

MOBILE CRISIS SUPPORT TEAM (MCST)

Division of Behavioral Health Services

in partnership with

The Sacramento City Police Department,

The Sacramento County Sheriff Department,

The Citrus Heights Police Department,

The Folsom Police Department

and TLCS Inc.

Presented by

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FUNDING AND DEVELOPMENT

- * The program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA) and the SB 82 Mental Health Wellness Grant.
- * The Program was operationalized in April 2015 and has had 2 subsequent Board approved expansions (*November 2016 and in 2018*).

6 Teams

❖ Six teams are assigned to five specific areas:

- Sacramento Sheriff Department – North
- Sacramento Sheriff Department – South
- Sacramento Police Department – City Wide
- Citrus Heights Police Department
- Folsom Police Department
- Elk Grove Police Department

What is MCST?

Mobile Crisis Support Team is a collaboration that brings Behavioral Health and law enforcement into one team to address mental health crises in the community via central dispatch.

MCST PROGRAM GOALS

- * Provide safe, compassionate and effective responses to individuals with mental illness
- * Increase public safety
- * Decrease unnecessary hospitalizations
- * Decrease unnecessary incarcerations
- * Increase consumer participation with mental health services

TEAM COMPOSITION

- * A Police Officer or Sheriff Deputy trained in Crisis Intervention Training (CIT) to respond to persons experiencing a mental health crisis.
- * A Licensed Senior Mental Health Counselor provided by the County Division of Behavioral Health.
- * A County contracted Peer Navigator provided by TLCS Inc.

HOW TO ACCESS MCST

- * Law Enforcement emergency and non-emergency calls are routed through dispatch centers to Patrol.
- * MCST Counselor/Officer then triage calls for service to identify and provide immediate engagement with individuals experiencing a mental health crisis.
- * MCST follow-up is then initiated via referral process to the Peer Navigators.

MCST Call Response

MEDIATE CURRENT CRISIS

- * Address Immediate safety needs
- * Develop plans and next steps

RESOURCE FOR PATROL

- * Help with staging response to calls
- * Provide resource options

LINK INDIVIDUALS TO SUPPORTS AND SERVICES

- * Out-patient treatment
- * Community resources

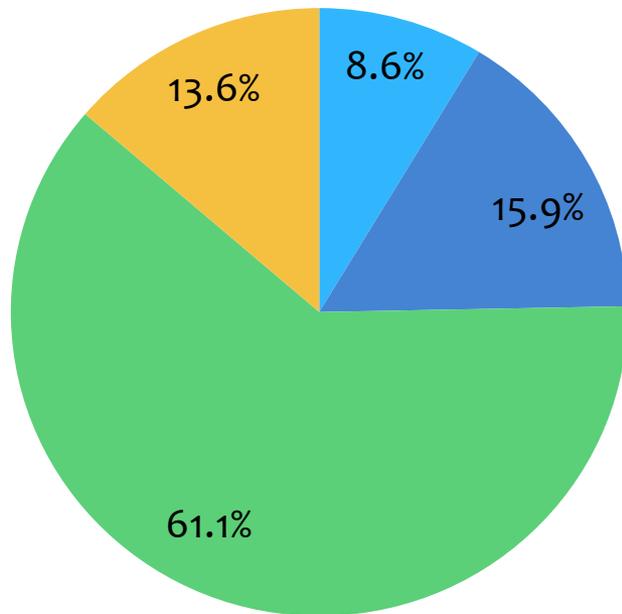
PROGRAM SUMMARY

(Q1-Q3 FY17-18)

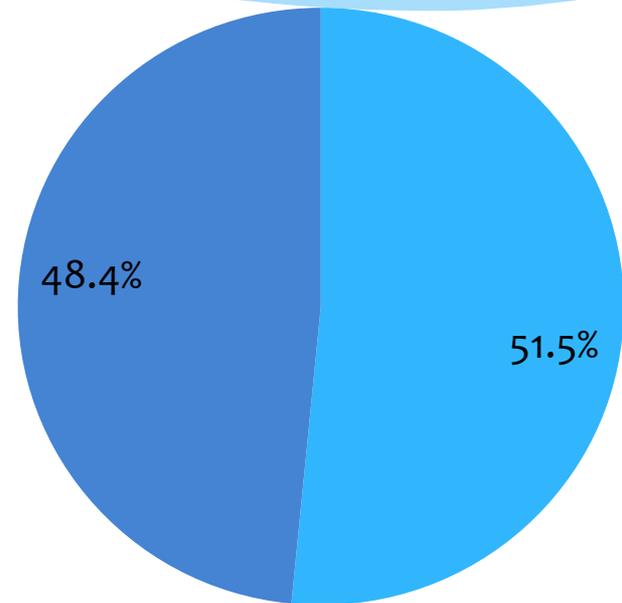
- * 903 individuals were served by MCST.
- * MCST teams had 2,329 encounters with 903 individuals in the program.
- * Of all encounters:
 - * 875 were assessed for a 5150. Of those:
 - * 665 (76%) were diverted from a 5150 and received community resource referrals;
 - * 210 (24%) were placed in a 5150;
 - * 125 went to the ED and 85 went to the ISU.
 - * 29 (1%) resulted in incarceration.
 - * 320 (14%) declined support.
- * Of the individuals served:
 - * 74% were housed
 - * 24% were homeless
 - * 2% were unknown.

DEMOGRAPHICS

AGE & GENDER (N=851)*



■ 0 to 15 ■ 16 to 25
■ 26 to 59 ■ 60+

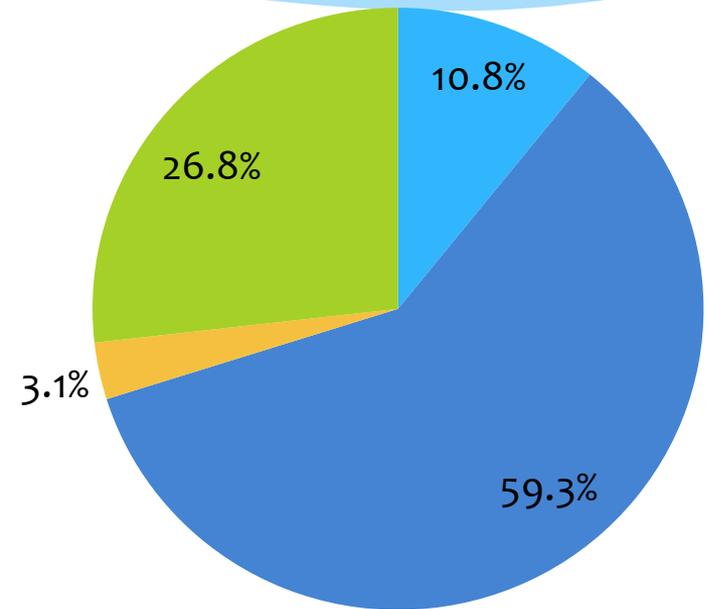
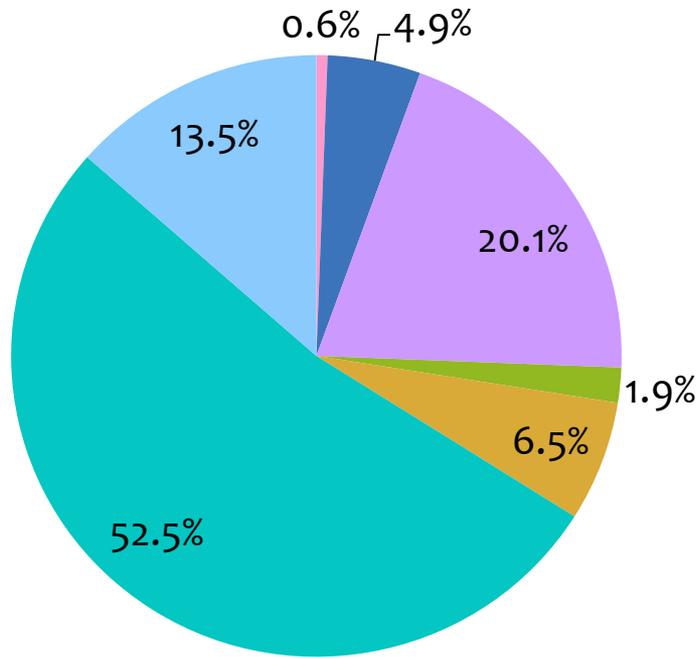


■ Female ■ Male

*Based on the number of unduplicated number of clients screened in FY 17/18.

DEMOGRAPHICS

RACE & ETHNICITY



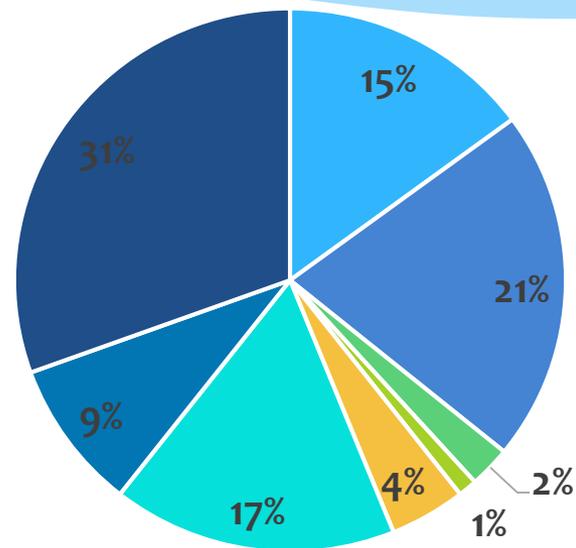
American Indian/Alaska Native
Black
Other
Unknown
Asian/Pacific Islander
Multi-Race
White

Hispanic
Other
Non-Hispanic
Unknown

DEMOGRAPHICS

SUBSTANCE USE

- * Of the 903 unduplicated clients served, 246 (27.2%) had an identified substance use diagnosis while served by the Sacramento County Mental Health Plan (MHP)



- Alcohol Use
- Cocaine Use
- Opioid Use
- Other Psychoactive Use
- Cannabis Use
- Nicotine Use
- Other
- Other Stimulant Use

TEAM INTRO ROLES AND SCOPE

Officer/Deputy

Senior Mental Health Counselor

Peer Navigator



Questions?