



Behavioral Health Services Adult Prevention and Treatment

Department of Health Services

Presented by:
Lori Miller, LCSW Stephanie Kelly, LMFT

Agenda



Adult Psychiatric Support Services (APSS)



Community, Outreach, Recovery Empowerment (CORE)



Full Service Partnership (FSP) Programs



SUPT Adult Prevention and Treatment Programs



How to Access Services?



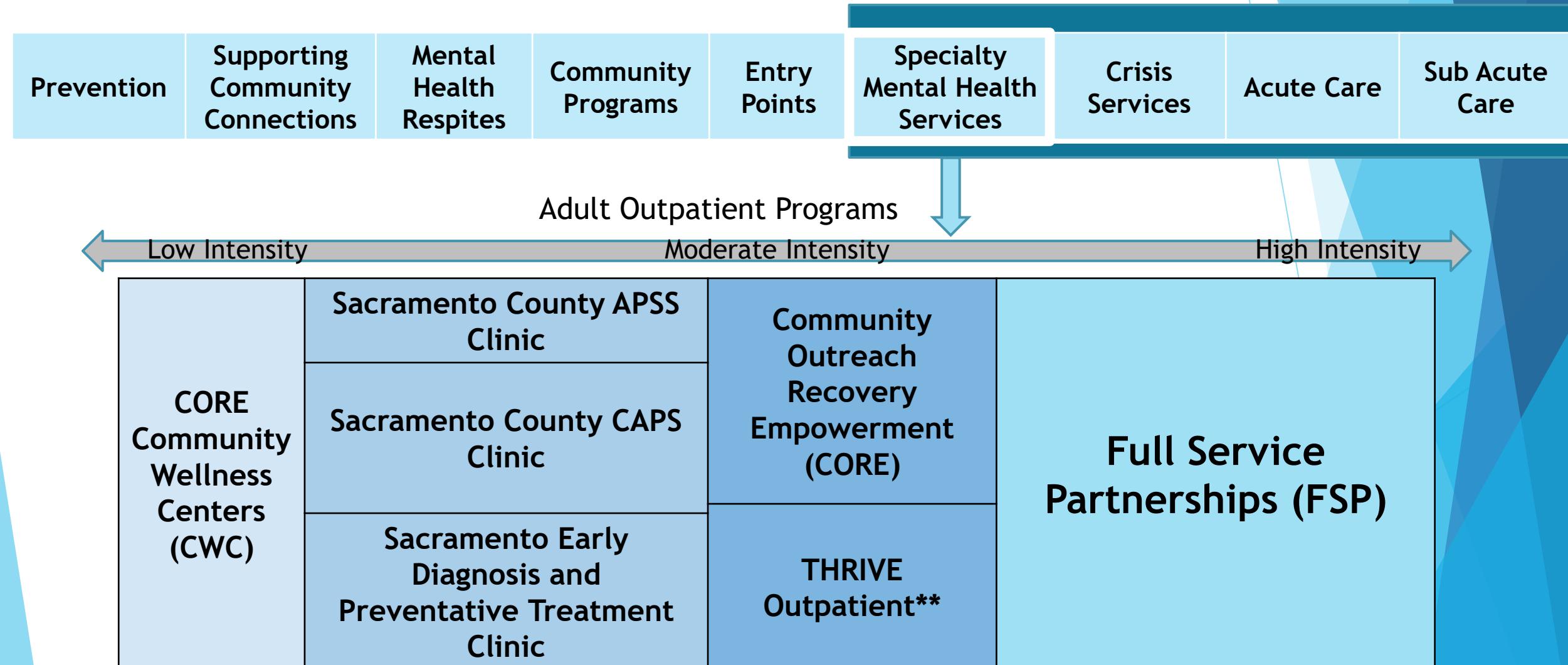
Adult Mental Health Outpatient Continuum

Behavioral Health Services
Department of Health Services

Presented by:
Stephanie Kelly, LMFT
Division Manager
Adult MH, Crisis, & Court/JI Programs

Funded by the Sacramento County
Division of Behavioral Health Services
through the voter-approved Proposition
63, Mental Health Services Act (MHSA).

Adult Mental Health Outpatient Continuum

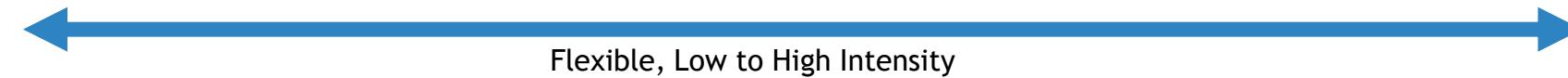


**in development

Community, Outreach, Recovery, Empowerment (CORE)



Eleven (11) adult mental health programs geographically located across the County, consisting of two service models:



CORE Community Wellness Center

- 11 peer run walk-in locations
- Capacity: 600 per site annually
- 11 outreach teams

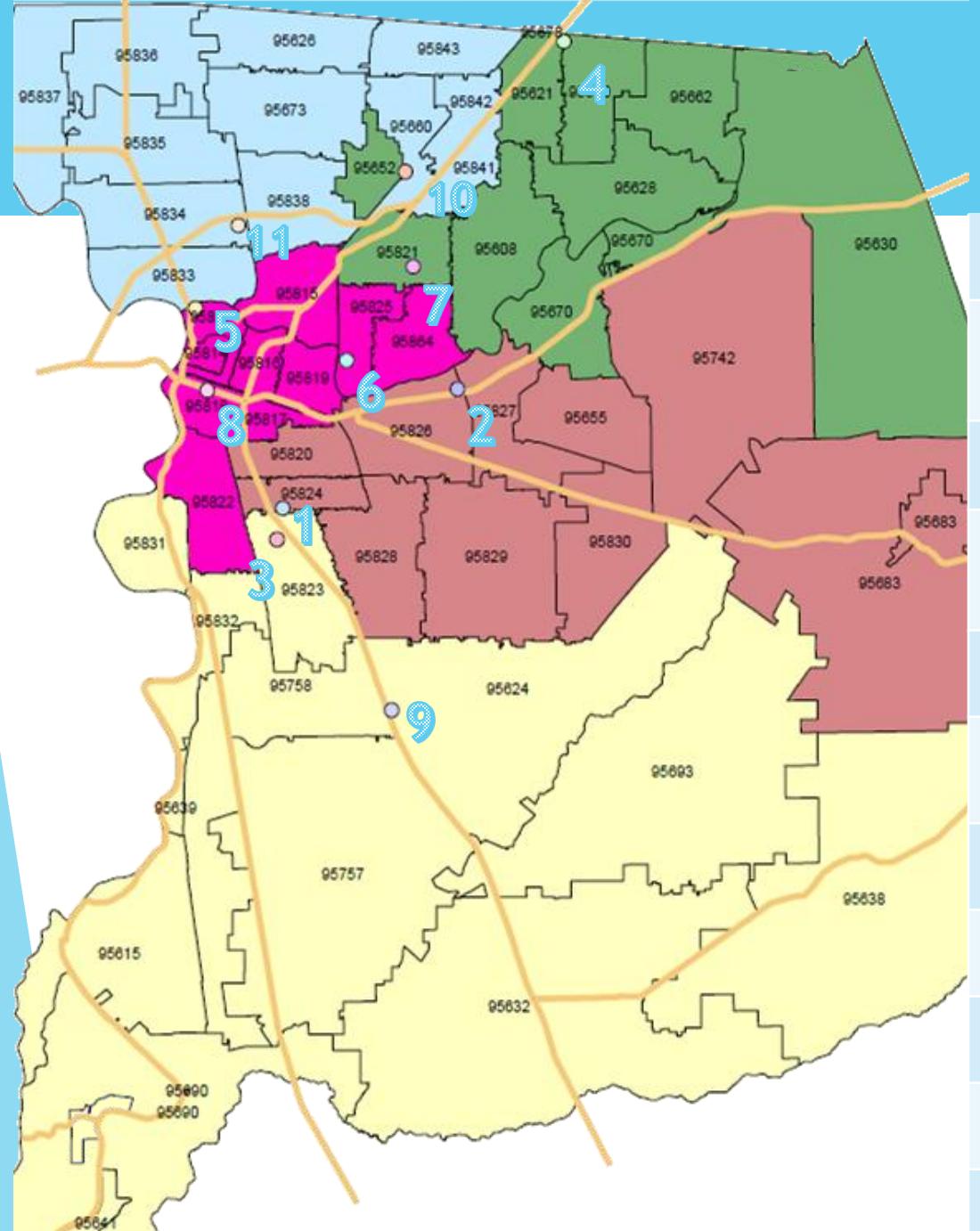


CORE Outpatient Program

- 11 locations
- Capacity*: 700 per site at any given time
- Flexible site-based and community-based services, including housing supports

*Capacity is defined as the number of clients served within a 30 day period.

CORE Locations



1. BACS CORE Cedar
4600 47th Ave, Ste 111, Sacramento, CA 95824

2. BACS CORE Sycamore
Outpatient Program: 9343 Tech Center, Ste 175, Sacramento, CA 95826
Wellness Center: 9333 Tech Center Dr, Ste 100, Sacramento, CA 95826

3. BACS CORE Willow
7171 Bowling Dr, Ste 300, Sacramento, CA 95823

4. El Hogar CORE Marigold
Outpatient Program: 8421 Auburn Blvd, Ste 164, Citrus Heights, CA 95610
Wellness Center: 8421 Auburn Blvd, Ste 162, Citrus Heights, CA 95610

5. El Hogar CORE Mariposa
600 Bercut Dr, Sacramento, CA 95811

6. Hope Cooperative CORE Howe
650 Howe Ave, Bldg. 300, Sacramento, CA 95825

7. Hope Cooperative CORE Marconi
3737 Marconi Ave, Sacramento, CA 95821

8. Hope Cooperative CORE X Street
1400 X Street, Sacramento, CA 95818

9. Turning Point CORE Elk Grove
9340 E. Stockton Blvd, Elk Grove, CA 95624

10. Turning Point CORE Madison
3628 Madison Ave, North Highlands, CA 95660

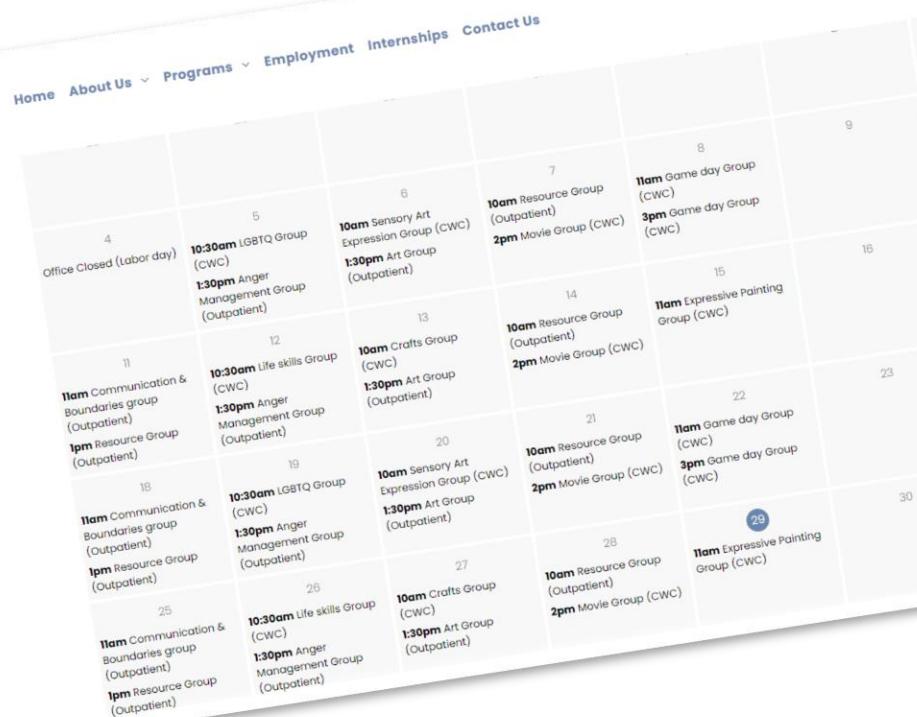
11. Turning Point CORE Rosin
3810 Rosin Ct, Sacramento, CA 95834



CORE Community Wellness Centers Activities

Links to Community Wellness Center activity calendars can be found on the provider grid located on our CORE website:

<https://dhs.saccounty.gov/BHS/Pages/Adult-Outpatient-Services-Transformation.aspx>



TPCP CORE PROGRAM GROUP CALENDAR – Elk Grove

October 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am – 10:30am "Move, Motivate and Maintain" -All	9:30am – 10:30am "Remaining Present" -Danny/Ralph	9:30am – 10:30am "Life Management Skills" -Leah/Ralph	9:30am-10:30am "Moments of Tranquility" -Leah/Danny	9:30am-10:30am " Health Boundaries" -Danny/Ralph	
11:00am-12:00pm "Creating Balance" -Leah/Danny	11:00am-12:00pm "I am Enough" -Ralph/Danny	COMMUNITY FORUM EVERY 3RD WEDNSDAY @ 12:30PM	11:00am-12:30pm "Listen to Your Art" -Danny/Leah	11:00am-12:00pm "Joyful Longevity" -Ralph/Leah	
1:30pm-2:30pm "Keeping your cool" -Danny/Leah	1:30pm-2:30pm "Supporting Sobriety" -Ralph/Danny	1:30pm-2:30pm "Bingo" -All	1:30pm-2:30pm "Mending Our Hearts" -Danny/Leah	2:30pm-3:30pm Lounge Jam -All	
SPECIAL ANNOUNCEMENTS:					
<ul style="list-style-type: none"> Community forum every 3rd Wednesday. Join us for discussions about YOUR wellness! We want your ongoing feedback. Next Forum is 10/18/2023 @ 12:30pm Come Join us for our Halloween movie day on Tuesday 10/31/2023 from 1:00PM-3:00PM. Snacks and drinks will be provided. 					

TPCP-Elk Grove | 9340 E Stockton BLVD Elk Grove, CA 95624 | 916-509-8198 | www.tpcp.org | facebook.com/turningptcp
 Hours: Monday – Friday, 9am – 5pm (CLOSED on major Holidays)
 This program is funded by the Division of Behavioral Health Services through the County of Sacramento

CORE Community Outreach Workers



Full Service Partnership (FSP)

- ❖ Eligibility: Sacramento County Medi-Cal members who meet target population and criteria for specialty mental health services, high-intensity level of care.



FSP Programs

Adult & Older Adult:

El Hogar Community Justice Support Program (CJSP)
El Hogar Sierra Elder Wellness Program (SEWP)
Hope Cooperative (dba TLCS) New Direction
Telecare Adults Recovering in a Strength-Based Environment (ARISE)
Telecare Sacramento Outreach Adult Recovery (SOAR)
Telecare Outpatient Assisted Services and Integration Supports (OASIS)
Telecare EMPOWER IST
Turning Point Integrated Services Agency (ISA)
Newly awarded/in development:
• Bay Area Community Services (BACS) Transformative, Healing, Renewing, Inclusive, Voice, Empowerment (THRIVE) FSP

Adults & Youth:

Turning Point Pathways
Asian Pacific Community Counseling Transcultural Wellness Center (APCC TWC)

Youth, Transitional Aged Youth & Families:

Capital Star Behavioral Health Transition Age Youth (TAY) FSP
Heartland Family FSP
Juvenile Justice Diversion and Treatment Program (JJDTP)



Permenant Supportive Housing (PSH) Units

Current Total/In Development:

- ▶ 416 active apartment units to grow to 661 apartment units by 2026

Current FSP programs with PSH units:

- ▶ El Hogar Sierra Elder Wellness Program (SEWP)*
- ▶ El Hogar Community Justice Support Program (CJSP)*
- ▶ Hope Cooperative New Direction
- ▶ Telecare ARISE
- ▶ Telecare OASIS
- ▶ Telecare SOAR
- ▶ Turning Point Pathways
- ▶ Turning Point Integrated Services Agency (ISA)
- ▶ Heartland Family FSP
- ▶ Capital Star TAY FSP



Clients Served in CORE and FSP's in FY 24/25

Most Recent Housing Status in the Year

Program Type	Most Recent Housing Status	Number of Clients	Percent
CORE	Homeless-Bridge/Interim	81	0.8%
CORE	Homeless-Sheltered	616	6.0%
CORE	Housed/No Imminent Risk of Homelessness	3894	37.7%
CORE	Imminent Risk for Homelessness	352	3.4%
CORE	Literally Homeless-Chronic Homelessness	536	5.2%
CORE	Literally Homeless-Not Chronic Homeless	428	4.1%
CORE	Transitional Temporary Housing	90	0.9%
CORE	Unknown/Not Reported	4342	42.0%
	Total Served	10339	100.0%
FSP	Homeless-Bridge/Interim	13	0.4%
FSP	Homeless-Sheltered	392	12.3%
FSP	Housed/No Imminent Risk of Homelessness	1895	59.6%
FSP	Imminent Risk for Homelessness	136	4.3%
FSP	Literally Homeless-Chronic Homelessness	116	3.7%
FSP	Literally Homeless-Not Chronic Homeless	114	3.6%
FSP	Transitional Temporary Housing	17	0.5%
FSP	Unknown/Not Reported	494	15.5%
	Total Served	3177	100.0%

Court and Justice Involved Programs in Development

**FSP
Programs:**

- Bay Area Community Services (BACS) Transformative, Healing, Renewing, Inclusive, Voice, Empowerment (THRIVE) FSP*

**Outpatient
Programs:**

- Wellspace THRIVE*
- BACS THRIVE*

*Not funded by MHSA.
COMING FALL 2024



Substance Use Prevention and Treatment Continuum

**Behavioral Health Services
Department of Health Services**

Presented by:
Lori Miller, LCSW
Division Manager

SUPT Prevention Services



Educational multimedia resources to guide individuals to make healthy choices and to avoid or reduce the potential harm from the use or misuse of alcohol, tobacco, marijuana, and other substances.

<https://www.safersacramento.com/>



Promotes a healthy and safe environment for Sacramento County's families and children through outreach and education for professionals and community members, addressing perinatal substance use prevention and intervention.

<https://sachealthybeginnings.com/>



Collaboration of healthcare professionals, community-based organizations, law enforcement, county agencies, and concerned citizens determined to turn the tide of our opioid epidemic.

We are committed to saving lives by preventing overdoses through expanding treatment access, promoting safe disposal, encouraging early intervention, treatment and recovery, enhancing opioid surveillance, and expanding public education through outreach.

<https://sac opioidcoalition.org/>



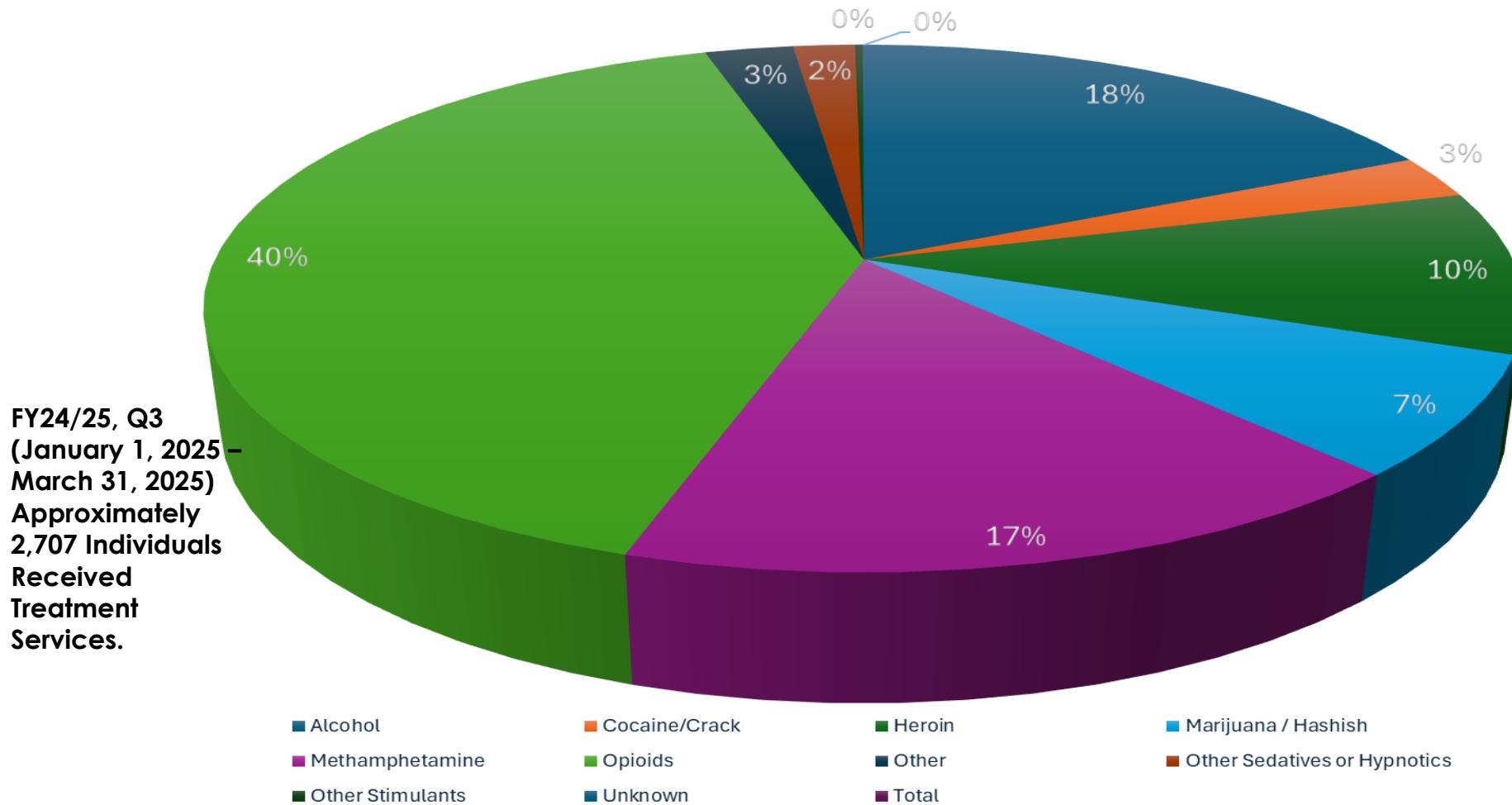
Sacramento County is continuing the conversation about meth. As a campaign for the Sacramento County Methamphetamine Coalition, Let's Talk Meth offers drug education, resources, and support for any person in need.

<https://letstalkmeth.org/>

SUPT Treatment Services

Sacramento County beneficiaries served by SUPT programs in FY 2024/2025:

FY24/25, Q3: Sacramento County SUPT Services Provided to Youth, Transition Aged Youth, Adults, Older Adults, Pregnant, Parenting Women, and Other Special Populations



Adult Substance Use Prevention and Treatment Continuum of Care



SERVICES PROVIDED TO YOUTH, TRANSITION-AGE YOUTH, ADULTS, OLDER ADULTS, PREGNANT/PARENTING WOMEN, AND OTHER SPECIAL POPULATIONS.

APPROXIMATELY 6,000 INDIVIDUALS RECEIVED
TREATMENT SERVICES ANNUALLY

- Opiates
- Methamphetamines/Other Stimulants
- Alcohol
- Marijuana
- Other



How to Access BHS Services

Behavioral Health Services

Screening and Coordination (BHS-SAC)



BHS-SAC



Phone:
916-875-1055; CA Relay 711

Toll Free:
888-881-4881

Fax:
916-875-1190

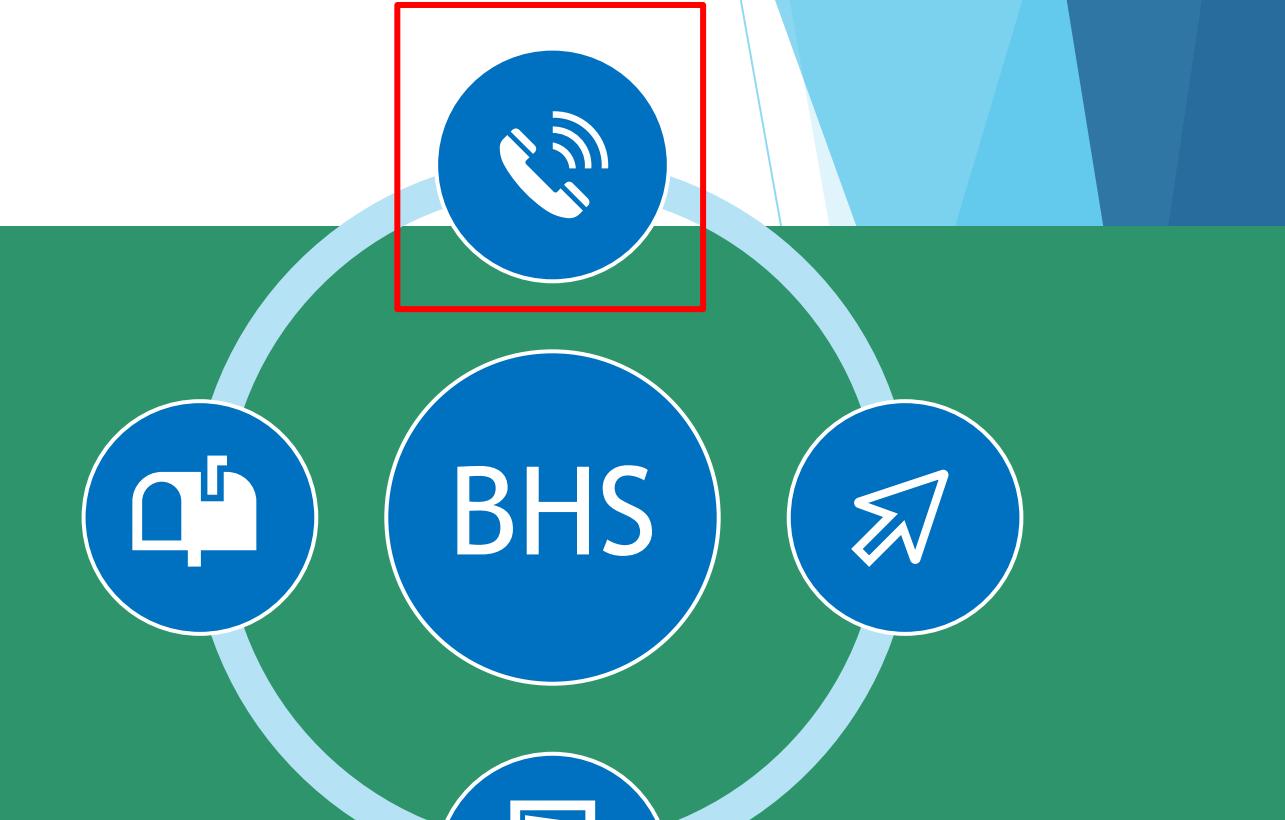
Hours:
24 Hour a Day, 365 Days a Year

Screening and referral to a
network service provider

How to Seek Behavioral Health Services



One Point of Entry



DHS@saccounty.gov²⁵

BHS-SAC - Services Offered



Screening for Mental Health and Substance Use Services



Mental Health and Substance Use Outpatient Treatment



Residential Treatment



Recovery Residences/Sober Living Environments



Care Coordination



Crisis Intervention



Medication Support



Medication Assisted Treatment



Therapy Rehabilitation Services and Groups



Driving Under the Influence Programs



Linkage to Community Resources

Mental Health and Substance Use Services

How to Access FSP Services

Referrals to Adult FSPs require a Level of Intensity Screening Tool (LIST)

- LISTs are processed by Intensive Placement Team (IPT) in collaboration with FSP Contract Monitors
- LIST considers the following domains: Clinical Complexity, Risk Factors, Life Circumstances, and Co-morbidity/Medical or Substance Use
- Score alone does not rule out or justify FSP services.*
- [Additional Information: PP-BHS-MH-04-19-Level-of-Intensity-Screening-Tool \(saccounty.gov\)](PP-BHS-MH-04-19-Level-of-Intensity-Screening-Tool (saccounty.gov))

*The LIST packet must be included for eligibility and linkage to the appropriate FSP or Subacute program.

Questions?

BHS-SAC

- BHS-SAC: (916) 875-1055, CA Relay 711, or toll free at (888) 881-4881

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Division Manager

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