

RESPIRATORY DISEASE SEASON HEALTH ADVISORY

April 2, 2025

Situational Update

In Sacramento County, the 2024-2025 respiratory disease season had an initial peak last December followed by a larger peak earlier this year in February.¹ Influenza has contributed to more severe cases this season (177 intensive care unit admissions and deaths as of 3/28/25) than the prior two seasons. While influenza activity has continued to decline since February, it is currently still higher than the previous two seasons. Influenza B is also still detected at high levels in wastewater.² Sacramento County Public Health (SCPH) will continue to monitor influenza activity and provide updates. **The influenza masking mandate for health care workers is still in effect until further notice.**

Actions Requested of Health Care Systems and Clinicians:

1. **Report** electronically to SCPH – via CalREDIE or confidential fax at (916) 854-9709 – the following laboratory-confirmed cases:

Influenza/COVID-19	RSV
Intensive care unit (ICU) cases of all ages	Intensive care unit (ICU) cases of ages <5
Deaths of all ages	Deaths ages <5
Novel influenza viruses (e.g. H5N1, H7N9)	
Outbreaks (see CDPH Influenza, COVID-19, and Respiratory Illness Outbreak Quicksheet)	

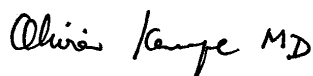
Medical records (e.g., admission notes, lab results, discharge summary, vaccination info) for **all** ICU and fatal cases should be uploaded into the CalREDIE filing cabinet or faxed.

2. **Implement** infection control precautions as appropriate.
3. **Treat** with antivirals as early as possible for patients confirmed or suspected to have influenza or COVID-19, especially for hospitalized patients and those at risk of severe complications.
4. **Ensure** ill health care workers remain home and do not go to work.

Resources:

1. Respiratory Diseases Dashboard (SCPH): <https://dhs.saccounty.gov/PUB/Pages/Respiratory-Diseases-Dashboard-2024-2025.aspx>
2. WastewaterSCAN: <https://data.wastewaterscan.org/>
3. Respiratory Viruses (CDPH): <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Respiratory-Viruses/Home.aspx>
4. Respiratory Illnesses (CDC): <https://www.cdc.gov/respiratory-viruses/index.html>

Sincerely,



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 Public Health Officer