

# SUBSTANCE USE PREVENTION & TREATMENT SERVICES

**UPCOMING OBSERVANCES & EVENTS** 

**SEPTEMBER** 

Sacramento County Coalition for Youth Time: 4:30 PM- 6:00 PM

**Zoom:** Sign up to receive meeting information and regular updates at:

http.sacramentoccy.org

SEPTEMBER

to Labor Day

Sacramento County Alcohol & Drug Advisory Board Criminal Justice Committee (Hybrid Format)

Time: 2:00 PM- 4:00 PM Canceled due

Location: 901 G. Street, Districts Attorney's Conference Room

Zoom: https://www.zoomgov.com/j/1609742248? pwd=ODcxTzdKdUlVbitVT2Z0d0pldmZBQT09

Meeting ID:161 661 7289

Passcode: 255775

**SEPTEMBER** 

**National Recovery Month** 

"Recovery is for Everyone: Every Person, Every Family, Every Community"



Each September, we are excited to celebrate National Recovery Month! It is a national observance held to increase awareness and educate people about how substance use and mental health services can help people and their families live healthy and rewarding lives.

Kicking off with the **31st Annual Recovery Happens** event on September 1, National Recovery Month shares the message of hope through treatment and recovery. All month long, Sacramento County Substance Use Prevention and Treatment Services celebrates the fact that prevention works, treatment is effective and people can and do recover.



Every September since 1992, CCAPP sponsors National Recovery Month at the California State Capitol where thousands gather to increase awareness and understanding of mental heath and substance use disorders and celebrate the people in recovery. Individuals and their peers share their diverse experiences and stories of healing while also meeting new peers to support their continued journey in recovery. This event emphasizes that individuals in recovery and their support systems can be change agents in our community.

Location: California State Capitol Park, 1315 10th St, Sacramento Time: Begins at 10am with Pancake Breakfast

Remember to wear purple on September 30th, International Recovery Day. Purple is the color symbolizing addiction recovery.

**SEPTEMBER** 

Sacramento County Alcohol & Drug Advisory Board Meeting (Hybrid Format)
Time: 5:30 PM-7:30 PM

Location: California Consortium of Addiction Programs and Professionals (CCAPP), 2400 Marconi Ave, Downstairs Conference Room, Sacramento

**Zoom:** https://www.zoomgov.com/j/1600611745? pwd=NnYvNk45MXlkOU1NbzV6L1RPaThxUT09

Meeting ID: 160 061 1745 **Passcode:** 069859

SEPTEMBER

National Sober Day

National Sober Day encourages us to celebrate sober life and bring awareness to addiction. This day is held to focus on showing support for anyone living in sobriety.



**SEPTEMBER** 

Sacramento County Alcohol & Drug Advisory Board **Prevention and Education Committee (Hybrid Format)** 

**Time:** 1:30 PM- 3:00 PM

Location: 7001A East Parkway, Conference Room 501, Sacramento

**Zoom:** https://www.zoomgov.com/j/1609742248? pwd=ODcxTzdKdUlVbitVT2Z0d0pldmZBQT09

Meeting ID:161 854 0508 Passcode: 687224

SEPTEMBER

National Addiction Professionals Day Started by the National Associated for Alcoholism and Drug Abuse Counselors, in 1992, Addiction Professionals Day was established to honor those who dedicate themselves to treating people with substance use disorders. We welcome everyone to join us in celebrating the powerful work that addiction professionals provide on a daily basis.

**SEPTEMBER** 

Sacramento County Alcohol & Drug Advisory Board **Treatment Committee (Hybrid Format)** 

Time: 3:00 PM- 4:30 PM

**Location:** California Consortium of Addiction Programs and Professionals (CCAPP), 2400 Marconi Ave, Downstairs Conference Room, Sacramento

Zoom: https://www.zoomgov.com/j/1609742248? pwd=ODcxTzdKdUlVbitVT2Z0d0pldmZBQT09

Meeting ID:160 974 2248 Passcode: 781297

**SEPTEMBER** 

Sacramento County Alcohol & Drug Advisory Board **Executive Committee (Hybrid Format)** 

Time: 1:30 PM- 3:00 PM Location: 7001A East Parkway, Conference Room 501, Sacramento

Zoom: https://www.zoomgov.com/j/1615574453? pwd=cnpVbWNMZ3p6dDFNOHo4b2RBNjkrUT09 Meeting ID:161 557 4453

Passcode: 923620

**SEPTEMBER** 

Sacramento County Alcohol & Drug Advisory Board **Budget Planning and Evaluation Committee (Hybrid** Format)

Time: 10:00 AM- 11:30 AM

Location: 7001A East Parkway, Conference Room 501, Sacramento

Zoom: https://www.zoomgov.com/j/1615574453? pwd=cnpVbWNMZ3p6dDFNOHo4b2RBNjkrUT09 Meeting ID:160 472 4041

**Passcode:** 020229

**NEW Initiative** 

Safer Sacramento

Safer Sacramento provides educational multimedia resources to guide individuals to make healthy choices and to avoid or reduce the potential harm from the use or misuse of alcohol, tobacco, marijuana, and other substances.

Goals:

- 1. Seamlessly blend science, art, and expertise to educate the citizens of Sacramento County on the effects of substance use and the importance of prevention and treatment
- 2. Contribute to reducing the rate of substance use and its potential harm 3. Promote equitable access to prevention, intervention, and treatment services for the citizens of Sacramento County

We hope you will visit the website at: www.safersacramento.com



#### 1PILLCANKILLSAC

The 1 Pill Can Kill Sac media campaign offers education and resources to raise awareness about the risk and dangers of fentanyl poisoning and counterfeit pills. Information on harm reduction strategies, substance use prevention and treatment services, and resources to save lives can be found at https://1pillcankillsac.com/.

# **Continuing**



#### Let's Talk Meth

As a campaign for Sacramento County Methamphetamine Coalition in partnership with Sacramento County Division of Behavioral Health Services, Substance Use Prevention and Treatment Services, Let's Talk Meth offers drug education, resources, and support for any person in need. Let's Talk Meth seeks to increase enrollment in Sacramento's substance use treatment programs while decreasing methamphetamine use throughout the county.

Please visit the website for additional information: https://letstalkmeth.org/

# **Continuing**



### **SACCounty Healthy Beginnings**

SACCounty Healthy Beginnings mission is to promote a healthy and safe environment for Sacramento County's families and children through outreach and education for professionals and community members, addressing perinatal substance use prevention and intervention.

#### Training schedule link: www.sachealthybeginnings.com

Upcoming Training Dates: Wednesday, 10/18/23 1-2pm Wednesday, 1/17/24 1-2pm Wednesday, 3/20/24 1-2pm Wednesday, 5/15/24 1-2pm Wednesday, 6/12/24 1-2pm

Please use this link to vote for the training topics: https://bit.ly/sac-fall-training-survey

If you have any questions, please contact Michelle Besse, at BesseM@saccounty.gov.

# **Continuing**



Narcan® Distribution
Narcan® is being distributed across systems and public-facing lobbies that have been designated by leadership.

Organizations may apply to DHCS, Naloxone Distribution Project for free Narcan® at:

www.dhcs.ca.gov/individuals/Pages/Naloxone\_Distribution\_Project.aspx