



California Children's Services

Newsletter

July 2021

01. Transition to Adult Medical Care

02. Update from the Medical Therapy Unit (MTU)

03. UniteUs

04. Helpful Websites and Resources

Welcome families!

Hello and welcome to our second quarterly CCS Newsletter. As we continue to maneuver through the COVID safety guidelines we are looking for the best way to enhance family engagement. We are hoping that this newsletter will keep families updated on CCS information and provide resources that will be helpful to your family. We encourage you to let us know what resources you find most helpful and what you would like to see in future newsletters.

Currently we are working on a client portal for families. This will be a process for families to receive updates about their cases on-line. We will roll out the portal in phases. Much more information to share as we get closer to a start date. In effort to help us get information out to you, please contact your CCS office and provide them with your email address or fax your information by completing at the bottom of this page. Our fax number is 916-854-9500. Looking forward to hearing back from families!

Sincerely,

Inez Leonard

CCS Administrator

Transition to Adult Services

Transition to Adulthood can be a difficult and exciting time for CCS teens and their parents. Along the way CCS and the MTU staff will be reminding you about this process as your CCS services will end the day before the client turns 21.

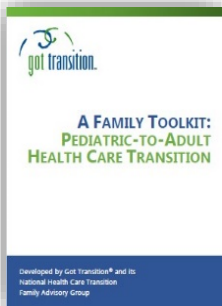
Sacramento County CCS will send you some information in the mail and call many of you to help you bridge that divide when it finally arrives. Please contact your clerical staff at 916-875-9900 if you have any questions regarding Medi-Cal and your nurse if you have any questions regarding transition to adult medical services.

Transition from Pediatric to Adult Medical Care

A toolkit from Got Transition and its National Family Health Care Transition Advisory Group provides resources for youth and families to help youth assume more independence in taking care of their own health and using health services. Find information on whether a child is ready for transition, a transition timeline, questions to ask the doctor, and what turning 18 means for one's health, as well as links to webinars that discuss the toolkit and additional resources.

<https://www.gottransition.org/resource/?hct-family-toolkit>

Transición de un Modelo Pediátrico de Atención Médica a uno Centrado en Adulto
Family Toolkit - Spanish



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Update from the Medical Therapy Unit (MTU)

The Sacramento County Medical Therapy Unit (MTU) is open and can now provide in person services to all of our clients. Please take a moment to [click here](#) to review the Medical Therapy Program (MTP) Attendance Policy. Per CCS Sacramento County guidelines, all clients must have a current medical report, physical therapy evaluation and occupational therapy evaluation to remain active with CCS MTP.

It is imperative that all scheduled appointments are attended to maintain current medical records and provide quality therapy services. Please call and cancel any appointments that you and the client are unable to attend **prior** to the scheduled appointment. As a reminder, face coverings are still required for everyone in healthcare settings. If you have any questions about the attendance policy, please contact the MTU supervisor.

Unite Us

We are pleased to announce an exciting resource platform for our CCS patients and families through **Unite Us**. This unique platform allows agencies and programs to better connect our members to services and products such as housing, food assistance, income support, utility payment assistance, educational services, child care, legal support, health and behavioral health services, recreation, social enrichment and many others. Some programs and services may have eligibility requirements. If interested or if you would like more information, please contact our CCS main office at **916-875-9900**.

Community Activities



- The Sacramento Office of Education presents their 2021 Summer Guide. The guide includes many events and activities for children and teens as well as adults. Please refer to individual websites for associated prices and more detailed information.

[2021 Summer Guide 22 new logo \(1\) \(1\)](#)

- WarmLine Family Resource Center Trainings and Fun Family Activities:
<http://www.warmlinefrc.org/trainingsactivities.html>



Helpful Websites

Medi-Cal Booklet

<https://www.dhcs.ca.gov/Documents/myMediCal.pdf>

State Medi-Cal

<https://www.dhcs.ca.gov/services/medi-cal/pages/applyformedi-cal.aspx>

Local County Medi-Cal offices

<https://ha.saccounty.net/Pages/default.aspx>

Sacramento County
Department of Human Assistance
1725 28th Street
Sacramento, CA 95816
(916) 874-3100

WarmLine Family Resource Center

www.warmlinefrc.org

Family Voices of California

www.familyvoicesofca.org

Alta California Regional Center

www.altaregional.org

[Medi-Cal Booklet My Medi-Cal: How to Get the Health Care You Need](#)

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Name & Last Name _____

Email _____