#### **Meeting Minutes**

March 14, 2023 - 8:30 a.m. - 10:30 a.m.

#### **ZOOM MEETING**

Facilitator: Effie Ruggles, Chair

Scribe: Stacey Kennedy

#### Meeting Attendees:

- Paula Khulman
- Fay Bursch
- Donyale Abe
- Jackie Washington-Ansley
- Dr. Melody Law
- Robert Hickman
- Tosha Ulcini
- Daphne Echols
- Kembra Randell
- Noel Estacio
- Samra Zahir

- Leesa Hooks
- Stacey Kennedy
- Christina Newport
- Robin Blanks-Guster
- Effie Ruggles
- Rebecca Lewis
- Katie Andrews
- Christina Newport
- Jennifer Mohammed
- Nyuieko Bansah

#### SACRAMENTO COUNTY



#### **Absent Members:**

- Dr. Kevin Keating
- Charles Taylor
- Fienishia Wash
- Danielle Jackson
- Christi Kagstrom

Welcome and Introductions	Meeting called to order at 8:30 a.m. by Effie Ruggles
Agenda and Minutes	January minutes reviewed and approved by the Board
Public Health Officer's Report	<ul> <li>Update by Dr. Law</li> <li>On February 28<sup>th</sup>, Governor marked the end of California Covid-19 emergency and so did Sacramento County.</li> <li>Rescinded the mandatory mask order included in health care facilities and acute care facilities.</li> <li>RSV and flu activity is minimal in Sacramento and throughout the state.</li> </ul>
MCAH Update	<ul> <li>Presented by Leesa Hooks</li> <li>Stacey Kennedy will discuss the state covid-19 guideline updates.</li> <li>FIMR activities and how the state has changed its priority for Title 5 funding from FIMR investigation to safe sleep activities, the Division of Public Health will fund FIMR investigations for fiscal year 2023-2024.</li> <li>The RSI for Black Infant Health will be released soon. We anticipate some changes locally.</li> <li>Roundtable presentation coordinated by PSC Jackie Washington-Ansley about Fentanyl use and misuse in the perinatal period by Dr. Law will take place this Thursday.</li> </ul>
Child Abuse Prevention Center, Safe Sleep Baby Programming	<ul> <li>Presented by Kembra Randell</li> <li>PowerPoint presentation was e-mailed out to the Board</li> </ul>

COVID-19 Guidance and	Presented by Stacey Kennedy
State Public Health Officer	<ul> <li>Isolation and quarantine guidance updated, no longer dependent require.</li> </ul>
Order Changes	<ul> <li>New guidance is that you stay home for 5 days and if no symptoms on day 5 you can come out of quarantine isolation if you test positive.</li> </ul>
	If fever, must be fever free for 24 hours.
	<ul> <li>If fever continues, then you must continue isolation.</li> </ul>
	This effective starting March 13.
	<ul> <li>Mask guidance will go into effect on April 3<sup>rd</sup> removing all required masks in high risk settings.</li> </ul>
	CDC recommends paying attention to community levels based on the risk factors in the community, but
	nothing is required under CDC Covid-19 face masking guidance.
	• State Public Health Officers orders have been rescinded starting April 3 <sup>rd</sup> including the vaccine mandate.
	<ul> <li>Most healthcare facilities are still going to have some type of requirements for vaccinations.</li> </ul>
	<ul> <li>Hospital surge rates are low, no issue since vaccine has become widespread.</li> </ul>
	On Jan. 1 <sup>st</sup> , California health providers who administer vaccines were required to enter immunization
	information and telephone number to link to digital record to improve access to record.
	<ul> <li>Currently work closely with Cal/OSHA for guidance alignment in workplace settings.</li> </ul>

NFP Update	Presented by Tosha Ulcini
	Currently have 8 nurses with 1 nurse out on parental leave.
	• Some nurses are now serving above required caseload capacity. Funded for 200 clients and currently at 92%
	of funded capacity.
	New nurse is in training.
	<ul> <li>New Office Assistant started in January and .5 Office Assistant is retiring next month.</li> </ul>
	Have a short waitlist for incoming referrals for State General Fund and MIECHV funded clients.
	• Difficult enrolling DHA Home Visitation client. Only got 1 referral.
	<ul> <li>Outreach efforts are being made as a team and individually with new community and medical agencies as well.</li> </ul>
	<ul> <li>Referrals will be served as long as it meets eligibility for one of the programs.</li> </ul>
	<ul> <li>Nurses have been doing trainings on utilizing the 4Ps Plus, which is a prenatal substance misuse screening tool that also incorporates IPV and depression screenings.</li> </ul>
	<ul> <li>Data collected from this will be collected and analyzed by the Healthy Beginning program.</li> </ul>
	<ul> <li>Team is getting train on Facilitating Attuning Interactions or FAN which focuses on building reflective practices between the nurse and client and it focuses on attunement and connection.</li> </ul>
	<ul> <li>Nurses completed trainings on PMADS, blood borne pathogens, cultural consciousness and continued breastfeeding training.</li> </ul>
	<ul> <li>Nurses also provided topics and guest speaker suggestions that will be in the works.</li> </ul>
	<ul> <li>Nurses request to be trained on secondary trauma and self-care due to serving clients.</li> </ul>
	Will have nurse train by identified organization.
	<ul> <li>Signed MOU with Sacramento diaper bank so each client will get 100 free diapers a month.</li> </ul>
	<ul> <li>Completed annual site visit with National Service Office Manager of Nursing Practice and is meeting all program metrics.</li> </ul>
	<ul> <li>Concluded 2022 CQI project with the state regarding early retention and met goal.</li> </ul>
	<ul> <li>2023 new goal of increasing the number of dyadic assessment of naturalistic caregiver child experience assessment.</li> </ul>
	Will update everyone on the outcome of this CQI objective.
	Nurses are conducting more and more visits in person, but a couple of clients still prefer telehealth.
Policy Update	Presented by Katie Andrew
	This year the California state budget is projected to have at least 24 billion dollars deficit.

<ul> <li>This will cause some delays in some policy actions previously outlined by the state.</li> </ul>
<ul> <li>July 1<sup>st</sup>, 2023 enhanced care management benefits will go live for children and youth.</li> </ul>
<ul> <li>New proposed funding is for 6.1 billion over 5 years for DHCS and the Dept. of Social Services to implement Behavioral Health community-based continuum demonstration will go live on Jan. 1<sup>st</sup> 2024.</li> </ul>
• This gears towards medical members that have serious mental illness and/or emotional disturbance with focus on children and youth experiencing homelessness or at risk and justice involved individuals too.
• 22.7 million proposed and 57.1 million for ongoing primary care and obstetric care provider increase.
<ul> <li>93 million for opioid settlement fund over 4 years to support youth and Fentanyl focusing on investment for DHCS and the Dept. of Health.</li> </ul>
• An increase of 3.5 million ongoing in proposition 98 General Fund spending for middle and high school site to maintain at least 2 doses of naloxone and other medication reverse opioid overdose.
<ul> <li>Budget maintains over 1 billion to the Dept. of Healthcare access and information gearing towards strengthening, expanding states health and human services workforce.</li> </ul>
• The budget deters 68 million and 329.4 million for certain healthcare workforce programs.
<ul> <li>Expansion of full scope medical for adult ages 26 through 49 regardless of immigration status will go live on Jan. 1<sup>st</sup> 2024.</li> </ul>
• A new proposal for a new section 1115 waiver for California behavioral health community-based continuum waiver to expand access and strengthen the continuum of behavioral health services that will also have a particular focus on children and youth and those at risk of experiencing homelessness.
<ul> <li>Large focus on reproductive health particularly abortion, both in bills and the budget given the repeal of Roe vs. Wade.</li> </ul>
• There are 34 new people in the legislatures: 24 Democrats and 10 Republicans.
<ul> <li>There were 500 new bills introduced on the last day of the bill introduction deadline which brings the total bill count to over 2,600 bills that have introduced to session.</li> </ul>
• The state just received approval for another waiver for CMS that really focused on justice involved
individuals, and it will allow for them in 90-day pre-release period to enroll in medical and receive some services that focused on health and behavioral health before release.

Board Member Updates/Announcements	• Both the unit for the encampment team and the child and family team are going out every Tues. and Fri. with the PCC doctor.
	<ul> <li>The team was invited to go out with sexual health unit to an additional outreach on Thursdays.</li> </ul>
	• Looking for referrals for child and family team. Been getting a lot of pregnant women, but love to get some high risk infants and high risk medically fragile children up to age 18.
	<ul> <li>Almost fully staff, have 6 nurses and interviewing for the 7<sup>th</sup>.</li> </ul>
	Have 1 Spanish speaking nurse and 1 Farsi speaking nurse.
	<ul> <li>MCAH roundtable on April 27<sup>th</sup> at 11am to showcase our local Warm Line family resource centers specifically for early intervention program for families and pregnant women and parents of 0-3 years old. Flyer and zoom link will be sent out.</li> </ul>
	• Bob Hickman gave presentation in Jan. on the impact of racism, poverty, and related social determinants of health on maternal mental health and child and family outcome. Looking for a broad representation of stake holders to join workgroup. If anyone is interested, please reach out to Bod or Donyale.
	• Robin Blanks-Guster announced that the children's report care is completed and will be present to the board on April 11.
	• RFPs have been released for contractors for 3 programs that would like to instigate the peer-to-peer youth behavioral program, service to increase the childcare providers, and for the supportive services for homeless youth and family.
	<ul> <li>Nyuieko Bansah is the new program manager for the Sutter Teen Programs.</li> </ul>
	<ul> <li>The Muslim American Social Services Foundation is a resource group that serves the Afghan, Syrian refugee community and they have outreach workers that help to link community members to resources.</li> </ul>
	• Community Resource Project shared a work development program that helps get individuals into a job training around electric energy, electric vehicles. Will share resource when flyer is available.
Wrap-Up/Adjournment	<ul> <li>Adjourned the meeting at 9:55 a.m.</li> </ul>
	• Next Meeting is on May 9, 2023.