



County of Sacramento

MEASLES HEALTH ADVISORY

February 7, 2019

Situational Update

The states of Washington and New York are currently experiencing outbreaks of measles that have been associated with international travel to areas where measles outbreaks are occurring. Washington declared a public health emergency on January 18th and has confirmed 51 cases as of February 6th.

Sacramento County does not currently have any cases of measles. However, it is important to be vigilant about possible travel-associated cases, both domestic and international. Also, certain areas in the County have lower vaccination rates and individuals in these areas may be more susceptible to vaccine-preventable diseases, including measles. Please see below the actions requested of health care systems and clinicians.

Actions Requested of Health Care Systems and Clinicians:

1. **Inquire** about recent travel for any patients presenting with symptoms of measles. Measles typically begins with high fever, cough, coryza (runny nose), and conjunctivitis (red and watery eyes) about three to five days prior to rash onset. The measles rash begins as flat red spots that appear on the face at the hairline and spreads downwards to the neck, trunk, arms, legs, and feet.
2. **Report** all patients with suspect measles **immediately** to Sacramento County Public Health (SCPH) via phone at (916) 875-5881 AND electronically via CalREDIE or confidential fax at (916) 854-9709.
3. **Educate** patients about appropriate vaccines for international travel as recommended by the Center for Disease Control and Prevention (CDC) [Travelers' Health](#). Remind patients to plan ahead – many travel vaccines require multiple doses or take time to become fully effective.
4. **Encourage** patients 12 months or older to begin the two dose measles, mumps, and rubella (MMR) vaccine series following the CDC's recommended [immunization schedule](#).

For more information about measles, visit the CDC's website at <https://www.cdc.gov/measles/hcp/index.html>, California Department of Public Health's website at <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/measles.aspx>, or call Sacramento County Public Health at (916) 875-5881.

Sincerely,

A handwritten signature in black ink that reads "Olivia Kasirye MD".

Olivia Kasirye, MD, MS
Public Health Officer