

SLE/Recovery Residences

SLEs are cooperative living arrangements where all residents are committed to being alcohol/substance-free.

“Recovery is a journey, not a destination.”



SUPPORTS INCLUDE:

- Relapse Prevention Plan development
- Case Management and linkage to needed resources or other SUPT Programs
- Recovery meetings
- Routine house meetings to help develop independent living skills
- Random drug testing for accountability
- Day care accommodations (only for SLE's accepting families)

Individuals may refer to an SLE/Recovery Residence by:

1. **Meeting eligibility criteria:** a) a Sacramento County resident and b) either be concurrently enrolled in a SUPT Program or have completed a SUPT Program within the past 12 months.
2. **Individuals who are concurrently enrolled or have completed a SUPT Program within the past 12 months:** May access the SUPT Community Resource List and contact the listed SLE's to inquire about bed availability (refer to “Sacramento County Contracted Transitional Living/Sober Living Environment Providers” on page 2).
3. **Individuals who have not completed a SUPT Program within the past 12 months:** May contact Behavioral Health Services-Screening and Coordination (BHS-SAC) to request a referral to a SUPT Program.
4. **Individuals who are connected with a SUPT Program:** May request support from the program with finding an SLE with open bed availability and request SUPT Program verification to provide to the SLE.