



County of Sacramento

INFLUENZA HEALTH ADVISORY

October 1, 2019

Situational Update

The 2019-2020 influenza season officially started on Sunday, September 29th. There has already been a case reported to Sacramento County Public Health (SCPH). All health care providers are still required to report influenza cases of **all ages** to SCPH, despite changes to the Title 17 California Code of Regulations. Furthermore, SCPH will be implementing the masking mandate on November 1, 2019.

Actions Requested of Health Care Providers:

1. **Report** electronically to SCPH – via CalREDIE or confidential fax at (916) 854-9709 – the following laboratory-confirmed influenza cases:

| | |
|----------------------------------------------------|--------------------------------------------------|
| <i>Intensive care unit (ICU) cases of all ages</i> | <i>Outbreaks</i> |
| <i>Deaths of all ages</i> | <i>Novel influenza viruses (e.g. H5N1, H7N9)</i> |

Medical records (e.g., admission notes, laboratory results, discharge summary, vaccination information) for **all** ICU and fatal cases should be uploaded into the CalREDIE filing cabinet or sent via confidential fax to (916) 854-9709.

2. **Offer** the influenza vaccine to all health care workers, especially those with direct patient contact.
3. **Encourage** influenza vaccination for any patient six months of age and older and pneumococcal vaccination for patients and health care workers at an increased risk for pneumococcal disease.
4. **Implement** infection control precautions as appropriate.
5. **Treat** with antivirals (e.g., oseltamivir, zanamivir, peramivir) as early as possible any patient confirmed or suspected to have influenza who 1) is hospitalized, 2) has severe, complicated, or progressive illness or 3) is at higher risk for influenza complications.

For information about influenza, visit the CDC's website at <https://www.cdc.gov/flu/index.htm>, CDPH's website at <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx> (including information about how to become a sentinel provider), or SCPH's website at <https://dhs.saccounty.net/PUB/Pages/Communicable-Disease-Control/What-You-Need-to-Know-About-the-Flu.aspx>. Contact the Sacramento County Immunization Assistance Program at 916-875-SHOT (7468) for information about immunization services or client referrals to influenza clinics.

Sincerely,

Olivia Kasirye, MD, MS
Public Health Officer