

ADULT MENTAL HEALTH OUTPATIENT SERVICES

ADULT PSYCHIATRIC SUPPORTS AND SERVICES (APSS)

- County-operated outpatient mental health clinic, serving Sacramento County Medi-Cal/Medi-Cal eligible adults who have a target population diagnosis and meet criteria for specialty mental health services.
- Services include traditional treatment services and peer support services.
- Team consists of psychiatrists, nurses, mental health counselors, and peer partners. APSS is also a teaching clinic and values the MSW and medical students who are placed as part of their training in the field.

COMMUNITY, OUTREACH, RECOVERY, EMPOWERMENT (CORE)

11 geographically adult mental health programs located across the County, consisting of two parts: CORE Outpatient and Community Wellness Centers.

CORE Outpatient:

- Serves adults ages 18 and older, who are Sacramento County Medi-Cal/Medi-Cal eligible and qualify for specialty mental health services.
- Flexible, community-based, moderate to high intensity treatment services that adjust in intensity, as needs change.
- Offers enhanced services such as benefits acquisition and housing supports.

CORE Community Wellness Center:

- Offer flexibility to meet individuals where they are at, serving as both a walk-in entry point for individuals contemplating mental health services and on-going connection.
- Peer led, open to all Sacramento County adults in the community.
- Serve as hub for individuals seeking meaningful groups and activities.
- Community Outreach Workers engage and connect our unhoused neighbors to services.

TRANSFORMATIVE, HEALING, RENEWING, INCLUSIVE, VOICE, EMPOWERMENT (THRIVE) OUTPATIENT

- Serves individuals 18 years and older that are court and/or justice-involved who have a serious mental health condition with moderate to severe functional impairment.
- Provides flexible, client-driven, recovery-oriented, strength-based, trauma-informed, culturally and linguistically responsive, comprehensive community-based specialty mental health services and supports, and jail in-reach supports, that address the needs specific to the justice and/or court-involved.

FULL SERVICE PARTNERSHIP (FSP)

- Serves Sacramento County Medi-Cal eligible adults, meeting target population and criteria for specialty mental health services high-intensity level of care.
- Referred based on their intensity of mental health needs; there are specifically designed FSPs for older adults, API community, those who are justice involved and individuals experiencing homelessness.
- Provides intensive, needs-driven, comprehensive treatment services to adults requiring frequent support to assist with their defined recovery goals, to maintain community wellness.
- Includes an expanded array of supports including: 24/7 crisis intervention, housing support and services, employment skill building, and alternative healing practices.
- Provided in the home, community, or office by using a "whatever it takes" approach.

TREATMENT SERVICES

- Assessment
- Intensive Case Management
- Collateral Services
- Crisis Intervention
- Medication Support Services
- Plan Development
- Rehabilitation
- Focused, Time-limited Therapy



Visit The Adult Mental
Health Website

THRIVE OUTPATIENT PROGRAMS

- Bay Area Community Services THRIVE Outpatient
- WellSpace Health THRIVE Outpatient

CORE PROGRAMS

Bay Area Community Services

- Cedar -Sycamore -Willow

El Hogar Community Services

- Marigold -Mariposa

Hope Cooperative

- Howe - Marconi - X Street

Turning Point Community Programs

- Elk Grove - Rosin - Madison

ADULT FSP PROGRAMS

- Turning Point Pathways
- Asian Pacific Community Counseling Transcultural Wellness Center (APCC TWC)
- El Hogar Community Justice Support Program (CJSP)
- El Hogar Sierra Elder Wellness Program (SEWP)
- Hope Cooperative New Direction
- Telecare Adults Recovering in a Strength-Based Environment (ARISE)
- Telecare Sacramento Outreach Adult Recovery (SOAR)
- Telecare Outpatient Assisted Services and Integration Supports (OASIS)
- Turning Point Integrated Services Agency (ISA)
- Bay Area Community Services THRIVE FSP