

**Sacramento County  
Public Health Advisory Board**

**Meeting Minutes**

September 7, 2023 4:00PM - 5:30PM

**Meeting Location**

3400 3<sup>rd</sup> Avenue, Sacramento CA 95817

**Moderator:** Libby Abbott, Sonal Patel, Co-Chair

**Scribe:** Angelina Olweny

**Meeting Opened:** 4:01 PM

<b>Category</b>	<b>Name</b>	<b>Attendance</b>
Community Member	Vacant	
Community Member	Deanna Drake	Excused
Community Member	Mark Borges	Yes
Co-Chair	Elisabeth Abbott	Yes
Community Member	Phillip Summers	Yes
Public Health Professional	Vacant	
Public Health/Health	Kathryn Stadel	Excused
Co-Chair	Sonal Patel	Yes
Community Member	Chase Smith	Yes
Community Member	Bekalu Amare	Yes
Public Health/Health	Sara Bowsky	Excused
Public Health Professional	Alex Schmalz	Excused
Public Health/Health	Rachel Weinreb	Yes
Community	Vacant	
Community	George Meyer	Yes
County Staff	Nick Mori	
County Staff	Stephanie Kelly	Yes
County Staff	Lori Miller	Yes
County Staff	Andrew Mendonsa	
County Staff	Tim Lutz	
County Staff	Dr. Olivia Kasirye (Ex-officio)	Yes
County Staff	Noel Vargas (Ex-officio)	

**Review of Minutes:** August minutes were approved unanimously.

**HIV Health Services Planning Council Appointments:** The committee voted unanimously to approve Austin Green and Brad Bartholomai to the Council.

- **ACH Monitoring**

- Medical Assisted Treatment (MAT)- This is in the process of fully expanding by October 1st. A meeting with UAPD will ensure that everyone understands and is up to date with community standards of care.
- Withdrawal monitoring- There are improvements. Reviewing daily to ensure folks are being monitored.
- 8 RNs and 7 LVNs have been hired and are going through background checks.
- There is reconstruction of the 3rd floor of the County prison to build a psychiatric unit to meet demand. Looking at contracting with hospitals.
- There is a possibility to open 50 beds at Sacramento Mental Health Treatment Center that were closed in the county.

- **Substance Use Prevention and Treatment**

- The coroner's report states that 165 people died of Fentanyl overdose and most are between the ages of 20-40
- 15% of those who die are unhoused. There is an increase in overdose deaths in people of color. The goal is to increase prevention efforts in underserved communities.
- There are challenges in providing MAT services to youth ages 14-16 and young adults. There are efforts to partner with mobile clinics to integrate services that serve youth ages 14-16. Youth are the fastest demographic that is affected by fentanyl. More education awareness and continued Narcan distribution efforts continue.
- Continued efforts on Fentanyl awareness - The focus is on zip code hotspots that can help with more intentional community outreach
- Opioid remediation funding. The RFP was released.
- Lori is looking for one PHAB member who are interested in reviewing proposals for opioid remediation fund. PHAB should reach out to Lori Miller with their candidate.
- Demographics on mortality and overdose- There is no information on demographics. There are challenges when it comes to data sharing. A suggestion was to have the community provide information on the data they want shared in the OD map.

- **Public Health Updates**

- A communicable disease outbreak at a Sonoma County Tough Mudder event. Over 100 participants contracted Febrile Syndrome after the race. The bacteria

- isolated was *Aeromonas* which is found in muddy areas. It can be treated with antibiotics and is not transmissible. Only attendees at the event contracted it.
- There is an increase in West Nile Virus cases in Sacramento County with one reported death. Protect yourself by using insect repellent and avoid being outside at dusk or dawn.
  - CDC reported that three individuals from different states with no history of traveling contracted malaria which is usually not the case. The theory behind these cases is that climate change. There are extremely wet winters and extremely dry summers.
  - COVID-19 cases have increased. The subvariant XPB is the common strain. The new variant is not prevalent in the cases in California.
  - The recommendation is to encourage people to get the most updated booster vaccine and get the message out.
  - CHIP- The Department of Public Health conducted a Community Health Assessment and is ready to present the data to the public.

### **Youth Behavioral Health (YBH) Workforce**

YBH has become a focus because youth face many challenges and efforts are being made to address these challenges. One of the initiatives involves expanding the youth and behavioral workforce through the Children and Youth Behavioral Health Initiative (CYBHI)

California Department of Healthcare and Access Information (HCAI) is developing a Wellness Coach Community College Program which is a MediCal Reimbursement Program. [HCAI.ca.gov](http://HCAI.ca.gov) has information on available funding opportunities and eligibility for these opportunities.

A question was posed about the three top opportunities to train and attract ideal candidates. The response was that there are:

- Earn and learn opportunities through various employers. Some earn-and-learn opportunities pay wages.
- Stipends for those participating in the Youth Behavioral Workforce training programs.
- Apprenticeship model- Though it is not as common in healthcare.
- On-the-job training (OJT) helps establish a baseline livable wage for people in training.
- Getting youth in work-based learning opportunities and connecting them with providers paying living wages.
- Provide a workforce readiness program and partner with Community-Based Organizations that have mental behavioral health programs.
- Strategies to expand the behavioral health workforce involve providing opportunities for individuals with lived experiences to obtain certification and accreditation to become behavioral health workers.

Sacramento County is investing in Sacramento City Unified School District Arthur A. Benjamin Health Professions High School and Elk Grove Unified School District Valley High because both

schools had existing health career pipelines and provided relevant experience to high school students. Additionally, the student population in both schools is diverse.

Sacramento County Office of Education (SCOE) and Sacramento Employment Training Agency (SETA) are partnering through the High Road Training Partnership Grant (H RTP). SETA supports recruitment and employment opportunities after internship while SCOE provides training, support, and placement.

California State University Sacramento offers programs through the College of Education that prepares students to become Licensed Professional Clinical Counselor (LPCC).

The Youth Behavioral Health working committee will continue conversations around youth behavioral health workforce and will seek feedback from the meeting presenters on how to best map out all of these workforce programs to better understand pipeline gaps.