



# **Substance Use Disorder Treatment Options**

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Department of Health Services

Alcohol and Drug Services

# Sacramento County Fiscal Year 2017-18 Alcohol and Drug Services Treatment Admissions Data

Primary Drug of Choice	Percentage
Alcohol	23%
Marijuana	19%
Methamphetamine	37%
Opiates	16%
Other Drugs	5%
<b>Total</b>	<b>100%</b>
Note: Medication Assisted Treatment admissions not included	
Source: California Outcomes Measurement System (CalOMS) Treatment Data	

# Alcohol and Drug Services Continuum of Care

## Treatment Options



- Detoxification/Withdrawal Management
- Residential Treatment
- Outpatient Treatment
- Intensive Outpatient Treatment
- Sober Living Environments/Transitional Living

**Handouts:** *Alcohol & Drug Services Resource List*

# Service Languages



- ✓ Culturally competent and linguistically proficient behavioral health services are provided in many languages, including the following 6 threshold languages other than English:
  - Cantonese
  - Vietnamese
  - Hmong
  - Russian
  - Spanish
  - **Arabic-NEW**
- ✓ Main service brochures offered in all languages
- ✓ Bi-lingual/bi-cultural staff/interpreters are available at no cost to youth/families
- ✓ Services provided for deaf and hearing impaired at no cost to youth/families

# Detox/Withdrawal Management Services

- **Increased Demand for Withdrawal Management (Detoxification)**
- **Detox Facilities for Adults (4 Providers)**
- **No Youth Detox Facility in Sacramento County System**
- **Assessment Needed, Current Waitlist**

# Residential Treatment

- **Increased Demand for Residential Treatment**
- **Residential Treatment Facilities for Adults Only**
- **Currently No Youth Residential Treatment Facility in Sacramento County System**
- **Assessment Needed, Current Waitlist**

# Outpatient Treatment

- **Youth and Adults**
  - Outpatient Treatment and Intensive Outpatient Treatment
- **Treatment on Demand**
- **Drug Medi-Cal (DMC) Funded**
- **Access Services Directly at DMC Certified Provider Sites (see resource list)**

# **Sober Living Environments (SLE)/Transitional Living/ Recovery Residences**

- **Increased Demand for SLE**
- **SLE Facilities for Adults Only**
- **15 units at Mather Campus**
  - **For people experiencing homelessness and struggling with substance use**
  - **CalWorks funding eligibility needed**

# Getting Someone into Treatment

- **Alcohol and drug assessment needed for detoxification, residential treatment and sober living services**
- **No assessment needed for outpatient services. People can go straight to a provider on the resource list**

# Assessment and Referral Access Points

- System of Care
- Sacramento County Jail
- Probation Department
- Primary Care Center
- Guest House Homeless Clinic
- Juvenile Court
- Youth Detention Facility
- Children's Receiving Home
- Wind Youth Services

Handout: *Alcohol & Drug Services Assessment Location Map*

## Alcohol & Drug Services System of Care

Entry point for alcohol and drug treatment services

Assessment and Referral to alcohol and drug treatment service provider

Monday – Friday  
8:00 A.M. – 5:00 P.M.

**Drop-In**

3321 Power Inn Road, Suite 120  
Sacramento 95826



(916) 874-9754



## **Alcohol and Drug Services**

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***Please visit our resource table for service brochures and handouts***

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