

COVID-19 – CRUISES TO MEXICO

March 3, 2020

Situational Update

Due to evolving circumstances, we ask that providers expand travel inquiries to include those who have recently taken a cruise to Mexico in addition to the previously mentioned geographic areas.

Reporting and Laboratory Testing

Report immediately all suspected cases to Sacramento County Public Health (SCPH) at (916) 875-5881.

Criteria for Patient Under Investigation (PUI) – Updated 2/26/20

Clinical Features	&	Epidemiologic Risk
Fever ¹ or signs/symptoms of lower respiratory illness (e.g. cough or shortness of breath)	AND	Any person, including health care workers, who has had close contact ² with a lab-confirmed COVID-19 patient within 14 days of symptom onset
Fever ¹ and signs/symptoms of lower respiratory illness (e.g. cough or shortness of breath) requiring hospitalization	AND	A history of travel from affected geographic areas within 14 days of symptom onset
Fever ¹ with severe acute lower respiratory illness (e.g. pneumonia, ARDS) requiring hospitalization and without alternative explanatory diagnosis (e.g. influenza)	AND	No source of exposure has been identified

¹ Fever may be subjective or confirmed

Affected Geographic Areas with Widespread or Sustained Community Transmission				
China	Iran	Italy	Japan	South Korea

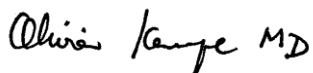
Specimen Collection

- **Specimens must be collected by a health care provider.**
- Specimens to be collected for testing include:
 - Upper respiratory specimen [e.g. nasopharyngeal (NP), oropharyngeal (OP)]
 - Lower respiratory specimen [e.g. bronchoalveolar lavage (BAL), tracheal aspirate]

Resources

- ²Information for Healthcare Providers (CDC): <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- COVID-19 (2019 Novel Coronavirus) (SCPH): <https://dhs.saccounty.net/PUB/Pages/Communicable-Disease-Control/2019-Novel-Coronavirus-%282019-nCoV%29.aspx>

Sincerely,



Olivia Kasirye, MD, MS
 Public Health Officer