

## Sacramento TBS Providers

### Heartland Child & Family Services

811 Grand Ave., Suite D  
Sacramento, CA 95838

### River Oak Center for Children

9412 Big Horn Blvd.  
Elk Grove, CA 95758

### Sacramento Children's Home

2750 Sutterville Road  
Sacramento, CA 95820

### Stanford Sierra Youth and Families

8912 Volunteer Lane  
Sacramento, CA 95826

### Turning Point Community Programs

3161 Dwight Road  
Sacramento, CA 95758

Bilingual staff and/or interpreters are available  
at no cost

Ann Edwards, County Executive

Chevon Kothari, Deputy County  
Executive

Timothy Lutz, Director of Health  
Services

Ryan Quist, Behavioral Health Director

Kelli Weaver, Behavioral Health  
Deputy Director



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## Sacramento County Behavioral Health Services

## What is TBS?

## Therapeutic Behavioral Services



## Feel like your family is in crisis?

More than you can manage on your own?

Need support with interactions in your home?

We want to help you out!

There's a program called Therapeutic Behavioral Services (TBS) that's for families just like yours. If your child has full scope Medi-Cal and meets the criteria below, your family may be eligible.

**What is TBS?** TBS is a one to one service program that comes to you and your child in your home or your child's school. TBS is a short-term program that blends in with already established outpatient mental health services. Think of it as a booster program to work on some very specific issues where you and your child might feel stuck.



## Eligibility Requirements

If your child is

- Under 21

**And**

- Has full scope Medi-Cal

**And** (at least one of the following)

- Lives in **Or** is at risk of being placed in a Short Term Residential Therapeutic Program or being placed by Child Welfare in a Welcome Center

**or** is stepping down from a Short Term Residential Therapeutic Program

- **Or** has been to the Sacramento County Mental Health Treatment Center (SCMHTC) in the past 6 months

- **Or** has been in a psychiatric hospital in the past 24 months

- **Or** is being considered for a psychiatric hospital

**And**

- Is currently receiving Medi-Cal outpatient (mental health) services

Then your child may be eligible.

**Benefits of TBS:** TBS has helped many kids stay at home with their families, out of the hospital, juvenile hall and group home care.

**Description of Services:** The TBS team is a service that looks at your child's challenges. Using an effective process called a "Functional Behavioral Analysis" a TBS service team member helps you and your child understand behavior that is placing them at risk of group home placement or hospitalization. The TBS will work with you to develop a very specific and unique plan to help your child get their needs met in a healthy way. Before they leave, they teach you, your family or caregiver and your mental health provider how to keep the plan going so you'll keep on seeing results long after the TBS team is gone.

**Who to contact for more information and/or a referral:** You can contact your child's current outpatient provider if you have questions or want to learn more.

