2011, the Division of Behavioral Health Services (DHHS/DBHS) has worked with Edelman, a communication marketing agency, and Division of Public Health, to implement its county-wide mental health promotion, and stigma and discrimination reduction project to promote messages of wellness, hope and recovery, dispelling the myths and stereotypes surrounding mental illness. This project aims to fundamentally alter negative attitudes and perceptions about mental illness and emotional disturbances. The “*Mental Illness: It’s not always what you think*” project underscores that mental illness can affect almost anyone and promotes community resources and support available throughout the county to foster hope and recovery.

The project’s year-five activities ran from July 1, 2015 – June 30, 2016. This year, the project team coordinated an advertising refresh, where three additional individuals from the community volunteered to be a part of the project’s collateral and advertising materials, bringing the number of everyday people featured to 11. In comparison, only two individuals volunteered at the start of the project four years ago. Also, the team planned and executed four unique events to raise awareness around mental health in the Sacramento community at large.

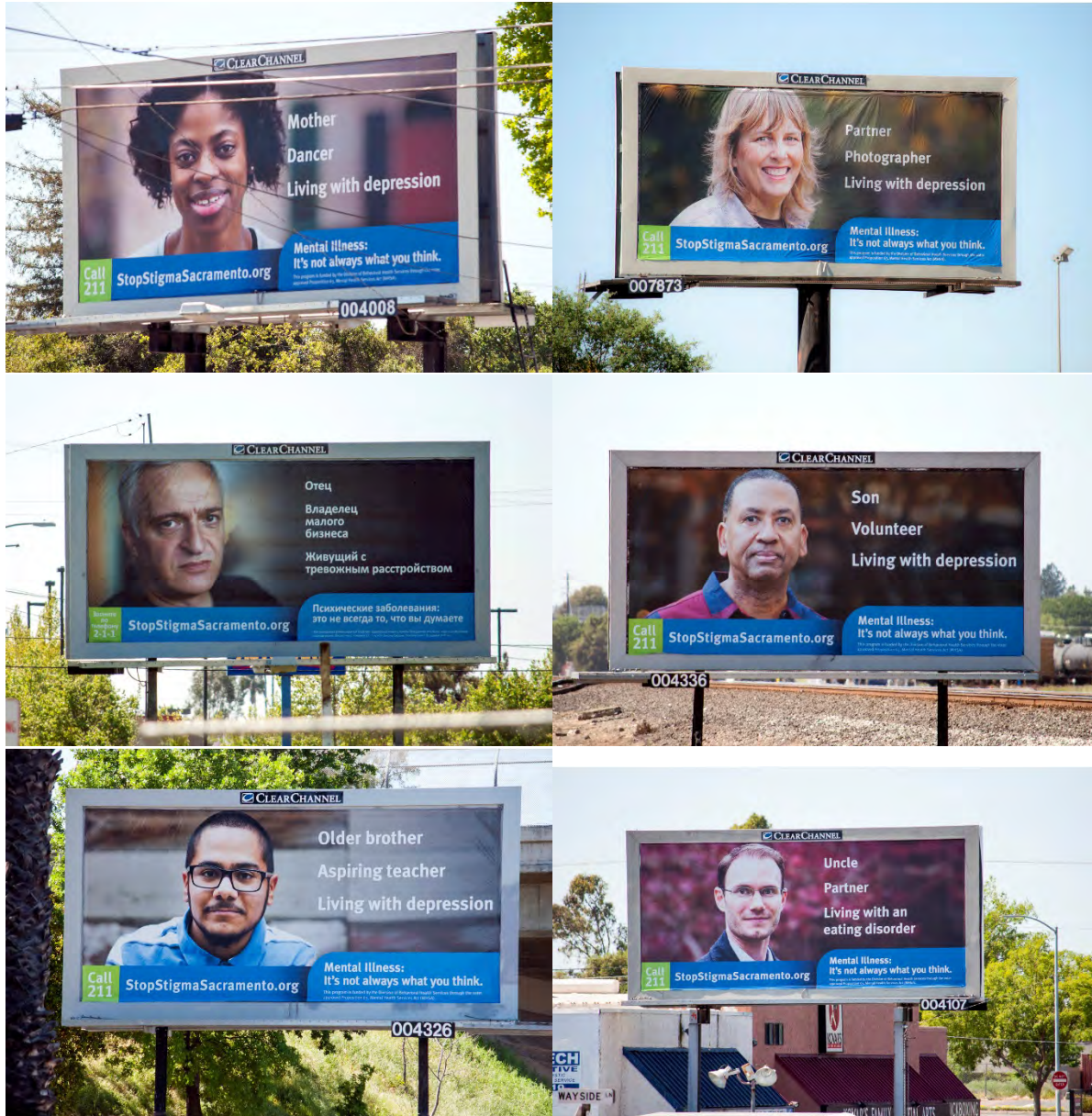
Sacramento County has continued to fund the anti-stigma promotion project year after year, leading to the successful conclusion of five years’ work to change minds, attitudes and outcomes for those living with a mental illness.

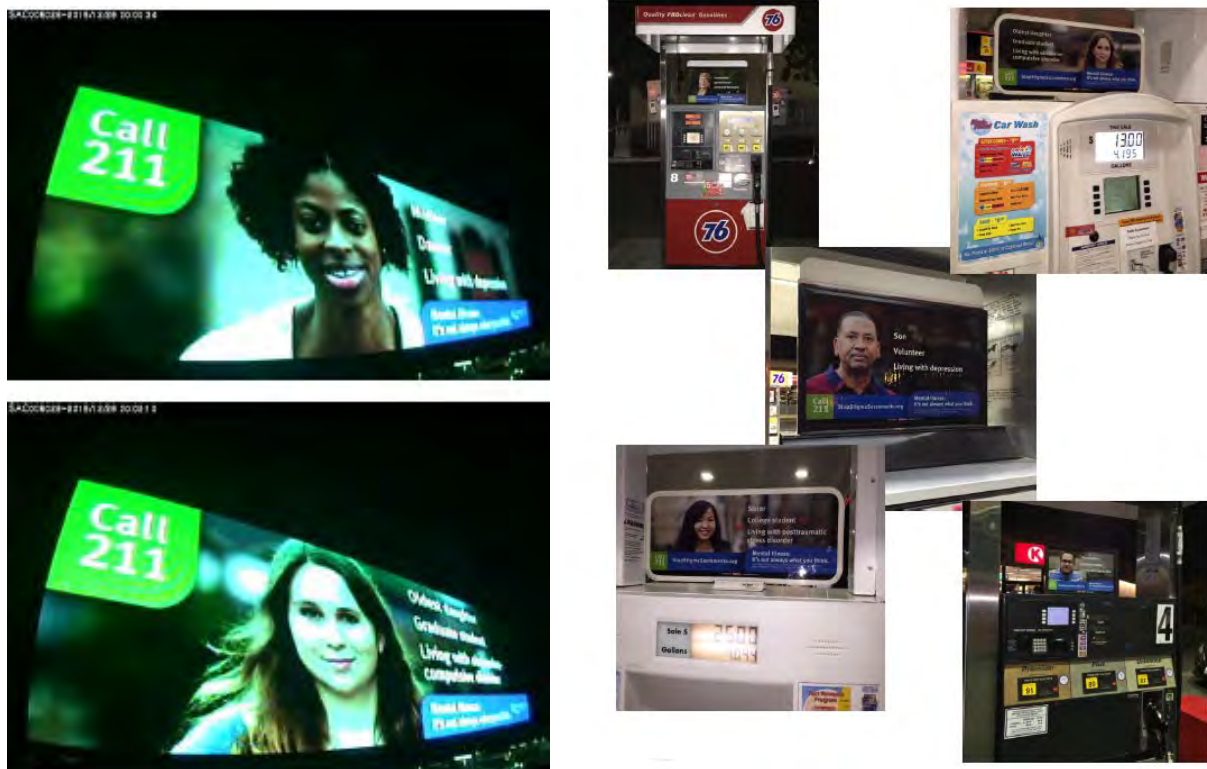
**(1) Multi-media outreach:** The project has included a heavy earned media and advertising components across multiple mediums in an effort to reach as many Sacramento County residents as possible while also ensuring we are reaching a significant number of residents within our target communities. Advertising placements, including TV, radio, online and outdoor advertising, were scheduled from January through June 2016 and garnered 54,262,703 impressions. The below advertising categories reflect efforts to date.

#### Outdoor Ads:

Outdoor advertising ran from January through June 2016. Advertising included eco-posters, digital billboards, bus kings, bus interior cards and gas pump toppers. In total, these paid placements garnered an estimated 20,959,352 impressions.

Sacramento County MHSA Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan





#### TV Ads:

Television advertisements supporting the campaign messages and branding ran from January through May 2016. These advertisements, which are available to view [here](#), ran on various stations throughout Sacramento County.

- Broadcast and Hispanic TV: KCRA, KTXL, KXTV, KMAX, KOVR and KUVS
- Crossings TV: In-language broadcasts in Russian, Chinese, Hmong and Vietnamese

Through the advertising buy, the project paid for 796 spots and received 215 extra spots. Overall, these 1,011 spots provided 15,476,158 impressions, 5,633,998 of which were added value.

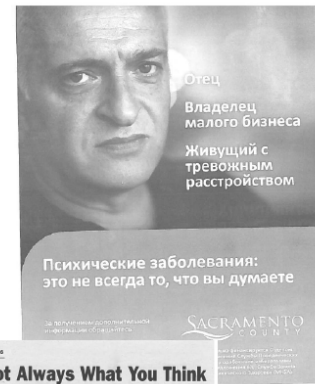
#### Radio Ads:

Radio advertisements supporting the campaign messages and branding ran at various times on numerous stations from January through May 2016. To listen to the advertisements, please visit the microsite [here](#).

Overall, 2,641 radio advertisements ran, 509 of which were added value. These placements, which included general/Hispanic radio and in-language advertisements, garnered 6,831,900 impressions. Advertisements ran on 17 stations, including Hispanic and African American stations. In-language radio placements included Vietnamese, Russian and Hmong advertisements (Spanish-language placements were included in the general buy).

**Print Ads:**

Print advertising ran in three local publications, including Outword Magazine, Russian Observer and Sacramento Observer. Overall, nine print ads ran in these publications.



**Online and Mobile Ads:**

Through the purchase of radio advertisements, radio stations provided additional banner advertisements on their websites as part of the media buy. Additionally, mobile advertising was implemented again this year. Overall, online and mobile ads provided 5,463,107 impressions.



**Earned Media:**

The team conducted outreach to Sacramento County media surrounding various project activities. The list below represents the 23 placements and impressions values secured between July 1, 2015 and June 30, 2016, among traditional print, broadcast, online and ethnic outlets. The majority of media outreach took place around Mental Health Month (May), with additional milestones surrounding the Journey of Hope event (July), Mental Illness Awareness Week (October) and the holiday season (November – December). The project was included in valuable local news outlets, such as Fox 40, CBS 13, Univision, KFBK and Thang Mo Magazine, in addition to national publications like BuzzFeed and NPR Story Corps, garnering more than 33,110,292 total impressions (up from 8,481,674 last year).

**Sacramento County MHSa Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan**

<b>Date</b>	<b>Title</b>	<b>Outlet</b>	<b>Impressions</b>
5/29/2016	Public Affairs Show With Julie Ryan	KNCI	452,500
5/14/2016	CBS 13 News at 5 p.m.	CBS 13	27,616
5/14/2016	Fox 40 News at 5 p.m.	FOX40	17,597
5/14/2016	Stigma Free 2016 (segment with Julie Leung)	Good Day Sacramento	42,628
5/13/2016	FOX40 News at 7 a.m.	FOX40	14,299
5/12/2016	FOX40 News at 9 a.m.	FOX40	8,490
5/7/2016	Promocional En Tu Comunidad SALUD MENTAL	Azteca America 32	-
5/6/2016	Katie Williams Interview	KFBK	-
5/6/2016	Sacramento County to Host Celebration in Recognition of Mental Health	Thang Mo Magazine	-
5/6/2016	Sacramento County Recognizing Mental Health Month	Thang Mo Magazine	-
5/6/2016	Sacramento County to Host Celebration in Recognition of Mental Health Awareness Month	Lang Magazine	-
5/6/2016	Xiomara Seide/Jesus Cervantes interview	Univision	-
5/5/2016	County Increases Awareness About Mental Illness	Sacramento Observer	49,090
5/4/2016	Sac & Co	ABC 10	-
2/9/2016	<a href="#">Mental Illness: "It's not always what you think" - February 9, 2016</a>	Sac & Co	32,863
2/9/2016	<a href="#">Mental Illness: "It's not always what you think" - February 9, 2016</a>	ABC 10	5,056
12/14/2015	<a href="#">Holiday Cheer Can Cause Some to Fall Into Depression</a>	KFBK	495,591
12/12/2015	<a href="#">These Incredible People Are Changing How Isolated Asian Groups Deal With Mental Illness</a>	BuzzFeed	22,260,261
10/9/2015	<a href="#">After A Breakdown, A Secret Breaks Free From A Family's Closet — And Heals</a>	NPR Story Corps	9,549,535
7/15/2015	<a href="#">Xiomara Seide, mental-health advocate</a>	Sacramento News & Review	129,811
7/8/2015	<a href="#">Hope and recovery through art</a>	Galt Herald	14,605
7/8/2015	<a href="#">Hope and recovery through art</a>	Elk Grove Citizen	10,350
<b>Total Impressions between 7/1/15-6/30/16</b>			<b>33,110,292</b>

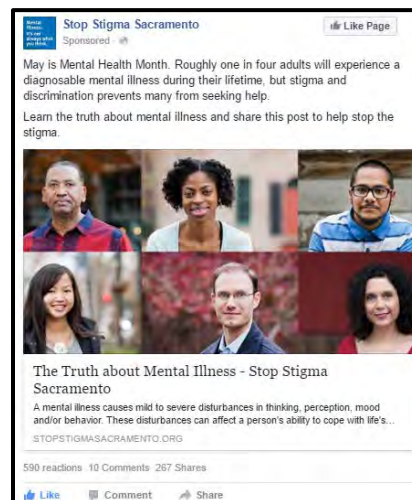
\*Impression values are based on data from Quantcast and CisionPoint

**(2) Social media and microsite:** To support the project’s stakeholder and media outreach efforts and engage with key audiences, the team continually updated the [www.StopStigmaSacramento.org](http://www.StopStigmaSacramento.org) microsite, as well as Facebook and Twitter pages.

### Facebook:

The team highlights project news, events and messages of hope, as well as stakeholder events on the Facebook page. In year five (July 2015 through June 2016):

- The page had received 6,824 likes, up from 1,412 likes from last year
  - Eighty percent of people who like the page are women, while 19 percent are men
  - One of the project's highest performing posts, which was during Mental Health Month (May), received more than 883 post engagements, including 590 reactions, 10 comments and 267 shares



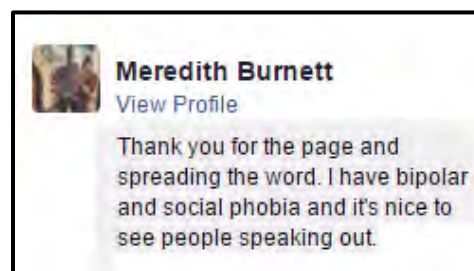
### Twitter:

The team highlights project news, events and messages of hope, as well as stakeholder events on the Twitter page. In year five (July 2015 through June 2016):

- The page had 482 followers, up from 208 followers last year
  - 74 percent of people who like the page are women, while 26 percent are men
- The page was following 221 other pages
- The page had posted 855 tweets

### Microsite

The project microsite, [www.StopStigmaSacramento.org](http://www.StopStigmaSacramento.org), is a project resource. The virtual [Wall of Hope](#) page continued and garnered 23 positive messages of hope and recovery from visitors, resulting in 51 total messages of support from July 2015 through June 2016.



### Engagement

To date, 379 people have submitted their email addresses through the site to receive project updates, up from 322 people in total last year.

- Unique visitors: 13,164 (up from 12,829 last year)

**(3) Stakeholder Engagement:** To engage relevant community organizations and services in the project, activities included distributing collateral materials, conducting media interviews, participating at project-sponsored or community events, sharing success stories, providing photography, promoting the project through digital and social media, or joining the speaker's bureau. Through June 2016, the project received stakeholder engagement forms, which confirm an organization's willingness to participate in the project, from 110 organizations. To view a list of partner organizations, please visit the StopStigmaSacramento.org microsite [here](#).

To help ensure that stakeholders have a chance to participate and provide as much feedback as possible; the project team has sent the following requests for input to the database:

- Request for personal stories
- Request for speaker's bureau participants
- Requests for everyday people (advertising outreach)
- Requests for artwork and help in promoting the May activities
- Requests to attend Project-sponsored events

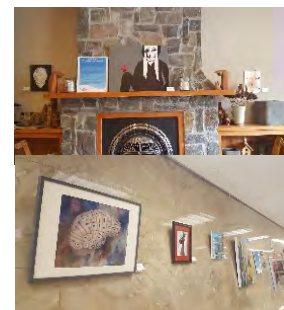
Following is a list of the most active stakeholders from July 2015 to June 2016. These stakeholders provided spokespeople for media interviews, participated in planning meetings for events and hosted information booths at the project-sponsored events.

1. Arthur Benjamin Health Professions High School
2. Asian Pacific Community Counseling (APCC)
3. Crossroads
4. Each Mind Matters
5. El Hogar
6. EMQ FamiliesFirst
7. For Healthy Families Counseling Center
8. G.O.A.L.S. for Women
9. Heritage Oaks Hospital
10. La Familia Counseling Center
11. Mental Health America of Northern California
12. My Sister's House
13. NAMI Sacramento
14. River Oak Center for Children
15. Russian Information & Support Services
16. Transitional Living & Community Support (TLCS)
17. Turning Point Community Programs
18. Valley High School

**(4) Collateral Material:** The team has conducted outreach to stakeholder organizations to offer free program materials, including brochures, tip cards and posters. All available collateral materials can be found on the StopStigmaSacramento.org microsite [here](#). Through June 2016, approximately 190,000 pieces of collateral material had been distributed to stakeholder groups and at events, including approximately 13,000 pieces from July 2015 through June 2016.

### **(5) Community Outreach Events:**

- Journey of Hope (July 12, 2015)
  - New in 2015, the Speakers Bureau planned and executed an art exhibit to bring awareness about mental health to the community and give others insight, inspiration, strength and understanding.
  - The collaborative art exhibit paired local artists and writers to share stories of hope and recovery at an artist reception on July 12, 2015.
- Mental Illness Awareness Week internal event (October 5, 2015)
  - To kick off Mental Illness Awareness Week (MIAW), the team coordinated an internal Brown Bag Lunch & Learn for and Public Health staff.
  - The event gave an overview of the “Mental Illness: It’s not always what you yhink” project along with personal stories from the Stop Stigma Sacramento Speakers Bureau, increasing awareness about MIAW and the project’s goals.
  - Art Displays (May 2016)
  - Three art displays helped create awareness of the project. The team coordinated stakeholder outreach, secured venues and put up/took down displays. The displays included:
    - A display outside the Governor’s Office at the Capitol (May 16-20, 2016)
    - A display in the Sacramento County DBHS lobby at East Parkway (May 1 – 31)





- A display at Stigma Free 2016 (May 14, 2016)
- Stigma Free 2016 (May 14, 2016)
  - The project team worked with Sacramento County to develop the concept of an all-ages celebration in recognition of Mental Health Month (May).
  - To ensure the event would appeal to all ages, the team developed and executed an event plan with a broad range of activities to target youth, seniors and everyone in between. Some of the activities included a scavenger hunt, speakers of all ages, Wall of Hope, prizes, selfie station, music from NOW 100.5 and community resources. Also new this year, the team coordinated a food truck with a custom stigma free-themed menu and hosted a live art demonstration with local Sacramento artist Danny Scheible. The team worked with stakeholders, senior centers and local schools to spread the word about Stigma Free 2016 and encourage participation.
  - Approximately 300 people attended the event. Additionally, more than 18 community organizations shared resources with attendees, including information on mental health, resources and health screenings.
  - Personal remarks were given by local elected officials, including Supervisor Roberta MacGlashan, Congressman Ami Bera, Supervisor Patrick Kennedy, Dr. Richard Pan. Members of the Stop Stigma Sacramento Speakers Bureau – Ken Shuper, Cameron Sykes and Emily Bein – also shared their stories of hope and recovery.



- (6) **Stop Stigma Sacramento Speakers Bureau:** Sacramento County’s Division of Public Health continued to coordinate a speakers bureau in year five of this project. During year five, four Orientation and Training sessions were held, during which 43 community members were trained to be speakers. At the close of year five, the Stop Stigma Sacramento Speakers Bureau had a membership of 122 speakers, of which 50 were actively speaking or preparing to speak.

In year five of the project, Stop Stigma Sacramento Speakers Bureau speakers shared their personal stories at 43 events with a total audience attendance of 2,351 individuals. In school settings, school counseling staff are also invited to attend the scheduled presentations.

The following cards are distributed to recruit potential Speakers and to promote the Speakers Bureau:

Speaker Recruitment Card

**Grandmother**  
**Elder**  
**Spiritual Leader**  
**Traditional dancer**  
**Living with depression**

**Mental Illness:  
It's not always what you think.**

Share YOUR Story

**1 in 4** adults will experience a mental illness in their lifetime, but shame and stigma prevent many from seeking support or treatment.

**Help Stop Stigma and Discrimination**

- Share your personal story about living with mental illness
- Share your message of wellness, hope and recovery

Become a speaker for the

**Stop Stigma Sacramento Speakers Bureau**

Public Speaking Experience Not Required  
Orientation and Training Provided

[StopStigmaSacramento.org/get-involved](http://StopStigmaSacramento.org/get-involved)

SACRAMENTO COUNTY  
Project made possible by voter approved Proposition 63, the Mental Health Services Act.

Speakers Bureau Information Card

**Father of five**  
**Counselor**  
**Traditional singer**  
**Warrior**  
**Living with posttraumatic stress disorder**

**Mental Illness:  
It's not always what you think.**

Spread the Word

**1 in 4** adults will experience a mental illness in their lifetime, but shame and stigma prevent many from seeking support or treatment.

**Help Stop Stigma and Discrimination**

Schedule a speaker from the

**Stop Stigma Sacramento Speakers Bureau**

Trained speakers provide education and diverse viewpoints about mental illness and offer their stories of wellness, hope and recovery.

[StopStigmaSacramento.org/get-involved](http://StopStigmaSacramento.org/get-involved)

SACRAMENTO COUNTY  
Project made possible by voter approved Proposition 63, the Mental Health Services Act.

Practice sessions are an integral part of the Speakers Bureau. New speakers attend a minimum of two practice sessions before speaking. Practice sessions allowed speakers to practice and develop their presentations, meet other speakers, and provide support and feedback to one another. Practice sessions also allowed project staff to preview and shape speaker presentation content to assure that it was consistent with the project goals and content guidelines. The practice sessions continue to serve as a source of support and connection to the project, and have fostered supportive relationships among members.

**Sacramento County MHS A Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan**

The following table details the Speakers Bureau speaking events for year five:

**Stop Stigma Sacramento Speakers Bureau Speaking Events  
July 1, 2015 – June 30, 2016**

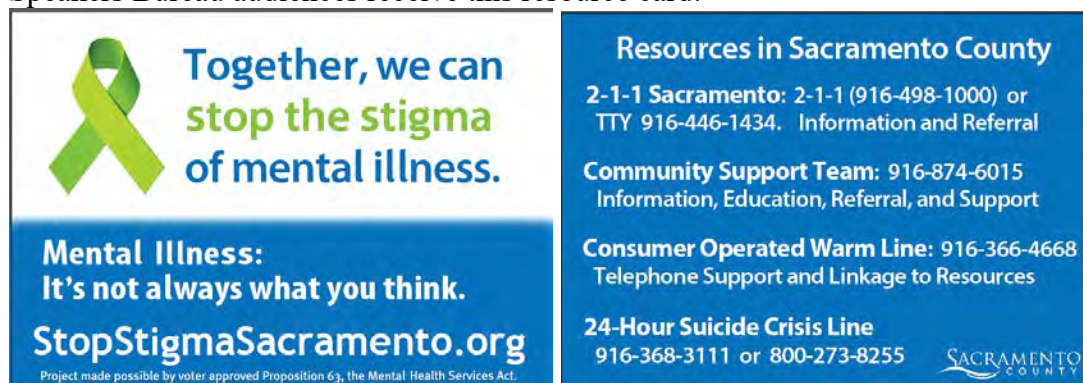
	<b>Date</b>	<b>Site/Event</b>	<b># Speakers</b>	<b># in Audience</b>
1	07.15.15	Health For All	3	15
2	07.18.15	NAMI: Pathways to a Healthy Mind	1	90
3	08.12.15	Sons in Retirement	1	100
4	08.19.15	Foster Grandparents	2	70
5	09.04.15	DHCS Day of Prevention	5	47
6	09.06.15	First United Methodist Church	2	53
7	09.08.15	Inderkum HS	12	157
8	09.08.15	Church of JC LDS	1	23
9	09.24.15	Trinity Episcopal Cathedral	4	15
10	10.03.15	Yoga Seed	1	51
11	10.05.15	Project Brown Bag Lunch and Learn	2	55
12	10.06.15	CalPERS	4	53
13	10.14.15	Sac State: Recreation Dept	1	14
14	10.22.15	Vista Del Lago HS	2	16
15	10.26.15	Natomas HS	9	134
16	11.03.15	JFK HS (anti-bullying program)	2	29
17	11.06.15	Hiram Johnson HS	2	30
18	11.16.15	Sac Senior Companions	4	45
19	11.16.15	CA National Guard	1	66
20	11.30.15	Stanford Youth Solutions	2	11
21	12.02.15	Health Professions HS	3	43
22	12.15.15	Vista Del Lago HS	7	65
23	12.16.15	JFK HS Endeavor Club	1	110
24	01.22.16	Inderkum HS	9	150
25	01.23.16	The Links, Inc Sacramento Chapter	2	20
26	02.25.16	Elk Grove USD Middle School Conference	5	121
27	03.01.16	JFK HS (any-bullying program)	2	29
28	03.03.16	DBHS Cultural Competence	2	30
29	03.30.16	Sac State Psychology Class	2	30
30	04.02.16	Igniter Community Church	1	28
31	04.04.16	Hiram Johnson HS	3	49
32	04.15.16	DBHS Cultural Competence	2	30
33	04.21.16	SETA Head Start: Family Service Staff	2	43
34	04.27.16	Vista Del Lago NAMI Club Panel	3	32

## Sacramento County MHSA Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan

	<b>Date</b>	<b>Site/Event</b>	<b># Speakers</b>	<b># in Audience</b>
35	04.27.16	Sac State Psychology Class	3	25
36	04.29.16	Sac State School of SW (systems class)	1	62
37	05.01.16	B'nai Israel Congregation: Panel	1	21
38	05.04.16	CRC psychology classes	2	63
39	05.04.16	Sac State Psychology Dept Panel	3	150
40	05.05.16	ARC UNITE Program Panel	3	16
41	05.14.06	Stigma Free 2016	3	110
42	06.10.16	DBHS Cultural Competence	2	30
43	06.14.16	California Youth Crisis Line	3	20
	<b>Total</b>	<b>43 Speaking events</b>	<b>126</b>	<b>2,351</b>

The Stop Stigma Sacramento speakers have been well received, and speaker evaluations are completed for each event. All audience evaluations are entered into a database, which allows Public Health staff to assess the potential impact of the project and individual speakers, address any training needs and share tangible findings. The emotional content of speaker subject matter means that audience members can become triggered or emotional. During the Orientation and Training, speakers are given training and resources to address this with audience members. As well, Speakers and staff continue to utilize and hand out a project resource card at all speaking events. The card includes phone numbers for mental health resources and crisis support services and is used to begin a conversation with audiences about resources and how to take action for a loved one, a friend, or for themselves.

Speakers Bureau audiences receive this resource card:



### **Speakers Bureau Sponsored Events and Affiliated Activities**

In addition to fulfilling speaking events, the Speakers Bureau creates speaker only, speaker specific events, and sponsors events for the general public. While the specific events vary by year, the goal of promoting community and connection within the Speakers Bureau remains a fundamental goal. Also of importance in the planning of any Speakers Bureau activity is a focus on creating opportunities for personal growth, learning, and supporting the recovery of each speaker. The section below includes the 2015-2016 events created by the Speakers Bureau by project staff and by Speakers Bureau members and project volunteers.

- **July 12, 2015: Journey of Hope Art Event**

Journey of Hope, an event open to the general public, was created and led by three project volunteers (two speakers), with support from project staff. While in the car, returning from an international stigma reduction conference in San Francisco, three project volunteers Laura Bemis, Aunjuli Reese and Pangcha Vang, began brainstorming a unique event. The concept was to invite people living with mental illness to write and submit their written story of hope and recovery. In turn, local artists would receive the story, create an interpretation through art, and the collaborative pieces would be displayed at an unveiling event.

The result was “Journey of Hope: Real Life Stories of Living with Mental Health Challenges Portrayed Through Art,” which took place Sunday July 12, 2015 at The Falls Event Center in Elk Grove. Twenty seven individuals, including the organizers, submitted works for the event, creating nineteen collaborative pieces for viewing. An estimated 140 people attended the 3 hour event.

Aunjuli Reese of the Speakers Bureau, reports that the event came out of a desire to “do more” to reduce stigma surrounding mental illness. Says Reese, “We wanted to do something outside the normal confines of the Speakers Bureau. I have talked with other members of the Speakers Bureau and we believe that the Speakers Bureau can be so much more than just speaking to an audience. If we want our efforts to ripple outward, we all need to work to do something beyond ourselves. This event was an example of that.”

- **August 2015: Speaking Venue Outreach**

Three long-term Speakers Bureau members met on two occasions to help project staff develop an outreach plan to sectors in which the project and Speakers Bureau would like to hold more presentations. The goal of the activity was to provide a speaker perspective in prioritizing specific sectors and create contact lists that would facilitate contacting and engaging entities within specific sectors. The purpose of the activity was also to create a mentoring experience and learning opportunity for a young speaker who was paired with two older, more experienced speakers.

The speakers worked from feedback gathered during a speaker holiday event in 2014 wherein the speakers at the event had identified 3 sectors for increased outreach: education/higher education, faith-based audiences, and consumers of mental health services.

The speakers developed their assignments at the first meeting, worked individually at home, and then came back together to create a final list of organizations and leaders within specific sectors to contact in the future for potential speaking events. The information was given to Public Health staff to be used for future outreach. The information will be used by project staff in conjunction with the larger project goal of increasing speaking events and increasing outreach efforts to specific sectors for stigma reduction.

- **April 2, 2016: Stop Stigma Sacramento Open House**

On April 2, 2016, Public Health staff hosted an open house. Speakers, their family members, and friends were invited to attend. The goal of the open house was to build community, to share findings from the audience evaluations, and to allow friends and family members of speakers an opportunity to learn more about the Speakers Bureau. Thirty three people attended the 2-hour open house held at the County Micron offices.

- **May 7, 2016: NAMI Walks Team**

A 3-year Speakers Bureau member organized a “NAMI Walks” team for the 2016 National Alliance on Mental Illness, NAMI Walks event. See picture below. The team of 14 gathered before the event and walked together during the event. NAMI Walks teams are public and can elect to allow the general public to join. Of note is an individual living with mental illness that joined the Stop Stigma Sacramento team because he had experienced stigma and wanted to get involved with the project. He had not met team members prior to the walk, but was quickly welcomed to the team.

**PEI Administration and Program Support**

DBHS provides administration and program support associated with on-going community planning, as well as implementation, training, consultation, monitoring, quality assurance and oversight of the PEI programs and activities.

## Sacramento County MHSa Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan

### PEI IMPLEMENTATION PROGRESS DATA - FISCAL YEAR 2015-16

In Fiscal Year 2015-16, a total of 7,199 individuals were served across seven\* of the PEI programs. The chart below displays demographic information for individuals served in each of those programs:

Total Number of Individuals Served in PEI Programs FY 2015/2016								
	Senior Link	eVIBE	Quality Childcare Collaborative	Supporting Community Connections	HEARTS for Kids	Sac EDAPT	SABT	Total
	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only	# of Served Individuals Only
<b>Age Group</b>								
Child and Youth	0	1707	43	100	506	74	NR	2,430
Transition Age Youth	0	67	0	407	0	80	NR	554
Adult	7	86	0	1116	0	77	NR	1,286
Older Adult	69	5	0	286	0	0	NR	360
Not Reported	10	77	0	98	0	11	2373	2,569
<b>Total</b>	<b>86</b>	<b>1942</b>	<b>43</b>	<b>2007</b>	<b>506</b>	<b>242</b>	<b>2373</b>	<b>7,199</b>
<b>Race/Ethnicity</b>								
White	26	321	NR	816	119	71	521	1,874
African American	29	225	NR	321	127	82	416	1,200
Asian	2	96	NR	1	6	18	286	409
Pacific Islander	0	15	NR	200	2	4	30	251
Native	2	8	NR	8	4	4	89	115
Hispanic	17	491	NR	559	72	45	264	1,448
Multi	0	416	NR	47	13	9	35	520
Other	2	58	NR	20	195	1	83	359
Not Reported	8	312	43	35	40	8	649	1,095
<b>Total</b>	<b>86</b>	<b>1942</b>	<b>43</b>	<b>2007</b>	<b>506</b>	<b>242</b>	<b>2373</b>	<b>7,199</b>
<b>Primary Language</b>								
Spanish	10	153	NR	575	NR	11	NR	749
Vietnamese	0	2	NR	46	NR	2	NR	50
Cantonese	1	1	NR	24	NR	0	NR	26
Mandarin	0	1	NR	0	NR	0	NR	1
Tagalog	0	2	NR	0	NR	0	NR	2
Cambodian	0	0	NR	0	NR	0	NR	0
Hmong	1	14	NR	82	NR	0	NR	97
Russian	2	12	NR	237	NR	0	NR	251
Farsi	0	6	NR	1	NR	1	NR	8
Arabic	1	7	NR	0	NR	0	NR	8
Other	60	1472	NR	33	NR	224	NR	1789
Not Reported	11	272	43	1009	506	4	2373	4218
<b>Total</b>	<b>86</b>	<b>1942</b>	<b>43</b>	<b>2007</b>	<b>506</b>	<b>242</b>	<b>2373</b>	<b>7,199</b>

\*Note – The chart above displays number of served individuals only. It does not contain data for individuals served and reached by the following PEI Programs: Suicide Crisis Line; Postvention Services; Community Support Team; Mobile Crisis Support Teams; Mental Health Respite Programs, Bullying Prevention Education and Training; and Mental Health Promotion project.

## Sacramento County MHSa Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan

### PEI IMPLEMENTATION PROGRESS DATA - FISCAL YEAR 2015-16 (cont'd)

In Fiscal Year 2015-16, a total of 139,149 individuals were served across the four PEI programs with universal components. The chart below displays demographic information for individuals served in each of those programs:

Total Number Served in Universal Prevention FY 2015/2016					
	Senior Link	Quality Childcare Collaborative	Supporting Community Connections	SABT	Total
	Universal prevention estimates and # of served individuals	Universal prevention estimates and # of served individuals	Universal prevention estimates and # of served individuals	Universal prevention estimates and # of served individuals	Universal prevention estimates and # of served individuals
<b>Age Group</b>					
Child and Youth	0	718	703	NR	1,421
Transition Age Youth	0	0	1,985	NR	1,985
Adult	29	0	8,925	NR	8,954
Older Adult	259	0	6,185	NR	6,444
Not Reported	5	0	641	NR	646
<b>Total</b>	<b>293</b>	<b>718</b>	<b>18,439</b>	<b>119,699</b>	<b>139,149</b>
<b>Race/Ethnicity</b>					
White	108	NR	913	521	1,542
African American	81	NR	421	416	918
Asian	8	NR	6	286	300
Pacific Islander	3	NR	5456	30	5,489
Native	2	NR	339	89	430
Hispanic	60	NR	469	264	793
Multi	0	NR	109	35	144
Other	18	NR	4	83	105
Not Reported	13	718	10,722	117,975	129,428
<b>Total</b>	<b>293</b>	<b>718</b>	<b>18,439</b>	<b>119,699</b>	<b>139,149</b>
<b>Primary Language</b>					
Spanish	26	NR	NR	NR	26
Vietnamese	1	NR	NR	NR	1
Cantonese	1	NR	NR	NR	1
Mandarin	0	NR	NR	NR	0
Tagalog	0	NR	NR	NR	0
Cambodian	0	NR	NR	NR	0
Hmong	2	NR	NR	NR	2
Russian	0	NR	NR	NR	0
Farsi	0	NR	NR	NR	0
Arabic	0	NR	NR	NR	0
Other	244	NR	NR	NR	244
Not Reported	19	718	18,439	119,699	138,875
<b>Total</b>	<b>293</b>	<b>718</b>	<b>18,439</b>	<b>119,699</b>	<b>139,149</b>

Note: Only four of Sacramento County's PEI programs utilize universal screenings



**WORKFORCE EDUCATION AND TRAINING (WET) COMPONENT**

The Workforce Education and Training (WET) component provides time limited funding with a goal to recruit, train and retrain diverse culturally and linguistically competent staff for the public mental health system and ensure they are adequately trained to provide effective services and administer programs based on wellness and recover. Per Welfare and Institutions Code (WIC) Section 5892(b), Counties may use a portion of the CSS funds to sustain WET activities once the time-limited WET funds are exhausted. Therefore, these activities are being sustained with CSS funding. Sacramento County's WET Plan is comprised of eight (8) previously approved actions.

The Sacramento County Workforce Needs Assessment, which was used to help inform the development of the WET Plan, was completed in 2007 as part of the Workforce Education and Training (WET) Component planning process. In 2010, as part of the annual Cultural Competence Plan (CCP), a human resources survey and report was completed that provided an overview of human resources system-wide. Subsequently, DBHS was advised by the State Department of Health Care Services (DCHS) that they would be releasing updated CCP requirements that would impact the annual Sacramento County Human Resources Survey/MHSa Workforce Assessment. We are still anticipating the release of these updated requirements. When the new requirements are released, DBHS anticipates tailoring a new human resources survey document to provide data on the entire mental health system, including an updated assessment of resources and needs based on the current job market indicators.

**Action 1: Workforce Staffing Support**

The function of the WET Coordinator is to assist in the facilitation and implementation of previously approved WET Actions. The Coordinator attends and participates in statewide WET Coordinator Meetings; the WET Central Region Partnership, the California Educational Marriage Family Therapist (MFT) Stipend Program Selection Committee; MFT Consortium of Greater Sacramento; Health Professions Education Foundation Advisory/Selection Committee; and participates in the monthly Mental Health First Aid Facilitator's Conference Call. The WET Coordinator will continue to assist in the evaluation of WET plan implementation and effectiveness; coordinate efforts with other MHSa and Division/Department efforts and participate in the implementation of WET actions.

**Action 2: System Training Continuum**

This Action expands the training capacity of mental health staff, system partners, consumers, family members, and community members through a Training Partnership Team, Train the Trainer Models, training delivery and other community-based efforts.

In 2010, a Crisis Responder Training Workgroup was established as the first Training Partnership Team and resulted in the development of a two (2) hour mental health education training program that trained Sacramento City Police Department (SPD) and Citrus Heights Police Department officers and supervisors. The two hour education program was designed to provide a basic overview of mental illness symptomology and strategies to increase the safety of patrol officers, consumers, family members and other citizens when interacting with Law Enforcement (LE) in the community, thereby reducing the potential for use of deadly force tactics when LE encounter individuals who suffer from mental illness. In 2012, that program was improved to meet Police

Officer Standards and Training (POST) certification requirements. Between 2012 and 2014, 92 training sessions were provided to deputies and other Sheriff’s Department staff. In January 2015, the two hour training program was discontinued, as Sacramento County Sheriff’s Department began providing Crisis Intervention Training (CIT) to its dispatchers and first responders and later in the year began partnering with behavioral health specialists to assist with calls involving individuals who are mentally ill. Sacramento County, Division of Behavioral Health Services (DBHS), participates in this CIT training by providing local resource information to support the educational component of the training curriculum.

Subsequently, DBHS was contacted by the California Highway Patrol (CHP), who advised that they were going to provide mental health education training to their field officers and dispatch staff. This was very exciting, as DBHS continually looks for ways to partner with local law enforcement agencies on educational/training activities. In 2014, the National Alliance on Mental Illness (NAMI), Sacramento, one of our system partners, began providing CIT training to CHP field officers and dispatch staff. DBHS partners with NAMI in this mental health education effort by providing stipends and other financial supports for NAMI staff and volunteers as they provide timely and relevant CIT training to the CHP. The highly regarded CIT training promotes community solutions, expands understanding of mental health conditions, improves Law Enforcement responses to individuals in crisis and reduces stigma associated with mental illness.

Mental Health First Aid (MHFA), Adult and Youth versions, is another popular training that is provided to our community and system partners as part of the System-wide Training Continuum at no cost to them. While Sacramento County staff focuses on facilitating the adult version of MHFA, our system partners primarily facilitate the Youth version of MHFA in both English and Spanish. Since beginning to offer MHFA, Sacramento County has found that interest in the course and class size remains fairly consistent. The following table provides information regarding average class size and number of participants through FY 2016/17:

<b>Fiscal Year</b>	<b>Average Class Size</b>	<b>Number of Participants</b>
2011-12	17	175
2012-13	17	256
2013-14	20	362
2014-15	19	270
2015-16	19	173
<b>TOTAL</b>		<b>1236</b>

DBHS and system partners continue to provide the 8-hour MHFA training course throughout the county for individuals, groups and organizations, at no cost to participants.

The initial training of local instructors was sponsored by the MHSAs Central Region Partnership Workforce, Education and Training’s (CRPWET) strategic effort in 2010. Since then, Sacramento County, DBHS, has continued to leverage CRPWET funds to expand the trainer pool and uses local WET funds to provide training opportunities to participants at no charge. Sacramento County has a cadre of certified MHFA trainers that have conducted several organized trainings throughout the year in English and languages other than English in community based sites throughout the county. The trainings are provided to specialty groups (i.e. Sacramento City College Occupational Therapy Program and Sacramento Employment and Training Agency, Head Start, church and

other community organizations, etc.) but are also open to system partners and the general public, including those with lived-experience.

Prior to 2014, only Adult MHFA was available. However, during 2014, selected County employee and system partners received specialized training certifying them to facilitate the Youth version of MHFA and began making general YMHFA sessions available as well as language/cultural specific sessions as part of the MHP and partner training schedule. The Adult and Youth MHFA have been provided in both English and Spanish through a partnership with a community-based contract provider, La Familia Counseling Center. Other system partners, including Sacramento Native American Health Center and Muslim American Society-Social Services Foundation also provide Adult and Youth versions of MHFA training to community members free of charge.

In December 2016, Sacramento County, DBHS, sent two additional staff to the five-day Adult MHFA Training for Trainers in an effort to add to the existing pool of trainers who provide MHFA training to the diverse communities in Sacramento County. Additional Youth and Adult MHFA sessions are scheduled throughout the 2017/18 Fiscal Year.

In 2014, Sacramento County, DBHS, initiated a project that was funded through Action 2 and administered by the Sacramento County Office of Education (SCOE) to expand the number of individuals receiving the YMHFA Training. The project educated teachers, school staff and caregivers on how to help adolescents ages 12-18 who may be experiencing mental health or addiction challenges or other emotional crisis situations. The course introduced common mental health challenges for youth, reviewed typical adolescent development and taught a 5-step action plan for how to help young people in both crisis and non-crisis situations. In FY 2014-15, twenty-four (24) school district staff were trained in Youth Mental Health First Aid. In FY 2015-16, the number of school district staff trained in Youth Mental Health First Aid was increased by 16, for a total of forty (40) trained personnel now certified to facilitate YMHFA.

Sacramento County will soon begin offering Pro-ACT Training to employees assigned to the Mental Health Treatment Center (MHTC) and the Adult Psychiatric Support Services (APSS) Clinic. Both of these locations offer treatment services to moderate to severely mentally ill individuals in both an inpatient and outpatient milieu.

Pro-ACT is a training curriculum based upon evidence-based practices and used in a wide variety of healthcare, behavioral health, residential and education settings. The training places emphasis on critical thinking and continued assessment of client behavior and needs and employs a distinctive problem-solving approach, designed to improve safety and enhance treatment outcomes.

In addition to the training efforts described above, DBHS provided scholarships and/or support for more than 180 behavioral health staff, system partners, providers and persons with lived mental health experiences and other mental health stakeholders to attend 19 behavioral health related trainings and conferences in FY 2015-16.

In May 2017, DBHS sponsored the three-day Mental Health Interpreter Training. La Familia Counseling Center hosted and participated in the training. This training meets the State

requirement that all interpreters working in the public mental health system receive training specific to interpreting in a mental health/ behavioral health environment. The training is designed to support bilingual staff, including: direct service staff, clinicians, administrative support staff, community members, system partners, contractors, consumers, case managers and others who are currently serving as interpreters or want to become interpreters. Trained interpreters are necessary to ensure accurate and complete communication in order to maximize the delivery of quality services and minimize risk. With this training, DBHS has maintained the standard that 98% of staff identified as interpreters complete an approved mental health/behavioral health interpreter training and receive certification.

Since Sacramento County was identified as a pilot for the evidence-based California Brief Multi-Cultural Competence Scale and accompanying training, Sacramento County has successfully trained more than 930 individuals working in behavioral health settings throughout the mental health service system. This training provides a means to measure service provider cultural competency and training to enhance knowledge in areas where the need for skill development is identified. It is required that all service delivery staff, supervisors and managers receive this training.

### **Action 3: Office of Consumer and Family Member Employment**

This Action was designed to develop entry and supportive employment opportunities for consumers, family members and individuals from Sacramento's culturally and linguistically diverse communities to address occupational shortages identified in the Workforce Needs Assessment. Over time, many changes have occurred impacting the original design of this action. For instance, the Office of Statewide Health Planning and Development (OSHPD) has rolled out numerous MHSa-funded projects that address the needs of consumer and family members interested in obtaining employment. As a result of these efforts, DBHS has looked for alternative opportunities to leverage these projects and further move the activities described in this action forward. In line with DBHS core values and community/stakeholder input, DBHS has thoughtfully included consumer and family member positions in all programs using creative partnerships between county and contract providers.

### **Action 4: High School Training**

Through this Action, a pilot behavioral health curriculum was developed in FY 2013-14. Currently two High Schools are participating in this action and offer mental/behavioral health-oriented career pathways for their student body. The participating High Schools are Arthur A. Benjamin Health Professions High School and Valley High Health TECH Academy (VHHTA). The pilot curriculum has since been expanded for both schools and was built upon MHSa principles of wellness, recovery and resiliency. The curriculum was developed through partnerships between Mental Health Plan providers and the Sacramento County Division of Behavioral Health Services Cultural Competence Committee, including community partners and other interested stakeholders. The curriculum focuses on introducing mental/behavioral health to high school youth, (9th through 12th grade) during the time they are typically considering career opportunities and empowers students to discuss mental health and mental illness in a supportive, familiar environment where they can gain knowledge, ask questions, combat stigma and develop awareness about community resources. The curriculum was designed with several goals in mind, including cultivating the interest of young people in public mental/behavioral health careers, expanding their knowledge

and understanding of mental/behavioral health conditions, broadening their understanding of associated stigma and discrimination against individuals with mental illness, increasing their awareness of community resources and available supports, increasing understanding of mental health issues from diverse ethnic and racial perspectives and exploring mental health across age groups.

Students from both Arthur A. Benjamin Health Professions High School and Valley High Health TECH Academy were surveyed and analysis of the data was used to modify, expand and improve the 2016/17 curriculum. The areas of related activities was expanded to include more community based internship opportunities, participation in community outreach events and more guest speakers with lived experience to present to students on topics such as wellness and recovery, resiliency, stigma, discrimination and barriers that hinder consumers from seeking emotional support and services. In addition to curriculum modifications, the students were also able to increase their knowledge of mental illness through work based learning opportunities wherein they met with mental health professionals from local hospitals, mental health clinics and other community based organizations to do project research on mental health disorders such as Bipolar Disorder, Post-Traumatic Stress Disorder, Obsessive Compulsive Disorder and Schizophrenia. These ongoing learning opportunities help students improve their understanding of how mental illness can interfere with a person's daily life and provide opportunities for them to explore their own mental health and emotional coping skills. By pairing students with local mental health professionals, the students are given a greater exposure to a wide array of mental/behavioral health careers, which not only fosters interest, but also raises awareness about mental illness and provides authentic opportunities in job preparation and skill development for students in hopes they will pursue future careers in the field of mental health. Internship and other work-based learning opportunities extend and deepen classroom learning and help students make progress toward learning outcomes that are difficult to achieve through classroom work alone. This High School training program relies on teachers and other mental health professionals to increasingly blend academic and technical curriculum in ways that connect theoretical knowledge and real-world applications. Sacramento County, DBHS, continually looks for ways to assist school staff in garnering the skills needed to provide meaningful connections that further student learning.

Sacramento County continues to serve on the Community Advisory Board and advises on student projects related to mental health and the delivery of culturally and linguistically competent health/behavioral health care services. Sacramento County works with the selected schools with on-the-job training, mentoring, existing Regional Occupational Programs (ROP), and experiential learning opportunities for public high school youth who express interest in learning more about mental health and public mental health as a possible career option.

Both Arthur A. Benjamin Health Professions High School and Valley High Health TECH Academy have culturally and linguistically diverse student bodies and have participated in many community events throughout the year, including Stigma Free 2017. Valley High Health TECH Academy brought a student team to the Stigma Free event and did brief presentations for event attendees on Diabetes in the Latino community and Youth Mental Health. On Friday, May 12, 2017, Valley High School hosted the 11th Annual Health and Fitness Expo at the Valley High School campus, where Sacramento County DBHS and other community based organizations conducted exercise and fitness demonstrations and staffed information booths that provided health

and fitness and mental health and wellness information in a fun and interactive way for students, faculty, staff, community members and families. This year's activities included mini workouts, cooking demos, nutrition information, military obstacle course and honor guard flag demonstrations, games, local mental/behavioral health service information, and other wellness and healthy living opportunities.

In September 2017, VHHTA hosted and participated in a career seminar featuring primary care and mental/behavioral health professions. There was a significant variety of careers and professions represented, including mental health services coordination and geriatric social work, patient's rights and cultural competence. The career seminar increased the student's understanding of careers in mental/behavioral health field and provided a greater understanding of the importance of providing effective and culturally sensitive treatment across the culturally broad communities in Sacramento County. This year, the student body took field trips to California State University, Sacramento, School of Nursing, the UC Berkeley School of Public Health and California Northstate University School of Medicine and Pharmacy to learn more about the determinants of health, both inside and outside the healthcare system, changing healthcare needs of society, providing patient-centered and culturally competent care, and leadership skills. Additionally, VHHTA continues to expand their Health TECH career pathway program and has informed us that through the WET grant they were able to create and adopt a new year-round curriculum for seniors, Behavioral Health Theory and Practicum for the Community Health Worker (CHW). This expansion replaced the prior single semester course and "added tremendous depth to academy students' understanding of mental and behavioral health issues and was successful in engaging students in learning about mental/behavioral health as possible careers. Additionally, it increased instruction on careers in behavioral health, research methods in psychology and enhanced their existing units in brain anatomy and function, psychological theory, abnormal psychology and social psychology." Through our partnership, VHHTA was able to add additional coursework and units for courses, including mental health attitudes, issues and subgroups, cultural competence in behavioral health, mental health case management and the role of the CHW. The current curriculum integrates a more holistic perspective in providing healthcare services to patients and focuses on overall wellness, while exploring and understanding the more complex social determinants of health. Through this collaboration with VHHTA, they were able to expand opportunities toward educating students in the field of mental/behavioral health and increase student knowledge about mental health conditions and related careers. Academy staff are now training the CHW students to investigate and understand how mental health impacts physical health and how physical health impacts mental health and challenging student to learn and understand how environment affects both physical and mental health of individuals. Academy staff are now more deliberate in mental/behavioral health activities and promotion of mental/behavioral health awareness, informing not only VHHTA students, but also the general public of important mental/behavioral health issues and career possibilities.

For the purpose of furthering student education and increasing their knowledge of mental/behavioral health conditions and associated stigma, discrimination and career pathways that lead to satisfying and productive lives and careers, Arthur A. Benjamin Health Professions High School staff took students on field trips to UC Davis, School of Medicine, CSU, Sacramento, School of Social Work, CSU, Chico Psychology Department, Sacramento City College, UC Merced and Sonoma State University, School of Social Sciences. AABPHS also participated in

community events, including Mental Health Matter Day 2017 at the State Capitol, Blood Source blood drives and Pathways to Paychecks, a program involving Elk Grove Unified School District and other community partners and stakeholders that promotes career planning, breaking down silos between high school and colleges, and engaging industry to collaborate with schools to prepare students for careers that exist today as well as preparing them for the jobs of tomorrow.

For FY 2017/18, DBHS is working with both High Schools to implement stipends for students to spend time in service delivery programs or agencies so that they may combine knowledge that they obtain in class with hands-on, real world experience.

Partnering with both Arthur A. Benjamin Health Professions High School and Valley High Health Tech Academy and their feeder schools has continued to assist DBHS in our goal to recruit a diverse workforce that is reflective of the cultural and linguistic make-up of the community.

**Action 5: Psychiatric Residents and Fellowships**

This Action was implemented in fiscal year 2011-12 and continues to be administered through a partnership with UC Davis, Department of Psychiatry. Through this Action, the following three (3) components have been implemented: 1.) Community Education; Psychiatry Residents and Fellowship Training Program; 2.) Mental Health Collaboration; Psychiatry Residents, Primary Care and Mental Health Providers Training Program; 3.) Residents and Post-Doctoral Fellows at Youth Detention Facility-Special Needs Unit.

Community Education; Psychiatry Residents and Fellowship Training Program: Since its implementation in academic year 2011-12, a total of 79 psychiatric residents have participated in this action and attended the required Psychiatric Resident Fellowship Program (PRFP) trainings. Some of the participating psychiatric residents have dual interest in psychiatry and other areas such as internal or family medicine. Below is a chart indicating the number of residents enrolled in the program. The chart also indicates the total number of residents that have psychiatry as their sole interest, those with dual interest and the percentage of those who attended the required fellowship program training.

Academic Year	Number of Residents Enrolled	Number of Residents w/ dual Interest	Percentage of residents that attended required number of trainings
2011-12	12	2	77%
2012-13	9	4	70%
2013-14	12	4	75%
2014-15	11	3	75%
2015-16	9	2	100%
2016-17	12	8	100%

Through this action, psychiatrists are placed in public/community mental health settings to assist in primary care collaboration through consultation and education on mental health/primary healthcare integration. Additionally, residents, fellows, and other team members continue to receive in-service trainings on wellness and recovery principles, culture competence including consumer movement and client culture, and an integrated service delivery system. Targeted activities to understand mental health programming and promote holistic services while

coordinating services with the primary care needs of consumers are a part of this integrated service delivery experience.

More detailed information regarding the Psychiatric Residency Fellowship Program is detailed below:

**FY 11/12**, twelve (12) second year residents were enrolled in the UCD Psychiatry Residency and Fellowship Program (PRFP), 8 being dedicated to Psychiatry and 2 training in Psychiatry/Internal Medicine and 2 training in Psychiatry/Family Medicine. All five of the dedicated psychiatry residents attended at least 77% of the required PRFP training. The remaining 4 trainees attended at least 23% of the trainings –largely due to their commitments in internal medicine and family medicine respectively.

**FY 12/13**, nine (9) second year residents were enrolled in the UCD Psychiatry PRFP, 5 being dedicated to Psychiatry and 2 training in Psychiatry/Internal Medicine and 2 training in Psychiatry/Family Medicine. All five of the dedicated psychiatry fellows attended at least 70% of the required PRFP trainings. The remaining 4 trainees attended at least 21% of the trainings – largely due to their commitments in internal medicine and family medicine respectively.

**FY 13/14**, twelve (12) second year residents were enrolled in the UCD Psychiatry PRFP, 8 being dedicated to Psychiatry and 2 training in Psychiatry/Internal Medicine and 2 training in Psychiatry/Family Medicine. Seven of the 8 dedicated psychiatry fellows attended 75% of the required PRFP training, with only one trainee missing this attendance percentage due to a maternity leave. The remaining 4 trainees attended at least 25% of the required trainings –largely due to their commitments in internal medicine and family medicine respectively.

**FY 14/15**, eleven (11) second year residents were enrolled in the UCD Psychiatry PRFP, 8 being dedicated to Psychiatry and 3 training in Psychiatry/General Medicine. Five of the 8 psychiatry fellows attended 75% of the required PRFP trainings, the other 3 attended over 64% of the required PRFP trainings.

**FY 15/16**, nine (9) students are enrolled in the UCD PRFP, with 7 dedicated to Psychiatry only and 2 have combined interest in Psychiatry/Family Medicine. All nine psychiatry fellows attended 75% of the required PRFP trainings.

**FY 16/17**, twelve (12) students are enrolled in the UCD PRFP, with 8 dedicated to Psychiatry only. Two (2) students have combined interests in Psychiatry/Family Medicine and two (2) have combined interests in Psychiatry/Internal Medicine. All twelve psychiatry fellows attended 75% of the required PRFP trainings.

**FY 17/18**, fourteen (14) students are enrolled in the UCD PRFP, with 9 dedicated to Psychiatry only. Three (3) students have combined interests in Psychiatry/Internal Medicine and two (2) have combined interests in Psychiatry/Family Medicine. DBHS has not received training numbers for academic year 2017/18, as we are still in the midst of the academic year and training data is not yet available.

Mental Health Collaboration; Psychiatry Residents, Primary Care and Mental Health Providers Training Program: Smoking Cessation groups were held at the Adult Psychiatric Support Services (APSS) clinic through a collaboration between the APSS medical team and UC Davis dual boarded physicians. Groups were provided to three different cohorts. Attendees received education, support



and assistance with understanding the physical and behavioral aspects of nicotine addiction. Information on smoking cessation aides that would be approved by the attendee's psychiatrist was also provided. Through this Action, no less than two psychiatrists are placed in public/community mental health settings to assist in primary care collaboration with physicians through consultation and education on mental health/primary healthcare integration with staff and consumers.

Residents and Post-Doctoral Fellows at Youth Detention Facility-Special Needs Unit: Sacramento DBHS has expanded the contract with UCD to include Residents and Post Doctorate Fellows providing consultation and support related to diagnostic impressions, antecedent behaviors and behavioral interventions to better serve the youth residing at the Youth Detention Facility (YDF), Special Needs Unit. This collaborative fosters community education opportunities for Probation staff and other stakeholders to share valuable and timely information to aid in the mental health recovery of YDF, Special Needs Unit residents and optimize the care and treatment they receive. The program provides learning opportunities for Probation staff to improve communication with residents, increase development of behavioral interventions that improve outcomes such as re-offense and family relationships and increases staff's awareness and understanding of how mental illness, treated or untreated can significantly impact a person's behavior. This program is in the first year of implementation. Outcomes data is not yet available.

#### **Action 6: Multidisciplinary Seminar**

This Action increases the number of psychiatrists and other non-licensed and licensed practitioners working in community mental health that are trained in the recovery and resiliency and integrated service models; improves retention rates; supports professional wellness by addressing work stressors and burn-out; and improves quality of care.

Implementation of this Action was delayed due to budget reductions and the focus on billable services. We recognize this is an important strategy and have sent staff to training that supports them in the delivery of effective mental health services. Moving forward, DBHS will continue to identify opportunities to establish multidisciplinary collaborations with key system partners.

#### **Action 7: Consumer Leadership Stipends**

This Action provides consumers and family members from diverse backgrounds with the opportunity to receive stipends for leadership or educational opportunities that increase knowledge, build skills, and further advocacy for consumers on mental health issues. Educational opportunities include, but are not limited to: the California Association of Social Rehabilitation Association (CASRA) social rehabilitation certificate and certification in group facilitation and Wellness Recovery Action Plan (WRAP) Facilitator training as described in Action 2.

During FY 2014-15, Sacramento County leveraged Central Region Partnership funds to pay for on-line Human Services courses using CASRA curriculum at Modesto Junior College (MJC) for individuals with lived experience. For the 2015 academic school year, Sacramento County had four (4) students enrolled in on-line classes through MJC. At the completion of their coursework, the students were qualified to advance to the next level, eventually leading to a Certified Psychiatric Rehabilitation Practitioner (CPRP) credential. The CPRP credential is a test-based certification curriculum that fosters the growth of a qualified, ethical and culturally diverse

workforce and is designed to provide wellness and recovery oriented services for individuals who are coping with mental health issues. During the 2015 academic year, Sacramento County had students who completed the required on-line coursework. DBHS continues to offer emotional support and financial assistance to those students who are pursuing the CPRP certification. The CPRP curriculum is specifically designed to meet the goal of developing a multicultural, diverse, and recovery-oriented mental health workforce. The courses provide core training in the values and principles of psychosocial rehabilitation and the skills necessary to provide hope-filled, values-driven services to consumers.

Additionally Sacramento County continues to provide funding support for individuals with lived experience from diverse cultures to attend trainings/conferences that offer leadership training. As previously stated, the Office of Statewide Health Planning and Development (OSHPD) has rolled out numerous MHA-funded projects that address the needs of consumer and family members interested in obtaining employment and enhancing leadership skills. The county continues to look for opportunities to leverage the statewide efforts and work with diverse stakeholders to determine an array of leadership and training opportunities that would be beneficial for consumers and family members.

Sacramento County, DBHS has continued to expand Action 7 by offering Wellness Recovery Action Plan (WRAP) Facilitator Training to system partners and community based organizations at no cost to them. In November 2015, through a partnership with Mental Health America of Northern California (NorCal MHA), nineteen individuals participated in and successfully completed a 5-day intensive WRAP Facilitator training. WRAP is a self-designed prevention and wellness process that was developed in 1997 by a group of people who were searching for ways to overcome their personal mental health issues and move on to fulfilling their life dreams and goals. WRAP can be used by anyone to get well, stay well and address a variety of physical, mental health and life issues. The 19 Facilitators were certified and began providing WRAP groups to consumers, family members and others throughout Sacramento County and surrounding areas. Through continued partnership with Mental Health America of Northern California, (NorCal MHA) and the Copeland Center for Wellness and Recovery, in June 2017, DBHS hosted and sponsored Wraparound the World Conference, a five-day recertification course, which provided WRAP facilitators the opportunity to meet the required every two-year refresher training to maintain their WRAP certification. 14 of the original 19 Facilitators were recertified and continue to provide WRAP groups in and around Sacramento County at no cost to participants. For ongoing support, a WRAP Master Trainer conducts a quarterly support group/conference call where facilitators provide relevant information, share personal experiences and coping strategies and provide sympathetic understanding to support and encourage one another.

**Action 8: Stipends for Individuals, Especially Consumers and Family Members, for Education Programs to Enter the Mental Health Field**

This Action supports efforts to develop a diverse, culturally sensitive and competent public mental health system by establishing a stipend fund to allow individuals to apply for stipends to participate in educational opportunities that will lead to employment in Sacramento County's mental health system. Sacramento County has a mechanism to provide stipends that leverages County WET and other related funds, as needed.

**INNOVATION COMPONENT**

The Innovation Component provides time-limited funding for the sole purpose of developing and trying out new practices and/or approaches in the field of mental health. An Innovation project is defined as one that contributes to learning rather than focusing on providing a service. DBHS has completed one Innovation project, known as **Innovation Project 1: Respite Partnership Collaborative** and is working to implement a second project known as **Innovation Project 2: Mental Health Crisis/Urgent Care Clinic**.

**Innovation Project 1: Respite Partnership Collaborative (RPC)**

The RPC Project spanned five-years from 2011 – 2016. The RPC was designed to be a community-driven collaborative comprised of community partners committed to developing, providing and supporting a continuum of respite services and supports designed to reduce mental health crisis in Sacramento County.

The learning opportunity for this project was using an administrative entity (Sierra Health Foundation: Center for Health Program Management) to implement the project to determine if a public/private endeavor could lead to new partnerships, increased efficiencies, and ultimately, improve services to our community members experiencing a crisis.

The RPC project was implemented in fiscal year 2012-13 and began with the formation of a Respite Partnership Collaborative comprised of twenty-two (22) stakeholders and community members. A total of five million dollars was set aside to fund grants for respite programs that could reduce the impact of crisis and create alternatives to psychiatric hospitalization. The RPC made the decision to award grants in three different funding cycles over the course of the Project.

In the role of the Administrative Entity, Sierra Health Foundation (SHF) Center for Health Program Management assisted the RPC to develop grant making procedures and practices and oversaw the distribution of grant dollars. Requests for Proposals were developed and publicized throughout the community. Organizations were invited to submit proposals for respite programs that could address mental health crisis and reduce psychiatric hospitalization. Proposals were reviewed by review teams comprised of RPC members as well as community stakeholders. All awards were determined by the RPC.

As an Innovation project, funding was time-limited for the term of the project, which means that the mental health respite grantees had to look for sustainable funding from other sources. The Welfare and Institutions Code allows for the transition of successful innovation projects to sustainable MHSA funding, if the County so chooses. In 2015 and early 2016, the MHSA Steering Committee reviewed RPC-funded respite programs for consideration of sustainability through other MHSA components. This review was based on component funding requirements, as well as system needs. With support from the MHSA Steering Committee, all eleven mental health respite programs transitioned to sustainable MHSA CSS and PEI funding during FY 2015-16. Descriptions of those respite programs are included in the CSS and PEI component sections of this Three-Year Plan.

### **Innovation Project 2: Mental Health Crisis/Urgent Care Clinic**

The Mental Health Crisis/Urgent Care Clinic project was reviewed and approved by the MHSOAC in May 2016. The primary purpose of this project is to increase the quality of services, including better outcomes for individuals experiencing a mental health crisis with the secondary purpose of increasing access to services.

Over the past two decades, urgent care clinics have emerged as an alternative and effective care setting that improves access to quality healthcare, addresses intermediate physical health needs, and provides an alternative to emergency department visits. The project will test the adaptation of an urgent care clinic/medical model, which is an intermediate step between routine and emergency care, to provide crisis response/care for individuals experiencing a mental health crisis. Furthermore, this project will fully incorporate wellness and recovery principles into service delivery. Specifically, the adaptations will focus on:

1. **Crisis Program Designation** - Operate as an extended hours outpatient treatment program versus a Crisis Stabilization Unit thus has a more flexible staffing pattern, allowing for tailored services to better meet community needs;
2. **Direct Access** - Provide direct linkage as an access point for both Sacramento County Mental Health Plan (MHP) and Alcohol and Drug Services (ADS);
3. **Ages Served** - Designed to serve all ages (children, youth, adults and older adults); and
4. **Medical Clearance Screening Pilot** - Pilot a medical clearance process utilizing a screening tool that will allow clinical staff to initially screen to identify medical issues on site as needed. This will expedite mental health and substance use disorder interventions, either directly at the clinic or through other levels of care, including real-time coordination with system providers.

In turn, these adaptations will achieve better client outcomes including the following: creating an effective alternative for individuals needing crisis care, improving the client experience in achieving and maintaining wellness, reducing unnecessary or inappropriate psychiatric hospitalizations and incarcerations, reducing emergency department visits, improving care coordination across the system of care to include linkages to other needed resources and timely access to mental health services.

In October 2016, Sacramento County initiated the competitive selection process to seek out organizations interested in collaboratively operating this project and the contract was awarded to Turning Point Community Programs. The Mental Health Crisis/Urgent Care Clinic opened in November 2017 and is included in the AB114 Plan for Mental Health Services Act Funds at Risk of Reversion (See Attachment D) to expend Innovation funds at-risk of reversion within the previously approved project budget, as defined above.

**Innovation Project 3: Behavioral Health Crisis Services Collaborative**

In Fiscal Year 2017-18, the Division held a community planning process to develop a third INN Project, known as INN Project 3: Behavioral Health Crisis Services Collaborative. The project is a public/private partnership with Dignity Health and Placer County with the intent to establish integrated adult crisis stabilization services on a hospital emergency department campus in the northeastern area of Sacramento County.

This project was developed as a result of a local community planning process and has been approved by both the California Mental Health Services Oversight and Accountability Commission (MHSOAC) and the Sacramento County Board of Supervisors. The project is also included in the AB114 Plan for Mental Health Services Act Funds at Risk of Reversion (See Attachment D) to expend Innovation funds at-risk of reversion, as defined above. This project is described in detail as an attachment to this Three-Year Plan (See Attachment F: Innovation Project 3: Behavioral Health Crisis Services Collaborative).

**CAPITAL FACILITIES (CF) AND TECHNOLOGICAL NEEDS (TN) COMPONENT**

The **Capital Facilities (CF) Project Plan** was approved in July 2012. The project renovated three buildings at the Stockton Boulevard complex that house the Adult Psychiatric Support Services (APSS) clinic, Peer Partner Program and INN Project #2: Mental Health Crisis/Urgent Care Clinic. Those renovations allowed for an expansion of service capacity with space for additional consumer and family-run wellness activities and social events.

The Department of General Services (DGS) and the County Architects developed and implemented a Scope of Work that incorporated the community feedback and the necessary Americans with Disabilities Act (ADA) requirements. The construction was completed in late 2015 and the programs have successfully transitioned into the renovated space.

The **Technological Needs (TN) Project** consists of five phases, which began in fiscal year 2010-11, to build the infrastructure necessary to meet Sacramento's goals of the Community Services and Supports Plan by improving integrated services that are client and family driven, meet the needs of target populations and are consistent with the recovery vision in Sacramento County. This project will also further the County's efforts in achieving the federal objectives of meaningful use of electronic health records to improve client care. Per WIC Section 5892(b), Counties may use a portion of the CSS funds to sustain TN projects once the time-limited TN funds are exhausted. Therefore, these activities are being sustained with CSS funding.

There two Roadmaps to address Sacramento County Technological needs; Sacramento's Health Information Exchange, known as SachIE (County operated providers and those contracted providers that have chosen to use the County's electronic health record) and HIE (Contracted providers with their own electronic medical record system).

SachIE Roadmap –

- Phase 1: Clinical Documentation, Electronic Prescribing
- Phase 2: Document Imaging, Consent Management, Billing and State Reporting Electronic Exchange
- Phase 3: Clinical Documentation Exchange
- Phase 4: Laboratory Order Entry and Lab History Exchange
- Phase 5: Health Information Exchange/Personal Health Record Implementation and Expansion

Sacramento County is currently in phase 4 of the SachIE project. All of our County Operated providers and those contracted outpatient providers that have chosen to use the County's electronic health record are utilizing an electronic health record that allows for electronic requests and responses for mental health services, collection of client demographics, completion of assessments, progress notes, client plans as well as electronic prescribing of medications and claiming for services provided. Sacramento County anticipates the completion of Phase 4 of the SachIE project in the fourth quarter of fiscal year 2017-18. The County will begin Phase 5 of the project which addresses Health Information Exchange/Personal Health Record implementation and expansion in the second half of fiscal year 17-18.

HIE (Health Information Exchange/Providers with their own system) Roadmap

## **Sacramento County MHSA Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Plan**

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- Phase 1: Practice Management, Electronic Prescribing
- Phase 2: Electronic Exchange of Claiming and State Reporting Information
- Phase 3: Electronic Exchange of Clinical Information
- Phase 4: Electronic Order Entry
- Phase 5: Fully Integrated Electronic Health Record and Personal Health Record

Sacramento County has completed Phase 1 of the HIE. All of contracted providers that have chosen to use their own electronic health record will continue to utilize the County's EHR system to record electronic requests for mental health services, collection of client demographics, as well as electronic prescribing of medications and claiming for services provided until Phases 2 through 4 have been completed. Phases 2 through 5 address electronic exchange of information and are included in the scope of work in Phase 5 of the SacHIE Roadmap. Sacramento County will begin these phases in the second half of fiscal year 2017-18 as they begin Phase 5 of the SacHIE Roadmap.

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Funding Summary**

County: Sacramento

Date: 2/5/18

	MHSA Funding					
	A	B	C	D	E	F
	Community Services and Supports	Prevention and Early Intervention	Innovation	Workforce Education and Training	Capital Facilities and Technological Needs	Prudent Reserve
<b>A. Estimated FY 2017/18 Funding</b>						
1. Estimated Unspent Funds from Prior Fiscal Years	91,081,474	20,501,755	13,578,435	1,316,168	754,746	
2. Estimated New FY2017/18 Funding	46,108,521	11,527,131	3,033,456			
3. Transfer in FY2017/18 <sup>a/</sup>	(3,332,875)			283,044	3,049,831	
4. Access Local Prudent Reserve in FY2017/18	0	0				0
5. Estimated Available Funding for FY2017/18	133,857,120	32,028,886	16,611,891	1,599,212	3,804,577	
<b>B. Estimated FY2017/18 MHSA Expenditures</b>	54,807,302	12,357,558	2,714,230	1,599,212	3,804,577	
<b>C. Estimated FY2018/19 Funding</b>						
1. Estimated Unspent Funds from Prior Fiscal Years	79,049,818	19,671,328	13,897,661	0	0	
2. Estimated New FY2018/19 Funding	37,937,324	9,484,331	2,495,877			
3. Transfer in FY2018/19 <sup>a/</sup>	(4,518,410)			1,500,000	3,018,410	
4. Access Local Prudent Reserve in FY2018/19	0	0				0
5. Estimated Available Funding for FY2018/19	112,468,732	29,155,659	16,393,538	1,500,000	3,018,410	
<b>D. Estimated FY2018/19 Expenditures</b>	63,581,302	17,957,558	5,866,929	1,500,000	3,018,410	
<b>E. Estimated FY2019/20 Funding</b>						
1. Estimated Unspent Funds from Prior Fiscal Years	48,887,430	11,198,101	10,526,609	0	0	
2. Estimated New FY2019/20 Funding	38,696,071	9,674,018	2,545,794			
3. Transfer in FY2019/20 <sup>a/</sup>	(4,518,410)			1,500,000	3,018,410	
4. Access Local Prudent Reserve in FY2019/20	0					0
5. Estimated Available Funding for FY2019/20	83,065,091	20,872,119	13,072,403	1,500,000	3,018,410	
<b>F. Estimated FY2019/20 Expenditures</b>	63,581,302	17,957,558	6,308,294	1,500,000	3,018,410	
<b>G. Estimated FY2019/20 Unspent Fund Balance</b>	19,483,789	2,914,561	6,764,109	0	0	

<b>H. Estimated Local Prudent Reserve Balance</b>	
1. Estimated Local Prudent Reserve Balance on June 30, 2014	19,391,847
2. Contributions to the Local Prudent Reserve in FY 2014/15	0
3. Distributions from the Local Prudent Reserve in FY 2014/15	0
4. Estimated Local Prudent Reserve Balance on June 30, 2015	19,391,847
5. Contributions to the Local Prudent Reserve in FY 2015/16	0
6. Distributions from the Local Prudent Reserve in FY 2015/16	0
7. Estimated Local Prudent Reserve Balance on June 30, 2016	19,391,847
8. Contributions to the Local Prudent Reserve in FY 2016/17	0
9. Distributions from the Local Prudent Reserve in FY 2016/17	0
10. Estimated Local Prudent Reserve Balance on June 30, 2017	19,391,847

a/ Pursuant to Welfare and Institutions Code Section 5892(b), Counties may use a portion of their CSS funds for WET, CFTN, and the Local Prudent Reserve. The total amount of CSS funding used for this purpose shall not exceed 20% of the total average amount of funds allocated to that County for the previous five years.



**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Community Services and Supports (CSS) Component Worksheet**

County: Sacramento

Date: 2/5/18

	Fiscal Year 2017/18					
	A	B	C	D	E	F
	Estimated Total Mental Health Expenditures	Estimated CSS Funding	Estimated Medi- Cal FFP	Estimated 1991 Realignment	Estimated Behavioral Health Subaccount	Estimated Other Funding
<b>FSP Programs</b>						
1. Sierra Elder Wellness	2,048,327	1,214,109	834,218			
2. Permanent Supportive Housing (incl new/ex	12,583,547	8,848,838	2,803,088			931,621
3. Transcultural Wellness Center	2,601,251	1,897,968	703,283			
4. Adult Full Service Partnership (incl expansio	7,942,929	4,930,579	3,012,350			
5. Juvenile Justice Diversion and Treatment	3,483,854	2,226,970	730,443		526,441	
6. Transition Age Youth (TAY) Full Service Partn	4,000,000	2,500,000	1,500,000			
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
<b>Non-FSP Programs</b>						
1. Transitional Community Opportunities for R	26,659,655	13,088,598	8,077,115	5,162,986		330,956
2. Wellness and Recovery Center (incl expansio	5,714,037	5,096,603	617,434			
3. Crisis Residential	3,139,391	1,472,729	327,960			1,338,702
4. Consultation Support and Engagement Tear	800,000	800,000				
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
<b>CSS Administration</b>	7,730,908	7,730,908				
<b>CSS MHA Housing Program Assigned Funds</b>	5,000,000	5,000,000				
<b>Total CSS Program Estimated Expenditures</b>	81,703,899	54,807,302	18,605,891	5,162,986	526,441	2,601,279
<b>FSP Programs as Percent of Total</b>	59.6%					

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Community Services and Supports (CSS) Component Worksheet**

County: Sacramento

Date: 2/5/18

	Fiscal Year 2018/19					
	A	B	C	D	E	F
	Estimated Total Mental Health Expenditures	Estimated CSS Funding	Estimated Medi- Cal FFP	Estimated 1991 Realignment	Estimated Behavioral Health Subaccount	Estimated Other Funding
<b>FSP Programs</b>						
1. Sierra Elder Wellness	2,048,327	1,214,109	834,218			
2. Permanent Supportive Housing (incl new/ex	16,133,547	12,398,838	2,803,088			931,621
3. Transcultural Wellness Center	2,601,251	1,897,968	703,283			
4. Adult Full Service Partnership (incl expansio	8,692,929	5,680,579	3,012,350			
5. Juvenile Justice Diversion and Treatment	3,557,854	2,300,970	730,443		526,441	
6. Transition Age Youth (TAY) Full Service Partn	4,000,000	2,500,000	1,500,000			
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
<b>Non-FSP Programs</b>						
1. Transitional Community Opportunities for R	31,059,655	17,488,598	8,077,115	5,162,986		330,956
2. Wellness and Recovery Center (incl expansio	5,714,037	5,096,603	617,434			
3. Crisis Residential	3,139,391	1,472,729	327,960			1,338,702
4. Consultation Support and Engagement Tear	800,000	800,000				
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
<b>CSS Administration</b>	7,730,908	7,730,908				
<b>CSS MHA Housing Program Assigned Funds</b>	5,000,000	5,000,000				
<b>Total CSS Program Estimated Expenditures</b>	90,477,899	63,581,302	18,605,891	5,162,986	526,441	2,601,279
<b>FSP Programs as Percent of Total</b>	58.2%					

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Community Services and Supports (CSS) Component Worksheet**

County: Sacramento

Date: 2/5/18

	Fiscal Year 2019/20					
	A	B	C	D	E	F
	Estimated Total Mental Health Expenditures	Estimated CSS Funding	Estimated Medi- Cal FFP	Estimated 1991 Realignment	Estimated Behavioral Health Subaccount	Estimated Other Funding
<b>FSP Programs</b>						
1. Sierra Elder Wellness	2,048,327	1,214,109	834,218			
2. Permanent Supportive Housing (incl new/ex	16,133,547	12,398,838	2,803,088			931,621
3. Transcultural Wellness Center	2,601,251	1,897,968	703,283			
4. Adult Full Service Partnership (incl expansio	8,692,929	5,680,579	3,012,350			
5. Juvenile Justice Diversion and Treatment	3,557,854	2,300,970	730,443		526,441	
6. Transition Age Youth (TAY) Full Service Partn	4,000,000	2,500,000	1,500,000			
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
<b>Non-FSP Programs</b>						
1. Transitional Community Opportunities for R	31,059,655	17,488,598	8,077,115	5,162,986		330,956
2. Wellness and Recovery Center (incl expansio	5,714,037	5,096,603	617,434			
3. Crisis Residential	3,139,391	1,472,729	327,960			1,338,702
4. Consultation Support and Engagement Tear	800,000	800,000				
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
<b>CSS Administration</b>	7,730,908	7,730,908				
<b>CSS MHA Housing Program Assigned Funds</b>	5,000,000	5,000,000				
<b>Total CSS Program Estimated Expenditures</b>	90,477,899	63,581,302	18,605,891	5,162,986	526,441	2,601,279
<b>FSP Programs as Percent of Total</b>	58.2%					

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Prevention and Early Intervention (PEI) Component Worksheet**

County: Sacramento

Date: 2/5/18

	<b>Fiscal Year 2017/18</b>					
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
	<b>Estimated Total Mental Health Expenditures</b>	<b>Estimated PEI Funding</b>	<b>Estimated Medi- Cal FFP</b>	<b>Estimated 1991 Realignment</b>	<b>Estimated Behavioral Health Subaccount</b>	<b>Estimated Other Funding</b>
<b>PEI Programs - Prevention</b>						
1. Suicide Prevention (Incl new/expanded programming for homeless)	5,053,710	5,053,710				
2. Strengthening Families	1,452,126	1,452,126				
3. Integrated Health and Wellness	1,897,613	1,897,613				
4. Mental Health Promotion	1,211,628	1,211,628				
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
<b>PEI Programs - Early Intervention</b>						
11. Integrated Health and Wellness - SacEDAPT	902,597	522,613	91,311			288,673
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>PEI Administration</b>	1,869,368	1,869,368				
<b>PEI Assigned Funds</b>	350,500	350,500				
<b>Total PEI Program Estimated Expenditures</b>	<b>12,737,542</b>	<b>12,357,558</b>	<b>91,311</b>	<b>0</b>	<b>0</b>	<b>288,673</b>

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Prevention and Early Intervention (PEI) Component Worksheet**

County: Sacramento

Date: 2/5/18

	<b>Fiscal Year 2018/19</b>					
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
	<b>Estimated Total Mental Health Expenditures</b>	<b>Estimated PEI Funding</b>	<b>Estimated Medi- Cal FFP</b>	<b>Estimated 1991 Realignment</b>	<b>Estimated Behavioral Health Subaccount</b>	<b>Estimated Other Funding</b>
<b>PEI Programs - Prevention</b>						
1. Suicide Prevention (Incl new/expanded programming)	6,653,710	6,653,710				
2. Strengthening Families (Incl new programming for foster youth)	5,452,126	5,452,126				
3. Integrated Health and Wellness	1,897,613	1,897,613				
4. Mental Health Promotion	1,211,628	1,211,628				
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
<b>PEI Programs - Early Intervention</b>						
11. Integrated Health and Wellness - SacEDAPT	902,597	522,613	91,311			288,673
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>PEI Administration</b>	1,869,368	1,869,368				
<b>PEI Assigned Funds</b>	350,500	350,500				
<b>Total PEI Program Estimated Expenditures</b>	18,337,542	17,957,558	91,311	0	0	288,673

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Prevention and Early Intervention (PEI) Component Worksheet**

County: Sacramento

Date: 2/5/18

	<b>Fiscal Year 2019/20</b>					
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
	<b>Estimated Total Mental Health Expenditures</b>	<b>Estimated PEI Funding</b>	<b>Estimated Medi- Cal FFP</b>	<b>Estimated 1991 Realignment</b>	<b>Estimated Behavioral Health Subaccount</b>	<b>Estimated Other Funding</b>
<b>PEI Programs - Prevention</b>						
1. Suicide Prevention (Incl new/expanded programming)	6,653,710	6,653,710				
2. Strengthening Families (Incl new programming for foster youth)	5,452,126	5,452,126				
3. Integrated Health and Wellness	1,897,613	1,897,613				
4. Mental Health Promotion	1,211,628	1,211,628				
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
<b>PEI Programs - Early Intervention</b>						
11. Integrated Health and Wellness - SacEDAPT	902,597	522,613	91,311			288,673
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>PEI Administration</b>	1,869,368	1,869,368				
<b>PEI Assigned Funds</b>	350,500	350,500				
<b>Total PEI Program Estimated Expenditures</b>	18,337,542	17,957,558	91,311	0	0	288,673

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Innovations (INN) Component Worksheet**

County: Sacramento

Date: 2/5/18

	<b>Fiscal Year 2017/18</b>					
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
	<b>Estimated Total Mental Health Expenditures</b>	<b>Estimated INN Funding</b>	<b>Estimated Medi- Cal FFP</b>	<b>Estimated 1991 Realignment</b>	<b>Estimated Behavioral Health Subaccount</b>	<b>Estimated Other Funding</b>
<b>INN Programs</b>						
1. N/A	0					
2. Mental Health Crisis/Urgent Care Clinic	2,500,000	2,500,000				
3.	0					
4.	0					
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>INN Administration</b>	214,230	214,230				
<b>Total INN Program Estimated Expenditures</b>	2,714,230	2,714,230	0	0	0	0

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Innovations (INN) Component Worksheet**

County: Sacramento

Date: 2/5/18

	<b>Fiscal Year 2018/19</b>					
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
	<b>Estimated Total Mental Health Expenditures</b>	<b>Estimated INN Funding</b>	<b>Estimated Medi- Cal FFP</b>	<b>Estimated 1991 Realignment</b>	<b>Estimated Behavioral Health Subaccount</b>	<b>Estimated Other Funding</b>
<b>INN Programs</b>						
1. N/A	0					
2. Mental Health Crisis/Urgent Care Clinic	2,500,000	2,500,000				
3. Behavioral Health Crisis Services Collaborati	3,152,699	3,152,699				
4.	0					
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>INN Administration</b>	214,230	214,230				
<b>Total INN Program Estimated Expenditures</b>	5,866,929	5,866,929	0	0	0	0



**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Innovations (INN) Component Worksheet**

County: Sacramento

Date: 2/5/18

	<b>Fiscal Year 2019/20</b>					
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
	<b>Estimated Total Mental Health Expenditures</b>	<b>Estimated INN Funding</b>	<b>Estimated Medi- Cal FFP</b>	<b>Estimated 1991 Realignment</b>	<b>Estimated Behavioral Health Subaccount</b>	<b>Estimated Other Funding</b>
<b>INN Programs</b>						
1. N/A	0					
2. Mental Health Crisis/Urgent Care Clinic	2,500,000	2,500,000				
3. Behavioral Health Crisis Services Collaborati	3,594,064	3,594,064				
4.	0					
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>INN Administration</b>	214,230	214,230				
<b>Total INN Program Estimated Expenditures</b>	6,308,294	6,308,294	0	0	0	0

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Workforce, Education and Training (WET) Component Worksheet**

County: Sacramento

Date: 2/5/18

	<b>Fiscal Year 2017/18</b>					
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
	<b>Estimated Total Mental Health Expenditures</b>	<b>Estimated WET Funding</b>	<b>Estimated Medi- Cal FFP</b>	<b>Estimated 1991 Realignment</b>	<b>Estimated Behavioral Health Subaccount</b>	<b>Estimated Other Funding</b>
<b>WET Programs</b>						
1. WET Actions	1,599,212	1,599,212				
2.	0					
3.	0					
4.	0					
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>WET Administration</b>	0					
<b>Total WET Program Estimated Expenditures</b>	1,599,212	1,599,212	0	0	0	0

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Workforce, Education and Training (WET) Component Worksheet**

County: Sacramento

Date: 2/5/18

	Fiscal Year 2018/19					
	A	B	C	D	E	F
	Estimated Total Mental Health Expenditures	Estimated WET Funding	Estimated Medi- Cal FFP	Estimated 1991 Realignment	Estimated Behavioral Health Subaccount	Estimated Other Funding
<b>WET Programs</b>						
1. WET Actions	1,500,000	1,500,000				
2.	0					
3.	0					
4.	0					
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>WET Administration</b>	0					
<b>Total WET Program Estimated Expenditures</b>	1,500,000	1,500,000	0	0	0	0

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Workforce, Education and Training (WET) Component Worksheet**

County: Sacramento

Date: 2/5/18

	<b>Fiscal Year 2019/20</b>					
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
	<b>Estimated Total Mental Health Expenditures</b>	<b>Estimated WET Funding</b>	<b>Estimated Medi- Cal FFP</b>	<b>Estimated 1991 Realignment</b>	<b>Estimated Behavioral Health Subaccount</b>	<b>Estimated Other Funding</b>
<b>WET Programs</b>						
1. WET Actions	1,500,000	1,500,000				
2.	0					
3.	0					
4.	0					
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
11.	0					
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>WET Administration</b>	0					
<b>Total WET Program Estimated Expenditures</b>	1,500,000	1,500,000	0	0	0	0

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Capital Facilities/Technological Needs (CFTN) Component Worksheet**

County: Sacramento

Date: 2/5/18

	Fiscal Year 2017/18					
	A	B	C	D	E	F
	Estimated Total Mental Health Expenditures	Estimated CFTN Funding	Estimated Medi- Cal FFP	Estimated 1991 Realignment	Estimated Behavioral Health Subaccount	Estimated Other Funding
<b>CFTN Programs - Capital Facilities Projects</b>						
1.	0					
2.	0					
3.	0					
4.	0					
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
<b>CFTN Programs - Technological Needs Projects</b>						
11. Upgrading System and Architecture Support	3,804,577	3,804,577				
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>CFTN Administration</b>	0					
<b>Total CFTN Program Estimated Expenditures</b>	3,804,577	3,804,577	0	0	0	0

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Capital Facilities/Technological Needs (CFTN) Component Worksheet**

County: Sacramento

Date: 2/5/18

	<b>Fiscal Year 2018/19</b>					
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
	<b>Estimated Total Mental Health Expenditures</b>	<b>Estimated CFTN Funding</b>	<b>Estimated Medi- Cal FFP</b>	<b>Estimated 1991 Realignment</b>	<b>Estimated Behavioral Health Subaccount</b>	<b>Estimated Other Funding</b>
<b>CFTN Programs - Capital Facilities Projects</b>						
1.	0					
2.	0					
3.	0					
4.	0					
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
<b>CFTN Programs - Technological Needs Projects</b>						
11. Upgrading System and Architecture Support	3,018,410	3,018,410				
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>CFTN Administration</b>	0					
<b>Total CFTN Program Estimated Expenditures</b>	3,018,410	3,018,410	0	0	0	0

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Capital Facilities/Technological Needs (CFTN) Component Worksheet**

County: Sacramento

Date: 2/5/18

	<b>Fiscal Year 2019/20</b>					
	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
	<b>Estimated Total Mental Health Expenditures</b>	<b>Estimated CFTN Funding</b>	<b>Estimated Medi- Cal FFP</b>	<b>Estimated 1991 Realignment</b>	<b>Estimated Behavioral Health Subaccount</b>	<b>Estimated Other Funding</b>
<b>CFTN Programs - Capital Facilities Projects</b>						
1.	0					
2.	0					
3.	0					
4.	0					
5.	0					
6.	0					
7.	0					
8.	0					
9.	0					
10.	0					
<b>CFTN Programs - Technological Needs Projects</b>						
11. Upgrading System and Architecture Support	3,018,410	3,018,410				
12.	0					
13.	0					
14.	0					
15.	0					
16.	0					
17.	0					
18.	0					
19.	0					
20.	0					
<b>CFTN Administration</b>	0					
<b>Total CFTN Program Estimated Expenditures</b>	3,018,410	3,018,410	0	0	0	0

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**Mental Health Services Act (MHSA) Three-Year Plan  
Funding Summary Presentation to MHSA Steering Committee**

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**A. Community Services and Supports (CSS) Component**

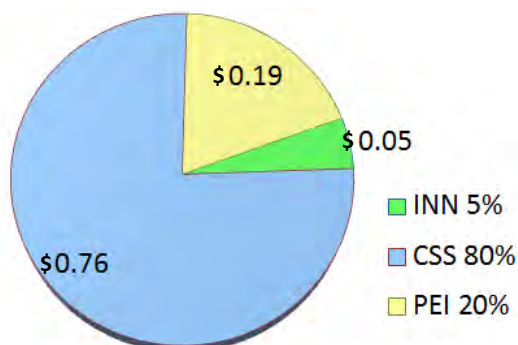
- Provides funding for mental health treatment services and supports for children/youth and their families living with severe emotional disturbance and adults living with a serious mental illness. This includes funding for the MHSA Housing Program.
- A majority of CSS funding must be directed to Full Service Partnership programs
- Pursuant to Welfare and Institutions Code Section 5892(b), Counties may use a portion of their CSS funds for WET, CFTN, and the Local Prudent Reserve. The total amount of CSS funding used for this purpose shall not exceed 20% of the total average amount of funds allocated to that County for the previous five years
  - This means unspent CSS funding is combined with incoming revenue to sustain CSS programming/activities, as well as sustaining critical activities in the time-limited WET and CF/TN components, sustaining successful and applicable INN project components
  - Unspent CSS funding must also be used to sustain MHSA Housing Program investments
    - MHSA funds have resulted in 161 built units across 8 developments since 2008
    - MHSA investment of \$15m-\$22m must be replenished as projects mature
- 80% of each MHSA dollar is directed to the CSS Component (see funding chart below)

**B. Prevention and Early Intervention (PEI) Component**

- Provides funding for programs and activities designed to prevent mental illness from occurring or becoming more severe and disabling
- A majority of PEI funding must be directed to ages 0-25
- 20% of each MHSA dollar is directed to the PEI Component (see funding chart below)

**C. Innovation (INN) Component**

- Provides funding to test new and/or improved mental health practices or approaches with the goal of increasing access (including access for underserved groups), increasing the quality of services, or promoting interagency collaboration
- Projects can span up to 5 years – If successful, other funding must be identified to sustain
- Successful INN projects must be sustained by CSS/PEI components (as applicable), if County so chooses
- 5% of each MHSA dollar is directed to the INN Component (see funding chart below)



**D. Workforce Education and Training (WET) Component**

- Provides time limited funding with a goal to recruit, train and retain diverse culturally and linguistically competent staff for the public mental health system and ensure they are adequately trained to provide effective services and administer programs based on wellness and recovery
- WET activities must be sustained by CSS funding once dedicated WET funding is exhausted

**DI. Capital Facilities and Technological Needs (CF/TN) Component**

- Capital Facilities (CF) project – Time limited funding to renovate three buildings at the Stockton Boulevard complex in order to consolidate the Adult Psychiatric Support Services (APSS) clinics
- Technological Needs project – Time limited funding to addresses our commitment to move to an Electronic Health Record and Personal Health Record to improve client care through a multi-phased approach
- CF/TN activities must be sustained by CSS funding once dedicated CF/TN funding is exhausted

**DII. Prudent Reserve**

- Per Welfare and Institutions Code, each County must establish and maintain a prudent reserve to ensure the county program will continue to be able to serve children, adults, and seniors during years in which revenues for the Mental Health Services Fund are below recent averages

**DIII. Overarching Points**

- Mental Health Services Act (MHSA) funding is generated by a 1% tax on personal income in excess of \$1M
  - As income tax-based revenue, MHSA funding is greatly impacted by the economy (impacts lag by approximately 2 years)
  - State revenue projections may be overestimated by \$150-200M annually
- In FY2015-16, Sacramento County allocation was reduced from 3.21% to 3.16% of State MHSA funding due to statewide recalculation of distribution methodology
- In FY2016-17, Sacramento County allocation was increased from 3.16% to 3.26% of State MHSA funding due to statewide recalculation of distribution methodology
- In FY2017-18, Sacramento County allocation was increased from 3.26% to 3.29% of State MHSA funding due to statewide recalculation of distribution methodology (this recalculation is expected to continue to happen annually moving forward)

**RESOLUTION NO. 2018-0025****REPORT BACK ON POTENTIAL USE OF MENTAL HEALTH SERVICES ACT FUNDS TO SUPPORT ADDITIONAL SERVICES FOR INDIVIDUALS WITH SERIOUS MENTAL ILLNESS WHO ARE EXPERIENCING HOMELESSNESS**

**BE IT RESOLVED** that the Director of the Department of Health and Human Services (DHHS), or her designee, on behalf of the COUNTY OF SACRAMENTO, a political subdivision of the State of California, is authorized to:

- Direct staff to engage the MHSA Steering Committee, with a sense of urgency, to plan expansion of MHSA programs to support efforts to expedite services for individuals with serious mental illness and/or co-occurring substance use disorders who are homeless or at risk of becoming homeless, and who may be enrolled in the City of Sacramento’s Whole Person Care pilot program. The expansion shall specify mental health treatment program models appropriate for the target population, recognizing that mental health services would be needed at different levels of intensity and potentially delivered by both the Specialty Mental Health Plan and the Managed Care Plans. Such an MHSA initiative would be in addition to the County’s ongoing specialty mental health services currently provided to homeless individuals utilizing a variety of funding sources, including MHSA.
- Dedicate \$44 million in County MHSA funds over the next three years to expedite services for individuals with serious mental illness and/or co-occurring substance use disorders who are homeless or at risk of becoming homeless. Of this total amount, \$42 million will be drawn from the Community Services and Supports component and \$2 million will be drawn from the Prevention and Early Intervention component. The recommended expansion is based on the estimated cost of mental health treatment services for the identified population by increasing enrollments in Full Service Partnerships and Regional Support Teams and maximizing Mode 60 funds for housing supports. The County will seek Federal Medi-Cal reimbursements for using MHSA funds in this manner, to the extent possible.
- Direct staff to coordinate with the City of Sacramento’s Whole Person Care Program in order to support its design and implementation. Both jurisdictions are aspiring to leverage the Whole Person Care pilot program to benefit county residents to the maximum extent possible. Outreach, referral and eligibility functions conducted through the City’s Whole Person Care pilot program shall be available throughout Sacramento County, including in unincorporated communities, as well as the cities of Citrus Heights, Elk Grove, Folsom, Galt, Isleton and Rancho Cordova. The County’s participation shall not constitute any assumption whatsoever of the City’s financial liabilities for its pilot program.
- Upon the Establishment of a City “Whole Person Care Implementation Committee” that includes elected officials and representatives of each of the cities in the county, as well as service providers, County staff will meaningfully participate.

- Direct staff to plan sustainability of the mental health treatment services for residents of Sacramento County with serious mental illness who are homeless or at-risk of becoming homeless beyond the life of the Whole Person Care Grant should it not be extended beyond 2020, and do so in an amount not less than \$4 million per year allocated from available and appropriate MHSA funding sources subject to annual approval by the Board of Supervisors, and based on recommendations from both the Mental Health Services Act Steering Committee and the Sacramento County Mental Health Board.
- Direct staff to utilize existing stakeholder input process, including the MHSA Steering Committee structure, to ensure stakeholder involvement is included in the development of this revision to the existing MHSA Plan, as required by law. All new planning will be conducted in alignment with the statutory requirement that the Mental Health Board conduct the required public hearing on any new or revised MHSA plan at the close of the 30-day posting period. DHHS staff should bring such an MHSA Plan revision to the Board of Supervisors for approval at the earliest possible opportunity.
- Direct staff to focus available PEI funding, including any potential AB114 reversion dollars in this category, where appropriate, on needs of children and youth under age 25 with a specific focus on programs that help foster youth experiencing serious emotional disturbances. Such programs should focus in particular on youth involved with multiple child serving systems, such as child welfare and probation systems to improve resiliency and life opportunities.

On a motion by Supervisor Nottoli, seconded by Supervisor Kennedy, the foregoing Resolution was passed and adopted by the Board of Supervisors of the County of Sacramento, State of California, this 9<sup>th</sup> day of January, 2018, by the following vote, to wit:

AYES: Supervisors Frost, Kennedy, Nottoli, Peters

NOES: None

ABSENT: Supervisor Serna

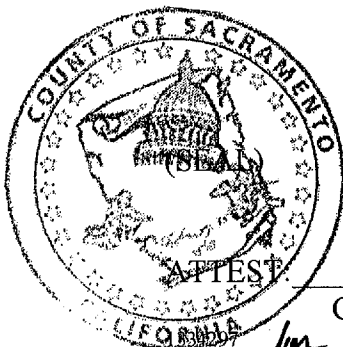
ABSTAIN: None

RECUSAL: None  
(PER POLITICAL REFORM ACT (§ 18702.5.))

**FILED**  
 BOARD OF SUPERVISORS  
 JAN 09 2018  
*Ashence Evans*  
 CLERK OF THE BOARD

*Suzann Pitts*

Chair of the Board of Supervisors  
of Sacramento County, California



*Kelley McClellan*  
Clerk, Board of Supervisors

In accordance with Section 25103 of the Government Code of the State of California a copy of the document has been delivered to the Chair of the Board of Supervisors, County of Sacramento on 1.9.18

By: *J. Short*  
Deputy Clerk, Board of Supervisors

**MHSA HOMELESS MENTAL HEALTH SERVICES EXPANSION  
WORKGROUP RECOMMENDATION  
Presented to MHSA Steering Committee on January 18, 2018**

**Recommendation:**

In alignment with the November 7, 2017 Sacramento County Board of Supervisors action, the Workgroup recommends expanding existing programs and new program models designed to address the needs of individuals (18 years and older) living with a serious mental illness, who may also have a co-occurring disorder and are also at risk of or experiencing homelessness including those served by Countywide Initiatives and Whole Person Care. Expanded and new program models should include increasing access to care, increasing mental Health and co-occurring disorder treatment, and developing and augmenting housing supports.

The Workgroup also strongly recommends additional work to build/strengthen collaborations and partnerships between housing partners, homeless services, mental health providers, alcohol and drug providers, and other systems that serve this population to complement and expand services. In no way is this recommendation intended to fund services that duplicate existing services/efforts that are funded through other initiatives. The Workgroup also recommends intentional work to develop a seamless approach to addressing needs for this population across systems.

Key elements of the program design from the Workgroup are included in the table below:

Front Door/Access Points	Strategies	Staff Type/Consideration
	<ol style="list-style-type: none"> <li>1. Mobile and field based access points that include staff with mental health expertise and meet clients where they are at</li> <li>2. Leverage existing mental health navigators, mental health triage teams, Whole Person Care (WPC) to prevent duplication of efforts</li> <li>3. Expand/increase mental health navigators, mental health triage teams, and mobile crisis teams, as appropriate</li> <li>4. Multiple geographically located walk/drop-in access points to maximize hours of availability to include shelters/respice</li> <li>5. Inreach and diversion, discharge and/or releases from hospitals, jail, shelters to include culturally appropriate and responsive care coordination to include access to mental health services and other needed services and resources (e.g. physical health care and substance use services)</li> </ol>	<ol style="list-style-type: none"> <li>1. Multidisciplinary Team approach                             <ol style="list-style-type: none"> <li>a. Peers with lived experience that provide support and advocacy</li> <li>b. Clinicians</li> <li>c. Alcohol and Drug Specialists</li> <li>d. Staff with expertise/special skills in (no duplication of existing efforts):                                     <ul style="list-style-type: none"> <li>• Housing</li> <li>• Eligibility/benefits</li> <li>• VA system of care</li> </ul> </li> </ol> </li> <li>2. Collaboration with system partners (e.g., law enforcement, physical healthcare, homeless navigators, and substance use services)</li> <li>3. Training for Staff:                             <ol style="list-style-type: none"> <li>a. Trauma Informed Care</li> <li>b. Harm Reduction</li> <li>c. Street Outreach</li> <li>d. Children’s Mental Health Treatment</li> <li>e. Stigma reduction for housing providers/staff</li> <li>f. Cross-system training</li> <li>g. Crisis intervention</li> </ol> </li> <li>4. Staff are culturally and linguistically reflective of and responsive to our diverse communities</li> </ol>

**MHSA HOMELESS MENTAL HEALTH SERVICES EXPANSION  
WORKGROUP RECOMMENDATION  
Presented to MHSA Steering Committee on January 18, 2018**

	<b>Strategies</b>	<b>Staff Type/Consideration</b>
<b>Mental Health Treatment</b>	<ol style="list-style-type: none"> <li>1. Site, community and mobile based services</li> <li>2. Staying engaged with clients whether they are ready for services or not</li> <li>3. Improving coordination of care with all systems of care related to services for the individuals living with serious mental illness at risk of or experiencing homelessness throughout the entire course of treatment (including concurrent services, transitions, warm hand-off)</li> <li>4. Mental Health programs to provide skills building, employment and volunteer opportunities for clients</li> <li>5. Leverage tele-psychiatry and on-call psychiatrists</li> <li>6. Flex Funding available for basic needs</li> <li>7. Expand expedited benefits acquisition (such as SMART, SOAR, etc.)</li> <li>8. Transportation for clients</li> </ol>	<ol style="list-style-type: none"> <li>1. Peers with lived experience</li> <li>2. Clinicians, including MSWs, LCSWs, LPCCs, LMFTs</li> <li>3. Staff are culturally and linguistically reflective of and responsive to our diverse communities</li> <li>4. Alcohol and Drug Specialists</li> <li>5. Medical staff (including nurses)</li> <li>6. Experienced clinicians</li> <li>7. Competent in co-occurring mental health and substance use disorders treatment</li> <li>8. Strategies to support staff hiring and retention and improve client care (e.g. livable wages, etc.)</li> <li>9. Non-judgmental, non-stigmatizing services</li> <li>10. Include law enforcement in training</li> <li>11. Training for Staff: <ol style="list-style-type: none"> <li>a. Trauma Informed Care</li> <li>b. Harm Reduction</li> <li>c. Street Outreach</li> <li>d. Children’s Mental Health Treatment</li> <li>e. Stigma reduction for housing providers/staff</li> <li>f. Cross-system training</li> <li>g. Crisis intervention</li> <li>h. Housing adaptation to support clients transitioning from homelessness to housed</li> </ol> </li> <li>12. Staff are culturally and linguistically reflective of and responsive to our diverse communities</li> </ol>
<b>Housing Supports</b>	<ol style="list-style-type: none"> <li>1. Array of housing supports/options: <ol style="list-style-type: none"> <li>a. Leverage existing vouchers</li> <li>b. Subsidies to bridge rent gaps and other housing related costs to prevent and end homelessness</li> <li>c. Supports for clients moving in to housing/ housing retention, including housing adaptation support</li> </ol> </li> <li>2. Flex Funding available for basic needs</li> <li>3. Offer stigma and discrimination reduction training to garner community support</li> <li>4. Reducing barriers to housing (e.g. harm reduction, etc.)</li> </ol>	<ol style="list-style-type: none"> <li>1. Ensure capacity for housing specialists/experts and peers with lived mental health and homeless experience that can: <ol style="list-style-type: none"> <li>a. Support client-landlord relationships</li> <li>b. Offer training related to relationships with landlords and/or neighbors</li> <li>c. Manage housing subsidies</li> </ol> </li> <li>2. Site based at housing developments or field based response</li> </ol>



## Mental Health Services Act (MHSA) Community Planning Process Workgroup

*Workgroup is charged with making a recommendation to the  
MHSA Steering Committee for additional services for individuals with  
serious mental illness who are experiencing, or are at-risk, of homelessness*

### Workgroup/Community Input Meeting Schedule

<b>Workgroup Kick-Off/ Orientation (Public welcome)</b>	Thursday, December 14, 2017 4:30 – 7:30 pm	Grantland L. Johnson Center for Health and Human Services 7001-A East Parkway, Room 1 Sacramento, CA 95823
<b>Workgroup Meeting #2 (Public welcome)</b> <i>Held in lieu of MHSA Steering Committee</i>	Thursday, December 21, 2017 4:30 – 7:30 pm	Grantland L. Johnson Center for Health and Human Services 7001-A East Parkway, Room 1 Sacramento, CA 95823
<b>Workgroup Meeting #3 (Public welcome)</b>	Wednesday, January 3, 2018 4:00 – 6:00 pm	Grantland L. Johnson Center for Health and Human Services 7001-A East Parkway, Room 1 Sacramento, CA 95823

**If you wish to attend and need to arrange for an interpreter or a reasonable accommodation,  
please contact Jay Ma one week prior to each meeting at  
(916) 875-4639 or [MaJay@sacounty.net](mailto:MaJay@sacounty.net).**

Questions? Email us at [MHSA@SacCounty.net](mailto:MHSA@SacCounty.net) or call (916) 875-MHSA  
Visit our Website at [www.sacdhhs.com/MHSA](http://www.sacdhhs.com/MHSA)

**Sacramento County  
MHSA Homeless Mental Health Services Expansion  
Workgroup Composition**

The **MHSA Workgroup** is charged with making a recommendation to the MHSA Steering Committee for additional services for individuals with serious mental illness who are experiencing, or at-risk of, homelessness.

The Executive Committee of the MHSA Steering Committee determined the composition and membership of the Workgroup, as identified in the table below:

	Stakeholder Group	Member
1.	Mental Health Board	John Puente
2.	City of Sacramento	Emily Halcon
3.	Cultural Competence	Emily Bender
4.	Law Enforcement	Nate Grgich
5.	Mental Health Director	Uma Zykofsky
6.	Behavioral Health Services	Kelli Weaver
7.	Department of Human Assistance	Eduardo Ameneyro
8.	Health	Olivia Kasirye
9.	Alcohol and Drug Service Board	Melinda Avey
10.	Homeless	Cindy Cavanaugh
11.	Consumer – Adult	Leslie Napper
12.	Consumer – Older Adult	Frank Topping
13.	Family Member/Caregiver of Adult	Susan McCrea
14.	Consumer / Family Member At-Large	Sayuri Sion
15.	Consumer / Family Member At-Large	Sandra Marley
16.	Hospital System	Seth Thomas



<b>MHSA Homeless Mental Health Services Expansion Workgroup</b>		
	<b>Name</b>	<b>Organization</b>
<b>Panelists</b>	David Bain	Executive Director, NAMI Sacramento
	Alexis Bernard	Program Director, Turning Point Community Programs Program
	Karen Brockopp	Associate Program Director, TLCS, Inc.
	Sara Collette	Clinical Director, Human Resource Consultants
	Katie Freeny	Director, El Hogar Community Services
	Matthew Marrison	Sacramento County Consumer Advocate, NorCal MHA
	Jonathan Porteus, PhD	Chief Executive Officer, WellSpace Health
	Glen Xiong, MD	Associate Clinical Professor, University of California, Davis School of Medicine/Dept. of Psychiatry and Behavioral Sciences
	Rosemary Younts	Senior Director, Behavioral Health Services Dignity Health

Rev 12/13/17

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# **MENTAL HEALTH SERVICES ACT**

## **AB114 Plan for Mental Health Services Act Funds at Risk of Reversion**

### **AB114 Plan for Mental Health Services Act Funds at Risk of Reversion**

Assembly Bill (AB) 114, passed in 2017, clarifies and defines the Mental Health Services Act (MHSA) reversion process. MHSA funding that is subject to reversion is a subset of unspent funds that were not spent in the designated timeframe. The timeframe varies dependent on MHSA component. For example, the timeframes for the Community Services and Supports and Prevention and Early Intervention components are typically three years. Through AB114, Counties have an opportunity to develop a plan to spend funds that would avoid reversion if specific criteria are met.

Based on documentation received from the California Department of Health Care Services (DHCS) relating to Sacramento County's appeal of the AB114 calculations of MHSA funding subject to reversion, the available AB114 funding is identified as follows: \$4,779,044 in the Prevention and Early Intervention (PEI) component; \$506,767 in the Workforce Education and Training (WET) component; and \$7,889,409 in the Innovation (INN) component.

Sacramento County, Division of Behavioral Health Services, has engaged local stakeholders in the development of this AB114 Plan to spend MHSA funds subject to/at risk of reversion, in accordance with the requirements of AB114. With support from community stakeholders, this AB114 Plan identifies the expenditures from the following programs/projects: 1) Mental Health Services for Foster Youth; and 2) Innovation Projects 2 and 3. Subject to any further AB114 funding adjustments as negotiated and agreed to by DHCS, these identified programs/projects will expend any available Sacramento County AB114 reversion funds by July 1, 2020, as required.

The Mental Health Services for Foster Youth Program is a new proposed program contained in the MHSA FY 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan within the PEI Strengthening Families Project. It will be developed incorporating key elements of trauma-informed mental health services and supports for foster youth, with a focus on placement stability for foster youth and their resource families as described in the Three-Year Plan. The community planning process for the development of this program is described in the body of the Three-Year Plan and also in Attachment E. Program services will be funded with identified AB114 PEI funding and staff training and workforce support activities will be funded with identified AB114 WET funding.

Prior community planning developed the two Innovation projects identified for AB114 INN funds: the newly implemented INN Project 2: Mental Health Crisis/Urgent Care Clinic and the proposed INN Project 3: Behavioral Health Crisis Services Collaborative. The MHSA FY 2015-16 Annual Update details the community planning process for the development of INN Project 2 and an overview of the project is contained in the MHSA FY 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan. The community planning process and project description for the proposed INN Project 3 is contained in Attachment F of the MHSA FY 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan. Expenditures from INN Project 2 (within the previously approved budget) and expenditures from the proposed INN Project 3 will be funded with identified AB114 INN funding.

**MENTAL HEALTH SERVICES FOR FOSTER YOUTH  
WORKGROUP RECOMMENDATION  
Presented to MHSА Steering Committee on January 18, 2018**

**Recommendation:**

In alignment with the November 7, 2017 Sacramento County Board of Supervisors action, the Workgroup recommends using available MHSА AB114 Prevention and Early Intervention (PEI) funding for mental health services for children/youth in the foster care system.

The Workgroup recommends that all program elements should incorporate cultural humility and sensitivity, and be linguistically reflective of the diversity of the community. This Workgroup recommends that implementation of these key elements be sized to align with available one-time AB114 PEI funding and that consideration be given to sustaining these services and supports beyond the AB114 funding period.

Key elements of trauma-informed mental health services and supports for foster youth, with a focus on placement stability for foster youth and their resource families, from the Workgroup, are included in the table below:

- Mobile services to include:
  - Immediate phone response and face-to-face response within 45 minutes
  - Crisis/urgent response, de-escalation and mediation services (crisis as defined by requestor)
  - 24/7, 365 days per year if evidence supports this level of coverage
  - Follow-up services
    - Ability to trigger Child and Family Team (CFT) meeting, as required by Continuum of Care Reform (AB403)
      - Youth and family-driven follow-up services
  - Youth and Family Advocates must be on the team and provide engagement and facilitation strategies
- Warmline services to include:
  - Follow-up services
- Expand mental health services and supports, including non-Medi-Cal billable services, to support engagement in normative activities to support mental well-being, including community/cultural considerations
- Individualized plans that highlight transition planning and support placement stability
- Engagement and facilitation strategies utilizing Youth and Family Advocates
- Mental health and substance use disorders screening and strengths-based assessments at different intervals (assessments should be done at appropriate time)
- Information should be provided to youth using language they understand
- Peer support and advocacy should be available to foster youth and their resource families
  - Support linkage to enhance normative activities chosen by/important to youth, utilizing existing resources
- Peer social club and youth advisory committee
- Reduce stigma and normalize activity of utilizing resources and supports through peer support, coaching and mentoring
- Training should address:
  - Trauma informed care and practice/implementation
  - Community defined and promising practices
  - Peer support and advocacy training for and by peers
  - Child and adolescent development and how it is impacted by trauma, poverty and adverse childhood experiences
  - Normative child and adolescent experiences/activities promote well-being
  - LGBTQ+/GNC sensitivity training
- Consistent communication and strategic coordination of care between all systems and organizations serving foster youth
- Child serving systems and organizations collaboration and cross training



## Mental Health Services Act (MHSA) AB114 PEI-Funded Mental Health Services for Foster Youth Workgroup

*Workgroup is charged with making a recommendation to the MHSA Steering Committee for AB114 PEI-funded mental health services for foster youth in alignment with the November 7, 2017, Board of Supervisors action*

### Workgroup/Community Input Meeting Schedule

<b>Workgroup Kick-Off/ Orientation (Public welcome)</b>	Friday, January 5, 2018 9:00 am – 12:00 pm	Grantland L. Johnson Center for Health and Human Services 7001-A East Parkway, Room 1 Sacramento, CA 95823
<b>Workgroup Meeting #2 (Public welcome)</b>	Tuesday, January 9, 2018 2:00 – 5:00 pm	Grantland L. Johnson Center for Health and Human Services 7001-A East Parkway, Room 1 Sacramento, CA 95823
<b>Workgroup Meeting #3 (Public welcome)</b>	Friday, January 12, 2018 10:00 am – 1:00 pm	Grantland L. Johnson Center for Health and Human Services 7001-A East Parkway, Room 1 Sacramento, CA 95823

**If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Jay Ma one week prior to each meeting at (916) 875-4639 or [MaJay@sacounty.net](mailto:MaJay@sacounty.net).**

Questions? Email us at [MHSA@SacCounty.net](mailto:MHSA@SacCounty.net) or call (916) 875-MHSA  
Visit our Website at [www.sacdhhs.com/MHSA](http://www.sacdhhs.com/MHSA)

**Sacramento County  
Mental Health Services for Foster Youth  
Workgroup Composition**

The **MHSA AB114 Workgroup** is charged with making a recommendation to the MHSA Steering Committee for mental health services for children and youth in the foster care system.

The Executive Committee of the MHSA Steering Committee determined the composition and membership of the Workgroup, as identified in the table below:

	Stakeholder Group	Member
1.	Mental Health Board	John Puente
2.	Mental Health Director	Uma Zykofsky
3.	Behavioral Health Services	Melissa Jacobs
4.	Child Protective Services	Michelle Callejas
5.	Probation	Alan Seeber
6.	Cultural Competence	Mary Nakamura
7.	CASA	Carol Noreen
8.	CASA	Bernardette Behar
9.	Psychologist	Stacey Peerson, Ph.D.
10.	Juvenile Court	Judge Jerilyn Borack
11.	Education	Aliya Holmes (SCUSD)
12.	Homeless Youth	Gem Gabbett
13.	Former Foster Youth	Rochelle Trochtenberg
14.	Former Foster Youth	Israel Moncada
15.	Family Member/ Family Partner	Sandena Bader
16.	Youth Advocate	Sean Mar
17.	Youth Advocate	Ramsey Franklin

<b>Mental Health Services for Foster Youth Workgroup</b>		
	<b>Name</b>	<b>Stakeholder Group</b>
<b>Panelists</b>	Brenda Dabney	Children's Law Center
	Ramsey Franklin	Youth Advocate
	Laura Heintz	Foster Family Agency
	Robert Horst, MD	Psychiatry
	Cathi Johnson	Child Protective Services
	Trish Kennedy	Education
	Brandi Liles	Mental Health Services Agency
	Alan Seeber	Probation
	Xiomara Seide	Family Member/Advocate
	Rochelle Trochtenberg	Former Foster Youth





## **MENTAL HEALTH SERVICES ACT**

### **INN Project 3 – Behavioral Health Crisis Services Collaborative**

April 10, 2018 - Approved by Sacramento County Board of Supervisors

May 24, 2018 - Approved by Mental Health Services Oversight and  
Accountability Commission (MHSOAC)

## EXHIBIT B

Enclosure 3

**INNOVATION WORK PLAN**  
**Description of Community Program Planning and Local Review Processes**

County Name: Sacramento  
 Work Plan Name: Behavioral Health Crisis Services Collaborative

Instructions: Utilizing the following format please provide a brief description of the Community Program Planning and Local Review Processes that were conducted as part of this Annual Update.

**1. Briefly describe the Community Program Planning Process for development of the Innovation Work Plan. It shall include the methods for obtaining stakeholder input. (suggested length – one-half page)**

Throughout all of Sacramento County's Mental Health Services Act (MHSA) Community Planning Processes (CPP), crisis services and help in a crisis has been a recurring community concern. Since the inception of Sacramento County's MHSA CPP, stakeholders and community members have provided input and participated in CPP and discussions related to the need for building a continuum of crisis prevention and intervention services.

In 2010, through CPP activities, stakeholders and community members participated in planning meetings to develop a Prevention and Early Intervention (PEI) component Suicide Prevention Project. This comprehensive project included suicide prevention strategies and programs such as a consumer warm line, suicide prevention/crisis line, training related to suicide prevention awareness and ethnic specific programs for depression and suicide prevention. It also laid the groundwork for future planning of crisis services programs such as the Community Support Team and mobile crisis teams.

The CPP for Sacramento County's Innovation Project 1 in February 2016 resulted in the development and implementation of respite programs for many unserved and underserved communities. These respite programs provide individuals experiencing crisis with services that aim to reduce stress and ameliorate crisis.

The Investment in Mental Health and Wellness Act of 2013 / Senate Bill 82 provided Sacramento County several opportunities to develop and implement alternative strategies and services that address crisis. With the support of the MHSA Steering Committee and the community, the County responded to SB82 request for applications and was awarded funding for a Triage and Peer Navigator Program, Mobile Crisis Support Teams (MCST), and Crisis Residential Programs (CRP). These applications were presented and reviewed with stakeholders and community members at MHSA Steering Committee meetings. Members of the Steering Committee offered strong support in favor of the County's submission of these applications. Furthermore, they supported and recommended MHSA funding for several MCST staff positions and for services for a new CRP.

**EXHIBIT B**

Enclosure 3

The MHSA Steering Committee and community members were also involved in the development and shaping of Sacramento County's second Innovation Project, Mental Health Crisis/Urgent Care Clinic through a robust CPP in 2015. This project offers immediate outpatient mental health crisis services to individuals of any age that are experiencing a mental health crisis.

During the 30-day posting of Sacramento County's MHSA FY 2016-17 Annual Update, a variety of stakeholders, including consumers, community members, family members, system partners and others expressed support for continued progress towards implementation of the new Mental Health Crisis/Urgent Care Clinic which created an alternative to unnecessary/inappropriate emergency department visits and resulting psychiatric hospitalizations. Stakeholders also encouraged Sacramento County Division of Behavioral Health Services (DBHS) to look for opportunities to build off of this program and explore additional opportunities to partner with health systems in innovative ways to help address the needs of Sacramento County consumers and families experiencing a mental health crisis.

The CPP for the third Innovation Project builds off of these previous CPP processes. Dignity Health approached DBHS with the concept of a partnership with Sacramento and Placer Counties to explore innovative mental health services that could be sited on a hospital campus to address crisis. In alignment with the recommendation from stakeholders and the Division's commitment to explore new opportunities to improve the crisis services sector, this proposed project concept, which would establish adult crisis stabilization services on a hospital campus serving both Sacramento and Placer County residents, was introduced and discussed at the May 18, 2017, Mental Health Services Act (MHSA) Steering Committee meeting. At this meeting, an overview of the Innovation component, including component requirements, planning and implementation process was provided and the current crisis services delivery system was reviewed, including the discontinuity that can occur when individuals in crisis seek help and the need for crisis services. The Steering Committee voted in full support of DBHS moving this proposed third Innovation Project forward through the formation and convening of a Workgroup that would bring a recommendation to the Steering Committee prior to finalization.

Consistent with DBHS practice and the support of the MHSA Steering Committee, the Division designed and conducted a CPP to inform the development this proposed Innovation Project #3. This process included the formation of an Innovation Project #3 Workgroup and community input.

DBHS facilitated the Innovation Project #3 Workgroup and Community Input Session on July 20, 2017. At this meeting, workgroup and community members reviewed the Innovation component guidelines and the proposed project's purpose, learning and services. Panelists representing consumer, family members, psychiatry, and emergency physician stakeholders shared their thoughts on the benefit and value of the proposed project. In small groups, workgroup and community members discussed the importance of the project services, the benefits to co-locating crisis services at a hospital campus, strategies that can be embedded into services, and how principles of wellness and recovery and cultural competence could be incorporated into services. Workgroup and

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Enclosure 3

community members engaged in robust discussion and reported out on their input and feedback for this proposed project.

On August 17, 2017, the Workgroup presented their recommendation to the MHSA Steering Committee. The Committee reviewed and discussed Workgroup and community members input and feedback and fully supported moving this proposed project forward for inclusion in the MHSA Three-Year Plan for submission to the Sacramento County Board of Supervisors and the Mental Health Services Oversight and Accountability Commission.

**2. Identify the stakeholder entities involved in the Community Program Planning Process.**

A seventeen (17) member Workgroup representing a wide array of stakeholders was established. Workgroup members attended the Innovation Project #3 Workgroup/Community Input Session to provide input and ideas related to the proposed project. Additionally, twenty-eight (28) community members attended the input session. Collectively, there was representation from the following stakeholder groups:

- Consumers
- Family members
- Crisis service providers
- Mental health service providers
- Early psychosis program service providers
- Ethnic service providers
- Community psychiatry
- Emergency physician
- Local law enforcement
- First responders
- Local hospitals
- Health systems/providers
- Faith-based service providers
- Veterans
- MHSA Steering Committee
- Cultural Competence Committee
- Mental Health Board
- Sacramento County Board of Supervisors

**3. List the dates of the 30-day stakeholder review and public hearing. Attach substantive comments received during the stakeholder review and public hearing and responses to those comments. Indicate if none received.**

The Innovation Project #3 Plan was posted as an attachment to the MHSA Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan from February 5 through March 7, 2018. The Public Hearing was conducted by the Mental Health Board on March 7, 2018.

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Enclosure 3

During the 30-day posting period, there were many comments received expressing support for the Project. The MHSA Steering Committee, Cultural Competence Committee, Public Health Advisory Board, and Mental Health Board were supportive of moving the Project forward for approval as part of the MHSA Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan. On April 10, 2018, the Sacramento County Board of Supervisors approved the MHSA Fiscal Year 2017-18, 2018-19, 2019-20 Three-Year Program and Expenditure Plan which included the Innovation Project #3 Plan. Support for this proposed Innovation Project was community-wide as evidenced by the attached letters of support and the public comment received during the posting period.

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**Innovation Work Plan Narrative**

**MHSOAC Presentation Date:** May 24, 2018

**County:** Sacramento

**Work Plan #:** 3

**Work Plan Name:** Behavioral Health Crisis Services Collaborative

**Purpose of Proposed Innovation Project (check all that apply)**

- INCREASE ACCESS TO UNDERSERVED GROUPS
- INCREASE THE QUALITY OF SERVICES, INCLUDING BETTER OUTCOMES
- PROMOTE INTERAGENCY COLLABORATION
- INCREASE ACCESS TO SERVICES

**Briefly explain the reason for selecting the above purpose(s).**

Sacramento County's proposed innovation project, the Behavioral Health Crisis Services Collaborative, will establish adult crisis stabilization and intensive mental health support services on a hospital campus (Mercy San Juan Medical Center) located in the underserved and high need northeastern section of Sacramento County.

This innovative emergency care integration initiative advances the standard for existing crisis services in several distinctive ways:

- It is a unique public/private collaboration between Sacramento County, Placer County and Dignity Health, and engages multiple Plan and community-based partners to serve residents of both Counties.
- It represents a commitment from a large hospital system, Dignity Health, to provide quality and integrated medical and behavioral health services under the hospital's license and make a financial investment that includes:
  - Dedicated hospital campus space and construction of facilities, designed to meet crisis stabilization services specifications
  - Ongoing facility operations and maintenance
  - Client transportation
  - Funding for a hospital navigator position
- Project services will:
  - Be sited in the northern region of Sacramento which lacks sufficient crisis service programs across two counties with growing populations
  - Serve adults, 18 years and older, who:
    - Present in the emergency department (ED), are medically treated and stabilized, and would benefit from multi-disciplinary mental health evaluation and crisis stabilization services for up to 23 hours
    - Voluntarily or involuntarily elect to receive services with the expressed goal of minimizing the time being on an involuntary 5150 hold

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- Provide front door integrated medical emergency and mental health crisis stabilization services that embrace the concept of whole person care, wellness and recovery
- Promote prevention by incorporating an assessment tool for early identification and intervention of first episodic psychosis that will be developed by the University of California Davis Medical Center's (UCDMC) Early Diagnosis and Preventive Treatment Program (SacEDAPT). Project services will also connect Sacramento County clients to ongoing care with SacEDAPT program, a project partner.
- It presents an new opportunity to serve both publically and privately insured residents from Sacramento and Placer County
- It creates an opportunity to develop a model for:
  - Sharing governance and regulatory responsibilities related to delivering seamless integrated medical emergency and crisis stabilization care on a hospital emergency department campus
  - Electronic medical records exchange for both clinical coordination of care and claiming processes with the goal of delivering effective and efficient seamless integrated crisis care
- A robust resource center under the same roof will allow multiple community-based partners to support the project by providing care coordination, peer support and navigation, and social services support at the point of care. This will ensure consumers are directly linked to aftercare and other resources necessary for ongoing management of conditions and wellness.
- Local Health Plans operating in Sacramento and Placer County will provide navigation and support services to their private and public enrollees that utilize project services.
- The project is a natural fit with collaborative efforts between Sacramento County and Sacramento City's Whole Person Care (WPC) initiative, and will serve as a direct access point for assessing eligibility, continuity of care, and referral opportunities for homeless individuals with serious mental health conditions in the northern part of Sacramento County.

By integrating mental and physical health care and social support services in one location, the project will ensure continuity of care and strengthen the region's continuum of care for an estimated 2,000 or more public and private clients annually.

Purpose

The primary purpose of this emergency care integration innovation project is to demonstrate improved behavioral health outcomes through a public/private collaboration that removes existing barriers to care, increases access to, and the quality and scope of, crisis stabilization and supportive mental health services that are integrated and coordinated. Project services, sited in the northern region of Sacramento County, will increase access to crisis services for underserved area residents.

The secondary purpose of this project is to improve the efficacy and integration of medical and mental health crisis stabilization services through a public/private partnership between a licensed acute care general hospital and an onsite provider of mental health

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rehabilitative crisis stabilization services. The project will result in the development of assessment, stabilization and treatment protocols between a hospital emergency department (ED) and an onsite mental health crisis stabilization service focused on timely intervention and restoration of civil rights, early psychosis identification and intervention, and reduced ED patient boarding. Treatment protocols will apply to two adjoining counties as well as Health Plans and will include best practices to change the trajectory of care for individuals seeking crisis services.

System Concerns

As a result of the economic recession in 2009, Sacramento County experienced an erosion of available mental health crisis response services in the community, including closure to direct access for adult residents seeking crisis services at the County's Crisis Stabilization Unit (CSU) and a loss of 50 psychiatric inpatient beds at the Mental Health Treatment Center (MHTC). The CSU provided voluntary and involuntary 24/7 emergency mental health assessment and treatment for all Sacramento County residents. Sacramento County opened the Intake Stabilization Unit (ISU) in 2012, a certified crisis stabilization unit; however, it has limited services and capacity as compared to the original CSU.

The loss of these critical crisis response resources severely impacted the community, placing new burdens and response responsibilities on system partners, specifically local EDs, law enforcement, as well as community partners delivering medical or mental health care. Individuals in crisis and in need of mental health treatment began seeking help at local EDs competing for the same resources available for medical crises. As a result, EDs reported being unable to manage the influx of individuals in psychiatric crisis due to a mental illness. Additionally, law enforcement officers and emergency responders were spending large amounts of time waiting with individuals who presented in EDs as a danger to self or others, taking officers and other first responders away from maintaining other vital community responsibilities. Many community members were unable to access needed crisis services or immediate help and were being unnecessarily hospitalized and/or incarcerated.

Recognizing the need to enhance mental health crisis services, both Sacramento and Placer County have each established the following services: (1) community-based mobile crisis teams that work in collaboration with local law enforcement agencies to provide crisis intervention services in community and natural settings; (2) crisis residential treatment programs; (3) respite programs. Additionally, both Sacramento and Placer County have leveraged Senate Bill (SB) 82 grant funding to enhance crisis services. Sacramento County established a Triage Peer Navigator program within local EDs, County Main Jail and the local homeless services campus. Placer County's SB82 crisis clinicians and contracted Peer Advocate Staff work in collaboration with all local law enforcement agencies providing field based (e.g. residence, streets, shelter) crisis response services. Both counties' SB82 programs primary objective is to reduce unnecessary hospitalization by navigating, supporting and linking individuals experiencing a mental health crisis to needed services and resources. The efforts described above have not been enough to impact the rapidly rising need for more mental



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health crisis services, specifically crisis stabilization services. Dignity Health's willingness to invest and partner in this Innovation Project will enable Sacramento and Placer County to further build on much needed services that goes beyond triage functions.

At a July 2009 Sacramento County Board of Supervisors meeting, the Hospital Council of Northern and Central California reported that in June and July 2009, at seven (7) local EDs, 716 patients required 27,209 hours of psychiatric treatment; time that is normally dedicated to medical ED visits. Local hospitals since then anecdotally report that the number of incidents where patients use the ED for a mental health crisis or because mental health treatment was unavailable elsewhere has dramatically increased. With few options for psychiatric care at most local EDs, individuals wait for a behavioral health/psychiatric evaluation that is necessary to determine the appropriate level of care and services. With increased demands and a scarcity of appropriate community alternatives, individuals remain in the ED extended periods of times until mental health treatment (e.g. inpatient bed) is secured. Consequently, when mental health treatment is delayed, the individual's stress increases, symptoms are exacerbated, EDs experience overcrowding and there are delays in care for other patients.

Placer County experiences similar challenges. With the exception of the Placer County Psychiatric Health Facility (PHF), there are no psychiatric treatment facilities available in Placer County and clients must be referred to facilities outside the County, often two to three hours away.

Placer County established a partnership with Sutter Health, local law enforcement agencies, Placer County Jail as well as contracted providers to collaborate regarding mental health crisis services. This partnership meets quarterly to review data related to mental health crisis services, explore alternatives and best practices to serve this population without delaying necessary treatment, and advocate for redesigning services that have the greatest impact. In FY 2015-16, there were 3,067 crisis evaluations completed in Placer County. In FY 2016-17, that number increased by 5% (3,215). Of the 3,215, 63% (2,033) were evaluated at Sutter Roseville Medical Center and 21% (698) at Sutter Auburn Faith Hospital. For individuals in crisis awaiting psychiatric placement, 50% wait over eight (8) hours and close to 25% wait over 24 hours from the time a crisis evaluation is requested.

The psychiatric ED boarding experienced in Sacramento and Placer County is a well-documented national phenomenon. From July 2012 to June 2016, Sacramento County participated in the Center for Medicaid Services (CMS) Medicaid Emergency Psychiatric Services Demonstration (MEPD) project. The MEPD was part of a requirement under the Affordable Care Act (Section 2707, ACA; P/L/ 111-148). Sacramento and Contra Costa represented California Counties in this national demonstration project. The demonstration project was designed to test whether the expansion of Medicaid coverage to include emergency services provided in private IMDs improves access to and quality of medically necessary care as well as discharging planning. It also explored a potential remedy to alleviate the psychiatric boarding and scatter beds burden to general hospitals and EDs. The overall evaluation of the MEPD project found little to no evidence of the MEPD effects

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on access to inpatient care, general hospital scatter beds, ED visits and ED boarding. On a local level, Sacramento County experienced positive outcomes such as increased access to inpatient beds for Medi-Cal beneficiaries, reduced recidivism rates, and improved discharge planning efforts. Sacramento County has the unique challenge in having three large free-standing private psychiatric hospitals – Sierra Vista, Heritage Oaks and Sutter Center for Psychiatry – none of which are eligible for federal funding for their inpatient beds as hospitals with over 16 beds (known as the Institutions for Medical Disease IMD Exclusion). Sacramento County was also able to reinvest savings generated by the MEPD project in a new community program that targeted greater community alternatives for high utilizers of inpatient hospitalization and EDs. While the results were promising at the local level, from the Sacramento County’s perspective, the project was not effective in addressing the root of the problem. It was evident that upon initial contact with individuals, immediate response and appropriate intervention was needed at the entry point of request in the ED. Sacramento County learned that by increasing access for Medi-Cal beneficiaries to inpatient hospitalization, the higher level of care could easily become the default. This would result in unnecessary inpatient admissions rather than determining the appropriate level of care to potentially prevent involuntary commitment. To change the trajectory of an individuals’ disposition, however, real time interventions at the point of entry (EDs) was needed. These interventions needed to be provided by trained providers with experience in assisting individuals experiencing a mental health crisis and restoring their rights as appropriate, thereby avoiding unnecessary transfer to an inpatient facility. Such interventions require buy-in and alignment by both hospital partners and county service delivery systems, and also require clear protocols and governance yet to be developed as a standard of care.

Throughout most all of Sacramento County’s MHSA Community Planning Processes (CPP), crisis services and help in a crisis have been a recurring community concern. In recent CPP discussions, consumers, family members, system partners and providers voiced concerns about the challenges associated with psychiatric onboarding, navigating busy EDs and timely access and transitions to follow up care/services. These challenges create barriers for individuals in crisis seeking help and accessing care in a community based setting.

These same concerns are expressed by Placer County community and provider stakeholders who meet quarterly to address ongoing service needs. Despite collaboration and ongoing improvement efforts, Placer County needs additional mental health crisis services and treatment options for psychiatric conditions. Resources mentioned are often at capacity and not available. Data reflects that a lack of resources and delays in care are resulting in higher acuity levels among consumers and longer lengths of stay once consumers are placed in care. Individuals presenting with low to moderate service needs receiving crisis intervention services are not receiving post-intervention or follow-up care and are returning with higher level service needs.

Sacramento and Placer County stakeholders support one of the unique approaches this project will take to help reverse the trend of rising acuity levels. A first break screening tool specific to the project will be developed by the University of California Davis Medical

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Center's (UCDMC) Sacramento Early Diagnosis and Preventive Treatment Program (SacEDAPT). Funded by Sacramento County, the SacEDAPT program currently provides care for transition age youth experiencing early stage psychosis. SacEDAPT utilizes assessment tools to determine appropriate diagnoses to guide ongoing treatment. There is an abundance of literature and data that supports the value of this type of early identification and intervention following the first episode of psychosis. Early identification, immediately followed by treatment that provides interventions aimed at shortening the course and decreasing the severity of a first break, is shown to improve both outcomes and recovery.

Unmet Need for Crisis Services

Sacramento County's MHTC provides short term comprehensive acute inpatient mental health services, 24/7, for adults 18 and older experiencing a mental health crisis and/or condition. The County's Intake Stabilization Unit (ISU), adjacent to the MHTC campus' 50 inpatient psychiatric beds, provides up to 23-hour crisis stabilization and intensive services in a safe environment. The ISU responds to hospital ED staff and law enforcement calls 24/7, provides direct access from the mobile crisis support teams and SB82 triage navigator program, and receives adults and minors that have been medically cleared for 24/7 crisis stabilization services. The ISU plays an invaluable role in the community but is located a significant distance away from the north area where this collaborative project will be based.

Placer County's array of mental health crisis services includes a 16-bed PHF/Crisis Stabilization Program, a 5-bed Peer-Run Crisis Respite Center Monarch House, and Nevada County's 23-hour CSU in Grass Valley. A majority of Placer County's crisis calls are generated from the Roseville and Lincoln areas. These areas are approximately 40 miles from Nevada County's CSU resulting in transportation challenges for Placer residents in crisis that need this service. Approximately 200 Placer County residents who need mental health crisis services present at Mercy San Juan Medical Center annually. Placer County's community stakeholders and MHSA Steering Committee agree that crisis services located in the northeastern area of Sacramento would be well utilized and improve the experience of Placer residents experiencing a mental health crisis who live on the border of Sacramento and Placer County in close proximity to Mercy San Juan Medical Center (MSJ). Having crisis stabilization services available at MSJ will also provide local law enforcement a resource in the northeastern area of Sacramento.

Figures 1 and 2 demonstrate the unmet need for crisis services from the perspective of Sacramento County residents that were referred to MHTC/ISU services but were unable to receive those services. In FY16/17, the MHTC/ISU received 8,207 referrals and 2,328 (28%) of those referrals resulted in either admit to ISU or admit to inpatient psychiatric services (see Figure 1). Most referrals come from the local EDs, Sacramento County Mobile Crisis Support Teams (MCST), local law enforcement, Sacramento County Main Jail, and inpatient psychiatric hospitals. Seventy-two percent (5,879) of those referred were not admitted to either ISU or for inpatient services (see Figure 1). Figure 2 depicts the number of referrals to the MHTC over the past five years regardless of referral source.

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“Admits from Referrals” in Figure 2 represents the number of referred individuals admitted to either the ISU, MHTC or MHTC authorized admission to other inpatient facilities.

Fig. 1: Unmet Need for Crisis Services from All Referrals

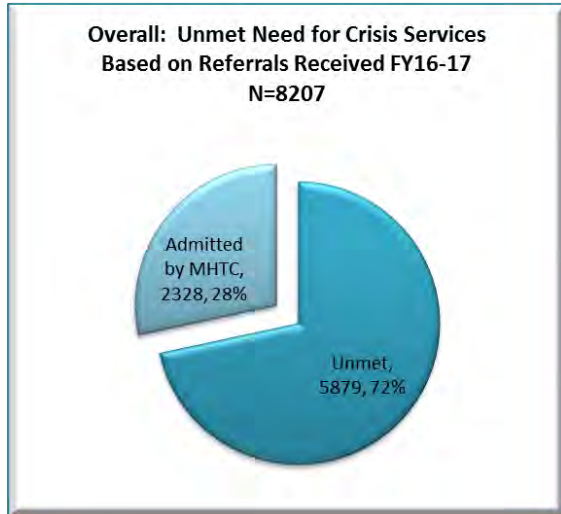
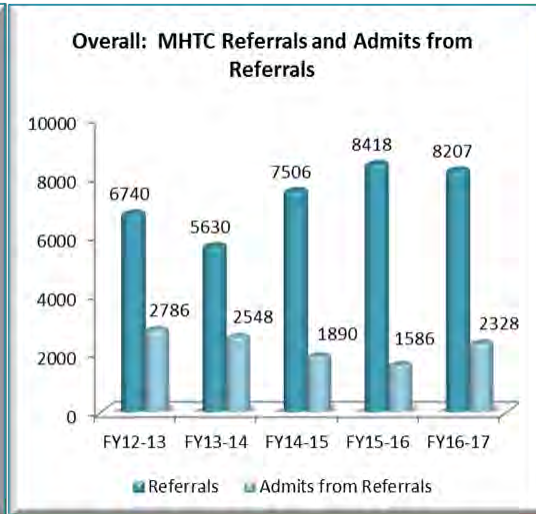


Fig. 2: MHTC Referrals and Admits from All Referrals

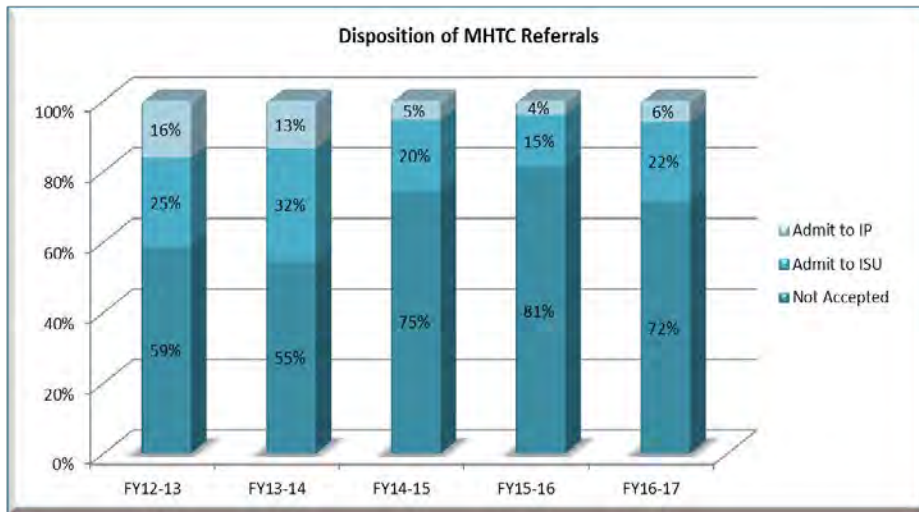


While the figures above demonstrate the need for crisis services from individuals referred to MHTC/ISU services, they do not include the number of other community residents seeking crisis related services that had no contact with Sacramento County’s access points.

With the implementation of Affordable Care Act (ACA) health insurance expansion through Medi-Cal in 2014, referrals to MHTC/ISU dramatically increased and Sacramento County’s ability to grow capacity to serve this increase in referrals has been a challenge (see Figure 3). In the two years preceding ACA implementation, an annual average of 29% of the clients referred to MHTC/ISU were admitted to the ISU compared to 19% in the past three years. Similarly in years prior to ACA implementation, an annual average of 15% of the clients referred to MHTC/ISU were admitted to MHTC (inpatient) versus 5% in the past three years. MHTC’s 50 inpatient beds typically see close to 50% administrative stays with long lengths of stay by clients with forensic involvement who remain without discharge plans. This lack of available subacute beds reduces access for the rest of the community.

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Fig. 3: Disposition of MHTC/ISU Referrals



The need for crisis services in the north areas of Sacramento

There are four local EDs that serve residents who live in the north areas of Sacramento: Mercy San Juan Medical Center (MSJ); Sutter Roseville Medical Center; Kaiser Roseville Hospital; and Mercy Hospital of Folsom. Specific to the northern areas of Sacramento, the MHTC/ISU received 1,431 referrals from north area EDs and only 24% of those referrals resulted in either admit to ISU or admit to inpatient psychiatric services in FY 16/17 (see Figure 4). Figure 5 compares the number of referrals from north area EDs to the MHTC and the number of referred individuals admitted to the ISU, MHTC or MHTC authorized admission to other inpatient facilities.

Fig. 4: Unmet Need for Crisis Services Based on Referrals from North Area EDs

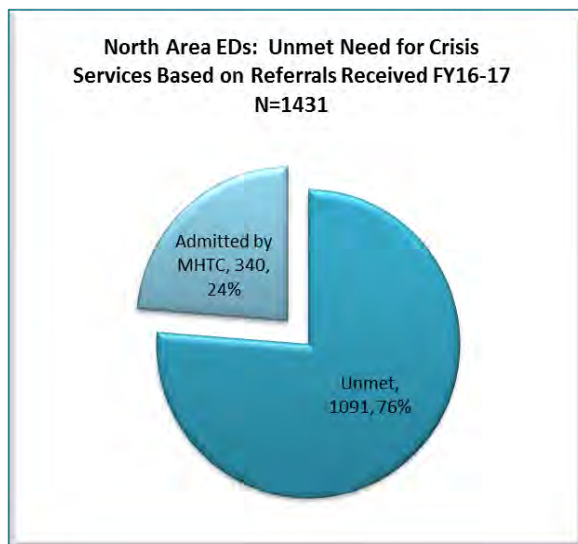
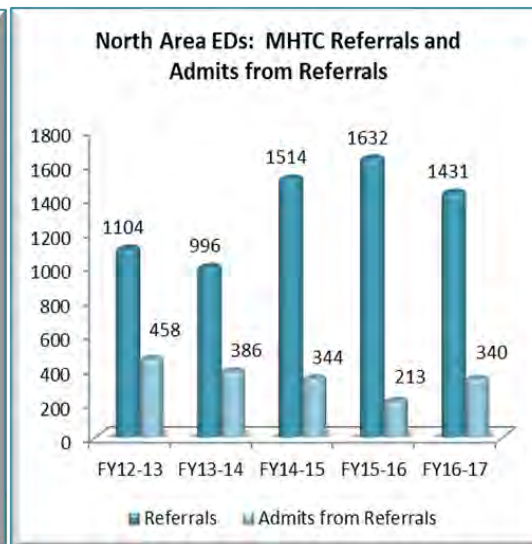


Fig. 5: MHTC Referrals and Admits from North Area ED Referrals



Based on MHTC/ISU services provided from May 2016 to April 2017, the maps (Figures 6 and 7) below illustrate where currently served individuals live. Of the 80% served, 37% live within a five mile radius of the MHTC/ISU and 43% live outside of that five mile radius.

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Twenty seven percent of served individuals live in the northern areas of Sacramento. There were some limitations to mapping all individuals served due to out of county addresses, error in address entry, and some individuals using a service provider address.

Fig. 6: Map of Where Individuals Served by MHTC/ISU Live

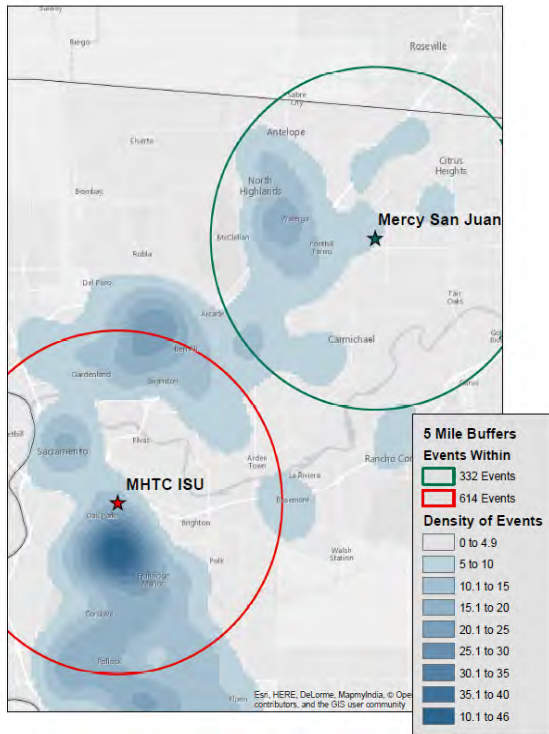
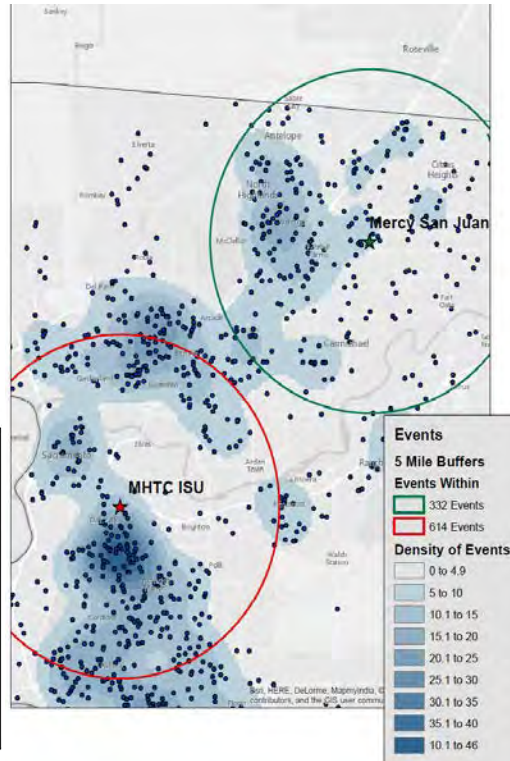


Fig. 7: Map of Where Individuals Served by MHTC/ISU Live With Data Points



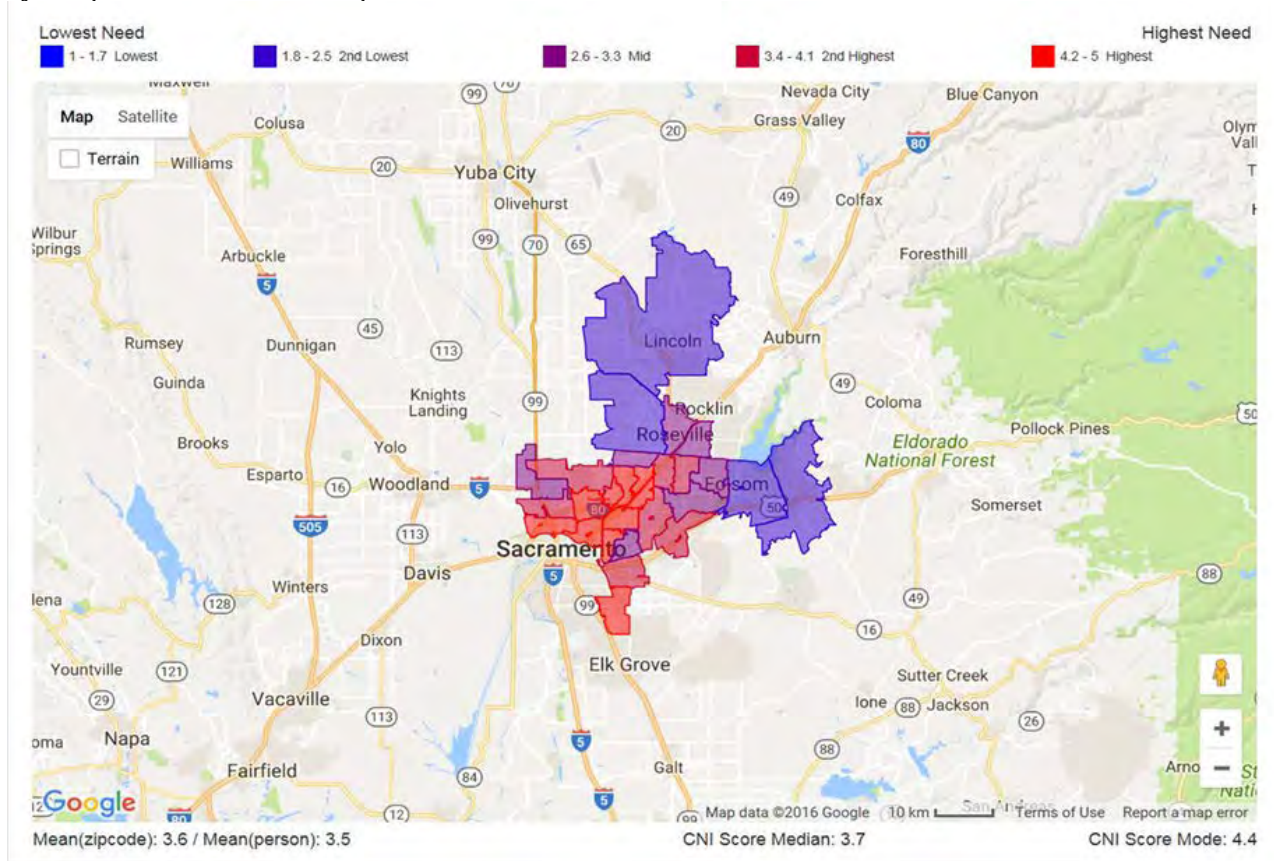
**Mercy San Juan Medical Center (MSJ) Demographics**

Located in the City of Carmichael, MSJ is a Level II trauma center with 370 acute care beds. The hospital has a broad primary service area that encompasses numerous communities within 28 zip codes primarily within Sacramento County, and extending to south Placer County. A number of communities within MSJ’s primary service area, including North Highlands, McClellan, Rio Linda, Antelope, Carmichael, Citrus Heights, Orangevale, Fair Oaks, and portions of Roseville and Lincoln, are designated as having underserved populations and as being medically underserved. Over half of the County’s total Medi-Cal-insured population (56%) resides within the hospital’s primary service area.<sup>1</sup> In Community Needs Index rankings (shown in Figure 8), MSJ’s primary service area scored 3.7, which is the second highest score for communities with significant barriers to health care access. The Community Needs Index is a tool that was developed by Dignity Health and Truven Health Analytics. It analyzes data at the zip code level on five factors known to contribute to barriers to health care access: income, culture/language, education, housing status and insurance coverage. Scores from 1.0 (lowest barriers) to 5.0 (highest barriers) for each factor are averaged to calculate a score for each zip code in the community. Research shows that communities with the highest scores experience twice the rate of hospital admissions as those with the lowest scores.

<sup>1</sup> Sacramento County Medi-Cal Beneficiaries by Zip Codes (09/08/2016), data source: CalWin (County SAWS)

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Fig. 8: Mercy San Juan Medical Center Community Needs Index



People needing mental health care experience even greater barriers in this part of the region, compounded by the lack of any crisis services and severely limited mental health treatment options altogether. Given the distance from existing crisis services that are more centrally located in Sacramento County, and more remotely located in Placer County, transportation is a significant problem for this area's underserved residents. Formal needs assessments conducted by Dignity Health show that lack of access to behavioral health services is the top priority health concern for residents in north Sacramento communities.<sup>2</sup>

As the only acute medical center in north Sacramento County, MSJ's 31-bed ED is constantly busy with high total patient volumes of more than 200 adults and children per day. A significant number of these patients, ranging from 9 up to 20 on any given day, are adults who have turned to the ED in need of mental health care, either in crisis, or self-identified. Providing timely and appropriate care and treatment for these individuals is a challenge in a crowded, fast-paced ED environment. Boarding times can be long; 32 hours on average for individuals needing to be transferred to an inpatient psychiatric hospital.

<sup>2</sup> 2016 Federal and State Mercy San Juan Medical Center Community Health Needs Assessment, <http://www.dignityhealth.org/sacramento/documents/hospital-reports-addressing-community-health-needs/mercy-san-juan-chna-2016>.

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The hospital has among the highest volume of individuals who present to the ED with mental health conditions, only second to the UC Davis Medical Center ED.<sup>3</sup> In FY 2016/2017, 3,398 adults 18 years and older presented to MSJ's ED with mental health conditions. The majority of these individuals (3,198) resided in Sacramento County; 6%, or 200 individuals, were Placer County residents (see Figure 9 for insurance demographics by County). Many of these patients (247) are homeless adults with serious or chronic mental health conditions.

Fig. 9: Insurance Demographics by County

	Sacramento County	Placer County
Medi-Cal Insured	55%	33%
Medicare Insured	24%	14%
Commercial Insured	12%	50%
Uninsured	9%	3%
TOTAL	100%	100%

### Project Considerations

Currently, hospital EDs have become a primary resource for an increasing number of individuals seeking care for many different conditions, health concerns and behavioral health needs; all representing varying levels of severity. Individuals that present at the ED may be there for a single first time access, episodically, or chronically. When EDs are faced with overcrowding, balancing care for individuals with varying needs and acuity levels, including behavioral/mental health needs, is extremely difficult. A large number of help-seeking individuals present at EDs needing specialized mental health crisis stabilization services and wait extended hours in EDs. Typically, the only disposition option includes a long wait for transfer to an inpatient psychiatric hospital which could be avoided if specialized crisis stabilization services were available through the hospital ED at the point of care. These individuals require adequate care that takes into account safety, dignity and privacy in an ED setting, immediate intervention and aftercare services. From consumer and family member perspectives, individuals seeking mental health crisis services need better outcomes. These views were shared through Sacramento County's CPP focus groups specific to this proposed project, as well as Placer County stakeholders. For a consumer experiencing a first psychotic break, all factors listed above are obstacles to changing the trajectory of prompt identification and prognosis for future recovery.

This dilemma can be overcome by the innovation of creating an integrated ED-based emergency/crisis stabilization program, which combines all of the compassionate, supportive and non-coercive aspects of a community-based setting with the capability to care for high-acuity and medically complicated patients. The long wait period and environment of a fast-paced highly stimulating ED is traumatic for individuals seeking a mental health service. Thus, rather than having individuals sit for hours or days in the ED awaiting mental health crisis services, they can instead be moved promptly to the ED-

<sup>3</sup> Sacramento County Referrals and Admits by Referral Source 2014



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based co-located emergency/crisis stabilization program, where evaluation, crisis intervention and stabilization and healing can be initiated. This will eliminate delays before individuals can be seen by specialty trained staff in a therapeutic environment and quickly facilitate improvement in their conditions and distress. Having an integrated program available on-site to provide timely response at the point when individuals first enter the ED system also supports the broader regional care system. Not only does this proposed model reduce redirecting individuals to an off-site crisis unit and delays in care for this specific ED, but it also increases capacity at Sacramento County's existing ISU for that geographic area. Additionally, it will open space in the ED for acute medical patient care, and will result in improved utilization of psychiatric hospitals by admitting individuals who have been fully assessed as needing higher level inpatient care.

Much of the focus around behavioral health care up until this point has been on trying to establish responsibilities between hospitals and the county Mental Health Plans (MHP). This project's approach moves beyond this stalemate and places the focus on patient-centered care. The project is built on a partnership for integrated quality emergency care between a licensed private hospital and the county MHPs. Taking advantage of the strengths that each brings to the table, both Sacramento and Placer County intend to build an integrated health and mental health emergency and crisis stabilization service that can be replicated throughout the state. Instead of seeing emergency and mental health crisis care as an intractable weight without system ownership, both Counties view this project as a rare opportunity to join forces to promote early identification and intervention for psychotic disorders, address chronic co-morbid conditions and collaboratively develop transfer plans that reduce future use of emergency care. Waiting in a hospital emergency room for transfer to a specialized mental health treatment facility is not good care and leads to frustration for consumers as well as hospital staff. The only way to address this dilemma is to bring the specialized care to the individual. Mental health crisis stabilization services as outlined in the state Medi-Cal plan were designed to be rehabilitative and originally conceptualized as an opportunity to accomplish this goal. This project's intent is to take advantage of requirements outlined in the Medi-Cal state plan and to work with state representatives to remove any barriers to implementing integrated emergency and mental health crisis stabilization services. This proposed project presents a unique and innovative opportunity in that a hospital system serving publically and privately insured residents from two counties is partnering with both Sacramento and Placer County to build a model of care that may be replicated or adapted by other systems and providers.

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**Innovation Work Plan Narrative**

**Project Description**

**Describe the Innovation, the issue it addresses and the expected outcome, i.e. how the Innovation project may create positive change. Include a statement of how the Innovation project supports and is consistent with the General Standards identified in the MHSA and Title 9, CCR, section 3320. (Suggested length - one page)**

**Facilities**

Integrated emergency care and crisis stabilization services on the campus of Mercy San Juan Medical Center will provide timely access to appropriate specialty physical and mental health care for Sacramento and Placer County residents, 18 years and older, experiencing a mental health crisis. These individuals would be immediately transitioned to services after medical stabilization in the ED. Services will be located in a modular facility adjacent to the ED. The modular facility will be 3,400 square feet in size and built to meet OSHPD 3 standards. The facility has initial capacity to serve 12 consumers at any given time. Dignity Health will coordinate closely with Sacramento and Placer Counties on appropriate design recommendations and requirements.

**Project Services**

The intensive mental health outpatient crisis stabilization program will serve adults who present in the ED, are medically stabilized, and would benefit from multi-disciplinary mental health evaluation and crisis stabilization services for up to 23 hours. There will be continuity of care between the ED physicians and nurses and the mental health crisis stabilization program's clinical and support staff. Individuals needing mental health crisis stabilization will transition to the program once medically stabilized by ED staff. The primary objective is to provide timely integrated emergency care and crisis stabilization and support to the individual in the least restrictive therapeutic and calming environment possible. Individuals will receive nursing, clinical and psychiatric assessments to determine if they require admission to an inpatient psychiatric facility or can be safely discharged with emphasis on navigation and appropriate care planning. Operating under the hospital license will provide assurance that the program meets rigorous Joint Commission standards for assessment, particularly for suicidal patients, and risk management support to ensure safe discharge planning. On-site resources will be available to make direct connections for individuals to community based aftercare treatment, social services and supports.

Services include:

- Behavioral health assessment
- Psychiatric assessment
- Medication evaluation and management
- Administering first break screening for early identification and intervention of psychotic disorders
- Crisis stabilization, including individualized recovery oriented interventions directed towards resolution of the presenting mental health crisis
- Evaluation for voluntary or involuntary detention

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- Admissions evaluation for inpatient psychiatric hospitalization if necessary
- Peer support
- Family support
- Transportation
- Resource Center that will offer the following aftercare planning, information, referrals, linkages to a broad range of health, mental health and community based services and resources for both Sacramento and Placer County residents:
  - Direct linkage for both Sacramento County MHP and Alcohol Drug Treatment Services
  - Dignity Health community-based navigator (licensed clinical social worker) to ensure patients are linked to follow-up care and social support services
  - Onsite partnership with Geographic Managed Care Plans for comprehensive, intensive and individualized care planning and case management
  - Eligibility and referral into the Whole Person Care homeless initiative
  - Sacramento County/TLCS SB82 Triage Navigator will guide and follow patients over time to provide support and ensure that patients have engaged in mental health services and other necessary resources and supports. Sacramento County has plans to sustain this program once the grant cycle has ended.
  - Peer and Family support
- Secure clinical information exchange among hospital, county and other providers to ensure continuity of care

It is anticipated that the project will serve 2,000 individuals annually.

Project Principles that are consistent with the General Standards identified in the MHSA and Title 9, CCR, Section 3320:

To address unmet needs and to improve the quality of mental health crisis stabilization services, it is critical to significantly enhance the reach and scope of this project beyond conventional crisis stabilization services offered today. Project partners intend for this project to be a mainstream program that is integral to the health and mental health care continuums, and are incorporating five key principles considered to be new best practice approaches:

1. Mental health crisis services alone are insufficient, and must be integrated with and include health care services, early intervention/prevention, as well as post crisis services and support systems. Those support systems should include collaborating system partners/system providers and family, as appropriate.
2. To be effective, crisis services must have a strong system of connection to resources within the larger community behavioral health system.
3. Crisis services must always rely on the client to inform the service provider on what is helpful and needed to assist them. Crisis service must also be culturally competent, emphasize recovery and are very often a much better alternative to inpatient hospitalization for mental health crisis.
4. Peer-engaged crisis services are proving to be the cornerstone of the crisis system, and should be part of the integrated care team and involved in discharge and aftercare planning. The project will embed and gage peer interventions and supports bring the greatest benefit to individuals seeking crisis services.

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5. Crisis services must provide trauma-informed response and treatment.<sup>4</sup>

Partnerships

Aligned with the principles described above, this project will set a new standard for integrating medical emergency and mental health crisis stabilization services through collaboration with public systems, private systems, and community-based organizations to support the outpatient treatment and support that are essential to recovery, ongoing management of conditions and wellness of individuals served.

Sacramento County collaborating and referring partners include:

- Sacramento County Division of Behavioral Health contracted out-patient and prevention programs
- Dignity Health/Turning Point LCSW Navigator program
- UCDCMC's SacEDAPT Program
- Sacramento County/TLCS SB82 Triage Navigator Program
- El Hogar's ReferNet program for immediate intensive outpatient care
- Lutheran Social Services "Housing with Dignity" permanent supportive housing program
- Sacramento City's Whole Person Care (WPC)
- Local Law Enforcement
- Local in-patient psychiatric facilities

Placer County collaborating and referring partners include:

- Placer County Mobile Crisis Team
- Turning Point Community Programs
- Sierra Mental Wellness Group
- Telecare Corporation
- Advocates for Mentally Ill Housing
- Local Law Enforcement
- Placer County Whole Person Care
- Placer County Health 360 Services

Sacramento County, Placer County and the Geographic Managed Care (GMC) Plans operating in both counties will negotiate specific ways of collaborating on this project.

Expected Outcomes

The expected outcomes of this proposed project are as follows:

- Increase access to emergency medical and crisis stabilization services for underserved groups
- Improve the quality of crisis services, including better outcomes for clients project
- Promote interagency collaboration

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<sup>4</sup> Ganju, Vijay, *Tomorrow's Crisis Services: Six Trends that will Drive the Future* (National Council Magazine, 2016), Issue 1, 14.

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**Innovation Work Plan Narrative**

**Contribution to Learning**

**Describe how the Innovation project is expected to contribute to learning, including whether it introduces new mental health practices/approaches, changes existing ones, or introduces new applications or practices/approaches that have been successful in non-mental health contexts. (Suggested length - one page)**

**Learning Objectives**

There are two (2) primary learning objectives for this innovation project:

1. Is integrated and coordinated emergency medical and mental health crisis services provided through a public and private collaboration an effective strategy in removing existing barriers in accessing mental health crisis stabilization services? Do the services provided through a public/private partnership improve the quality and scope of crisis stabilization services and improve mental health outcomes for consumers?
2. Does an interagency collaboration with shared governance and regulatory responsibilities improve the efficacy and integration of emergency medical and mental health crisis stabilization services?

The foundation of the learning opportunity is built on modeling a paradigm shift from debating responsibility and business as usual to forming a public/private partnership for quality emergency and mental health crisis care that puts the individual's needs first. The project creates a bi-directional learning opportunity across multiple systems of care. There has been much discussion about the importance of integrating behavioral health and mental health care in the outpatient system but not as much about opportunities in local emergency and hospital systems. This project is designed to balance this discussion by focusing on best practice opportunities for integrating hospital, emergency and mental health crisis care. The key is that the partners will implement emergency medical and mental health crisis care with the hope of demonstrating a best practice approach on a hospital campus in Sacramento County. By working through the implementation details with state and local representatives, both Sacramento and Placer County intend to identify and address any real or perceived barriers to integrated emergency/mental health crisis care.

Dignity Health's Mercy San Juan Medical Center, situated in the unincorporated city of Carmichael, will be the location where project services are established to test this integrated care model. Because the hospital serves both Sacramento and Placer County residents, this project will be implemented by a partnership that includes Sacramento County, Placer County and Dignity Health.

This project will introduce a new application of a successful non-mental health and mental health approach by integrating both front door out-patient mental health crisis stabilization services into an acute care hospital setting. The project will determine the effectiveness of the following innovative approaches and strategies:

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- Implementation of integrated emergency medical and mental health crisis services through a public and private partnership – Sacramento County, Placer County, Dignity Health
- Locating crisis stabilization services within a local ED campus, under the governance of a licensed acute care hospital
- Crisis stabilization services will:
  - Be sited in the northern region of Sacramento which is considered an underserved area
  - Serve Sacramento and Placer County residents that are 18 years and older, irrespective of insurance status
- Establishing continuity of and integrated care by:
  - Immediately transitioning individuals that present at the ED seeking mental health crisis services to crisis stabilization services once medically stabilized
  - Co-locating other services and resources on campus (e.g. Health Navigators, Triage Navigators, local health plans case managers)
- Providing peer and family member support
- Administering first episodic psychosis screening for early identification and intervention of psychotic disorders (SacEDAPT program)

These strategies will be tested to learn whether and how they are effective in:

- Improving the client experience and optimizing the client's continued wellness
- Improving and enhancing community continuity of care
- Improving the effectiveness of local EDs for addressing urgent mental health conditions
- Reducing unnecessary or inappropriate psychiatric hospitalizations

This proposed project will demonstrate the following:

- Development of a mental health treatment model that combines the expertise of community based crisis stabilization services with the expertise of an acute medical hospital will set a new standard for safer, collaborative and more comprehensive quality care
- Development of a model for integrating governance, regulatory responsibilities and electronic medical records exchange for both clinical coordination of care and claiming processes with the goal of delivering effective and efficient seamless integrated emergency and crisis care.
- Advancing the practice of existing crisis stabilization services by incorporating a resource center design with direct linkages to aftercare and social support services to ensure the presence of a continuum of care for recovery, ongoing management of conditions and wellness.

Project partners and consumers alike feel strongly that co-locating crisis services on an acute care hospital provides major advantages over existing community-based models. It is safer, ensures medical clearance and medical backup, and eliminates criteria that often bar individuals from accessing care in a community-based setting. Being co-located next to an emergency department ensures timely care by expediting medical and

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behavioral health assessment and treatment, especially for the significant number of individuals who have co-morbid conditions. From a consumer perspective, co-location allows people to get the care they need where they live, eliminating transportation concerns and making it easier to involve family and other support systems. It reduces long waits and the possibility of having conditions escalate during these waits. Consumers also believe that addressing physical and mental health in one location will help reduce stress, de-stigmatize mental illness and normalize a crisis experience.



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**Innovation Work Plan Narrative**

**Timeline**

**Outline the timeframe within which the Innovation project will operate, including communicating results and lessons learned. Explain how the proposed timeframe will allow sufficient time for learning and will provide the opportunity to assess the feasibility of replication. (Suggested length - one page)**

Implementation/Completion Dates: July 2018 – June 2022  
MM/YY – MM/YY

This Innovation Project will span four (4) years and will be implemented in phases.

**Phase One: July 2018 – December 2018 activities**

1. In partnership, Sacramento County/Division of Behavioral Health Services (DBHS), Placer County Mental Health, and Dignity Health will develop an agreement that clarifies governance, roles and responsibilities, in implementing project services.
2. Partners will work through implementation details with state and local representatives to identify and address barriers to integrated emergency/mental health crisis care.
3. Partners will prepare program site, develop procedures and hire and train clinic staff.
4. Partners will share expertise and information during program start-up/initial implementation related to start-up tasks, data collection and evaluation framework.
5. DBHS will develop and facilitate a competitive selection process for third party evaluator to develop an evaluation core and framework.
6. DBHS will negotiate and enter into a contract/agreement with selected evaluator.

**Phase Two: January 2019 – December 2019 activities**

1. Services will be delivered.
2. Partners will outreach to the community, system partners, mental health service providers, local EDs, law enforcement, to provide information about project services and access.
3. Partners and third party evaluator will continue to share expertise and information related to project service delivery, data collection and evaluation activities.

**Phase Three: January 2020 – June 2021 activities**

1. Project services and evaluation framework will be fully implemented.
2. Routine meetings amongst the partners will be convened to report out on the evaluation framework and process.
3. Bi-Annual community meetings, to include consumers and family members, Workgroup members and MHSA Steering Committee, will be established to report out on the evaluation framework and process.
4. Sustainability options will be explored and discussed throughout project implementation.

**Phase Four: July 2021 – June 2022**

1. Evaluation framework and process will be in its final stages and a final report will be developed.
2. Feasibility of replication will be determined.

**Innovation Work Plan Narrative**

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**Project Measurement**

**Describe how the project will be reviewed and assessed and how the County will include the perspectives of stakeholders in the review and assessment.**

This project will be reviewed and assessed through on-going monitoring and review by Sacramento County Division of Behavioral Health Services staff (DBHS), Placer County Health and Human Services staff, as well as a formal evaluation through a third party independent evaluator.

1. On-going monitoring and review

DBHS Research, Evaluation and Performance Outcome Unit (REPO) will work with its partners, program staff and peers and Placer County staff to develop on-going quarterly reports that will track outcome indicators. These reports will be used to monitor and review the effectiveness of the innovative approaches and strategies put in place and to inform needed project changes and enhancements.

Quarterly reports will be compiled, disseminated, and reviewed with managers and program staff for continuous program monitoring purposes.

2. Third Party Evaluation

DBHS will contract with a third party evaluator to conduct a systemic and objective assessment of the Innovation project, its design, implementation and results. Both Sacramento and Placer data will be included in this third party review. The evaluation will report on the relevance, effectiveness, efficiency, impact and sustainability of the Innovation project. There will be a preliminary evaluation report completed at the end of the first year of the project and a final report at the conclusion of the Innovation Project.

Once an outside evaluator has been chosen, DBHS, Placer County, partners and stakeholders, inclusive of consumer and family representatives, will work with the evaluator on the development of a formal evaluation plan which will include both qualitative and quantitative evaluation techniques.

3. Bi-Annual meetings with the community, to include consumers and family members, Sacramento County MHSAs Steering Committee, Sacramento County Mental Health Board, Sacramento County Board of Supervisors, Hospital Systems, and Placer County stakeholders will be established to report out on project progress and outcomes.

**Collection of Descriptive Data**

Data describing the characteristics of populations of the crisis program and the populations served will be collected.

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Population Characteristics	Program Characteristics
Age, gender, race, ethnicity, primary language, referral source, payer, legal status, housing status, diagnosis, including co-occurring substance use disorders, trauma history, chronic medical disease	Volume: # of encounters, age range served, law enforcement referral rate (% of visits arriving via law enforcement), involuntary referral rate (% of visits arriving under involuntary legal status), level of care (23 hr.), locked vs unlocked, accessibility (accept law enforcement drop offs, walk in, etc.), setting (hospital, community, etc.), staffing

Data for the Measurement of Learning Objectives

Data that measure the extent to which the innovation project met its learning objectives will be collected.

**Learning Objective 1:** Is integrated and coordinated emergency medical and mental health crisis services provided through a public and private collaboration an effective strategy in removing existing barriers in accessing mental health crisis stabilization services? Do the services provided through a public/private partnership improve the quality and scope of crisis stabilization services, improve consumers' experience, and improve mental health outcomes for consumers?

Objective	Indicator(s)	Measures
Remove Barriers to Accessing Mental Health Crisis Stabilization Services	Utilization of Crisis Services	<ul style="list-style-type: none"> <li>Number of individuals served</li> <li>Pre-Post Utilization of crisis services within the service area</li> </ul>
	Timely access	<ul style="list-style-type: none"> <li>Time from ED arrival to medical clearance</li> <li>ED to crisis services</li> <li>Left without being seen</li> </ul>
Increase the quality and scope of Mental Health Crisis Services	Least Restrictive Intervention	<ul style="list-style-type: none"> <li>Community dispositions</li> <li>Conversion to voluntary status</li> <li>Restraint use (hours/rate)</li> </ul>
	Utilization of Resource	<ul style="list-style-type: none"> <li>Number of individuals utilizing Resource Center</li> <li>Linkage to mental health services</li> <li>Referrals made</li> </ul>
	Utilization of Peer Services	<ul style="list-style-type: none"> <li>Number of peer services provided</li> <li>Satisfaction with peer services (as part of consumer survey)</li> </ul>
	Early psychosis identification	<ul style="list-style-type: none"> <li>Number of individuals identified</li> <li>Linkages to mental health services</li> </ul>
	Consumer Satisfaction	TBD - satisfaction with timely access, functional status as a result of services, service provided, etc.

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<b>Objective</b>	<b>Indicator(s)</b>	<b>Measures</b>
Improved Mental Health Outcomes	Effectiveness of Services	<ul style="list-style-type: none"> <li>• Return to ED visits</li> <li>• Community disposition</li> <li>• Psychiatric hospitalizations</li> <li>• Linkages to mental health services</li> </ul>
	Consumer Satisfaction	TBD - satisfaction with timely access, functional status as a result of services, service provided, experience of care, etc.

**Learning Objective 2:** Does an interagency collaboration with shared governance and regulatory responsibilities improve the efficacy and integration of emergency medical and mental health crisis stabilization services?

<b>Objective</b>	<b>Indicator(s)</b>	<b>Measures</b>
To establish an effective private/public collaboration that works together to accomplish a shared vision and mission using joint resources*	Service Access: <ul style="list-style-type: none"> <li>• Point of Entry</li> <li>• Co-Location/ Coordination of Services</li> </ul>	Extent to which: <ul style="list-style-type: none"> <li>• Intake forms and procedures are integrated</li> <li>• Office space/location is shared</li> </ul>
	Communication <ul style="list-style-type: none"> <li>• Key Staff</li> <li>• Guiding Committee</li> </ul>	Extent to which: <ul style="list-style-type: none"> <li>• Management and line staff communicate</li> <li>• Committee exists and meets</li> </ul>
	Program Enhancement <ul style="list-style-type: none"> <li>• Sharing of Resources</li> <li>• Cross Training</li> <li>• Information Sharing</li> </ul>	Extent to which: <ul style="list-style-type: none"> <li>• Resources are shared</li> <li>• Staff from each partner receive cross training</li> <li>• Consumer information is shared across partners</li> </ul>
	Accountability <ul style="list-style-type: none"> <li>• Roles/Responsibilities</li> <li>• Decision Making</li> <li>• Mission/Values</li> <li>• Consumer Input</li> <li>• Project Planning/Coordination</li> </ul>	Extent to which: <ul style="list-style-type: none"> <li>• Partners establishes roles/responsibilities</li> <li>• Partners engage in decision making</li> <li>• Partners share a common mission/values</li> <li>• Partners solicit and utilize consumer feedback</li> <li>• Partners participate in joint project planning/coordination</li> </ul>
	Outcomes <ul style="list-style-type: none"> <li>• Consumer Outcomes</li> <li>• Goals &amp; Objectives</li> </ul>	Extent to which: <ul style="list-style-type: none"> <li>• Establish, monitor and utilize results consumer outcomes</li> </ul>

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<b>Objective</b>	<b>Indicator(s)</b>	<b>Measures</b>
	<ul style="list-style-type: none"> <li>Monitoring of Collaboration</li> </ul>	<ul style="list-style-type: none"> <li>Partners establish goals &amp; objectives</li> <li>Partners participate in the monitoring of collaboration</li> </ul>
Improvement in the efficacy and integration of medical and mental health crisis stabilization services	Partnership Accessibility	<ul style="list-style-type: none"> <li>Time from referral to acceptance/transfer</li> <li>Denied referrals for reasons other than capacity (% of referrals denied admission to the crisis program for any reason other than overcapacity)</li> <li>Hours on Divert (% of hours crisis center was unable to accept transfers from ED due to overcapacity)</li> </ul>
	Continuity of Care	<ul style="list-style-type: none"> <li>Transfer of ED evaluation information (% of transfers that are accompanied by ED evaluation information)</li> </ul>
	Consumer Satisfaction	TBD - consumer satisfaction with transfer, coordination or care
	Interoperability	<ul style="list-style-type: none"> <li>The ability to electronically share clinical data and billing information</li> </ul>

\*The MECAP (Measuring Effective Collaborations and Partnerships) will be used to evaluate the private/public collaboration. The MECAP tool was created to measure existing partnerships as well as to define key components of partnerships and help structure conversations among partners to assist in their successful collaboration.

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**Innovation Work Plan Narrative**

**Leveraging Resources (if applicable)**

**Provide a list of resources expected to be leveraged, if applicable.**

Working in partnership with Sacramento and Placer Counties, Dignity Health is investing financial and in-kind support to establish crisis stabilization services program on the campus of Mercy San Juan Medical Center in Carmichael.

Dignity Health's commitment to the project includes:

- Facility, design and construction necessary to meet OSHPD 3 and CSU specifications in year one
- Facility maintenance
- Use of campus space
- Client transportation
- Supplies for program operation
- Use of Dignity Health Transfer Center for those patients who need more acute inpatient placement
- Other direct and indirect expenses

Existing hospital partnership program annual resources that will be aligned with this project include:

- Turning Point LCSW Navigation Program
- Lutheran Social Services Homeless Housing program
- El Hogar Immediate Outpatient Follow-Up Care
- Dignity Health funded transportation to resource linkages (County Urgent Care, Respite Centers, Regional Support Teams, etc.)
- SacEDAPT program extension working in collaboration with UC Davis

Placer County will take financial responsibility for Placer Specialty Mental Health Plan clients who receive services through this project. Placer County's additional resources committed to this project annually include:

- Client Services Practitioner (Mobile Crisis Team member)
- Program Manager for project coordination with Sacramento County
- Staff Analyst for project related data collection

## INNOVATIVE PROJECT PLAN DESCRIPTION – Optional Template

County: Sacramento Date Submitted May 7, 2018

Project Name: Behavioral Health Crisis Services Collaborative

A. New Innovative Project Budget By FISCAL YEAR (FY)*						
EXPENDITURES						
PERSONNEL COSTs (salaries, wages, benefits)		FY 18/19	FY 19/20	FY 20/21	FY 21/22	Total
1.	Salaries	1,535,004	3,217,763	3,311,549	3,411,347	11,475,663
2.	Direct Costs	318,086	186,699	192,164	197,658	894,607
3.	Indirect Costs	231,249	173,652	178,772	183,955	767,628
4.	Total Personnel Costs	2,084,339	3,578,114	3,682,485	3,792,960	13,137,898
OPERATING COSTs		FY 18/19	FY 19/20	FY 20/21	FY 21/22	Total
5.	Direct Costs	296,440	470,000	470,000	470,000	1,706,440
6.	Indirect Costs					
7.	Total Operating Costs	296,440	470,000	470,000	470,000	1,706,440
NON RECURRING COSTS (equipment, technology)		FY 18/19	FY 19/20	FY 20/21	FY 21/22	Total
8.	Modular Building Purchase and Improvements - Funded by Dignity Health	1,688,000				1,688,000
9.	Furnishings and Equipment	500,000				500,000
10.	Total Non-recurring costs	2,188,000				2,188,000
CONSULTANT COSTS/CONTRACTS (clinical, training, facilitator, evaluation)		FY 18/19	FY 19/20	FY 20/21	FY 21/22	Total
11.	Direct Costs	220,903	220,903	220,903	220,903	883,612
12.	Indirect Costs	94,673	94,673	94,673	94,673	378,692
13.	Total Consultant Costs	315,576	315,576	315,576	315,576	1,262,304
OTHER EXPENDITURES (please explain in budget narrative)		FY 18/19	FY 19/20	FY 20/21	FY 21/22	Total
14.	Work Plan Management	116,344	119,834	123,429	127,132	486,739
15.						
16.	Total Other expenditures	116,344	119,834	123,429	127,132	486,739
BUDGET TOTALS						
Personnel (line 1)		1,535,004	3,217,763	3,311,549	3,411,347	11,475,663
Direct Costs (add lines 2, 5 and 11 from above)		835,429	877,602	883,067	888,561	3,484,659
Indirect Costs (add lines 3, 6 and 12 from above)		325,922	268,325	273,445	278,628	1,146,320
Non-recurring costs (line 10)		2,188,000				2,188,000
Other Expenditures (line 16)		116,344	119,834	123,429	127,132	486,739
<b>TOTAL INNOVATION BUDGET</b>		<b>5,000,699</b>	<b>4,483,524</b>	<b>4,591,490</b>	<b>4,705,668</b>	<b>18,781,381</b>

\*For a complete definition of direct and indirect costs, please use DHCS Information Notice 14-033. This notice aligns with the federal definition for direct/indirect costs.

## INNOVATIVE PROJECT PLAN DESCRIPTION – Optional Template

<b>B. Expenditures By Funding Source and FISCAL YEAR (FY)</b>							
<b>Administration:</b>							
<b>A.</b>	<b>Estimated total mental health expenditures for ADMINISTRATION for the entire duration of this INN Project by FY &amp; the following funding sources:</b>	<b>FY 18/19</b>	<b>FY 19/20</b>	<b>FY 20/21</b>	<b>FY 21/22</b>		<b>Total</b>
1.	Innovative MHSA Funds	2,837,123	3,278,488	3,196,634	3,310,812		<b>12,623,057</b>
2.	Federal Financial Participation	0.00	569,460	759,280	759,280		<b>2,088,020</b>
3.	1991 Realignment	0.00					
4.	Behavioral Health Subaccount	0.00					
5.	Other funding*	1,848,000	320,000	320,000	320,000		<b>2,808,000</b>
6.	<b>Total Proposed Administration</b>	<b>4,685,123</b>	<b>4,167,948</b>	<b>4,275,914</b>	<b>4,390,092</b>		<b>17,519,077</b>
<b>Evaluation:</b>							
<b>B.</b>	<b>Estimated total mental health expenditures for EVALUATION for the entire duration of this INN Project by FY &amp; the following funding sources:</b>	<b>FY 18/19</b>	<b>FY 19/20</b>	<b>FY 20/21</b>	<b>FY 21/22</b>		<b>Total</b>
1.	Innovative MHSA Funds	315,576	315,576	315,576	315,576		<b>1,262,304</b>
2.	Federal Financial Participation						
3.	1991 Realignment						
4.	Behavioral Health Subaccount						
5.	Other funding*						
6.	<b>Total Proposed Evaluation</b>	<b>315,576</b>	<b>315,576</b>	<b>315,576</b>	<b>315,576</b>		<b>1,262,304</b>
<b>TOTAL:</b>							
<b>C.</b>	<b>Estimated TOTAL mental health expenditures (this sum to total funding requested) for the entire duration of this INN Project by FY &amp; the following funding sources:</b>	<b>FY 18/19</b>	<b>FY 19/20</b>	<b>FY 20/21</b>	<b>FY 21/22</b>		<b>Total</b>
1.	Innovative MHSA Funds	3,152,699	3,594,064	3,512,210	3,626,388		<b>13,885,361</b>
2.	Federal Financial Participation		569,460	759,280	759,280		<b>2,088,020</b>
3.	1991 Realignment						
4.	Behavioral Health Subaccount						
5.	Other funding*	1,848,000	320,000	320,000	320,000		<b>2,808,000</b>
6.	<b>Total Proposed Expenditures</b>	<b>5,000,699</b>	<b>4,483,524</b>	<b>4,591,490</b>	<b>4,705,668</b>		<b>18,781,381</b>
*If "Other funding" is included, please explain.							



## INNOVATIVE PROJECT PLAN DESCRIPTION – Optional Template

<b>C. New Innovative Project Budget Narrative</b>		
<b>EXPENDITURES</b>		
<b>PERSONNEL COSTs (salaries, wages, benefits)</b>		
1.	Salaries	Contracted salaries include the following direct service staff: 1.00 FTE Manager, 8.42 FTE Psychiatric Nurse, 2.00 FTE Licensed Psychiatric Technician, 2.00 FTE Mental Health Peer Mentor, 0.50 Social Worker, 1.00 FTE Peer Advocate, 1.00 FTE Family Advocate, 1.75 FTE Psychiatrist, 0.53 FTE Tele-Psychiatric Consult. Staffing covers the 24 hour per day, 7days per week operations, including staffing the client resource center operations.
2.	Direct Costs	Direct costs include staff health benefits, payroll taxes and retirement.
3.	Indirect Costs	Indirect costs include overhead and allocated costs.
4.	<b>Total Personnel Costs</b>	<b>See above.</b>

<b>OPERATING COSTs</b>		
5.	Direct Costs	Includes staff training (WRAP, etc.), ADL supplies, Avatar Electronic Health Record interoperability costs including a one-time setup cost.
6.	Indirect Costs	Not applicable.
7.	<b>Total Operating Costs</b>	<b>See above.</b>

<b>NON RECURRING COSTS (equipment, technology)</b>		
8.	Modular Building Purchase and Improvements – Funded by Dignity Health	Includes one-time costs of a new modular building, cubicles, outside patio configurations and major improvements funded by Dignity Health.
9.	Furnishings and Equipment	Includes computers, interior and outside patio furnishings, and other features to ensure a warm, family-friendly environment.
10.	<b>Total Non-recurring Costs</b>	<b>See above.</b>

<b>CONSULTANT COSTS/CONTRACTS (clinical, training, facilitator, evaluation)</b>		
11.	Direct Costs	Includes the cost of an independent evaluator, health benefits, payroll taxes, and retirement.
12.	Indirect Costs	Indirect costs include overhead and allocated costs.
13.	<b>Total Consultant Costs</b>	<b>See above.</b>

<b>OTHER EXPENDITURES (please explain in budget narrative)</b>		
14.	Work Plan Management	County support staff including Research, Evaluation, and Performance Outcomes Program Planner, as well as Contract Administration support services. Includes salaries, health benefits, SSI, retirement and insurance.
15.		
16.	<b>Total Other Expenditures</b>	<b>See above.</b>

<b>OTHER FUNDING (If “other funding” is included, please explain)</b>		
Other funding		Includes funding contributed by Dignity Health for non-recurring modular building purchase and improvements, as well as ongoing operating costs.

<b>PROJECT SUSTAINABILITY</b>		
If the project is determined to be successful, it is anticipated that MHSA Community Services and Supports (CSS) component funding, leveraged with Medi-Cal (as appropriate), will be identified to sustain the project services.		



6001 Coyle Avenue  
 Carmichael, CA 95608  
 Direct: 916.337.5001  
 Fax: 916.337.3111

April 9, 2018

Sacramento County Board of Supervisors  
 700 H Street  
 Sacramento, CA 95814

Subject: Mental Health Services Act Innovation Project III – Behavioral Health Crisis Services Collaborative,

Dear Members of the Sacramento County Board of Supervisors:

Months of joint planning by the County Behavioral Health Services Division, Dignity Health, other project partners and stakeholders have gone into the Behavioral Health Crisis Services Collaborative Innovation Project to shape a unique model of integrated care. Dignity Health is pleased and excited to work in partnership with the County on this integrated initiative that aims to establish a new benchmark for crisis stabilization services, improve outcomes and positively impact the mental health delivery system for our region.

Our commitment to this project starts with recognizing that mental health is too large of an issue to be addressed by any one entity. It is a shared community issue and responsibility that requires collaboration and leveraging of resources, expertise and efficiencies in order to advance needed improvements in access, delivery, quality, and continuity and coordination of care. We are investing our resources along with dedicating space and ongoing in-kind commitments to support the success of this innovative project.

Importantly, the model of care this project represents places patient-centered care at the forefront. By locating the project on our Mercy San Juan Medical Center campus, we benefit both Sacramento and Placer County residents. This is a geographic area of unmet need, and together, we can bring services to the consumer, providing integrated medical emergency and mental health crisis stabilization and treatment. Delays in treatment, emergency department boarding and barriers to care will be eliminated through timely access to specialty services at the point of entry. An onsite resource center housing peer and family navigators, case managers and health plan care coordinators will ensure direct linkages to aftercare and the social support services that are essential for recovery, ongoing management of conditions and wellbeing of individuals who will be served. Emphasis will be given to prevention by incorporating the evidence-based University of California Davis Medical Centers Early Diagnosis and Preventative Treatment Program. The project is also a natural fit with collaborative efforts between Sacramento County and Sacramento City's Whole Person Care initiative with the capability to serve as a direct access point for eligibility assessments and referrals. These are all components that set this project apart from other like services across the state.

The Behavioral Health Crisis Services Collaborative is an important extension of enhanced services for our community. It can serve as a model for the future, here and elsewhere. We are proud to be a part of this effort, fully invested in ensuring its success, and stand ready to move forward quickly with project development. Working together with Sacramento County and other project partners and stakeholders who share the same values and common purpose, our goal is to demonstrate the highest quality of care and services promised. You have our commitment on this.

Sincerely,



Michael Korpiel  
President  
Mercy San Juan Medical Center

C: Uma K. Zykofsky, Deputy Director, Sacramento County Behavioral Health Services



February 27, 2018

Uma Zykofsky  
 Director, Sacramento County Division of Behavioral Health Services  
 Grantland L. Johnson Center for Health & Human Services  
 7001-A East Parkway, Suite 400  
 Sacramento, California 95823

Dear Uma,

Anthem Blue Cross is writing to express support of Sacramento County's proposed Mental Health Services Act (MHSA) Innovation Project, the Behavioral Health Crisis Services Collaborative. This unique public/private partnership between Sacramento County, Placer County and Dignity Health offers a new best practice model of care for emergency and crisis stabilization services that will help fill a major gap for much needed mental health services in our region.

This project represents a rare opportunity to leverage a commitment by a large health system and two Counties willing to invest in, and work together on, the development of integrated physical and mental health crisis services on a hospital campus situated in an area where the need is great. The project is far more comprehensive than other services existing today. It goes beyond emergency and crisis stabilization by incorporating a resource center to house peer and family navigators, health plan staff and community-based partners to provide care coordination, peer support and navigation, and social support services to consumers at the point of care. This will ensure consumers do not leave without first being linked directly to resources they need, including drug and alcohol treatment, for ongoing management of conditions, recovery and wellness. The UC Davis SacEDAPT first break screening is also being built into the program for early identification and intervention for psychotic disorders.

The Behavioral Health Crisis Services Collaborative embraces the concept of whole person care, strengthens the continuum of care in our region, and will advance the current state of crisis stabilization services in California by offering significant improvements. Delays in treatment, emergency department boarding and barriers to care will be addressed through timely access for consumers at the point of entry. Quality of care and clinical outcomes will be improved through appropriate intervention in a therapeutic and calming setting. Continuity and coordination of care will be assured through real time collaboration among emergency, mental health, plan, peer and family, and community-based providers. Co-location of crisis services on an acute care hospital campus will also enhance safety, ensure medical stabilization and medical backup and eliminate criteria that often bar consumers from accessing care in a community-based setting.



The project moves our community past the existing stalemate of trying to establish responsibilities between hospitals and the County for mental health and instead places the focus on integrated patient-centered care. It can also serve as a new standard for future crisis stabilization services across our State. We urge you to support this important effort.

Sincerely,

A handwritten signature in black ink, appearing to read "Nicholas Osterman", written over a horizontal line.

Nicholas Osterman  
Director Behavioral Health Services  
Cell 213.407.196

**[www.anthem.com/ca/medi-cal](http://www.anthem.com/ca/medi-cal)**

Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Blue Cross of California Partnership Plan, Inc. are independent licensees of the Blue Cross Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. Blue Cross of California is contracted with L.A. Care Health Plan to provide Medi-Cal Managed Care services in Los Angeles County.

*City of*  
**SACRAMENTO**  
Office of the City Manager

*Howard Chan*  
City Manager

*City Hall*  
915 I Street, Fifth Floor  
Sacramento, CA 95814-2604  
916-808-5704

January 22, 2018

Uma Zykofsky  
Deputy Director  
Sacramento County Behavioral Health Services  
Mental Health Director  
Alcohol & Drug Administrator  
7001 A East Parkway, Suite 400  
Sacramento, CA 95823

Dear Ms. Zykofsky:

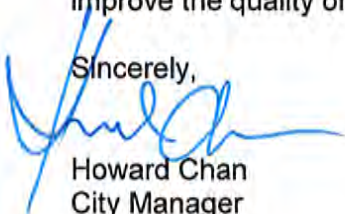
The City of Sacramento writes in support of the behavioral health crisis services collaborative proposal: a regional approach to provision of services for emergency department patients dealing with mental health issues. We believe that the proposed joint approach by the counties of Placer and Sacramento will provide an important and needed resource to the community.

Through this proposed collaborative, the County of Sacramento, working with Placer, will reduce the pressure on the emergency department (ED) at Mercy San Juan Medical Center by increasing the quality and scope of services available to patients experiencing mental health crises. Additionally, this collaborative uses an integrated health and mental health emergency and crisis stabilization service approach. These integrated services will seek to identify and intervene early for patients reporting to the ED with psychotic disorders. Such early identification and intervention will also provide adult patients dealing with mental health issues multi-disciplinary evaluation and treatment for up to 23 hours at a dedicated facility. The program intends to continue beyond the initial 23 hours by ensuring that patients receive ongoing services, including after care planning and support.

The City of Sacramento believes that the collaboration will supplement and enhance the work of the Pathways to Health and Home Program, the City's Whole Person Care pilot, for individuals experiencing homelessness. Pathways and the proposed collaborative share many of the same goals (better care coordination, connecting patients with needed resources, and reducing pressure on emergency services and emergency departments) while focusing on distinct, but similar, patient population. The City looks forward to collaborating with the County of Sacramento on the Pathways program to allow for greater integration of approaches to patients experiencing homelessness and living with mental health issue to improve care and reduce long-term costs.

The proposed collaboration, between the counties of Placer and Sacramento, has the potential to reduce health care costs, and improve patient outcomes. Should this proposal be approved, we look forward to working closely with the County during the planning process for the proposed collaborative to improve the quality of life for vulnerable individuals in our region.

Sincerely,



Howard Chan  
City Manager



Health Net of California, Inc.  
 11971 Foundation Place  
 Rancho Cordova, CA 95670  
[www.healthnet.com](http://www.healthnet.com)

March 1, 2018

Uma Zykofsky  
 Director, Sacramento County Division of Behavioral Health Services  
 Grantland L. Johnson Center for Health & Human Services  
 7001-A East Parkway, Suite 400  
 Sacramento, California 95823

Dear Uma,

On behalf of Health Net Community Solutions, I am writing to express our support of Sacramento County's proposed Mental Health Services Act (MHSA) Innovation Project, the Behavioral Health Crisis Services Collaborative. This unique public/private partnership between Sacramento County, Placer County and Dignity Health offers a new best practice model of care for emergency and crisis stabilization services that will fill a major gap for much needed mental health services in our region. In support of this model, Health Net will be committing a staff member to provide support on-site at the Crisis Center.

Health Net currently service more than 2 million Medi-Cal beneficiaries through direct and subcontracted relationship across California. In Sacramento, we are proud to provide health care coverage for more than 110,000 individuals through our robust provider and hospital partnerships. We have a long-standing commitment to the local community and low income populations.

This project represents a rare opportunity to leverage a commitment by a large health system and two Counties willing to invest in, and work together on, the development of integrated medical and mental health crisis services. By incorporating a resource center on site at the Dignity facility, consumers will be quickly linked to needed resources need such as drug and alcohol treatment, care management, recovery and wellness services. The use of peer and family navigators, health plan staff and community-based partners will provide care coordination, peer support, navigation, and social support services to consumers at the point of care.

The Behavioral Health Crisis Services Collaborative embraces the concept of integrated care delivery and will significantly advance crisis stabilization services in Sacramento. Delays in treatment, emergency department boarding and barriers to care will be eliminated through timely access for consumers at the point of entry. Quality of care and clinical outcomes will be improved through appropriate intervention in a therapeutic and calming setting. We are excited to partner on this innovative project and urge your support of this important effort.

Sincerely,

A handwritten signature in black ink that reads 'Abbie A. Totten'.

Abbie A. Totten  
 Vice President, Government Programs Policy & Strategic Initiatives



March 5, 2018

Uma Zykofsky  
 Director, Sacramento County Division of Behavioral Health Services  
 Grantland L. Johnson Center for Health & Human Services  
 7001-A East Parkway, Suite 400  
 Sacramento, California 95823

Dear Uma,

Hospital Council of Northern and Central California is writing to express support of Sacramento County's proposed Mental Health Services Act (MHSA) Innovation Project, the Behavioral Health Crisis Services Collaborative. This unique public/private partnership between Sacramento County, Placer County and Dignity Health offers a new best practice model of care for emergency and crisis stabilization services that will fill a major gap for much needed mental health services in our region.

The Hospital Council of Northern and Central California is a nonprofit hospital and health system trade association established in 1961, representing 185 hospitals and health systems in 50 of California's 58 counties—from Kern County to the Oregon border. The Hospital Council's membership includes hospitals and health systems ranging from small, rural hospitals to large, urban medical centers, representing more than 37,000 licensed beds. We've been deeply involved with Sacramento County and other healthcare stakeholders in recent years seeking solutions to the mental health crisis. We strongly feel that this proposal is an important part of that solution.

This project represents a rare opportunity to leverage a commitment by a large health system and two Counties willing to invest in, and work together on, the development of integrated medical and mental health crisis services on a hospital campus situated in an area where the need is great. The project is far more comprehensive than other services existing today. It goes beyond emergency and crisis stabilization by incorporating a resource center to house peer and family navigators, health plan staff and community-based partners to provide care coordination, peer support and navigation, and social support services to consumers at the point of care. This will ensure consumers do not leave without first being linked directly to resources they need, including drug and alcohol treatment, for ongoing management of conditions, recovery and wellness. The UC Davis SacEDAPT first break screening is also being built into the program for early identification and intervention for psychotic disorders.



Hospital Council  
March 5, 2018  
Page 2 of 2

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The Behavioral Health Crisis Services Collaborative embraces the concept of whole person care, strengthens the continuum of care in our region, and will advance the current state of crisis stabilization services in California by offering significant improvements. Delays in treatment, emergency department boarding and barriers to care will be eliminated through timely access for consumers at the point of entry. Quality of care and clinical outcomes will be improved through appropriate intervention in a therapeutic and calming setting. Continuity and coordination of care will be assured through real time collaboration among emergency, mental health, plan, peer and family, and community-based providers. Co-location of crisis services on an acute care hospital will also enhance safety, ensure medical stabilization and medical backup and eliminate criteria that often bar consumers from accessing care in a community-based setting.

The project moves our community past the existing stalemate of trying to establish responsibilities between hospitals and the County for mental health and instead places the focus on integrated patient-centered care. It can also serve as a new standard for future crisis stabilization services across our State. We urge you to support this important effort.

Sincerely,

A handwritten signature in cursive script that reads "Brian Jensen".

Brian Jensen  
Regional Vice President

BJ:ks



**TODD HARMS**  
Fire Chief

## Sacramento Metropolitan Fire District

10545 Armstrong Ave., Suite 200 • Mather, CA 95655 • Phone (916) 859-4300 • Fax (916) 859-3702

February 27, 2018

Uma Zykofsky  
Director, Sacramento County Division of Behavioral Health Services  
Grantland L. Johnson Center for Health & Human Services  
7001-A East Parkway, Suite 400  
Sacramento, California 95823

Dear Uma,

Sacramento Metropolitan Fire District is writing to express support of Sacramento County's proposed Mental Health Services Act (MHSA) Innovation Project, the Behavioral Health Crisis Services Collaborative. This unique public/private partnership between Sacramento County, Placer County and Dignity Health offers a new best practice model of care for emergency and crisis stabilization services that will fill a major gap for much needed mental health services in our region.

Sacramento Metropolitan Fire District serves 359 square miles of Sacramento County and the cities of Citrus Heights and Rancho Cordova. We are the third largest transporting Fire Agency in the State of California. We consistently transport over 50,000 patients annually. This project will assist our agency in providing timely intake and evaluation to the patients encountered that are experiencing a behavioral crisis.

This project represents a rare opportunity to leverage a commitment by a large health system and two Counties willing to invest in, and work together on, the development of integrated medical and mental health crisis services on a hospital campus situated in an area where the need is great. The project is far more comprehensive than other services existing today. It goes beyond emergency and crisis stabilization by incorporating a resource center to house peer and family navigators, health plan staff and community-based partners to provide care coordination, peer support and navigation, and social support services to consumers at the point of care. This will ensure consumers do not leave without first being linked directly to resources they need, including drug and alcohol treatment, for ongoing management of conditions, recovery and wellness. The UC Davis SacEDAPT first break screening is also being built into the program for early identification and intervention for psychotic disorders.

The Behavioral Health Crisis Services Collaborative embraces the concept of whole person care, strengthens the continuum of care in our region, and will advance the current state of crisis stabilization services in California by offering significant improvements. Delays in treatment, emergency department boarding and barriers to care will be eliminated through timely access for consumers at the point of entry. Quality of care and clinical outcomes will be improved through appropriate intervention in a therapeutic and calming setting. Continuity and coordination of care will be assured through real time collaboration among emergency, mental health, plan, peer and family, and community-based providers. Co-location of crisis services on an acute care hospital

will also enhance safety, ensure medical stabilization and medical backup and eliminate criteria that often bar consumers from accessing care in a community-based setting.

The project moves our community past the existing stalemate of trying to establish responsibilities between hospitals and the County for mental health and instead places the focus on integrated patient-centered care. It can also serve as a new standard for future crisis stabilization services across our State. We urge you to support this important effort.

Sincerely,

A handwritten signature in black ink that reads "Randall Hein". The signature is written in a cursive style with a small square mark above the letter 'i'.

Randall Hein  
Director of EMS  
Sacramento Metropolitan Fire District



Received

MAR 05 2018

By BHS Admin

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March 2, 2018

Uma Zykofsky, Director  
 Sacramento County Division of Behavioral Health Services  
 Grantland L. Johnson Center for Health & Human Services  
 7001-A East Parkway, Suite 400  
 Sacramento, California 95823

Dear Uma,

The Sierra Sacramento Valley Medical Society (SSVMS) is writing to express support of Sacramento County's proposed Mental Health Services Act (MHSA) Innovation Project, the Behavioral Health Crisis Services Collaborative. We applaud Sacramento County for collaborating with Dignity Health to bring this important project to fruition.

The Sierra Sacramento Valley Medical Society is dedicated to bringing together physicians from all modes of practice to promote the art and science of quality medical care and to enhance the physical and mental health of our entire community.

In July 2015, SSVMS published a white paper, "*Crisis in the Emergency Department: Removing Barriers to Timely and Appropriate Mental Health Treatment*," to address the increase in the number of patients in mental health crisis in the region's emergency departments. The white paper proposed three overarching recommendations to improve the quality of care for patients experiencing mental crises, aimed at providing better access to the right care at the right time.

The three recommendations are: 1) Implementation of an electronic Health Information Exchange (HIE) in the Sacramento region to help coordinate care of patients seeking emergency psychiatric services; 2) Standardize the medical clearance process across all EDs and inpatient psychiatric treatment programs to facilitate the timely transfer of patients to appropriate treatment centers; and 3) Establish dedicated psychiatric emergency services (PES) to ensure that patients experiencing a mental health crisis receive the right care at the right time.

The Behavioral Health Crisis Services Collaborative is directly in line with the Medical Society's third recommendation. Significantly, the Collaborative goes beyond emergency and crisis stabilization by incorporating a resource center to house peer and family navigators and community-based partners to provide care coordination, peer support and navigation, and social support services to consumers at the right time and the right place. This project will ensure that individuals in mental health crisis will be linked directly to resources, including drug and alcohol treatment, recovery and wellness programs. The project is far more comprehensive than other services existing today.

Page Two  
March 2, 2018  
Uma Zykofsky, Director  
Sacramento County Division of Behavioral Health Services

SSVMS believes the Behavioral Health Crisis Services Collaborative offers a best practice model of care for emergency and crisis stabilization services that will fill a major gap for much needed mental health services in our region. We urge your support of this important effort.

Sincerely,



Aileen E. Wetzel  
Executive Director

AEW:cs



**STEINBERG  
INSTITUTE**

1130 K Street, Suite LL50  
Sacramento CA 95814  
T 916.553.4167  
steinberginstitute.org

**ADVANCING BRAIN HEALTH POLICY & INSPIRING LEADERSHIP**

March 2, 2018

Uma Zykofsky  
Director, Sacramento County Division of Behavioral Health Services  
Grantland L. Johnson Center for Health & Human Services  
7001---A East Parkway, Suite 400  
Sacramento, California 95823

Dear Director Zykofsky,

The Steinberg Institute supports Sacramento County's proposed Mental Health Services Act (MHSA) Innovation Project, the Behavioral Health Crisis Services Collaborative. This unique public/private partnership between Sacramento County, Placer County and Dignity Health offers a best practice model of care for emergency and crisis stabilization services that will fill a major gap for much needed mental health services in our region.

This project represents an opportunity to leverage a commitment by a large health system and two Counties willing to invest in, and work together on, the development of integrated medical and mental health crisis services on a hospital campus. The project is far more comprehensive than other services existing today. It goes beyond emergency and crisis stabilization by incorporating a resource center to house peer and family navigators, health plan staff and community---based partners to provide care coordination, peer support and navigation to clients. This will ensure consumers are linked to the community resources they need for ongoing management of conditions, recovery and wellness. We are particularly impressed that the UC Davis SacEDAPT first break screening is being built into the program for early identification and intervention for psychotic disorders.

The Behavioral Health Crisis Services Collaborative embraces the concept of whole person care, strengthens the continuum of care in our region, and will advance the current state of crisis stabilization services in California by offering significant improvements. It can also serve as a new standard for future crisis stabilization services across our State. Thank you for your leadership.

Sincerely,

Maggie Merritt  
Executive Director



**DIVISION OF BEHAVIORAL HEALTH SERVICES  
ASSURANCE OF CULTURAL COMPETENCE COMPLIANCE**

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**This document assures compliance with various federal, state and local regulations, laws, statutes and policies related to culturally and linguistically competent services to diverse populations as outlined in the Sacramento County Division of Behavioral Health Services (DBHS) Cultural Competence Plan Objectives and the National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care.**

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In a culturally and linguistically competent system, each provider organization shows respect for and responds to individual differences and special needs of the community. Services are provided in the appropriate cultural context and without discrimination related to, but not limited to race, ethnicity, national origin, income level, religion, gender identity, gender expression, sexual orientation, age, or physical disability. Culturally competent providers are aware of the impact of their own culture on their relationships with consumers and know about and respect cultural and ethnic differences. They adapt their skills to meet each family's values and customs. Cultural competence is a developmental and dynamic process – one that occurs over time.

**Cultural Competence Definition**

Cultural Competence is defined as a set of congruent practice skills, knowledge, behaviors, attitudes, and policies that come together in a system, agency, or among consumer providers, family members, and professionals that enables that system, agency, or those professionals and consumers, and family member providers to work effectively in cross-cultural situations. (Adapted from Cross, et al., 1989)

**Cultural Competence Guiding Principles**

Cultural Competence is an ongoing process that is critical to eliminating cultural, racial and ethnic disparities in the delivery of quality mental health and substance use disorder services. Cultural Competence enhances the ability of the whole system to incorporate the languages, cultures, beliefs and practices of its clients into the service and should be incorporated into all aspects of policy-making, program design, administration, service delivery, data collection and outcome measurement. The County Behavioral Health Directors Association of California developed the following guiding principles and corresponding strategies for counties to use in operating a culturally and linguistically competent system of care to eliminate disparities.

- Commitment to Cultural Competence and Health Equity
  - Address cultural competence at all levels of the system including policy, programs, operations, treatment, research and investigation, training and quality improvement. (CLAS Standard 1)
  - Demonstrate commitment to cultural and linguistic competence in all agency policy and practice documents, including the mission statement, statement of values, strategic plans, and policy and procedural manuals. (CLAS Standard 2)
  - Provide easy to understand print and multimedia materials and signage in languages commonly used by the population in the service area to inform them of the availability of language assistance services offered at no cost to them. (CLAS Standards 8 & 6)
  
- Identification of Disparities and Assessment of Needs and Assets

- Collect, compile and analyze population statistics across language, ethnicity, age, gender, sexual orientation, socio-economic status markers and evaluate the impact of County Client Services Information data across same statistical areas. (CLAS Standard 11)
- Conduct regular assessments of community health assets and needs and use the results to plan and implement services that respond to the cultural and linguistic diversity of populations in the service area. (CLAS Standard 12)
- Implementation of Strategies to Reduce Identified Disparities
  - Develop, implement, and monitor strategies for elimination of identified disparities (including upstream approaches that address the social determinants of health) and track impact of those strategies on disparities. (CLAS Standard 9)
  - Utilize a quality improvement framework to monitor and evaluate Cultural Competence Plans and disparity elimination activities, and share improvement targets and progress with stakeholders. (CLAS Standards 10 & 15)
- Community Driven Care
  - Develop formal and informal relationships with community members, community organizations, and other partners to maximize the delivery of effective culturally, ethnically and linguistically appropriate care, and monitor the outcomes of these partnerships. (CLAS Standard 13)
    - Ensure representation of consumers, individuals with lived mental health/behavioral health experience; family members of a consumer; children; youth; parent/caregivers of youth with serious emotional disturbance; and representatives from unserved/under-served/inappropriately served communities including Limited English Proficient (LEP) individuals on their advisory/governance body/committee to develop service delivery and evaluation (with a recommended minimum of 50%).
  - Establish and implement a transparent and inclusive process for obtaining client, community, and staff input related to cultural competence planning, implementation, monitoring and evaluation. Create and utilize culturally and linguistically appropriate conflict grievance resolution processes. (CLAS Standard 14)
- Workforce Development
  - Establish workforce recruitment strategies that ensure adequate levels of consumer/peer (persons with lived experience), community (navigators, community health workers), administrative, support, and professional staff, reflective of the diversity of the populations served. Emphasize professional development opportunities, self-care strategies to address stress and micro-aggressions, and other retention efforts. Develop corrective measures to address severe shortages impacting ability to serve county populations (WIC 4341, CLAS Standard 3).
  - Provide ongoing cultural competence and quality improvement training to consumer/peer (persons with lived experience), community (navigators, community health workers), administrative, support and professional personnel (trained behavioral health interpreters, bilingual staff) in order to effectively address the needs of cultural, racial and ethnic populations, including linguistic capability. (CCR Title 9 Section 1810.410, CLAS Standards 4 & 7)
- Provision of Culturally and Linguistically Appropriate Services
  - Ensure access to culturally and linguistically appropriate services (treatment interventions, engagement strategies, outreach services, assessment approaches, community defined practices) and offer language assistance at no cost to them, for all diverse unserved, underserved and inappropriately served populations by making them: available, accessible, acceptable, accommodating, and sensitive to historical, cultural,



spiritual and/or religious experiences, values, and traditional healing practices and ceremonies. (CLAS Standards 1 & 5)

- Make available behavioral health services that are responsive to the numerous stressors and social determinants of health experienced by cultural, racial and ethnic populations which have a negative impact on the emotional and psychological state of individuals and make every attempt to provide greater access to services, e.g. evenings/weekend hours and in less stigmatizing settings (primary care, faith-based organizations, community organizations, etc).

“While culturally competent service delivery systems will continue to have primary goals around ongoing elimination of inequities for specific racial, ethnic, and cultural communities, culturally competent systems must be sufficiently flexible in order to promote improved quality and effectiveness of services for all community members...” (County Behavioral Health Directors Association of California Framework for Advancing Cultural, Linguistic, Racial and Ethnic Behavioral Health Equity, Updated 2016, page 2).

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CONTRACTOR hereby agrees that it shall comply with the principles and guidelines set forth as outlined above, and shall:

1. Promote and support the attitudes, behaviors, knowledge, and skills necessary for staff to work respectfully and effectively with clients and each other in a culturally diverse work environment. Support evidence-based, community-defined, promising and emerging practices that are congruent with ethnic/racial/linguistic/cultural group belief systems, cultural values, traditional healing practices, and help-seeking behaviors. Support the county’s goal to reduce disparities to care by increasing access, decreasing barriers, and improving services for unserved, underserved, and inappropriately served communities.
  - Provide an emotional environment that ensures people of all cultures, ages, sexual orientation, gender identity, and gender expression feel welcome and cared for. This shall include: respect for individual preferences for traditional healing practices, alternative, spiritual and/or holistic approaches to health; a reception staff that is proficient in the different languages spoken by clients; bilingual and/or bicultural clinical staff that is knowledgeable of cultural and ethnic differences, needs, and culturally accepted social interactions and healthy behaviors within the client’s family constellation or other natural support system and is able and willing to respond to clients and their natural support system in an appropriate and respectful manner.
2. Have a comprehensive management strategy to address culturally and linguistically appropriate services, including strategic goals, plans, outcomes, evaluation, policies, procedures, and designated staff responsible for implementation.
  - As outlined in the Sacramento County Division of Behavioral Health Services Cultural Competence Plan Objectives:  
Ensure progress in the delivery of culturally competent services through the biennial completion and analysis of a system-wide Agency Self-Assessment of Cultural Competence.
3. Develop and implement a strategy to recruit, retain and promote qualified, diverse culturally and linguistically competent administrative, clinical, and support staff, reflective of the

community, that are trained and qualified to address the needs of the racial and ethnic communities being served.

- As outlined in the Sacramento County Division of Behavioral Health Services Cultural Competence Plan Objectives:  
Increase the percentage of direct service staff by 5% annually to reflect the racial, cultural and linguistic makeup of the county until the makeup of direct services staff is proportionate to the makeup of Medi-Cal beneficiaries plus 200% of poverty population.
4. Require and arrange for ongoing education and training for administrative, clinical, and support staff in culturally and linguistically competent service delivery. In addition to ensuring that staff members participate in required cultural competence trainings offered by Sacramento County Division of Behavioral Health Services, CONTRACTOR shall provide cultural competence training to all employees.
    - As outlined in the Sacramento County Division of Behavioral Health Services Cultural Competence Plan Objectives:  
75% of direct service (including ADS) staff and supervisors will have completed the California Brief Multicultural Competence Scale (CBMCS) and/or equivalent cultural competence training approved by DBHS.
  5. Provide all clients with limited English proficiency access to bilingual staff or interpretation services at no cost to the client.
  6. Provide oral and written notices, including translated signage at key points of contact, to clients in their primary language informing them of their right to receive no-cost interpreter services.
  7. Translate and make available signage and commonly-used written client educational material and other materials for members of the predominant language groups in the service area.
    - Create a physical environment that ensures people of all cultures, ages, sexual orientation, gender identity and gender expression feel welcome and cared for. This shall include: decorating waiting and treatment areas with pictures that reflect the diverse cultures of Sacramento County; providing reading materials, resources, and magazines in varied languages that are at appropriate reading levels and are suitable for different age groups, including children and youth; considering cultural differences and preferences when offering refreshments; ensuring that any pictures, symbols or materials on display are not unintentionally disrespectful to another culture.
  8. Ensure that interpreters and bilingual staff can demonstrate bilingual proficiency and receive training that includes the skills and ethics of interpreting, and knowledge in both languages of the terms and concepts relevant to clinical or nonclinical encounters.
    - As outlined in the Sacramento County Division of Behavioral Health Services Cultural Competence Plan Objectives:  
Maintain the standard that 98% of staff identified as interpreters complete the approved mental health/behavioral health interpreter training and receive certification. Include system partners in training to expand pool of trained interpreters in emerging language populations.
  9. Ensure that the clients' primary spoken language and self-identified race/ethnicity are included in the provider's management information system as well as any client records used by provider staff.

10. Promote equity in behavioral health service utilization by actively engaging and sustaining meaningful participation of representatives from unserved, underserved and inappropriately served communities at every step of program planning, implementation, outcome measurement and evaluation. Collaborate with diverse cultural, racial, ethnic, LGBTQ, and emerging refugee communities to learn more about how they define and view culturally and linguistically competent outreach, engagement, and behavioral health wellness and recovery services.

**Dissemination of these Provisions: CONTRACTOR shall inform all its officers, employees, agents, and subcontractors providing services hereunder of these provisions.**

*By my signature below, as the authorized representative of the CONTRACTOR named below, I certify acceptance and understanding for myself and the CONTRACTOR of the above provisions.*

\_\_\_\_\_  
Contractor (Organization Name)


\_\_\_\_\_  
Signature of Authorized Representative

\_\_\_\_\_  
Name of Authorized Representative (Printed)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Title of Authorized Representative

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 <p style="text-align: center;"><b>County of Sacramento</b>  <b>Department of Health and Human Services</b>  <b>Division of Behavioral Health Services</b>  <b>Policy and Procedure</b></p>	Policy Issuer (Unit/Program)	Cultural Competence & Ethnic Services
	Policy Number	01-02
	Effective Date	6/20/2014
	Revision Date	
Title: Procedure for Access to Interpreter Services	Functional Area: Access to Care	
Approved By:  JoAnn Johnson, LCSW Program Manager, Cultural Competence		

**Background/Context:**

All Sacramento County Mental Health Plan (MHP) and Alcohol and Drug Services (ADS) providers and County operated programs shall ensure that clients who are Limited English Proficient (LEP) or are Deaf/Hard of Hearing will be provided with an interpreter **at no cost** to the client. Division of Behavioral Health Services provider staff rely primarily on verbal and non-verbal communication to engage clients, form a therapeutic relationship, conduct assessments and provide treatment. A language barrier can lead to miscommunications, which can significantly impact engagement, assessment and treatment (adapted from “Cross-Cultural Communication & Therapeutic Use of Intepreters in Mental Health”, March 2003, Lee, Evelyn, Ed.D., LCSW, Romero, Josie T., MSW, LCSW).

**Definitions:**

"Limited English Proficient" - Individuals who speak a language other than English as their primary language and who have a limited ability to read, write, speak or understand English are considered limited English proficient (adapted from US Department of Health & Human Services, Office for Civil Rights, “Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons”, 2004).

“Interpreter” - An interpreter is an individual who has been assessed for professional skills, demonstrates a high level of proficiency in at least two languages, and has the appropriate training and experience to render a message spoken or signed in one language into a second language and who abides by a code of professional ethics (The Department of Health and Human Services LANGUAGE ACCESS PLAN, 2013). In addition to the linguistic interpretation of the message given, the interpreter can provide cultural information and a necessary cultural framework for understanding the message (adapted from “Cross-Cultural Communication & Therapeutic Use of Intepreters in Mental Health”, March 2003, Lee, Evelyn, Ed.D., LCSW, Romero, Josie T., MSW, LCSW).

**Purpose:**

The provision of medically necessary, culturally and linguistically competent specialty mental health services and/or substance use services are fundamental to ensure access and delivery of appropriate services to beneficiaries. Language access is essential to this effort. When bilingual and bicultural provider staff are not available, the use of trained interpreters can help to bridge the language and cultural gap (adapted from "Cross-Cultural Communication & Therapeutic Use of Intepreters in Mental Health", March 2003, Lee, Evelyn, Ed.D., LCSW, Romero, Josie T., MSW, LCSW).

**This policy outlines the process for accessing trained interpreters when trained, bi-lingual, bi-cultural staff or in-house interpreters are not available.**

**Details:**

- A. The Assisted Access language interpreter agency provides interpreter services for Sacramento County Mental Health Plan and Alcohol and Drug Services Contract providers and County operated programs at no cost to the agency.
- B. In the event that a face-to-face interpreter is not available through Assisted Access, Mental Health Plan and Alcohol and Drug Services Contract providers and County operated programs must arrange for face-to-face interpretation by an interpreting agency.
- C. Mental Health Plan and Alcohol and Drug Services Contract providers and County operated programs must arrange for culturally and linguistically appropriate interpreter services for clients who are Deaf/Hard of Hearing.
- D. When face to face interpreter services are not possible, Mental Health Plan and Alcohol and Drug Services Contract providers and County operated programs must arrange for phone interpreter services by an interpreting agency.

The cost to engage appropriately certified interpreters specified in B. C. and D. above are the responsibility of the Mental Health Plan and Alcohol and Drug Services Contract provider agencies and County operated programs unless an exception is approved by the County.

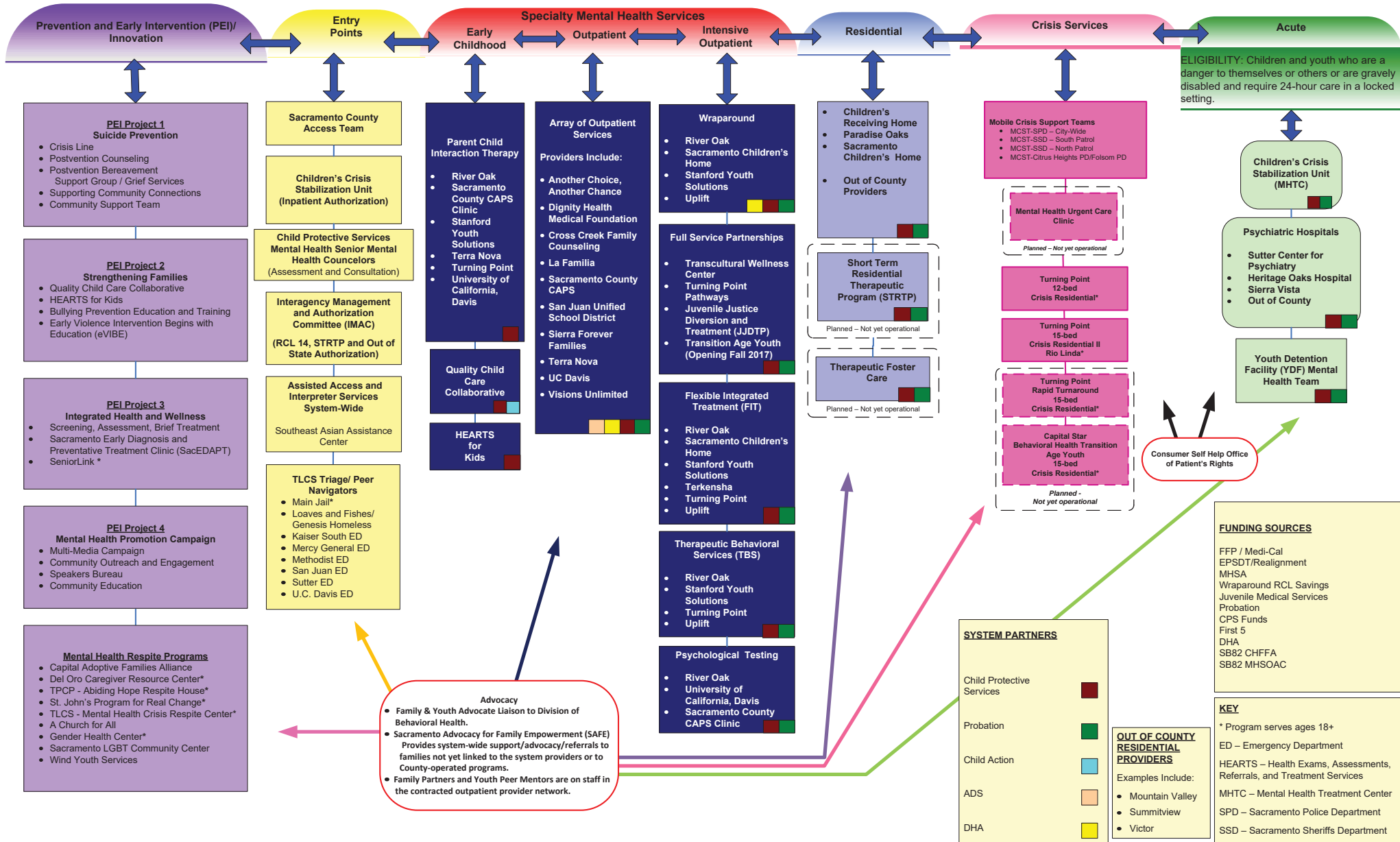
- E. The Mental Health Plan and Alcohol and Drug Services generally prohibit the use of family members as interpreters except in rare or extenuating circumstances:
  - 1. In emergencies where no other means of interpretation or communication are available.
  - 2. When a consumer specifically chooses not to use an interpreter provided by the MHP or Alcohol and Drug Services and elects to use a family member for interpretation services, a Release of Information form must be signed by the consumer before the family member may be used as an interpreter. Continued offers to provide an independent interpreter must not be excluded



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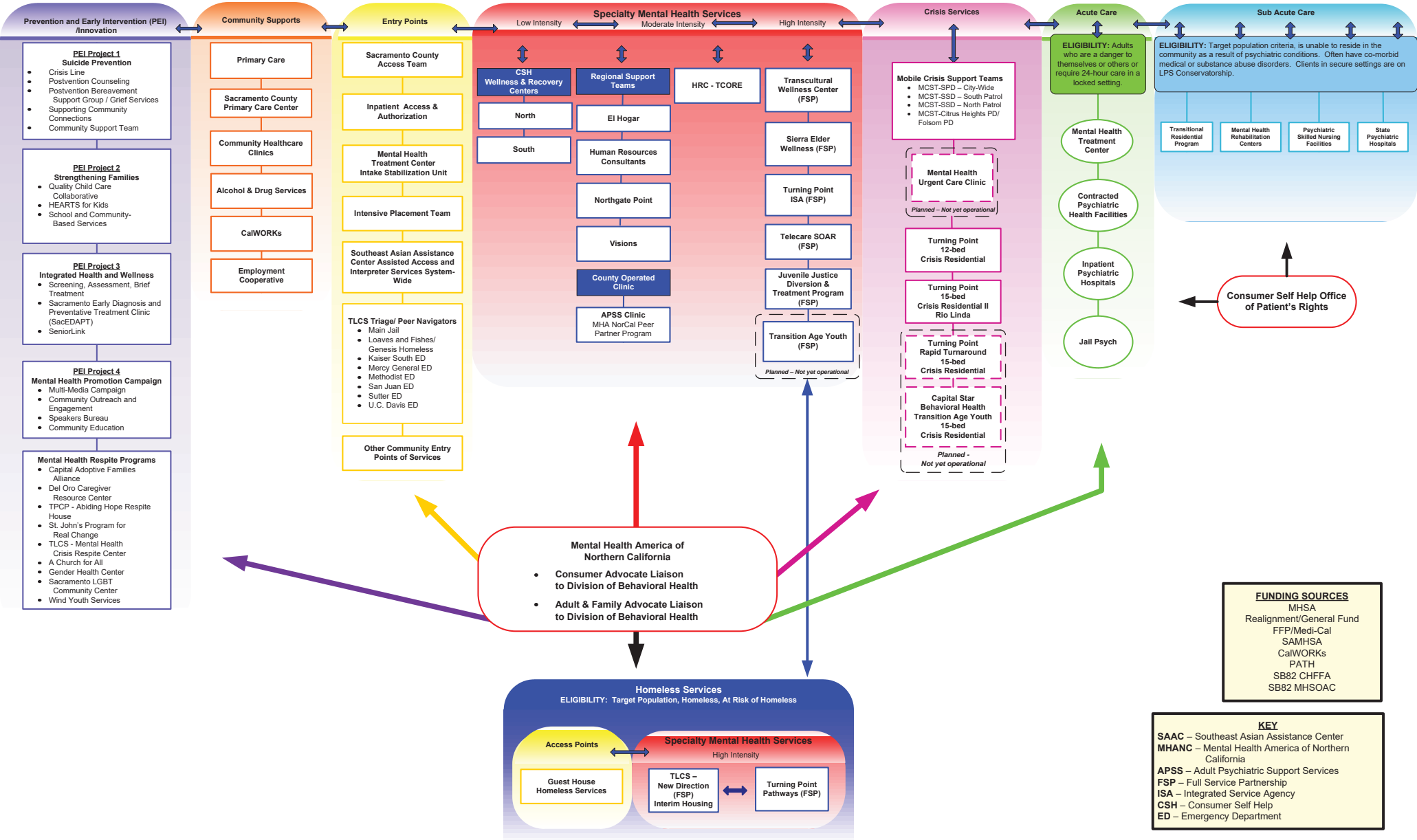


## CHILD AND FAMILY MENTAL HEALTH SERVICE CONTINUUM Fiscal Year 2017-18




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## ADULT MENTAL HEALTH SERVICE CONTINUUM Fiscal Year 2017-18



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 <p style="text-align: center;"><b>County of Sacramento</b>  <b>Department of Health Services</b>  <b>Division of Behavioral Health Services</b>  <b>Policy and Procedure</b></p>	Policy Issuer (Unit/Program)	Cultural Competence & Ethnic Services
	Policy Number	01-03
	Effective Date	2/28/18
	Revision Date	Restatement of Existing Practices
Title: Documentation Translation Method and Process	Functional Area: Access to Care	
Approved By: Signed version available upon request		

**Background/Context:**

The provision of medically necessary, culturally competent and linguistically proficient specialty mental health service is fundamental to ensure access and delivery of appropriate services to all Medi-Cal beneficiaries. This policy reflects a restatement of existing practices and ensures compliance with the cultural competence and linguistic requirements mandated for mental health/behavioral health services to diverse populations as outlined in the Sacramento County Phase II Consolidation of Medi-Cal Specialty Mental Health Services - Cultural Competence Plan 1998, 2002, 2003, 2010; the California Code of Regulations Title 9, Chapter 11, Section 1810.410; the State of California Department of Health Care Services All Plan Letter 17-011; and the National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care.

**Definitions:**

“Cultural Competence” is defined as a set of congruent practice skills, knowledge, behaviors, attitudes, and policies that come together in a system, agency, or among consumer providers, family members, and professionals that enables that system, agency, or those professionals and consumers, and family member providers to work effectively in cross-cultural situations. (Adapted from Cross, et al., 1989)

“Forward and back method of translation” - a document is translated from English to a second language by one translator. A second translator performs a review by translating the document from the second language back to English so that it can be compared with the original document.

**Purpose:**

This policy ensures that all Sacramento County Division of Behavioral Health Services (DBHS) programs and DBHS contract providers follow a standardized process for translating documents.

**Details:**

- A) All DBHS programs and DBHS contract providers shall utilize qualified translators or individuals who have passed a written language proficiency test to translate written materials.
- B) If an individual who has not passed a written language proficiency test translates a document, then the completed document must be forwarded to the Division for review prior to use.
- C) The translation should be done at a 5<sup>th</sup> grade reading level.
- D) The forward and back method of translation shall be used for all documents requiring translation.
- E) The layered review should be completed by a second and third translator reviewing the documents.
- F) A review shall also be conducted with consumers/community members to ensure that the document is clear and meets the education level of the community.

**Reference(s)/Attachments:**

Title VI of the Civil Rights Act of 1964, U.S. Code 2000-d (Code of Federal Regulations, Part 21: the Std. Title VI); Executive Order 13166 of August 11, 2000; Section 1557 of the Affordable Care Act (ACA) of 2010; Welfare and Institutions Code (WIC), 14029.91 (a), (b), (e); California Code of Regulations Title 9, Chapter 11, § 1810.410; Department of Health and Human Services- Office of Minority Health: National Standards on Culturally and Linguistically Appropriate Services (CLAS) in Health Care.

**Related Policies:**

PP-BHS-CCES-02-01-Implementation-of-Cultural-Competence

PP-BHS-QM-03-08 Problem Resolution Forms & Brochures Distribution

**Distribution:**

Enter X	DL Name	Enter X	DL Name
X	DBHS Staff	X	DBHS Contract Providers
X	MHTC Staff		

**Contact Information:**

**Mary Nakamura, LCSW**

**PHONE NUMBER**

**Cultural Competence and Ethnic Services Health Program Manager**