

COVID-19 HEALTH ALERT

February 21, 2020

Situational Update

Sacramento County Public Health (SCPH) has confirmed the first travel-related case of COVID-19 in a Sacramento County resident who recently traveled to China. The individual took precautionary measures after returning from travel and was on self-quarantine under the direction of SCPH. The individual is currently asymptomatic but will remain home on mandatory isolation until cleared by SCPH. The risk to the public remains low at this time. Please see the actions requested of health care systems and clinicians below.

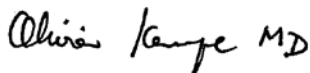
Actions Requested of Health Care Systems and Clinicians:

1. **Report immediately** any patient meeting the criteria for persons under investigation (PUI)¹ to SCPH by phone at (916) 875-5881. Follow-up by reporting electronically to SCPH via CalREDIE or confidential fax at (916) 854-9709.
2. **Implement** infection control precautions² as soon as PUI is identified:
 - Have patient don surgical mask if possible
 - Place patient in airborne isolation room if available; if not available, place patient in a private room with door closed
 - Use standard, contact, and airborne precautions as well as eye protection (e.g., goggles or a face shield)
3. **Collect** the specimens indicated below and coordinate with SCPH for testing.
 - Upper respiratory specimen [e.g. nasopharyngeal (NP), oropharyngeal (OP)]
 - Lower respiratory specimen [e.g. bronchoalveolar lavage (BAL), tracheal aspirate]
 - Serum (only needed if NP or OP swabs are positive)

Resources

1. CDC – Criteria to Guide Evaluation of Persons Under Investigation (PUI) for 2019-nCoV:
<https://www.cdc.gov/coronavirus/2019-nCoV/hcp/clinical-criteria.html#criteria-evaluation-pui>
2. CDC – Interim Infection Prevention and Control Recommendations:
<https://www.cdc.gov/coronavirus/2019-nCoV/hcp/infection-control.html>
3. SCPH – COVID-19 (2019 Novel Coronavirus):
<https://dhs.sacounty.net/PUB/Pages/Communicable-Disease-Control/2019-Novel-Coronavirus-%282019-nCoV%29.aspx>

Sincerely,



Olivia Kasirye, MD, MS
Public Health Officer