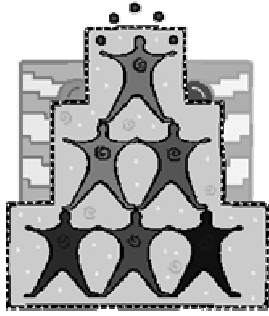


## MTP Services



The purpose of the CCS Medical Therapy Program (MTP) is to help children with physical disabilities achieve their maximum level of independence.

Therapy is a team approach with the caregiver as the "captain" of the team who gets support from other team members including occupational and physical therapists, doctors, social workers, teachers and nurse case managers. Our ultimate goal is to provide the appropriate services which are the best fit for your child.

### Medical Therapy Units (MTU)

#### ***\*Bowling Green MTU\****

4211 Turnbridge Drive  
Sacramento, CA 95823

916-876-1480

#### ***\*Orchard MTU\****

1040 Q Street  
Rio Linda, CA 95673

916-876-8882

#### ***\*Starr King MTU\****

4848 Cottage Way  
Carmichael, CA 95608

916-876-8877

## Your Child's Case Management Team

Sacramento County CCS has Registered Nurses to help coordinate your child's medical care. This means that CCS can help you get the special doctors and care your child needs.

Having a child with special health care or developmental needs can be difficult for the whole family. For this reason, Sacramento County CCS has a parent liaison who, as the parent of a child with special health care needs, has "been there" and understands some of the challenges that you and your family are facing. The parent liaison can help you find supports such as groups of other parents who have children with special health care or developmental needs, sibling support and also provide assistance with accessing services from agencies that can provide developmental and/or educational help to your child.



# Medical Therapy Program Transitions



Sacramento County  
California Children's Services  
(CCS)

Medical Therapy Program (MTP)

9616 Micron Ave., Suite 970  
Sacramento, CA 95827  
916-875-9900





# Medical Therapy Program (MTP) Transitions



California Children's Services (CCS) Medical Therapy Program (MTP) provides several types of therapy services. There are many variables in each category. Your child may receive a combination of types of therapy and services while with the MTP. The different types are:

## Evaluation

- \*Initial evaluation to establish the level of services needed
- \*Ongoing evaluation to assess the child's response to treatment
- \*Evaluation of equipment needs
- \*Evaluation of home and/or school environment for accessibility

## Active Therapy

- \* Scheduled appointments with the therapist
- \* Goals of active therapy treatment are based upon improving mobility or Activities of Daily Living (ADL) (i.e. dressing, feeding, brushing teeth, play skills).



## Monitoring

- \* Monitoring frequency may range from monthly to yearly evaluation appointments, depending upon need.
- \* Monitoring of home exercise program.
- \* Monitoring and assessment equipment needs.

## Consultation

- \* Identify child's needs after consulting with the child (when appropriate), the family, teachers, and other community providers
- \* Parent, child, or teacher can ask for consultation as need arises
- \* Offer advice and help with equipment and physical barrier issues
- \* Consultation acts as a bridge to social, recreational, educational, and vocational opportunities



A child may start the Medical Therapy Program receiving active therapy, but his or her therapy needs may change over time. To receive active therapy means that the child is making *measurable* progress about every 6 months and that the child needs the skills of an occupational or physical therapist to continue to make gains.

Some examples of measurable progress are the child *developing* the ability to:

- \* Sit without support
- \* Drink from a sippy cup
- \* Roll over
- \* Crawl



If the measurable progress levels off, or your child no longer needs the skills of a therapist, the therapy team will talk with you about transitioning your child to a different type of therapy services.

When your child transitions to a different level of services, it does **NOT** mean that he or she has left the program. Therapists are still available for support, to answer questions, to reassess skills and therapy needs, evaluate equipment needs, confer with teachers and will remain an important part of your child's team.