# Sacramento County Department Health Services

#### Behavioral Health Services

#### Mental Health Provider Minimum Qualifications

### Psychiatry at Youth Detention Facility

## Open Enrollment

The Sacramento County Department of Health Services, Behavioral Health Services (BHS), in compliance with Title XV of the California Code of Regulations, has developed minimum qualifications (MQs) for all individuals that are seeking to contract with BHS to provide psychiatric services to youth and young adults detained in the Sacramento County Youth Detention Facility (YDF). Please see the MQs on page 3 of this document.

#### Important information:

- Title XV of the California Code of Regulations, commencing with §1400 mandates
  the health administrator or responsible physician, in cooperation with the
  behavioral/mental health director and the facility administrator to establish policies
  and procedures to provide behavioral/mental health services to youth and young
  adults detained at the juvenile facility.
- The hourly rate for the YDF psychiatrist is \$250/hour. The rate for providing overnight on-call phone coverage is \$150/night. The total annual pooled contract amount is \$405,437.
- Beginning July 1, 2023, individuals that are seeking to contract with BHS to provide psychiatric services must meet the MQs.
- Contracts will be developed at any time in a fiscal year for those applicants that meet all of the MQs to provide Psychiatry at YDF. Contracts expire on June 30<sup>th</sup> each year, and may be renewed if the applicant continues to meet all MQs to provide Psychiatry at YDF.
- Services include, but are not limited to:
  - Assessment when indicated by the screening process; perform an initial psychiatric evaluation for youth/young adults not previously seen within YDF and a comprehensive psychiatric evaluation on an annual basis, as applicable;
  - 2. Crisis intervention and the management of acute psychiatric episodes during scheduled on-site hours;

- 3. Overnight on-call phone availability for psychiatric consultation (medication management and crisis consult) is shared across enrolled psychiatrists and paid at a per night rate (\$150/night).
- 4. Stabilization of persons with mental disorders and the prevention of psychiatric deterioration in the facility setting;
- Provision that youth/young adults who are on psychotropic medications prescribed in the community are continued on their medications when clinically indicated. In partnership with the facility health clinic and facility pharmacy, this psychiatrist will prescribe medications;
- 6. Re-evaluation and further determination of continuing psychotropic medication, if needed. In partnership with the facility health clinic, this psychiatrist will order and review the results of laboratory tests;
- 7. Initial and periodic medication support services;
- 8. Provision that the necessity for uninterrupted continuation on psychotropic medications is addressed in pre-release planning and prior to transfer to another facility or program including authorization for transfer of prescriptions;
- 9. Completion of documentation in the electronic health record (EHR) meeting utilization review requirements approved by the County for all encounters with patients, parents/guardians, other individuals or agencies involved in the treatment of the youth/young adult;
- 10. Transition planning for youth/young adults undergoing behavioral health treatment, including arrangements for continuation of medication and services from behavioral health providers, including providers in the community where appropriate; and
- 11. When available, participation in YDF Special Needs unit meetings and collaborative planning meetings with the Sacramento County mental health counselors, Probation Department and other partners.

Upon meeting all the MQs below, an individual may request a mental health contract with Sacramento County BHS in order to provide and be reimbursed for psychiatric services provided at YDF. All contracts begin upon execution of a contract and continue until June 30<sup>th</sup> of the current fiscal year.

Individuals requesting a mental health contract with Sacramento County BHS can respond to this Psychiatry at YDF Open Enrollment process by contacting: Matt Quinley (<a href="mailto:quinleym@saccounty.gov/916-717-8188">quinleym@saccounty.gov/916-717-8188</a>) for further questions and submission of MQ documentation.

# Sacramento County BHS Psychiatry at YDF MQs:

- 1. Must be a Board Certified Child Psychiatrist, or a Board eligible Child Psychiatrist pursuing Board certification, to engage in up to 24 hour per week Child Psychiatrist position.
- 2. Must have two (2) or more years of experience providing psychiatric services and supports to children or youth.
- 3. Must be in compliance with any corrective action plans with Sacramento County as confirmed by County.
- 4. Must be willing to work in a locked juvenile detention facility.
- 5. Must be willing to provide on-call coverage after hours.