



# ADULT CORRECTIONAL HEALTH OVERVIEW

August 26, 2019 | Sandy Damiano, PhD, Deputy Director

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Presentation to the Sacramento County Medi-Cal Managed Care Advisory Committee

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# JAIL OVERVIEW

- Two jails – Main Jail and Rio Cosumnes Correctional Center
- Old facilities, not designed for health care

## Leadership:

- Sheriff's Dept.: Operations, Programs & Security
- DHS Primary Health: Health Care

**MAIN JAIL**



**RIO COSUMNES CORRECTIONAL CENTER**



# CRIMINAL JUSTICE REFORMS

- Realignment decreased prison population and changed the jail population
- Jails now serving offenders with long jail sentences who would have been in prison
- Counties providing more health and mental health services
- Jails not designed for this population so changes are necessary

# CORRECTIONAL HEALTH = COMMUNITY HEALTH

- Disproportionate use of emergency rooms for health care
- High rates of serious mental health conditions, substance abuse, and chronic diseases
- High rates of poverty, unemployment, and homelessness
- Low health literacy
- Medi-Cal expansion January 2014 broadened coverage to this population
- Once released, many have difficulty navigating complex health and behavioral health systems

# JAIL PROFILE

## MONTH OF JUNE 2019

- Bookings – 2,906
- Average Daily Population – 3,646; highest one day population – 3,733
- Subtotals for Main Jail – 1,924; Rio Cosumnes Correctional Center – 1,722
- Average number of inmates with felonies – 3,139; misdemeanors – 506

## 2018

- Average Length of Stay – 35 days for all releases, 27 days for unsentenced, 63 days for sentenced releases

# RANGE OF HEALTH SERVICES PROVIDED

Services provided onsite and offsite (county staff and contracted providers)

- Physical Health
- Mental Health
- Substance Use Disorder Treatment
- Dental

# PHYSICAL HEALTH

- Primary Care
- Chronic Disease Management
- Specialty Care (in-house & off-site)
- Pharmacy & ancillary
- Emergency Department (off-site)
- Inpatient Hospitalization (off-site)
- Dental

# MENTAL HEALTH

- Acute Inpatient Unit (18-bed)
- Intensive Outpatient Program (IOP) – 20 beds (male)
- Outpatient Treatment (general population)
- Medication Monitoring
- Jail Based Competency Treatment (52 beds)
- Planned expansion this year – 2 additional IOPs (15 bed female, 24 bed male)



# ALCOHOL & DRUG SERVICES

- Limited services
- Detoxification
- Support groups onsite (SSD)
- Medication Assisted Treatment (MAT) – currently limited, plan to expand
- Will have more options with DMC ODS Waiver

# LEGAL ISSUES

- County and Plaintiffs reached an agreement regarding jail conditions
- County litigation followed lawsuits against the California Department of Corrections and Rehabilitation
- Several counties already sued and reached settlement or judgment
- Other counties are in the same stage as Sacramento or just starting
- Same national trends

# STANDARDS CHANGING

- Criminal Justice Reform – changed needs due to changes in population, increased length of stays
- Litigation
- National Commission on Correctional Health Care Standards (NCCHC)
- Community Standards
- Need to broaden jail health care services to include linkage to health/behavioral health services to stabilize and assist patients with continuity of care

# WHAT IS CHANGING

- Jails have been under-resourced for years with inadequate facilities to meet patient needs and daily work demands.
- Plan to address changes – medical, mental health, custody, and facility.
  - Multi-year process
  - Staffing increases, policy/practice changes, and physical plant modifications
  - Change is iterative...

# WHAT CAN YOU DO?

- Lots of patients – some assigned but not accessing services, some need assignment
- Health care navigation and linkage
- Patient education on health care navigation and good health practices
- High touch assistance
- Outreach & partnerships...
- Reminder – Jail Health is Community Health

# CLOSING

Contact for information or ideas:

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