

Public Health Advisory Board, 6/1/2023
Substance Use Prevention and Treatment (SUPT) Update
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New SUPT Initiative/Project: Safer Sacramento

www.safersacramento.com

Educational and multimedia resources to guide individuals to make healthy choices and reduce the harm from substance misuse.

- Fentanyl Awareness Billboards Up – 30 locations across Sacramento
- Safer Sac Flyer in multiple threshold languages
- Fentanyl Summit, 8/17, Sac State, register on Safer Sacramento website

Opioid/Fentanyl Education and Awareness

Data:

2023- 22 deaths between Jan-March

2022- 150 deaths up from 2021

2021- 116 deaths

Opioid Coalition Next Meeting July 17, 2-3:30 pm

<https://sacopioidcoalition.org/>

Fentanyl Education and Awareness in Schools/Colleges:

- Continues in Middle and High Schools across Sac County of Sacramento
- Plan to increase education and awareness on college campuses
- 2023 Jan through May – 44 schools, 12 school districts, 60 presentations, 36,000 impacted

Narcan Distribution:

- Continues in public facing lobbies, Community Based Organizations, County programs, community requests, parents at school meetings
- 3/29/23, the U.S. Food and Drug Administration (FDA) approved the first nonprescription, “over-the-counter” (OTC) naloxone nasal spray, Narcan.
- Fentanyl test strips available through County and DHCS State Opioid Response (SOR) contractors can purchase (CORE).

- Gone Too Soon Memorial Poster Project:
- The Sacramento County Opioid Coalition has started the Gone Too Soon Memorial Poster Project to remember those who lost their lives to opioids in the Sacramento region. www.sacopioidcoalition.org/gone-too-soon
- If you are interested in helping and sharing your loved one's story, download the [SCOC permission form](#) and email it to Lauren Werner at Lwerner@ssvms.org.

OD Map Update:

- Between January 1, 2023 to May 29, 2023 there were 1,239 reported ODs, 6 of which were fatal. Naloxone was administered in 658 of these reported ODs (53%). Reported ODs have been increasing since February of this year. Synthetic Marijuana reported OD's this month.
- Suspected OD's by month, 2023
 Jan – 260
 Feb – 210
 Mar – 235
 Apr – 271
 May – 263
- New OD Data from Mobile Integrated Health Team (Heat Map)

Stimulant Education and Awareness

- Meth Data: 2022- 214 Meth related deaths; 2021- 205 Meth related deaths
- Meth Coalition: Next meeting Aug 10, 2-4 pm. www.Let'sTalkMeth.org
- Cocaine on the rise. Increased ED visits in multiple emergency departments due to fentanyl laced cocaine overdoses in May 2023

Xylazine "Tranq" Update

- Horse Tranquilizer with pain killing and muscle relaxant properties
- Added to fentanyl, heroine, cocaine and meth, not approved for human use
- Leading to increased OD deaths, 10 Sacramento xylazine/fentanyl involved deaths in 2022, SUPT watching this closely. Trainings provided upon request; Flyer created
- More info: see Safer Sac webpage, CDPH webpage and issue brief

SUD Treatment Expansion

- SUD Residential Treatment Infrastructure RFP concluded
- Capacity Expansion: 2 providers selected: Sacramento Recovery House and HealthRIGHT 360
- Approval by BOS in May. Both providers in process of securing locations
- Approx. 112 new residential beds
- Sac Recovery awarded DHCS Grant for MAT in Residential Treatment – partnership between Sac Recovery House and CORE Medical Clinic
- Transitions Clinic DMC certified (Suboxone) and in County contracting process

SUD Services for Senior and Older Adults

SUPT attending meetings and collaborating on care coordination (Older Adult Coalition, Adult Protective Services MDT, Aging Resource Exchange, Adult and Aging Commission, Aging Resource Directory)

SUPT added to

Coroner Data 2021

- 116 deaths from fentanyl, 17% age 55+
- 205 deaths from meth, 52% age 55+

Coroner Data 2022 (Jan-April 2022)

- 25 deaths from fentanyl, 2% age 55+
- 36 deaths from meth, 47% age 55+

Sac County Data FY 21/22

- Ages 55-59, 547 admits, heroine (30%), alcohol (23%), meth (21%)
- Ages 60+, 717 admits, heroine, other and alcohol

Opioid Remediation Funding

- DHS leadership in discussion on how to use funding for FY 2022/23, FY 23/24
- BOS approval to accept the funds and plans for expenditure 3/28, approved May 9
- SUPT currently considering proposals
- Stakeholder engagement and feedback process in progress. Survey to also go out to community first week of June (survey and hard copy). LOI and RFA to go out in Mid-June
- Doing Business with Sac County flyer