

Adult and Child Provider Walk-in Hours

Adults: Individuals age 21 or older Children: Individuals under age 21 TAY: Transition Age Youth 16 to 25 years of age		CORE: Community Outreach Recovery Empowerment FIT: Flexible Intergrated Treatment FSP: Full Service Partnerships			Walk-in Hours (date/time)		Location		Phone Number	Evidence-based Practices	Webpage Address/Link
Population <small>(Adults/Children/Adults & Children/TAY)</small>	Provider	Program/Site Name	Geographic Region	Accept New Client (Yes/No)	Address	Cross Street					
Children	Capital Star	FIT Capital Star	North	No	Tuesdays 8:30am-12:30pm Thursdays 1:30pm-5:30pm	3800 Watt Ave, Suite 110 Sacramento, CA 95821	Edison Ave	916-584-7800	PCIT, PC CARE, TF-CBT	https://www.starsinc.com/sacramento-county/capital-star-office/	
Children	HeartLand Child & Family Services	FIT Grand	North	Yes	Tuesday 11:00am-5:00pm Thursday 11:00am-5:00pm	811 Grand Ave, STE D, Sacramento CA 95838	Rio Linda BID	916-922-9868	TF-CBT, ART	https://doingwhatverittakes.org/	
Children	HeartLand Child & Family Services	FIT Watt	North	Yes	Tuesday 11:00am-5:00pm Thursday 11:00am-5:00pm	2829 Watt Ave STE 200, Sacramento CA 95821	Marconi	916-418-0828	TF-CBT, ART	https://doingwhatverittakes.org/	
Children	UCD	FIT UCD - CAARE	Central	Yes	Mondays 9:00 am to 11:00 am Tuesdays 12:00 pm to 2:00 pm Thursdays 1:00 pm to 3:00 pm Fridays 12:00 pm to 2:00 pm	3671 Business Drive, Suite 100 Sacramento, CA 95820	14th Ave	916-460-2855	PCIT, TF CBT, DBT PC CARE	https://health.ucdavis.edu/children/services/CAARE/	
Children	Dignity (Folsom)	FIT Dignity (Folsom)	Central	Yes	Tuesdays from 9:00-11:00am Thursdays from 1:00pm-3:00pm	9837 Folsom Boulevard, Suite F Sacramento, CA 95827	Horn Road	916-450-2600	None	https://www.dignityhealth.org/dhmf/locations/sacramento-childrens-behavioral-health	
Children	Pacific Clinic (Tech Center)	FIT Pacific Clinic (Tech Center)	Central	Yes	Thursdays 9:00am-5:00pm	9343 Tech Center Drive, Suite 200 Sacramento, CA 95826	Mayhew Road	916-388-6400	TF-CBT	https://www.pacificclinics.org/our-services/locations/	
Children	Dignity (Valley HI)	FIT Dignity (Valley HI)	South	Yes	Tuesdays from 9:00am-11:00am Thursdays from 1:00pm-3:00pm	6615 Valley Hi Drive, Suite A Sacramento, CA 95823	Bruceville Road	916-450-2650	None	https://www.dignityhealth.org/dhmf/locations/sacramento-childrens-behavioral-health	
Adults & Children	Capital Star	TAY FSP S St	Central and South	Yes	Wednesdays 1:30pm-4:00pm	401 S St Sacramento, CA 95811	S St and 4th St	916-584-7800	TF CBT, TIP	https://www.starsinc.com/sacramento-county/	
Adults & Children	Capital Star	TAY FSP Marconi	North	Yes	Thursdays 2:30pm-5:00pm	3815 Marconi Ave, Sacramento, CA 95821	Marconi and Watt	916-584-7800	TF CBT, TIP	https://www.starsinc.com/sacramento-county/	
Children	Sacramento Children's Home	FIT SCH (Counseling Center)	South	Yes	Mon 9:00am-2:00pm Friday 9:00am-2:00pm	2750 Sutterville Rd. Sac 95820	Franklin Blvd.	916-492-7240	TF-CBT, PCIT, PC-CARE	https://www.kidshome.org/	
Children	River Oak Center for Children	FIT/ Laurel Hills	North	Yes	Mondays: 3-5pm Fridays: 9-11am <i>Hours Subject to Change</i>	5445 Laurel Hills Dr. Sacramento CA 95841	Garfield	(916) 609-5100	TF-CBT; PCIT; PC-CARE; DBT; Coping Cat; Incredible Years	www.riveroak.org	
Children	Turning Point	FIT	South	Yes	Mondays 1:00pm-2:00pm Wednesdays 4:00pm-5:00pm Fridays 10:00am-11:00am	3161 Dwight Road, Elk Grove, CA 95758	Laguna Blvd	916-427-7141	TF-CBT, PCIT, PC-CARE	https://www.tpcp.org/	
Adults											
Adults	BACS	CORE Sycamore	East	Yes	Wednesdays: 9:00am-11:00am Friday: 1:00pm-3:00pm	9333 Tech Center Drive, Suite 100, Sacramento	Mayhew	916-379-7964	Strengths Model	https://www.bayareacs.org/	
Adults	BACS	CORE Cedar	East	Yes	Tuesdays: 11:00am-1:00pm Thursdays: 11:00am-1:00pm	4600 47 th Ave, Suite 111, Sacramento	46 th Street	916-318-0141	Strengths Model	https://www.bayareacs.org/	
Adults	Turning Point	CORE Rosin	North West	Yes	Mondays: 8:30am-12:30pm Wednesdays: 12:30pm-4:00pm Thursdays: 12:30pm-4:00pm	3810 Rosin Ct. Ste 170, Sacramento	Northgate	916-567-4222	Strengths Model	https://www.tpcp.org/program/core/	
Adults	Turning Point	CORE Madison	North West	Yes	Mondays: 8:30am-12:30pm Wednesdays: 12:30pm-4:00pm Thursdays: 12:30pm-4:00pm	3628 Madison Ave Ste 6, North Highlands	Roseville Rd.	916-388-3231	Strengths Model	https://www.tpcp.org/program/core/	
Adults	Turning Point	CORE Elk Grove	South	Yes	Mondays: 12:30pm-4:00pm Thursdays: 12:30pm-4:00pm	9340 E. Stockton Blvd, Elk Grove	Laguna Blvd.	916-509-8198	Strengths Model	https://www.tpcp.org/program/core/	
Adults	El Hogar	CORE Mariposa	West	Yes	Wednesdays: 9:00am-11:00am Thursdays: 1:00pm to 3:00pm	600 Bercut Drive, Sacramento	Richards Blvd	916-440-1500	Strengths Model, Seeking Safety	https://www.elhogarinc.org/	
Adults	El Hogar	CORE Marigold	North East	Yes	Mondays: 9:00am-11:00am Wednesdays: 1:00pm-3:00pm Thursdays: 9:00am-11:00am	8421 Auburn Blvd Citrus Heights	**Twin Oaks Avenue (or directly off of I80)	916-441-3819	Strengths Model, Seeking Safety	https://www.elhogarinc.org/	
Adults	Hope Cooperative	CORE Marconi	North East	Yes	Mondays: 1:00pm-3:30pm Wednesdays: 9:00am-11:30am Fridays 9:00am-11:30am	3737 Marconi Ave, Sacramento	Watt Ave and Marconi	916-480-1801	Strengths Model	https://hopecoop.org	