

# Sacramento County Public Health

## Maternal Child and Adolescent Health Advisory Board

### Meeting Minutes

November 8th, 2022 - 8:30 a.m. - 10:30 a.m.

### ZOOM MEETING

**Facilitator:** Effie Ruggles, Chair

**Scribe:** Stacey Kennedy

### Meeting Attendees:

- Paula Khulman
- Fay Bursch
- Donyale Abe
- Jackie Washington-Ansley
- Dr. Harry Wang
- Dr. Melody Law
- Dr. Ryan Spielvogel
- Kyle Lafferty
- Cynthia Johnston
- Leesa Hooks
- Stacey Kennedy
- Christina Newport
- Robin Blanks-Guster
- Effie Ruggles
- Fienishia Wash
- Christi Kagstrom
- Rebecca Lewis
- Danielle Jackson

### Absent Members:

- Dr. Kevin Keating
- Charles Taylor
- Robert Hickman



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Welcome and Introductions	Meeting called to order at 8:30 a.m. by Effie Ruggles
Agenda and Minutes	September minutes reviewed and approved with corrections by the Board
Public Health Officer's Report	<p>Update by Dr. Law</p> <ul style="list-style-type: none"> <li>• Timothy W. Lutz is the Director for the Department of Health Services. He was previously the HHS Director in Tulare County.</li> <li>• The Sexual Health Clinic will be having a Grand Opening this Thursday 9:30-11:00AM at 4600 Broadway.</li> <li>• Monkeypox cases have stabilized and the County has deactivated its incident command system on October 9<sup>th</sup>. Vaccines are still available and we continue to work with some community partners.</li> <li>• Currently the County does not have any travel related Ebola cases but we continue to monitor travelers. There are no cases in the US at this time.</li> <li>• Cases of RSV are high in the fall and winter and we are currently seeing a high number of cases in the County. RSV is worse in other parts of the US but Sacramento County is showing a higher percentage of cases than in previous years.</li> <li>• The Flu cases are low State wide</li> <li>• COVID-19 cases are trending down at 6.5 per 100,000. A few zip codes still show higher cases.</li> <li>• Vaccines for Flu and COVID-19 are available and you can get them at the same time.</li> </ul>
MCAH Update	<p>Presented by Leesa Hooks</p> <ul style="list-style-type: none"> <li>• The Community Nursing Program now has staff and there are 50 referrals to the program. Outreach is currently going on.</li> <li>• NFP will receive and increase in allocation and we are hoping to bring on a mental health professional to work with perinatal mood disorders.</li> <li>• CHDP is set to sunset in 2024. The State will be holding some Stakeholder listening sessions. We need to advocate for our kids and find out what incentives providers will receive and will there be some quality control.</li> <li>• Doing some work with Safe Sleep since FIMR is no longer active, we are hoping to use some funding to work with hospitals and day care centers to see what education is provided.</li> <li>• The MCAH program is working with CPS, Behavioral Health and Probation to set up a landscape of primary prevention for at risk communities to prevent CPS entrance and further penetration into probation.</li> </ul>

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Adolescent Health Update	<p>Presented by Kyle Lafferty</p> <ul style="list-style-type: none"> <li>• PowerPoint presentation was e-mailed out to the Board</li> </ul>
NFP Update	<p>Presented by Fay Bursch</p> <ul style="list-style-type: none"> <li>• NFP is fully staffed with 8 nurses, still need to hire one clerical staff.</li> <li>• There are three funding sources- MIECHV, CalWORKS and the State General Fund for 200 clients.</li> <li>• Still receiving steady referrals, and doing a lot of outreach. OB providers are still the biggest referral source.</li> <li>• Staff participated in two health fairs at Valley Hi and the Rancho Cordova WIC site. Both events were held outdoors and a lot of referrals were obtained.</li> <li>• Staff is working on a CQI project that is focusing on decreasing early attrition rates by 10%. They did not meet the goal in September. The plan is to change some of the language when first meeting the client and talk about flexible programming, a private nurse and personalized education- as well as leaving out the time frame. Focus is on relationship building and getting to know the client.</li> <li>• NFP has started a needs assessment for the first visit so clients can check off needed resources and what they are interested in learning about, this will help form a care plan and set goals.</li> <li>• There were 32 graduates and some graduates did attend the National Graduation ceremony.</li> <li>• Success Story: Fay recently ran into a former client who was the father of a baby girl that did graduate from the program after 2 ½ years. In September she saw the father with his current wife and a 7 year old child. He mentioned how NFP gave him all the support and education to get a good start on his first child's life. Both parents are working full time now and their daughter is attending San Diego State and will be the first child to go to college in his family.</li> </ul>
Policy Update	<ul style="list-style-type: none"> <li>• Still need a Policy Rep</li> </ul>
Board Member Updates/Announcements	<ul style="list-style-type: none"> <li>• Saturday 11/19 is the 22<sup>nd</sup> annual Healthy Kids Day at Cal Expo (Heart Health Park). There will be flu &amp; COVID vaccines, food distribution, haircuts and mental health resources.</li> <li>• Have not heard any updates on the Early Periodic Screening Diagnosis Treatment (EPSDT) rebranding. Dr. Wang wanted to find out if there will be any changes to mental health services and what will the monitoring and funding look like.</li> <li>• UC Davis Mind Institute offers a Sankofa support group for parents. Sankofa provides advocacy and resources to increase awareness of developmental disabilities at the community level. A list of the group topics was emailed out and more information can be found at <a href="http://Sankofa   Home (sankofa-group.herokuapp.com)">Sankofa   Home (sankofa-group.herokuapp.com)</a></li> </ul>

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	<ul style="list-style-type: none"><li>• UC Davis has started their Mini Medical School Health Aging Education Series.</li></ul>
Wrap-Up/Adjournment	<ul style="list-style-type: none"><li>• Adjourned the meeting at 9:55 a.m.</li><li>• Next Meeting is on January 10, 2023.</li></ul>