

The cover features a dark background with a complex, white, crystalline or fibrous texture. A large, semi-transparent watermark reading "DRAFT" is oriented diagonally across the center. The title "METHAMPHETAMINE COALITION" is prominently displayed in large, bold, red, sans-serif capital letters. Below this, a solid red horizontal band contains the subtitle "STRATEGIC PLAN" in white, spaced-out, sans-serif capital letters.

# METHAMPHETAMINE COALITION

## STRATEGIC PLAN

This Plan offers possible strategies and actions that can be further prioritized and selected for implementation and is designed as a framework for implementation of action areas to address methamphetamine abuse in the County by exploring funding opportunities, providing prevention and education, providing increased access to care, expanding treatment capacity and promoting community awareness and education.

Department of Health Services, Alcohol and Drug Services will be responsive as new information becomes available or significant related issues arise within Sacramento County. It is expected that some priorities identified may shift with new information, resources or funding opportunities.

## **DEVELOPMENT OF THE STRATEGIC PLAN**

In an effort to combat the growing crisis of methamphetamine use and addiction in Sacramento County, the workgroup began the planning and development of a strategic plan in 2016. A list of factors contributing to the problem of methamphetamine use in Sacramento County was generated.

The needs/strategies were prioritized and fell into three key areas:

- Programs, strategies and/or resources currently available;
- Strategies possible within existing resources or with new partnerships; and
- System gaps/strategies that may require new funding

The initial work plan includes the following strategic initiatives:

1. Define Scope of the Problem/Data Collection
2. Pursue Funding Opportunity to Expand the Continuum of Care
3. Access to Care
4. Service Capacity through a Response Plan/Prevention Early Intervention Strategies
5. Public Awareness Education and Training

**Strategic Plan: Goals, Objectives & Action Steps**

GOAL #1	
Increase access to accurate data related to methamphetamine.	
KEY OBJECTIVES	
Objective 1	Objective 2
<ul style="list-style-type: none"> <li>• Identify liaison(s) in other Departments to improve communication regarding data reporting</li> <li>• Draft and send a letter to partners emphasizing the importance and utility of accurate data and requesting local accountability in submitting reports</li> <li>• Identify other Counties utilizing effective practices for reporting and consider replication in Sacramento County</li> <li>• Determine criteria and target reporting training and technical assistance</li> </ul>	<ul style="list-style-type: none"> <li>• Identify and compile new and existing sources of methamphetamine treatment admissions and data</li> </ul>
CURRENT ACTION STEPS	
<ul style="list-style-type: none"> <li>✓ Develop a report on methamphetamine treatment admission trends</li> <li>✓ Determine scope of the problem</li> <li>✓ Educate community on available treatment options and how to access</li> <li>✓ Strengthen assessment and referral process to ensure timely access to treatment</li> <li>✓ Compile a list of organizations and agencies with potential sources of related data</li> <li>• Determine feasibility of identifying the number of foster care/CPS cases in which methamphetamine use is a contributing factor</li> <li>• Collect data regarding the number of children living in homes with adults receiving treatment for methamphetamine addiction</li> </ul>	<ul style="list-style-type: none"> <li>• Collect criminal justice and law enforcement data</li> <li>✓ Collaborate with system partners to produce a report summarizing available data and identifying ongoing data gaps</li> <li>• Contact privately funded treatment centers, hospitals and other departments to obtain the number of individuals undergoing treatment for methamphetamine addiction</li> <li>• Gather treatment data regarding youth in custody</li> <li>• Analyze reasons for admission, gender, age, number of children in the home, and county of residence to identify longitudinal methamphetamine treatment admission trends</li> </ul>
✓ COMPLETED ACTION STEPS	

Sacramento County Department of Health Services Initiative to Address Methamphetamine Use

GOAL #2
Secure funding to support the efforts of law enforcement, criminal justice, child protective services, treatment and prevention to address methamphetamine abuse.
KEY OBJECTIVES
Objective 1
Establish a funding stream for methamphetamine treatment and prevention efforts
CURRENT ACTION STEPS
<ul style="list-style-type: none"> <li>✓ <b>Recommend Opt-In to the Drug Medi-Cal Organized Delivery System waiver and submit fiscal implementation plan</b></li> <li>✓ <b>Produce an estimate of the amount of funds available</b></li> <li>✓ <b>Pursue grants-State and federal funding opportunities to address methamphetamine</b></li> </ul>
✓ COMPLETED ACTION STEPS

GOAL #3		
Increase access to treatment for individuals abusing or dependent on methamphetamine.		
KEY OBJECTIVES		
Objective 1	Objective 2	Objective 3
<ul style="list-style-type: none"> <li>• Continue to increase access points across the County to decrease barriers to treatment</li> </ul>	<ul style="list-style-type: none"> <li>• Identify and compile new and existing sources of methamphetamine treatment admissions and data</li> </ul>	<ul style="list-style-type: none"> <li>• Improve timeliness between assessment and referral into treatment</li> </ul>
CURRENT ACTION STEPS		
<ul style="list-style-type: none"> <li>✓ <b>Identify underserved areas and locations</b></li> <li>• Target specific populations (homeless, perinatal, youth, seriously mentally ill)</li> </ul>	<ul style="list-style-type: none"> <li>✓ <b>Add additional assessment sites throughout Sacramento County</b></li> </ul>	<ul style="list-style-type: none"> <li>• Decrease barriers to treatment by addressing transportation needs, childcare, waitlists and linguistic and cultural factors</li> <li>• Expand treatment capacity in current system</li> </ul>
✓ COMPLETED ACTION STEPS		

Sacramento County Department of Health Services Initiative to Address Methamphetamine Use

GOAL #4					
Enhance prevention and treatment efforts to address methamphetamine. Increase community capacity and treatment options for people abusing or dependent on methamphetamine.					
KEY OBJECTIVES					
Objective 1	Objective 2	Objective 3	Objective 4	Objective 5	Objective 6
Enhance alcohol and substance use prevention efforts leveraging the success and cost efficiency of prevention policy	Identify and compile new and existing sources of meth treatment admissions and data	Promote the expansion of Residential Treatment, Detoxification, Sober Living Environments and aftercare opportunities	Promote messages that treatment works. Identify and advocate for the usage of best practices for providing methamphetamine treatment acknowledging the unique challenges of meth addiction	Plan and develop a residential treatment facility for adolescents in Sacramento County	Develop treatment options for special populations, i.e., seriously mentally ill and people experiencing homelessness
CURRENT ACTION STEPS					
<ul style="list-style-type: none"> <li>- Explore opportunity to collaborate with other systems</li> <li>- Collaborate with entities interested in expanding drug courts to form a multidisciplinary workgroup tasked with developing a plan to implement additional drug courts</li> </ul>	<ul style="list-style-type: none"> <li>- Identify and research existing meth treatment programs</li> <li>- Research methodology, cost and success rates for meth treatment programs</li> <li>- Convene a meeting of professionals who have participated in prior drug court to discuss lessons learned</li> <li>- Identify existing drug court programs in the County</li> </ul>	<ul style="list-style-type: none"> <li>- Determine the number of people in need of meth treatment</li> <li>- Research federal drug court funding</li> <li>- Develop a plan for replicating successful drug court models</li> </ul>	<ul style="list-style-type: none"> <li>- Identify and research best practices</li> <li>- Decrease barriers by exploring transportation and childcare services for people to attend treatment</li> <li>- Expand existing re-entry programs for parolees with a history of substance abuse to incorporate evidence-based practices</li> </ul>	<ul style="list-style-type: none"> <li>- Convene stakeholder meeting</li> <li>- Request provider interest (MH/ADS)</li> <li>- Determine licensing requirements</li> <li>- Meet with DHCS/Community Care Licensing.</li> <li>- Consider neighborhood concerns</li> <li>- Explore funding opportunities</li> <li>- Explore the implementation of the Meth 360, Matrix Model for adults and Change curriculum for use with juvenile offenders</li> </ul>	<ul style="list-style-type: none"> <li>- Convene stakeholder meetings</li> <li>- Explore funding</li> <li>- Survey existing providers</li> <li>- Search for new providers</li> <li>- Provide training on special populations</li> </ul>
✓ COMPLETED ACTION STEPS					

Sacramento County Department of Health Services Initiative to Address Methamphetamine Use

GOAL #5		
Increase public awareness and professional knowledge about methamphetamine.		
KEY OBJECTIVES		
Objective 1	Objective 2	Objective 3
<ul style="list-style-type: none"> <li>Promote messages that prevention works, treatments effective and recovery happens</li> </ul>	<ul style="list-style-type: none"> <li>Educate the community about methamphetamine and available treatment options</li> </ul>	<ul style="list-style-type: none"> <li>Provide cross-system training</li> </ul>
CURRENT ACTION STEPS		
<ul style="list-style-type: none"> <li>✓ Meet with DHS media unit</li> <li>✓ Develop targeted media messages regarding methamphetamine</li> <li>Understand and redirect social norms related to methamphetamine</li> <li>Contact Office of National Drug Control Policy (ONDCP) to obtain a DVD and electronic links of methamphetamine PSAs</li> <li>Meet with partner agencies to discuss collaboration on PSA distribution</li> <li>Discuss techniques to provide accurate and timely methamphetamine information to the media and to compile a list of local and statewide media partners</li> <li>Research and identify possible public and private sector sources to fund a media campaign</li> <li>✓ Leverage the SAMHSA Strategic Prevention Framework</li> </ul>	<ul style="list-style-type: none"> <li>✓ Engage Alcohol and Drug Advisory Board for ongoing community assessment, outreach and education on methamphetamine</li> <li>✓ Public education campaign to increase awareness of risk and protective factors</li> <li>Develop capacity of Family Resource Centers, Community Based Organizations, DHS, medical providers, and the faith-based community to increase social networking opportunities and build knowledge about substance use disorders</li> <li>Convene workgroup to update progress biannually and provide progress and status to the Board of Supervisors</li> <li>Develop a methamphetamine link on County website for resources</li> </ul>	<ul style="list-style-type: none"> <li>✓ Advance methamphetamine specific training and education efforts across agencies in the community</li> <li>✓ Provide methamphetamine training to community partners. Research both local and national entities as training provider</li> <li>Offer three (3) trainings per year on methamphetamine trends and issues</li> <li>Explore online training</li> <li>Secure support of the implementation of the Meth 360 educational program. Explore Meth 360 program funding</li> <li>Identify law enforcement, prevention and treatment professionals in the 5 identified communities to become certified Meth 360 trainers</li> <li>Identify a minimum of 3 target audiences in each community and provide the Meth 360 presentation to each target audience.</li> </ul>
✓ COMPLETED ACTION STEPS		