

Sacramento County Alcohol and Drug Advisory Board

Meeting Minutes

Wednesday, May 13, 2020 5:30 pm

Teleconference/ Via Zoom

Meeting Attendees: (If member is present box is checked)

Jennifer Churchill	<input checked="" type="checkbox"/>	Bridgette Dean	<input checked="" type="checkbox"/>	Brandi Curry	<input checked="" type="checkbox"/>
Melinda Avey (Chair)	<input checked="" type="checkbox"/>	Ryan Raftery	<input checked="" type="checkbox"/>	Christian Landaverde	<input checked="" type="checkbox"/>
Irene Chu	<input checked="" type="checkbox"/>	Walter Wyniarczuk	<input checked="" type="checkbox"/>	Barbara Oleachea	<input checked="" type="checkbox"/>
Joseph Whitfield	<input checked="" type="checkbox"/>	Ricki Townsend (1 st Vice Chair)	<input checked="" type="checkbox"/>	Harry Carlson	<input checked="" type="checkbox"/>
Nick Mori (2nd Vice Chair)	<input type="checkbox"/>	Chris Carlson	<input checked="" type="checkbox"/>	Paul Tanner	<input checked="" type="checkbox"/>
Bilegt Baatar	<input type="checkbox"/>	Jill Hoyt	<input checked="" type="checkbox"/>	Charity Cornet-Barnhart	<input checked="" type="checkbox"/>
Eric Handler	<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>

Guests: Ryan Quist, Lori Miller, Kimberly Grimes

Topic	Minutes
Roll Call	Chair, Melinda Avey, called the meeting to order at 5:30 pm.
Agenda and Approval of Minutes	May 2020 agenda and March 2020 minutes were approved. There were no minutes for April as the April 8, 2020 meeting was canceled due to COVID-19.
Welcome and Introductions to New Board Members	The following new members were welcomed to the Board and each shared their background and interest in serving on the Board. <ul style="list-style-type: none"> • Jill Hoyt, Seat #7, Public Service • Charity Cornet-Barnhart, Seat #14, Public • Eric Handler, Seat #17, Technical
Chair Report	No report was provided.
Presentation: Sacramento County COVID-19 Updates	Ryan Quist, PhD, Behavioral Health Director provided the following presentation: <ul style="list-style-type: none"> • As a result of COVID-19, we are seeing increases in depression and anxiety. Early indicators are showing an increase in substance use disorders as well. We are unfortunately anticipating that these behavioral health issues will continue in the aftermath of COVID-19.

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	<ul style="list-style-type: none"> • The Division of Behavioral Health Services (BHS) worked closely with the State of California Department of Health Care Services (DHCS) to get approval to provide services in telehealth formats while still allowing our providers the ability to bill for services. Providers had to move very quickly to get the appropriate COVID-19 regulations and software applications in place. Providers have successfully adjusted service delivery to telephone and video telehealth service formats to support and serve clients. • All BHS-related meetings are no longer being held in person; meeting have been moved to a Skype or Zoom format. • The Mental Health Treatment Center’s Inpatient Unit and Intake Stabilization Unit, the Urgent Care Clinic, and crisis residential programs are still operating and are in alignment with COVID-19 regulations. We’ve seen a slight reduction in census. • BHS has initiated <i>Project Roomkey/Housing and Homelessness COVID Response</i> to assist homeless individuals with who have tested positive for COVID or are at risk of contracting COVID. A trailer or hotel room with medical support would be provided. The funding is still unclear as to whether the County will be reimbursed by the State. • The County is projecting significant budget challenges in the coming months. The projected reduction across the state for mental health services is approximately \$400 million. The County is closely analyzing potential reductions and service impacts. • Requests have been made to the State of California for \$100 million of emergency relief funds. Requests have also been made for some flexibility in Mental Health Services Act funding. • May is Mental Health Month. The month of May is a time to raise awareness of those living with mental health/behavioral health issues and to help reduce the stigma so many experience. • Community members in need of treatment appear to be reticent to reach out for behavioral health services. Please keep in mind that we need to be advocates for our community members and ensure that they know that behavioral health services are considered essential services and that access to treatment is available.

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<p>COVID- 19 Stakeholder Report Out</p>	<p>John Durbin, Bridges Professional Treatment Services: Bridges is offering telehealth / virtual health services to clients, including Celebrating Families clients.</p> <p>Graham Sargent, WellSpace Health: WellSpace is currently offering telehealth services. In some cases, clients are receiving more frequent contact through telehealth versus in person. Residential and detoxification services are currently operational.</p> <p>Brandi Curry, Probation Department: Starting phases of re-opening beginning June 1. Officers are back in the field. Slow rollout will take a month or so. Proper PPE is being used and issued by staff.</p> <p>Barbara Olechea, Child Protective Services: Dependency Drug Court (DDC) and Early Intervention Family Drug Court (EIFDC), collaborative courts have resumed operations virtually using Zoom. Feedback from participants about the Zoom platform has been positive.</p> <p>Chris Carlson, District Attorney’s Office: No jury trials will be held until mid-June. The courts have been conducting preliminary hearings and arraignments via Zoom. Effective, May 18, 2020, the courts will resume conducting preliminary hearings in person. Collaborative courts may begin again at the end of June or beginning of July when people are actually back in court, in person.</p> <p>Eric Handler, Public Defender’s Office:</p> <ul style="list-style-type: none"> • Two (2) new transitional housing programs for clients are available: Goodwill and Salvation Army. Assumption is that programs will be for single occupancy. Eric will confirm and report back to the Board. • Ryan Rafferty complimented Dr. Quist and Sacramento County for being able to get verbal authority for Release of Information paperwork. Dr. Quist thanked the Public Defender’s Office for partnering with BHS in setting up a system in which mental health assessments will be able to resume virtually in the jail through teleconferencing. <p>Kimberly Grimes, Alcohol and Drug Services: All collaborative courts will be resuming on May 22, 2020. Those clients really struggling will be moved to the front of the schedule.</p>

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	<p>Joseph Whitfield, Sherriff’s Department:</p> <ul style="list-style-type: none"> • Patrol Officers are seeing an increase in suicide, family violence, and domestic violence calls. • As of today, the current jail census is 2,400 inmates. • Prior to the COVID-19 outbreak, the average daily intakes were between 100-140 persons. Currently, the average daily intakes are between 20-40 persons. • Dr. Quist requested that any data on the change of and/or urgency of crisis calls from Sacramento Police Department and Sacramento County Sherriff be sent to him. <p>Irene Chu, Adult Protective Services (APS):</p> <ul style="list-style-type: none"> • APS is open and functioning. There has been an increase in hotline calls in which callers request supplies to be delivered. APS is allowing DocSign® for releases of information. • Jennifer Churchill reminded all that the Sacramento County Youth Detention Facility is closed and it is concerning as juveniles are being placed back in the home, which can create additional stress in the home. <p>Brandi Curry, Sacramento County Probation: Juvenile clients are being monitored and receiving services by the Probation Department if they are being placed back in the home.</p> <p>Bridgett Dean, Sacramento Police Department: There has been a noticeable increase in the number of crisis calls the Sacramento Police Department is receiving. The “If You See Something, Say Something” campaign continues and includes issues relating to domestic violence as well as mental health and substance use/abuse.</p> <p>Angela Da Re, Delta Prevention There has been a huge increase the number of parenting and family online classes being offered and the number of families registering and participating.</p> <p>Jill Hoyt, Dignity Health It appears that there is a better response from clients and getting them to access treatment services through telehealth than in person.</p>
<p>Drug Medi-Cal Organized Delivery System (DMC-ODS) Waiver Sacramento County Provider Rates</p>	<ul style="list-style-type: none"> • DHCS has approved the rate amendment increases for all County developed DMC-ODS services. All County DMC-ODS determined rates will increase effective July 1, 2020. Rate increase includes service such as Outpatient, Intensive Outpatient, Residential Treatment, Case Management, Withdrawal Management, Recovery

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	<p>Services, and Physician Consultation. Narcotic Treatment Program/Medication Assisted Treatment rates are still determined by DHCS. Dr. Quist explained that a lot of work has gone into the new rates and developing a strong organized delivery system network based on provider actual cost projections per service.</p> <ul style="list-style-type: none"> • BHS is still awaiting final Fiscal Year 2020-21 Narcotic Treatment Program (NTP) rates. Draft NTP rates received from DHCS on 6-23-20 will be included in all NTP FY 2020-21 contracts, effective July 1, 2020. Once finalized, these rates are posted on the DHCS website under the MHSUDS information notices 2020.
Committee Reports	No Committee Reports as committee items were covered in the above agenda items.
Board Announcements	No Advisory Board announcements were made.
Agency Announcements	No Agency Announcements were provided as announcements were covered in the above agenda items.
Provider Announcements	<ul style="list-style-type: none"> • Severine Winter complimented Sacramento Police Department and Medmark as well as other providers for all of the work they are doing. • Ricki Townsend expressed her thanks to Rich Daniel for handling all he does and being there for questions.
<p>Alcohol and Drug Services (ADS) Report</p> <p>Lori Miller, Division Manager</p>	<p>Lori Miller, ADS Division Manager, provided the following report:</p> <ul style="list-style-type: none"> • Alcohol and Drug Services will be undergoing a name change to Substance Use Prevention and Treatment Services. The name change will bring Sacramento County into alignment with other counties and states across the nation. Formal notification will be distributed in the next couple weeks. • The System of Care is conducting approximately 10-30 substance use disorder assessments over the phone daily with a 66% completion rate. • Conference call support groups for youth and adults are being conducted Monday – Friday. • Fifty-five (55) clients are currently on the waitlist for residential or detoxification services. • Jail assessments through the Mental Health Diversion and Mental Health Treatment Court resumed in-person assessments. ADS will phase in other referrals over the next few weeks.

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	<ul style="list-style-type: none"> • St. John’s Center for Real Change will be a new residential treatment provider beginning Fiscal Year 2020-2021. Two (2) additional providers are awaiting DMC-ODS certification: <ul style="list-style-type: none"> ○ Transitions ○ Sunrise Health and Wellness • Youth Capitol Stars has applied for DMC-ODS certification and may be contracting with Sacramento County in the future. • Sacramento Children’s Home and Uplift Family Services are both considering becoming DMC-ODS certified providers and contracting Sacramento County.
Public Comment	No Public Comments were made.
Adjournment	Meeting adjourned at 6:50 pm.