

## ADULT CORRECTIONAL HEALTH UPDATE

### Goals

- Improve health/behavioral health services and access for adults who are incarcerated.

### Current Areas of Focus

- COVID-19 Management (daily)
- Recruitment, hiring and onboarding employees
- Development or modification of policies and practices
- Discharge Planning / Continuity of Care
- Work with criminal justice partners on data, necessary improvements to buildings, and strategies to decrease the jail population

### Today's update

- Will highlight a few items.
- See *Adult Correctional Health Report Fiscal Year 2019/20* for more information.

### Discharge Planning / Continuity of Care

This is a *complex multi-layered effort* within the jail facilities. Key updates are noted below:

<b>Processes that are established:</b>
<ul style="list-style-type: none"> <li>• Linkage of adults with Serious Mental Illness (SMI) to County Mental Health Plan services.</li> </ul>
<ul style="list-style-type: none"> <li>• Provision of 30 day of medication for sentenced population.</li> </ul>
<ul style="list-style-type: none"> <li>• Substance Use Disorder (SUD) Counselor at the Main Jail provides service and assists with continuity of care. There are existing SUD services at RCCC.</li> </ul>
<ul style="list-style-type: none"> <li>• CORE Medical Clinic provides services and continuity of care as a Narcotic Treatment Provider (NTP). Also provides courtesy dosing when indicated.</li> </ul>
<ul style="list-style-type: none"> <li>• Exchange of information between Adult Correctional Health and Behavioral Health quarterly. This data depicts population with SMI seen in the programs and linkage.</li> </ul>
<b>Processes that are new, in development and/or pilot phase.</b>
<ul style="list-style-type: none"> <li>• Sacramento Covered provides <i>health care navigation</i> including assistance with Medi-Cal, linkage to health plan, primary care provide and/or other necessary services. Linkages began in October.</li> </ul>
<ul style="list-style-type: none"> <li>• Supervising Registered Nurse began work in October. Her major areas of focus are discharge planning and Medication Assisted Treatment (MAT).</li> </ul>
<ul style="list-style-type: none"> <li>• Physician (addiction medicine specialist) began work part-time. Provides services onsite and assists with continuity for SUD clients.</li> </ul>
<b>Processes that are not yet ready to pilot.</b>
<ul style="list-style-type: none"> <li>• Provision of 30 day medication for presentence population at the Primary Care Pharmacy. Pharmacy staff are ready but pending sufficient provider staffing.</li> </ul>
<ul style="list-style-type: none"> <li>• Use of an electronic platform for Sacramento Covered called <i>UniteUs</i>. Contract is in final phases of execution.</li> </ul>
<ul style="list-style-type: none"> <li>• CareQuality is an interface for the electronic health record. Technical issues are still being addressed.</li> </ul>

## DATA SNAPSHOTS

### COVID-19

COVID-19 management requires extensive daily efforts and use of staff resources.

- COVID-19 Staff Guidance is regularly updated to ensure it is consistent with local/federal guidance and practice changes. The guidance covers staff practices and designated housing areas help to assess, identify, isolate and/or provide services in order to maintain safe operations. Designated COVID-19 Housing Population includes - Intake Quarantine, Close Contact Quarantine (known/suspected exposure), COVID Suspect Isolation (symptoms but not confirmed by testing), and COVID Case Isolation (confirmed).
- Newly created a position – Infection Prevention Coordinator
- Data is updated weekly and posted:  
<https://www.sacsheriff.com/Pages/Organization/Corrections/COVID19.aspx>

Data Dashboard as of 10/28/2020:

Total Inmate Population (Main Jail & Rio Cosumnes Correctional Center): 3,247

Total number of COVID-19 tests: 5,378 (*Net increase = 310*)

Total number of confirmed COVID-19 cases: 112 (*Net increase = 3*)

Total number of confirmed COVID-19 cases during the intake observation/quarantine period: 111

Total number of COVID-19 positive inmates currently in custody: Main Jail-0 / RCCC-0

Total number of COVID-19 related deaths: 0

### Jail Inmate Population: Mental Health

County is working on strategies to reduce the population of adults with SMI in the jails. Some of these include: a data analysis of adults in the criminal justice system with mental health needs, new programs such as Pretrial Assessment and Monitoring, and Pretrial Felony Mental Health Diversion. Some programs are still in development (Forensic Behavioral Health Innovation Program, Jail Diversion Treatment and Resource Center).

Data Reports are quarterly and posted: <https://www.sacsheriff.com/Pages/Services/Mays.aspx>

Point in Time Report	1/6/20	4/6/20	7/6/20
Average Daily Population	3,511	2,721	2,673
<b>Mental Health (MH)</b>			
No MH condition	50%	44%	44%
MH Non-SMI Diagnosis	25%	30%	32%
MH SMI Diagnosis	[25%]	[26%]	[24%]
<b>Outpatient Mental Health Linkage</b>			
Open	[8%]	[6%]	[6%]
Discharged	92%	94%	94%

Mental Health (MH)

Serious Mental Illness (SMI)