



PARENT'S GUIDE TO FENTANYL

WHAT IS FENTANYL?

Fentanyl is a synthetic opioid that is tasteless, odorless, and extremely potent. A dose of fentanyl is up to 50xs stronger than heroin and up to 100xs stronger than morphine. Two salt-sized grains of fentanyl can be enough to cause an overdose.

You can't see fentanyl, so there's no way to make sure it's evenly distributed into each dose. **ANY pill, line, bump, or hit could be the one that causes an overdose—even if another one didn't.**

Buying pills online, your friends, friends of friends, and even regular dealers don't know if their supply is laced. **If your pill is not prescribed directly to you, it could be deadly.**

WHAT IS NALOXONE?

Naloxone is a legal and widely available medication that can help reverse an opioid overdose or poisoning and save your friend's life. It comes in many forms, including nasal sprays and injectables. The Good Samaritan Law provides protection from arrest or prosecution to those who administer assistance in an overdose and stay with the person until help arrives.

CELL PHONES HAVE A DEADLY CONNECTION

Pills laced with fentanyl are bought and sold on social media sites popular with teens. Even if youth are not using, talking to them may be the reason they never do.



**ARE YOU WILLING TO BET
YOUR LIFE ON WHICH
PILL IS FAKE?**



**99% of Street pills are FAKE,
and contain Fentanyl. If your
pills aren't prescribed directly
to you, it could be deadly!**



TALK WITH YOUR TEENS

ABOUT THE EFFECTS OF OPIOID OVERDOSE AND WHAT TO DO



WHAT ARE SOME SIGNS OF AN OPIOID OVERDOSE?

- Unconsciousness
- Very small pupils
- Slow or shallow breathing
- Vomiting
- An inability to speak
- Faint heartbeat
- Limp arms and legs
- Pale skin
- Purple or blue lips and fingernails

WHAT TO DO IF YOU WITNESS AN OVERDOSE

- Call 911
- Administer Naloxone
- Check for breathing and perform CPR
- Make sure they are sitting up or laying on their side
- Stay with the person until help arrives

MORE RESOURCES

**Sacramento County
Coalition for Youth**
SacramentoCCY.org

SAMHSA Helpline

Treatment referral and info for individuals and families facing mental and/or substance use disorders
[\(800\) 662-HELP \(4357\)](tel:8006624357)

Partnership for Drug-Free Kids

Help for families struggling with a child's substance use
Partnership for drug-free kids
[855-378-4373](tel:8553784373)

Youth Crisis Line

Text: [741741](tel:741741) | Call: [\(800\) 843-5200](tel:8008435200)

Teen Warm Line

[\(888\) 843-5200](tel:8888435200)

Free Opioid Prevention Tool Kit

Store.SAMHSA.gov

Sac Opioid Coalition

SacOpioidCoalition.org