

# Sacramento County Public Health Advisory Board

## Meeting Minutes

October 3, 2018 (12:00 PM - 1:30 PM)

## Meeting Location

Primary Care Center  
4600 Broadway  
Sacramento, CA 95820  
Conference Room 2020

## Moderator:

Dr. Steven Orkand

## Scribe:

Theresa Vinson

## Board Attendees:

Felicia Bhe, Jofil Borja, Sandy Damiano, Paula Green, Steve Heath, Olivia Kasirye, Farla Kaufman, Steve Orkand, Emmanuel Petrisor, Kimberly Sloan

## Board Members Excused:

Barbara Law, Jeffrey Rabinovitz, Chris Slee, Phillip Summers, Kathleen Wright,

## Board Members Absent:

Phillip Summers

## Guest Speakers:

**Lindsay Coate**  
Director of Programs  
Sierra Sacramento Valley Medical Society

## Guests:

Dr. Peter Beilenson, Deborah Forrester, Ola Omisola

**Meeting Opened** at 12:12 PM

## **Welcome and Introductions**

Welcomed PHAB members and guest; Dr. Orkand introduced Dr. Peter Beilenson, new Director of Health Services.

Dr. Beilenson briefly discussed his background and shared information regarding the upcoming Opioid Coalition Meeting scheduled for October 29, 2018 (Flyer attached)

## **Minutes Review**

Minutes from the September meeting were approved with one correction.

## **PHAB Vacancies and Appointments**

PHAB currently has one opening, two applications pending.

## **Public Health Division, Olivia Kasirye**

No update was provided.

## **Primary Health Services Division, Sandy Damiano**

Healthy Partners (HP) – Annual report for Fiscal Year 17-18 was distributed (copy attached). Members can review and ask questions at upcoming meetings as desired. Sandy wanted to bring some sections to PHAB's attention:

Patient Experience / Provider Experience (Page 13 - 14)

Accomplishments/ Challenges/Coming attractions (See Page 15 - 16)

Geographic Managed Care (GMC) – Brief update:

- Discussed Palliative Care which began a plan benefit as of January 2018. Staff are gathering materials from each health plan.
- Health Homes is targeted for July 1, 2019 (chronic conditions/substance use disorders) and January 1, 2020 (serious mental illness).
- Palliative Care and Health Homes are targeted care management programs for defined populations.
- Website: [www.SacGMC.net](http://www.SacGMC.net))

## **Presentation**

### **Lindsay Coate**

Director of Programs

Sierra Sacramento Valley Medical Society

Mission statement: The Sacramento County Opioid Coalition is a collaboration of healthcare professionals, community based organizations, law enforcement, county agencies, and concerned citizens determined to turn the tide of our local opioid epidemic. We are committed to saving lives by preventing overdoses through expanding treatment access, promoting safe disposal, encouraging early intervention treatment and recovery, enhancing opioid surveillance, and expanding public education and media outreach.

Four Subcommittees:

#### Overdose Prevention Sub-Committee

- Develop and adopt Safe Prescribing Guidelines for local emergency departments, primary care physicians to reduce the percentage of opioid naive patients that are prescribed opioids.
- Research and promote availability of complementary pain management to healthcare insurers and providers.
- Increase community access to naloxone.

#### Early Intervention Treatment and Recovery Sub-Committee

- Expand referral network of substance use disorder prevention and treatment providers.
- Increase the number of x-waivered physicians by 15% in Sacramento and El-Dorado Counties.

- Increase availability of medication-assisted treatment of opioid use disorder.
- Reduce stigma associated with opioid addiction.
- Improve treatment/recovery outcomes by creating seamless transitions within levels of treatment.

### **Public Education and Media Sub-Committee**

- Educate community members about the dangers of opioid misuse.
- Develop online resources for the public, providers, and patients and their families to access opioid use disorder treatment and alternative pain therapies.
- Conduct outreach to stakeholders and policymakers on the local, state, and national levels regarding opioid issues.

### **Safe Disposal Sub-Committee**

- Educate the community on safe methods of medication disposal to protect the environment and avoid undue harm to others.
- Participate and educate the public about the national DEA Drug Take-Back days.
- Create and help to pass county ordinances for medication disposal.

### **Progress**

2015 Sacramento County Public Health and Alcohol and Drug Services began meeting in Fall 2015 to plan the launch of our coalition.

2016 First coalition meeting was in February 2016 with approximately 80 stakeholders from multiple sectors represented.

Developed Sacramento County Opioid Prescription Drug Monitoring Surveillance Report.

2017 Educated over 500 physicians on safe prescribing practices.

Sacramento County Public Health received a grant from the California Department of Public Health for 2,900 doses (1,450 2-dose kits) of Naloxone nasal spray, an opioid overdose reversal drug, for distribution to local entities with Naloxone Distribution Programs. Naloxone kits were allocated to law enforcement, Harm Reduction Services (HRS), and Safer Alternatives thru Networking & Education (SANE).

Increased safe disposal kiosks and drug take-back events.

Early intervention and treatment resource lists shared with 211 and distributed to law enforcement, emergency departments, and community service providers.

Expanded and increased the use of medication-assisted treatment for opioid use disorder.

Surveyed 34 x-waivered physicians on attitudes and barriers towards buprenorphine prescriptions.

Surveyed 92 pharmacies on availability and knowledge of Naloxone.

Received the California Department of Public Health Opioid Coalition Grant for 2017 – 2019.

2018 “Sacramento County Opioid Task Force” name changed to “Sacramento County Opioid Coalition.”

Distributed the “Got Pain, There is No Magic Pill” campaign flyers to provider offices and pharmacies.

Increased training on local treatment resources and educated various stakeholder groups on types of treatments available.

Joined the California Opioid Safety Network Accelerator Program.

Applied for and was granted an AmeriCorps VISTA member to support the Coalition’s leadership and build the capacity needed to ensure that the Coalition’s activities continue to curb the epidemic.

Established social media presence by creating a website, Facebook, and Twitter account.

Created a Medication-Assisted Treatment (MAT) handout describing different FDA-approved medications for opioid use disorder and MAT providers in Sacramento County.

The coalition collaborated with local government agencies, schools, and non-profits to organize the Sacramento Opioid Awareness Summit where healthcare professionals, treatment and prevention experts, educators, students,

and law enforcement came together to discuss the prevention, treatment, and enforcement efforts being undertaken to combat this growing public health crisis.

Opioid summit held at Sacramento State was well attended (approximately 400 attendees). Community was educated about all efforts taking place at the State and local levels to eradicate this epidemic.

#### Coming Soon

- Hub and Spoke Implementation
- Increased MAT resources and providers
- Complementary Therapy Resources
- Senate Bill 212
- Coalition Engagement

#### PHAB Future agenda items

Drug Take Back (Kimberly), STDS (Farla), Department of Human Assistance (DHSS): Services to Homeless

#### **Public Comment**

There was none.

The meeting was adjourned at 1:40 PM.

Submitted by Theresa Vinson, Scribe and Dr. Steven Orkand, Chair

#### **Next Meeting of PHAB**

**November 7, 2018, 12:00 PM - 1:30 PM**

Primary Care Center, Conference Room 2020

4600 Broadway

Sacramento, CA 95820



## SACRAMENTO COUNTY OPIOID COALITION

Date: Monday, October 29, 2018  
2:00 PM - 4:00 PM

Location: Grantland L. Johnson Center for Health & Human Services  
7001-A East Parkway, Conference Room 1

**Mission:** The Sacramento County Opioid Coalition is a collaboration of healthcare professionals, community based organizations, law enforcement, County agencies, and concerned citizens determined to turn the tide of our local opioid epidemic. We are committed to saving lives by preventing overdoses through expanding treatment access, promoting safe disposal, encouraging early intervention treatment and recovery, enhancing opioid surveillance, and expanding public education and media outreach.

### AGENDA

- I. **Welcome by Facilitators and Introductions of Executive Committee** (10 minutes)
  - Announcements
- II. **Baltimore's experience and response to the opioid epidemic** (20 minutes)
  - Presenter: Dr. Peter Beilenson, Director of the Department of Health Services
- III. **Hub and Spoke Model Presentation** (20 Minutes)
  - Presenter: Sara Gavin, LMFT, LPCC, Director of Behavioral Health, CommuniCare Health Centers
- IV. **Sacramento Opioid Awareness Summit Report Back** (10 Minutes)
  - Presenter: Lindsay Coate, Director of Programs, Sierra Sacramento Valley Medical Society
- V. **Sub-Committee Breakout Session** (60 Minutes)
  - Early Intervention Treatment and Recovery
  - Engaging the Medical Community and Overdose Prevention
  - Public Education and Media
  - Safe Disposal



Sacramento County  
**OPIOID**  
**COALITION**

MONDAY, OCTOBER 29, 2018 • 2:00 - 4:00 PM



**LOCATION**

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**TOPICS**

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