

## Public Health Advisory Board

### Meeting Minutes

Feb 1, 2023 12-1:30PM

### Meeting Location

Zoom Meeting (Open to the Public)

**Moderator:** Libby Abbott, Co-Chair

**Scribes:** Cynthia Dossman

**Meeting Opened:** 12:03 PM

### Board Members:

Category	Name	Attendance
Community Member	Vacant	
Community Member	Vacant	
Community Member	Vacant	
Community Member	Elisabeth Abbott	Yes
Community Member	Phillip Summers	Yes
Public Health Professional	Vacant	
Public Health/Health	Ashley Sterlin	
Vice-Chair	Sonal Patel	Yes
Community Member	Chase Smith	Yes
Vice-Chair	Bekalu Amare	
Public Health/Health	Sara Bowsky	
Public Health Professional	Vacant	
Public Health/Health	Vacant	
Community	Vacant	
Community	George Meyer	Yes
County Staff	Dr. Olivia Kasirye (Ex-officio)	Excused
County Staff	Sandy Damiano (Ex-officio)	

**Other County Leadership:** Lori Miller

**Review of Minutes:** December - January minutes cannot be approved until there is a quorum.

**YouTube link for the minutes:** <https://www.youtube.com/watch?v=BUiJq3LTz3E>

### Update

Introductions from attendees

### **Admin Updates-PHAB Recruitment-Libby Abbott**

We are continuing to get more applicants for PHAB, the opening announcement that was shared through the County seems to have been really successful and at this point I think we definitely have more applicants than we have positions open and we're just waiting on the County to schedule some of those interviews and the Board of Supervisors is scheduled to approve new member on March 14, 2023.

### **Guest speaker: Sacramento Street Medicine Anthony Menacho**

Thanks for having me. Street medicine started in the summer of 2019, prior to the pandemic.

Far as our mission we strive as many do to provide as quality care as we can and patient led medical care to the people living outside and our unique advantage here in street medicine is to go where the people are along the river banks, under bridges to meet people where they stay. Our current operation we have six different basic medical outreach teams, each team does consistent follow-up and each team goes out to the same camp, same time every other week, on weekends we also do some triaging during the week for some of the more complicated cases and we've been doing this now for about two and a half years almost three years now. We prioritize our relationships and the trust that we've built as the entry points to the care that we provide and we are all based on harm reduction principles of unconditional positive regard and meeting people where they're at honoring people's stories, so that we can facilitate the care that we're providing.

For information regarding Street Medicine click on link:

<https://dhs.saccounty.gov/PUB/Documents/Public-Health-Advisory-Board/PHAB-Meeting-Documents/2023/Presentations/Sacramento%20Street%20Medicine%20Overview.pptx>

### **Guest speaker: Elica Health Centers-Michaela Gist**

Healing with Heart. To provide services to two primary groups:

- Hard to reach populations with barriers to accessing care
- Underserved students at select schools

Our first unit is Health on Wheels we call them house how one is ages four plus with the focus on Peds we are actually contracted with two Twin River in San Juan school districts for well child checks BSC vaccine sports physicals for primary care and urgent care but we will accept anybody that comes up and that often occurs and point of care testing includes hemoglobin lead, UA A1C, flu, strep, pregnancy test, covet and glucose, also multiple different procedures as well. Our how-to is currently not running we're pending contract signing with the Elk Grove School Districts but similar focus. We have just four plus but with an adult focus we often are stationed at shelters in Sacramento County. Audio issues for more information click on Link

<https://dhs.saccounty.gov/PUB/Documents/Public-Health-Advisory-Board/PHAB-Meeting-Documents/2023/Presentations/Elica%20WOW-PHAB%20Presentation.pptx>

**Q:** Is this funded

**A:** We just got HRSA free and charitable clinic status so, we're not technically funded through FQHC we mainly rely on our grants we were funded for 2021, 2022 through Health Net to help provide a pilot program they re-up that partnership this year through USC's Street Medicine team and there has been a number of street medicine organizations that kind of popped up recently so the selected 4 out 55 street medicine programs to partner with to provide administrative backbone to be able to

do exactly what you're saying to provide Financial stability for sustainability long term and they chose Sacramento Street Medicine to represent Northern California.

**Q:** Do you know about your spirit for your ssvms spirit program for your consultations to sub- specialists?

**A:** I'm very familiar with spirit we use them through our FQHC.

**Q:** I'm curious if you're partnering at all or you're making any kind of referrals with crisis receiving for Behavioral Health well spaces program downtown which is short-term stabilization and referral into withdrawal management and other services or the County's heart team homeless encampment and response teams that are in various locations in the county. Also, curious to if you're having any communications or Partnerships with them around your services and how my unit can partner I'm curious as to how that can happen in terms of increased communication referral to our services?

**A:** Yes, there's so many resources in fact we did a needs assessment like two or three years ago and we found just that there's so many resources Sacramento is very resource rich but we're all kind of like serving in silos of sorts and we rely on our patient navigators to connect people into Social Services and there are people that have access to maybe people like you and the heart teams, so we've kind of deferred that because there are so many other resources that we may not be able to directly provide because we just don't have that knowledge yet but what we do is connect people to like hope cooperative, stack cover that are familiar with those types of services.

**Q:** Question for Michaela, How many times a month or typically does your team go out and do Street medicine? How often are the van's deployed out into the community and if you go specifically to unhoused encampments?

**A:** Our street Med team is currently going out only one day a month in our SUV but our buses go out five days a week and aside from how to how one and three are five days a week and they are often at scheduled locations how three is like we I mentioned they're shelter normally shelter based but often we will also set up on the side of the road or near and camp and if we can get close enough because there's a lot more resources on so the bus obviously if the patients can come from their encampment to a little ways that's great as well.

### **Public Health Division Updates – Nick Mori for Dr. Kasirye**

Hi Dr. Kasirye, are doing some legislative educational visits today and she sends her regards. I'm going to give a couple of quick updates from Sacramento County Public Health, first I'm sure this group is well aware that late in the fall and early winter there was quite a bit of discussion about the impending tripledemic concerns about COVID-19, RSV and the Flu kind of all converging at the same time calling it wreaking havoc and there's definitely some good news on that front in that it didn't quite materialize I think as was feared. There were concern's early on because the flu and RSV were increasing much earlier than they normally do now it is looking like they peaked in early December, and certainly that was a concern when that was occurring as if you recall we look back to January for instance of last year when we had the Omicron surge in late December and into January there was concerns that if we had something similar to that again then that would create some issues for sure. That didn't quite pan out as COVID-19 numbers have looked pretty good in early December, we did move to CDC Community level medium for the county and that did trigger a few things with CDPH in terms of some requirements for universal masking in certain settings so that included homeless shelters, Emergency Shelters, cooling and heating centers state and local correctional facilities and detention centers and again that was a state requirement associated with CDC Community level. Good news as I mentioned the COVID-19 numbers you know have not been particularly high certainly compared to last year and last week we did move back down into CDC Community level low which removes those Universal masking requirements in those settings so all

in all I think some pretty good news there. In related news there's been a lot of discussion in the national news the last day or so over the federal government's plans to end the federal state emergency regarding COVID-19 and there are plans locally as you may recall about three months ago the state announced their plans to end the state emergency at the end of February 28<sup>th</sup>, and then locally we announced plans to follow suit and we actually have two emergencies locally there's a state of emergency that is done through the office of emergency services and there's a public health emergency that Dr. Kasirye issues and those will go before the Board of Supervisors for those to both be rescinded on February 28<sup>th</sup>, for them to ratify that Precision so plans for those to end February 28<sup>th</sup> and I believe this is the Federal Emergency is ending May 11<sup>th</sup>.

**Q:** I think it's the state level emergency that allows us to meet remotely as PHAB and I know that we've been looking into what the implications are but it's now February which happened quickly. I'm wondering if for March will we to continue to meet remotely. Or whether you have any new information you can share about how that applies to the way we function.

**A:** I actually was just discussing that because I haven't seen any official Communications internally from the county about that but that is my understand as well and I'm actually going to ask if I don't know Lori if you've seen anything specific to the impacts of the end of state order on Brown act and meetings since I know you're involved with alcohol and drug Advisory Board as well if there's been any discussion of what that means in terms of ability to continue to meet remotely.

-Lori, I heard that we were having to return to in person March but I can certainly follow up with our County Council around that again but that was my last notification.

-Melinda: Starting in March well as of February 28<sup>th</sup>, AB2249 kicks in so you can read that assembly bill to find out what our rules of the road are but we'll have to meet in person there will be we can do hybrid a member Advisory Board member can attend remotely if they have one four excuses and the actually list the excuses in the law one is if you're sick one is if you're taking care of someone who's sick but it's fairly limited and you'll only be able to do that two times in a year and it's not something you're going to be able to do regularly we will have to meet in person at a location with inside the county that is accessible to the public and posted and we will have to have a quorum. If you have an excuse then for that time you can be counted as part of the quorum and you won't have to post your address which is the old brown act, it's pretty clear we're going to have to start meeting so we've been looking and we have found a place to meet starting in March and most of our committees will be in person.

### **SUPT Update- Lori Miller**

There's lots going on in the substance use world. Let's start with a fentanyl education awareness update as well as a methamphetamine education awareness update or current data that I typically report out at this meeting but as of the end of last year we had 150 and maybe a little bit more than that individual's fentanyl related deaths and that was up from 116 from the year before so we are seeing continuing to see a rise in this although we have a lot of prevention intervention reduction services that we're working on and we'll continue to work on and we hope to see these numbers decrease here part of this fentanyl education awareness campaign effort and our partnership with Sacramento County District Attorney's office, we continue with our education awareness in schools and most recently into colleges so we'll start at Sac State and we'll move into the community colleges just providing live assembly Belize parent meetings Town Halls things like that. We are continuing our Narcan distribution program through the County of Sacramento and we have quite a list of County public facing lobbies where Narcan or Naloxone is available for anyone coming in requesting it and we also have provided it to many community-based organizations basically anyone who's asked us for assistance in this we have a standing order for Narcan we keep quite a bit of Narcan on hand at our East Parkway location and if anybody is in need of Narcan any organization or you know any public member that wants Narcan for their family certainly reach out to me it's

available to anyone who requests it. In addition we have what is called a gone to soon Memorial poster project and this is through our Sacramento County opioid Coalition and so individuals whose lost their lives to opioids or fentanyl we started this Memorial poster project and we use it in all of our fentanyl education awareness campaign efforts in schools in any way or any community event and so we have all these posters of these young people and actually they span from age 15 to 30s. For more information click links below:

[PHAB SUPT Update 2.1.23.pdf \(saccounty.gov\)](#)

[Supt Community Resource List January 2023.pdf \(saccounty.gov\)](#)

### **Public Comment**

Any public comments? Yes

L. Blum, I'm on the Health Services Coordinating Council and I wanted to flag and let you all know that we have our meeting on February 9<sup>th</sup>, and to let you all know that Tim Lutz will be presenting at this meeting and I know he'll be coming to you all next month but just thought it might interest you all to attend our meeting next week and you all are invited.

### **Adjournment**

The meeting was adjourned at 1:35PM.

Submitted by Cynthia Dossman, scribe