

CRISIS CONTINUUM OF CARE

KEY:	ALL AGES	ADULTS	TAY
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County Operated					
Program Name	Hours of Operation	Service Location	Phone	Admission Criteria	Summary of Services
Sacramento County Mental Health Treatment Center (MHTC)/Intake Stabilization Unit (ISU)	24 hours a day, 7 days a week	2150 Stockton Blvd. Sacramento, CA 95817	Main: 916-875-1000 After Hour's Line: Please see Manager Contacts Fax: 916-875-0192	All community members in crisis regardless of insurance or status. <i>*Program may inquire about insurance.</i>	Provides voluntary crisis emergency services to all ages presenting in psychiatric distress who require evaluation for hospitalization and may remain on this unit for up to 23 hours. Staff provide evaluation, crisis intervention, consultation, referrals to outpatient agencies, admission to the Psychiatric Health Facility (PHF), and diversion to psychiatric hospitals or health facilities when indicated.
Co-Response Crisis Intervention Team (CCIT)	Hours vary with partnering Law Enforcement Agencies in Sacramento County	Field/Community	Main: 911 or Non-Emergency Law Enforcement Department number for area	Calls identified through 911 dispatch as a behavioral health crisis	Law Enforcement and Counselor act as a co-response to 911 or emergency calls for service with a behavioral health crisis. Team provides de-escalation, crisis resolution and link to resources. (Follow up services offered through the Community Support Team (CST), which is available Monday through Friday, 8:00 AM – 5:00 PM.)
Behavioral Health Services Screening and Coordination (BHS-SAC)	24 hours a day, 7 days a week	Phone	Main: 916-875-1055 After Hour's Line: 916-875-1000	Sacramento County residents with substance use disorder(s) and/or mental health disorder(s).	Provides linkage to ongoing services related to mental health and/or substance use treatment. Such services include but not limited to outpatient services, residential treatment, care coordination, medication support, screening for mental health and substance use services, and linkage to community resources.
County and Contracted Integrated Programs					
Community Wellness Response Team (CWRT)	24 hours a day, 7 days a week	Field/Community	988	988 calls needing or requesting an in-person behavioral health response.	A team providing in-person de-escalation services, assess needs and risks, and create safety plans. The team is made up of a Counselor and Peer with lived experience (e.g., mental health, substance use, justice involved, foster system, etc.). CWRT will also provide linkages to ongoing services, resources, and brief follow-up services.
Community Support Team (CST)	Monday – Friday 8:00 AM – 5:00 PM	Field/Community	Main: 916-366-4600 After Hour's Line: 916-397-6105 Fax: 916-855-5448	All community members in crisis regardless of insurance or status.	A team providing supports, education, resources and connections to services. Teams are made up of counselors and Peers with lived experience (e.g., mental health, substance use, justice involved, foster system, etc.). The goal of CST is to provide services in a culturally and linguistically competent manner to promote recovery, resilience, well-being and reduce the risk of suicide.

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Mental Health Urgent Care Clinic (MHUCC)	24 hours a day, 7 days a week Last medication assessment is at 10:00 PM; psychiatrist available 24/7	2130 Stockton Blvd., Building 300, Sacramento, CA 95817	Main: 916-520-2460 After Hour's Line: Same Fax: 916-520-2459	All ages in crisis regardless of insurance or status. Best practice – walk in for services; a call to notify the clinic you are coming	A walk-in clinic for individuals with an urgent mental health need(s). Provides immediate relief to people in distress. The program intends to avoid psychiatric emergency room visits and involuntary hospitalizations. The goal is to foster recovery for individuals and families through the promotion of hope and wellness.
BACS – Crisis Navigation Program (CNP)	24 hours a day, 7 days a week	Hospital/ Emergency Department Based	Main: 916-800-4924 After Hour's Line: Same Fax: 916-800-4924	Referrals from Sacramento County Emergency Room or Psychiatric Hospitals Sacramento County Resident Medi-Cal or Medi-Cal eligible Currently Mental Health Symptoms	Short-term crisis intervention and case management (up to 60 days) to navigate and link to long-term service needs. Peer support staff are field-based and will support clients with accessing any requested services and resources needed with primary goal of linking to behavioral health services.
Turning Point Crisis Residential Programs (CRP)	24 hours a day, 7 days a week	7415 Henrietta Dr., Sacramento, CA 95822 3440 Viking Dr., Sacramento, CA 95827 505 M St., Rio Linda, CA 95673 *Intake team handles referrals	Henrietta Main: 916-520-7399 Fax: 916-520-7398 Viking Main: 916-262-8598 Fax: 916-262-8599 Rio Linda Main: 916-287-4067 Fax: 916-287-4068 Intake Team: 916-912-0362	Ages 18-58* Some exception for ages 59+, contact the CRP. Sacramento County Resident Medi-Cal/Medi-Cal eligible/Uninsured Meets Target Diagnosis per County Policy and Procedures.	A comprehensive, short-term residential program (up to 30 days) that provides voluntary to those experiencing a behavioral health crisis who require 24-hour support in order to return to community living. The services provided are time-specific, member-focused, and strength-based. Services teach clients how to successfully manage their symptoms, addressing stressors and empowering clients to become agents of change in their recovery.
Del Oro Caregiver Resource Center – Respite Services	Monday – Friday 8:00 AM – 4:30 PM	8421 Auburn Blvd., Suite 265, Citrus Heights, CA, 95610	Main: 916-728-9333	Sacramento County Resident, Dementia diagnosis, <u>do not</u> have Medi-Cal or IHSS, Caregiver and client can be any age	Respite services for unpaid family caregivers taking care of someone diagnosed with a form of Dementia through adult day care; in-home care; short-term in Assisted Living Facility; Family consultation-intake, assessment, re-assessment, plan of care. People on Medi-Cal can still call for resources, but don't have access to Respite care or legal support.

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St. John’s Crisis Respite Program	9:00 AM – 9:00 PM	Address provided once approved by the program.	Main: 916-383-1804	Women ages 18+ and their accompanying children Individuals must be ambulatory, sober, have no safety concerns or at risk behaviors.	Services provided include screening, assessment, resource linkage, treatment planning, crisis intervention, family support and case management, will be available for eligible women and women with dependent children for up to 7 days. In some cases, support with finding shelters/housing is provided.
TLCS, Hope Cooperative Crisis Respite Center	24 hours a day, 7 days a week	Address provided once approved by the program.	Main: 916-737-7483	Adults age 18+ Sacramento County resident, experiencing a behavioral health crisis and be able to safely manage their personal prescribed medication or have available established supports and services from a Full Service Partnership (FSP)	Provide up to 23-hour behavioral health crisis respite services, seeking short-term relief from overwhelming stress, and as a diversion from an emergency room visit or inpatient care. Services can include assessment, client plan development, safety planning, case management, collateral, and crisis response and intervention.
Turning Point Abiding Hope Respite	24 hours a day, 7 days a week	Address provided once approved by the program.	Main: 916-287-4860	Adults age 18+ Sacramento County resident. Able to take medication on own, not currently at risk of self-harm, have to be ambulatory, no history of violence, no registered sex-offenders and two weeks of sobriety preferred.	Services include screening, assessment, resource linkage, treatment planning, crisis intervention, family support and case management, will be available for adult residents 7-14 days. Co-ed facility.
A Church for Us All – Ripple Effect	1:00 PM – 6:00 PM	Address provided once approved by the program.	Main: 916-891-0211	Must be at risk of, or experiencing a behavioral health crisis, Sacramento County resident, unserved and underserved adults with emphasis on people of color (POC) who may identify as lesbian, gay, bisexual, transgender and/or questioning (LGBTQ) – Exceptions to any of the above criteria are made on an individual basis and must be	Program provides services to unserved and underserved adults with emphasis on people of color (POC) who may identify as LGBTQ. Services include screening, supportive services, individual and group support, linkage to other services, peer supports, other crisis response services, and community outreach activities.

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				approved in writing by the County.	
El Hogar Senior Link	Monday - Friday 9:00 AM – 5:00 PM	3870 Rosin Ct., Suite 130, CA, 95834	Main: 916-369-7872	Participants must live in Sacramento County and not be linked to a current Mental Health Agency. Ages 55 and up	Support with connection of resources, increase socialization with activities, and rebuild their support system. Services may include home visits, collaboration and linkage to health care providers, transportation, service coordination, referrals, groups, coordination of social activities, and liaison to community services, based on participants' service needs.
Capital Star Crisis Residential Program (CRP) – The STAY	24 hours a day, 7 days a week	3815 Marconi Ave., Sacramento, CA 95821	Main: 916-890-3000 Fax: 916-244-2751	Ages 18-28 Sacramento County Resident Medi-Cal/Medi-Cal eligible/Uninsured Meets Target Diagnosis per County Policy and Procedures.	Helps transition age youth (TAY) and young adults safely and successfully transition back to community living after a period of psychiatric crisis and recovery (up to 30 days) in a voluntary setting. Provides counseling and services that support their transition to housing, employment, education and ongoing care including medication management, individual therapy, rehabilitation, case management, and support with independent living skills.
Sacramento LBGT Center – Lambda Lounge	Center Hours: 10:00 AM – 8:00 PM Adult Respite: Tues/Thurs 10:00 AM-4:00 PM	10151 20 th St., Sacramento, CA, 95811	Main: 916-442-0185	Homeless youth, aged 18-24, who have been victims of a crime. Adult Respite: Ages 25 & up Homeless: Ages 18-24 who have been victims of a crime (STEP and TLP)	Respite in which youth can access food, survival supplies, and laundry and shower facilities. Adult Respite provides mental health respite as well as referral services to internal and partner support services (i.e. name-change services, COVID financial support, and community groups). STEP and TLP are referral-based services that help provide short term or transitional housing for youth aged 18-24 who have been the victims of a crime.
Sacramento LBGT Center – Q-Spot	Monday – Friday 12:00 PM – 6:00 PM Saturday – Sunday 10:00 AM – 4:00 PM	10151 20 th St., Sacramento, CA, 95811	Main: 916-442-0185	Q-Spot: Youth ages 13-24 Adult Respite: Ages 25 & up Homeless: Ages 18-24 who have been victims of a crime (STEP and TLP)	Respite in which youth can access food, survival supplies, and laundry and shower facilities. Adult Respite provides mental health respite as well as referral services to internal and partner support services (i.e. name-change services, COVID financial support, and community groups). STEP and TLP are referral-based services that help provide short term or transitional housing for youth aged 18-24 who have been the victims of a crime.