



BHS-SAC

BEHAVIORAL HEALTH SERVICES SCREENING AND COORDINATION



SACRAMENTO
COUNTY

PRESENTER NAME

YOU'RE JUST ONE CALL AWAY FROM SUPPORT.

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have opportunity to experience optimum wellness.

Our Values



CULTURAL & LINGUISTIC NEEDS

Threshold Languages

- ❖ Arabic
- ❖ Cantonese
- ❖ Farsi
- ❖ Hmong
- ❖ Russian
- ❖ Spanish
- ❖ Vietnamese

- Informing Materials provided in threshold languages.
- Cultural/linguistic needs explored during assessment and incorporated into treatment plans.
- Interpreters for a wide-range of languages are available free of charge, including American Sign Language.
- Behavioral Health Racial Equity Collaborative to improve behavioral health outcomes.



WHAT'S CHANGING?

DECEMBER 31, 2024, AND PRIOR

SUBSTANCE USE PREVENTION AND TREATMENT SYSTEM OF CARE CALL CENTER

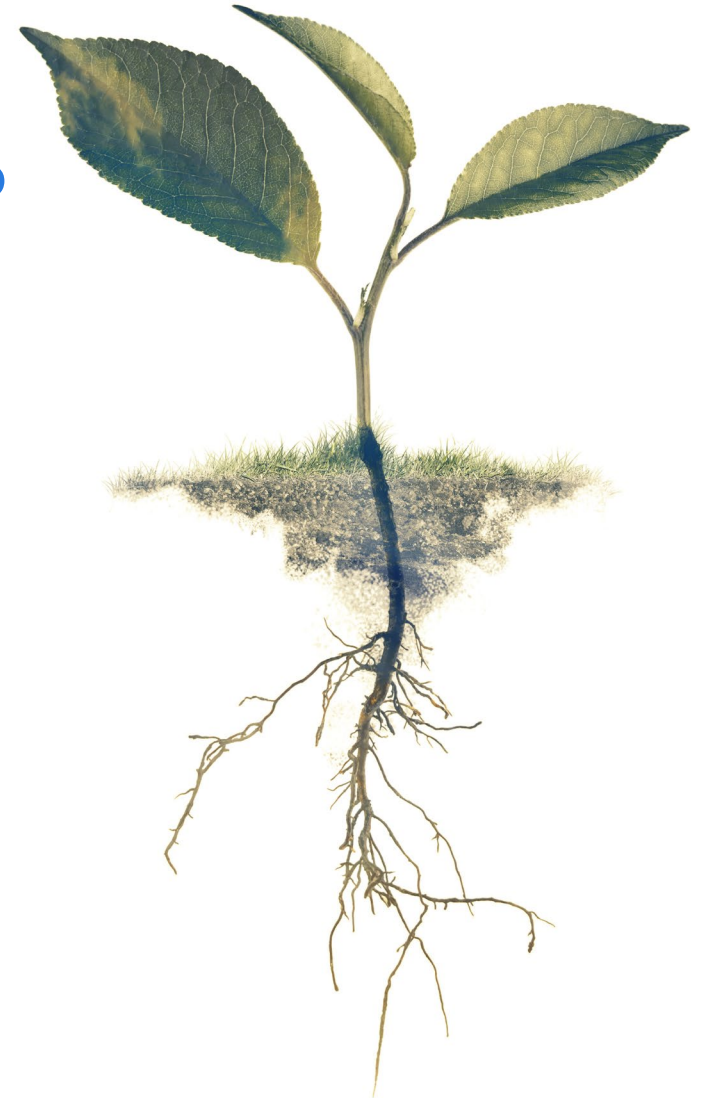


MENTAL HEALTH ACCESS CALL CENTER



JANUARY 1, 2025, AND FORWARD

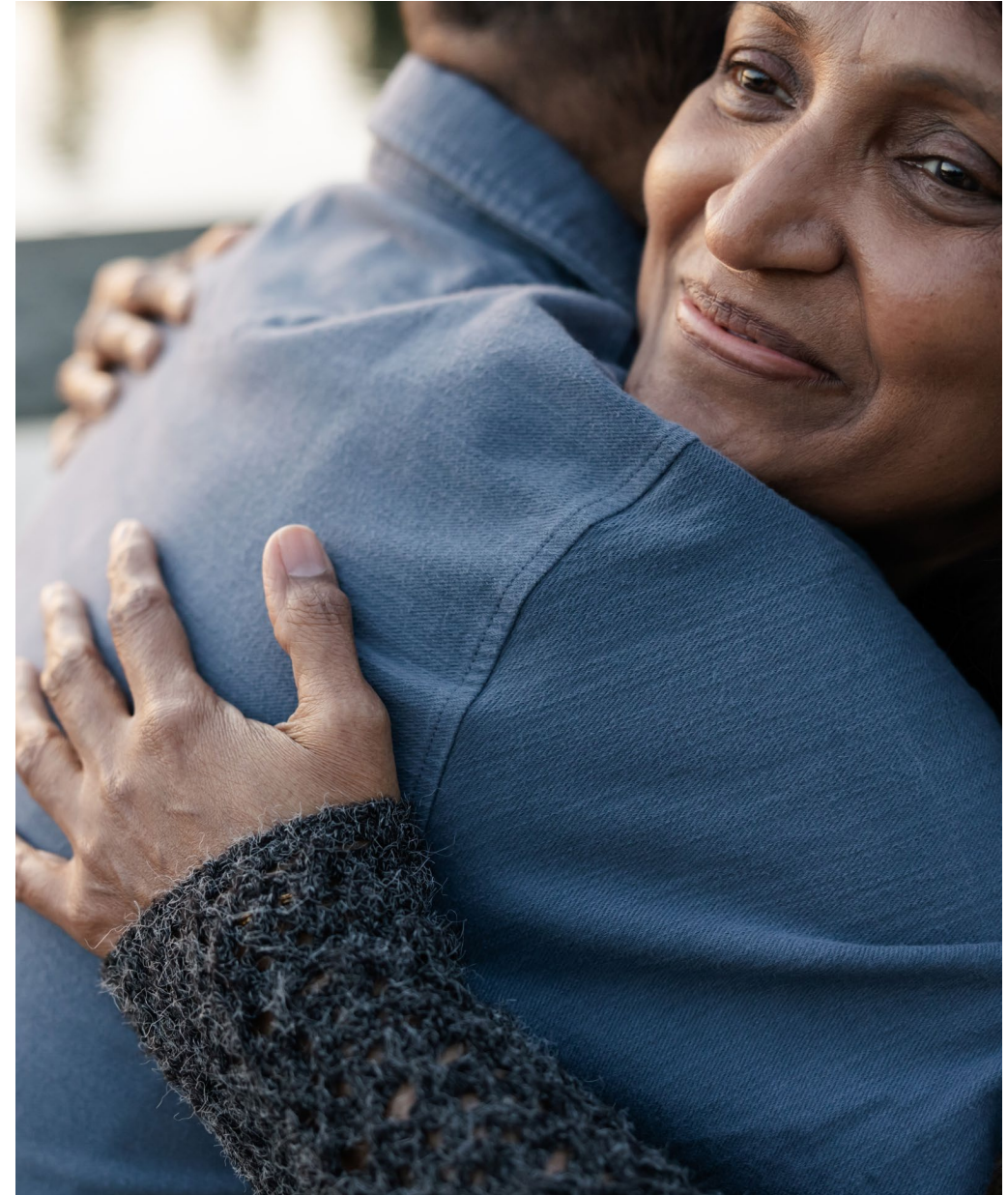
BHS-SAC BEHAVIORAL HEALTH SERVICES SCREENING & COORDINATION CALL CENTER



WHY THE CHANGE?

California Advancing and Innovating Medi-Cal (CalAIM) is a multi-year state-wide initiative to improve the quality of life and health outcomes of our population by implementing broad delivery system, program, and payment reform across the Medi-Cal program.

The Behavioral Health components of CalAIM are designed to support whole-person, integrated care. It aims to consolidate specialty mental health services and substance use prevention and treatment services into a single county-based behavioral health program. As such, a centralized place to call will make it easier for the community to seek services.



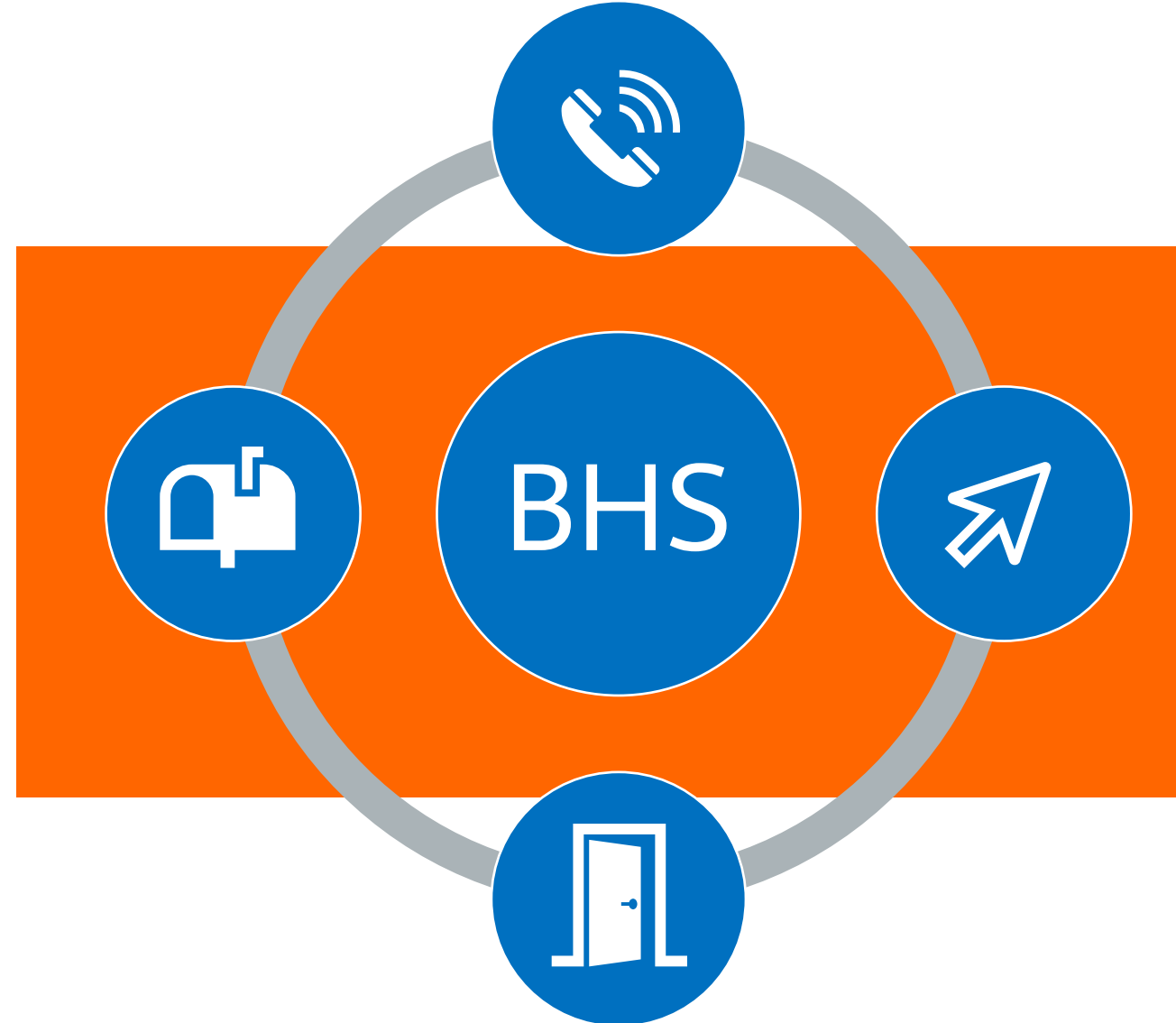


BHS-SAC New Call Center

STARTING JANUARY 1, 2025, SACRAMENTO COUNTY'S BEHAVIORAL HEALTH SERVICES (BHS) SCREENING AND COORDINATION (SAC) WILL LINK YOU TO SERVICES FOR ALL YOUR MENTAL HEALTH AND SUBSTANCE USE TREATMENT NEEDS!

Go-Live: JANUARY 1, 2025

HOW TO SEEK BEHAVIORAL HEALTH SERVICES



CONTACT BHS-SAC



PHONE NUMBER

916-875-1055,
CA Relay 711



TOLL FREE NUMBER

888-881-4881



FAX NUMBER

916-875-1190



HOURS

24 Hours a Day,
365 Days a Year

If you are experiencing a behavioral health crisis, please call 988. If you are experiencing a life-threatening emergency, please call 911.

WHAT TO EXPECT WHEN CALLING BHS-SAC

Callers will receive a brief screening to help determine the best program and level of care for the individual.





DON'T FEEL LIKE CALLING?

WALK IN TO SERVICES TODAY!

MENTAL HEALTH ADULT AND CHILD PROVIDER WALK IN HOURS

<https://dhs.saccounty.gov/BHS/Documents/Adult-and-Child-Provider-Walk-in-Hours-List.pdf>



SUBSTANCE USE PREVENTION AND TREATMENT COMMUNITY RESOURCE LIST

<https://dhs.saccounty.gov/BHS/Documents/SUPT/GI-BHS-SUPT-Community-Resource-List.pdf>

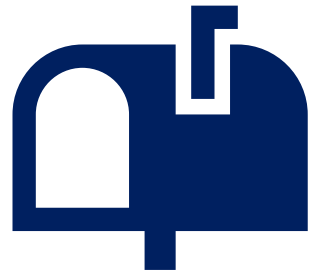




DON'T FEEL LIKE CALLING?

THE ONLINE REQUEST FORM IS AVAILABLE!

- [Online Mental Health Services Request Form](#)
- [Online SUD Adult Universal Referral Form](#)
- [Online SUD Youth Referral Form](#)



DON'T FEEL LIKE CALLING?

MAIL REFERRALS ARE AVAILABLE!

- Print and Mail the [Mental Health Service Request Form](#) to: BHS-SAC Team, 7001-A East Parkway, Suite 700, Sacramento, CA 95823
- Print and Mail the [SUD Adult Universal Referral Form](#) or [SUD Youth Referral Form](#) to: BHS-SAC Team, 7001-A East Parkway, Suite 700, Sacramento, CA 95823

BHS-SAC – Services Offered



Screening for Mental Health and Substance Use Services



Mental Health and Substance Use Outpatient Treatment



Residential Treatment



Recovery Residences/Sober Living Environments



Care Coordination



Crisis Intervention



Medication Support



Medication Assisted Treatment



Therapy Rehabilitation Services and Groups



Driving Under the Influence Programs



Linkage to Community Resources



BEHAVIORAL HEALTH SERVICES OVERVIEW



ADULT SUBSTANCE USE PREVENTION AND TREATMENT CONTINUUM OF CARE

Prevention, Education, and Awareness



Outpatient & Intensive Outpatient



Withdrawal Management



Medication Assisted Treatment



Residential Treatment



Recovery Residences



Collaborative Court Programs



DUI Programs



SERVICES PROVIDED TO YOUTH, TRANSITION-AGE YOUTH, ADULTS, OLDER ADULTS, PREGNANT/PARENTING WOMEN, AND OTHER SPECIAL POPULATIONS.

FY 2023-2024 YTD (JULY 1, 2023 – MAY 31, 2024), APPROXIMATELY 6,061 INDIVIDUALS RECEIVED TREATMENT SERVICES.

PRIMARY DRUG OF CHOICE:

- Opiates – 41.9%
- Methamphetamines – 23.1%
- Alcohol – 21.4%
- Marijuana – 8.8%
- Other - 4.8%

YOUTH SUBSTANCE USE PREVENTION AND TREATMENT CONTINUUM OF CARE

Prevention,
Education, and
Awareness



Outpatient &
Intensive
Outpatient



Residential
Treatment



Coming Soon!

ADULT AND JUSTICE INVOLVED MENTAL HEALTH CONTINUUM OF CARE

Prevention
Early
Intervention



Supporting
Community
Connections



Mental
Health
Respites



Community
Programs



Entry Points



Intensive
Outpatient
Specialty
Mental
Health
Services
(CORE/FSP)



Courts/
Justice
Involved



Crisis
Services



Acute
Care



Sub Acute
Care



IN FY 2023-2024 YTD (JULY 1, 2023 – MAY 31, 2024),
APPROXIMATELY 9,128 INDIVIDUALS RECEIVED
TREATMENT SERVICES.

PRIMARY DIAGNOSES:

- Psychotic Disorder - 35.2%
- Depressive Disorder - 24.6%
- Anxiety Disorder - 20.6%
- Bipolar Disorder - 16.1%
- Personality Disorder - 1.3%
- Other - 1.1%

CHILD AND FAMILY MENTAL HEALTH CONTINUUM OF CARE



FY 2023-2024 YTD (JULY 1, 2023 – MAY 31, 2024), APPROXIMATELY 8,141 INDIVIDUALS RECEIVED TREATMENT SERVICES.

PRIMARY DIAGNOSES:

- Anxiety Disorder – 32.9%
- Depressive Disorders – 20.3%
- Adjustment Disorders – 14.9%
- ADHD – 14.2%
- Other Disorders – 9.1%
- Conduct Disorder – 5.8%
- Bipolar Disorder – 1.3%
- Psychotic Disorder – 1.1%



ADDITIONAL RESOURCES

MENTAL HEALTH URGENT CARE CLINIC (MHUCC)

24/7 Walk in Mental Health and Substance Use Treatment

916-520-2460

<https://www.tpcp.org/program/urgent-care/>

MEDI-CAL QUICK GUIDE

Find Out Important Managed Care Plan Information at a Glance

<https://dhs.saccounty.gov/BHS/Documents/GI-MediCal-Behavioral-Health-Quick-Guide.pdf>

CRISIS RECEIVING FOR BEHAVIORAL HEALTH (CRBH)

24/7 Referral Based Sobering Center and Crisis Mitigation

<https://www.wellspacehealth.org/services/behavioral-health-prevention/crisis-receiving-for-behavioral-health-2>

988 SUICIDE AND CRISIS HOTLINE

Call or text 24/7 for Free, Confidential, Support and to Access the Community Wellness Response Team (CWRT)

<https://988lifeline.org/>



Thank You

Pedro Marinho 4/30/20