Sacramento County Public Health Advisory Board

Meeting Minutes

April 4, 2024 4:00PM - 6:00PM

Meeting Location

3400 3rd Avenue, Sacramento CA 95817

Moderator:

Libby Abbott, Sonal Patel, Co-Chair

Scribe:

Angelina Olweny

Meeting Opened: 4:01 PM

Category	Name	Attendance
Community Member	Vacant	
Community Member	Deanna Drake	Yes
Community Member	Mark Borges	Yes
Co-Chair	Elisabeth Abbott	Yes
Community Member	Phillip Summers	Excused
Public Health Professional	Vacant	
Public Health/Health	Kate Stadeli	Yes
Co-Chair	Sonal Patel	Yes
Community Member	Chase Smith	Excused
Community Member	Bekalu Amare	Yes
Public Health Professional	Alex Schmalz	Yes
Public Health/Health	Rachel Weinreb	Yes
Community	Nia Jones	Yes
County Staff	Nick Mori	
County Staff	Tianna Hammock	Yes
County Staff	Nicole Harper	
County Staff	Lori Miller	Yes
County Staff	Andrew Mendonsa	
County Staff	Tim Lutz	
County Staff	Dr. Olivia Kasirye (Ex-officio)	Excused
County Staff	Noel Vargas (Ex-officio)	

Guests: Dr. Jacqueline Abdalla, Dr. Michelle Besse, Lynn Berkeley- Baskin, Eric Sergienko,

Review of Minutes: The March minutes were approved unanimously (Motion: Libby Abbott. Second: Deanna Drake)

• Recap of March PHAB Meeting and March Exec PHAB Meeting

The executive committee discussed PHAB priorities for the next 18 months following discussions the PHAB co-chairs had with County partners. The executive committee suggested that seated PHAB members can volunteer to move one or more priorities forward with input from County partners to ensure that both parties are aware of the next steps after the April PHAB meeting.

• APOT Update

- PHAB plans to submit a letter to the Board of Supervisors with recommendations to address Ambulance Portal Offload Times (APOT).
- The letter will highlight the negative outcomes of long APOT times and possible actionable steps to address the issue.
- Sacramento has one of the worst APOT times in California.
- The recommended steps to address this issue include:
 - 1. Support Triage to Alternated Destinations (TAD) that create pathways to take patients to psychiatric and sobering centers where patients can get the care they need while reducing emergency department overcrowding and APOT times.
 - 2. Support AB40 that encourages hospitals to be held accountable for reducing APOT times through incentives or penalties for non-compliance.
 - 3. Engaging health insurance companies to encourage reimbursement to EMS for delivering patients to alternative destinations.
 - 4. Help connect EMS with other sustainable funding sources that can take patients to alternative destinations.
 - 5. Advocate at the state level for SB1180 that creates sustainable funding sources for TAD, community paramedicine, mobile integrated health, and other pre-hospital programs that could reduce APOT.
- The draft letter to the Board of Supervisors will be shared at the May PHAB meeting for comment and feedback.

PHAB Priorities

• County Credentialing/CHIP

 The Community Health Improvement Plan (CHIP) is part of the national accreditation process for public health departments. The Sacramento CHIP is a community-led process whereby community members identify health-related inequities and actively participate in the plan to address the root causes of health-related inequities.

- The County's initial plan is to develop strategies to address health needs in communities found in census tract 44.01. This census tract was selected because it had the lowest Healthy Places Index score.
- The County sees community leadership as foundational to addressing healthcare priorities in communities. Community leaders are students, parents, and community members from census tract 44.01. Most of the funding is going towards community grants.
- A steering committee of nine members has a mandate to develop RFPs and funding criteria for community projects. Half of the members are county staff and the other half are community members.
- The County holds quarterly meetings that PHAB members can attend. The CHIP plan is in the early stages. PHAB will take time to identify how to support this initiative in the coming months.
- APOT
 - After submitting the letter to the Board of Supervisors on APOT, PHAB can help facilitate the triage to alternate destination (TAD) plan that is to be approved by the state by identifying new partners who can collaborate with the Sacramento County EMS authority and advocating for sustainable funding sources for TAD. PHAB can also dedicate a session to connect those partners with the EMS authority.

• Youth Substance Abuse

- The County wants to implement a targeted substance use youth prevention, awareness, and education program.
- Some of the challenges that persist in addressing substance use disorders are the lack of a sufficient number of inpatient treatment beds for youth between the ages of 14-17, a shortage of treatment providers, and the lack of referrals to outpatient treatment centers.
- Though there is drug use on school campuses, not all mental health counselors in the school districts are trained to identify substance use. A suggestion given to increase referrals was to train counselors on substance use so that students can be referred to the substance use treatment network.
- Actionable steps that PHAB can take are:
 - 1. Convening potential treatment providers.
 - 2. Writing a letter to the Department of Healthcare Services (DHCS) in partnership with the counties, advocating for funding for state, federal, and private organizations.
 - 3. Writing a letter to the Board of Supervisors to advocate for a more streamlined system to authorize the operation of residential treatment facilities.

• Adult Correctional Health (ACH)

- When individuals are released from prison, they experience challenges that make it difficult to access healthcare services so that they can continue to receive medications to treat chronic conditions and other treatments such as Medical Assisted Treatment (MAT).
- Programs that provide linkages to care would help individuals discharged from prison at any given time obtain healthcare services, basic needs, and supportive housing.
- PHAB can play a convening role in connecting providers who can help connect individuals discharged from prison to services in the community.
- Adjourned 6:00 PM