

RESPIRATORY DISEASE HEALTH ADVISORY
MASKING MANDATE
April 18, 2025

Situational Update

Respiratory disease activity overall has continued to decline, with influenza at low levels for the last few weeks. Sacramento County Public Health (SCPH) will be lifting the masking mandate as of **April 18, 2025**. However, institutions may choose to implement their own masking guidance. Health care workers with underlying health conditions, including those who are immunocompromised, should still consider wearing a mask.

Actions Requested of Health Care Systems and Clinicians:

1. **Continue** to **report** electronically to SCPH – via CalREDIE or confidential fax at (916) 854-9709 – the following laboratory-confirmed cases:

Influenza/COVID-19	RSV
Intensive care unit (ICU) cases of all ages	Intensive care unit (ICU) cases of ages <5
Deaths of all ages	Deaths ages <5
Novel influenza viruses (e.g. H5N1, H7N9)	
Outbreaks (see CDPH Influenza, COVID-19, and Respiratory Illness Outbreak Quicksheet)	

Medical records (e.g., admission notes, lab results, discharge summary, vaccination info) for **all** ICU and fatal cases should be uploaded into the CalREDIE filing cabinet or faxed.

2. **Implement** infection control precautions as appropriate.
3. **Treat** with antivirals as early as possible for patients confirmed or suspected to have influenza or COVID-19, especially for hospitalized patients and those at risk of severe complications.
4. **Ensure** ill health care workers remain home and do not go to work.

Resources:

1. CDC: <https://www.cdc.gov/flu/index.htm>
2. CDPH: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx>
3. SCPH: <http://www.dhs.saccounty.net/PUB/Pages/Communicable-Disease-Control/What-You-Need-to-Know-About-the-Flu.aspx>

Sincerely,

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 Public Health Officer