

**Integrated Behavioral Health Services and Medication Assisted Treatment (MAT)
 Overview**

A. Services

Services	Brief Description	Staff
Assessment/ Evaluation	<ul style="list-style-type: none"> Assessment to determine patient needs 	Behavioral Health Clinicians (Licensed Clinical Social Worker / Licensed Marriage and Family Therapist)
Brief Consultation or Brief Treatment	<ul style="list-style-type: none"> 1 – 3 visits to 6 – 12 visits based on patient needs 	
Consultative Co-Management	<ul style="list-style-type: none"> Periodic – staff co-manages treatment with the Primary Care Physician Ongoing long-term 	
Psychiatric Consultation	<ul style="list-style-type: none"> Provides written consultation on medication management 	Combined Physician and Psychiatry Resident
Psychiatric Treatment	<ul style="list-style-type: none"> Psychiatric evaluation 3 – 5 visits for medication regime stabilization Return patient to Primary Care Physician for ongoing medication monitoring and symptom abatement 	Combined Physicians and Nurse Practitioner
Medication Assisted Treatment (MAT) / Suboxone Induction	<ul style="list-style-type: none"> Medications combined with counseling to treat opioid disorders American Society of Addiction Medicine (ASAM) Assessment Psychiatric consultation with patient Induction of medication 	Combined Behavioral Health Clinicians (ASAM assessment), Physician, Psychiatry Resident, and Nurse Practitioner

B. Project Proposal to increase MAT access (15 months, June 2019-August 2020)

CATER (County Access to Engagement and Recovery) Project

In 2018, the Sacramento County Health Center conducted a pilot program to provide MAT services for primary care patients diagnosed with opioid use disorder (OUD). The primary source of MAT Program referrals has been internal from the Health Center’s primary care physicians, residents and behavioral health clinicians.

The purpose of the CATER Project is to expand the scope of Health Center’s current MAT Program by increasing outreach to OUD patients, number of patients in recovery, and staff capacity, as well as educating the community and creating a sustainable continuum of care with external partners – UC Davis Emergency Department, Sacramento County Mental Health Treatment Center and Alcohol and Drug Services.