

**Sacramento County
Public Health Advisory Board**

Meeting Minutes

February 1, 2024 4:00PM - 6:00PM

Meeting Location

3400 3rd Avenue, Sacramento CA 95817

Moderator: Libby Abbott, Sonal Patel, Co-Chair

Scribe: Angelina Olweny

Meeting Opened: 4:01 PM

Category	Name	Attendance
Community Member	Vacant	
Community Member	Deanna Drake	Yes
Community Member	Mark Borges	Yes
Co-Chair	Elisabeth Abbott	Yes
Community Member	Phillip Summers	Yes
Public Health Professional	Vacant	
Public Health/Health	Kathryn Stadel	Yes
Co-Chair	Sonal Patel	Yes
Community Member	Chase Smith	Yes
Community Member	Bekalu Amare	Yes
Public Health Professional	Alex Schmalz	Yes
Public Health/Health	Rachel Weinreb	Yes
Community	Vacant	
County Staff	Nick Mori	
County Staff	Tianna Hammock	Yes
County Staff	Nicole Harper	
County Staff	Lori Miller	Yes
County Staff	Andrew Mendonsa	
County Staff	Tim Lutz	
County Staff	Dr. Olivia Kasirye (Ex-officio)	Yes
County Staff	Noel Vargas (Ex-officio)	

Guests: Farla Kaufman, Steve Orkand, David Magnino, Gregory Kann

Review of Minutes: The December minutes were approved unanimously (Motion: Deanna Drake. Second: Rachel Weinreb)

HIV Health Services Planning Council Appointments: Aaron Armer, Scott Fong, Clarmundo Sullivan and Jasmine Montes were unanimously approved to join the HIV Health Services Planning Council.

- **Recap of December's PHAB Meeting and Report out from December's Exec PHAB Meeting**
 - The PHAB December meeting reviewed feedback on the survey about topics discussed in 2023. The consensus was that in 2024, PHAB could increase partnership opportunities with the County by identifying priorities where PHAB has actionable steps that help advance priorities and have buy-in from members.

- **Presentation on Ambulance Patient Offload Time (APOT)**
 - The Governor signed the AB 767 Triage to Alternate Destination (TAD) Act in September 2023.
 - Sacramento County of Public Health is focused on establishing TAD programs for mental health and substance use disorder/sobering center management.
 - An EMS Coordinator is tasked with the implementation of new programs that enable Triage to Alternate Destination (TAD)
 - Sacramento County ranks in the 90th percentile in APOT Times compared to the national average.
 - The average length of stay in the Emergency Department for psychiatric patients discharged to in-patient care is 31-39 hours and the average length of stay for psych patients in the Emergency Department discharged to home or self-care is 27-28 hours.
 - Challenges faced in addressing APOT time include inadequate resources in receiving facilities to care for high-need patients. Additionally, silos hinder the efficient use of resources to link patients to outpatient care after they are discharged from the Emergency Room.
 - The actionable steps that PHAB could take include:
 - Writing a letter to the Board of Supervisors to explain the adverse outcomes of long patient wait times, build political will, and request funding. Connecting the Sacramento Emergency Services Agency (SCEMSA) to health organizations that provide transition care.
 - Identifying additional TAD partners/facilities and bringing these organizations together.

Investigate alternate funding sources.

- **Adult Correctional Health (ACH)**
 - The Criminal Justice reforms enacted to decrease prison populations shifted the responsibility to counties within the state.

- Individuals in the prison population have significant health and mental needs. The responsibility of providing health and mental health services falls on the county jails.
 - The challenge is that jails are not designed to provide the level of healthcare services that the prison population needs.
 - Despite these challenges, the County provides a range of Health Services to the prison population that includes primary healthcare, specialty services, chronic care, substance use disorder treatment (SUD) which includes withdrawal monitoring, Medical Assisted Treatment (MAT) induction, SUD groups, individual sessions and discharge planning expansion. The County also provides expanded dental services and pharmacy services.
 - The expansion of MAT services in 2019 has led to positive outcomes in the prison population. Patients receiving MAT stabilize and eventually reintegrate into the general population. Additionally, patients on MAT don't relapse despite contraband products in jail.
 - The prison population continues to face barriers to care after their release from jail.
 - Efforts could be made to expand healthcare facilities that treat individuals released from prison. Community providers and Federal Qualified Healthcare Centers (FQHC) are the only facilities that provide services to individuals released from prison. Other strategies are advocacy for funding for one-stop shops that provide wraparound support, more education, MAT injectables, and discharge planners.
 - The actionable steps that PHAB could take include:
 - Engaging Community-Based Organizations that can provide linkages to care.
 - Letters of support for funding for one-stop shops that provide wraparound support, more education, MAT injectables, and discharge planners. Engaging with the Mental Health Board and Alcohol and Drug Advisory Board for a coordinating advocacy effort.
- Adjourned 6:13 PM