

Health Advisory: Severe Illness Related to Diamond Shroomz Products August 9, 2024

Situational Update

The Centers for Disease Control and Prevention (CDC), Food and Drug Administration (FDA), Poison Control, and several state health departments are investigating an ongoing outbreak of acute severe illness related to the consumption of microdosing products from the Diamond Shroomz brand, including chocolate bars, cones, and gummies of all flavors and types. A total of 113 illnesses, including 42 hospitalizations, have been reported from 28 states as of August 2, 2024 and two deaths are being investigated as potentially associated¹. In California, three cases have been reported.

Symptoms from individuals who consume these products may include¹:

- Seizures
- Central nervous system depression (loss of consciousness, confusion, sleepiness)
- Agitation
- Abnormal heart rates
- Hyper/hypotension
- Nausea
- Vomiting

These products were available for sale in person and online at a variety of retail locations, including smoke/vape shops and retailers that sell hemp-derived products. While all Diamond Shroomz products have been recalled and should no longer be sold, FDA is aware that the product is still available for sale online and at some retailers.

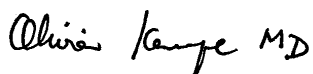
Actions Requested of Healthcare Systems and Clinicians

1. **Consider** exposure to Diamond Shroomz products among patients exhibiting symptoms similar to that described above.
2. **Inquire** about consumption of Diamond Shroomz products.
3. **Report** suspected patients to the California Poison Control System at 1-800-222-1222.
4. **Notify** Sacramento County Public Health (SCPH) electronically via Provide Portal in CalREDIE or completing a Confidential Morbidity Report (CMR) under the Unusual Diseases category and sending via confidential fax to (916) 854-9709.

Resources:

1. FDA - Investigation of Illnesses: Diamond Shroomz-Brand Chocolate Bars, Cones, & Gummies (June 2024): <https://www.fda.gov/food/outbreaks-foodborne-illness/investigation-illnesses-diamond-shroomz-brand-chocolate-bars-cones-gummies-june-2024>.
2. CDC - Severe Illness Potentially Associated with Consuming Diamond Shroomz™ Brand Chocolate Bars, Cones, and Gummies: <https://www.cdc.gov/environmental-health-studies/outbreak-investigation-diamond-shroomz-products/index.html>
3. Reporting to SCPH: <https://dhs.saccounty.gov/PUB/Pages/Reportable-Diseases-and-Conditions.aspx>

Sincerely,



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Public Health Officer