

**988**

SUICIDE  
& CRISIS  
LIFELINE

# Community Wellness Response Team (CWRT)

## Our Motto:

Sacramento County's  
Community Wellness  
Response Team is here to  
help you in your crisis

## When to call?

988: Call for suicide  
intervention and crisis support

911: Call for emergencies

211: Call for information and  
community resources

## CWRT Offers support to those who:

- Are dealing with a crisis related to one's mental health and/or substance use.
- Connected with 988 Crisis Specialist, and more support is needed in-person.
- Unlikely to cope safely in the community without in-person support

## The kind of support you may get are:

- Listening to your needs, worries, feelings, etc.
- Tips and tools on how to cope with your crisis
- A few questions given to you to better understand your needs
- Teaming with those that support you
- Voluntary transportation to the emergency department
- Connection to ongoing support services
- A follow-up call or visit to make sure you are still okay and no longer in need of support.

## How does it work?

- A live person will speak to you, called a 988 Crisis Specialist.
- This person will listen to you and ask you a few questions.
- If the 988 Crisis Specialist thinks you could use more help in-person, they will start a three-party call with a CWRT Dispatcher.
- The CWRT Dispatcher will join the call and ask you a few questions, and the 988 Support Specialist will leave the call.
- The CWRT Dispatcher will send a team to you. You can choose your location (e.g., home, library, park, etc.). The team may include a Counselor and a Peer.



Learn more!



\*Please note all support services are voluntary. Meaning, should a person refuse support from CWRT, the team will honor that person's decision. \*