

Methamphetamine Coalition

Overview of Meth in Sacramento



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Touching Lives, Changing Lives, Saving Lives

Scope of the Problem

- Methamphetamine use and abuse emerges in cycles and presents a pervasive and continuous need for us to respond.
- Meth is a very debilitating drug that has tremendous economic and social costs for our community and has overburdened child welfare, criminal justice, health, behavioral health, and law enforcement.
- The impact of meth ripples far beyond enforcement, environmental and health impacts.

Primary Drug of Choice Data

**Sacramento County Fiscal Year 2017-2018
Individuals Receiving Alcohol and Drug Treatment Services
Primary Drug of Choice**

Primary Drug of Choice	All ADS Modalities (Medication Assisted Treatment, Detox, Outpatient, Residential) N=5691	Detox, Outpatient, Residential Only N=4146	Court-Involved Individuals N=519
	Percentage	Percentage	Percentage
Opiates	38%	16%	18%
Methamphetamine	27%	37%	52%
Marijuana	14%	19%	17%
Alcohol	17%	23%	9%
Other Drugs	4%	5%	4%
Total	100%	100%	100%

Note: table references the percent of admissions where methamphetamine was indicated as the primary drug of choice. This does not represent an unduplicated count of individuals.

Treatment Admission Data

SACRAMENTO COUNTY ALCOHOL AND DRUG SERVICES CALIFORNIA OUTCOME MEASUREMENT SERVICE (CALOMS) TREATMENT SYSTEM ADMISSION DATA FOR FISCAL YEAR 2017-18

TOTAL ADMISSIONS BY GENDER			SERVICE MODALITIES												
Admissions	Count	Percentage	Primary Drug of Choice	Total Count	Male	Female	Other Gender	Homeless	Overall Percentage of Clients With This Drug of Choice	Adolescent Outpatient	Intensive Outpatient	Detox	NTP	Outpatient	Residential
Male:	2,960	52%													
Female:	2,729	48%	Cocaine	154	70	83	1	45	3%	2	6	7	2	82	55
Other:	2	0%	Ecstasy	4	4	-	-	1	0%	-	-	-	-	2	2
Total	5,691	100%	Heroin	1,633	972	661	-	426	29%	4	9	83	1,128	194	215
			Marijuana	786	499	286	1	120	14%	263	5	6	-	446	66
			Methamphetamine	1,552	671	881	-	666	27%	15	21	141	1	813	561
			Non-Prescription Methadone	26	9	17	-	1	0%	-	-	-	21	5	-
			Other (Non-Specific)	33	14	19	-	6	1%	1	-	1	10	15	6
			Other Hallucinogens	2	1	1	-	-	0%	-	-	-	-	1	1
			Other Opiates/Synthetics	450	180	270	-	43	8%	3	-	12	318	73	44
			Other Sedatives	13	6	7	-	1	0%	3	-	-	4	4	2
			Other Stimulants	1	-	1	-	-	0%	-	-	-	-	1	-
			Over the Counter	2	-	2	-	-	0%	1	-	-	1	-	-
			Oxycontin	75	51	24	-	3	1%	-	1	1	59	7	7
			PCP	1	1	-	-	-	0%	-	-	-	-	1	-
			Tranquilizers (Benzos)	16	10	6	-	2	0%	1	1	1	-	9	4
TOTAL COUNTS	5,691			2,959	2,730	2	1,534	100%		309	64	327	1,545	2,124	1,322
TOTAL PERCENTAGES	100%			52%	48%	0%	27%			5%	1%	6%	27%	37%	23%

In The News

**Meth, the Forgotten Killer,
Is Back. And It's
Everywhere.**



The drug experts say, meth has never been purer, cheaper or more lethal.

Overshadowed By Opioids, Meth Is Back And Hospitalizations Surge

By Anna Gorman (<https://californiahealthline.org/news/author/anna-gorman/>)

November 28, 2018



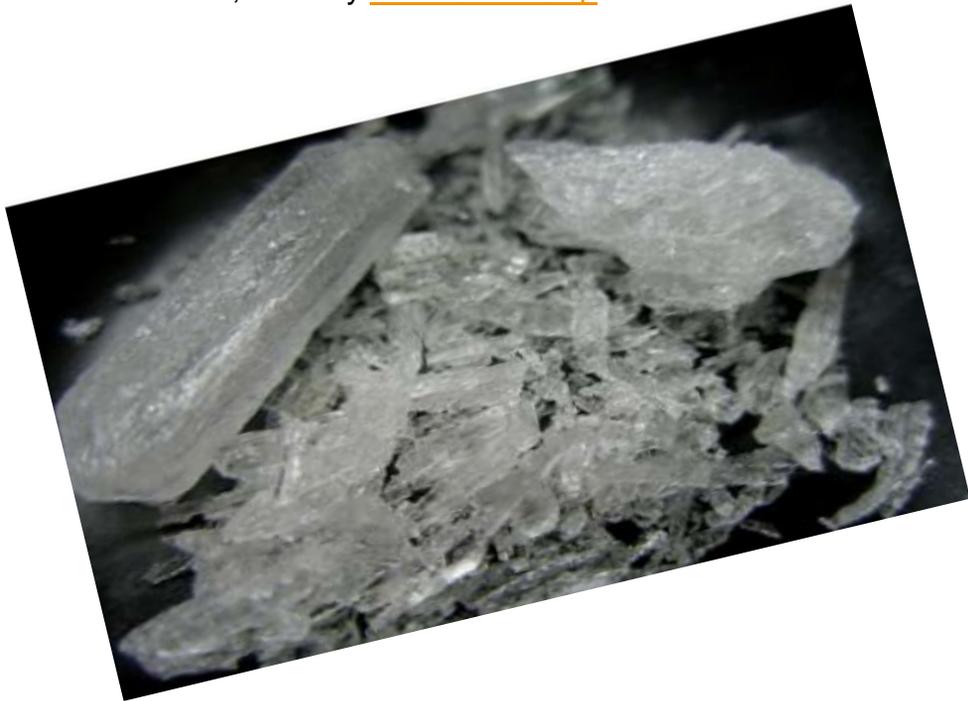
As Meth Use Surges, First Responders Struggle To Help Those In Crisis

By April Dembosky | [KQED](#)

Wednesday, May 1, 2019

In The News

Meth is On the Rise Again: What Parents Should Know
October 17, 2018 by [The Partnership](#)



Probation officials say \$500,000 worth of methamphetamine found at south Sacramento home

By [Claire Morgan](#)

September 14, 2018 08:28 PM



Meth deaths and ER visits climb sharply in SF, as leaders look for solutions

[Erin Allday](#) Feb. 8, 2019

In The News

➤ **Meth In Candy Form Found In Amador County School**

Bob Moffitt

Wednesday, April 6, 2016 | Sacramento, CA | A Sacramento-area junior high school is warning parents and children to beware of something that looks like candy, but is actually methamphetamine.

➤ **Meth Abuse Driving Big Spike in Syphilis Cases**

THURSDAY, Feb. 14, 2019 ([HealthDay News](#))

➤ **Meth Vs. Opioids: America Has Two Drug Epidemics, But Focuses On One**

By [April Dembosky, KQED](#) May 7, 2019



Published: November 6, 2018

Meth use producing
younger, harder-to-treat
heart failure patients

By American Heart Association News

In The News

Cheap, Nasty, Near You. How Crystal Meth Is Spreading

By *Jason Gale* April 3, 2019



*Meth, the Other Epidemic,
Poses a Real Risk for HIV,
March 26, 2018*

-David Fawcett, Ph.D., L.C.S.W.

**Sacramento Search Warrants Lead To
Pounds Of Meth, Heroin, Cocaine, Cash,
And More**
April 11, 2019 at 4:06 pm



Nearly 10 pounds of meth

Current Treatment Challenges

Increased Service Demand

- Residential Treatment
- Detoxification Services
- Sober Living Environments

Need for Capacity Building

Limited Funding

- Residential Treatment
- Detoxification Services

Delays in Treatment Admissions

- Residential Treatment
- Detoxification Services

Lack of

- Aftercare Services
- Youth Residential Facilities

Limited Targeted Services

- Seriously Mentally Ill
- Homeless
- Developmentally Disabled
- Senior and Older Adults

Access to Care

- Transportation (limited bus passes provided)
- Childcare

Meth Report

The Meth Report reflects the participation and active contribution from individuals, departments and organizations, and we gratefully acknowledge their work and commitment!!

The Methamphetamine Collaborative Workgroup

- Opportunity to come together and analyze the current substance use disorder system, identify service gaps, re-evaluate priorities and expand access and service capacity.
- 27 key participants whose involvement was considered to be critical for the adoption and implementation of a county-wide initiative.
- Focus was on a county-wide narrative with information and solutions that speak to needs across the community.
- Careful consideration was provided to ensure that membership in the workgroup remained as broad-based and representative as possible.
- Planning took place over six sessions between April and November 2016.
- The report is a guiding document to address methamphetamine abuse in Sacramento County.

Data

Client Data from County Stakeholders and Departments

- ❑ Stakeholders and Departments were asked to provide demographic or other aggregate client data that were specific to methamphetamine use (calendar yrs of 2013-2015), for example, the total number of methamphetamine related prosecutions, or the number of clients who had children removed from the home due to methamphetamine-related factors (such as possession, sales, or manufacture).
- ❑ A key finding that emerged early was the lack of agency data specific to methamphetamine users. This has huge implications for the workgroup, the Coalition and for county agency providers.

Need to develop process of collecting and sharing data in the future

Data

Variation in Data Collection Methods across Stakeholders and Departments

- ❑ The ways in which data were collected varied considerably across the county systems, such that it could not be analyzed in aggregate (that is, across agencies), but only by individual agency.

Need to develop process of collecting and sharing data in the future

Characteristics of Meth Users

People struggling with methamphetamines **differ from other substance users in that they enter treatment with far more symptoms of paranoia and psychosis** than other substance misusing groups, and that they are more likely to:

- Be Female
- Suffer cognitive impairment during the early weeks and months of recovery
- Have clinically significant associations between their drug use/misuse and sexual behavior, including risky sexual behavior
- Be at risk for non injection transmission of HIV (especially for men who have sex with men)
- Be the victims (especially women) and with safety concerns (due to violence or homelessness)
- Be the perpetrators of violence

Strategic Plan Goals

Goal #1

Increase access to accurate data related to methamphetamine.

Goal #2

Secure funding to support the efforts of law enforcement, criminal justice, child protective services, treatment and prevention to address methamphetamine use/abuse.

Goal #3

Increase access to treatment for individuals struggling with methamphetamine use.

Goal #4

Enhance prevention and treatment efforts to address methamphetamine. Increase community capacity and treatment options for people using, abusing or dependent on methamphetamine.

Goal #5

Increase public awareness and professional knowledge about methamphetamine.

**See Strategic Plan document*

Highlights and Accomplishments

- Conducted Public Education and Awareness campaigns: The County has provided several trainings regarding the dangers of methamphetamine, and SUD's (2016-2019) to hospitals (UC Davis, Kaiser, Sutter and Dignity Health), MH, CPS, DHA (Navigator/homeless programs), Courts, schools, Advisory Boards
- Received additional funding to expand residential treatment, detoxification and sober living environments (September 2016)
- Received additional funding to expand services for the Early Intervention Family Drug Court (EIFDC) (September 2016)
- Received additional funding for increased drug testing services (September 2016)
- Held Meth Symposium (Nov 2017), 140 attendees
- Streamlined assessment process at SOC and Jail setting for faster linkage to services (2018)
- Ran Meth Campaign in high risk areas of Sac-4 billboards and marketing materials (2018)
- Developed an Anti Stigma Campaign (2018)
- Held Meth Public Forum (Oct 2018), 120 attendees
- Received increased funding to implement the Drug Medi-Cal Organized Delivery System Waiver (July, 2019)
- Increased perinatal residential treatment (Options) beds from 16 to 26 (2019)
- Received 2 SAMHSA grants to provide case management and sober living services for the Mental Health Court and DUI Treatment Court (2019)
- Began social media messaging and posts about the Meth Coalition (2019)

Other Partnerships

- **UC Davis Medical Center** partnership to address the relationship between meth and heart disease, education on County ADS services/access to care and training series on meth, mental health and HIV
- **Primary Health/ Correctional Health** partnership to increase access to SUD services and patient awareness and education on behavioral health services (mental health/SUD), services in jail settings and Sac County Health Center
- **Public Health** partnership on education on the relationship between meth and syphilis, recent training on meth and perinatal impacts
- **CPS** partnership for ADS to provide increased training on access to care, SUD's, navigating the ADS system
- **Criminal Justice/Court** partnerships on recent grants to increase capacity and availability of mental health and SUD assessment, case management and treatment in collaborative courts
- **Hospital** partnerships providing bidirectional referral process and SUD training on DMC Waiver and access to SUD services in Sac County with all Managed Care Plans

Anti Stigma Campaign

END THE STIGMA OF SUBSTANCE USE DISORDER

SUBSTANCE USE DISORDER AFFECTS EVERY ETHNIC, RACIAL, ECONOMIC, RELIGIOUS, AND AGE GROUP.

IT AFFECTS ALL OF US



1 in 7 people in the U.S. is expected to develop a substance use disorder at some point in their lives.*



Only 1 in 10 people with a substance use disorder receive any type of specialty treatment.*



Substance use disorder is treatable, recovery is possible. But many do not seek help because of the stigma.

HERE IS HOW YOU CAN HELP END THE STIGMA



Share your personal story about substance use disorder.



Educate yourself on the devastating effects of stigma.



Share messages of wellness, hope, and recovery.



Stop using hurtful language to describe those struggling with substance use disorder.

Ending the stigma of substance use disorder saves and improves lives.

SACRAMENTO
COUNTY

*The Surgeon General's Report on Alcohol, Drugs, and Health.

Meth Campaign

- ▶ In Fiscal Year 2017-18, Sacramento County Alcohol and Drug Services collaborated with various contracted providers and prevention stakeholders to create the Methamphetamine Campaign which served to address methamphetamine use in Sacramento County. They have since distributed 1,500+ postcards and rented 4 billboards.
- ▶ Billboards were placed around Sacramento and informational materials on how to access care distributed in the community (Del Paso Heights, Rio Linda, Oak Park, Downtown)

METHAMPHETAMINE
PREVENTION MESSAGING

1,500 postcards distributed countywide.



**Meth destroys.
It's not worth the risk.**
There is help, there is hope.
Alcohol and Drug Services
916-874-9754



192,245 broadcast views

4 billboards located countywide.



Alcohol and Drug Services

Thank you!

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