



Sacramento County

COMMUNITY HEALTH IMPROVEMENT PLAN

SACRAMENTO COUNTY



PUBLIC
HEALTH

Promote • Prevent • Protect

CATEGORY	TOPIC	DATA HIGHLIGHTS	CURRENT ACTIVITIES & OPPORTUNITIES
Infectious Disease	COVID-19	<p>The only infectious disease that was a leading cause of death, racial disparities and years of life lost</p> <ul style="list-style-type: none"> • COVID-19 infections affected all ages • Nearly half of all COVID-19 cases were among persons age 30-59 • The vast majority of COVID-19 deaths were among older adults age 60, despite representing the lowest number of infections 	<ul style="list-style-type: none"> • Immunization Assistance Program for school-aged children • COVID-19 Vaccine team • Sexual Health Promotion Program and Sexual Health Clinic • Food and water born disease investigation
	STDs	<p>Top 3 reportable cases: Chlamydia (13*), Gonorrhea (3*), and Early Syphilis (10*)</p> <p>*State Ranks</p>	
Maternal and Child Health	Infant Mortality	<ul style="list-style-type: none"> • Tobacco use during pregnancy decreased by 136.8% from 4.5% in 2011 to 1.9% in 2020 – smoking is a leading cause of preterm birth and infant mortality • Black (13.8%) and Hispanic (9.2%) mothers had the most babies born preterm • Black (13.9%) and Asian/Pacific Islander (8.2%) mothers had the most babies born low birthweight • Infant mortality is 5.2 per 1000 live births, but 10.7 for Black infants 	<ul style="list-style-type: none"> • Black Infant Health • Nurse Family Partnership (Home Visiting) • Community Nursing • Lead Poisoning Prevention • Partnerships: First 5 and Reduction of African American Child Deaths (RAACD)
	Obstetric Mortality	<ul style="list-style-type: none"> • Black women were 37.9% of obstetric deaths between 2010 -2020 • Black women were 15x more likely to die than white women • Asian/PI women were 4x more likely • Hispanic women were 2.5x more likely • Over 80% of all women entered prenatal care early – no significant variation by race 	

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Social Determinants of Health	Food Access	<ul style="list-style-type: none"> • 16% of Sacramentans report low/very low food security - higher than the national average 10.5% • 25% of Sacramentans participated in some kind of food assistance program in the last 12 months • (47% used a portion of their stimulus money to buy groceries or food that they could not otherwise afford • Younger people were more likely to self-report low/very low food security and more likely to participate in food assistance programs 	<ul style="list-style-type: none"> • Environmental Justice communities – including Food Action Plan • City and County Climate Action Plans • SCPH has a new unit – the Health & Racial Equity Unit
	Crime and Safety	<ul style="list-style-type: none"> • The County violent crime rate was slightly higher than the State overall, but the property crime rate was lower. There were over 12,000 felony arrests in the County in 2020, including 4,792 violent offenses, 1,110 drug offenses and 183 sex offenses. • Hate crimes in the County decreased from 35 in 2011 to 22 in 2020 • Decrease in the number of DV-related calls for assistance from 2011 to 2020, but 2020 had a slight uptick 	
	Housing Insecurity	<ul style="list-style-type: none"> • In 2013 there were 2,538 unhoused people in 2013 (30% unsheltered) • By 2019 there were 5,570 (70% unsheltered – 3900 people) • By 2022 there were 9,278 (72% unsheltered – 6680 people) • 57% of unhoused adults have at least one disabling condition • 56% reduction in vacancies since 2011 • Black people 3x more likely to experience homelessness • Indigenous people were 5x more likely 	

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Social Determinants of Health (continued)	Education	<ul style="list-style-type: none"> • 87.9% of people over 25 have a HS diploma • 31.4% have a bachelor's degree+ • Chronic absenteeism rate: 16.4% • Black students are the most likely to be suspended or expelled from school 	
	Incarceration	<ul style="list-style-type: none"> • Black drivers were 40% of all traffic stops and only 5% of the population – most 29% were Black men • And were the least likely to receive a citation when stopped • Black people were 29x more likely to be arrested for marijuana than white people before legalization • The current county jail population is 3,304 <ul style="list-style-type: none"> ○ 39% are Black, despite being 12% of the population 	
Chronic Disease	Obesity	<p>The death rate due to obesity increased 112.5% from 1.6 per 100,000 in 2011 to 3.4 in 2020 -- although deaths with obesity listed as the underlying cause on death certificates were relatively low</p>	<ul style="list-style-type: none"> • Obesity Prevention Program (focused on residents who are Cal Fresh eligible) • Tobacco Education Program • Project Review Committee – providing Public Health feedback on projects within the planning department • Vehicle Air Emissions project
	Heart Disease	<p>Heart disease deaths have been significantly trending downward since 2000</p>	
	Cancer	<ul style="list-style-type: none"> • 38.4% of people will be diagnosed with cancer at some point in their lives • Lung and bronchus cancer was the deadliest site of disease • The 2nd most deadly cancer for females was breast cancer, and prostate cancer for males. • Colorectal, leukemia and lymphoma were in the top 3-5 most deadly cancers 	
	Alzheimer's	<p>Significant increase since the year 2000 in age-adjusted rates (25 to 80+), with women higher than men</p>	<ul style="list-style-type: none"> • Newly created Older Adult Health Program, which includes an Alzheimer's Prevention grant

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Injury			<ul style="list-style-type: none"> AARP has worked on “age friendly” communities throughout Sacramento SCPH has current funding to do a Blue Zone Assessment in the county.
	Gun Violence	Compared white people, gun violence deaths were <ul style="list-style-type: none"> 9x higher among Black people 2.3x higher among Hispanic 1.7x higher among all others 	<ul style="list-style-type: none"> Older Adult Health – Fall prevention Child Passenger Safety Childhood Lead Poisoning Prevention Program SCPH Projects with Behavioral Health <ul style="list-style-type: none"> Stop Stigma – Mental Illness Isn’t Always What You Think Speakers Bureau and Media campaign Recently started: Youth Suicide Prevention
	Substance Abuse	In 2020, drug overdose was the number 1 cause of years of life lost in Sacramento <ul style="list-style-type: none"> Men are 3 times more likely to die by overdose than women Cause of death with the greatest racial disparity Black people 6.2 times more likely to die from overdose than Asian people 	
	Traffic	79% of all crashes are on the high injury network (which is only 14% of all roadways)	
	Suicide	<ul style="list-style-type: none"> #5 cause of years of life lost #2 leading cause of death among people 15-24 1 in 5 high schoolers have seriously considered attempting 	
	Mental Health	<ul style="list-style-type: none"> Mental Disorders are the #2 cause of years spent with a disability #3 cause of hospitalization - Mood disorders #5 cause of hospitalization - Schizophrenia 	