

**Sacramento County
Behavioral Health Commission
Adult Prevention & Treatment Committee Meeting Minutes
January 12, 2026**

Meeting Location

In-Person
7001-A East Parkway
Conference Room 1
Sacramento, CA 95823

Attendance			
Behavioral Health Commission (BHC) Adult Prevention & Treatment Committee (APTC) Members			
Name	Attendance	Name	Attendance
Laura Asay-Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Melinda Avey	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Donald Scherschligt	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
John Durbin, Chairperson	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Tyler Welter	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Emily Halcon	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Patricia Wentzel, Vice Chairperson	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to BHC Adult Prevention & Treatment Committee			
Name	Attendance	Name	Attendance
Erica Cambern, Program Planner	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Dr. Ryan Quist, Director	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Pamela Hawkins, Program Manager	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Arys Scott, Program Planner	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Stephanie Kelly, Division Manager	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Kelli Weaver, Deputy Director	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Lori Miller, Division Manager	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Allison Williams, Program Manager	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	BHC APTC Chairperson Durbin called the meeting to order at 6:01PM after determining that a quorum was established. BHC APTC members and Behavioral Health Services (BHS) staff introduced themselves.
II. Meeting Minutes Review	Committee reviewed the draft December 1, 2025 meeting minutes. One correction was identified to replace the term "co-chair" with "vice chair" per committee consensus. Committee moved to approved minutes with the noted correction.
III. Sacramento County Behavioral Health Services (BHS) Updates	Pamela Hawkins, Health Program Manager, shared the following update for Substance Use Prevention and Treatment (SUPT) Adult Programs: <ul style="list-style-type: none"> • Sacramento County saw significant expansion in SUPT services during 2025, with major growth in both Outpatient (OP)/Intensive Outpatient (IOP) Treatment Program offerings as well as bed capacity for Residential Treatment and Sober Living Environment (SLE)/Recovery Residences. • New Program Spotlights: <ul style="list-style-type: none"> ◦ Monarch IOP went live on December 17, 2025.

Agenda Item	Discussion
	<ul style="list-style-type: none"> ○ Transitions Clinic of Sacramento preparing to go live with Drug Medi-Cal (DMC) funded services for OP on February 1, 2026. Provider will continue to offer non-Narcotic Treatment Program (NTP) Medication Assisted Treatment (MAT) for Methamphetamines. ○ Contract execution is pending for Progress House's new 20 bed residential facility. ○ Behavioral Health Bridge Housing (BHBH) SLE Program has 3 participating providers (Monarch, Saint Martins, Don't Be Afraid to Change) totaling 40 beds. ● SUPT is in Wave 2 of the Healthy Brains Global Initiative (HBGI) which focuses on performance-based contract monitoring and improving outcomes for members. The first performance reviews will be held during the week of February 2, 2026. ● SUPT Lower Barrier Care Training continues to be available with Continuing Education (CEs) now offered for Certified Alcohol and Drug Counselors (CADCs) and Registered Alcohol and Drug Technicians (RADTs) certified through the California Consortium of Addiction Programs and Professionals (CCAPP). <p>Allison Williams, Health Program Manager, shared the following updates for Mental Health (MH) Adult Programs:</p> <ul style="list-style-type: none"> ● Adult Full Service Partnership (FSP) Re-Procurement applications closed on December 29, 2025. The Evaluation Committee will meet in mid-February to make a recommendation for awardees and awarded recommendations will be posted by the end of February. ● Permanent Supportive Housing Updates: <ul style="list-style-type: none"> ○ On Broadway: 37 units (32 units for adults/single units and 5 units for families) and move-ins began on December 19, 2025. ○ Madison: 15 units with move-ins anticipated by no later than May 1, 2026. ○ Sequoia: 16 units with move-ins anticipated during the first week of March. ● MH will begin working with HBGI this month and anticipates beginning this work with Adult Providers (FSPs, Community Outreach Recovery Empowerment (CORE) Programs, and Transformative, Healing, Renewing, Inclusive, Voice, Empowerment (THRIVE) Programs) in March.
IV. Public Comment	<p>Public Comment 1: A representative from River City Recovery Center expressed thanks for allowing participation and emphasized the importance of collaboration between MH and SUPT to help members.</p> <p>Public Comment 2: A representative from River City Recovery Center shared that they are very excited for the collaboration and to be able to help our community.</p>
V. Meeting Logistics	<p>The committee considered several meeting location options:</p> <ul style="list-style-type: none"> ● 7001-A East Parkway, Sacramento, CA 95823 ● 700 H Street, Sacramento CA 95814

Agenda Item	Discussion
	<ul style="list-style-type: none"> • Sacramento County Department of Homeless Services and Housing (DHSH) office located in Downtown Sacramento (10th and G Street). <p>The committee will continue to look into permanent location options to hold monthly meetings.</p> <p>The February 2026 meeting will be held at 7001-A East Parkway, Conference Room 1, Sacramento, CA 95823.</p>
VI. Discussion: How the APTC Can Support the Commission's Responsibilities	<p>BHC APTC Chairperson Durbin facilitated a discussion on BHC's responsibilities and how the APTC can provide support.</p> <p>Question 1: What successes, challenges, and experiences has the MH Board and Alcohol and Drug Advisory Board (ADAB) had with this in the past?</p> <ul style="list-style-type: none"> • BHC Responsibility 1: Committee discussed finding ways to gather together MH Providers, SUPT Providers, and Providers serving individuals experiencing homelessness in meaningful ways for the purposes of learning about different programs and increasing partnerships. • BHC Responsibility 2: Committee determined that this may fall under the main BHC's purview. • BHC Responsibility 3: Committee noted the importance of increasing BHC visibility so that the community is aware and able to participate. Ideas included BHC creating their own flyer and tabling at community outreach events.
VII. Discussion: Future Agenda Topics	<p>Committee agreed to continue the Agenda Item VI discussion during the next meeting.</p> <p>Committee also agreed to have one consolidated list of future meeting topics. Each committee member will email the BHC general mailbox (BehavioralHealthCommission@saccounty.gov) with their ideas within two weeks.</p>
VIII. Public Comment	<p>Public Comment 1: Mental Health Urgent Care Clinic (MHUCC) updated hours are as follows (as of December 14, 2025):</p> <ul style="list-style-type: none"> • Monday through Friday from 8:00AM to Midnight (last walk-in appointment is at 10:00PM). • Weekends/Holidays from 8:00AM to 8:00PM (last walk-in appointment is at 6:00PM).
IX. Adjournment	BHC APTC Chairperson Durbin adjourned the meeting at 7:28PM.