



# Introducing the Oral Health Champion Toolkit

SACRAMENTO COUNTY



**PUBLIC  
HEALTH**

Promote • Prevent • Protect



## Medical-Dental Integration

Recognizing the strong connection between oral and overall health is key to providing holistic patient care and improving health outcomes.



## Become an Oral Health Champion!

Primary care providers are a patient's first touchpoint for health guidance. By including oral health in the conversation about overall health, you can become an oral health champion!



## Encourage Early Healthy Habits

Dental care during pregnancy is not only safe it's important! Encourage early mouth healthy habits to improve pregnancy outcomes and prevent early childhood caries.



## Medical to Dental Referral

Refer patients to a dental provider and provide resources to assist in accessing dental care.

Scan the QR code to request  
a toolkit or email us at:

**OralHealth@sacounty.gov**

