

## Public Health Advisory Board

### Meeting Minutes

May 4, 2022 12-1:30PM

### Meeting Location

Zoom Meeting (Open to the Public)

**Moderator:** Farla Kaufman

**Scribes:** Cynthia Dossman

**Meeting Opened:** 12:10 PM

**Board Members:** Farla Kaufman, Barbie Law, Steve Heath, Sonal Patel, Elisabeth Abbott, Phil Summers, Dr. Ashley Sterlin, Jofil Borja, Sara Bowsky, Bekalu Amare, Chase Smith, Sandy Damiano (ex officio) Olivia Kasirye

**Those not in attendance:** Sara Bowsky, Jofil Borja

**Board Members excused:** Sonal Patel

**Other County Leadership:** Lynnann Svensson, Andrew Mendosa, Michelle Besse, Stephanie Kelly

**Review of Minutes:** April minutes approved.

**YouTube link for the minutes:** <https://www.youtube.com/watch?v=iDmWbzBtJmE>

### Farla Update

**No Meeting is being held in July 2022.**

Introductions from attendees

Are there any amendments to the April meeting minutes? Hearing none. Is there a motion to approve the minutes? Yes.

Minutes are approved.

New member: None

Guest:

Dr. Ryan Quist - Behavioral Health Services Director

Erin Maurie- First 5 Sacramento

### Public Health Division Updates - Dr. Kasirye

We just received our numbers, unfortunately we're still seeing the upper trend the last numbers were 10.3 per 100,000, this is being reflected throughout the state probably throughout the nation and it's probably due to the sub-variance of Omicron which is more contagious but not as

serious. We're seeing small increments in hospitalization but nothing close to what we were looking at with the Delta Omicron, so were continuing to monitor, and continuing to have vaccination clinics in the community their small but, there's still a demand out there. We do appreciate the work we're able to do with our partners from the community. Lastly, I'm sure you all are aware that following the ruling from Federal Judge from Florida, that the CDC has ended the mandate for masking on public transportation and CDPH followed suit. Right now we're thinking that the mandate is only still in effect in Los Angeles, the Bart, and all the others are a strong recommendation. It important to remember we still have mandates for healthcare systems, jails, and shelters as well.

(Q) Steve; Dr. K, I think the board of supervisors are meeting in person, do you anticipate that for other boards, and committees for the county?

(A) Dr. K; As long as we still have the emergency declaration the boards have the option to continue to meet virtually and still meet the Brown Act requirements but, once that ends then we will be required to meet in person, and the board did choose to start meeting in person, I think actually they were doing it even before except for the period of time where we required that boards meets virtually.

### **Primary Health Division Updates- Dr. Damiano**

DHS Primary Health Division  
May 4, 2022

## **Adult Correctional Health May 4, 2022**

Please refer to Correctional Health attachment:

[PHAB Primary Health Division Report on ACH 5-4-2022.pdf \(saccounty.gov\)](#)

### **Data Sources:**

Daily Census for Main Jail and  
RCCC Centricity (Adult  
Correctional Health) Avatar  
(Behavioral Health)

**SSO Webpage:** <https://www.sacsheriff.com/pages/transparency.php>

(Q): Libby: question on the open to services table definition of open to services, does that mean they are actively enrolled in or engaging in a service at the time or they are receptive to and open to future engagement?

(A): Sandy: They're actually open to the service but, right now at that point in time they were incarcerated and once they got out of the jail yes the could return to their service provider and that's what our staff will do is refer them back to their current service provider.

(Q): Libby: And is this just a picture then of who is willing to be connected once they're discharged?

(A): Sandy: These are people that are open to services they have active cases in either mental health or alcohol and drug. Also what happens when we look at patients obviously if they're open to a service and it could be mental health or drug and alcohol referring them back to their existing provider if we think they need a higher level of care we are in conversation with mental health typically to see if they can have a higher level of care if they're not connected to services because our staff in the jails have access to avatar which is their HER, we can look up where they were before or we can note on making a new referral to mental health for that individual.

### **Behavioral Health Services, Substance Use – Andrew representing Lori**

We are continuing to work on our county wide Narcan project which is our main goal is to have narcan available out in the community far and wide and we want it everywhere possible. We're looking at all kinds of delivery methods including vending machines, harm reduction partners, out in pharmacies, and out in hospitals. We've been talking with a couple of ED's in the area about sending people home with narcan and also we're working with our partners over at loaves and fishes to try to make sure that plenty of narcan is out there for people to take with them when they come by loaves and fishes, and other areas that receive services. If anyone has any ideas on where we might want to have narcan available at feel free to contact Andrew Mendosa or anyone in his unit and we would love to put it on the list. We haven't quite finalized where were going to have it available. There's a lot of things that need to be done in regards to allowing narccan in lobbies, because narcan is a prescription medication we have to work around that as well. May 8th-14<sup>th</sup> is national prevention week, and were working with all of our prevention provider's making sure they're getting the word out about prevention, and we're working with our prevention partners to make sure they're getting the word out about treatment. We see that those two can sometimes be siloed. We want to make sure that the prevention partners are reminding people about treatments, and treatment partners are reminding everyone about preventions. We want to make sure they're working together. May 10<sup>th</sup> is the first ever national fentanyl awareness day, fentanyl continues to be a huge issue here in Sacramento County and recent data from our coroner's office continues to show upward trend and deaths relating to fentanyl under the age of 18 years old. We are doing a lot of work out in our schools and community making sure we get the word out on how dangerous fentanyl is and about counterfeit medication and counterfeit pills, and also getting out narcan in those locations as well. May 12<sup>th</sup> is our meth coalition meeting and CR bloom if you need more information contact Andrew. May 25<sup>th</sup> we're partnering with the district attorney's office and several of our stakeholders to have the second fentanyl awareness town hall.

#### **For additional information**

Meth Coalition meeting focused on stimulants/See Her Bloom Campaign, Meth use among LGBTQ+ population. Time: 2:00 PM to 4:00 PM; Location: ZOOM Webinar Registration: <https://www.zoomgov.com/meeting/register/vJltfuGrrz0tGKvvXn70Vq0r4VrTlcSLcQA>

**Parental and healthy beginning update-Michelle Besse:**

Our parental healthy beginning initiative are doing quite well, part of our focus is on reducing prenatal substances exposure and referring women into treatment early to reduce the negative impact on the children. One of our goals is to screen pregnant women for substance use early in pregnancy and send them into our department for treatment, and we're currently looking to partner with a number of different agencies who are interested in screening pregnant women, and if you're interested we have the screening tools called the four piece plus which is validated and researched-based, which we have purchased and will be provided by the initiative at no cost to people whom are interested. We also have our website and social media account which is up and going to reach out to providers in the community and women in need of substance use treatment and services to encourage them into getting into early treatment. Training will be coming up May 23th-24<sup>th</sup>.

Check chat for website information:

[SACCounty Healthy Beginnings \(sachealthybeginnings.com\)](http://saccountyhealthybeginnings.com)

More information on the above events folks can reach out to Michelle Besse

[BesseM@saccounty.net](mailto:BesseM@saccounty.net).

**Behavioral Health Services Director- Ryan Quist, Ph.D.**

There's a number of different initiatives that we're working on, and I know that you mentioned wanting to hear a little about our Rand Report as a part of the state budget. There's a 2.2 billion dollars in behavioral health infrastructure, they're calling it behavioral health continuum infrastructure program, and the idea is that they would like to build out the availability of facilities to be able to serve our various behavioral health needs. So these funds are for the acquisition construction, renovation, and we need to do around increasing the capacity of behavioral health facilities to meet the needs of each individual. These are competitive proposals so there's not a single allocation for each county and they're split up into regions so we're sharing a region with a number of other counties around us and then we'll go through a competitive application process in order to be able to apply for those funds. These will be rolled out in a series of phases and the first phase closed on March 31<sup>st</sup>. The next piece of information is that statewide behavioral health directors got together and through our joint powers of authority call CALMHSA which stands for California mental health services authority, and we commissioned a study through Rand to look at where the gaps were among with our adult acute care, sub-acute and residential beds and so they did a pretty thorough study around the state as well as comparing it to national benchmarks around what the needs are for these beds and they have released those out the results of that study. This Rand study really focused on acute beds and adult beds this includes the entire region and found that we have a shortage of subacute facilities, not acute.

(Click link to view the attachment).

[MAAdultPsychiatricInformation04-06-22.pdf \(saccounty.gov\)](#)

(Q)-Liz: Were incarcerated populations included in this study?

(A)-Glenn: The study looked at bed capacity across the continuum it considered acute state hospital beds in acute capacity analysis and same with subacute it was agnostic to where state hospitals fit on continuum.

## **First 5 Sacramento- Erin Maurie**

First a little bit about First 5 Sacramento, we've been around for 24 years and we are funded through Proposition 10 which is a tobacco tax. Basically First 5 is a funding agency, and we fund programs for prenatal to age five and their families. Our mission is to make sure that children have a healthy start in life. Our funding is dependent on how many births there are in the county, as an example there is a First 5 in all of the 58 counties.

For more information on First 5, click on links below:

**[First 5 Sacramento Advisory Committee \(saccounty.gov\)](#)**

For more information on meeting, click on link:

**[First 5 Adv Mtg Calendar 2022.pdf \(saccounty.gov\)](#)**

For application to apply for open seat, click on link:

**[Microsoft Word - 2021 Adv Cmte App \(saccounty.gov\)](#)**

## **PHAB activities and planning committees retreat- Farla Kaufman**

I want to let everybody know about the Board of Supervisor's agenda item that we had requested, and I'm seeing that the meeting is on May 11<sup>th</sup>, at 2 pm. Chevon, would you like to let us know more. I believe Eric Jones is asking for 30 minutes, also they allotted more time for this, is that correct?

**Chevon**, yes, what will happen is PHAB will give the report to the board and then Eric and myself will just spend a few minutes at the end of your report were just adding to some of the things that the county is currently working on that addresses some of the recommendations and normally when the board allows 30 minutes it often times will go over, so we're not stuck to a certain time frame. We just ask that if you know the length of your presentation it's helpful for us to know ahead of time.

Another agenda item: A retreat for PHAB, I don't think PHAB has ever held a retreat. Once I was hearing of boards doing this and thought this would be good for members to get to know each other, in person if that's allowed. We never know how things are going they're looking good now, but I think meeting in person, and spending a few hours discussing our interests, individual interests and the interest of the board. I would like to hear from the board members on what you think about this idea, it could be arranged for the evening or a weekend morning, there's a lot of options we're looking at venues for it, I'd like to encourage you to think about it and if you have any ideas such as; is it a good idea for a retreat and if you have thoughts on how to convene this in terms of focus and what you'd be interested in, I'd love to hear about it. You can email me with your thoughts and ideas. Also, we won't be meeting in July 2022.

Public Comment

Any public comments? None

## **Adjournment**

The meeting was adjourned at 1:20PM.

Submitted by Cynthia Dossman, scribe