

## Division of Behavioral Health Community Wellness Response Team (Formerly Known As Wellness Crisis Call Center and Response Team) PROGRAM DESCRIPTION

Sacramento's Behavioral Health Services (BHS) includes services that meet the cultural, ethnic and language needs of the community and promotes health and wellness; resilience, wellbeing, and healing from traumatic experiences; prevention, support, and treatment for mental health and/or substance use challenges; and support of those who experience and/or are in recovery from these conditions, along with their families and communities.

## **Program Summary:**

Community Wellness Response Team (CWRT) mental health counselor and a peer with lived experience, receives Mobile Response Requests from 988 that may benefit from in-person de-escalation services, assess needs and risks, and create safety plans. This includes identifying and leveraging individual strengths and natural supports; coordinating with existing Mental Health Plan (MHP) and Substance Use Prevention and Treatment (SUPT) providers as appropriate; linking to ongoing services; voluntary transport to urgent/emergency resources and accessing Mobile Crisis Support Teams or other emergency responders when necessary.

## **CWRT Goals:**

- Safely de-escalate crises.
- Provide linkages to accessible culturally responsive behavioral health resources to decrease repeat crises and emergency department visits.
- Offer a response team that meets the cultural, ethnic and language needs of the community and does not include law enforcement staffing.
- Ensure the model is community-based.
- Decrease criminalization of mental health and homelessness.