

**Sacramento County
Behavioral Health Commission (BHC)
Adult Prevention & Treatment Committee (APTC) Meeting Minutes
February 9, 2026**

Meeting Location

In-Person
7001-A East Parkway
Conference Room 1
Sacramento, CA 95823

Attendance			
Behavioral Health Commission (BHC) Adult Prevention & Treatment Committee Members			
Name	Attendance	Name	Attendance
Laura Asay-Bemis	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Melinda Avey	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Donald Scherschligt	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
John Durbin	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Tyler Welter	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Emily Halcon	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Patricia Wentzel	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
County Staff to BHC Adult Prevention & Treatment Committee			
Name	Attendance	Name	Attendance
Erica Cambern, Program Planner	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Dr. Ryan Quist, Director	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Pamela Hawkins, Program Manager	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Arys Scott, Program Planner	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Stephanie Kelly, Division Manager	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Kelli Weaver, Deputy Director	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Lori Miller, Division Manager	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Allison Williams, Program Manager	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>BHC APTC Chairperson Durbin called the meeting to order at 6:00PM after determining that a quorum was established.</p> <p>Committee member announcements:</p> <ul style="list-style-type: none"> Commissioner Lueth shared about the 2026 Journey of Hope. The participant registration deadline is March 16, 2026. The event will be held from October 1, 2026 through October 24, 2026. Additional information can be found online at https://www.onenewheartbeat.app/journey-of-hope.
II. Meeting Minutes Review	<p>Committee reviewed the draft meeting minutes from January 12, 2026. Commissioner Lueth moved to approve the minutes and Commissioner Avey seconded the motion. Meeting minutes were approved.</p>
III. Sacramento County Behavioral Health Services (BHS) Updates	<p>Allison Williams, Health Program Manager, shared the following updates for Mental Health (MH) Adult Programs:</p> <ul style="list-style-type: none"> Full Service Partnership (FSP) Fiscal Year 2025/26 Quarter 2 Housing Status (changes from previous quarter): <ul style="list-style-type: none"> Housed-No Imminent Risk for Homelessness increased from 64.83% to 67.55%. Unknown/Not Reported decreased from 8.36% to 2.68%.

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	<ul style="list-style-type: none"> ○ Imminent Risk for Homeless increased from 4.44% to 5.18%. ○ Literally Homeless-Chronic increased from 4.27% to 5.01%. ○ Literally Homeless-Not Chronic increased from 3.69% to 4%. ○ Homeless-Sheltered increased from 13.14% to 13.98%. ● Adult FSP Re-Procurement is still in process. The Evaluation Committee meets this month and the awarded recommendations will be posted by the end of February with the goal of presenting the recommendations to the Board of Supervisors in June after County budget hearings. ● Adult Clinical Outpatient (OP) Provider Highlights: <ul style="list-style-type: none"> ○ Meeting with Behavioral Health Services Continuous Quality Improvement team and Providers to focus on state standardized performance measures and timeliness to services for client care by partnering with workgroups to focus on practical interventions. ○ Continuing to strengthen relationships and understanding of community partners' roles and resources. Examples include: <ul style="list-style-type: none"> ▪ Court Partners ▪ National Healthcare & Housing Advisors (NHHA) (Recuperative Care) ○ Discussions with providers for upcoming level of care due to Behavioral Health Services Act (BHSA) and Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment (BH-CONNECT) changes with the inclusion of Assertive Community Treatment (ACT)/Forensic Assertive Community Treatment (FACT), Intensive Case Management (ICM) in our FSPs and Community Outreach Recovery Empowerment (CORE)/ Transformative, Healing, Renewing, Inclusive, Voice, Empowerment (THRIVE) OP programs. <p>Allison Williams shared the following updates on behalf of Substance Use Prevention and Treatment (SUPT) Adult Programs:</p> <ul style="list-style-type: none"> ● Update on New Provider Go-Live: <ul style="list-style-type: none"> ○ Transitions Clinic of Sacramento preparing to go live with Drug Medi-Cal Organized Delivery System (DMC-ODS) funded services for OP on February 17, 2026. The Provider will continue to offer non-Narcotic Treatment Program (NTP) Medication Assisted Treatment (MAT) for Methamphetamines as their stimulant use grant is already live as of May 2025. ○ Progress House's brand new Green Valley location is now live with 20 beds. ● Collaborations at the CORE sites are continuing with SUPT Senior Mental Health Counselors (SMHCs) stationed at 9 of the 11 CORE sites (the two CORE sites managed by Hope Cooperative (TLCS) have both Mental Health and SUPT programs). <ul style="list-style-type: none"> ○ In January 2026, SMHCs completed 27 Brief Questionnaire for Initial Placement (BQIPs) to help connect people with substance use disorder treatment. ○ SMHCs also supported with 215 encounters with potential members and staff to try to support people with getting into treatment.

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IV. Public Comment	No public comment.
V. Discussion: How the APTC Can Support the Commission's Responsibilities	<p>BHC APTC Chairperson Durbin facilitated a continued discussion on the BHC's responsibilities and how the APTC can provide support in key areas.</p> <p>BHC Responsibility 1, 2, and 3: The committee previously reviewed these during the BHC APTC meeting on January 12, 2026.</p> <p>BHC Responsibility 4:</p> <ul style="list-style-type: none"> • Commissioner Lueth: Expressed interest in gathering public input on housing related issues, receiving a presentation about CORE Programs, and hearing from a panel of individuals with lived experience. • Commissioner Avey: Recommended asking the panel to speak to their experience with accessing behavioral health services and expressed interest in learning about the types of housing supports provided by BHS programs. • Commissioner Halcon: Offered to facilitate introductions with members of the Lived Experience Board. • Commissioner Durbin: Recommended exploring ways to advocate for programs if there are funding limitations. • River City Recovery Center: Acknowledged challenges encountered while helping people become housed noting that multiple supports are needed to help people maintain housing such as job skills training and finding employment. Volunteers of America (VOA) Mather Community Campus provided these supports in the past. • BHS SUPT Division Manager, Lori Miller: Acknowledged that VOA's Mather Community Campus provided great support although the campus has become worn over the years and the County is looking into potential solutions to address this. While VOA has lost some Department of Human Assistance funding, BHS SUPT is continuing to contract with VOA for their Sober Living Environment (SLE)/Recovery Residence Program. • Sacramento County Deputy Director of Senior and Adult Services, Melissa Jacobs: Requested for the committee to consider the impacts and needs of the older adult community. • BHS SUPT Health Program Manager, Kimberly Grimes: Shared about the Behavioral Health Bridge Housing (BHBH) Sober Living Environment (SLE) Program including program requirements and supports offered including employment resources for members and flex funds for housing needs. <p>BHC Responsibilities 5, 6, and 8: The committee agreed that these are best addressed by the larger commission.</p> <p>BHC Responsibility 7: The committee agreed to circle back as applicable.</p> <p>The committee agreed to focus current efforts on addressing housing issues and identifying strengths/areas of growth in the MH and SUPT services that are currently available.</p> <ul style="list-style-type: none"> • Commissioner Halcon: Recommended having more focused conversations around system-wide issues rather than about specific programs.

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	<ul style="list-style-type: none"> Safety Center: Recommended identifying best practices from other counties and determine whether any of these can be emulated/implemented to address identified needs in Sacramento County.
<p>VI. Discussion: Future Agenda Topics</p>	<p>Committee reviewed the consolidated list of future meeting topics. These ideas were submitted by committee members during the December 2025 and after the January 2026 meeting.</p> <p>Based upon the discussion:</p> <ul style="list-style-type: none"> Committee would like to learn more about peer services, identified housing as an important issue, and proposed inviting hospital representatives to present at a future meeting in order to learn more about hospital system operations. Commissioner Halcon: Offered to provide a Department of Homeless Services and Housing (DHS) system overview presentation and/or programmatic updates depending on the committee's preference. Commissioner Durbin: Recommended continuing to identify ways to bridge the gap between MH and SUPT services. Commissioner Avey: Recommended planning for Provider site visits starting in April 2026. These would likely be scheduled during the weekday/separately from BHC APTC meetings. River City Recovery Center: Offered help with organizing a panel of individuals with lived experience to share their stories. BHS SUPT Division Manager, Lori Miller: Shared reminder of commissioner's request during the last BHC General Meeting to have a committee discussion about ways to address situations where a program may be unable to serve an individual due to higher acuity/needs (e.g., if the individual is unable to independently manage their own activities of daily living or is non-ambulatory). Sacramento County Deputy Director of Senior and Adult Services, Melissa Jacobs: Recommended exploring the appropriateness of leveraging In Home Supportive Services in these situations. Offered to facilitate a presentation about senior and adult services in April 2026.
<p>VII. Public Comment</p>	<p>Public Comment 1: Sacramento County Deputy Director of Senior and Adult Services, Melissa Jacobs, emphasized that the 60 years and older population is growing. It is important to understand the behavioral health needs of older adults as well as the available evidence-based programming, resources such as Program to Encourage Active and Rewarding Lives (PEARLS), and data (older adult suicide rates, homelessness, and substance use related deaths) to identify ways to further support.</p> <p>Public Comment 2: River City Recovery Center expressed thanks for the opportunity to participate and emphasized the importance of integrating mental health and substance use as well as addressing housing needs. The agency is open to helping the committee with organizing a panel of individuals with lived experience.</p> <p>Public Comment 3: Safety Center expressed thanks for the opportunity to participate and shared that their agency focuses on DUI and drug diversion support. The agency recommended for the</p>

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	committee to assess future agenda topics critically and focus on the priority needs.
VIII. Adjournment	BHC APTC Chairperson Durbin adjourned the meeting at 7:31pm.