

# CALIFORNIA CHILDREN'S SERVICES

### June 2024

### About California Children's Services (CCS)

California Children's Services (CCS) is a program within Sacramento County's Division of Public Health that provides diagnostic and treatment services, medical case management, and physical and occupational therapy services to children and young adults under 21 years of age with CCS-eligible medical conditions. To learn more, visit our website by clicking the button below.

**CCS Website** 

## **CCS** Patient Portal



We are working on improving our client portal. Our goal is to make it user friendly and easy to navigate. When you click on the link to register, that will lead you to add in your information. After you create your profile, please call our CCS office at 916-875-9900 and ask to speak to your child's assigned clerical staff. They will provide you with a security token to complete the process.

#### **CCS Patient Portal**

### Medical Therapy Program (MTP)

### We would love to hear from you!

Do you have any questions or concerns about your child's home program activities? Are you curious about when their next therapy appointment should be?

Want to share your child's accomplishments, or that adorable picture of them at the grocery store or the park with you?



Our therapists have work cell phones, and can send and receive texts, so feel free to reach out! If you need the cell phone number for your child's therapist(s), call the MTU and request it.

#### How are those braces fitting?

If you think your child is outgrowing their orthotics (looking too tight, more red marks when removing them, etc.), give us a call! We can help get an appointment scheduled with their orthotist.

#### Is your child's durable medical equipment (DME) fitting and working well?

If you have any questions or concerns about their wheelchair, bath chair, stander, gait trainer, or any other equipment, give us a call! We can help get an appointment scheduled with their DME vendor.

Orchard Medical Therapy Unit (MTU) 916-876-8882 Bowling Green MTU 916-876-1480 Starr King MTU 916-876-8877

Learn More about MTP

### Get to know the CCS Team

#### **CCS Medical Case Management Nurse**

Your child's nurse can help coordinate and advocate for your child's medical care. Call CCS Sacramento County office 916.875.9900 and ask to speak to your nurse if you are having any problems getting appointments, medications or supplies.



#### **CCS Health Service Coordinator**

Your Health Service Coordinator determines financial and residential eligibility. They also provide guidance on Medi-Cal issues. Call CCS Sacramento County Office at 916.875.9900 and ask to speak to your Health Service Coordinator if you are having any Medi-Cal issues or concerns.

#### Medical Therapy Program

Your Medical Therapy Program (MTP) staff provides occupational and physical therapy services to children and youth with certain long term physical disabilities that meet the State's eligibility criteria. If your child is part of the MTP, call and ask to speak to your therapist if you are having any therapy or equipment issues or concerns.

**CCS Website** 

### **CCS Staff Announcement**

This year in our program we have staff changes that we want you to be aware of. One of our Therapist Aide from Bowling Green MTU, and 2-Health Services Coordinators, and one Supervising Medical Case Management Nurse from our Micron facility are retiring after more than decades at CCS.

They have worked so hard with our wonderful families providing many years of support. Be on the lookout for continued communication from our team as it might be a different person reaching out.

### **Social & Recreational Activities**

#### **Accessible Pools**

The Pannell Meadowview Community Center Pool is open June through August. The pool is fully accessible and includes on-site changing rooms. "Aqua Chairs" are available for people that use wheelchairs to transfer into to make entering and exiting the pool a breeze. The pool has a beach (zero) entry. There is ample free accessible parking.

For those that would like to enjoy our other pools independently, lifts

are also available at Clunie, Doyle, Johnston, McClatchy Park, Natomas High School, and George Sim pools.

#### Swim Classes

Access Aquatics swim lessons are available at Clunie, Doyle and Pannell Meadowview pools during the summer. Classes are open to children, teens and adults of all abilities. Access Aquatics welcomes and encourages injured, ill or wounded veterans that would like to join in the fun and get in "the swim of things" at one of our fine classes. To enroll in one our Access Aquatics swim classes, contact the Aquatics Division Office at (916) 808-2306.

#### Visit Access Leisure Website



### **Access Leisure Sports**

Access Leisure's Adaptive sports program provides opportunities for people with physical disabilities to participate in sports, recreation and camps. Our programs range from adaptive cycling to wheelchair sports to aqua aerobics. Click on the link below to learn more.

Access Leisure Sports | City of Sacramento



### Access Leisure Youth & Teens

Our goal is to provide safe, fun and inclusive community programs, social programs and inclusion support for youth and teens with disabilities. A variety of youth and teen programming occurs year-round from Teen Program, Inclusive Playdates, Camps, Community outings and so much more! Click on the link below to learn more.

Access Leisure Youth & Teens | City of Sacramento





### **Mobility-Friendly Travel Resource**



### Planning to travel this summer?

Explore the world with this helpful comprehensive guide designed to make travel accessible, enjoyable, and worry-free for those using wheelchairs, walkers, and canes.

**To Learn More** 

### **Inclusive Play Date**



Inclusive Playdates are BACK! Access Leisure invites youth of all abilities and their family for positive play with peers at the Southside Park accessible playground. We have additional activities that include crafts, games and local organizations to offer activities & information about their services.

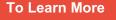
- Youth of all abilities ages 3-12
- Time 12:00 pm
- Southside Park Playground, 2115 6th Street
- Cost: FREE

Click here to register for Inclusive Playdates

### **Special Education Resources**

The Federal and California special education laws give eligible students with disabilities the right to receive a free appropriate public education (FAPE) in the least restrictive environment (LRE). Visit the link below to learn more.







# Understood Explains | IEPs: Special Education Terms and Your Legal Rights.

If your child qualifies for an IEP, it will come with many legal rights and protections. Terms like "FAPE" and "prior written notice," can make things confusing quickly. But it's really important for parents to understand these terms.

In this episode, host Juliana Urtubey breaks down some key terms and explains the legal rights that come with an IEP, or Individualized Education Program.

#### Watch Video

### **Medi-Cal Waiver**

Take time to view this webinar through WeEMBRACE, Special Needs Community YouTube channel presented by Maria Fernanda Iriarte, Disability Rights California.

Topics that are covered in this webinar:

- What are Medi-Cal Waivers?
- Different Waivers in California with focus on Home and Community Based Services (HCBS)waivers.



MARIA FERNANDA IRIARTE, DISABILITY RIGHTS CALIFORNIA 2024

Watch Video

### **Transition to Adult Services**

Disability Rights of California - Helpful information to learn about Conservatorship.

<u>Alta Regional Family Handbook on Conservatorship</u> - If you child is part of Alta Regional this is a great guide to learn more about Conservatorship. *Click here to learn more.* 

**Establishing Conservatorship in California brochure** - Legal Aid Society of San Diego in learning how to establish Conservatorship to California.

Handbook for Conservator from Judicial Council of California.

Petition for Appointment of Probate Conservator, form GC-310. Click here to learn more.

### **Helpful Links & Resources**

Sacramento Public Health WarmLine Family Resource Center Family Voices of California Alta California Regional Center Medi-Cal Booklet State Medi-Cal Local County Medi-Cal Offices 211 Sacramento Folsom Cordova Community Partnership



#### SACRAMENTO COUNTY CCS OFFICE

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MTP CLINICS Bowling Green MTU 916.876.1480 Orchard MTU 916.876.8882 Starr King MTU 916.876.8877

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