

**Sacramento County
Behavioral Health Commission (BHC)
Adult Prevention & Treatment Committee Meeting Minutes
March 9, 2026**

Meeting Location

In-Person
7001-A East Parkway
Conference Room 1
Sacramento, CA 95823

Attendance			
Behavioral Health Commission (BHC) Adult Prevention & Treatment Committee Members			
Name	Attendance	Name	Attendance
Laura Asay-Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Melinda Avey	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Donald Scherschligt	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
John Durbin	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Tyler Welter	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Emily Halcon	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		
County Staff to BHC Adult Prevention & Treatment Committee			
Name	Attendance	Name	Attendance
Erica Cambern, Program Planner	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Dr. Ryan Quist, Director	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Pamela Hawkins, Program Manager	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Arys Scott, Program Planner	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Stephanie Kelly, Division Manager	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Kelli Weaver, Deputy Director	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Lori Miller, Division Manager	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Allison Williams, Program Manager	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent

Agenda Item	Discussion
1. Welcome, Introductions, and BHC APTC Member Announcements	<p>BHC APTC Chairperson Durbin called the meeting to order at 6:00PM. A quorum was established.</p> <p>Commissioner Welter participated virtually for just cause under Government Code Section 54953.8(b)(7) and 54953.8(b) due to a temporary medical issue.</p> <p>Committee Member Announcements:</p> <ul style="list-style-type: none"> Chairperson Durbin shared that a Community Conversation is being hosted by Supervisor Desmond, District 3 at the Arcade Library on March 19, 2026 at 6pm. The conversation will be on Fentanyl and Methamphetamine and how we can respond together.
2. Meeting Minutes Review	<p>The committee reviewed the draft meeting minutes from February 9, 2026. Commissioner Avey moved to approve the minutes, and Commissioner Halcon seconded the motion. Meeting minutes were approved.</p>
3. Discussion/Action Item: Election of New Vice Chair	<p>Chairperson Durbin informed the committee on the need to elect a new Vice Chair.</p> <p>The committee decided to change this position from Vice Chair to Co-Chair.</p>

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	<p><u>Motion:</u> Commissioner Asay-Bemis nominated Commissioner Avey as Co-Chair.</p> <p>Commissioner Avey accepted the nomination.</p> <p><u>Public Comment:</u> No public comment.</p> <p><u>Results:</u> The motion passed with 7 votes in favor of Commissioner Avey assuming the role of Co-Chair.</p>
<p>4. Sacramento County Behavioral Health Services (BHS) Updates</p>	<p>Lori Miller, Division Manager, shared the following updates:</p> <p>Substance Use Prevention and Treatment (SUPT) Adult Programs:</p> <ul style="list-style-type: none"> • Update on New Provider Go-Live: <ul style="list-style-type: none"> ○ Transitions Clinic of Sacramento went live with Drug Medical Organized Delivery System (DMC-ODS) funded Outpatient (OP) services on March 2, 2026. Although shared last month, please note the updated start date of the program. • Update on Program Closures: <ul style="list-style-type: none"> ○ Recover Medical Group is an out of county Intensive Outpatient (IOP)/OP contract providing Telehealth services only. This contract will be terminated effective, April 2, 2026. <ul style="list-style-type: none"> ▪ SUPT has capacity within the IOP/OP continuum to ensure seamless transition for all clients interested in continuing treatment. Akua and Monarch are both in county providers that have capacity to take on any members who prefer to engage via telehealth services. All SUPT IOP/OP providers accept in-person new members. • Collaborations at the Community Outreach Recovery Empowerment (CORE) sites are continuing with SUPT Senior Mental Health Counselors (SMHCs) stationed at 9 of the 11 CORE sites (the two CORE sites managed by Hope Cooperative (TLCS) have both Mental Health and SUPT programs). <ul style="list-style-type: none"> ○ In February 2026, SMHCs completed 26 Brief Questionnaire for Initial Placement (BQIIPs) to help connect people with substance use disorder treatment. ○ SMHCs also supported with 183 encounters with potential members and staff to try to support people with getting into treatment. <p>Adult Mental Health Services:</p> <ul style="list-style-type: none"> • Full Service Partnership (FSP) Program: <ul style="list-style-type: none"> ○ The Request for Applications (RFA) No. BHSA 003 has officially concluded, and the list of awarded providers was posted on February 23, 2026 with the protest period now complete. Congratulations to the successful providers: Asian Pacific Community Clinics, Bay Area Community Services (BACS), El Hogar Community Services, Hope

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	<p>Cooperative, Pacific Clinics, Telecare Corporation, and Turning Point Community Programs. Recommendations related to these awards are on track to be presented to the Board of Supervisors in May 2026. These awarded programs will be instrumental in advancing the goals of the Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment (BH-CONNECT), as well as meeting the requirements of the Behavioral Health Services Act (BHSA). To facilitate a seamless transition, BHS will be meeting with all awarded providers to support transition planning efforts. A collaborative 6-month transition timeline will be established to ensure both continuity and quality of care. Current FSP programs will be renewed for a ramp-down period, while new programs will begin ramping up starting July 1, 2026. This approach is designed to maintain the highest standards of service for our community as we move forward together.</p> <p><u>Commissioner Comments/Questions:</u></p> <ul style="list-style-type: none"> • Commissioner Avey: <ul style="list-style-type: none"> ○ Q: Are there any new providers being recommended for award for the Adult FSP program? ○ A: Yes, Pacific Clinics is a new provider under the Adult FSP program. • Chairperson Durbin: <ul style="list-style-type: none"> ○ Q: Are Commissioners able to sit in on the transition meetings with the Adult FSP providers? ○ A: This is something that is not available at this time. <p>Kimberly Grimes, Health Program Manager shared the following updates:</p> <ul style="list-style-type: none"> • Healthy Beginnings Perinatal Program (HBPP): <ul style="list-style-type: none"> ○ The purpose of this program is to deliver comprehensive, culturally responsive and equitable perinatal services from early pregnancy through postpartum, 12 months. ○ Program vision: Every birthing person and infant can receive coordinated high-quality care and social supports to reduce preventable morbidity and mortality. The program also aims to eliminate racial disparities as well as supporting family well-being. ○ Sacramento County has gone through the Request for Proposals (RFP) process and Bridges Professional Treatment Services has been awarded. This program will be a 3.1 and 3.5 residential, IOP/OP, and sober living facility. ○ Services will last for 12 months after the birth of the infant. Services will Go-Live on July 1, 2026. <p><u>Commissioner Comments/Questions:</u></p> <ul style="list-style-type: none"> • Chairperson Durbin: <ul style="list-style-type: none"> ○ Q: What does the referral process look like for those wanting to utilize HBPP services? ○ A: The referral process is the same as with other SUPT programs. ○ Q: What is the anticipated capacity for HBPP? ○ A: This is unknown at the time. • Commissioner Asay-Bemis: <ul style="list-style-type: none"> ○ Q: If a single mom who needs services has a 2-year-old and is pregnant, will they all be served?

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	<ul style="list-style-type: none"> ○ A: Yes. They can all go to the residential facility. ○ Q: How many in a family, and at what age, can be at the residential facility? ○ A: One child under the age of 5, along with the pregnant person.
<p>5. Sacramento County Department of Homeless Services and Housing (DHS) Programmatic Updates</p>	<p>Commissioner Halcon shared the following updates:</p> <ul style="list-style-type: none"> ● Sacramento County is partnering with system partners to reduce the public’s confusion around housing. ● State Senator Ashby has put forth legislation that would mandate a single organization as a Joint Powers Authority. Sacramento County and the Board of Supervisors oppose this legislation as they believe this should be developed locally and not through the state. ● As a response, Sacramento County is partnering will all cities within the county, and the Continuum of Care, to come up with a model that meets the needs of the community. <p><u>Public Comment:</u></p> <ul style="list-style-type: none"> ● Public Comment 1: <ul style="list-style-type: none"> ○ Q: Are there any current estimates as to how many people are unhoused in Sacramento County? ○ A: Yes, the bi-annual Point in Time Count is the most accurate count used to track the unhoused in Sacramento County. The 2026 count has been recently completed and is set to be available around May or June of this year.
<p>6. Presentation: Substance Use Prevention and Treatment (SUPT) Levels of Care and Access to Services</p>	<p>Lori Miller, Division Manager, and Tory Ross, Health Program Manager, presented on the SUPT Continuum of Care and Behavioral Health Services-Screening and Coordination (BHS–SAC).</p> <p><u>Commissioner Comments/Questions:</u></p> <ul style="list-style-type: none"> ● Commissioner Asay-Bemis: <ul style="list-style-type: none"> ○ Q: If a person calls for an assessment, how long does it take to receive services? ○ A: This can vary but our team processes assessments while on the phone with a client. Providers have up to 10 days to offer a service after a non-urgent request is received. ○ Q: Do you have a percentage of how many calls are uncompleted? ○ A: This data is unavailable. ○ Q: Is the ASAM for adults only? ○ A: For youth 12 years old to 18 years old, they can only use the ASAM assessments. Adults may receive a BQuIP screening through BHS-SAC or any other community-based team. Adults also receive an ASAM from their treatment provider. ● Chairperson Durbin: <ul style="list-style-type: none"> ○ Q: Are referrals able to be expedited? ○ A: If this is a need, we will try and work with providers to see if expediting a referral is possible. ● Commissioner Lueth: <ul style="list-style-type: none"> ○ Q: If a person needs treatment immediately, how is this handled?

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	<ul style="list-style-type: none"> ○ A: We have the Mental Health Urgent Care Clinic for those who are need immediate assistance. We may also utilize 988 or 911. ● Commissioner Avey: <ul style="list-style-type: none"> ○ Q: Has there been an increase in SUPT and MH calls over the last year: A: Yes, there has been an increase in both. The exact data is unavailable at this time, and these numbers can be provided at another time. ○ C: One of the things that has been going well is the increased number of residential beds. ● Commissioner Scherschligt: <ul style="list-style-type: none"> ○ Q: What could be a reason as to why someone is not referred to mental health services? ○ A: A referral is always made; either for specialty mental health services or they will be referred back to their managed care provider. <p><u>Public Comment:</u></p> <ul style="list-style-type: none"> ● Public Comment 1: <ul style="list-style-type: none"> ○ I would like to thank Sacramento County for all their hard work and collaboration throughout the years. Communication and collaboration have been increasingly effective throughout the years.
<p>7. Discussion: Future Agenda Topics</p>	<p>Chairperson Durbin began the discussion agenda topics for the June 2026 meeting.</p> <p>Based on the discussion:</p> <ul style="list-style-type: none"> ● Committee would like to include more topics on integration- how it is going and what are the challenges. ● The committee would like to include a panel of providers to provide updates and discuss services. ● Commissioner Halcon lifted up the request to have a panel of community members with lived experience. ● The committee determined that the June 2026 meeting will include a panel consisting of those with lived experience with Mental Health, SUPT and housing services. ● The committee was reminded that the April 2026 meeting will have a presentation on Senior and Adult Services and the May 2026 meeting will have a presentation on housing from Commissioner Halcon.
<p>8. Discussion/Action Item: Future Meeting Location/Time</p>	<p>Chairperson Durbin began the discussion on the location for the future APTC meetings.</p> <p><u>Motion:</u> Commissioner Avey motioned to move the meetings to a more centralized location; 700 H Street, Hearing Room 2.</p> <p><u>Public Comment:</u></p> <ul style="list-style-type: none"> ● Public Comment 1: <ul style="list-style-type: none"> ○ We believe that the current location, at 7001-A East Parkway is the most central and convenient location for the public.

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	<p><u>Results:</u> The motion passed with 6 votes in favor and 1 vote opposing the meeting location to 700 H Street, Hearing Room 2.</p>
<p>9. Public Comment</p>	<p><u>Public Comment:</u></p> <ul style="list-style-type: none"> • Public Comment 1: <ul style="list-style-type: none"> ○ There is a high importance to have clients be more productive members of society. This includes having ways to increase client access to employment and training. I would like to see more information on how the county is integrating employment into their services.
<p>10. Adjournment</p>	<p>BHC APTC Chairperson Durbin adjourned the meeting at 7:32pm.</p>