

**County of Sacramento DHHS  
Health Center Co-Applicant Board (CAB)**

**Meeting Minutes**

October 20, 2017, 9:30 AM – 10:30 AM

**Meeting Location**

Sacramento County Health Center  
Primary Care Center  
Community Room 2020, 2<sup>nd</sup> Floor  
4600 Broadway  
Sacramento, CA 95820

<b>CO-APPLICANT BOARD MEMBERS</b>			
X	Paula Lomazzi – <b>Chair</b>	X	AAron Washington – <b>Co-Chair</b>
	Mike Blain	X	Sally Ooms
	Rebecca Hahn		
	Maria Respall	<b>EX-OFFICIO MEMBER</b>	
	Bob Erlenbusch		Marcia Jo, Project Director – <i>Excused</i>
	Katie Freeny	<b>PRESENTER</b>	
X	Vince Gallo	X	Kate McAuley, Sr. Health Program Coordinator, Public Health

Staff: Marie Ketcheshawno

Public Attendees – 2: Don K. Zorechak (Prospective Member) and Fernay Jackson (County Supervising RN)

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<b>Topic</b>	<b>Minutes</b>
<p>Welcome, Introductions and Announcements – <i>Paula Lomazzi, Chair</i></p>	<p>Paula Lomazzi welcomed all to the meeting and facilitated introductions.</p> <ul style="list-style-type: none"> <li>• <u>Announcements</u> – None.</li> <li>• <u>Agenda Review</u> – Today’s agenda features a presentation about Hepatitis A by guest speaker, Kate McAuley, Senior Health Program Coordinator with Sacramento County Public Health.</li> </ul>
<p>Hepatitis A Presentation – <i>Kate McAuley</i></p>	<p>Kate McAuley, Senior Health Program Coordinator from County Public Health, provided a presentation on Hepatitis A. The following handouts were reviewed (<i>handouts posted on the website</i>):</p> <ul style="list-style-type: none"> <li>• Hepatitis A Fast Facts card</li> <li>• Wash your Hands sign</li> <li>• Hepatitis Vaccine Resource List</li> </ul> <p>The Board requested this presentation because of the growing community concern about the spread of Hepatitis A amongst homeless and other disenfranchised people in our community. The Board members hope that if they each have more information they can teach others as well as distribute literature.</p> <p><u>Presentation Highlights</u></p> <ul style="list-style-type: none"> <li>• Hepatitis A is an inflammation of the liver caused by a virus. There are also Hepatitis B, C, D, and E.</li> <li>• Hepatitis A is spread via the fecal/oral route through contaminated food, liquid, shared utensils, and lack of sanitary conditions. Incubation from contraction to symptoms can range from 15 – 50 days but is normally around 28 days. Hepatitis A can be detected 10 – 12 days before symptoms develop. Symptoms include sudden onset fever, fatigue, jaundice, loss of appetite, nausea, abdominal discomfort/pain, and dark urine. Persons contracting Hepatitis A will not get it again.</li> <li>• Hepatitis B is spread via blood borne transmission. There is a vaccination series for Hepatitis B that is given to children.</li> <li>• At this time, there is a large Hepatitis A outbreak that started in San Diego. It spread among the homeless population in Santa Cruz and Los Angeles. Those with an underlying liver condition are very susceptible to serious illness or death. The following cases are linked to this particular outbreak:</li> </ul>

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Hepatitis A  
Presentation –  
*Kate McAuley*

CITY	NUMBER OF CASES	HOSPITALIZATIONS	DEATHS
San Diego	507	351	19
Santa Cruz	73	33	0
Los Angeles	9	6	0
Other cities	11	5	0

- Last year, there were eight Hepatitis A cases in Sacramento (these are unrelated to the San Diego outbreak).
- Control measures include:
  - Hepatitis A vaccine (two dose series). First dose provides 95% protection and almost 100% after second dose. The vaccine was developed in 1996 and became part of the Centers for Disease Control and Prevention (CDC) childhood recommended vaccinations in 1999. Most children born after 1999 will be protected.
  - Hand washing stations and access to toilets will reduce spread of disease by improving sanitary conditions.

Questions and Answers

Q: Is it true that hand sanitizers are not effective?

A: Washing hands with soap and water for 20 seconds is more effective against the virus than alcohol based hand sanitizers.

Q: What are objections to the vaccine?

A: It varies; some people are suspicious of vaccines or afraid of side effects. The main side effect is soreness in the arm.

Q: Is it okay to get the vaccine if you are not sure if you have already had it?

A: Yes.

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<p>Hepatitis A Presentation – <i>Kate McAuley</i></p>	<p>Q: Shots were given out at Loaves &amp; Fishes. What are plans for other areas downtown? A: There are no dates scheduled but there are plans to provide vaccines in the future when we can. Priority is to get vaccines to people who live at the river.</p> <p>Q: Are the handouts available in other languages? A: The handouts are being translated.</p> <p>Q: Handwashing stations need to be more visible and available. How can we as a Board advocate for more public restrooms? A: Consult Marcia Jo regarding the process.</p>
<p>Public Comment– <i>AAron Washington</i></p>	<p>There was no public participation.</p>
<p>Closing Remarks- <i>Paula Lomazzi</i></p>	<p>Paula Lomazzi thanked the group for participating in today’s meeting.</p> <p>The Board will reconvene on <b>Friday, November 17, 2017 at 9:30 AM</b>. Location: 4600 Broadway, Community Room #2020, Sacramento.</p> <p>Please see website, <a href="http://www.dhhs.saccounty.net/PRI/Pages/HCH%20Co-App/Health-Care-for-the-Homeless.aspx">http://www.dhhs.saccounty.net/PRI/Pages/HCH%20Co-App/Health-Care-for-the-Homeless.aspx</a></p>

*Sacramento County Health Center website link:*

<http://www.dhhs.saccounty.net/PRI/Pages/Health%20Center/GI-Sacramento-County-Health-Center.aspx>