

Public Health Advisory Board

Meeting Minutes

November 2, 2022 12-1:30PM

Meeting Location

Zoom Meeting (Open to the Public)

Moderator: Sonal Patel

Scribes: Cynthia Dossman

Meeting Opened: 12:02 PM

Board Members:

Category	Name	Attendance
Community Member	Stephen Heath	YES
Community Member	Barbara Law	YES
Community Member	Jofil Borja	YES
Community Member	Elisabeth Abbott	YES
Community Member	Phillip Summers	YES
Public Health Professional	Farla Kaufman	YES
Public Health/Health	Ashley Sterlin	YES
Public Health/Health	Sonal Patel	YES
Community Member	Chase Smith	YES
Public Health/Health	Bekalu Amare	Excused
Public Health/Health	Sara Bowsky	
Public Health Professional	Vacant	NA
Public Health/Health	Vacant	NA
Community	Vacant	NA
Community	George Meyer	
County Staff	Dr. Olivia Kasirye (Ex-officio)	YES
County Staff	Sandy Damiano (Ex-officio)	Excused

Other County Leadership: Lori Miller, Emily Halcon

Review of Minutes: October minutes approved.

YouTube link for the minutes: <https://www.youtube.com/watch?v=9X4GJxj2EqM>

Guest Speaker: Mary Jo Flynn-Nevins, MS, CFM

This is a review of the cold and extreme heat hazard annexes, which is based on the state's service weather emergency plans. The purpose of our plan is to align with the state guidance and responsibility areas, and to make sure that our local staff are ready in different capacities for those extreme weather conditions. There are 3 phrases of activation in each of our plan, starting with readiness which is the lowest level activation and that's currently where we're at right now as

winter approaches. The next phase of activation is a watch during a watch that's determined by the National Weather Service or when some of our criteria are met. Our office will coordinate a weather call with different stakeholders which includes Public Health, Department of Human Assistance and also include some of our local stakeholders in terms of voluntary organizations active in disaster or VOAD (Voluntary Organizations Active during Disaster) it will also include the city stakeholders and communication state holders like 211 and 311, along with public information officers. We gather everyone together, the National Weather Service will usually give a briefing as to what kinds of conditions we may expect and that's an opportunity for us to start planning if conditions worsen the we'll have plans in place that we can then get start with the care for people who might need those services. The last phase is the warning phase, this is either meeting our criteria or an active warning from the National Weather Service. The National Weather Service warning is a specific national product that is issued by the National Weather Service and when that takes place it's basically a condition where if people do not take action they could be in jeopardy of health conditions or loss of life. Tornado warning, flood warning, and freeze warning are all significant conditions where we want to take action, that warning will trigger us to implement particular actions. See Link for more information on Heat Risk samples, Extreme Heat Criteria, Probabilistic Data and Extreme cold/freeze criteria.

[Presentation Slides: Review of the Extreme Heat and Cold/Freeze Hazard Annexes](#)

Q: In the past there was a lot of discussion about the three days versus two, three days being too long is there any consideration to shortening that.

A: The probability information nation give us some opportunity to shorten that because we're we might be actually activating warming centers when it's 34 or 35 degree forecast, where we wouldn't have in the past. However in terms of shortening it to one day or two days we are conforming to the states plan for both extreme heat and extreme cold.

Q: Upon opening these types of centers what kind of coordination do you have with any of the public transportation agencies namely sac rt or any one that provides Paratransit it's nice to have the warming centers open but, the unhoused individuals can't get there and are there policies about their belongings and their pets?

A: Most of our cooling center accept pets we do very clearly advertise which one does and which ones doesn't were currently working with animal care to identify additional opportunities to bring in resource to shelter pets humanely shelter pets under these adverse conditions maybe not inside the facility but maybe in a kennel or a trailered kennel that's climate controlled.

Q: What's the lead time in terms of knowing that activation will happen and what are the communication strategies around that?

A: The weather service can only give us forecast data within seven days of an event occurring, we are limited to a maximum of seven days lead time, within the seven days the probabilistic data may change as we get close to that event occurring and usually within two to three days we have a better understanding what that probabilistic data might show us but, certainly we don't have a lead time any greater than seven days.

Public Health Division Updates – Dr. Kasirye

COVID-19

- The numbers do continue to go down and the last update we got we're at about 6.2 per 100,000, and it's the same kind of pattern we're seeing throughout the state.
- There is some concerns about the new variants but they are all spin-offs from Omicron, the good news about that the vaccine is still very effective so we recommend that people get vaccinated.
- Recently the state make an announcement that the plan is to end the state emergency on February 28, 2023.
- The Federal Government emergency termination is around or between Jan. 13th or the 16th. In the interim the state is looking at what groups will be affected because with the emergency there a lot of waivers that I think a lot of people are not aware of that helped in being able to have additional places where people could get vaccinated.
- Now a couple of announcements, The WIC program and EMS has moved to Public Health they were under the Primary Care Division before, so we are making changes on making them feel welcome and they become a part of our team.
- Starting Monday Nov. 7th we have a Director Timothy Lutz. We looking forward for him to join the meeting and introduce himself to everyone.
- There has been increased concerns about respiratory diseases (RSV) especially for children, even though Covid-19 numbers are low and we now going into the winter flu season we're recommending everyone to get vaccinated for the flu and Covid-19.

Q: About Covid-19, is there a real-time Covid-19 rate?

A: Yes, the surveillance system that we've been using in addition to actually also monitoring cases it's not under the counties programs it's ran by a separate entity we do get that information so I will ask for an update and forward it to you on what it looks like but so far it looks like those number are trending down as well.

Substance Use Prevention and Treatment Update – Lori Miller

Fentanyl, is still really very prevalent here in our County and we've had 62 deaths from January to September, we're continuing our prevention education awareness in our school districts and we have actually hit about eight schools now with this program and a lot of districts are very interested in us coming out to do that so we'll continue those prevention efforts we also continue our Narcan distribution project at all public facing lobbies throughout Sacramento. If you have a public facing lobby and you don't have Narcan we do have quite a bit of a supply right now and just received another shipment in and we'll be able to allow you to have some boxes for your lobby. We also continue to do community presentations for any organization that wants it around Fentanyl education and awareness, so if you or somebody you know is interested in that please reach out to me. I would like address that rainbow fentanyl is here in our County our district attorney's office Anne-Marie Schubert will put out a safety alert on October 17th. And our update is around methamphetamine and meth continues to be the substance of choice here in Sacramento, unfortunately we've actually had more meth involved deaths than we've had opioid or fentanyl, we've had 88 deaths between January and August of this year (2022), so again we continue all of our efforts to provide prevention and treatment services around meth, and we also have our meth coalition that continues to happen each month our next meeting is November 10th, from 2-4 pm. Also, we're making new updates to our let's talkmeth.org, website as well. Meth

International Awareness day is Nov. 30th, and our partners at Uptown Studios and local marketing firm is helping us with a campaign to highlight that event at the end of the November. We have a new provider in in Sacramento County contracted with our unit called recover they're 100% Telehealth Services, we're piloting them for the next year specifically focusing on individuals struggling with methamphetamine so they're providing some Telehealth Outpatient care and then they're piloting medication assisted treatment for meth which includes Viper Pion and Naltrexone and so we'll have some data to report out on that since this a pilot program in regards especially to that map service. We've been informed by the coroner's office that they're seeing a new drug in our community called Xylazine and there's been a couple of cases where this has been combined with other drugs and Fentanyl and there's been a couple of deaths related to this and this is a non-Opioid vet tranquilizer not approved for human use, so when it's combined with other drugs or fentanyl it's very deadly, so the coroner's office is very concerned about this and we're continuing to watch for that in our prevention and treatment networks as well. There will be a meeting a stakeholder meeting on November 29th, 2-3:30 pm, more information will follow in a week to all of our boards the Public Health Board, the Alcohol and Drug Advisory Board, the Mental Health Board and our two coalitions the meth coalition and the open board coalition it will reach lots of people to get some input into this in rolling this out in our county and seeing how we can best use the information.

Q: I have a clarifying question about the rainbow fentanyl. Is there any kind of data behind this?

A: We don't have any data but, I've heard about the cases in the news and through other counties where infants or toddlers are getting a hold of these pills in the household of their parents or family members and unfortunately dying so in terms of that but I don't really have specific data of what you're asking.

A: Dr. Kasirye, Usually our data there's a delay and this is something that just showed up on the streets this year and would take a while before we get all the information on deaths that have occurred and of course also deaths are the tip of the iceberg, and as far as the group that is being targeted I know that definitely with Halloween there were warnings about that, but I think our greatest concern is teenagers cause in a lot ways they still think like children as well in terms of being attracted to very colorful stuff and are very curious and many of them inadvertently fall into the trap and try something thinking that it can't be that dangerous. We've had reports for example neighboring counties that have deaths among teenagers due to rainbow fentanyl.

Public Health Advisory Board Updates – Sonal Patel

We're taking a vote on the nomination for the HIV Health Services planning Council candidate Kane Ortega, who is a reappointment to the council. Motion to approve Mr. Ortega's reappointment: **Board approves to reappoint Mr. Ortega to the HIV Health Services.** We currently have 4 vacancies right now that we need to fill as well as our kind of broader Fab work group goal of recruiting a youth member Farla, was successful in seeking assistance from Samantha M, Samantha is the Sac County Senior public information officer in the department of health services and she's going to help us develop a recruitment flyer that will be widely distributed throughout the County websites, that will hopefully help in identifying more candidates who would interested in joining Fab and again we are still looking for that youth member who might possibly be able to fill one of the vacancies. We also have an opening for a Fab representative on the First 5, Human Services Coordinating Council and if anyone is interested in pursuing that, please reach out to Farla if you have any questions. The last thing before we do the update we actually wanted to take a few minutes today to vote on Exec committee members many of our existing exec committee members have expressed their desire to continue in these roles but we definitely want to open up floor to nominations you, and you can nominate yourself

or a colleague or existing or non-existing exec committees members for these roles. Do we hear any nominations: Libby, Sonal, Chase, Phil and we'll circle back on the fifth member if Bekalu, accepts his nomination. We've got our exec committee set up for the next year so I'm really excited to continue the efforts and keep working towards some of our broader PHAB goals.

Correctional Health Working Committee Update – Phil Summers

Just a brief update, so the monitoring reports for the Maze consent decree for the jail were just recently released and our group is currently kind of digesting those. I started going through the medical monitoring report recently and contains a lot more of the same lots of preventable death and suffering unfortunately attributable to low staffing overcrowding of the jail, and we also got a couple of reports one on the O'Connell report which kind of detailed the population within the jail and kind of highlighted some potential opportunities for decreasing that length of stay decreasing bookings and the Nocton Lewis report which is the Architecture Firm that did a review and the highlights from that were basically in order to kind of better meet the needs of the population within the jail with serious mental illness there needs to be a 44% reduction which is about a thousand beds, they kind of highlighted what particular populations those need to occur in and then the PSJA committee which we have representation on through Libby, Liz, Lynn and maybe some others they've been more involved in that and so they can provide more details and updates later but the PSJA committee has produced some recommendations on zero population reduction through deflection, diversion and decreasing length of stay their target over the next few years is around 600 beds on average so not quite meeting the goal that we're going to need to achieve, but we will continue our conversations with the supervisors and other stakeholders to navigate these issues as it evolves.

Public Comment

Any public comments?

Adjournment

The meeting was adjourned at 1:20PM.

Submitted by Cynthia Dossman, scribe