

Sacramento County Behavioral Health Commission Adult Prevention & Treatment Committee

Meeting Minutes

Meeting Time

Monday, April 13, 2026
6:00 PM – 07:30 PM

Meeting Location

700 H Street
Sacramento, CA 95814
Hearing Room #2

Meeting Invitees

- BHC APTC Members
- BHC APTC System Partners
- General Public

Behavioral Health Commission (BHC) Adult Prevention & Treatment Committee (APTC) Members Attendance

Present: Laura Asay-Bemis, Melinda Avey, John Durbin, Emily Halcon, Bradley Lueth, and Tyler Welter

Absent: Donald Scherschlight

BHC County Staff/Liaisons Attendance

Present: Erica Cambern, Pamela Hawkins, Lori Miller, and Arys Scott

Welcome and Introductions

Presenter: John Durbin, Co-Chair

Meeting Logistics

Roll Call & Declaration of Quorum

- Co-Chair John Durbin called the meeting to order at 06:00 PM.
- Roll call was conducted; quorum was declared.
- Remote attendance: None
- March 2026 Meeting Minutes Approval: Minutes were generated and maintained by Behavioral Health Services staff as required by Article VI, Section 4, of the bylaws. No corrections were requested; minutes were deemed accurate and approved.

1. Public Comment on Matters Not on the Posted Agenda

Participants: Members of the Public

Public Comment

- No public comment

2. Senior and Adult Services in Sacramento County

Presenter: Melissa Jacobs, Deputy Director

Presentation/Discussion Item

Summary of Presentation

Senior and Adult Services Deputy Director, Melissa Jacobs, provided a comprehensive overview of the behavioral health needs of older adults within Sacramento County. Key points included:

- Information regarding older adult needs related to housing, substance use, and mental health and efforts to address these needs.
- Challenges experienced by older adult population including the large percentage of older adults (ages 50 and older) experiencing homelessness for the first time.
- Overview of Program to Encourage Active and Rewarding Lives (PEARLS) with a recommendation to coordinate for a presentation at a future BHC APTC meeting.

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Commissioner Discussion and Key Points:

- Commissioners expressed interest in learning more about Area 4 on Aging, Natoli Place, and how peers are utilized in services for older adults.
- The complexity of behavioral health needs was acknowledged along with the importance of integrating services for older adults within shelter programming given the number of older adults who are experiencing homelessness for the first time.
- Commissioners expressed curiosity about the number of older adults who are receiving behavioral health services, how easy it is for older adults to access services, and whether they are aware of the available services. In Fiscal Year 2024/2025, Sacramento County SUPT served 485 individuals over the age of 60 which is 7.09% of the total population served. Behavioral Health Services (BHS) is continuing efforts to engage and connect older adults to treatment.

Public Comment:

- Public Comment 1: Lori Miller, BHS Division Manager, shared concern about the number of substance use-related deaths (methamphetamine or fentanyl) for older adults. Substance Use Prevention and Treatment (SUPT) is exploring more ways to engage older adults through community-based programming for those who do not want to leave their homes. Additionally, SUPT will reach out to Brian Pyne, Senior and Adult Services Division Manager, to partner and brainstorm ways to provide more support and services to older adults.
- Public Comment 2: A SUPT Provider expressed that their agency sometimes receives referrals for individuals whose care is beyond the Provider's scope due to medical/physical health needs.
- For more information about programming and support for older adults, please contact Brian Pyne, Senior and Adult Services Division Manager, at (916) 875-6072.

3. Chair Report/Announcements

Presenter: John Durbin, Co-Chair

Discussion Item

Summary of Discussion

- Due to time limitations, co-chair requested for commissioners to review the FAQ Budget Engagement & Advisory Best Practices document and be prepared for future discussion.

Public Comment

- No public comment

4. Behavioral Health Services (BHS) Updates

Presenter:

Discussion Item

Pamela Hawkins, Health Program Manager

Summary of Discussion

- Substance Use Prevention and Treatment (SUPT) Updates:
 - SUPT Intensive Outpatient/Outpatient Providers are continuing with the Healthy Brains Global Initiative (HBGI) which focuses on performance-based contract monitoring and improving outcomes for members.
 - Please join us for our annual Fentanyl & Beyond: A Community Response Summit,

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scheduled for May 12, 2026, from 9:00 a.m. to 4:00 p.m. at the Citrus Heights Event Center (6300 Fountain Square Dr, Citrus Heights, CA 95621).

- In March 2026, a total of 31 Brief Questionnaire for Initial Placement (BQIIPs) were completed at Community Outreach Recovery Empowerment (CORE) sites by SUPT Senior Mental Health Counselors (SMHCs). SMHCs also supported with 222 encounters with potential members and staff to support people with getting into treatment.
- SUPT's Perinatal Program is scheduled to launch on July 1, 2026.
- There have been 17 Fentanyl related deaths reported this year.
- Please join us for a Community Conversation hosted by Supervisor Serna to be held virtually on April 16, 2026 at 6:00pm. This conversation will highlight data for older adults.
- Mental Health Updates:
 - The Board of Supervisors review for approval of Full Service Partnership (FSP) is scheduled for May 19, 2026. The FSP Programs are preparing to launch on July 1, 2026 and input is being sought on a new FSP Program name.
 - Several system-level actions are in progress including contract amendments, renewals, as well as clarification of services and billing requirements to support FY 26/27 Behavioral Health Services Act (BHSA) transitions.

Public Comment

- No public comment.

5. Department of Homeless Services and Housing (DHS) Updates

Presenter: Emily Halcon, Director

Discussion Item

Summary of Discussion

- DHS recently presented the biannual housing report to the Board of Supervisors.
- Board of Supervisors have approved the development of a Sacramento Homeless and Housing Board.
- A Point in Time count was conducted in January and high level data may potentially be available to share by May.

Commissioner Discussion and Key Points:

- Commissioners requested to learn more about the funding available for fiscal housing homelessness vouchers.

Public Comment

- No public comment.

6. System Partner Updates

Presenters: BHC APTC System Partners

Discussion Item

Summary of Discussion

- River City Recovery Center expressed gratitude to the County for the collaboration which has allowed the agency to make facility upgrades including ADA updates. The Provider shared about different ways they engage the community and invited all to attend their annual

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Recovery Happens BBQ in September 2026.

- Safety Center shared that they have established a new partnership with Mother's Against Drunk Driving. The agency recently held an in-person Victims Impact Panel which was a huge success. Their new Citrus Heights location has also been well received by the community. Lastly, the community is welcome to attend the upcoming Family Day at Safetyville on Saturday, June 13, 2026 from 10:00am to 2:00pm.
- Saint Martin Foundation shared that employment and housing are two of the largest needs experienced by the individuals they serve and expressed gratitude to the County for the collaboration around the Behavioral Health Bridge Housing flexible funds which have been impactful in helping individuals experiencing homelessness.
- The Sacramento County District Attorney's Elder Death Review Team expressed gratitude for the opportunity to address the needs of older adults. There are many unintended and accidental deaths of older adults due to substance use (fentanyl, methamphetamine, and sometimes alcohol). Suicide is also another concerning cause of death amongst older adults. The Elder Death Review Team offered to present at a future BHC APTC meeting about their work and how they obtain their findings.

Public Comment

- No public comment.

7. Future Agenda Items

Presenter: John Durbin, Co-Chair

Discussion Item

Summary of Discussion

- Commissioner Halcon will facilitate a housing presentation during the next BHC APTC meeting on May 11, 2026.
- Due to commissioner availability, the lived experience panel discussion is postponed to the BHC APTC meeting scheduled for July 13, 2026.

Public Comment

- No public comment

Adjournment

Presenter: John Durbin, Co-Chair

Meeting Logistics

- Co-Chair John Durbin adjourned the meeting at 07:30PM.

Recurring Meeting Schedule: Second Monday of each month, 06:00PM – 07:30PM (unless specified otherwise).

For more information regarding the Sacramento County Behavioral Health Commission, please visit our website at [Behavioral Health Commission](#). If you plan to attend a meeting and need to arrange for an interpreter or a reasonable accommodation, please contact Gail Brosnan prior to the scheduled meeting at (916) 709-1653 or at BrosnanG@saccounty.gov.