

CALL 988

For Crisis Support

County of Sacramento
Department of Health Services
Behavioral Health Services



David Villanueva
County Executive

Timothy Lutz
Director of Health Services

Ryan Quist, Ph.D.
*Director of
Behavioral Health Services*

Behavioral Health Services
7001-A East Parkway
Sacramento, CA 95823

Available 24/7

Community Wellness Response Team (CWRT)

CALL 988

Other Community Resources

24/7 Mental Health Urgent Care Clinic

2130 Stockton Blvd, Bldg. 300
Sacramento, CA 95817
(916) 520-2460

Sacramento County Info Line
(916) 498-1000 or 211

**Connection to Behavioral
Health Services (BHS-SAC)**
(916) 875-1055

Community Support Team
(916) 487-6015

California Relay Services: 711

*If you are experiencing an immediate crisis
requiring law enforcement, call 911.*



SACRAMENTO COUNTY WELLSPACE[®]
HEALTH

988 | SUICIDE & CRISIS
LIFELINE

BACS
Bay Area Community Services



Our Motto

Sacramento County's CWRT is here to help you in your crisis.



What support you may get:

- Listening to your needs, worries, feelings, etc.
- Tips and tools on how to cope with your crisis.
- A few questions to better understand your needs.
- Teaming with those that support you if helpful.
- Voluntary transportation to the emergency department.
- Connection to ongoing support services.
- A follow-up call or visit to make sure you are still okay and no longer in need of support.



CWRT is committed to helping those who:

- Are of any age, regardless of insurance status.
- Are dealing with a crisis, including one related to one's mental health and/or substance use.
- Connected with a 988 Crisis Specialist, and more support is needed in-person.
- Unlikely to cope safely in the community without in-person support.



How does CWRT help?

- A live Crisis Specialist will speak with you when you call 988.
- The 988 Crisis Specialist will listen to you and ask you some questions.
- If the 988 Crisis Specialist thinks you could use in-person help, they will start a three-party call with a CWRT Dispatcher.
- The CWRT Dispatcher will join the call and ask you a few questions, and the 988 Support Specialist will leave the call.
- The CWRT Dispatcher will send a response team to you. You can choose your location (e.g., home, library, park, etc.). The team may include a Counselor and a Peer.